

APRIL 2017

YOUR OFFICIAL COMMUNITY NEWSLETTER

inside *Edgemont*

www.edgemont.ab.ca



AGM

APRIL 26, 7:00PM

**COMMUNITY
CLEAN-UP DAY**

APRIL 22, 9AM - 2PM

1WORLD

MAY 6, 10AM - 2PM

Edgemont
Community Association

CALGARY woman's show

APRIL 8 & 9, 2017
BMO CENTRE, STAMPEDE PARK

OVER 300 EXHIBITS / SAMPLES / FREE SWAG
FASHION SHOWS / NON-STOP ENTERTAINMENT
FASHION, BEAUTY & BOUTIQUE SHOPPING
& MORE!

calgarywomansshow.com



"PHYLLIS SUMMERS"



"BILLY ABBOTT"

Sunday Only!

CFW Radiology
Specialists In Diagnostic Imaging
ENTERTAINMENT STAGE

FASHION
TO THE RESCUE
Presented by VetsToGo

ENTER TO WIN!
\$500 SHOPPING SPREE!

WINE
Garden








- ◇ 36 HOLE PRIVATE GOLF CLUB
- ◇ 2 UNIQUE GOLF EXPERIENCES
- ◇ CHAMPIONSHIP COURSES
- ◇ EXCEPTIONAL SERVICE & ENJOYABLE ATMOSPHERE

Be part of the Camaraderie. Contact us for details on our Membership options.

Phone: 403 - 226 - 7761 | www.countryhills.ab.ca



CONTENTS

5	EDGEMONT COMMUNITY ASSOCIATION AGM	21	TRIPLE A PROGRAMS
7	PRESIDENT'S MESSAGE	23	WOMEN'S ENGLISH & SOCIAL GROUP - MEET YOUR NEIGHBOURS & PRACTICE ENGLISH!
9	COME ONE COME ALL TO 1 WORLD 2017	25	NEWS FROM THE FRIENDS OF NOSE HILL
12	A MESSAGE FROM YOUR VOLUNTEER COORDINATOR	26	NITANISAK DISTRICT GUIDES
13	SUMMER BROCHURE 2017	32	MP MICHELLE REMPEL'S REPORT
15	LEAF PROGRAM REPORT	32	MLA PRASAD PANDA'S REPORT
17	EDGEMONT YOUTH PRESS	33	COUNCILLOR SEAN CHU'S REPORT
18	PROGRAMS AT EDGEMONT COMMUNITY CENTRE		





EDGEMONT COMMUNITY ASSOCIATION

33 Edgevalley Circle NW
Calgary, AB – T3A 4X1
Phone: 403.239.1211 | Fax: 403.547.5799
office@edgemont.ab.ca | www.edgemont.ab.ca
Facebook: Edgemont Community Association
Twitter: @EdgemontCA
Instagram: edgemontcommunity

Delivered monthly to 5,800 households and businesses for 10 years!

Editorial Submissions

newsletter@edgemont.ab.ca

Deadline is the 23rd of each month for the month following plus 1 e.g. March 23rd is the deadline for the May Issue.

Advertising Opportunities

403-263-3044 | sales@great-news.ca
All advertisements must be submitted by the 1st of the month for the following month's publication.

Published by Great News Publishing

Serving Calgary communities for 28 years
91 newsletters reaching over 415,000 households in Calgary and surrounding areas.

#34-4550 112 Ave SE
Calgary, AB
T2C 2K2

Check out our website:
www.great-news.ca



The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Edgemont Community Association and Great News Publishing.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Edgemont Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women’s Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children’s Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654

EDGEMONT COMMUNITY ASSOCIATION

AGM

APRIL 26th, 2017

Panorama Room

Edgemont Community Centre

REGISTRATION BEGINS AT 7PM

The 2017/2018 ECA BOARD OF DIRECTORS WILL BE ELECTED AT THIS MEETING

A CURRENT EDGEMONT COMMUNITY ASSOCIATION MEMBERSHIP IS REQUIRED TO VOTE

TO RUN FOR A POSITION ON THE BOARD OF DIRECTORS YOU MUST BE A MEMBER IN GOOD STANDING RESIDING IN EDGEMONT

IT IS RECOMMENDED THAT YOU FILE YOUR NOMINATION PAPERS BEFORE THE MEETING

- ## AGENDA
- CALL TO ORDER (7:30PM)
 - ADOPTION OF AGENDA
 - REVIEW AND APPROVAL OF THE 2016 AGM MINUTES
 - PRESIDENT’S MESSAGE
 - INTRODUCTION OF BOARD MEMBERS
 - SPECIAL GUESTS INTRODUCED
 - CITY STAFF INTRODUCTION
 - ECA BOARD OF DIRECTORS REPORTS AND ADOPTION
 - FINANCIAL REPORT
 - APPOINTMENT OF THE AUDITOR
 - ELECTION OF NEW BOARD MEMBERS
 - ADJOURNMENT
 - REFRESHMENTS

“For thousands of homeowners, polybutylene plumbing has become a recurring nightmare.”
- Ed Bradley, CBS-60 Minutes

Polybutylene (also known as PB or Poly-B) pipe is a flexible, grey pipe that was used in several million homes built from 1970 to the mid-1990s. Due to problems with leaks, Poly-B water pipes are no longer accepted by United States or Canadian building codes and have been the subject of class action lawsuits in both countries. Poly-B fails without warning because it breaks down from the inside of the pipe over time, which can result in sudden catastrophic damage or severe structural damage including mold if a pipe has been leaking for some time without detection. The older the pipe, the more likely it is to fail. Not replacing Poly-B in a home has a 60% probability of failure within 20 years, which further increases over time.

Modern West Plumbing & Heating specializes in the complete turn-key removal of Poly-B in your home by a professional, courteous, and experienced team including a Master Plumber. Replacing this pipe in your home will protect your investment and your personal belongings, save thousands on repairs, and add significant value to your property.

Call today to schedule your **FREE** consultation & evaluation

Erwin Knoll
Modern West Plumbing & Heating
Specializing in Fixtures, Repipe, Hot water tanks, Boilers & Custom Home Renovations
403-988-5945
“Making your home better than new!”



MODERN WEST PLUMBING & HEATING



“Making your home better than new”

\$500⁰⁰ OFF **ANY HOUSING REPIPE OR BOILER SYSTEM**
Limited Time Offer - Call Today!

VOLUNTEER BOARD OF DIRECTORS 2016/17

Bev Johnson	President	president@edgemont.ab.ca
David Middleton	1st Vice President	buildingadmin@edgemont.ab.ca
Al Leach	2nd Vice President	areaplanning@edgemont.ab.ca
Brett Redpath	Secretary	secretary@edgemont.ab.ca
Gerry Elms	Treasurer	treasurer@edgemont.ab.ca
VACANT	Past President	pastpresident@edgemont.ab.ca
Brett Plaizier	Communications	communications@edgemont.ab.ca
Elaine Scobie	Special Projects	specialprojects@edgemont.ab.ca
Dora Lam	Director at Large	director2@edgemont.ab.ca
Barbara Elms	Safety	safety@edgemont.ab.ca
Jo-Ann Wither	LEAF	leaf@edgemont.ab.ca
Paul Clark	LEAF/Signage	director3@edgemont.ab.ca
Barb Ellsworth	Director at Large	director@edgemont.ab.ca
Jane Coates	Director at Large	director4@edgemont.ab.ca
VACANT	Sports	
Bruce James	Services	services@edgemont.ab.ca
Jeff Edwards	Social/Volunteers	volunteers@edgemont.ab.ca

STAFF

Barbara Meehan	Office Administrators	office@edgemont.ab.ca	403-239-1211
		membership@edgemont.ab.ca	403-239-1211
		rentals@edgemont.ab.ca	403-239-1211

OTHER CONTACTS

Cst. Benzy Bawal	Community Resource Officer	Pol4617@calgarypolice.ca	403-567-6742
	LEAF Team	AskLeaf@edgemont.ab.ca	403-239-1211
	Inside Edgemont Submissions	newsletter@edgemont.ab.ca	403-239-1211
Cari Middleton	Casino Coordinator	edgemont_volunteers@outlook.com	
Lori Trieu-Low	Edgemont Elementary Rep.		403-239-1211
Asha Nenshi Nathoo	Tom Baines Jr. High Rep.		403-239-1211
Emily Gvozdenovic			
Michelle Choi	Sir Winston Churchill High Rep.		403-239-1211
Sabrina Wong			
Chelanne Murphy	Mother Mary Greene Rep.		
Keller Strategic	Webmaster	support@kellerstrategic.com	403-239-1211
Rink		rink@edgemont.ab.ca	

Edgemont Community Centre

Need a special event room?

The Panorama Room: Capacity 200

- Beautiful mountain view
- Landscaped gardens
- Full kitchen facilities attached
- Round tables, upholstered seating



For more information call
403-239-1211

The Mountain View Room: Capacity 70

- Mountain view
- Wood floor
- Round or rectangular tables

The Board Room: Capacity 20

President's Message

By Bev Johnson



Officially, Spring begins in the northern hemisphere on March 20th, but I believe April is the month when many in Canada feel Spring has truly arrived, and a sense of renewal is in the air. At the ECA we feel the same way, and our community association takes the opportunity bring our membership together for the opportunity to hear what the ECA has been up to over the last year, and elect a NEW board of directors, who will guide the community association for the following term. I say term because, when you read this, our meeting to revise our bylaws will have taken place and hopefully those bylaws will have been approved by Service Alberta. If that's the case, then our membership will be electing a new board for a 2-year term, a first in the history of our organization. We believe that extending the term will give new board members time to learn about being on a community board and a chance to follow through on initiatives they'd like to work on for the betterment of the community. So this is your chance Edgemont residents: APRIL 26TH, 7PM – BE THERE!

In the newsletter this month our Youth Press reporter Samantha Tse has written a wonderful article on how the idea of "loving thy neighbour" translates into action, so make sure that you take the time to read it. Samantha's story is not the only one concerning acts of kindness and caring that can be shared about our neighbourhood. Many of you will recall that at the end of February we had a house fire near our rink and playing fields. Thankfully, none of the residents were harmed but there was extensive damage to the house, which means the family who lived there has had to move out until the house can be rebuilt. This of course is a hardship that all of us can empathize with, so it is comforting to know that neighbours Ginger DeBoni and Lesley James organized a way for the community to donate what they could, to help the family through this difficult period. The ECA would like to extend a heartfelt thanks to both Ginger and Lesley, and all those who pitched in to help.



Consider The Edgemont Community Centre

FOR YOUR NEXT SPECIAL EVENT!

Call 403-239-1211 for more details

www.edgemont.ab.ca • rentals@edgemont.ab.ca

- Large parking lot
- Playground & playing fields adjacent

The Panorama Room Capacity 200

- Beautiful mountain view from large windows
- Landscaped gardens
- Full kitchen facilities attached
- Round tables, upholstered seating
- Patio adjacent

The Mountain View Room Capacity 70

- Mountain view
- Round or rectangular tables
- Wood floor

The Board Room Capacity 20

To end off, I'd like residents to SAVE THE DATES. Firstly for our annual community clean up, where you get to clean out all your clutter and either donate to the City of Calgary disposal team or pop gently used items into the NWCC garage sale to support their orphanage in China. Last but not least, May 6th where we'll be celebrating our 6th **1World** celebration, and if that wasn't exciting enough, we are going to incorporate a Canada150 theme to celebrate the 150 years of this wonderful success of a nation. A very special part will be the Citizenship Ceremony where new Canadians will take their oath and become citizens of this great country. Not to be missed. See you there.

Till next month,
 Bev

SCHOOLS AROUND EDGEMONT

Tom Baines School Drug Awareness Night

On Feb 23rd over 500 people attended a meeting at Tom Baines School about drug awareness and Fentanyl.

Speakers included two mothers who had lost their sons to Fentanyl, a young man who is now a paraplegic because of Fentanyl, a spokesman from Simon House (a drug recovery Centre) and a policeman on the front line in the battle against drugs.

People were given information about specific behaviors to look for in their children that might indicate drug use. They also learned about PChAD (Protection of children using to drugs act), which allows parents to obtain a court order to get youth under the age of 18 out of dangerous situations and into temporary care (10 days).

It also became clear, listening to all the experts, that Marijuana is a "gateway drug", often leading to addiction to hardcore drugs such as Heroin, Fentanyl, and Oxycodone etc. In fact drug dealers are now adding other drugs such as Fentanyl to Marijuana in order to hook youngsters on hardcore drugs. We need to remember that drugs are big business and our youth are the collateral damage. Dealers are making huge profits out of dealing these drugs, and the crime rates in our communities rise as addicts try to pay for their habit via theft etc.

People were also informed about Narcan kits that First responders carry to deal with drug overdose situations. Narcan is the brand name of Naloxone, the drug used to

reverse the effects of an opioid overdose. These kits are also available to the general public from Pharmacies, once they have been trained how to use the kits.

What can we do to address this in our community?

1. Be informed. Go to the Nope to Dope Facebook page for drug information and videos.
2. Talk to your children about drugs, peer pressure and making good choices.
3. Be aware of steps like PChAD that you as parents can take to regain control of the situation
4. Consider writing to your MLA with your concerns that legalization of Marijuana could exacerbate the problem
5. Do not underestimate or ignore the part Marijuana, as a "gateway" drug, plays in drug addiction and the drug business
6. We all need to be non-judgmental when families are dealing with these issues. Bad things happen to good people and we all need to be part of the solution not the problem.
7. If you suspect drug dealing in your neighborhood or see suspicious behavior call the Police

If we all work together we can make a difference!

Emergency/ Safety Card

As we know, Edgemont is a wonderful community made up of people of diverse backgrounds, and for many English is not their first language. Sometimes, people slip and fall, injuring themselves, or for those of us getting on in years, sometimes we forget things, like our phone number, and when you find yourself in a position where you are unable to communicate what is wrong, then a minor incident can become a big problem. At the suggestion of a community member, the ECA will have small cards available at the office for people to fill in essential information, such as name, phone number, address etc. You can fill in as much or as little information as you feel you need. Hopefully, these cards will help keep our community members safe and provide necessary information to first responders or members of our community trying to render assistance.

Let's do our best to keep all our community members SAFE!

SCHOOLS AROUND EDGEMONT

MP Michelle Rempel talks to Edgemont Grade 6 students about important Democratic matters in Canada

Edgemont Herald

By Krystyna

On January 24th, 2017, MP (Member of Parliament) Michelle Rempel, who represents the Calgary Nose Hill constituency, came to Edgemont School to talk to the Grade 6's. The presentation was held in the Panorama Room of the Edgemont Community Centre. She came to talk about working in Parliament, how bills are passed, and to answer some questions the students had for her. "I was very excited to meet an MP who works in the government and she is known in so many places. It was like meeting a famous person!" said Grace, a Room 21 student.

The Grade 6's did a little "preparing" before meeting MP Rempel. Room 21 began by learning a bit about her. They learned that MP Rempel is a member of the PC Party and that she represents Calgary Nose Hill. They watched a video called: A Day in the Life of a Member of Parliament and had a lively discussion about different questions to ask MP Rempel.

MP Rempel began her presentation by introducing herself. She explained her job as an MP, and her responsibilities. She answered multiple questions that students had for her as she went through her presentation. She said that no two days are the same when asked about typical days. A Grade 6 student asked her about how she became an MP and what she had done before. She said that she started volunteering for the PC Party when she was around the age of 21. She had learned from her fellow party members about campaigns, elections and the process, and important information for political positions. "My teacher said that she came to talk because the Grade 6's were learning about Democracy and Government. I felt really special." Rachel, a Grade 6 student stated. But it wasn't until she told everyone her daily email amount that we understood she was truly very busy. There are

always a few hundred daily emails she said. Citizenship and Immigration is her committee. She said that some people are quite pressuring and have negative comments about her.

"I think everybody was pretty excited after her presentation," said Kira, a Grade 6 student. "I know I was. I learned a lot." MP Rempel will continue to love her job and help her constituents. The presentation came to an end as the Grade 6s flooded the room with applause and excited chatter.



Come One Come All To 1 World 2017

On MAY 6th, 2017

the 6th 1World Cultural celebration will take place at

THE EDMONTON COMMUNITY CENTRE &
EDGEMONT SCHOOL

33 EDGEVALLEY CIRCLE, NW
FROM 10AM – 2PM

All are welcome to come, see and participate in the cultural diversity of our community. Tom Baines, The Edgemont Community Association, Edgemont School, Mother Mary Greene School & local businesses, along with city and volunteer agencies working in Edgemont, and the Government of Canada extend a warm invitation to you all to experience the cultural depth of Edgemont through great performances, fun activities and fabulous food.

This year we celebrate CANADA's 150th birthday with a CITIZENSHIP CEREMONY!!

What a perfect way to celebrate our inclusive diversity in both our great community and nation.

SEE YOU THERE

HOME REPAIRS • SMALL RENOVATIONS • PLUMBING • ELECTRICAL • FENCES

DECKS • YARDWORK • GARDEN DESIGN

WELDING • FABRICATION • RV REPAIRS

HAULING • CONDO MAINTENANCE • MOVE OUT REPAIRS & CLEAN-UP • PRUNING

CHS LTD.

Calgary Handyman Services Ltd.

No Job is too Small!

Neil Penner

tel: 403-472-8943

email: calgaryhandyman@shaw.ca

SCHOOLS AROUND EDGEMONT

Important Changes to Student Population at Tom Baines School

After thorough review and feedback received from parents, students, staff and community members January 2016 to January 2017, we have decided to make the following changes to the student population at the school:

- Edgemont Grade 6 students will be added to the current school population

This means that next year, the student population will include:

- Regular program Grade 6-9 students living in Edgemont
- Regular program Grade 7-9 students living in Hamptons

This decision was made to address the fact that Edgemont School is over capacity. The decision allows Edgemont Grade 6 students to attend Tom Baines School, which helps to address the overcrowding at Edgemont School. The decision also reflects feedback to keep Hamptons students at Tom Baines School due to proximity. More details of what we heard from the community and how this plan responds to that feedback is detailed in the attached chart.

We believe this plan provides the best use of learning space for our students, schools and communities as a whole. It also balances our values and planning principles with what we heard from our students, staff, parents and community.

We know you may have questions about implementing this plan, and we are providing answers to the most frequently asked questions here.

Thank you to everyone who participated at in-person sessions, open houses and through online surveys throughout the engagement process. Your thoughtful contributions have made a meaningful difference in decision-making.

Can students living in the Hamptons attend Tom Baines School in Grade 6?

Tom Baines School will be operating at or near capacity. The school will not have space to accommodate Grade 6 students living in the Hamptons for the foreseeable future.

What happens if Tom Baines School becomes too full in the future?

If Tom Baines School becomes too full, an overflow bus receiver school will be identified and acceptance into the school will be based on the CBE's lottery process.

How will students get to school?

As part of the June 2016 CBE transportation strategy to move Grade 6-9 students to Calgary Transit when possible, students attending Tom Baines School use Calgary Transit and other personal means to travel to and from school. Calgary Transit determines the number of buses and the routes based on ridership and available resources. Some communities have dedicated routes. Visit the Calgary Transit website for more information.

Will students need to register at the new school location?

Grade 5 and 6 students who reside in Edgemont and are currently at Edgemont School or as overflow students at Captain John Palliser School are automatically enrolled in Tom Baines School.

Grade 5 students living in Edgemont who currently attend Captain John Palliser School can remain at the school for Grade 6. If they choose to remain at Captain John Palliser, however, they would not be able to attend Tom Baines School for junior high in the unlikely possibility the school reaches capacity. All other students will need to register (new to CBE) or request a transfer from their current school.

Will teachers and other staff at the school be changing?

In cases where students enrolled in a regular program move from one school to another, staff movement will depend on requirements at the current and new school locations as well as individual career choices.

What support will families and students receive during the transition?

Each school may provide support in different ways, such as hosting an information session, offering a school tour or other means of communication. Your school will advise of these opportunities once they are determined.

When a student with complex learning needs moves from one school to another, the supports required to

~cont'd next page~

SCHOOLS AROUND EDGEMONT



Byte Camp Adventure at Edgemont School

By Simrah

Summer camps are always fun to join, but what better than having an hour of camp right at school? Recently, Byte Camp came to Edgemont School, to give the grade six classes an experience of what Byte Camp is like. Each class had individual time set aside to work with Scratch.

The instructor, Professor Brandon Cathcart, showed the students how to code a maze game. They learned basic coding, using "Scratch." The main coding technique the students used was if, then statements. They also used show and hide, if ___ touching ___ then ___, and many other techniques. Each individual chose a "Sprite", better known as characters to use for their maze game. The basic maze was drawn by the students (on Scratch), making sure they had some challenges included. They also coded to have treasures to collect. Mr. Thomas kindly offered his room, Room 26 in Edgemont School, for coding. Some students had already used Scratch before, so they were more familiar with the coding. Although, after touching on the basics, everyone became much more comfortable with the program. The Grade six teachers and some guest teachers came along to watch. Some even participated by making their own mazes. Simrah, a Grade Six Student, stated, "Even though I've used Scratch before, Byte Camp refreshed my memory. I learned many things, and overall, I had a great time."

"I was having so much fun, I didn't even know that I was using math!" said Simrah. The Cartesian Plane (X and Y axis) was used to configure the way the Sprite would move. Positive and negative integers were used to define the amount of space the Sprite would move within (eg., Y -10, X 10), and so forth. Although the students were working offline, they saved their projects into folders, to access it again.

The teachers and Professor Cathcart are the reason the students had the experience of Byte Camp. Byte Camp came to Edgemont because they wanted to educate the kids; they wanted to introduce (or refresh) them to programming.

Byte Camp is a Vancouver Island based, non-profit organization running since 2003. Byte Camp runs programs in the summer and during the school year. The activities are programmed for ages 9-14. Byte Camp offers animation, SCRATCH coding, video game design, FLASH animations, and introduces computer hardware design. If you are interested check out the Byte Camp website : <https://bytecamp.ca/>. This was an incredible experience, and the students are hoping Byte Camp comes back to Edgemont.

Important Changes to Student... cont'd

fulfill the IPP requirements move with them. Teachers and staff at the former and new school will collaborate to ensure the student's needs are met.

What about bell times, school calendars, transfer of resources and fundraising dollars, and other decisions?

School administration will communicate with staff, students and parents on implementing processes that work best for the CBE and the school community. CBE Administrative Regulations and other requirements and efficiencies will also be considered in these decisions. Check your school website and newsletter regularly for updates.

What if I have more questions?

We have posted an implementation FAQ and other information on our website. If you have a question that is not answered here or on our website, contact the school's principal. If you still have questions, please contact the Area I office at AreaI@cbe.ab.ca or 403-777-8710.

This is a time of excitement and, understandably, some apprehension as well. We look forward to working with staff, students and parents to help make a smooth transition.

Sincerely,
Brant Parker • Director, Area I
Darlene Unruh • Director, Area II
Carrie Edwards • Director, Planning and Transportation



A Message From Your Volunteer Coordinator

Jeff Edwards • 403-616-6480
volunteers@edgemont.ab.ca

Hi Edgemont,
This is what's happening this month...

Community Clean-up, Serve Day, and Charity Garage Sale – 9AM to 2PM Saturday April 22nd, 2016. See the pics from last year. The ECA Community Clean-up and Serve Day goes from 9AM to 2PM and you can bring non-hazardous junk to the garbage trucks at the ECC, recyclables to the recycle stations, and yourself to the Serve Day table to do a variety of small neighbourhood fix-up projects. *E-mail me if you'd like to help.* As usual, we will have a charity garage sale at the same time to allow you to donate things that are still useful to raise funds for an orphanage in China.

1World multi-cultural celebration is **May 6th**... A beautiful neighbourhood tradition!

Our **Casino fund-raiser** is **May 13-14**. Contact me to volunteer.

The **Wednesday Breakfast Club** (7-9AM) and **Wednesday Reading Club** (4:30-5:30pm) help children in our neighbourhood. Email me for information.

Questions? Want to be on the volunteer email list? Please contact me.

Love your Edgemont neighbour!



Summer Program Brochure 2017

Mr. D's Summer Drama Camp • Technology Byte • Mad Science • Sportball • "STARS" Basketball • Rhythmic Tank Music • Rhythmic West Gymnastics • Kids Yoga Camp

Registration for Mr. D's camps **begins May 8th 9am walk-ins**. Registrant can register a maximum of 3 children. Call ECA office to register after May 9th. Phone in's will be contacted. **If space is still available.**

July 3rd-7th

Mr. D's Teen Drama Camp

Gr 6 - 12 Cost: \$235 9am - 3pm

My 21st yr. of Summer Drama Camps and we are performing "Shrek", so come on down and have some fun. We will play "X-treme- Survivor", with new games, challenges prizes for all. Camp t/shirts, pizza/texas donut talent show, summer comic book. Mr. D's awesome cooking show Friday is blockbuster day so parents can come and see the show. Your favourite camp counselors are back. Bring lunch every day except Thursday. Register early as camp fills up fast.

Rhythmic Tank Music Camp

9am - 4pm Cost \$250/week

Half day \$125

Help spark your child's passion for music. Create and perform a live action silent movie. Create your own musical instrument to play at home. Will work together to create a family showcase that will celebrate your week at camp. For more details or to register go to www.rhythmtankstudio.ca or call Jess 587 434-3564.



Stars Basketball

9am - 4pm Ages

For more details or to register contact Jerome at jmakasier@elitesportsgroup.ca

July 10th-14th

Mr. D's Junior Drama Camp

Gr 6 - 12 Cost: \$235 9am - 3pm

In a galaxy far, far away, yes Star Wars is back this year and we are going "Rogue". Favourite camp counselors are back. So much fun with games, prop building, magic. Awesome week of survivor, light sabre battles, bounty hunter breakfast, comics and much more. Pizza/Death Star donut movie day, t/shirts. Visit for TK-197 and his close friend Boba Fett. Bring a lunch every day except Thursday. Register early as this camp fills up fast.

Byte Technology Camp

9am - 4pm Ages 11-14yrs

3D Animation

Dreaming of a career with Pixar? Come and have fun learning how 3D animated movies are made, learn and have fun modelling, animating, tell your own stories, make your own short animated movie. For more details or to register go to www.bytecamp.ca

Mad Science Radical Robots

Ages 7- 12yrs 9am - 4pm \$350 +GST

Robot Camps are back this year, so much fun; build either Kingli Dragon

Bot or Hydraulic Arm bot or both. Have hours of fun at camp and get to take home so plenty of battle fun with friends. Campers will also learn programming, coding and so much more.

More details or to register 403 263-4140 or <https://register.madscience.org>

July 17th-21st

Mad Scientists Inventors Camp

9am - 4 pm. Ages 6 - 11yrs \$350 + GST

Go on an incredible scientific journey through the ages, Leonardo da Vinci to Outer space, medieval times to science fiction. This camp covers lots of ground but you have fun at the same time. You have challenges; construct things like catapults, forts and even a working Light Saber. Too many things to list. Interested contact

Details or to register 403- 263-4140 <https://register.madscience.org>

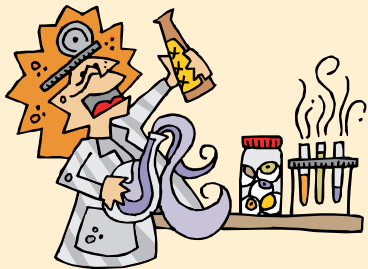
Byte Technology Camp

9am - 4pm Ages 9-12yrs

Introduction to Coding

Discover how much fun it is to build your own game. You will be introduced to basic coding skills, learn how to create your own 2D vector artwork making characters and levels that are entirely their own. Lastly you make a game that you take home on USB that you can share with friends online. For more details or to register go to www.bytecamp.ca

Summer Program Brochure



July 24th - 28th

Mad Science Jr Brixology Camp

9am - 12pm. Grades K-2 \$175+ GST

Details and to register 403 263-4140 or Learn to construct engineer themed projects using Lego bricks, you will learn about aerospace whilst building a space station, find out about nautical and mechanical engineering as you build boats, vehicles and so much more. More details or to register 403 263-4140 or <https://register.madscience.org>

Mad Science Junior Explorers Camp

1pm - 4pm. Grades K-2 \$175 +GST

Learn what it is like to be an astronaut, learn about dinosaurs, robots, mini mad lab day or watt up day. Too many things to list. Interested and want to find out or to register 403- 263-4140 <https://register.madscience.org>

Sportball Camp

9am - Noon

Action packed camps introduces children to variety of ball and activities, arts, crafts, snack time and more.



Coaches focus on basic skills like balance, co-ordination, stamina and timing in a fun, supportive non-competitive setting that emphasizes teamwork.

For more details or to register go to www.sportball.ca

July 31st - Aug 4th

Stars Basketball

9am - 4pm. Ages

For more details or to register contact Jerome at jmakasier@elitesportsgroup.ca

Yoga Camp

9am - Noon

Have your child experience the joy of yoga. We build confidence, concentration and community through poses, games, art projects, learn to relaxation techniques and simple breathing.

To register or find out more info, please contact. Marnie 403 988-4400 or e-mail shantigardenyoga@gmail.com

August 8th -11th

Byte Technology Camp

9am - 4pm Age 11 - 14

2D Video Game Design

Learn how to build an HTML5 game from ground up by using our tools and equipment. This is a coding camp so be prepared to challenge yourself and learn new skills. You will create advanced 2D vector artwork and animated character sprites to make your game look great. You get to take your game home on USB to share with friends online. For more details or to register go to www.bycetecamp.ca

August 14th -18th

Mad Science Inventors Camp

9am - 4pm Ages 7-12yrs \$350 + GST

Go on an incredible scientific journey through the ages, Leonardo da Vinci to Outer space, medieval times to science fiction. This camp covers lots of ground but you have fun at the same time. You meet challenges; build things from

catapults, forts and even a working Light Saber.

Details or to register 403- 263-4140 <https://register.madscience.org>

August 21st-25th

Rhythmic Gymnastics Camp

9am - 4pm Ages 5-7yrs Half Day Camp \$120

Ag es 8- Full Day Camp \$235

Come and have fun activities include rhythmic gymnastics, acro-skills, dance, and yoga. You will create your own rhythmic ribbon to practise at home. Please bring your own lunch and snack.

For more details, or to register contact h.palmer@shaw.ca. Or visit the website www.RGCalgary.ca

Stars Basketball Camp

9am - 4pm Ages

For more details or to register contact Jerome at jmakasier@elitesportsgroup.ca

Sportball Camp

1pm - 4pm

Action packed camp introduce children to variety of ball and activities, arts, crafts, snack time and more. Coaches focus on basic skills like balance, co-ordination, stamina and timing in a fun, supportive non-competitive setting that emphasizes teamwork.

For more details or to register go to www.sportball.ca

August 28th - Sept 1st

Rhythmic Gymnastics Camp

9am - 4pm Ages 5-7yrs Half Day Camp \$120

Ages 8- Full Day Camp \$235

Come and have fun activities include rhythmic gymnastics, acro-skills, dance, and yoga. You will create your

own rhythmic ribbon to practise at home. Please bring your own lunch and snack.

For more details, or to register contact h.palmer@shaw.ca. Or visit the website www.RGCalgary.ca



Park n Play/ Stay n Play

City run program

For more info contact 311

Skate park dates:



Outdoor Sportball Program

Beginning May Sportball is running an Outdoor Program. Introduces fundamental concepts of gameplay teaches basic skills required to Bend it like Beckham in a non-competitive, supportive environment. Classes run outdoors and parents are required to remain on the sidelines for the childrens' safety. Registration fees include a Sportball soccer ball and jersey. For more details and to register contact www.sportball.ca.



LEAF PROGRAM REPORT

LANDSCAPE MAINTENANCE AND ENHANCEMENT PROGRAM

This is the title that the city has for the LEAF program.

March will be an exciting month for LEAF as we will have our detailed interactive Edgemont map up and running on our Web site. It will provide detailed information with before and after pictures about all the work done by the City LEAF crew in 2016.

We will also include the history of the Edgemont LEAF program, frequently asked questions, what the program provides for our community, and the 2016 budget report. This has been a time consuming project but well worth the efforts.

We will continue to put updates on the ECA bulletin board, the web site, the newsletter and Facebook through out year two.

Our City Parks Supervisor and our Horticulturalist have been extremely helpful providing us with thorough detailed information, and we want to thank them for all their time and effort to making this program a success.

April will hopefully bring some nice warm weather and we may see some spring 2017 projects started. Our Edgemont weather can be challenging to any project and we have to respect those challenges.

Hope you enjoy the web site.

Jo-Ann (ECA LEAF Director)

Helen (ECA LEAF Volunteer)

Edgemont's Annual Recycling Community Clean-up Day

**Saturday April 22
9am - 2pm**

\$5.00 Drop off charge
Free with valid membership card.

Electronics, metal, tires, batteries, kid's car seats (upholstery removed), garbage, organic waste, paint: hopefully.

Not accepting household chemicals, home appliances, propane tanks, glass, railroad ties.

Message From The Edgemont Casino Chair

Hello Everyone,

The Edgemont Community Casino is coming up; our dates are **SATURDAY, MAY 13th** and **SUNDAY, MAY 14th 2017** at the **ELBOW RIVER CASINO**. This is the weekend before the long weekend, so we hope that you don't have any camping plans yet.

Last year we made just over \$70,000 for the community which goes along way helping to support the community building and supporting programs within the community of Edgemont.

You would have to sell an awful lot of chocolate bars or cookies to raise that kind of money. But in order to do that we need the volunteers to support us. That's

where you come in. Please consider giving your time to this event. No experience is needed we get a lot of support from the casino advisors and they show you exactly what to do. We also are so grateful for people coming out that we pay for your dinner/lunch. You could make it a date night! It's also a great way to get together with old community friends.

If you can volunteer for us, please contact me by email at:

edgemont_volunteers@outlook.com or **phone me at 403-239-8423** or you can just pick up the forms at the Edgemont Community office, one is for Alberta Gaming Liquor Control and the other is for my organizational purposes, fill them out and leave them in the Edgemont Community office.

I look forward to hearing from you and most importantly seeing you at the casino.

Thanks for reading,
Cari Middleton, Edgemont Casino Chair

LANDSCAPE CONSTRUCTION

Stone Patios • Retaining Walls • Sod • Trees
Flowerbeds • Fences • Decks • Landscape Designs
and much more

SPRING CLEAN-UPS & WEEKLY LAWN CARE

Power-rake • Aerate • Leaf Clean • Cut & Trim
Fertilize • Pruning • Vacation Services
and much more





Call Now for your **FREE ESTIMATE**
403.301.3300
www.assiniboine.com

2 yr Quality Guarantee • WCB • Insured • Licensed • Bonded

f i s HomeStar

Neighbourly Love

By Samantha Tse, Edgemont Youth Press

Hi everyone, I hope you're all doing well in our neighbourhood.

I know Edgemont is considered a safe community. For me, I never doubted my safety whenever I went out for runs; because I knew this was a safe community. Our people have families, and they go to school and work and have their lives. Our streets are clean and we have a sense of security where we live. But I forgot the fact that no community can be completely safe; consequently, I became more aware of the aspect of personal safety during an incident in January.

I was out for a run, and I saw a woman of about 60 years old walking towards me as she was coming up the sidewalk. I moved over to the side so we could pass each other, but as we neared, she turned her back around 180 degrees. I thought she had turned around to look for something behind her, but when she turned back around, she used all her force to swing her bag at me. I looked at her in shock and saw all the white around her widened eyes. I started getting really scared because of her angry body and facial expressions. She shouted at me and got ready for her next swing. Her anger frightened me so much that I turned and ran across the street to get away from her. I looked back across the street at the woman and moments later, she opened her bag and pulled out a black-handled, six-inch kitchen knife, the kind of knife you would use to cut meat. She shouted and waved her knife at me before collecting herself and continuing up the street as though nothing had happened.

I've learned a lesson -- I know now that even though we live in the Northwest, there is still danger out there in our community. I want to turn this unpleasant experience into a caring reminder to all that we still have a risk of being harmed even in such a safe community as Edgemont. I am aware now, and I hope no one else ever finds themselves in any sticky situations like this.

There's more to this story though, a silver lining even. A woman in her car had witnessed the incident and rec-

ognizing the danger, she pulled over and helped me phone 911. We filed a police report. Another woman with her dog offered to walk me home afterwards. The police came to Edgemont and finding the woman, they admitted her into a hospital that day. I thank the two women (I believe who also live in Edgemont) for looking out for me—their concern for me touches me and I see just how caring the people here in Edgemont are.

I am so grateful for what happened to me that day because I experienced how great of a community Edgemont really is. The people here look out for each other. Let's follow the example of these two women. When we see our neighbours in distress, let's help them. We will go to work, to school, and have our own lives; but when we see someone in need of help, let's reach out to them in love and patience. How encouraged and thankful I am to live in this loving community we call Edgemont.

UNITED ROOFING



COMMERCIAL ROOFING



RESIDENTIAL ROOFING



BUILDING ENVELOPE



WATERPROOFING/BELOW GROUND

403-870-2753
www.unitedroofing.ca



PROGRAMS AT EDMONT COMMUNITY CENTRE

Registration for our programs is ongoing.

CHURCH SERVICES

Northwest Community Church
(nwcchurch.ca)
Sundays 10:30am -Noon
Contact: Pastor Jeff Edwards @
403-616-6480
Email: pastor@nwcchurch.ca

The City of God Ministry
Sundays 2pm-4pm
ESL & Financial Counseling
Contact: Pastor Praise 587-703-8441
Email: faithhouse2011@gmail.com

Calgary True Light Gospel Church
(卡城真光福音教会)
Mandarin service every Sunday at
10:30AM.
Contact: Pastor Chris Xu
587-703-8443

CHILDCARE

Edgemont Edusarc
Before and after school age
program servicing the Edgemont
Elementary School
Please call Judy at 403-241-0131
or email edusarc@gmail.com.

Kaleidoscope Kids
Preschool for ages 3-4 years.
Mon – Fri. Starts
Contact: 403-547-1020
www.kaleidoscopekidspreschool.com

PROGRAMS FOR CHILDREN & YOUTH

Scouts
Contact Ross at 403-208-8778 or
Neil James 403-288-2705

Flourish Yoga
Yoga classes for youth and teens
Contact Krista at 403.874.4127
Register: www.flourishyoga.ca

Rhythmic Gymnastics
Wednesdays
h.palmer@shaw.ca for info

Philatelic Society
Youth stamp collecting
Meets 2nd Saturday/month
Contact: ECA at 403-239-1211

The Casey O'Loughlin Academy of Irish Dance
Saturday mornings, 9:15 -10:00am
for ages 4 and up.
For more information or to register,
403-520-0059
Email: caseyoloughlin@academy.com

Art drawing class
Thursday, Saturday, Sunday classes
for ages 5 and up. Includes cartoon,
sketch, watercolor painting.
www.calgary.icoc.cc or call
587-889-8685

First Serve Tennis
Jeff 403-441-6870
www.firstservetennis.ca

Sportball
Tuesday 9:45-11:30am & 4-6pm
Children ages 2-8 years
www.sportball.ca/Calgary

Drawing @ Young Rembrandts
Wed 3:45 -7pm for ages 3.5 to 12
Brand new Fall session! With over 25
years of experience and our unique
step by step drawing process,
students can expect a fun, new
lesson every week and improved art
skills. Parents can expect increased
attention to detail, improved fine
motor skills, discipline, persistence
and patience. Call 403-457-3729 or
calgary@youngrembrandts.com.

Music with Joyce: Cantonese music
class - adapted from "The Music
Class (TMC)" program.

For infants to preschoolers. Each
class has between 6-12 students,
siblings welcome.
Each session is animal themed and
runs for 10 weeks. Class is 45 min
long. www.MusicWithJoyce.com.
Fridays, 6:30 – 8:30 pm

Edgemont Soccer
www.edgemontsoccer.ca

Northside Soccer
www.northsidesoccer.ca

Mavericks Football
www.mavericksfootball.ca

Calgary Minor Basketball Association
www.cmba.ab.ca

Skating Rink
Skating rink at John Laurie Park
adjacent to 7081 Edgemont
Drive NW: Summer use includes
basketball, street hockey, roller
blading, skateboarding and bike
riding.

PROGRAMS FOR ALL AGES

One Step Ahead Dance Studio
Ballet, tap, jazz, hip hop. Adult and
youth
Contact: Melinda @ 403-247-3607

LifeSongYoga
Classes for the whole family.
Gentle Yoga- Tuesday 2pm-3pm
Core Conditioning - Friday 9am-10am
Family Yoga- 1st Saturday of the
month

For more classes, info and
registration: www.lifesongyoga.ca
Contact: Wanita@lifesongyoga.ca

Karate
Youth and Adults
Contact Doug at 403-560-4508

Bunbukan Karate
Sensei Alan Colter, has been
teaching all ages and skill levels for
more than 16 years, and is a Chief
Youth instructor at the U of C since
2007.
Wed. 6-9:30 pm all year long.
Variety of classes and levels, all
welcome, try a class FREE. Contact:
Alan Colter at 403-274-3535 Email:
info@bunbukan.ca.
www.bunbukan.ca

Bollywood Dancing
Wednesday 7:30-8:30pm
Mind, body and soul exercise
program.
Adults and children.
Contact: 403-246-5739
Email: contact@sparqproductions.com

Lynda Burgess Yoga
Prenatal Yoga - Wednesdays
6:05-7:20pm
Ease discomforts, stretch your body
and build strength while preparing
your body and mind for your
upcoming birth.

Mom and Baby Yoga -
Thursdays 10:30-11:30am
Gently restore and strengthen your
body and relieve discomforts while
spending quality time with your
baby.

For more information and
registration please visit
www.lyndaburgessyoga.com

PROGRAMS FOR ADULTS: Learn Spanish

Take the challenge of learning
Spanish.
For details, pricing and class
schedules: www.spanishmania.ca
or 403-475-6162

Toastmasters
Every Saturday from 9:30 to 11:30
Contact: Shaila Khan
speakersedgetoastmaster@gmail.com

Alcoholics Anonymous
Meet every Friday 7pm-9pm
Contact: ECA 403-239-1211

Megan Fitness
Wed. 7:45 – 8:45pm
email megankmacdonald@yahoo.ca
to register

Zhan Fitness
(in Mandarin)
Tues. 7:15 – 8:30pm
email zhanwendy@shaw.ca

NW Chinese Senior Support Group of CCECA

卡城華人耆英會西北關懷小組
Drop-in for those who are 50+
and speak Chinese (Cantonese/
Mandarin).
Singing, dancing, exercise, news
reporting, sharing games and pot
luck.
Contact: 403-269-6122

Silk Road Chinese Folk Dance Class NEW CLASS Thurs 6-8 pm
silkroaddance88@gmail.com
403-510-9059

AI-Anon Family Group
Meets every Thursday 10am - 11am.
Contact: ECA 403 239-1211.



WEEKLY MOWING FROM \$30 • SPRING CLEAN-UPS • CORE AERATION

Edgemont Landscaping

Call for preferred community pricing
GUARANTEED QUOTE WITHIN 1 HOUR!

Duane
403-850-1735 • homeandyard@shaw.ca
CUSTOM DECK BUILDING

FLOWER BED MAINTENANCE • POWER RAKING

TREE/HEDGE TRIMMING & PRUNING

Edgepointe Dental Centre
233, 45 Edenwold Drive NW
www.edgepointedental.ca

Gentle Family Dentistry

Edgemont Blvd NW
Shogomapi Trail NW
Edenwold Drive NW
Nose Hill Park

Dr. Michael Pannell
Dr. Sandra Pannell
General Dentists

403-239-6411

New Patients
Welcome

Editors' Note

The editorial board of Inside Edgemont consists of:
Brett Plaizier
ECA Board of Directors, Communications

Bev Johnson
ECA Board of Directors, President

Elaine Scobie
Board of Directors, Special Projects
Communications Committee Member

Unless otherwise indicated, all editorials are produced by the ECA Editorial Board.

The compilation of material submitted to Great News Publishing is the responsibility the Newsletter Committee newsletter@edgemont.ab.ca. and must be provided one month in advance. **Material for the May issue must be submitted by March 20th; June issue by April 20th.**

Visit our website for current news on ECA activities.

Our website and social media accounts are evolving under the direction of Brett Plaizier, communications@edgemont.ab.ca.

Website: www.edgemont.ab.ca
Facebook: Edgemont Community Association
Twitter: @EdgemontCA
Instagram: edgemontcommunity

Make your voice heard. Share your views. We are listening.

Letters to the Editor are welcomed:

1. Keep your letter to 200 words maximum.
2. Include your name and contact information.
3. You may be edited for space and to ensure a balanced and respectful tone.
4. Publication is not guaranteed.

Inside Edgemont appears online on www.edgemont.ab.ca about a week before it appears in your mail box.



Helping Your Children with Social and Emotional Skills

As parents, we strive to help our children learn new things in the early years of their lives. These things include learning to walk, dress themselves, use the potty, and many many more things. Teaching your child social-emotional skills are just as important. These skills are: recognizing and understanding their thoughts and feelings; making healthy decisions and learning right from wrong; being a friend and making friends (teaching conflict resolution and cooperation); self regulation (calming themselves down in an appropriate manner); being empathetic to others.

Here are some tips on how to foster social emotional development in a preschool child:

1. Parents need to role model proper interactions and self control.
2. Listen to what the child is saying instead of judging.
3. Give reasons for the behavior you want and make goals to achieve the behavior.
4. Teach a child empathy instead of being sympathetic all the time. It never hurts to try and see something from another's point of view.

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge. We are always looking for interested parties to join our coalitions.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: nwecdcoalitions@gmail.com.

TRIPLE A

April at Triple A

Join us for the 21st Annual Bow West Art Show and Sale Saturday April 8th! 10am to 3pm at the Silver Springs Community Centre where over 40 artists will show case their work. From landscapes to still life, there is sure to be something for everyone. If considering making a purchase please note payment is only accepted by cash or cheque.

TAXES on your mind? Silver Springs CA will be hosting FREE TAX CLINICS on March 28 6:30 – 8:30pm and April 12 6:30 – 8:30pm. Returns are processed by Chartered Professional Accountants (CPA's) and CPA candidate volunteers organized through CPA Alberta. By appointment only. Call for more information on who is eligible for the service or to book your time slot 403-288-2616.

Looking for a new activity to fill a gap in your day? Look no further here is the comprehensive list of activities by day of the week:

MONDAYS

- Ladies Social Coffee Craft Club at SACA: April 3 & 24 9am to Noon, April 10 9am to 3pm bring a lunch
- Senior Fitness at VCA: 9:15 to 10:15am
- Zumba Gold at SACA: 10:30 to 11:30am Drop-ins welcome
- 50+ Chinese seniors gathering at ECA: 10am - Noon, Cantonese & Mandarin spoken, come and meet some new friends and sing, dance, share games, pot luck lunches. For more information contact 403 269-6122
- Country Line Dancing at VCA: 11am to Noon
- Zumba Toning Gold at SSCA: 11am to Noon
- Senior's Yoga at SSCA: 12:15 – 1:15 (Registration Required)
- Seniors Card Club at VCA: (Canasta and Bridge): 12:30 – 3:30pm
- Senior's Social at MCA: Last Monday of the month 1:00 to 3:00pm. Join us for a pot luck lunch and then a presentation and/or cards and games.
- Fun & Games at SSCA: 1:30 to 3:30pm
- HATHA Yoga at VCA: 8:15 – 9:15pm

TUESDAYS

- Zumba Gold at DCA: 9:15am
- Seniors Yoga at VCA: 10:00 – 11:30am
- Single Ladies Get Together at SACA: April 11 & 25 10:30am to Noon
- Beginner Dancing at SACA: 10:30 to 11:30am Drop-ins welcome

- Intermediate Dancing at SACA: 11:35am to 12:35pm Drop-ins welcome
- North Ladies Duplicate Bridge at VCA: Noon – 3:00 pm
- Varsity Artist Colony at VCA: Noon – 3:00pm
- Book Club at SACA: April 4 1 to 3pm
- Quilting Group at SACA: April 19 9am to 3pm
- Qigong at SSCA: 12:15 to 1:15pm (Registration Required)
- Pickleball at SSCA: 1:30 to 3:30pm \$5 Drop in fee
- Varsity Book Club at VCA: 1st Monday 7:00 – 9:00 pm

WEDNESDAYS

- Walking Club at SACA: departing from SACA at 9:15am sharp. FREE!
- Senior Fitness at VCA: 9:15 – 10:15am
- Ladies Bridge at VCA: 12:30 – 3:00pm
- Fun & Games at SACA: 12:45 to 3:45pm - \$2 Drop in Fee
- Cribbage at DCA: 1:30 to 3:30pm

THURSDAYS

- Walking Group at VCA: 9:15 to 10:00 am
- Zumba Gold at DCA: at 9:15am
- Yoga Basics at SACA: 9:15 to 10:45am Drop-ins welcome
- Qigong at SACA: 9:30 to 10:30am Drop-ins welcome
- Tai Chi at VCA: 11am to Noon
- Laugh & Learn at SACA: April 6 1:00 to 2:00pm – FREE! Smart Phone & Internet Safety
- Mah Jong at SSCA: 12:45 – 3:30pm
- Artist Gathering at SACA: April 13 & 27 1:00 to 3:00pm \$2 Drop in Fee
- Intermediate Line Dancing at SSCA: 1:00 to 2:00pm (Registration Required)
- Beginners Line Dancing at SSCA: 2:00 to 3:00pm (Registration Required)
- Pickleball at SSCA: 7:00 to 9:00pm \$5 Drop in fee

FRIDAYS

- Zumba Gold at SACA: 9:15 to 10:15am Drop-ins welcome
- Seniors Yoga at SSCA: 11am – Noon (Registration Required)
- Pickleball at SSCA: Thursdays 1:30 to 3:30pm \$5 Drop in fee

Location contact information

- DCA - Dalhousie CA 403.286.2555
admin@dalhousiecalgary.ca
- ECA - Edgemont CA 403.241.9493
office@edgemont.ab.ca
- MCA - Montgomery CA 403.247.3116
mcac@telus.net
- SACA - Scenic Acres CA 403.547.9589
scenicacresca@shaw.ca
- SSCA – Silver Springs CA 403.288.2616
ssca@shaw.ca
- VCA - Varsity CA 403.288.9001
vcapros@telus.net



Landscaping and Tree Services!

We are in your neighbourhood

- Snow Removal/ Snow Hauling
- Spring Clean Ups •Lawn Service
- Tree Pruning/Removals •Junk Removal

Full Service Bobcat and Landscaping
Free Estimates

Josh 403 827 5185

www.landscaperscalgary.ca

bulletin BOARD

VOLUNTEERS REQUIRED FOR

Youth Press

Teen reporters prepare articles for Inside Edgemont.

Special Events

Join a committee to plan community events that will bring the residents of Edgemont together.

Friday Foodbank deliveries

Adult volunteers needed to occasionally deliver groceries.

Wednesday Breakfast Club donations

starting in September, drop off items to help feed breakfast to some hungry kids in Edgemont at the ECA office

ECA BOARD MEETINGS

April 24, 2017

Open to all Edgemont Residents. Please call the office to confirm the start time 403.239.1211

SPORTS/RECREATION COMMITTEE

Adult volunteers to assist our ECA Sports Director in promoting our recreational programs, connecting to the community sports groups & the City, coordinating sharing of assets like fields & storage. Jeff Edwards
volunteers@edgemont.ab.ca 403-616-6480

UPCOMING EVENTS. SAVE THE DATE!

REGISTER FOR A PROGRAM

at Edgemont Community Centre! Most programs run from September to June. There are a variety of programs to choose from.
www.edgemont.ab.ca Under program tab.

Annual CLEAN UP

April 22nd • 9am – 2pm

AGM

April 26th • 7pm

1World Celebration

May 6th, 2017

IN & AROUND CALGARY



Women's English & Social Group – Meet Your Neighbours & Practice English!

The New Friends and Neighbourhood Group program is a safe and fun environment for immigrant women to improve their English and meet new women in the community.

Registration is FREE and there are no minimal English requirements. Groups meet once a week for 2 hours to practice English, make new friends and have fun! Free childcare is also provided (6 months – 6 years). JOIN ANYTIME!

Edgemont Group 224 Edgeburn Lane NW
Wednesdays 10:00am-12:00pm
throughout the city, please contact:
Debra Colley, Program Coordinator
Calgary Immigrant Women's Association
Email: debrac@ciwa-online.com
Phone: 403-444-1752
Website: www.ciwa-online.com



Calgary Registry Services



Ph 403.286.6824
Fax 403.288.9677

Mon - Fri 9am - 6pm
Sat 9am - 5pm
Sun closed

License Plates
Drivers Licenses
Learners Permit
Fine Payments
Road Testing
Lien Searches
Land Titles
Birth Certificates
Marriage Licenses
Corporate Registry
Boat Books
Commissioner for Oaths
Alberta Health Care

Unit 312, 5149 Country Hills Blvd. NW
(Across from Hamptons Superstore)
www.calgaryregistry.com

CALGARY LAW DAY



APRIL 22, 2017 | 9AM - 3PM

FREE OPEN HOUSE AT THE CALGARY COURTS CENTRE

WWW.LAWDAYALBERTA.COM

DIAL A LAWYER

ASK YOUR LEGAL QUESTION FOR FREE
APRIL 22 | TOLL FREE: 1-888-644-8950

FOCUS DENTAL



SERVICES OFFERED:

Fillings
Same Day Emergency Treatment
Nightguards and Sportsguards
Extractions
Crowns and Bridges

Children's Dentistry
Teeth Whitening
Full and Partial Denture
Root Canal Therapy

Accepting New Patients
Emergencies Welcome
We offer direct billing
Same Day Treatment Provided
All services provided by a general dentist

Dr. William Wei

www.focusdentalcalgary.com

Providing Dental Care for your whole family

106, 4625 Varsity Dr. NW Calgary T3A 0Z9
403.265.4553

WRIGHT HANDYMAN

THE WRIGHT HANDYMAN

specializes in small scale construction (sheds, decks, and fences) as well as fixing or replacing old or worn out parts of your home.

Licensed and Insured for your peace of mind.

☎ 403-681-5641

✉ wrighthandyman@telus.net
🌐 wrighthandyman.ca

the **EDGE**

Sport Physical Therapy Inc.

7222 Edgemont Blvd NW, Calgary, AB, T3A 2X7
403-239-3304 | www.edgephysio.ca

We provide expert treatment of: Some of our services include:

- Sports injuries
- Joint sprains/muscle strains
- Neck/back pain
- Headaches
- Concussions
- Chronic pain
- Motor vehicle accident injuries
- Post fracture
- Orthopaedic surgery rehab
- Registered hand therapy
- Post-surgical and post-fracture rehabilitation
- Chi-ball and Pilates rehabilitation
- Craniosacral therapy
- FitforeGolf™ rehabilitation and injury prevention
- Non-surgical facial rejuvenation
- Orthotics

Monday to Friday 7 am - 7 pm • Saturday 8:30 am - 12 pm



Calgary's Premier Sports Therapy Location

COLLEGE LAWNPROS LTD

A new age of LawnCare Professionals

Climate change feels good when Spring is in the air.
Why wait any longer to hire your yard maintenance professional? Keep your yard looking better than the rest!

Call today! (587)-896-1215
Apply Online for a FREE Quote

- Aeration
- Fertilization
- Spring and Fall Cleanup
- Weekly, Bi-Weekly, Vacation Trim and Cut

• Competitive Prices • No Term Commitment
• Satisfaction Guaranteed

Contact us: (587)-896-1215
Email us: info@collegelawnpros.ca
Visit us: www.collegelawnpros.ca



Specializing in the installation of stair lifts, we offer straight and curved rail systems, and can accommodate almost any staircase!

- Stair lifts can be fitted quickly and easily to provide little inconvenience.
- Free in-home consultation.
- Access all the levels of your home without any of the difficulties.
- Battery back-up system during a power outage. You will never be stranded between floors.

Regain your freedom and independence with a safe, reliable and easy to use stairlift. For full details visit our website at:
www.calgarystairlift.ca



Phone: 403-690-5544

News from the Friends of Nose Hill

by Anne Burke

The City annually invests in infrastructure and upgrades to ensure levels of service and address both capacity and lifecycle needs. The storm water quality retrofit program adds more wet ponds to long-established areas of the city. Wet ponds protect the quality of river water by slowing the flow, allowing sediment to settle. Plants help to remove pollutants. In all, there are 200-flood related projects requiring repairs or restoration. There are riverbank stabilization and erosion sites, the storm drainage system, and lift or pump stations. Construction projects include water main and pipe repairs, as well as new projects and upgrades to improve water and wastewater systems.

The North Calgary Water Servicing Project is underway. This is part of a long-term plan to sustain the water supply system. A new water supply line (feeder main) is required to service future area development. A consultant will design and construct a new water main from Big Hill Pump Station to the Beddington Reservoir. The preferred alignment will cross Nose Hill Park, using geotechnical tunnelling up to 90 metres or 300 feet deep. A rare plant and bird survey to ensure conservation of protected species will be done before phase 1 soil sampling to test the proposed route. The optimum time to drill 21 test holes (each 6 inches in diameter) is mid-winter when the ground is frozen, which minimizes the impact on the surface environment. However, the areas adjacent to these test locations will be rehabilitated prior to crew leaving the site.

The City promises that there will be only minor surface disruption in the SW and NE corners of Nose Hill at the entrance and exit of the proposed tunnel. No other surface work would be required in the park. Phase 2 construction will occur in Summer 2017 to summer 2018.

Drilling and survey equipment and personnel will be visible on the hill but away from the paths by mid-February early April 2017. In addition, there will be signs at Nose Hill parking lots and an information brochure at www.calgary.ca/nosehill. You can phone 3-1-1 for general water construction inquiries or a list of road closures due to other construction projects.

ABOUT PAINTING

Interior & Exterior
25 years experience

Professional, Reasonable & Reliable
Power Washing Services

- All Painting
- Drywall Repair
- Wood Staining
- Stucco Painting
- Spray Painting
- Ceiling Painting

Licensed & Insured "Free Estimates & Advice"
ALL WORK FULLY GUARANTEED
2 YEAR WARRANTY
SERVING CALGARY & ALBERTA

South 403-252-1366  North 403-239-9022

Our website: www.aboutpainting.ca

Easter Sunday Celebration

Please join us on April 16, 2017

9-10:20am Complimentary Breakfast
(RSVP by phone or e-mail)

9:50-10:25am Children's Easter Egg Hunt

10:30-11:30am Worship and Musical Celebration



Westminster Presbyterian Church

290 Edgepark Blvd. NW, Calgary Website: www.wpchurch.net
E-mail: admin@wpchurch.net Phone: 403.241.1443

TNC PLUMBING

- All your household plumbing & gas fitting needs
- Northwest residence
- Quick response
- Renovations & additions
- Hot water tanks
- Free quotes & same day service

Call Tye the Plumber 403-399-8640

Cooking for one is a lot of work.

Now I can easily order balanced meals with free delivery!



Get delicious, frozen meals, soups and desserts delivered directly to your home.

Made for Seniors



Request your **FREE Menu Catalogue Today!**

1-844-431-2800
HeartToHomeMeals.ca

Free Delivery*. No Obligation. Delicious Choices.

*some conditions may apply.

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS



Guides Canada
NITANISAK DISTRICT

Here is some of what we were up to in February and March, and some upcoming events in April.

Our district covers the communities of: Edgemont, Evanston, Hamptons, Hidden Valley, Hanson Ranch, Kincora, Nolan Hill, Sherwood and Sage Hill. We have units for all age groups – Sparks (ages 5-6), Brownies (ages 7-8), Guides (ages 9-12), Pathfinders (ages 12-15) and Rangers (ages 15-17).

****When does registration start for next year?** You can register online through www.girlguides.ca - open registration starts the first week of June (re-registration for current members starts in April/May).

Sparks

The 170th Spark (Thursday nights) unit went on a c-train ride to Tim Horton's for hot chocolate! It was a fun experience for the girls and a great way to learn about the community around us. We are extending our community focus by visiting a bakery in the area to make some scones. We are excited about eating some tasty treats!

The 70th and 145th Spark units have been busy earning their "Being Healthy" keeper by learning about Canada's food guide, eating healthy, why it is important to stay healthy and learned how to put on a Band-Aid on their favorite stuffy! To complete our keeper, the girls enjoyed an evening of Zumba and danced all night.

We had a very fun night making a tent craft for our memory books and even had our meeting in a tent in our pajamas singing songs and eating popcorn. As we all have a birthday every year, we celebrated with an "Unbirthday Party" all on one night at the Coventry Hills Superstore making pizza and decorating a birthday cake. The firehall visit was awesome and had a fun time with the firemen, learning all about what a fire-fighter does. We even got to sit up in the fire truck and use the fire hose! A very fun sleepover at the Telus Spark Science center where the Sparks played through the exhibits, watched a dome show about the planets and constellations and even got to see real science hot and cold science experiments. The girls learned about Lord and Lady Baden Powell and celebrated Thinking Day! The girls are busy working on their keepers and earning lots of fun crests! Our units have more fun meetings planned for the remaining of our Guiding year!

The 165th Sparks (Monday nights) have been busy little bees! We went to visit our local fire house, and 20 minutes into the

tour, the Fire Hall got an emergency call. We all had to rush out so the firemen could leave to do their job. It was very exciting.

We have also been working on our Being Healthy keeper and learned all about the eating well with the Canada Food guide and attended a Zumba class! We had the exciting opportunity to spend the night at Telus Spark where we learned all kinds scientific facts and got to build our own colouring robot!

Coming up soon we are going to go to District Camp for a day as well as our own one night Spark Camp. We will also be continuing to work on our In Our Neighborhood keeper by visiting a grocery store and a Gelato Shop. Of course we will also be selling cookies!

Brownies

229th Brownies (Monday nights) - In January we had a career night and attended Healthy Aisles at Loblaw's City Market. We had fun at our Flip Factory sleepover where we bridged with the 4th brownies. We have a Pathfinder leading a meeting for us for thinking day. We are also getting ready for our AARCS service project with the Sparks. We will be collecting pet supplies and making homemade treat for the dogs. We will also be bridging with the 145th Sparks and teaching them some fun Brownie activities!

151st Brownies (Thursday nights) - we did on the 9th Feb Valentines Day Hearts for each other, and painted wooden boxes for those valentine secrets! 23rd Feb we did crafts and games for thinking day including international uniform paper dolls, making awesome British soldiers using clothes pegs, role playing the Baden Powells, and a pretty friendship ribbon craft with yellow and blue. In March we plan Home Depot visit to work on our woodworking key, badge testing and our heritage on the 9th and then 16th a sewing workshop

4th Brownies (Tuesday nights) - we had a great time at the Flip Factory sleepover (trampolines) with the 229th Brownies. In February, we also celebrated Valentine's Day, had an art show fundraiser for CWFF (Canadian World Friendship Fund), and celebrated Thinking Day, the birthdays of Lord Baden-Powell (founder of Scouts) and his wife, Lady Baden-Powell. In March, we are planning a trip to the Fire Hall, and bridging with Guides in preparation for advancement in May. We are also looking forward to our upcoming District camp in April, where all of our units in our entire district will be participating!!

Trex

9th Trex - In the last month or so, the Trex unit has done some planning for the last part of the year. We have finished the Explore Canada Challenge, gone to an Archery night with another Trex unit, planned a night for the Guides and will be running their program/fun night and talking about the Trex unit to them. Our upcoming events are skating at the Oval, Izzy dolls Service Project (Health Partners International of Canada comfort dolls for their humanitarian medical kits) and planning for a couple camps we have coming up in May and June.

NORTHLAND VILLAGE DENTAL CENTRE

Services are provided by general dentists

Get a brighter whiter smile and book your cleaning today!



We Welcome New & Emergency Patients

Direct Billing Available

Multi Language Service

Dr. Ta Sen Lu DDS
Dr. Christopher Coe DDS
Dr. Shora Forooton D.D.S.
Dr. Reny Lai DDS

General Dentistry including:
Esthetic Dentistry • Teeth Whitening
Kid's Space Maintainers & Fillings • Dentures
Crown & Bridge • Dental Implants

#2003, 5111 Northland Dr. NW
(2nd floor of Northland Village Mall)

403-255-6688

Mon to Fri 7:30 am - 7:00 pm
Sat 8:30 am - 5:00 pm

J

B

R

LANDSCAPING

CALL 403-998-3840

ALL YOUR OUTDOOR NEEDS

N.W. RESIDENT

DECKS AND PATIOS

BOBCAT SERVICES

FENCES

RETAINING WALLS

LAWN MAINTENANCE

NANCY A. SWANBY

Barrister Solicitor Notary Public

Wills & Estates/Grants of Probate

Enduring Powers of Attorney, Personal Directives

All Residential Real Estate Transactions

Providing Legal Services to the

Calgary area for over 25 years

Home, Hospital and After Hours Appointments Available

Suite 700, One Executive Place

1816 Crowchild Trail NW

Calgary AB T2M 3Y7

phone: 403-520-5455

fax: 403-313-8306

nancy@swanby.com

Best Price, Service & Warranty

MARS

BLINDS & SHUTTERS

ELITE

WINDOW FASHIONS

4519 - 1st Street SE

email: mblinds@telus.net

50%OFF

Hi Lites

75%OFF

2" horizontal wood/fauxwood

LIMITED TIME OFFER.

CHECK OUT OUR SPECIALS ON ALL OTHER PRODUCTS

403-531-1500

PRESENT THIS COUPON FOR AN EXTRA 5% OFF

Calgary

SPRING

YARD

WASTE

LANDFILL

DROP-OFF

Between April 7 and May 28,

bring your yard waste to

any City of Calgary landfill for

free composting.

Before you leave for the landfill:

✓ Your yard waste should be in a paper yard waste bag or left loose. Please cover and secure loads of loose material before transporting.

✓ Make sure your load only contains yard waste like **leaves, branches and plants**. No sod – it is not accepted in this program.

✓ This program is for residential customers only. Fees will apply if your load contains other items.

For more information visit calgary.ca/yardwaste

Landfill hours have changed

Landfills are open from 7:30 a.m. to 5 p.m. on the following days:

	Spyhill Landfill 69 th St. and 112 th Ave. N.W.	East Calgary Landfill 17 th Ave. and 68 th St. S.E.	Shepard Landfill 114 th Ave. and 68 th St. S.E.
SUN		●	
MON		●	
TUE		●	●
WED	●		●
THURS	●		●
FRI	●		●
SAT	●	●	

Visit during the week or before 9 a.m. to avoid line-ups.

Why is it important to compost your yard waste?

By diverting your yard waste, this material is kept out of the landfill, reduces greenhouse gas emissions and given a second life as compost.

FREE MULCH

FOR RESIDENTS AND BUSINESSES

Pick up free mulch at all three City landfills while supplies last.

Bring your own shovel to load mulch.

For more information visit calgary.ca/yardwaste

Dragon Robots,

Hydraulic Arm Robots,

Eureka! The Inventor's Camp,

Brixology with Lego and Jr. Explorers

Five Summer Camps in your Community or one near you!

calgary.madscience.org

403-263-4140

The Leading Fun Science Provider for 21 years!

Parents' Choice Award 1st Place Winner 2016 & 2017

Calgary Mountainview Lions Club

Meets at the Triwood Community Hall on the second and fourth Tuesday of each month.

Serving Northwest Calgary, open to all men and women of legal age.

For more info please call: John Wilson 403-932-6043

Hoffman

INSTITUTE

The Hoffman Process helps remove the barriers that are holding you back from being the best version of yourself.

Visit www.hoffmaninstitute.ca to find out how you can,

- Gain better personal relationships
- Renew your enthusiasm for life and vitality
- Create greater emotional resilience
- Have relief from anger and depression and more...

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News
Publishing at 403-263-3044 or sales@great-news.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Edgemont. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

RIGHTWAY PLUMBING AND HEATING: Has been happily serving the Edgemont area with quality work, happy clients and fair pricing; with second generation experience, there is no job we can't handle. Furnaces, softeners, garburators, appliances, humidifiers, faucets, water heaters, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

DO YOU NEED AN EXTRA SET OF HANDS? C & L Helping Hands can provide them! We offer handy-man services, personal assistant, kitchen helper, cleaning and much more! Email: cl@clhelpinghands.ca. Call Craig or Laurie at 403-880-7125 or 403-510-8551.

SPRING SPECIAL: Power rake, aerate cut, free fertilizer \$150.00. Weekly cuts \$35.00. Calgary owned and operated since 1995. Call the father and son team now 403-247-2292 or 403-796-9377.

RELIABLE CHILDCARE IN NW: We provide a loving, caring fun family environment for children to learn and grow. Games, puzzles, learning activities, free play, outside time, healthy lunches and snacks provided. Pick-up / drop-off by foot to Banff Trail School. Care for all ages newborn-12yrs, M-F, 7am-6pm. Call 403-282-6915.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

ALOE VERA BOTANICAL SKIN CARE: Look younger longer. Independent Consultant for 35 years with GRACE ALOE VERA SKIN CARE. Product contains no water, beeswax, mineral oil, lanolin, alcohol, perfume or chemicals. Try before you buy. Phone Alice at 403-282-5411 or email aliceearl@shaw.ca.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

WATERCOLOUR CLASSES: offered in the Dalhousie area for adults. These are held weekly, usually on Tuesday mornings at a local community centre. All skill levels are included and small class size. For more information please e-mail me at eakovacs@telus.net.

LOOKING FOR A LOCAL PROFESSIONAL ELECTRICIAN? FCC Electric can efficiently assist with your commercial projects; from Service work, repairs, maintenance to retail development. We also specialize in residential renovations, troubleshooting, inspections, service upgrades, smoke, Co alarm upgrades, as well as attractive landscape and security lighting options around your home or shop. 65+ discounts. For free estimate call 403-462-8801.

JEFFREY ELECTRIC: Friendly professional electrical service for your next residential project, large or small. City Qualified Trade, Master Electrician, insured, licensed, certified, bonded. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Sub-panels, aluminum rewiring, custom kitchens and basements. Free estimates. www.cejelectric.com or call Clayton at 403-970-5441.

THE GUTTER DOCTOR! We install, fix and clean eaves-troughs and downspouts. We also install and fix fascia, soffit, drip-edge, siding, roofing, cladding. Over 20,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB member. 2017 Consumers Choice Award Winner. www.gutterdoctor.ca 403-714-0711.

LONDONDERRY PAINTING AND DECORATING: Interior painting: walls, ceilings, wood trim, wallpaper application and removal. Exterior painting: house, garage, fences, decks, including fence and deck repair. Seniors receive a discount. For a free estimate call Howard at 403-226-3456.

CLADDING GARAGE DOOR SPECIAL! \$300! Window and door Cladding 20% off. Book now! Low Cost Exteriors Ltd. 403-606-8372.

LOOKING FOR A NEW FAMILY DOCTOR? Mount Pleasant Medical Clinic currently has 2 physicians accepting new patients, Dr. Rene Lee (female, speaks Cantonese) and Dr. Jeffrey Dai (male, speaks Mandarin). Book ASAP before they fill up their practices! Phone: 403-247-6966, address: 519-23 Ave. NW.

RESIDENTIAL CLEANING SERVICE: Available to clean your home. I am a small business that have been helping people for 17 years. Also move in or out cleaning. Local references available. Free estimates. Call Bev at 403-408-9565 or email beav150@hotmail.com.

OUT ON A LIMB PROFESSIONAL PRUNING: Tree and shrub pruning, shaping and restoration. Tree removal and stump grinding. New tree and shrub selection and installation. Fertilizing and insect pest management. Licensed & Insured. Journeyman Landscape Gardener and certified Arborist. Call Jim at 403-265-6965 or email outonalimbprofessionalpruning@live.ca.

A PERSONALIZED SPRING CLEAN: Keeping your home light, bright and clean for the spring season! Book your spring clean between April and June and save \$40.00! All supplies provided! Insured & bonded! Call, text or email Kim now 403-454-3680/info@pcscalgary.com. www.pcscalgary.com.

TILE AND STONE INSTALLATION: Professional tile and grout installation and repair with over 17 years of experience. Dedicated to well-built and designed tile installation projects for any room. Offering reliable and dependable service. Licensed and insured (WCB). Please visit www.portbellotile.ca or contact 403-619-9962.

DETAILED HOUSE CLEANING: Weekly, bi-weekly and monthly. Also move in and move out. Licensed, insured and bonded. We work according to our clients' needs. Call 403-470-6548.

TILE, HARDWOOD, LAMINATE, CABINETS, CONCRETE WORK, PAINTING, PATIOS: Ultimate Construction has been in business for over 24 years. We are licensed and insured. "Fine Italian craftsmanship." We will seriously work within your budget. Call Franco at 403-804-0141 or 403-295-7442.



Shear Image
Unit 124 – 45 Edenvold Drive
(Behind the Esso Station)
403-241-5222

Shear Image is pleased to announce
That Charlotte Tiffany has joined our team.
Charlotte is a Master Stylist with 5 year's experience and is offering...

A Complimentary Cut
When booking a color or Highlights
OR
A Complimentary
Scalp and Massage Treatment
With any service you choose

We look forward to serving you
Shear Image Hair Styling Company
Setting the Trend in Hair Salons

RBC Dominion Securities Inc.



**LOOKING TO BUILD & RETAIN A PRODUCTIVE,
MOTIVATED WORKFORCE?**

RBC Group Advantage is a comprehensive program designed to help business owners meet their employees' financial needs by providing:

- In-person financial advice for all employees
- Group retirement savings plans
- Comprehensive and discounted banking solutions

Support your employees and keep your competitive advantage. Call Investment Advisor Michael Martin at 403-266-9655 to learn more.



RBC Wealth Management
Dominion Securities

There's Wealth in Our Approach.™

RBC Dominion Securities Inc. and Royal Bank of Canada are separate corporate entities which are affiliated. *Member-Canadian Investor Protection Fund. RBC Dominion Securities Inc. is a member company of RBC Wealth Management, a business segment of Royal Bank of Canada. ®Registered trademarks of Royal Bank of Canada. Used under licence. © RBC Dominion Securities Inc. 2015. All rights reserved. 11_2015/1_2015/2015



Calgary Nose Hill
Hon. Michelle Rempel, MP
 201-1318 Centre Street NE, Calgary,
 AB, T2E 2R7
 Phone: 403-216-7777
 Email: michelle.rempel@parl.gc.ca
 Website at www.michellerempel.ca

As you know, my top priority remains the Alberta economy and jobs crisis here at home. I will continue to work hard on your behalf and demand that this government provide the relief and job creating policies that Albertans need in order to get back to work. That's why my colleagues and I created the Alberta Jobs Taskforce, in order to listen to Alberta employers and those who are out of work and convey their solutions directly to the federal government. The report, along with the 11 recommendations, is on my website at www.MichelleRempel.ca.

I would also like to bring your attention to two important upcoming events:

- 1) Town Hall Meeting – April 27th at 7:00 PM at the Berkshire Citadel (222 Sandarac Drive N.W.)
- 2) Career Services Event – May 13th starting at 9:30 AM at Foothills Alliance Church (333 Edgepark Blvd. N.W.)

For more information on both these events visit my website at www.MichelleRempel.ca

As always you can contact me at my office, about issues important to you.



MLA Calgary-Foothills
Prasad Panda
 Suite 104, 3604 – 52 Ave NW
 Calgary, AB T2L 1V9 • 403-288-4453
calgary.foothills@assembly.ab.ca

You are invited to my town hall meeting on April 24. It will be held at the Symons Valley United Church, located at 38 Kincora Rise NW at 7PM. I look forward to hearing your views on any and all topics, including legislation passed in the fall session and new bills that are being debated in this current session. I also want your opinion on the recently introduced 2017/18 Alberta budget and the impact you feel it will have on your family's future.

In late February I was attending a conference in Ottawa and took the opportunity to meet many federal MPs and policy advisors from both the government and official opposition sides. I was particularly interested in speaking with ministerial staff and opposition critics in the natural resources and economic development portfolios. I had many respectful discussions about market access for Alberta's petroleum products.

I also visited the Ontario legislature at Queen's Park in Toronto where I had informative meetings with Patrick Brown, the leader of the Official Opposition, and Minister Dipika Damerla from the Ontario government. I think it is important to make and maintain connections with my elected counterparts in other provinces so that we can gain a greater understanding of ways to cooperate and to deal with the challenges we both face.

In the current session, I am pleased that I will be introducing my first private member's motion. While a motion doesn't carry any legal obligation for the government to act, if it passes, it would give the government tacit permission to explore their options for future policy in this area.

The wording of my motion is as follows: *"Motion 505 - Be it resolved that the Legislative Assembly urge the federal government to introduce legislation to phase in a ban on the import of oil from countries with a poor human rights or environmental record and develop strategies to facilitate the building of pipelines within Canada to ensure better prices for Alberta oil and security of supply to Canadian markets."*

The purpose of this bill is self-explanatory. I expect rigorous debate in the house on its merits and I also welcome you to contact myself and other MLAs with your input on this topic.

Happy Easter to you and your family!



Councillor, Ward 4
Sean Chu
 403-268-3727 • ward04@calgary.ca • www.calgary.ca/ward4 www.seanchu.ca

Greetings Residents,

Census and voter registration 2017

Complete your census and voter registration at the same time! Watch the mail for your access code and visit calgary.ca/census from **April 1 to 21** to complete your census and voter registration online.

The census data collected every year is used to ensure adequate programs and services are available to meet the needs of Calgarians.

If you are unable to complete your census online, door-to-door census and voter registration collection will begin **April 22, 2017**.

Spring programs

The City of Calgary offers a wide variety of fun and FREE drop-in programs and activities for children, youth and families.

From after school programs, to health and wellness classes, to leadership opportunities, we have something for everyone.

Find out what's happening in your area, visit calgary.ca/CommunityPrograms.

Never say the words "I'm bored" again.

Calgary AfterSchool offers, fun, safe and FREE after school programs for children and youth. A collaborative effort between The City of Calgary and its community partners, Calgary AfterSchool drop-in programs run on school days and begin after school hours.

Calgary AfterSchool provides children and youth with supervised recreational, artistic, healthy living, leadership development and social activities in a safe and stimulating environment.

For more information, including a listing of all programs, visit calgary.ca/AfterSchool.

Spring Yard Waste landfill drop-off program

What's old is new again when composting your yard waste. **From April 7 – May 28, all three City landfills** will waive fees for residential spring yard waste. Bring

your leaves, branches, plants (no sod – it can't be composted) and other yard waste to any City landfill for free composting.

Please use paper yard waste bags, leave the material loose or bring it in plastic bags (plastic bags must be emptied onsite). This program is only for residential customers and charges will apply if your load contains other items.

By composting your yard waste, this material is kept out of the landfill and given a second life as compost.

Free mulch is available for pick up at all City landfills for both residents and businesses. Bring your shovels as you are required to load your own vehicle.

Please note that landfill hours have changed! Check the days/hours of your nearest landfill and other program details at calgary.ca/yardwaste.

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

HI MY NAME IS NOLAN. I AM AVAILABLE FOR DOG WALKING. Dogs cannot be aggressive or large breed. I will only walk one dog at a time. It will be five dollars for a half hour walk and ten dollars for an hour walk. If you are interested please call (1-587-573-0288).



GO AHEAD, BE PICKY.

Find your new Jayman home in one of these three unique Cochrane communities.

With a **Jayman BUILT** home, you'll get the quality you want at the best price. Visit a sales centre in these exceptional Cochrane communities and discover why you should call a Jayman home, home.



Enjoy all the space you need in our front attached garage homes in Heartland from the **\$340's**.



Final river & woodland lots released for front attached garage homes starting from the **\$410's**.



A product type for **every stage of life**. Semi-detached from the **\$300's** & front garage from the **\$410's**.



Check and compare how our homes are better than the rest at **Jayman.com**



Performance lives here.

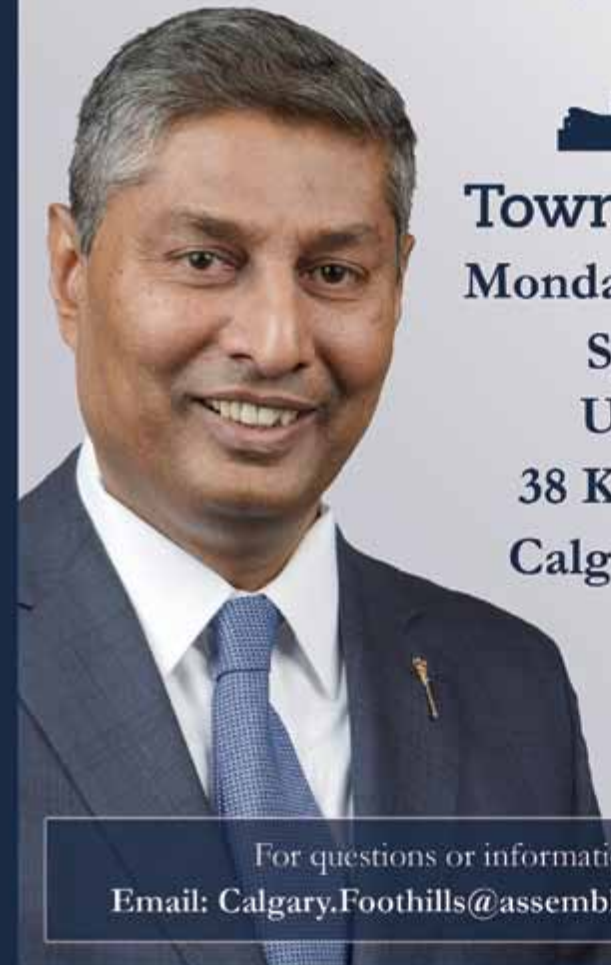
Calgary-Foothills MLA
Prasad Panda
— invites you to —



Town Hall Meeting
Monday, April 24 - 7 p.m.

Symons Valley
United Church

38 Kincora Rise NW
Calgary, AB T3R 0A3



For questions or information, please contact:
Email: Calgary.Foothills@assembly.ab.ca Ph: (403) 288-4453

KirbyCox^{REALTOR®} & Associates

www.kirbycox.com



Ranked the **#1 Team in Calgary** and **Alberta** for Royal LePage in 2016, Kirby can confidently provide the results you demand. Call 403.247.5555 today for your **complimentary, free** evaluation.



EDGEMONT 2017 STATS	# SALES	AVERAGE PRICE
Bungalow	4	\$534,625
Two Storey	14	\$627,986
Split-Level	1	\$415,000
Townhouse	0	-
Condo	1	\$246,000
Villa	1	\$388,500
TOTAL	21	
Average Days on Market	40 Days	

Cul-de-Sac



\$389,900

14 Edgeburn Place NW

- updated 3 bedroom two storey, pie lot
- newer roof & carpets, 2 car garage
- fully finished, walk to shopping & school

Former Showhome



\$999,900

29 Crestridge View SW

- former showhome, 3 bdrm+den bung
- A/C, finished walkout, hardwood/granite
- oversized garage, extensive upgrades

Walk to Schools



\$729,000

23 Tuscany Glen Green NW

- Landmark 4 bedroom+den two storey
- bonus room, maple kitchen, mtn views
- finished walkout, oversized garage, A/C

Golf Course Home



\$1,378,000

39 Hamptons Close NW

- custom 5 bedroom+loft two storey, A/C
- cherrywood kitchen, heated 3 car garage
- finished walkout, media room, hot tub

Close to Schools



\$599,900

112 Edgebyrne Crescent NW

- custom 5 bedroom+den two storey split
- fully finished, built-ins, vaulted ceilings
- concrete tile roof, newer paint, oak kitchen

Walk to Shopping



\$159,900

106B, 5601 Dalton Drive NW

- spacious 1 bedroom / 1 bath condo
- white kitchen, laminate floors, main floor
- concrete patio, 1 parking stall, faces park

Sweeping Mountain Views



\$1,209,900

272 Edenwold Drive NW

- custom 4 bedroom two storey walkout
- 3 car garage, fully finished, central air
- extensive extras, prime ridge location

Varsity Estates



\$999,900

57 Varsity Estates View NW

- custom 4 bedroom+den two storey
- oak kitchen, 3 car garage, fully finished
- built-ins, 2 fireplaces, close to LRT/schools



Royal LePage Benchmark
308, 5149 Country Hills Blvd. NW, Calgary, AB

403.247.5555