BANFF TRAIL howler

THE OFFICIAL BANFF TRAIL COMMUNITY NEWSLETTER WINE & CHEESE MARCH 25 AT THE HALL!



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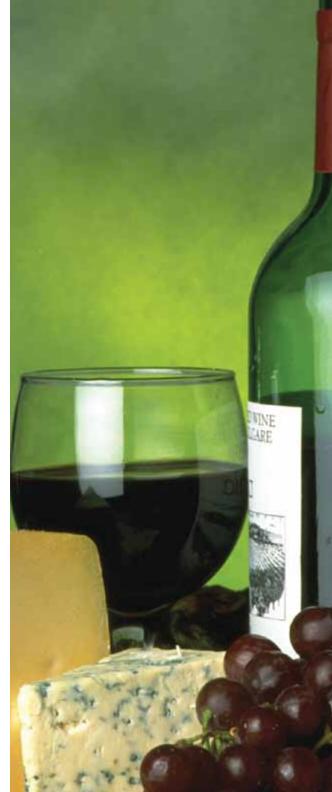
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BANFF TRAIL COMMUNITY ASSOCIATION

2115 - 20 Avenue NW Calgary, AB, T2M 1J1 Phone: 403.282.2234 contact@banfftrailcommunity.ca www.banfftrailcommunity.ca

Delivered monthly to 2,100 households and businesses for 9 years!

Editorial Submissions

howlereditor@banfftrailcommunity.ca All editorial submissions must be submitted by the 7th of the month for the following month's publication.

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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Banff Trail Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary Weather Information	511
Gamblers Anonymous	403-237-0654

PRESIDENT'S MESSAGE

What a winter! I hope everyone has been staying warm and getting the help they need with snow shoveling. Don't forget that calling 311 is the best avenue for dealing with snow related concerns. I've been super pleased to see how well the Confederation Golf Course skiing has been going this winter. It's a wonderful little slice of winter wonderland in that park.

Information of Note in the Community:

- Our next community event will be Wine and Cheese March 25th. Keep your eye out for details on signs or our website or facebook.
- We recently had a wonderfully enjoyable **volunteer appreciation night**. Great thanks to those volunteers that planned the volunteer night! We've decided to run one of these every two years, so that we don't risk over-appreciating our fine people...
- There have been many garage break-ins in the neighbourhood. Usually at night, and usually forced-entry, with tools and sporting goods being taken and driven off in a vehicle. The police recommend you keep photos and serial numbers of all valuables, keep your garage locked, and report any suspicious activity in the allevs.
- Our respected and helpful Calgary Police Force liaison,
 Constable John Kastamonitis, has moved on. We thank him for his good work with us, and look forward to a new relationship with Constable James Dore.
- The city has let us know that they plan on addressing our **traffic-calming concerns** as part of a **"Complete Streets Project"**, to begin in the fall of this year. The notes streets are 20 Ave, 24 Ave, 19 St, King George School site, however the plan could encompass the entire Capitol Hill / Banff Trail / Mount Pleasant area.
- We're still working on joining forces with our fine neighbours, Capitol Hill Community Association to help us communicate better with our local residents. Our content will be submitted to their electronic newsletter (sign up at www.capitolhillcommunity.ca), and we'll be including their news in our paper newsletter. Any and all feedback is welcome, at howlereditor@banfftrailcommunity.ca.
- The final draft for Crowchild Trail improvements have been put online by the City. (Google "Crowchild Trail study final recommendations"). They will be pre-

sented to city council in early 2017. The best way to impact these plans is to comment directly to the City, but if you'd like to discuss it with us at the Community Association, we'd love to hear from you. Near term changes recommended are:

- No left turn from Northbound Crowchild onto 24th Ave during rush hours. To be completed late next year.
- No left turns off of Crowchild in the section between 23rd Ave and 24th Ave (the strip along Motel Village). To be completed late next year.
- Construct a ramp from Westbound 16th Ave to Northbound Crowchild. Funding not confirmed. 2017-2020 time frame.
- The Medium-term plan includes an overpass for 24th Ave over Crowchild.

Banff Trail has been selected by the Ward 7 office this year for the "This is My Neighbourhood" program. We get more engagement and attention from the full set of City of Calgary departments, with the goal of making our community a better place. Check out engage. calgary.ca/TIMN, and please send us any ideas you may have!

Every one of these fantastic items happens thanks to the help of interested members of the community. If you have anything you'd like to see in our community, don't hesitate to get involved. Come to any meeting the first Wednesday of the month, 7-9pm at the hall, or just send me an email at president@banfftrailcommunity. ca. You'll be welcomed into a pretty awesome group of neighbours who are here to make Banff Trail a great place to be. Nobody emailed me about the fruit, so I'm going to eat the prize all by myself! If you send me an email before this gets published, I'll share with you.

Barry Clement, BTCA President





Banff Trail Community Association BOARD MEETINGS

are on the first Wednesday of every month from 7:00pm - 9:00pm

See you there!

MEMBERSHIPS

Community memberships are available at \$10 for single, \$15 for family and household, and \$25 for businesses Membership year is March 1 to February 28

Pay by PayPal online at www.banfftrailcommunity.ca

HOWLER SUBMISSIONS

Do you have an interesting story you think should be in The Howler? Know of someone living in Banff Trail how deserves to be featured in our newsletter? How about photographs of our community? If you do please contact howlereditor@banfftrailcommunity.ca.

STAY CONNECTED WITH BANFF TRAIL:

Check out our Website: www.banfftrailcommunity.ca

Like us on Facebook: www.facebook.com/ BanffTrailCommunity

Follow us on Twitter: twitter.com/BanffTrailYYC

Banff Trail Community Association

2115 - 20 Avenue NW . T2M 1J1 • 403 282-2234

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Have questions about Hall rentals or availability?

Contact our Hall Manager Eileen Arthur at 403-282-2234 or e-mail her at: hallmanager@ banfftrailcommunity.ca.

Office hours are Tuesday and Thursday 6:30 to 8:00 p.m.

Blue Cart Recycling Tip Of The Month

Bag your bags!

Always bundle your plastic bags before recycling

Loose plastic bags cause problems at the recycling facility. They fly around, become stuck in other recyclables, jam equipment and cause costly delays.

Bundle your plastic bags into a single bag before putting into your blue cart or community recycling depot.

Learn more tips for preparing your recyclables at calgary.ca/recycling.

YES! Bundle all stretchy plastic bags together in one bag and tie the handles closed. Acceptable plastic bags include:

- Grocery bags
- Shopping bags
- Sandwich/lunch bags
- Ziploc®/freezer bags
- Bread bags
- Dry cleaner bags
- Plastic stretch wrap
- Bubble wrap

NO. Do not recycle these types of bags:

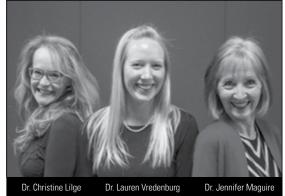
- No single or loose plastic bags.
- No crinkly bags like cereal or cracker bags.
- No food pouches





Soccer **Registration!**

Banff Trail Outdoor Soccer Registration is available online. Please register at https://go.teamsnap.com/ forms/49819. Information can be found at http://www. banfftrailcommunity.ca/programs/soccer/. Please e-mail Kerstin at soccer@banfftrailcommunity.ca with any questions. Hope to see you out in the field season.



QUALITY WORK IN A FRIENDLY ENVIRONMENT COME CHECK US OUT!

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1910-20th Ave NW. Suite 206 (one traffic light north of 16th Ave Home Depot) 403-284-3061

IT'S HAPPENING IN BANFF TRAIL

Remember, www.BanffTrailCommunity.ca is the place to look for short-notice events and more Community info. Check out our event calendar and interactive community map! We are also on Facebook now too: www.facebook.com/BanffTrailCommunity.

Tai Chi Classes – Wednesday nights 7-8 p.m.

Wednesday nights from 7-8 at the hall. A great way to relax and meet people. Feel free to just show up – wear clothes you can move in!

Karate and Kobudo – Tuesday 8-9pm and Thursday 7-8 pm and Saturday 11-12 noon

Classes available for all ages. More information can be found at: www.shinshikan.com

Yoga Classes & Workshops

A great way to enjoy the benefits of yoga and have fun too! Improve strength, coordination, posture and balance; increase your energy level and flexibility; enjoy greater vitality. The All Levels class takes place on Thursdays from 7 - 8 p.m., and the Gentle Yoga class is held on Tuesdays from 10 - 11

STEP INTO SPRING



Are you thinking of becoming more active?

The University of Calgary is recruiting volunteers for a 12-week physical activity study.

To participate you must be:

- -18 years of age or older
- -Exercising less than 3 days per week
- -Have internet access

You will be asked to wear a pedometer for 3 months, log your activity onto a website, and complete 3 questionnaires.

By completing the 3 questionnaires you will receive:

- -A pedometer (\$25 value)
- -\$10 gift card
- -Prize draw entry for \$1000 gift card

To participate contact Research Coordinator: perryr@ucalgary.ca

Ethics ID: REB15-2944

This study has been approved by the University of Calgary Conjoint Health Research Ethics Board.

a.m. For more information or to register, please contact Margau at 403-585-0043 or email yogamarg@telus.net. Ask about our monthly yoga workshops too!

Wednesday Afternoon Crib Club

Every Wednesday from 12:30 – 3 p.m.

New Players Welcome! Join a lively group of seniors enjoying 9 - 12 tables of crib each week. Two crib tournaments each year and several Pot Luck Luncheons each year.

Feel free to drop by and join in the fun.

Check out the website or the Facebook page for more up-to-date information.

Registered Women's only Bootcamp Training Class

Mondays and Wednesdays at 5:30-6:30 and Saturday mornings at 9:30-10:30.

READY for a CHANGE? BBT Bootcamp Academy Training Camps for Women. BBT Bootcamp is the ultimate workout for every fitness level that will keep you challenged, energized, and excited for the next class. Our training program will nudge you one step at a time toward creating a stronger, fitter, leaner, more balanced body with a dash of fun thrown into each class!

"Zumba® at BTCA! Your first trial class is FREE!

Drop-ins are welcome! No experience necessary. All fitness levels welcome. Come ready to dance, get fit and have FUN! Join ANDREA Mondays 7:30-8:30 PM Website: www.andreadawe.zumba.com, Email: andreadawe.zumba@gmail.com Join NATALIE Wednesdays 5:45-6:45 PM Website: http://nataliebrennan.zumba.com Email: nataliebrennan90@gmail.com"

New Preschool Sports Program! Check out Winter programs at Banff Trail Community Association or visit us at www.sportball.ca.

Session #1 Wednesday Jan 18 - Feb 15 10:30 - 11:30 am Session #2 Wednesday Feb 22 - Mar 22 10:30 - 11:30 am

Given the increasing number of young families in the area, a couple of parents are exploring the option of establishing a co-op daycare in the neighbourhood. If anyone is interested in learning more or getting involved, please contact Kathryn at banfftraildaycare@gmail.com

Calgary Police Service

Changes to Calgary's alarm bylaw

The Calgary Police Service and The City of Calgary have revised the current Alarm Services Bylaw, changing how officers are dispatched and introducing paid, annual alarm permitting.

As of Sunday, Jan. 1, 2017, you'll need an alarm permit in order for police to attend your location for an alarm call. Annual permitting ensures we have the most up-to-date and accurate information about your location and can attend in a timely manner. Permits are \$15 for residences and \$20 for businesses, and are subject to an annual renewal. For any existing permit holders renewals will begin in July 2017. Premise owners will be contacted two months before their permit needs to be renewed and new permit holders will pay when they apply for a permit.

This spring, the false alarm penalty fee structure will also change. More than 75 per cent of alarm users only have one false alarm each year; CPS used to charge \$75 for each false alarm. With the new fee structure, the first false alarm is free. The second false alarm will be \$75, with an escalating scale for additional alarms to a maximum of \$625 for 10 or more alarms in any 12-month period. This is intended to hold alarm systems users more accountable to properly manage their systems.

Police are making these changes to reduce the amount of false alarms we respond to each day. Before initial changes to dispatch criteria were made, police were responding to approximately 45 alarm calls every day; 96 per cent of those calls were false alarms.

In May 2016, Calgary police changed the requirements so that two or more alarm zones within a location need to be activated and that at least two key holders must be called by the alarm company prior to police being dispatched. These changes alone have reduced the number of dispatched alarm calls by 54 per cent, better ensuring that police resources are available to respond to priority calls.

It is important to note that police will continue to respond to any panic, duress, or hold up alarms, confirmed criminal activity, public safety concerns, and verified alarm activations.

IN & AROUND CALGARY

Crowchild Trail Study – Presenting the final recommendations

Thank you Calgary for your participation and support throughout the Crowchild Trail Study. Together we have developed recommendations for short-, medium- and long-term changes and upgrades to Crowchild Trail that reflect a balance of many ideas and perspectives, and best align with the study's key principles and goals.

The final study recommendations will be presented to Council's Standing Policy Committee (SPC) on Transportation and Transit:

Date: Wednesday, April 19, 2017 Time: 9:30 a.m.

Location: 800 Macleod Trail S.E. (Council Chamber)

If you are interested in speaking to Council about the study, we invite you to join us on April 19, 2017. As with the majority of reports from City Administration, the Crowchild Trail Study will be presented to Council's SPC on Transportation and Transit before it is forwarded on to Council. You are welcome to speak to Committee, but not at the regular meeting of Council. Reports are heard in the order they appear on the agenda which is published **approximately four days** in advance of the meeting.

More information on attending meetings of Council and Standing Policy Committees is available at **calgary.ca**. For more information on the study, visit **calgary.ca/crowchild**.

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			1	4			8	2
2							1	
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5		4		3		9		8
3		9						
	4							1
1	9			8	7			
8		3			4	2		

FIND SOLUTION ON PAGE 15

SUDOKU New to Banff Trail

If you have been walking around Banff Trail lately, you will have noticed that in addition to all of the new housing, we also have new businesses taking root! Convenience stores, a nail salon, and a take-out pizza joint are just a few of the places opening their doors and sharing space with the businesses we already know. Because of the age of our community, we still see small commercial strips among the blocks of houses, particularly near the schools and community hall. Visit our new and pre-existing business neighbours and keep it local!

Call For Articles

If you would like to write a piece for the Banff Trail Howler, please email your submissions to howlereditor@banfftrailcommunity.ca. We'd love to hear about your local interests! We are also accepting photographs for cover art.

BTCA Membership Form

Name:	Spouse:		
Address: Postal Code:	Phone:		Fax:
Email:			
Children under age 18:			
I am interested in volunteering with			
Newsletter Social Functions	 Sports Fund-raising 	 Maintenance 	
Other (please specify):			

Single \$10

• Family & Household \$15 • Business \$25

Please mail your application form to BTCA 2115 20 Avenue NW T2M 1J1

Make cheques payable to the Banff Trail Community Association Phone 403 454-7369 for more information

Helping Your Child, but Letting Them Lead

It can take some time for many young children to get into the routine of using a toilet.

By Doug N Horner, Alberta Health Services

Making the switcheroo from diapers to the toilet is a big, albeit sometimes messy, milestone for children and parents alike. For toddlers, learning to use a toilet is about being ready, controlling muscles and getting acquainted with an enormous porcelain artifact that makes loud and unpredictable gurgling noises. The toilet can appear to children as a powerful, portal-like device—many fear getting flushed into oblivion.

As toddlers are learning to exercise control, parents wrestle with a lack of control. Petra Debow, a parent educator with the Family Centre in Lethbridge, suggests that patience sets the foundation for a potty-positive experience.

"Most children learn to use the toilet between the ages of two and three," says Debow, adding that every child learns at their own pace. Wait for your child to be curious about the toilet and to be aware they're peeing or pooping.

Catherine Young—a nurse and mother expecting her third child in February—says her first two children's education in toileting began only "when they had an interest in it and they seemed ready." Toddlers will also express discomfort at having a soiled diaper. In many respects, the bathroom becomes a realm where the child takes the lead.

Attentiveness is crucial for parents. Watch for clues that your child needs to go, such as stopping what they are doing, fidgeting or saying: "Oh, oh." But parents also need to feel prepared. Debow recom-

mends setting aside time. If you have relatives visiting, a big deadline at work or are in the middle of a kitchen renovation, you may want to wait. There's no need to rush.

"Prepare yourself mentally and put all the other things aside for a couple of weeks until it's dealt with," Debow says.

Plan to help your child with this developmental leap when you can be enthusiastic and supportive about the trek from diaper to toilet.

Young says she also borrowed several books from her local library—she recommends Once Upon a Potty by Alona Frankel in particular—after her kids showed interest in the toilet. She and her husband also made the bathroom more familiar and less intimidating.

It can take some time for many young children to get into the routine of using a toilet, explains Debow. And staying dry at night often takes longer.

If you and your child try toileting for two weeks and make little progress or your child is resisting, Debow suggests a break. "You don't want to push it so it turns into a negative thing."

First Church of Christ, Scientist All are Welcome The Heart of Christian Science is Love. In Christian Science, this is more than worship; it's about the practicality of learning to love God supremely and to love others as ourselves.

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Sunday morning church service and Sunday school at 10:00 am and Wednesday at 7:30 pm for weekly **Testimony meeting** 2603-19 Street NW

403 266-3787 or fccs@shaw.ca www.christianscience.ab.ca



We are often contacted by individuals concerned about loss of green space, such as linear parks, golf courses, and other connectors used as wildlife routes. People need the outdoors for healthy lifestyles. In a recent media interview, I was asked to describe what Nose Hill means to the quality of life in North Calgary. In addition to hiking, walking, and cycling, I thought of wildlife sighting and plant studies, especially in the spring. However, there are butterfly enthusiasts too. Nose Hill has been the subject of photography, for decades, and there are paintings of the park in different seasons.

The Citizens for Nose Hill was an early preservationist group. Two other Calgary parks (which had been recognized as property of City-wide significance) were recently re-designated as municipal historical resources, under Section 26 of the Alberta Historical Resources Act. The aim is to protect each site in perpetuity, since they are eligible for provincial grant funds, in order to support on-going conservation.

Confederation Park was once known as the rough and featureless North Hill Coulee This Park was added to Calgary's inventory of evaluated historic resources, in 2010, based on the community effort to establish the park, on the centennial of Canadian Confederation. Harry Boothman, a Superintendent of Parks, and Eric Musgreave, founder of the Centennial Ravine Park Society in

1965, were influential in its 18th-century garden design. Boothman was a long-time supporter and board member of the Canadian Parks and Recreation Association. There is a bursary operated in his name.

William Reader, a garden designer, was a City Parks Superintendent from 1913 - 1942. Reader Rock Garden, established in 1914, was added to the inventory in 2007, with native plants, local materials, gardens and rock pathways. It reflects the optimism in our city's early 1900s. It was the first Legacy Park to open. (www. readerrock.com)

This bylaw protection is intended to prevent demolition but will pertain to the parks by ensuring any future changes or conservation work follow best practices in handling historical resources. The change has no impact on City operating or capital budgets.

However, the conservation of cultural landscapes can often have significant environmental benefits, as many have biodiversity being conserved as part of the landscape. In turn, their conservation contributes to biodiversity in Calgary.

There were letter of support for this designation from both the Calgary Parks Department and Calgary Heritage Authority.

IN & AROUND

EMS – Burns and Scalds

Alberta Health Services, EMS continue to respond to emergencies each year where a young child has sustained severe burns or scalds. These incidents often occur inside the child's own home. Common causes include a child accidentally tipping hot liquids onto themselves, touching hot surfaces (stoves), or making contact with electrical outlets. Fortunately, incidents such as these can be avoided by taking preventative measures.

Degrees of burn

- 1°: Affects only the top layers of the skin; appears red like a sun burn; discomfort is generally tolerable;
- 2°: Deeper and much more painful than 1°burns; broken skin or blisters commonly develop;
- 3°: Severe: the deepest layers of skin and tissue are injured; may appear charred or leathery.

First Aid for burns

- · Skin may continue to burn if not aggressively cooled. Immediately douse burns with large amounts of cold water.
- Cover the burn with a sterile dressing, or at least clean material to protect infection:
- Over the counter medications may be used for pain. Adhere to directions given on the label;
- Seek further medical attention, as required.

Prevention of burns

- · Check the temperature of your hot water tank. Temperatures as high as 60°C / 140°F will scald a child in just seconds;
- Use placemats instead of tablecloths. Tablecloths can be yanked downward causing hot drinks, or food to spill on a child;
- Turn pot handles to the back of the stove and ensure cords from kettles, slow cookers, and other electrical appliances cannot be reached;
- · Avoid picking up a child while holding any hot liquids;
- Ensure electrical outlets are made secure by installing commercially available safety devices which prohibit
- Keep children away from areas where appliances are in use (kettles, irons, hot stoves).

If you require immediate medical attention, call 9-1-1

Crowchild Trail Study – Presenting the final recommendations

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More information on attending meetings of Council and Standing Policy Committees is available at calgary. ca. For more information on the study, visit calgary.ca/ crowchild.



EVERY WEEKEND UNTIL EASTER, THE **GREAT LEGENDARY EASTER EGG HUNT** - BUTTERFIELD ACRES

The hunt begins in the barn while listening to the Legend of the Easter Bunny, once you hear what the Easter Bunny needs each of the children to do. it's off with your baskets to do his bidding and find vour goodies. Butterfield Acres boasts a real farm atmosphere and petting zoo that Calgarians have enjoyed for many years. Highly recommended for children 6 and under. Book in advance. More info: www.butterfieldacres.com



APRIL 8-9, 2017 KITTIES N' BLOOMS CAT SHOW – SHOULDICE ARENA

The 2017 Kitties 'N Blooms annual cat show will be presented by the Calgary Cat Association again this year. From rex to Persian there are cats of every fancy at this show. Judges from around the continent show off the entrants and award ribbons for various categories. Vendors will also be in attendance to sell various cat paraphernalia. More info: www. calgarycatshow.com



APRIL 23, CALGARY JAZZ ORCHESTRA PRESENTS THE MUSIC OF BENNY **GOODMAN & SUITE JUBILATION CD RELEASE – RIVER PARK CHURCH**

The Calgary Jazz Orchestra, Johnny Summers, and the NWSC are back to bring you Suite Jubilation; a remarkable 11-movement suite composed for full jazz orchestra and choir by Johnny Summers. This popular Canadian composition sparked a recording project to share this music with everyone. Adults \$30 door/\$25 advance, Students \$20 door/\$15 advance. More info: www.calgaryjazzorchestra.com



YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

♦ April 1, MAKEFASHION 5.0 - Telus Spark Science Centre MakeFashion is a world renowned fashion-tech show featuring designs debuted by international wearable technology designers from across the globe. From animated ties that display the wearer's favourite patterns, to dresses that read brainwaves and playback dreams, MakeFashion designers are inspired by fashion with high-tech functionality. More info: www.sparkscience.ca

♦ April 7-9, Make it! The Handmade Revolution (craft show) - Big Four Building. Since 2008, Make It has grown to become one of the most popular and well-attended craft fairs in Canada. Each year, more and more conscious shoppers buy from our "Makies," which in turn allows them to do the work they love. The event will feature over 175 "Makies," food trucks, a charitable silent auction, live music and a beer gardens. More info: www. makeitshow.ca

♦April 17-23, Calgary Underground Film Festival – various **venues.** Founded in 2003, CUFF is a not-for-profit organization dedicated to programming films that defy convention. Actively looking to showcase titles in all genres, from horror, sci-fi and fantasy to comedies, thrillers and music-related films; you never know what you will encounter at CUFF and that's half the fun. More info: www.calgaryundergroundfilm.org

♦ April 18-May 7, Calgary Perform Arts Festival (formerly Kiwanis Festival) - Mount Royal University

In 1931, a small group of eager musicians decided to take their love of music to the next level by creating the Calgary Music Festival and today, as CPAF, it is one of the largest amateur competitive festivals in North America. Featuring piano, string, vocal, musical theatre and much more, this festival has a gem for everyone. More info: www.cpafestival.ca

♦ April 20, LOVE HER presented by Ovarian Cancer Canada – **Hotel Arts.** LOVE HER is back, bigger than ever and celebrating with an evening of fashion, comedy, cocktails, music and exciting live and silent auctions. Founded in 1997, Ovarian Cancer Canada supports women and their families living with the disease by raising awareness among the general public and health care professionals. More info: www.ovariancanada.org

♦ April 21-22, The 2017 Dairy Classic Championship Show – Stampede Grounds

This dairy cattle show is held in the Agriculture Barns and is offering the Youth Judging Clinic in addition to the breed shows once again this year; the Jersey Show on Friday, April 21, 2017 and the Holstein Show on Saturday, April 22, 2017. Admission for all of the events is complimentary. More info: www. ag.calgarystampede.com



The Gray Partridge

Photo by Daniel Arndt (no changes made from https:// www.flickr.com/photos/ubermoogle/18050433104/)

The Gray Partridge, also known as the Hungarian Partridge, was introduced into Alberta when 70 pairs were imported from Hungary and released in 1908 near Midnapore. The smallest of Alberta's game birds, the Hungarian Partridge has an average length of 12 in./32 cm, a wingspan of 21 in./54.5 cm wingspan, and a weight of 15.6 oz./435 grams. Its neck and tail are short, its body is stout and its wings are short and rounded. This bird lives up to its name with grey legs and a grey bill as well a dark u-shaped patch on its belly, a rusty face and chestnut bards on its flanks. This game bird is the only partridge whose breast is decorated with fine wavy lines (vermiculated) of black, white and brown. A reddish brown tail and unmarked, chestnut outer wing feathers can be seen in flight.

Fun Facts:

- Originally found in Europe and Asia, this game bird was brought to live on flat agricultural land in southern British Columbia, south central Saskatchewan and Alberta.
- The Gray Partridge lives in grassland and parkland regions of Alberta but there is also a separated population in the Peace River area.
- Its habitat is open grassland, farmland and grain fields, which have an adjacent area of woody cover for hiding in. It prefers to live on the border between scrubland and areas of cultivation.
- Although this bird can fly, it prefers to spend most of its time on the ground foraging for seeds.
- The Hungarian Partridge is a ground nesting bird, creating a grass lined nest hollow in long grass or under a bush.
- The hen produces some of the largest clutches of any bird species, averaging 16-18 and can lay up to 22 eggs at one time!

- Prior to courting, males engage in prolonged battles to establish breeding territories.
- When it is flushed, it explodes from cover with a clatter of wings and rapid cackle, taking a low and fast flight path to new cover.

If you find an injured or orphaned Gray Partridge or other wild bird or animal, please contact the Calgary Wildlife Rehabilitation Society at 403-239-2488 for tips, instructions and advice, or look at the website at www. calgarywildlife.org for more information.



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COMMUNITY ANNOUNCEMENTS

Deadline - 1st of each month for the next month's publication Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- **♦** Forty word limit

LOVE TO SING? Want to experience the benefits of singing in a welcoming vocal community? Vocal Latitudes may be the choir for you. A non-audition World Music community choir, Vocal Latitudes meets Tuesday evenings from September to May in a convenient central location. For more information, see www.vocalatitudes.org.

VOLUNTEERS NEEDED: The Calgary Performing Arts Festival seeks volunteers for the 2017 Festival, April 18 to May 6 at Mount Royal University. Positions are available mornings, afternoons, evenings and Saturdays. For more information contact Holly at 403-283-6009 or volunteer@cpafestival.ca.



Name	Age	Contact	Course
Abby	12	403-819-0141	Yes
Abigail	13	403-554-4577	Yes
Abby	13	587-830-6330	Yes
Ava	14	403-279-2083	Yes
Maria	14	403-467-2760	Yes
Sophie	18	403-650-8461	No
Dario	19	403-681-7109	Yes
Jessica	19	780-695-9304	Yes
Samantha	22	204-781-7743	Yes
Eliana	31	587-437-1107	No
Rowena	42	587-894-0713	Yes
Todd	45	403-585-8463	Yes

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Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



MLA Calgary-Varsity Stephanie Mclean #101, 5403 Crowchild Trail NW Calgary, AB, Canada T3B 4Z1 Ph: (403) 216-5436; F: (403) 216-5438 calgary.varsity@assembly.ab.ca

Friends,

With March comes spring and the spring sitting of the legislature. I look forward to some warmer weather and working on legislation that matters to Albertans.

I had a wonderful time celebrating the Lunar New Year and the beginning of the Year of the Rooster with constituents at events in late January and early February. I would like to wish everyone a prosperous new year.

On February 24, I had opportunity to take a tour of the brand new Christine Meikle School in Varsity. This state of the art facility will enhance learning for our students, many of whom I had the pleasure of meeting. The bright new rooms will be a perfect fit for our bright young children for decades to come.

We attended the Montgomery annual general meeting on February 28. We learned about the important issues the Montgomery Community Association has been engaging with over the past year. As well, it was a chance for the board to renew its commitment to the community, through bringing in new members.

On March 2, University Heights Community Association is holding its annual general meeting which is open to all interested University Heights residents. I would also like to congratulate University Heights for celebrating their 50th anniversary as a community association, which they celebrated with a delicious pot luck in February.

We have also recently launched Energy Efficiency Alberta. Revenue from the carbon levy will provide the funds for rebates and incentives for families and communities through energy-saving appliances, solar panels and retrofits of homes and buildings. There will be direct, no-charge installation of energy efficiency products to residences, including assessing household lighting, water and heating components and installing energy-saving products. Energy efficiency programs will create jobs in construction and energy services and grow future-ready industries such as solar generation.

Our office serves all the people of Varsity, Dalhousie, Brentwood, Banff Trail, University Heights, Montgomery, and Charleswood. Our team is available to talk to constituents about provincial government departments, programs, scrolls, and services. Please visit us in our office, and let us know how we can help you, or to find out where we might be out-and-about in the community!



Calgary Confederation Len Webber, MP 2020 10 St NW, T2M3M2 403-220-0888 len.webber@parl.gc.ca

What's Your Excuse?

If you needed a life-saving organ or tissue transplant, would you expect our healthcare system to do everything possible to make that a reality and save your life? Of course you would.

However, the real reason you likely would not get that lifesaving operation is because there is a shortage of organs in Canada ... well, not the organs, but the donors.

There are 4,600 Canadians in need of a transplant and hundreds of those will die this year waiting for a one. Shockingly, only 8% of adult Albertans are registered to donate their organs. (In Ontario, 29% are registered!)

We don't have a lack of healthy organs in Canada, but we do have shortage of people willing to donate them.

As one eight year-old girl recently said to me, "Why wouldn't you donate your organs? What are you going to do with them after you die?"

Is it fair not to offer your organs for donation, but expect others to donate to you if you need a transplant? That's a question only you can answer but I am a firm believer in the Golden Rule.

I will continue to encourage Canadians to register to be an organ donor. My proposed legislation would make registering to be a donor easier by allowing people to register as an organ donor through their tax return.

Research shows that 90% of Canadians support organ and tissue donation and yet only 24% have taken the time to register as donors. In real numbers, we have 2.84 million willing donors and the potential to increase that to 11.74 million.

Registering is only half the process, as you need to also discuss your wishes with your family. Sadly, many families overrule those wishes upon death. It is estimated that 10% of registered donors have their families veto their wishes. Imagine how many lives could have been saved.

It is critical that you discuss your intentions with your family and let them know you really do want to save another life when you have the opportunity. The life you save could end up saving theirs one day.

Registering is easy. Just visit www.lenwebber.ca/donatetoday and follow the link to the Alberta registry.

While some have legitimate reasons why they cannot donate, most simply have an excuse. What is yours?

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

RIGHTWAY PLUMBING AND HEATING: Has been happily serving the Banff Trail area with quality work happy clients and fair pricing; with second generation experience, there is no job we can't handle. Furnaces, softeners, garburators, appliances, humidifiers, faucets, water heaters, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARD BUSTERS LANDSCAPING: Weekly lawn mowing \$36, power-rake \$120, aeration \$70. Some conditions. Landscape construction and yard renovation: stone patios, walks, raised beds and rock walls, custom decks and fences, painting and staining, sod and trees and shrubs, landscape lighting, water features, and window and gutter cleaning. Licensed. Insured. Seniors' discount. Phone: 403-265-4769. yardbusterslandscaping.com.





Banff Trail Real Estate Update
Last 12 Months Banff Trail
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price	
January 2017	\$649,000	\$638,800	
December 2016	\$699,950	\$725,000	
November 2016	\$627,400	\$615,000	
October 2016	\$627,000	\$607,290	
September 2016	\$658,950	\$652,500	
August 2016	\$799,900	\$774,250	
July 2016	\$635,000	\$639,988	
June 2016	\$653,950	\$643,367	
May 2016	\$659,700	\$629,750	
April 2016	\$559,900	\$548,000	
March 2016	\$625,000	\$590,000	
February 2016	\$674,950	\$662,500	

Last 12 Months Banff Trail
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
January 2017	9	3
December 2016	2	5
November 2016	6	8
October 2016	5	4
September 2016	10	8
August 2016	4	6
July 2016	6	11
June 2016	11	6
May 2016	8	4
April 2016	8	3
March 2016	11	5
February 2016	5	4

To view more detailed information that comprise the above MLS averages please visit **banff_trail.great-news.ca**



Councillor, Ward 7
Druh Farrell
ward07@calgary.ca
www.druhfarrell.ca
Twitter: @DruhFarrell
Facebook: Druh Farrell

Even during the current economic downturn, interest in new infill housing remains strong. While housing development brings investment and new families into our neighbourhoods, there are often challenges that come with construction.

Some of the most common calls to our office from communities experiencing redevelopment are about public property damage, noise, and unkempt sites during construction. While we have bylaws to deal with noise and site conditions, damage to public property is usually discovered after the fact.

The costs are significant. When we added up the damage to public trees, sidewalks, laneways, and roadways, we discovered there was an average of \$163 in tree damage and \$1,391 in concrete damage per infill site. Historically, The City has been on the hook for covering the costs. Between 2011 and 2015, contractor damage to public property cost Calgarians over \$9 million.

This is why I put forward a motion to Council to ensure that contractors, not Calgarians, are responsible for covering all the costs of property damage. We are already seeing improvements and responsible contractors are working to prevent damage in the first place. The City's new strategy has three parts:

- Increase oversight of construction sites and work with the construction industry to improve behaviour.
- Encourage all citizens and City employees to use the 311 service to track and measure damage.
- Require pre- and post-construction photographs of nearby City property including trees, sidewalks, laneways, and street signs. Please note: Similar documentation can be used to protect your own property if you live beside or behind a construction site.

This work will help save Calgarians millions and encourage infill developers to be good neighbours. You can help by reporting damage and other infill concerns. If you see unsafe construction sites, unkempt sites, noise bylaw violations, or property damage, please call 311 or report online at www.calgary.ca/311.



September 8 – 10, 2017 3 Unbelievable Days • 100 KM From K-Country to Calgary

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