3CRESCENTview

THE OFFICIAL CRESCENT HEIGHTS COMMUNITY NEWSLETTER





Listed \$800,000 Sold \$800,000



Like new infill. Located close to Crescent Park



South facing yard, and Double car garage



Owner Home 75 ft lot

3 suiter. Walking distance to downtown



1950's Large Bungalow, 50 x 120 ft R-C2 Lot







Remax Real Estate Central



THE CRESCENT VIEW

The Crescent View is published twelve times per year.

Newsletter Deadline:

The **10**th of each month for the following month. For example:

To be published in the June issue, the deadline is May 10.

Please email your articles or event listings, as an **attachment in MS Word** form, to the Editor at: newsletter@crescentheightsyyc.ca

Digital photos that are community related are always welcome as an attachment to the email and be sure to send a caption and/or the names of people who are in the photo. The requirements are 250 KB for a smaller picture and 1-3 MB for a larger (full-page) picture.

Editor:

Elizabeth Stady email: newsletter@crescentheightsyyc.ca

Advertising Inquiries:

Great News Publishing email: sales@great-news.ca www.great-news.ca/RateSheets/GNP_RateSheet.pdf

Vision, Mission, Values

Vision

We are a vibrant flagship inner city community with engaged and invested residents that values a sustainable future.

Mission

Crescent Heights Community Association strives to enhance the quality of life of our members and residents by connecting our community through programs, events and advocacy.

Values

- We value integrity and transparency in our communication with all stakeholders.
- We will support a sustainable future by encouraging our residents to protect our urban forest, green spaces and environment.
- We will embrace the diversity of our residents by being inclusive and compassionate as we work to bridge the gaps in our community.
- We value the contributions our volunteers make to build a strong sense of community.

CHCA Board of Directors

We are **always** looking for people to join our core group of volunteers. It's a great way to learn/exercise leadership skills and a great way to build and connect your community. If you're interested, then go to our Volunteer page and send us a message.

The Board meets at 7:30 p.m. on the second Tuesday of every month and anyone is welcome to attend, though you may want to send us an email just in case we change the meeting date in a given month!

President	Daniel Dang				
Treasurer	Michael Jankovic				
Secretary	Isabelle Jankovic				
Communications	Amanda Bishop				
Special Events	Lisa Dare				
Planning	Darlene Jones				
Traffic	VACANT				
Facilities Director	John McDermid				

CHCA Social Media



Twitter @chcaboard



https://www.facebook.com/crescentheightsyyc/



CHCA Website

http://crescentheightsyyc.ca/



STOP MEN DYING TOO YOUNG



JOIN THE FIGHT FOR MEN'S HEALTH. WWW.MOVEMBER.COM

There are three ways to get involved with Movember and support men's health:

	WHAT	H O W	WHEN
01 GROW	Grow a Mo, save a Bro	The moustache is our ribbon for men's health	For the 30 days in the month formerly known as 'November'
02 MOVE	Get active for men's health	Raise funds for men's health while you do something good for your own health	Anytime, anywhere, during the month of Movember
03 HOST	Throw or go to a Movember event	Any excuse for a good time. Events are a great way to have fun and raise funds for men's health	Anytime, anywhere, during the month of Movember
(a)	(ae		



NOVEMBER CHCA Activities and Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		CHCA Seniors Fitness 9-10am	Taoist Tai Chi 7:30-9:30pm	3 Zumba 7:30-8:30pm	CHCA Traffic and Planning Meeting 7-9pm	5	
Pentecostal Church Public Service 10am-noon	7	8 CHCA Seniors Fitness 9-10am	Taoist Tai Chi 7:30-9:30pm	10 Zumba 7:30-8:30pm	11 CHCA Board Meeting 7pm	12	
Pentecostal Church Public Service 10am-noon	14	15 CHCA Seniors Fitness 9-10am	Taoist Tai Chi 7:30-9:30pm	17 Zumba 7:30-8:30pm	18	19	
Pentecostal Church Public Service 10am-noon	21	CHCA Seniors Fitness 9-10am	Taoist Tai Chi 7:30-9:30pm	24 Zumba 7:30-8:30pm	CHCA Traffic and Planning Meeting 7-9pm	26	
Pentecostal Church Public Service 10am-noon	28	29 CHCA Seniors Fitness 9-10am	Taoist Tai Chi 7:30-9:30pm	Traffic and Planning meetings are open to the public. http://crescentheightsyyc.ca/chca-board-of-directors/ For more a more detailed Hall Calendar and for event and activities contact information please visit: http://crescentheightsyyc.ca/hall-calendar/			





THE WOMEN'S CENTRE NOVEMBER PROGRAMS

Knitting Series | Mondays, November 7, 14, 21, 28 (6:30 – 8:00 pm)

Come and pick up needles and hooks to learn the basics of knitting and crochet. Experienced and beginner knitters welcome; we will cover all you need to know to make your own project that will keep you warm this winter! If you already have started a project, bring it along and share knitting secrets over a cup of hot coffee!

Yoga Wednesday| Wednesdays, November 2, 9, 16, 30 (12:00 – 1:00 pm)

Yoga Thursday| Thursdays, November 3, 10, 17, 24 (7:00 – 8:00 pm)

During this one hour class, we will work on strengthening the body and relaxing the mind. This gentle yoga class is for all body types, age groups and experience levels. No previous yoga experience is necessary. All yoga supplies provided.

Drum Making | Monday November 21 (2:00 – 4:00 pm) Learn how to make your own miniature decorative hand drum and how these instruments are an integral part of traditional Aboriginal culture.

UPDATES:

Girl Power Afterschool program Tuesdays and Thursdays (4:00 - 5:30 pm)

Girl Power Afterschool for girls age 10-12 will start up again at the Women's Centre on September 6, 2016. It will run every Tuesday and Thursday afternoon. Doors open at 3:30, programming from 4-5:30. This program is free! All girls are welcome. To sign up, contact sarah@womenscentrecalgary.org or call 403-264-1155.

Girl Up Afterschool Program | winter launch, January 11 (6:00 – 7:30 pm)

Girl Up, a new leadership and activism program for girls age 14 - 17, will have its winter launch on January 11. The program will run every once per week from 6 -7:30pm. This program is free! All girls are welcome. To sign up, contact sarah@womenscentrecalgary.org or call 403-264-1155.

For questions and to register call 403-264-1155 or email rsvp@womenscentrecalgary.org

All workshops are free and supplies are provided | No children in the workshops please. Workshops take place at 39 - 4 St NE

LIVERight

EDMONTON - SATURDAY, NOVEMBER 19

A free educational session on liver health and liver disease

Visit liver.ca/edmontonhealthforum today!





CALGARY - FRIDAY, DECEMBER 9

3rd Annual LIVERight Gala in support of liver research

Visit liver.ca/CalgaryGala today!





Canadian Liver Foundation Fondation canadienne du foie

Bringing liver research to life Donner vie à la recherche sur le foie



Why be a member? Members are the key to our community!

With your support, the CHCA:

- Brings our community together with sponsored programs such as the Stampede Breakfast and other seasonal events.
- Is the voice of the community. Serves as a spokesperson and liaison to ensure that our community related issues are heard and given proper attention by the City of Calgary.
- · Is responsive to all community traffic concerns and strives to correct and improve these concerns through City Hall.
- Contributes financially to enhancement projects such as park and playground revitalization programs and maintenance of the ice rinks.
- Preserves and maintains the community hall.
- Meets regularly with the Ward 7 Councillor to address concerns.
- Facilitates the community, river and pathway cleanups.
- Ensures that proposed developments meet the needs of the community by providing input to the City of

Calgary on planning issues and development.

- Contributes to the organization of plant exchanges and garden tours.
- Maintains relationships and contacts with other communities, helping to pursue common concerns.

In order to provide all of the above services and areas of support, the CHCA needs your financial and volunteer assistance. Please help support your community by purchasing a membership.

The cost is only \$20 for a household/family, \$10 for a single and \$5 for seniors. The membership is valid for one year starting on the day of issue.

For all membership inquiries please visit the website at: http://crescentheightsyyc.ca/membership/ or contact: curmudgeon9@shaw.ca

Lets work together to make this a great community to live in!

Rosedale **Arts & Craft Fair** Saturday, November 5th • 10am - 3pm 901 11th Avenue NW Come out and shop from talented craftspeople. You'll find locally sourced, quality handmade goods such as pottery, jewelry, natural soaps and body care, photography, crochet, quilts, Christmas items and much, much more. Admission and parking are free. Hope to see you there! Feel free to contact me at rosedalecraftfair@gmail.com for any further information.



Book Review by Judith Umbach

The Heart Goes Last

By Margaret Atwood

Margaret Atwood's The Heart Goes Last is about being trapped. The story is set in the fairly imaginable future. As with all dystopian novels, the future is now. Ours is the world where too many people feel trapped: no way out of economic poverty, homelessness, uninspiring work or no work at all.

Of course, Charmaine and Stan bear some responsibility for their impossible situation, but can we make correct decisions all the time? Emotions can either guide us or get in the way. Imperfect knowledge is part of the human condition.

Humans are very good at adapting to changing circumstances. Atwood exploits this malleability to massage the acceptability of outrageous circumstances. What is initially a little weird is made conventional by the next increment of weirdness, which becomes comfortable in comparison to the next level of weirdness.

With many others, destitute Charmaine and Stan sign on to live in Consilience, a town that services and staffs Positron, a model prison. In a mad effort to achieve perfect harmony and economy, everyone (well, the plebs at least) spends in turn one month living in a soothing middle class house and one month confined in a soothing prison. On both sides of the wall, each has a moderately challenging job suited to personal skills and abilities. Someone else lives in the house during the month in prison, which isn't much of a problem because they all have lockers.

Predictably, some people try to play outside the rules. And, some rebel altogether. And, some get greedy.

As external witnesses, for us the predicaments of Charmaine and Stan generate lots of grins and occasional outright laughter. "It's not funny!" our censorious brain says, which makes it even funnier. Every single factor in the story is based on highly recognizable current scientific and social developments: bots with human characteristics; the comfort of 1950s entertainment; charismatic quasi-religious leaders; and, the goal of efficiency sold as an enhancement to our daily lives.

Rather similarly to Shakespeare's Midsummer Night's Dream, at the end everyone ends up with the right person and all is normal again, if not well. In the nature of satire, Charmaine and Stan do not mature in making their mistakes, although they probably will be much more careful in the future.



Wild Rose Rosedale **United Church Playschool**

Wild Rose's Annual Turkey Supper November 5th seating's at 5:00pm and 6:30 pm.

Adult-\$18.00 Seniors-\$15.00 Youth (13-17)-\$15.00 Children (4-12)-\$7.00 Under 4- Free Tickets are available at the church office Monday-Friday 9:00-3:30, Sunday's following the service or online www.wildroseunited.ca

"Conversations that Matter: Exploring My Faith with Others" (a three week program on November 2, 9, and 16—Wednesday evenings). It is an opportunity to identify and discuss our individual faith values, and to be able to voice any questions and concerns in a safe, supportive group. All faiths are welcome.

The 5 Love Languages® November 17 and 24 from 7:00 to 8:45 What if you could say or do just the right thing guaranteed to make that special someone feel loved? The secret is learning the right love language! Millions of couples have learned the simple way to express their feelings and bring joy back into marriage: The 5 Love Languages, Dr. Gary Chapman's New York Times bestseller! Of the countless ways we can show love to one another, five key categories, or five love languages, proved to be universal and comprehensive—everyone has a love language, and we all identify primarily with one of the five love languages: Words of Affirmation, Quality Time, Receiving Gifts, Acts of Service, and Physical Touch.



Another exciting year has started at Rosedale Playschool. If you are interested in finding out more about our Reggio inspired program or want to know the status of our class openings/waitlist visit our website: www.rosedaleplayschool.com.

Looking for great deals on gently used children and baby items? Have

some items of your own to sell or donate? We will be hosting our annual Tiny Treasures Sale on Saturday, October 15, 2016 from 9am-2pm at the Rosedale Community Centre (901 11 Ave NW). Email rosedale.tiny. sale@gmail.com for more information or to sign up as a vendor. Additional event info available on Facebook at: www.facebook.com/rosedaleplay/.



Home Repair Red Flags

Don't be a victim of renovation rip-offs.

If someone comes to your door and offers a great price to spruce up your home — perhaps repairing the roof, or re-sealing the driveway — what should you do?

Recognize the warning signs and say "No!" to a potential home repair scam. If your home needs repairs or renovations, there are plenty of reputable contractors who can do the job. The Calgary Police Service shares the following tips to help you protect yourself.

Finding Great Contractors

- Do your research: know which repairs your home needs, and how much they're likely to cost. Obtain quotes from at least three different contractors for the job, and check their references carefully.
- Look for "known" names: for small jobs, "handyperson" services might be better than a contractor that generally deals with larger jobs. Ask for references from friends, neighbours and colleagues; check the telephone directory; and check out referral services from trusted sources such as retail building centres or the Calgary Region Home Builders Association.
- Always check the contractor's record with the Better Business Bureau of Southern Alberta. Also check that the contractor is properly licensed by calling the City
- Never agree to pay the contractor in cash: this means you have no help if the job goes wrong.
- Always use a written contract that covers the work that will be done, the estimated cost, and the time of completion.

Warning Signs for Potential Scams

- A door-to-door salesperson claims that your home needs urgent repairs.
- The price quoted for the repairs is only good for a limited time.
- The salesperson pressures you for an immediate answer.
- The salesperson tries to convince you that the price is

low because the supplies are left over from another

- The contractor has no business license or insurance
- The contractor's vehicle is unmarked or has out-ofprovince license plates.
- The contractor can't provide a local street address or phone number.
- The contractor wants you to pay in cash, or wants the money before they begin.
- The contractor refuses to provide a written estimate or a written contract.
- The contractor tells you that no city permits are required for work that involves electrical, plumbing or construction activities.
- The contractor won't provide any references.

Useful Resources

- Better Business Bureau of Southern Alberta: www.betterbusinessbureau.ca; 403-517-4222
- Calgary Region Home Builders Association's RenoMark: www.renomark.ca; 403-235-1911
- Calgary Police Service: www.calgarypolice.ca; 403-266-1234 (for non-emergencies)
- City of Calgary: www.calgary.ca; 311



IN & AROUND



Illegal Encampments

A message from the Federation of Calgary Communities **Building Safe Communities Program**

Illegal encampments are complicated social issues involving people camping on ground they do not own or have authorization to do so by owners of the property. These illegal encampments can usually be found in wooded areas, parks, bodies of water and can be abandoned or still in use. When illegal encampments are abandoned it can cost on average \$4,000 to clean

up the site. If you find an illegal encampment in your neighbourhood call the City at 3-1-1.

Before it can be cleaned up and removed the Calgary Police Service (CPS) must place a 72 hour trespass notice before clearing out the area. It's recommended that residents wait for CPS or Bylaw Officers to dispose of the encampment properly.

Additional Resource:

The Alpha House, an agency that serves vulnerable populations in Calgary, the agency has an Encampment Team that helps individuals who need relocation and provides support for those setting up illegal encampments with legal accommodations.

To file a complaint or learn more about what to do about an encampment in your area, call 311.

For more resources, check out the Federation of Calgary Communities website (www.calgarycommunities.com) under the Building Safe Communities tab.

IPPORT YOUR COMMUN

Crescent Heights Community Association Membership Application Form Please mail this form with your cheque to: C.H.C.A. 1101 - 2nd Street NW Calgary, Alberta T2M 2V7 Voting (Residents) ■ Single (\$10) ☐ Household (\$20) ☐ Senior (\$5/per person) Non-Voting (Business and Non-Residents) ☐ Associate (\$20) ☐ Business (\$50) Names : _____ Address : ______ Postal Code: ____ Phone : ______ Email : _____ ☐ Yes, send me community emails ☐ New Membership Date Amount Enclosed \$ □ Renewal

Calgary Climbing Centre (CCC)

Crescent Heights Community

limb with us!

More than twenty years ago we opened our doors out of a desire to share an unparalleled experience with both new and veteran climbers.

Indoor Climbing is a great date-night option, family outing, social alternative to the weight gym, or simply an opportunity to take a breath when you find yourself caught up in the hustle and bustle of a big city.

The Calgary Climbing Centre (CCC) exists as a meeting place for climbers of all backgrounds to come together and share in this lifestyle, whether for the first time or for the thousandth. With three locations across the city. we welcome climbers of every level and discipline.

All of our facilities are equipped with auto-belays and bouldering. An auto-belay is a machine that takes the climber up and down the 30+ foot walls and bouldering is climbing on a shorter wall, with cushion-engineered flooring underfoot to soften your landing.

Chinook was the first location owned and opened by the CCC. Located near Chinook mall, it's a great place to hang out on and off the wall and offers a wide variety of terrain and climbing options.

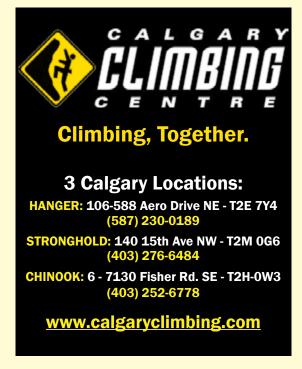
Stronghold has been located in the heart of Calgary for over 20 years. With 40-foot walls, auto-belays and bouldering, this is a great place to escape your office on your lunch breaks or come to train right after work.

Hanger is our newest location, with awe-inspiring features to climb on and lots of space for our community to hang out. Located near the airport, the Hanger also hosts our ClimbPark, which is great for kids and kidsat-heart to come experience.

Want to learn to belay? Take the first step in your climbing career with our First Step Beginner Lesson. This lesson covers gym lingo, rope management, harnesses and sets you up to start climbing. We also run this program privately and as a family option.

The CCC is a great place to bring your family; we're open weekdays, weekends and almost ALL holidays. Programs like our Nanos and Junior Climbing Club are designed for climbers ages 6 and up and can spark a lifelong passion for movement and adventure. A great option to get your weekend morning moving is our Kids' Climb; it's perfect for first-time climbers. It runs 10 am to 12 pm on weekend mornings (Saturday at Chinook, Sunday at Stronghold) and includes your gear rental and a staff belayer.

If you are interested in exploring and challenging yourself, while having fun all at the same time, come try climbing with us. We welcome you to join in on the fun.





BRAIN SUDOKU

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				1		9		8

FIND SOLUTION ON PAGE 18

IN & AROUND CALGARY

EMS: Yielding to Emergency Vehicles

Time is the enemy in any emergency. For everyone's safety it is important for motorists to understand how to correctly yield right of way to emergency vehicles with lights and siren activated. You can help EMS, police, and fire get to the scene quickly and safely by following these rules of the road.

When an emergency vehicle approaches with lights and siren activated:

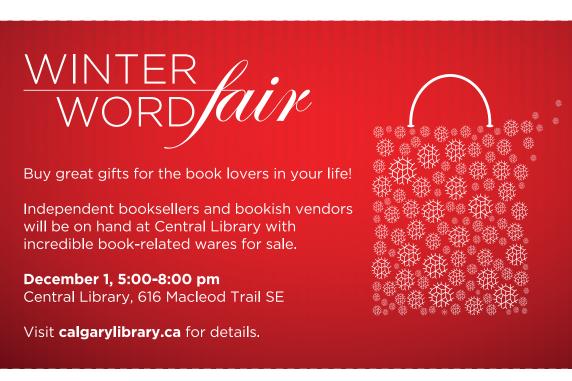
- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection.
- On a one or two lane road, motorists should move to the right side of the road, slow down, and then stop. Remember to signal.
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal.
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles (there is often more than one!) before re-entering traffic flow. Remember to signal.
- Emergency vehicles might use any available road space to maneuver. This could include the shoulders or left hand turning lanes in order to pass other traffic.

When operating a vehicle:

- Drive attentively and defensively at all times. Be cognizant to sirens and be prepared to yield the right of way.
- It is Alberta law for motorists to slow down to at least 60 km/hour (unless a lower speed is posted) when driving past a stopped emergency vehicle. This includes EMS, police, fire, and tow trucks with their lights activated.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light or making an illegal turn. Actions such as these jeopardize all motorists in the area.
- Drivers must place their full attention on the roadway and toward the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$287.00.
- Always leave plenty of space between your vehicle and an emergency vehicle should it be required to stop suddenly.



ACCEPTING NEW PATIENTS





North Crosstown Bus Rapid Transit





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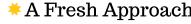


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requirements.

The CHCA sends our collective condolences to the Prentice family, and appreciate you sharing Jim with all of us.

On behalf of the Board of Directors of the Crescent Heights Community Association, and all of our members, we extend our deepest sympathy to everyone in the Prentice family in the tragic passing of our former Premier, Jim Prentice. A model Canadian, loyal Albertan, prominent Calgarian and most of all, one of our own CHCA member, Jim Prentice is a shining example of a faithful public servant, committed family man, and most important of all, a compassionate citizen. We collectively grieve the loss of one of our own with amazing dedication, personal conviction and generosity in Jim's tragic and untimely passing.

When Jim started his political career as the MP for Calgary Centre-North, he located his office in Crescent Heights. He worked tirelessly on behalf of our residents to bring their concerns to Parliament, and championed for equality and human right by voting for the legalization of same-sex marriage, and went on to hold increasingly more responsible positions in Cabinet and Government. Although Jim's official responsibilities meant that his time was most often spent away from Calgary, thanks to Jim's never-ending commitment to Crescent Heights, Calgary received funding for the development of the present Water Spray Park at Rotary Park in Crescent Heights. The modern spray park was a timely replacement for our aging wading pool which was in major need of capital spending to meet today's health

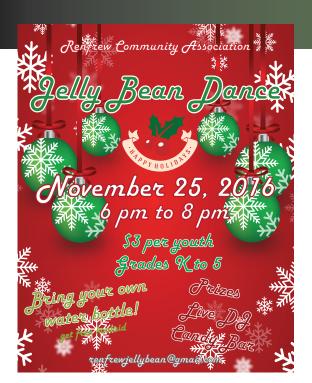
When Jim became the Premier of Alberta, was often misunderstood about his personal commitment to bettering the lives of Albertans and his simple speeches were ridiculed for being out of touch with Albertans. Forgoing a comfortable life out of the public limelight, Jim felt the need for Leadership in Alberta, and put his efforts once again into public service. The opportunity for deep reflection and introspection by "looking into the mirror" is for-

ever lost to those who had misunderstood Jim. Despite all of the challenges, Jim was steadfast with his conviction for a better Alberta, under his Premiership.

During this time, the CHCA was fighting to get sufficient funding to replace aging playground structures which was to be removed by the City of Calgary for the presence of chemically treated wood. One of our previous grant application, some 10 years prior, was not yet closed off properly, with the appropriate paperwork in a timely manner. It caused us to miss the deadline for our then current playground funding application. With all of his other responsibilities and commitments, Jim did not forget to help the CHCA in cutting through the red tape and secure the required funding towards the renewal of our heavily used Crescent Park Playground. Without Jim's help, and given the state of the Provincial finances since then, our playground renewal project would have been significantly delayed.

Despite all of his time away from home and dedication to his many public responsibilities, Jim and Karen Prentice did not forget about their personal responsibilities to the community. The CHCA is grateful for their generous cash donation towards the building of the same Crescent Park Playground. Here too, the Prentices demonstrate that charity begins at home and in the Community.

It is hard to accept that Jim's admired and respected leadership is now lost to all of us, forever, with his tragic and untimely passing. However, we are grateful to the Prentice family for sharing Jim's talent and dedicated public service with all Calgarians, Albertans and Canadians. Please find comfort in our condolences and in the knowledge that his many contributions to our Community will be a lasting legacy of his commitment to public service to all Canadians.



BRAIN SUDOKU

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8	7	2	9	5	4	1	6	3
6	3	4	7	1	2	9	5	8

IN & AROUND CALGARY

Calgary Northwest Events

Remembrance Day at Kensington Legion

Services are held at many branches of the Royal Canadian Legions in the city. This year, at the Kensington location the ceremony is followed by lunch and refreshments.

Doors for the Kensington Legion service open at 9:30 am. and close at 9:45; the service begins at 10:45 am. 1910 Kensington Rd. NW. For more info www.legion.ca

St. Andrews Heights Artists' Society 2016 Fall Art Show Local artists will present their new work at the society's annual Fall Art Show on Nov. 26, from 10 a.m. to 4 p.m. You can meet the artists and also win a great door prize. Parking and admission are free. For more information visit www.atsahas.ca.

Green Calgary's Green Kids Saturday Drop-In Program Sat. Nov. 5, 19 and 26, 2016. 11am -1pm. Videos, hands-on learning activities, crafts and games involving environmental topics for kids 3-10 and their families. Drop in program, all children must be accompanied by one adult, fee by donation. For more info www.greencalgary.org.

Fall Studio Members Pottery Sale: Nov. 6, 10 am-4pm. Now in its 33rd year! Excellent prices and variety, a great opportunity to purchase local artists' work for unique presents. Come early and bring something to carry your treasures. Cash, cheques and credit cards accepted. Triwood Community Association Hall, 2244 Chicoutimi Drive NW.

Free Skate at Shouldice Arena The arena is open for public skating Friday, November 11, 2016, 1-2:30p.m.Address: 1515 Home Rd, NW

Stuff A Bus Nov. 5, 2016. 9am – 4pm. Calgary Co-op and Calgary Transit team up for the 24th Annual Stuff A Bus, in support of the Calgary Food Bank! Transit buses and volunteers will be at all 21 Calgary Co-op locations accepting donations. Stuff A Bus with food to help Calgarians in need at this busy time of year.

Free Swim at Thornhill Aquatic and Recreation Centre Friday, November 11, 2016, 1-4:30p.m.Swim Times: 1 - 2:30 p.m. and 3 – 4:30 p.m. The half hour break will be waived if capacity permits.6715 Centre St. NW

Finances 101 with Jill (CPA) at Tuxedo Park Community Hall 6:30pm-7:30pm, free to attend, all welcome.

October 26, 2016 - Ten Healthy Habits of Financial Management.

November 23, 2016 – Saving Strategies: Easy Concept, Difficult

To register or for more information hallrentals@tuxedopark community.ca or 403-277-8689.

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Minimum \$100 purchase required. No cash value. Expires November 30, 2016. Cannot be combined with other offers.



MP, CALGARY CONFEDERATION LEN WEBBER

2020 10 St NW, T2M3M2 403-220-0888 len.webber@parl.gc.ca

Remembering Is Something You Do

During Veterans' Week, November 5th to 11th, I will join Calgarians and people across the country as we pay tribute to all Canadian Veterans. Throughout the week, thousands of commemorative ceremonies and events will take place across our country to honour Canada's Veterans, current serving members of the Canadian Forces and those who have made the ultimate sacrifice. The sacrifices and achievements of our Veterans have helped define and defend Canada's values of freedom and democracy. They will always be remembered.

Here are some ways to engage in Remembrance: Wear a poppy above your heart, attend local Remembrance Day ceremonies, and vow never to forget; Change your profile picture on Facebook to a poppy and blog or tweet about the importance of remembrance; or listen

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to Veterans talk about their experiences and thank them for their service. Remembrance IS more than something you think about – it's something that you do.

Another way to help remember is to find your connections to the past. You can obtain information on where the graves of all Canadian soldiers who died while serving abroad are located. Here's how to do a search for your connection to the past.

Visit the Veterans Affairs Canadian Virtual War Memorial online at www.virtualmemorial.gc.ca. (If you are looking for an Allied soldier you could also try a similar search through the Commonwealth War Graves Commission at www.cwgc.org as they keep track of all Allied cemeteries.)

Search by name and select the soldier you are looking for. (Keep your search terms broad to yield the best results. This is especially important with first names or common misspellings of names.)

Review the results of the search. When available, it will include photos, a copy of the page from the Book of Remembrance, vital personal details and possibly even a summary of the circumstances surrounding the soldier's death.

A quick Google search using the name of the cemetery often yields a link to photos of all the tombstones, lists of those buried (alphabetical and regimental) and a good description of the cemetery itself. Please don't consider the Veterans Affairs Canadian Virtual War Memorial as the only possible source of information and don't underestimate the power of a good online search engine like Google.

Share your findings and experiences with others in a gesture of Remembrance. I would be interested to hear from anyone who uses this process and finds it as rewarding as I have.





COUNCILLOR, WARD 7 DRUH FARRELL

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Aside from the odd spot of traffic, most of us have a fairly easy time getting around our city while walking, cycling, driving, or taking transit. There are many of us, however, who find our city hard to navigate. As recently as 2012, 10% of Calgarians reported having significant disabilities. By 2019, 200,000 Calgarians over the age of 15 will live with disabilities.

The City of Calgary is committed to building an inclusive society where everyone can access programs in a way that respects the independence and dignity of people with disabilities. Other orders of government have also taken notice. Several provinces have passed strong barrier-free legislation, and the Government of Canada is currently working on a national accessibility strategy.

Last year, Council supported my motion to find ways to make our public facilities and public realm barrier-free. The work includes an accessibility audit of all our civic facilities, as well a plan to improve how they function for Calgarians with various disabilities.

My motion also asked staff to encourage better accessibility of private developments through the planning process, and to partner with advocacy groups to increase the amount of barrier-free housing.

I am encouraged that the initial response from City staff will result in some quick and easy wins in and around the municipal complex at City Hall. These measures will make navigating City Hall easier for those visiting to drop off a permit application, pay a bill, or attend a Council meeting. Wayfinding signs directing people towards accessible facilities have already been installed on the LRT platform at City Hall. Banding decals have been installed on the glass elevators in the Municipal Building to assist blind visitors. Elsewhere, our Roads department purchased wheelchairs to give its staff personal experiences of what it is like to move around Calgary's streets with disabilities.

Achieving an accessible city is much like achieving a clean city or a safe city. There is no finish line. Through continuous improvements, striving for an increasingly accessible city is worth the investment.

If you see an opportunity to improve accessibility on public property, please call 3-1-1 or go online to www.calgary. ca/311. To learn more about this and other Ward 7 topics, visit www.druhfarrell.ca. To sign up for updates on key issues, please email ward07@calgary.ca.

COMMUNITY ANNOUNCEMENTS

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- Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ♦ Forty word limit

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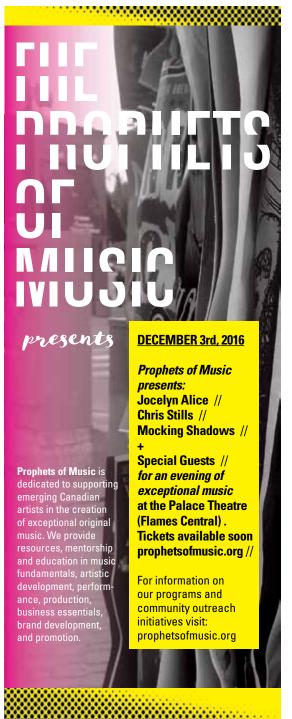
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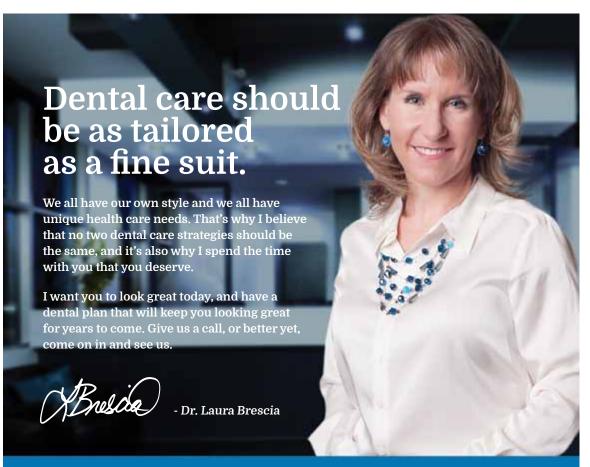
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