

JANUARY 2016

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# your **BRENTWOOD** bugle

THE OFFICIAL BRENTWOOD COMMUNITY NEWSLETTER





# Carroll Place

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Visit [ucalgary.ca/campusforward](http://ucalgary.ca/campusforward) for more information.

**CampusForward**  
MAIN CAMPUS LONG RANGE DEVELOPMENT PLAN



**Brentwood Community Association**  
1520B Northmount Dr. NW  
Calgary, AB T2L 1V3  
Phone:403.284.3477  
[brntwdca@telus.net](mailto:brntwdca@telus.net) | [www.brentwoodcommunity.com](http://www.brentwoodcommunity.com)

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www.brentwoodcommunity.com

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Our neighbourhood contributors for this month include: Anne Burke, Alicia Clifford, Angie Goldsmith, Dorothy Haerberle, Kristina Hansen, Lee Hunt, Cynthia Sim and Kelli Wreford. Proofreader – Lee Hunt. Cover Photo by Kristine Goodall.

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WHERE THERE IS WAR  
LET THERE BE PEACE  
WHERE THERE IS ANGER  
LET THERE BE UNDERSTANDING  
WHERE THERE IS RETALIATION  
LET WISDOM PREVAIL.  
MASTER DJWAL KHUL, TIBET



Happy New Year neighbours. I hope everyone had a restful holiday. The Brentwood Community Association has many activities to keep you busy in the New Year. Public skating at the Sportsplex will resume January 2<sup>nd</sup> and the outdoor ice is also an option if the weather cooperates. The outdoor ice is located west of the "Old Hall" at 33<sup>rd</sup> Street and Bears paw Drive. The 55 Plus Bridge Group and the Scrabble Group will resume after the holidays. Likewise, the Playgroup for ages 5 and under will start up again after the holidays. Information regarding all these activities can be found in this issue of the Bugle.

Believe it or not, it is not too soon to start thinking about outdoor soccer. Registration opens February 1<sup>st</sup> and volunteers are needed now. Soccer Coordinator Kristina Hansen has all the information in this issue.

Welcome to new BCA Community Garden Coordinator Cynthia Sim. The Gardening Group will be back at work before we know it!

The Calgary Public Library has some new programs and details can be found in the article inside or on the website: calgarypubliclibrary.com. Lee Hunt also has an article about a recent performance by Calgary Philharmonic violinists at Nose Hill Library.

Last but not least, please see the article about our local "heroes" from Dr. Coffin School. They are 8 students that shaved their heads in November to raise money for Kids' Cancer Care. Some even had hair long enough to donate for wigs!

I think what we all need for 2016 is a happy and hopeful New Year.

**Animal Trivia**

Certain frogs can be frozen solid then thawed and continue living.

# We are Knitting for a Cause!



The Knitting group as well as the staff of Carroll Place would like to extend a tremendous heartfelt thank you to everyone who has donated wool to our cause. To date, your donations have helped us knit well over 500 sets of hats, mitts and scarves, as well as a variety of other items for young children in need. The group has donated to various causes including multiple schools throughout Calgary and Ronald McDonald House.

Our staff member who delivered the knitted items to Nepal has been in touch and has sent some pictures. He delivered over 200 sets of hats, scarves and mitts to children in Nepal. He visited two different orphanages and hand delivered some items to other people in need.

If you have any yarn, wool or knitting/crochet needles you would like to donate, please contact Erika, the Community Development Officer, at 403-452-5575. Thank you Brentwood!



# Brentwood

## Community Association Membership Application

Surname: \_\_\_\_\_  
 First Name: \_\_\_\_\_  
 Spouse: \_\_\_\_\_  
 Address: \_\_\_\_\_  
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Family \$35    55 Plus (Couple) \$25  
 Individual \$12.50

**Please return membership application with  
 your cheque made payable to the Brentwood  
 Community Association.**

**Mail or Drop Off to  
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 5107, 33 Street NW, Calgary  
 Alberta T2L 1V3  
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 403-284-3477**



**language**  
 langue lingua trivia  
 wika idiomata  
 kieli sprache  
 שפה jezyk

The correct response to the Irish greeting, "Top of the morning to you," is "and the rest of the day to yourself."

# Brentwood Development

*The views in this article are not those of the Brentwood Community Association. It should be noted that the proposed development is a four storey building.*

## Development at Brisebois and Northmount Drives

*Written by Brentwood Resident Lee Hunt*

An estimated 200 people attended the November 25<sup>th</sup> Development Open House held at the Brentwood Elementary School gym. The gym was decidedly lively as Brentwoodians took the opportunity to view displays and ask questions regarding the proposed re-zoning and development on the NW corner of Northmount and Brisebois (the former service station site).

Displays were provided by Norr Architects and Lupi Construction who have asked The City to re-zone the site from CN2 to CCOR1 which would allow a development to the height of 50 feet (15 meters) which is the equivalent of 5 storeys. A second display was arranged by a neighbourhood group opposed to the re-zoning. This group is asking that The City keep the zoning as it is currently which allows a maximum of 32 feet (10 meters), the equivalent to 3 storeys.

Members of THE CITY OF CALGARY PLANNING DEPARTMENT were also present to speak with attendees, as were Councillors Druh Farrell and Sean Chu. Reporters from Ch. 3 and Ch. 6 were also on hand.

To obtain further information about the proposed re-zoning, please go to the Brentwood Community Association website at brntwdca@telus.net. Then go to the sub-heading Re-development.

This matter has now gone to The City of Calgary Planning Department and it is estimated that it will proceed to Council in February 2016.

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### Public Skating at Brentwood Sportsplex

Mondays 10:00 am to 11:30 am: January 4, 2016 to March 28, 2016 (no skating on statutory holidays).  
Saturdays 11:00 am to 12:00 noon: January 2, 2016 to March 26, 2016.

Cost \$1.00 per person; please pay at the office on Mondays and at the concession on Saturdays.  
Public skating only – no sticks, pucks, sleds or strollers. We do not supply skating assistance equipment. Anyone under age 18 must wear a helmet.

**Scrabble Group:** Call 403-284-3477 for more information.

### 55 Plus Bridge Group:

The Bridge Group meets every Wednesday at 1 pm upstairs in the Banquet Room of the Sportsplex. All

players are welcome! Contact Roman at 403-289-6244.

### Brentwood Community Association Board Meeting:

The next regular meeting will be Tuesday, January 26, 2016 at 7:15 pm in the upstairs Boardroom at the Sportsplex. All community members are welcome, but are asked to submit agenda items in advance if they have items for discussion at the meeting by contacting Linda Van Holst at 403-284-3477 or brntwdca@telus.net.

### BCA Hall Rentals:

The Banquet Hall and Boardroom at the Brentwood Sportsplex are available for rental by the public. Please refer to the BCA website for details [www.brentwoodcommunity.com](http://www.brentwoodcommunity.com) and go to the Facilities page. Current BCA members get a 15% discount on hall rentals.

**Bugle Deadline** for the March 2016 Bugle community articles and notices is January 26, 2016 and the deadline for the April 2016 Bugle is February 24, 2016.



Steven Lubiartz (left) and David Lakirovish

## Philharmonic Violinists Delight at Nose Hill Library

by Lee Hunt

WOW! It was standing room only at the Nose Hill Library on November 13 as a large crowd gathered to enjoy a concert performed by two violinists from the Calgary Philharmonic Orchestra (CPO).

The sun was shining through the large skylight, folks were sitting, standing, and leaning, as Steven Lubiartz and David Lakirovish launched immediately into their music. They played music by classical composers Bach, Pleyel, Bartok, Dancla, and Mozart, then wrapped up with two show tunes – “Somewhere Over the Rainbow” and “New York, New York”.

During a question period, Steven told the audience that he had started playing the violin at age 5 and has been a member of the CPO since 2003. He gave a wonderfully detailed description of the shape of a violin – comparing it to the human body with its neck, ears, back, ribs, belly, and fingers. David spoke of the “heart and soul of a violin”. He also told us that he has been playing the violin since he was 3 years old!

Asked about purchase costs, Steven observed that, “a bow can cost **more** than a violin”, while David added that, “a violin can cost more than a house”.

Questioned as to the work schedule for a member of the CPO, both violinists outlined a typical week as consisting of Sunday and Monday – off, Tuesday – one rehearsal, Wednesday and Thursday – two rehearsals per day, Friday – dress rehearsal (and often times also a performance), Saturday – performance. The week that David and Steven were at Nose Hill Library, the schedule was even more complicated as the CPO was rehearsing music for **four totally different performances**.

Being a CPO musician is a demanding way of life, but both Steven and David obviously thrive on it. Their enthusiasm – in both playing and speaking – was clearly conveyed to the SRO audience!

I wish our Bugle readers all the best in 2016!

If you would like to suggest an individual or group I should write about, please contact me via the Bugle email address at [bcabugle@telus.net](mailto:bcabugle@telus.net). Thanks!

Calgary



BRENTWOOD RESIDENTS:

## Your 2016 green, blue and black cart collection calendar is now online.

By eliminating printed calendars, we’re giving you more convenient ways to access your schedule, reducing costs and saving paper too.

Go to [calgary.ca/collectionschedule](http://calgary.ca/collectionschedule).

2015-2202



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By Cynthia Sim,  
Brentwood Community Garden Coordinator (Communication)

As I glance out the window and see the blanket of white and small crowns of snow atop my still blooming snapdragons, reality sets in – winter has arrived. The beds at the garden are largely barren except for perennials and a couple of forlorn looking sunflowers. The growing season is over and the garden rests. However, the gardeners do not, and lessons learned from this year's harvest will no doubt be considered when spring returns and planting resumes.

The gardeners would like to thank Sheryl Normandeau for her two years as Garden Coordinator. Her hard work and dedication to the garden were an inspiration to us all and we look forward to seeing her in the spring.

Garden bed rentals for 2016 will be available in February, 2016. If you are considering joining us, contact our membership coordinator, Cheryl Moller (cm.checky@gmail.com) and she will place your name on the waiting list. In the meantime, I will leave you with a quotation from Muriel Stuart's poem "The Seed Shop":

In this brown husk a dale of hawthorn dreams,  
A cedar in this narrow cell is thrust  
That will drink deeply of a century's streams.  
These lilies shall make summer in my dust.  
Here in their safe and simple hour of death,  
Sealed in their shells, a million roses leap;  
Here I can blow a garden with my breath  
And in my hand a forest lies asleep.

# BCA Volunteers

by Alicia Clifford, the BCA Volunteer Coordinator

## THANK YOU!

I apologize for the delay in getting this out. Better late than never I always say.

I would like to thank all those who helped staff our casino that was held over the September long weekend. It proved to be a fruitful endeavour for the Community Association. It brought in just over \$73,000 for the BCA to use over the next two years. These funds help us keep the Sportsplex running. Without the volunteers it would not have been possible. So thank you once again. We deeply appreciate your time and efforts in supporting the BCA.

### Winter may just be arriving but another soccer season is just around the corner...

Though the ground has just gotten its first real covering of snow, soccer registration is set to open in February. Each child registered requires a parent or guardian to complete one volunteer shift/role to a maximum of three shifts. Currently, we have a number of shifts available for February and March 2016. The sooner you register the better the choice in shifts.

### As a Community Association we rely heavily on volunteers to help us offset the cost of programs.

We often find ourselves having to hire out shifts during the months of February and March. This takes money away from the community association as a whole. Please consider registering early so we can minimize the financial impact on the BCA.

## BCA Volunteer Position Available

Sherri Dupas is stepping down from her long-time volunteer position of Secretary to the Board of Directors in June, 2016. If you are interested in this volunteer position, please email Linda at the BCA Office: brntwdca@telus.net. The Secretary's duty is taking minutes at the monthly Board meetings and the AGM. The meetings are held the last Tuesday of the month at 7:15 and are approximately 2 hours long. There is no meeting in July or December.



The playground committee from **Dr. E.W. Coffin School** is working to rejuvenate the existing playground. This project will involve resurfacing the current playground and adding a few new structures to enhance play. For more information or to join the committee please email Larysa at larysahenry@yahoo.com.

Did you know that there is a Facebook group and a Twitter account dedicated to bringing together our community? Use the Twitter profile @BrentwoodYYC to get connected.

The "Brentwood Community" group on Facebook, has been replaced by a new page. Check out <https://www.facebook.com/groups/brentwoodcommunity/>

In this format people are invited to follow all things Brentwood.

Would you like to add to the Brentwood Bugle's Bulletin Board? Contact the Editor Kelli at bcabugle@telus.net.

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**Calgary** 

**On Jan. 5, 2016, The City of Calgary will mail 2016 property assessment notices.**

Watch for your assessment notice in the mail – it contains important information including:

- Your assessed value
- Your access code to log into *Assessment Search*
- Dates to contact Assessment if you have questions.

Go to *Assessment Search* to:

- View information about your assessment and other details
- Search for comparable properties
- Search for sales of similar properties in your area
- View other detailed assessment information.

**Assessment Search – getting started**

**First-time users will need to complete a two-step registration process:**

- Create a City of Calgary personal myID account. Visit [calgary.ca/myID](http://calgary.ca/myID) to register.
- Link your property assessment to your myID account.

When you receive your 2016 assessment notice go to *Assessment Search* at [calgary.ca/assessment](http://calgary.ca/assessment):

- Login with your myID account and password.
- Enter the roll number and access code displayed on your notice.

2015-1053

# BCA Seniors' Tea News

By Dorothy Haerberle

Photos by Kristine Goodall

Please mark your calendars for the upcoming Teas on January 28 and February 25, 2016. All BCA Seniors' Teas are held upstairs in the Brentwood Sportsplex (1520B Northmount Drive N.W.) from 1:00 to 2:30 pm. The Tea is a free event and welcomes ages 55+.

At the November 26<sup>th</sup> Tea, we had a special guest, Holden Christopher Goodall. Chris and Kristine Goodall welcomed Holden into their lives on October 11, 2015. He weighed 4 pounds and 7 ounces and had to stay in the hospital about a week before he could come home. He is happy and thriving now!

We also had a presentation from Reliable Home Maintenance Solutions Inc. The company offers regular home maintenance and repair services with a strong focus on helping seniors remain in their own homes as long as possible. Services include professional lawn care, snow removal, household repairs, window washing, etc. They are certified Age-In-Place specialists through the National Home Builders Association and are fully licensed, bonded and insured. More information about the company can be found on their website <http://www.reliablehms.com> or feel free to contact them at 403-860-3180.

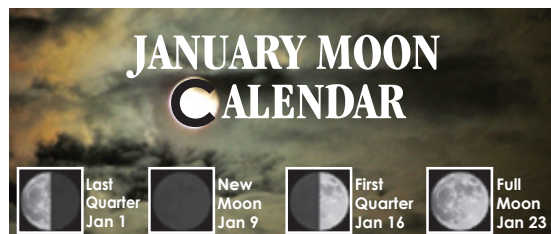


At our January 28, 2016 Tea, we will be doing a Book Swap. Please bring books you have already read and take some new ones home with you. It is often a good month to stay indoors and read!

Thank you to everyone in the community that donated the china teapots, cups and saucers. We used them at our tea and they were a beautiful addition at our tables. We are grateful!

We hope you all had a wonderful Christmas and New Year with family and friends. We believe that 2016 will be good to us all!

We hope you all had a wonderful Christmas and New Year with family and friends. We believe that 2016 will be good to us all!




**Back in Calgary after 10 years!**

**Dr. Lauren Vredenburg** is back after studying at UBC, McGill and UCLA.

We are delighted that she has joined Dr. Jennifer Maguire, her mother, and Dr. Christine Lilge at Calgary Fine Dentistry. **Dr. Lauren Vredenburg is taking new patients!**

[calgaryfinedentistry.com](http://calgaryfinedentistry.com)  
206, 1910 - 20th Ave NW | 403-284-3061



## Dr. E. W. Coffin School

By Angie Goldsmith

While Christmas holidays are such a wonderful time of family and friends, the promise of a new year holds its own excitement. It won't be long now until staff and students are back into full swing.

On January 12, students at Dr. Coffin will enjoy treat day hosted by the Portable. Parents are invited to join us at 7pm that evening for Parent Council. It would be great to see as many people out as possible for the first meeting of 2016. New faces are always welcome!

Rooms 5, 6, and 7 will be gearing up for their class trip to the Telus Spark Centre later this month. Report cards will be coming home on the 29th.

We wish each of you the best as you welcome in the New Year.

## Brentwood Elementary

By Devina Sharma

Brentwood School Council Secretary

Happy New Year from the staff and students of Brentwood School! We want to wish our Brentwood Community neighbours all the best in 2016! Staff and students return from Winter Break on January 4<sup>th</sup>, so please remember to slow down in the playground zones for the safety of all.

This month the students will begin in-line skating, with students from Grades 1 to 4 participating in this fun activity. The students will also continue to focus on our school-wide theme of Leadership and Independence as part of our character learning.

Our school is hosting the Brentwood TLC Open House on January 11<sup>th</sup> at 7pm. If you are interested in finding out more about the TLC program for your child, please join us for this informative meeting.

We would like to take this opportunity to give a heartfelt THANK YOU to all of the community members who

# Outdoor Soccer

By Kristina Hansen

## 2016 Soccer Registration

The New Year has arrived, so it is time to start thinking about soccer for the 2016 season. The Brentwood Outdoor Soccer Registration is from February 1 to 29 for all age groups (U4, birth year 2012; to U16/18, birth year 1998). Please go online at <http://www.brentwoodcommunity.com/programregistration.html> to register.

The 2016 soccer season will begin the week of April 18 and run until the end of June, with evaluations tentatively taking place on April 12 for select age groups and team selections occurring on April 14. Please check out the website for details: <http://www.brentwoodcommunity.com/soccer.html>.

Support your community and Brentwood soccer by signing up for head coach/assistant coach positions and other volunteer roles when you register your child online. Coaching clinics will be offered prior to the start of the season.

Your support is needed in order to ensure we continue to provide this program to our kids! Please contact Lindsey Rostoker at [linz.rostoker@gmail.com](mailto:linz.rostoker@gmail.com) for further information regarding U4-U8 or Kristina Hansen at [hansen.kk@gmail.com](mailto:hansen.kk@gmail.com) for further information regarding U10 and up.



have come to our school to purchase an SUTP Coupon Book this fall. We are so thankful that you chose to support our school fundraiser and your commitment to our school is very much appreciated.

If you have any questions about our school, please visit our school website at [www.schools.cbe.ab.ca/b204](http://www.schools.cbe.ab.ca/b204) or contact us at 403-777-6130.



Hayden Faber

# Brentwood Resident Bald is Beautiful!

By Kelli Wreford, photos by Bonnie Vogeli

Brentwood resident Hayden Faber is a grade six student at Dr. E. W. Coffin School. On November 26, he participated in a Shave Your Lid for a Kid fundraiser for Kids' Cancer Care. The participants show moral support for the kids who lose their hair during cancer treatments while raising money for camps, research, hospital, and scholarship programs for young people affected by cancer.

When asked about the overall experience, Hayden said, "I was nervous waiting while the others had their heads shaved (he was last). It was weird having a shaved head; it was cold. It was a good, fun experience." He had talked to other students and encouraged them to join the fundraising event. He said it wasn't difficult to find others who would join in for a good cause.

Seven other Dr. Coffin students joined Hayden at the event, which was held at the school.

The participants were cheered on by the students, staff and proud parents. The team of 8 had raised over \$5,800



for Kids' Cancer Care at the time this article was written. The donation page will be up for 3 months following the shave event, so donations can be made until February 26. Go to the website [kidscancercare.ca](http://kidscancercare.ca), click on "Donate to a Shave" and then choose Dr. E. W. Coffin from the drop down group tab.

Hayden's inspiration was former Dr. Coffin Principal Darren Toews who shaved his lid at a fundraiser at the school two years ago. Hayden has been growing his hair since then so it could be donated to Angel Hair for Kids, an organization that creates wigs specifically for financially disadvantaged kids in Canada. Hair must be at least 30 centimetres long for donation.

Thank you, Hayden, for initiating this fundraising event and to Zenon, Ethan, Nick, Kent, Sammy, Josh and Austin. Your participation has raised a lot of money for a very special cause. Thanks to Cathy Polski, the current principal of Dr. Coffin, for making arrangements for the event through Kids' Cancer Care and the local hairdressers who volunteered their time and clippers for the event.



### Book Truck

Calgary Public Library is adding two brand new mobile libraries to its list of 18 community libraries. The Book Trucks will make stops in communities throughout Calgary, starting January 2016. Each Book Truck will feature 1,800 books and movies for children, teens, and adults. All you need is a FREE Calgary Public Library card (you can even sign up for one on The Book Truck)! To view The Book Truck schedule, visit [www.calgarylibrary.ca/booktruck](http://www.calgarylibrary.ca/booktruck).

### Laptops on loan!

Did you know that the Library loans laptops? All community libraries are equipped with computers for public use, and soon all locations will also offer Chromebook Laptops for internet browsing from any seat in the building. Check with your community library for details.

### Book Club in a Bag!

Everything you ever needed to host a fascinating book club can be found in the Library's Book Club in a Bag. The Calgary Public Library has just added over 55 new titles to our Book Club in a Bag collection, with a great book club read available for every reading interest! Each book club set has 10 copies, as well as discussion guides, book reviews, and more. Ask for details at your community library.

### 50@150

In anticipation of Canada's 150th birthday in 2017, Calgary Public Library is hosting 50@150—an exhibit by artists Alex Park and Paul Scott Birnie that celebrates prominent and diverse Canadians. From January 11-23, 2016, be sure to visit Central, Fish Creek, Crowfoot, and Saddle Towne libraries.

### Chess in the Library

Join members of the Calgary Chess Club and Calgary Junior Chess Club for the opportunity to play chess supported by coaching. Children under 12 must be accompanied by a parent or caregiver. Chess clubs happen Saturdays at Shawnessy Library and Sundays at Country Hills, Crowfoot, and Central libraries. Check dates and times at [www.events.calgarypubliclibrary.com](http://www.events.calgarypubliclibrary.com) or call 403-260-2620. You can also drop by for a pickup game of chess using giant pieces on a giant board at Bowness, Central, Country Hills, Fish Creek, and Forest Lawn libraries.



**MLA CALGARY-VARSITY**  
**STEPHANIE MCLEAN**

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Friends,

The New Year offers many opportunities going forward, but is also a chance to look back at the year that was. 2015 was an incredible year that saw many changes and advancements in Alberta. 2015 also gave me the chance to connect with our community. Calgary-Varsity is vibrant, dynamic, and growing. I am proud to have the honour of representing such a strong constituency in the Alberta Legislature.

As 2015 wraps up, I continue to build relationships, and learn about important work happening in Calgary-Varsity. In November I toured Vecova, a key resource servicing the disabilities community in Calgary; I learned that utilizing their professional and proficient bottle depot is a great way to support their work. Personally, I will be sure to stop by Vecova's warm water swimming pool, which is available to all Calgarians.

I also had the opportunity to meet with Rick Lundy, the Executive Director of the Triwood Community Association. Rick showed my staff and me the impressive Triwood facilities, which include a child care centre and community ice rink.

In order to ensure our office can effectively serve the constituents of Calgary Varsity we met with Druh Farrell, councillor of Ward 7, to discuss the needs of our overlapping areas of representation. We also met with representatives from the University Of Calgary Board Of Governors to discuss a variety of campus needs and how the Provincial Government can work to address same.

The month of November also saw a fresh crop of graduates from the University of Calgary. I had the opportunity to recognize the accomplishments of these students, as well as that of the honorary degree recipients. I look forward to the contributions of these new grads to the future of Calgary and Varsity.

December is a month of celebration and community. Visiting seniors in Varsity for tea, and delivering a poinsettia to seniors' residences, was an enjoyable way for my staff and me to kick off the holiday season. On December 19th, we opened our constituency office for a Holiday Open House; I enjoyed sharing holiday cheer with my Varsity neighbours, and getting to know some of my constituents a little better. I look forward to these opportunities to connect in a more personal way with each one of you in 2016.

I look forward to working with you and serving the Calgary-Varsity Community in 2016!



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**Editorial Content 5<sup>th</sup> of each month DEADLINE**  
for the next month's issue  
Kelli Wireford  
bcabugle@telus.net



**COUNCILLOR, WARD 7  
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As Calgary continues to grow, its transportation system needs to grow along with it. Work on two major transportation projects continues through the consultation process.

## **The Green Line: More than just a train**

With key decisions on the Green Line expected in Fall 2016, crucial public engagement sessions are being planned. I am doing a lot of homework as well. In August, I joined City staff and two Council colleagues on a brief tour of Vancouver, Seattle, and Portland, to meet their rail experts and learn from their experiences. From each city, we learned about key elements of successful projects and how to avoid pitfalls.

I boiled down all the information from our trip into eight essential lessons and presented them at the Central Library Dutton Theatre in November and again in December. Here are the top three lessons:

Consult, consult, and consult: All three cities stressed the need for, and benefits of, meaningful consultation with the neighbouring businesses and communities. Their ideas will be critical in order to maximize benefits and avoid costly mistakes. The Green Line will be the largest infrastructure project in Calgary's history by three times! While we are excited to get started on the Green Line, it is important that we make thoughtful decisions.

Leverage opportunities: The Green Line is more than just a rail project. It will forever change how Calgarians move about their city and the very nature of the communities along side. From affordable housing, to high environmental standards, how can the advantages of this massive project extend beyond simple transportation?

Take care of business: Construction of the Green Line will take many years and cause major disruption. Taking an example in Portland, Council enthusiastically supported my request for a Business Support Program.

You can watch the video of my presentation online at www.druhfarrell.ca.

## **Crowchild Consultation Continues**

Moving to the west end of Ward 7, public consultation on Crowchild Trail continues. The project team recently

# in & around your community

## **Pet Safety—Keep Your Pets Indoors This Winter**

Humans are not the only ones who need to keep warm during the winter months. Your pets do too. Although they might be covered in fur, your pet can still fall ill during the colder months or even get frostbite when temperatures drop below freezing. But have no fear, here are a few tips on how to keep your pet warm this winter.

Keep your pet indoors. This is the number one way to keep your pets safe and warm in the winter. For dogs, take shorter walks when the weather is severely cold. A good rule of thumb is to go out with them and when you're ready to come in, chances are your dog is too. If your dog must stay outside, make sure she has proper shelter and a source of fresh water at all times, and make sure her water cannot freeze.

It's important to remember that cold cars can pose a significant risk to your pet's health. Leaving your cat or dog in the car is just as dangerous in winter as in the summer. Limit car travel to only that which is necessary, and don't leave your pet unattended in the vehicle.

If you lose your pet during the winter months, do not delay. Call 3-1-1 to see if Animal Services has picked up your pet. If not, file a lost pet report with Animal Services.

For more information about pet safety please call 3-1-1 or you can visit us on our Facebook page or on Twitter @yycbylaws.

completed Phase Two of a six-phased process: Confirm Project Goals. The established goals are: i) Maintain and enhance bordering communities, ii) Improve travel along the corridor, and iii) Improve mobility across the corridor. The project is now into Phase Three: Concept Identification. Consultation on Phase Three will continue into Spring 2016.

For more information on future public engagement on both the Green Line and Crowchild Trail, please contact our office via: www.druhfarrell.ca.

NH Medicine Wheel



# News from the Friends of Nose Hill

by Anne Burke

## What is new and ancient on Nose Hill?

Hint: It is an offering site, one of the largest in North America and has a spiritual connection to traditional territory and stewardship. You will find it off pathways south of the 14th St. parking lot, in the SE corner of the

park. You can read more on the City Blog or the Royal Alberta Museum website.

Answer: In late September, 2015, members of the Blood Tribe built a traditional medicine wheel of rocks in the shape of a circle (Siksikaitstapi logo) of all 4 tribes: Siksika, Blood, Northern and Southern Peigan. It represents the north, south, east, and west, a spiritual location.

This landmark project was part of the annual Siksikaitstapi Blackfoot Confederacy Conference. The Native Heritage Site is a sacred place. The wheel provides for physical, emotional, mental, and spiritual dimensions.

Nose Hill was chosen for the site of the medicine wheel because of its cultural significance to the Blackfoot. Because it provides a view of the valley, Nose Hill was used as a lookout used for observing other tribes and hunting game during the summer and winter. Celestial or astronomical events (such as vision quests, stars, sunrises, solstices, and sun dances) inspired ceremonies in nature for large social groups.

Most known medicine wheels are in Alberta, but they have also been found across the northern plains of North America and date back some 4500 years. The wheel on Nose Hill is divided into four to represent the 4 Blackfoot tribes. A rock cairn is located at the centre, where suitable offerings may be placed. Spokes go out from the centre; "4" is a sacred number, whether for directions, seasons, elements, life states; kingdoms, or medicines such as sweetgrass, cedar, willow, and sage.

Whether you walk or bike, remember the wheel is for everybody to enjoy, to count our blessings, for the circle of life; many people offer thoughts, prayers or songs when they visit. Remember the intention is to be thankful.

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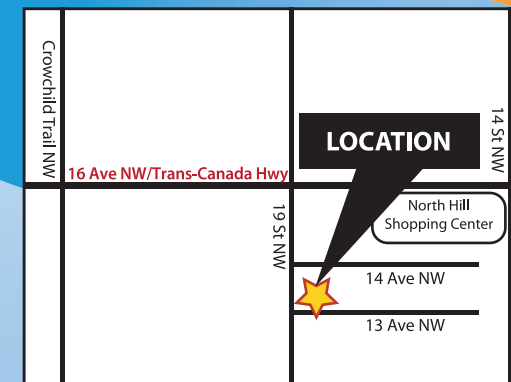
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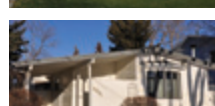
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