

MARCH 2016

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# your **BRENTWOOD** bugle

THE OFFICIAL BRENTWOOD COMMUNITY NEWSLETTER

## **VOLUNTEER ISSUE**

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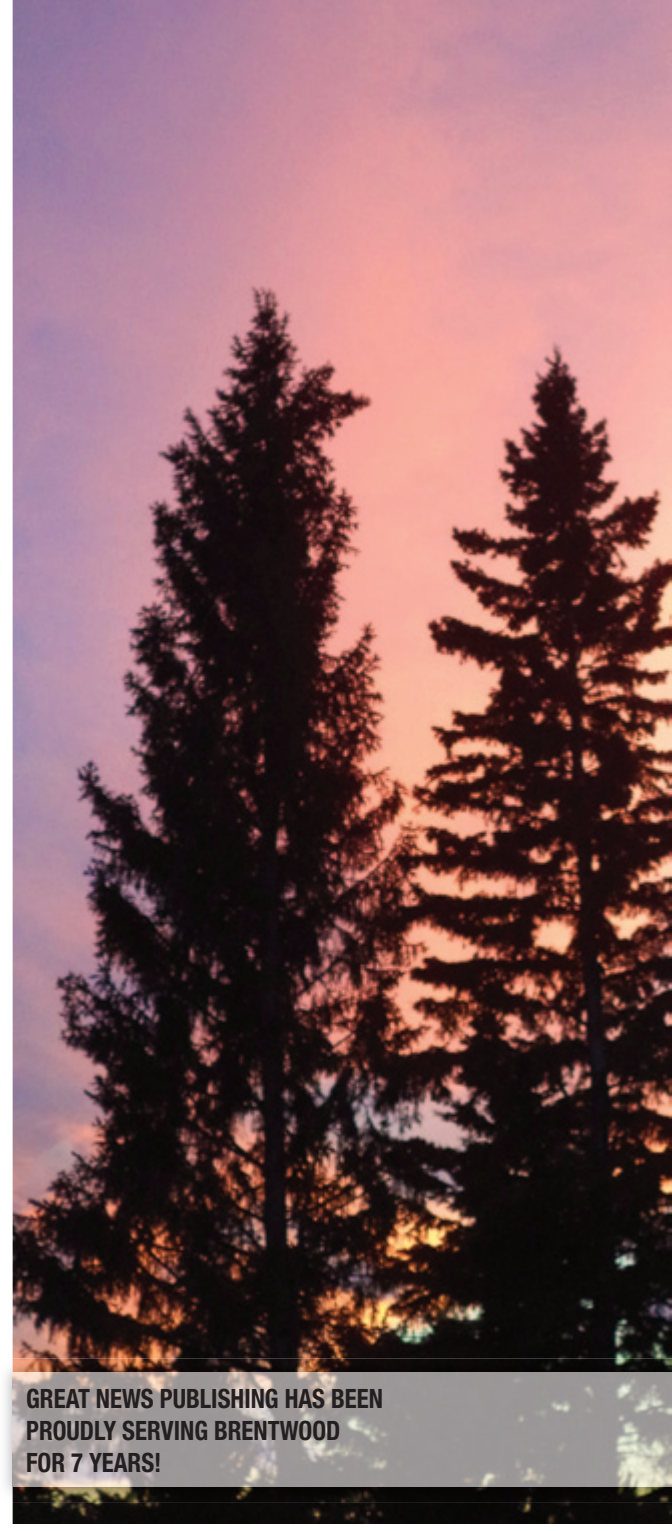
The City of Calgary ReTree Program will be visiting your community this spring, offering **tree education programs** for you to learn tips to care for your trees.

At these events, you are also invited to give feedback about your community's urban forest. Throughout the year, our teams will be back to plant City trees.

**Contact your Community Association by phone or visit their website to learn more about these FREE programs.**

Visit [calgary.ca/trees](http://calgary.ca/trees) for more information about the ReTree Community Program.

2016-0485



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**COMMUNITY ASSOCIATION**  
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**Community Centre, 1520B Northmount Drive NW**

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Our neighbourhood contributors for this month include: Anne Burke, Angie Goldsmith, Dorothy Haeberle, Lee Hunt, Cheryl Moller, Lindsey Rostoker and Devina Sharma. Proofreader – Lee Hunt



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The Federation of Calgary Community article in this issue of the Bugle states, "Mayor Nenshi declared the month of March as Community Association Membership Awareness Month." That's not all; according to Volunteer Canada (volunteer.ca), April 10 to 16, 2016 is National Volunteer Week in Canada. This year's theme is "Volunteers are the roots of strong communities". These two events are messages of opportunity for Brentwood residents, because your Community Association needs you! Information on a number of opportunities are in this edition of the Bugle.

If you have children of pre-school age, the Brentwood Community Playgroup is always welcoming new members and is in need of a coordinator starting in September 2016. Why not get involved now and experience how wonderful playgroup is? If you have children who will be playing outdoor soccer this season, coaches and referees are needed. After coaches are in place and teams have been formed, there will be plenty of other volunteer opportunities.

- Within the BCA there are also volunteer opportunities.
- Our Community Clean Up is tentatively booked for May 22 for which a coordinator and volunteers are needed.
  - Preliminary discussions were held at the January BCA meeting regarding Brentwood Music on the Plaza. Wouldn't it be great to see the return of this event? The summer before last it was held every other weekend in July and August. Volunteers to form a committee to bring the event back to the community are needed.
  - After vandals damaged the mural at the corner of Northmount and Charleswood Drives beyond repair, decisions regarding the replacement must be made. Are there any residents in Brentwood that can head up a committee to work on this project?
  - Perhaps you would like to lead a Jane's Walk to showcase your view of Brentwood? Details are inside—please help!

Last but not least, keep in mind all the opportunities in the community for families to take advantage of. Public skating will be available at the Sportsplex until the end of March and will continue at the outdoor rinks weather permitting. If you haven't already checked out and registered for the City of Calgary ReTree project coming to Brentwood beginning in March, details are inside.

We have a great community Brentwood, let's support it!



## We are Knitting for a Cause!

Your donations have helped us knit well over 500 sets of hats, mitts and scarves, as well as a variety of other items for young children in need. The group has donated to various causes including multiple schools throughout Calgary and Ronald McDonald House.

If you have any yarn, wool or knitting/crochet needles you would like to donate, please contact Erika, the Community Development Officer, at 403-452-5575. Thank you, Brentwood!



Join us on March 29 for Bingo

Join youth volunteers and community members to spend an evening of fun and Bingo with the residents of Carroll Place.

**Tuesday, March 29, 2016**

**6 pm – 8 pm**

**Carroll Place Lounge**

Additional Info:

- \$0.25/card/game. *Bring your Quarters!*
- Winner takes home the pot
- We will play 10-11 games. Everyone has a chance to win!!

**Come out and join us for a great time!**

**Everyone is welcome!**



## Community Association Membership Application

Surname: \_\_\_\_\_  
 First Name: \_\_\_\_\_  
 Spouse: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_

- Family \$35    55 Plus (Couple) \$25  
 Individual \$12.50

Please return membership application with your cheque made payable to the Brentwood Community Association.

Mail or Drop Off to  
 Brentwood Community Association  
 5107, 33 Street NW, Calgary  
 Alberta T2L 1V3  
 brntwdca@telus.net  
 403-284-3477



**Public Skating** at Brentwood Sportsplex  
 Mondays 10:00 am to 11:30 am until March 28, 2016 (no skating on statutory holidays).  
 Saturdays 11:00 am to 12:00 noon until March 26, 2016.  
 Cost \$1.00 per person; please pay at the office on Mondays and at the concession on Saturdays.  
 Public skating only – no sticks, pucks, sleds or strollers. We do not supply skating assistance equipment. Anyone under age 18 must wear a helmet.

**Scrabble Group:** Call 403-284-3477 for more information.

**55 Plus Bridge Group:** The Bridge Group meets every Wednesday at 1 pm upstairs in the Banquet Room of the Sportsplex. All players are welcome! Contact Roman at 403-289-6244.

**Brentwood Community Association Board Meeting:** The next regular meeting will be Tuesday, March 29, 2016 at 7:15 pm in the upstairs Boardroom at the Sportsplex. All community members are welcome, but are asked to submit agenda items in advance if they have items for discussion at the meeting by contacting Linda Van Holst at 403-284-3477 or brntwdca@telus.net

**BCA Hall Rentals:** The Banquet Hall and Boardroom at the Brentwood Sportsplex are available for rental by the public. Please refer to the BCA website for details [www.brentwoodcommunity.com](http://www.brentwoodcommunity.com) and go to the Facilities page. Current BCA members get a 15% discount on hall rentals.

Bugle Deadline for the May 2016 Bugle community articles and notices is March 26, 2016 and the deadline for the June Bugle is April 26, 2016.

## Playgroup

Are you a parent looking for a **fun and rewarding volunteer opportunity for you and your child to do together?**

The Brentwood Community Association is looking for a **Playgroup Co-ordinator** starting September, 2016 on Wednesday mornings.

Playgroup is a great activity for kids ages birth to five years old together with their parents or caregivers. Come to play and meet families from the Brentwood area.

If you are interested, please contact Marie Weninger Henderson at [mweninger100@hotmail.com](mailto:mweninger100@hotmail.com).

## Brentwood Music on the Plaza

Would you like to see the return of Brentwood Music on the Plaza?

Judging by the popularity of the program over the years, you are not alone. It can be done, but a committee of volunteers is needed **now** to begin planning for the summer months of July and August. Committee members will book bands, set up and take down equipment and advertise. Support will come from the BCA and the City of Calgary. Please help! Contact Linda at the BCA office at [brntwdca@telus.net](mailto:brntwdca@telus.net) or 403-284-3477.

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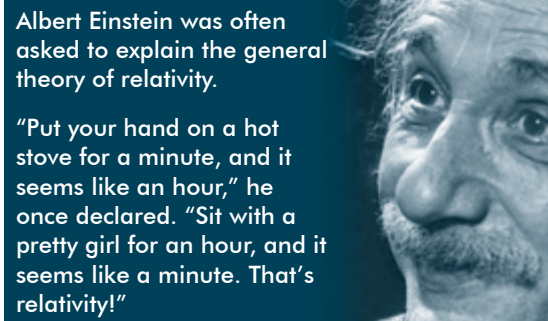
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Albert Einstein was often asked to explain the general theory of relativity.

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### Dr. Coffin Spring Craft A-Fair

Dr. Coffin School will be hosting an artisans' craft fair on **Saturday, April 30, 2016 from 10 am to 3 pm**. This will be a perfect time to find a special gift for Mothers' Day. If you are a crafter interested in purchasing a table for this event, please contact Irena Djukic at 403-383-8715. You can find the event on Facebook at "Dr. Coffin Spring Craft A-Fair".

Did you know that there is a Facebook group and a Twitter account dedicated to bringing together our community? Use the Twitter profile @BrentwoodYYC to get connected.

The "Brentwood Community" group on Facebook, has been replaced by a new page. Check out <https://www.facebook.com/groups/brentwoodcommunity/> In this format people are invited to follow all things Brentwood.

Would you like to add to the Brentwood Bugle's Bulletin Board? Contact the Editor Kelli at [bcabugle@telus.net](mailto:bcabugle@telus.net).

## BCA Seniors' Tea News

By Dorothy Haerberle

At our January 28, 2016 Seniors' Tea we had a Book Swap and everyone went home with some new reading material. A good book can be as uplifting as taking a vacation without the expense or leaving the comfort of your home – mind travellers!

Starting in April, we are going to have our monthly tea on the third Thursday of each month. Our April Tea will be held on April 21, 2016. We look forward to spring, the colour green and new beginnings for all of our yards and gardens!

## Brentwood News

# Time to show some Brentwood Mural love, neighbours!

It's more than a decade since our community first undertook the painting of two anti-graffiti murals in Brentwood. The colourful works of art - one at the NE corner of Brisebois and Northmount in 2004, the other at the SW corner of Charleswood and Northmount in 2005 - were successful beyond our wildest dreams in taming a persistent graffiti problem at these two locations. Both lasted well beyond their expected 8 year lifespans. Best of all, for years they've said to everyone who passes by that neighbours in Brentwood take pride in their community.

Alas, due to an act of vandalism at the end of 2015, the already-deteriorating Charleswood mural had to be removed completely and our community has a decision to make. Do we care enough about our neighbourhood to start a new project to replace one, if not both, murals?

The BCA is already investigating possible funding sources for the project, volunteers have offered to pitch in and the team that saw the original murals to completion is standing by to offer support. Now all we need is a big-hearted neighbour (or group of neighbours) to move the whole thing forward, someone who is looking for a way to make a very visible contribution to our neighbourhood. No artistic flair required, simply a desire to make a difference, with some organizational skills thrown into the mix.

Think it could be you? Bravo! Curious but have questions to ask before you commit? We've got answers! Either way, please contact Brentwood Community Association Office Manager Linda van Holst at 403-284-3477 or email us at [brntwdca@telus.net](mailto:brntwdca@telus.net).

# CALGARY PUBLIC LIBRARY



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1530 Northmount Drive NW  
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Friday & Saturday 10 a.m. – 5 p.m.  
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## Dr. E. W. Coffin Elementary

By Angie Goldsmith

In like a lamb or a lion? Either way the students and staff at Dr. EW Coffin are ready for whatever learning opportunities emerge both inside and outside the classroom.

We'll begin the month with a treat day hosted by Room 6 on March 1 and a fun lunch on the 10th. Our two grade 5/6 classes will enjoy ski lessons at Canada Olympic from the 8<sup>th</sup> to the 12<sup>th</sup>. We invite all school community members to join us for Parent Council which will take place in the Learning Commons at 7pm on March 8.

Students will begin their spring break early on the 18<sup>th</sup> while teachers engage in a Professional Development Day. We wish everyone a refreshing spring break from March 18-28. It's hard to believe that when we return there will be only three months of school left until summer!



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And now, a sneak peek into April... Mark your calendars! The Friends of Dr. E.W. Coffin are excited to be hosting the first annual Spring Craft A-Fair on April 30 from 10-3. If you are interested in learning more about how you can be involved as an exhibitor please contact the coordinator, Irena Djukic at [emmarko@telus.net](mailto:emmarko@telus.net) or check out <https://www.facebook.com/events/773753956101945/> for up to date details.

## Brentwood Elementary

By Devina Sharma

### Brentwood School Council Secretary

The school year is whizzing by as we look forward to saying goodbye to winter and hello to spring! We have several exciting in-school events happening this month, including Teacher's Pet for our Kindergarten and Grade 2 students, a performance by Sandra Manyfeathers for our Grade 4 students and an Evergreen Theatre Performance for the entire school.

Students will also be preparing for Student-Involved Conferences this month, where they will showcase their learning to share with their parents. Conferences will be held on Thursday, March 17 from 4pm-8pm.

Spring Break will commence Friday, March 18, with classes resuming on Tuesday, March 29. Upon returning to school, our first group of students will begin walking to the Churchill Pool for swimming lessons on March 29 and 31. For the safety of everyone, please look out for large groups of students walking along Northmount Drive when you are driving around the community during school hours!

If you have any concerns or inquiries, please contact the school office at 403-777-6130 or visit our school website.

**Editorial Content 5<sup>th</sup> DEADLINE**  
of each month for the next month's issue  
Kelli Wreford  
[bcabugle@telus.net](mailto:bcabugle@telus.net)

by Anne Burke



## News from the Friends of Nose Hill

"The goal of Nose Hill Park is to perpetuate the natural character of the landscape while providing compatible, quality recreational opportunities" (Nose Hill Natural Area Management Plan 1994). Some of these opportunities are hiking, cycling, running and dog-walking. However, there is work to do in protecting this precious natural grassland through conservation of its ecologically significant areas.

A restoration plan was proposed to close park trails with damaged vegetation for rehabilitation and reseeding, remove priority areas of brome and replace with native grasses. This restoration is now underway so there will be the potential for repopulating ground-nesting birds such as the sharp-tailed grouse.

Nose Hill is a source of wildlife study, an historical resource, as well as a green space for people to experience nature. It is important for wellness, where people can experience outdoor activities, especially during times of economic stress. The Hill is a winter birding location for certain species, particularly raptors. In summer the prairie habitat attracts 14 species of sparrow. It is an accessible native grassland area. Some species are no longer present due to changing vegetation, human impact, and the overall decline in grasslands.

On another note, the Biodiversity Policy was approved by Calgary City Council in March, 2015. There are four principles: ecological literacy, resilience, collaboration, and integration. The first is to support biodiversity by knowledge and understanding about ecology, personal stewardship, and Calgary's natural heritage.

The Advisory Committee on Biodiversity meets monthly

and one subcommittee fosters ecological literacy, which means to promote public understanding of biodiversity and ecology to encourage positive actions that support environmental conservation.

Some commitments are:

Develop volunteer initiatives and education programs to support stewardship and conservation with schools, communities, and citizens.

City staff, Council, businesses, and communities access training and information to promote the goals of biodiversity conservation, through buying practices, building and site design, open space planning and management. This includes an awareness of invasive species (weeds), habitat fragments and loss, and indirect pressures on biodiversity which cause ecological disruption.

Set objectives and targets for conservation across appropriate initiatives. Three new-on-the ground initiatives will be implemented within the ten years of the program.

Make biodiversity common in City decision-making. The aim is to restore degraded habitats and manage biodiversity of Calgary's open space and neighbourhoods.

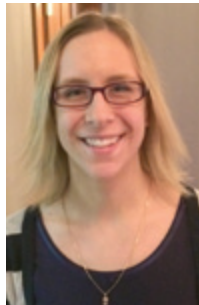


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## A MODEL OF ENERGY

By Lee Hunt

Brentwood seems to specialize in attracting many energetic, giving individuals and families. I found this to be true once again when I interviewed Marie Weninger Henderson.

Marie and her husband, Paul, moved to Brentwood in 2011. At the time, they were seeking a home with mature trees and a big yard for twin daughters Jessica and Chelsea then 2 years old. Another priority was good schools with the presence of all 3 levels of schooling. Our Brentwood community met all of the criteria.

Marie and Paul soon bought Community memberships and by 2012 Marie found herself the BCA Membership Coordinator. This role includes updating the member-

ship list, recording new members, plus providing regular updates to the BCA Board.

In 2014, Marie also became Coordinator for our Community Playgroup as son Rory was old enough to attend. In this role, Marie weekly sets up the equipment and toys with the help of one or two parents/caregivers. Everyone pitches in to assist with the cleanup. Marie asked me to be certain that I mention how much she “appreciates how so many people help with Playgroup”. Every special occasion – Valentine’s, Easter, Halloween, Christmas – warrants a potluck luncheon which Marie coordinates. These themed events generally include some kind of special treat or gift for each child. (As an aside – Playgroup runs each Wednesday from September through June from 9:30 to 11:00 at the BCA Sportsplex Hall and costs \$65 per year per child. Children from birth to age 5 are welcome. Should you wish to try out one free session with your child, please contact Marie at mwenger100@hotmail.com).

Have I mentioned that in addition to raising 3 children and carrying two BCA portfolios, Marie also works as an R.N. at the Peter Lougheed Hospital Maternity Ward? Add to that the fact that Marie is currently working on her Master’s Degree in Nursing. Where does she find the time and stamina?

Marie also volunteers at Dr. Coffin School which her daughters attend. At Coffin, Marie is a Room Parent, an assignment which includes finding volunteers to read with the children. She also helps out with the “Fun Lunches”.

Marie commented that she and Paul (who coaches Brentwood Community soccer plus helps out with many “one time” activities) feel that their family has “benefitted so much from the Brentwood community”. Both daughters play soccer and participate in Canskate. Rory can hardly wait to start soccer this spring. The family regularly visits the three nearby playgrounds, the indoor and outdoor ice rinks, and the Community Garden. All of the children take swim lessons at the SWC Fitness Centre, go sledding on the “community hill”, and are at the Nose Hill Library “all the time”.

Asked why she thinks it is so important to volunteer, Marie responded, “In order to have great programs and a great community, you first need keen volunteers.” She added, “It is important because our family benefits and thus we need to give back”.

Marie’s energy and dedication are impressive! We at The Bugle thank Marie and all other volunteers for their dedication in contributing so much to our community. They enrich our lives plus their own.

## IN & AROUND CALGARY

### Jane’s Walk 2016

Jane’s Walk is a weekend of free neighbourhood walking tours held in cities around the world each May. Jane’s Walks are walking conversations about neighbourhoods and what matters to the people who live, work and play there. Anyone can volunteer to lead a Jane’s Walk, to offer their insider’s view of a neighbourhood and to invite people into conversation. Jane’s Walk Calgary is an initiative of the Calgary Foundation in partnership with Jane’s Walk International.

If you would like to lead a Jane’s Walk and bring your neighbourhood to life through a walking tour, why not offer to design and lead a free walking tour as part of the 2016 Calgary Jane’s Walk festival which be held May 6, 7, 8, 2016?

Jane’s Walks can be done in any neighbourhood and on a variety of themes. For inspiration check out the 2014 program at:

<http://www.thecalgaryfoundation.org/initiatives/jane-s-walk-2> to see the range of walks volunteers offered in Calgary or watch the video that the Calgary Public Library produced from one their Jane’s Walks: <https://vimeo.com/98380558> or “Jane’s Walk - Victoria Park Survivors” on Youtube.

If you have any questions about leading your own Jane’s Walk, please contact: Julie Black, City Jane’s Walk Coordinator for Calgary at: [JBlack@thecalgaryfoundation.org](mailto:JBlack@thecalgaryfoundation.org) or 403-802-7720.

### March is Community Association Membership Awareness Month!

Did you know that Mayor Nenshi declared the month of March as Community Association Membership Awareness Month?

Did you also know that there are 150 Community Associations in Calgary that are run by your neighbours? In fact, more than 20,000 volunteers are involved in Community Associations here in Calgary, making it the LARGEST collective volunteer movement in the city!

Are you a member of your Community Association? If not, you are missing out on numerous benefits. Membership is

extremely affordable with most Community Association memberships averaging under \$30 a year!

Throughout the month of March, we encourage you to “be part of it” and find out what your Community Association can do for you! It’s easy and you may be surprised by the many benefits and options available to you as a resident.

Community Associations are run by your neighbours, they bring residents together, they provide endless opportunities right in your backyard, and they act as a voice for your community. Most importantly, these hard-working volunteers are dedicated to making sure your community is a great place to live, work, and play. Purchasing a Community Association membership is a great way to get involved and show your support for the many ways your neighbours work to ensure you love where you live.

For example, this very community newsletter is just one of the many ways your Community Association works to keep you informed on events, topics and issues of interest close to home, written and compiled by your neighbours.

So take a minute during March Community Association Membership Awareness Month and find out more about your Community Association and how you can get involved!



Dr. Christine Lilge Dr. Lauren Vredenburg Dr. Jennifer Maguire

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By Cheryl Moller

We at the Brentwood Community Garden Group are already thinking about gardening...in the middle of winter! If you are also considering a place to grow veggies as well as 'grow' friendships, consider joining this friendly and enthusiastic group of gardeners. Contact Cheryl Moller at: [cm.checky@gmail.com](mailto:cm.checky@gmail.com) Having survived the January/February 'blues' by poring over seed catalogues, attending gardening workshops and designing our garden beds, by March we dedicated gardeners have a zillion ideas about what to plant. We may search for seeds at gardening places or attend "Seedy Saturday" for inspiration (which this year is held on March 19 from 10am to 3pm at the HillhurstSunnyside Community Centre).

Even with all this excitement brewing to grow food, you may think that it is too early to start planting. Well, think again! Here is an idea that my grandson and I have actually tried with great success. It will inspire youngsters to get excited about gardening. You will need a few simple tools (4 L milk jug, paring or utility knife, duct tape, scissors, and perhaps a cheap soldering iron). The link below will give exact instructions: <http://www.instructables.com/id/WintersowingTips-PreparingMilkJugs/>.

When I first heard this idea of putting seeds out in a snow drift I was skeptical. However, last March my grandson and I faithfully collected milk jugs, planted seeds and stuck the jugs out in a snow drift in a sheltered area. I merrily went off on a holiday. When I arrived back in April, we had this profusion of seedlings. I was hooked and so was my grandson. The next year he saved milk jugs all winter starting in January! Some advantages to winter sowing are that you can grow plants for the price of a seed package, put plants out earlier as



they are hardened already and clip off seedlings to eat. The bonus is to inspire the children. (Keep in mind that seeds that like cooler weather such as spinach, Swiss chard, peas, etc. work best).

So start saving milk jugs and get going early with your winter sowing!

Make a difference in the life of a family...



Are you looking for a way to give back to your community? Our Home-Start program is looking for volunteers!

What does a Home-Start volunteer do?

- Visits a family's home once per week
- Provides support, friendship and encouragement
- Gets the family involved with the local community
- Shares their own experiences of parenting and family life

Interested in getting involved?

For more info, or to learn about upcoming training sessions, contact Home-Start or visit [www.boysandgirlsclubsofcalgary.ca](http://www.boysandgirlsclubsofcalgary.ca)

North Calgary: 403-660-6809  
South Calgary: 403-660-1136





# Outdoor Soccer

By Lindsey Rostoker

**Season** - The Brentwood Community Outdoor Soccer season for the U4 to U16/18 age groups commences on April 18 and continues until the end of June (dates vary depending on the age group). Super Soccer Saturday will be on June 18 this year. The U12 Tournament will take place over the same weekend. Please look at the 2016 Soccer Newsletter, as well as other informational documents, on our website: <http://www.brentwood-community.com/soccer.html> for further details.

**Coaches** - The Coaches' Information Night will be held on Wednesday, March 16 at 6:30 pm for U4-U8 and at 7:30 pm for U10 and up at the Brentwood Sportsplex Boardroom. The Brentwood Community Association will hold a coaches' clinic on Sunday, April 10 at the Brentwood Sportsplex Arena. Age group times to be confirmed. All coaches should attend team selections on Thursday, April 14 at 6:30 pm at the Skate Shack.

**Evaluations** - Evaluations will be held on Tuesday, April 12 at the Brentwood Sportsplex Arena for U8 to U12 age groups; players will be notified of the exact time in early April.

**Referees** - If you have previously been a referee for Brentwood Community Soccer, you will be contacted by the referee coordinator. Free Referee Clinics will be provided on Saturday, April 9th at 6:00 pm at the Brentwood Sportsplex arena. For further information or for those interested in being a referee for Brentwood Soccer home games for U10 to U16/18, please contact Charlene Brust, Referee Coordinator, at [brust@telusplanet.net](mailto:brust@telusplanet.net).

**Questions?** - If you have any questions regarding Brentwood Community Soccer, please contact Lindsey Rostoker at [linz.rostoker@gmail.com](mailto:linz.rostoker@gmail.com).



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Friends,

February has been a busy month for the constituency of Calgary-Varsity. We had the opportunity to engage with many of you in the community and learn more about your individual interests. This month we celebrated a number of remarkable birthday milestones in Varsity - including one resident who celebrated her 102nd Birthday in January. Our office was happy to provide a celebratory scroll commemorating this remarkable birthday milestone. As always, we welcome the opportunity to celebrate you or your loved ones in Varsity by way of an official commemorative scroll.

We learned even more this month about the community of Montgomery at their Annual General Meeting. First and foremost we learned how passionate and active the members of the Montgomery board are about their community and service to residents. We are looking forward to meeting further with members of the Montgomery community association in the coming months.

Our office has also been busy assisting many community kitchens whose operations have been shut down by the municipality. We are assisting with amending applications for provincial grants in order to help these kitchens afford the municipally mandated changes. We encourage community members to contact their city councillors to discuss the issue more fully.

Varsity has much to celebrate this month on a provincial scale, as the constituency has been set apart by its MLA being recognized within the Government. Our MLA, Stephanie McLean, has been appointed Minister of Status of Women and Minister of Service Alberta on February 2, 2016. Varsity has not had an MLA appointed to a ministerial portfolio in more than a decade. Our office believes this elevation serves as provincial wide recognition of the constituency and raises the profile Calgary-Varsity.

We would like to thank the many constituents who have offered their congratulations to Minister McLean on her appointment, and want to assure all residents and our community partners that we will continue to provide the same level of service through our office.



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**FEELING ANXIOUS?** Restore your calm and confidence right here in your own neighbourhood. Willow Brocke & Associates Counseling and Consulting Inc. are licensed therapists specializing in anxiety relief. Our fees are covered by most insurers. Adults and teens, call for an appointment and start feeling more relaxed today! 403-918-7520 www.willowbrocke.com.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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**SUNSET CHICKADEES:** Brentwood home built artificial tree snag "bird house" for sale \$45. The house is designed to resemble standing decomposing dead wood. Attracts nesting Chickadees and Nuthatches. Add an internal infrared camera to watch the babies grow. Installation available. www.sunsetchickadees.com, YouTube channel "Sunset Chickadees" seasonal only phone Norman 403-797-2468



COUNCILLOR, WARD 7  
DRUH FARRELL

ward07@calgary.ca • www.druhfarrell.ca  
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I have long been an advocate for managing the cost of Calgary's growth. After a decade of debate and billions of dollars added to The City's debt, City Council unanimously agreed to end the "sprawl subsidy" to ensure that growth pays for itself. I am extremely proud of this work.

Over the last year, The City worked closely with the urban and suburban development industries to establish an off-site levy to apply to all new developments. An important partnership emerged, one in which the industry agreed to become an enhanced steward of a growing City. The new rates took effect on February 1st of this year and will provide the City with a lot more financial flexibility.

As a result, levies paid by developers to The City will now cover the cost of infrastructure needed for new communities, as well as upgrades to infrastructure for established communities. Those costs have to be paid one way or another. With the new levy, the cost of necessary infrastructure is included in the purchase price, rather than hidden through property taxes or utility fees.

The key elements of the new off-site levy are:

Developers will pay for water and wastewater treatment in new and established communities city-wide;

Developer levies will cover the full cost of water distribution, wastewater collection, drainage, transportation (roads, intersections, traffic signals, bridges), and community services (libraries, police stations, fire halls) in new communities;

With this important policy established, the stage is set for the next steps. New development in established communities means real change for the residents who live there, and added wear and tear on public amenities. Increased density can also mean a dramatic increase in property tax revenue. As part of the levy discussion, The City agreed to work with the urban developers, and the communities experiencing redevelopment, to find ways to reinvest in aging infrastructure. Communities experiencing significant change will see a direct benefit, with improvements to valued amenities like parks, sidewalks, recreation centres, and libraries.

Over the next year, I will be meeting with Ward 7 communities to talk more about community improvements resulting from redevelopment.

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**LINDSEY'S HOUSE SITTING SERVICES:** Do you need someone to care for your property while you are away? Consider calling Lindsey Rostoker, a biochemist turned Brentwood stay-at-home Mom. Call 403-816-3630 or e-mail linz.rostoker@gmail.com to check availability. References available.

## BCA Volunteer Position Available

Each year the Brentwood Community Association partners with the City of Calgary to host a Community Cleanup. The organized Community Cleanup events save residents a trip to the landfill for items that do not fit in their waste or recycling carts or for residents who do not have cart service. The Community Cleanup service is free of charge to all Calgarians.

The City of Calgary supplies three packer trucks with crews (two for waste and one for organic materials) and funds for advertising and promotion, gloves, garbage bags, food and refreshments for the group of community volunteers.

This year the Brentwood Cleanup is tentatively scheduled for Sunday, May 22. The BCA is in need of a volunteer to fill the role of coordinator on the day of the event. The date will be booked and there will be help for the set up. If you are interested in helping with the Cleanup, please email Linda at the BCA Office: brntwdca@telus.net.

**your COMMUNITY**  
business of the month

# Wellness Center Brentwood Community

### Family Focused Wellness Center Brings Their Village to Brentwood

"The place for all things pregnancy and thriving in motherhood. It's all we do."

Dr. For Moms Chiropractic Care and Family Wellness Center will soon be calling Brentwood home. Dr. For Moms was previously located in Varsity and will be at their new location in University City as of mid April 2016.

The Center was created with the intent to support women in the way that women should be supported from preconception through life with baby. It was founded on the true intent behind the statement "it takes a village to raise a child" and the center, the practitioners, and their community network make up that 'village'.

This mission driven, mindful and purposeful center empowers and supports women throughout motherhood. They provide the tools to help you live your best life every day, with flexibility and an accommodating approach that fits your family's lifestyle.

Dr. For Moms Wellness Center serves Calgary and surrounding communities with:

- Chiropractic Care - Fertility, Prenatal, Postpartum, Pediatric
- Naturopathic care
- Biodynamic Craniosacral Therapy
- Acupuncture & Traditional Chinese Medicine
- Active Release Technique
- Kinesiotaping
- Gait Analysis & Custom Orthotics
- Weight Loss Program
- Workshops and Classes - Birth Education, Sacred Pregnancy, Yoga, Couples Workshops
- Complimentary childcare.
- Nature's Baby Basket at Dr. For Moms – a retail space specializing in safe, eco-friendly mom and baby products

Each practitioner at the center brings experience and expertise to her practice. You can count on genuine and individualized care.



*"When people ask me what it is that I do, I guess the best way to put it is, I do everything possible so that moms and their babes have the healthiest and safest pregnancy and birth. For me there is no greater reward than having a hand in a babe's entering the world with care, grace, respect and love. I will do everything I can to make that happen. I have been told that 'you can't change the world' – I believe this is how you do it and I am giving it my all."*

- Dr. Patricia Hort, Owner and Founder of Dr. For Moms

Dr. For Moms provides treatment and care programs for:

- "Back to Basics Baby Making" - Natural Fertility
- "How to Have a Baby in 6 Hours or Less (and Love to Tell About it!)"
- "Body After Baby" – Getting your Body Back the Right Way
- Pelvic Floor Health and Recovery
- Infant Plagiocephaly & Torticollis (Head Shape)
- Post Lip Tie/Tongue Tie Support
- Breastfeeding Support
- Hip Displasia
- Post-Partum Depression Support
- "Lose 20lbs in 120 Days" – Weight Loss Program

For more information, additional resources, or to connect with Dr. For Moms, head to [www.drformoms.com](http://www.drformoms.com), call 403-247-9301 or like Dr. For Moms Wellness Center on Facebook.

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 Double detached garage. Asking \$639,000

**5674 BRENNER CRESCENT NW (BRENTWOOD)**

Bi-Level, 1,300 sq.ft. Total of 4 bedrooms, 2 full bathrooms. Gleaming hardwood floors throughout.  
 Double attached garage. Asking \$527,900

**1702, 650-10 STREET SW (DOWNTOWN WEST END)**

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**4211 BRISEBOIS DRIVE NW (BRENTWOOD)**

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**44 CASTLEGLLEN ROAD NE (CASTLERIDGE)**

Half duplex in quiet location. 3 bedrooms. 2.5 bathrooms. Shingles 1.5 years old. Close to all amenities, schools and LRT station. Asking \$279,800

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