



DECEMBER 2016

DELIVERED MONTHLY TO 4,200 HOUSEHOLDS

MARLBOROUGH

MESSENGER

THE OFFICIAL CALGARY MARLBOROUGH COMMUNITY ASSOCIATION NEWSLETTER

CMCA

Calgary Marlborough Community Association

Presents

Lunch with SANTA

**Admission: \$20 for family of 4
(\$15 with membership) / \$5 per add'l person**

**Includes: Lunch Box and Drink
Picture with Santa**

Crafts/Karaoke/Face Painting/Balloon Animals

TO REGISTER:

403-273-5894

www.marlbroughca.com

Sunday, December 11, 2016

1:00 pm - 4:00 pm

Marlborough Community Hall

636 Marlborough Way NE, Calgary



Calgary Marlborough Community Association

636 Marlborough Way NE • Calgary AB | T2A 2V9

Phone: 403 273-5894

www.marlbroughca.com • calmarca@telus.net

CONTENTS

President's Message	4
Mark Your Calendar	5
Community Pride	10
Jelly Bean Dance	14

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PRESIDENT'S MESSAGE

I would like to start this month's report by thanking the returning board members and our new folks for stepping forward to as we move in 2017 and a new term. The CMCA remains one of the top Community Associations in Calgary because of these people. We continue to grow and offer new programs within the community plus manage the hall with fiscally responsible capital improvements leading the CMCA to the top of any association in Calgary. With this it takes volunteers and I thank each and everyone for their contribution during the last term and look forward to growing in 2017.

2017 will be an exciting year for the CMCA, we are looking at adding new events that compliment our existing anchor events. "Stampede breakfast, community clean up, Craft fair, ladies' night out and so on).

We will move forward with the new events and programs; it would be better if we could incorporate new volunteers into the mix. While you're reading, wonder how you can help even if it's a couple hours per month? We do need you!

As we move into the new term the board will be looking at existing programs and how we can do better. I never receive any feedback from the residents so this is your chance to tell me what you would like to see in Marlborough. It's interesting to know we have 8900 people that live-in Marlborough. We've had roughly 80 homes sold and bought in the last 12 months. I'm assuming, we love where we live? I would ask that you get involved with YOUR community. The CMCA is always open. Please let us know how we can support you from the hall? Feel free to email me at president@marlboroughca.com.

One last housekeeping topic. We struggle with the amount of shopping carts that make their way into the community. If there's something you can do to help a neighbor get their grocery's home it would be appreciated. If you use a cart please return it to the store. Abandoning carts is a City bylaw and it makes our community untidy. If you see any garbage or abandoned shopping carts please contact the City of Calgary at 311.

Please feel free to join us at the next board meeting the first Sunday of each month.

Regards
 Steve Hurley – president@marlboroughca.com
 CMCA – President

Are you sick of the amount of shopping carts left abandon in our parks and back alleys? If so phone 311 and the store owners of the carts and maybe they will get the message! Phone numbers of the stores are under FREQUENTLY REQUESTED NUMBERS

Frequently Requested Phone Numbers

Alderman -Ward 10	Andre Chabot	403-268-5262
Calgary Police Service	Chris Langham	403-428-6400
M.L.A.	Robyn Luff.....	403-216-5450
M.P.....	Deepak Obhrai	403-207-3030
Neighborhood Services.....	Katie Thorpe.....	403-366-3957
City Information		311
City Police, Fire, Ambulance Emergency		911
Bylaw Enforcement (animals, unsightly property, weeds, abandoned vehicles, unshovelled walks)		311
Parking Control (illegally parked cars, unlicensed/expired licenses)		403-537-7100
Development Inspections		403-268-5415
Planning & Development.....		403-268-5351
Police (party noise).....		403-266-1234
Roads Maintenance - Traffic Assessment		403-268-1636
Sewer Backup – 24 hours		403-268-1155
Shopping Cart pick up Walmart		403-235-2352
Northgate Safeway		403-248-0848
Shopper's Drug Mart		403-248-2166

Calgary Marlborough Community Association Board Of Directors

www.marlboroughca.com

President	Steve Hurley
Vice President	Donna O'Connor
Secretary	Celia Long
Treasurer	Heather Carling

DIRECTORS

Bingo	Margaret Berger
Newsletter Reporter	HELP WANTED
Social Media	HELP WANTED
Casino	Cathy Ashton
Children's Events	Susan Cook
Community Pride	Carlos Arceabrego
Lounge / Event	Laura Greenwood
Newsletter	HELP WANTED
Elder Recourse Liaison	Richard Crowe
Sports	HELP WANTED
Directors @ Large	Dora Loucks (Snow and mow)

LIAISONS

Scholarship Coordinator	HELP WANTED
Chris Akkerman	Celia Long
St Marks	Susan Cook
Marlborough Elementary	HELP WANTED
Bob Edwards Jr High.	HELP WANTED
Neighborhood Services	Pam Taylor
Calgary Police Service	Cst. Chris Langham
50 plus club	Marilyn Hackett

Always looking for people interested in joining the board. Please contact the office.

Office 403-273-5894 (Tom Campbell – Hall Manager)
Fax number 403-248-1366

Hall Rental Rates: Call: 273-5894 for information & booking
 E-Mail – calmarca@telus.

Main Hall capacity 400 Upper Hall capacity 60 Lounge capacity 80
 Activity Room capacity 35 Meeting Room capacity 20
 Main and Upper hall comes with kitchen facilities

Mark Your Calendar

COMMUNITY MEETINGS are held the **FIRST SUNDAY** of the month at 7:00 p.m. at 636 Marlborough Way N.E. (Upstairs in The Activity Room). Everyone is welcome! Still some vacancies on the Board – get involved! Our next meeting will be on January 8th at 7:00PM.

UPCOMING EVENTS

- December 4th** – Board Meeting – Upstairs Activity Room
- December 11th** – Children's Christmas Party – Main Gym
- December 17th** – Open Stage Night – Upstairs Lounge
- January 8th** – Board Meeting – Upstairs Activity Room
- January 18th** – Drugs in Calgary FCC/CPS – Main Gym
- January 28th** – Open Stage Night – Upstairs Lounge
- February 5th** – Board Meeting – Upstairs Activity Room

Happy Holidays and Happy New Year

HON. DEEPAK OBHRAI P.C., M.P.
 CALGARY FOREST LAWN

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 CALGARY, ALBERTA, T2A 6W9
 DEEPAK.OBHRAI@PARL.GC.CA
 WWW.DEEPAKOBHRAI.COM
 PH: 403-207-3030 • FX: 403-207-3035

SENIORS IN ACTION

Volunteers Wanted For The Mow And Snow Program NO EXPERIENCE NEEDED

Let me introduce myself, my name is Dora Loucks, I am the Coordinator of the Mow and Snow Program for Calgary Marlborough. The community needs your assistance. If you are able to give of your valuable time for yard clean up, odd jobs and snow shoveling, please call or text me at 403-554-3679. My email address is dloucks@shaw.ca. In return for your hard work and selfless contributions to the community that we all live in, you will receive heartwarming satisfaction and a feeling of pride in your neighborhood.

It is truly Neighbor Helping Neighbor!

Senior Safety Tips When Walking

Walk in well-lit areas located away from bushes and doorways;

Keep your wallet in your front pocket;

Avoid walking in alleys;

Be aware of subtle pedestrian hazards such as skateboarders and runners; and if you think you are being followed, cross the street and walk in the opposite direction or walk to the nearest public place.

Marlborough 50+ Club

Whist and Bridge every Thursday at 1:00 on the second level - elevator available - new members always welcome.

Potluck lunch every third Thursday of the month.

For further information contact me (Elaine Card) at spiritquest@shaw.ca or phone # 403-275-1128.

Befit & Age Well Exercise Class

Be Fit & Age Well will be running classes on Fridays from 9 - 10 am. Cost is \$10 for 10 classes plus a community membership. This program is run by a certified Alberta fitness leader specializing in arthritis and aging well exercises. Call 403-273-5894 for more info

Certified Alberta Fitness Leader specializing in
Arthritis & aging well exercises



Yoga Classes

Yoga classes will run until the end of July. Monday evenings from 7:30 – 9:00PM or Thursday afternoons from 1:30 – 3:00PM. For more information contact Marg at 403-273-7952.

Walking Program

Tues. & Thurs. mornings starting at 8:30 Call 403-273-5894 for more info.

Senior's Resources

Calgary Seniors' Resource Society provides programs & services that help seniors remain living independently in their own homes as long as possible. In addition to assisting with critical needs like housing, pension & benefit applications, CSRS also provides transportation to medical appointments and, companionship and social support through programs like Escorted Transportation and Friendly Visiting.

To access CSRS programs and services, you simply need to call our office at **(403) 266-6200** and speak with our receptionist. Eligibility criteria and wait times will vary between programs. If for some reason we are not able to help you, we will do our best to find out who can and connect you with them.

If you suspect a senior is at risk, please call the 24/7 Seniors Help Line (run in partnership with the Distress Centre) at **(403) 264-7700**. Trained volunteers are standing by to answer your call and will ensure your personal information remains confidential. Your concerns will be forwarded to the CSRS Senior Connect Outreach Social Worker, who meets with seniors and helps connect them to the community support services they need.

Senior Connect

Free education sessions teach groups, businesses and individuals to recognize the signs and symptoms that a senior may be at risk and how to report their concerns via a 24 hour seniors help line. The Senior Connect Outreach Worker, who is a registered social worker, then follows up with the senior and connects them to community resources. To book a Senior Connect training session or for additional information, please contact CSRS at **(403) 266-6200**.

LOUNGE EVENTS



The Fireside Lounge is currently open the last Saturday of the month 7:00 pm for open stage night and drop-in euchre. All community members, residents and their guests are invited to join us for the evening. Lounge facilities include HDTV, fireplace, dart boards, pool table and shuffleboard. All the games are free! Note that while the lounge is open for families until 9:00 pm, we do ask that the kids be supervised, and they are only allowed to play the games with an adult in attendance.

The Fireside Lounge is also available for rent for private parties (call the office at 273-5894 for more information).

news@marlboroughca.com
Editorial Content DEADLINE 5th
of each month for the next month's issue

Please send newsletter information to the following email address news@marlboroughca.com.

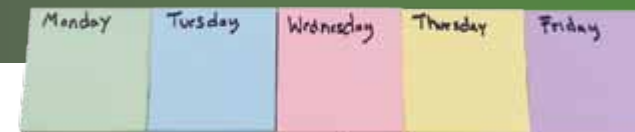
Deadlines for submissions is the 5th of every month with the exception of the Sept. newsletter deadline is Aug. 1.

SAFETY SYNC
ONLINE SAFETY MANAGEMENT SYSTEM

"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."

Enform IRP 9 (Revised)
safetysync.com
403.668.6402

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.



Weekly Hall Programs

Monday
Yoga -- Fireside Lounge - 7:30 – 9:00 PM

Tuesday
Seniors Social walking – main hall–8:30 – 10:30 am (Drop-in)

Wednesday
Drop In Sports Night – Main Hall – See newsletter for age groups and times.

Thursday

- Seniors Social walking – main hall - 8:30 -10:30am (Drop-in)
- The 50+ Club - 1:00 p.m. The Alpine Loft (New lift available!)
- Whist and Bridge are every Thursday at 1:00 p.m. in the Alpine Loft (second level). Elevator is available. New Members always welcome. Pot-luck lunch every third Thursday
- Yoga - Fireside Lounge- 1:30 – 3:00 p.m.

Friday
Be Fit & Age Well Exercise class – main hall - 9:00 -10:00 am

Saturday Fireside Lounge open **last Saturday** of the month at 7:00 pm
Open Stage and Euchre everyone welcome.

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Happy Holidays from your Local Girl Guides of Canada!!

It's hard to believe that another year is coming to a close. As the snow falls, darkness last longer and the spirit of the holiday begins to fill our homes with love and laughter we reflect on our year as Crystal Palace district. This year has been one like no other. We became a new district with Girl Guides of Canada and continue to grow in girls and leaders. We are always looking for girls to join and would love to have ladies join as leaders, too!! We have a unit travelling to Newfoundland next year which has done lots of fundraising with more to come; thank you to the community members that have helped the 71st Guides so far! Not sure what to get someone this Christmas season? How about a box of Chocolate mint girl guide cookies? If you would like to join our district, purchase cookies or have questions or comments please contact Joanna Quinn at 403-291-1955 or crystalpalacedistrict@gmail.com

Want an idea for a game to play this holiday season?

Remember Christmas Game

Supplies: 18 items in box

How to Play: Show the items in the box to the children. Remove one or more items out of the box (without children seeing you). Have the children guess what items are missing. For older children put items on large tray or cookie sheet. Cover. Remove cover for 20-30 seconds and then remove tray from room. On your mark the children are to write down as many items that they can remember being on the tray before you yell, "STOP". Most correct items wins. (You can always try this with adults, too!!!)

From our unit's to your families and homes we wish you a wonderful holiday season and incredible 2017!

DECEMBER MOON CALENDAR



Wednesday Community Night

Wednesday Sports Night is back! Stronger and Better.

Pick up your community association membership and enjoy a sport activity every Wednesday night at the CMCA gym.

Calgary Marlborough Community Association
636 Marlborough Way NE

Drop In Basketball Open to all Community Members

We are resuming the Drop In Basketball Program this Fall at the Community Centre with exciting changes!

Wednesdays
September 14th to December 21st, 2016
6:30 to 7:30 pm – 12 years of age and under**

**This program includes skill development, team work & fun.

7:30 to 9 pm – 13 to 17 years of age
9 to 10:30 pm – 18 years and older
*No charge to participants

This course is funded by the "This Is My Neighbourhood" program in conjunction with Calgary Neighbourhoods, Calgary Recreation and Calgary Marlborough Community Centre.



CALGARY COMMUNITY EVENTS

Are you looking for other events going on throughout the city? Take a look at the <http://calgaryarea.com/index.php?p=communitylist> for all upcoming events at different communities around the city.

Transit Safety

The City of Calgary is committed to keeping you safe when you use our services. We do that through an extensive network of security features. We also encourage customers to practice safe habits when using the transit system.

How we keep you safe

In addition to our uniformed peace officers patrolling the system, our stations, buses and CTrains are equipped with cameras to enhance your safety. These cameras are monitored by security staff that are in direct contact with our peace officers and can dispatch them quickly, or call other emergency responders.

The collection of recorded camera images is authorized under section 33(c) of the Freedom of Information and Protection of Privacy Act (FOIP). If you have any questions about this surveillance, please contact us.

What you can do to keep yourself safe

Help Buttons/Help Phones

Our CTrain stations and platforms are all equipped with Help Phones and every CTrain car is equipped with a Transit Help Intercom System, which allows customers two-way communication with the CTrain operator in the event of an emergency.

You can press one of eight Help Buttons located in each car until it clicks and the green light comes on to tell the operator what the situation is. The operator will provide further instructions, call for assistance, or stop at the next station.

Around our stations

If you're walking to one of our CTrain stations, make sure to look both ways for trains when crossing the tracks and obey all traffic signals. Motorists should also be aware of flashing lights and crossing arms when CTrains are passing through.

Waiting for the train

While waiting for the CTrain, please ensure you stand and remain behind the yellow line until the train has fully stopped. Never put any objects or limbs in the closing doors and don't try to pry the doors open once they've closed. Wait for fellow transit users to exit the train before get on.

On the train

Once you're on the train, move to the centre of the car so as not to block other customers from getting on and off. Each CTrain car has yellow lines and signs to indicate where it's safe to stand when the doors are opening.

Getting off the train

When you're exiting the CTrain, please move towards the door before the train comes to a stop. Once the train has stopped, press the button near the exit to open the door. This will make it easier for you to get off the train in a timely manner.

Airplane noise still flying too loud?

Now you can identify the culprit and report it to the YYC as the YYC has implemented the PublicVue flight tracking system.

PublicVue is an online tool designed to track aircraft flight operations at YYC. The system provides near-real time flight information (there is a ten minute security delay) and allows community members the option to replay historical flight data and submit complaints within the program. You must register first to be able to create a complaint.

To access this software, use the following link:
<http://www.yyc.com/en-us/calgaryairportauthority/environment/aircraftoperationsatyyc/publicvue.aspx>

From there you will be able to access the Quick-Start Guide, to submit a concern, and to launch PublicVue.

Within the welcoming page, you can launch PublicVue as follows:

- Click on Launch PublicVue.
- Select Flight Tracking.
- Scroll Down to the Marlborough Community within the map area.
- Click on the airplane icon flying over the community.
- Click on tools.
- Click on create a complaint (login will be required for this step, you can register in this step if you have not yet done it).

If you have any questions, please email the community center, and if you would like to see a demo, feel free to come to our next community meeting.

COMMUNITY PRIDE



Scholarship

Congratulations to Hayley Ashton are well deserved recipient of the Bob Lee Scholarship! If you have attended any events hosted by the community association you were sure to see Hayley volunteering over the years. All the best to you Hayley on your studies at SAIT!



Open Stage Night

The Halloween Open Stage hosted by Peter McLaughlin was a lot of fun. Thanks to all the people who dressed up and the Ladies who brought treats for everyone. Be sure to drop by at the next open

stage on Dec. 17 to enjoy the many talented musicians who perform!

Safety Capsule

Be safe while Driving and walking at sunrise and sunset.

Remember that at sunrise and before sunset the sun can shine directly into the drivers' eyes, leaving many motorists driving with a glare, which makes it much harder to see the road ahead and identify potential hazards.

At dusk/sunset, the eyes must adapt to the changing level of brightness and it becomes more difficult to see threats to safety.

- Have good polarized sunglasses available to you within easy reach - they help reduce glare;
- Be very alert for pedestrians; and
- Use your sun visor to block out the sun.

Did you know?

Did you know that your address must be clearly displayed at the back of your property if you are adjacent to an alley or public walkway?



Make sure the back of your property properly displays your address to avoid fines. House numbers are available at the community center for pickup during regular business hours.

Marlborough Community Association Membership



What is the purpose of a Community Association?

A Community Association is a volunteer organization that represents the interests and meets the needs of the residents within the Community. Join Now, Be Represented!

Membership cost - Family Memberships - \$20/year, Single Memberships - \$10/year.

Become a part of your Community! Be heard! Enjoy new programs and make new friends!

Reasons to join the Community Association

The Community Association is your voice in planning decisions, environmental issues and recreational issues that affect YOUR Community! The Community Centre is a place where you and your children can spend quality time in a safe environment. Your Community is what you make it. Your membership can make a difference!

Your Community Association membership

Carries the benefit to you and your family by providing programs, activities and events on a weekly or monthly basis at a small cost or no cost. Members may use certain volunteer hours towards the cost of yoga, sports, and other programs. Volunteer and make new friends! Calgary Marlborough Community Association - also offers an active 50+ group, youth activities, lounge with a big screen TV, pool table, shuffleboard, darts & sports facilities and rental facilities available for booking by residents. **Residents who have been members for 60 days prior to booking are given a 10% discount on a room rental.**

Memberships are now available on-line! Go to www.marlboroughca.com and click on the membership tab or call the office at 403-273-5894

Memberships can also be purchased at the office - open Monday to Friday from 8:00am to 4:00 pm.

VOLUNTEER OPPORTUNITIES

Help Wanted (Volunteers Needed)

Limited hours per month required!



Special Event Coordinator

- Coordinate, Promote key community Events and Entertainment.
- Bring new ideas and events to the hall



Volunteer Coordinator

- Coordinate volunteers for different events and programs



Membership Director

- Sell memberships at different events.



Social Media Director

- Work with our event coordinators and board members to promote the hall and events through various social media outlets. Facebook, Twitter, Instagram etc.



School Liaisons

- Communicate news and activities between the community association and the local school.
- Looking to fill positions for Marlborough Elem. & Bob Edwards Jr High.



Bingo at the Barn

We are always looking for amazing volunteers to participate in Bingo at the Barn.

To volunteer call Marg at 403-273-7952 or email margaretberger@shaw.ca

CALGARY COMMUNITY EVENTS IN & AROUND SCHOOLS

CRA & Immigration Scams New Scam Technique



In 7 weeks, 44 victims lost more than \$140K



You receive a phone call from someone pretending to be with the Canada Revenue Agency (CRA) or Citizenship and Immigration Canada (CIC).

You are told you owe money for taxes, or there are problems with your immigration documents.

You are threatened with arrest or deportation if you do not pay. You are told not to tell anyone, including police, and claim you are being watched.

You are told to transfer money.

NEW

You are told to buy large amounts of iTunes or other gift cards. You then give the scammer the activation codes for the cards and your money is lost.

SHARE this message with your friends and family

Average loss per victim
\$3,180

94%

of the losses incurred by victims were scammed through gift cards.

\$19,700
Largest loss from one victim

Received a call or an email?

PROTECT YOURSELF

The CRA or CIC will never ask for payment via iTunes cards, other gift cards, or prepaid credit cards.



Always contact the CRA or CIC directly to see if money is owed.

Do not provide any money until you've determined it is real.



Report it to police. Call 403-266-1234 if you lost money, or report attempts online at calgarypolice.ca

DOES YOUR WORK SELL GIFT CARDS?

Be on the lookout for potential victims and inform them of this scam. Victims may be:

- On the phone
- Buying large quantities of gift cards
- Agitated & stressed

Message from Marlborough Elementary

As a community school, we value the power of community partnerships. We share sidewalks, crosswalks, fences and parking spots on the street. We teach our students that the school community reaches beyond our walls into the neighbourhood and, as such, we need to treat our community members like family.

We know that parking has been an issue across from the school. We regularly remind our staff and area office guests to use the paved and gravel parking lots and to only use the street parking as a last resort. Please understand that we cannot control the use of public parking on the street but will be diligent with our reminders. We strive to be great neighbours and appreciate your support and patience!

We are very excited to work closely with our feeder school Bob Edwards and the Marlborough Community Association to gather around the children in the Marlborough area. We plan to engage in many activities that bring our groups together to build an even stronger sense of community!

As the winter break approaches, please help us take care of one another, be safe on the snow and ice, and say hello to your neighbours!

Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.

- Margaret Mead

Aubrey Fletcher
Principal, Marlborough School

YYC INTERNATIONAL TERMINAL 101 Holidays at YYC

If you are traveling internationally this holiday season, arrive early and give yourself some extra time to enjoy our state of the art new facility. Here are some tips to help with the hustle and bustle of your holiday travels:



Flying within Canada? Park in **P1**. Going to a U.S. or an international destination? Park in **P2**.



Relax and enjoy the new International Terminal amenities while you wait for your boarding gate assignment - part of North America's first **'call to gate' system**.



Grab any last-minute gifts or a bite to eat at one of the **new 50 shopping and food options**, which offer an array of global names and local favourites.



View the winning images from the **'Capture Alberta Through Your Lens' photo contest**, located in the pedestrian passageway linking P2 to the International terminal.



Enjoy the rhythms of the landscape of Southern Alberta represented by the different **Theworks sculptures and paintings** located throughout the new terminal.

Stay tuned to yyc.com to see what holiday programming is available on your day of travel.



YYC CALGARY INTERNATIONAL AIRPORT

RBC Dominion Securities Inc.



LOOKING TO BUILD & RETAIN A PRODUCTIVE, MOTIVATED WORKFORCE?

RBC Group Advantage is a comprehensive program designed to help business owners meet their employees' financial needs by providing:

- In-person financial advice for all employees
- Group retirement savings plans
- Comprehensive and discounted banking solutions

Support your employees and keep your competitive advantage. Call Investment Advisor Michael Martin at 403-266-9655 to learn more.



RBC Wealth Management
Dominion Securities

There's Wealth in Our Approach.™

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Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.



Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.



Jelly Bean Dance

CMCA
Calgary Marlborough Community Association
636 Marlborough Way NE

\$3 / Child (Age 12 + Under)
- Chaperones are FREE
- Canteen and Prizes

6:30 pm - 9:30 pm

2016/17 Schedule

January 20
March 10
April 21
June 9

PLEASE NOTE:
Children must be signed in
AND out of the JB Dance!!!

Remember children must be signed in and out of the Jelly Bean Dance.

Keep an eye in the newsletter for updates on our next Jelly Bean Dance.

If you would like to volunteer for future Jelly Bean Dances please call Susan at 403-614-7858



Books keep on giving this holiday season!
Your family may be one of thousands that celebrate at this time of year, and giving gifts may be part of your tradition too.

Books make wonderful gifts for children because they expand your child's listening power, inspire their creativity and imagination and increase their vocabulary.


Book last forever! They can be lovingly placed on book shelves or in baskets and book bags to be enjoyed over and over again. Or, gently-used books that your children no longer need can be donated to the Calgary Reads Book Bank and we give them to Calgary children who have few or none of their own at home.

Whether you are buying books or borrowing from the Calgary Public Library, consider sharing some wonderful Canadian children's literature with your family:

- Read Me a Story** by Barbara Reid, **Pre-school**
- The Most Magnificent Thing** by Ashley Spires, **K-G2**
- Stella Star of the Sea** by Marie-Louise Gay, **K-G2**
- This is not my Hat** by Jon Klassen, **Pre-school-G1**
- A Visitor for Bear** by Bonny Becker, **Pre-school-G2**
- The Paper Bag Princess** by Robert Munsch, **Pre-school-G1**
- The Hockey Sweater** by Roch Carrier, **G1+**
- Lost in the Barrens** by Farley Mowat, **G4+**
- Jacob Two Two Meets the Hooded Fang** by Mordecai Richler, **G2-5**
- The Sky is Falling** by Kit Pearson, **G4-6**
- Anne of Green Gables** by L.M. Montgomery, **G4+**

Calgary Reads helps children learn to read with confidence and joy. This includes helping children in Calgary to have their own books at home; supporting parents and caregivers to help their child develop literacy skills; and engaging businesses and the community to make reading a priority. Explore our website for ways you can support our work. You'll also find resources to help your child develop critical literacy skills and the joy of reading: calgaryreads.com

CALGARY



WILDLIFE

Snow White: The Snowy Owl

Article by Cheryl Bowman
Photo by Andrea S. H. Hunt

The Snowy owl, a majestic bird, is the largest owl in North America by weight. The Snowy owl is 52–71 cm long, with a 125–150 cm wingspan. The adult male is completely white while females and young birds have some dark spots. Snowy owls migrate to Alberta during the winter months, after spending the spring and summer in Alaska. The Snowy owl is the provincial bird of Québec.

Fun Facts:

- The Snowy owl is an exceptional hunter:
- The Snowy owl can fly silently due to the fact that its flight feathers are tipped with soft down, allowing this predator to swoop down silently on its prey.
- The Snowy owl has exceptional hearing and sight, allowing it to capture its favourite prey, lemmings, as lemmings are unable to hide under the snow to avoid capture.

- Snowy owls are crepuscular, which mean they hunt and are active both day and night, whereas other owls are nocturnal and hunt at night.

- Snowy owls form a monogamous pair and vigorously defend their territory, even against large carnivores such as wolves.

On average, the Calgary Wildlife Rehabilitation Society (CWRS) receives 4-6 Snowy owls per year. These birds have a well-known migration pattern in Alberta and because of this, treatment must be administered quickly to avoid the Snowy owl being 'over summered' (whereas the risk to other migratory birds is being 'over wintered'). Releasing the Snowy owl in time for their regular migration allows this majestic bird a greater chance of survival.

Should you discover an injured Snowy owl, please visit our website at www.calgarywildlife.org for more information or contact the CWRS at 403-239-2488 for assistance.

CANADIAN

EH?

When Canadians say "North of the 49th" we are referring to Canada - since the Canada-US border runs along the 49th parallel. This is the longest international border in the world.

HANUKKAH

Trivia

In 2016, Hanukkah from in the evening of Saturday, December 24th until the evening of Sunday, January 1st. During Hanukkah, on each of the eight nights, a candle is lit in a special menorah (candelabra) called a 'hanukkiyah'.



NOVEMBER 25, 2016 - JANUARY 8, 2017 ZOOLIGHTS AT THE CALGARY ZOO

6:00 pm - 9:00 pm everyday, experience over 1.5 million lights, 200 displays, crackling fire pits, steamy hot chocolate and four fun-filled activity zones (with many new additions!), transforming the Zoo into a magical winter wonderland. More info www.calgaryzoo.com



EVERY SATURDAY IN JANUARY CRAFT BEER TOURS BY CALGARY BEER TOURS

The Calgary Craft Beer Tour is all about spirited craftsmanship but more importantly it's about the delicious, refreshing beverages produced through the creativity of locals brewers. Experience the city's good-natured, welcoming breweries, including tastings at Village Brewery, CRAFT Beer Market, The Dandy Brewing Company, Tool Shed Brewing Company and Last Best Brewing and Distilling. More info www.calgarybeertours.beer/tours/



JANUARY 6 - JANUARY 8 THE MOTORCYCLE SHOW AT BMO CENTRE

Featuring brands like Vespa, BMW, Victory, Harley Davidson and many more, this exhibition is sure to blow your hair back. Regular admission is \$15 and kids under 5 get in free. More info www.calgarymotorcycleshow.ca



JANUARY JANUARY JANUARY

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

January 10 - January 21 All The Little Animals I Have Eaten by One Yellow Rabbit: Set in an unusually modern bistro, this latest of Karen Hines' darkly hilarious comedies embraces everything from plagiarism and insurance crimes to Golden Retriever conventions and lonely trolls to existential struggles and the transcendence of the human soul. Scenes are performed by well-heeled diners, glowing ghosts, tiny vertebrates, and other unexpected voices. More info www.oyr.org

January 13 Pop Fridays at Calgary Philharmonic Orchestra: Known as "The Ambassador of Soul" Ellis Hall is a master of classic R&B in the style of the genre's greatest legends. With an incredible career as former lead singer in Tower of Power and a protégé of the legendary Ray Charles, Soul Unlimited's hits include the music of Stevie Wonder, Marvin Gaye, The Temptations, Earth, Wind & Fire and more. More info www.calgaryphil.com

October 6 - January 8 ATB Storytellers Exhibition at National Music Centre: Discover Alberta's rich music history at the new ATB Storytellers Exhibition. Explore the untold history of some of Alberta's music pioneers and icons through artifacts, film and interactives. Free and accessible to the public inside Studio Bell's Drop-In Zone. The exhibit will feature a collection of artifacts and recorded oral histories with iconic Albertans. More info www.nmc.ca

January 5 - February 2 High Performance Rodeo multiple venues: Offering all types of theatre over the course of almost a month, the High Performance Rodeo can feel as exciting as its namesake if you are trying to fit all the great performances in from this annually jam-packed schedule. To keep up-to-the-minute informed check the Facebook page www.facebook.com/HPRodeo or more info and tickets www.hprodeo.ca

January 29 Bridal Fantasy at the Telus Convention Centre Brides can expect to see a dramatic fashion show and theatrical production featuring the latest trends in flowers, tuxedos, gowns, destination wear, hair and make-up. Brides have the opportunity to win over \$75,000 in prizes and the chance to win the Fantasy Wedding Package - Including prizes from all of the sponsors. More info www.bridalfantasy.com

IN & AROUND CALGARY

EMS: Cold Weather Safety

Alberta Health Services EMS responds to many cold weather related emergencies every winter. However, by taking appropriate measures to dress properly, anticipate sudden weather changes, and be prepared when out in the cold you can reduce your risk of sustaining a cold weather emergency. It's also advised you store an emergency kit in your vehicle at all times containing extra clothing, blankets, and other road-side supplies.

Frostnip

- Frost-nipped skin is extremely cold, but not yet frozen skin.
- It commonly affects the ears, nose, cheeks, fingers and toes;
- The skin may look red and possibly feel numb to the touch;
- When treated promptly, frostnip heals without complication;
- Move to a warm environment and immediately, but gently re-warm the affected area through skin to skin contact (i.e. hand covering tips of ears).

Frostbite

- Frostbite occurs when skin becomes so cold, the skin and underlying tissues freeze solid;
- Affected skin may look white and waxy and will feel hard to the touch;
- Move to a warm environment immediately and place the affected area in warm, *not hot*, water, until fully re-warmed;
- Call 9-1-1- or seek further medical attention as required.

Hypothermia

- Hypothermia is abnormally low body temperature, less than 34°C (as compared to normal body temperature of about 37°C);
- Early hypothermia may manifest as profound shivering; moderate hypothermic patients may act inappropriately: stumbling, mumbling, and fumbling, as their body temperature continues to drop resulting in severe hypothermia (<30°C);
- Left untreated, severe hypothermia may progress to unconsciousness or death;
- Early recognition and prompt medical attention is crucial. Call 9-1-1. Don't forget to protect yourself from the factors that originally lead to the patient's situation;
- Initiate gentle re-warming as quickly as possible. Remove any wet or constrictive clothing; cover with blankets, or sleeping bags. Protect from further heat loss: eliminate contact with cold surfaces, and shield from wind and moisture.

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

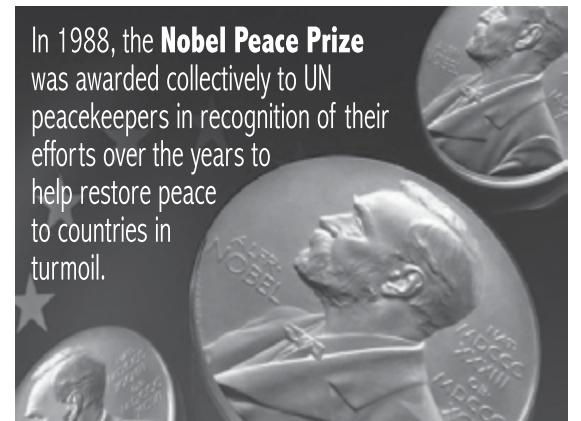
NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Marlborough. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

AFFORDABLE DENTAL CARE: We follow Alberta Blue Cross fee guide no extra billing. Our dentists and hygienists are Canadian trained. Visit www.calgarydentalcenters.com. Save money and smile. All dental plans accepted. Direct billing. Payment plans available OAC. Call 403-272-7272 or 403-287-6453.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

In 1988, the **Nobel Peace Prize** was awarded collectively to UN peacekeepers in recognition of their efforts over the years to help restore peace to countries in turmoil.



COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

LOVE TO SING? Want to experience the benefits of singing in a welcoming vocal community? Vocal Latitudes may be the choir for you. A non-audition World Music community choir, Vocal Latitudes meets Tuesday evenings from September to May in a convenient central location. For more information, see www.vocalatitudes.org.

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Marlborough Real Estate Update

Last 12 Months Marlborough
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
October 2016	\$399,000.00	\$395,000.00
September 2016	\$359,750.00	\$360,000.00
August 2016	\$392,450.00	\$382,500.00
July 2016	\$369,888.00	\$350,500.00
June 2016	\$379,800.00	\$365,000.00
May 2016	\$363,950.00	\$354,500.00
April 2016	\$344,000.00	\$317,500.00
March 2016	\$345,900.00	\$340,000.00
February 2016	\$356,900.00	\$339,975.00
January 2016	\$399,800.00	\$390,000.00
December 2015	\$351,500.00	\$344,500.00
November 2015	\$369,900.00	\$365,000.00

Last 12 Months Marlborough
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
October 2016	14	7
September 2016	11	7
August 2016	8	6
July 2016	8	9
June 2016	9	7
May 2016	7	4
April 2016	8	4
March 2016	9	13
February 2016	10	6
January 2016	10	5
December 2015	5	4
November 2015	11	7

To view more detailed information that comprise the above
MLS averages please visit marlborough.great-news.ca



HELP END DIABETES

Diabetes is a complex disease with many causes and no known cure. In Alberta, an estimated 303,000 people have been diagnosed with diabetes and a further 600,000 live with prediabetes.

With your support, the Canadian Diabetes Association (CDA) can improve lives and make it possible to fund leading-edge research and innovative educational programs; send kids with type 1 diabetes to the CDA's D-Camps; and provide Albertans with access to programs, services and resources to manage their disease and live well.



HOW CAN YOU HELP?



JOIN TEAM DIABETES

Get active! Run, walk or hike in exciting international and Canadian events.



VOLUNTEER

We couldn't do what we do without the support of our volunteers.



GIVE TO CLOTHESLINE®

Donate your gently used clothing, books, toys, electronics, vehicle and more.



BECOME AN ADVOCATE

Interested in sharing your story and speaking on behalf of those living with diabetes?



HOLD A FUNDRAISING EVENT

Explore the fun and easy ways you can help raise funds for diabetes.



DONATE

Text "Diabetes" to 587-600-6088 or honour someone online at diabetes.ca/donate.

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- Hygiene/Preventative Dentistry
- Cosmetic/Restorative Dentistry
- Invisalign™ Invisible Braces

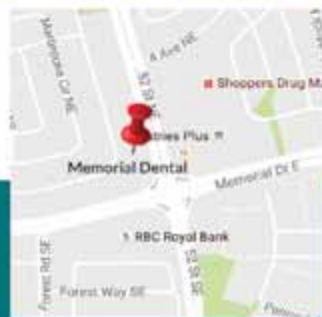
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