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#### **IMPORTANT CHANGES TO TAX-EXEMPT** WEALTH TRANSFER STRATEGIES

On January 1, 2017, the federal government is amending regulations that will significantly decrease the tax efficiency of current "wealth transfer" strategies.

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#### TAX-SMART INVESTMENT AND ESTATE STRATEGIES

**GUEST SPEAKERS:** 

PETER BOWEN, B.A.(Econ), CA Vice-President, Tax Research and Solutions



M.C. (MIKE) MACOUN, CLU, CHS, TEP Vice-President, Estate Planning Specialist **RBC** Wealth Management Dominion Securities

Tuesday, August 30, 2016 3:00 pm - 5:00 pm

DATE:

RSVP:

LOCATION: Canada's Sports Hall of Fame 169 Canada Olympic Road S.W. Canada Olympic Park Calgary, AB T3B 6B7

> Kara Weber (403) 299-7374 kara.weber@rbc.com

All guests must be registered to attend. (Space is limited.)

Refreshments will be provided Complimentary parking on site Includes access to interactive sports, Hall of Fame Gallery & Museum Tour

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 Calgary, AB – T2G 4B8
 Calgary, AB – T3G 557

 Phone: 403.397.3454
 Phone: 403.239.2211

 boardmail@citadelca.ab.ca
 president@hawkwoodcalgary.com

 www.citadelca.ab.ca
 www.hawkwoodca.com

### Elected Officials



MP Pat Kelly Calgary Rocky Ridge 202, 400 Crowfoot Crescent NW Calgary, Alberta T3G 5H6 Tel: 403-282-7980 Fax: 403-282-3587 Email: pat.kelly@parl.gc.ca







Fax: 403-268-3823 Email: ward02@calgary.ca Web: www.calgary.ca/ward2 MLA Michael Connolly Calgary-Hawkwood #29, 735 Ranchlands Blvd NW Calgary. AB Canada T3G 3A9

#### #29, 735 Ranchlands Blvd NW Calgary, AB Canada T3G 3A9 Phone: (403) 216-5444 Fax: (403) 216-5442 Email: calgary.hawkwood@assembly.ab.ca



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#### **Calgary JKA Karate**

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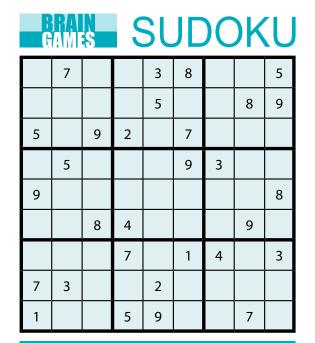
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FIND SOLUTION ON PAGE 17

## Citadel / Hawkwood mybobysitterlist

Name	Age	Contact	Course			
Paige	13	403-650-5656	Yes			
Courtney	14	403-862-0079	Yes			
Sierra	14	403-202-1790	Yes			
Ryan	14	403-852-9602	Yes			
Sharon	15	587-354-1466	Yes			
Blake	15	403-547-3197	Yes			
Madina	15	587-353-1955	Yes			
Maya	15	403-266-1735	Yes			
Chaerin	15	587-331-9207	Yes			
Sophia	15	403-208-9559	Yes			
Sandy	16	403-617-1516	Yes			
Courtney	16	403-295-7751	Yes			
Kristyn	21	403-554-1916	Yes			
Kelly	33	403-992-6361	No			
Sai Madhu	37	403-903-2183	No			
Roni	55	403-247-9913	Yes			

Calling All BABYSITTERS Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in. Calling All PARENTS Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.





Citadel Community Association 860 Citadel Dr. NW, Calgary, AB – T2G 4B8 Phone: 403.397.3454

boardmail@citadelca.ab.ca | www.citadelca.ab.ca

#### Last 12 Months Citadel MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
July 2016	\$479,000.00	\$474,000.00
June 2016	\$459,900.00	\$448,500.00
May 2016	\$459,900.00	\$459,375.00
April 2016	\$469,950.00	\$458,950.00
March 2016	\$478,450.00	\$469,000.00
February 2016	\$460,000.00	\$452,000.00
January 2016	\$422,500.00	\$416,000.00
December 2015	\$449,900.00	\$450,000.00
November 2015	\$434,700.00	\$429,000.00
October 2015	\$459,900.00	\$450,750.00
September 2015	\$454,900.00	\$452,250.00
August 2015	\$469,900.00	\$458,750.00

#### Last 12 Months Citadel MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
July 2016	6	9
June 2016	б	15
May 2016	16	16
April 2016	16	14
March 2016	22	14
February 2016	6	9
January 2016	7	5
December 2015	6	7
November 2015	16	10
October 2015	12	12
September 2015	13	12
August 2015	14	14

To view the specific SOLD Listings that comprise the above MLS averages please visit **citadel.great-news.ca** 

#### COMMUNITY NEWSLETTER AD SALES



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## IN & AROUND Calgary



## **Going on a Holiday?** A message from the Federation of Calgary Communities

#### **Building Safe Communities Program**

Summer is a great time to enjoy a vacation! But before you do, make sure your home is as safe and secure as possible. The keys to protecting your home when you are on vacation are not just the ones you use in your deadbolt lock.

Below are a few tips to help reduce your risk:

- Double-check your insurance policy to find out if and when you require someone to check in on your home.
- Give a trusted neighbour or friend a key and trip details and ask them to check in on your home.
- Don't advertise that you are going away.
- Create a lived-in appearance. Be sure the lawn is cared for while you are away, and stop any newspapers or have flyers collected from your door or yard. Set lights and a TV's on timers so your home is not dark during evening hours.
- Encourage a trusted neighbour to park their car in your driveway while you are gone.
- Ensure that your door and window locking devices are working and are locked when you leave.
- Disable your garage door while you are gone. Most have a switch that can be turned off. You can also put a padlock or similar device through the door tracks to ensure it cannot be opened.
- Put away, or secure all lawn furniture or tools (i.e. ladders) so they can't be used to assist a burglar in gaining access to the upper story windows of your home.

For more helpful safety resources, check out the Federation of Calgary Communities website at calgarycommunities. com, under the Building Safe Communities tab.

#### SEPTEMBER 3 CALGARY HIGHLAND GAMES

Anyone can come out to the Springbank Park For All Seasons for a day of highland dancing, piping, heavy lifting and plenty of tartan. www.calgaryhighlandgames.org



8

14

15

23

27

SEPTEMBER

CALGARY GREEK FESTIVAL During the course of the weekend, Calgarians are invited to drop by the

Calgary Hellenic Society and enjoy traditional Greek food, entertainment and culture. www.calgaryhellenic.com



#### SEPTEMBER 21 TO 25 HERITAGE INN INTERNATIONAL BALLOON FESTIVAL

Balloons from across Canada and from all over the world will be in High River air space, and many of the pilots flying these balloons will be competing in the Canadian Balloon Championship. www. heritageinninternationalballoonfestival. com



## YOUR COMMUNITY/CITY EVENTS **AT A GLANCE...**

August 26 to September 5 - Calgary Pride Parade and Festival: Celebrate Calgary's LGBTQ community and attend events during the Calgary Pride Festival. After watching the parade, head to Shaw Millennium Park for the free Pride In the Park festival. www.calgarypride.ca September 1 - Easter Seals Drop Zone: On the first day

- of September, 120 brave Calgarians are facing their fear of heights. They'll rappel down the 30-storey Sun Life tower in support of the Easter Seals. www.thedropzone.ca
- **September 3 to 4 X-Fest Calgary:** This year, X-Fest has an impressive lineup of contemporary musicians. Headliners at the festival include Twenty One Pilots, The Lumineers, Halsey, Vance Joy and Arkells. www.xfestcalgary.com
- September 9 Calgary Night Market: Running roughly every second weekend, this night market is a chance to sample local food, shop at vendors' booths and listen to buskers and other live performers. www.facebook.com/ events/1104858596212708
- September 10 to 11 One Love Music Festival: The One Love Music Festival is Western Canada's Largest Hip Hip Music Festival! Featuring Big Sean, Lil' Wayne, Tyler, The Creator and more. www.onelovefestival.ca
- **September 13 to October 1 Waiting For the Parade:** Waiting For the Parade is a Canadian production that centres around five Calgarian women living during the Second World War. www.atplive.com

**September 14 to 18 – Beakerhead:** Science and engineering meet art and design when Beakerhead takes over the city for its fourth year. There are going to be more than 60 events that combine science, engineering and art. www.beakerhead.com

September 20 - The YWCA Walk a Mile In Her Shoes: Each September, more than 200 men strap on highheeled shoes to help raise awareness of family violence. Money raised supports the work that the YWCA of Calgary does to help break the cycle of domestic violence and keep women and children safe. www.ywcaofcalgary.com September 21 to October 2 - Calgary International Film Festival (CIFF): The Calgary International Film Festival (CIFF) is a 12-day showcase of up to 200 multigenre films from Canada and over 40 other countries. The festival hosts gala events, screenings, award ceremonies and special presentations. www.calgaryfilm.com



## Hawkwood Community Association

Box 62011, RPO Hawkwood NW, Calgary, AB – T3G 5S7 Phone: 403.239.2211

president@hawkwoodcalgary.com • www.hawkwoodca.com

#### Last 12 Months Hawkwood MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
July 2016	\$529,850.00	\$512,500.00
June 2016	\$499,900.00	\$495,000.00
May 2016	\$519,900.00	\$510,000.00
April 2016	\$629,900.00	\$612,500.00
March 2016	\$499,900.00	\$495,000.00
February 2016	\$494,900.00	\$485,000.00
January 2016	\$509,350.00	\$498,500.00
December 2015	\$499,900.00	\$477,500.00
November 2015	\$518,900.00	\$510,000.00
October 2015	\$517,000.00	\$505,000.00
September 2015	\$515,000.00	\$508,000.00
August 2015	\$544,450.00	\$531,500.00

#### Last 12 Months Hawkwood MLS Real Estate Number of Listings Stats

	0				
	No. New Properties	No. Properties Sold			
July 2016	9	12			
June 2016	16	9			
May 2016	9	13			
April 2016	13	6			
March 2016	12	11			
February 2016	7	8			
January 2016	10	2			
December 2015	5	3			
November 2015	5	8			
October 2015	7	5			
September 2015	11	9			
August 2015	15	14			

To view the specific SOLD Listings that comprise the above MLS averages please visit **hawkwood.great-news.ca** 

#### **COMMUNITY NEWSLETTER AD SALES**

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IN & AROUND CALGARY How will Calgary's main streets evolve in the future?

The City's Main Streets initiative has heard from Calgarians like you. In addition to considering your input, City planners have been working with economic research experts and industry partners to understand what the market demand, opportunities and challenges are for development in main street areas.

To see what The City learned about your main street neighbourhood through this work, visit calgary.ca/ mainstreets.

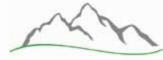
Upcoming opportunities to get involved"

There will be more opportunities to share your input about the future of Calgary's main streets in the fall.

Visit calgary.ca/mainstreets to become a subscriber and receive email updates about event dates and online input opportunities.







Matt Grigg is a licensed mortgage professional serving the Alberta community.

With a primary focus on customer service, Matt provides expertise in arranging mortgage financing for residential purchases, refinancing and renewals

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- Matt will provide proactive solutions to help find a competitive mortgage that works for YOU.
- $\cdot \, \text{YOU}$  can have confidence and trust in the results of YOUR unbiased mortgage options.
- Matt will work as YOUR intermediary between YOU and the lender (bank) to negotiate mortgage loans.
- $\cdot$  Matt will continue to support YOU beyond the home buying purchase.

#### WHY UTILIZE A MORTGAGE PROFESSIONAL?

Benefit from an unbiased advisor. Rather than working for one financial institution, Matt deals with many financial institutions on a daily basis. This allows him to offer YOU more choices and highly competitive options.

- Matt brings expertise, simplicity and a sense of calm to the mortgage process.
- · He is a facilitator on your behalf who will also provide current mortgage education along the way.



"Matt Grigg helped me buy my first home. He led the entire mortgage application process proactively so that I was ahead of the process. Once I made an offer, my side was accounted for and I felt in control as a home buyer. Matt made it easy. I have comfort in knowing he will be there for me when my renewal comes up."

#### Kyla Workman



#### MATT GRIGG Mortgage Professional

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## **The Over-achieving Swainson's Hawk**

Article by Cheryl Bowman and Andrea S. H. Hunt. Photo by Andrea S. H. Hunt

Swainson's Hawks are commonly seen raptors that live in southern Alberta from May – October. They are a medium sized hawk (50 centimetres long) that can be identified by a distinctive dark reddish bib on their chest, pointed wingtips (in flight) and dark bars on the underside of their tails. Swainson's Hawks live in prairie and grasslands, including crop and grazing lands.

#### **Fun Facts:**

- Swainson's Hawks have one of the longest migratory routes of any North American raptor.
- These hawks can travel over 20,000 km annually between their breeding grounds in Alberta and their wintering grounds in South America (Uruguay, Paraguay and Argentina).
- The diet of a Swainson's Hawk changes depending on the time of year.
- When nesting in the summer months, they eat rodents but Swainson's Hawks switch to grasshoppers in September and October (about 100 per day!) in order to transition

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to their largely insectivore diet in South America.

- Look out for these hawks in farmer's fields in the autumn, chasing grasshoppers on foot!
- Swainson's Hawks are also known as locust or grasshopper hawks.
- Swainson's Hawks are protected under Alberta's Wildlife Act.
  A group of migrating or soaring hawks is called a kettle. A kettle can contain tens of thousands of individuals.
- A young hawk is called an eyas.

#### Did you know?

• Fledgling Swainson's Hawks are quite heavy and often crash on their first flight out of the nest, which can break their wings.

If you find an injured or orphaned Swainson's Hawk, please call our wildlife hotline 403-239-2488 or bring it to our wildlife hospital in the northwest of Calgary (www. calgarywildlife.org).



## Be the king of the (healthy) grill

By Paula Trotter The Canadian Cancer Society, Alberta/NWT Division



And rightfully so – there's nothing quite like a summer barbecue with family and friends.

million manage

1.1

So I know being told to limit barbecuing meat can be tough to hear. But studies have shown that eating a lot of well-done and charred meat cooked at high temperatures may increase your risk of developing certain cancers, such as colorectal cancer.

That's because cooking meat, poultry and fish at high temperatures – including barbecuing, broiling and frying – creates chemicals that are associated with an increased risk of developing cancer.

I'm not telling you to stop grilling outright – instead, cut back on how much barbecued meat you eat.

And when you do fire up the barbecue, follow these Canadian Cancer Society tips to safely prepare your grilled food:

- Marinate meat, poultry and fish in vinegar or lemon juice and your favourite herbs before cooking. This will reduce the formation of the chemicals that increase the risk of cancer.
- Choose lean cuts of meat, poultry and seafood over higher-fat meat, and trim off any visible fat (including the skin from poultry). This will reduce the amount of harmful chemicals from the smoke created by burning fats.
- Barbecue slowly and prevent charring by keeping the food away from the hot coals so that flames are less likely to engulf the food.
- Skewer a kebab. Smaller cuts of meat cook faster, which means there is less time for chemicals to form.
- Partially cook your meat before throwing it on the grill. The less time your meat is on the grill, the less it will be exposed to chemicals.

**Bonus tip:** Learn to enjoy slow cooking. Choose to cook your meats at lower temperatures by braising, stewing, steaming or roasting more often. Then serve with a side of barbecued vegetables – most experts agree plant-based foods do not form cancer-causing chemicals when cooked at high temperatures. Grilled fruit is also delicious for dessert.





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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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**HOW DOES YOUR GARDEN GROW?** Is your garden looking tired or neglected? If so, it may need counselling. First, an onsite evaluation followed by session(s) that include advice, rejuvenation, maintenance and design of new, overgrown, or old flower and shrub beds. Please contact Kathy at "A Garden Thyme" 403-874-4142.

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Support Calgary's community associations by joining the Federation of Calgary Communities on Friday, August 12 at the Canal at Delacour Golf Club for their 4th Annual Chip in Fore Communities Golf Tournament, presented by Save-on-Foods!

One of the most affordable golf tournaments in the city, at only \$160 for an individual or \$600 for a foursome, Chip in Fore Communities includes lunch, a round of golf with a power cart, a delicious dinner, amazing prizes, and most importantly, a day of fun!

This golf tournament will help raise funds for the Federation of Calgary Communities to continue providing programs and services that help community associations build capacity, support and mobilize residents, be on the front lines of important issues in their community, and improve neighbourhood life in Calgary.

Visit calgarycommunities.com for more information or to register today!



Joe.Magliocca@calgary.ca Calgary.ca/ward2 Facebook: Joe Magliocca • Twitter: @Joe\_Magliocca On June 27th, Calgary City Council approved a property tax freeze for 2017. I voted in favor of the tax freeze for three reasons. First, residents of Ward 2 (via phone calls, emails and at town halls), were very clear that lower taxes should be a top priority of City Council. Secondly, many Calgary families are facing tough decisions due to the economic downturn in our province. Many Calgarians have lost their job or have seen their incomes decline. I believe that The City should do what it can to help Calgarians at this time by preventing their taxes from

to help Calgarians at this time by preventing their taxes from increasing. Lastly, I voted in favor of the tax freeze because City administration confirmed that the option to freeze property tax would lead to greater efficiencies and would not result in any service reductions. I would ask that the provincial government join us by freezing their portion of Calgarians property tax.

The Community Standards Bylaw which regulates neighbourhood nuisances like yard maintenance, noise, and fire pit use is being reviewed to ensure that it still meets the needs of citizens. The City is asking for your feedback; please send your ideas to improve the Community Standards Bylaw to CSBreview@calgary.ca.

Calgary Transit has completed a major review of 12 bus routes in the northwest and inner city resulting in changes to bus routes in Ward 2. Effective September 5, 2016, changes will be made to Route 97 (South Ranchlands – Scenic Acres) and Route 113 (North Ranchlands – Scenic Acres). To see all the new bus routes that go into effect on September 5, 2016, please visit calgarytransit.com/2016ServiceReview.

#### Joe's Tip:

As our kids get back to school, please slow down and watch out for children on our streets and at our crosswalks. Safe streets are a responsibility of all of us.



It is just like man's vanity and impertinence to call an animal dumb because it is dumb to his dull perceptions.



## ERVICES Tree Services!

We are in your neighbourhood

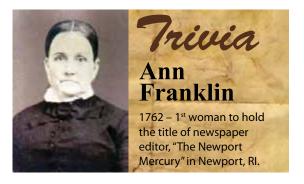
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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.



## CALGARY PUBLIC LIBRARY

#### **Get Hip to Flipster!**

Calgary Public Library patrons can now access even more digital content on their computers, laptops or mobile devices: Flipster! Flipster has unique and desirable online magazine content that Calgarians want to see, particularly Canadian content. (Zinio continues to be available.)

With Flipster, you can find Maclean's, MoneySense, Rolling Stone, Chatelaine, Flare, and Today's Parent, and much more. Other unique and patron-requested titles in Flipster include magazines from the Time Inc. Group—People, Sports Illustrated, Fortune, Cooking Light, Entertainment Weekly, Food & Wine, InStyle, Real Simple, and Travel & Leisure.

This means more FREE magazines for Calgarians to enjoy on their electronic devices! All you need is your Library card to get started! Visit calgarylibrary.ca or ask your librarian for more information.

#### Calgary's Newest Library: Quarry Park!

Swim, workout, and check out a book at your NEW Quarry Park Library at Remington YMCA!

The new Quarry Park Library features more rooms for programming and community events, longer hours, and more seating and space. Located within the new Remington YMCA in Quarry Park, patrons have easy access to a fitness centre, swimming pool, and daycare. The Library Book Truck continues to visit the communities surrounding the former Glenmore Square Library.



## IMPORTANT NUMBERS

#### 911 403.253.5250 Alberta Adolescent Recovery Centre Alberta Health Care 403.310.0000 **AHS Addictions Hotline** 1.866.332.2322 ATCO Gas – 24 Hour Emergency 403.245.7222 Calgary HEALTH LINK 24/7 811 Calgary Police – Non Emergency 403.266.1234 Calgary Women's Emergency Shelter 403.234.7233 Child Abuse Hotline 1.800.387.5437 Kids Help Line 1.800.668.6868 Child Safe Canada 403.202.5900 Distress/Crisis Line 403.266.4357 ENMAX – Power Trouble 403-514-6100 Poison Centre - Alberta 1-800-332-1414 **HOSPITALS / URGENT CARE** Alberta Children's Hospital 403.955.7211 **Foothills Hospital** 403.944.1110 Peter Lougheed Centre 403.943.4555 **Rockyview General Hospital** 403.943.3000 Sheldon M. Chumir Health Centre 403.955.6200 South Calgary Urgent Care Health Centre 403.943.9300 403.956.1111 South Health Campus OTHER Calgary Humane Society 403.205.4455 Calgary Parking Authority 403.537.7000 SeniorConnect 403.266.6200 Calgary Kerby Elder Abuse Line 403,705,3250 Alberta One-Call Corporation 1.800.242.3447 **City of Calgary** 311 Social Service Info & Referral 211 **Community Mediation Calgary Society** 403.269.2707 RNR Lockworks Ltd. 403.479.6161 Road Conditions – Calgary 511 Weather Information **Gamblers Anonymous** 403.237.0654

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## COMMUNITY ANNOUNCEMENTS

#### Deadline – 1<sup>st</sup> of each month for the next month's publication Contact news@great-news.ca

#### Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.

✦ Forty word limit

## GAMES SUDOKU

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### MEET LOCAL PRODUCERS AND BUY STRAIGHT FROM THE SOURCE

HAMPTONS AUG 31

CROWFOOT AUG 3 / SEPT 7

DALHOUSIE AUG 2,16,30 / SEPT 13 BEDDINGTON AUG 11 / SEPT 1



## IN & AROUND CALGARY

## **EMS: Accidental Poisoning**

Alberta Health Services, EMS, would like to remind parents of precautions they can take to prevent accidental poisoning emergencies in their home. The ingestion of prescription or over-the-counter medications is the leading cause of accidental poisoning in children. Just small amounts of adult medications can be seriously harmful or even fatal to your child if swallowed. Other causes of poisoning are household cleaning products, dishwasher tablets, or personal care items, such as mouthwash or nail polish.

#### **Medication storage**

- Store all medications in a locked container and place in an area inaccessible to children.
- Keep medications in their original child-resistant packaging.
- Do not mix multiple medications inside one bottle.
- Install child locks on all cabinets, or drawers where medications are stored.

#### Safety tips

- Ensure visitors to your home keep their personal belongings out of children's reach as they may contain unsafe items.
- Take extra precautions with medicines that appeal to children such as chewable vitamins, or flavored cough and cold syrups.
- Properly dispose of any medications or toxic household products no longer in use.

#### Prevention

- Store household products, car supplies, and cosmetics in cupboards or drawers that can be locked.
- Apply child safety latches to drawers and cabinets if they are within a child's reach.
- Know and label all plants in and around your home and garden.
- Antifreeze, windshield washer fluid, and pesticides are extremely poisonous. Even small amounts of these can cause serious illness when ingested.
- Poisoning information can be obtained by calling the Poison and Drug Information Service (PADIS) at: 1-800-332-1414.
- In case of a poisoning emergency, call 9-1-1.
- Provide the name of the product ingested or, if it is safe to do so, a sample of the substance for EMS to inspect on their arrival.







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2016 STATS	HAWKWOOD SALES	HAWKWOOD AVG PRICE	CITADEL SALES	CITADEL AVG PRICE
Bi-Level	8	\$466,875	5	\$450,400
Bungalow	6	\$578,300	10	\$509,200
Two Storey	13	\$575,385	49	\$455,147
Two Storey Split	11	\$577,091	5	\$494,458
Split-Level	9	\$479,333	4	\$424,975
Townhouse	1	\$360,000	10	\$331,250
Condo	2	\$305,000	4	\$240,625
TOTAL SALES	50	87		
Avg days on Market	32 days		36 days	

