EARBOUR LAKE

THE OFFICIAL ARBOUR LAKE RESIDENTS ASSOCIATION NEWSLETTER CANADA DAY PANCAKE BREAKFAST JULY 1 STAMPEDE BBQ

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ALRA VISION & MISSION STATEMENT

VISION

Arbour Lake will be the most desirable community that encompasses world class amenities, a sense of welcoming and engaging residents to live the exclusive lake lifestyle.



MISSION STATEMENT

The Arbour Lake Residents Association is a limited company that was registered under the laws of Alberta on July 19, 1991. The purpose of this company is to care for, and improve upon, the Arbour Lake amenities, with the main focus being a pristine ten-acre lake in the heart of the community.

> ARBOUR LAKE RESIDENTS ASSOCIATION 403-241-2628

www.arbourlake.com • info@arbourlake.com



ARBOUR LAKE RESIDENTS HALL RENTALS:

Please see our website at www.arbourlake.com for rental information or visit the lake office Monday - Saturday 9am -4pm. Email: hallrentals@arbourlake.com

Phone: 403-241-2628



CALGARY PUBLIC LIBRARY

The New Adventures of Engine 23

Central Library is home to a full-sized, real fire truck and yes, it's inside the library! Engine 23 has retired from fighting fires and has begun a whole new life helping children learn. Calgary's youngest citizens can not only read about fire trucks, but also suit up, jump in the truck, and rush to the scene of imaginary accidents and infernos to bring aid and assistance. Because the fire truck isn't just a 22-tonne vehicle in a building: it's a suite of experiences. It's authentic. Kids can play on it and interact with it in a very real way.

When the Calgary Fire Department offered to loan us a decommissioned fire truck, Calgary Public Library seized upon the opportunity to create an innovative early learning experience. After much planning and design, we've installed Engine 23 in Central Library, where it will remain until New Central Library opens in 2018.

Visit Engine 23 any time Central Library is open, or drop in for special Engine 23 storytimes. Toddlers and Preschoolers (ages 2-5) can drop in to enjoy fire-themed storytimes while seated atop Engine 23! Families (all ages) are welcome to drop in and join a Calgary Fire Department firefighter for a special family storytime and the opportunity to start their very own new adventures with Engine 23.

See the July-August Library Connect for exact dates and details. A reimagined staircase will connect the installation to the children's area on the second floor, so be sure to visit the Children's Library on the 2nd Floor!

UPCOMING EVENTS

Canada Day Pancake Breakfast - July 1, 10:00am

Come celebrate Canada's Birthday at the lake with a Pancake Breakfast. We will have carnival games, inflatable bouncers, Pancakes and sausage for our residents! **Lake access card is required for entrance**

Stampede BBQ - July 16, 1:00pm- 4:00pm

Get into the spirit of the West with a stampede barbeque for residents of Arbour Lake. It will be an afternoon of live music and family fun inside the lake area! Hot dogs and water will be provided for the first 1500 people, sponsored by calgaryemploymentlawyers.ca. Arbour Lake is proud to host "The Suburbans" as our live musicians for the event. The Suburbans are five aspiring musicians from Calgary, AB. With their resume growing, The Suburbans have been making multiple appearances across Calgary over the past few years. They have played countless times at the Ironwood Stage & Grill along with three consecutive years playing for the Scotiabank Calgary Marathon and a very memorable event at the Telus Convention Centre. Michael (Skippy) Gibson and Michael Sawers lead the band in vocals with two differing sounds and styles. With Keaton Byfield on drums, Alex Sawers on keyboards and Donovan Smith on guitar; they all contribute to the band's versatile sound and style of Rock and Roll with a Blues backbone. They have been under the mentorship of KLM Music, and specifically, ten time CCMA nominee for keyboard player of the year, Mike Little, for several years now. The Suburbans are very fortunate and grateful for the support, time and talents that he shares. Arbour Lake is very excited to have The Suburbans at our Stampede BBQ.

Lake card is required for entrance.

Canadian Age Group Open Water Swim Championships – August 1

Arbour Lake Residents Association is pleased to be hosting the 2016 Open Water Swim Championships on August 1. Please come by this morning to cheer on the athletes!





Movie in the Park - September 9

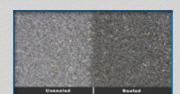
There's nothing better than a movie night with friends - except movie night with all your pals in the neighborhood. Enjoy popcorn, ice cream, and a great Friday night movie TBA. If the hot weather won't last, we will make sure the good times will!

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PROGRAMS

The Arbour Lake Residents Hall hosts various programs through the Arbour Lake Residents Association as well as independent groups. Keep busy and connect with others through our various programs!

Child Safe Canada Programs: Child Safe Canada offers various safety programs at the Arbour Lake Residents Hall. Programs are offered throughout the year and include "Strangers & Dangers", "Don't Touch! It's my Body", "Home Alone Safety", and "Red Cross Babysitter Program". For more information or to register, please visit www.childsafecanada.com.

Foxy Kickboxing: This Fitness Class is for Women and run by Women. It is sure to turn you into a "Knockout"! Program runs Mondays 7:15pm – 8:15pm throughout the entire year in the Arbour Lake Residents Hall. For program information, please call 1-888-974-3699 or visit www.foxykickboxing.ca.

Tabata Boot Camp: Get results fast in a fun 8 week Bootcamp. Sessions run Tuesdays & Thursdays 6:30-7:30pm and Saturdays at 8:00am in the Arbour Lake Residents Hall. For details and to register visit www.tabatawithjudi.com or email tabatawithjudi@shaw.ca.

Karate For All Ages:

Mondays & Fridays 6-7pm in the Arbour Lake Residents Hall

- Children's Karate
- Competition (Sport Karate)
- Traditional Shotokan Karate (for the serious Karate student)
- Self Defence (Women's Awareness & Self Protection – WASP)

Contact: Marc (403) 991-1821 or Stanley (403) 383-5972 Website: www.shotokankaratecanada.ca Email: karatearbourlake@gmail.com



ALRA BOARD REPORT

Hello Arbour Lake Residents!

With the summer holidays here we are preparing for a busy time at the lake. We have 6 weeks of camps this year, which are almost to capacity. We are stocked up with pails, shovels and sand toys for the kids. The concession is in full operation. All you need to bring is the kids, towels & sunscreen! The lake count for April was 2100 people, May was even better. We are hoping to have a record breaking summer.

On May 2^{nd} , a Cub Scout troup came to Arbour Lake to earn their fishing badge. The badge requires all of the participants to learn safety, basic first aid (removing hooks from skin) and of course...fishing. 14 Cubs from Arbour Lake and the surrounding communities participated. Congratulations to all of you who earned your badge!

Bingo Night and Ladies Night were another success for the Residents Association. We fully booked both events and have had great feedback. Our next event is the Canada Day pancake breakfast, followed by the Stampede BBQ on July 16th. This event will be hosted this event in the lake this year and will feature live music and great food. Please join us for a fun filled afternoon! The Canadian Open Swim Championship will be hosting at Arbour Lake on August 1st. Spectators are welcome to come down to cheer on the swimmers.

With the downturn in our economy, we are aware that there are Arbour Lake residents who are having difficulty making ends meet. The ALRA would like to remind you that there is help available. The foodbank in the Southeast has an amazing program. There is pickup available in Bowness if you make arrangements. There are local churches that provide clothing and food. Some Arbour Lake schools have food programs as well. You are not alone, all you need to do is ask. For assistance or more information contact www.calgaryfoodbank.com

The Arbour Lake Residents Association is wishing you all a happy and safe summer season!



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Summer Programs are in full swing!

Summer is here and so are our summer programs! Tennis for all age groups has been a huge *hit*! Our 6-8 year olds especially have been practicing at home, honing their skills. Our boot camp on the beach has been a very satisfying level of exhausting, for building strength and getting that beach-ready body! Tai chi on the beach has been very calming; leaving residents ready for the beginning of the week. Keep an eye out for our various summer programs that are ongoing through July and August.



LAKE REMINDERS

It's Summer!

The lake is open for fishing, boats and swimming! See our website for information on the lake status or call the office if you have any questions. A reminder that flagpoles are located around the lake and at the Front Entrance. RED: full closure (stay off and far away from the ice or water). YELLOW: partial closure (contact the lake office or check the website for updates). GREEN: the lake is open for all activities.

Water Safety

As a reminder, here are some safety tips:

- ARBOUR LAKE IS AN UNSUPERVISED LAKE. USE OF THE LAKE AND ITS AMMENITIES IS AT YOUR OWN RISK
- There is NO lifeguard on duty
- Please watch children at all times
- Keep your small children within arms' length at all times
- We highly recommend children wear a PFD at all times
- Children must remain in the buoyed swim area
- Swim aids and toys must remain in swim area

- Swimming with a buddy is safer and way more fun
- No diving
- No swimming or boating during lightning storms
- Parents: If your children are under the age of 12, you must remain at the Lake with them at all times.
 They cannot be left unsupervised

Remember the Lake Rules:

Summer is here and we are all very excited to have fun at the lake, but there are some very important rules to remember!

Members

- Presentation of a membership card is mandatory to gain access to the lake
- Members 11 years or younger must be accompanied by a responsible member 12 years of age or older
- Residents under 18 who are not yet registered as a member must be registered by the homeowner
- Replacement membership cards may be purchased for \$25.00
- Arbour Lake staff reserves the right to restrict entry to anyone
- ALRA has the right to make further reasonable rules and regulations

Guests

- Members are permitted a maximum of five guests per household per day.
- Any requests for more than 5 guests must be made through and approved by ALRA management at least 7 days in advance.
- Members under the age of 16 are permitted a maximum of two guests at any time and guests must provide photo ID.
- Members are responsible for the actions of their guests
- All guests must be accompanied by a Member at all times and can never be left in the lake alone
- Members may not check in guests without a current lake card
- Members under 18 years of age who bring guests, must leave their lake card at the office and guests must leave a piece of picture ID with the members lake card. Members and guests may retrieve their ID upon departure.

Prohibitions

- No glass bottles, jars, or containers of any kind
- Liquor/drugs
- Animals
- Bicycle's, Skateboards or other vehicle
- Open fires or BBQ's
- Smoking
- Littering
- · Taking sand off the beach
- Digging deep holes in the beach

Boating

- Boating activities will not be supervised
- Lifejackets are mandatory
- Paddle Boats, Kayaks, Canoes: 16+ Kids may take out a children's kayak if a responsible adult also takes out a kayak and is within reach.
- Row Boats: 16+
- Paddle Boards: 12+ (Residents 12-15 years will only be allowed on with a signed waiver from their parents
- All boats and other equipment must be returned at least 30 minutes prior to closing
- All equipment other than row boats has a usage limit of 30 minutes during busy times

Fishing

- May only be done from designated fishing areas
- Hooks must be Barbless
- No live bait, corn, bread, minnows, smelts or fish or nets may be used to catch fish
- Fish must be killed immediately and are not to be kept on a stringer in the lake
- No cleaning of fish is permitted at Arbour Lake
- 2 fish per day/household, 4 fish per month/ household, 20 fish per year/household
- No fish over 18 inches are to be kept

Arbour Lake Residents Hall Rentals: Please see our website at www.arbourlake.com for rental information or visit the lake office Monday – Saturday 9am -4pm.

Email: hallrentals@arbourlake.com

Phone: 403-241-2628

Arbour Lake Benidents Ball

ARBOUR LAKE



For information contact Arbour Lake Residents Association or Stop by the Main Lake Office















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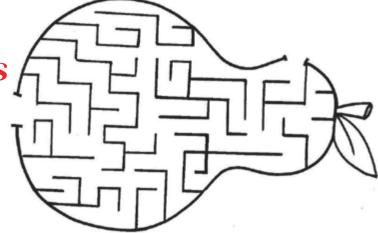
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At the Beach

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PIER

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SANDCASTLE

SEAGULL

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WHALE





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the picture p it off at office for a to win a great prize!

The Winner for May 2016 is Imaad K. Please stop by the lake office to pick up you prize Imaad!









The Arbour Lake 245 Cub Scout Troop had a great 2015/2016 season and finished off our year by attending the Scouts Canada annual Cuborama. This Cub Scout jamboree hosted over 400 Cubs from Calgary and surrounding areas. The theme this year was "Cubs Around the World", where each Pack selected a different country to showcase. Our group proudly represented the Arbour Lake Community during this incredible weekend with Egypt as our selected country.

We are excited to share that we won and took home the trophy for Best Costumes!

The 245 Troop is very grateful to all of the Arbour Lake Residents who continue to support us through our Bottle Drives and Scouts Popcorn fundraisers. YOU help make our program possible and support a generation of Cubs to become good citizens and stewards of their environment.

This year, our Wolf Cub Pack worked on a number of challenging badge requirements; Disability Awareness, Family Safety, Family Helper, First Aider, Home Repair, Watercraft, Fishing and many more. We also toured the Silver Springs fire hall, had a visit from a guide dog in training, hiked the Inglewood Bird Sanctuary, kayaked on the Glenmore Reservoir, attended 'The Jungle Book', camped at Castle Mountain, Foothills Treehouse Camp, Camp Kiwanis and Camp Gardner. We were also delighted to fish and learn watercraft safety right in our own community, facilitated by the Arbour Lake staff and management. Thanks to the dedication and tireless efforts of the volunteer Pack leaders. Arbour Lake 245 celebrates another season of wonderful memories and incredible personal growth for our Cubs. A big howl out to Caroline Ellis (Kaa), Nicolle Hazlett (Baloo), Todd Dear (Mang), Richard Presland (Baloo) and Nicole Presland (Sona) as well as our Group Commissioners Gordon Weeks.

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

- August 5 to 7 Expo Latino: Each year, Expo Latino brings a variety of talented Latino performers to Prince's Island Park. This is a three-day celebration of Latino music, dance and culture. www. expolatino.com
- August 10 to 13 Afrikadey! Festival: This year marks Afrikadey's 25th anniversary. That's 25 years sharing the art, music and dance from cultures across the African continent. www.afrikadey.com
- August 14 Marda Gras Street Festival: The neighbourhood street festival includes numerous food vendors, artisan booths and buskers. Also part of the festival is the sixth annual Marda Gras pet pageant, so get your pooch ready to shine. www.mardagras.ca
- August 18 to 20 ReggaeFest: According to the organizers of the festival, ReggaeFest will transform you into a "Rastafarian." There's music and there's food, and it's a festival all Calgarians need to attend at least once. www.reggaefest.ca
- August 18 to 27 GlobalFest: This annual fireworks and cultural festival includes five impressive shows. The first of the fireworks shows synched to music is from China, followed by the Philippines, Spain and the USA. The finale is by Canada. www. globalfest.ca
- •August 20 to 21 Antiquing at the Arc: Spend hours rummaging through everything from furniture to militaria to art deco to toys and more at this annual antique show. www. antiquesbydesignshows.com
- August 26 to September 5 Calgary Pride Parade and Festival: Celebrate Calgary's LGBTQ community and attend events during the Calgary Pride Festival. www.calgarypride.ca

AUGUST 5 TO 7 EXPO LATINO

Each year, Expo Latino brings a variety of talented Latino performers to Prince's Island Park. This is a three-day celebration of Latino music, dance and culture. www. expolatino.com



AUGUST 13 CALGARY JAPANESE FESTIVAL OMATSURI

The one day festival has plenty of fun, cultural activities appropriate for the whole family, including galleries of Japanese arts and crafts and food kiosks selling Japanese food. www. calgaryjapanesefestival.com



AUGUST 13 TO 14 CALGARY DRAGON BOAT RACE AND FESTIVAL

This is a weekend of dragon boat racing on the Glenmore Reservoir, where Calgary embraces a sport that stems from a 2,000-year-old Chinese legend. www. chinatowncalgary.com/dragonboat



EVENTS RECAP

Family Bingo Night

Thank you to all those who came out to our family bingo night! Approximately 60 people attended this great event. There were many wonderful prizes, goodies and laughs. Thank you to the Honorable Michael Connolly, MLA for Calgary-Hawkwood, who volunteered to be our bingo-caller and to ALRA Board Member Marianne Hollingsworth for being his assistant. Thanks again to everyone for coming out to this opportunity to mix and mingle with the families in Arbour Lake!



Ladies Night

What a fabulous evening with the lovely ladies of Arbour Lake! Over 30 women enjoyed an evening socializing and sampling products from brand-name vendors. With plenty of purple rain to drink, snacks and dozens of dips – the event was thoroughly enjoyed by all! A big thank you to ALRA Board Member Marianne Hollingsworth for volunteering countless hours to setting up this event!











Arbour Lake my babysitter list

Name	Age	Contact	Course
Alice	15	403-702-3731	No
Angela	15	403-288-3410	Yes
Bailie	15	403-210-0113	Yes
Brenda	49	403-208-3623	Yes
Claire	31	403-402-1917	Yes
Claire	30	403-402-1917	Yes
Emily	17	587-777-5046	Yes
Gabby	21	403-667-7276	Yes
Julia	58	403-547-0380	Yes
Madison	14	403-241-9188	Yes
Maria	16	403-615-3797	Yes
Megan	15	403-241-5152	Yes
Meghan	14	403-239-2179	Yes
Michelle	14	403-208-0918	Yes
Naomi	17	403-615-9834	Yes
Yuna	16	587-969-7816	Yes

Calling All BABYSITTERS

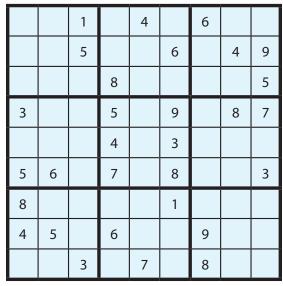
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Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

GAMES SUDOKU



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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

TF MAKEUP ARTISTRY: Professional makeup artist available for; face painting, bridal makeup and special occasions. For rates and availability contact Tracy 403-874-5228, Tracy@tfmakeupartistry.com or www. tfmakeupartistry.com.

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4	5	7	6	8	2	9	3	1
6	1	3	9	7	4	8	5	2



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Happy Canada Day! Throughout the summer months, The City of Calgary will be making numerous community improvements throughout Ward 2. Some of these projects include new enhanced crosswalks, road repairs and parks projects. As always, please feel free to contact our office via www.joemagliocca.com and send us a webmail on your priorities, opinions and any other suggestions you have to improve our community. One issue that I have been receiving a lot of feedback on has been the fees for the new Green Cart Program. The Green Cart Program fees were approved at council on May 30th, 2016. I voted against the fees for this program as I believe that there could be greater efficiencies found within the program and that there are other options available to finance this program. I do support the concept of the Green Cart Program and increased waste diversion. Our current waste facilities are reaching their capacity and the cost to taxpayers to acquire new waste management facilities or export waste to other municipalities would be significant. It is estimated that the cost of a new waste management facility would be in the hundreds of millions of dollars. That is why waste diversion is crucial to reduce this type of cost on the taxpayer. However, I believe that the Green Cart Program could have been more flexible, more affordable and designed to be tailored to the specific needs of Calgarians. For more information on this program see: www.calgary.ca/greencart.

Joes Tips:

Please join me at our Ward 2 Community Stampede Barbeque on Sunday, July 10th at the Symons Valley Ranch between 11am – 2pm. There will be free burgers, beans and great stampede style entertainment.



COMMUNITY

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Last 12 Months Arbour Lake MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
May 2016	\$449,900.00	\$435,000.00
April 2016	\$499,900.00	\$481,000.00
March 2016	\$509,000.00	\$495,000.00
February 2016	\$534,950.00	\$530,000.00
January 2016	\$452,450.00	\$437,250.00
December 2015	\$519,000.00	\$503,000.00
November 2015	\$458,400.00	\$454,694.00
October 2015	\$499,900.00	\$483,750.00
September 2015	\$549,900.00	\$568,000.00
August 2015	\$464,900.00	\$455,000.00
July 2015	\$579,900.00	\$563,400.00
June 2015	\$549,700.00	\$525,500.00

Last 12 Months Arbour Lake MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold		
May 2016	15	9		
April 2016	9	8		
March 2016	5	13		
February 2016	12	4		
January 2016	14	2		
December 2015	8	7		
November 2015	10	6		
October 2015	9	6		
September 2015	9	11		
August 2015	10	7		
July 2015	12	12		
June 2015	14	12		

To view the specific SOLD Listings that comprise the above MLS averages please visit arbour-lake.great-news.ca

Sbusiness of the month

Big Bucket Car Wash Inc.

98 Crowfoot Circle NW. Calgary

Locally owned and operated, the Big Bucket Car Wash has been providing the car washing needs of Calgarians since 1999.

A unique 40 foot steel wash bucket adorns the storefront of 98 Crowfoot Circle NW, Calgary (across from the Crowfoot C-Train Station). 1 of 3 paved lanes lead motorists into 10 self-serve, coin/credit card/value card operated, wand-wash bays with fully equipped wash modes including vacuums and dryers. While the other two lanes guide motorists into two, drive through Touchless Car Wash bays utilizing state-of-the-art reverse osmosis, purified water system and environmentally friendly soap.

The Big Bucket Carwash operates 7 days a week, from 7am – 10pm, 364 days a year. (Closed Christmas Day).

Staff and Management, of the Big Bucket Carwash, understand pride-of-ownership and are onsite and willing to assist customers maximize their experience and offer assistance in any way possible. The Big Bucket Carwash offers the facility, equipment and expertise to protect and care for customer's automotive investments.

Big Bucket Car Wash offers:

- 10 Large, bright, self- serve indoor wash bays that include vacuums: Two with shampoo function.
- 2 Automatic "Touchless" drive through bays.
- Retail store with automotive cleaning supplies for purchase
- 4 Outdoor customer vacuum areas, one with a shampoo function.
- · Coin and/or Credit Card operation, accepting Visa, Master Card, and Big Bucket Value Cards and Fleet Cards
- Onsite change machine and ATM conveniently located
- Customers save 20% by purchasing a Big Bucket Card with a minimum \$50 value.

Here's what customers are saying;

"The self service bays are clean, bright and the equipment is well maintained."... Kent

"There is always an attendant available to help me. "I feel safer knowing that I am not alone"... Franchesca

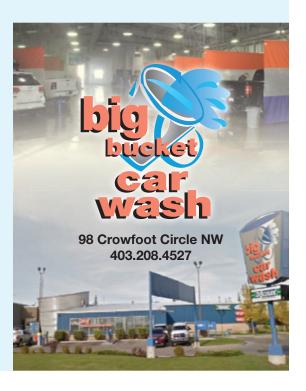
"The employee's at Big Bucket Crowfoot are friendly, helpful, and courteous, creating an experience for me that keeps me coming back and referring my friends."... Dorothy

"Before trying Big Bucket Crowfoot I was tired of using car washes where the bays where dirty and muddy. Due to poor layout I had to wait for the person ahead of me to finish their wash before I could leave, even though I had finished my wash! I don't have these problems anymore at Biq Bucket Crowfoot." ... Wes

We welcome customers that have numerous vehicles to apply for fleet accounts.

Come visit us at the Big Bucket Car Wash, we are looking forward to having you.

bigbucketcarwash.info



Antioxidants. Anti-hangover too.

Bottoms up. Ener-C is an effervescent drink that boosts energy, provides immune support, fuels your body with electrolytes, nutrients and vitamins and comes in a refreshing new pineapple coconut flavour.

From deli to dairy, across 3 stores, our aisles are packed full of organic, locally-sourced meat, fruit and vegetables, supplements, body care and home products you and your family can count on. Cheers to that.





10TH AVENUE MARKET 1304 - 10 Avenue SW CHINOOK STATION MARKET 202 - 61 Avenue SW CROWFOOT MARKET 850 Crowfoot Crescent NW ONLINE MARKET communitynaturalfoods.com

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