

JUNE 2017

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Calgary HEALTH LINK 24/7	811	
Calgary Police – Non Emergency	403-266-1234	
Calgary Women's Emergency Shelter	403-234-7233	
Child Abuse Hotline	1-800-387-5437	
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ENMAX – Power Trouble	403-514-6100	
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Our neighbourhood contributors for this month include: Anne Burke, Lee Hunt, Polly Lee Knowlton Cockett, Melissa Neville, Lindsey Rostoker, Devina Sharma, Cynthia Sim, and Melanie Swailes.



Kelli Wreford, Editor



On April 27, I had the honour of meeting long-time Brentwood resident, Dr. Richard Guy. This was only five days after he climbed the 1188 stairs from the bottom of the Bow Building to the top in the annual Climb for Wilderness. Dr. Guy told me this is about the 17th time he has participated in the fundraiser for the Alberta Wilderness Association. This year, Dr. Guy did the climb at the age of 100 years!

Dr. Guy was born in England on September 30, 1916. He and his wife, Louise (who passed away in 2010), moved to Calgary in 1965. In the cover photo, Dr. Guy is holding his award from the Immigrants of Distinction Awards Gala, which was held on March 10, 2017. He was the recipient of the Lifetime Achievement Award, which, in the words of Immigrant Services Calgary, "...is presented to an immigrant who has achieved outstanding success in his or her chosen career path, professional field, or in the area of immigrant services. This individual will have made significant contributions to our city in the areas of professional achievement, community building, and philanthropic endeavors." Dr. Guy certainly does that, as a Professor Emeritus in the Faculty of Mathematics and Statistics at the U of C. He has written and co-authored many books and papers on the subject of Mathematics. The annual Richard and Louise Guy Lecture in Mathematics demonstrates how Mathematics relate to many aspects of our lives. The lecture is held annually in September and will be posted on the website later this year: <http://www.ucalgary.ca/events/calendar>

Dr. Guy and his wife, Louise, are and were avid hikers and environmentalists. The Guys were great supporters of the Alpine Club of Canada. In appreciation of their efforts over many years, the ACC named a newly-opened winter cross-country hut near the base of Mont des Poilus in Yoho National Park the Louise and Richard Guy Hut. Dr. Guy visited the hut during its construction by helicopter in the fall of 2015, just before his 99th birthday!

We send belated wishes for your birthday and your continued health, Dr. Guy. Also, congratulations on your Immigrants of Distinction Award!



BCA Volunteers

The BCA is seeking a volunteer for the position of Seniors' Representative. The Brentwood Community began hosting the teas so that seniors could stay connected with community friends and enjoy an afternoon of conversation and refreshments.

The duties of this position include:

- Planning and co-ordinating the Seniors' Tea on the 3rd Thursday of each month from 1:00 pm to 2:30 pm in the hall at the Brentwood Sportsplex, excluding the months of July and August.
- Co-ordinating volunteers to assist with the tea, shopping for food and refreshments, setting up the hall, socializing, taking a few photos for the Bugle and then cleaning up afterwards. The day of the tea usually requires about 5 hours of the representative's time.
- Occasionally inviting guest speakers to attend if they have a topic of interest to seniors.
- Organizing entertainment in December with a music class from one of the surrounding schools.
- Writing an article summarizing the monthly tea and submitting photos for the Bugle.
- Attending monthly Board Meetings and the AGM. Board meetings are held the last Tuesday of the month at 7:15 pm and are approximately 2 hours long. There are no meetings in July or December.


For more information please contact Linda, Office Manager at the BCA, brntwdca@telus.net

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Hope Lutheran Church

On Friday, June 23, Hope Lutheran Church is hosting Winnipeg Theatre Company "One Trunk" in their presentation of Mission Potluck. Tickets are \$25, contact Leslie-Ann at leslieannsartison@gmail.com or purchase from onetrunktheatre.com.

This musical comedy will appeal to all ages. Refreshment sales will go to support refugees in our community.

Celebrate Canada Day at Confederation Park!

Canada Day in Calgary promises to be bigger and better than ever this year, as we celebrate our country's 150th birthday. As one of two City of Calgary-led Canada Day celebrations, we're kicking off the festivities at Confederation Park on July 1st! Come out with your family and friends, and join us for family-friendly activities from 9 a.m. – 1 p.m. Enjoy a free pancake breakfast, horse-drawn wagon rides, live entertainment on the Stampede stage, a new natural play space and the opening of a 1967 time capsule. There will be lots to do and see, including recent park improvements, which are being made both for Canada Day and to honour Confederation Park's 50th anniversary.

After the Confederation Park activities, be sure to head downtown for a fun-filled afternoon and evening, finishing off the day with spectacular fireworks along Riverfront Avenue near the Centre Street Bridge.

Further information will be available at calgary.ca/Canada150 as details are finalized.

Transportation to Banff This Summer

Parks Canada and the Calgary Regional Partnership are beginning a pilot project to provide bus transit service between Calgary and Banff starting on June 17. The service will operate during the peak summer tourist months on weekends and holidays to help address potential issues related to parking and vehicle congestion in Banff National Park, problems which are feared to increase dramatically in 2017 with free park admission. The one-way fare will be \$10, and there may be a family rate. The trips will originate from the Crowfoot LRT station. For additional information go to the Calgary Regional Partnership website at calgaryregion.ca.

Brentwood

Community Association Membership Application

Surname: _____

First Name: _____

Spouse: _____

Address: _____

Postal Code: _____ Phone: _____

Email: _____

Family \$35 55 Plus (Couple) \$25

Individual \$12.50

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Community Association.**

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5107, 33 Street NW, Calgary
Alberta T2L 1V3
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403-284-3477**



Carroll Place

Join us on June 27th for Bingo

Join youth volunteers and community members to spend an evening of fun and Bingo with the residents of Carroll Place.

**Tuesday, June 27th, 2017
6 pm – 8 pm
Carroll Place Lounge**

Additional Info:

- \$0.25/card/game. *Bring your quarters!*
- Winner takes home the pot
- We will play 10-11 games. Everyone has a chance to win!

***Come out and join us for a great time!
Everyone is welcome!***

We are Knitting for a Cause!

Your donations have helped us knit well over 1,000 sets of hats, mitts and scarves for those in need. The club has supported the Go Help Go Club organized by Sir Winston Churchill School students as well as Newcomers, high risk youth and John Paul II School. Winter donations from the club included knitting Calgary Police Service Sweaters for their teddy bears and contributing to the Scarf Bombing Project for homeless and vulnerable Calgarians in need of winter wear. If you have any yarn or wool you would like to donate please contact Lynne, Tenant Resource Person, at 403-282-6565.



2017 Spring Soccer

By Lindsey Rostoker

Here are some important dates to remember:

- **Soccer Team Photo Day** will be held on Sunday, May 28th at the Brentwood Community Sportsplex. If the sun is shining, the photos will be outside. If Mother Nature does not cooperate, photos will take place inside the Sportsplex. A notice advising you of the photo time for each team will be provided by your coach; as well, the time will be posted on the Brentwood website (<http://www.brentwoodcommunity.com/soccer.html>). Photo retakes will be Monday May 29th at 7:00 pm.
- **Super Soccer Saturday for U4-U10** will be held on Saturday, June 24th at the Brebeuf and Sir Winston Churchill school fields. Mark your calendar for this fun event. Activities include soccer games, lots of food and goodies, and bouncy castles.
- **U12 Tournament** will be held on Friday, June 23 to Sunday, June 25. Games will take place at the Brenner and Sir Winston Churchill fields. More information will be available soon.
- **Equipment Drop off** - The return of jerseys and shorts for U10 to U16/18 is important in order to ensure we have enough for the next soccer season, plus it keeps the replacement costs down. In the event borrowed equipment/uniforms are not returned, an invoice will be issued for the replacement of the items. Jerseys, shorts and pinnies should be returned clean. Please contact **Melanie Dewar**, Equipment Manager - melgmat@hotmail.com, for further information.



Playgroup:

The Brentwood Community Playgroup runs Wednesday mornings from 9:30 to 11:00 at the Sportsplex from September to June. The playgroup is also accepting the donation of clean and gently used toys. To donate or for more information, please contact Melissa at bcamelissa@gmail.com

Scrabble Group:

Call 403-284-3477 for more information.

55 Plus Bridge Group:

The last session this season for the Bridge Group was May 24. Following a summer break, we resume playing on September 6. If you enjoy bridge, please join us in the fall! Contact Roman at 403-289-6244.

Brentwood Community Association Board Meeting:

The next regular meeting will be Tuesday, June 27, 2017 at 7:15 pm in the upstairs Boardroom of the Sportsplex. All community members are welcome, but are asked to submit agenda items in advance if they have items for discussion at the meeting by contacting Linda Van Holst at 403-284-3477 or brntwdca@telus.net

BCA Hall Rentals:

The Banquet Hall and Boardroom at the Brentwood Sportsplex are available for rental by the public. Please refer to the BCA website for details www.brentwoodcommunity.com and go to the Facilities page. Current BCA members get a 15% discount on hall rentals.

Bugle Deadline:

The deadline for the August 2017 Bugle community articles and notices is June 26, 2017 and the deadline for the September 2017 Bugle is July 26, 2017.

Community Clean-Up:

Save the date! Our Community Clean-Up will be September 10, 2017 from 9:00 am to 1:15 pm at the Brentwood Sportsplex 1520B Northmount Drive NW (behind the Sir Winston Churchill Pool & Nose Hill Library). More information will be in the July Bugle.

Acceptable items are:

- Organic items that are too big for your green bin (branches, etc.) – Sod is not considered organic but can be disposed of (due to chemical treatment)

- Those items that would generally be accepted at the City's Throw N Go locations
- Metal for recycling (separate drop-off area)

This is one of 108 community clean-ups throughout the City of Calgary beginning April 22rd. The full calendar is available at:

<http://www.calgary.ca/CSPS/ABS/Pages/Partnership-programs/Community-cleanups.aspx>

To purchase your tickets for the Triwood/Brentwood Canada Day Celebration on June 30 please go to: https://ca.apm.activecommunities.com/triwoodcommunity/Activity_Search/150th-canada-day-celebration/528 or search the Triwood website at triwoodcommunity.com.

55+? LET'S DANCE!

Are you 55 years of age or older? Are you looking for a way to keep moving this summer? Join me in a dance class that is suitable for all ability and mobility levels. June 8 to 29--Mondays and Thursdays 4 to 5 pm July 3 to 13--Mondays and Thursdays 6 to 7 pm Please call Camille for more information: 778-868-8932

Classes will be held at the Brentwood Community Association Sportsplex 1520 Northmount Dr. N.W. 403-284-3477



Instructor: Camille Mori, B.A. Dance, Psychology



About the Dance Class

Are you interested in attending free, accessible, easeful dance classes? If so, please join me for a summer session of movement at the Brentwood Community Association.

The purpose of this class is to spread the joy and benefits of dancing, while fulfilling a summer research internship that is looking at how dance may affect older adults' body image. Participation in the research is optional – the dance classes are open to all. I am looking forward to seeing you there!

*There is no charge, but class attendees must have a current Brentwood Community Association membership.



Blakiston Park Update

By Lee Hunt

Many in Brentwood have been asking, "What's happening at Blakiston Park?"

This question was recently put to City of Calgary Parks Planning and Development representative Patrick Wiley. Here is Mr. Wiley's April 26 reply:

Last year our ENMAX funding for the project was lost, but other arrangements were made. As a result, we were able to start on the project last year, but not until September. This meant that it was impossible to finish the project last year and it would have to continue in 2017.

We felt that it was best to start demolition last year as it gives us a better chance of finishing this year. Also, there were a number of trees to be removed, which meant that if we waited until spring there could be birds nesting in them which would prevent work from occurring.

The Contractor started construction again this April and will continue working barring weather. We should be done by late summer. I am hoping we can finish earlier, but we have a few unknowns as there is some utility work to be done inside the park as well.

Sorry about the appearance of the park right now, but it is moving along.

Development and Transportation Committee

by Melanie Swailes, Peter Johnson and Keith Lee on behalf of the BCA Development and Transportation Committee

What's happening around the Brentwood LRT Station?

There are major changes coming to the area around the Brentwood LRT Station. You may have seen Development Permit (DP) notices at the Brentwood Co-op. If you bank at First Calgary or use the carwash, both will be closing soon and in their place, Boardwalk / RioCan will build an 11-storey tower with 165 one- and two-bedroom rental units. Future developments are in the planning stages.

What guides the proposed changes in general?

The area around the Brentwood LRT is a TOD, Transit Oriented Development. The City of Calgary defines TOD as "a walkable, mixed-use form of area development typically focused within a 600m radius of a primary transit station – a Light Rail Transit (LRT) station or Bus Rapid Transit (BRT) stop. Higher density development is concentrated near the station to make transit convenient for more people and encourage ridership. This form of development uses existing infrastructure, optimizes use of the transit network and creates mobility options for transit riders and the local community." (For more information, go to www.calgary.ca and enter "transit oriented development".)

Basically, this means that the area around the LRT will be redeveloped to allow for greater density. Currently, most of the space is occupied by retail and commercial buildings, with residential units only in the existing four towers. Future redevelopments will see increased residential, commercial and retail developments.

What guides the proposed redevelopments in Brentwood?

A Brentwood Station Area Redevelopment Plan (ARP) was finalized in 2009. An ARP is a medium to long-range community planning guideline undertaken at the direction of City Council.

"ARPs contain policies that help guide the future development of individual communities. ... ARPs typically address land use designations (zoning), transportation issues, open space and recreation, and some social issues." (Source: "The Community Guide to the Planning Process", City of Calgary and Federation of Calgary Communities, 2014.)

The Station ARP provides the local area policy for the site—it sets the guidelines and standards for redevelopment in the Brentwood TOD area. This includes aspects such as the height of buildings, the transition to adjacent residential homes, public realm space, landscaping, etc. (Go to www.calgary.ca and enter "Brentwood Station ARP".)

If a developer brings forth a proposal, the Station ARP gives direction to the project. For example, the Station ARP allows for a maximum building height of 90 metres. All redevelopment within the ARP boundary is required to meet the policies of the ARP or apply to City Council to amend the ARP. Since the ARP currently includes a maximum height of 90 metres or 25 storeys, the proposed 148-metre height of the building represents a significant increase that would require an amendment by City Council.

What is proposed for the Co-op site?

In December 2016, a Land Use Amendment (rezoning) Application and Development Permit (DP) were submitted for the Brentwood Co-op site. The rezoning application would redesignate the property to allow for an increase in building height from 90 metres up to approximately 148 metres (486 feet) on the site.

The concurrent DP is for a proposal called Brentwood Commons that includes:

- a 40-storey tower consisting of a 2-storey Co-op, 4 storeys of commercial or office space and 34 storeys of residential units
- a 23 storey multi-residential unit
- a 12-storey (terraced) multi-family development with retail and consumer services
- a 4-storey office, liquor store, financial institution and health services laboratory
- a convenience store
- a Co-op gas bar / service station
- a Wendy's drive through

(Go to brentwoodcommons.ca to view the plans.)

What will happen next?

The City of Calgary posted an on-line survey in April for resident feedback. There will be two workshops in May to garner more feedback from residents (although this will have been completed by the time this issue of the Bugle is printed).

After this, the City of Calgary Planning Department will summarize the information into a report. The report will be sent to the applicant (Quarry Bay, on behalf of Co-op). The applicant may choose to make amendments

or may select to proceed with the current DP. The DP needs to go before the Planning Commission before it can make its way to Council. The Development and Transportation Committee will provide updates when further information is available.

Subscribe for City of Calgary updates

The City of Calgary has a website where you can subscribe for future updates. Go to calgary.ca and enter "Brentwood Commons": you will find a link "Subscribe to e-mail updates".

What other input can we provide?

We have heard many comments from residents who are not happy with the current buildings and overall site appeal at University City. There seems to be a general consensus that the goals and concepts in the Station ARP were not effectively put into place, "mistakes were made", and that the next phases should be improved.

In that light, on April 21, a large group toured the Brentwood and Dalhousie TOD areas with the intention of noting what was both good and bad about the existing development. The group included Councillor Farrell, representatives from City Planning, planning members from the Brentwood and Dalhousie communities, as well as representatives from Co-op, Canadian Tire, Rio Can, Quarry Bay and Birchwood Developments.

What comments / issues were noted?

On the site walk-through, it was noted that:

- Because the City is focused on making the new developments as pedestrian and cycle friendly as possible, bike lanes were added to Brentwood Road.
- Traffic on the adjacent roads is a problem, especially on Brentwood Road where the bike lanes are.
- The ground levels of the buildings and the street interfaces were not as originally expected.
- Underground parkade entrance doors were close to ground level patios.
- The exterior coverings looked to be of low quality.
- Lack of trees/vegetation was noted throughout.
- Two areas had natural gas metering stations visible.
- Generally, there was agreement that since the Brentwood Station area is the first TOD, we are learning as we go, and hope to improve with future developments.

Further reports from the Development and Transportation Committee will appear in following issues of the Bugle. You can also check the BCA website or contact the BCA office at brntwdca@telus.net or 403 – 284 – 3477. Individual residents can always contact their Councillor directly with comments as well.



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Olivia Mettich with her brother Owen

Olivia and Percy Thoughts on Courage

By Lee Hunt

Percy Jackson once said, "Courage can be found in many different places, but it's what you choose to do with it makes all the difference." Percy Jackson happens to be the favourite literary character of eleven-year-old Olivia Mettich whom I interviewed recently. Olivia has definitely made impressive choices with her courage.

Olivia, now a Grade 5 student at Captain John Palliser Elementary in Brentwood, developed eye cancer at age 4 months. At age 2, she had her right eye removed and scar tissue in her left eye left her with only peripheral vision – thus, legally blind. This is where Olivia's courage comes in. Despite having struggled through 50 radiation treatments, 9 rounds of chemo, and over 275 anaesthetics, Olivia is a brave leader game to try almost anything!

Olivia is a member of the Junior Dinos Swim Team which practices three times a week and competes locally. Olivia especially enjoys the breaststroke. She is also a downhill skier in winter and enjoys equestrian jumping out near Cochrane in the summer. When I asked Olivia if she owned a horse, she grinned and said, "I wish I did".

At school, Olivia teaches Braille twice a week to her sighted classmates. Her favourite subjects are Science and Art. In the latter, she is currently learning about the work of Pablo Picasso. Olivia enjoys reading – with her favourite author right now being Percy Jackson. She is also an enthusiastic dancer as I learned on a recent Global National News broadcast in which Olivia was interviewed about the fun of participating in a dance class.

However, that was not Olivia's only recent media appearance. She was also on Global TV and in The Calgary Herald regarding her new eSight glasses. A keen Flames fan, Olivia has just recently received a special eSight unit from the Flames Foundation. This device allows Olivia to have 20/40 vision rather than her "regular" 20/400 vision. The new eSight is much, much stronger than her previous device and weighs some 60% lighter. Olivia operates the eSight (which she might name "Brenda") via a remote control which is recharged each day. The device allows Olivia to zoom in and out to truly **see** her beloved Flames play. She can follow the puck plus easily read player names and numbers on their sweaters. Olivia and her entire family – Mom Meredith, Dad Mike, sister Camryn, plus brothers Owen and Max - were recently invited to attend a Flames game so that Olivia could try out her new glasses. They were given a tour of the Saddledome, watched the team warm up, and Olivia stood next to singer George Canyon at centre ice as he sang "O Canada". Olivia reports that she sang "every word" along with George.

After really seeing the game with her eSight unit, Olivia got to go into the locker room to "meet the boys". Asked about the locker room experience, Olivia responded with a mischievous smile, "Let me just say – lots of BO!" But even that was bearable as she got to meet her three favourite Flames – Johnny Gaudreau, Mark Giordano, and Sean Monahan.

Olivia will complete her Grade 6 next year at Captain John, then move to William Pratt Middle School. There she will receive some of her school materials in large print and others in Braille. As Olivia puts it, "I want to keep my Braille".

Asked what else I should know about her daughter, Meredith replied, "She is brave. She is tough". Certainly, protagonist Percy Jackson would approve of how Olivia is using her courage!



Photos courtesy Calgary Youth Science Fair and Polly Lee Knowlton Cockett

BiodiverCity and the Environment shine at Calgary Youth Science Fair

The City of Calgary BiodiverCity Advisory Committee was thrilled to inaugurate three annual awards at the Calgary Youth Science Fair this year, for projects related to ecological literacy and/or resilience, or collaboration which promotes the shared responsibility of protection of local, regional, and/or global biodiversity. Our Senior award went to Jessica Tinholt, of St. Timothy School, for her project on Rocky Mountain Bluebirds; the Intermediate award went to David Popa, of Louis Riel School, for Mitigating Wildlife Train Collisions; and the Junior/Elementary award went to Dylan Burton & Rowan Robinson, of Elbow Park School, for What are the Effects of CO₂ on Plants?

Many Brentwood schools sent students and projects to the fair, and Sir Winston Churchill High School once again cleaned up in the aggregate school award, and may be setting a record for the number of students going on to the Canada-Wide Science Fair as well. One of those students, Anika Achari, also received the UCalgary Faculty Women's Club Award for Outstanding Academic Achievement for her project entitled, A Novel Integrated Technology to Treat Drinking Water. Our future is in good hands with dedicated students such as these.

Connecting People to Nature: World Environment Day 2017

Canada is the host for this year's World Environment Day and got to choose the theme: Connecting People to Nature, which "implores us to get outdoors and into nature, to appreciate its beauty and its importance, and

to take forward the call to protect the Earth that we share." Did you know that the United Nations considers World Environment Day – every year on June 5 – to be its most important vehicle for raising awareness and promoting action for the environment – more so than through Earth Day activities? Other events during National Environment Week include, the annual Mayor's Environment Expo which will be held June 6-8 at City Hall. There you will find no shortage of ideas for positive actions you can make to improve and benefit our shared home.

SUMMER THURSDAYS for Biodiversity Bees

And speaking of Biodiversity and Connecting People to Nature...if you live, work, attend school, play, shop, volunteer, or visit Brentwood – or would like to – please join us this summer for another season of social stewardship through biodiversity conservation, with special recognition to Canada's 150th and Dr. E.W. Coffin School's 50th this year.

Between the Solstice and Labour Day, we're again meeting on Thursdays, alternating morning and evening, except for the first one in the afternoon:

- June 22: 3-5 p.m. Afternoon KICKOFF & Mentoring Session – Potluck Refreshments
- June 30: 9-11 a.m. Morning, and then alternating evenings [6-8 p.m.] and mornings thereafter

Please be on the lookout in the July and August Brentwood Bugles, or on the Brentwood Community Association Neighbourhood Natural Areas page for further information about our Summer Biodiversity Bees and Potluck Gatherings in Whispering Woods and the Centennial Natureground, <http://www.brentwoodcommunity.com/neighbourhoodnaturalareas.html>. We'd love you to join in! If you would like to also be on a listserv regarding these dates, please send me a message at the email below – it's only a few emails during the growing season, keeping your inbox relatively quiet.

Happy World Environment Day on Monday, June 5, 2017!

Environmentally yours, Polly Lee Knowlton Cockett, Grassroutes Ethnoecological Association, naturegroundnews@gmail.com



Dinner is on the Table

By Melissa Neville

Carbonara pasta

Ingredients

- 3/4-pound spaghetti or your favourite pasta
- 12 slices of bacon, cut 1/2 inch thick crosswise
- 1/3 cup shallot or red onion, finely diced
- 3-4 cloves of garlic, finely diced
- 2-3 large egg yolks
- 3/4 cup grated Parmesan cheese, plus more for serving
- 1/4 cup cream
- freshly ground pepper

Directions

1. Set a large pot of water to boil (for pasta).
2. Whisk together eggs, Parmesan, cream and pepper in a bowl - set aside.
3. In a skillet large enough to hold the cooked pasta, cook the bacon over medium heat, stirring occasionally, 8 to 12 minutes. Once the bacon is crisp, transfer it to a paper-towel-lined plate.
4. Salt boiling water generously; add pasta and cook until al dente, according to package instructions.
5. Meanwhile, drain all but 2 tablespoons of bacon fat from the pan and add the diced shallots and garlic. Fry them until the shallots are translucent. Set the pan aside if your shallots start to brown and your pasta is not yet done.
6. Drain pasta, leaving some water clinging to it. Working quickly, add hot pasta to the skillet with the shallots and garlic. Add the egg mixture plus the bacon and toss all to combine (the heat from the pasta will cook the eggs). Serve immediately, sprinkled with additional Parmesan cheese to your taste.

If you have ever been to the Brentwood Sportsplex office to pay or register for a program, then chances are you have met Linda Van Holst. Linda is the Office Manager and an absolutely wonderful person. Linda is also one of my favourite people to ask, "What's for dinner?" Not just because she sometimes makes things from this column, but also because Linda loves great food. We recently talked about our love for a nice simple pasta.

The best part about making a simple pasta dish for dinner is that it is quick to make and you usually only need a handful of ingredients to make a spectacular dish. For example, olive oil, shrimp, garlic and shallots or canned plum tomatoes, onions, and garlic are all you need for a simple sauce to go with your choice of pasta. This month's recipe is one of my absolute favourite combinations: bacon, garlic, parmesan cheese and egg yolks which together are known as Carbonara. Carbonara is rich and creamy and very simple to make. While traditional Carbonara does not have cream, I have tried a bunch of different recipes and my family likes this one the most. Serve the pasta with a salad and some fresh bread and dinner is on the table.



KUDOS CANADA

Every year the Netherlands sends 20,000 tulip bulbs to Canada to thank us for our aid in the Second World War.

NOSE HILL

CALGARY PUBLIC LIBRARY

1530 Northmount Dr NW
403-221-2030 • calgarylibrary.ca

Monday - Thursday: 9 a.m. - 9 p.m. • Friday: 9 a.m. - 6 p.m.
Saturday: 9 a.m. - 5 p.m. • Sundays (mid-May to mid-Sept): Closed

School's Out: 3 Things for Canada Party!

We're celebrating Canada and the launch of our Summer Learning Program. Join us for games and food for the whole family. No registration required and all ages welcome. This event will be held at all Library locations June 17 from 10 am to 4 pm.

Celebrate Canada Day at Central Library!

For the first time, Central Library will be open on Canada Day and we invite you to join our indoor campfire, 150+ Acts of Reconciliation, LEGO construction site, and storytimes throughout the day from 10 am to 5 pm.

#Read150

Read 150 books in 2017! Pick up your free *Great Reads 2017* Reading Guide from any community library in Calgary. It's full of incredible reading recommendations for every member of your family. Visit calgarylibrary.ca or call 403.260.2600 to find out how you can be entered to win great prizes just for reading!



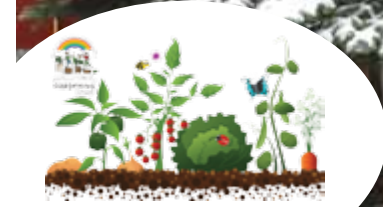
The Seniors' Tea News

The April Seniors' Tea hosted by Lee and Kelli was held on the 20th of the month with an Easter theme. There were Easter goodies and chocolate cake to celebrate. Many thanks to volunteers Eva, Sara-May and Eleonore who helped with set up, serving and clean up. We appreciate all their hard work!

The Tea on June 15 will be the last one before we break for the summer months of July and August. Be sure to join us from 1:00 to 2:30 pm so we can wish you "Happy Summer". We will have a Canada 150 theme.



Photo and article by Cynthia Sir



It is late April and we have had another blast of winter typical of springtime in Alberta (see photo). However, despite the cool temperatures, the moisture is very welcome and we look forward to the reappearance of sunshine and warmer days. Flowering bulbs are popping up in gardens and parks and folks are busy clearing out their garden beds in anticipation of warmer weather. There is a green sheen on the lawns, slow in making its appearance, but encouraged by the rain and heavy wet snow. The ground is still a bit cool for most seeds to germinate successfully, but by the time this article is published, many of the beds at the community garden will have been planted and a new gardening season will have been successfully launched.

We held our Annual Growers' Meeting on April 12th. It was very well attended and we were delighted to welcome back many of our regular gardeners as well as several newcomers. The high school students from the Sir Winston Churchill Earth Club attended the meeting as well, an encouraging sign that there is still strong interest in gardening within the student population. There were welcome packages for the new gardeners. The organizing committee members provided refreshments (a special "thank you" to Margaret Hart and Debra Hamilton) and the door prizes were well received.

As we enter our eighth season at the community garden, most of the garden beds have been rented. A few are still available but are going fast and will likely be taken soon. If you think you might be interested in joining our group, contact our bed rental coordinator, Debra Hamilton at hamiltondl@shaw.ca for more information. Gardening in Calgary can certainly be challenging, but within our group are many experienced gardeners who are familiar with the vagaries of Calgary weather and are happy to share their knowledge with those of us who are relative newcomers.



Seniors' Week Soccer Cup

When: June 8th 2017, 9:00am – 2:30pm

Who: Players ages 55+ can enter as a team (minimum 10 per team) or individuals, teams can be coed with no restriction on number of males or females on the field at any time.

What: This will be a fun, indoor soccer round robin tournament. Every team will play at least two games with the opportunity for a third in the final.

Where: Calgary Soccer Centre
7000 48 St SE, Calgary, AB T2C 4E1

Why: For fun, to be active, make friends and to cheer!
Participants and spectators are invited to come out for the day to play, to watch and to try some fitness demonstrations and other activities.

How: Register at (403)268-3800 or online at www.calgary.ca/recreation
Team barcode:383191 Individual barcode: 383192

Cost: \$50.00/ team or \$5/individuals
Spectators are free

The tournament is offered through Calgary Recreation

In 2017, we will celebrate Seniors'Week June 5-11 to acknowledge the contributions of seniors to our communities. Sir Winston Churchill Aquatic and Recreation Centre will host the following FREE programs for Seniors:

Date	Time		Event
June 5	1:20 p.m.	3:30 p.m.	50+ Fitness - Seniors'Week (Free)
June 6	2:30 p.m.	3:30 p.m.	Bone Builders - Seniors'Week (Free)
June 7	2:30 p.m.	3:30 p.m.	Strength & Stretch - Seniors'Week (Free)
June 8	1:30 p.m.	2:30 p.m.	Sit Fit - Seniors'Week (Free)
June 9	12:30 p.m.	1:30 p.m.	Pot Luck - Seniors'Week (Free)

For other programs and locations please see the schedule at Calgary.ca search "Seniors Week".



Happy Birthday, Canada

Come celebrate Canada's 150th birthday at Confederation Park between 9 a.m. to 1 p.m. on July 1.

Enjoy free family activities, including:

- A free pancake breakfast, while supplies last
- Horse-drawn wagon rides
- A variety of activities for the kids
- Live entertainment on the Stampede stage
- Opening a time capsule from 1967

After the Confederation Park activities, be sure to head downtown for a fun-filled afternoon and evening with even more Canada Day fun.

Watch for more information on calgary.ca/Canada150 including a location map and details about the time capsule opening.



Tim Hortons.

2017-1252



News from the Friends of Nose Hill

by Anne Burke

Annual Flower Count

The FONHS hosted a free, two-hour, guided walk on Nose Hill the evening of May 17 to identify flowers and discuss the May Count of Plants in Bloom. Our guide was John McFaul, a professional naturalist who has been leading nature walks and hikes for 30 years. He received a BSc degree in Environmental Biology from the University of Calgary. John is an accredited Professional Interpreter with the Interpretive Guides Association, a member of the Friends of Nose Hill, and an honorary member of the Calgary Field Naturalists' Society (Nature Calgary). He has been awarded the Loran L. Goulden Award and the Frank & Alice Harper Memorial Award from the Federation of Alberta Naturalists.

The Alberta May Count of Plants in Bloom is an annual event sponsored by Nature Alberta to record plants in bloom in Alberta during the last week in May, using a standardized approach. The purpose is to provide information on the distribution of flowering plants in Alberta. This monitors the spread of non-native species and provides insights into the response of plants to variations in climate.

Calgary Pathways and Bikeways

The City is responsible for the planning, design, con-

struction, maintenance, and programming for 800 kms of pathways. Calgary has the largest urban bike path system in North America. Let's keep this in mind while Nose Hill needs restoration and trails are closed to protect wildlife habitat.

The new Pathways & Bikeways App can be downloaded from www.calgary.ca. The map is now in three formats: Mobile Application, Online, and Paper Copy. Please note that Pathways are off-street routes and Bikeways are on-street routes. The speed limit along pathways is 20 kms per hour, unless posted. Wear a helmet. Yield to the right of way. Stay on the right side of the pathway, unless passing. Use a bell, whistle or horn to protect walkers and joggers. Do not pass in sections with a double yellow line. You cannot cycle or in-line skate on a pathway with a leashed dog.

All pathways and trails are for non-motorized use, except for powered wheelchairs. A regional pathway is part of the city-wide network, paved with asphalt and off-street. A local pathway has routes in communities, linking to neighbourhood parks, schools, and other community destinations. Trails are unpaved paths and may be granular or compacted dirt. If you know of a by-law infraction and would like to report it, please call 311.



Brentwood School

By Devina Sharma, School Council Member

We can't believe that it is June already--this school year has really flown by! The staff and students of Brentwood School will be looking back fondly at all the learning and great memories that have been made in the 2016-2017 school year. Our last month will be busy with students wrapping up projects and celebrating the end of the school year.

Our Grade 5 classes will be going on a canoe excursion, while the Kindergarten students will enjoy a field trip to the Calgary Zoo. Some of our students will also be visiting Fish Creek Park and Heritage Park.

Our annual Kindergarten Orientation will be on the evening of Thursday, June 8th for those students who will be attending Kindergarten in September. Our Sports Day will be held on the afternoon of June 22nd, while our Farewell Assembly will be on Friday, June 23rd. The last day of school will be Thursday, June 29th.

The last School Council meeting and AGM will be on Tuesday, June 13th at 7pm.

We wish everyone a safe and happy summer! The first day of school for the 2017-2018 school year will be Tuesday, September 5th.

If you have any concerns or inquiries, please contact the school office at 403-777-6130 or visit our school website: <http://schools.cbe.ab.ca/b210/>.

BLURRED BIRD

Native to Alberta, you do NOT want to be the prey of the peregrine falcon; they can dive at more than 300 km per hour, making them the fastest bird in the world. The highest recorded speed of a peregrine is reported to be 389 km per hour.

Rose WOLSTENHOLME

Sales Representative

#100, 706 10 Ave. SW
Calgary AB T2R 0B3

Office: (403)-816-8442

Fax: (403) 592-9376

rose.w@shawbiz.ca



Myofunctional Therapy

Why am I getting crowded and crooked teeth?



Poor Posture Correct Posture

- Oral and Facial muscles play a role in:
- crooked teeth
 - neck tension
 - poor breathing
 - headaches
 - poor sleeping
 - poor chewing
 - thumb sucking

Our next class begins Sept. 11, 2017
Dr Robertson & Dr Redd
www.livingwelldental.ca
403-289-6615

JUNE 30 – JULY 2
OTAFEST 2017 – TELUS CONVENTION CENTRE

Otafest is Calgary's premier anime festival, promoting Japanese art, culture, and media in the Canadian community. Canada 150 celebrations include a fireworks party and DJ on the Marriott patio and 24-hour programming. More info: otafest.com.



JULY 5 – AUG. 23 WEDS. AT 6 – 8 PM
MUSIC IN THE PLAZA
1900 HERITAGE DRIVE SW

Music in the Plaza is back for its sixth summer season, bigger and better than ever! Rain or shine, Heritage Park presents free evenings of outstanding music every Wednesday throughout July and August. Admission is free but reservations are required. More info: heritagepark.ca.



JULY 25 – 30
VICTORS, VILLAINS, AND VIXENS
ST. PATRICK'S ISLAND

Following the success of 2016's Shakespeare After Dark, we once again return to St. Patrick's Island with VICTORS, VILLAINS, AND VIXENS for a week of evening performances. More information on the show and performance times will be available this spring. Admission is free. More info: theatrecalgary.com.



YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

Canada Day at Fort Calgary – 750 9 Ave SE, July 1

Beginning with a free pancake breakfast in the morning, this is a day of celebration and riotous fun. Family-friendly activities go all day long and could include: live local music, traditional Indigenous games and stories, the NWMP Commemorative Association patrol camp, a food truck caravan, powwow dance workshops, plus the City of Calgary's 'living flag' event. Admission is free. More info: fortcalgary.com.

My Sporting Life, Our Canada Speaking Series: Discover Canada – Southcentre Mall – July 8 at 1 PM

It's rare you'll find Leigh McAdam here in Calgary. She is always on the move writing and researching for her widely popular travel and outdoor blog HikeBikeTravel. Leigh is also the author of the book "Discover Canada – 100 Inspiring Outdoor Adventures." Hear more from her year visiting all provinces and territories. You'll leave Leigh's talk with a desire to get out and explore everything Canada has to offer right here in our own backyard! Plus, there is a \$250 gift card door prize up for grabs. Admission is free.

Calaway Comic Fest for Kids – Calaway Park, July 14 – 16

Calling all superheroes! Dress up in your best family-friendly costume and visit the Artist Market featuring unique items from local artists, or stop by the Photo Op Zone to be transported to a world far, far away. Forgot your mask? Stop by the Superhero Face Painting Center. Come experience Calaway Park like you never have before! Open 10 am to 7 pm. More info: calawaypark.com.

Calgary Folk Music Festival – Prince's Island Park, July 27 – 30

This festival features 70 artists from over 16 countries on 9 stages in 100+ distinct concert and unique on-the-fly collaborations at urban, forested retreat of Prince's Island Park. Like a mini town, the site boasts an interactive family area, international craft market, global culinary delights, a record tent and tree-shaded beer garden. It's a collective sound salvation for musical omnivores; a 4-day long weekend where a diverse, multi-generational audience is immersed in live music in a cool, relaxed atmosphere. More info: calgaryfolkfest.com.

YOUR CITY OF CALGARY

Chip in Fore Communities
 on Friday, August 11!



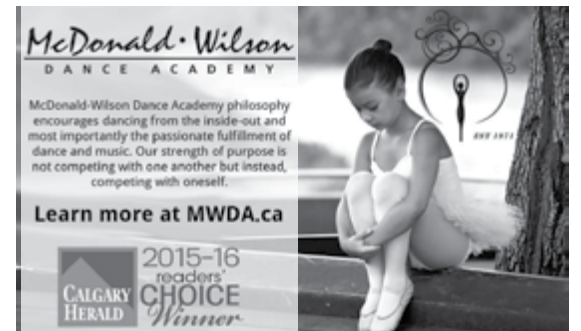
Are you itching for a fun game of golf that includes lunch, 18 holes in a power cart with goodies along the way, a delicious dinner, a fantastic foursome competition, and the opportunity to win amazing prizes, while also supporting a great cause? If so, register today for the Federation of Calgary Communities 5th Annual *Chip in Fore Communities* Golf Tournament, presented by Save-On-Foods! The tournament will take place on Friday, August 11, 2017 at The Canal at Delacour Golf Club.

Registration fees are extremely affordable at only \$160 for an individual golfer and a discounted rate of \$600 for a foursome! Your fee includes lunch, 18 holes of golf in a power cart, and dinner.

There are 152 community associations in Calgary who need a support organization that understands their needs. The Federation of Calgary Communities is that organization. This golf tournament will help raise funds for the Federation of Calgary Communities to continue providing programs and services that help community associations build capacity, support and mobilize residents, be on the front lines of important issues in their community, and improve neighbourhood life in Calgary.

Help us help them by golfing with us on Friday, August 11!
Visit calgarycommunities.com/events to register today.

If you have any questions or are interested in finding out more please contact Rebecca with the Federation of Calgary Communities at communityrelations@calgarycommunities.com or (403) 244-4111 ext. 204.



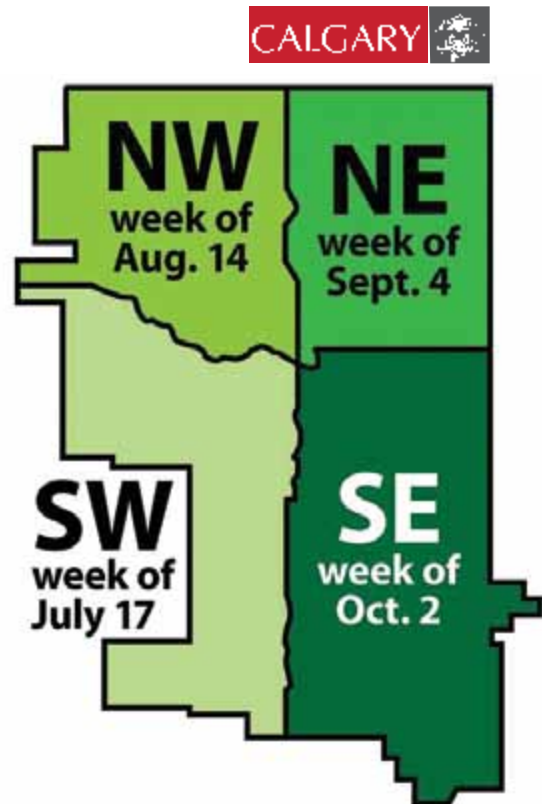
Green Carts are coming this summer

Starting this June, green carts will be rolled out to all households for food and yard waste collection. Here are some details on the rollout.

Green cart collection start dates

Green carts will be rolled out by quadrant. Once all residents in a quadrant have their carts, collection will begin as follows:

Quadrant	Cart delivery	Weekly green cart collection starts:
Southwest	June 5 - July 15	Week of July 17
Northwest	July 3 - August 12	Week of August 14
Northeast	August 7 - September 2	Week of September 4
Southeast	August 28 - September 30	Week of October 2



Weekly green cart collection starts

Three things to do when your cart arrives:

1. Bring your cart up to your home.

Carts will be delivered to the front of your home. Bring your cart up to your home and store it in a safe place (e.g. garage, against the side of your house or back fence).

2. Look inside the green cart.

Everything you need to get started is inside the cart. This includes:

- Kitchen pail and sample compostable bags.
- Sample paper yard waste bags for extra yard waste that doesn't fit inside the cart.
- Instruction guide and collection schedule.

3. Consult your collection schedule.

The collection schedule inside your cart explains when green cart collection starts in your quadrant along with your new collection days and schedule. You can also find out your collection days and sign up for free automated reminders at calgary.ca/collection.

To learn more, visit calgary.ca/greencart.



Article by J.G. Turner
Photo by Jamie Dutcher

The cougar, Alberta's biggest cat, can be found in wild areas along the full length of western North America, and Mexico, Central America and South America. Adult males can weigh up to 90 kg while females average 45 kg. Adults are well camouflaged with tawny to grey-brown fur and black tips on their tails and backs of their ears. Their heads are small and round and their eyes are brown with large pupils.

Fun Facts:

- Despite their wide distribution, cougars are seldom spotted by humans.
- Cougars are apex predators and are excellent hunters.
 - Cougars have a killing bite with sharp teeth to tear off chunks of meat and a rough tongue to clean traces of meat off their prey's bones.
 - Their hind legs are longer than their front ones to give better spring to pounce on their prey, their claws are razor sharp for bringing down their prey and climbing trees and their skeletons bend easily for jumping, stretching and twisting.
 - These cats have an excellent sense of smell and their large pupils help them see their prey in dim light.
 - Cougars are hunt-and-wait predators, meaning they watch their prey silently in trees or rocks and pounce when their prey is feeding.
 - Cougars hunt moose, elk, caribou and deer.
- Cougars are solitary animals unless they are with their young.
- When a female is ready to give birth, she finds a den in rock piles, caves or under a deep brush of fallen trees.
 - Cougars will occasionally use human built structures such as doghouses, sheds or hunting cabins for their dens.

Cubs develop their hunting skills by hunting at their mother's side and stay with their mother until they can hunt for themselves which is typically between 13 and 24 months.

If you find an injured or orphaned wild bird or animal in distress, please contact the Calgary Wildlife Rehabilitation Society hotline at 403-239-2488, for tips, instructions and advice, or look at the website at www.calgarywildlife.org for more information.

BRAIN GAMES SUDOKU

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	9	5			3			

FIND SOLUTION ON PAGE 29



Brentwood Real Estate Update

Last 12 Months Brentwood
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
April 2017	\$646,850	\$641,450
March 2017	\$598,000	\$602,000
February 2017	\$519,800	\$507,000
January 2017	\$544,900	\$530,000
December 2016	\$544,850	\$537,500
November 2016	\$549,000	\$528,000
October 2016	\$539,900	\$521,000
September 2016	\$619,900	\$614,750
August 2016	\$534,900	\$508,000
July 2016	\$554,950	\$536,000
June 2016	\$549,900	\$549,000
May 2016	\$549,900	\$547,000

Last 12 Months Brentwood
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
April 2017	6	2
March 2017	8	9
February 2017	8	5
January 2017	6	7
December 2016	2	4
November 2016	1	5
October 2016	6	3
September 2016	7	8
August 2016	8	7
July 2016	9	6
June 2016	11	7
May 2016	3	9

To view more detailed information that comprise the above
MLS averages please visit brentwood.great-news.ca

Responsible Pet Ownership in Parks

As we all enjoy being outside and spending time with our family, friends and pets; we want to ensure we are creating a safe place for all our neighbours. Knowing and adhering to the regulations in the Responsible Pet Ownership Bylaw 23M2006 helps to ensure that dogs are not being a nuisance in the community and dogs and citizens are safe.

City of Calgary would like to remind dog owners of the following:

- When off of their owner's property, dogs must be on a leash unless in a designated off-leash area.
- When in designated off-leash areas, dog owners must ensure their dog is under control, is within their sight and responds to commands.
- Parking lots adjacent to off-leash areas are on leash.
- Owners are responsible for picking up all waste produced by their dog.
- Dogs are not allowed in school grounds, playgrounds, sport fields, golf courses, cemeteries, wading and swimming areas, and other areas prohibited by signs.
- Dogs must be walked on the right-hand side of the pathway on a leash that is no more than two metres in length and must not interfere with other pathway users.
- Owners cannot cycle, in-line skate or skateboard on a pathway with a leashed dog.
- Dogs must not enter or swim in any body of water within a park except a river that runs through, or is adjacent to, a City park.
- Dogs must have and wear a City of Calgary licence when the dog is three-months-old

When we respect the bylaw, we contribute to a safer and healthier community.

Thank you for being responsible dog owners and valued community partners.

For more information about the Responsible Pet Ownership Bylaw, visit calgary.ca/animalservices or contact 311.

YOUR CITY SECTION

Check out these important updates from The City of Calgary

Calgary Recreation is celebrating Seniors Week (June 6-12). As a token of our appreciation, we are offering free fitness classes for seniors. For drop in times and locations visit Calgary.ca/Recreation.

Calgary.ca/Recreation

The Youth Passport is coming this summer! Unlimited swimming, skating, and gym activities for only \$50.

Calgary.ca/YouthPassport

It's skateboard season! For information on lessons, day camps, skate jams, locations of our mobile skateparks or the locations of our new permanent skateparks, visit Calgary.ca/Skateparks.

Calgary.ca/Skateparks

Register your child for a summer nature adventure! Our half- and full-day camps explore bugs, birds, buds and beyond using hands-on activities and outdoor play. Childcare is available.

Calgary.ca/ParksGuide

Neighbour Day (June 17) is an opportunity for neighbours to come together to celebrate our strong community spirit.

Calgary.ca/NeighbourDay

Learn about The City's accessible programs including accessible transportation, accessible recreation facilities and classes, assisted listening devices and much more.


Calgary.ca/Accessibility

We're committed to providing a barrier-free municipal experience for all Calgarians. Contact 311 for an accommodation at any City event, or public meeting.


Calgary.ca/Accessibility

Celebrating 150 Years of Canadian Wildlife!


Quebec



Who Am I?




Grey Wolf




Grizzly Bear

Spring, summer, fall...my busiest seasons of all!
I wake from my winter's sleep,
Look out from my cave and peep,
I forage around for food on the ground
On hills and mountains steep.



Black Bear



Porcupine

Big, furry and black... I constantly look for a snack.
I stumble across some honey,
That's sticky and sweet and runny;
Ignoring the bees, I eat what I please
'Cause honey's *unbearably* yummy!

Turn Page Upside-down for Answer

Compliments of the Friends of the Boumont Natural Environment Park Area

© Rosemary Gell, 2017

ATVs

Be as Safe as Possible



As snow-blowers and shovels are tucked away for another season, Albertans are venturing outdoors to enjoy the spring weather. Alberta Health Services (AHS) is reminding all Albertans, and particularly parents of children less than 16 years of age, to make ATV safety a priority.

There are significant risks associated with the use of ATVs. Children less than 16 years of age have not yet developed to the point of having the strength, skills or judgment needed to operate an ATV, and this includes ATVs marketed as 'child-sized'.

Parents of children less than 16 years of age are advised to ensure they do not drive or ride in an ATV.

Albertans **16 years of age and older** are urged to take the following precautions to ensure their ATV excursions are as safe as possible:

Get Trained

Before you hit the trails, get formal hands-on training from a recognized/trained ATV instructor. Don't be shy about refreshing your training seasonally.

Wear the Gear

A helmet can save your life: from 2002 – 2013, 41 per cent of ATV-rider deaths in Alberta were due to head injuries. In 77 per cent of these head injury deaths, the ATV riders

were not wearing a helmet. In addition to a helmet, always wear a jacket, long pants, goggles, boots and gloves.

Look First

Be sure you're aware of the weather forecast, fire outlook/potential, and any hazards (geographical, animal or human) that the trail(s) you're on could pose.

Buckle Up

Be sure that you're fastened in properly, and that all gear and equipment (including your ATV restraints) are in proper working condition before you hit the trails.

Drive Sober

Don't drink or do drugs before or while operating an ATV. 55 per cent of those who died in ATV crashes between 2002 and 2013 tested positive for alcohol.

Seek Help

Before you head out on the trail, let others know where you're going and when they should expect you back. This helps your loved ones know when to call for help if you've been gone too long. Take a cell phone or working radio with you, as well as a first aid kit. Never hesitate to call for help if you're stuck, have damaged your ATV, or are injured.

For more information on ATV safety and injury prevention in Alberta, visit <http://www.albertahealthservices.ca/injuryprevention.asp>.



Happy (almost) summer everyone!

We hope you have been having a great June so far! June is always a busy month at the shelter as preparation for our summer camp program kicks in to high gear. All month long we will be preparing to welcome hundreds of young campers to enjoy their summer with us! With summer vacations on the horizon our call centre has also been getting a lot of questions about how to best keep pets safe while travelling this summer, so this month we are bringing you our top 5 summer travel safety tips for your pet!

1. Make sure identification is up to date! Nothing is more scary than having your pet go missing in a strange place, but having up to date identification greatly increases the chances your pet will get back to you safely! Double check your pet's collar tag and the registration on their tattoo or microchip to ensure your information is correct. If you will be using a different phone number while on vacation consider having a special collar tag made for the trip.

2. Update your pet's vaccines and preventative medications! Pay a visit to your vet before vacation to find out what vaccines and preventative medications your pet should have. Just as with humans, vaccinations should be based on where your pet is visiting. Your vet is the best person to advise on what vaccines are most appropriate for your pet.

3. Bring fresh water for Fido! Just like humans our pets can catch parasites, like giardia, from drinking out of streams or rivers. Bring fresh water to keep Fido happy and hydrated.

4. Bring plenty of your pet's regular food! Sudden changes in food type can leave a pet with an upset tummy. We recommend bringing a few extra days' worth of kibble, just in case!

5 Summer Travel Safety Tips

5. NEVER leave your pet in the car! The temperature inside a car can climb dangerously high very fast, even when parked in the shade. Pre-plan your journey to be pet friendly and bring a leash so a travel companion can take your pet for a walk if you need to stop for supplies.

Would you like more information on how to keep your pet safe this summer? Do you have questions about Fido's behaviour before you hit the open road? Interested in learning more about all the fun summer programs running at the shelter? We would love to hear from you! Visit www.calgaryhumane.ca or call 403-205-4455.

BRAIN GAMES SUDOKU

9	2	8	3	4	5	1	6	7
4	7	3	2	6	1	5	9	8
1	5	6	7	8	9	2	3	4
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5	8	9	1	3	2	4	7	6
2	6	7	5	9	4	8	1	3
7	4	1	9	5	6	3	8	2
8	3	2	4	1	7	6	5	9
6	9	5	8	2	3	7	4	1

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Helping Your Children with Social and Emotional Skills for Kindergarten

Age 5 is a 'big' age as these kids are getting ready for school! Now we have to focus on getting ready for Kindergarten and learning new skills.

- Empathy is the ability to see the world from someone else's point of view and to understand another person's feelings. Such a hard task but an essential task.
- Children will follow your examples. Show an interest in other cultures by reading stories or attending multicultural events.
- Have a kindness board at home. Write down what kind things they have done during the month. Use a different color for each person.
- Allow your child to express their feelings in a safe manner and work with them to understand the feelings of others around them. It starts with a simple conversation starter such as "How do you think Johnny is feeling right now?"
- Help your child develop healthy friendships. Friendships help children learn how to behave in groups and work well with others. Acknowledge your child when they are kind, wait patiently for their turn, help a friend problem solve or when they use their imagination to contribute to the fun!
- Teach your child to apologize and to mean it. An apology is more than just a "I'm sorry". Apologies are said sincerely; acknowledge your child when they are sincere.
- Talk about what people have in common rather than what is different. Notice the positives of each person!!

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge. We are always looking for interested parties to join our coalitions.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: nwecdcoalitions@gmail.com.

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Ask Charles

I'm on a condominium board, and we have decided to hire a professional management company. Do they need to be licensed?

This is one of the most common questions we get. The answer depends on what they are going to do on behalf of the Board of Directors, and how they will handle the condominium corporation's money.

Condominium managers are responsible for collecting condominium fees, arranging property maintenance (according to instructions from the condominium's Board of Directors), assisting the Board of Directors with enforcing the Bylaws, and other duties set out in the Bylaws.

The Real Estate Act does not specifically refer to condominium management, but it does say that individuals need a licence if they collect contributions, or money, for the control, management, or administration of real estate.

So, if a condominium manager is collecting condominium fees, or other such fees such as special assessments, do they need a licence?

If a condominium manager collects the money payable to the condominium corporation, deposits it directly into the condominium corporation's account, and they are not carrying out any other activities that fall under the definition of trading in real estate, they do not require a licence.

If a condominium manager deposits the money payable to the condominium corporation into the management company's account for any period of time, no matter how short, they do require a licence.

As a member of a condominium Board of Directors, you and your Board will have to think about how you want your management company to collect and hold fees. If the company will hold them in its own account, they require a licence.

Licensing requirements provide some protection for consumers when a third party, for example a management company, holds consumer funds. All licensees are required to have Errors and Omissions insurance, and there is a consumer compensation fund that compensates consumers who suffer a financial loss as a result of fraud, breach of trust, or a failure to disburse or account for money held in trust. The compensation fund is only available to consumers who are working with licensed professionals on trades in real estate or deals in mortgages.

In December 2014, the Government of Alberta passed legislation that will require licensing for all condominium managers; however, the government has not announced the date on which those legislative changes will come into effect. In the meantime, the licensing requirements detailed in this article continue.

"Ask Charles" is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA), www.reca.ca. RECA is the independent, non-government agency responsible for the regulation of Alberta's real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email askcharles@reca.ca.



Calgary Confederation
Len Webber, MP
 2020 10 St NW, T2M3M2
 403-220-0888
len.webber@parl.gc.ca

361 New Jobs for Calgary Confederation

For the past two years in communities across Alberta we have witnessed personal hardships, challenges and dashed hopes caused by the economic downturn and jobs crisis.

Calgary Confederation communities have not been immune to this impact, as has been evident in feedback from many constituents over the past few months, but there is help.

We know that services from non-profit organizations and community associations often increase in the summer months and many are concerned about their ability to offer employment opportunities again this year.

Many of these organizations provide critical employment experience and skills training for young Canadians. Statistics show us that unemployment amongst young Canadians is the highest of any age group and so the real job experience they obtain through summer jobs is critical to future employability.

How fortunate we are to build upon the Youth Employment Strategy which was introduced in 2006 by the Conservative Government. Today, thanks to the Canada Summer Jobs program, our constituency, together with constituencies across Alberta (and Canada) can provide funding to assist employers to create summer opportunities for young people aged 15 to 30 years who are full-time students intending to return to their studies this fall.

I am proud of the application initiatives of our not-for-profit organizations, public sector employers and small businesses who have taken the time to make their opportunities known to Service Canada. As a result, the Calgary Confederation communities, through 132 agencies, small business and non-profit employers, will be in a position to offer 361 jobs for a total of 3,229 weeks of work this summer.

What does this mean for our community?

- Investment in our small business, organizations and non-profits.
- Opportunity for young people to learn or improve job

skills and gain work experience with local employers in areas such as retail, hospitality, marketing, technology, research and communications.

- The chance for non-profits to extend their services across the summer, allowing a variety of camps, children's programs, specialized teaching opportunities, and unique community service programs for all ages, among others.
- All project participants will benefit through personal growth, increasing employability, determining career goals/paths, and ultimately through our investment in them, contribute to the strength of our future workforce and community stability.

I am very pleased to support this important program and extend my best wishes to each and all for a successful summer job experience.

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Friends,

With June, we have our first month of summer. School is on break until September and we will all get to enjoy several months of great weather. I would like to congratulate the class of 2017 on their graduation, and wish them all success in whatever career path they choose.

It's been a very busy spring legislative session. We've worked to bring in programs to make life more affordable for everyday Albertans, by capping electricity prices, reducing school fees and keeping taxes on families the lowest in Canada. Beginning in June is the introduction of electricity price protection. We're taking action to protect families, farms and businesses from electricity price volatility by implementing four-year ceiling on power prices. This price cap will ensure that Albertans pay no more than 6.8 cents per kilowatt hour for electricity - the same as current long-term retail prices. The price ceiling applies to the Regulated Rate Option (RRO) for electricity. From June 2017 to June 2021, consumers on the RRO plan (the majority of Albertans) will pay the market rate or the government's ceiling rate, whichever is lower.

In May I met with the Vecova Centre for Disability Services and Research located here in Calgary-Varsity. It is non-profit charitable research and service agency that has been meeting the needs of persons with disabilities and the community-at-large since 1969. Affiliated with the University of Calgary, Vecova is recognized as a leader in the field of disability services and research.

On June 17th, the Calgary Firefighters Association will be celebrating its 100th anniversary of serving this city as an organized professional association. It will also launch their newest charity endeavour the Calgary Firefighters Charitable Foundation. This charity will serve Calgarians affected by fires or other disasters by providing immediate assistance and relief. I also had the opportunity to attend the Calgary Firefighters Fire-Ops Day, where we donned protective gear and tackled a simulated fire situation, getting an experience of the important work our firefighters do every day.

The Banff Trail Community Association will be having its annual general meeting on June 9, 7-9pm at the Banff Trail community centre. June 17th is Neighbour Day which celebrates community spirit in Calgary. University Heights will be hosting a BBQ that evening. On June 30th, Triwood & Brentwood will be hosting a Canada BBQ for the country's 150th birthday. The BBQ starts at 5pm, will have live music, and fireworks at 10:30pm. Tickets are \$5 and may be purchased from the Triwood Community Association.

Our office serves all the people of Varsity, Dalhousie, Brentwood, Banff Trail, University Heights, Montgomery, and Charleswood. Our team is available to talk to constituents about provincial government departments, programs, scrolls, and services. To find out more drop in, call, email, or check out stephaniemcLean.albertandpcaucus.ca

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