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CROSSROADS COMMUNITY ASSOCIATION

(Vista Heights, Belfast, Mayland Heights) Mailing address and community hall location: 1803 14 Avenue, NE Calgary, AB T2E 1G4

Delivered monthly to 3,150 households and businesses

Editorial Submissions

convenor.editor@gmail.com All editorial content must be submitted by the 1st of the month for the following month's publication.

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Check out our website: www.great-news.ca GREATNEWS P U B L 1 S H 1 N G

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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing and Crossroads Community Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary Weather Information	511
Gamblers Anonymous	403-237-0654

PRESIDENT'S MESSAGE



MUCH happiness to all of you, our Crossroads residents.

As I write this, our Annual General Meeting has not yet happened. Thank You to all that came out to support your community and its members and especially to those that committed your valuable time to make your community better.

I recently attended a conference on the topic of Crime Prevention through Environmental Design and learned from professional planners from all over the world. I also have had the opportunity to hear from other wise Calgarians that assure me the Crossroads is the "next community to blow up" as far as real estate and development go. It opened my eyes to where we are as a Community Association in community planning. We need more residents to step forward and join our planning committee. If we do not get more residents involved with this aspect of our Community, we leave it to others to decide how our future neighbourhoods look. Join us. Reach out and show your interest at crossroadspresident@gmail.com. I'll share a few more details later in the newsletter.

Our next Movie Nights are October 13 and November 10 are our next 2 dates for Family movie nights. More details later in this newsletter.

Hear from our Airport rep Brian later in the issue and hear about what he is hearing at the airport meetings and how you can get in touch with him.

Drum Fun, Pub Nights, Scouting and Guiding are all back and running in our hall. See all the details in the coming pages.

I hope you are all getting the hang of your green carts. What goes in them, when the new pickups schedule is and the like. If you have any questions, 311 is a great place to start, but more details from the city recycling services in this newsletter.

Let's help keep each other safe. Join our Facebook Safety page https://www.facebook.com/ groups/1849696171950456/ and add to the discussion. Join us to make our community safer. Look out for your neighbours Crossroads. You can follow the CCA on Facebook and twitter as well (@crossroadscomm).

Thank you to ALL of you that have joined us at our events, volunteered for Community events and stepped forward to join us on the board to make our Community even better. YOU are the reason we are the best Community in Calgary. Keep being you Crossroads.



CROSSROADS Community Association

Community hall manager Tracey Cairns Office hours: Mon/Wed/Thurs, 9 am to 1 pm Office phone: 403-277-6201 Kitchen phone: 403-276-3818 Fax: 403-277-6205 Email: crossroadscommunity@shaw.ca

	EXECUTIVE		
Newsletter submissions	President	Larry Leach	crossroadspresident@gmail.com
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Follow us on Twitter @CrossroadsComm	Entertainment Committee	Brijbala Bakshi	
For more information, visit	Airport Noise Committee	Paul Gardham	
www.crossroadscommunityassociation.com	Membership Committee	Jeannette Leach	
	Development and Planning Committee	Jason Pare	
	Preschool Committee	Courtney Clark	
Dia durante la Valuente en Danution di	Facilities Committee	Dee Jackson	
Blockwatch Volunteers Required!	Director at Large	Michelle McDonald	
Contact 403-276-6203 for more information	Grants Committee	Tara Pasveer	
	Bingo Committee	Sandy Johnson	

CROSSROADS COMMUNITY BLOCK WATCH ASSOCIATION BOARD OF DIRECTORS

Editor

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Mayland East	(Geo Code 3206B)	Linda Then	403-276-6507
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Mayland East	Alysha Lederhouse	(Geo Code 3206A)	McKinnon Dr N
	Side 8 Ave. 19 St. E Side - W Side	Mayland Dr.	
Mayland East	Linda Then (Geo Code 3206B)	McKinnon Dr. N to N	
	Side 8 Ave E Side	Mayland Dr Barlow	
Mayland East	John Abramchuk (Geo Code 3208)	19 St. E Side to Barlow	
Mayland West	Brad Clarke (Geo Code 3207)	19 St. West Side	8 Ave. S 3 Ave.

NOTE FROM THE EDITOR



October is a fun month! We are blessed with the autumn colours and the excitement of Hallowe'en is upon us.

I love seeing the Hallowe'en decorations go up in our neighbourhood. It makes it so much more fun when taking my son around trick-or-treating. Knowing how much work goes

into the displays in the front yard and decorations in the windows, I must say it's definitely appreciated. It actually makes this time of the year more enjoyable and the community friendlier. I'm quite proud of our community's festiveness.

As for the gorgeous fall colours, nearing the end of October we bid them farewell and have to clean up our yard of all the leaves. This year though, we have the green bins to help get rid of yard waste, including whatever is left in our gardens.

For me, the green bin is an adjustment and making sure to contribute to it is a constant reminder. Although I recall the introduction of the blue bin a few years back and there was a push back from that. Now it's become a part of our lives. Just like the green bin will be.

I look forward to seeing more activity this October with those out in their yards cleaning it up for the grand Hallowe'en displays.

Enjoy your month!

Christine



WHAT'S GOING ON AT THE HALL

General Meeting	Oct. 1	7:00 pm
Movie night	Oct. 13	7:00 pm
Pub night	Oct. 27	7:00 pm
DrumFun \$10 a month with memberships, \$20 without	Every Wednesday	9:30 am Main Hall
Craft Sale tables \$10 for members and \$20.00 for non- members.	November 25th Saturday,	10:00 am till 3:00 pm

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South Clinic: #203 6707 Elbow Dr. SW • 403-777-0085 www.achillesfootclinic.com

NO REFERRAL NEEDED Saturday hours available

TAKE ON WELLNESS



Airport Noise Report

My name is Brian Vasseur and I'm your community representative on the Calgary Airport noise community. I live in Mayland Heights, near Sir John School and I'm about right in between both runways. I am also a pilot and I did my flight training at Calgary International and I do a lot of travel for business. I have a pretty good understanding of the airport from a lot of perspectives.

The Calgary Airport, YYC, has been a part of our city for decades and there have been a lot of changes since it first opened. The new North South runway, and now the new International Terminal, have changed both the flight paths and frequency of airplanes over our neighborhood and this has caused a lot of concern.

The YCC Airport Authority has a lot of information on their website that provides updates on procedures, noise monitoring and anything else going on like maintenance. The YYC Airport Authority, Nav Canada who controls the airspace, and the airlines are interested in finding the right balance between operating the airport and being a responsible business. At the last meeting, the Nav Canada representative explained that safety is paramount and that they move slowly to evaluate every change and don't make too many changes at once. Here's a few of the changes they've made so far.

There are a number of runways at the airport and they are named based on compass headings. Planes always land and take off into the wind and as the wind changes the flight path changes. Planes landing or taking off to the north use runways 35L (the original runway) or 35R (the new one). When both runways 17L (the new one) and 17R (the original one) are in use the planes are flying south over our neighborhoods. Planes taking off from 17R (the original runway) fly straight out until they climb to 3000 feet and then they turn to their destinations. Planes taking off from 17L used to make an immediate turn of 15 degrees left to space them away from 17R and then climb to 3000 feet which meant those

Block Watch

Block Watch helpers/Captains are needed for several vacant blocks in Belfast and Vista Heights. Please call:

Jim Johnson • 403-277-0841 Marilyn Fehr • 276-6646 Trevor Befus • 403-262-2545 (Vista Heights)

Your involvement by delivering the quarterly newsletters and being involved in Block Watch ensures your block is represented in the program and you are kept abreast of all criminal activity in the community. The time commitment is very minimal. To find out more, please call the respective District Coordinators listed who would love to talk to you.

planes flew over Marlborough. Although 15 degrees is an aviation standard the Airport Authority, working with Nav Canada and the airlines, have reduced this turn to 10 degrees.

Another important change is a new procedure called RNP or Required Navigational Performance. RNP allows an aircraft equipped with advanced navigational gear and pilot training to follow a more optimum path to landing. Pilots using the new procedures now start the landing approach further out using less power and follow a very specific flight path. This results in much lower noise and fairly significant fuel savings. Currently just under 10% of the planes are using this new procedure.

A temporary change that will be happening in October will be to alternate weekend takeoffs between 17L and 17R with the takeoffs happening straight out instead of turning. This will occur for several months and the results will be tracked closely to evaluate the impact to the communities.

The next community meeting will be in December and I will have more updates to share with you. If you have a specific concern that you would like me to bring to the board please email me brian@brianvasseur.com or call me at 403-828-5281. If you want to report a noise complaint or a specific operational issue then you can do this from the YYC website http://www.yyc.com/enus/contactus/aircraftconcerns.aspx or 403-735-1408. NEW CANADIAN MUSICAL Sisters: The **Belles Soeurs** Musical October 10 to November 4

based on the play Les Belles-Soeurs by Michel Tremblay Book, Lyrics and Direction by René Richard Cyr Music by Daniel Bélanger English Book adapted by Brian Hill English Lyrics adapted by Neil Bartram Music Adaptation and Additional Music by Neil Bartram Orchestrations by Chris Barillaro a Copa de Oro Productions Inc. and Segal Centre for Performing Arts production



Arts Commons Max Bell Theatre









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Tickets start at \$35 - LIMITED QUANTITY!

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CROSSROADS | OCTOBER 2017 9

MAYLAND HEIGHTS CHILDCARE CENTRE

We provide care for children from 13 months to 12 years, transportation to Mayland Heights and FFCA Schools, and we provide nutritious lunch and AM/PM snacks.

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COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication. Contact news@great-news.ca.

 Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
 Forty word limit

Hospital Volunteer Opportunity: The Foothills Medical Centre Gift Shop is looking for energetic adult volunteers, interested in providing compassionate retail service to patients, visitors and staff, in a beautifully merchandised, retail environment. Weekday, daytime opportunities available. Please contact: chris.paddock@ahs.ca.





Community Planning, How Can Crossroads Residents Have a Say?

By Larry Leach

A recent conference on crime prevention through environmental design in Calgary shared some great ideas and wisdom on how residents can have a say in how their community grows. We are now on the ground level of big changes as our inner-city communities grow. You can see the changes in our neighbouring communities: Renfrew, Bridgeland and Winston Heights/Mountview. The Midfield Mobile Home Park being closed and what is going in there will all have a big impact on our community.

Often, communities wait for their leaders to tell them how it is going to be and if people don't like it, they get upset with their leaders. My hope is that Crossroads can be a proactive community and put together a solid 5 or 6 people on a planning committee, where right now, there is one. That committee will meet and decide how to move forward, but it is my hope that we engage residents to ask everyone what they wish to see in their future community and put together a community planning document we can use to engage with our city, our developers and our residents; present and future.

Our community can attract development and businesses if we have *a clear vision* of how we see our future community. We can tell our city how we see our community. What is missing is you. As I like to say, "Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in." Join us Crossroads and let's start planning for a great community. If you have an interest and desire to help us, please email me at <u>crossroadspresident@gmail.</u> <u>com</u>, subject planning committee.



DID YOU KNOW? Phoenix Foundation is our Crossroads Good Food Box Depot?

There is another depot to add in with the Phoenix Foundation - Cedar Court Hub near 1820 14th Ave NE

The Good Food Box makes top-quality, fresh food available in a way that does not stigmatize people, fosters community development and promotes healthy eating.

What is the Good Food Box?

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary whereby you can purchase fresh fruits and vegetables at a very low cost. The Good Food Box is a hands-up program as opposed to hands-out. We offer all Calgarians' sustainable access to nutritious food to ensure that no one has to go hungry. The boxes are put together and delivered by dedicated volunteers who along with The Community Kitchen desire to see individuals and families accessing affordable nutritious food.

GOOD FOOD BOX OPTIONS

Small Box:	\$25, 20-25lbs* of fruits and vegetables
Medium Box:	\$30, 30-35lbs* of fruits and vegetables
Large Box:	\$35, 40-45lbs* of fruits and vegetables

For more information phone (403) 265-7701 or email frontdesk@phoenixfoundation.ca.

You can also contact Andrea Reitan at her home number of 403-273-2022, or by her cell: 403-891-6715.

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FREE Digital Literacy (Computer Class)

At Cedar Court Hub (1820 14 Ave.NE) Brought to you by Calgary Public Library in partnership with The City of Calgary

Tuesdays First Session 9:00-11:00 AM Second Session 11:15-1:15PM

If interested to attend these classes or require more information please contact Daniel Kebede at 403-476-4184. Daniel.kebede@calgary.ca.



Crossroads Crochet and Knitting Group

A City of Calgary Initiative

Have you ever wanted to learn how to make your scarves, hats, or slippers?

Free Knitting and Crochet Lessons: Beginner to Intermediate

Every Monday: 10:00-12:00

Cedar Court Community Hub 1820 14th Avenue N.E. Questions? Contact Daniel Kebede: 403-476-4184 Daniel.kebede@calgary.ca

STRONG NEIGHBOURHOODS Vista Heights Neighbourhood Grant

Neighbourhood Grants of up to \$600 are available to support projects that strengthen connections between residents of Crossroads Community, with emphasis on residents of Vista Heights, and to make the neighbourhood an even better place to live.

GOT A GREAT IDEA?

Submit your Community Project!

Examples of projects that have been funded in other neighbourhoods are: Block Parties | Pedestrian Safety Campaigns | Container Gardening Workshops | Neighbourhood Walking Groups | Youth Initiatives

Projects need to be for the 2017 calendar year.

More details and guidelines provided on the application form.

Applications will be received up to October 31, 2017

For more information or application form contact Clara Yuen, Community Social Worker, at <u>clara.yuen@calgary.ca</u> or call (403)370-7352.

Brought to you by The City of Calgary,

Calgary Neighbourhoods.





Girl Guides Go to Newfoundland

Thank you to those that helped make the local 71st Girl Guides trip to Newfoundland possible! The girls had an amazing 10 days and made memories to last a lifetime.

From the mouth of one of the leaders -

"What an amazing experience! To bring it all together here's a little story. We were standing in the Calgary airport waiting to board the plane and the girls all lined up for the washroom. Behind me was a wonderful, friendly lady who asked, 'Where are you all going?' St. John's, NL was the response. Well, so was she. Then we got talking more and turns out she was a resident from this community!!! She had donated bottles to help us fundraise and now we were all on the same plane. She said she reads the newsletter every month and my response was, 'That's so cool because I write the articles.' Such a small world! Thank you so much to those that helped us make this experience possible."

~ Stacey Dyck

Renfrew Community Association



Crossroads my bobysitter list

Name	Age	Contact	Course
Abigail	11	403-703-2963	Yes
Aimee	13	403-700-6423	Yes
Louise Ann	16	403-796-3634	No
Nicole	30	587-968-5862	Yes
Ryder	18	857-716-0006	Yes
Calling All BABYSI	TTERS	Calling All PA	RENTS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in. Calling All PARENTS Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.





MAYLAND-VISTA Real Estate Update

Last 12 Months Mayland Heights MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
August 2017	\$439,000	\$437,000
July 2017	\$499,900	\$460,000
June 2017	\$495,000	\$485,000
May 2017	\$499,900	\$501,000
April 2017	\$449,900	\$435,000
March 2017	\$459,900	\$447,500
February 2017	\$469,000	\$465,000
January 2017	\$457,450	\$446,500
December 2016	\$409,969	\$410,000
November 2016	\$415,700	\$400,000
October 2016	\$439,900	\$420,000
September 2016	\$485,000	\$472,500

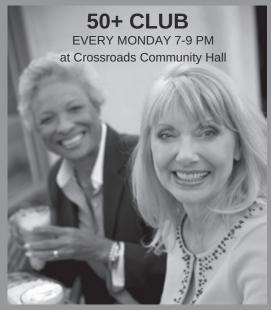
Last 12 Months Vista Heights MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
August 2017	\$449,900	\$417,500
July 2017	\$410,000	\$394,750
June 2017	\$0	\$0
May 2017	\$449,800	\$449,500
April 2017	\$349,900	\$345,000
March 2017	\$419,900	\$400,000
February 2017	\$0	\$0
January 2017	\$0	\$0
December 2016	\$400,000	\$393,000
November 2016	\$0	\$0
October 2016	\$375,000	\$356,500
September 2016	\$0	\$0

To view the specific SOLD Listings that comprise the above MLS averages please visit **maylandvista.great-news.ca**

A Word from the Wise

Author J.R.R. Tolkien favoured the use of proverbs in his writing and even created a few proverbs himself. The most famous of his proverbs come from The Fellowship of the Ring: "All that is gold does not glitter." and "Not all those who wander are lost". Both lines are from the same poem.



Meet people in Crossroads for coffee and snacks, bingo, cards, and on occasion a potluck dinner

New Members Welcome! Contact Anne Couture 403-568-6393

If you would like to join our mailing list to receive information on upcoming events and activities please call 403-277-6201 or email crossroadscommunity@shaw.ca with your mailing or email address.



Cornerstone YOUTH CENTRE

Cornerstone Youth Centre has ongoing registration for the 2017/2018 school year, with forms available at our centre. As always, registration is free for grades 6-9.

We see all kinds of youth from a wide variety of backgrounds. No "one type" of youth is attending Cornerstone Youth Centre and we are open to all. We aim our efforts at prevention, but these skills are universal for any youth or family, thriving or otherwise. We love our community and believe strongly in its people.

Youth participate in a "40 Assets" survey in September, January, and June to help guide our programs areas of focus. These surveys tell us what "assets" the youth that attend our centre are struggling with most, so that we may tailor our efforts to teach those life skills directly. We strongly believe that what makes us great is our focus on our community's needs. Here are some statistical metrics from last year's 2016/2017 surveys and the evidence-based data compiled from The SEARCH Institute:

Increases over 1 year at Cornerstone with our new programming model

Total Assets Increase: +3.1

External Assets: +1.5 Internal Assets: +1.7 Support: +1.8 Empowerment: +0.6 Boundaries and Expectations: +2.3 Constructive Use of Time: +0.9 Commitment to Learning: +1.7 Positive Values: +0.5 Social Competencies: +1.9 Positive Identity: +2.7

Youth changes after one year:

Challenged Range: -18%

Vulnerable Range: +8% (Moved up from "Challenged")

Adequate Range: -2%

Thriving Range: +12%

• High-risk behaviour patterns—Youth scoring in the "challenged" range reported

on average 3.0 high-risk behaviour patterns (out of 10). Youth scoring in the

"thriving" range, reported on average only 0.5 high-risk behaviour patterns.

• Thriving—Youth in the "challenged" range reported few thriving indicators such

as school success, affirmation of diversity, and leadership. Youth in the "thriving"

range reported 8 thriving indicators.

Survey Comparisons:

(Compared to The SEARCH Institutes 50+ years 40 Asset data)

Youth Experience Positive Emotions: 2.41 times as likely by attending Cornerstone

Have Hopeful Purpose: 1.59 times as likely by attending Cornerstone

Avoiding Violence: 1.27 times as likely by attending Cornerstone

Have Civic Engagement: 3.31 times as likely by attending Cornerstone

Have School Success: 1.72 times as likely by attending Cornerstone

2016/2017 General Stats:

Registered Youth: 137

Average Daily Attendance: +28%

Meals Served to Youth: 19,050

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of indoor air quality and medical grade duct cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty-free business. Clinicair supplies you with the latest technology and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARD BUSTERS LANDSCAPING: Snow removal \$129.95. Some conditions. Landscape construction and yard renovation: stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors' discount. Phone: 403-265-4769. yardbusterslandscaping.com.

MONEY'S WORTH HOME SERVICES: Contact Jerome Feist at 403-242-4307 for home repairs, carpentry, fences, decks, siding and handyman services.

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VISTA HEIGHTS DAY HOME: Now accepting kids of all ages. Located in Vista Heights. For more information, rates and availability, call Paige at 403-796-5756.



Make an Informed Choice

On October 16, Calgarians will cast votes to elect their mayor, city councillors, and school board trustees. To help you get to know the candidates better, Calgary Public Library has invited all candidates to respond to a few questions about the Library, books, and reading. Visit **calgarylibrary.ca/election** to read candidates' answers. Arm yourself with the information you need to make an informed choice that will help create a strong, vibrant Calgary.

Forest Lawn Library Nature Playground

Calgary Public Library's first outdoor Early Learning Centre is now open at Forest Lawn Library! The nature playground is designed to help Calgary's kids learn and develop foundational skills through play. It's a fully accessible space with special features and movable elements to encourage creative play and exploration.

Early Learning Centres at Calgary Public Library are vibrant and interactive spaces for children ages zero to five to engage in play-based learning. Check out the new Early Learning Centre inside Saddletowne Library, and visit Early Learning Centres at Central, Fish Creek, Shawnessy, Quarry Park, and Village Square Libraries.

Free Access to Newspapers and Magazines

Did you know your Calgary Public Library card gives you free access to thousands of newspapers and magazines? Read more than 7,000 publications from 120 countries in their image-rich original layout at **calgarylibrary.ca/resource/www-pressreader/** or by using the **PressReader** app when visiting any of our Library locations.

The next civic election is on October 16, 2017. Did you know the Ward boundaries are changing?

If you live in these communities, you will be voting in **Ward 10**:

- Abbeydale
- Belfast
- Park
- Marlborough
- Mayland Heights
 Temple
- Coral Springs
 Monterey Park
 Vista Heights

• Pineridge

- Marlborough Parkridge Estates Whitehorn

Rundle

Polls open at 10am on election day, October 16, 2017 Can't get to a polling station on election day? Ask for a mail-in ballot or vote in advance October 4 - 8 & 10 - 11. Visit www.electionscalgary.ca or phone 403-476-4100

for more information about the 2017 Civic Election.

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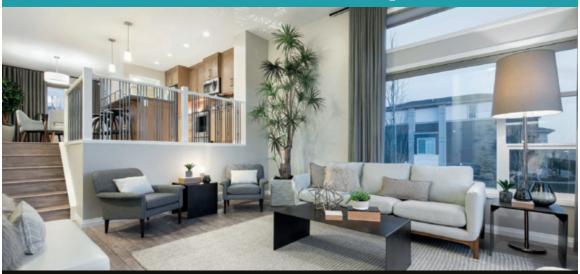
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