

OCTOBER 2016

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THE OFFICIAL BANFF TRAIL COMMUNITY NEWSLETTER



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Name	Age	Contact	Course
Abigail	13	403-554-4577	Yes
Ava	13	403-279-2083	Yes
Maria	13	403-467-2760	Yes
Sophie	17	403-650-8461	No
Dario	18	403-681-7109	Yes
Samantha	22	204-781-7743	Yes
Eliana	31	587-437-1107	No
Rowena	41	587-894-0713	Yes
Todd	45	403-585-8463	Yes

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Banff Trail Community Association

2115 - 20 Avenue NW
 Calgary, AB, T2M 1J1
 Phone: 403.282.2234
contact@banfftrailcommunity.ca
www.banfftrailcommunity.ca

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Banff Trail Community Association

BOARD MEETINGS

are on the first Wednesday of every month from 7:00pm-9:00 pm

Next meeting is October 5, 7-9pm

See you there!

MEMBERSHIPS

Community memberships are available at \$10 for single, \$15 for family and household, and \$25 for businesses Membership year is March 1 to February 28
Pay by PayPal online at www.banfftrailcommunity.ca

Newsletter Submissions
November Issue
Deadline

October
7th

howlereditor@banfftrailcommunity.ca

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Banff Trail Community Association

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OFFICERS

President Barry Clement	president@banfftrailcommunity.ca
Vice-President Heather Spicer	vicepresident@banfftrailcommunity.ca
Treasurer Incoming	treasurer@banfftrailcommunity.ca
Secretary Gianna Cassell	secretary@banfftrailcommunity.ca

DIRECTORS

Hall Maintenance Alfred Wright	403 246-2232
Planning & Development Incoming	development@banfftrailcommunity.ca
Communications Committee John Bannerman	403-809-5036 communications@banfftrailcommunity.ca
Programs & Special Events Wanda Rose Beatrice Kozlowski	
Hall Manager Eileen Arthur	403 282-2234 hallmanager@banfftrailcommunity.ca

VOLUNTEERS

Memberships Natasha Freedman	403 454-7369 memberships@banfftrailcommunity.ca
Soccer Coordinator Kerstin Plaxton	soccer@banfftrailcommunity.ca
Howler Editor	howlereditor@banfftrailcommunity.ca

DIRECTORS AT LARGE

Llyal Grummett	403-284-3622
Chris Van Egmond	403-289-0216

Have questions about Hall rentals or availability?

Contact our Hall Manager Eileen Arthur at 403-282-2234 or e-mail her at: hallmanager@banfftrailcommunity.ca.

Office hours are Tuesday and Thursday
6:30 to 8:00 p.m.

BANFF TRAIL MESSAGES

A new informal fitness group for women is being launched — The Banff Trail Community Runners. Members will pitch runs (or other workouts — hikes, skiing, snowshoeing, etc.) to meet up with like-minded neighbours. Contact Carolyn Fisher at carolynf@telus.net to get involved. Thanks to Karen France for the idea. See you on the running paths!

Recently thieves have been targeting new housing developments in some NW communities stealing appliances, tools and construction material. Most of the work takes place during daylight hours and cease before 10 p.m., as per the noise bylaw. If you live near a new housing development and notice any suspicious activity outside these hours you are encouraged to phone the Calgary Police Service through the non-emergency line at 403-266-1234. If you witness a crime in progress please hang up and dial 9-1-1. If possible, obtain a physical and clothing description along with a direction of travel of any suspicious individuals. This information is crucial for responding police officers. You may also report crime anonymously at CrimeStoppers at 1-800-222-8477.

Howler editor wanted! Contact us if you're interested in this volunteer position.

Halloween costume exchange - all ages and sizes can bring costumes ("G" rated only, please!) to exchange. Watch for more details!



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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.



For Women

The Banff Trail Community Runners

The Banff Trail Community Runners is an informal fitness group for women. Members pitch runs (or other workouts — hikes, skiing, snowshoeing, etc.) to meet up with like-minded neighbours. Contact Carolyn Fisher at carolynf@telus.net to have your name added to the Banff Trail Community Runner email group. See you on the running paths!

Community Garden

You may have noticed the beautiful space behind the Banff Trail Community Centre. The Banff Trail Community Garden is a volunteer run garden for Banff Trail Community residents. It offers individual plots and communal planting areas. We take great pride in maintaining this beautiful oasis in the heart of the community. If you are interested in becoming a member or learning more about the garden, please contactbtcommunitygarden@gmail.com.



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IT'S HAPPENING IN BANFF TRAIL

Remember, www.BanffTrailCommunity.ca is the place to look for short-notice events and more Community info. Check out our event calendar and interactive community map! We are also on Facebook now too: <https://www.facebook.com/BanffTrailCommunity>

Tai Chi Classes – Wednesday nights 7-8 p.m.

Wednesday nights from 7-8 at the hall. A great way to relax and meet people. Feel free to just show up – wear clothes you can move in! \$50 only for community members for 10 sessions.

Zumba® with Andrea - Every **Monday 7:30-8:30pm** and **Wednesdays 8:15-9:15pm**. Drop-ins welcome. Monthly Passes available. For up-to-date schedule and fees please check out <http://andreadawe.zumba.com> or contact Andrea at andreadawe.zumba@gmail.com. Come join the party and dance yourself fit! No experience necessary!

Qigong is back on Mondays from 10:00 a.m. to 11:30 a.m.

Karate and Kobudo – Tuesday and Thursday nights 8 – 9 p.m.

Classes available for all ages. More information can be found at: www.shinshikan.com

Yoga Classes & Workshops

A great way to enjoy the benefits of yoga and have fun too!

Improve strength, coordination, posture and balance; increase your energy level and flexibility; enjoy greater vitality.

The All Levels class takes place on Thursdays from 7 - 8 p.m., and the Gentle Yoga class is held on Tuesdays from 10 - 11 a.m. For more information or to register, please contact Margau at 403-585-0043 or email yogamarg@telus.net. Ask about our monthly yoga workshops too!

Wednesday Afternoon Crib Club

Every Wednesday from 12:30 – 3 p.m.

New Players Welcome! Join a lively group of seniors enjoying 9 - 12 tables of crib each week. Two crib tournaments each year and several Pot Luck Luncheons each year.

Feel free to drop by and join in the fun.

Check out the website or the Facebook page for more up-to-date information.

Registered Women's only Bootcamp Training Class Mondays and Wednesdays at 5:30-6:30 and Saturday mornings at 9:30-10:30.



READY for a CHANGE? BBT Bootcamp Academy Training Camps for Women. BBT Bootcamp is the ultimate workout for every fitness level that will keep you challenged, energized, and excited for the next class. Our training program will nudge you one step at a time toward creating a stronger, fitter, leaner, more balanced body with a dash of fun thrown into each class!

If you are ready to transform your life, come train with us. **QUESTIONS:** Tracy Halasz, 403-464-9627, bbtfittnut@gmail.com **REGISTER:** www.bbtfitnut.com.

ZUMBA

Zumba® at BTCA! Your first trial class is FREE! Drop-ins are welcome! No experience necessary. Come ready to dance, get fit and have FUN!

Join **ANDREA Mondays 7:30-8:30 PM** Website: www.andreadawe.zumba.com, Email: andreadawe.zumba@gmail.com. (Fall session started Sept. 5th)

Join **NATALIE Wednesdays 8:15-9:15 PM** Email: nataliebrennan90@gmail.com for details. (NO classes in September - Fall Session starts in late fall)

Join **HIROE Thursdays 10-11 AM** Website: <http://hiroebellows.zumba.com>, Email: hiroe.zumba@fitness@gmail.com. (Fall Session started Sept. 8th)

PRESIDENT'S MESSAGE

I've always felt that the fall mean a bit more in our little community, with our beautiful blanket of trees, our community garden harvest, and of course the fresh crop of students (both small and big) tromping down the sidewalks to school and university.

Here's some what's been going on

Development in the community has already accelerated in response to the **Banff Trail ARP** (Area Redevelopment Plan). There has been an increasing number of rezoning applications, and **our first set of row-housing** has been proposed. If you are interested in learning more, or helping guide the development in the community, I urge you to contact Kathryn Davies, our Development volunteer, at development@banfftrailcommunity.ca

The **Skating Rink Project** is in full swing, however due to increasing complexities in the permitting process with the city, and tricky design considerations, we may miss the season to pour concrete this fall. We're doing what we can to schedule construction such that we still have the old rink to skate on this winter, but our fingers are crossed that it works out.

On the plus side, delays in the construction of the rink have allowed us to integrate in a design for **landscaping and improvement of the deck area** (overlooking the garden and rink), possibly incorporating a seating and fire pit warming area. If you have ideas or concerns, please contact us.

Seedlings **Spanish preschool**, sadly, was subject to permit delays with the city as well, and won't be starting until January. In the meantime, the basement is available for your bookings anytime.

You may have noticed that **our website has been hacked!** By the time you're reading this message, it will be fixed, courtesy of a kind donation by a community volunteer, Mr. Rose. In the fixing, we may be able to upgrade or modify some items. If you have ideas of how it could be better, let us know! Email web@banfftrailcommunity.ca.

We've been approved to work a **Casino, January 3 and 4**. Casino funds are the primary source of money for the community to make large scale improvements, such as the deck, rink, or even more ambitious projects like traffic calming measures. But of course **we need volunteers** to help us work it those two days. They're surprisingly enjoyable to work, now that there is no smoking, and you get a free meal and a chance to socialize with your fellow community members.

Spring soccer is looking for a new coordinator for next year. It's nice and seasonal, and uses a nice online system for the heavy lifting. If you're interested, please email soccer@banfftrailcommunity.ca.

Our winter events often include a sing-along, beer and board games, potlucks, skating, and more. If you have any ideas for an event, or would like to participate in one, please email events@banfftrailcommunity.ca, or come visit us at a meeting.

Every one of these fantastic items happens thanks to the help of interested members of the community. If you have anything you'd like to see in our community, don't hesitate to get involved. Come to any meeting the first Wednesday of the month, 7-9pm at the hall, or just send me an email at president@banfftrailcommunity.ca. You'll be welcomed into a pretty awesome group of neighbors who are here to make Banff Trail a great place to be.

*Barry Clement
BTCA President*

HOWLER SUBMISSIONS

Do you have an interesting story you think should be in The Howler? Know of someone living in Banff Trail how deserves to be featured in our newsletter? How about photographs of our community? If you do please contact howlereditor@banfftrailcommunity.ca.

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~cont'd next page~



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Put Your Stamp on the Process

Times have changed since the first letter was sent in Canada in 1693. The postal service provided by Canada Post is no longer as dominant in our daily lives as it used to be. With cell phones, email, texting, paperless billing, e-transfers and courier services, Canada Post has seen its role in our daily lives diminishing annually since 2006. At the same time, an average of 169,000 new addresses are added each year to the existing 15.8 million existing addresses.

With more places to deliver mail each year and less mail being sent, this has had a dramatic effect on revenues and costs. Canadians need to take a good look at our postal system and figure out a way to make it both sustainable and affordable. It is a vicious circle - stamp costs increase to cover growing operating costs which, in turn, results in less mail being sent and revenue dropping even further.

However, we still have a critical need for a national postal system as many Canadians and businesses rely on it for many reasons. Last year alone, Canada Post delivered almost nine billion items to every corner of Canada.

The time has come for Canadians to look at the future of our postal system to ensure it is both sustainable and affordable for everyone. A review of Canada Post is now underway and you can participate.

Canadians are being asked to contribute their comments, concerns and, most importantly, their ideas on how we can achieve these goals. For example, the most common idea I have heard so far is the suggestion to make mail delivery every second business day. This would save money and the impact on the environment. Canadians are known for being a resourceful and creative bunch and I am sure there are many more ideas to come.

An independent Task Force is currently gathering facts and developing options for consideration. Next, a Parliamentary Committee will consult Canadians on the options and make recommendations to the Government on the future of Canada Post.

To share your input, please send your ideas to TPSGC.ExamendeSPC-CPCReview.PWGSC@pwgsc-tpsgc.gc.ca, fax 1-844-836-8138, or even better, MAIL your comments to Canada Post Review, CP2200, Matane, QC, G4W 0K8. As your Member of Parliament, I am interested in knowing your views, and would appreciate being copied on your submission.

Call For Articles

If you would like to write a piece for the Banff Trail Howler, please email your submissions to howleditor@banfftrailcommunity.ca. We'd love to hear about your local interests! We are also accepting photographs for cover art.

New to Banff Trail

If you have been walking around Banff Trail lately, you will have noticed that in addition to all of the new housing, we also have new businesses taking root! Convenience stores, a nail salon, and a take-out pizza joint are just a few of the places opening their doors and sharing space with the businesses we already know. Because of the age of our community, we still see small commercial strips among the blocks of houses, particularly near the schools and community hall. Visit our new and pre-existing business neighbours and keep it local!

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DESTINY PERFORMING ARTS ACADEMY: New faith-based performing arts program; offering dance classes, reggae tone fitness, drama and creative arts painting for all ages. Give children and youth the opportunity to express their creative talents! All sessions start in September 2016 at 1903 - 19 Avenue NW, Calgary. For more information: info@destinyarts.ca or call Evane at 403-922-4407.

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I am interested in volunteering with the community association:

- Newsletter
- Social Functions
- Sports
- Fund-raising
- Maintenance
- Other (please specify): _____

The rates for Banff Trail Community Association membership are:

- Single \$10
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Please mail your application form to
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As a large urban centre in a prosperous country, Calgary continues to mature and develop. To keep up with the pace of this perpetual growth, it is important for the City of Calgary to make investments in transportation infrastructure like streets and public transit.

Large projects like the Green Line LRT and the Crowchild Trail Study get most of the attention, since they will move many thousands of Calgarians across the city. It is important though that we don't forget about smaller investments that can make positive differences for local residents and their communities.

With this in mind, my staff and I joined the City's General Manager of Transportation and members of his team for a tour of Ward 7. The purpose of this tour was to identify small transportation issues in communities across Ward 7, and to begin working on solutions. We identified certain fixes that could be implemented quickly, as well as more significant projects for the future.

We noted instances where the design of various intersections made it less safe for all road users. One example was at 19 St and John Laurie Bv NW in Triwood, where higher visibility crosswalks and better lighting were identified to improve the safety of people walking through the area. In Sunnyside, we saw that a new crosswalk at Memorial Dr and 9 St NW would improve walking and cycling access to the Bow River Pathway and Downtown. Work on that crossing will be complete in Fall 2016.

We also noticed that several stretches of sidewalk along 16 Av NW, from Mount Pleasant to Banff Trail, were patch works of uneven concrete and asphalt. Weed maintenance was an issue as well. These are cosmetic issues that can improve an area by making them more pleasant and accessible for local residents. The weeding was quickly completed and sidewalk repair was identified as future work. Elsewhere along 16 AV, between Rosedale and Capitol Hill, we saw a need to improve awareness between those driving and cycling at the busy 10 St NW

intersection. Inexpensive green conflict paint was soon added across the turn lanes as a result.

In areas seeing redevelopment, we noticed several instances of construction projects impeding access for people walking. In East Village, we found construction hoarding blocking entire sidewalks. This is a serious concern for a community with high numbers of residents with mobility challenges. The hoarding issues were quickly corrected and we secured a commitment from city staff to ensure that sidewalks are more consistently kept clear and safe during construction.

These are just a few examples of issues we identified. If you see concerns such as these in your community, be sure to call 3-1-1 or go online to www.calgary.ca/311. To learn more about this and other Ward 7 topics, visit www.druhfarrell.ca. To sign up for updates on key issues, please email ward07@calgary.ca.

Volunteers Needed

The Banff Trail Community Association is in need of volunteers to help with projects and events throughout the year

We encourage everyone in the community to become more involved. Even if you are a short term resident you can be an engaged member of our thriving community.

We need more help so please get involved!

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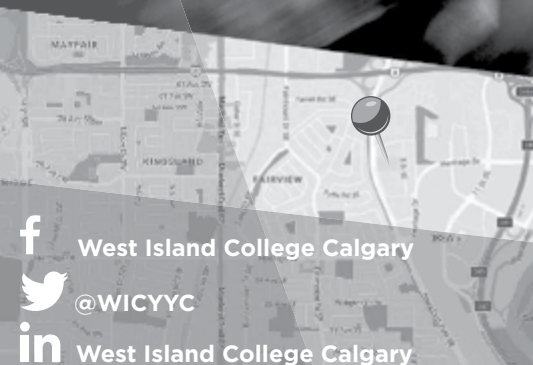
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