

APRIL 2016

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your **ARBOUR LAKE**

THE OFFICIAL ARBOUR LAKE RESIDENTS ASSOCIATION NEWSLETTER



WINE AND CHEESE

APRIL 16, 2016
IN THE ALRA HALL
6:30 PM

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Arbour Lake Residents Assoc.
12 Arbour Lake Drive, NW
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Phone: 403.241.2628
info@arbourslake.com • www.arbourslake.com

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APRIL 23, 2016

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ALRA VISION & MISSION STATEMENT

VISION

Arbour Lake will be the most desirable community that encompasses world class amenities, a sense of welcoming and engaging residents to live the exclusive lake lifestyle.



MISSION STATEMENT

The Arbour Lake Residents Association is a limited company that was registered under the laws of Alberta on July 19, 1991. The purpose of this company is to care for, and improve upon, the Arbour Lake amenities, with the main focus being a pristine ten-acre lake in the heart of the community.

ARBOUR LAKE RESIDENTS ASSOCIATION
403-241-2628
www.arbourlake.com • info@arbourlake.com



ARBOUR LAKE RESIDENTS HALL RENTALS:

Please see our website at www.arbourlake.com for rental information or visit the lake office Monday – Saturday 9am -4pm.
Email: hallrentals@arbourlake.com
Phone: 403-241-2628

Gymnastics & Cheerleading for all ages & abilities!



SPRING REGISTRATION IS NOW ON !

Cheer Tryouts MAY 7TH & 8TH

4040 Bowness RD N.W.
(Veteran's Way)

403-503-0662

**CHEERING
10 YEARS
STRONG!**



www.calgarystarsgym.com

UPCOMING EVENTS

Free Nutrition Night for Parents

Wednesday, April 6, 7:00 pm – 9:00 pm

- Are you a parent trying to feed your family healthier meals and snacks, but don't know where to start?
- Do you need help planning your family's meals and snacks?
- Do you have a picky eater who eats the same 5-10 foods every day?
- Do you need help teaching your picky eater to enjoy a variety of delicious and nutritious foods?

If you answered YES to any of these questions, then this EVENING IS FOR YOU!

Alina Muresan, Holistic Nutritionist and resident of Arbour Lake, will teach you how to incorporate healthy foods into our daily meals and snacks. She will also give us many tips and tricks on how to help our children open up to new flavors and foods.

A delicious gluten-free and dairy-free snack will be provided, as well as handouts of the presentation.

Email info@arbourlake.com to register for this free event.

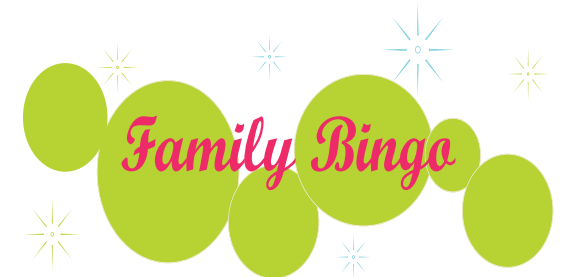
Wine and Cheese Event

Saturday, April 16, 6:30pm – 9:00pm

Mingle with the neighbours! Meet us in the hall for some fine wine and cheese from Springbank Cheese and Crowfoot Wine and Spirits. This is a great opportunity to learn more about wine, cheese and the people in your community!

Must be an Arbour Lake Resident and you must have your lake card to enter.

Family Bingo Night



*Friday, May 6th
7:00pm*

\$10 per family
Includes 10 cards
&
\$5 Concession voucher!

*Register at Lake Office
(limited spots)*

Wine and Cheese Event



Saturday, April 16th, 2016 @ 6:30pm-9:00pm
COME MEET YOUR NEIGHBOURS!!!

Friday, May 6, 7:00pm

Everyone loves Bingo! Spend some quality time competing with your family and friends to see who gets the first Bingo! This is a fun, all-ages event that will be sure to liven up your Friday night! **Register at the lake office soon, limited space is available. Cost is \$10 per family.

Ladies Night

Saturday, May 14, 7:00pm – 10:00pm

\$5.00 for a night with the gals! Snack on appetizers while checking out the latest household and other items from featured vendors. With door prizes and fun, it's the perfect way to spend Saturday night with the girls! Contact the lake office for more information.

HALL PROGRAMS

The Arbour Lake Residents Hall hosts various programs through the Arbour Lake Residents Association as well as independent groups. Keep busy and connect with others through our various programs!

Parents & Tots: It's time to get the kids out of the house to play! There are lots of toys and games for infants to preschool aged children to enjoy while parents enjoy a coffee and meet some new friends. Parents and Tots meets Tuesdays from 9:30am – 11:00am in the Arbour Lake Residents Hall. For more information, please call the lake office at 403-241-2628.

Arbour Lake Seniors Group: Seniors come and enjoy a coffee, play games, and socialize with other residents, they meet Tuesdays from 1:00pm – 3:00pm in the Arbour Lake Residents Hall and always have a great time. Contact Skip at 403-239-9143 or Jim at 403-239-1628 for more details.

Parents and Tots



Get the kids out of the house to play with other children from Arbour Lake while parents can visit amongst each other in the Arbour Lake Residents Hall. There is lots of toys and games for infants to preschool aged children to enjoy while parents can enjoy a coffee and meet some new friends. We meet Tuesdays 9:30-11:00am in the Arbour Lake Residents Hall. For more information, please call the lake office at 403-241-2628. They are looking for volunteers to help run setup and clean-up for parents and tots.



For more information, please call the lake office at 403-241-2628. They are looking for volunteers to help run setup and clean-up for parents and tots.

Arbour Lake Book Club: This group meets on the first Monday of each month in the Arbour Lake Residents Hall from 1:00 – 2:30pm. The book club chats about, and compares books while getting to know members of Arbour Lake. Please contact Elizabeth at eliza123@shaw.ca for more information.

Arbour Lake Adult Choir: The Choir meets on Tuesday evenings from 8:00pm – 9:00pm in the Arbour Lake Residents Hall. For more information, please contact Karen at 403-275-9845.

Child Safe Canada Programs: Child Safe Canada offers various safety programs at the Arbour Lake Residents Hall. Programs are offered throughout the year and include "Strangers & Dangers", "Don't Touch! It's my Body", "Home Alone Safety", and "Red Cross Babysitter Program". For more information or to register, please visit www.childsafecanada.com

Foxy Kickboxing: This Fitness Class is for Women and run by Women. It is sure to turn you into a "Knockout"! Program runs Mondays 7:15pm – 8:15pm throughout the entire year in the Arbour Lake Residents Hall. For program information, please call 1-888-974-3699 or visit www.foxykickboxing.ca

Tabata Boot Camp: Get results fast in a fun 8 week Bootcamp. Sessions run Tuesdays & Thursdays 6:30-7:30pm and Saturdays at 8:00am in the Arbour Lake Residents Hall. ****NEW NOON HOUR CLASSES ADDED ON MONDAY, WEDNESDAY & FRIDAYS**** For details and to register visit www.tabatawithjudi.com or email tabatawithjudi@shaw.ca

Karate For All Ages:

Mondays & Fridays 6-7pm in the Arbour Lake Residents Hall

- Children's Karate
- Competition (Sport Karate)
- Traditional Shotokan Karate (for the serious Karate student)
- Self Defence – (Women's Awareness & Self Protection – WASP)

Contact: Marc (403) 991-1821 or Stanley (403) 383-5972

Website: www.shotokankaratecanada.ca

Email: karatearbourlake@gmail.com

ALRA TEAM

Happy Residents, Happy Community!

The vision of Arbour Lake is to be the most desirable community that encompasses world class amenities, a sense of welcoming and engaging residents to live the exclusive lake lifestyle. A desirable community includes happy residents! We thought we would share the kind email we received from a happy resident like you!



Dear ALRA Team,

I wanted to pass along a huge heartfelt - THANK YOU - for so many amazing events you've hosted. We're new to the community (June 2015) and have had the pleasure of taking in so many of the lake events and have been blown away by their caliber and all the people associated with them - besides just enjoying the lake and facilities.

Some highlights:

The Summer BBQ - just plain simple fun and a ton of bouncy castles.

Loved it!

The Christmas Lighting Event - Thank you for making the park absolutely beautiful and making us so proud to be a part of this community. Our boys also loved watching the staff on the cherry pickers putting the lights up. Plus amazing homemade cookies - wow.

The Children's Christmas Party - This event was over the top and words cannot express how much fun our boys had with presents, treats, decorations and of course Santa. This was a holiday highlight for them!

New Years for the Family - We had some family visiting that joined us that night for a skate and fireworks and that was the holiday highlight for all of us. I can only imagine the hours to surface the lake for that day. We wanted to ring in the New Year as family and timing it for the kids was wonderful.

The Skating Program - My son and wife both participated this year and had a great time. We're very lucky to have those teachers as well as again all those looking after the ice and facilities.



Everyone we see as part of the team there has a smile on, happy to help and asking how the boys are enjoying things.

So thank you everyone for your time, energy, commitment! Your efforts are heroic and enjoyed more than you can know. My family and I look forward to many more fun events (though you won't catch me jumping in the polar plunge).

Thank you,

Mark Achtemichuk

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MEAT GUYS

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SUMMER PROGRAMS 2016

Registration for Summer Programs is now open! Register early as programs fill up quickly and there is limited space available. Classes are subject to change or cancellation. For more information on Summer Programs, visit the Programs & Events tab at www.arbourlake.com.

Beginner Tennis

Beginner lessons available for ages 6-8, 9-12, and adult (13+).

Water Safety

The basics of water safety, made for Arbour Lake! Perfect for young children or children soon receiving their first lake card.

Youth Rod and Reel

Learn basic fishing techniques, what equipment to use and what bait will catch you the biggest fish in the lake!

Kayaking

Classes on the kayaking basics available for ages 8-12 and adult (13+).

Canoeing

Classes on the canoeing basics available for ages 8-12 and adult (13+).

Stand up Paddleboard

Classes on paddle boarding basics available for ages 8-12 and adult (13+).

Fly Casting

This one day course will teach you all you need to know to master the art of fly casting! This program is available for ages 10+

Yoga on the Beach

For beginners/experienced beginners looking to improve body and mind at the lake!

Tai Chi on the Beach

Relax and strengthen your mental and physical state at the lake!

Bootcamp on the Beach

Workouts for getting that summer body! Great for any fitness level!

Learn to Bike Day Camp *MUST REGISTER*

A FREE course on the basics of biking and road safety for kids!

This year Arbour Lake Residents Association is proud to offer 6 weeks of children's summer camps! All camps run Monday – Friday from 9:00am – 3:00pm. Activities are subject to change.



The Great Outdoors! (July 4th-8th)

Kick off your summer with a week of fresh air at Bowness Park, Glenbow Ranch Prov. Park, and Southland Leisure Center.

Make a Splash! (July 18th-22nd)

Calling all water lovers! Enjoy a week of water activities! Southland Leisure Center, Calaway Park and Paddle Boarding in Arbour Lake!

Animal Planet! (July 25th-29th)

The ideal week for the young zoologist! Enjoy a week filled with animals all shapes and sizes at the Zoo, Butterfly Acres and the Calgary Corn Maze.

Adventureland! (August 8th-12th)

For the young adrenaline junky! Discover some of Calgary's greatest adventures at Bowness Park, Stronghold Rock Climbing and an Indoor Trampoline Park.

Under the Sea! (August 15th-19th)

Enjoy a week filled with water activities! We will be learning how to Paddleboard at Arbour Lake, visiting Southland Leisure Centre and Bow Habitat Station!

Aloha Summer! (August 22nd-26th)

Say goodbye to summer the right way by exploring Telus Spark, Heritage Park and Calgary Corn Maze.

Before and After Care (All Camp Dates)

This program is for children registered in Daycamp(s). Before and After Care supervision runs one hour before camp and two hours after.

WHAT'S UP AT THE LAKE

403-241-2628
www.arbourlake.com

Spring is here! Stay off the ice!

As summer approaches, the warmer weather softens the ice and makes it very dangerous at this time of year. Flagpoles are located around the lake and at the Front Entrance, which indicate ice conditions.

RED: Full closure (stay off and far away from the ice).

YELLOW: Partial closure (contact the lake office or check the website for updates).

Boats will not be allowed on the lake until the water temperature is at least 10°C. See our website for information on the lake status or call the office if you have any questions.

Lake Fees are Overdue

Interest has started accumulating on overdue balances as of January 1, 2016 and lake access has been denied on accounts unpaid. To pay your Arbour Lake Residents Association Fees, please visit the lake office and pay by cheque, cash or debit. Alternatively, you can use your online or telephone banking. Please use the external reference account number as a reference when you pay your fees through your financial institution.

BRAIN GAMES SUDOKU

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		8			4	5		7
	4	9				6		
				6				
		6				2	3	
6		1	9			8		
	3	5		8		9		6
9							4	1

FIND SOLUTION ON PAGE 16



MLA FOR CALGARY-HAWKWOOD
MICHAEL CONNOLLY

Phone: 403.216.5444 Fax: 403.216.5442
Email: calgary.hawkwood@assembly.ab.ca

On February 28, I did what many people ask of their local politicians and jumped into Arbour Lake, however, it was in support of Special Olympics Alberta.

My team successfully raised \$1,025.00 to go towards enriching the lives of Albertans with intellectual disabilities through the joy and empowerment of sport.

Thank you to all the donors, volunteers, and the Calgary fire rescue team who made this event such a success.

I'd also like to thank the 117 local law enforcement officers as well as everyone else who took the plunge to help raise funds for this well deserving group.

On March 8, the Speech from the Throne was delivered by the Lieutenant Governor, the Honourable Lois Mitchell, and outlined the Alberta government's priorities and legislative agenda for 2016.

To support Albertans in these challenging economic circumstances, this government will act to:

1. Get Pipelines built to diversify our energy markets,
2. Pursue an economic development strategy to create jobs and diversify our economy,
3. Invest in a greener, more sustainable economy,
4. Take a responsible approach to public spending, and
5. Pursue democratic reform to ensure public accountability.

Thank you for taking the time to read my update. If you have any questions, comments, or would like more information about what my office can do for you, please don't hesitate to contact my team by phone at 403-216-5444 or by email at calgary.hawkwood@assembly.ab.ca.





Name: _____

Phone #: _____

Address: _____

Colour the picture and drop it off at the lake office for a chance to win a great prize!

The winner for February is MAHNOOR KHURRAM. Please stop by the Lake office to pick up your prize.

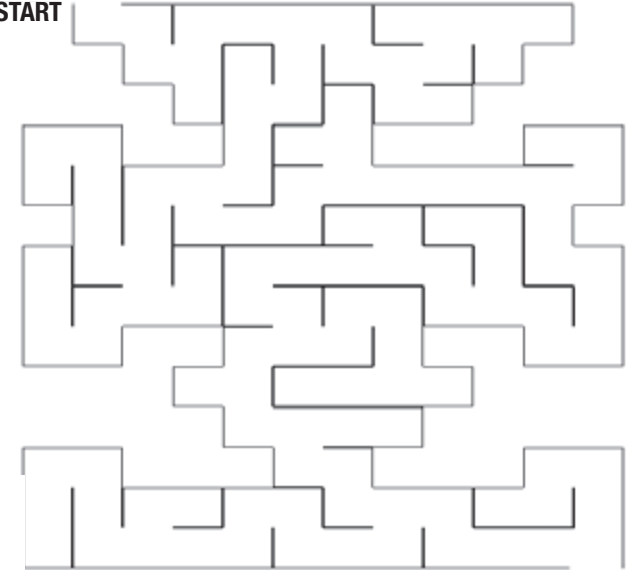
Happy April Fool's Day!

Summer is coming!
Register for Summer Programs at the lake office!



Please help Mr. Butterfly find the rainbow!

START



FINISH

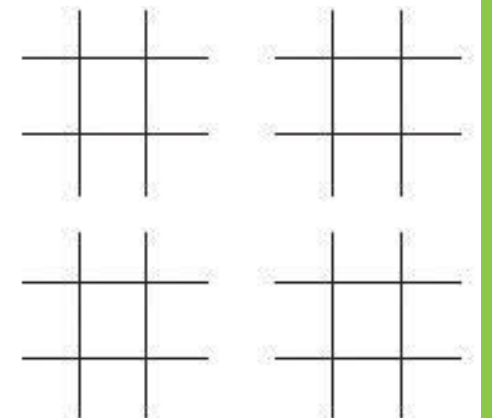


Spring

- | | |
|----------|---------|
| BASEBALL | KITES |
| BIKES | NEST |
| BLOSSOMS | OUTSIDE |
| BUDS | PLANT |
| CAMP | RAIN |
| EASTER | SEEDS |
| FISH | SHOWERS |
| FLOWERS | SUN |
| GRASS | WARM |

C	T	F	L	O	W	E	R	S	S	K
S	A	S	U	V	Q	M	L	E	I	R
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H	D	S	U	N	X	Q	N	B	A	S
S	E	D	I	S	T	U	O	T	D	E

TIC-TAC-TOE



Chianti Café

Arbour Lake Community

Casual, bustling, Italian, Chianti Café has offered wholesome, delicious Italian cuisine in Western Canada for 30 years. The Crowfoot location was established in 1999 when owner Steven Williams saw potential in a developing, up and coming area. With only a few neighbouring restaurants at that time Crowfoot is now a major business center in North West Calgary with Chianti being one of the longest standing restaurants in the Crowfoot area.

At Chianti we use fresh pasta and ingredients, make all of our sauces from scratch and bake our irresistible focaccia bread daily. Chianti has been dedicated to giving an affordable dining experience without compromising quality. This keeps our loyal patrons happy as many have been coming to dine at Chianti since day one.

Our specialty is homemade pasta! Chianti has delicious and original Classic Italian and fusion signature pasta creations that are sure to please any craving. From our popular Supremo Fettuccini (with Smoked Salmon, Scallops and Curry cream sauce) to our classic rustic lasagna, there are over 30 different pasta combinations on our menu. Our pasta creations are only \$8.99 every Sunday, Monday and Tuesday! And now from 11am to 4pm on Saturdays! Available for both dine in and takeout.

In addition to our famous pasta we offer many other delicious and reasonably priced items on our menu. Crispy hand battered calamari, homemade Italian sausage and portabella mushrooms headline our appetizer section. We have fresh seafood and our signature salmon dinners that feature fresh salmon fillets prepared daily in-house. Chianti also has many delicious veal and chicken dishes to choose from and exceptional homemade desserts.

As dietary concerns are becoming more prevalent we are proud to accommodate options for most allergies, intolerances and preferences. Chianti is a "from scratch" restaurant so all our dishes are made fresh to order. We have gluten free rice pasta and whole wheat pasta at no

additional charge. Chianti also offers half portions of most menu items.

We pride ourselves on having quick and exceptional take out even during our peak times. For events and functions we offer individually packed or banquet style large containers for groups of any size. Our full menu is available at chianticafe.ca and our friendly staff will be happy to take your order at 403-547-5020. Chianti can have your meal prepared with complimentary home-made bread, typically in under 20 minutes!

When the sun is shining, we invite you to sit on our spacious patio. This Crowfoot "hidden gem" is located behind the restaurant with ample seating and a raised gazebo, the perfect atmosphere to sip from our extensive wine list or try our famous frozen peach Bellini.

Chianti Crowfoot is the perfect place to host your next party or event. Our private room seats up to 30 with the option to choose from one of our set menus that can be customized to accommodate your needs. For smaller groups we have a comfortable dining room and accept reservations seven days a week.

Delicious reasonably priced food and friendly, efficient service. Come visit us soon at Chianti Crowfoot.



CHIANTI Crowfoot
\$8.99 Pasta Special
 Every Sunday, Monday and Tuesday
 403.547.5020
 300, 20 Crowfoot Crescent NW
 Calgary, Alberta, T3G 2P6



COUNCILLOR, WARD 2
JOE MAGLIOCCA
 403-268-2430
Joe.Magliocca@calgary.ca
Calgary.ca/ward2
 Facebook: Joe Magliocca • Twitter: @Joe_Magliocca

This spring, Transportation Network Companies (TNCs) like Uber will be able to legally operate in The City of Calgary. Like most Calgarians, I believe in free enterprise, which is why I supported the creation of a new bylaw to provide more choice and competition amongst TNCs. The new bylaw will allow TNCs to operate in a fair and competitive market. They address citizen, driver and passenger safety and ensure greater competition and customer service. The bylaw proposes common sense requirements for TNCs' including:

- An annual operating licence from The City of Calgary;
- Valid Class 4 driver's licence;
- Annual Calgary Police Service (CPS) background check;
- Proof of valid commercial insurance as required by the Government of Alberta;
- Proof of eligibility to work in Canada;
- Proof of provincially-approved 134-point mechanical inspection, conducted annually or every 50,000 km whatever comes first.

While it is important that we have more choice and competition amongst TNCs, it is also important that the new bylaw provides adequate safety and security for both drivers and passengers of TNCs. I believe that this new bylaw will achieve this balance and provide all Calgarians with more choice, and allow TNC's to operate in a fair and competitive market.

Pedestrian safety is another important issue that we have been taking action on. This spring, new crosswalks have been installed and current crosswalks have been enhanced at numerous locations in Ward 2. This includes an enhanced crosswalk at Rocky Ridge Road and Royal Oak Way, a new pedestrian corridor on Crowfoot Way in Crowfoot Centre, and more will be coming throughout this spring and summer.

Over 100 people attended the open house on the Sarcee Trail Interchange at Stoney Trail to provide their feedback on the proposed improvements. These improvements will make the interchange safer, more efficient for all users and help reduce travel times for the movement of goods and for commuters traveling

southbound on Sarcee Trail to eastbound Stoney Trail. Construction is anticipated to begin in early May. Please check out my website at www.joemagliocca.com for updates on this project.

Joes Tip:

This season, more than 100 trees are going to be replaced in the Citadel community. Keep informed on the status of this project and other tree planting projects throughout Ward 2 by going to www.maps.calgary.ca/TreeSchedule/ and find out when trees are going to be planted in your community.

THE CANADIAN BAR ASSOCIATION Alberta Branch
 La Journée du droit
Law Day Free Open House
 Access to Justice
Saturday, April 16
Calgary Courts Centre
9:00am - 3:00pm
www.lawdayalberta.com
 Follow us on Twitter @LawDayAlberta
 Dial-a-Lawyer: Ask your legal question for free!
 Saturday, April 16 (10am - 5pm)
 Toll Free: 1-888-644-8950

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 A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

EVENTS RECAP

Seniors Bingo!

Our first ever seniors Bingo was a hit! Our resident Bingo caller guided the seniors through 10 games of excitement! With great prizes, plentiful snacks and coffee – it was an enjoyable afternoon with our older residents in Arbour Lake. We hope to see even more residents join us at our next Seniors Bingo!



Polar Plunge!

More than \$40,000.00 was raised at this year's Polar Plunge! Thank you to all those who supported the event by plunging, donating, and coming out to the event! With the help of our partners, Special Olympics Alberta and the Law Enforcement Torch Run, we were able to handle an astonishing 184 plungers this year! Funds raised go towards Special Olympics Alberta, which is dedicated to enriching the lives of Albertans with intellectual disabilities through the joy and empowerment of sport.

Every plunge makes a difference to more than 3,000 Albertans with intellectual disabilities. Thanks to the amazing support of Arbour Lake residents, the wider

Calgary community and our partners – we were able to make a huge difference in the lives of Alberta Special Olympics Athletes.

Special thanks goes to our amazing sponsors for donating prizes for the top plungers. Sponsors include Calaway Park, YMCA, Global Calgary, Tony Roma's, Denny's, Fabutan, GFS Food Service, Sureway International, Panago and Heritage Park. Thank you also to Crowfoot Tim Hortons! We could not have made it through the day without your hot coffee!



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Followed by a Q&A session with local experts **Matt Fitzsimmons**, Global Asset Management **Marilyn Kaye**, Investment Retirement Planner **Sherry Holmes**, Financial Planner



Tuesday, May 3, 2016
Reception: 6:00 pm - 6:15 pm
Presentation: 6:15 pm - 7:15 pm
#1000, 8888 Country Hills Blvd. N.W. Calgary AB

All Investors Welcome - Limited Seating Available

Please RSVP by April 27, 2016 by contracting Petia Petrova at 403-509-2955 or petia.petrova@rbc.com

Arbour Lake mybabysitterlist

Name	Age	Contact	Course
Alice	15	403-702-3731	No
Angela	14	403-288-3410	Yes
Baillie	15	403-210-0113	Yes
Brenda	49	403-208-3623	Yes
Claire	30	403-402-1917	Yes
Claire	30	403-402-1917	Yes
Emily	17	587-777-5046	Yes
Gabby	21	403-667-7276	Yes
Julia	58	403-547-0380	Yes
Madison	14	403-241-9188	Yes
Maria	16	403-615-3797	Yes
Megan	15	403-241-5152	Yes
Meghan	14	403-239-2179	Yes
Michelle	14	403-208-0918	Yes
Naomi	16	403-615-9834	Yes
Yuna	16	587-969-7816	Yes

Calling All BABYSITTERS Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

SPRING MARKET AND CAFÉ AT THE SALVATION ARMY: April 23, 10:00am-3:00pm. 222 Sandarac Drive NW. No cost for admission. Come and shop over 30 local vendors and artisans!

BUSINESS CLASSIFIEDS

For Business Classified Ad Rates Call Great News Publishing at 403 263-3044 or sales@great-news.ca

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**MP CALGARY ROCKY RIDGE
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Tel: 403-282-7980 Fax: 403-282-3587

MP Pat Kelly Introduces Motion to Study CRA Duty of Care to Taxpayers

Greetings residents of Calgary Rocky Ridge! Let me start by thanking you for choosing me as your representative in Parliament. I look forward to working with the Community Associations, individuals, and other stakeholders to voice your concerns in Ottawa and advocate for sound policy on your behalf. To that end, I would like to tell you about my Private Member's Motion to increase protection for Canadian taxpayers.

After each general election, a new session of Parliament is convened and all MPs are given a chance to put forth a bill or motion. My name came up as number six in the draw, meaning that I will be in the first batch of private members' business.

My motion instructs the House of Commons Finance Committee to study and report on ways to create a duty of care between the Canada Revenue Agency and Canadian taxpayers, such as by enhancing the Taxpayer Bill of Rights and making it legally enforceable. The motion also proposes empowering the CRA Ombudsman's Office to direct CRA to comply with Tax Court orders and official decisions. These measures should provide clear expectations for CRA, and should protect taxpayers from frivolous, vexatious, malicious, and grossly negligent behaviour by it.

To learn more about the motion, please check my website: patkellymp.ca. You may also wish to like my Facebook page and follow me on Twitter. Also, please keep in mind that my office may be able to help you with issues under Federal jurisdiction, such as Citizenship and Immigration, EI, CPP, OAS, GIS, Parole Board, RCMP Firearms Program, and of course, CRA.

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Plant Trivia

According to blog writers Kelley House and Kate Norvell, both certified professional soil scientists, plant "litter" that remains after a harvest is called "residue." Leaving the residues in place over the winter, instead of pulling them up or tilling them into the soil surface, provides numerous benefits for the soil and your garden.

- <https://www.sciencedaily.com/releases/2016/02/160215124440.htm>

Arbour Lake Garden Beautification Project

The Arbour Lake Residents Association is looking for dedicated and energetic gardening enthusiasts to form a group of volunteer workers for next summer's project to beautify our neighborhood! Volunteers will meet in early spring to coordinate a group planting day, and to set up a plan for effective maintenance of our enhanced Arbour Lake Gardens. If you are interested, please call Karin B at 403-241-2994 or email karinpat@telus.net for further details.

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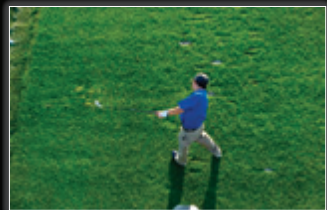
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