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**BEFORE & AFTER  
SCHOOL PROGRAM  
TURNED 30**



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 All editorial content must be submitted by the 5th of the month for the following month's publication.

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 www.great-news.ca



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*The information contained in this newsletter is believed to be accurate, but is not warranted to be so.*

*Great News Publishing and Beddington Community Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.*

## IMPORTANT NUMBERS

ALL EMERGENCY CALLS		911
Alberta Adolescent Recovery Centre	403-253-5250	
Alberta Health Care	403-310-0000	
AHS Addictions Hotline	1-866-332-2322	
ATCO Gas – 24 Hour Emergency	403-245-7222	
Calgary HEALTH LINK 24/7	811	
Calgary Police – Non Emergency	403-266-1234	
Calgary Women's Emergency Shelter	403-234-7233	
Child Abuse Hotline	1-800-387-5437	
Kids Help Line	1-800-668-6868	
Child Safe Canada	403-202-5900	
Distress/Crisis Line	403-266-4357	
ENMAX – Power Trouble	403-514-6100	
Poison Centre - Alberta	1-800-332-1414	
HOSPITALS / URGENT CARE		
Alberta Children's Hospital	403-955-7211	
Foothills Hospital	403-944-1110	
Peter Lougheed Centre	403-943-4555	
Rockyview General Hospital	403-943-3000	
Sheldon M. Chumir Health Centre	403-955-6200	
South Calgary Urgent Care Health Centre	403-943-9300	
South Health Campus	403-956-1111	
OTHER		
Calgary Humane Society	403-205-4455	
Calgary Parking Authority	403-537-7000	
SeniorConnect	403-266-6200	
Calgary Kerby Elder Abuse Line	403-705-3250	
Alberta One-Call Corporation	1-800-242-3447	
City of Calgary	311	
Social Service Info & Referral	211	
Community Mediation Calgary Society	403-269-2707	
RNR Lockworks Ltd.	403-479-6161	
Road Conditions – Calgary	511	
Weather Information		
Gamblers Anonymous	403-237-0654	

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# BEDDINGTON HEIGHTS COMMUNITY ASSOCIATION

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## EXECUTIVE DIRECTORS

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Director at Large	Vacant
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## COMMITTEES

Casino Coordinator	VACANT
Rink Coordinator	Ilona Dezentje



## Beddington Heights Community Association Membership Application

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Postal Code: \_\_\_\_\_  
 Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Family Member's Names / Ages:	Name	Age
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Send to: 375 Bermuda Drive NW, Calgary AB T3K 2J5 or purchase online at [www.beddingtoncommunity.ca](http://www.beddingtoncommunity.ca)  
 Membership: \$20

## BEFORE AND AFTER SCHOOL PROGRAM

We can't believe it is already October! September flew by with a flurry of new faces and new families, as well as returning to our normal school routine. We are starting to get settled into our regular routine and have been enjoying making new relationships.

This past September was a special one for us as we celebrated our 30th Birthday as a program! We had a great time with everyone that came out for some carnival games, face painters, and carnival food. It was so nice to see past families and meet new people from the community.

Coming up this month are some of our favourite times here at the program: Thanksgiving, Halloween, and the changing of the leaves and seasons! We are looking forward to our annual Program Halloween Party and all of the spooky times to be had! With lots of Halloween themed games and activities to do it will be interesting to see which is the favourite! We also look forward to electing our Program Council this month, made up of 6 children grades 3-6. We look forward to seeing what changes they will be making to our program and towards helping out their community.

Our program is full again this year, and we have spent September learning about all of the kids and families we have in all of our programs. We love getting to see the incredible growth and transformation the children take over the year, especially in these early months!

If you would like to be added to our waitlist, please contact us at [bhca.basp@shaw.ca](mailto:bhca.basp@shaw.ca) or 403-295-8837

Have a great October, a marvellous Thanksgiving, and a fun Halloween!

## BOARD UPDATE

Come meet the BHCA Board, learn about what the BHCA has been up to in the community, participate in the board election and mingle with your neighbours over snacks and refreshments! Open to all BHCA members and Beddington residents. Voting rights for current members only.

**Beddington Heights Community Association  
Annual General Meeting  
Tuesday, November 21**  
 Beddington Theatre Arts Centre  
 375 Bermuda Drive NW

7-8 pm with refreshments afterwards





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## BOARD MEETINGS

### Fourth Tuesday of the month (except Dec/August)

7 p.m. start in the upper board room,  
 Beddington Theatre Arts Centre.  
 Open to all BHCA members and  
 the Beddington Community



# Women's English & Social Group

Meet your neighbours & practice English! The New Friends and Neighbourhood Group program is a safe and fun environment for immigrant women to improve their English and meet new women in the community.

Registration is FREE and there are no minimal English requirements. Groups meet once a week for 2 hours to practice English, make new friends and have fun! Free childcare is also provided (6 months – 6 years).

**Beddington Group**, 16 Bermuda Dr NW  
Tuesdays 1-3PM

For more information or other locations throughout the city, please contact:

**Debra Colley, Program Coordinator**  
**Calgary Immigrant Women's Association**  
Email: [debrac@ciwa-online.com](mailto:debrac@ciwa-online.com)  
Phone: 403-444-1752  
Website: [www.ciwa-online.com](http://www.ciwa-online.com)

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BEDDINGTON HEIGHTS  
COMMUNITY ASSOCIATION

**JOIN US**

OCT 10: BOOK CLUB  
OCT 24: BOARD MEETING  
NOV 14: BOOK CLUB  
NOV 21: ANNUAL GENERAL MEETING

[WWW.BEDDINGTONCOMMUNITY.CA](http://WWW.BEDDINGTONCOMMUNITY.CA)

## Join Our Beddington Book Club

Beddington's Book Club meets between 7:00 and 9:00 pm on the 2nd Tuesday of each month in the upstairs Studio at the Beddington Theatre Arts Centre.

On October 10, we will discuss **One Perfect Lie** by Lisa Scottoline.

On November 14 our book will be **The Heart Goes Last** by Margaret Atwood.

"Living in their car, surviving on tips, Charmaine and Stan are in a desperate state. So, when they see an advertisement for Consilience, a 'social experiment' offering stable jobs and a home of their own, they sign up immediately. All they have to do in return for suburban paradise is give up their freedom every second month – swapping their home for a prison cell. At first, all is well. But then, unknown to each other, Stan and Charmaine develop passionate obsessions with their 'Alternates', the couple that occupy their house when they are in prison. Soon the pressures of conformity, mistrust, guilt and sexual desire begin to take over." (from Goodreads).

Our December 12 book will be **The Hero's Walk** by Anita Rau Badami.

Cindy W.

## YOUR CITY OF CALGARY Adopting a cat or dog



Adopting a cat or dog from Animal Services helps reduce the number of homeless pets in Calgary and provides a loving animal with a forever home. When you adopt a cat or dog you are giving that animal a new start.

**Why should I adopt from Animal Services? There are many reasons, including:**

- Adoption provides a healthy, loving cat or dog with a home.
- You are reducing the number of homeless cats and dogs in Calgary.
- You get a lot of value for your money (see above).
- All animals are checked by a veterinarian for health and behavioural problems.

- Qualified Animal Health Technologists advise you throughout the adoption process.
- Volunteers work with the animals to keep them happy and socialized during their stay at the Animal Services Centre.

The Animal Services Centre is located at: 2201 Portland Street S.E. To contact us for general information, questions or to report a bylaw infraction by phone, please call 311.

From <http://www.calgary.ca/CSPS/ABS/Pages/Animal-Services/Animal-Services-Centre.aspx>

# StoryBook Theatre

StoryBook Theatre is Canada's largest family theatre and offers a wide variety of professional theatre productions as well as year-round theatre programming for children. StoryBook attracts almost 43,000 people to the Beddington Heights area annually and continues to grow, offering everyone an incredible theatre experience. StoryBook Theatre is located in the freshly renovated Beddington Theatre Arts Centre and caters to anyone and everyone wishing to see theatre at very affordable prices starting as low as \$18. Come take in some of Canada's best theatre right in your own back yard.

2017-2018 SEASON OF *Change*

May 1 - Current Subscribers advance purchase & School Bookings  
June 1 - Subscriptions on sale to the public  
July 1 - Single tickets on sale to the public



Calgary Nose Hill  
**Hon. Michelle Rempel, MP**  
 201-1318 Centre Street NE, Calgary,  
 AB, T2E 2R7  
 403-216-7777  
 michelle.rempel@parl.gc.ca  
 www.michellerempel.ca

As I look towards the fall sitting of Parliament I am reminded of the needs many in our community are facing and the numerous issues of importance that Parliament will be debating soon. I will continue to work hard on your behalf as your voice in the House of Commons.

My focus continues to be on policy and legislation that will improve our economy, create jobs and provide assistance and opportunities for those who need it most. In addition, I will continue to work in my role as Opposition Shadow Minister for Immigration, Refugees and Citizenship.

As the Federal Government begins to unveil its plans and priorities for this session, it is important for me to

hear from members of our community about issues of importance to them and their perspective and opinion on legislation being debated in Parliament.

I want to provide you with a list of the various ways you can provide me with your comments and keep informed about what is happening in Ottawa:

- Email:** Michelle.Rempel@parl.gc.ca
- Phone:** 403-216-7777
- Facebook:** Facebook.com/MichelleRempelMP
- Twitter:** @MichelleRempel
- Website:** MichelleRempel.ca
- Instagram:** MichelleRempel
- Youtube:** MichelleRempel
- Mail:** 201-1318 Centre Street N.E., T2E2R7

I will be announcing plans for my next Town Hall meeting in the near future as well.

Thank you for the opportunity to serve our community and I look forward to hearing from many of you over the coming months.



## Caring Parents' Babysitting Co-op

Need a little time to yourself? Have errands to run and taking the kids slows you down? You and your spouse could use a date night? But who can you trust with the kids?

For more than 20 years moms have been swapping childcare in Beddington, Sandstone, MacEwan, Hidden Valley, Kincora and Country Hills Estates – for free! The Caring Parents Babysitting Co-op started with three moms who just wanted to get out of the house once a week and has evolved to a more formal organization while still maintaining a warm, friendly and caring atmosphere. It's really about parents helping other parents.

"It's been a lifesaver," says, Megan, one of the members of the co-op. "I'm able to volunteer at the school frequently while another mom from the co-op watches my toddler. My daughter loves going to play with the other children from the co-op."

Another co-op participant, Bev, remarked on the benefit of being a member of a community of parents, "The best part of the co-op for me is the community. Meetings are a great time to talk about parenting and the phases kids go through. I recall specifically talking about potty-training and what worked for each of us. It helps to feel I'm not alone. We're all having some strug-

gles and, within the co-op, other moms are willing to offer help and support!"

Potential members are interviewed by two current members and their home is evaluated with a view to child safety. Candidates for membership are given a copy of the group's policies and the opportunity to ask questions about the expectations of the co-op. Once the interview is complete, and provided the interviewers make a positive report to the membership, a vote is taken.

Members are given poker chips as a form of currency to keep the trading of babysitting time fair and easily tracked. Babysits can take place in the children's home or the sitter's home, whichever arrangement is mutually satisfactory. Eligible families must be non-smoking, live in the limited geographic region (Beddington, Hidden Valley, Kincora, Country Hills Estates, Sandstone, MacEwan), be willing to provide a police records check, agree to abide by the policies of the co-op, attend monthly meetings and be willing to both babysit and have their own children sat by others, during the day or evenings.

Membership is limited to 25 families. The focus for new membership is on families with very young children (under 4 years old). This unique organization is currently accepting new members and information can be found at <http://nwbabysittingcoop.wix.com/caringparents>.



## FRC's The Pajama Game

Join us for FRC's first show of the 2017/2018 Season with The Pajama Game! This golden age classic blends comedy & romance, in with over-the-top production numbers and stunning visuals!

Conditions at the Sleep-Tite Pajama Factory are anything but peaceful as sparks fly between the new superintendent, Sid Sorokin, and Babe Williams, leader of the union grievance committee. Their stormy relationship comes to a head when the workers strike for a 7½ cent pay increase, setting off not only a conflict between management and labor, but a battle of the sexes as well.

The Pajama Game was awarded the 1955 Tony for Best Musical and, over half of a century later, claimed the award for Best Revival of a Musical, proving that the story is truly timeless. With an energetic score by Richard Adler and Jerry Ross (Damn Yankees), The Pajama Game is brimming with songs and dances that have become musical theatre standards, including "Steam Heat" and "Hernando's Hideaway."

The Pajama Game performs at the Beddington Theatre Arts Centre September 22 – October 7. Tickets can be purchased at [frontrowcentre.ca](http://frontrowcentre.ca).

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**Halloween Hazards! Keeping Your Pet Safe**



Calgary Humane Society  
 Connecting Lives

**Happy October!**

It's hard to believe but Halloween is just around the corner! Soon the streets will be flooded with little ghouls and goblins looking to fill bags full of sweet treats. Halloween is a great opportunity to meet your neighbours, admire some creative costumes and, of course, enjoy some sweet treats!

While Halloween is a fun time for people, it can be a scary time for pets! The strange visitors, ringing doorbell and unusual costumes may cause stress or even frighten a family pet. To make sure Halloween is fun for the whole family, Calgary Humane Society wants to remind you of a few safety tips for your pets!

- 1. Keep candy out of reach of pets!** Chocolate, artificial sweeteners and certain types of nuts are toxic to animals.
- 2. Set up a safe space!** Setting up a room with your pet's favorite items in a quiet area of the house will help to block out some of the stressful aspects of the holiday.
- 3. Leave Fido at home.** Including the family pet on trick or treating may seem like fun, but strange costumes and fast moving children could cause your pooch a lot of stress.
- 4. Put a sign on the door asking trick or treaters to knock.** Many pets may react to the doorbell more than knocking.
- 5. Be cautious with your costume, especially if your pet is easily frightened.** Consider setting your pet up in a safe space before getting changed into your festive duds.
- 6. Be careful with Fido's costume.** Keep dress-up sessions short and watch for signs that your pet is becoming annoyed with their costume. Most pets do not like costumes so if you must dress up your pet, consider snapping a few photos and removing the costume right away.
- 7. Do not allow your cats to roam.** A popular myth is that cats can fall victim to foul play on Halloween. While we have not seen that occur in Calgary, roaming cats can fall victim to the increased traffic or may become lost if they are frightened by all the little ghouls and goblins collecting candy.
- 8. Looking for more tools to help a stressed out pet at Halloween?** Contact our FREE behaviour helpline at 403-723-6019 to speak to one of our behaviour consultants about different products and strategies that may work for your pet.

From all of us at Calgary Humane Society, have a safe and happy Halloween!



Councillor, Ward 4  
**Sean Chu**  
 403-268-3727  
[ward04@calgary.ca](mailto:ward04@calgary.ca)  
[www.calgary.ca/ward4](http://www.calgary.ca/ward4)

Dear Ward 4 Residents,

**Cleaning up the yard is easier with your green cart**

This fall, enjoy the convenience of using your green cart as you get your yard and garden ready for winter. Leaves, pine cones, branches (up to 6 inches in diameter and 4 feet in length), old annuals and pumpkins can all go in the green cart for weekly collection and will be turned into nutrient rich compost.

**Three-step checklist for fall yard waste:**

- 1. Fill your green cart first.** Yard waste can go directly inside the cart; there's no need to bag it first.
- 2. If your cart is full, simply use paper yard waste bags and roll down the top.** Home and garden or grocery stores sell paper yard waste bags. They're usually sold in packs of five. Please **don't use plastic garbage bags.** These bags will not be collected since they contaminate the compost.
- 3. Place the bags approx. one foot away from the cart for collection,** so you can walk between the cart and the bag. Bags should be easily lifted (max. 20 kg).

During busy fall periods, to ensure our crews stay on schedule we may not be able to collect all of your extra yard waste bags right away. Please leave them out and we'll pick them up as soon as possible.

Other options for disposing of yard waste are available at [calgary.ca/yardwaste](http://calgary.ca/yardwaste).

**What to do about unwelcome junk mail**

While most of us do our best to be good neighbours, sometimes we need a little guidance to do the right thing. That's where the Community Standards Bylaw comes in. Updated at the end of 2016, the bylaw promotes good neighbour relationships and addresses community concerns by regulating noise, fire pit use, untidy properties, weeds and grass, graffiti—and nuisances such as flyers.

One of the areas updated in the 2016 review refers to flyers, including non-commercial flyers. If you have a 'no flyer' sign visibly posted at your home, it's a violation of the bylaw to deliver flyers to your door. With the municipal election just around the corner, you should be aware that election advertising is exempt from this bylaw along with newspaper subscriptions, community newsletters and information provided by government and elected officials.

For more information, visit [Calgary.ca](http://Calgary.ca) and enter Community Standards Bylaw in the search bar. If you do continue to receive flyers despite having a 'no flyer' sign at your home, you can call 311 or submit a service request using our 311 app or on The City's web site.

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## You Have Opinions, We Want to Hear Them, Join Calgary's Online Panel, Citizens' View



You're invited to join more than 2,000 people that have signed up for Citizens' View, Calgary's online panel. Citizensview.ca makes it easier for Calgarians to share their input anytime, anywhere through online surveys and discussions.

As Citizens' View continues to grow, The City is working to make sure that they hear from people of all ages and areas of Calgary.

"Creating an even better Calgary takes all of us—not just government," said Mayor Nenshi. "Citizens are the key to improving our communities and creating the best programs and services for our city. Calgarians are the experts in their lives and I encourage them to share their thoughts about life in Calgary by signing-up at citizensview.ca."

The City hopes to attract more than 4,000 people that reflect Calgary's diverse population. Members can expect to receive surveys once or twice a month, join online discussions, and receive information on City events and service improvements.

Calgarians 18 years and older can sign-up for the Citizen's View at citizensviewcalgary.ca.



## Beddington Real Estate Update

### Last 12 Months Beddington MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2017	\$368,900	\$345,000
July 2017	\$384,450	\$374,575
June 2017	\$377,400	\$370,000
May 2017	\$379,800	\$375,000
April 2017	\$389,900	\$382,000
March 2017	\$379,900	\$371,000
February 2017	\$354,950	\$355,525
January 2017	\$374,450	\$366,500
December 2016	\$370,000	\$346,000
November 2016	\$417,500	\$401,250
October 2016	\$339,500	\$329,500
September 2016	\$336,250	\$339,000

### Last 12 Months Beddington MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
August 2017	18	9
July 2017	15	14
June 2017	25	22
May 2017	27	17
April 2017	15	12
March 2017	16	11
February 2017	9	4
January 2017	4	6
December 2016	2	7
November 2016	9	9
October 2016	14	8
September 2016	15	12

To view more detailed information that comprise the above MLS averages please visit [beddington.great-news.ca](http://beddington.great-news.ca)



## News from the Friends of Nose Hill

by Anne Burke

Over the past few years, a number of projects were done in Nose Hill Park as part of the implementation of the Nose Hill Trail and Pathway Plan. The controversial plan was approved by Council in July 2005 and construction began in 2006, with asphalt paving. Project plans are on the city website and there is a map with an update on our website.

Construction activities continue and focus on the following work:

- Building primary (gravel) trails, timber landscape stairs for problem grades, and stabilized tread (dirt - single track) trails.
- Other options are to re-vegetate trails naturally, ploughing a trail to a shallow depth, and reseeded. The length will be decided in the field, depending on the sightlines, and to the satisfaction of the City Project Manager.

One of our members said: "I hope all is in order but I was alarmed to see a backhoe parked above Charleswood and John Laurie, south of the gully from Brisebois Drive. I hope there is no plan to pave or gravel that path along the ridge crest. We have so many paved and manicured paths already on the Hill."

Here is an answer from the Zone 3 Parks Superintendent to the Ward 4 Councillor. "The backhoe is being used to construct the formal gravel trail that is on the

attached construction drawings in a little square. It will be a designated trail replacing a worn desire line trail. The construction of the stairway and designated trails have gone as planned this year and look great."

Just a reminder: Nose Hill Park is a natural environment park, so please respect wildlife and plants. Do not pick the flowers or they will not be there for future park users and stakeholders.

In 2012, Council approved the *CalgaryEATS!* plan developing a field guide of wild urban edible plants in the area. Since many members of the public are already foraging in our green spaces, this project provides the opportunity to increase public education around wild harvest, while promoting safety, sustainability, and environmental protection.

This field guide will have information on urban food foraging, such as how to identify urban edibles, places where foraging can be practiced (details still to be worked out), how to prepare wild edibles, and avoid non-palatable or poisonous look-alike species.

## BRAIN GAMES SUDOKU

					5	8		
		5		9	1	7	3	
7		9						
	5	3			6			
6			1	2	3			7
			4			3	6	
						5		2
	6	1	5	3		9		
		2	9					

FIND SOLUTION ON PAGE 17

# BUSINESS CLASSIFIEDS

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**The Pathway Church**  
375 Bermuda Drive NW - Beddington Heights Community Arts Ctr.  
587-581-1858 • [www.thepathwaychurch.ca](http://www.thepathwaychurch.ca)

Sunday Service at 11am-12pm

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**DAY HOME:** Former pre-school teacher with Child Studies degree has day home openings now in Huntington Hills, 78 Avenue and 4th Street N.E. Healthy meals and snacks. Flexible hours and days. Before and after school care available. Call Heather 403-850-5573 or email [crathwell@telus.net](mailto:crathwell@telus.net).

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Beddington Heights  
**mybabysitterlist**

Name	Age	Contact	Course
Alexandra	35	587-716-3894	Yes
Angeline	15	403-275-0344	Yes
Bella	16	403-969-2072	Yes
Brittney	19	403-464-0213	Yes
Cameron	14	403-455-0142	Yes
Julie	34	403-688-7783	Yes
Kasandra	28	403-483-1788	Yes
Mariya	15	403-975-7057	Yes
May	56	587-968-0782	Yes
Morgan	13	403-619-7444	Yes
Nikkita	25	403-826-8917	Yes
Rebecca	15	587-223-6730	Yes
Sabrina	18	403-512-3171	Yes
Stephanie	20	587-969-3320	No
Winner	19	587-893-2935	Yes
Zara	25	587-703-9212	Yes

**Calling All BABYSITTERS** Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS** Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).

## BRAIN GAMES SUDOKU

3	1	6	2	7	5	8	4	9
2	4	5	8	9	1	7	3	6
7	8	9	3	6	4	1	2	5
4	5	3	7	8	6	2	9	1
6	9	8	1	2	3	4	5	7
1	2	7	4	5	9	3	6	8
9	3	4	6	1	7	5	8	2
8	6	1	5	3	2	9	7	4
5	7	2	9	4	8	6	1	3



MLA Calgary-Mackay-Nose Hill  
**Karen McPherson**  
Current Member  
#106, 8220 Centre Street NE  
403-215-7710 [calgary.mackay.nosehill@assembly.ab.ca](mailto:calgary.mackay.nosehill@assembly.ab.ca)

With students back at school and leaves changing colour, the fall session of the Alberta Legislature is starting at the end of this month and I am looking forward to being back in session.

Over the last few months I have heard from constituents across the riding and attended some amazing community events. I really enjoy every opportunity to connect with you.

In September, I had the chance to join the residents of Heritage Village in MacEwan Glen for an afternoon tea, hear about their concerns, and answer some questions. The Government of Alberta provides a number of programs and services that support seniors in Alberta. For information on services you or a senior in your life may be eligible for, please visit: <http://www.seniors-housing.alberta.ca/seniors/>

In early September, I took part in Calgary Pride's 27th Annual Festival. I've been an ally for many years and I'm very proud to be part of a government that values all people, including the LGBTQ+ community. And Pride is always so much fun!

As part of the Alberta Jobs Plan, the Alberta government has allocated \$30 million over two years to promote long-term economic growth and prosperity in Alberta's communities and regions through the new Community and Regional Economic Support (CARES) program. The CARES program will fund initiatives that create a measurable impact and align with:

- improving local business environment and/or regional economic collaboration
- increasing support for entrepreneurs and small and medium-sized enterprises (SMEs) to grow and succeed
- enhancing support for businesses and industries that provide diversification to a community or a region
- increasing investment that drives high-value job creation

CARES program funding for economic development initiatives begins at \$10,000. Applications for the third intake of the CARES program will be accepted from October 1 to November 30, 2017. You can find more information online at <https://www.alberta.ca/community-regional-economic-support-program.aspx>

I welcome your feedback. Our office is open 9am - 4:30pm on Monday, Tuesday, Wednesday, and Friday (closed for lunch 12:00pm-1:00pm). We're open until 7 p.m. on Thursdays. E-mail us at [calgary.mackay.nosehill@assembly.ab.ca](mailto:calgary.mackay.nosehill@assembly.ab.ca), call us at 403-215-7710, or drop by the office at #106, 8220 Centre Street NE.



## Make Your Halloween Safe

Halloween is a fun-filled time for kids and parents alike, but it can pose dangers to children. To help make Halloween a trick-free treat, follow these simple safety tips:

- Choose a light-coloured costume because these are easily seen at night. Add reflective tape or glow-in-the-dark tape to the front and back of the costume and to the trick-or-treat bag.
- Only buy a costume or use materials that is/are "flame-retardant" (won't burn).
- Make sure wigs and beards don't cover your kids' eyes, noses, or mouths.
- Kids shouldn't wear masks — they can make it difficult for them to see and breathe. Instead, use nontoxic face paint or makeup. Have younger kids draw pictures of what they want to look like. Older kids will have fun

putting the makeup on themselves. Test the face paint or makeup on your child's arm or hand before applying to make sure the paint doesn't irritate the skin.

- Avoid coloured or decorative contact lenses.
- Put a nametag — with your phone number — on your children's costumes.
- Avoid oversized and high-heeled shoes that could cause kids to trip. Make sure the rest of the costume fits well, too, which can help prevent trips and falls.
- Teach your child to use the sidewalks, look before crossing, go to house with porch lights on and walk!!
- Give kids flashlights with new batteries or glow sticks as bracelets or necklaces.
- Accompany young children (under age 12). For older kids (with phones) make sure they know how to call 911 in case they get lost and make sure they know their home phone number.
- When your kids get home, check all treats to make sure they're sealed. Throw out candy with torn packages or holes in the packages, spoiled items, and any homemade treats that haven't been made by someone you know.

Remember that November 20th 2017 is National Child Day. National Child Day is celebrated in Canada on November 20th in recognition of the UN Convention on the Rights of the Child. Wear blue to show your support on November 20th. The 2017 theme is The Right to Be Safe. You can find more information at nationalchildday.ca for events in Alberta.

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge. We are always looking for interested parties to join our coalitions.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: [nweedcoalitions@gmail.com](mailto:nweedcoalitions@gmail.com).

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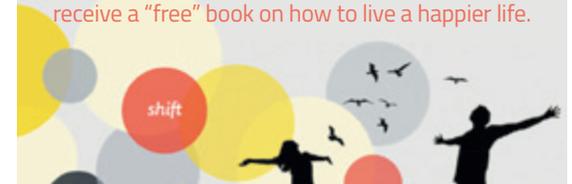
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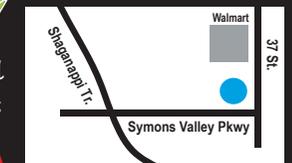
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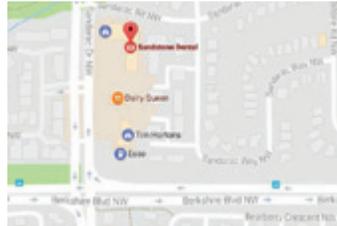
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