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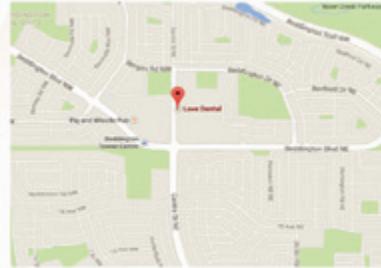


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Mon: 7-4 Thu: 7-4
Tue: 7-7 Fri: 9-4
Wed: 7-7 Sat: 9-4

Call (403) 275 6424



Nose Creek Softball & Tim Hortons Learn to Play Softball



Spring Softball/Fastpitch Registration for Youth
Nose Creek Softball offers a community based program for young athletes to learn new skills, make new friends and have fun!

PROGRAMS OFFERED:

- Girls Teams from U10 to U19
- Mixed Teams for Tim Hortons Learn to Play

All of our athletes have the opportunity to:

- Age appropriate skill development
- Play with other athletes of equivalent skill level
- Participate in at least one (1) tournament
- Use premium softball equipment

Indoor Drop-In Clinics on Now!

Spring Session runs from mid-April to end of June
Online Registration is Now Open!

For more information or to Register: www.nosecreeksoftball.ca
Male athletes U10 and up can register for the 'Calgary Boys Fastpitch' softball program at www.calgaryboysfastpitch.com



Beddington Community Association

375 Bermuda Dr. NW Calgary, AB – T3K 2J5
Phone: 403.295.8837 • Fax: 888.371.4991
banner@beddingtoncommunity.ca
www.beddingtoncommunity.ca

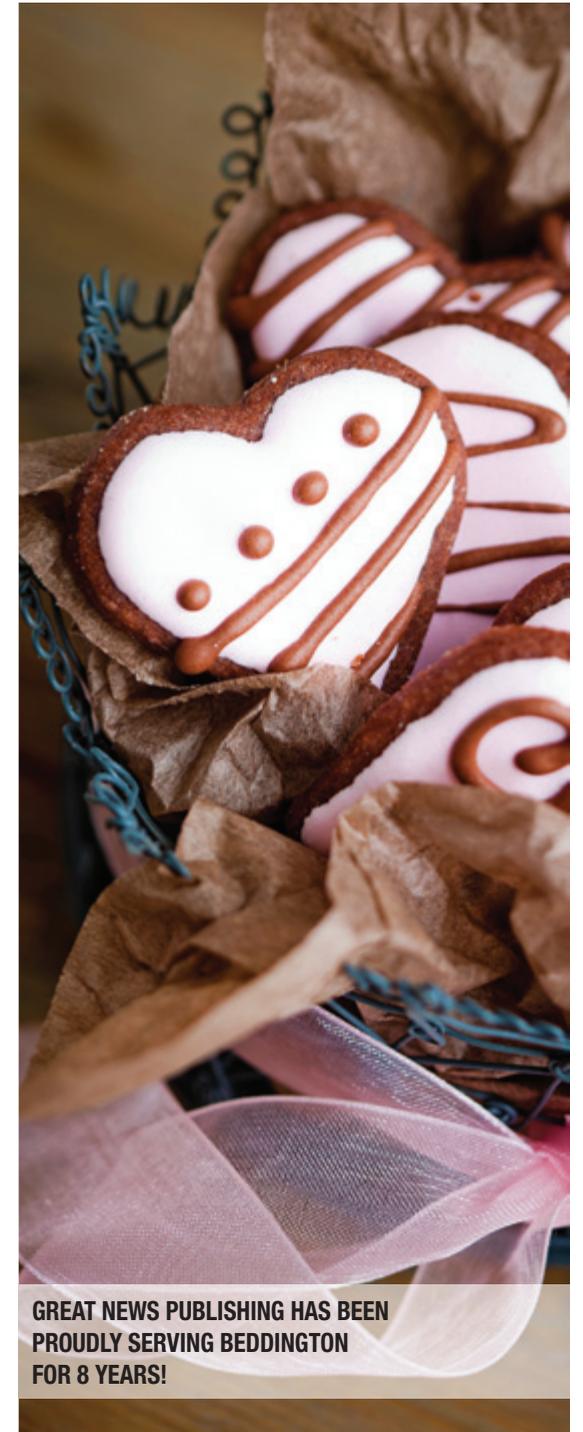
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BEFORE AND AFTER SCHOOL PROGRAM

BASP Manager	Heather McKie	403 295 8837	bhca.basp@shaw.ca
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banner@beddingtoncommunity.ca
Editorial Content DEADLINE
5th of each month for the next month's issue



Beddington Heights Community Association Membership Application

Name: _____
 Address: _____
 Postal Code: _____
 Telephone: _____ Email: _____

Family Member's Names / Ages:	Name	Age
_____	_____	_____
_____	_____	_____
_____	_____	_____

375 Bermuda Drive NW, Calgary AB T3K 2J5
Membership: \$20



Winter Carnival Recap

Thank you to everyone that came out for the fantastic Winter Carnival on January 10. Almost 200 residents came out to enjoy hot dogs, treats, kettle corn and hot chocolate, crafts in the inflatable igloo, marshmallow snowman building, a snow shoe obstacle course and friendly tug-o-war battles between neighbours. The pleasure rink was busy the entire time, with many people experiencing skating for the first time with free rentals from the Skate Shack. The Calgary Fire Department joined us onsite



and the kids were thrilled to meet the firemen and check out their truck and equipment.

Special thanks to the organizing committee and the many volunteers who helped out throughout the day. If you're interested in helping out at future events, please email bhca@beddingtoncommunity.ca.

Enjoy Skating?

Help your neighbours with the Pleasure Rink

The pleasure rink is up and running thanks to a small group of dedicated volunteers. We are still looking for more people and invite you to become a volunteer at the Beddington outdoor ice rink. The success of the outdoor ice rink is in the hands of our commu-

nity members! Being an outdoor ice rink volunteer is a great way to meet neighbours and give back to the community. If you are a college or high school student, volunteering at your local ice rink could also count towards volunteer time.

What is the time commitment?

1 hr orientation. Approx. 1-2 hours/week. This depends on the number of volunteers we are able to train.

If you are interested in helping out, please email bhca@beddingtoncommunity.ca.

FEBRUARY BEFORE AND AFTER SCHOOL UPDATE

February brings Valentine's day and Teacher's Convention here at the BASP. We will be celebrating the friendship and love holiday with creative crafts, games, activities, baking, and science experiments.

We are gearing up for Spring and Easter break with unique theme days! We are also already looking forward to our Summer Camps already!

We run Summer Camps on a weekly basis that include Before and After hours (7-9am and 4-6pm) as well as 2-3 different off site fieldtrips each week! Check back next month for more information regarding pricing as well as when public registration starts as we operate on a first come, first serve basis.

It's never too soon to get on our waitlist! We are a fully licenced and accredited program which takes subsidy. We operate out of 3 separate rooms to allow for age separation which allows us to gear planning towards interests and needs of common ages. We offer a variety of activities on a daily basis and allow children to choose from them freely based on their interests that day. If you would like to be placed on our waitlist for the upcoming school year, please call us at 403.295.8837 x 104 or e-mail at bhca.basp@shaw.ca.



Day Home Spaces available
Full and part time care for children 0-12
Child Care Subsidy Available
For more information: 403.273.6360
childrenschoice@nucleus.com

Upcoming Green Line information sessions

The Green Line is the highest public transit infrastructure priority for The City, and will be Calgary's next LRT line. This 40 km new transit line will extend from Seton in the southeast, travel through downtown, and north up Centre Street to the Northern Hills communities. Once complete, it will almost double the size of the existing LRT network, improving the way Calgarians move around the city. The Green Line is more than just a transit project; it will connect people and places, integrate with new and mature neighbourhoods, and help build liveable, vibrant and sustainable communities.

Join us at one of several drop-in Green Line information sessions:

Date	Venue	Address	Time
Tuesday, February 2	TELUS Convention Center	120 9 Ave SE	5-8pm
Wednesday, February 3	St. Henry School	7423 10 St NW	5-8pm
Tuesday, February 9	Rosedale School	905 13 Ave NW	5-8pm
Wednesday, February 10	Mt. View School	2004 4 St NE	5-8pm
Tuesday, February 16	Thornccliffe School	5646 Thorton Rd NW	5-8pm

Please visit www.calgary.ca/GreenLine for more information.

BOARD MEETINGS

Fourth Tuesday of the month (except Dec/July).
7 p.m. start in upper board room at Community Theatre Building (former Community Centre)
Open to all BHCA members and the Beddington community.
Upcoming Meetings: Feb 23, Mar 22, Apr 26

It just doesn't get better than this

OUR JOB IS TO KEEP IT THIS WAY



Your city employees want to start the new year with a big *Thank You* for appreciating our efforts in keeping Calgary clean and green. You gave our garbage and recycling teams a *97% satisfaction* rating last year.



Making your city work for you

And we'd also like to thank the City for reaffirming their commitment to keeping this service public — and saying *No Thank You* to a for-profit service that would have cost taxpayers *5-20% more!*

Here's to another great year, in Canada's greatest city.

Photo by Jeff Wallace: facebook.com/jeffwallacephotography/
Courtesy of Flickr Creative Commons: creativecommons.org/licenses/by-nc/2.0/adapted

WINTER OPERATIONS AT YYC

Like all Calgarians, staff at Calgary International Airport (YYC) are no strangers to sub-zero temperatures and extreme weather conditions. Every October we gear up for the winter season, making preparations to keep YYC on the go and passengers on the move. During the winter season The Calgary Airport Authority maintains and monitors all runways, taxiways, aprons and airside roads to ensure safe and efficient operations.



Snowfall by the numbers. In any given snow event, our amazing crew clears more than 2.8 million square metres (30.1 million square feet) of pavement surface. On average each winter we receive 170.9 cm of snow, with our highest average snowfall (29.3 cm) usually occurring in April.



Snow removal equipment. We have 38 pieces of snow removal equipment in our fleet including sweepers, back plows, dump trucks and snow blowers.



Hardworking crews at YYC. Our fleet is manned 24/7 by two crews, each made up of 17 professional equipment operators.



Keeping an eye on the weather. Every morning the Airfield Supervisor checks the weather forecast and evaluates the daily plan. If snowfall is in the forecast, maintenance windows are planned right away.



Maintenance windows are 20-minute intervals in which aircraft operations are suspended to allow for snow removal. During these 20-minute maintenance windows, every available piece of equipment is utilized to remove any accumulated snow.



Clearing runways. A team of four to eight sweeper units clean an entire runway in less than 20 minutes.

Want to know more about winter operations at YYC?
Subscribe to Calgary International Airport's official YouTube channel for a behind-the-scenes look.



BABYSITTING COURSE (BEDDINGTON)



This course offers basic first aid and caregiving skills for youth 11–15 years old. Participants learn how to provide care to younger children in a variety of age groups, and how to prevent and respond to emergencies. The course also offers youth the training to promote themselves as a babysitter to prospective parents.

Saturday, February 27, 2016
9am – 5pm
183 Beddington Drive NE
FREE*

Topics included in the course are:

- Caring for babies
- Caring for toddlers
- Caring for preschoolers
- Caring for school-aged children
- Creating safe environments
- How to handle emergencies and first aid
- Business of babysitting (including creating a resumé and a business card and asking the right questions before accepting a babysitting job)

Participants will receive:

- Red Cross Babysitter's Manual
- Babysitter Wallet Card
- Babysitter Wall Certificate (optional)

For more information and to register, contact Marcia Dupuis at 403-476-7240 or Marcia.dupuis@calgary.ca by February 18

**Since the course is free, each participant will be encouraged to provide 5 hours of babysitting time to various Social Development initiatives in Beddington (Calgary Neighbourhoods, City of Calgary).*



Beddington Real Estate Update

Last 12 Months Beddington
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
December 2015	\$396,900	\$384,800
November 2015	\$386,466	\$378,975
October 2015	\$342,160	\$337,800
September 2015	\$398,214	\$390,128
August 2015	\$393,856	\$389,618
July 2015	\$404,954	\$396,609
June 2015	\$374,563	\$368,357
May 2015	\$387,213	\$384,080
April 2015	\$388,808	\$384,405
March 2015	\$388,683	\$382,966
February 2015	\$364,450	\$357,125
January 2015	\$374,400	\$367,375

Last 12 Beddington
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
December 2015	7	5
November 2015	10	12
October 2015	9	5
September 2015	11	7
August 2015	12	16
July 2015	19	11
June 2015	16	19
May 2015	12	15
April 2015	18	10
March 2015	8	12
February 2015	13	4
January 2015	11	4
Total	146	120

To view the specific SOLD Listings that comprise the above MLS averages please visit beddington.great-news.ca

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4	9							
		4	1			9		
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	4	2	3				5	

FIND SOLUTION ON PAGE 13

MATH. READING. CONFIDENCE.

\$10 OFF REGISTRATION*

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403-407-5910 ext. 2

audreemcivor@ikumon.com

*Valid only at this centre until February 29, 2016.
Cannot be combined with any other offers.



IN & AROUND CALGARY

February Is Heart Month

Do you know the signs and symptoms of a heart attack and what to do if someone experiences these? Knowing can make the difference between life and death. Recognizing and responding immediately to the warning signs of a potential heart attack can significantly improve survival and recovery.

February is Heart Month - take the time to be heart safe and learn how you can reduce your risk.

Know the signs of a heart attack

(Any or all of these signs & symptoms may occur)

- Chest pain described as crushing, squeezing, pressure or chest heaviness;
- Pain that moves beyond the chest such as shoulder, arm, neck or jaw pain;
- Shortness of breath, sweating or nausea and vomiting.

Reduce your risk

Heart attack risk factors include:

- Obesity*
- Sedentary lifestyle*
- Smoking*
- High cholesterol*
- Age / Gender
- Family history

Speak with your doctor about how to treat your modifiable(*) risk factors and learn to be heart safe.

What to do when seconds count

- Call 9-1-1 immediately. Early treatment can greatly reduce heart damage and make the difference of life and death.
- Treatment starts the moment EMS arrives. Paramedics can provide oxygen, start an intravenous and perform an electrocardiogram (ECG).
- Paramedics can also administer important medications in the early minutes of a heart attack to lessen heart damage.
- During transport, EMS will also share information with the hospital so definitive treatment can begin immediately on arrival.
- Take a CPR/AED (automated external defibrillator) course. Training is widely available from many reputable organizations. It's easy, inexpensive, and only takes a few hours.



News from the Friends of Nose Hill

by Anne Burke

We can preserve nature and foster biodiversity for future generations, by staying on designated pathways and trails in our parks, in addition to respecting wildlife habitat and their migration patterns. The long-range plans are to monitor and manage invasive species (weeds); reduce habitat fragmentation; and link important habitat areas in the city and region.

The city-wide Biodiversity committee has met and a website with agenda and minutes is in the works. In the meantime, digital versions of the 10-year strategic plan can be found on the City's biodiversity page at: www.calgary.ca/biodiversity.

Many of Calgary's existing open space sites, such as Nose Hill, Union Cemetery, Reader Rock Garden, Riley Park, Fort Calgary, and Inglewood Bird Sanctuary are in the category of Cultural landscapes. A major challenge is determining which method is most appropriate for the resource, with a view toward protection, preservation or conservation, and restoration.

Cultural resource projects may include some or all of the following:

- Protection: measures needed to guard against further damage or deterioration;
- Preservation: ongoing maintenance activities that preserve the historic appearance or features of the landscape;
- Restoration: the removal of later additions and the re-creation of missing elements

Of the 800 kms of city-wide pathways, City Council approved snow clearing for up to 350 kms. Generally, City Parks crews are to clear snow on pathways within 24 hours and on sidewalks adjacent to parks within 72 hours. Re: concerns about pathways in natural parks not being cleared, some trails/pathways are best used only in non-winter months. Due to the steepness of the slope or site conditions, there may be safety concerns for potential pathway users and crews.

Environmentally Significant Areas (ESAs) are land with conservation value.

This applies to the river valley system, the urban forest, and natural environment parks. The land includes escarpments, natural grasslands, woodlots, and native pasture but also pertains to wetlands, natural bodies of water, and riparian corridors (along the river margins and banks).

There is an update on Open Space policy for recreational and environmental park spaces. Stakeholder consultation meetings with City Parks staff and industry began in February 2015. A final draft form of impact assessment for ESAs was debated by Council in early 2016. Planning and mapping guidelines are expected and a work program completed by March 2016.



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Women like to be a man's **LAST ROMANCE.**

Oscar Wilde

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CALGARY WILDLIFE



Tiger in the Sky

Article by Cheryl Bowman
 Photo by Niket Sura

The Great Horned Owl is the most common owl in North and South America. These magnificent birds are most recognized by their 'plumicorns' which resemble horns or cat like ears. These raptors are very adaptable using several different types of hunting skills to capture their prey as well as having a wide variety of prey.

It is this adaptability for hunting that they received their nickname 'Tiger in the Sky'. The Great Horned Owl will dive, wings bent, talons outstretched to silently capture unsuspecting prey, including prey that outweighs the bird itself. They also swoop low along the ground to grab any variety of smaller prey and interestingly they are known to walk along the ground to capture yet other types of prey.

The Great Horned Owl is a solitary bird except for mating. It is at this time that the smaller male owl will roost close to the nest of the larger female until all the young fledge, and at this time will again leave. The owls do not build their own nests but rather prefer other bird nests.

The most common injury the Calgary Wildlife Rehabilitation Society sees in these raptors are injuries from window strikes or of being hit by a vehicle. Owls that are

received with injuries from window strikes have a better chance of rehabilitation. Owls brought in with injuries from a vehicle strike are more difficult to rehabilitate due to broken bones and open fractures.

Should you find an injured Great Horned Owl, please call the Calgary Wildlife Rehabilitation Centre at 403-266-2282 as soon as possible for further instruction. These are powerful birds and must be handled with care, however every moment counts.

If you catch a glimpse of the Great Horned Owl in their natural environment, remain quiet and still and enjoy the wonder of this beautiful Tiger in the Sky.

BRAIN GAMES SUDOKU

5	6	7	8	9	1	3	2	4
2	3	1	4	6	5	7	8	9
4	9	8	2	3	7	5	6	1
6	2	4	1	5	3	9	7	8
7	8	9	6	2	4	1	3	5
1	5	3	7	8	9	2	4	6
8	7	5	9	4	2	6	1	3
3	1	6	5	7	8	4	9	2
9	4	2	3	1	6	8	5	7

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication
Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

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Dearest Residents,

Know Your City Hall

Calgary City Hall is, by definition, a public space where citizens can visit, attend Council and Committee meetings, and present on issues that matter to them. City Hall 101 aims to throw open the doors and welcome you to this important city space.

Much like an introductory course at University (hence the "101"), this afternoon workshop is an interactive welcome to your City Hall. In just two and half hours, you will learn about the inner workings of Council and its Committees. And to help you find your voice in government, the event will explore the many ways (at City Hall, online, or in your community) that you can connect with your City, Mayor, and Councillors.

Hosted by the Mayor's Civic Engagement Committee, 3 Things for Calgary, and the City Clerk's Office, City Hall 101 starts by welcoming you and other Calgarians to Historic City Hall and the Municipal Complex.

Beyond touring these important public spaces, you will also learn from citizens like yourself about how you can present to Council or Committee. From getting your turn at the microphone or getting tips or tricks about speaking with Council, the goal of the workshop is to help you get the knowledge and confidence to connect with The City and your politicians about the issues that matter to you.

The next City Hall 101 is 4 p.m. - 6:30 p.m. on Monday, March 7, 2016. You can register at Calgary.ca/CityHall101.

Interested in doing a job that counts? The City is recruiting civic census takers now!

The City's civic census is conducted annually and that means census taker recruitment is underway. The City needs nearly 1,000 flexible workers to help with the door-to-door physical Census collection and data recording in April.

Census takers need to be able to walk in reasonable weather conditions and easily operate a tablet computer. Census takers are provided with essential training, to be completed at home online and must be available for an in-person session in March.

Applications can be downloaded online and are accepted in person, at The City of Calgary Election and Information Services office, 1103 55 Ave NE, between 8:30 a.m. – 4 p.m. Monday to Friday. In addition to completing an application form, there is a written skills assessment test that takes approximately 30 minutes to complete.

If you or anyone you know would be a good fit as a census taker, be sure to send them to calgary.ca/census to fill out an application.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

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The Best Neighbourhoods Survey is now open.

HAVE YOUR SAY

Tell us what makes great neighbourhoods great and what's most important to you in choosing where to live.

Closes February 28, 2016
AvenueCalgary.com/survey



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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

MONEY'S WORTH HOME SERVICES: Contact Jerome Feist at 403-242-4307 for home repairs, carpentry, fences, decks, siding and handyman services.

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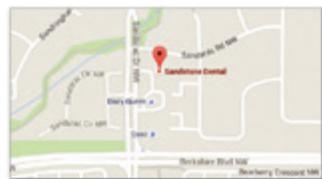


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