

AUGUST 2016

YOUR OFFICIAL COMMUNITY NEWSLETTER

# inside *Edgemont*

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FOOD SAFETY  
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PAGE 7**





FEATURE

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Photo by Graham Heeps, Deacon & Craddock Garden

## Edgemont Community Association

33 Edgevalley Circle NW  
Calgary, AB – T3A 4X1  
Phone: 403.239.1211 | Fax: 403.547.5799  
office@edgemont.ab.ca | www.edgemont.ab.ca  
Facebook: Edgemont Community Association  
Twitter: @EdgemontCA  
Instagram: edgemontcommunity

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 Web: www.edgemont.ab.ca • Facebook: Edgemont Community Association  
 Twitter: @EdgemontCA • Instagram: edgemontcommunity  
 Business Hours: Monday to Friday 9:00 am - 5:00 pm

**VOLUNTEER BOARD OF DIRECTORS 2016/17**

Bev Johnson	President	president@edgemont.ab.ca
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Al Leach	2nd Vice President	areaplanning@edgemont.ab.ca
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Lori Trieu-Low	Edgemont Elementary Rep.		403-239-1211
Asha Nenshi Nathoo	Tom Baines Jr. High Rep.		403-239-1211
Ryan Rahimi			
Fazeela Mulji	Sir Winston Churchill High Rep.		403-239-1211
Chelanne Murphy	Mother Mary Greene Rep.		
Keller Strategic	Webmaster	communications@ab.ca	403-239-1211

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**The Mountain View Room Capacity 70**

- Mountain view
- Round or rectangular tables
- Wood floor

**The Board Room Capacity 20**



**The taste of summer**

Photo credit: ATCO Blue Flame Kitchen- article written by ATCO Blue Flame Kitchen

**Fresh cherry tomatoes and basil star in simple side**

There's something so wonderfully, perfectly simple about the classic Mediterranean combination of olive oil, tomatoes, garlic and fresh basil, either with or without cheese. From pizza to tomato sauce to salads and beyond, there's a reason why this happy family of ingredients keeps popping up together in recipes.

With fresh local cherry tomatoes ripe and ready, and beautiful fresh basil easy to find at grocery stores and farmers' markets, this is an ideal time of the year to work with these flavors in a way that lets the seasonal freshness shine through. You may even have basil and tomatoes in your garden, which is about as local and seasonal as it gets.

Our recipe for Warm Cherry Tomatoes with Goat Cheese yields the best results when the ingredients are at their peak, so take advantage of the season and enjoy it for supper before we're back to relying on veggies from far away. This is what summer is supposed to taste like. Enjoy it while it lasts.

**WARM CHERRY TOMATOES WITH GOAT CHEESE**

Recipe from ATCO Blue Flame Kitchen

- 2 tbsp (25 mL) extra-virgin olive oil
- 2 cloves garlic, finely chopped
- 4 cups (1 L) halved cherry tomatoes
- 1/2 tsp (2 mL) salt
- 1/4 tsp (1 mL) freshly ground pepper
- 1/4 cup (50 mL) chopped fresh basil
- 1/2 cup (125 mL) crumbled soft goat cheese

1. Heat oil in a large non-stick frypan over medium heat. Add garlic and sauté for 30 seconds.
2. Add tomatoes, salt and pepper.
3. Cook, stirring gently, until tomatoes are heated through, about 2 minutes. Remove from heat.
4. Add basil and stir gently to combine. Sprinkle with cheese. Serve immediately. Serves 6.



**President's  
Message**

By Bev Johnson

This month we are celebrating the abundance of beautiful natural spaces and lovely gardens which make up Edgemont. The residents' gardens which feature in this month's photos, attest to that. So, as we head into our last full month of summer, I sincerely hope our residents have been able to get out and about to enjoy them. On my walks around the points in Edgemont, I have certainly been enjoying the fruits of others' labours in their gardens.

I've also been enjoying the landscaping enhancements along the boulevards of Edgemont and some of the entrances ways. Our LEAF program is taking shape.

I had the pleasure to attend our annual Volunteer Appreciation BBQ on June 12<sup>th</sup>, and it was wonderful to be able to thank and celebrate with the large number of volunteers who are the unsung heroes of our community. Once again Jeff Edwards and his team from North West Community Church showed us how to do it right, with burgers, hotdogs and treats not to mention a visit from Batman.

In keeping with our theme of "Edgemont is Blooming", we have an article by Colin from Golden Acres, advising us on how to maintain our blooms and get them ready for Fall. Keep an eye out for this along with recipes from ATCO's wonderful Blue Flame Kitchen.

Residents may well be thinking that the board is resting on their laurels for the month of August but in fact we are busy planning our year ahead. Paul Clark, one of our directors-at-large, will be leading us through a strategic planning session to help us envision what role the ECA will play in our community and Calgary for the foreseeable future. This type of session goes hand in hand with a business plan, which our treasurer Gerry Elms will be working on, along with the new building life cycle plan that David Middleton will be using to recommend projects to enhance our building. It doesn't stop there: keep an eye out as our rink gets a well deserved makeover, as part of our Canada 150 celebrations, and remember the community can always use another resident volunteer, with good ideas and a willing set of hands to pitch in and get involved.

Well enough chatter from me. Kick back, enjoy the rest of your summer and we will talk again in September.

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**VOLUNTEER  
NEEDED!**

Are you talented with a mouse or editor's pencil? A camera? Proofreading? Do you have pretty good knowledge of Edgemont? Do you have the time or inclination to help your community? If the answer to some or all of these is "YES" we'd love to hear from you here at the Edgemont Community Association.

A person or team is needed to take over the editorial duties for our monthly community newsletter, "The Inside Edgemont".

This team can expect to be busy at the end of each month as the deadline for submission of community content to the publisher is within the first few days of each month for the subsequent month's newsletter.

If you're interested please submit your resume or a letter to [office@edgemont.ab.ca](mailto:office@edgemont.ab.ca) or drop it off at the ECA office.

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## Portrait of an Edgemont Garden

*A walk on the wild side*

By Graham Heeps, a community volunteer

Edgemont's blustery, hilltop location and clay soil present a tougher challenge to gardeners than the richer soil and calmer climate of the Bow River valley flood plain. But patience, pragmatism and plenty of water can still create something special, as *Inside Edgemont* discovered on a visit to the Edgemont garden of long-time residents, artists Peter Deacon and Linda Craddock.

Peter and Linda's garden, which backs on to an environmental reserve in the community, has been grown almost entirely from scratch over the past 20 years. It's an absorbing, unconventional and mildly eccentric creation that makes full use of the limited space, in three dimensions.

Soon after moving in, Peter planted flowering crabapple trees across the middle of the garden. These have been trained over time to form natural arches that, from the raised deck at the back of the house, frame the rest of the garden beyond and below. The trees provide ample shade for the deck, which also features a small herb garden close to the kitchen.

Much of the rest of the garden is self-seeded and contains many species that are typically termed 'invasive', such as snow-on-the-mountain or trimmed mayday suckers. "Any plant that does well in a Calgary garden is called invasive," Peter laughs. "We grow a lot of invasive plants because they go well, and because they're free! Everything here is as natural as possible, but you don't have to let them grow into giant trees."

It's all part of the couple's practical, low-maintenance approach to the north-facing garden. It's almost entirely in shade, so there's no point in attempting to grow sun-hungry irises, for example, although other perennials do constitute the majority of what's planted. Annuals tend to be restricted to pots on the deck.

Aesthetics are important to Peter and Linda, both artists, but that doesn't translate to immaculate pruning

and fussy details. Instead, nature is allowed to take its course, with large ferns and even larger rhubarb plants thriving on opposite sides of a path. "We don't pick the rhubarb because the leaves are exotic for Calgary," he says. "It's amazing that a leaf of that size will grow in a climate like this and we like the decorative value."

Where they do put a lot of effort in however, is in keeping the garden watered. As Peter says, "Calgary is much drier than people realize and you really have to pump it into the shrubs. We pay for it, but we think it's worth it."

His observation is backed up by figures from the Government of Canada, which in 2014 reported that the climate had warmed up enough to move Calgary's plant hardiness zone from level 3a to a warmer 4a since 2001. Our gardens' thirst for water is growing all the time.

Water also features prominently in Peter and Linda's garden in the form of several bird baths. All are flushed out daily and topped up to overflowing to stop mosquitoes breeding. For the future, Linda plans to add a small water feature to introduce the sound of running water. "We

don't pretend to be doing anything special with our garden," she concludes. "And if there are any rules, we try to break them!"

*Peter Deacon designed and built this garden sculpture from untreated cedar. It's called 'Stairway to Heaven' and is a metaphor for the hours of the day. Curved snowdrifts turn it into a snow sculpture in winter.*

Peter Deacon and Linda Craddock



North-facing shade garden.



One of the bird baths acts as a shallow wishing well and magpies have been known to pull out the shiny, coloured contents and line them up on the side.



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# PROGRAMS AT EDGEMONT COMMUNITY CENTRE

## CHURCH SERVICES

### Northwest Community Church

(nwcchurch.ca)  
Sundays 10:30am -Noon  
Contact: Pastor Jeff Edwards @  
403-616-6480  
Email: pastor@nwcchurch.ca

### The City of God Ministry

Sundays 2pm-4pm  
ESL & Financial Counseling  
Contact; Pastor Praise 587-703-8441  
Email: faithhouse2011@gmail.com

### Calgary True Light Gospel Church (城真光福音教会)

Mandarin service every Sunday at  
10:30AM.  
Contact: Pastor Chris Xu  
587-703-8443

## CHILDCARE

### Edgemont Edusarc

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Please call Judy at 403-241-0131  
or email edusarc@gmail.com.

### Kaleidoscope Kids

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Mon – Fri. Starts  
Contact: 403-547-1020  
www.kaleidoscopekidspreschool.com

## PROGRAMS FOR CHILDREN & YOUTH

### Scouts

Contact Ross at 403-208-8778 or  
Neil James 403-288-2705

### Flourish Yoga

Yoga classes for youth and teens  
Contact Krista at 403.874.4127  
Register: www.flourishyoga.ca

### Rhythmic Gymnastics

Wednesdays  
h.palmer@shaw.ca for info

### Philatelic Society

Youth stamp collecting  
Meets 2nd Saturday/month  
Contact: ECA at 403-239-1211

### The Casey O'Loughlin Academy of Irish Dance

Saturday mornings, 9:15 -10:00am  
for ages 4 and up.  
For more information or to register,  
403-520-0059  
Email:caseyoloughlin@academy.com

### Art drawing class

Thursday, Saturday, Sunday classes  
for ages 5 and up. Includes cartoon,  
sketch, watercolor painting.  
www.calgary.icoc.cc or call  
587-889-8685

### First Serve Tennis

Jeff 403-441-6870  
www.firstservetennis.ca

### Sportball

Tuesday 9:45-11:30am & 4-6pm  
Children ages 2-8 years  
www.sportball.ca/Calgary

### Drawing @ Young Rembrandts

Wed 3:45 -7pm for ages 3.5 to 12  
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calgary@youngrembrandts.com.

### Zumba Kids

**Time change: Wednesdays, 6-7pm**  
Exciting, high energy class for kids  
6-12 years old. Sure to keep them  
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Call: Maggie Hull 403-464-4239

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friends, bring toys that you are  
willing to share.  
June 10 & 24. No summer dates. Will  
resume in September.  
Call 403-239-1211

# PROGRAMS AT ECA *cont'd*

Email: office@edgemont.ab.ca  
An ECA sponsored community service.

### Hap Ki Do Martial Arts class for Kids

starting June 4th from Noon -1 pm.  
For more info please contact:  
Girolamo 403 589-7882 or e-mail  
girolamoraimondi@outlook.com.

### Edgemont Soccer

www.edgemontsoccer.ca

### Northside Soccer

www.northsidesoccer.ca

### Mavericks Football

www.mavericksfootball.ca

### Calgary Minor Basketball Association

www.cmba.ab.ca

### Skating Rink

Skating rink at John Laurie Park  
adjacent to 7081 Edgemont  
Drive NW: Summer use includes  
basketball, street hockey, roller  
blading, skateboarding and bike  
riding.

## PROGRAMS FOR ALL AGES

### One Step Ahead Dance Studio

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youth  
Contact: Melinda @ 403-247-3607

### LifeSongYoga

Classes for the whole family.  
Gentle Yoga- Tuesday 2pm-3pm  
Core Conditioning - Friday 9am-10am

Family Yoga- 1st Saturday of the  
month

For more classes, info and  
registration: www.lifesongyoga.ca  
Contact: Wanita@lifesongyoga.ca

### Karate

Youth and Adults  
Contact Doug at 403-560-4508

### Bunbukan Karate

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Alan Colter at 403-274-3535 Email:  
info@bunbukan.ca.  
www.bunbukan.ca

### Bollywood Dancing

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Email: contact@sparqproductions.com

## PROGRAMS FOR ADULTS:

### Learn Spanish

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For details, pricing and class  
schedules:  
www.spanishmania.ca  
or 403-475-6162

### Toastmasters

Every Saturday from 9:30 to 11:30  
Contact: Shailla Khan  
speakersedgetoastmaster@gmail.com

### Alcoholics Anonymous

Meet every Friday 7pm-9pm  
Contact: ECA 403-239-1211

### Megan Fitness

Wed. 7:45 – 8:45pm  
Contact: ECA 403-239-1211

### Rose Ngan Fitness

Mon. 7:45 – 9:15pm  
Contact: ECA 403-239-1211

### Zhan Fitness

(in Mandarin)  
Tues. 7:15 – 8:30pm  
Contact: ECA 403-239-1211

### NW Chinese Senior Support Group of CCECA

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Drop-in for those who are 50+  
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reporting, sharing games and pot  
luck.  
Contact: 403-269-6122

### Silk Road Chinese Folk Dance

**Class NEW CLASS** Thurs 6-8 pm  
silkraddance88@gmail.com  
403-510-9059

*Please note: These ECA Programs do not run in August.  
Registration for our programs is ongoing.  
See you in September!*





## A Message From Your Volunteer Coordinator

Jeff Edwards • 403-616-6480  
volunteers@edgemont.ab.ca  
pastor@nwcchurch.ca

Hello Edgemontonians,

I love summer in Edgemont. We live in such a beautiful place!

Volunteering opportunities are shaping up nicely for the fall...

**Wednesday Breakfast Club** – Resumes September 14, every Wednesday from 7 to 9 AM for the next school year. A wonderful team of volunteers will be serving breakfast to a number of children before they head off to school. We can use donations and volunteers to pick-up muffins on Tuesday afternoon or to hard boil eggs.

**Go Help Go** – An exciting new charity event is planned for October 22 as a joint effort between this school club from Sir Winston Churchill High School and the ECA. Volunteers will be needed. More to come.

**Rink Renovation** – Should be underway shortly and completed before the end of October!

And resuming in the fall:

- Wednesday Afternoon Reading Club and Tutoring for children
- Friday morning foodbank deliveries
- The Edgemont Networking Group from many schools, agencies and churches
- Editorial Team for this Inside Edgemont publication. Interested?
- Youth Press teens continue to do articles for Inside Edgemont

Contact me with questions. And as always, love your neighbour!

Jeff Edwards  
403-616-6480

## THANKS FOR YOU!

*Acknowledging volunteers who serve in our community...* (These are just a few of the people who volunteer in Edgemont. If you know of someone I should thank here, please let me know.)

**Volunteer Recognition:** Thanks again to everyone who volunteered in 2015-16! Thank you to those who came to our June BBQ, notably our special guests: MLA **Prasad Panda**, and **Batman!** And thanks to our sponsors at **Friends** Cappuccino Bar and Bake Shop and **Starbucks** Country Hills and all the volunteers of **Northwest Community Church** who put it together.

**School Reps to the ECA** – We have had wonderful volunteers giving the ECA regular updates on the happenings in our area schools and those who are wrapping up this year: **Norma Becker** (Edgemont Elementary), **Michelle Choi** and **Sabrina Wong** (Tom Baines), and **Fazeela Mulji** (Churchill). They have been a vital link to the volunteer base in those schools. Thank you all!

**Coffee Networking Group** – This excellent employment group also wrapped up in June (and will think about a fall start-up). Thanks to **Matt McCaffrey** and **Katia Secches** who facilitated this.

**Edgemont Networking Group** – Our June meeting had excellent presentations from the new principal at Mother Mary Greene School, **Elise Saraceni**, and **Lili Bunce** of the North Central Family Support Program shared the idea of “time banking” with us. Principal Elise told us about their winning the Soul of the City grant and developing a learning commons used for community activities like hosting residents of the Edgemont. If you are interested in being a part of this group, contact me.

**Wednesday Breakfast Club** – Thanks to **Rod and Betty Wade** who made a generous donation to the breakfast club. We welcome these donations Edgemont.

**Stampede Pacer** – Thanks **Talia Brookes!** She represented Edgemont in the Calgary Stampede Parade and walked alongside other community pacers on July 8, wearing a bright sash highlighting “Edgemont” for all Calgarians to see. Yee haw!



Edgemont amazing volunteers



Jeff and Batman at the Volunteer BBQ



Clare Sturgeon with Batman



Pastor Chris Xu and family (wife Lisa, son Hanoah, daughter Alicia) with Batman

# WHAT'S HAPPENING IN EDGEMONT

## Cloverdale Paint Now Offering Discount to Community Association Members!



Cloverdale Paint is now offering wholesale pricing to community association members and organizational members of the Federation of Calgary Communities!



**What does this mean for you? Well, whenever you need to buy paint you simply go to Cloverdale, show them your Edgemont Community Association membership & the coupon below. You will receive more than 25% off paint and more than 15% off paint accessories!**

Cloverdale Paint approached us to set up this discount program as they understand that community associations, their volunteers, and their members are at the heart of our city, and they wanted to give back in some way.

Thanks to Cloverdale Paint for their support and commitment to the community association network and for helping improve neighbourhood life in Calgary!

101, 3604 – 52 Ave NW (next to Winston Churchill High School)  
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## bulletin BOARD

### VOLUNTEERS REQUIRED FOR

#### Youth Press

Teen reporters prepare articles for Inside Edgemont.

#### Special Events

Join a committee to plan community events that will bring the residents of Edgemont together.

#### Friday Foodbank deliveries

Adult volunteers needed to occasionally deliver groceries.

#### NEEDED: Editorial Team

We would like volunteers to help with editorial duties for the Inside Edgemont publications. Do you have experience or interest in communications, editing, proofreading, photography, etc.? If so, email [newsletter@edgemont.ab.ca](mailto:newsletter@edgemont.ab.ca)

### HOCKEY RINK DEMOLITION

Date to be determined, please call the ECA office for updates 403.239.1211

### ECA BOARD MEETINGS

are open to Edgemont residents.

Join us August 22<sup>nd</sup> at 7pm

Please verify date and time with ECA office at 403-239-1211 or [office@edgemont.ab.ca](mailto:office@edgemont.ab.ca).

### SPORTS/RECREATION COMMITTEE

Adult volunteers to assist our ECA Sports Director in promoting our recreational programs, connecting to the community sports groups & the City, coordinating sharing of assets like fields & storage. Jeff Edwards [volunteers@edgemont.ab.ca](mailto:volunteers@edgemont.ab.ca) 403-616-6480

**SHARE** your favourite 'preserves' recipes! Jams, jellies, pickles, etc.

**Email** photos, recipes & your contact information to [newsletter@edgemont.ab.ca](mailto:newsletter@edgemont.ab.ca)

### UPCOMING EVENTS. SAVE THE DATE!

AHS Food Safety Class, offered FREE of charge. To register call the ECA office 403.239.1211

Wednesday, September 21, **9am – noon**  
Wednesday, September 21, **noon – 3pm**

Register for a Program at Edgemont Community Centre! Most programs run from September to June. There are a variety of programs to choose from.

[www.edgemont.ab.ca](http://www.edgemont.ab.ca) under program tab.

## Editors' Note

The editorial board of Inside Edgemont consists of:

**Brett Plaizier**  
ECA Board of Directors, Communications

**Bev Johnson**  
ECA Board of Directors, President

**Elaine Scobie**  
Board of Directors, Special Projects  
Communications Committee Member

Unless otherwise indicated, all editorials are produced by the ECA Editorial Board.

The compilation of material submitted to Great News Publishing is the responsibility the Newsletter Committee [newsletter@edgemont.ab.ca](mailto:newsletter@edgemont.ab.ca) and must be provided one month in advance. **Material for the September issue must be submitted by July 29<sup>th</sup>; October issue by August 29<sup>th</sup>.**

Visit our website for current news on ECA activities.

Our website and social media accounts are evolving under the direction of Brett Plaizier, [communications@edgemont.ab.ca](mailto:communications@edgemont.ab.ca).

**Website:** [www.edgemont.ab.ca](http://www.edgemont.ab.ca)  
**Facebook:** Edgemont Community Association  
**Twitter:** @EdgemontCA  
**Instagram:** edgemontcommunity

*Make your voice heard. Share your views. We are listening.*

Letters to the Editor are welcomed:

1. Keep your letter to 200 words maximum.
2. Include your name and contact information.
3. You may be edited for space and to ensure a balanced and respectful tone.
4. Publication is not guaranteed.

Inside Edgemont appears online on [www.edgemont.ab.ca](http://www.edgemont.ab.ca) about a week before it appears in your mail box.

### Chinook Winds Show Chorus

**Check us out!**  
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Sept. 13, 2016 - 7 pm  
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[info@chinookwinds.net](mailto:info@chinookwinds.net)

[chinookwinds.net](http://chinookwinds.net)

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## Edgemont is 'Blooming' – in our public spaces and in our private gardens

Contributed by a LEAF community volunteer



LEAF at work

**Inside Edgemont proudly showcases four stunning private gardens in the Edgehill, Edgevalley and Edenstone neighbourhoods. Although each garden is unique, they share these common elements:**

**Curb appeal:** Artfully designed front gardens catch the eye of passersby.



This Edgehill front garden sets the stage.

### Welcoming side yard entrances:

Thoughtfully planned, these side gardens enticingly lead the way to the back yard garden.

*A lush hosta and fern lined walkway leads the way in this Edgehill garden.*



### Plantings at varying levels:

From tiny alpine plants clinging to the soil or grouped in tufa pots to climbing roses, hanging planters and arbours covered with greenery, variety delights the eye.



*Vine covered archway frames this Edgevalley rear garden.*

**Interesting containers, garden art and water features:** Visual surprises tucked here and there, enhance the plantings.

*Soothing water feature in Edenstone garden.*



### Succession of colourful blooms:

From when the snow first melts and bulbs begin to bloom, there is a constant show of colour from annuals and perennials until late fall.

**Comfortable seating areas:** Inviting areas to sit, relax and enjoy the beauty of nature.

Many thanks to these Edgemont gardeners for contributing to the beauty of our community.

If you would like to share your gardening expertise, please send photos to [newsletter@edgemont.ab.ca](mailto:newsletter@edgemont.ab.ca) for inclusion in a future issue of Inside Edgemont.

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### August 2<sup>nd</sup> – 5<sup>th</sup>

#### Sportball Multi Sport Camp

**Ages 3 -5 years. 1pm - 4pm**

Sportball's action-packed Half-Day camps introduce children to a variety of ball sports and game PLUS arts & crafts, snack time, stories, music, co-operative games and more! Camps may run indoors and outdoors, depending on the weather. Participants should dress accordingly and bring nut-free snacks and a water bottle. Register: [www.Sportball.ca/calgary](http://www.Sportball.ca/calgary)

### August 8<sup>th</sup> – 12<sup>th</sup>

#### Brixology LEGO- Engineering

**9- 4pm Ages 6- 11 Cost: \$ 340**

Features 8 different & exciting sessions with LEGO bricks. 2 years in the making, the Brixology camp is going to take learning with LEGO to a whole new & different level. Themes will include Aerospace, Carnivals, Creatures & more. Campers will learn about Robots & Robot programming & will build their own Solar Powered Vehicle to take home. Register 403-263-4140, [calgary.madscience.org](http://calgary.madscience.org)

### August 15<sup>th</sup> – 19<sup>th</sup>

#### Red Hot Robots

**9 - 4pm Ages: 7 -12 Cost: \$345**

Campers will build 2 different super cool robots, which they keep & take home for hours of endless fun. The T4 Solar Transforming Robot is way cool, using rays from the sun to generate its power. This robot transforms into 4 different modes! We will build other robots as the week progresses; learn about electricity, structures, alternative power sources and MORE!

Details or to register 403- 263- 4140, [www.calgary.madscience.org/](http://www.calgary.madscience.org/)

#### STARS Basketball Camp

**K- Gr3 9-noon Gr 4-6 1-4pm**

Each camp will teach the fundamentals of various skills needed to be successful including; shooting, passing, ball handling, 1on1skills, moving without the ball, as well as defensive concepts. Camp ends with daily games. STARS basketball is a fun filled environment, with great coach to student ratios.

To register [www.starsathletics.ca/summer.html](http://www.starsathletics.ca/summer.html)

### August 22<sup>nd</sup> – 26<sup>th</sup>

#### Byte Camp – Claymation Movie Production

**9am – 4pm Age 9 – 12 Cost: \$270**

Make your own clay characters come to life, just like Shaun the Sheep! Participants will work with a partner to build their own clay characters, sets & props; develop their own script; shoot their movie scenes; then learn to edit & add sound & special effects to complete the whole project. Don't worry parents; there will be plenty of time devoted to outdoor games & activities!

Details & to register [www.bytecamp.ca](http://www.bytecamp.ca)

#### Sportball Multi Sport Camp

**Ages 3 -5 years. 1pm - 4pm**

Sportball's action-packed Half-Day camps introduce children to a variety of ball sports and game PLUS arts & crafts, snack time, stories, music, co-operative games and more! Camps may run indoors and outdoors, depending on the weather. Participants should dress accordingly and bring nut-free snacks and a water bottle.

Register: [www.Sportball.ca/calgary](http://www.Sportball.ca/calgary)



# UNITY THROUGH COMMUNITY



#### Edgemont Volunteers

By Graham Heeps, a community volunteer

At the recent Volunteer Appreciation BBQ at the ECA, some of the community's many volunteers shared their experiences with *Inside Edgemont*



#### Volunteer: Anita van de Poll

"I've volunteered for Edgemont Soccer for three seasons now, and volunteer at church and the kids' school, too. I wish that everyone would volunteer – there's so much joy to get out of it. Every parent of a child in the soccer program has a volunteer role; mine is to assist

[equipment coordinator] Fred Glass. We come together a couple of times a year to organize things and then we give out the equipment before the season starts. There are an incredible number of team kits to put together – this season we had 455 kids playing!"



#### Volunteer: Wayne Zahursky

"I've volunteered at the Edgemont Casino four or five times as well as for the Kinsmen, working at the Stampede for 17 years. As a retired banker I like to be a cashier – I still like counting money! The casino is a big fundraiser for the community and I love to work it.

Volunteering is a great way to get to know people in the community. That's not always easy when you're too old to still have kids in school!"



#### Volunteer: Linda Connolly

"I volunteered for the Edge program for nine years and I've been a volunteer Scout Leader with 193rd Edgemont for 22 years. I first became involved when my son was in Beavers; I've been a leader in Beavers, Cubs, Scouts and Venturers, and have been Group Secretary for 15 years. It's

been great to watch the kids grow, learn new skills and enjoy the outdoors. Our trip to Lake O'Hara is a favorite, too. We're a strong group and we like to volunteer in the community – the craft and garage sales, Christmas hampers and helping to take down the ice rink, for example."



#### Volunteer: Batman

"I've been volunteering as a silent guardian and protector of Edgemont for, well, forever. I do it mostly for the kids, to see the impact it has on the younger generation. One of the best things about volunteering is meeting people from all walks of life, young and old. Residents should know that

whenever they need me, I'll be there. They just have to shine the Bat Light!"

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# August Garden – Deadheading and Pruning



Colin Hayles,  
Horticulturist

Gardening is so exciting as there is nearly always a new bloom, a new weed, a little something to do and then there is August! August is very much a transition period in a garden. The spring blooms have long since finished, summer is well past its best and the autumn is still waiting to take off. However there are a few key things that happen in August.

- If you haven't finished fertilizing your plants you should wrap that up ASAP. A fertilizer program is an essential part of healthy gardening but by August it should be finished. As the days get shorter and cooler you don't want to run the risk of promoting any kind of new growth. I normally have my fertilizing wrapped up by the first week of August with the exception being my annuals (veggies and blooms) as there is no risk of lasting harm due to the temporary nature of the plant.
- August is also a perfect time to catch up on deadheading and pruning. During the summer we can end up with a prolific amount of blooms in the garden and it can be tough to keep up. This warm, quiet month allows us to play catch up and get these deadheads removed and prune out any dead or dying foliage ahead of the explosion of colours and blooms the autumn will bring.
- Another opportunity this quiet month gives us is a chance to get back on the battle with pests and disease as sadly these two problems do not take a break during any of the warm months.
- But most importantly August gives us a great chance to put our feet up on our deck, with a tall, iced drink and truly enjoy the fruits of our labours whilst stretching out those remaining summer days and nights.



## To Invent

Article by Jack Dai,  
a volunteer with Edgemont Youth Press

It's 4 o'clock on a Monday afternoon at Tom Baines School, well beyond the end of last period. Still, the school is bustling with activity: tryouts in the gym; school musical rehearsals in center court, and since October 2015 – 3D computer-aided design (CAD) in the Learning Commons. For the past school year, my friend Chris and I have had the privilege of hosting Invent, a 3D design club at Tom Baines. And this month, we want to share with you a bit of what we, as well as club members, did during the past year - both on the computer, and in the construction lab.

Though it is a club on paper as it stands today, Invent is much more a small and tight-knit community of design, engineering, and manufacturing enthusiasts, each with their own interests and ideas, and each with their own vision for design.

Throughout the past year, club members learned the ins and outs of BricsCAD, a piece of professional 3D design software, and applied what their knowledge in group design challenges and personal design projects. Among the products of these challenges and projects, were redesigned ankle braces, fishing rods, toilet plumbing and Poké Balls.

Towards the end of the year, student teams were pitted against each other to design and construct a device that could be manipulated at a distance to pick up a ball from a series of progressively more chaotic obstacle courses. The end result were two vastly different devices, constructed out of hybrids of 3D printed ABS, various woods, and steel in the school's Makerspace. Each had their own hidden advantages, as well as fatal weaknesses. A winning team was crowned after a dozen tense rounds of careful strategy and manipulation, followed by stunning comebacks and falls from glory.

Like the designs that carried both student teams in our final design challenge, Invent itself has seen its fair share of change, challenge, and evolution in the short span of one year. Though Chris and I had envisioned the tight-knit community that we have today when we first floated the idea for Invent, none of us really knew how everything would play out exactly. Nevertheless, for both of us, as self-proclaimed nerds of design, whether it'd be of ma-

chine tools or interactive hardware, the idea was only a natural extension of our own enthusiasm, and something we gladly pursued.

Towards the end of the 2014-15 school year, we approached Mr. Lang - a teacher of construction and design at Tom Baines, Maker Movement enthusiast, and our mentor throughout this process - with the idea. Following a series of discussions, the blend of class-like learning and interactive design challenges that would become the basis of Invent was formed.

Nevertheless, plans are one thing, and execution is another. As the school year unfolded, student interest, as well as the nature of design, steered Invent to include more and more hands-on learning – design challenges, as well as aspects of engineering – which joint to use for what purposes; what materials, and what method of construction.

Despite the supportive design community that formed steadily at Tom Baines throughout the year, challenges were never too far away. The most significant among these, as we both came to realize later on, was that because 3D printing, and with it, 3D CAD only recently became widely accessible, support for younger student designers were far and few between. Student scientists wanting to showcase their work have science fairs on local and national levels, and student athletes can join and play for schools and clubs. Student designers, however, have no analogous events nor opportunities.

This challenge, though a difficult one, has at the same time also given Invent a road to take for the days ahead. As of now, Chris and I, as well as several other design enthusiasts in high school, are taking steps to create Calgary's first design-based competition for junior high students, with the hopes that we can provide members of Invent, as well as other students designers around the city, the chance to show off their work, to have it judged by professionals in the field, and of course, to learn and receive support from each other.

The Invent of next year, will not only be 3D design or design theory, but more engineering, more hands on, more construction, more 3D printing, and of course – more support and community. In a sense, the Invent of the upcoming year will embody the entirety of the word's meaning – to innovate, to push forward, to Invent.



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## IN & AROUND CALGARY



### Chip in “Fore” Communities on August 12!

Support Calgary’s community associations by joining the Federation of Calgary Communities on Friday, August 12 at the Canal at Delacour Golf Club for their 4th Annual Chip in Fore Communities Golf Tournament, presented by Save-on-Foods!

One of the most affordable golf tournaments in the city, at only \$160 for an individual or \$600 for a four-some, Chip in Fore Communities includes lunch, a round of golf with a power cart, a delicious dinner, amazing prizes, and most importantly, a day of fun!

This golf tournament will help raise funds for the Federation of Calgary Communities to continue providing programs and services that help community associations build capacity, support and mobilize residents, be on the front lines of important issues in their community, and improve neighbourhood life in Calgary.

Visit [calgarycommunities.com](http://calgarycommunities.com) for more information or to register today!



### CALGARY MOUNTAINVIEW LIONS CLUB

**Meets at the Triwood Community Hall on the second and fourth Tuesday of each month.**  
Serving Northwest Calgary, open to all men and women of legal age.  
**For more info please call: John Wilson 403-932-6043**



## CN Summer Programs

### Park n’ Play and Stay n’ Play

These free, safe, supervised programs help children make new friends and learn new games and activities that they can use on their path to a healthy and active lifestyle. Programs are run weekdays and are weather dependant. Families are encouraged to pre-register using the Play Pass process but are not guaranteed entry as participants are accepted on a first-come, first-served basis each day. Pre-registration is accepted until the Wednesday prior to the program start.

**Park n’ Play 6-12 Y**  
Monday– Friday: 10 a.m. – 3:30 p.m.  
Drop–In various park locations

**Stay n’ Play 3-5 Y (Must be accompanied by an adult)**  
Maximum 2 children per adult  
Monday– Friday: 10 a.m. – 12 p.m.  
Drop–In various park locations

### Neighbourhood Adventures

This is a free, registered recreation program that runs throughout the summer for children to learn about their community, make new friends, and have fun. Registration priority will be given to participants residing in Penbrooke, Greenview and Rutland. Pre-registration required. Registration dates to be determined.  
Ages 6-12yrs  
Monday to Thursday, 9 a.m. – 4 p.m.  
Dates: July 4th to August 11th, 2016

### Manchester Summer Camp

This is a free, registered recreation program that runs August 8th – 25th for children to learn about their community, make new friends, and have fun. Registration priority will be given to participants residing in the community of Manchester. Pre-registration required. Registration dates to be determined.  
Ages 5-12yrs  
Monday to Thursday, 9 a.m. – 4 p.m.  
August 8th to 25th

### Lawn Chair Theatre

Bring your lawn chair, enjoy great snacks and live entertainment for the entire family.



**Families**  
Thursdays (July 7 – August 25)  
Various communities  
6p.m. – 8 p.m.  
Drop-in

### Unplug n’ Play

Join us for an evening of fun-filled, unplugged activities, all free for the whole family to enjoy. Live entertainment, face painting, bouncy castles, climbing walls, games, and snacks are just a highlight of what’s in store for you and your family! The City of Calgary’s new Adventure Playground will be available at all Unplug n’ Play events. No pre registration needed. Events are weather dependant.

**Families**  
Thursdays (July 21 – Aug 18)  
Various communities  
6 p.m. – 8 p.m.  
Drop-in

### Youth Days

This four-day drop-in program is designed to provide youth ages 12-17 with the opportunity to develop new skills in a wide variety of interest areas while having a fun and engaging experience. This year, youth can chose from a variety of specialty areas including sports, leadership, creative arts, and cooking.  
Ages: 12-17yrs  
Monday to Thursday, 1:30 p.m. – 4 p.m.  
Drop-in

### Youth Sonics

Youth are welcome to come in, shoot some hoops with friends, and engage in friendly game play. With experienced staff on hand, youth will have the opportunity to develop their athleticism through fundamental and advanced basketball skills and drills.  
Ages: 12-17yrs  
Monday & Wednesdays or Tuesdays & Thursdays  
1:30 p.m. – 3:30 p.m.  
Drop-in





Guides  
Canada

## NITANISAK DISTRICT

### Summer 2016

**Who are we** – Nitanisak Girl Guides live in the communities of Edgemont, Evanston, Hamptons, Hidden Valley, Hanson Ranch, Kincora, Nolan Hill, Sherwood and Sage Hill. We have units for all age groups – Sparks (ages 5-6), Brownies (ages 7-8), Guides (ages 9-12), Pathfinders (ages 12-15) and Rangers (ages 15-17).

**Program** – Our weekly unit meetings will start up again in September. However, this summer a special event was held. Almost 1/3 of our district attended the National Guiding Mosaic Camp in July at Camp Woods at Sylvan Lake. I'm sure they will have lots of stories and memories!

**ONLINE Registration** – If you would like to register your daughter in Girl Guides, please visit [www.girlguides.ca](http://www.girlguides.ca) and click on the "Join Us" link or use the unit finder. Please note that most of our units are full, but if you would consider becoming a Girl Guide leader (see below), that would help alleviate some of our capacity issues. Be an active part of your community!

Here is our current unit availability (as of June 30):

- Sparks - Monday at Holy Trinity Church (HTC) and Valley Creek School (VCS) and Tuesday at HTC
- Brownies - Monday at HTC, Tuesday at HTC and Thursday at HTC
- Guides - Tuesday at HTC

- Pathfinders - Monday and Tuesday
  - Rangers - Monday (no Guider) Thursday
- We are also looking for Guiders for Sparks, Brownies and Guides.

As many of our units are full, please consider becoming a leader, *even if you don't have a daughter in Girl Guides!* Relatives such as aunts, cousins, grandmas, or even university students can become leaders, and volunteer experience looks great on a resume! No previous experience is required to become a leader and training is offered through Girl Guides to help you become a great leader.

### Why Become a Girl Guide Leader?

- For women, Guiding is a chance to be part of their community by helping girls develop their potential. It's a place for personal growth, mentoring and travel opportunities.
- The widest range of activities of any extracurricular program for girls and of any volunteer experience for women. Guiding is unique in the breadth of its focus, which ranges from leadership development to global awareness to environmental stewardship.
- Belonging to the world's largest organization of girls and women, the World Association of Girl Guides and Girl Scouts (WAGGGS).
- The chance to challenge yourself with the emotional safety that can only come from an all-girl environment—and you get to spend time with up to **30** other girls!

Looking forward to another great year in Guiding!

For further information about Girl Guides, please call 1-800-565-8111



*Free Uniform with Registration, September 6<sup>th</sup>, 2016 7 - 8:30 pm*  
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## OPA! of Greece COUNTRY HILLS

Edgemont Community

**W**hether it's our fresh, delicious food or the smiling staff member who remembers your name, there are lots of reasons to love OPA! When they opened their first Calgary Market Mall location in 1998, the idea was simple: change the "fast food" experience by offering delicious, wholesome Mediterranean cuisine with outstanding customer service. By using high-quality ingredients to make classic Greek dishes, they brought something new to the world of quick-service restaurants. Nearly 20 years later, OPA! is one of the most highly recognized and widely loved restaurant brands in the country and has grown from a single restaurant to a national chain with over 90 locations across Canada.

Greek cuisine is all about fresh, authentic dishes prepared with simple ingredients. It's a cooking tradition dating back over two-thousand years, and it's one they take very seriously. OPA! stays true to the essence of Mediterranean-style cooking by using only quality, real ingredients without artificial flavours or fillers. Because tradition is important—and fresh just tastes better.

Gary Der is the Franchisee at the Countryhills location and having grown up in the restaurant business, he chose to open this NW location as he lives in the area and was frustrated with the limited restaurant options. Looking for a perfect place to host your next family party or event, join them for lunch or dinner. They are located at 5149 Countryhills Blvd NW and are open Monday to Saturday from 11:00am to 9:00pm and Sundays from 11 to 8:00pm. Delicious reasonably priced food and friendly service.

For any catering inquiries, please contact Gary Der at 403-615-8821

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# IN & AROUND CALGARY

## Green Cart set to roll out next spring

After a successful pilot that saw a 40 per cent drop in garbage and 89 per cent satisfaction amongst residents, the Green Cart Program will roll out to all single family homes beginning next spring. All communities should have the service by fall 2017. Here are the highlights:

**All food, yard and pet waste is accepted in the program.**

**Unlimited quantity.** Use paper yard waste bags for extra yard waste that doesn't fit in the cart.

**Green and blue carts** will be collected on the **same day every week.**

**Black carts** will be picked up **once every two weeks on a separate day** since most household waste can be recycled or composted.

Residents will receive everything they need to get started including the green cart, a kitchen pail for collecting food scraps inside the home; a sample of compostable bags for the kitchen pail and yard waste bags. Once service begins, households will pay \$6.50 per month. This charge reflects the savings achieved by changing black cart garbage col-

lection from weekly to once every two weeks.

**Green carts go beyond backyard composting**

If you're already backyard composting, keep it up. Use your green cart for all the other materials that cannot be composted at home like meat, bones, shellfish, dairy, weeds and pet waste.

**Why we need to keep food and yard waste out of landfills**

It may be hard to believe, but more than half of residential garbage is food and yard waste. Composting this material is the right thing to do. When food and yard waste is buried in the landfill it releases methane, a greenhouse gas that is 25 times stronger than carbon dioxide. By using the green carts we reduce dependence on our landfills, reduce greenhouse gas and turn food and yard waste into nutrient-rich compost.

To learn more about the Green Cart Program, visit [calgary.ca/greencart](http://calgary.ca/greencart).

*Submitted by The City of Calgary Waste & Recycling Services.*



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Greetings everyone,

#### In case of an emergency, know your location

Each year, Calgary's 9-1-1 centre receives over one million emergency and non-emergency calls. It takes a team of over 300 employees, working in a 24-7 environment to answer those calls and get citizens the help they need.

The most important piece of information a 9-1-1 emergency communications officer needs is your location. If you don't know where you are, there may be a delay in getting you the help you need. Many citizens assume that emergency responders can find them based on cell phone GPS. This is not true. While the 9-1-1 officer may receive your approximate location, it's not always accurate. That's why it is so important to always pay attention to your surroundings and know your location.

It's easy if you're at home where you can provide your home address to the 9-1-1 officer. But what if you were outside, enjoying your day in one of Calgary's parks, when you suddenly need to call 9-1-1? If you're in Fish Creek Park, Glenmore Reservoir or on the Bow River pathway, you can look for our emergency locator signs. These signs are an initiative between Calgary Parks and Calgary 9-1-1. Taking note of them will help crews locate you in an emergency.

Whether you're at home or out enjoying the summer in our city, Calgary 9-1-1 is there to help you stay safe.

For more information on Calgary 9-1-1, visit [Calgary.ca/911](http://Calgary.ca/911)

#### New to Canada?

Arriving in a new city can be overwhelming. In Calgary, there are many resources and services to assist newcomers, community organizations to help you get settled, and immigrant serving agencies who can help if you're new to Canada.

The Newcomers Guide to Calgary (available in English and Arabic) provides important information for new residents in an easy to download and print format. For more information, visit [calgary.ca/newcomers](http://calgary.ca/newcomers).

Have a great Summer!



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I love summers in Calgary. The days are longer and many people are outdoors enjoying the weather with family, friends and neighbours. It is the best time of year for me to meet you in person. The City of Calgary's Neighbour Day was jam packed with activities. Other events I attended were a charity running event to raise funds for a Chinese Seniors facility, a little library opening in Sage Hill, and a block party in Kincora and the Hidden Valley sports windup party. The previous week, I attended the Edgemont Community Association's volunteer BBQ where many giving citizens were honoured for their hard work this past year.

In late June, I was thrilled to be invited to witness a Canadian Citizenship ceremony where 92 Calgarians became official Canadians. The citizenship judge was gracious in allowing me to address the new Canadians and their assembled well-wishers. Just two days later they enjoyed their first Canada Day as Canadian citizens. It was a whirlwind day of activity starting at 7AM by honouring some Calgary Seniors at the Zoo. Following that, I attended two events in the NE before heading downtown to mingle with large crowds and ending with a spectacular firework show and music near the Centre Street bridge. This was great practice for the exhausting and exhilarating ten days of Stampede to come.

Official Opposition Leader Brian Jean officially announced that I have been named as the new Shadow Minister for Emergency Response and Disaster Recovery. I have had productive meetings with several Fort McMurray stakeholders, many of whom I already know from my days in major projects with Suncor Energy. It is important that we keep our eye on the ball to make sure the Fort Mac rebuild progresses along as quickly and orderly as is feasible.

## AUGUST MOON CALENDAR

	New Moon Aug 2		First Quarter Aug 10		Full Moon Aug 18		Last Quarter Aug 24
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**"For thousands of homeowners, polybutylene plumbing has become a recurring nightmare."**

- Ed Bradley, CBS-60 Minutes

Polybutylene (also known as PB or Poly-B) pipe is a flexible, grey pipe that was used in several million homes built from 1970 to the mid-1990s. Due to problems with leaks, Poly-B water pipes are no longer accepted by United States or Canadian building codes and have been the subject of class action lawsuits in both countries. Poly-B fails without warning because it breaks down from the inside of the pipe over time, which can result in sudden catastrophic damage or severe structural damage including mold if a pipe has been leaking for some time without detection. The older the pipe, the more likely it is to fail. Not replacing Poly-B in a home has a 60% probability of failure within 20 years, which further increases over time.

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As a member of the Standing Committee on Immigration and Citizenship, my duties require that government decisions are held up to scrutiny, and where necessary, improved upon. An unprecedented number of refugees have arrived and will be arriving in Canada and it is of crucial importance that the federal government provides the services they need to integrate into our country, our culture and our economy.

The Minister of Immigration and his officials have been unable to address the total expenditures on the Syrian refugee initiative to date, when appearing before committee to discuss Supplementary Estimates. The government told Canadians during the campaign that the total cost of the initiative would be \$250M, now it's climbing towards \$1B, they haven't calculated the downstream impact on provinces and municipalities, and frontline service groups are testifying at committee saying that their funding has been cut.

The government needs to show Canadians a fully costed plan to support the refugees that they've brought to Canada.

For weeks now at parliamentary committee, as well as in the media, we have been hearing how Syrian refugees are struggling now that they are in Canada. We've heard that they haven't been able to make long term arrangements for affordable housing, access language training services, or find employment. All of these issues put refugees at risk of isolation and poverty. Supporting refugees means more than taking pictures with them when they arrive.

Front line agencies providing services to Syrian refugees are also struggling. Many groups in recent weeks have told a parliamentary committee that they have faced funding cuts, and have been overloaded by the rapid influx of refugees precipitated by the government's Syrian refugee initiative. School boards have described having to raise class sizes and defer maintenance due to the influx of refugees. By the Minister of Immigration's own remarks in the House of Commons and in parliamentary committee, Canada's intake of refugees has increased by nearly 400%, while funding for resettlement has only increased by 4%.

This committee study will conclude in September. I will continue to advocate on this issue on your behalf.

## IMPORTANT CHANGES TO TAX-EXEMPT WEALTH TRANSFER STRATEGIES

On January 1, 2017, the federal government is amending regulations that will significantly decrease the tax efficiency of current "wealth transfer" strategies.

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### TAX-SMART INVESTMENT AND ESTATE STRATEGIES

#### GUEST SPEAKERS:



**PETER BOWEN**, B.A.(Econ), CA  
Vice-President, Tax Research and Solutions



**M.C. (MIKE) MACOUN**, CLU, CHS, TEP  
Vice-President, Estate Planning Specialist



**DATE:** Tuesday, August 30, 2016

**LOCATION:** Canada's Sports Hall of Fame  
169 Canada Olympic Road S.W.  
Canada Olympic Park  
Calgary, AB T3B 6B7

**RSVP:** Kara Weber  
(403) 299-7374  
[kara.weber@rbc.com](mailto:kara.weber@rbc.com)

All guests must be registered to attend. (Space is limited.)

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EDGEMONT 2016 STATS	# OF SALES	AVERAGE PRICE
Bi-Level/Bungalow	9	\$535,989
Two Storey/Two Storey Split	64	\$621,714
Split-Level	8	\$448,975
Townhouse	5	\$594,000
Condo	4	\$245,750
Villa	3	\$492,333
<b>TOTAL</b>	<b>93</b>	
<b>Average days on Market</b>	<b>31 days</b>	

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**\$474,900**

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- lovely 4 bedroom two storey walkout
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- oak kitchen, fenced yard, mountain views

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**\$549,900**

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- updated 4 bedroom two storey split
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## 48 CITADEL PARK NW



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