

MARCH 2017

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CAMBRIAN HEIGHTS ROSEMONT

CHRONICLE

THE OFFICIAL CAMBRIAN HEIGHTS & ROSEMONT COMMUNITY NEWSLETTER





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CAMBRIAN HEIGHTS COMMUNITY ASSOCIATION

600 Northmount Dr. NW, Calgary, AB – T2K 3J5
Phone: 403.284.1175 • CHCA_HALL@telus.net
www.cambrianheightscommunity.com

ROSEMONT COMMUNITY ASSOCIATION

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Phone: 403.289.6533 • rosemont_community@yahoo.ca
www.rosemontcommunity.blogspot.ca

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Editorial Submissions

blmilne@shaw.ca or blkcdog@shaw.ca

All editorial content must be submitted by the 10th of the month for the following month's publication.

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The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Cambrian Heights Community Association, Rosemont Community Community Association and Great News Publishing.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Cambrian Heights Community Association, Rosemont Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654

CAMBRIAN HEIGHTS PRESIDENT'S MESSAGE

On February 11 the Community hosted two events. The first was the last in our sequence of outdoor winter events, an Introduction to Snowshoeing. This was held at Confederation Park where our previous introductory Cross Country Skiing course in association with the Foothills Nordic Club was held. Again mother nature provided excellent snow conditions and ideal temperatures. All three of these Winter participation activities were a success and enjoyed by all who took advantage of the opportunity to learn about and enjoy these winter sports. Similarly the Winter Polar Party held in late January for the third year was well attended with 80-100 participants including an increasing number of children of all ages. Thanks again to our Social Director Jodi Dixon and her band of volunteers.

The evening of February 11 the Community Hall witnessed an evening of games and fun for children and adults alike. This program continues our focus towards encouraging use of the Community facilities for social activities that may be enjoyed by the residents of Cambrian Heights. Your community offers excellent facilities and the financial ability to promote more social or educational activities for our residents. We need to expand our Social Committee with volunteers who bring enthusiasm and new ideas and who need only commit time to help organize and help manage one such activity a year. We have dedicated and experienced Directors to help guide and advise but need more residents offering a little time once a year to help expand and improve our Programs and Events. Please contact our Social director Jodi at social@cambrianheightscommunity.com or myself at president@cambrianheightscommunity.com for further insights into participation with our volunteer team.

Upcoming events include a French themed Wine Tasting on March 25. This will provide the opportunity of learning about French grape growing regions while tasting six wines and enjoying a welcome glass of Prosecco. Regional cheeses and meats will also be provided over the evening. Purchase your tickets in advance at our website (www.cambrianheightscommunity.com) or at Northmount Liquor. The remaining events for the first half of the year are a Health & Wellness Night for ladies on May 4, the Community Annual General Meeting May

18 and the annual Community Cleanup June 18. Please check our website for details of these events including times and entrance fees. As is our custom, members of the Community Association will pay a lower entrance fee for ticketed social events.

Of course the ice rinks will be maintained throughout the winter for all to access thanks to our rink volunteers. With two sheets of ice and the sustained winter weather the rinks have been well utilized this year. Should you wish to help out the current rink volunteers this year or next please contact Scott Jacobson at 403-771-9755.

We continue to use a Facebook page to help communications and stimulate informational sharing and discussion amongst residents of the Community. It is under "Groups" with an address of "cambrianheightscommunity". Please register for the Group and join this conversational page and share your thoughts and insights about where you live. One of our volunteers will also update any news of interest to the community.

As a reminder your 2017 membership dues are now payable. We are maintaining our fee schedule costs for the year to encourage your renewal. The easiest way to renew or join is through our website or if you wish via mail as outlined in the monthly Cambrian Heights Newsletter. The Board encourages all residents to participate in the community activities and future events. By attending one or more social/sports events during the year your fees will be recovered.

If you are interested in exploring involvement with the Board or any specific volunteer activity please contact us at our email address. We will have three vacancies on the Board after the AGM in May. The next meeting of the Board will take place Monday, March 6 at the Georgina Thomson building on 14th Street and Northmount Drive NW at 6:30PM. All residents are welcome to attend and share any concerns, questions or ideas you may have relevant to Cambrian Heights.

Remember Participation Builds Better Communities.

*On Behalf of the Board;
Daryl Connolly, President*



Cambrian Heights Community Association

600 Northmount Drive NW • Calgary, Alberta T2K 3J5
 Phone: 403-284-1175 • Email: CHCA_HALL@telus.net
 Web Site: <http://www.cambrianheightscommunity.com>

Bylaw Article 4.8.3: The quorum for the transaction of business at any Board meeting shall be one third of the standing Directors plus two. Voting Members required for quorum is 10 divided by 3 = 3 plus 2 = 5 voting Board members.

Position	Name	Telephone	Email	Vote
President	Daryl Connolly	403-470-5339	president@cambrianheightscommunity.com	Yes
Treasurer	JoAnne Dorval-Dronyk	403-289-8202	treasurer@cambrianheightscommunity.com	Yes
Recording and Correspondence Secretary	Gary Davies	403-389-1350	secretary@cambrianheightscommunity.com	Yes
Casino Co-ordinator	Daniel Vallee	403-477-7603	danvallee@shaw.ca	Yes
Community Garden Co-ordinator	Susan McGregor	403-973-2156	garden@cambrianheightscommunity.com	Yes
Newsletter Co-ordinator	Barb Milne	403-282-2684	blmilne@shaw.ca	Yes
Membership Co-ordinator	Jennifer Manns	403-282-2835	JenManns@shaw.ca	Yes
Social Co-ordinator	Jodi Dixon	403-276-4242	social@cambrianheightscommunity.com	Yes
Director Planning Committee	Daryl Beatty	403-554-4404	dbeatty@decisiveedge.com	Yes
Director Planning Committee	Gary Wilson	403-589-0507	plan2@cambrianheightscommunity.com	Yes
Past President	Steve Schroeder			No
Past Treasurer	Sonya Hnatiw	403-282-0892	director1@cambrianheightscommunity.com	Yes
<i>Maximum of 18 Voting Members</i>				
Committees - Non Voting				
Rink Co-ordinator	Scott Jacobson	403-771-9755	scottcolleenj@gmail.com	No
Hall Manager	Lora Riep	403-284-1175	CHCA_hall@telus.net	No
Community Recreational Co-ordinator	Dru Mohler	403-476-7216	Dru.Mohler@calgary.ca	No



Hall Manager

Contact Lora for bookings 403.284.1175

CAMBRIAN HEIGHTS COMMUNITY ASSOCIATION

MEETINGS

First Monday of the month, 6:30 pm

Next meeting: February 6, 2017

Georgina Thomson office, 772 Northmount Drive NW

Everyone is invited to attend a community association meeting

Questions? Concerns?

Phone: (403) 284-1175

Website: www.cambrianheightscommunity.com
cambrianheights@gmail.com

Upcoming Events at Cambrian Heights Hall

Purchase your 2017 Community Membership Now and Save all Year on Events

Wine Tasting - Community Hall	March 25	7:00 - 9:30 PM
Women's Health & Wellness	May 4	7:30 - 9:30 PM
AGM - Community Hall	May 18	7:30 - 9:30 PM
Community Cleanup - Hall	June 18	9:00 AM - 1:30 PM
Stampede Breakfast - Hall	July 15	9:00 AM - 11:00 AM

An event like, Games and Pub Nite, is a simple and fun way to strengthen our community.

To make it happen, a few people:

+ gathered some games, snacks, drinks and music;

+ welcomed a diverse group of people into a warm Hall (in the middle of Winter cold snap); and voila,

= instant community.

Thank you Carol, Pat, Jim and Revolution Games.

If you have an interest, hobby or sport you would like to share with others, please contact any of the Directors on the Association Board and we'd be happy to help make it happen.

For more information, rsvp or volunteer visit: cambrianheightscommunity.com or call (403) 284-1175.



Volunteer To Enhance Your Community Join Our Social Committee

Pick Your Event & Commitment

social@cambrianheightscommunity.com



facebook

Have you signed up with the Cambrian Heights Community group?

Go to the association's website www.cambrianheightscommunity.com and click on the Facebook icon.

Wait for the group administrator to approve your request.

Congratulations you are now part of your community Facebook page. Introduce yourself and interact with your neighbors and friends.



Community Yoga Classes with Kyrsten Blair

Be good to your body! Join us for an eclectic blend of yogic traditions focusing on mind-body awareness, posture, balance, stamina, alignment, and relaxation. A light-hearted approach, using props, breathwork, and modifications to best support you within a group setting. This class is suitable for newcomers, and those with previous yoga experience.

Where:

Cambrian Heights Community Association
600 Northmount Drive Northwest, Calgary, AB

When:

Wednesdays 7:00pm-8:00pm
(Please arrive 5 minutes early to allow for time to get settled).

March 1,8,15,22,29
April 5,12,19,26
May 3,10,17,24,31
June 7,14,21,28

Drop-in Rates:

\$12 community members (with valid 2016 membership)
\$15 non-community members
CASH ONLY

Please feel free to contact the instructor directly at 403-244-3001 with any questions or concerns.

Calgary Police Service

Changes to Calgary's alarm bylaw

The Calgary Police Service and The City of Calgary have revised the current Alarm Services Bylaw, changing how officers are dispatched and introducing paid, annual alarm permitting.

As of Sunday, Jan. 1, 2017, you'll need an alarm permit in order for police to attend your location for an alarm call. Annual permitting ensures we have the most up-to-date and accurate information about your location and can attend in a timely manner. Permits are \$15 for residences and \$20 for businesses, and are subject to an annual renewal. For any existing permit holders renewals will begin in July 2017. Premise owners will be contacted two months before their permit needs to be renewed and new permit holders will pay when they apply for a permit.

This spring, the false alarm penalty fee structure will also change. More than 75 per cent of alarm users only have one false alarm each year; CPS used to charge \$75 for each false alarm. With the new fee structure, the first false alarm is free. The second false alarm will be \$75, with an escalating scale for additional alarms to a maximum of \$625 for 10 or more alarms in any 12-month period. This is intended to hold alarm systems users more accountable to properly manage their systems.

Police are making these changes to reduce the amount of false alarms we respond to each day. Before initial changes to dispatch criteria were made, police were responding to approximately 45 alarm calls every day; 96 per cent of those calls were false alarms.

In May 2016, Calgary police changed the requirements so that two or more alarm zones within a location need to be activated and that at least two key holders must be called by the alarm company prior to police being dispatched. These changes alone have reduced the number of dispatched alarm calls by 54 per cent, better ensuring that police resources are available to respond to priority calls.

It is important to note that police will continue to respond to any panic, duress, or hold up alarms, confirmed criminal activity, public safety concerns, and verified alarm activations.

CAMBRIAN HEIGHTS COMMUNITY ASSOCIATION MEMBERSHIP APPLICATION FORM

Name: _____

Address: _____

Postal Code: _____ Phone: _____

E-mail: _____

(Personal information is used to inform members of Community events only, no information is shared with other organizations or individuals other than those associated with Cambrian Heights Community Association).

Membership Type (Please select only one):

Residents (Voting Members): Single / Senior Membership \$5 Family \$15

Non-residents (Non-voting members): Associate \$15

Corporate Membership \$100 (On-line registration available)

Associate membership cards are not sent out unless proof of membership required :
Please indicate membership purpose: McKnight Soccer Yoga

Please Note:

Membership term is for 1 year and is current from Jan 1 of the year purchased until Dec 31 of the same year as per the Community Association Bylaws.

Please make cheques payable to the Cambrian Heights Community Association and mail to 600 Northmount Drive NW, Calgary AB, T2K 3J5

Community Arts & Activities Centre
Fun stuff for the whole family!
Check out what's on at:

ecspaces.com

Mayland Heights
1709 8th Ave NE
403-228-1384

evergreen
community
SPACES
arts, activities & events

SCHOOLS IN AND AROUND YOUR COMMUNITY

REGULAR PROGRAM

Cambrian Heights	K-6
Rosemont	K-6
Colonel Irvine	7-9
James Fowler	10-12
Crescent Heights	10-12

FRENCH IMMERSION

King George	K-6
Georges P. Vanier	7-9
William Aberhart	10-12

TLC

Thornciffe	K-1
Colonel Sanders	1-4
Balmoral	5-8
Crescent Heights	9-12
Montessori	
Captain John Palliser	K-6

SPANISH BILINGUAL

Collingwood	K-4
Senator Patrick Burns	5-6
	7-9
William Aberhart	10-12

REGULAR AND FRENCH IMMERSION

St. Joseph	Elementary & Junior High
St. Francis	High school
St. Pius	Elementary (FR)
Madeleine d'Houet	Junior High (FR)
St. Dominic Fine Arts	Elementary
St. Margaret	Elementary/Jr. High

Jessica DeMars, Physiotherapist
Special Interest in

Asthma Anxiety Chronic Pain
Unexplained Symptoms
Women's Health including pre/post natal

Calgary Winter Club Physiotherapy
403-289-0040
www.breathewellphysio.com

IN & AROUND CALGARY

EMS – Burns and Scalds

Alberta Health Services, EMS continue to respond to emergencies each year where a young child has sustained severe burns or scalds. These incidents often occur inside the child's own home. Common causes include a child accidentally tipping hot liquids onto themselves, touching hot surfaces (stoves), or making contact with electrical outlets. Fortunately, incidents such as these can be avoided by taking preventative measures.

Degrees of burn

- 1°: Affects only the top layers of the skin; appears red like a sun burn; discomfort is generally tolerable;
- 2°: Deeper and much more painful than 1° burns; broken skin or blisters commonly develop;
- 3°: Severe: the deepest layers of skin and tissue are injured; may appear charred or leathery.

First Aid for burns

- Skin may continue to burn if not aggressively cooled. Immediately douse burns with large amounts of cold water.
- Cover the burn with a sterile dressing, or at least clean material to protect infection;
- Over the counter medications may be used for pain. Adhere to directions given on the label;
- Seek further medical attention, as required.

Prevention of burns

- Check the temperature of your hot water tank. Temperatures as high as 60°C / 140°F will scald a child in just seconds;
- Use placemats instead of tablecloths. Tablecloths can be yanked downward causing hot drinks, or food to spill on a child;
- Turn pot handles to the back of the stove and ensure cords from kettles, slow cookers, and other electrical appliances cannot be reached;
- Avoid picking up a child while holding any hot liquids;
- Ensure electrical outlets are made secure by installing commercially available safety devices which prohibit access;
- Keep children away from areas where appliances are in use (kettles, irons, hot stoves).

If you require immediate medical attention, call 9-1-1



Wine Tasting

Fluent in French Wines

March 25, 2017

7:00 to 9:30 PM

Cambrian Heights Community Hall
Tickets \$25 Members or \$35 non Members

Limited seating - 60 seats

How to drink French Fluently - understanding the main wine regions in France when they don't usually tell you the grape varietal.

Enjoy a glass of Prosecco as you meet and mingle with your neighbours. Then relax, learn and taste six wines from France with regional meats and cheeses to compliment tastings.

Tickets on sale through March 22, 2017.

To purchase community memberships and tickets visit www.cambrianheightscommunity.com or in person at Northmount Liquor 1041 - 40 Ave, NW.

Consider volunteering or more information on this Wine Tasting night, please email Barb at blmilne@shaw.ca



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403-283-4123



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Dr. Liang Zhao

DEC, DMD

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- ASK Dental -**

#200N, 4400 – 14th Street NW

(403) 457-9760

askdrzhao@gmail.com

www.askdrzhao.com



by Elizabeth Walsh, Licensed Property Manager
Real Estate Council of Alberta

Evolving Condominium Management

Condominium management is about to undergo a change in the near future as new regulations come into place requiring specific licensing and training, but is your Board or Property Manager forward focused? Are they evolving with these changes? These new regulations of mandatory licensing, the implementation of educational standards and the development of new higher educational opportunities, the Condominium Management profession is coming of age.

Those companies currently managing condominium properties will need to reach these higher professional standards and become compliant with mandatory licensing requirements, in order to provide best service within the condominium industry, for condominium homeowners, board members and their tenants.

Condominium owners and board members need relevant, practical and timely advice so it's important your Property Manager has a strategy to embrace these upcoming changes. Seek partnerships with a property management firm that provides the knowledge you will need to successfully transition through the change. Follow the Property Manager who embraces and incorporates change strategies into a property management plan that launches your condominium and its board forward.

The New Year is already underway! Get started by asking your condo board members and Property Manager what their forward-focused plan has in store for 2017!

your COMMUNITY BUSINESS OF THE MONTH

Happy Souls Playschool

Located in the heart of Rosemont, at the intersection of 14 Street and Northmount Drive, you will find Happy Souls Playschool located in Northmount Plaza. Happy Souls Playschool is a licensed facility providing preschool, summer camps, and before-and-after-school-care programs to the neighbouring communities.

The preschool program at Happy Souls Playschool accepts children of ages 2.5 - 5 years in the morning and afternoon. We offer literacy, math, art and crafts, science, sensory play, yoga, and music and movement in a happy and stimulating play-based learning environment.

When children are playing, we focus on teaching the necessary skills like: cooperating with others (taking turns), using language skills, verbalizing ideas, developing and using fine and gross motor skills, classifying by shape, size and color, experimenting with balance and form, using imagination, testing ideas, recognizing quantity, understanding number concepts, and improving hand-eye coordination.

While we are having group/circle time children are learning: language skills, pre-reading skills, learning to follow directions, gathering information, and connecting stories to pictures.

Playing is a MUST! Preschool years are not only optimal for children to learn through play, but also a critical developmental period. If children are not given enough play experiences, they start their academic careers with a disadvantage. They are more likely to be a part of the growing epidemic of developing anxiety, have difficulty paying attention, trouble controlling their emotions, utilize poor problem-solving methods, and demonstrate difficulties with social interactions. We are consistently seeing sensory, motor, and cognitive issues pop up more and more in later childhood, partly because of inadequate opportunities to move and play at an early age.

"If you're going to equalize the academic playing field, you've got to get the kids in early childhood programs."
- Paul Vallas Quotes

Happy Souls Playschool also provides before-and-after-school-care to the children attending Rosemont School

and Collingwood School (Spanish Bilingual School). Transportation is provided to and from school in our insured passenger van.

Registration for the Summer Camps is open and ongoing. Since space is limited, families are encouraged to sign up early. Please see our website for the details of all nine exciting weeks during the summer, as all weeks are designed to have equal indoor and outdoor experiences that offer a variety of fun, challenging and educational programs.

Contact: Rumisa Baig at 403-404-8585 or info@happysouls.ca

Hours of Operation: Mon-Fri 7:15 am-5:30 pm (Except Statutory Holidays)

Location: #209-3400 14 Street NW, Calgary T2K 1H9

Registration: www.happysouls.ca

*** Childcare Subsidy is available***

Children's early years lay the foundation for all that is to come. Our mission is to provide the early childhood education to every child in a play based learning environment where they can explore themselves for a successful life ahead

403-404-8585
info@happysouls.ca
#209 - 3400 - 14 St. NW

 **SIGN-UP NOW!**
Sign up for our Preschool Program/Summer Camp before March 31, 2017, and pay **No Registration Fee!!**
A SAVINGS OF \$100!



ROSEMONT COMMUNITY ASSOCIATION MEMBERSHIP FORM 2017

Benefits include free or reduced admission to this year's remaining community events:

10% discount on hall rental fees

Note: community association membership is required for most community-based sports associations.

Membership fees support the activities of the Rosemont Community Association (RCA). RCA is responsible for operation of the community hall, sports and social programs, adult and family community functions, the community ice rink, the Community newsletter, participation in the Calgary Recycling Centre and bringing community concerns to City Hall.

To join or renew your membership, please complete the following:

Family Name: _____

First Name(s): _____

Children's names and ages: _____

Address: _____

Phone Number: _____ **Email Address:*** _____

* Please note that the Rosemont Community Association will send reminders of community events or important information to your email address on an occasional basis. We will not disclose your personal details or email address to other community members or use the information for any other purposes.

Membership Fees:

Single person or Senior: \$5 Family membership: \$20

**Return the completed form with a cheque (payable to Rosemont Community Association) to:
Rosemont Community Association, PO Box 75007, 9-728 Northmount Drive NW, T2K 6J8. or drop off your envelopes to Rhonda Kerr, RCA Membership, 23 Rosewood Road.**

RENTAL INFORMATION

The ROSEMONT COMMUNITY Hall is located in beautiful Confederation Park at: 2807 – 10th Street NW

- The Rosemont Community Hall has three distinct areas available to rent.
- The main upstairs Hall with a small stage, a catering-style kitchen with a capacity of 90
- Downstairs Boardroom with meeting tables & chairs and breakfast bar with fridge, microwave and sink (capacity of 40)
- Downstairs Small Hall with lots of room to run, direct access to Confederation Park & separate bathroom (capacity of 50)

ROSEMONT RENTAL RATES:

Upstairs Main Hall

Sunday to Thursday (9 am to 5pm) - \$30 per hour
 Sunday to Thursday (after 5pm) - \$40 per hour
 Friday or Saturday day/evening - \$360 flat rate

Downstairs Rates – Boardroom or West Hall

Sunday to Thursday (9 am to 5pm) - \$20 per hour
 Sunday to Thursday (after 5pm) - \$30 per hour
 Friday or Saturday day/evening - \$175 flat rate each room
 Friday or Saturday day/evening - \$300 flat for both rooms

NOTE: All Rentals require a security deposit.

Other rental needs can be arranged, including long-term rentals.

The Hall is shown by appointment only. Please email the Hall Agent at hall@rosemontcommunity.com or call (403) 289-6533 and leave a message with your rental requirements.

Rosemont Community Association

PO Box 75007, #9, 728 Northmount Drive NW,
 Calgary, Alberta, T2K 6J8
 Ph: 403-289-6533 • info@rosemontcommunity.com

BOARD OF DIRECTORS

President	Kris Olsen
403 284 5506	kris@rosemontcommunity.com
Vice-President	Ami Iaria
403 474 4187	
Treasurer	Sue Godfrey
Secretary	Corinna Totino
403 289 1047	Corinna@rosemontcommunity.com
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403 289 6533	hall@rosemontcommunity.com
Membership Coordinator	Rhonda Kerr
403 276 1372	rhonda@rosemontcommunity.com
Newsletter Coordinator	Kris Olsen
403 284 5506	
Development Committee	Jeff Levack
	development@rosemontcommunity.com
Programs Coordinator	Jean Blackstock
403 284 9825	jean@rosemontcommunity.com
McKnight Sports Liaison	Sue Godfrey
403 226 2807	
Ice rink Coordinators	
403 923 2996	Kurt Wastegard
403 282 0361	Bud Edgar

ROSEMONT COMMUNITY GOES ONLINE!

We are excited to remind everyone of Rosemont Community Association (RCA)'s new website:
<http://www.rosemontcommunity.com/>

Please check it out. It is important that all Rosemont residents (not just RCA members) take a moment to register (by email address, Facebook or Twitter) so that we can be more effective at notifying you of upcoming RCA events and circulating important announcements about Rose-

mont to keep Rosemont residents informed. Please help us spread the word to everyone in the community. For those residents who do not have internet access, we will of course continue to try to reach them through other means.

Kids Come First

Introducing
NEW Kindergarten Care for Cambrian Heights School

Childcare provide from 7am 6pm and non-school days.
Monthly fee \$675.

Before and After School Care - \$375 per month.
We offer an educational, fun learning environment for the children.

Space is limited register today.
Drop by or check out our website at:
www.childrencomefirst.ca
Or call 403-241-3052.

Located in the Cambrian Heights School.
Accredited and Licensed / Subsidy is available



Helping Your Children with Social and Emotional Skills

As parents, we strive to help our children learn new things in the early years of their lives. These things include learning to walk, dress themselves, use the potty, and many many more things. Teaching your child social-emotional skills are just as important. These skills are: recognizing and understanding their thoughts and feelings; making healthy decisions and learning right from wrong; being a friend and making friends (teaching conflict resolution and cooperation); self regulation (calming themselves down in an appropriate manner); being empathetic to others.

Here are some tips on how to foster social emotional development in a preschool child:

1. Help them give a name to their emotions. Big emotions can be scary; having a name helps calm the scary.
2. Play games that teach emotions and body language
3. Calmly talk to them about what is troubling them and discuss the problem.
4. Teaching family values and how to have a positive attitude.

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge. We are always looking for interested parties to join our coalitions.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: nwecdcoalitions@gmail.com.

ROSEMONT PRESIDENT'S REPORT

The Rosemont Valentine's Day Party was a grand success, with great weather, great ice and good friends. The Rosemont ice guys had both outdoor rinks in fantastic shape after a challenging week of heavy snow and chinooks. Our fantastic organizers, Jill, Candace, Carlene, Tracy, Marnie and Kosha, decorated the Hall beautifully and then put on a great dinner. Mr. Music Man put on a great show, which had many of the young ones dancing and singing along. Brent Brennen finished off the evening with a lively fireworks display. Our new fire pit got a great workout and everyone had a great time.

I would also like to thank our FANTASTIC Shinney Hockey group. Grant Parks has done a fantastic job of organizing and coaching our dedicated group of close to thirty players. Thanks also to Jean Blackstock for putting the whole thing together. So far, Mother Nature has been kind to our ice, so we're hoping to keep playing in early March...Hopefully!!!

Another GIANT Thankyou to Ian Kirkland for organizing the residents of Rosemont for our third casino....Coordinating this event always takes a lot of hard work to round up the volunteers, and Ian worked tirelessly to get this very important event organized...His superb organizing carried the day, and we successfully ran both days... Thanks to everyone who helped out and especially to Ian, who without his tireless work, this things would have never got off the ground....

Save Saturday, April 15 for Rosemont Community Association's annual wine tasting event! We are still working out the details, but initial plans look to make this one of our more entertaining events that any wine connoisseur will not want to miss. Tickets will be go on sale in advance of the event at www.rosemontcommunity.com. Watch this space for more details next month!

Tickets this year will be \$35/community members (\$40 for non-members) and will be available from any member of the Rosemont Community Association, booking on the Rosemont website or by calling and leaving a message on the Hall line at 689-6533. We are limiting this to only 70 people, so please book early to avoid disappointment. There will be no tickets available at the door.

Through the dedicated and good work of many great volunteers, the community of Rosemont continues to thrive. We need to engage the new residents and not lose the traditional core of volunteers that have guided us through the last ten years so successfully I encourage everyone to give up a few hours of your precious free-time, to give back a little to Rosemont so it can continue to be the great place it is to live in. I have had the privilege of being the president of the Rosemont Community for close on twenty years. And all of it has been a great experience and opportunity to meet and work with a wide variety of people. But as I pass through my first year of retirement, I feel that it is time to get ready to pass the torch. So I am putting all the residents of Rosemont that 2017 will be my last year as president. Not that I am going anywhere. I will remain on the Board as Past-president to help guide and mentor the executive going forward. But I feel it's time for the younger generations to take over. I feel I've lost contact with our new residents with young children, and I would like to see one of their peers take over the reins so we can continue to provide the programs and services that are needed and relevant to young families living today in Rosemont, not 2010, not 2000 and certainly not 1958...

See you at the Wine Snob party.



Dr. Christine Lilge Dr. Lauren Vredenburg Dr. Jennifer Maguire

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Calgary 

Always bundle your plastic bags before recycling

Loose plastic bags cause problems at the recycling facility. They fly around, become stuck in other recyclables, jam equipment and cause costly delays.

Bundle your plastic bags into a single bag before putting in your blue cart or community recycling depot.



MX 419706

Bag your bags Properly bundle your plastic bags before recycling in your blue cart or community recycling depot. Learn more tips for preparing your recyclables at calgary.ca/recycling.

 **YES.** Bundle all stretchy plastic bags **together in one bag** and tie the handles closed. Put in your blue cart for recycling:



- Grocery bags
- Shopping bags
- Sandwich/lunch bags
- Ziploc®/freezer bags
- Bread bags
- Dry cleaner bags
- Plastic stretch wrap
- Bubble wrap

 **NO.** Do not recycle these items:



- No **single** or **loose** plastic bags.
- No crinkly bags like cereal or cracker bags.
- No food pouches

Why do plastic bags need to be bundled together? Plastic bags are sorted by workers rather than machines at the recycling facility. Bundling your plastic bags and wrap together makes it easier for the workers to separate it for recycling. It also prevents the bags from jamming equipment and contaminating the other recyclables.

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MCKNIGHT SOCCER

Recreational Soccer – Boys & Girls

Ages 3 to 13

Age at January 1, 2017

On-line Registration only from February 13 – March 31, 2017, at www.mcknightsoccer.ca

Required for Registration:

1. Registration fee of \$75 per child
2. Valid community membership from one of the communities listed below
3. Volunteer commitment (see website for list of volunteer positions) or \$75 fee per family if unable to volunteer in some capacity.

Volunteers are required for a variety of positions during the soccer season.

Position descriptions and sign-up are available on the web page.

GAMES are PLAYED Tuesday and Thursday evenings April 25 – June 15, 2017

McKnight Soccer is sponsored by:

Cambrian Heights Community Association
Highwood Community Association
Highland Park Community Association
North Haven Community Association
Rosemont Community Association



News from the Friends of Nose Hill

by Anne Burke

We are often contacted by individuals concerned about loss of green space, such as linear parks, golf courses, and other connectors used as wildlife routes. People need the outdoors for healthy lifestyles. In a recent media interview, I was asked to describe what Nose Hill means to the quality of life in North Calgary. In addition to hiking, walking, and cycling, I thought of wildlife sighting and plant studies, especially in the spring. However, there are butterfly enthusiasts too. Nose Hill has been the subject of photography, for decades, and there are paintings of the park in different seasons.

The Citizens for Nose Hill was an early preservationist group. Two other Calgary parks (which had been recognized as property of City-wide significance) were recently re-designated as municipal historical resources, under Section 26 of the Alberta Historical Resources Act. The aim is to protect each site in perpetuity, since they are eligible for provincial grant funds, in order to support on-going conservation.

Confederation Park was once known as the rough and featureless North Hill Coulee. This Park was added to Calgary's inventory of evaluated historic resources, in 2010, based on the community effort to establish the park, on the centennial of Canadian Confederation. Harry Boothman, a Superintendent of Parks, and Eric Musgrave, founder of the Centennial Ravine Park Society in

1965, were influential in its 18th-century garden design. Boothman was a long-time supporter and board member of the Canadian Parks and Recreation Association. There is a bursary operated in his name.

William Reader, a garden designer, was a City Parks Superintendent from 1913 – 1942. Reader Rock Garden, established in 1914, was added to the inventory in 2007, with native plants, local materials, gardens and rock pathways. It reflects the optimism in our city's early 1900s. It was the first Legacy Park to open. (www.readerrock.com)

This bylaw protection is intended to prevent demolition but will pertain to the parks by ensuring any future changes or conservation work follow best practices in handling historical resources. The change has no impact on City operating or capital budgets.

However, the conservation of cultural landscapes can often have significant environmental benefits, as many have biodiversity being conserved as part of the landscape. In turn, their conservation contributes to biodiversity in Calgary.

There were letters of support for this designation from both the Calgary Parks Department and Calgary Heritage Authority.

Mind Body Connection

Your mind and body are powerful allies. How you think can affect how you feel, and how you feel can affect your thinking.

An example of this mind-body connection is how your body responds to stress. Constant worry and stress over jobs, finances, or other problems can cause tense muscles, pain, headaches, and stomach problems. It may also lead to high blood pressure or other serious problems.

On the other hand, constant pain or a health problem like heart disease can affect your emotions. You might become depressed, anxious, and stressed, which could affect how well you treat, manage, or cope with your illness.

But your mind can have a positive effect on your health, too. Having a positive outlook on life might help you better handle pain or stress and stay healthier than someone who is less hopeful.

How do your thoughts and feelings affect your health?

Your brain produces substances that can improve your health. These substances include endorphins, which are natural painkillers, and gamma globulin, which strengthens your immune system.

Research shows that what your brain produces depends in part on your thoughts, feelings, and expectations. If you're sick, but you have hope and a positive attitude and you believe that you'll get better, your brain is likely to produce chemicals that will boost your body's healing power.

Negative thoughts and emotions can keep your brain from producing some of the chemicals that help your body heal. This doesn't mean you should blame yourself for getting sick or feeling down about a health problem. Some illnesses are beyond your control. However, your thoughts and state of mind are resources you can use to get better.

For more information on mind body connection, or tips on reducing stress, visit: My Health Alberta at www.myhealth.alberta.ca

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Reading

Explore nonfiction books with your child and discover . . . anything and everything!

Children love to read about real people, places, and events. Nonfiction books present real information in engaging and interesting ways. However, most children read a lot more fiction than nonfiction, so spend some extra time helping your reader learn how to navigate a nonfiction book.

Nonfiction books do not have to be read from cover to cover. Readers can use the table of contents and index to jump right to the information they are most interested in.

As natural learners, young readers are drawn to books that give information about something or explain something they've always wondered about. With a little help and guidance about 'how-to' read nonfiction, you can feel good about introducing your child to a new world of information and great new vocabulary words.

Explore these nonfiction books or ask your school or public librarian for other suggestions:

First Human Body Encyclopedia by DK Publishing

This beginner's encyclopedia shows what's inside the human body and how things fit and work together — through fascinating facts and close-up photographs. (Age 6 and up)

Frogs by Nic Bishop

Stunning color photographs of frogs as well interesting and quirky facts show how these beautiful, creatures survive in the wild. (Age 4-8)

Our Solar System by Seymour Simon

This beginner's guide to our solar system is filled with facts, engaging text, diagrams and charts, maps, and remarkable photographs. (Age 6-9)

With thanks to Reading Rockets

*Calgary Reads helps children learn to read with confidence and joy. Help further our work by supporting our annual fundraiser, the **CBC Calgary Reads Big Book Sale** happening **May 12-14, 2017 at the Calgary Curling Club**. Please donate used books for our sale starting Monday April 17 to Friday April 28 at the Calgary Food Bank and Tuesday May 2 to Sunday May 7 at the Calgary Curling Club. For full details of where and when and what we can accept, visit: calgaryreads.com*

EVERY WEEKEND UNTIL EASTER, THE GREAT LEGENDARY EASTER EGG HUNT – BUTTERFIELD ACRES

The hunt begins in the barn while listening to the Legend of the Easter Bunny, once you hear what the Easter Bunny needs each of the children to do, it's off with your baskets to do his bidding and find your goodies. Butterfield Acres boasts a real farm atmosphere and petting zoo that Calgarians have enjoyed for many years. Highly recommended for children 6 and under. Book in advance. More info: www.butterfieldacres.com



APRIL 8-9, 2017 KITTIES N' BLOOMS CAT SHOW – SHOULDICE ARENA

The 2017 Kitties 'N Blooms Annual cat show will be presented by the Calgary Cat Association again this year. From rex to Persian there are cats of every fancy at this show. Judges from around the continent show off the entrants and award ribbons for various categories. Vendors will also be in attendance to sell various cat paraphernalia. More info: www.calgarycatshow.com



APRIL 23, CALGARY JAZZ ORCHESTRA PRESENTS THE MUSIC OF BENNY GOODMAN & SUITE JUBILATION CD RELEASE – RIVER PARK CHURCH

The Calgary Jazz Orchestra, Johnny Summers, and the NWSO are back to bring you Suite Jubilation; a remarkable 11-movement suite composed for full jazz orchestra and choir by Johnny Summers. This popular Canadian composition sparked a recording project to share this music with everyone. Adults \$30 door/\$25 advance, Students \$20 door/\$15 advance. More info: www.calgaryjazzorchestra.com



APRIL APRIL APRIL APRIL

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

- ❖ **April 1, MAKEFASHION 5.0 - Telus Spark Science Centre**
MakeFashion is a world renowned fashion-tech show featuring designs debuted by international wearable technology designers from across the globe. From animated ties that display the wearer's favourite patterns, to dresses that read brainwaves and playback dreams, MakeFashion designers are inspired by fashion with high-tech functionality. More info: www.sparkscience.ca
- ❖ **April 7-9, Make it! The Handmade Revolution (craft show) – Big Four Building.** Since 2008, Make It has grown to become one of the most popular and well-attended craft fairs in Canada. Each year, more and more conscious shoppers buy from our "Makies," which in turn allows them to do the work they love. The event will feature over 175 "Makies," food trucks, a charitable silent auction, live music and a beer gardens. More info: www.makeitshow.ca
- ❖ **April 17-23, Calgary Underground Film Festival – various venues.** Founded in 2003, CUFF is a not-for-profit organization dedicated to programming films that defy convention. Actively looking to showcase titles in all genres, from horror, sci-fi and fantasy to comedies, thrillers and music-related films; you never know what you will encounter at CUFF and that's half the fun. More info: www.calgaryundergroundfilm.org
- ❖ **April 18-May 7, Calgary Performing Arts Festival (formerly Kiwanis Festival) – Mount Royal University**
In 1931, a small group of eager musicians decided to take their love of music to the next level by creating the Calgary Music Festival and today, as CPAF, it is one of the largest amateur competitive festivals in North America. Featuring piano, string, vocal, musical theatre and much more, this festival has a gem for everyone. More info: www.cpfestival.ca
- ❖ **April 20, LOVE HER presented by Ovarian Cancer Canada – Hotel Arts.** LOVE HER is back, bigger than ever and celebrating with an evening of fashion, comedy, cocktails, music and exciting live and silent auctions. Founded in 1997, Ovarian Cancer Canada supports women and their families living with the disease by raising awareness among the general public and health care professionals. More info: www.ovariancanada.org
- ❖ **April 21-22, The 2017 Dairy Classic Championship Show – Stampede Grounds**
This dairy cattle show is held in the Agriculture Barns and is offering the Youth Judging Clinic in addition to the breed shows once again this year; the Jersey Show on Friday, April 21, 2017 and the Holstein Show on Saturday, April 22, 2017. Admission for all of the events is complimentary. More info: www.ag.calgarystampede.com



**MLA Calgary-Klein
Craig Coolahan**
#9, 2400 Centre St NE
Calgary, AB, Canada T2E 2T9
Phone: (403) 216-5430
Fax: (403)216-5432
calgary.klein@assembly.ab.ca

Hello Calgary-Klein,

Alberta's diversity is one of its greatest strengths. Alberta has always been a home to those seeking refuge, and this will not change. Refugees and immigrants to Canada enrich our society beyond measure, and make incredible contributions to our communities, our economy, and our thriving cultural fabric.

Alberta will welcome those fleeing persecution, terror and war with open arms because all people deserve to live in peace and security. My family and I feel incredibly fortunate to enjoy these things in Alberta. Our country was largely built by wave after wave of immigrants, who made new lives, sharing lands long home to Indigenous peoples. And so just as previous generations made their homes here thanks to the kindness of others, so too should we offer this same kindness to those starting new lives here. Hard work and a commitment to building strong and diverse communities have shaped this great province. As our economy recovers, let's work together to welcome newcomers and offer them care and opportunities to succeed.

Let's work together for a prosperous, diverse, and fairer Alberta.

Government goes back into session this month. Our office is happy to hear from you, and may be reached at calgary.klein@assembly.ab.ca or 403-216-5430. I'll be available for the next *Coffee with Craig* at the Velvet Café (502 25 Ave NW) on April 8th, from 9am-11am.



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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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**Councillor, Ward 7
Druh Farrell**
ward07@calgary.ca
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Even during the current economic downturn, interest in new infill housing remains strong. While housing development brings investment and new families into our neighbourhoods, there are often challenges that come with construction.

Some of the most common calls to our office from communities experiencing redevelopment are about public property damage, noise, and unkempt sites during construction. While we have bylaws to deal with noise and site conditions, damage to public property is usually discovered after the fact.

The costs are significant. When we added up the damage to public trees, sidewalks, laneways, and roadways, we discovered there was an average of \$163 in tree damage and \$1,391 in concrete damage per infill site. Historically, The City has been on the hook for covering the costs. Between 2011 and 2015, contractor damage to public property cost Calgarians over \$9 million.

This is why I put forward a motion to Council to ensure that contractors, not Calgarians, are responsible for covering all the costs of property damage. We are already seeing improvements and responsible contractors are working to prevent damage in the first place. The City's new strategy has three parts:

- Increase oversight of construction sites and work with the construction industry to improve behaviour.
- Encourage all citizens and City employees to use the 311 service to track and measure damage.
- Require pre- and post-construction photographs of nearby City property including trees, sidewalks, laneways, and street signs. Please note: Similar documentation can be used to protect your own property if you live beside or behind a construction site.

This work will help save Calgarians millions and encourage infill developers to be good neighbours. You can help by reporting damage and other infill concerns. If you see unsafe construction sites, unkempt sites, noise bylaw violations, or property damage, please call 311 or report online at www.calgary.ca/311.



**Calgary Confederation
Len Webber, MP**
2020 10 St NW, T2M3M2
403-220-0888
len.webber@parl.gc.ca

What's Your Excuse?

If you needed a life-saving organ or tissue transplant, would you expect our healthcare system to do everything possible to make that a reality and save your life? Of course you would.

However, the real reason you likely would not get that life-saving operation is because there is a shortage of organs in Canada ... well, not the organs, but the donors.

There are 4,600 Canadians in need of a transplant and hundreds of those will die this year waiting for a one. Shockingly, only 8% of adult Albertans are registered to donate their organs. (In Ontario, 29% are registered!)

We don't have a lack of healthy organs in Canada, but we do have shortage of people willing to donate them.

As one eight year-old girl recently said to me, "Why wouldn't you donate your organs? What are you going to do with them after you die?"

Is it fair not to offer your organs for donation, but expect others to donate to you if you need a transplant? That's a question only you can answer but I am a firm believer in the Golden Rule.

I will continue to encourage Canadians to register to be an organ donor. My proposed legislation would make registering to be a donor easier by allowing people to register as an organ donor through their tax return.

Research shows that 90% of Canadians support organ and tissue donation and yet only 24% have taken the time to register as donors. In real numbers, we have 2.84 million willing donors and the potential to increase that to 11.74 million.

Registering is only half the process, as you need to also discuss your wishes with your family. Sadly, many families overrule those wishes upon death. It is estimated that 10% of registered donors have their families veto their wishes. Imagine how many lives could have been saved.

It is critical that you discuss your intentions with your family and let them know you really do want to save another life when you have the opportunity. The life you save could end up saving theirs one day.

Registering is easy. Just visit www.lenwebber.ca/donate-today and follow the link to the Alberta registry.

While some have legitimate reasons why they cannot donate, most simply have an excuse. What is yours?

COMMUNITY ANNOUNCEMENTS

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

LOVE TO SING? Want to experience the benefits of singing in a welcoming vocal community? Vocal Latitudes may be the choir for you. A non-audition World Music community choir, Vocal Latitudes meets Tuesday evenings from September to May in a convenient central location. For more information, see www.vocalatitudes.org.

VOLUNTEERS NEEDED: The Calgary Performing Arts Festival seeks volunteers for the 2017 Festival, April 18 to May 6 at Mount Royal University. Positions are available mornings, afternoons, evenings and Saturdays. For more information contact Holly at 403-283-6009 or volunteer@cpafestival.ca.

FLC SENIORS CLUB – TAI CHI 55+: Study of the 105 Movement Yang Style. Our Spring Session starts April 6th, with Thursday morning classes held at the Trico Centre. For further information please call Juliette at 403-225-1593 or Christel at 403-271-1289, or email taichi@flcseniors.ca. www.flcseniors.ca

ROSEMONT COMMUNITY ASSOCIATION MEETINGS

are held monthly and are open to anyone in the community who wishes to attend

Contact Kris Olsen
to have items put on the agenda

Phone: 403-284-5506

Email: info@rosemontcommunity.com



The Gray Partridge

Article by J.G. Turner

Photo by Daniel Arndt (no changes made from <https://www.flickr.com/photos/ubermoogle/18050433104/>)

The Gray Partridge, also known as the Hungarian Partridge, was introduced into Alberta when 70 pairs were imported from Hungary and released in 1908 near Midnapore. The smallest of Alberta's game birds, the Hungarian Partridge has an average length of 12 in./32 cm, a wingspan of 21 in./54.5 cm wingspan, and a weight of 15.6 oz./435 grams. Its neck and tail are short, its body is stout and its wings are short and rounded. This bird lives up to its name with grey legs and a grey bill as well a dark u-shaped patch on its belly, a rusty face and chestnut bars on its flanks. This game bird is the only partridge whose breast is decorated with fine wavy lines (vermiculated) of black, white and brown. A reddish brown tail and unmarked, chestnut outer wing feathers can be seen in flight.

Fun Facts:

- Originally found in Europe and Asia, this game bird was brought to live on flat agricultural land in southern British Columbia, south central Saskatchewan and Alberta.
- The Gray Partridge lives in grassland and parkland regions of Alberta but there is also a separated population in the Peace River area.
- Its habitat is open grassland, farmland and grain fields, which have an adjacent area of woody cover for hiding in. It prefers to live on the border between scrubland and areas of cultivation.
- Although this bird can fly, it prefers to spend most of its time on the ground foraging for seeds.
- The Hungarian Partridge is a ground nesting bird, creating a grass lined nest hollow in long grass or under a bush.
- The hen produces some of the largest clutches of any bird species, averaging 16-18 and can lay up to 22 eggs at one time!
- Prior to courting, males engage in prolonged battles to establish breeding territories.
- When it is flushed, it explodes from cover with a clatter of wings and rapid cackle, taking a low and fast flight path to new cover.

If you find an injured or orphaned Gray Partridge or other wild bird or animal, please contact the Calgary Wildlife Rehabilitation Society at 403-239-2488 for tips, instructions and advice, or look at the website at www.calgarywildlife.org for more info.



Saint Patrick

Saint Patrick (Latin: *Patricius*; Irish: *Pádraig*) was a fifth-century Romano-British Christian missionary and bishop in Ireland. Known as the "Apostle of Ireland", he is the primary patron saint of Ireland, along with saints Brigit of Kildare and Columba. He is also venerated in the Anglican Communion, the Old Catholic Church and in the Eastern Orthodox Church as equal-to-apostles and the Enlightener of Ireland.

The dates of Patrick's life cannot be fixed with certainty but there is broad agreement that he was active as a missionary in Ireland during the second half of the fifth century. Early medieval tradition credits him with being the first bishop of Armagh and Primate of Ireland, and they regard him as the founder of Christianity in Ireland, converting a society practising a form of Celtic polytheism. He has been generally so regarded ever since, despite evidence of some earlier Christian presence in Ireland.

According to the *Confessio* of Patrick, when he was about 16, he was captured by Irish pirates from his home in Great Britain, and taken as a slave to Ireland, looking after animals, where he lived for six years before escaping and returning to his family. After becoming a cleric, he returned to northern and western Ireland. In later life, he served as a bishop, but little is known about the places where he worked. By the seventh century, he had already come to be revered as the patron saint of Ireland.

Saint Patrick's Day is observed on 17 March, the supposed date of his death. It is celebrated inside and outside Ireland as a religious and cultural holiday. In the dioceses of Ireland, it is both a solemnity and a holy day of obligation; it is also a celebration of Ireland itself.

https://en.wikipedia.org/wiki/Saint_Patrick



Cambrian Rosemont Real Estate Update

Last 12 Months CAMBRIAN
MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
January 2017	\$671,950	\$650,000
December 2016	\$588,800	\$575,000
November 2016	\$399,900	\$393,750
October 2016	\$0	\$0
September 2016	\$609,900	\$575,000
August 2016	\$568,000	\$537,500
July 2016	\$737,000	\$698,000
June 2016	\$524,450	\$512,500
May 2016	\$569,900	\$562,750
April 2016	\$519,250	\$503,000
March 2016	\$709,900	\$695,000
February 2016	\$535,000	\$530,000

Last 12 Months ROSEMONT
MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
January 2017	\$624,900	\$610,000
December 2016	\$599,000	\$580,000
November 2016	\$573,750	\$566,750
October 2016	\$1,095,000	\$1,005,000
September 2016	\$649,900	\$640,000
August 2016	\$359,000	\$350,000
July 2016	\$629,900	\$629,000
June 2016	\$664,500	\$632,500
May 2016	\$0	\$0
April 2016	\$745,000	\$715,000
March 2016	\$549,945	\$549,945
February 2016	\$0	\$0

To view more detailed information that comprise the above MLS averages please visit cambrian_heights.great-news.ca or rosemont.great-news.ca

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