

JULY 2016

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# BEDDINGTON HEIGHTS COMMUNITY ASSOCIATION

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 Follow Us on Twitter @BeddingtonCA and Facebook

## EXECUTIVE DIRECTORS

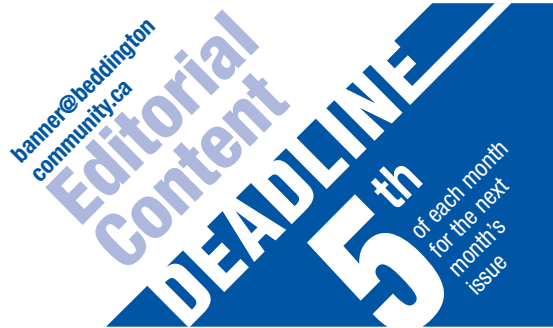
President	Alexis Rivett
Vice President	Jessica Martin
Secretary	Mary Urquhart
Treasurer	Jacques Botha
Directors at Large	Roy Alexander
Directors at Large	Michael Sokolowski
Directors at Large	VACANT
Directors at Large	Tura Adam
Directors at Large	Ilona Dezentje

## COMMITTEES

Casino Coordinator	VACANT
Rink Coordinator	VACANT

## BEFORE AND AFTER SCHOOL PROGRAM

BASP Manager	Heather McKie	403 295 8837	<a href="mailto:bhca.basp@shaw.ca">bhca.basp@shaw.ca</a>
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## BASP SUMMER CAMP

Our Summer Camp is chalk full of daily adventures with an incredible average of 3 offsite fieldtrips/week! If you are interested in joining our camps which run Monday-Friday (civic holidays excluded) open 7:00am-6:00pm (before and after fees included in our price!), please come in to visit us to get the registration forms and calendars or visit us online at [www.beddingtoncommunity.ca](http://www.beddingtoncommunity.ca) and follow the Summer Camp links. Registration is on a weekly basis (\$165/week/child) and spots are filling up fast!

If you would like to go on our waitlist for September, please contact us either at 403.295.8837x104 or by e-mail at [bhca.basp@shaw.ca](mailto:bhca.basp@shaw.ca)

Happy summer and see you all in September!



## BOARD MEETINGS

**Fourth Tuesday of the month (except Dec/July).**  
 7 p.m. start in upper board room at Community Theatre Building (former Community Centre)  
 Open to all BHCA members and the Beddington community.



Like Us on Facebook  
[www.facebook.com/BeddingtonHeightsCommunityAssociation](http://www.facebook.com/BeddingtonHeightsCommunityAssociation)

## Beddington Heights Community Association Membership Application

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Family Member's Names / Ages:	Name	Age
_____	_____	_____
_____	_____	_____
_____	_____	_____

Send to: 375 Bermuda Drive NW, Calgary AB T3K 2J5 or purchase online at [www.beddingtoncommunity.ca](http://www.beddingtoncommunity.ca)  
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## IN & AROUND CALGARY

### Deerfoot Trail Study

Deerfoot Trail is an urban expressway for Calgarians, connecting them to their community, workplace or destination. Alberta Transportation and The City are partnering on a study for Deerfoot Trail from Stoney Trail North to Stoney Trail South. With up to 189,000 vehicles per day travelling on Deerfoot Trail we know there are challenges driving on this road. Through this study, we are looking at ways to better manage traffic and will provide short, medium and long-term recommendations to improve safety and reliability on this road.

Your feedback will help us develop and recommend solutions to improve Deerfoot Trail. Visit [calgary.ca/deerfoot](http://calgary.ca/deerfoot) to sign up for e-mail updates, share your feedback online and for details on open houses.

**Where is the study area?**  
Deerfoot Trail, between the Stoney Trail interchanges in the north and south. The study area is 37.5 km long, and includes 20 interchanges. Approximately 44 communities border the study area.

**Why is this study needed?**  
Deerfoot Trail is Calgary's oldest freeway, and the busiest in Alberta. The majority of Deerfoot Trail was built between 1971 and 1982. The city's population has doubled since 1981 and the road is no longer meeting current traffic demand, resulting in traffic congestion, unreliability and safety concerns.

Visit [calgary.ca/deerfoot](http://calgary.ca/deerfoot) for more information.




**Thank you to everyone who took part in the 4<sup>th</sup> Annual Beddington Garage Sale Parade**

Over 35 homes and 40 table set up in the gorgeous weather to sell

## STOLEN YOUNG GIRLS CUSTOM HOCKEY GOALIE HELMET



in Beddington NW, June 20/21. Custom/Distinguishable Hot Pink/Dark Purple 3M wrap design; Hockey

Canada, Calgary Inferno, and various other stickers. Extremely Sentimental & desperate for its return NO QUESTIONS ASKED. PLEASE Drop at Beddington Community Centre, or Calgary Police or call 403-921-8406.



**Are you looking to give back?**  
Have some extra time on your hands?  
Spend that time making a difference.

Whatever your interests are, we have diverse opportunities for any schedule, in locations across Calgary!

**Do you like to:**

- Play games
- Create crafts
- Play instruments

So do our residents and clients!

Please visit [www.carewest.ca](http://www.carewest.ca) and fill out a Volunteer Application!

**Volunteer**



**Get involved with Green Line this summer**  
There's a new LRT line coming to Calgary!

The Green Line will serve more than 27 communities and move over 41 million passengers per year on 40 kilometres of track. This new LRT will provide a link for residents to downtown from the Northern Hills communities in the north and Seton in the south.

This summer watch for our Green Line ambassadors who will have information about the new LRT at events across the city.

You can also visit [Calgary.ca/greenline](http://Calgary.ca/greenline) to learn more about the project, including alignment options for Centre City and the Beltline.

**Follow the Green Line conversation:**

- 🐦 @yyctransport #GreenLineYYC
- 📷 #GreenLineYYC



## IN & AROUND CALGARY

### EMS: Heat Related Illness

With the return of summer weather, Alberta Health Services EMS would like to remind everyone to stay safe in the heat and sun this season. While children and the elderly may be more susceptible to the effects of heat and sun, basic prevention measures should be taken by all to avoid a heat related illness during periods of hot and humid weather.

#### Heat exhaustion

- Heat exhaustion can occur due to excessive fluid loss during periods of prolonged sweating in a hot and/or humid environment (indoors or outdoors).
- Patients may suffer headaches, weakness, fatigue, nausea/vomiting, thirst, chills, and profuse sweating.
- The patient is usually cold and damp to the touch and the skin may appear pale or dusky gray.

#### Heat stroke

- Heat stroke is a medical emergency which, without prompt treatment, could be fatal.
- It occurs when the body can't cool itself naturally (e.g. perspiration). The body's temperature will continue to rise to dangerous levels.
- Due to severe dehydration and the inability to sweat, the patient may appear flushed, and skin may be hot and dry to the touch.

#### First aid

- First aid for all heat related illness begins with removing or sheltering the patient from the hot environment.
- Remove excess or tight fitting clothing, and allow them to rest in a cool environment.
- If the patient is conscious and alert, provide suitable fluids such as: water, juice, or a sports drink.
- If you are concerned, seek medical attention or call 9-1-1.

#### Prevention

- Stay well-hydrated by drinking plenty of water.
- Be aware that excessive alcohol consumption will promote dehydration.
- Always wear a broad brimmed hat to keep the sun off your face and neck.
- Apply waterproof sunscreen with an SPF of 50+, especially for children. The sun's UV rays peak between 10am-4pm, even on cloudy days.

## SUMMER EVENTS

Calgary



### Park n' Play & Stay n' Play

These **free**, safe, supervised programs help children make new friends learn new games and activities that they can use on their path to a healthy and active lifestyles.

Programs run weekdays and are weather dependant.

**Dates: July 11-15**

**Community: Beddington**

**Address: 375 Bermuda Drive N.W**

#### Stay n' Play **FREE**

Ages 3Y – 5Y

10:00 am – noon

Participants must be accompanied by an adult/guardian

#### Park n' Play **FREE**

Ages 6Y – 12Y

10:00 am – 3:30pm

#### Play Pass

Play Faster This Summer!

Save time and line-ups on the first day by pre-registering for Park n' Play and Stay n' Play. Pre-registration does not guarantee entry. Entry to these programs is on a first-come, first-served basis each day.

We encourage you to supply us your information by pre-registering prior to program starting to help you save time filling out forms at the program when you arrive.

For more information visit [calgary.ca/communitysummerprograms](http://calgary.ca/communitysummerprograms).

#### Lawn Chair Theatre: July 14

The City of Calgary is bringing Lawn Chair Theatre to Beddington on July 14, 2016.

Bring your lawn chair, enjoy great snacks and live entertainment for the entire family.

Location: 333 Bermuda Drive NW (park by St. Bede School)

Time: starts at 6 p.m.



## Oystershell Scale taking toll on Beddington Hedges

Last year, Inglewood lost many of its hedges to the damaging oystershell scale and because of the warm dry spring, it appears the invasive pest is now taking its toll on many hedges and shrubs in other Calgary communities- including Beddington.

The oystershell scale insect is damaging many cotoneaster hedges and can impact over 120 species such as lilacs, green ash and crabapple trees often grown in Calgary. If areas of your cotoneaster suddenly go brown, it may be infested with the tiny vampires that suck juices out of the plant. If you look closely at the plant, you'll see little bumps and ridges that look like oyster shells which is the protective armor that the little bugs hide under.

If oystershell has only damaged a small area of the plant, prune heavily infested twigs and branches and spot treated with insecticidal soap. But if it has spread, you will need to chop the plant right down and treat the stumps. The vulnerable life stage called a crawler is active from late May through early June. Crawlers may be managed with a registered insecticide from late May through early June or try a horticultural oil applied to conserve natural enemies of this armored scale insect.

For more information contact a local arborist or garden centre or visit <http://www.calgary.ca/CSPS/Parks/Pages/Planning-and-Operations/Pest-Management/Oystershell-Scale.aspx>

## Neighbour Day 2016

Thank you to all of the residents and community volunteers who helped make the **Beddington Neighbour Day BBQ** such a great success



Beddington Heights Community Association

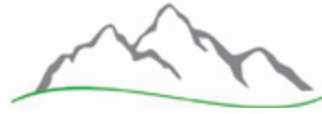


@BeddingtonCA #yycNeighbourDay



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Matt Grigg is a licensed mortgage professional serving the Alberta community.

With a primary focus on customer service, Matt provides expertise in arranging mortgage financing for residential purchases, refinancing and renewals

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### MORTGAGE REFINANCE

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- Consolidate high interest credit cards
- Lower your monthly payments

### CORE VALUES

The values driving Matt Grigg's quality lending services also drive him in his everyday life. He is passionate about building trusting relationships, serving his community and helping individuals reach their real estate goals by getting ahead of the process.

### WHAT DOES THIS MEAN FOR YOU?

- Win-Win for YOU: There is no cost to YOU. Matt is compensated by the lender for providing them with qualified business. The fee is the same regardless of what lender is chosen and it is not built into the rate.
- Matt will be YOUR dedicated partner throughout the mortgage process.
- He will provide current information on how mortgages work and what is applicable to YOU.
- Matt will provide proactive solutions to help find a competitive mortgage that works for YOU.
- YOU can have confidence and trust in the results of YOUR unbiased mortgage options.
- Matt will work as YOUR intermediary between YOU and the lender (bank) to negotiate mortgage loans.
- Matt will continue to support YOU beyond the home buying purchase.

### WHY UTILIZE A MORTGAGE PROFESSIONAL?

- Benefit from an unbiased advisor. Rather than working for one financial institution, Matt deals with many financial institutions on a daily basis. This allows him to offer YOU more choices and highly competitive options.
- Matt brings expertise, simplicity and a sense of calm to the mortgage process.
- He is a facilitator on your behalf who will also provide current mortgage education along the way.



### TESTIMONIALS

"Matt Grigg helped me buy my first home. He led the entire mortgage application process proactively so that I was ahead of the process. Once I made an offer, my side was accounted for and I felt in control as a home buyer. Matt made it easy. I have comfort in knowing he will be there for me when my renewal comes up."

Kyla Workman



**MATT GRIGG**  
Mortgage Professional

403.863.3997 | matt@mattgrigg.com | www.mattgrigg.com





# Beddington Heights mybabysitterlist

Name	Age	Contact	Course
Angeline	14	403-275-0344	Yes
Bella	15	403-969-2072	Yes
Brittney	18	403-464-0213	Yes
Cameron	13	403-455-0142	Yes
May	55	587-968-0782	Yes
Nikkita	24	403-826-8917	Yes
Rebecca	13	587-223-6730	Yes
Sabrina	16	403-512-3171	Yes
Winner	17	587-893-2935	Yes
Zara	24	587-703-9212	Yes

**Calling All BABYSITTERS**  
Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS**  
Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).



## Beddington Real Estate Update

Last 12 Months Beddington  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
May 2016	\$399,888.00	\$390,000.00
April 2016	\$375,000.00	\$364,000.00
March 2016	\$315,000.00	\$310,000.00
February 2016	\$419,900.00	\$409,750.00
January 2016	\$394,450.00	\$380,000.00
December 2015	\$399,900.00	\$383,000.00
November 2015	\$389,450.00	\$370,600.00
October 2015	\$348,000.00	\$338,000.00
September 2015	\$399,900.00	\$387,000.00
August 2015	\$394,900.00	\$389,000.00
July 2015	\$409,900.00	\$406,400.00
June 2015	\$369,900.00	\$368,750.00

Last 12 Beddington  
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
May 2016	16	15
April 2016	21	9
March 2016	7	7
February 2016	10	6
January 2016	8	6
December 2015	6	5
November 2015	10	12
October 2015	9	5
September 2015	11	7
August 2015	12	16
July 2015	19	11
June 2015	16	19

To view the specific SOLD Listings that comprise the above MLS averages please visit [beddington.great-news.ca](http://beddington.great-news.ca)



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## BRAIN GAMES SUDOKU

		1		4		6		
		5			6		4	9
			8					5
3			5		9		8	7
			4		3			
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8					1			
4	5		6			9		
		3		7		8		

FIND SOLUTION ON PAGE 15

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**PIANO AND THEORY TEACHER:** in Coventry Hills. Summer lessons available and registering for fall 2016-2017 year. Beginners and up are welcome. Call Cathy at 403-615-1311.

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**BRAIN GAMES SUDOKU**

9	3	1	2	4	5	6	7	8
7	8	5	1	3	6	2	4	9
2	4	6	8	9	7	3	1	5
3	2	4	5	6	9	1	8	7
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5	6	9	7	1	8	4	2	3
8	9	2	3	5	1	7	6	4
4	5	7	6	8	2	9	3	1
6	1	3	9	7	4	8	5	2

## IN & AROUND CALGARY



**Going on a Holiday?**  
A message from the Federation of Calgary Communities

### Building Safe Communities Program

Summer is a great time to enjoy a vacation! But before you do, make sure your home is as safe and secure as possible. The keys to protecting your home when you are on vacation are not just the ones you use in your deadbolt lock.

Below are a few tips to help reduce your risk:

- Double-check your insurance policy to find out if and when you require someone to check in on your home.
- Give a trusted neighbour or friend a key and trip details and ask them to check in on your home.
- Don't advertise that you are going away.
- Create a lived-in appearance. Be sure the lawn is cared for while you are away, and stop any newspapers or have flyers collected from your door or yard. Set lights and a TV's on timers so your home is not dark during evening hours.
- Encourage a trusted neighbour to park their car in your driveway while you are gone.
- Ensure that your door and window locking devices are working and are locked when you leave.
- Disable your garage door while you are gone. Most have a switch that can be turned off. You can also put a padlock or similar device through the door tracks to ensure it cannot be opened.
- Put away, or secure all lawn furniture or tools (i.e. ladders) so they can't be used to assist a burglar in gaining access to the upper story windows of your home.

For more helpful safety resources, check out the Federation of Calgary Communities website at calgarycommunities.com and visit the Virtual Resource Centre.

**The Pathway Church**  
375 Bermuda Drive NW  
Beddington Heights  
Community Arts Ctr.  
Ph: 587-581-1858

**FREE Kids Discovery Camps**  
July 5-7 | July 20-22  
9:30 to 12  
Sports, Bible, Crafts & more

**FREE Stampede breakfast**  
July 9 | 9:00 to 11 am  
thepathwaychurch.ca



# News from the Friends of Nose Hill

by Anne Burke

Some internet sources clearly recommend biking on non-designated trails on the slopes of Nose Hill up to the plateau. Many of the "Trail Fork's" paths do match the designated paths but there are several other areas where they venture into protected areas, in order to make their route join up to official paths. The Trail and Pathway Plan and the Parks and Pathway bylaw both enforce staying on the official routes in order to protect wildlife and habitat. There are maps at the Nose Hill Park entrances to help guide park users.

The Shaganappi Trail is part of Calgary's carpool lane (High Occupancy Vehicles) network in the City's Transportation Plan. The plan calls for Shaganappi Trail to be widened sometime in the future, from 4 to 6 lanes. This is of importance to Friends of Nose Hill Society as it will affect wildlife. There is the tunnel under Shaganappi Trail in Edgemont and it is important that any road changes do not unduly disrupt their routes. Also increased traffic could have implications for wildlife too. Commentary provided by Friends of Nose Hill Society about the long-term plan might reference the approach the City is taking with biodiversity conservation, as in Our BiodiverCity, Calgary's 10-year biodiversity strategic plan.

For more information regarding The University of Calgary Community Forum on Calgary: City of Animals, go to the website: [arts.ucalgary.ca/cih](http://arts.ucalgary.ca/cih). The plan is to continue the dialogue. "We will be hosting community response, anything from a sentence to a few paragraphs." The topics are below.

- Wildlife maintains biodiversity but some pose risks to humans and pets, so how can wildlife and human animals co-flourish?
- What is our relationship and how do we manage ourselves (do we leave places just for wildlife)?
- What policies are needed in the city; ethics to guide us;

and are there circumstances when we silence a song dog (coyote)?

- Should residents be permitted to keep livestock in the city (which, why or why not)?
- Should animals be used for entertainment?

The annual progress report from the BiodiverCity Advisory Committee was approved by City Council after the Community and Protective Services Committee meeting. The group held 6 meetings, 10 subcommittee meetings, a workshop, and produced a work plan. Some city-wide projects are habit restoration in existing parks, biodiversity in planning, management, and other city initiatives; conservation priorities, and data sharing.

## IN & AROUND CALGARY

### Stampede Taxi Stands

Stampede taxi stands are designated areas near Stampede Park where taxis will be lined-up to wait for customers. Two temporary taxi stands will operate at all hours during Stampede. These stands are located at the South and North entrances of Stampede Park. The taxi stand located at the North entrance of Stampede Park will provide priority service to people with accessibility needs as this entrance provides the most direct route to enter into the park.

### Late Night Temporary Taxi Stands

Within Stampede Park there are multiple entertainment venues. In 2016 all venues are closing at 3 a.m. To accommodate the evening rush two additional late night temporary stands will be established. For details, visit [Calgary.ca](http://Calgary.ca) and search taxi stands.

## IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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## COMMUNITY ANNOUNCEMENTS

**Deadline – 1<sup>st</sup> of each month for the next month's publication**

**Contact [news@great-news.ca](mailto:news@great-news.ca)**

- ♦ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ♦ Forty word limit

## IN & AROUND CALGARY



### Historic Calgary Week July 22-August 1, 2016

Please join us for Historic Calgary Week, ten days of free events, presented by the Chinook Country Historical Society. Learn about Calgary's history, culture and community through walks, talks, tours, presentations, museums and family events, held in and around Calgary. See our website: [www.chinookcountry.org](http://www.chinookcountry.org) for the program list.

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*Happy Summer to Everyone,*

**Thinking about a yard improvement project?**

Garages, decks, fences and even driveway widening are just some of the projects that often require a permit.

"Before you pay for materials, hire a contractor, or do it yourself, we encourage you to visit [Calgary.ca/homeimprovement](http://Calgary.ca/homeimprovement) or get in touch with us here at The City," says Jamie Fandrich, Planning Services Technician at The City of Calgary. Fandrich is part of the team that helps Calgarians understand Alberta's safety codes and City bylaws on the phone and in person at the Municipal Building. The latest resource Fandrich's team uses to educate Calgarians on development and building regulations is the webpage [calgary.ca/homeimprovement](http://calgary.ca/homeimprovement), which allows anyone interested in doing a renovation to browse popular home renovation topics for bylaw and permit information, property and land designation, drawings and forms they will need to complete their home renovation.

"It can sometimes be difficult to understand when you need a permit and what City bylaws might impact your project – we're here to help guide you through the process," Fandrich says.

**Planning, development, licence or permit question?**

Visit [Calgary.ca/homeimprovement](http://Calgary.ca/homeimprovement) or call and visit Planning Services

**Planning Services**

Monday through Friday (closed holidays)  
8 a.m. - 4:15 p.m.

Call centre: 403-268-5311

Permit counter: 3rd Floor Municipal building, 800 Macleod Tr SE

**July submission for Recreation**

Art is a big part of what makes Calgary great. It benefits the economy, creates jobs and makes our city attractive, enjoyable and interactive. Learn more at [Calgary.ca/publicart](http://Calgary.ca/publicart).

Unlimited swimming and skating for youth (ages 7-17) available all summer with the purchase of our Summer Youth passport. [Calgary.ca/youthpassport](http://Calgary.ca/youthpassport).

Take a kid to the course week – Juniors golf for free at McCall lake Par 3 and Richmond Green with one paid golfing adult. July 4-10 only. [Calgary.ca/golf](http://Calgary.ca/golf)

There's still room in our summer day camps! Keep your kids active, creative and healthy this summer. Find out more at [Calgary.ca/myrecguide](http://Calgary.ca/myrecguide).

*Have a Great Summer!*



**MP, CALGARY NOSE HILL  
HON. MICHELLE  
REMPEL**

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Website at [www.michellerempel.ca](http://www.michellerempel.ca)

The 1st session of the 42nd Parliament has been busy and filled with topics that are contentious to say the least. The vital issues of electoral reform and assisted suicide should be of concern to all Canadians and the resolution of these issues will affect the very nature of our country.

In May I held a Town Hall Meeting and was able to hear from many of you on these subjects as well as many others. The participants are to be commended on their forthright honesty and I very much appreciate their feedback. I would like to express my thanks to the Harvest Hills Alliance Church for their excellent service and hospitality.

In April I was proud to host a well-attended Career Services event which featured governmental, educational and community based resources available to Albertans who are looking for work or to upgrade their employment skills. I am acutely aware of the precarious nature of the economy in this province and will persist in advancing the interest of Albertans at the federal level. Thank you to the Foothills Alliance Church for their help and support.

I look forward to meeting as many of you as possible this summer, on Canada Day, at Stampede and other community events. I would like to extend a big thank you to the hardworking volunteers who make these events possible and are tireless in their efforts to improve the quality of life in their communities, and ensure a bright future for Calgary and all of Alberta. I will continue to engage with local community groups and associations, constituents and many stakeholder groups in the riding with visits, meetings and roundtables and I am always delighted to hear about the issues that are important to you. Your comments are always of great help to me. I will also be out door knocking in the riding again this summer and I am always appreciative for the feedback I receive from you and I will thank you advance for taking the time out of your busy days to talk with me.

I will continue to be a strong voice for you in Ottawa and pledge to work hard to make your voices heard in the halls of government. As always, if you wish to comment on these or any other issues that are important to you and your family, please feel free to contact my office with your concerns or you can send in your suggestions and comments directly to me through my website [www.michellerempel.ca](http://www.michellerempel.ca).



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AUG 31

**BRENTWOOD**  
JULY 26 / AUG 9,23 / SEPT 6

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BD July 2016

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