

AUGUST 2017

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THE OFFICIAL ARBOUR LAKE RESIDENTS ASSOCIATION NEWSLETTER

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**AUGUST 26**





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## IMPORTANT NUMBERS

<b>ALL EMERGENCY CALLS</b>	<b>911</b>
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
<b>HOSPITALS / URGENT CARE</b>	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
<b>OTHER</b>	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654



## ARBOUR LAKE RESIDENTS ASSOCIATION

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*The information contained in this newsletter is believed to be accurate, but is not warranted to be so.*

*Arbour Lake Residents Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.*

## ALRA VISION & MISSION STATEMENT

### VISION

Arbour Lake will be the most desirable community that encompasses world class amenities, a sense of welcoming and engaging residents to live the exclusive lake lifestyle.



### ARBOUR LAKE RESIDENTS ASSOCIATION

403-241-2628

[www.arbourslake.com](http://www.arbourslake.com)

info@arbourslake.com

### MISSION STATEMENT

The Arbour Lake Residents Association is a limited company that was registered under the laws of Alberta on July 19, 1991. The purpose of this company is to care for, and improve upon, the Arbour Lake amenities, with the main focus being a pristine ten-acre lake in the heart of the community.

### ARBOUR LAKE RESIDENTS HALL RENTALS:

Please see our website at [www.arbourslake.com](http://www.arbourslake.com) for rental information or visit the lake office

Monday – Friday 9am-4pm. Email: [hallrentals@arbourslake.com](mailto:hallrentals@arbourslake.com)

Phone: 403-241-2628

## ALRA BOARD REPORT

Hello Arbour Lake Residents!

The summer season has been amazing so far, with record high attendance at the lake. The attendance count for May alone was over 2500 residents. The new tennis instructor is very popular and has done a fantastic job.

The lake was stocked with 1000 Brown Trout and we will be stocking 1000 Brook Trout this fall. Brook Trout are way less susceptible to Whirling Disease. The fish are all doing very well and many fishermen are raving about the size of the fish. We are still only catch and release until further notice.

ATB and the ALRA will be co-hosting an event on August 26th at the lake to raise funds for The Alberta Children's Hospital. The "Fun In The Sun" event will be held from 11 am to 3 pm. There will be live entertainment, refreshments and a silent auction. The event will be inside the park so make sure you bring your lake card. Please come out to support Calgary's most vulnerable citizens!

Movie Night In The Park is scheduled for Friday September 15th. The ALRA will keep you up to date as to what movie we are playing as soon as we have the details locked in.

I would like to make special mention to all the Arbour Lake staff. They are doing an amazing job with the

flowers, programs, concession, events, and the general daily tasks that make Arbour Lake great. As a board member, I have been at the lake many times and heard residents being verbally abusive to the staff in frustration. I would like to remind you all of how hard these people work to make your summer a great experience. If you are upset about something, please take a deep breath and realize that Craig, Tara, and the staff are here to help. It is not necessary to raise your voice in anger. Swearing, yelling, or any type of verbal abuse will bring an invitation for you to leave the lake. And besides, you can catch more flies with honey than you can with vinegar!

The Arbour Lake Residents Association wishes you all a fun, safe and sunny summer!



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## UPCOMING EVENTS



### ATB Fun in the Sun Event

Saturday August 26th 11:00am- 3:00pm

ATB and the ALRA will be co-hosting an event on August 26th at the lake to raise funds for The Alberta Children's Hospital. The "Fun In The Sun" event will be held from 11 am to 3 pm. There will be live entertainment, refreshments and a silent auction. The event will be inside the park so make sure you bring your lake card.

### Movie in the Park

September 15

There's nothing better than a movie night with friends – except movie night with all your pals in the neighborhood. Enjoy popcorn, ice cream, and a great Friday night movie TBA. If the hot weather won't last, we will make sure the good times will!



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## SAFE & SOUND

### Backyard Play Safety

Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children. Although direct supervision is the best method to reduce the chance of injury, ensure your play equipment in your yard is in good repair and is suitable for the age and skill of the children using it. Check play equipment often; replace or repair any worn or broken parts. Set up play equipment over top a 9-inch layer of shock-absorbing material such as sand, wood chips, or pea gravel which extends 6 feet out in all directions from the play area.

#### Water hazards

- Drowning contributes to unintentional injury-related death among children ages one to four;
- Children can drown in just a few centimetres of water if it covers their mouth and nose;
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres (\*) high and have a self-latching, self-closing, lockable gate. (\*Alberta Building Code)

#### Lawn and garden tools

- Keep young children away from outdoor power equipment;
- Serious burns may result from touching hot engine surfaces;
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

#### Insect bites and stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;
- Avoid wearing brightly coloured clothing outdoors;
- Consider destroying or relocating hives and nests situated near your home;
- To avoid injury through inadvertently stepping on a stinging insect always wear footwear outdoors;
- If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it;
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 9-1-1.

## WHAT'S UP AT THE LAKE

403-241-2628 • [www.arbourlake.com](http://www.arbourlake.com)

#### You still have time!

Summer is only half over! Although it is hard to believe that it's already August, you still have time to hit the beach! Make some time to enjoy Arbour Lake's world class lake before September's chill introduces itself. Our children's summer camps are in full swing, along with many of our other summer programs. Programs such as our tennis lessons, youth rod and reel lessons, and our classes for various water equipment have been a huge success this year. Thank you to all those who have participated in our summer programs!

#### Lake Reminders

##### It's Summer!

The lake is open for fishing, boats and swimming! See our website for information on the lake status or call the office if you have any questions. A reminder that flagpoles are located around the lake and at the Front Entrance. RED: full closure (stay off and far away from the ice or water). YELLOW: partial closure (contact the lake office or check the website for updates). GREEN: the lake is open for all activities.

#### Water Safety

As a reminder, here are some safety tips:

- **ARBOUR LAKE IS AN UNSUPERVISED LAKE. USE OF THE LAKE AND ITS AMMENITIES IS AT YOUR OWN RISK**
- There is NO lifeguard on duty
- Please watch children at all times
- Keep your small children within arms' length at all times
- We highly recommend children wear a PFD at all times
- Children must remain in the buoyed swim area
- Swim aids and toys must remain in swim area
- Swimming with a buddy is safer and way more fun
- No diving
- No swimming or boating during lightning storms
- **Parents: If your children are under the age of 12, you must remain at the Lake with them at all times. They cannot be left unsupervised.**

#### Remember the Lake Rules:

Summer is here and we are all very excited to have fun at the lake, but there are some very important rules to remember!



#### Members

- Presentation of a membership card is **mandatory to gain access to the lake**
- Members 11 years or younger must be accompanied by a responsible member 12 years of age or older
- Residents under 18 who are not yet registered as a member must be registered by the homeowner
- Replacement membership cards may be purchased for \$25.00
- **A Valid drivers license with the Arbour Lake address is required for lake cards to be printed for any member over the age of 16.**
- Arbour Lake staff reserves the right to restrict entry to anyone
- ALRA has the right to make further reasonable rules and regulations

#### Guests

- Adult members are permitted a maximum of five (5) guests **per household** per day.
- **Any requests for more than 5 guests (up to a maximum of 16 guests) must be made through, and approved by ALRA management a minimum of 7 days in advance via [info@arbourlake.com](mailto:info@arbourlake.com). This is a**

~continued next page~

## WHAT'S UP AT THE LAKE

request only and bookings are not guaranteed until confirmed. The ALRA may at any time limit the number of guest bookings per day.

- Members under the age of 16 are permitted a maximum of two guests at any time and guests must provide photo ID.
- **Members are responsible for the actions of their guests**
- **All guests must be accompanied by a Member at all times and can never be left in the lake alone**
- Members may not check in guests without a current lake card
- Members under 18 years of age who bring guests, must leave their lake card at the office and guests must leave a piece of picture ID with the member's lake card. Members and guests may retrieve their ID upon departure.

### Prohibitions

- **any personal outside inflatable water toys or equipment, as per Provincial Regulations**
- any glass bottles, glass containers, glass cups, etc.
- any alcohol, drugs, cigarettes or similar substance
- any animal
- any bicycle, skateboard, or other vehicle
- any open fires or portable BBQ
- any motor boat or snowmobile
- personal watercraft equipment
- Taking sand off the beach
- Digging deep holes in the beach

There is NO SMOKING inside the park, or parking lot. No person shall at any time discharge, deposit, throw, dump or place any trash or debris of any kind whatsoever in the lake, or on the lake property or dumpsters.

### Boating

- Boating activities will not be supervised
- Lifejackets are mandatory, and must be fully fastened
- Paddle Boats, Kayaks, Canoes: 16+ - Kids may take out a children's kayak if a responsible adult also takes out a kayak and is within reach and/ or a parental consent waiver is signed.
- Row Boats: 16+
- Paddle Boards: 12+ (Residents 12-15 years will only be allowed on with a signed waiver from their parents.)

## Arbour Lake Residents Hall Rentals

12 Arbour Lake Drive NW  
Phone: 403-241-2628  
Email: hallrentals@arbourlake.com  
Website: www.arbourlake.com



Visit our website at [www.arbourlake.com](http://www.arbourlake.com) under the Rentals tab for more information



- **NO GUESTS CAN SIGN OUT EQUIPMENT.** Residents must be of age (18+) and have a lake access card present to take out guests on equipment.
- **GUESTS CAN NEVER BE ON EQUIPMENT ALONE**
- All boats and other equipment will be called in 30 minutes prior to closing
- No boat rentals permitted within half an hour of closing
- All equipment other than row boats has a usage limit of 30 minutes during busy times

### Fishing is Catch and Release ONLY!

At this time, only catch and release fishing will be permitted at Arbour Lake, until further notice. THERE WILL BE NO KEEPING OF ANY FISH OF ANY SIZE OR KIND! This is a result of Alberta Environment and Parks shutting down all fish stocking within the Bow River drainage area, of which Arbour Lake is included. Due to whirling disease found in the Bow River and commercial fish culture operations, the lake will not be stocked indefinitely, and as such, no fish may be kept indefinitely. Any fish that cannot be returned to the water, must be surrendered to a staff member.

More information regarding whirling disease can be found at <http://aep.alberta.ca/fish-wildlife/wildlife-diseases/whirling-disease/default.aspx> Please also see the Whirling Disease Life cycle Poster on page 9.

### Fishing

May only be done from designated fishing docks  
Hooks must be Barbless and egg hooks are not permitted. No Triple hooks are to be used. This ensures the survival of released fish.

## WHAT'S UP AT THE LAKE

No live bait, corn, bread, minnows, smelts, fish or nets may be used to catch fish. Only one rod per resident may be cast at any one time and fishing lines must be attended to at all times.

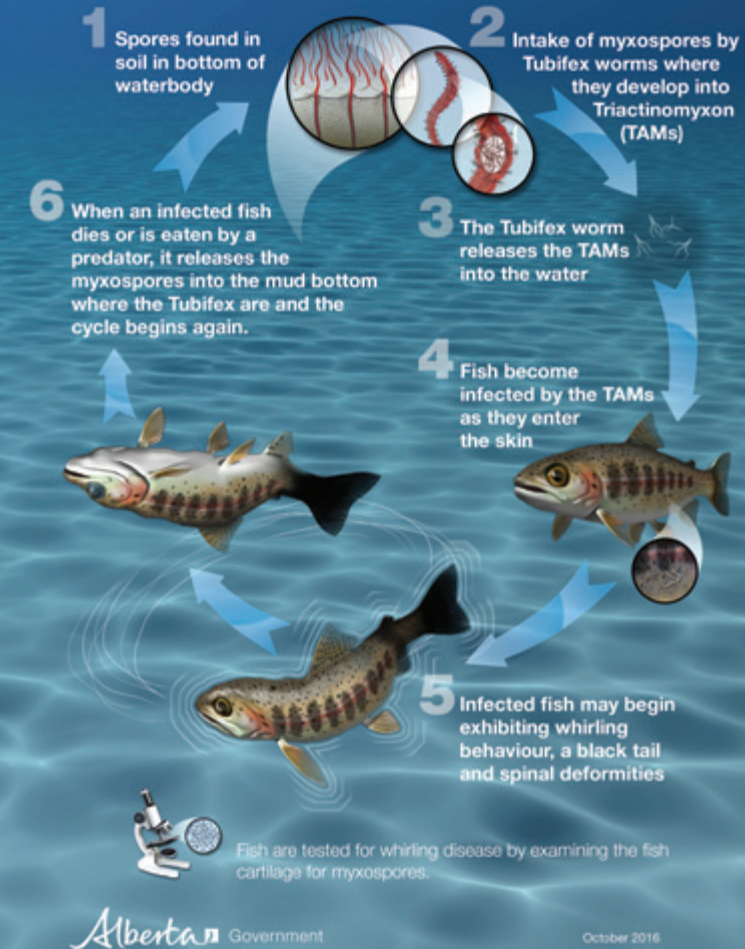
Random tackle box, bag and hook checks will be performed to ensure all Rules and Regulations are being followed.

### Clothing Donation Bin

Have your kids grown out of their new clothes before actually wearing them? Do you have clothes in your closet taking up space that you don't really wear? Arbour Lake Residents Association has a clothing donation bin in front of the lake office, close to the fire lane. Drop off your gently used clothing to help clear up the clutter in your closet. Clothing will only be accepted in bags, dropped inside the container. Please do not leave bags next to the donation bin. Bags or items left next to the donation bin will be sent to the landfill. NO HOUSEHOLD GOODS PLEASE!

Did you know that over 10,000 tons of textiles was dumped into the City of Calgary landfill in 2014? That pile of clothes would be as tall as the Calgary Tower.

## Whirling Disease Life Cycle



## NOTICE

You CANNOT use live bait, corn, bread, minnows, smelts, fish or nets to catch fish.  
You CANNOT use barbed hooks, triple hooks or egg hooks!!!

### CATCH AND RELEASE ONLY

**THIS IS FOR ALL FISH OF ALL SIZES AND KINDS!**  
Injured fish that cannot be returned to the water, MUST be handed over to a staff member for disposal.



**Arbour Lake Residents Hall Rentals:** Please see our website at [www.arbourlake.com](http://www.arbourlake.com) for rental information or visit the lake office Monday – Friday 9am -4pm. Email: [hallrentals@arbourlake.com](mailto:hallrentals@arbourlake.com) Phone: 403-241-2628

**Arbour Lake Party Room Rentals:** Please see our website at [www.arbourlake.com](http://www.arbourlake.com) for rental information or visit the lake office Monday – Friday 9am – 4pm. **Party room can only be rented by registered members of the Arbour Lake Residents Association.** Maximum capacity is 16 people. Cost is \$15 per hour and is rented in 3 hour blocks (10am – 1pm, 1:30pm – 4:30pm or 5pm – 8pm).

## ARBOUR LAKE PARTY

### ROOM RENTALS



**Party Room Rentals:**  
Rentals are run in 3hr intervals  
10am-1pm, 1:30pm-4:30pm, 5pm-8pm  
No rentals before opening or after closing time.  
16 people MAXIMUM, guest list needed 1 week before rental.  
**Rates:**  
\$45/3 hour interval  
**Bookings:**  
Party room bookings can be made Monday-Friday 9am-4pm IN PERSON at ALRA lake office.

12 Arbour Lake Drive NW  
Phone: 403-241-2628  
E-mail: hallrentals@arbourslake.com  
Website: arbourslake.com/rentals

## HALL PROGRAMS

The Arbour Lake Residents Hall hosts various programs through the Arbour Lake Residents Association as well as independent groups. Keep busy and connect with others through our various programs!

**Child Safe Canada Programs:** Child Safe Canada offers various safety programs at the Arbour Lake Residents Hall. Programs are offered throughout the year and include "Strangers and Dangers", "Don't Touch! It's my Body", "Home Alone Safety", and "Red Cross Babysitter Program". For more information or to register, please visit [www.childsafecanada.com](http://www.childsafecanada.com)

**Foxy Kickboxing:** This Fitness Class is for Women and run by Women. It is sure to turn you into a "Knockout"! Program runs Mondays 7:15pm – 8:15pm throughout the entire year in the Arbour Lake Residents Hall. For program information, please call 1-888-974-3699 or visit [www.foxykickboxing.ca](http://www.foxykickboxing.ca)

**Tabata Boot Camp:** Get results fast in a fun 8 week Bootcamp. Sessions run Tuesdays and Thursdays 6:30-7:30pm and Saturdays at 8:00am in the Arbour Lake Residents Hall. Noon hour sessions are also offered Mondays, Wednesdays, and Fridays. For details and to register visit [www.tabatawithjudi.com](http://www.tabatawithjudi.com) or email [tabatawithjudi@shaw.ca](mailto:tabatawithjudi@shaw.ca). Register now!

### Hall Rentals Basics: Can I rent the hall?

Any person over the age of 21 may rent the hall. The hall can be rented for independent group programs, presentations and personal events such as birthday parties.

### When can I book hall rentals?

Hall rentals must be booked at the Lake office Monday - Friday from 9am – 4pm. You must come into the lake office to book your rental as we must go through a rental contract and necessary information with you.

### What do I need to rent the hall?

You need your photo ID, payment for the hall rental, and a damage deposit cheque for \$400.00 at the minimum. If you will be having alcohol at your event, you must obtain a liquor license and Party Alcohol Liability Insurance. Proof of these must be given seven days prior to the event.

### Where is more rental information?

Website: [www.arbourlake.com](http://www.arbourlake.com)  
Email: [hallrentals@arbourslake.com](mailto:hallrentals@arbourslake.com) • Phone: 403-241-2628  
Lake Office: Monday – Friday (9am – 4pm)

## SUMMER CAMPS 2017

There are 3 weeks of camp remaining in August. All camps run Monday – Friday from 9:00am – 3:00pm. Activities are subject to change. Children must be ages 6-12 to participate in summer camps and be current residents of Arbour Lake. Visit our website for program information and registration forms [www.arbourlake.com](http://www.arbourlake.com).

**All registrations must be done in person at the lake office.**

### Move & Groove! (July 31st-August 4th)

Play in the water, on land, and everywhere! Learn how to Paddleboard at Arbour Lake, visit Southland Leisure Centre and Tommy-K play.

### Extreme Exploration! (August 14th-18th)

Calling all explorers! Discover at Telus Spark, adventure at the Calgary Corn maze and ride at Calaway Park.

### Aloha Summer! (August 21st-25th)

Say goodbye to summer the right way by enjoying visits to Heritage Park, an indoor trampoline park and local bowling alley!

### Before and After Care (All Camp Dates)

This program is for children already registered in Daycamp(s). Before and After Care supervision runs one hour before camp and two hours after camp.

**REGISTRATION FOR BEFORE AND AFTER CARE CLOS-ES AT 5PM ON THE FRIDAY BEFORE THE APPLICABLE CAMP START DATE.**

### Volunteers Needed

The Arbour Lake Residents Association is looking for Summer Camp Volunteers between the ages of 14 and

17. Volunteers must be available for the full week of camp and there are 7 different weeks to choose from. Please email [camps@arbourslake.com](mailto:camps@arbourslake.com) for more information.

### Reminder:

Calgary Police have asked us to remind residents that making a bike path in an existing City park space is illegal and carries a hefty fine for disturbing trees, soil and park vegetation of any kind.

BYLAW NUMBER 20M2003

PROHIBITED ACTIVITIES 17. No Person shall: (a) dig, disturb or remove any mineral substance including soil, sand, gravel or rock from a Park; (b) damage, dig, cut, disturb or destroy any Park Vegetation, whether alive or dead; (c) damage, dig, disturb, deface, destroy or remove any fossils, bones or historical artifacts from a Park; (d) damage or destroy any wildlife habitat; or (e) pester, feed or otherwise interfere with any animal in a Park.

<http://www.calgary.ca/CA/city-clerks/Documents/Legislative-services/Bylaws/20m2003-ParksPathways.pdf>

## BRAIN GAMES SUDOKU

2					6	5	3	
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		7	5	6		9		
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FIND SOLUTION ON PAGE 18

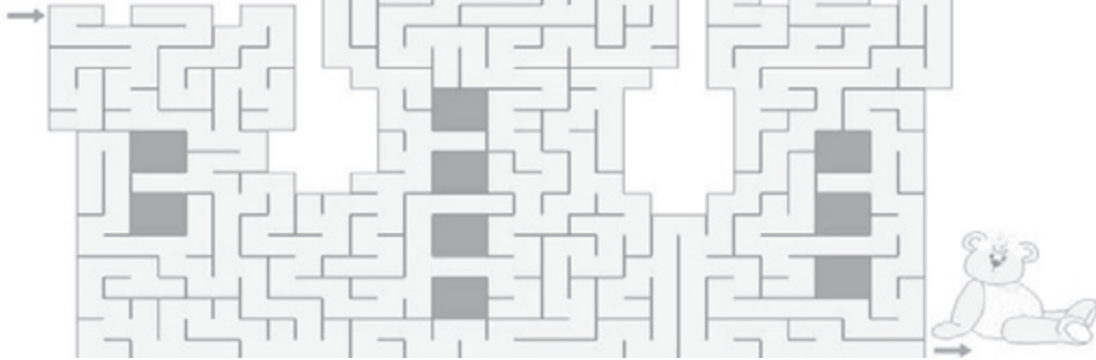


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# EXPLORE LORE

The east coast of Canada was settled by Vikings around the year A.D. 1000. Archaeological evidence of a settlement has been found at L'anse aux Meadows, Newfoundland.

Fun  
in the sun!



## At the Beach

- BALL
- BOAT
- BUCKET
- CRAB
- DOLPHIN
- FISH
- JELLYFISH
- OCEAN
- PIER
- SAND
- SANDCASTLE
- SEAGULL
- SEAWEED
- SHELLS
- SHOVEL
- SUNBLOCK
- SURF
- SWIMSUIT
- UMBRELLA
- WHALE

N	Z	F	Z	J	K	L	F	E	U	C	N	O	E	M
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L	G	Z	Y	P	Q	Q	F	Z	M	D	Q	K	L	V
Z	H	L	R	S	A	N	D	C	A	S	T	L	E	T
M	W	E	O	W	L	Q	U	E	F	A	D	G	R	B
C	X	V	N	I	H	P	L	O	D	W	G	P	B	B
S	G	O	T	M	S	F	G	C	D	H	X	K	M	A
U	J	H	A	S	I	R	O	C	E	A	N	Q	U	R
N	K	S	O	U	F	W	L	S	W	L	V	P	M	C
B	Y	Y	B	I	S	E	A	W	E	E	D	J	O	B
L	T	X	F	T	U	B	U	C	K	E	T	W	X	A
O	Q	C	R	E	I	P	B	V	Z	V	M	O	Z	L
C	K	J	U	S	E	A	G	U	L	L	X	R	X	L
K	T	G	S	E	J	K	V	S	L	L	E	H	S	A



Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Address: \_\_\_\_\_

Colour the picture  
and drop it off at  
the lake office for a  
chance to win a  
great prize!

**Hey Everyone! Color the picture on the following page and drop it off at the lake office for a chance to win a great prize. The Winner for June 2017 is Brooklyn! Please stop by the lake office to pick up you prize Brooklyn!**



## District Dig Tree Planting

I wanted to give a big thanks to all of the families that came out to help and make this event a big success.

We had 47 people come out to help and we planted a total of 15 trees and 37 shrubs and bushes.

The girls have been anticipating this event since December when we applied to the TD Friends of the Environment Foundation Tree Planting Grant Program. This is provided via the Girl Guides of Canada program and allows for both individual and multiple units to work together and apply. Individual units are eligible to receive grants of \$500 and Units working together can qualify grants of up to \$2,500.

Luckily, we were eligible for the \$2,500 grant where the girls from 6 units came out to help plant all the trees that were purchased with the grant.

The TD FEF Tree Planting Grant Program offers girls and young women a hands-on way to raise their awareness of environmental issues while supporting them to transform green spaces in their communities. Through

grants of up to \$2,500 for girl-led tree planting and greening projects, this environmental initiative helps to bring girls and nature closer together as they make their communities greener and more livable.

By participating in the program, girls learned:

- About the trees and shrubs native to their community and how they support the local ecosystem
- How to plant trees and remove invasive species
- The issues around climate change and how tree planting combats those issues
- The importance of environmental stewardship
- To connect with the earth through its most natural resources
- How to plan a successful community event

And how Grow Calgary helps local vulnerable Calgarians obtain fresh fruit and vegetables.

The girls spent the beautiful day digging holes, filling them with dirt and trees, watering all the plants on the acreage and planting some other things such as squash and potatoes. The girls came out of there with a sense of pride and accomplishment.

It was inspiring to see the girls getting dirty, having fun learning new skills, and using those skills to give back to their communities.

Thank you so much to 122<sup>nd</sup> Sparks, 142<sup>nd</sup> Sparks, 201<sup>st</sup> Brownies, 66<sup>th</sup> Guides, 60<sup>th</sup> Guides, and 278<sup>th</sup> Guides of the Wichewakn District for making this event a huge success. Thank you to Grow Calgary, TD FEF, and our parents for all their support.

Registration is now open for girls and women to join please visit [www.girlguides.ca](http://www.girlguides.ca) or email [wichewakn@hotmail.com](mailto:wichewakn@hotmail.com) for questions.



Councillor, Ward 2  
**Joe Magliocca**  
☎ 403-268-2430  
✉ [Joe.Magliocca@calgary.ca](mailto:Joe.Magliocca@calgary.ca)  
🌐 [Calgary.ca/ward2](http://Calgary.ca/ward2)

City Council continues to be busy over the summer months making important decisions that will impact Calgarians for many years to come. One of these major decisions has been the approval of the Green Line LRT. On June 26, 2017 Council approved the recommended alignment and station locations for the Green Line LRT from 160<sup>th</sup> Avenue in the North to Seton in the South. However, with the revised plan to only build the Green Line LRT to 16<sup>th</sup> Avenue in the North, I voted against this alignment. I would have liked Council to look at alternatives that could have been less costly so that the Green Line LRT could be built further North to at least North Pointe where it could serve the communities of Ward 2.

Council also approved a motion to direct city administration to complete a risk assessment and to evaluate the merits of testing autonomous vehicles on Calgary's roadways. As technology advances in this area, I want to ensure that our roadways are safe for all drivers and pedestrians.

Fines for unsafe fire pits and burning prohibited materials have recently been increased. The regulations for fire pits include:

- Using a mesh screen or spark guard to reduce the spread of embers and sparks
- Extinguishing the flame by midnight on weekdays and 1 a.m. on weekends
- Restricting the height of the flame to one metre
- Ensuring the fire pit is at least two metres from other structures and is not under a tree or overhanging branches
- Ensuring you have a means of extinguishing the fire on hand and that you put it out before you leave it unattended

For more information and the full list of rules and regulations, visit [Calgary.ca/firepits](http://Calgary.ca/firepits). If you have a concern or complaint about fire pits, call 311.

# BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or [sales@great-news.ca](mailto:sales@great-news.ca)

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Arbour Lake. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

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**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**THE GUTTER DOCTOR!** We install, fix and clean eaves-troughs and downspouts. We also install and fix fascia, soffit, drip-edge, siding, roofing, cladding. Over 20,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. 2017 Consumer's Choice Award Winner. [www.gutterdoctor.ca](http://www.gutterdoctor.ca) 403-714-0711.

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## Canada Day Pancake Breakfast

What a great way to celebrate Canada's birthday! We had a fantastic turnout at this year's pancake breakfast. Over 1000 people were through the lake on July 1<sup>st</sup> morning to enjoy the event! Residents were treated to plenty of pancakes, sausage, scones and Tim Horton's coffee! It was a perfect way to celebrate Canada's Birthday! Thank you to our Board Members Ken Jones and Denise Dubyk, Marianne Hollingsworth, Peter and Jillian Wyatt, and Rob Matsuoka for cooking sausages and pancakes for everyone! Thank you to Councillor Joe Magglio, MLA Michael Connolly and MP Pat Kelly, for handing out pancakes and sausages to our hungry crowd. We were also entertained by our local DJ Kerry Lambert, who played a mix of Canadian classics. We could not have done this event without the help of the amazing volunteers including the 10 YVC volunteers, Dylan E. and Nkechi O. from the Crowfoot YMCA. Our local Crowfoot businesses also supplied us with some amazing prizes. Thank you to Crowfoot Brewsters, Crowfoot Coop, Heritage Park and Butterfield Acres! This event would not have been possible without the generous support of the following sponsors. Tim West Group, Crowfoot Tim Hortons provided all of the coffee for us, Crowfoot Denny's supplied all of the sausage, Cobs Bread supplied the fresh baked assortment of scones, and the amazing grill that we used to cook the pancakes and sausage was donated by Dustin from Dynamic Directional Drilling. Thank you to all of our amazing sponsors! Be sure to visit our sponsor locations and support our local businesses.



## Spring Flowering Bulbs

Gardeners have vision. All gardeners, not just the ones we admire and envy. You, me, the neighbour next door. What else would you call it when an ordinary person buys a bag of bulbs in the fall, buries them in the ground, and believes they will produce amazing blooms in 7 or 8 months?

The garden centres will have an abundance of bulbs in stock soon and your biggest decision is what to choose. There are literally thousands of bulbs on the shelves and most of us have limited garden space. The most common hardy spring-flowering bulbs for a Calgary garden are tulip, narcissus/daffodil, allium, iris, crocus, grape hyacinth and squill. The last three are petite and bloom early in the spring, the others show up later, and the irises finish their display in June. Technically, iris grows from a rhizome, but you can treat it like a bulb when planting in the fall. In addition to this list, you can find many more exotic bulbs, just don't expect them to return year after year in our climate.

There are two kinds of tulips that survive here: species (or native) and hybridized. The species tulips should spread into established colonies, returning every year. The large hybrids are more showy and popular with gardeners, but often are best only their first year. My wonderful show of huge pink tulips a few years ago has never been repeated and I fondly remember them as annuals.

If you wish to have a show of continuous color throughout the spring (of course you do) read the labels carefully, and choose from early, mid and late spring varieties. Then check the labels again for height, as they come in 6" all the way to 28" sizes. How silly to put the tall ones in the front and the short ones behind out of sight. Then there are singles, doubles, lily-flowered, fringed and parrot types, to mention only a few. There are actually 15 divisions of tulip classifications, so it is no wonder the casual gardener gets a bit bewildered. Alliums, likewise, have many varieties, and provide colour between tulips and daffodils and later blooming summer flowers.

Bulbs of all varieties look best in mass plantings of solid colors or two complementary colors. No nice tidy



rows, please, unless they are being used for cut flowers; a block of color has far more impact. What colors you choose is strictly personal - plant what looks beautiful to your eye. A sunny spot is best, although some varieties are forgiving and will bloom later in partial shade. Because they are among the earliest color in our Chinook gardens, tulips partner nicely with other bulbs like Muscari (Grape Hyacinth), Scilla (Squill) and dwarf Narcissus.

Get your bulbs in the ground in Sept or October; they need some time to root before the ground freezes. If you share your garden with squirrels, cover the new planting with wire mesh secured by stakes or rocks to keep those little paws from digging them up. Squirrels are particularly fond of tulip bulbs. And while you are at it, be sure to add some new ones in your front yard for the pleasure of your friends and neighbours.

*Barbara Shorrock is a gardener, retired realtor, traveler, reader, ESL coach and Spanish student. She can be found at the monthly Queensland Garden Club meeting most first Wednesdays.*

A total solar eclipse—the aligning of the Sun, Moon and Earth—will occur on August 21. The total phase will not be visible in Calgary, but can be observed as a partial solar eclipse here. It will be at its maximum at 11:33 a.m., so get out your pinhole camera and enjoy the spectacle; the last one was in 1979.



## Mathematics Tutor

Dr. Peter Zvengrowski is a retired professor from the University of Calgary.

- 50 years' teaching experience
- Earned nominations and received Best Professor Award
- Tutors students from elementary to university level

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For info contact Daniel at  
403-239-9467 or [dverzotti@shaw.ca](mailto:dverzotti@shaw.ca)  
[www.calgarykarate.net](http://www.calgarykarate.net)

## COMMUNITY ANNOUNCEMENTS

**Deadline – 1<sup>st</sup> of each month for the next month's publication**

**Contact [news@great-news.ca](mailto:news@great-news.ca)**

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

**CHILD SCIENTISTS WANTED!** Ch.I.L.D. Research Group at the University of Calgary requires kids under 14 years to participate in fun game-like projects to help us understand how children develop language and social understanding. If interested call (403) 220-4955, email [child@ucalgary.ca](mailto:child@ucalgary.ca), or visit <https://psyc.ucalgary.ca/child/>

**CALGARY 55+ GAMES:** From August 10<sup>th</sup> to 12<sup>th</sup> 2017, Calgary 55 Plus Games Association will be hosting the Calgary 55 Plus Provincial Championships. There will be 11 events. We need new members and volunteers. Go to [www.calgary55plus.com](http://www.calgary55plus.com) for information.

## BRAIN GAMES SUDOKU

2	8	4	1	9	6	5	3	7
1	5	3	2	4	7	6	8	9
6	7	9	3	5	8	1	2	4
3	4	6	8	2	5	7	9	1
7	9	8	4	3	1	2	5	6
5	1	2	6	7	9	3	4	8
4	6	5	9	1	3	8	7	2
8	2	7	5	6	4	9	1	3
9	3	1	7	8	2	4	6	5



### Arbour Lake mybabysitterlist

Name	Age	Contact	Course
Ameena	15	587-437-8689	Yes
Angela	16	403-288-3410	Yes
Baillie	17	403-210-0113	Yes
Callie	17	403-519-8835	Yes
Emily	18	587-777-5046	Yes
Heila	14	587-968-1599	No
Iris	53	403-999-2345	No
Julia	59	403-547-0380	Yes
Kate	21	403-703-2669	Yes
Madison	15	403-241-9188	Yes
Maria	17	403-615-3797	Yes
Maria	17	403-615-3797	Yes
Megan	16	403-241-5152	Yes
Meghan	16	403-239-2179	Yes
Michelle	15	403-208-0918	Yes
Moiramcinnis19	19	403-966-1102	Yes
Naomi	18	403-615-9834	Yes
Naomi	18	403-615-9834	Yes
Natalia	15	403-671-1342	Yes
Nikita	12	587-227-9483	Yes
Yuna	17	587-969-7816	Yes

### Calling All BABYSITTERS

Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

### Calling All PARENTS

Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).



## Arbour Lake Real Estate Update

Last 12 Months Arbour Lake  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
June 2017	\$497,400	\$500,000
May 2017	\$549,000	\$538,000
April 2017	\$575,000	\$555,000
March 2017	\$499,900	\$515,500
February 2017	\$499,900	\$495,350
January 2017	\$527,450	\$519,400
December 2016	\$523,900	\$508,000
November 2016	\$484,900	\$466,000
October 2016	\$584,450	\$540,250
September 2016	\$509,900	\$495,500
August 2016	\$529,900	\$538,000
July 2016	\$506,700	\$499,750

Last 12 Months Arbour Lake  
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
June 2017	22	8
May 2017	12	9
April 2017	8	5
March 2017	6	5
February 2017	6	7
January 2017	11	8
December 2016	1	3
November 2016	8	5
October 2016	4	6
September 2016	10	8
August 2016	14	11
July 2016	13	12

To view more detailed information that comprise the above  
MLS averages please visit [arbour-lake.great-news.ca](http://arbour-lake.great-news.ca)

Calgary



# Share your thoughts about the Arbour Lake development application

The City is currently reviewing an application to develop the “Hawkwood Farm” land and we’re looking for feedback from the community.

Throughout August, we’ll be seeking your input through an open house, online survey and other engagement opportunities in the Arbour Lake community.

Learn about upcoming engagement opportunities, stay up to date on the project and sign up for email updates. Visit [calgary.ca/arbourlake](http://calgary.ca/arbourlake)

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