# CROSSROADS CONVENOR

THE OFFICIAL VISTA HEIGHTS, BELFAST, MAYLAND HEIGHTS COMMUNITY NEWSLETTER



www.crossroadscommunityassociation.com



#### **HELP END DIABETES**

Diabetes is a complex disease with many causes and no known cure. In Alberta, an estimated 303,000 people have been diagnosed with diabetes and a further 600,000 live with prediabetes.

With your support, the Canadian Diabetes Association (CDA) can improve lives and make it possible to fund leading-edge research and innovative educational programs; send kids with type 1 diabetes to the CDA's D-Camps; and provide Albertans with access to programs, services and resources to manage their disease and live well.



#### **HOW CAN YOU HELP?**



#### **JOIN TEAM DIABETES**

Get active! Run, walk or hike in exciting international and Canadian events.



#### **VOLUNTEER**

We couldn't do what we do without the support of our volunteers.



#### **GIVE TO CLOTHESLINE®**

Donate your gently used clothing, books, toys, electronics, vehicle and more.



#### **BECOME AN ADVOCATE**

Interested in sharing your story and speaking on behalf of those living with diabetes?



#### **HOLD A FUNDRAISING EVENT**

Explore the fun and easy ways you can help raise funds for diabetes.



#### **DONATE**

Text "Diabetes" to 587-600-6088 or honour someone online at diabetes.ca/donate.



#### Crossroads Community Association

(Vista Heights, Belfast, Mayland Heights) Mailing address and community hall location: 1803 14 Avenue, NE Calgary, AB T2E 1G4

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## **NEWSLETTER AD SALES**

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## **CROSSROADS** Community Association

Community hall manager Tracey Cairns Office hours: Mon/Wed/Thurs, 9 am to 1 pm

Office phone: 403-277-6201 Kitchen phone: 403-276-3818

Fax: 403-277-6205

Email: crossroadscommunity@shaw.ca

#### **Newsletter submissions**

convenor.editor@gmail.com, Stacy McGuire

#### **History Book**

403-601-5141, Jerry Rourke

Like us on Facebook

https://www.facebook.com/groups/

118048868249237/

Follow us on Twitter @CrossroadsComm

For more information, visit

www.crossroadscommunityassociation.com

Volunteers Required!

Contact 403-276-6203 for more information



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#### PRESIDENT'S **MESSAGE**



So Crossroads how do you like us now? 2016 has seen a lot of wonderful changes and in 2017 we will continue improvements and keep this special Island we live on the most desired community in Calgary. I have the honour and privilege of representing Crossroads outside our borders and I hear from others "I've always

loved Crossroads". The Mayor even mentioned to me that one of his favorite streets is in Crossroads. Our wonderful views are the envy of our city.

We still have much work to do because standing still is not an option. Let's encourage a good business to sub lease the old bank. Wouldn't it be nice to have a coffee shop there? We have eight more art installations to paint some flying creatures on when the weather co-operates. We have a "back lane campaign" that encourages numbering your home in the back alley. We have many improvements to the hall coming as well. We hope you are inspired to help. We still have some open board positions including facility director and sign and publicity director. Join us: buy a membership and lend a hand.

We hope those who attended the Winter Festival had a wonderful time. We also have the senior's dinner coming up on December 19th that will be busy and filled with Christmas Joy. Call Tracey at the hall for tickets.

With the season upon us, don't forget to support our Scouts, Guides and our Youth Centre. You'll read in this newsletter how you can support them all. Let's show our young residents that we care for them, especially when times are not so good. Give your time, your expertise, pitch in and help or send them a little extra cash instead of buying that beer or coffee.

Near and dear to my heart I'm happy to say the great folks at Belfast School are going entertain us with some holiday joy at their annual play. Every season they fill our community with songs and stories. Our schools are special places. We are raising great kids Crossroads, keep up the good work.

Join us at Movie Night December 9th, Pub Night December 16th, or drop by our Community Meeting January 8th. In this issue, check out our Look Back article with Jerry for some fabulous community history and don't forget to take a serious look at the Good Food Box. It's a great way to get healthy food at low cost. I might even give vou a tour of Phoenix if you ask for me!

Until next time Crossroads, be kind to each other, shovel an extra walk, push a car out of the snow and keep your jumper cables close. Happy Holidays to all and I wish you, your neighbours and your family a lovely and prosperous New Year in 2017.







# CALGARY PUBLIC

#### **Happy Holidays**

Calgary Public Library will be closed Christmas Day, Boxing Day, and New Year's Day. The Library is open until 4:30 pm on Christmas Eve and New Year's Eve.

#### **Free Presents!**

Need a last-minute stocking stuffer? Give everyone on your list FREE books, movies, magazines, eBooks, programs that teach and entertain, and so much more when you give the gift of a FREE Library Card!

#### The 2017 Reading Guide

The Library is excited to announce that the 2017 Reading Guide will be in community libraries this January! The Reading Guide has an amazing selection of books chosen by Librarians to keep everyone in your family reading all year long.



## redds Reading

Books keep on giving this holiday season!

Your family may be one of thousands that celebrate at this time of year, and giving gifts may be part of your tradition too.

Books make wonderful gifts for children because they expand your child's listening power, inspire their creativity and imagination and increase their vocabulary.

Book last forever! They can be lovingly placed on book shelves or in baskets and book bags to be enjoyed over and over again. Or, gently-used books that your children no longer need can be donated to the Calgary Reads Book Bank and we give them to Calgary children who have few or none of their own at home.

Whether you are buying books or borrowing from the Calgary Public Library, consider sharing some wonderful Canadian children's literature with your family:

Read Me a Story by Barbara Reid, Pre-school
The Most Magnificent Thing by Ashley Spires, K-G2
Challe Company to the Company Magnificent Company (Company) (C

Stella Star of the Sea by Marie-Louise Gay, K-G2
This is not my Hat by Jon Klassen, Pre-school-G1

A Visitor for Bear by Bonny Becker, Pre-school-G2

The Paper Bag Princess by Robert Munsch, Pre-school-G1

The Hockey Sweater by Roch Carrier, G1+

Lost in the Barrens by Farley Mowat, G4+

Jacob Two Two Meets the Hooded Fang by Mordecai Richler, G2-5

The Sky is Falling by Kit Pearson, G4-6
Anne of Green Gables by L.M. Montgomery, G4+

Calgary Reads helps children learn to read with confidence and joy. This includes helping children in Calgary to have their own books at home; supporting parents and caregivers to help their child develop literacy skills; and engaging businesses and the community to make reading a priority. Explore our website for ways you can support our work. You'll also find resources to help your child develop critical literacy skills and the joy of reading; calgaryreads.com



# **Community Meeting**



Thanks to Ron O'Shea for donating new hall signs

See what is happening in your community! Join us for the next community meeting on Sunday, January 8, 7 pm at the community hall 1803 14 Avenue, NE.

#### **Free Movie Night**

Where can you go for an evening of fun at no charge? Movie night! Bring a pillow and blanket and join us in the main hall on Friday, December 9 at 7 pm. We will be watching a movie that shows us what man's best friend is up to when left alone. The next movie night will be on Friday, January 13. Movies nights are held at the Community Hall located at 1803 14 Avenue, NE.

#### 50+ Club open to new members

The Crossroads Community Association 50+ Club is seeking new members. Are you interested in getting out of the house to socialize with others and play games? Club members meet every Monday from 6 to 10 pm at the Community Hall. For more information, call 403-277-6201.

#### A night of spirits

Join us for the next pub night! It is a great way to start the holiday season. Meet your neighbours for some community spirits on Friday, December 16 beginning at 7 pm in the upper hall at 1803 14 Avenue, NE. The following pub night is on Friday, January 27.

#### Seniors Christmas Dinner

Reserve your spot for the popular Seniors Christmas Dinner on Monday, December 19 from 6 to 8 pm at the main hall, 1803 14 Avenue, NE. The cost is \$5 for members and \$8 for non-members. RSVP to Tracey at 403 277 6201.





Community supporters are the backbone of Cornerstone

#### **Cornerstone Youth Centre busier than ever**

Cornerstone Youth Centre is bustling with youth now that the school year is fully underway. In the past two months, more youth (30-40 per day) are walking through the Centre's doors. With the new kitchen in full working condition, there is even more focus on providing healthy food within the Centre. We are now working on building a cooking program with the youth. We are grateful to the McNeil Family and all of the volunteers that have helped us make these fantastic new changes within our Centre.

Recently, Cornerstone was fortunate to take eight youth to the Toronto Raptors NBA exhibition game thanks to a generous donation from the *Kids Up Front* organization in Calgary. This provided a life changing experience for those lucky enough to be drawn. The youth were treated to a private box, unlimited popcorn, ice cream and of course the experience of seeing NBA players in action. Cornerstone's connection to basketball within Crossroads made this experience very special. We provide a safe place for everyone within Crossroads to play basketball, therefore it was ntting that we could provide a once in a lifetime basketball experience for some of the youth at the Centre.

With donations such as the NBA tickets, it becomes clear that Cornerstone relies heavily on volunteerism and the generosity of others. We are grateful to have a wonderful community of volunteers and donors, and we continue to look for new volunteers who would like to positively impact the lives of the youth in Crossroads.

We currently have the following volunteer positions open:

- -Friday afternoon mentorship and supervision
- -Volunteers for the Wednesday Free Hot Lunch Program
- -'When I Grow Up' quest speakers

For more information about volunteering at Cornerstone Youth Centre, please contact Program Director Bradley Allen at Bradley@cyccalgary.com.



#### **FITNESS CAN BE FUN!**

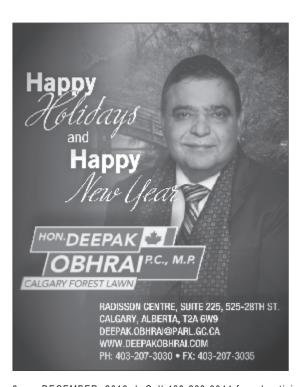
Check out Calgary's most warm and welcoming adult dance studio DANCE THROUGH LIFE



**ADULT CLASSES BEGINNER** TO ADVANCED WORKSHOPS

Ballet · Zumba · Tap Hip Hop and More! Private & Corporate parties

403-921-9757 www.dancethroughlife.ca Visit us at Evergreen **Community Spaces** 1709 8th Ave NE



## IN & AROUND

## **Belfast School** Presents The Rocking Tale of Snow White You are invited to come and experience a musical ad-

venture like no other. The students of Belfast have prepared a magical, musical, and hilarious tale of Snow White like you have never seen before.

We will be running three performances: December 7th Matinee December 7th Evening December 8th Evening

We would love to have our friends, family and neighbours come out and join us for this fantastic event. Visit our website for times and ticket information at: schools. cbe.ab.ca/b203/

Submitted by Robbie-Lynn Nichol School Council Chair

#### **Vista Heights School Council** and Enhancement Society

Parents/guardians of students attending Vista Heights School, please mark the second Tuesday of each month on your calendar. Attending meetings is a great way to stay in touch with what is happening in the school, see how money raised from the casino fundraiser is being spent and to meet teachers and fellow parents. Come and join the conversation! Meetings start at 6:30 p.m. and are held at Vista Heights School. The next Council meeting dates are December 13th and January 10th.



In Spain, December 28th is 'Día de los santos **inocentes'** or 'Day of the Innocent Saints' and is very like April Fools Day in Canada and US. People try to trick each other into believing silly stories and jokes. Newspapers and TV stations also run silly stories.



## **Songs and Stories**

The Calgary Chapter of the American Historical Society of Germans from Russia is having a Christmas Party on December 10, 11 am at the Ascension Lutheran Church, 1432 - 19 St NE.

Lunch will be provided, but please bring dessert or bake

The Library is open and non-members are welcome. For more information visit our website at www. calgarychapterahsgr.ca, or contact Anne 403 246 6968 or Adena 403 273 8178.





**Councillor Ray Jones** calgary.ca/ward5 Office of the Councillors P.O. Box 2100, Stn. M #8001 Calgary, AB. Canada

dialogue))













### Learn About the Future Use of **Learning Space at Area I & II Schools**

Join us as we present the proposed changes for the future use of learning space at some Area I & II schools. Come review this proposal, which was developed from feedback gathered in 2016.

> January 17, 2017 date 5:00 - 8:00 p.m. time

Senator Patrick Burns School location 2155 Chilcotin Road N.W.

To learn more about what we've heard so far, visit cbe.ab.ca/dialogue



**Calgary Board** of Education



Thank You to everyone that supported our 2016 Popcorn Campaign. We do have some leftovers so if you are interested in any of the following, or would like more information please contact Marilyn at 587-354-0272 or crossroads36cubs@gmail.com.

- White Chocolate Pretzels (\$25.00)
- Caramel Corn with Almonds, Pecans & Cashews (\$25.00)
- Butter Toffee Caramel Corn (\$20.00 Special Price!)
- 18pk Unbelievable Butter Microwave Popcorn (\$20.00)
- Popping Corn (\$10.00 Special Price!)

#### **Bottle Drive**

Unfortunately, we had to cancel our October bottle drive, but if you would like to donate bottles to the Scouts, please contact James at 587-354-0272 or cross-roads36scouts@gmail.com and we will make arrangements for someone to pick them up from you. We are also looking for businesses that are willing to let us put bottle bins in their location and we will pick them up on a regular schedule. Please call James to make arrangements!

#### **Liquor Basket Raffle**

We are now selling Liquor Basket raffle tickets. The prize is a liquor basket with a retail value of \$400.00. Tickets are \$5 each and the draw is being held December 15. Get your tickets today and win your beverages for the holiday season! Please call James or Marilyn at 587-354-0272 to get yours today.

#### **Scout Gala**

Mark your calendars! We are excited to present our Scout Gala on February 25, 2017. This is the new and improved 'Spaghetti Dinner'. Tickets will be on sale in January. Watch for more details in the January Convenor.





# **Local Girl Guides**of Canada

It's hard to believe that another year is coming to a close. As the snow falls, darkness lasts longer and the spirit of the holiday begins to fill our homes with love and laughter, we are reflecting on the unique year we had as the new Crystal Palace district with the Girl Guides of Canada. We look forward to continuing to grow our membership and leaders.

Here is what we have coming up. We have a unit travelling to Newfoundland next year which requires lots of fundraising with more to come; thank you to the community members who have helped the 71st Guides so far! Not sure what to get someone this holiday season? How about a box of chocolate mint Girl Guide cookies?

We are always looking for girls to join the Girl Guides and women to join as leaders. If you would like to join our district, purchase cookies or if you have questions or comments, please contact Joanna Quinn at 403-291-1955 or crystalpalacedistrict@gmail.com.

Want an idea for a game to play this holiday season?

#### **Remember Christmas Game**

Supplies: 18 items in box

How to Play: Show the items in the box to the children. Remove one or more items out of the box (without children seeing you). Have the children guess what items are missing. For older children put items on large tray or cookie sheet. Cover. Remove cover for 20-30 seconds and then remove tray from room. On your mark the children are to write down as many items that they can remember being on the tray before you yell, "STOP". Most correct items win. (You can always try this with adults, too!)

From our units to your families and homes, we wish you all a wonderful holiday season and an incredible 2017!

# The Good Food Box Mission

DID YOU KNOW? Phoenix Foundation is our Crossroads Good Food Box Depot?

The Good Food Box makes topquality, fresh food available in a way that does not stigmatize people, fosters community development and promotes healthy eating.

#### What is the Good Food Box?

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary whereby you can purchase fresh fruits and vegetables at a very low cost. The Good Food Box is a hands-up program as opposed to hands-out. We offer all Calgarians' sustainable access to nutritious food to ensure that no one has to go hungry. The boxes are put together and delivered by dedicated volunteers who along with The Community Kitchen desire to see individuals and families accessing affordable nutritious food.

# Calgary

This is My Neighbourhood 2 Did You Know?!

Visit Calgary.ca/snow for information on current snow & ice clearing efforts, safe shovelling practices, and community snow clearing programs

#### FREE salted gravel is available for pick-up to help with snow and ice on public sidewalks

- The free salted gravel is distributed on a first-come, first-served basis
- Please bring your own container to fill
- Only take one container-full of gravel per visit
- · Contractors are not permitted to take free gravel for work-related efforts
- This mixture falls under The City of Calgary's Road Salt Management Plan. It adheres to Environment Canada's Code of Practice for the Environmental Management of Road Salts

#### SANDBOX LOCATIONS:

- Fire station #12 123 44th Street S.E. (on South West corner)
- EMS station #4 16 Moncton Road N.E. (North West side of building)
- Fire station #22 7199 Temple Drive N.E. (on South West corner)
- Fire station #32 800 Saddletowne circle N.E. (North of station)
- Road Maintenance District 8 840 32 Avenue Connector N.E.



#### Residents are required to remove ALL snow and ice from their sidewalks and/or pathways 24 hours after the snowfall

- Within 24 hours <u>after snow stops falling</u>, all snow and ice must be completely removed from City pathways and sidewalks. Please see below for definitions of a sidewalk and nathway.
- Owners and occupants of a home are responsible for removing snow and ice from the pathways and sidewalks in the front or to the side of their property.
- > All snow and ice must be removed down to the bare surface of the sidewalk or pathway
- Snow and ice must be removed from a City pathway or sidewalk that runs parallel to or directly adjacent to a street even if it is separated by a boulevard.
- > If you own a rental property, you are ultimately responsible for ensuring the sidewalks and pathways are cleared.
- The owner or occupant of land adjacent to a sidewalk must remove all snow and ice. Those adjacent to a pathway must remove snow and ice for a minimum width of 1.5 meters from the side of the pathway closest to their propert

A sidewalk is that part of a street set aside specifically for pedestrian use.

A pathway is a multi-purpose thoroughfare used by pedestrians, cyclists and persons using wheeled conveyances such as skateboards.

#### **Warning Notices**

If you receive a Warning Notice for failure to remove snow and ice from a sidewalk or pathway and do not remove it within 24 hours The City of Calgary work force will be instructed to carry out the work and the cost will be invoiced to the property owner. Failure to pay this will result in the cost being added to the property taxes.



#### **BOX OPTIONS**

Small Box: \$20, 20-25lbs\* of fruits and vegetables

Medium Box: \$25, 30-35lbs\* of fruits and vegetables

Large Box: \$30, 40-45lbs\* of fruits and vegetables

To order you must pre pay, cash only. The next order needs to be in to Phoenix by 2 pm January 17, with pick up on January 27.

For more information phone (403) 265-7701 or email frontdesk@phoenixfoundation.ca.

## A look back

Welcome back everyone to Part 29 of our historic feature in the Crossroads Convenor. Every month we feature an excerpt from our Journey Through the Crossroads history book. Last month we looked at a reprint of Part 22 with the 80th Anniversary of Belfast School. This month we look at the history of our churches.

#### **Church History**



Belfast Presbyterian Church Photo courtesy of Shirley Claussen

Our first church in Belfast was the church in this photo built around

1915. It also housed the Belfast School until 1920 until they moved the Nose Creek School next to it. It was located 10th Ave and 17th A. St. NE and served the community till 1959. It was a Presbyterian church from 1915 to 1926 and then became a United Church from 1926 to its closure in 1959.



Ascension Lutheran Church, 2002

In 1964, Pastor Alf Granberg held the first worship service on Christmas Eve. He remained as interim

pastor for seven months until Pastor Gordon Hanson held his first service on Sunday, August 8, 1965. An addition was later added to the church in 1967 as membership increased and the church was dedicated on March 19, 1967. Glen Johnson became the pastor in 1995.



Crossroads Community Church, 2002

These church services first started on September 29, 1963. At that time it was known as the Mayland Heights Baptist Church, pastored by Carson

Mitchell. The church was built in 1964. Some of the pastors from Mayland Heights Baptist Church were: Carson Mitchell 1964-1969; Paul Furseth 1970-1971; George Francisco 1971-1976; Robert McGrann 1976-1977; Dale Reimer 1978-1979; and Len Nation 1979-1980.

The Baptist and Associated Gospel Churches were amalgamated in December of 1979. The first services began on January 6, 1980 and it was renamed the Crossroads Community Church - their first pastor was Bud Penner. They started membership in April 6, 1980 with 62 members from Mayland Baptist. The pastors are as follows: Bud Penner 1980-1984; Len Nation 1980-1982; Keith D'Eall 1983-1987; Doug Martin 1986-1992; Ernie Dyck 1988-1992; Mike Walker 1993-1997; Dan Ikenouye 1994-1997; James Houston 1997-2002; Doug Schroeder 2003-?; and John Eastabrooks 1998-present.



St. Clement Church Pictures Courtesy of Our Lady of Grace Church

Our first Catholic church was made out of two army huts left over from World War Two. It was meant to

service the Catholic community temporarily until a new church could be established. The first priest was Father Malo: he first started services in St. Clement School until the new building opened on July 5, 1964. This church was located on the same land that the current Our Lady of Grace occupies and it was in operation from 1964-1984 until it was removed to make way for Our Lady of Grace. The priests were Rev. William Stephenson 1968-1971: Rev. Alexander Maclennan 1971-1975: Rev. Lino Stradiotto 1974-1981; and Rev. Edwin Keufler 1975-1984. Father Malo recently passed away during mission work in Bolivia.



Our Lady of Grace Church, 2002

Construction of Our Lady of Grace Church started in the fall of 1984, shortly after St. Clement's last mass on July 22nd. It was offi-

cially opened on September 8, 1985 and it became an amalgamation of St. Clement's parish and St. Andrew's. The church now serves both Italian and English communities in the Northeast. The first priest to start in the new church was Rev. Rino Spada 1984-87, then Rev. Riccardo Bezzegato 1987-92; Rev. Carlo Titotto 1992-96; Rev. Valentino Albertan 1996-2000; Rev. Tito Ranolo 2000-02;

~continued on page 14~



# **Calgary Firefighters**Message

Many Calgarians put up Christmas trees to celebrate the holidays. To prevent a fire in your home, remember to:

- Get a freshly cut tree. When a tree is green and well watered, it is less likely to catch on fire.
- Get a tree that is moist and green. You can tell if a tree is moist because very few needles fall off when the butt of the tree is tapped on the ground, needles bend instead of break, and the tree stump is sticky with resin.
- Use a tree stand with a broad base for good balance and a large water reservoir to ensure that the tree is ALLWAYS in water.
- Do not set your tree up near a heat source such as a radiator, television, fireplace or heating register.
- Ensure when selecting a tree location that it does not block exits, doors or windows.
- · Never use lit candles on your tree.
- Always choose flame-resistant or flame-retardant and non-combustible decorations for your tree and elsewhere in your home.
- After the holidays, properly dispose of trees as soon as possible using the city of Calgary's Christmas tree recycling program.

#### Candles

Just like indoor and outdoor holiday lights, we use candles during the holidays to make our homes beautiful and celebrate the season. To help prevent a fire started by a candle;

- Keep candles away from curtains, paper, furniture or anything that can easily catch fire.
- Adults should always supervise when a candle is being

lit. Children should never be left alone to light a candle or use matches.

- Keep candles in sturdy, stable holders and place them on stable surfaces away from drafts, children or pets.
- LED candles are safe alternative to burning candles

#### Kitchen fires

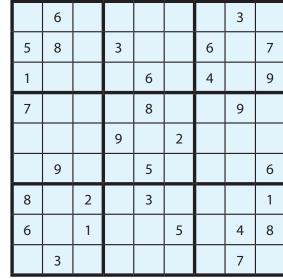
During the holidays, we often celebrate by inviting friends and family over to enjoy a meal. Cooking fires are the leading cause of house fires and fire injuries. Learning how to prevent cooking fires is important during the holidays and all year. Remember to NEVER leave cooking unattended.

#### Home escape plans and holiday visitors

If you have family, friends or guests staying with you over the holidays, be sure to share your home escape plan with them when they arrive.

**DID YOU KNOW:** Since 1967 your Calgary firefighters union has been hosting An annual Christmas party with gifts in the corral for over 1800 financially challenged families.

## BRAIN SUDOKU



FIND SOLUTION ON PAGE 15





Looking to Build & Retain a Productive, Motivated Workforce?

RBC Group Advantage is a comprehensive program designed to help business owners meet their employees' financial needs by providing:

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Support your employees and keep your competitive advantage. Call Investment Advisor Michael Martin at 403-266-9655 to learn more.



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## Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.



### Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

## A look back cont'd

Rev. Joseph Sebastian 2002-03; Rev. George Mariadoss 2004; Rev. Bryan Frank 2005-2008; Ugo Sturabotti 2008-?; and the current hospital Chaplain is Jimmy Puttananickal. The church has changed names since and is now known as the Mary, Mother of the Redeemer Church.

The current church is quite a prominent landmark of the community today as it overlooks both Deerfoot Trail and 16th Avenue. Thanks to Peirra for help in locating photographs.



Hindu Temple, 2002

Other religious landmarks in Vista Heights include the Hindu Temple located on 24th Avenue NE. It is also the main building for the Hindu Society of Calgary. The

other is the Ismaili Jamatkhana and Community Centre located south of Mcknight Blvd and Deerfoot Trail. This is the main Northeast location of the Ismaili Council for the Prairies.

If you would like a copy of the 50th Anniversary book or you have a story or picture of growing up in Crossroads to share, please contact Jerry Rourke at jrourke1@shaw.ca or call at 403-601-5141.

Join Jerry Rourke in February for another installment of A Look Back, our "Journey Through the Crossroads" feature!





# Going on a Christmas Holiday?

A message from the Federation of Calgary Communities Building Safe Communities Program

The Christmas Holidays can be a great time to enjoy a vacation! But before you do, make sure your home is as safe and secure as possible. The keys to protecting your home when you are on vacation are not just the ones you use in your deadbolt lock. Below are a few tips to help reduce your risk:

- Double-check your insurance policy to find out if and when you require someone to check in on your home.
- Give a trusted neighbour or friend a key and trip details and ask them to check in on your home.
- Don't advertise that you are going away.
- Create a lived-in appearance. Be sure the sidewalk and steps are cared for while you are away, and stop any newspapers or have flyers collected from your door or yard. Set lights and a TV's on timers so your home is not dark during evening hours.
- Encourage a trusted neighbour to park their car in your driveway while you are gone.
- Ensure that your door and window locking devices are working and are locked when you leave.
- Disable your garage door while you are gone. Most have a switch that can be turned off. You can also put a padlock or similar device through the door tracks to ensure it cannot be opened.
- Put away, or secure all lawn furniture or tools (i.e. ladders) so they can't be used to assist a burglar in gaining access to the upper story windows of your home.

For more resources, check out the Federation of Calgary Communities website (www.calgarycommunities.com) under the Building Safe Communities tab.

## BUSINESS CLASSIFIEDS

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

## BRAIN SUDOKU

4	6	7	8	2	9	1	3	5
5	8	9	3	4	1	6	2	7
1	2	3	5	6	7	4	8	9
7	4	5	1	8	6	2	9	3
3	1	6	9	7	2	8	5	4
2	9	8	4	5	3	7	1	6
8	5	2	7	3	4	9	6	1
6	7	1	2	9	5	3	4	8
9	3	4	6	1	8	5	7	2

## NOVEMBER 25, 2016 - JANUARY 8, 2017 ZOOLIGHTS AT THE CALGARY ZOO

6:00 pm - 9:00 pm everyday, experience over 1.5 million lights, 200 displays, crackling fire pits, steamy hot chocolate and four fun-filled activity zones (with many new additions!), transforming the Zoo into a magical winter wonderland. More info www.calgaryzoo.com



## EVERY SATURDAY IN JANUARY CRAFT BEER TOURS BY CALGARY BEER TOURS

The Calgary Craft Beer Tour is all about spirited craftsmanship but more importantly it's about the delicious, refreshing beverages produced through the creativity of locals brewers. Experience the city's good-natured, welcoming breweries, including tastings at Village Brewery, CRAFT Beer Market, The Dandy Brewing Company, Tool Shed Brewing Company and Last Best Brewing and Distilling. More info www. calgarybeertours.beer/tours/



## JANUARY 6 – JANUARY 8 THE MOTORCYCLE SHOW AT BMO CENTRE

Featuring brands like Vespa, BMW, Victory, Harley Davidson and many more, this exhibition is sure to blow your hair back. Regular admission is \$15 and kids under 5 get in free. More info www.calgarymotorcycleshow.ca



#### YOUR COMMUNITY/CITY EVENTS

## AT A GLANCE...

January 10 - January 21 All The Little Animals I Have Eaten by One Yellow Rabbit: Set in an unusually modern bistro, this latest of Karen Hines' darkly hilarious comedies embraces everything from plagiarism and insurance crimes to Golden Retriever conventions and lonely trolls to existential struggles and the transcendence of the human soul. Scenes are performed by well-heeled diners, glowing ghosts, tiny vertebrates, and other unexpected voices. More info www.oyr.org

January 13 Pop Fridays at Calgary Philharmonic Orchestra: Known as "The Ambassador of Soul" Ellis Hall is a master of classic R&B in the style of the genre's greatest legends. With an incredible career as former lead singer in Tower of Power and a protégé of the legendary Ray Charles, Soul Unlimited's hits include the music of Stevie Wonder, Marvin Gaye, The Temptations, Earth, Wind & Fire and more. More info www.calgaryphil.com

October 6 – January 8 ATB Storytellers Exhibition at National Music Centre: Discover Alberta's rich music history at the new ATB Storytellers Exhibition. Explore the untold history of some of Alberta's music pioneers and icons through artifacts, film and interactives. Free and accessible to the public inside Studio Bell's Drop-In Zone. The exhibit will feature a collection of artifacts and recorded oral histories with iconic Albertans. More info www.nmc.ca

January 5 – February 2 High Performance Rodeo multiple venues: Offering all types of theatre over the course of almost a month, the High Performance Rodeo can feel as exciting as its namesake if you are trying to fit all the great performances in from this annually jam-packed schedule. To keep up-to-the-minute informed check the Facebook page www.facebook.com/HPRodeo or more info and tickets www. hprodeo.ca

January 29 Bridal Fantasy at the Telus Convention Centre Brides can expect to see a dramatic fashion show and theatrical production featuring the latest trends in flowers, tuxedos, gowns, destination wear, hair and make-up. Brides have the opportunity to win over \$75,000 in prizes and the chance to win the Fantasy Wedding Package – Including prizes from all of the sponsors. More info www.bridalfantasy.com

#### IMPORTANT NUMBERS ALL EMERGENCY CALLS 403.253.5250 Alberta Adolescent Recovery Centre 403.310.0000 Alberta Health Care AHS Addictions Hotline 1.866.332.2322 ATCO Gas – 24 Hour Emergency 403.245.7222 Calgary HEALTH LINK 24/7 811 403.266.1234 Calgary Police – Non Emergency Calgary Women's Emergency Shelter 403.234.7233 Child Abuse Hotline 1.800.387.5437 Kids Help Line 1.800.668.6868 Child Safe Canada 403.202.5900 Distress/Crisis Line 403.266.4357 403-514-6100 **ENMAX – Power Trouble** Poison Centre - Alberta 1-800-332-1414 **HOSPITALS / URGENT CARE** Alberta Children's Hospital 403.955.7211 Foothills Hospital 403.944.1110 Peter Lougheed Centre 403.943.4555 403.943.3000 Rockyview General Hospital Sheldon M. Chumir Health Centre 403.955.6200 403.943.9300 South Calgary Urgent Care Health Centre South Health Campus 403.956.1111 OTHER Calgary Humane Society 403.205.4455 Calgary Parking Authority 403.537.7000 403.266.6200 SeniorConnect Calgary Kerby Elder Abuse Line 403.705.3250 Alberta One-Call Corporation 1.800.242.3447 City of Calgary 311 Social Service Info & Referral 211 Community Mediation Calgary Society 403.269.2707 RNR Lockworks Ltd. 403.479.6161 511 Road Conditions - Calgary Weather Information **Gamblers Anonymous** 403.237.0654

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### COMMUNITY ANNOUNCEMENTS

- Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

## **Xmas mince pies**

Mince pies - a traditional holiday meal from the UK - were originally filled with meat, such as lamb, rather than a dried fruit mix as they are today. They were also first made in an oval shape to represent the manger that baby Jesus slept in, with the top representing his swaddling clothes.



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'Tis the season for lavishing your loved ones with good tidings and gifts — tidings may be free but gifts come at a cost. Keeping a cap on holiday bills may be easier than you think. Follow these simple tips to help you stay on track with your holiday budget:

- 1. Get on the nice list. Sign up for retailer emails. Many of your favourite brands share deals and discounts via email, especially during the holiday season. Sign up to get the inside scoop on promotions and first dibs on discounts.
- 2. Budget your spending and bag a deal. Many retailers offer online exclusive products and sales. Shop online during your lunch break or even from your mobile phone on your commute home to snap up holiday sales as they happen. Have a clear budget and keep it handy for quick reference to make sure you don't blow it on an impulse buy. 3. Look for free shipping. Many of your go-to holiday shopping destinations offer free shipping within Canada when you make purchases over a certain amount. If you

plan on sending gifts to loved ones in a different city, take advantage of free shipping to save yourself time and money.

4. Don't pay for return shipping. The turkey has been carved and the gifts unwrapped. Once the tissue paper has settled, there is time for you and your loved ones to reflect on your holiday gifts. If you purchased a sweater for your dad and it doesn't fit or the game you bought for your nephew wasn't exactly what he wanted, send the gift back. PayPal's newly launched Return Shipping on Us service will foot the bill for return shipping costs on eligible items, saving you up to \$30 per claim. Register here: www.paypal.ca/returns.

Don't let the holidays take control of your wallet. Become a bargain hunter, shop at your convenience, and hit the shops ahead of the crowds to take advantage of deals this season.

www.newscanada.com



## Membership has its benefits...



Looking for a seasonal gift for that gardener in your life?

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