

DECEMBER 2016

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# your **BRENTWOOD** bugle

THE OFFICIAL BRENTWOOD COMMUNITY NEWSLETTER

**MERRY  
CHRISTMAS**



## HELP END DIABETES

Diabetes is a complex disease with many causes and no known cure. In Alberta, an estimated 303,000 people have been diagnosed with diabetes and a further 600,000 live with prediabetes.

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Brentwood Community Association  
1520B Northmount Dr. NW  
Calgary, AB T2L 1V3  
Phone: 403.284.3477  
brntwdca@telus.net | www.brentwoodcommunity.com

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### HOW CAN YOU HELP?



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Explore the fun and easy ways you can help raise funds for diabetes.



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# Brentwood

COMMUNITY ASSOCIATION

www.brentwoodcommunity.com

Community Centre, 1520B Northmount Drive NW

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Director	Melanie Swailes	melanie.swailes@shaw.ca			
Director	Peter Johnson	403-289-9365			



Kelli Wreford, Editor

EDITOR'S SCRIBBLINGS



The Annual Federation of Calgary Communities awards evening, known as *Who Done It and Who Won It*, was held on the evening of October 21<sup>st</sup>. Brentwood's own Lee Hunt, Melissa Neville and Terry Allen were nominated for an FCC award in the "Be A Part Of It" category. See the article inside to find out if they won!

The Brentwood Community Association urgently requires the help of some local volunteers. Volunteer Coordinator, Casino Coordinator, Secretary to the Board of Directors, Hockey Representative and Community Development Committee positions need to be filled. Please see the details of these positions in this issue and call the office if you think one of these BCA volunteer positions could be for you.

The Annual Mayor's Food Drive is taking place from November 30 to December 23 this year. The Brentwood Sportsplex has donation boxes in place to receive your donations. If you are going to the Sportsplex for any activities, please drop off a non-perishable food donation for Calgary's less fortunate people.

Best wishes to everyone for a safe, restful, happy Christmas season.



## Join us on December 27 for **Bingo**

Join youth volunteers and community members to spend an evening of fun and Bingo with the residents of Carroll Place.

**Tuesday, December 27th, 2016**

**6 pm – 8 pm**

**Carroll Place Lounge**

Additional Info:

\$0.25/card/game. *Bring your Quarters!*

Winner takes home the pot

We will play 10-11 games. Everyone has a chance to win!!

**Come out and join us for a great time!**

**Everyone is welcome!!!**



Write On! Our neighbourhood contributors for this month include: Anne Burke, Druh Farrell, Angie Goldsmith, Dorothy Haeberle, Lee Hunt, Melissa Neville, Devina Sharma, Cynthia Sim and Kelli Wreford.

### DECEMBER MOON CALENDAR

## FOCUS DENTAL



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# HANUKKAH

In 2016, Hanukkah from in the evening of Saturday, December 24<sup>th</sup> until the evening of Sunday, January 1<sup>st</sup>.

During Hanukkah, on each of the eight nights, a candle is lit in a special menorah (candelabra) called a 'hanukkiyah'.





Your donations have helped us knit well over 1,000 sets of hats, mitts and scarves for those in need. This fall the club has supported the Go Help Go club organized by Sir Winston Churchill School students as well as Newcomers, high risk youth and John Paul II school. Winter donations from the club will include knitting Calgary Police Service Sweaters for their teddy bears and contributing to the Scarf Bombing Project for homeless and vulnerable Calgarians in need of winter wear. If you have any yarn or wool you would like to donate please contact Lynne, Tenant Resource Person, at 403-282-6565. Thank you!"

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Surname: \_\_\_\_\_  
 First Name: \_\_\_\_\_  
 Spouse: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_

- Family \$35    55 Plus (Couple) \$25  
 Individual \$12.50

**Please return membership application with your cheque made payable to the Brentwood**

**Community Association.  
 Mail or Drop Off to  
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 Alberta T2L 1V3  
 brntwdca@telus.net  
 403-284-3477**



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### Public Skating at Brentwood Sportsplex

Mondays 10:00 am to 11:30 am: October 3<sup>rd</sup>, 2016 to December 19<sup>th</sup>, 2016 and January 2<sup>nd</sup>, 2017 to March 27<sup>th</sup>, 2017 (no skating on statutory holidays)

Saturdays 12:15 pm to 1:15 pm: October 22<sup>nd</sup>, 2016 to December 3<sup>rd</sup>, 2016 and January 7<sup>th</sup>, 2017 to March 4<sup>th</sup>, 2017

Cost \$1.00 per person; please pay at the office on Mondays and at the concession on Saturdays.

Public skating only – no sticks, pucks, sleds or strollers. We do not supply skating assistance equipment. Anyone under age 18 must wear a helmet.

### Playgroup:

The Brentwood Community Playgroup runs Wednesday mornings from 9:30 to 11:00 at the Sportsplex from September to June. The playgroup is also accepting the donation of clean and gently used toys. To donate or for more information, please contact Melissa at bcame-lissa@gmail.com.

**Scrabble Group:** Call 403-284-3477 for more info.

### 55 Plus Bridge Group:

If you enjoy playing bridge, please join us on Wednesday afternoons. We meet at 1 pm upstairs in the Banquet Room of the Sportsplex. Contact Roman at 403-289-6244.

### Brentwood Community Association Board Meeting:

The next regular meeting will be Tuesday, January 31, 2017 at 7:15 pm in the upstairs Boardroom of the Sportsplex. All community members are welcome, but are asked to submit agenda items in advance if they have items for discussion at the meeting by contacting Linda Van Holst at 403-284-3477 or brntwdca@telus.net

### BCA Hall Rentals:

The Banquet Hall and Boardroom at the Brentwood Sportsplex are available for rental by the public. Please refer to the BCA website for details [www.brentwood-community.com](http://www.brentwood-community.com) and go to the Facilities page. Current BCA members get a 15% discount on hall rentals.

**Bugle Deadline** for the February 2017 Bugle community articles and notices is December 22, 2016 and the deadline for the March 2017 Bugle is January 26, 2017.

# Seniors' Tea News

By Dorothy Haeberle

At the October 20, 2016 Seniors' Tea we had a jewelry exchange. There were plenty of pieces to choose from and it felt good to share! Thank you to our volunteers and all the people that brought baked goods, chocolates and other goodies for the tea.

We also went on a day trip to Canmore on October 25, 2016. The weather was great—we enjoyed the alpine feel of Canmore. We enjoyed a soup and sandwich lunch at the Three Sisters Legion, and then went shopping. It was a fantastic day!

The tea on December 15<sup>th</sup> will be at the Sportsplex at 1:00 pm. See you there!





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#### CALLING ALL BRENTWOODIANS

It's time to help keep our community in "top shape". Here are some phone numbers which you might find helpful.

**ABANDONED CARTS** - Call the store which owns the cart. Here are a few such numbers.

Walmart: 403-247-8585

Safeway: 403-289-1424

Calgary Coop: 403-299-4311

Bed, Bath, and Beyond: 403-289-5128

**CITY OF CALGARY CONCERNS** - Call 311 for concerns such as graffiti, potholes, missing street signs, or burned out streetlights.

Help make a difference!

#### CALGARY FOOD BANK EVENTS

##### Mayor's Food Drive

The Mayor's Food Drive, now in its 28<sup>th</sup> year, is a collaboration of amazing community partners and individuals that help Calgarians in need— all with the enthusiastic support of Mayor Naheed Nenshi. Please donate non-perishable food items at the Brentwood Sportsplex from November 30 to December 22, 2016.

##### Amble for Angus

Join Calgary runners for a brisk 7:30 am 5K fun run on Friday, December 16 for a worthwhile cause. Funds raised support the Calgary Food Bank Children's Milk Program. Entry is only \$20 and registrants will receive a \$15 tax receipt. The route is along the Bow River pathway starting at the Eau Claire Market. Register today at [amblewithangus.com](http://amblewithangus.com)

Did you know that there is a Facebook group and a Twitter account dedicated to bringing our community together? Use the Twitter profile @BrentwoodYYC to get connected. Brentwood Facebook <https://www.facebook.com/BrentwoodYYC/>

Would you like to add to the Brentwood Bugle's Bulletin Board? Contact the Editor Kelli at [bcabugle@telus.net](mailto:bcabugle@telus.net).



## BCA Volunteer Positions Available

The Brentwood Community Association is in immediate need of help! We have several key positions that must be filled or programs will suffer. If you are interested in any of these positions (see below) or would like more information, please email Linda at the BCA office: [brn-twdca@telus.net](mailto:brn-twdca@telus.net).

#### Secretary

The BCA is seeking a volunteer for the position of Secretary to the Board of Directors. The Secretary's duty is taking minutes at the monthly Board meetings and at the AGM. The meetings are held the last Tuesday of the month at 7:15 and are approximately 2 hours long. There is no meeting in July or December.

#### Westwood Hockey Representative

The position consists of attending Westwood hockey meetings and reporting at the Brentwood Community Association Board meetings. You would be a liaison between the two boards, keeping both informed. Westwood Hockey meets every other month and the Brentwood Board meets the last Tuesday of every month except for July and December.

#### Volunteer Coordinator

The BCA is seeking a volunteer for the position of Volunteer Coordinator.

The duties of this position include:

- Ensuring all concession and maintenance shifts for the year are entered into the Sportzsoft system and are

filled with either volunteers or hired students.

- Working closely with arena staff to ensure all shifts are filled with either volunteers or hired students.
- Maintaining the Hire-A-Student Listing which includes performing an annual review.
- Checking the [bcavolunteer@telus.net](mailto:bcavolunteer@telus.net) email inbox regularly to field inquiries and address any issues.
- Attending monthly Board Meetings and the AGM. Meetings are held the last Tuesday of the month at 7:15 pm and are approximately 2 hours long. There is no meeting in July or December.

#### Casino Coordinator

The BCA is seeking a volunteer for the position of Casino Coordinator.

The duties of this position include:

- Ensuring all casino positions are filled for the duration of the two-day event that takes place every 18 months.
- Communicating with the Alberta Gaming and Liquor Commission, Cash Cage Advisor and Volunteers.
- Submitting a license application to the AGLC and obtaining all necessary documentation to be forwarded relating to volunteers in key roles.
- Checking the [bcavolunteer@telus.net](mailto:bcavolunteer@telus.net) email inbox regularly to field inquiries and address any issues.
- Attending monthly Board Meetings and the AGM. Meetings are held the last Tuesday of the month at 7:15 pm and are approximately 2 hours long. There is no meeting in July or December.



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Left to right, Rebecca Dakin (FCC), Lee Hunt, Terry Allen, Melissa Neville, Leslie Evans (FCC). Photo by Bonita McCurry

# Brentwood Award Winners

By Kelli Wreford



The annual Federation of Calgary Communities Volunteer Awards were presented at Killarney-Glengarry Community Association on the evening of October 21, 2016. It was an impressive gathering of motivated volunteers who have done great works across the 150 Calgary communities. The Brentwood Mural Group members Lee Hunt, Melissa Neville and Terry Allen, were nominated for the “Be A Part of It Award” for their work toward the creation of the new mural on Northmount Drive.

As the mural project was completed very recently and was reported in the October issue of the Bugle, I thought it might be nice to explore the question, “Who are these dedicated Brentwood volunteers?”

Lee Hunt moved to Brentwood in August, 1981. She was teaching at the time, and retired in 1999. As a resident who lived nearby, she was saddened to see graffiti on the side of the building on the NE corner of Brisebois and Northmount Drives. Since that location was often a target of graffiti vandals, she found herself reporting to the City frequently.

During one such call, Lee received a suggestion—has the community ever considered putting a mural on the site to deter graffiti? An idea was born. Lee connected with then-Bugle Editor, Cheri Macaulay and Natureground’s Polly Lee Knowlton Cockett, then Alderman Druh Farrell, several artists and volunteer community painters. The first mural project, completed in 2004, was a success, and led to other murals, such as the one on the corner of Northmount and Charleswood Drives.

Melissa Neville, a more recent Brentwood arrival from Ontario, moved to Calgary in 2008. In 2009, she moved to Brentwood with her husband, Michael then welcomed sons William and Jack to the family. Melissa wasted no time getting involved in her new community. She joined the playgroup and is now the Playgroup Coordinator and when Treasurer Paul Neilson retired earlier this year, Melissa stepped up to fill this position as well, becoming a BCA Director in 2016. Melissa was a professional chef in Ontario and is now cooking her gourmet meals for a very demanding clientele—her family! Last month she began writing a monthly article, “Dinner is on the Table”, for the Bugle, so we can all take advantage of her expertise.

Terry Allen and his wife, Sharon, have lived in their original Brentwood home since 1961. Terry attended schools in Calgary from 1951 to 56, then graduated with a degree in Geology from the University of Alberta. He was the principal of Sir Winston Churchill High School from 1982 to 1990, and then moved to Western Canada High School, where he and Lee Hunt worked together for two years. He retired in 1994. Terry has been a member of the Rotary Club of Calgary South since 1990, and was the president of the Club in 2004/2005. One of his main interests has been the promotion of science fairs in Calgary and across Canada. Terry got involved with the mural project because of his respect for Lee and Melissa and was pleased to help with the grant application.

The grant, provided through financial support by the Calgary Foundation, RBC and Calgary Economic Development, was the very important first step in creating the new mural. The mural group, with the help of Brentwood Grade 5 student Emma Hamel, received the grant on April 5<sup>th</sup>. Following some whirlwind plan changes throughout the month of August, the mural was sketched by artists Katie Green and Daniel Kirk on August 15 and 16, then painted by community youth volunteers on August 17. Daniel and Katie put on finishing touches August 18 and 19. The official “unveiling” and celebration was held on August 28. Thank you and congratulations to the award-winning mural group!



Christmas Cactus in October

As I write this on a sunny afternoon in late October, the ground is strewn with fallen leaves and only a few hardy annuals have survived the frosty nights. The

daylight hours are decreasing, the mornings and evenings are dark, and fog and icy roads frequently greet us when we arise. All around us we see preparations for Halloween and the Christmas holiday season. Our indoor plants, like my Christmas cactus (see photo), now provide the colour that our gardens have largely lost.

Activity at the community garden has slowed and now mainly consists of feeding our garden compost with the fallen leaves and chopped residue from our harvested vegetables and flowers. As we take nutrition from the soil to grow our plants, we must remember to restore the raw materials, primarily nitrogen and carbon, which provide that nutrition. Composted material also provides microorganisms and micronutrients which are often unavailable in commercial fertilizers and although our small-scale garden compost cannot completely replace the nutrients removed during the growing season, it provides an excellent educational opportunity for the gardeners to learn about good soil management. Composting is invaluable for maintaining the health of the garden soil; it improves aeration, water retention, water movement and availability of nutrients, adding “life” to the soil. Although the decomposition process certainly slows down during the winter months, the freeze/thaw cycle may actually assist in breaking down added scraps. Our compost coordinator, Margaret Russell, always has stored bags of leaves at the garden to add to the compost bin during the winter months. We look forward to seeing some lovely crumbly compost next spring.

Early renewal of garden bed rentals for next season has been completed and on February 1, 2017, the remaining



Article and photo by Cynthia Sim, Garden Coordinator

garden beds will be available for rent. In order to rent a garden bed at the Brentwood Community Garden, individuals must have a membership in the Brentwood Community Association which is valid for the growing season in 2017. Those memberships will be available in February, 2017.

For further information, contact the Garden Coordinator at [simc@shaw.ca](mailto:simc@shaw.ca).



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# Brentwood Development

By Melanie Swailes  
On behalf of the Brisebois Working Group

## Final update on the Brisebois / Northmount Project Appeal

On October 26, 2016, the Subdivision and Development Appeal Board (SDAB) heard the appeal by the Brentwood Community Association against the proposed development on the NW corner of Brisebois and Northmount Drives. Melanie Swailes was the appellant on behalf of the BCA and a team of area residents also spoke and presented their materials at the appeal. In addition, the owners of the Idylwild Apartments and the Brentwood Shopping Centre on Northmount Drive also presented their statements before the SDAB.

It was a marathon session, lasting from 9:00 a.m. to 11:00 p.m., a total of 14 hours! We presented our submissions and answered questions, then listened to submissions from the City of Calgary Development Authority Planning and Transportation Departments as well as the developer, NORR Architects. The seven SDAB Board members asked many questions and viewed many photos, maps and diagrams. They then deliberated for almost 1 ½ hours before reaching their decision.

Unfortunately, we were not successful in our attempts to have the height or the size of the building reduced or to have the building set back further on the property. Basically, once City Council gave First Reading in May 2015 and approved the rezoning in June 2016, the building was considered within the maximum size that can be built. We were attempting to try to minimize some of the perceived negative effects of the building and the Board did accept some of our recommended changes.

The appeal was allowed in part, which means that the development permit will be issued as approved by the Development Authority subject to some amendments/additions to the conditions of approval.

The Board listed 9 amendments to the existing development permit:

1. Removal of the rear deck accessed from a second storey office. (This helps ensure privacy for adjacent homes north of the proposed building.)
2. Installation of a greenscreen on the north side of the lane (basically a row of columnar trees to ensure some privacy for the adjacent home).
3. Street furniture and planters to be included in the boulevard areas along both Northmount Drive and Brisebois Drive. (Usually the boulevard area cannot have benches, planters, etc., so this recommendation will enhance the space around the building.)
4. Addition of windows with opaque glass on the west side of the building. (The west façade was originally visually unappealing because it was a flat wall with little to break it up. The opaque windows will look better.)
5. Motorized blinds tied to sunset (so that lighting from the offices will not interfere with adjacent homes).
6. No light pollution to neighbouring homes (from exterior or parkade lighting).
7. Enhanced landscaping consisting of 10 blue spruce with a 1.5 metre spread on the west side. (The site plans had indicated a utility right-of-way along this side, meaning no plantings were possible. We determined that the right-of-way was only partially needed, meaning trees could, in fact, be planted.)
8. The hours of operation for the building must be limited to between 6:00 a.m. and 11 p.m. (so that neighbours will not be affected by building usage during the overnight hours).
9. The loading and delivery vehicles for the building can operate only between the hours of M-F from 7:00 a.m. to 10 p.m. and on Saturdays / Sundays / Holidays from 9 a.m. to 10 p.m. (i.e. no very early morning garbage pickups or other commercial vehicles).

We feel that the changes will help somewhat, especially for the closest neighbours. It has been a long and challenging process. We would like to thank so many Brentwood and Charleswood residents who have supported us over the past two years. Many of you wrote your own letters opposing the rezoning, and many of you wrote emails to encourage us in our fight. You've attended the meetings for the proposal, come out to view the plans, and voiced your opinions. It was great to see so much community interest.

# Development and Transportation Committee

Development and Transportation have proven to be important issues for Brentwood Residents and for the Brentwood Community Association (BCA). The BCA plans to create a committee to address development and transportation issues in the community and we are seeking volunteers to support Development and Transportation planning and proposals within our community. The role of the committee will be to develop a vision of what Brentwood should be, support responses to the City on proposed developments and changes, as well as provide information in a timely manner to residents. We can expect construction to continue in both the Brentwood Station Area and Northland Village Mall. In addition, there have been recent concerns about residential redevelopment and the impact on the neighbourhood. The City continues to make plans for transportation, including Northmount Drive.

It is important that we try to explain to the City what the residents' vision of the Community is, as well as review and comment on the proposed projects. We hope this committee, which will report to the BCA Board of Directors, will comprise a group of engaged volunteers to share its community knowledge and advice. The duties of this position will include:

- Attending meetings with developers and the City.
- Reviewing development proposals.
- Providing written feedback on proposals to support the community response to the City.
- Providing a vision of what Brentwood residents want their community to become.
- Supporting the Development and Transportation Director as required.

If you are interested in joining this committee, please contact Linda at the Sportsplex and provide her with your name, email and telephone number.



Name	Age	Contact	Course
Ariel	18	587-968-3526	No
Camryn	15	587-439-1472	Yes
Elaina	16	403-808-1328	No
Eric	15	587-439-2875	No
Megan	15	403-969-6336	Yes
Nicole	16	403-279-2765	Yes
Sholeh	44	587-707-6816	Yes
Sihana (See-Ana)	15	403-228-5339	Yes
Tamara	26	403-689-8140	Yes

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Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS**  
Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).

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## SILHOUETTES PROMPT FOND MEMORIES

by Lee Hunt

The September 2016 Bugle's focus on the Brentwood Sportsplex prompted an email to the BCA Office. The sender was Marilyn Wagner whose husband, Emil, painted the two silhouettes which I wrote about in the September Bugle.

I had a recent opportunity to interview Marilyn who told me that when the Sportsplex lobby was extended in the late 1980's, the new walls were totally blank. As her husband, Emil, was an artist, the BCA asked him to paint something on the largest wall. Since the Sportsplex was home to both figure skating and hockey, it was decided that those two sports should be highlighted. Preferring not to have an "audience" while he painted, Emil opted to design the silhouettes at home and then create large stencils of each. Those stencils were then put up on the Sportsplex wall and the designs spray painted. Voila! The silhouettes were in place!

But I should go back a bit to tell you a bit more about Marilyn and Emil. They moved to Brentwood in 1968 when the Brentwood Village Mall consisted of only three businesses – Bank of Montreal (no BMO back then!), a butcher shop, and Schmid's Hairstyling of which Emil was a co – owner.

Once their children, Carol and Curtis, were old enough to attend daycare housed at Captain John Palliser School, Marilyn started volunteering. As Treasurer of the daycare, she was responsible for hiring and paying the teacher, obtaining supplies, plus hiring lunchtime supervisors. When Carol and Curtis joined figure skating at the BCA, Marilyn and Emil were both involved for many years. Marilyn looked after obtaining instructors for the skaters, while Emil built the props for the annual figure skating show. Marilyn has particularly fond memories of the pirate ship which Emil built the year the skaters performed to a Captain Hook theme.

Sadly, in 1992, Emil took sick and died in January, 1993. Marilyn is still so grateful to Arena Manager Steve Diet-



March 1993 - The Wagners (Carol, Marilyn, Curtis) with the plaque presented in honour of Emil. The backdrop is a prop made by Emil.

rich, then Secretary Charlotte Wegmann, and then President Casper Valstar for their assistance throughout her "figure skating years", but especially for their friendship and support during Emil's illness. Marilyn, Curtis, and Carol were especially moved when Steve Dietrich used one of Emil's stencils to put a silhouette at centre ice for the March, 1993 figure skating show.

Marilyn has since moved to Hawkwood where her community service continues as she currently runs the casinos for that neighbourhood. In semi-retirement, Marilyn enjoys travel – having seen what she describes as "much of the world – Africa, Australia, Europe, and with South America next on the list."

My thanks to Marilyn for following up on the story of the silhouettes and for bringing their story to life in our interview.

**TO ALL BUGLE READERS:** I wish you a joyful holiday season. See you in 2017! Lee

# Dinner is on the Table

By Melissa Neville

Are you ready for Winter??? Short days, long nights, cold temperatures and SNOW! To be honest, I do not mind winter for 3 very important reasons:

1. COMFORT FOOD, yummy hot comforting soups, stews, oven roasted meats, baked pastas, I could go on and on... YUM!
2. The cold temperatures create a makeshift fridge, allowing me to use my deck to store meals in the making. Just last weekend, I made a giant batch of French Onion soup and stored it outside until it was ready for the freezer. I get so excited just thinking of the soups that await me.
3. It is time to stock up the freezer with delicious, ready-to-heat food--food to have on hand for those busy weekdays or cold days when snuggling under a blanket is all you want to do. It is only natural for this month's recipe to be for a hearty but simple classic lasagne. It is fairly easy to make, freezes well and tastes amazing. This recipe makes either one big or two medium lasagne, one to eat now and one to freeze for later. Either way, this recipe will warm your house and heart while filling you with comfort. Serve with a green salad and you have dinner on the table.

## Bologna-style Lasagne

(I'm eating a leftover piece right now)

- 1 batch of Bolognese style meat sauce (see below)
- 1 batch of basic white sauce (see below)
- 1 to 1 ½ boxes of lasagne noodles (fresh, packaged or oven ready)
- 2 cups of grated parmesan cheese (freshly grated is very much worth the money and effort)
- 4 tablespoons of soft butter

Prepare Bolognese meat sauce, prepare Basic White Sauce, cook pasta according to the instructions on the box and grate the Parmesan cheese. Preheat oven to 400°F and butter your baking dish, either one 13" x 9" or two 8" x 8" dishes. Put a layer of pasta on the bottom of the baking pan. Top with half a cup of meat sauce, then drizzle and spread half a cup of white sauce on top, sprinkle with about 1/3 cup of Parmesan cheese. Repeat until the pan is full--usually 3 or 4 layers ending with Parmesan cheese. Dot with butter and bake for 15 to 20 minutes. Let stand 10 minutes before serving.

Please note: If using Oven Ready Lasagne sheets, you must cook the lasagne before freezing.

## Bolognese Meat sauce

- ¼ cup butter
- 2 tablespoons olive oil
- 1 medium onion, finely chopped
- 1 carrot, finely chopped
- 1 celery, finely chopped
- ¼ lb pancetta or bacon chopped
- 1 lb ground beef
- 1 lb ground pork
- Salt and pepper to taste
- 1 cup dry white wine
- 1 (28oz) can crushed tomatoes
- ½ cup milk

Melt butter with oil in a large saucepan or chef's pan.

When butter foams add onions, celery, carrots and pancetta (or bacon). Sauté over medium heat until lightly browned. Add ground beef and pork and cook until no longer pink. Season with salt and pepper.

Increase heat and stir in wine. Cook until wine has evaporated.

Stir in crushed tomatoes, cover and reduce heat. Simmer for 1 ½ to 2 hrs or until sauce reaches a medium thick consistency.

Stir in milk and cook for 10 minutes more. Set aside until needed.

## Basic White Sauce

- 3 cups warm milk
- 6 tablespoons butter
- 6 tablespoons flour
- Salt to taste

Warm milk in the microwave and set aside.

Melt butter in a medium saucepan. When butter foams, add flour and whisk 1 to 2 minutes.

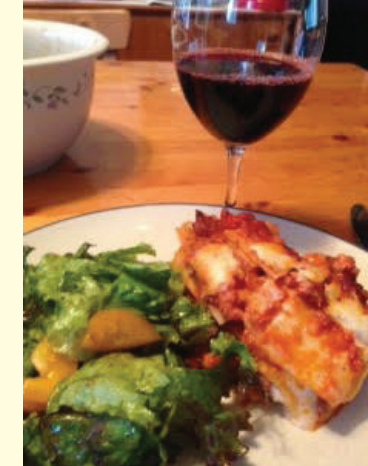
Stir constantly and do not let mixture brown.

Pour in warm milk all at once and whisk until smooth.

Season with salt and simmer for 4 minutes. Set aside until needed.

If you have a cooking question, please email Melissa @ bcamelissa@gmail.com

The best question will be featured in the next month's Brentwood Bugle.



My dinner.... so yummy





# CALGARY PUBLIC LIBRARY

CALGARY PUBLIC LIBRARY

### Happy Holidays

Calgary Public Library will be closed Christmas Day, Boxing Day, and New Year's Day. The Library is open until 4:30 pm on Christmas Eve and New Year's Eve.

### Free Presents!

Need a last-minute stocking stuffer? Give everyone on your list FREE books, movies, magazines, eBooks, programs that teach and entertain, and so much more when you give the gift of a FREE Library Card!

### The 2017 Reading Guide

The Library is excited to announce that the 2017 Reading Guide will be in community libraries this January! The Reading Guide has an amazing selection of books chosen by Librarians to keep everyone in your family reading all year long.



**WINTER WORD fair**

BUY GREAT GIFTS FOR THE BOOK LOVERS IN YOUR LIFE!

Independent booksellers and bookish vendors will be on hand at Central Library with incredible book-related wares for sale.

**December 1, 5:00-8:00 pm**  
Central Library, 636 Macleod Trail SE

calgarylibrary.ca



**Authorized Registry Agent**

*We wish you a Merry Christmas and a Happy New Year!*

**A-PLUS REGISTRY SERVICES**

101, 3604 - 52 Ave NW  
Calgary (next to Winston Churchill High School)  
Phone 403-288-3333 Details on [www.aplusregistry.com](http://www.aplusregistry.com)

Service Hours:  
Monday-Friday 8am - 7pm; Sat 10-4

VISA; Mastercard; Debit Accepted



## Brentwood Real Estate Update

Last 12 Months Brentwood  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
October 2016	\$539,900.00	\$521,000.00
September 2016	\$619,900.00	\$614,750.00
August 2016	\$534,900.00	\$508,000.00
July 2016	\$554,950.00	\$536,000.00
June 2016	\$549,900.00	\$549,000.00
May 2016	\$549,900.00	\$547,000.00
April 2016	\$559,900.00	\$545,000.00
March 2016	\$514,900.00	\$514,900.00
February 2016	\$577,444.00	\$562,250.00
January 2016	\$654,350.00	\$625,000.00
December 2015	\$486,800.00	\$475,000.00
November 2015	\$579,900.00	\$534,000.00

Last 12 Months Brentwood  
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
October 2016	6	3
September 2016	8	8
August 2016	8	7
July 2016	9	6
June 2016	11	7
May 2016	3	9
April 2016	11	9
March 2016	13	7
February 2016	6	8
January 2016	7	2
December 2015	2	1
November 2015	4	3

To view the specific SOLD Listings that comprise the above  
MLS averages please visit [brentwood.great-news.ca](http://brentwood.great-news.ca)



## Brentwood School

by Devina Sharma, Brentwood School Council Member

Holiday Greetings from the staff and students of Brentwood School! This month we look forward to lots of fun and learning as we wrap up 2016. The students will enjoy a pizza Fun Lunch on December 9<sup>th</sup> and a special Treat Day on December 14<sup>th</sup>. Our Grade 2 classes will be performing at their Grade Assembly on the evening of December 8<sup>th</sup>. As always, we will encourage our parents to park around the periphery of the school grounds.

If you are wondering what gift to get your friends and family for the holiday season, consider purchasing an ADmazing Ticket Pack, which includes amazing savings in grocery, dining, leisure activities, shopping, auto care and so much more. Each pack is \$20, so why not drop by our office during school hours this month and get one before they are all gone!

Winter Break commences on December 16<sup>th</sup> and classes resume on January 3<sup>th</sup>. We wish everyone in the Brentwood Community a safe and happy holiday season!

If you have any questions about our school, please feel free to visit our school website at [www.schools.cbe.ab.ca/b204](http://www.schools.cbe.ab.ca/b204) or call the school at 403-777-6130.

## Dr. E.W. Coffin School

By Angie Goldsmith

There is always so much excitement in the air in December!

We hope to have a great turnout for our annual *Dr. E.W. Coffin School Council Family Festive Evening*, which will be held December 8<sup>th</sup>. On the 13<sup>th</sup>, students will enjoy Treat Day, this month hosted by Room 4.

Another favourite holiday tradition is our annual carol sing which will take place each morning the week before holidays. There is such a sense of school spirit as students and staff from Kindergarten to Grade 6 join in the Learning Commons to sing together.

Winter Sports Day will take place on the December 16<sup>th</sup>, the last day of school before the holidays.

We wish everyone a safe and enjoyable holiday season with family and friends.

# Hope

in our community

We are a gathering place  
for the neighbourhood.

You are welcome to join us  
to celebrate the birth of Christ  
with traditional carols and stories.

### December 24

4:30 pm

A family-friendly service  
of readings and carols

6:00 pm

A quiet service  
of readings and carols.

7:30 pm

An intimate celebration  
with readings, carols  
and the Lord's Supper.

### December 25

11:00 am

Service of Word and Sacrament

## Hope Lutheran Church

3527 Boulton Road NW

[www.hopelutheran.ca](http://www.hopelutheran.ca)

403-282-6033



## News from the Friends of Nose Hill

by Anne Burke

The following are a number of topics related to Calgary environmental issues that may of interest to Brentwood residents.

### Rabbits

Last summer, some Calgary residents had concerns that pet rabbits were being released to fend for themselves, and whether this problem would be part of the City's jurisdiction, as it was in Canmore. The General Manager of Community Services reported to City Council that most of the rabbits in communities are jack rabbits, which are wild animals. The City has authority over pet rabbits under the Community Standards Bylaw. Wild animals fall under the provincial jurisdiction, Animal and Wildlife Services. The Community Services Department at the City will provide direction to residents and ensure that their concerns are properly addressed.

### Natural Areas

At a Council committee on Community & Protective Services, a motion was passed to propose bylaw changes in order to use livestock grazing as a land management and weed control tool on City lands in 2017.

Natural areas provide multiple ecosystem services which are of value to city residents. For example, computer software can measure at least 3 environmental services the urban forest provides: cleansing the air; storing carbon; and reducing storm water in the City. It was found

that the average benefit per tree in Edmonton's urban forest was \$ 97.96. The cost for caring for each tree is \$24.09, resulting in a net benefit of \$73.87.

### Local Biodiversity

Cities and local governments play a crucial role in the pursuit of a greener existence through efficiently integrating urban development and biodiversity management at the local level. With rapid human development and expansion, biodiversity is being lost, but there are some new urban biodiversity guidelines.

In the fall of 2016, Mayor Nenshi signed the Durban Commitment. Calgary is the 3rd Canadian city, after Edmonton and Montreal, to formally join an international program to improve biodiversity planning and management by local governments around the world. It is estimated that 90% of the world's population will live in urban areas by 2100.

### By 2025, Calgary will:

1. Evaluate landscapes in Calgary and set targets for conservation measures to identify, protect, and manage ecological cores and corridors.
2. Restore 20% of Calgary's current open space to increase biodiversity.
3. Identify invasive species in Calgary's open space and complete strategies for their management.

For more information, please visit our website: [fonhs.org](http://fonhs.org)

## YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

**January 10 - January 21 All The Little Animals I Have Eaten by One Yellow Rabbit:** Set in an unusually modern bistro, this latest of Karen Hines' darkly hilarious comedies embraces everything from plagiarism and insurance crimes to Golden Retriever conventions and lonely trolls to existential struggles and the transcendence of the human soul. Scenes are performed by well-heeled diners, glowing ghosts, tiny vertebrates, and other unexpected voices. More info [www.oyr.org](http://www.oyr.org)

**January 13 Pop Fridays at Calgary Philharmonic Orchestra:** Known as "The Ambassador of Soul" Ellis Hall is a master of classic R&B in the style of the genre's greatest legends. With an incredible career as former lead singer in Tower of Power and a protégé of the legendary Ray Charles, Soul Unlimited's hits include the music of Stevie Wonder, Marvin Gaye, The Temptations, Earth, Wind & Fire and more. More info [www.calgaryphil.com](http://www.calgaryphil.com)

**October 6 - January 8 ATB Storytellers Exhibition at National Music Centre:** Discover Alberta's rich music history at the new ATB Storytellers Exhibition. Explore the untold history of some of Alberta's music pioneers and icons through artifacts, film and interactives. Free and accessible to the public inside Studio Bell's Drop-In Zone. The exhibit will feature a collection of artifacts and recorded oral histories with iconic Albertans. More info [www.nmc.ca](http://www.nmc.ca)

**January 5 - February 2 High Performance Rodeo multiple venues:** Offering all types of theatre over the course of almost a month, the High Performance Rodeo can feel as exciting as its namesake if you are trying to fit all the great performances in from this annually jam-packed schedule. To keep up-to-the-minute informed check the Facebook page [www.facebook.com/HPRodeo](http://www.facebook.com/HPRodeo) or more info and tickets [www.hprodeo.ca](http://www.hprodeo.ca)

**January 29 Bridal Fantasy at the Telus Convention Centre** Brides can expect to see a dramatic fashion show and theatrical production featuring the latest trends in flowers, tuxedos, gowns, destination wear, hair and make-up. Brides have the opportunity to win over \$75,000 in prizes and the chance to win the Fantasy Wedding Package - Including prizes from all of the sponsors. More info [www.bridalfantasy.com](http://www.bridalfantasy.com)

**NOVEMBER 25, 2016 - JANUARY 8, 2017 ZOO LIGHTS AT THE CALGARY ZOO**

6:00 pm - 9:00 pm everyday, experience over 1.5 million lights, 200 displays, crackling fire pits, steamy hot chocolate and four fun-filled activity zones (with many new additions!), transforming the Zoo into a magical winter wonderland. More info [www.calgaryzoo.com](http://www.calgaryzoo.com)



**EVERY SATURDAY IN JANUARY CRAFT BEER TOURS BY CALGARY BEER TOURS**

The Calgary Craft Beer Tour is all about spirited craftsmanship but more importantly it's about the delicious, refreshing beverages produced through the creativity of locals brewers. Experience the city's good-natured, welcoming breweries, including tastings at Village Brewery, CRAFT Beer Market, The Dandy Brewing Company, Tool Shed Brewing Company and Last Best Brewing and Distilling. More info [www.calgarybeertours.beer/tours/](http://www.calgarybeertours.beer/tours/)



**JANUARY 6 - JANUARY 8 THE MOTORCYCLE SHOW AT BMO CENTRE**

Featuring brands like Vespa, BMW, Victory, Harley Davidson and many more, this exhibition is sure to blow your hair back. Regular admission is \$15 and kids under 5 get in free. More info [www.calgarymotorcycleshow.ca](http://www.calgarymotorcycleshow.ca)



JANUARY JANUARY JANUARY



# Calgary Firefighters Message

## Christmas Trees

Many Calgarians put up Christmas trees to celebrate the holidays. To prevent a fire in your home, remember to:

- Get a freshly cut tree. When a tree is green and well watered, it is less likely to catch on fire.
- Get a tree that is moist and green. You can tell if a tree is moist because very few needles fall off when the butt of the tree is tapped on the ground, needles bend instead of break, and the tree stump is sticky with resin.
- Use a tree stand with a broad base for good balance and a large water reservoir to ensure that the tree is ALWAYS in water.
- Do not set your tree up near a heat source such as a radiator, television, fireplace or heating register.
- Ensure when selecting a tree location that it does not block exits, doors or windows.
- Never use lit candles on your tree.
- Always choose flame-resistant or flame-retardant and non-combustible decorations for your tree and elsewhere in your home.
- After the holidays, properly dispose of trees as soon as possible using the city of Calgary's Christmas tree recycling program.

## Candles

Just like indoor and outdoor holiday lights, we use candles during the holidays to make our homes beautiful and celebrate the season. To help prevent a fire started by a candle;

- Keep candles away from curtains, paper, furniture or anything that can easily catch fire.

- Adults should always supervise when a candle is being lit. Children should never be left alone to light a candle or use matches.
- Keep candles in sturdy, stable holders and place them on stable surfaces away from drafts, children or pets.
- LED candles are safe alternative to burning candles

## Kitchen fires

During the holidays, we often celebrate by inviting friends and family over to enjoy a meal. Cooking fires are the leading cause of house fires and fire injuries. Learning how to prevent cooking fires is important during the holidays and all year. Remember to NEVER leave cooking unattended.

## Home escape plans and holiday visitors

If you have family, friends or guests staying with you over the holidays, be sure to share your home escape plan with them when they arrive.

**DID YOU KNOW:** Since 1967 your Calgary firefighters union has been hosting An annual Christmas party with gifts in the corral for over 1800 financially challenged families.

## BRAIN GAMES SUDOKU

	6					3	
5	8		3			6	7
1				6		4	9
7				8			9
			9		2		
	9			5			6
8		2		3			1
6		1			5		4 8
	3						7

FIND SOLUTION ON PAGE 22

## IN & AROUND BRENTWOOD

Calgary Concussion Awareness & Support will be meeting the last Thursday of each month in the Brentwood Community Association Boardroom (upstairs in the Sportsplex). The first meeting is scheduled for Thursday, January 26, 2017, from 7:00-8:30 p.m. The address is 1520B, Northmount Drive N.W.

Calgary Concussion Awareness & Support is organized by: DEB ANGUS, Traumatic Brain Injury Survivor, Author, Speaker & Advocate and JOSEPHINE MAZONDE Concussion Survivor and former Home Care Nurse.

Deb sustained a traumatic brain injury in 2001 when rear-ended at a red light by a distracted driver. Her life has never been the same since and unfortunately she was not properly diagnosed until two years post-injury. After researching and writing about traumatic brain injuries over a 10-year period and subsequent publication of the book, *Regaining Consciousness: My Encounter with Mild Brain Injury---The Silent Epidemic* (2014, Sierra Nova Publishing), Deb has also served as an advocate through several Facebook support groups across North America as well as internationally. In addition to establishing herself as a speaker about brain injuries, she also manages an informational page on Facebook called Mild Traumatic Brain Injury Awareness.

Since Deb's involvement with the on-line support groups for the past 2½ years, it has been her intent to start up a local concussion awareness group. This idea never progressed until this summer when discussing this concept with concussion survivor, Josephine Mazonde.

Josephine has been a nurse across all fields of nursing for many years, including community nursing and long term care. She sustained her neck and head injury when she fell on a hard surface at work. Her symptoms have not cleared up as expected and she is now learning to live a new life because of the way concussion has affected her abilities.

There are many people who easily fall between the cracks of the medical system simply because of the limited knowledge about the causes, symptoms and re-



covery aspects of concussions. People are also surprised to learn many family physicians do not recognize the symptoms when initially presented by their patients—more than likely because patients are not presenting a comprehensive overview of their symptoms.

After their experiences with concussions and traumatic brain injuries, Deb and Josephine feel there is a strong need to raise awareness of the seriousness of concussions, how easily these injuries happen, what the symptoms are, what the recovery process is like and why sometimes it takes longer than a few weeks.

They will be holding monthly awareness meetings the last Thursday of every month from September to June. They welcome anyone drop by to learn more about concussions and how peoples' lives have been affected by this highly misunderstood injury.

For further information, please visit & like the Facebook page: <https://www.facebook.com/Calgary-Concussion-Awareness-Support-1202581439802468/>

**TRIVIA GREENERY**

Holly, Ivy and other greenery, such as Mistletoe, were originally used in pre-Christian times to help celebrate the Winter Solstice Festival and ward off evil spirits and to celebrate new growth.

# Xmas mince pies

Mince pies - a traditional holiday meal from the UK - were originally filled with meat, such as lamb, rather than a dried fruit mix as they are today. They were also first made in an oval shape to represent the manger that baby Jesus slept in, with the top representing his swaddling clothes.

*Trivia*



**BRAIN GAMES**

## SUDOKU

4	6	7	8	2	9	1	3	5
5	8	9	3	4	1	6	2	7
1	2	3	5	6	7	4	8	9
7	4	5	1	8	6	2	9	3
3	1	6	9	7	2	8	5	4
2	9	8	4	5	3	7	1	6
8	5	2	7	3	4	9	6	1
6	7	1	2	9	5	3	4	8
9	3	4	6	1	8	5	7	2

# Gardening by the phases of the moon

## December 7 First Quarter (waxing)

Moonlight is strong, encouraging leaf growth. It is a good time for planting, especially two days before the full moon. Take cuttings from plants you wish to propagate. Fertilize as close to the full moon as possible.

## December 13 Full Moon (waning)

As the moon wanes, the energy is drawing down. Strong gravitational pull but moonlight is decreasing putting energy into the roots.

## December 20 Last Quarter (waning)

Decreased gravitational pull and moonlight. A resting period. Take cuttings from plants you wish to propagate. Dry herbs, flowers and fruit. If you want to control growth or encourage rooting, perform the necessary activities during the waning moon.

## December 28 New Moon (waxing)

Increasing moonlight, lunar gravity pulls water up encouraging plant growth and proliferation. Grafting, transplanting, re-potting, and watering. Gather herbs used for essential oils. Oil content is more concentrated at this time.



# Does Your Puppy Have A Good Bite?

Throughout my veterinary career there have been months when one problem appears again and again in my patients. Recently, I have seen one case after another of puppies with malocclusions or teeth coming in incorrectly causing developmental problems. Also, many of these cases have been in dog breeds such as Labrador retrievers and beagles that typically have normal bites. A normal bite is when the bottom and upper teeth of the carnivore interlock properly and the mouth can be opened and closed without the teeth striking each other or being stuck in the soft tissue of the mouth. There are many types of veterinary pediatric dental issues these are just two of the most common.

Every puppy and kitten should have the mouth looked at as part of its routine examination during vaccinations and other procedures. Problems are much more frequently seen in puppies. Facial changes are less exaggerated in cats; therefore, problems are infrequent. A carnivore's teeth interlock from the big canines or fangs back through the premolars and molars. This is to allow them to bring down prey and tear into bone and muscle. Like us, carnivores have baby teeth or deciduous teeth that fall out and are replaced by permanent teeth. This ends in our pets by about six months of age. When we look at the dental arch we want to see the bones of the upper and lower jaws growing in unison as the pet grows and the face and jaw elongate without impediment by teeth locked in tissue or hitting each other.

The most common problem in dogs is the big canines, the fangs, sometimes are directed too far inward towards the middle and the canines from the bottom grow into soft tissue of the mouth at the top and this stops the lower jaw from growing properly. This occurs in domestic dogs because we have bred them to exaggerate cer-

tain traits, to get the appearance we seek in a particular breed, or sometimes it's just bad luck. When this happens, we recommend immediate removal of the baby teeth so the puppy's lower jaw can grow properly. Sometimes in mild cases we might ask to repeatedly see the young puppy so we can monitor whether interference is necessary. I love to speculate what a human orthodontist might do when faced with children with big fangs that will mature in six months.

Sometimes the puppy's baby teeth looked perfect but the adult teeth start to emerge in an abnormal position, usually inside the baby teeth, again necessitating early removal of baby teeth to open the normal pathway for the permanent teeth in the growing puppy. In the most extreme cases we are unable to correct the bite or the window of opportunity was missed and, yes, veterinarians refer dogs for root canals and crowns to specialists.

We see puppies with missing teeth, malformed teeth, teeth with extra crowns, teeth coming in at wrong angles, and extra teeth. Decisions are made based on whether we need to take advantage of the growing the pet will still do and the long-term risks to the pet going forward. Veterinary dentistry has come a long way in the thirty years I have been a veterinarian. We use equipment comparable to that used by your own dentist and take radiographs or x-rays to guide our decisions. We have specialists to refer to if the equipment and skills required are beyond those of us in regular practice. Just like with our own health and that of our children, your pet's health is intertwined with their dental health in the long haul. Make sure your puppy and kitten has its mouth checked in its early check-ups.

Jennifer L. Scott, B.Sc., D.V.M.



# Beekeeping in Alberta, Canada

Sarah Scrace

Our recent trip to Canada saw us visiting the Calgary Beekeepers 'Beer and Bees' evening, held every month at a Royal Canadian Legion Club. Approximately 20 people attended, among whom we met Burt, (the President), Walter, who has kept bees since 1952, Divor, a beekeeper of 20+ years and Paola and Alvis, beginners. We learned many things as we enjoyed the company and conversation, made all the more enjoyable by the excellent beer.

In the early 1600's when the early European settlers came the New World, they brought the precious honeybee with them, thus introducing the species *Apis mellifera* to North America. The Native Americans already knew how to boil maple sap into the sweet maple syrup, but the settlers brought bees and made honey to provide sweetness in their new lives. Once introduced into North America, beekeeping became a well established and expanded practice. The first recorded use of honeybees in Canada was in the 1820's in Quebec, and from here it spread to Ontario in the 1830's.

Alberta is now the largest producer of honey in Canada, exporting to the USA and China. Commercial beekeepers such as Nixon's or Scandia keep their bees near Canola oil fields. This forage (much like our Oil Seed Rape) makes a 'set' honey which is usually mixed with Clover honey to make a softer and more flavoursome result. Hobby beekeepers, known as 'Back

Yard Beekeepers' have a limited selection but plentiful supply of dandelion, clover and other wild and garden flowers such as Golden Rod. Further north blueberries and Saskatoons are cultivated but generally fruit does not grow well in the Alberta soil and climate.

The dense forests and open plains provide a short season from March to September. Unlike the UK humidity is low, sunshine is abundant and snow can fall anytime from September to March. Temperatures can dip to -30C while a warm 'Chinook' winter wind may raise it to +10C in just a few hours. This challenging climate resulted in 1950's and 60's beekeepers culling their stock at the season's end. In spring they would begin anew with honeybees imported from the USA. However strict new border controls halted this along with the culling.

Now colonies are over wintered, hives are wrapped up in October against the cold, entrances reduced and the bees left alone until March. Two full brood boxes of stores are required to see the colony through these months. New Queens with 3lb of worker bees are imported mainly from New Zealand, with fewer coming from Italy. I was informed that Queen Failure has been a feature over the last couple of years and varroa is treated once or twice a year. Swarming and late swarms are not uncommon.

Pests include skunks which reach up and scratch at the hive entrance until the bees come out to see what is going on. The skunk then sucks up the bees like eating pieces of pasta. A spiked mat is used to deter these creatures. Bears also pose a problem especially in spring when the hungry females emerge from their dens with cubs. Despite putting up an electrified fence, one member lost two hives to mamma bears! Spring feeding with syrup is needed until the dandelions show after which the colony finds enough to survive. Honey yield varies much as in the UK, according to the weather and available forage.

There are beekeeping clubs in all the major cities of Alberta: Edmonton, Calgary and Red Deer. As recently as three years ago Calgary had almost 30 members and now boasts over 200! City Hall allows some beekeepers to leave hives on tower rooftops as long as the swarms are collected. Home and Ranch owners are willing to pay beekeepers to keep hives on their land; the direct opposite of our situation in the UK.

It seems that beekeepers throughout the western world face similar problems and dilemmas while one fact remains clear: All of us share a keen fascination and love for these most amazing of creatures.



## Going on a Christmas Holiday?

A message from the Federation of Calgary Communities Building Safe Communities Program

The Christmas Holidays can be a great time to enjoy a vacation! But before you do, make sure your home is as safe and secure as possible. The keys to protecting your home when you are on vacation are not just the ones you use in your deadbolt lock. Below are a few tips to help reduce your risk:

- Double-check your insurance policy to find out if and when you require someone to check in on your home.
- Give a trusted neighbour or friend a key and trip details and ask them to check in on your home.
- Don't advertise that you are going away.
- Create a lived-in appearance. Be sure the sidewalk and steps are cared for while you are away, and stop any newspapers or have flyers collected from your door or yard. Set lights and a TV's on timers so your home is not dark during evening hours.
- Encourage a trusted neighbour to park their car in your driveway while you are gone.
- Ensure that your door and window locking devices are working and are locked when you leave.
- Disable your garage door while you are gone. Most have a switch that can be turned off. You can also put a padlock or similar device through the door tracks to ensure it cannot be opened.
- Put away, or secure all lawn furniture or tools (i.e. ladders) so they can't be used to assist a burglar in gaining access to the upper story windows of your home.

For more resources, check out the Federation of Calgary Communities website ([www.calgarycommunities.com](http://www.calgarycommunities.com)) under the Building Safe Communities tab.



## Xmas Volunteers

Canada Post volunteers donate over 200,000 hours of their time each year to help Santa respond to every letter that arrives on his doorstep.

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\*All tri-wood residents receive the friendly neighbourhood 10% discount.

# Help Those in Need This Holiday Season

with The Calgary Food Bank

Every year Calgary's 150 community associations, the Federation of Calgary Communities, and other community partners across the city join Mayor Naheed Nenshi in the Mayor's Annual Christmas Food Drive, in support of the Calgary Food Bank.

Last year, over 40 community associations participated in the event and with their residents helped raise more than \$16,000 in food and funds!

We invite YOU to help us raise even more this year by donating non-perishable food items at your local community association throughout the month of December!

Items on this year's "Holiday Wish List" include canned fish, vegetables and fish, soup, rice, pasta, pasta sauce, peanut butter, fruit juice, baby food and formula, and diapers.

In addition to your local community association donations can also be made at any of the Calgary Food Bank partners including Safeway, Co-op, Superstore, Sobeys, Costco, and many more. Visit [www.calgaryfoodbank.com](http://www.calgaryfoodbank.com) for more information on items to donate and drop-off locations.

**CALGARY FOOD BANK** | **Donation Wishlist**  
Empty calories shouldn't feed empty bellies



**FRESH FOOD**  
These items must be donated directly to the Calgary Food Bank Warehouse Door #3 to ensure they are distributed in a timely manner while still fresh.

Help us meet Canada's Food Guidelines by donating items on our wishlist:

  
**PEANUT BUTTER**

  
**PASTA**

  
**PASTA SAUCE**

  
**BABY FOOD + FORMULA**

NOT SURE WHAT TO DONATE?  
Our clients are our neighbours. Think about what you and your own family enjoy or use often.

**SPECIALTY HAMPERS**  
We provide items for those with Celiac Disease, Diabetes, Allergies, considerations and special needs.  
Consider donating gluten-free, low sodium, sugar-free:

- Baby food in jar
- Formula with iron
- Pull-top meals and soups

**HOW TO DONATE**

- 1** Drop off non-perishable food in the Calgary Food Bank donation bins at any major grocery store.
- 2** Drop off fresh or non-perishable donations directly to the Calgary Food Bank Warehouse: 5000-11 Street SE, Food Donations Door #3
- 3** Hold a Food Drive and have your non-perishable food picked up by our drivers.

5000-11 Street SE | Phone: 403.253.2059  
Charitable #: 130 849 8800 | @CalgaryFoodBank | CalgaryFoodBank

**HOURS OF OPERATION**

ADMINISTRATION	WAREHOUSE
Monday to Thursday — 8 a.m. to 4:30 p.m. Friday — 8 a.m. to 4 p.m. Closed Saturdays, Sundays and public holidays.	Monday to Thursday — 8 a.m. to 7 p.m. Friday — 8 a.m. to 3 p.m. Closed Saturdays, Sundays and public holidays.

## IN & AROUND CALGARY

### Crowchild Trail Study

Mark your calendar for upcoming events!

Thanks Calgary for helping us review the draft recommendations for the study area. We used your input to refine and finalize the draft recommendations.

We invite you to join us at one of the open houses in November and December to view the final recommendations and provide your feedback on the engagement process. We'll be asking for your feedback on the engagement process. These events are part of **Phase 6: Reporting and Completion** of the study process.

**Open House #1: Tuesday, November 29, 2016** (No RSVP required)  
Time: 5 to 8 p.m.

Location: Red and White Club, McMahon Stadium – 1833 Crowchild Tr. N.W.

**Open House #2: Saturday, December 3, 2016**  
(No RSVP required)

Time: 10 a.m. to 1 p.m.  
Location: Sunalta School, Main Gym – 536 Sonora Ave. S.W.

We anticipate presenting the final recommendations to Council in early 2017.

If you're unable to attend one of the open houses, there will be an opportunity to provide your input online. For a complete list of engagement opportunities, go to [calgary.ca/crowchild](http://calgary.ca/crowchild)  
Source: *The City of Calgary*



With so many items on your to-do and to-buy lists, the season of cheer can quickly become the season of overwhelming stress. Use these easy steps to enjoyably and efficiently check everything off your lists in no time.

1. Reduce clutter. On your tables — when guests visit, you'll have much more room for glasses and plates of sweet treats. In your fridge — purge the old food and condiments to make room for the incoming platters of party trays and leftovers. In the front closet — make room for the impending influx of shoes and coats.
2. Ready your music system. Make sure your CD collection is good to go and your iPod or laptop has adequate playlists that can get you through any type of holiday get-together, from spontaneous drinks to all-night dinner parties.
3. Hang the decorations and lights. There's nothing like hanging holiday lights to get you in the spirit. This small

afternoon task makes a big visual impact on guests. Consider lighting up the inside of your house, too — lights on garlands and in flower vases add a nice touch to any room.

4. Take a little time for yourself. Use it to de-stress and prepare for upcoming party plans. Pick up a Denver Hayes ugly Christmas sweater kit available at Mark's and blow all of your friends away with your awesome DIY skills. This means your sweater is custom made, so you won't be caught in a 'who-wore-it-best' (or worst) competition.
5. Cook up a storm (preferably during a storm). Dedicate a Sunday to baking your favourite holiday treats and freeze them once you're done. This way, you'll be prepared for the upcoming school parties, office cookie exchanges, and potlucks. You'll also keep any impulsive snacking at bay because they're not sitting on the counter.

[www.newscanada.com](http://www.newscanada.com)

# Happy Holidays!



Happy Holidays from Calgary Humane Society!

December is always a time filled with a lot of festivity at the shelter and we hope you are enjoying your own holiday traditions at home. As always, we are starting out the season with our Christmas Party for the Animals, a free family event, on December 3, 2016. All December long we will also be collecting treats and toys for the shelter pets to enjoy on Christmas morning, as part of our "Stuff a Pooch Pad" campaign. At Calgary Humane Society we believe that every pet should have a special festive season, so with that in mind we are bringing you our top suggestions on how to make the holidays fun and safe for you and your pet!

**1. Distract Fido with special treats!** Having family and friends join you for a meal is a fantastic holiday tradition, and with a little creativity your pet can also join the dinner fun. Freezing hard rubber "Kong" toys stuffed with soft food is not only a delicious indulgence, it can also distract Fido while you enjoy dinner in peace!

**2. Choose "Fluffy friendly" wrapping and decorations!** Many pets, especially cats, love to investigate holiday décor. Put plastic or metal decorations towards the bottom of the tree and consider skipping ribbons and tinsel as these could be dangerous if swallowed. If you have a wrapping paper scraps left over you can create a fun diversion for your feline friend by hiding a treat or two inside a crumpled paper ball.

**3. Secure the tree!** If you have pets (or small children) visiting your house over the holiday season you can safeguard your 'silent night' by securing your tree to the wall. A strategically placed pet exercise pen can also

provide protection for your tree and presents.

**4. Holiday baking? Yes please!** Looking for a great way to amuse younger houseguests AND include your pet on

the fun? Bake and decorate delicious dog cookies with pet-friendly ingredients like cheese powder, yogurt 'icing', flax seed and carob chips. Need a recipe? Email humane.education@calgaryhumane.ca and we'll be happy to share our favorites!

**5. Put Santa's cookies on the mantle, not the floor!** To keep your pet from getting a lump of coal (or a pricey vet visit) for Christmas, store Santa's cookies and other holiday goodies up and away from curious noses. Better yet? Keep a bowl of approved treats on hand for houseguests that want to share the holiday cheer.

**6. Spend some quality time together!** Holidays are a busy time, but they are also a great chance to spend some quality time with your pet. Bundle up Fido and head out to check out the holiday light displays or curl up on the couch with Fluffy to enjoy your favourite festive film.

**7. Give your pet a space of their own.** When houseguests come calling some pets may prefer to sneak off for some relaxation. Providing a 'safe haven' in your house is as easy as placing a comfy bed and some of your pet's favorite items in a room that company will not be spending time in.

**8. Spread some holiday cheer!** Drop by the shelter to find the 'purr-fect' gift at our Pet Gear Store or drop off a pet toy for our "Stuff a Pooch Pad campaign". We're all decked out for the holidays and we would love to hear from you!

From all of us at Calgary Humane Society, have a safe and happy holiday season!



**COUNCILLOR, WARD 7**  
**DRUH FARRELL**

ward07@calgary.ca • www.druhfarrell.ca  
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Holiday Newsletter

It is that time of year when we gather-round the kitchen table to spend time with friends and family. We will reflect on good fortune and happy times, as well as look forward to an even better 2017.

Sadly, not all of our neighbours will be as fortunate this holiday season. Whether due to the recession, loneliness, poor health, or other challenges, many Calgarians could use a kind word and a helping hand. While many live through difficult circumstances year-round, the holidays are an ideal time for us to share our generosity and kindness. Here are just a few of the ways we can help:

- Call 211 (online at [www.ab.211.ca](http://www.ab.211.ca) when you see someone in need. Here you can access a wide-variety of social programs and services.
- Make a donation to a non-profit in your community. For information on charities and their finances, visit [www.cra-arc.gc.ca/charitiesandgiving/](http://www.cra-arc.gc.ca/charitiesandgiving/).
- Volunteer! The possibilities are endless. From reading to children to visiting seniors' centres, call 211 to connect to volunteer opportunities, or create your own.
- Start a conversation about poverty. To learn more about poverty in Calgary, visit [www.enoughforall.ca](http://www.enoughforall.ca).
- Learn what it feels like to live in poverty by trying to *Make the Month*. [www.makethemonth.ca](http://www.makethemonth.ca) is an interactive poverty simulation that shows how Canadians living in poverty face choices that will make or break their monthly budgets.

There are also easy ways we can help our neighbours on a regular basis in the winter months. A great example is becoming a Snow Angel. Watch for people in your neighbourhood who could use help shovelling snow and lend them a hand. To learn more about being a Snow Angel, or to recognize a neighbour's good deeds, visit [www.calgary.ca/snowangels](http://www.calgary.ca/snowangels).

From the Ward 7 family to yours, we hope all Calgarians can enjoy a happy and compassionate holiday season.

To sign up for updates on key community and Ward 7 issues, please visit [www.druhfarrell.ca](http://www.druhfarrell.ca). To contact my office, please email [Ward07@Calgary.ca](mailto:Ward07@Calgary.ca).

## IN & AROUND CALGARY

### EMS: Cold Weather Safety

Alberta Health Services EMS responds to many cold weather related emergencies every winter. However, by taking appropriate measures to dress properly, anticipate sudden weather changes, and be prepared when out in the cold you can reduce your risk of sustaining a cold weather emergency. It's also advised you store an emergency kit in your vehicle at all times containing extra clothing, blankets, and other road-side supplies.

#### Frostnip

- Frost-nipped skin is extremely cold, but not yet frozen skin.
- It commonly affects the ears, nose, cheeks, fingers and toes;
- The skin may look red and possibly feel numb to the touch;
- When treated promptly, frostnip heals without complication;
- Move to a warm environment and immediately, but gently re-warm the affected area through skin to skin contact (i.e. hand covering tips of ears).

#### Frostbite

- Frostbite occurs when skin becomes so cold, the skin and underlying tissues freeze solid;
- Affected skin may look white and waxy and will feel hard to the touch;
- Move to a warm environment immediately and place the affected area in warm, *not hot*, water, until fully re-warmed;
- Call 9-1-1- or seek further medical attention as required.

#### Hypothermia

- Hypothermia is abnormally low body temperature, less than 34°C (as compared to normal body temperature of about 37°C);
- Early hypothermia may manifest as profound shivering; moderate hypothermic patients may act inappropriately: stumbling, mumbling, and fumbling, as their body temperature continues to drop resulting in severe hypothermia (<30°C);
- Left untreated, severe hypothermia may progress to unconsciousness or death;
- Early recognition and prompt medical attention is crucial. Call 9-1-1. Don't forget to protect yourself from the factors that originally lead to the patient's situation;
- Initiate gentle re-warming as quickly as possible. Remove any wet or constrictive clothing; cover with blankets, or sleeping bags. Protect from further heat loss: eliminate contact with cold surfaces, and shield from wind and moisture.

# BUSINESS CLASSIFIEDS

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or sales@great-news.ca



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403-220-0888  
len.webber@parl.gc.ca

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**DO YOU NEED AN EXTRA SET OF HANDS?** C & L Helping Hands can provide them! We offer handyman services, personal assistant, kitchen helper, cleaning and much more! Email: cl@clhelpinghands.ca. Call Craig or Laurie at 403-880-7125 or 403-510-8551.

**CITADEL ACCOUNTING SERVICES:** Concentrate on your business and leave the bookkeeping to me! 20 years' experience specializing in small to medium sized businesses. Quickbooks and Simply Accounting, monthly bookkeeping, payroll, T4's, WCB, GST, foreign exchange, year-end reporting. Contact me by email Citadel.acctg@gmail.com or Cell 403-862-5883.

**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.



In Spain, December 28th is 'Día de los santos inocentes' or 'Day of the Innocent Saints' and is very like April Fools Day in Canada and US. People try to trick each other into believing silly stories and jokes. Newspapers and TV stations also run silly stories.

## A Sensible Solution

For those who may not already know, I have been a long-time advocate of organ and tissue donation in Canada and was instrumental in creating the organ donor registry in Alberta a few years ago.

However, the reality is 4,600 Canadians are awaiting a transplant and we need to do more to find those critical matches to save more lives.

I have introduced a Private Member's Bill, Bill C-316, which proposes a very simple, very effective method to increase the size of the organ donor base in Canada. It will also help update existing databases.

I am proposing we add a line to the annual tax forms that asks Canadians if they would like to become an organ donor and if they want to have this information passed to their provincial government for addition to the existing organ donor registries. The provinces will still be maintaining their own lists and the federal government will just be supplying them with data for that purpose.

The Canada Revenue Agency already successfully shares data every day with all the provinces and territories via encrypted networks with strong and reliable privacy safeguards. In addition, the existing infrastructure would support this change with virtually no cost. CRA already shares dozens of data fields of information on every taxpayer with the provinces and territories and this would simply be one more data field.

The tax form is a way to update this information annually via a legally-binding document. It would allow for lists to remain current and relevant.

Currently, the only proactive approach used by governments is to ask for donors via the driver's licence registration process. The number of people getting drivers' licences is dropping every year.

The voluntary online method of registering is neither proactive or fully effective. Those who move from one province to another do not update their information, especially young people who are prime donors. The tax form approach overcomes these common problems and expands the potential donors reached.

Sadly, when someone dies, the tax department is often one of the first government agencies to be notified. This too will help update provincial registries and keep them current. This makes for a more effective and responsive donation system.

I hope I can count on your support for Bill C-316.





## MLA CALGARY-VARSITY STEPHANIE MCLEAN

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Calgary, AB, Canada T3B 4Z1  
Phone: (403) 216-5436 • Fax: (403) 216-5438  
calgary.varsity@assembly.ab.ca

Friends,

In November, we've had our first few snowfalls, bringing blankets of brilliant white to freshen up the city. There were also solemn Remembrance Day ceremonies on November 11<sup>th</sup>, to honour the sacrifices of our veterans.

November was also the first full month of the legislative session, so I have been quite busy in Edmonton on weekdays representing Calgary-Varsity. I have also had the privilege of attending many events in the constituency as well. I was proud to thank the hard work and dedication of volunteers celebrated at the Montgomery Community Association Volunteer Dinner. I had a wonderful tour of the Ronald McDonald House charity in Calgary, learning about the important work they do for children. There was the Dalhousie Artisan Fair, where we sampled some of the many fine wares our community has to offer. I had several stakeholder meetings with the University of Calgary Student Union, and McMahon Stadium. I even joined the U of C Student Union for a short segment on CJSW radio.

December is of course a very busy month for us all. The year is coming to an end, so many things have to be finalized. And there are the holidays to prepare for and enjoy. For example, there is the wonderful Triwood Christmas Market on December 4<sup>th</sup>, from 10am-3pm. It has free admission, as well as music, mulled wine, hot chocolate and decorate your own cookies. Triwood also has a Christmas party on December 17<sup>th</sup> at 6:30pm with a free buffet dinner and entertainment. Banff Trail also hosts its Christmas party on December 17<sup>th</sup> from 1-4pm. Charleswood community hall will host the Kidz Christmas Party on December 11<sup>th</sup> from 12-2pm. It is free entry, with festive craft activities, and Santa will be attending.

Also on December 17<sup>th</sup>, I am attending the Mustard Seed's event to pack hampers full of gifts and necessities for the less fortunate.

For students, the University of Calgary Student Union hosts the Stress Less Week December 5<sup>th</sup>-9<sup>th</sup> to help everyone prepare for end of semester exams. Be sure to take advantage of all the resources you need to succeed.

Throughout the fall my office will be attending Commu-



### Books keep on giving this holiday season!

Your family may be one of thousands that celebrate at this time of year, and giving gifts may be part of your tradition too.

Books make wonderful gifts for children because they expand your child's listening power, inspire their creativity and imagination and increase their vocabulary.

Books last forever! They can be lovingly placed on book shelves or in baskets and book bags to be enjoyed over and over again. Or, gently-used books that your children no longer need can be donated to the Calgary Reads Book Bank and we give them to Calgary children who have few or none of their own at home.

### Whether you are buying books or borrowing from the Calgary Public Library, consider sharing some wonderful Canadian children's literature with your family:

**Read Me a Story** by Barbara Reid, **Pre-school**

**The Most Magnificent Thing** by Ashley Spires, **K-G2**

**Stella Star of the Sea** by Marie-Louise Gay, **K-G2**

**This is not my Hat** by Jon Klassen, **Pre-school-G1**

**A Visitor for Bear** by Bonny Becker, **Pre-school-G2**

**The Paper Bag Princess** by Robert Munsch, **Pre-school-G1**

**The Hockey Sweater** by Roch Carrier, **G1+**

**Lost in the Barrens** by Farley Mowat, **G4+**

**Jacob Two Two Meets the Hooded Fang** by Mordecai Richler, **G2-5**

**The Sky is Falling** by Kit Pearson, **G4-6**

**Anne of Green Gables** by L.M. Montgomery, **G4+**

*Calgary Reads helps children learn to read with confidence and joy. This includes helping children in Calgary to have their own books at home; supporting parents and caregivers to help their child develop literacy skills; and engaging businesses and the community to make reading a priority. Explore our website for ways you can support our work. You'll also find resources to help your child develop critical literacy skills and the joy of reading: calgaryreads.com*

nity Association meetings, AGMs, and Community programs throughout Calgary-Varsity to ensure I'm always informed about how best to represent local issues at the provincial level. We hope to see you there!

Our office serves all the people of Varsity, Dalhousie, Brentwood, Banff Trail, University Heights, Montgomery, and Charleswood. Our team is available to talk to constituents about provincial government departments, programs, scrolls, and services. Please visit us in our office, and let us know how we can help you.

## IMPORTANT NUMBERS

<b>ALL EMERGENCY CALLS</b>	<b>911</b>
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
<b>HOSPITALS / URGENT CARE</b>	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
<b>OTHER</b>	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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## COMMUNITY ANNOUNCEMENTS

**Deadline – 1<sup>st</sup> of each month for the next month's publication**  
**Contact news@great-news.ca**

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

**LOVE TO SING?** Want to experience the benefits of singing in a welcoming vocal community? Vocal Latitudes may be the choir for you. A non-audition World Music community choir, Vocal Latitudes meets Tuesday evenings from September to May in a convenient central location. For more information, see [www.vocallatitudes.org](http://www.vocallatitudes.org).



In 1988, the **Nobel Peace Prize** was awarded collectively to UN peacekeepers in recognition of their efforts over the years to help restore peace to countries in turmoil.

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# Healthy Eyes and Vision

By Sarah Thomson

Your eyes, like the rest of your body, benefit when you eat well. Did you know that certain foods can help keep your eyes healthy, and protect your vision?

There are three key nutritional groups to help protect your vision.

Vitamin C and beta carotene are antioxidants, which help to absorb some of harmful rays generated by the

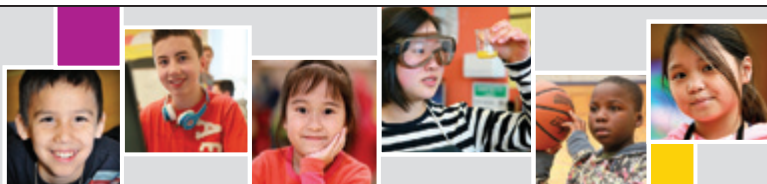
sun. The best food sources include colorful fruit and veggies such as grapefruit, strawberries, bell peppers, and broccoli. Kiwi is the highest fruit source of vitamin C. Vegetables such as carrots, yams, and sweet potato are packed with beta-carotene, an antioxidant that can help reduce the risk of age-related macular degeneration and cataracts.

Lutein and zeaxanthin are also antioxidants that help protect against the damaging effects of UV rays. The best food sources of lutein and zeaxanthin include dark leafy vegetables such as spinach, collard greens, and kale. Slightly cooked greens are best, since the heat helps release more nutrients.

Omega 3 fatty acids help reduce inflammation and can help prevent age-related macular degeneration and dry eye. They can be found in oily fish such as salmon, trout, and sardines as well as oil rich plant sources, such as flaxseed and nuts. Try to mix 1 tablespoon of ground flax seed or wheat germ into your daily diet for a big boost of eye nutrients.

To learn more about eye-health and nutrients to help protect your vision, ask your eye care professional.

*dialogue)))*



## Learn About the Future Use of Learning Space at Area I & II Schools

Join us as we present the proposed changes for the future use of learning space at some Area I & II schools. Come review this proposal, which was developed from feedback gathered in 2016.

date		January 17, 2017
time		5:00 – 8:00 p.m.
location		Senator Patrick Burns School 2155 Chilcotin Road N.W.

To learn more about what we've heard so far, visit [cbe.ab.ca/dialogue](http://cbe.ab.ca/dialogue)



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