

APRIL 2017

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MARLBOROUGH

— MESSENGER —

THE OFFICIAL CALGARY MARLBOROUGH COMMUNITY ASSOCIATION NEWSLETTER





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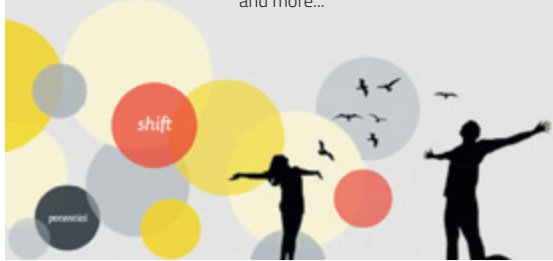
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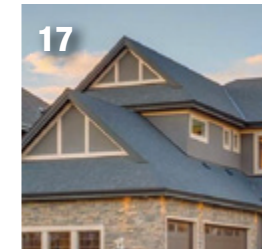
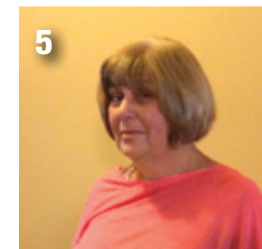
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91 Monthly Community Newsletters Delivered to 415,000 Households Across 152 Calgary Communities

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CALGARY MARLBOROUGH COMMUNITY ASSOCIATION

636 Marlborough Way NE • Calgary AB | T2A 2V9
Phone: 403 273-5894

www.marlbroughca.com • calmarca@telus.net

Delivered monthly to 4,200 households and businesses!

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news@marlbroughca.com

All editorial content must be submitted by the 5th of the month for the following month's publication.

Advertising Opportunities

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All advertisements must be submitted by the 1st of the month for the following month's publication.

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www.great-news.ca



The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Calgary Marlborough Community Association and Great News Publishing.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Calgary Marlborough Community Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS		911
Alberta Adolescent Recovery Centre	403-253-5250	
Alberta Health Care	403-310-0000	
AHS Addictions Hotline	1-866-332-2322	
ATCO Gas – 24 Hour Emergency	403-245-7222	
Calgary HEALTH LINK 24/7	811	
Calgary Police – Non Emergency	403-266-1234	
Calgary Women's Emergency Shelter	403-234-7233	
Child Abuse Hotline	1-800-387-5437	
Kids Help Line	1-800-668-6868	
Child Safe Canada	403-202-5900	
Distress/Crisis Line	403-266-4357	
ENMAX – Power Trouble	403-514-6100	
Poison Centre - Alberta	1-800-332-1414	
HOSPITALS / URGENT CARE		
Alberta Children's Hospital	403-955-7211	
Foothills Hospital	403-944-1110	
Peter Lougheed Centre	403-943-4555	
Rockyview General Hospital	403-943-3000	
Sheldon M. Chumir Health Centre	403-955-6200	
South Calgary Urgent Care Health Centre	403-943-9300	
South Health Campus	403-956-1111	
OTHER		
Calgary Humane Society	403-205-4455	
Calgary Parking Authority	403-537-7000	
SeniorConnect	403-266-6200	
Calgary Kerby Elder Abuse Line	403-705-3250	
Alberta One-Call Corporation	1-800-242-3447	
City of Calgary	311	
Social Service Info & Referral	211	
Community Mediation Calgary Society	403-269-2707	
RNR Lockworks Ltd.	403-479-6161	
Road Conditions – Calgary	511	
Weather Information	511	
Gamblers Anonymous	403-237-0654	

Calgary Marlborough Community Association Board Of Directors

www.marlbroughca.com

President	Steve Hurley
Vice President	Donna O'Connor
Secretary	Celia Long
Treasurer	Heather Carling

DIRECTORS

Bingo	Margaret Berger
Newsletter Reporter	HELP WANTED
Social Media	HELP WANTED
Casino	Cathy Ashton
Membership	Dawn Svenningsen
Children's Events	Susan Cook
Community Pride	Carlos Arceabrego
Lounge / Event	Laura Greenwood
Newsletter Coordinator	Alex Penney
Elder Resource Liaison	Richard Crowe
Sports	HELP WANTED
Directors @ Large	Dora Loucks (Snow and mow)

LIAISONS

Scholarship Coordinator	Diana Tokalic
Chris Akkerman	Celia Long
St Mark's	Susan Cook
Marlborough Elementary	Cindy Cavanagh
Bob Edwards Jr High	HELP WANTED
Neighbourhood Services	Brenda Jay
Calgary Police Service	Cst. Chris Langham
50 plus club	Marilyn Hackett
Special Events Coordinator	TBA

Always looking for people interested in joining the board.

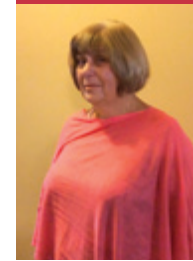
Please contact the office.

Office 403-273-5894 (Tom Campbell – Hall Manager)

Fax number 403-248-1366

Hall Rental Rates: Call: 273-5894 for information & booking
E-Mail – calmarca@telus.

Main Hall capacity 400 Upper Hall capacity 60 Lounge capacity 80
Activity Room capacity 35 Meeting Room capacity 20
Main and Upper hall comes with kitchen facilities



PRESIDENT'S MESSAGE

My family and I moved to Calgary and the community of Marlborough 33 years ago. Within a year my life as a volunteer began

when I became a member of my sons' playschool board. In 2 years I graduated to the community kindergarten board and then moved, with my sons, to Chris Akkerman Elementary School, where I spent many volunteer hours in the library, classroom, and on field trips. I was not allowed to go onto junior high, so instead I turned to sports by becoming a board member of the basketball association my older son played for and the hockey association my younger son joined.

I have also Been Involved with the CMCA board for Numerous years (that's at least 20), Getting volunteers Organized to run 26 bingos a year at the Bingo Barn. The profits from these bingos help to pay for the upkeep of the community centre. Also, over the years, program fees (mainly soccer and hockey) of many children and program fees (mainly yoga) of a few adults have been paid with volunteer credit earned by bingo volunteers. Besides my bingo duties, I also help with 2 of the community's yearly social events—Ladies Night Out, would you like wine or punch with your cheese and crackers, and the Stampede Breakfast, where I'm the hard-to-notice one in the "small" red styrofoam cowboy hat. Wearing this and a few other hats, over the years, I have had the pleasure of meeting and volunteering with hundreds of terrific people and I hope to meet a few more before I retire and maybe take up playing bingo.

- Margaret Berger

TRIVIA
Measurements
The wristwatch was invented in 1904 by Louis Cartier.



BACK BY POPULAR DEMAND ATTENTION LADIES

Calgary Marlborough Community Association is hosting their 12th Annual fun filled LADIES NIGHT OUT, Thursday, May 11th, 2017 at the Calgary Marlborough Community Centre, 636 Marlborough Way N.E. 7-9 pm. This is an evening out with NO KIDS, NO HUSBANDS, NO PRESSURE, where you can shop, browse or book a home party as well as enjoy a great evening to visit with those

BRAIN GAMES SUDOKU

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	6					9		
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FIND SOLUTION ON PAGE 10

who we only manage to see occasionally, so glad it is at this event. It is hard to believe this event started 12 years ago with 8-10 vendors and now ranges anywhere from 25-30, with a few being with us from the very first event. This is due to your continued support and we thank you.

We welcome our popular returning vendors as well as some, bound to be popular, new vendors. EPICURE, WATKINS, SUNSET GOURMET, PAMPERED CHEF and TUPPERWARE vendors can help you with new ways to spice up your cooking, prepare and serve it or store it. Tired of the same old tea flavors, then a stop at STEEPED TEA is in order. SCENTSY candles will add glorious aromas to your home whether celebrating an occasion or just hanging out at home. SECOND THOUGH DESIGN will add color and uniqueness to any decor. We are all concerned with our health and the environment and NORWEX, USANA HEALTH SCIENCES, YOUNG LIVING ESSENTIAL OILS and PLEXUS can all help with great products or ideas. Looking for a great tasting way to support your health then VALENTUS COFFEE may pique your interest. Treat yourself to a mini spa with products from SEACRET or a new look with AVON, MARY KAY, BEAUTY COUNTER or YOUNIQUE whose products can be carried in a bag from MICHE. Need to make your life simpler, then 31 GIFTS has got you covered with stylish bags, purses, wallets, jewelry and other organizational products. Clothing by ENDLESS POSSIBILITY FASHIONS can be dressed up or down with jewelry from 5th AVENUE, LIA SOPHIA, ANEMONE DESIGNS, or CND SNAP JEWELS. JAMBERRY will help you change the look of your nails to match any mood or occasion. SIGNATURE HOME STYLES can have you feeling good about your home with their easy steps to style. Tired of cooking and coming up with new menu ideas, then DO YOU BAKE is the answer which will allow you to spend more time reading to children or Grandchildren with books from BARE FOOT BOOKS.

As you can see, we hopefully have something of interest for everyone.

Sound like fun? No inflation here, admission for this night is still only a TOONIE which allows you a chance to win one of the many great door prizes, which our vendors so graciously supply. Come and join us for this evening of fun, share a glass of wine or punch with old friends or make new ones and enjoy cheese, crackers and fruit. Hope to see you there.

For more information, please call Celia at 403-272-2542.

COMMUNITY PRIDE



Out To Lunch With Donna and Laura

Today we had the pleasure of eating lunch at Dover Pizza and Lounge, located on the northwest corner of Memorial Drive and 52nd Street NE.

If you have lived in Marlborough for a while you will know about this gem. They have operated in the same location for over 30 years and our server has worked there for 18 years.

The menu selection is varied including pizza, steak, burgers, pasta, and more, even liver and onions! We both enjoyed the steak sandwich. One side is a restaurant and the other a lounge, both serving daily specials.

Another family owned establishment in the community of Marlborough. Thank you Dover Pizza and Lounge!

Promoting Marlborough businesses one lunch at a time.

Donna and Laura



Want to make Marlborough a safer community?

If you are, don't miss the opportunity to learn the plans on how we can build a safe Marlborough Community. Marlborough Community and the Calgary Federation of Communities are soon launching a project to ensure

we build a safer and better community. This coming April 11th at 7 P.M. we'll be handing out information at our community hall to facilitate this process. Keep on checking our newsletter and social media (CMCA website, twitter, and Facebook) for upcoming details, and make sure you get involved to make your Marlborough Community safer and better.

Safety Tip!

Car prowling or theft from vehicle is consistently one of the top reported crimes in our neighbourhood. This is a crime of opportunity where the offender must make a fast decision to break into a vehicle.

How to ensure your vehicle is not easily targeted for car prowling?

- Roll up the car windows, lock the doors, and set the alarm.
- Never leave valuables, including bags, purses, wallets, briefcases, laptops, cell phones, loose change, or anything that may appear valuable.
- Remove garage door openers, key cards, and house or work keys from the car.

Don't leave your vehicle in unattended parking lots for long periods of time.

Responsible Pet Ownership

The City works with Calgarians to ensure cats, dogs, their owners and neighbours live together in safety and harmony.

The Bylaw that helps all of this happen is the Responsible Pet Ownership Bylaw.

- Under this bylaw, both cat and dog owners are responsible for licensing their pets at three months of age and for ensuring the pets remain on the owner's property.
- Cats are not allowed to roam and must be restricted to their owner's property.
- When off their owner's property, dogs must be under their owner's control. All areas in Calgary are on-leash except for off-leash areas that are designated by signs.

The Responsible Pet Ownership Bylaw makes it possible for Animal & Bylaw Services to:

- Impound cats and dogs roaming or at large in the community, in violation of the bylaw.
- This is for the protection and safety of pets and the public.
- Feed, shelter and provide veterinary care for the cats and dogs impounded and under our protection and care at the Animal Services Centre.

~continued next page~

Responsible Pet Ownership cont'd

- Adopt out cats and dogs that have not been claimed by their owners after a wait period as set out by the Responsible Pet Ownership Bylaw.

What is a Responsible Pet Owner?

Animal & Bylaw Services does not advocate limiting the number of pets or breed specific legislation. This is because we believe that poor animal behaviour results from a failed relationship between pet and owner. Therefore, Animal & Bylaw Services advocates responsible pet ownership based on the following five principles:

- License and provide permanent identification for pets.
- Spay or neuter pets.
- Provide training, physical care, socialization and medical attention for companion pets.
- Do not allow pets to become a threat or nuisance in the community.
- Procure your pet ethically and from a credible source.

The Licensing Advantage

Licensing fees, not tax dollars, fund the following programs and services:

- Reunite lost cats and lost dogs with their owners.
- Operate the Pet Drive Home program.
- Educate cat and dog owners about responsible pet ownership.
- Enforce the Responsible Pet Ownership Bylaw.
- Shelter and feed lost impounded cats and impounded dogs in our vet-operated facility.
- Manage our animal adoption program.
- Deliver public education programs.
- Run our volunteer animal socialization program.
- Help neighbours resolve their animal related conflicts.
- Provide funding to veterinary clinics for emergency medical care for injured stray cats and dogs.
- Operate the No Cost Spay/Neuter program for the cats and dogs of eligible Calgarians.
- Provide medical care to adoptable cats and dogs in our state of the art clinic.
- For more information, contact Animal & Bylaw Services by calling 311 or using the 311 app.

Airplane Noise!

The Calgary Airport will start releasing quarterly reports on their noise monitoring station located at our community. Currently, the report shows the average daily aircrafts over the noise monitor and the average daily noise events with a level of at least 70 dBA. It is being

proposed that aircraft and wind direction, runway utilization, and the number of concerns received be added to the report as well as the activities being engaged to reduce the noise impact on our community. What other information or data format would be relevant for you to be added? Let us know what you thoughts.

Marlborough Community Association Membership



What is the purpose of a Community Association?

A Community Association is a volunteer organization that represents the interests and meets the needs of the residents within the Community. Join Now, Be Represented!

Membership cost - Family Memberships - \$20/year, Single Memberships - \$10/year.

Become a part of your Community! Be heard! Enjoy new programs and make new friends!

Reasons to join the Community Association

The Community Association is your voice in planning decisions, environmental issues and recreational issues that affect YOUR Community! The Community Centre is a place where you and your children can spend quality time in a safe environment. Your Community is what you make it. Your membership can make a difference!

Your Community Association membership

Carries the benefit to you and your family by providing programs, activities and events on a weekly or monthly basis at a small cost or no cost. Members may use certain volunteer hours towards the cost of yoga, sports, and other programs. Volunteer and make new friends! Calgary Marlborough Community Association - also offers an active 50+ group, youth activities, lounge with a big screen TV, pool table, shuffleboard, darts & sports facilities and rental facilities available for booking by residents. **Residents who have been members for 60 days prior to booking are given a 10% discount on a room rental.**

Memberships are now available on-line! Go to www.marlboroughca.com and click on the membership tab or call the office at 403-273-5894

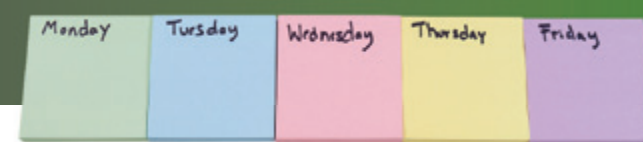
Memberships can also be purchased at the office - open Monday to Friday from 8:00am to 4:00 pm.

LOUNGE EVENTS



The Fireside Lounge is currently open the last Saturday of the month 7:00 pm for open stage night and drop-in euchre. All community members, residents and their guests are invited to join us for the evening. Lounge facilities include HDTV, fireplace, dart boards, pool table and shuffleboard. All the games are free! Note that while the lounge is open for families until 9:00 pm, we do ask that the kids be supervised, and they are only allowed to play the games with an adult in attendance.

The Fireside Lounge is also available for rent for private parties (call the office at 273-5894 for more information)



Weekly Hall Programs

Monday

Yoga -- Fireside Lounge - 7:30 – 9:00 PM

Tuesday

Seniors Social walking – main hall–8:30 – 10:30 am (Drop-in)

Wednesday

Drop In Sports Night – Main Hall – See newsletter for age groups and times.

Thursday

Seniors Social walking – main hall - 8:30 - 10:30am (Drop-in)

The 50+ Club - 1:00 p.m. The Alpine Loft (New lift available!)

Whist and Bridge are every Thursday at 1:00 p.m. in the Alpine Loft (second level). Elevator is available. New Members always welcome. Pot-luck lunch every third Thursday

Yoga - Fireside Lounge- 1:30 – 3:00 p.m.

Friday Be Fit & Age Well Exercise class – main hall - 9:00 -10:00 am

Saturday

Fireside Lounge open **last Saturday** of the month at 7:00 pm

Open Stage and Euchre everyone welcome.

Bingo at the Barn

We are always looking for amazing volunteers to participate in Bingo at the Barn.

To volunteer call Marg at 403-273-7952 or email margaretberger@shaw.ca



SENIORS IN ACTION

Volunteers Wanted For The Mow And Snow Program

NO EXPERIENCE needed 😊

Let me introduce myself, my name is Dora Loucks, I am the Coordinator of the Mow and Snow Program for Calgary Marlborough. The community needs your assistance. If you are able to give of your valuable time for yard clean up, odd jobs and snow shoveling, please call or text me at 403-554-3679. My email address is dloucks@shaw.ca. In return for your hard work and selfless contributions to the community that we all live in, you will receive heartwarming satisfaction and a feeling of pride in your neighborhood.

It is truly Neighbor Helping Neighbor!

Senior Safety Tips When Walking

Walk in well-lit areas located away from bushes and doorways;

Keep your wallet in your front pocket;

Avoid walking in alleys;
Be aware of subtle pedestrian hazards such as skateboarders and runners; and if you think you are being followed, cross the street and walk in the opposite direction or walk to the nearest public place.

Marlborough 50+ Club

Whist and Bridge every Thursday at 1:00 on the second level - elevator available - new members always welcome.

Potluck lunch every third Thursday of the month.

For further information contact me (Elaine Card) at spiritquest@shaw.ca or phone # 403-275-1128.

Befit & Age Well Exercise Class

Be Fit & Age Well will be running classes on Fridays from 9 - 10 am. Cost is \$10 for 10 classes plus a community membership. This program is run by a certified Alberta fitness leader specializing in arthritis and aging well exercises. Call 403-273-5894 for more info.

Certified Alberta Fitness Leader specializing in
Arthritis & aging well exercises



Yoga Classes

Yoga classes will run until the end of July. Monday evenings from 7:30 – 9:00PM or Thursday afternoons from 1:30 – 3:00PM. For more information contact Marg at 403-273-7952.

Walking Program

Tues. & Thurs. mornings starting at 8:30 Call 403-273-5894 for more info.

Senior's Resources

Calgary Seniors' Resource Society provides programs & services that help seniors remain living independently in their own homes as long as possible. In addition to assisting with critical needs like housing, pension & benefit applications, CSRS also provides transportation to medical appointments and, companionship

SENIORS IN ACTION

and social support through programs like Escorted Transportation and Friendly Visiting.

To access CSRS programs and services, you simply need to call our office at **(403) 266-6200** and speak with our receptionist. Eligibility criteria and wait times will vary between programs. If for some reason we are not able to help you, we will do our best to find out who can and connect you with them.

If you suspect a senior is at risk, please call the 24/7 Seniors Help Line (run in partnership with the Distress Centre) at **(403) 264-7700**. Trained volunteers are standing by to answer your call and will ensure your personal information remains confidential. Your concerns will be forwarded to the CSRS Senior Connect Outreach Social Worker, who meets with seniors and helps connect them to the community support services they need.

Senior Connect

Free education sessions teach groups, businesses and individuals to recognize the signs and symptoms that a senior may be at risk and how to report their concerns via a 24 hour seniors help line. The Senior Connect Outreach Worker, who is a registered social worker, then follows up with the senior and connects them to community resources. To book a Senior Connect training session or for additional information, please contact CSRS at **(403) 266-6200**.

Wednesday Community Night

Wednesday Sports Night Re-Energized! – Don't forget to bring valid ID or Token to sign out equipment, and don't let your water bottle at home!

We still need more volunteers for our Wednesday Sports Nights to ensure our kids have a healthy place to relax and exercise on these nights; if you are a CMCA member and want to help our young ones: Call us as soon as possible!

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

AFFORDABLE DENTAL CARE: Cut through the noise. Message received loud and clear from Albertans. We follow Alberta Blue Cross fees. No extra billing, no surprises, no fluff, no frills. All dental plans accepted OAC direct billing. Everyone welcome. Visit calgarydentalcenters.com. Call today 403-272-7272 or 403-287-6453. Thank you all!

CALGARY FENCE & DECK: We are a trusted and referred leader in wood fence and deck construction. Specializing in fence and deck removal and replacement using pressure treated lumber. Call today for a free on-site quote. 403-461-6682. www.calgaryfence.ca.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

GOT THE URGE TO SHOP WITH MARY KAY? Whether it is Father's Day, Mother's Day, or a special birthday, just visit my Mary Kay website: www.marykay.ca/dmaier 24/7. Finding the perfect gift has never been so easy. 403-830-7485 Debbie. Credit cards accepted.

ADT SECURITY ALWAYS THERE: Secure your home with ADT, Canada's #1 Home Security Company. Bring your home into today's Smart Home Technology check the pulse of your home no matter where you are with "ADT Pulse" interactive home solution-control lights, garage, thermostat, and door locks. Contact your total security expert Ludlow Rodney 403-585-6399 or email Lrodney@adt.ca.

BRAIN GAMES SUDOKU

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Mark Your Calendar

COMMUNITY MEETINGS are held the **FIRST SUNDAY** of the month at 7:00 p.m. at 636 Marlborough Way N.E. (Upstairs in The Activity Room). Everyone is welcome! Still some vacancies on the Board – get involved! Our next meeting will be on March 5th at 7:00PM.

UPCOMING EVENTS

- April 2 Board Meeting – Upstairs Activity Room
- April 21 Jelly Bean Dance – Main Gym
- April 22 Volunteer Appreciation Night – Upstairs
- April 29 Open Stage Nights – Upstairs Lounge
- May 7 Board Meeting – Upstairs Activity Room
- May 11 Ladies Night Out – Main Gym
- May 27 Open Stage Nights – Upstairs Lounge

Jelly Bean Dance

CMCA Calgary Marlborough Community Association
636 Marlborough Way NE

\$3 / Child (Age 12 + Under)
- Chaperones are FREE
- Canteen and Prizes

6:30 pm - 9:30 pm

2016/17 Schedule

April 21
June 9

PLEASE NOTE:
Children must be signed in AND out of the JB Dance!!!

Remember children must be signed in and out of the Jelly Bean Dance.

Keep an eye in the newsletter for updates on our next Jelly Bean Dance.

If you would like to volunteer for future Jelly Bean Dances please call Susan at 403-614-7858

EAST CALGARY'S PREMIER SOCCER CLUB

• Developmental And Competitive Programs For Boys And Girls (Ages 4 – 18)
• Elite Program For Boys — Tier 1 (Ages 9 – 18)
• Walk In Registration — March 4 And 18, Noon — 4:00 PM

Register online at www.eastsidememorialfc.com

EMFC Office
#9, 820 - 28th Street NE
T2A 6K1

For More Information
Call Today!
587.225.4372

CALGARY COMMUNITY EVENTS

Are you looking for other events going on throughout the city? Take a look at the <http://calgaryarea.com/index.php?p=communitylist> for all upcoming events at different communities around the city.

Safety Update

February 2017

- Break and Enter – residential; 1
- Break and Enter – commercial; 0
- Break and Enter – shed/detached garage; 0
- Theft (general property) – 2
- Theft of motor vehicle & recovery – 11
- Theft from motor vehicle – 7 **increase in vehicle plates being taken
- Vandalism & mischief – 2

The Calgary Joint Graffiti Investigative Team has put together a presentation pertaining to graffiti awareness and abatement within the communities. This is a free and open presentation to the members of the community designed to provide a better understanding of the effects of graffiti vandalism on homeowners, businesses and the overall community.

Learn how, and when, to report graffiti appropriately when an incident does occur and then see some insight into how graffiti is dealt with by the City. The presentation will be held in the early months of Spring, so this will be posted once everything is finalized.

Are you sick of the amount of shopping carts left abandon in our parks and back alleys? If so phone 311 and the store owners of the carts and maybe they will get the message! Phone numbers of the stores are under FREQUENTLY REQUESTED NUMBERS.

Frequently Requested Phone Numbers

Alderman -Ward 10 Andre Chabot	403-268-5262
Calgary Police Service- Chris Langham	403-428-6400
M.L.A. Robyn Luff	403-216-5450
M.P. Deepak Obhrai	403-207-3030
Neighborhood Services Brenda Jay	403-366-3957.
City Information	311
City Police, Fire, Ambulance Emergency	911
Bylaw Enforcement	311
(animals, unsightly property, weeds, abandoned vehicles, unshovelled walks)	
Parking Control	403-537-7100
(illegally parked cars, unlicensed/expired licenses)	
Development Inspections	403-268-5415
Planning & Development	403-268-5351
Police (party noise)	403-266-1234
Roads Maintenance/Traffic Assessment	403-268-1636
Sewer Backup – 24 hours	403-268-1155
Shopping Cart pick up – Walmart	403-235-2352
Northgate Safeway	403-248-0848
Shopper's Drug Mart	403-248-2166

IN & AROUND CALGARY

April 23-29 is National Volunteer Week

April 23 - 29 is National Volunteer Week in Canada and on behalf of all Calgarians we want to sincerely thank community volunteers for all they do each and every day to improve neighbourhood life in Calgary!

There are 151 community associations in every neighbourhood across our city, and they are all run by volunteers. In fact, more than 20,000 volunteers are involved in community associations here in Calgary, making it the LARGEST collective volunteer movement in the city!

Without their hard-working volunteers community associations would not exist. They would not be able to provide you with the programs you enjoy, put on the

year-round special events that bring you together as neighbours, advocate for your community on local issues, or produce this monthly newsletter full of important information. These volunteers are dedicated to making sure your community is a great place to live, work, and play.

Community volunteers are the lifeblood of the community association movement here in Calgary, a movement that brings Calgarians that small-town feel in our large urban centre. **So take a moment during National Volunteer Week, April 23 - 29, to thank a volunteer in your community for their hard work and dedication to ensuring you love where you live!**

**MAY 5 – 6
CALGARY INTERNATIONAL BEERFEST –
BMO CENTRE, STAMPEDE GROUNDS**

For the seasoned brew lover and budding beer enthusiast alike, Beerfest appears to have it all. Over 500 brews of all shades and compositions, contests, take part in beer seminars, vote for the People's Choice awards, meet new people, sample delicious foods, enjoy the atmosphere and entertainment, and most importantly have a great time! More info at albertabeerfestivals.com



**MAY 13, YOUTH SINGERS OF CALGARY
PRESENT: #IAMMUSIC – 1415 14 AVE NW**

The Youth Singers of Calgary have a long, proud history as ambassadors of true Canadian spirit and as a voice for Canadian youth through singing, dancing and acting. To celebrate Canada's 150th Birthday we have asked the question 'what does it mean to be a young, Canadian artist in this digital age?' On May 13th we raise our collective voices to answer that question. #IAmCanadian #IAmConnected #IAmMusic More info at youthsingers.org



**MAY 24 – 27, CALGARY INTERNATIONAL
CHILDREN'S FESTIVAL – ART COMMONS
AND OLYMPIC PLAZA**

Open the door to your imagination! The Calgary International Children's Festival (Kidsfest) celebrates its 31st anniversary this season. From its humble beginning in 1987, Kidsfest has grown to become one of the most prominent arts festivals of its kind in Canada and the largest presenter of performing arts for young people in Calgary. More info at calgarykidsfest.ca



MAY MAY MAY MAY MAY

**YOUR COMMUNITY/CITY EVENTS
AT A GLANCE...**

May 6 – 7, IFK Kickstart Garage Builder's Motorcycle Show - Christine Klassen Gallery

An annual showcase of garage-built motorcycles from across Alberta, most small in budget but all big in creativity. Join us from May 6-7 from 11am to 5pm and see what we've created over the winter! More info at facebook.com/kickstartshow

May 7, The Debaters Live! – The Jack Singer Concert Hall

A fundraising event for JFSC hosted by award-winning comedian, Steve Patterson, and features two of his favourite comics, (Dave Hemstad and Kate Davis) - they perform stand-up, followed by a comedic debate. More info at artscommons.ca/WhatsOn/ShowDetails

May 12 – 13, Vintage Redefined Market – Century Casino Showroom

The new vintage market with purpose! This ain't your typical tea-time at grandma's house. An exciting venue filled with treasures sure to delight and excite men and women alike! Over 80+ vendors featuring: True vintage, Collectibles, Re-purposed, Reclaimed, Oil & Gas, Records, Jewelry, Video Games, Antiques, Comics & more! More info at facebook.com/Vintage.Redefined.Market

May 13 – June 11, The Drowning Girls – Vertigo Theatre

The Drowning Girls is a lyrical exploration of a trio of murdered wives who gather evidence against their murderous husband by reliving the shocking events leading up to their deaths. One Yellow Rabbit Co-Founders Blake Brooker and Denise Clarke lead an incredible creative team in bringing this macabre fantasia to the Vertigo stage. More info at vertigotheatre.com

May 19, Raiders of the Lost Ark: Original Film with Orchestra – Jubilee Auditorium

The film that gave the world one of its greatest movie heroes, Indiana Jones, is back and better than ever before! Relive the magic on the big screen with the original great adventure, Raiders of the Lost Ark with John Williams' epic score performed live alongside the film by the Calgary Philharmonic Orchestra. More info at calgaryphil.com

May 26, Nose Creek Players Presents: Anne of Green Gables – The Bert Church Theatre

Your community theatre company, Nose Creek Players, is proud to present Lucy Maud Montgomery's iconic tale of Ann Shirley. This beloved Canadian yarn tells the story of an imaginative red-haired girl searching for a place to belong; for her kindred spirit. More info at airdrie.ca

**PRE-BOARD PALS
One-Year Anniversary**

April 11, 2017 marks the one-year anniversary of our Pre-Board Pals program at the YYC Calgary International Airport! Our Pre-Board Pals provide an amazing airport experience for visitors, passengers and staff by encouraging therapeutic interactions with dogs. Here are some accomplishments over their first year:



Starting with 12 dogs in the program the pack has now grown to **36 Pre-Board Pals!**



Over **1000 hours** of comfort have been provided to visitors, passengers and employees.



Our team consists of **21 different breeds** ranging from Rescues to Golden Retrievers and Bernese Mountain Dogs.



Each of our Pre-Board Pals have their own unique **trading card** that they give out to interested passengers. Collect all 37!

Pre-Board Pals is a collaboration between The Calgary Airport Authority and Pet Access League Society (PALS). You can spot our furry volunteers and their handlers in the terminal during peak travel times every Thursday to Saturday.

Visit yyc.com to learn more about our Pre-Board Pals.



**IN & AROUND
CALGARY**

Calgary Fire Department

Greetings from the Community Safety Team of your Calgary Fire Department!

ICE SAFETY

With spring around the corner, now is a good time to ensure that you and your family continue to be safe when it comes to rivers, community lakes, storm ponds, or waterways.

Every year 25-30 Canadians die in ice related incidents, and countless others fall through ice and have a close brush with death.

Some tips to remember:

- Always keep a safe distance from riverbanks and lake-shores to avoid accidentally falling through the ice.
- Don't walk on ice-covered bodies of water, including storm ponds. It's difficult to assess the thickness of the ice and its ability to hold the weight of a person or animal.
- If a person or an animal falls through ice into water, call 9-1-1. Do not attempt to rescue them yourself. Encourage the person to kick and pull themselves up onto the ice and roll, rather than walk, towards the shore.
- For outdoor skating, only skate on open ice surfaces specifically designated for skating, and on City of Calgary or community rinks; for locations visit <http://www.calgary.ca/CSPS/Parks/Pages/Locations/Outdoor-skating-rinks.aspx>

What to do if you fall through ice into water

- Stay calm and try to keep your head out of the water and control your breathing.
- Try to pull yourself up onto the ice and on your stomach then, roll towards the shore, where the ice may be thicker.
- If you can't get out of the water in less than 10 minutes, stop kicking and trying to pull yourself out, and anchor yourself to the ice shelf. Continue to call for help.

If you do witness a person falling through the ice,

Stay back, do not go onto the ice and call 9-1-1.

For further information please <http://www.calgary.ca/CSPS/Fire/Pages/Safety-tips/Ice-safety.aspx>

Stay Safe!

Help Wanted (Volunteers Needed)

Limited hours per month required!



Volunteer Coordinator

- Coordinate volunteers for different events and programs



Social Media Director

- Work with our event coordinators and board members to promote the hall and events through various social media outlets. Facebook, Twitter, Instagram etc.



School Liaisons

- Communicate news and activities between the community association and the local school.
- Looking to fill position for Bob Edwards Jr High.

IN & AROUND CALGARY

Engaging Vulnerable People

A message from the Federation of Calgary Communities

Join us in partnership with the City of Calgary and the Calgary Drop-In & Rehab Centre Society to learn more about engaging vulnerable Calgarian who experience homelessness due to poverty, mental health, and addiction issues. We will also address community concerns around homelessness and different approaches you can take.

It's FREE for the public to attend!

Date: Thursday, April 20, 2017

Time: 7-9pm

Location: Bridgeland-Riverside Community Association
- 917 Centre Ave NE

Register at <https://calgarycommunities.com/workshops-events/>

REAL ESTATE COUNCIL OF ALBERTA



Ask Charles

I just spent \$50,000 to finish my basement with high-end finishings. Now, I'm listing my house for sale, and my real estate representative says she can't include the basement square footage in the total size. Why not?

You developed your basement and it's beautiful. You're sure any potential buyer would agree that it looks great, and is definitely livable space. But, your real estate professional is correct, the square footage of your basement cannot be included in the size of your home for listing purposes.

In Alberta, real estate professionals are required to follow the Residential Measurement Standard (RMS) when listing a residential property for sale. The RMS contains nine principles that enable real estate professionals, as well as buyers and sellers, to determine and compare the size of residential properties. The RMS sets out the specific parts of a residential property that can be included in its size for listing purposes.

Above grade levels are the levels of a residence that are entirely above grade. Below grade levels are the floor levels of a residence that are partly or fully below grade. If any portion of a level is below grade, the entire level is considered below grade. Below grade spaces include lower levels and basements. The RMS size of a property is, essentially, the sum of its above grade levels. Below grade levels are not included in the RMS area.

Without the RMS in place, there would be little consistency in how real estate professionals, and their sellers, measure and describe their property. Some may want to include their basement (unfinished or not), some may include an enclosed sunroom, while others may include the space created by a bow or bay window.

The RMS provides a consistent means of measuring, and describing, residential property size in Alberta.

Sellers, and their real estate representatives, are welcome to include additional measurement information in their listings, but the primary size listed in the listing must be the size according to the RMS.

Sellers need to remember that size isn't the only factor that will affect a property's list or selling price. Other factors include location, condition, quality of finishing, layout, and even type of ownership. You may not be able to include the square footage of your basement in the total square footage of your home, but the features of your home will set it apart from other properties. Size matters, but it's not the only thing that matters.

"Ask Charles" is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA), www.reca.ca. RECA is the independent, non-government agency responsible for the regulation of Alberta's real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email askcharles@reca.ca.



Lost Pets

Happy Spring!

Spring is always an exciting season at Calgary Humane Society. At the shelter our dog walkers are thrilled to say 'goodbye' to all the snow and our dogs are even more thrilled to say 'hello' to all the mud! Thankfully we have some top notch volunteer groomers who keep all our furry friends spic and span. Spring also marks a rush of activity for our animal admissions staff. Spring is our busiest season at Calgary Humane Society, in part due to an increase in lost and stray animals.

Having a cherished family pet go missing is extremely stressful, but there are a number of steps you can take to bring Fido or Fluffy home safe and sound.

- 1. Start making lost reports.** When you call, provide as much information as you can about where and when your pet was lost and provide a good description of your pet. The following organizations are a good starting point for lost reports. Make sure to check the lost and found section of the City of Calgary and CHS website as well!
 - Calgary Humane Society Animal Admissions: 403-205-4455
 - City of Calgary Animal Services – 311
 - Post a lost listing on Kijiji/Yyc Pet Recovery/Local Buy/Sell websites
- 2. Check with local veterinary clinics.** Many lost pets are found by Good Samaritans and brought to local veterinary clinics.
- 3. Put out your pet's things to entice your pet home.** Put food, a favorite bed, litterbox and other familiar objects out to help tempt your pet back home.
- 4. Arrange a search party.** Call friends, relatives and neighbours to help search for your pet. Choose the people that your pet is *most familiar and friendly with* to go out and search.
- 5. Create lost posters and hang them up.** Create lost posters with a picture of your pet. Include a number that you can always be reached at (like a cell phone) on the sign. Hang up the posters in the areas that you think your pet might be, concentrating on areas where lots of people will see the signs.
- 6. Above all, never lose hope.** At Calgary Humane Society we have seen some amazing reunions. We have reunited pets with their family years, and even a decade after they went missing.

Wishing you all a safe and happy spring!

IN & AROUND CALGARY

EMS: Bicycle Helmet Safety

Head injuries are a leading cause of serious injury and death to children riding bicycles*. Most injuries occur when a cyclist suffers a fall, strikes a stationary object, or collides with another cyclist/pedestrian. Remember – it's the law in Alberta that cyclists under the age of 18 must wear a helmet (and highly recommended for all ages). Helmets should be CSA approved and worn during recreational activities such as skateboarding, in-line skating, and cycling.

Getting informed

- Wearing a helmet while cycling can prevent a serious injury, or even save a life;
- Brain injuries can cause permanent disability or death;
- Reduce your risk by always wearing your helmet;
- Replace any helmet that has been involved in a crash, even if it appears undamaged.

Getting started

- Allow children to assist when buying their helmet. Cyclists who choose their own helmet are more likely to wear them;
- Start the habit early. Young children learning to ride tricycles need to wear helmets;
- Parents must lead by example – always wear a helmet when cycling.

Getting the right fit

- Take the time to properly fit and adjust your helmet to ensure maximum protection in case of a crash;
- When worn properly, helmets should fit level, not tilted up, or down over the forehead;
- Helmets should feel snug, but not too tight. To test the fit, the helmet should not fall off when you shake your head from side-to-side while the straps are unfastened;
- Adjust the chin straps to form a "Y" below and slightly forward from the ears;
- Only one finger should be able to fit under the chin strap when it is fastened;
- Do not forget to use the sizing pads included with the helmet. They will help improve the overall fit, comfort and safety.

GREAT NEWS PUBLISHING 28 YEARS

Did you know that your restaurant can put a menu in our newsletter?

YOUR INSERT HERE

Turn local residents into local customers.
Contact us:
403-263-3044
sales@great-news.ca

91 Monthly Community Newsletters
415,000 Households
152 Calgary Communities

I HAVE GREAT FAITH IN FOOLS — SELF-CONFIDENCE, MY FRIENDS CALL IT.

~EDGAR ALLAN POE



Marlborough Real Estate Update

Last 12 Months Marlborough
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
February 2017	\$374,900	\$364,500
January 2017	\$349,000	\$335,000
December 2016	\$374,450	\$364,000
November 2016	\$365,000	\$350,000
October 2016	\$399,000	\$395,000
September 2016	\$359,750	\$360,000
August 2016	\$392,450	\$382,500
July 2016	\$369,888	\$350,500
June 2016	\$379,800	\$365,000
May 2016	\$363,950	\$354,500
April 2016	\$344,000	\$317,500
March 2016	\$345,900	\$340,000

Last 12 Months Marlborough
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
February 2017	5	3
January 2017	7	5
December 2016	2	2
November 2016	7	3
October 2016	11	7
September 2016	10	7
August 2016	7	6
July 2016	8	9
June 2016	9	7
May 2016	7	4
April 2016	8	4
March 2016	9	13

To view more detailed information that comprise the above
MLS averages please visit marlborough.great-news.ca

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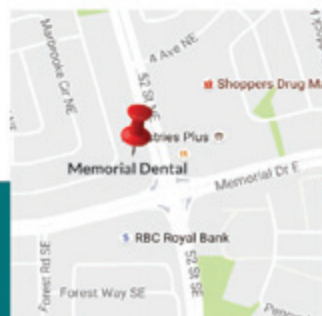
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