

MARCH 2017

DELIVERED MONTHLY TO 3,150 HOUSEHOLDS

CROSSROADS CONVENOR

THE OFFICIAL VISTA HEIGHTS, BELFAST, MAYLAND HEIGHTS COMMUNITY NEWSLETTER



GENERAL MEETING

**MARCH 5, 2017
7-8:30PM**

www.crossroadscommunityassociation.com

Great News Publishing

| Call 403-263-3044 for advertising opportunities

| www.great-news.ca



September 8 – 10, 2017
3 Unbelievable Days • 100 KM
From K-Country to Calgary

Each day 15 Canadians get the devastating news that their kidneys have failed.
Join us in a movement that is changing the face of kidney disease.



Come to our Expo April 23
kidneymarch.ca
1.866.956.2724

CONTENTS

- 5 PRESIDENT'S MESSAGE
- 5 CROSSROADS NEWS AND EVENTS
- 6 A LOOK BACK
"JOURNEY THROUGH THE CROSSROADS"
- 7 WINTER OPERATIONS AT YYC
- 10 THE GOOD FOOD BOX MISSION
- 10 BUSINESS CLASSIFIEDS





CROSSROADS COMMUNITY ASSOCIATION

(Vista Heights, Belfast, Mayland Heights)
 Mailing address and community hall location:
 1803 14 Avenue, NE
 Calgary, AB T2E 1G4

Delivered monthly to 3,150 households and businesses

Editorial Submissions

convenor.editor@gmail.com
 All editorial content must be submitted by the 1st of the month for the following month's publication.

Advertising Opportunities

403-263-3044 | sales@great-news.ca
 All advertisements must be submitted by the 1st of the month for the following month's publication.

Published by Great News Publishing

Serving Calgary communities for 28 years
 91 newsletters reaching over 415,000 households in Calgary and surrounding areas.

#34-4550 112 Ave SE
 Calgary, AB
 T2C 2K2

Check out our website:



The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Publishing and Crossroads Community Association.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing and Crossroads Community Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654

PRESIDENT'S MESSAGE



Ladies and Gentlemen, your Community Association needs you. As I write this we have a few vacancies on our board that need filling.

1. Second Vice President. The duties include facility management (fixing, new projects etc.) and being long to an Executive and board. We have access to many workshops that can help you get up to speed in areas you many need to upgrade.
2. Newsletter Editor. Monthly gathering of submissions and sending them in priority to the publisher. Being a "shutterbug" is also helpful if you'd like to be published.
3. Sign and Publicity. Changing our sign (16th Ave on 19th St.) and working with our online communication (Facebook, Twitter and Website).

ANY help, even if you can only commit to part of the duties would be great. More and more of these duties are being piled on less and less folks. JOIN US and help us keep this community the best community in the City of Calgary. Email me a note or resume to crossroadsresident@gmail.com or give our hall a call 403-277-6201.

Remember to join us for movie night details further on. Members get a SPECIAL treat when showing their membership. Did I mention it was free? Join our ever growing group of families that mark this on their calendar every month.

Join Frank for our Community Pub Night starting at 7pm on Friday the 24th. A splendid time is guaranteed for all.

Don't forget our back lane campaign and if you don't have your house number in your back alley on a fence or garage, it is law and we have numbers free at the community hall just for the asking. Get yours before they're gone.

Come out to our General Meeting March 5th at 7pm and get involved in our exciting projects to make our community better. Entertainment, fundraising, multicultural festival, community collaborative (winter and summer festivals), membership, airport traffic committee, planning, community mural, facilities, preschool and our user groups can all use help and help you to learn and grow within our community.

CROSSROADS NEWS AND EVENTS

Community Association

General Meeting- Sunday March 5th at 7:00pm in the MPR, come have a say in your community.

Movie Night-Friday March 10th at 7:00 in the Main Hall, grab a blankie and pillow and come get comfy with some fresh hot popcorn from our concession!

Please note that the April Movie Night has been cancelled due to it being Good Friday. Please join us March 10 and May 12 at 7:00 pm (doors open at 6:30) for a free family movie. Don't forget your Community Membership so you can get your coupon for a free treat from the concession and be entered in the draw to receive the movie we are showing.

Pub Night- Friday March 31st at 7:00 in the Upper Hall. Community Spirits await!

Volunteer Appreciation:

Calling all Volunteers, if you have not received your invitation for our Volunteer Appreciation event on March 18 at 7:00pm please contact Tracey at the hall (403-277-6201) to be added to the list.

Spring Dinner (50+)

Please join us for our Spring Dinner on Sunday April 23 at 4:30pm for some Cabbage Rolls, Perogies and Sausage. The Entertainment Committee will also have some fun trivia, or a game of some sort and fabulous Door Prizes.

\$7.00 for Community Members
 \$10.00 for Non-Members
 Please call Tracey to reserve your seat at 403-277-6201.

SCOUTS

Thank you to everyone that supported our Family Pasta Night, it was a huge success.

- On March 25 we will be holding our 2nd Annual Coleman Meetup. Stop by the Community Hall from 9:00am - 4:00pm to see some unique Coleman items. Please contact James at 403-803-3633 for more information.
- We will be holding our Spring Bottle Drive on Saturday April 22. If you have Bottles that you need picked up prior to our Bottle Drive (or whenever you need to make room) please call James at 403-803-3633 to arrange for a pick up.

A LOOK BACK

“Journey Through the Crossroads”



Welcome back everyone to Part 32 of our historic feature in the Crossroads Convenor. Every month we will feature an excerpt from our Journey Through the Crossroads history book. Last month we looked at the barbershop at the Mayland Heights Mall. This month we will look at a new story about my neighbours Corrado and Lucia Chiacchia.

by Jerry Rourke

I have heard there are other residents and former residents who would like to submit their stories as well. I welcome any and all fresh stories to our feature. Does anybody remember the old milk farms at the end of 14th Avenue? How about the old greenhouses? Also, I have been in contact with residents who know Lillian Mayland, but I have lost their contact info. If you are reading this, please contact me again at the number below; I would very much like to publish some new stories and pictures of the Mayland family. Copies of the 50th Anniversary book are still available, call the office at 403-277-6201 or myself at the number below. **Please submit your stories and pictures of the past growing up in the community to my email: jrourke1@shaw.ca or call me at 403-601-5141.**



Corrado and Lucia Chiacchia

If you ever had a walk down McKinnon Drive, you might have caught Corrado in his yard giving a friendly wave as you go, always lively and talkative. “Hey Boss!” is usually the first words out of his mouth when he greets you. Corrado and Lucia left Italy with their 2 children, Sylvester and Helena and my landlord Valentino on June 10, 1957 and arrived in New York in 10 days and in Calgary on June 24, 1957. Corrado had 3 brothers who were already living in the Calgary area before and that is

why they came out west. All his siblings pictured above came to Alberta, his parents stayed in Italy for the rest of their lives. My landlord, Valentino D’Orazio was 18 at the time, young and single.

“The time we came here Italy never move, after the war, nothing is moving. My brother Rocko came here in 1952, Nick in 1951, we come to be with family. Start a new life. We lived on the east coast, San Valentino, in our country, we can read, can talk and write, but not in English, in Italian, we had to learn everything. It was rough times, when we come here, what happened, Valentino was a young man, he was single, we would go to school, in the evening after work and learn English at St. Mary’s School. I was married, I have to support my kids, we go out, we spend a dollar, you have to take the bus, if I was single it would be different, you meet a girl, they start pinching you, believe me! See, I am married man, Valentino is single, the girls come after you, those Canadian girls they chase you, see and for me it was no good, because I was married. I had responsibilities, they were good times and hard times too, but we had to stop going to school. We lived in Renfrew the first few years while working in construction, we built homes in Westbrook in the Southwest, 1957-60.”

“There was nothing here, Union Packing, down in the valley, my brother Romado used to work there, now in Brooks. At the Chinese Gardens, we used to buy vegetables there, that’s a long time ago, also by Memorial, there was a Chinese Farm there, also off 32nd Avenue, we used to pick carrots there for a dollar and hour! See, a dollar an hour, see, Saturday and Sunday we don’t work, make 10 dollars a day, you buy groceries for a week! Rocko, my brother, his brother in law, Alfonso we used to go there make dollar an hour, you see, when you come to here from the old country, every penny counts at that time, you have kids, you pay rent, it all counts!”



“The city only went to 66th, Glenmore, then nothing, farm, out to McMahon Stadium was on the edge of town, east of Barlow, nothing. All along 4th Avenue, all small houses, we could see the tower being built from here, in 1967. We build this house together, me and Valentino, \$26,000 the house, both sides. Just a field across the street, between McKinnon Drive and Barlow, till they build in the 80’s. I worked for the CPR in Ogden for 30 years after that and retired, me and Mamma. Valentino got married to my sister and had three daughters, all of whom went to St. Clement’s School. This a great area, it’s in the middle of the city and this house built really good. Nice and quiet.”

Interview by Jerry Rourke



Join me next month for another installment of A Look Back, our “Journey Through the Crossroads” feature!



IN & AROUND SCHOOLS

Belfast school

Belfast school has a very vibrant and active school council. If you haven’t had a chance to come to one of our meetings please mark you calendar for our Next meeting March 20, 6:30pm. There is always childcare provided. We look forward to seeing many new faces.

Belfast fundraising council is excited to present our Spring Flowers fundraiser. These are by far the most wonderful flowers. Pick up is just before Mothers Day. If you are interested please visit our webpage belfastcouncil.weebly.com

Order form will be available in April.

IN & AROUND CALGARY

WINTER OPERATIONS AT YYC

Meet the Fleet

YYC is no stranger to snow and with over 3 million square metres of paved surface on the airfield, a 5 cm snowfall is the equivalent of 26,000 tonnes of snow!

Below are the steps our hard working crew takes to clear the runways on typical winter days ensuring safe and efficient operations:

- Runway Sweepers begin the process by pushing snow to the edge of the runway. This sweeps the pavement clean and removes the bulk of the snow.
- Plows push the piled snow from the edge of the runways to clear the side lighting.
- Blowers blow the piled snow back towards the grassy areas.
- Pavement De-Icing Trucks are called into action during severe winter conditions as a preventative measure. They stop ice from sticking or forming on the pavement.

Year-Round Programs

The City of Calgary offers a wide variety of fun and FREE drop-in programs and activities for children, youth and families.

From after school programs, to health and wellness classes, to leadership opportunities, we have something for everyone.

Find out what’s happening in your area, visit calgary.ca/CommunityPrograms.

CROSSROADS Community Association

Community hall manager Tracey Cairns
Office hours: Mon/Wed/Thurs, 9 am to 1 pm
Office phone: 403-277-6201
Kitchen phone: 403-276-3818
Fax: 403-277-6205
Email: crossroadscommunity@shaw.ca

Newsletter submissions

convenor.editor@gmail.com, Stacy McGuire

History Book

403-601-5141, Jerry Rourke

Like us on Facebook

<https://www.facebook.com/groups/118048868249237/>

118048868249237/

Follow us on Twitter @CrossroadsComm

For more information, visit

www.crossroadscommunityassociation.com

Blockwatch Volunteers Required!

Contact 403-276-6203 for more information

Editorial Content 1st of each month for the next month's issue
DEADLINE
convenor.editor@gmail.com

EXECUTIVE

President	Larry Leach	crossroadspresident@gmail.com
1st Vice President	Inga McLean	
2nd Vice President	Vacant	
Treasurer	Marilyn Johnson	
Secretary	Beth Jamieson	execsecretary@gmail.com

DIRECTORS

Jeremy Smith	Community Garage Sale Committee
VACANT	Newsletter Committee
Brijbala Bakshi	Entertainment Committee
Paul Gardham	Airport noise Committee
Jeannette Leach	Membership Committee
Jason Pare	Development and Planning Committee
Courtney Clark	Preschool Committee
Dee Jackson	Facilities Committee
Michelle McDonald	Vista Heights Action Committee
Tara Pasveer	Grants Committee
Sandy Johnson	Bingo Committee


CROSSROADS COMMUNITY BLOCK WATCH ASSOCIATION BOARD OF DIRECTORS

OFFICERS


President:	Joyce Gardam	403-276-6203
Vice-President:	Brad Clarke	403-230-2058
Treasurer:	Vicki McNeill	403-276-3603

DISTRICT CO-ORDINATORS

Vista Heights	(Geo Code 3204)	Trevor Befus	403-262-2545
Belfast	(Geo Code 3205A)	Marilyn Fehr	403-276-6646
Belfast	(Geo Code 3205B)	Jim Johnson	403-277-0841
Mayland East	(Geo Code 3206A)	Marlene Stevens	403-276-7466
Mayland East	(Geo Code 3206B)	Linda Then	403-276-6507
Mayland East	(Geo Code 3208)	John Abramchuk	403-276-6025
Mayland West	(Geo Code 3207)	Brad Clarke	403-230-2058
Vista Heights	Trevor Befus (Geo Code 3204)	Vista Heights	
Mayland West	Marilyn Fehr (Geo Code 3205A)	Belfast	
	Jim Johnson (Geo Code 3205B)	Belfast	
Mayland East	Marlene Stevens (Geo Code 3206A)	McKinnon Dr. - N	
	Side 8 Ave. 19 St. E Side - W Side	Mayland Dr.	
Mayland East	Linda Then (Geo Code 3206B)	McKinnon Dr. N to N	
	Side 8 Ave. - E Side	Mayland Dr. - Barlow	
Mayland East	John Abramchuk (Geo Code 3208)	19 St. E Side to Barlow	
Mayland West	Brad Clarke (Geo Code 3207)	19 St. West Side	8 Ave. S. - 3 Ave.



FITNESS CAN BE FUN!
Check out Calgary's most warm and welcoming adult dance studio **DANCE THROUGH LIFE**



ADULT CLASSES BEGINNER TO ADVANCED WORKSHOPS
Ballet · Zumba · Tap
Hip Hop and More!
Private & Corporate parties

403-921-9757
www.dancethroughlife.ca

Visit us at Evergreen Community Spaces
1709 8th Ave NE

STEP INTO SPRING



Are you thinking of becoming more active?

The University of Calgary is recruiting volunteers for a 12-week physical activity study.

To participate you must be:

- 18 years of age or older
- Exercising less than 3 days per week
- Have internet access

You will be asked to wear a pedometer for 3 months, log your activity onto a website, and complete 3 questionnaires.

By completing the 3 questionnaires you will receive:

- A pedometer (\$25 value)
- \$10 gift card
- Prize draw entry for \$1000 gift card

To participate contact Research Coordinator:
perryr@ucalgary.ca

Ethics ID: REB15-2944
This study has been approved by the University of Calgary Conjoint Health Research Ethics Board.



Community Arts & Activities Centre
Fun stuff for the whole family!
Check out what's on at:

ecspaces.com

Mayland Heights
1709 8th Ave NE
403-228-1384

evergreen
community
SPACES
arts, activities & events

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARD BUSTERS LANDSCAPING: Weekly lawn mowing \$36, power-rake \$120, aeration \$70. Some conditions. Landscape construction and yard renovation: stone patios, walks, raised beds and rock walls, custom decks and fences, painting and staining, sod and trees and shrubs, landscape lighting, water features, and window and gutter cleaning. Licensed. Insured. Seniors' discount. Phone: 403-265-4769. yardbusterslandscaping.com.

FLAMINGO MUSIC: accepting students for Piano, Guitar, Violin, Bass, Drums, Voice, RCM, and Band. Ages 4 to adult. Open 7 days per week. Special needs welcome. Band nights, field trips, and performance opportunities. Starts at \$70-75 per month. Phone 587-470-7988 or e-mail info@flamingomusic.ca.

LOOKING FOR AN AFFORDABLE DAY HOME? Flexible hours, low rates and years of experience. Accepting ages from 6 months and up. Located in Vista Heights. For more information, rates and availability. Call Paige at 403-796-5756.

THE REDEEMED CHRISTIAN CHURCH OF GOD



VICTORY HOUSE, CALGARY
 • SUNDAY SERVICE 10:00AM
 • TUESDAY BIBLE STUDY 7PM
 • LAST SUNDAY OF THE MONTH
 COME ALIVE WORSHIP 4:30PM-6PM

CROSSROADS COMMUNITY ASSOCIATION, 1803 14TH AVE., CALGARY AB T2E 1G4

403-619-8594 | info@rccgvhc.ca | www.rccgvhc.ca

The Good Food Box Mission

DID YOU KNOW? Phoenix Foundation is our Crossroads Good Food Box Depot?

The Good Food Box makes top-quality, fresh food available in a way that does not stigmatize people, fosters community development and promotes healthy eating.

What is the Good Food Box?

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary whereby you can purchase fresh fruits and vegetables at a very low cost. The Good Food Box is a hands-up program as opposed to hands-out. We offer all Calgarians' sustainable access to nutritious food to ensure that no one has to go hungry. The boxes are put together and delivered by dedicated volunteers who along with The Community Kitchen desire to see individuals and families accessing affordable nutritious food.

GOOD FOOD BOX OPTIONS

- Small Box: \$25, 20-25lbs* of fruits and vegetables
- Medium Box: \$30, 30-35lbs* of fruits and vegetables
- Large Box: \$35, 40-45lbs* of fruits and vegetables

To order you must pre pay, cash only.
 Order dates March 14th and April 25.
 Pickup dates March 24th and May 5.

For more information phone (403) 265-7701 or email frontdesk@phoenixfoundation.ca.



"If one cannot enjoy reading a book over and over again, there is no use in reading it at all."

- Oscar Wilde

RBC Dominion Securities Inc.



LOOKING TO BUILD & RETAIN A PRODUCTIVE, MOTIVATED WORKFORCE?

RBC Group Advantage is a comprehensive program designed to help business owners meet their employees' financial needs by providing:

- In-person financial advice for all employees
- Group retirement savings plans
- Comprehensive and discounted banking solutions

Support your employees and keep your competitive advantage. Call Investment Advisor Michael Martin at 403-266-9655 to learn more.



RBC Wealth Management
 Dominion Securities

There's Wealth in Our Approach.™

RBC Dominion Securities Inc.* and Royal Bank of Canada are separate corporate entities which are affiliated. *Member-Canadian Investor Protection Fund. RBC Dominion Securities Inc. is a member company of RBC Wealth Management, a business segment of Royal Bank of Canada. ©Registered trademarks of Royal Bank of Canada. Used under licence. © RBC Dominion Securities Inc. 2015. All rights reserved. 15_90701_000_011



One of the biggest challenges of mental illness is feeling alone.

With SupportWorks, it doesn't have to be.

We host weekly drop-in peer support meetings throughout Calgary to help people living with:

- Depression
- Anxiety
- Obsessive Compulsive Disorder (OCD)
- Post-Traumatic Stress Disorder (PTSD)
- Bipolar Disorder

For more information on meeting times and locations, visit SupportWorks.ca



CLIMB
 FOR WILDERNESS

SATURDAY, APRIL 22, 2017
 THE BOW BUILDING

CLIMB
 1188
 STAIRS

SUPPORTING THE
 ALBERTA
 WILDERNESS
 ASSOCIATION



climbforwilderness.ca

memorial square dental clinic



We are dedicated to comprehensive family dental care

LOOKING FOR A
NEW FAMILY DENTIST?

CALL US AT (403) 273-7666

The Oral Health of You and Your family is **Our Commitment**
Creating Beautiful Smiles is **Our Passion**

At Memorial Square Dental Clinic, it is our goal to help you and your family achieve a lifetime of oral health.
Some of our general dental services include:

The Memorial Dental Team
Welcomes Dr. Siavash Yari!



- Emergency Dental Appointments
- Sedation (Sleep) Dentistry
- Oral Surgery (including wisdom teeth)
- Family Dentistry (including Children's Dentistry)
- Hygiene/Preventative Dentistry
- Cosmetic/Restorative Dentistry
- Invisalign™ Invisible Braces

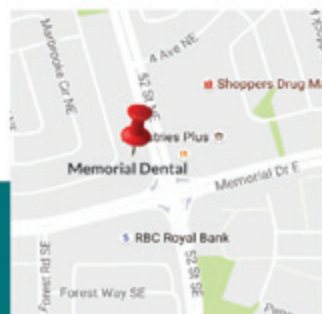
OPEN EVENINGS &
SATURDAYS

INSURANCE BILLED
DIRECTLY

Languages Spoken
English, French, Arabic, Hindi, Punjabi, Vietnamese,
Cantonese, Farsi and Mandarin

Serving Calgarians for over 25 years

We warmly welcome new patients and emergencies



403-273-7666
MEMORIALDENTAL.CA
All services provided by General Dentists

Dr. Akbar Nathu, Dr. Iju Chuah,
Dr. Goltakin Ezati, Dr. Siavash Yari

Memorial Square Dental Clinic
#12, 5268 Memorial Drive NE
www.memorialdental.ca