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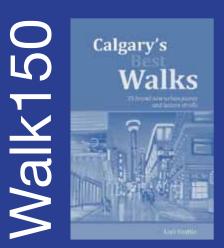
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For up-to-date walk schedules and details, visit: calgarylibrary.ca/walk150

Multilingual Walk 150 Guides provided by The Centre for Newcomers. This initiative is made possible by the Community Fund for Canada's 150th, a collaboration between Calgary Foundation, the Government of Canada, and extraordinary leaders from coast to coast.

S Newcomers

Canadä

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YOUR BRENTWOOD COMMUNITY ASSOCIATION

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AHS Addictions Hotline	1-866-332-2322
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Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
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Child Safe Canada	403-202-5900
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HOSPITALS / URGENT CARE	
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City of Calgary	311

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Gamblers Anonymous	403-237-0654

EDITOR'S SCRIBBLINGS

Kelli Wreford, Edito

I hope many of you Brentwood residents had the opportunity to enjoy the 150th Canada Day Celebration presented by the BCA and the Triwood Community Association. It was a great party, and got the July First weekend off to a great start. Photos of the event can be found on page 18. Many thanks to the organizers of the event.

Brentwood a great neighbourhood for runners to live. No matter what type of run you want to do, it will be easy to find. It is just a short trip down to the Bow River Pathway if you are in the mood for a long, flat run. If you are feeling energetic, the run up the pathway on south side of Nose Hill is always great for training.

During a race last fall, a fellow competitor told me about parkrun. It is a free, timed run held every Saturday in many areas all around the world. We are lucky to have a Calgary parkrun practically in our back yard, in Nose Hill Park! This run started in September of 2016 and has many regular attendees. Also, parkrun enthusiasts from around the world may drop in while travelling, because once you register you can join any parkrun in the world.

It is very easy to get started. Just go to the parkrun website at: www.parkrun.ca and follow the links to register. The group meets at the parking lot at Edgemont Blvd. and Shaganappi Trail every Saturday morning. The run starts at 9:00. Volunteers are always welcome too!



Honeybees can count, categorize similar objects like dogs or human faces, understand "same" and "different," and differentiate between shapes that are symmetrical and asymmetrical.







ARCS Something Lite Choir meets Wednesdays at 7PM at St. David's United Church

Visit up2something.org for more information



www.brentwoodcommunity.com Community Centre, 1520B Northmount Drive NW Mailing Address: 5107 33 Street NW T2L 1V3 • Email: brntwdca@telus.net • 403-284-3477 Linda Van Holst – Office Manager • Steve Dietrich – Arena Manager

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403-283-5785



Our neighbourhood contributors for this month include: Anne Burke, Thea Connery, Lee Hunt, Polly Lee Knowlton Cockett, Melissa Neville, Devina Sharma, Cynthia Sim and Melanie Swailes.









BRENTWOOD COMMUNITY ASSOCIATION ANNUAL GENERAL MEETING September 7th, 2017 7:00 pm Registration 6:30 pm Brentwood sportsplex Banquet Hall 1520B NORTHMOUNT DRIVE NW CALGARY, AB

Refreshments following meeting

Playgroup:

The Brentwood Community Playgroup runs Wednesday mornings from 9:30 to 11:00 upstairs at the Sportsplex from September to June.

Scrabble Group:

Call 403-284-3477 for more information.

55 Plus Bridge Group:

Following the summer break, we resume playing on September 6. If you enjoy bridge, please join us in the fall! Contact Roman at 403-289-6244.

Brentwood Community Association Board Meeting:

The next regular meeting will be Tuesday, August 29, 2017 at 7:15 pm in the upstairs Boardroom of the Sportsplex. All community members are welcome, but are asked to submit agenda items in advance if they have items for discussion at the meeting by contacting Linda Van Holst at 403-284-3477 or brntwdca@telus.net

BCA Hall Rentals:

The Banquet Hall and Boardroom at the Brentwood Sportsplex are available for rental by the public. Please refer to the BCA website for details www. brentwoodcommunity.com and go to the Facilities page. Current BCA members get a 15% discount on hall rentals.

Bugle Deadline:

The deadline for the October 2017 Bugle community articles and notices is August 26, 2017 and the deadline for the November 2017 Bugle is September 26, 2017.

Community Clean-Up:

Our Community Clean-Up will be **Sunday, September 10, 2017** from 9:00 am to 1:15 pm at the Brentwood Sportsplex, 1520B Northmount Drive, NW (behind the Sir Winston Churchill Pool & Nose Hill Library).

Community membership is not required to dispose of items.

Acceptable items are:

- Organic items that are too big for your green bin (branches, etc.) – Sod is not considered organic but can be disposed of (because it is chemically treated).
- Those items that would generally be accepted at the City's Throw 'N' Go locations.
- Metal for recycling (separate drop-off area).
- We will also feature a "Free Store" where people can leave and/or take reusable household items (all must be in good condition). Please note that all unclaimed items will be donated to charity at the end of the day (1:30 p.m.) if possible.

We will be partnering with the following groups:

- a Syrian Refugee Support Group to recycle donated bicycles
- the Cerebral Palsy Association for clothing and small household items

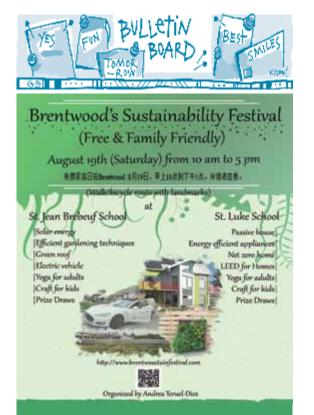
Items excluded from clean up: paint, chemicals, propane tanks, tires, major appliances.

Paint, chemicals and propane tanks can be disposed of at the Varsity Fire Station #17 (3740 – 32 Avenue NW).

Tires and appliances are best disposed of at the Waste Management Facility in NW Calgary.

This is one of 108 community clean-ups throughout the City of Calgary beginning April 22nd. The full calendar is available at:

http://www.calgary.ca/CSPS/ABS/Pages/Partnershipprograms/Community-cleanups.aspx



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Alberta Solar Co-op, PassiveHouse Canada, 4 Elements Integrated Design, Brentwood Community Association, Sun Country Highway, DEC, Sol West Power, Native Roofs, The Yoga Studio College of Canada, Alberta Bike Swap, The Yoga Studio of Calgary, Calgary Horticulture Society.

> n the Roman calendar, August was originally called Sextilis. This is because the Roman calendar had only ten months, and August was the sixth month. The name was changed in 8 BC to honor Caesar Augustus.

vou know?



Community Association Membership Application

Surname:
First Name:
Spouse:
Address:
Postal Code:Phone:

□Family \$35 □55 Plus (Couple) \$25

□Individual \$12.50

Email:

Please return membership application with your cheque made payable to the Brentwood Community Association.

Mail or Drop Off to Brentwood Community Association 5107, 33 Street NW, Calgary Alberta T2L 1V3 brntwdca@telus.net 403-284-3477





A Man's a Man for All of That By Lee Hunt

If you read my column in last month's Bugle, you may recall that I surveyed 30 of my Brockington Road neighbours on the occasion of Canada's 150th. My goal was to discover which countries my neighbours or their ancestors had come from, why they came, and how long ago they made that trek to Canada.

The "Longevity in Canada Prize definitely goes to Joyce and Marcel Morin. They have lived on Brockington Road for 49 years, and Joyce's relatives came from Scotland and Ireland in search of land in the early 1900s. But here's the real shocker! Marcel's ancestors have lived in what we now call Canada since the 1650s. (That date is *not* a misprint!)

Ancestors on Marcel's maternal side first arrived here in the 1650s – that's 11 generations back. The first to arrive

was Jacques Bilodeau who was born in France in 1636. Jacques had moved by 1654 to what was then called New France as reflected on his marriage record in Quebec. At that time period in Quebec, life was very different from what we know today. Large families were very much the norm and people began working at age 15 – men often as lumberjacks, women looking after their children.

On Marcel's paternal side, his ancestor Andre Morin was born in France then married in New France in 1670. He married Marguerite Moreau who was a "Fille Du Roi" which translated means "daughter of the King". These women were so named since from 1663 until 1673, King Louis XIV of France sent approximately 800 women from France to Quebec to marry French settlers and soldiers in order to populate this "new country".

Asked how it makes him feel to have such deep roots in Canada, Marcel humbly replied, "We all have roots somewhere" and "A man's a man for all of that". (With credit to Robbie Burns.)

When asked how all of this genealogical information had been gathered, Marcel replied that for two years he had spent every Saturday morning poring through the Mormon Church genealogy records. Marcel's own father had also supplied considerable information, as did Marcel's brother who had received material though the "My Heritage" website.

Marcel shared with me a large book containing stories and pictures of his extended family over the centuries. He also showed me a 1992 Family Reunion photo featuring at least 150 Morin relatives.

Marcel is rightfully proud of his extensive family ancestry in our country. He and Joyce are pleased as well to have put down their roots and raised their four children right here in Brentwood.

My grateful thanks to Marcel for his extensive research into his family history and for sharing that knowledge with me and with Bugle readers.

So... is it now time to do some research into your family roots?

North West Warriors Hockey Hockey Registration

Please visit the Brentwood Community Association website brentwoodcommunity.com for details as well as registration for the 2017-2018 hockey season. Submitted by Melanie Swailes on behalf of the BCA Development and Transportation Committee.

Brentwood Co-op Site Redevelopment – August Dates and Events

Summer is a time for picnics and barbeques, hiking and swimming, and time to enjoy the outdoors. The last things most of us want to think about are development permits, rezoning applications and meetings, and that includes your BCA Development and Transportation Committee (DTC)!

However, on June 28, just as this issue of the Bugle was going to press, the DTC found out that there would be some important meetings and events taking place in August regarding the entire Brentwood Co-op site-the area to be known as the Brentwood Commons Redevelopment.

What's happening with the Brentwood Co-op site redevelopment?

Since the workshop sessions on May 25 and 27, planners from the City of Calgary have reviewed the comments and feedback from those meetings. The Planning Department has submitted its overall review of the development permit to Quarry Bay (the applicant) and this included recommendations and comments for the site. At the time of this writing, it is expected that there will be changes made to the application and to the version of the drawings that we have seen to date.

The BCA as well as residents expressed concern over many aspects of the plans, especially with regards to the height of the buildings (one up to 40 storeys) and the layout of the main road through the site (right along Blakiston Park). At the end of July or in early August, Quarry Bay will respond to the review, although we do not yet know what changes (if any) they might have made.

We need your feedback and opinions.

Even though it is summer and we're all busy with other activities, it is still important to provide your opinion to us and to the City of Calgary Planning Department. To ensure we get as many responses as possible, there are numerous options:

- Please mark the dates below on your calendar and plan to attend an event.
- If you will be away, there will be an on-line comment form.

• For those who prefer to comment on paper, in writing, there will be a drop-off comment box.

Brentwood residents have shown a strong interest and response so far, and in fact, such a strong response that in May a second workshop session was needed to accommodate all those who wished to participate. We thank all those who have commented or participated to date and we hope that we can continue to ask for such a great response from our residents. The Development and Transportation Committee members are encouraged and motivated by your interest and strong support.

What is planned for August?

The City of Calgary has numerous activities throughout the month where you can review the application, ask questions of City staff and provide your feedback.

Wednesday, August 9 to Wednesday, August 30 – Online Survey

Visit calgary.ca/brentwoodcoop and leave your feedback on the City of Calgary online comment form.

Wednesday, August 9 to Tuesday, August 15 - Sounding Board at the Brentwood Co-op

• A community Sounding Board will be set up in front of Brentwood Co-op from August 9 to 15.

• Stop by and use the boards and sticky notes to share your thoughts and ideas about the Brentwood Co-op site.

Wednesday, August 9 to Tuesday, August 15 – Comment Box at the Brentwood Sportsplex

• A comment box and copies of the comment form will be available at the Brentwood Sportsplex for those who wish to pick up a paper-copy survey instead of an online survey. We will have a comment box available so you can drop off completed forms.

• Please note that the community centre will be closed for part of August as new flooring is installed. If the building is closed, we will ensure there is a sign on the door, possibly directing you to the SWC pool or giving further directions. We'll do our best to make sure that paper copies and a comment box are available.

Tuesday, August 15, 2017, from 3:00 to 7:00 p.m. – Pop-up event

• At the Triwood Community Farmers' Market, stop by to talk to City of Calgary staff or leave your feedback. (At the Triwood Community Association, 2244 Chicoutimi Drive NW.) • Note: if you are wondering why the events are to be held at Triwood instead of Brentwood, these events had already been arranged by the City of Calgary prior to BCA knowledge of the events.

• Stay tuned for more pop-up events that will hopefully take place during the summer in Brentwood as City staff will be out and about to hear your feedback.

Thursday, August 24, from 4:00 to 8:00 p.m. – Open House

- At the Triwood Community Centre
- Attend the City Open House to review project details, learn about what the City heard in the first phases of engagement and leave your feedback.

Website and Emails

To stay up-to-date on next steps for this project and these engagement opportunities, check the City of Calgary website: calgary.ca/brentwoodcoop or go to Calgary.ca and enter Brentwood Commons.

Email list for the Brentwood Development and Transportation Committee:

The DTC would like to be able to notify interested area residents about development permits (DPs), updates, meetings or other events. If you would like to be added to our email list, please send your name, address (so we know what DPs might affect your property), phone number and email address to the Brentwood CA at brntwdca@telus.net. (This list would be for development issues only and is separate from the BCA mailout list.)

Thank you for your interest in our great community!

A total solar eclipse—the aligning of the Sun, Moon and Earth will occur on August 21. The total phase will not be visible in Calgary, but can be observed as a partial solar eclipse here. It will be at its maximum at 11:33 a.m., so get out your pinhole camera and enjoy the spectacle; the last one was in 1979.

ALIGN



Dear Great News Publishing,

Please DO NOT run my ad next month. My ad has been WAY TOO EFFECTIVE. My phone won't stop ringing with people saying they saw my ad in the newsletter. Now I need to hire more people to keep up with all my new customers! I'm amazed at how well this worked!

Thanks for all your help, Sincerely, Laura Owner of Buds and Blooms

Contact us today to find out how you can make this customer's experience your reality!





BioBlitzing, Book Contributions, Summer Bees, & Potlucks

You're Invited on Thursdays!

This summer's Biodiversity Bees have been off to a great start, with glorious weather, beautiful native blooms, and good pulling conditions for the "unwanteds." It was also lovely to be out in The Woods during the last day of school at Dr. E.W. Coffin, with the students extra-gleefully playing The Animal Game, as learned during their Outdoor School program. Southern Alberta CPAWS has published a version of this curriculumconnected experiential game involving food webs, producers, consumers, and decomposers: http://cpawssouthernalberta.org/upload/Animal_Game.pdf.

You, too, can join us on Thursdays for social stewardship through biodiversity conservation in the Centennial Natureground and Whispering Woods – tucked away in the NW corner of Brentwood, and maybe even play the animal game yourselves! All are WELCOME.

BioBlitz Canada 150 and Citizen Science

This year we are joining in on celebrating our Canadian landscapes and ecosystems, by taking an inventory of the biodiversity in these areas. This informal initiative is in alignment with BioBlitz Canada http://bioblitzcanada. ca/, and we would love your participation as Citizen Scientists.

Be a part of our book!

Also in celebration of Canada's 150th, we would love your input for an upcoming publication expanding Whispering Signs into a book celebrating the urban



prairie and its local peoples right here in Brentwood. Please come with your suggestions, questions, comments, and contributions during any of our Summer Bees. We'll be folding in BioBlitz data into the book, and would love your observations, photos, poems, drawings, and more – which can be submitted by email as below, or in person at a BioBee.

Summer Thursday Biodiversity Bees Continue, Including a Final Potluck – You're Invited!

Conversation & Conservation in the Community! Join in: it's FUN!

Biodiversity conservation is critical for local species to thrive. The healthier our environment, the healthier we are – and we get to know each other while pitching in.

Please join us, whether for a few minutes or a few hours, during any or all of the remaining events:

THURSDAYS		9—11 a.m.	6–8 p.m.	POTLUCK
July	27	MORNING		
August	3		EVENING	
	10	MORNING		
	17		EVENING	
	24	MORNING		
	31		EVENING	WINDUP

Windup Bee & Celebration: AUGUST 31, 6:00-8:00 p.m. & Onwards. You're invited, whether or not you can make it to the Bee, for Potluck Snacks/Supper and BYOB.

WHERE: Meet at the Prairie Amphitheatre in Whispering Woods, just off Brenner Drive NW, or in the adjacent Centennial Natureground on the west side of Dr. Coffin School, at 5615 Barrett Drive NW. To confirm all dates and times, and for additional details, please see the **Neighbourhood Natural Areas** page on the Brentwood

> Community Association website www.brentwoodcommunity. com/neighbourhoodnaturalareas. html.

Environmentally yours, Polly Lee Knowlton Cockett Grassroutes Ethnoecological Association, naturegroundnews@gmail.com



By Melissa Neville

Let's talk about lunches. I try to plan lunches for the whole week, but they definitely do not get as much attention as dinner. It's lunch! It usually includes sandwiches, salads or maybe leftovers. I do not like a big meal at lunch, because I have things to do in the afternoon and a big meal at noon would not allow me to get anything done other than wanting to take a nap. I try to make lunch fancy by making fresh buns for sandwiches and using leftovers—which I love—because we make great dinners and I hate wasting food.

I occasionally find a great recipe for lunch-like this salad. I do not usually use the words "great" and "salad" in the same sentence. I like salad, but I have never met anyone that would go on and on about one that wasn't full of cheese, bacon or croutons. To be fair, I did add bacon to this one to balance out the flavours, plus who ever complained about adding bacon? The dressing for this salad is very nice and can be altered easily to cut fat. I use any leftover meat I have to fill out the salad. This salad will leave you full and satisfied for the rest of

DINNER IS ON THE TABLE

the afternoon, while giving you enough energy to make it through the day.

Not Your Average Quinoa Salad with Cherries and Creamy Vinaigrette

Adapted from https://www.cleaneatingmag.com/ recipes/not-your-average-quinoa-salad-withcherries-and-creamy-vinaigret

Ingredients:

1/2 cup sliced, unsalted almonds
1/2 cups quinoa, rinsed and drained
2 cups spinach leaves, thinly sliced
1 15-oz can unsalted chickpeas, rinsed and drained
1 cucumber, cut into 1/3-inch dice (about 1 1/2 cups)
1 cup dried unsweetened cherries, chopped
1 small red onion, finely chopped
6 slices of cooked bacon torn into small pieces
leftover meat (optional)

Dressing:

1/2 cup mayo or plain whole-milk yogurt (to cut the fat)
6 tbsp. extra-virgin olive oil
1/2 tsp lemon zest + 2 tbsp. fresh lemon juice
2 tbsp. apple cider vinegar
1 tbsp. Dijon mustard
2 tsp liquid honey
2 cloves garlic, minced

1/2 tsp each sea salt and ground black pepper

Preparation

Spread almonds in a frying pan and toast, shaking pan occasionally, until golden brown. Set aside to cool.

Meanwhile, cook quinoa according to package directions.

In a large serving bowl, toss together quinoa, spinach, chickpeas, cucumber, cherries, bacon, onion and leftover meat if using. In a small bowl, whisk together yogurt (or mayo), oil, lemon zest, lemon juice, vinegar, mustard, honey, garlic, salt and pepper. Pour over salad and toss to coat. Add almonds and gently stir. Chill for 15 minutes before serving. Serves 6.

THE SENIORS' TEA NEWS

The final Seniors' Tea before summer was held June 15 at the Sportsplex. We celebrated Canada Day early, so everyone broke out their red and white clothing and sang our National Anthem for the occasion. Brentwood resident Clarice Goretsky introduced the group to her Canada 150 project—knitting 150 sets of mitts and hats which she will donate to the Ukraine Humanitarian Aid Response Team for orphans (see photo). Many thanks to the volunteers that set up, decorated, served and cleaned up—Sara-May, Eva, Julie and Melanie.



Teas will resume on September 21



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PERENNIAL GARDEN

INDA RANDS

Photo and article by Cynthia Sim

Finally, in late June, summer arrived. The gardeners celebrated the summer solstice with an evening potluck at the garden on June 21st. It was cool and windy, but several hardy souls attended and the home baking was greatly appreciated. We also used the occasion to dedicate a wooden plaque (see photo) in memory of Linda Rands, our long-standing Resource Coordinator for the garden, who passed away in early May. We have placed it behind the iris bed on the east side of the garden so if you drop by, you might want to take a look.

Several of the garden beds are bursting with produce and harvesting of lettuce, spinach and chard has begun. Potatoes are growing vigorously and other crops are not far behind. In the perimeter of the garden, the deep purple Siberian iris, a bright yellow iris and the beautiful purple and white iris are in full bloom and the tips of the Maltese cross are showing bright red-orange flowers. The deep blue delphiniums are starting to bloom and will be with us all summer.

The flowers on the cherry, cranberry, currant and Saskatoon bushes have gone and have been replaced by early developing fruit. With eight cherry bushes in the garden, we are looking forward to a bumper crop – which we can hopefully harvest before the birds discover them. We have a volunteer prepared to make a black forest cake with the cherries, a real incentive to harvest them in a timely fashion! Despite the cold winter, the three Goodland apple trees were covered with flowers in May and now are showing lots of little apples. However, the larger Norkent apple tree lost most of its blossoms to the wind, so will likely not produce any fruit this year. The strawberries are flowering and appear to be thriving in their upgraded beds on the south and north sides of the perimeter (thank you, Linda Higgins) and our maintenance magician, Larry Hart, has constructed a beautiful frame to protect the plants from the birds. The magpies and the robins are not happy with us!





Join us on August 29th for Bingo

Join youth volunteers and community members to spend an evening of fun and Bingo with the residents of Carroll Place.

Tuesday, August 29th, 2017 6 pm – 8 pm **Carroll Place Lounge**

Additional Info:

- \$0.25/card/game. Bring your **Ouarters!**
- Winner takes home the pot • We will play 10-11 games. Everyone has a chance to win!

Come out and join us for a great time! Everyone is welcome!

We are Knitting for a Cause!

Your donations have helped us knit well over 1,000 sets of hats, mitts and scarves for those in need. Thank You!

IN & AROUND BRENTWOOD



Bennett Crescent Block Party

By Thea Connery

"YYC Neighbour Day" June 17, 2017 was very neighbourly for the residents of Bennett Crescent, who enjoyed another block party. Despite our entertainment (CFS) not being available, the time was filled with the freebie frenzy, face painting, basketball, many roaming kids, a potluck/BBQ dinner, DJ and endless socializing. A beautiful warm evening capped off the memorable event. Can't wait for next year's party on this very special street!



Storm Damage

A severe thunderstorm in June caused this poplar to topple right onto a house and garage. Homeowners Pat and Ron told The Bugle that the 40-foot tree had likely been in place for 55 years. Removal of the fallen branches required a large crane. An arbourist whom Pat and Ron consulted after the fall told them that the mushrooms growing around the base of the tree were a telltale sign that the inside of the tree was rotting. So ... one moral to this story is to check around your trees for mushrooms!

Pat and Rob – We are pleased that neither of you was injured from the falling tree.

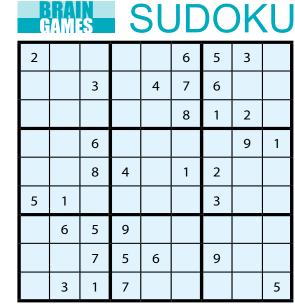


Brentwood Elementary

By Devina Sharma, Brentwood School Council Member

Summer greetings from Brentwood School! Only one more month until we start the new school year, which commences on Tuesday, September 5, 2017. Our staff will return to work on August 30th to begin preparing for the first day of school.

If you are a senior citizen living in the Brentwood community and would like to volunteer in our school one morning a week (typically a Thursday), then our Grandparent Program is just for you! You would be paired with a classroom where you would assist the teacher in such activities as reading one-on-one with students and doing teacher-guided prep (i.e. cutting, pasting, organizing learning materials). We ask that our grandparent volunteers be fluent in both written and spoken English, as well as be able to get to and from the school independently. Interested seniors can contact the school for further information at 403-777-6130.



FIND SOLUTION ON PAGE 25



Myofunctional Therapy			
Why am I getting crowded and crooked teeth?			
Poor Posture Correct Posture			
Oral and Facial muscles play a role in: • crooked teeth • headaches • neck tension • poor sleeping • poor breathing • poor chewing • thumb sucking			
Our next class begins Sept.11, 2017 Dr Robertson & Dr Redd www.livingwelldental.ca 403-289-6615			

Т **Day Celebration** <u>Canada</u> **Friwood/Brentwood**





Canada Day at Confederation Park, July First

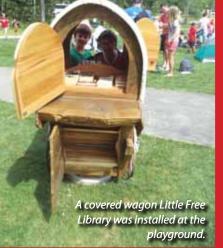
& Colgary Stampede



A new playground opened at Confederation Park on Canada Day.







- The Triwood Community Association and Brentwood Community Association would like to acknowledge and thank the sponsors of the Canada Day celebration (in alphabetical order):
- Brentview Baptist Church
- Calgary Co-op
- Coast to Coast Pizza
- Edward Jones
- London Drugs
- Member of Parliament Len Webber
- Remax Realty Danny Wai
- Safeway
- Turnkey Realty Garth Tansey
- Many thanks to all the volunteers!





News from the Friends of Nose Hill

The Off-Leash Ambassador Pilot Program was funded through the Council Innovation Fund in 2013 and there was a recent report on the overall outcomes and expenditures. The pilots were held in Egerts and Bowmont Parks. The program was then offered to parks across the city, including Nose Hill. The program is expanding to all quadrants of the city and ambassadors are needed city-wide. If you are interested in volunteering, please register online at www.calgary.ca or call 3-1-1.

In the Ambassador Program, over 200 volunteers act as positive role models--promoting responsible pet ownership, positive pet interactions and safety in off-leash parks and at community events. Community associations have requested that Ambassadors educate residents about behaviour concerns. Volunteers will initiate small programs which will include park cleanups.

Ambassadors are active in 151 off-leash parks throughout the city and volunteer recruitment is ongoing. There is an off-leash park near you. **For example, there was a P.U.P.P.Y event** from noon to 3 pm on July 15th in Nose Hill Park, near the Edgemont entrance to off-leash area, (Edgemont Blvd. and Shaganappi Tr. N.W.)

The program aligns with Calgary City Council Priorities from Action Plan 2015-2018, including Section

N12: "Promote and strengthen community standards through facilitated compliance." (The entire City of Calgary Action Plan can be found at: www.calgary.ca/CA/ FS/Pages/Action-Plan/). Ambassadors' efforts increase public adherence to bylaws and allow another mechanism to gather information about parks maintenance concerns and areas needing further investigation from Community Peace Officers. Additionally, this program aligns with the Responsible Pet Ownership Bylaw, specifically around owners having control of their dogs and ensuring their dogs' waste is picked up.

The Priorities and Finance Committee approved \$75,000 to pilot the program. The budget spending for 2013-2016 can be found in the report on volunteer, program, special event, and training expenses. Overall, the main items were: jackets, backpacks, nametags, pet waste bags, meeting supplies, signs, trainers, pet firstaid courses and rental of equipment for Dog Recall and Working Dog events. This does not include staff support time. As a result of its success, the program will continue into 2018. Calgary Community Standards (CCS) will bring forward this program for further resources as part of the Business Plan and Budget Cycle for 2019-2022.

SAFE & SOUND

Backyard Play Safety

Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children. Although direct supervision is the best method to reduce the chance of injury, ensure your play equipment in your yard is in good repair and is suitable for the age and skill of the children using it. Check play equipment often; replace or repair any worn or broken parts. Set up play equipment over top a 9-inch layer of shock-absorbing material such as sand, wood chips, or pea gravel which extends 6 feet out in all directions from the play area.

Water hazards

- Drowning contributes to unintentional injury-related death among children ages one to four;
- Children can drown in just a few centimetres of water if it covers their mouth and nose;
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres (*) high and have a self-latching, self-closing, lockable gate. (*Alberta Building Code)

Lawn and garden tools

- Keep young children away from outdoor power equipment;
- Serious burns may result from touching hot engine surfaces;
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Insect bites and stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;
- Avoid wearing brightly coloured clothing outdoors;
 Consider destroying or releasting bives and parts sit
- Consider destroying or relocating hives and nests situated near your home;
- To avoid injury through inadvertently stepping on a stinging insect always wear footwear outdoors;
- If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it;
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 9-1-1.

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Helping Your Children with Social and Emotional Skills for Kindergarten

Age 5 is a "big" age as these kids are getting ready for school! Now we have to focus on getting ready for Kindergarten and learning new skills.

Kindergarten is right around the corner and this is such a fun (yet stressful) time for kids. Here are some tips to help your child look forward to starting school. 1. Visit the school playground and have fun playing!

- 2. Ask him/her to draw a picture of how they think the first day will be. Answer any questions that they may have.
- 3. Set up a goodbye and pick up plan. And stick to the plan as much as you can!
- 4. Plan what they will wear on the first day!
- 5. Walk your child to the door on the first day.6. Talk about the day after school is done. Ask if they remember something fun they did, or was there some-
- thing important they learned.7. Listen to their feelings and respond with kindness and concern. Showing empathy is important!

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge. We are always looking for interested parties to join our coalitions.



humans are born craving because it allows for rapid growth.

YOUR COMMUNITY/CITY EVENTS AT A GLANCE....

The Market on Stephen Avenue – Tuesdays until Sept. 5, 11 am – 5 pm

Bring your enviro bags and coolers! You'll find up to 60 vendors; from fresh food (produce, breads, pastries, etc) spices, sauces, treats, art, fashion, jewelry and so much more! Found on Stephen Avenue between 1 Street East and 2 Street West. More info: inquiries@dmeinc.ca.

Honens Festival – Various Venues, Sept. 7 – Sept. 10 The award-winning Honens Festival returns for a

four-day festival of music with a side of maple syrup! To mark Canada's 150th birthday, this celebration of piano showcases some of the country's brightest classical music stars alongside Honens Laureates through innovative performance projects and dynamic community concerts. More info: honens.com.

Beakerhead – Various Locations, Sept. 13 – Sept. 17

One of the world's most original spectacles of art, science and engineering, will erupt this September when the fourth annual Beakerhead hits Calgary. Look for mechanical creatures, multi-story art installations, famous and soon-to-be famous scientists and inventors, and performances by people and machines. The dose of quirky spectacle will include more than 65 events. More info: beakerhead.com.

Techstock 2017 - 3553 31 Street NW, Sept. 14

This is an annual event hosting 30+ start-up companies and researchers who showcase their innovations to the public. This year they explore how technology and social innovations are making a profound impact on our society and driving change in areas such as sustainability, health, education, gender equality and more. More info: innovatecalgary.com/events/ techstock/

Railway Days - Heritage Park, Sept. 23 - 24

There is fun for the whole family at Railway Days! As one of the few sites in North America with two steam locomotives, our trains take centre stage for two days with demonstrations, hands-on activities, and exciting exhibits. More info: heritagepark.ca.

CALGARY PRIDE PARADE 6 AVE. AND 6 ST. SW SEPTEMBER 3, NOON – 1:30

The signature Calgary Pride Parade is one of the most colourful celebrations of the year! More info: calgarypride.ca.



CIRCLE THE WAGONS 3951 TRASIMENE CRESCENT SW SEPTEMBER 9, 11 AM – 11 PM

This year's traveling carnival of local food, beer, music, art and performers will be proudly hosted at Currie. Currie boasts Canadian Pride, and to help further amplify the celebratory energy from Canada's 150th anniversary. More info: circlethewagons.ca.



YW WALK A MILE IN HER SHOES STEPHEN AVENUE AND OLYMPIC PLAZA SEPTEMBER 19

Hundreds of men and women will step onto Stephen Ave. in high heels to show their support for women and children who are victims of family violence. More info: walkamile.ca.





Summer Safety

Happy August, everyone!

With summer in full swing we hope you have been enjoying long days, warm sun and family holidays! If you are planning to hit the road with your pet here are a few simple tips to make the holidays run smoother.

- **1. Never, ever, leave an animal in a car.** Hot cars are dangerous for pets and people alike. On summer days, the temperature inside a parked vehicle begins to climb immediately and can reach dangerous levels in as little as 10-15 minutes. Even a few moments in a hot car can lead to heat stroke and even death. Cracking the windows or leaving water in the car is not enough to keep the heat manageable. If you know you will be stopping leave your pet at home or bring someone else along who can take your pet for a walk in the shade while you pick up what you need.
- 2. Watch out for Fido at the BBQ! As with your kitchen at home, if you are cooking or carrying hot foods it pays to keep your pets out from under foot. In the case of social gatherings, ask your guests not to share food with your pets and to pick up any food that is dropped. Rich summer foods like ice cream, hamburgers, hotdogs and chips can cause digestive upset or even problems like pancreatitis in some pets.
- **3. Think safety when it comes to social situations!** Just like people not all pets are keen to be friends.

When out for a walk, keep your dog on a leash and under control at all times. Avoid letting your dog greet other dogs without first asking the owner. When at a location like a dog park, pay attention to the body language of your dog and any other dogs in the area to watch for signs of stress or conflict. Unsure about what to look for? Check out our free animal training resources at www.calgaryhumane.ca.

4. Travelling? Plan ahead! Summer road trips can be fun for both pets and people, but they do require some advance planning. Before hitting the road, visit your vet to update any necessary vaccines or health certificates and ensure your pet's microchip/tattoo information in up to date. Load your pet's information, including a photo or two onto your smart phone just in case your pet gets lost. When you are packing include extra food and medication for your pet in case you are delayed in getting home. Finally, the safest place for your pet in a vehicle will be in a crate or restrained by a seatbelt harness. Bringing your pet's bed or some favorite toys will provide comfort for the ride.

Do you have more questions about summer safety and your pet? Curious about some behaviour you saw at the dog park? Want to find out more about adopting a new family member? Check out our website at www. calgaryhumane.ca for information and resources!



Both Alberta and Lake Louise got their names from the fourth daughter of Queen Victoria, Princess Louise Caroline Alberta. However, the town of Caroline, Alberta does not get its name from the princess, and is instead named after Caroline Langley, whose family opened up the town's first post office.



Name	Age	Contact	Course
Megan	15	403-969-6336	Yes
Sihana (See-Ana)	15	403-228-5339	Yes
Camryn	16	587-439-1472	Yes
Claire	16	587-229-6152	Yes
Dylan	16	587-891-5694	Yes
Eric	16	587-439-2875	No
Eli	17	403-808-1328	No
Elaina	17	403-808-1328	No
Nicole	17	403-279-2765	Yes
Ariel	18	587-968-3526	No
Tamara	27	403-689-8140	Yes
Agalya	41	780-207-5802	Yes
Sholeh	44	587-707-6816	Yes

Calling All BABYSITTERS Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in. Calling All PARENTS Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is aoverned by the terms & conditions outlined at mybabysitter.ca.

GAMES SUDOKU									
2	8	4	1	9	6	5	3	7	
1	5	3	2	4	7	6	8	9	
6	7	9	3	5	8	1	2	4	
3	4	6	8	2	5	7	9	1	
7	9	8	4	3	1	2	5	6	
5	1	2	6	7	9	3	4	8	
4	6	5	9	1	3	8	7	2	
8	2	7	5	6	4	9	1	3	
9	3	1	7	8	2	4	6	5	



Community Preparedness Building Safe Communities Program

As Calgarians we know that emergencies can affect our communities at any point. Many emergencies may not be preventable but we can minimize the risk by being prepared. Here is a list of ways you and your neighbours can be prepared.

1. Know your neighbours

If an emergency does arise, if you know your neighbours you can readily identify neighbours who may have special needs, mobility or those who need additional assistance in an event of emergency.

2. Know the potential risks and hazards in your community

The more residents are aware of areas in their community that are potential risks, the better prepared a community can be. Be proactive!

3. Know the evacuation routes

Knowing how to get out of your neighbourhood can reduce traffic congestion and allow for improved emergency personnel access.

Emergency numbers, Calgary and area:

- Ambulance, Fire, Police, Hazardous Materials Spills: 9-1-1
- Gas Emergency ATCO Gas: 403-245-7222
- Electrical Emergency ENMAX Power: 403-514-6100
- All other City services: 3-1-1
- Poison & Drug Information Service: 1-800-332-1414
- Calgary Emergency Management Agency 3-1-1: calgary.ca/cema





Don't Let Your Investments Take a "Vacation"

It's summer again – time for many of us to take a break and possibly hit the open road. But even if you go on vacation, you won't want your investments to do the same – in summertime or any other season. How can you help make sure your portfolio continues to work hard for you all year long?

Here are a few suggestions:

Avoid owning too many "low growth" investments

As you know, different investments have different characteristics and can help you in different ways. For example, you typically own stocks because you want the potential for growth. Other investments, such as guaranteed investment certificates (GICs), provide you with a regular source of income and stability of principal – two valuable contributions to your portfolio. However, investments like GICs don't offer much in the way of growth potential. So, if you own too many of them, you might be slowing your progress toward your important financial goals, such as a comfortable retirement.

You can maximize the productivity of your portfolio by owning a variety of investments – domestic stocks, international stocks, corporate bonds, GICs and more. How much of each investment should you own? The answer depends on a variety of factors, including your age, income, risk tolerance, family situation and specific objectives. Over time, your ideal investment mix may change, but you'll likely need at least some growth potential at every stage of your life.

Don't let your portfolio go "unsupervised"

Your investment portfolio can be subject to "drift" if left alone for extended time periods. In fact, without your making any moves at all, your portfolio can move in directions that may not be favourable to you. Suppose you think your holdings should be made up of 70% stocks, but due to strong gains, your stocks now make up 80% of your portfolio. This development could lead to a risk level that feels uncomfortably high to you. That's why you should review your portfolio at least once a year, possibly with the help of a financial professional, to check your progress and make adjustments as needed.

Don't stop at the nearest "resting place"

Some people hope that if they can get that one "winner," they will triumph in the investment arena. But the ability to "get rich quick" is much more of a myth than a reality. True investment success typically requires patience, persistence and the resilience to continue investing even during market downturns.

In other words, investing is a long-term endeavour, and you need a portfolio that reflects this reality. You need to establish your goals and keep them constantly in mind as you invest. And you will never really reach the end of your investment journey, because you'll need to make choices and manage your portfolio throughout your retirement years.

Hopefully, you will enjoy a pleasant vacation sometime this summer. But your investment portfolio shouldn't take time off.



Brentwood Real Estate Update Last 12 Months Brentwood MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
June 2017	\$549,000	\$570,000
May 2017	\$598,900	\$587,000
April 2017	\$646,850	\$641,450
March 2017	\$598,000	\$602,000
February 2017	\$519,800	\$507,000
January 2017	\$544,900	\$530,000
December 2016	\$544,850	\$537,500
November 2016	\$549,000	\$528,000
October 2016	\$539,900	\$521,000
September 2016	\$619,900	\$614,750
August 2016	\$534,900	\$508,000
July 2016	\$554,950	\$536,000

Last 12 Months Brentwood MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
June 2017	11	7
May 2017	13	8
April 2017	5	2
March 2017	7	9
February 2017	8	5
January 2017	6	7
December 2016	2	4
November 2016	1	5
October 2016	6	3
September 2016	7	8
August 2016	8	7
July 2016	9	6

To view more detailed information that comprise the above MLS averages please visit **brentwood.great-news.ca**

YOUR CITY OF CALGARY

Outdoor home improvement project on your mind?

Planning on building a garage, expanding your deck or maybe installing a hot tub? You might be wondering what permits do I require? How long it will take? Or what bylaw and code considerations do I need to know about?

Before you pay for materials, hire a contractor or do it yourself, let The City help guide you on permitting and inspection requirements. We know the process can be confusing, but we're here to help answer your questions to ensure your project meets Alberta's safety codes and city bylaws.

Visit calgary.ca/myhome for answers regarding our most popular outdoor home improvement projects, or give us a call directly.

Planning Services Centre

403-268-5311 Monday to Friday 8 a.m. – 4:15 p.m. calgary.ca/myhome

2017 Election Ward Boundary Changes

In October, Calgarians will vote to elect their Mayor, Councillors and School Board Trustees. During the 2017 Municipal Election, new ward boundaries will come into effect, which could change who the candidates are on your ballot and your voting station location. A total of 58 communities were impacted by the ward boundary changes. If you are in a community that has changed wards, you will be voting in a different ward than the last municipal election. It is important that you check your ward so that you know what candidates are running in your ward and where to find your designated voting station. To check your ward, visit www.electionscalgary.ca, or call the Elections & Census Office at 403-476-4100 (Option 2).

Keeping Food Safe This Camping Season

So you are hitting the trails and planning on taking some lunch or perhaps you are doing an overnight hike. It's important to pack your food properly, both before you leave and when you're on the trail.

Bacteria that can make you sick (e.g., salmonella) need certain conditions to survive. They grow well in foods that are moist and rich in protein (e.g., meat, poultry, dairy products) and between the temperatures of 4 to 60 °C (40 to 140 °F). In the right conditions, bacteria can multiply every 20 minutes. This can quickly make your food unsafe to eat.

To keep your food cool in the backcountry:

- pre-cook all perishable foods and plan to eat them first
 freeze food before you leave and try to pack it all together
- pack perishable foods in ice or with freezer packs
- store food in lakes or streams when you're at your campsite (remember to use airtight plastic bags to keep the water out)

Other tips about food in the backcountry

- Always wash your hands or use hand sanitizer before handling any food.
- **Do not** handle or prepare food if you're not feeling well.

• Bacteria don't grow well on dry or acidic food. Bring dry foods (e.g., nuts, fruit) and packaged foods that can be rehydrated.

- Pack food in reusable containers that can be cleaned and used for repacking (this'll help create less waste).
- If you have to mix ingredients, do it just before eating them.
- Take food that doesn't need to be kept cool (remember that canned food is heavy and the cans will have to be carried back out).
- Ultra High Temperature (UHT) milk doesn't need to be kept cold when it's unopened (but it must be used right away or kept cold after it's opened). You can also use powdered skim milk. Mix the powder with water you've already filtered and boiled. See Drinking Water in the Backcountry to learn how to make your water safe to drink.
- You can buy dehydrated meals in some stores. Plan to eat the whole meal right after you rehydrated it. Don't keep any rehydrated food to eat later.
- Store food away from animals, in food storage lockers, on high platforms, or hung in a tree with rope or cable. Never bring food into tents or sleeping areas.

For more information on staying health while in the backcountry visit: https://myhealth.alberta.ca/Alberta/ Pages/packing-food-backcountry.aspx

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication Contact news@great-news.ca

 Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
 Forty word limit

CHILD SCIENTISTS WANTED! Ch.I.L.D. Research Group at the University of Calgary requires kids under 14 years to participate in fun game-like projects to help us understand how children develop language and social understanding. If interested call (403) 220-4955, email child@ucalgary.ca, or visit https://psyc. ucalgary.ca/child/

RELIVE CALGARY'S VIBRANT HISTORY: with Chinook Country Historical Society during the 27th annual Historic Calgary Week. From July 28th- Aug 11th get to know people's stories while visiting historic sites in the Calgary area.

CALGARY 55+ GAMES: From August 10th to 12th 2017, Calgary 55 Plus Games Association will be hosting the Calgary 55 Plus Provincial Championships. There will be 11 events. We need new members and volunteers. Go to www.calgary55plus.com for information.

27th ANNUAL CALGARY INTERNATIONAL FESTIVAL

OF PINS: August 26-27. 9:00 A.M. to 5:00 P.M. Free Admission. Chapelhow Legion 606 38th Avenue N.E. Food donations to the Veteran's Food Bank are accepted during the Festival. Bring your pins to trade or sell, or purchase pins from vendors from across Canada. We have hourly door prizes and a silent auction.

LOVE TO SING? Vocal Latitudes may be the choir for you. A non-audition, World Music community choir, Vocal Latitudes meets Tuesday evenings from September-May in a convenient central location. Repertoire includes jazz, gospel, African, Canadian, Renaissance, pop, original contemporary. For more information, see www.vocalatitudes.org.

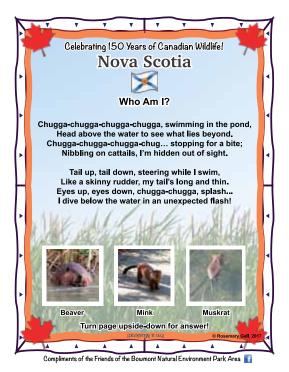
PRACTICE ENGLISH: Make friends and have fun at a New Friends and Neighbourhood Group! Free, no immigration requirements and no minimum English. Free childcare. Visit www.ciwa-online.com or contact Debra Colley at debrac@ciwa-online.com, 403-444-1752.





We are a volunteer organization for youth aged 5-26 years. If you are interested in volunteering or registering your child, please visit our website at myscouts.ca for information and group locations. We are an inclusive organization and financial assistance is available.

Helpdesk toll free number: 1-888-855-3336





I'm selling my house, and the listing agreement says I have to pay my real estate agent commissions if my place sells after the agreement ends. Is that legal?

It sounds like you're referring to the "holdover" clause, which is found in most residential listing agreements (seller representation agreements) in Alberta. And yes, holdover clauses are legal.

A holdover clause permits your real estate brokerage to collect its fee or commission from you if you enter into a purchase contract with a buyer within a specific number of days after your listing agreement ends and that buyer was introduced to your property during the term of the listing agreement. The length of the holdover period is negotiable between you and your real estate professional.

When a real estate professional lists your home, your listing agreement sets out that you will pay your brokerage in the event your home sells.

Imagine you have a 90-day listing agreement. On day 88, your real estate professional arranged for a showing of your home to a buyer. The buyer liked it, but had to think about it for a few days. On day 91, the buyer decides they want to buy your home. That buyer only knew about your home being for sale because of the listing you had on it with your real estate professional.

Assume you didn't extend your listing agreement, on day 91, your home is no longer officially for sale but you still want to sell. The buyer that viewed your home on day 88 writes on Offer to Purchase for your home, and you accept their offer.

Now the holdover clause kicks in.

Because you're selling your home to a buyer who was introduced to it during the term of your listing agreement, the holdover clause requires you to pay your real estate brokerage the commission you agreed to in your listing agreement.

Your real estate professional did what they set out to do – they sold your home for a price with which you were happy. They deserve, and have every right, to be paid for their work.

The holdover clause also protects a real estate brokerage's commission in the unlikely event a buyer and seller want to work together to get a deal done, but they wait until just after the listing agreement ends merely so they don't have to pay commission. If in such a case the buyer was introduced to the seller's property during the term of the listing, the real estate professional deserves to be compensated for their work. Side deals between a seller and that buyer shouldn't affect the ability of the seller's real estate brokerage to collect its commission.

"Ask Charles" is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA), www.reca.ca. RECA is the independent, non-government agency responsible for the regulation of Alberta's real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email askcharles@reca.ca.

YOUR CITY OF CALGARY

Fire pit regulations help create good neighbour relationships

When you ask Calgarians what they love about this city, the answer is often "the people". While most of us do our best to be good neighbours, sometimes we need a little guidance to do the right thing. That's where the Community Standards Bylaw comes in.

Did you know that the Community Standards Bylaw lays out the requirements for using backyard woodburning fire pits? The regulations for fire pits include: • Using a mesh screen or spark guard to reduce the

- spread of embers and sparks

 Extinguishing the flame by midnight on weekdays and
- 1 a.m. on weekends

watering.

- Restricting the height of the flame to one metre
- Building a fire pit within maximum size limits
- Listing materials that cannot be burned
- Ensuring the fire pit is at least two metres from other structures and is not under a tree or overhanging branches
- Ensuring you have a means of extinguishing the fire on hand and that you put it out before you leave it unattended

Fines for unsafe fires and burning prohibited materials have recently been increased, so it pays to understand the bylaw. For more information, visit Calgary.ca/ firepits. If you have a concern or complaint about fire pits, call 311.



Library Connect

Check out the September-October issue of *Library Connect*, your ultimate guide to free back to school Library programs, reading recommendations, and events happening this fall. Visit **calgarylibrary.ca** to download a copy of *Library Connect* or pick one up at your local community library.

Forest Lawn Library Nature Playground

The Forest Lawn Library Nature Playground is open! The new outdoor space inspires active, fresh-air-filled play. Play is a priority at the Library, because it's central to how kids learn and grow. The nature playground was made possible thanks to generous funding from the Canada 150 Infrastructure Program. Visit today!

Free Online Resources

Did you know your Library card gives you access to free online tutoring? Brainfuse is an online resource aligned with the Alberta curriculum for students in Grade 2 to Grade 12. Get expert online help with your homework at **calgarylibrary.ca/resource/brainfuse** from 2 p.m. to 11 p.m. daily. Support for adult learners is also available.

The Calgary Public Library's E-Library offers many other resources for learners of all ages. At **calgarylibrary.ca**/ **online-resources** you'll find language learning courses Rosetta Stone and Mango Languages, eBooks and eAudiobooks on OverDrive, Flipster Magazines, online learning services Lynda.com and Gale Courses, and much more.

Siting a wooden spoon whilst chopping an onion will stop your eyes from

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NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Brentwood. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

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HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARD BUSTERS LANDSCAPING: Weekly lawn mowing \$36, power-rake \$120, aeration \$70. Some conditions. Landscape construction and yard renovation: stone patios, walks, raised beds and rock walls, custom decks and fences, painting and staining, sod and trees and shrubs, landscape lighting, water features, and window and gutter cleaning. Licensed. Insured. Seniors' discount. Phone: 403-265-4769. yardbusterslandscaping.com.

JEFFREY ELECTRIC: Friendly professional electrical service for your next residential project, large or small. City Qualified Trade, Master Electrician, insured, licensed, certified, bonded. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Sub-panels, aluminum rewiring, custom kitchens and basements. Free estimates. www. cejelectric.com or call Clayton at 403-970-5441.

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Calgary Confederation Len Webber, MP 2020 10 St NW, T2M3M2 St 403-220-0888 St len.webber@parl.gc.ca

Learning Through Life

It's soon back to school time. Getting an education and going to school is something most of us think ends the day we graduate from high school, college or university in our younger years. However, more than ever, life-long learning and education is now a reality throughout our working careers as we learn new skills, adapt to an evolving workplace or change careers. Keeping your job skills and certifications current is the best insurance against chronic unemployment and income instability.

The Government of Canada has many programs to support those getting or updating their education. These programs are usually income-tested, meaning that more assistance is available for those who need it and less for those who can afford to fund their own schooling.

While many of the programs, such as Registered Education Savings Plans and Canada Student Loan programs are well-known, many other programs exist to assist mature students or those seeking a career in the trades.

As a former electrician, I am a big supporter of those seeking a career in the trades.

The Canada Apprentice Loan will help you complete your apprenticeship in a designated Red Seal trade. With the Canada Apprentice Loan, you can get up to \$4,000 in interest-free loans per period of technical training. You can use the money to help pay for tuition, tools, equipment and living expenses, to cover forgone wages or to help support your family. You will not have to make payments on your Canada Apprentice Loan, and no interest will accumulate until after you complete or leave your apprenticeship training program.

The Apprenticeship Incentive Grant is a taxable cash grant of \$1,000 per year or per level, up to a maximum amount of \$2,000 per person. The Apprenticeship Completion Grant is a one-time taxable cash grant of \$2,000 for registered apprentices who complete their apprenticeship training and obtain their journeyperson certification. For more information on these programs, please visitwww.canada.ca/apprentice or call 1-800-622-6232.

If you are an eligible apprentice, you can also receive up to 55 percent of your weekly average insurable earnings in El benefits while attending full-time technical training. Those hiring an apprentice could be eligible for the Apprenticeship Job Creation Tax Credit (AJCTC) which is a non-refundable tax credit equal to 10% of the eligible salaries and wages payable to eligible apprentices. The maximum credit an employer can claim is \$2,000 per year for each eligible apprentice.

Updating your skills and training can be a very rewarding experience. It will unlock new career opportunities and make you more employable in a changing economy. If you are considering returning to school, or want to update your education and skills, you can contact Service Canada at 1-800-622-6232 to find out about the various assistance programs available to you.

BUSINESS CLASSIFIEDS For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

LOTUS CLEANING: keeps your home pure and clean with natural, toxin-free cleaning services. Daily traffic on your carpet, rugs, tile, and upholstery leaves behind dirt and grime that has a lasting effect on your family's health. To book, call/text us at 587-432-6887 or via email info@lotuscleaningservices.ca. Visit us at lotuscleaningservices.ca.

PERSONALIZED CLEANING SERVICES: Keeping your home light, bright, and clean! Personalized cleaning to suit you and your family. All supplies provided! Insured and bonded! Call, text or email Kim now 403-454-3680 / info@pcscalgary.com. www.pcscalgary.com.

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Councillor, Ward 7 Druh Farrell ward07@calgary.ca 🛇 druhfarrell.ca

Downtown Economic Summit

The downtown has long been Calgary's economic engine. Across the city, businesses and households depend on the success of our downtown. When the economy of our downtown falters, the financial impacts are felt throughout Calgary.

Until recently, the centre city generated 40% of Calgarv's non-residential tax revenue and 25% of city-wide employment. Today, nearly 30% of downtown office space sits empty, and the situation is expected to worsen when construction wraps up on several new office towers.

Between 2016 and 2018, it is estimated that \$7.5 billion in the assessed value of downtown office space will be wiped out. The dramatic change in the downtown economy has knock-on impacts to all Calgarians, not only in a transfer of taxes to businesses outside the core, but also a steep reduction in transit and parking revenues.

To help mitigate the tax shift, Council supported \$45 million in one-time city-wide tax relief for businesses and set a 0% residential property tax increase in 2017. While these are important measures to provide shortterm assistance, we need long-term solutions to address the root cause of Calgary's challenges - a struggling downtown economy.

Councillor Woolley and I, with guidance from Calgary Economic Development, initiated a Downtown Economic Summit in early 2017. The Summit brought together some of the most creative problem-solvers in Calgary to generate ideas for a more resilient, resourceful, and diversified downtown. We learned from the experiences of other cities, like Denver and Pittsburgh, on ways to recover from structural recessions.

Calgary Economic Development presented the outcomes of the Summit to Council in June, with information on current economic and real estate challenges, as well as ways to move forward. They showed how the global economy is fundamentally shifting, which has a major impact on the downtown's reliance on a single industry.

The report recommended ways to attract new industries and businesses, promote more residential density in the core, encourage post-secondary institutions to locate downtown, and improve infrastructure to attract private investment.

To help bring these recommendations to life, Council approved \$10 million as a pilot from The City's reserves to create the Downtown Economic Investment Fund. This money will help The City respond quickly to innovative ideas, encourage and leverage private investment through strategic partnerships, invest in infrastructure, and work toward revitalising our core.

Not all is doom and gloom! The Conference Board of Canada estimates that Calgary's economy will grow by 2.3% in 2017, with 19,000 new jobs added by 2018. This is encouraging and means The City's investment can go even further to help improve our economy and get Calgarians back to work.

To sign up for updates on key community and Ward 7 issues, please visit www.DruhFarrell.ca.

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Email **shift@hoffmaninstitute.ca** to get more information on the Hoffman Process in Canada and receive a "free" book on how to live a happier life.





Share your thoughts about Brentwood Co-op.

The City is currently reviewing the Brentwood Co-op redevelopment application and we're looking for feedback from the community.

Watch out for more engagement activities taking place in August and stay up to date, by visiting calgary.ca/brentwoodcoop

Aug. 9 - 30

 Fill out an online survey at calgary.ca/brentwoodcoop

Aug. 15

 Stop by the Triwood Community Farmer's market.

Brentwood LRT Station

VARSITY

Aug. 24

• Visit an open house at the **Triwood Community Centre**

between 4 – 8 p.m.





"Professionals DO get results!"



Visit my website www.dannywai.com for all my listings with photos anytime!

SOLD ! SOLD ! SOLD !

COLLINGWOOD - CALANDAR ROAD......Sold for 105% of asking price in 8 days

On the market

16 BRADEN CRESCENT NW (BRENTWOOD)

Curb appeal bungalow with over 1,170 sq.ft. Total of 4 bedrooms. 2.5 bathrooms. Completely renovated kitchen, bathroom, flooring, basement, landscaping and more. Close to all amenities and LRT station. Asking \$739,800

701, 145 POINT DRIVE NW (POINT MCKAY)

Two bedroom unit with over 900 sq ft. with mountain view. 1.5 bathrooms. Safe and secure building in the Riverside Towers, with 24 hours security and underground parking. Asking \$257,900

96, 3015-51 STREET SW (GLENBROOK)

Beautiful two storey townhouse in Glenbrook Meadows. 3 bedrooms. Large balcony. Freshly painted in natural color throughout. Close to all amenities and shopping. Asking \$219,900

110, 108 Edgeridge Terrace NW (EDGEMONT)

Beautiful unit at Hillsboro in Edgemont. Two bedrooms, two full bathrooms. Over 840 sq.ft. Main floor entrance. Very open floor plan. Close to all amenities. Asking \$243,800

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and Start Packing!

Not intended to solicit currently listed properties.

3251 BEARSPAW DRIVE NW (BRENTWOOD)

Bi-level with over 1,040 sq.ft. 2+2 bedrooms, 2 full bathrooms. Updated kitchen, bathrooms. Metal roof. Two fireplaces. Double detached garage. Basement – Walk up to south backyard. Asking \$559,900

3216 CAROL DRIVE NW (COLLINGWOOD)

Curb appeal bungalow, total of 3 bedrooms. 2 bathrooms, Short walk to Confederation Park Golf Course. Upgraded furnace, siding, shingles and more...Fully developed basement. Single detached garage. Asking \$549,900

511, 1540-29 ST NW (ST ANDREW HEIGHTS)

Three bedrooms. Just one block from the U of C Medical School. Recently renovated flooring, bathroom and windows. Asking \$299,800

262, 4037-42 STREET NW (VARSITY)

Two bedrooms + office/den. Over 1,550 sq.ft. Double attached garage (tandem parking). Tons of renovation in last two years: kitchen, bathrooms, flooring. Short walk to Market Mall. Asking \$449,800

Re/Max Real Estate Mountain View 222, 4625 Varsity Drive NW Calgary AB T3A 029 Fax: 403-247-4200 E-mail: dannywai678@gmail.com www.dannywai.com