

JULY 2017

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## Wildrose strikes framework agreement for conservative unity.

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After the last election, however, many Albertans told us they wanted to have a conversation about uniting principled conservatives in the Wildrose and PC parties – not for the sake of power, but to do what is best for Alberta. I agree and believe that now is the time to bury the hatchet with the PCs and move on from our past differences.

Recently, we paved the path forward on an agreement in principle that will give the members of both the Wildrose and PC parties an opportunity to vote to create one united conservative party in Alberta.

Wildrose members can be proud of this proposal. The foundation of the agreement pursues unity in a way that maintains our grassroots way of doing things. The founding principles of the agreement honour the principles that represent our party's membership-driven, common sense values and ideas.

As it should be, this agreement is now in the hands of the members of both the Wildrose and PC parties. Wildrose

will be hosting a special general meeting on July 22 so party members can decide our path forward.

Being a Wildrose MLA is one of the greatest honours and privileges of my life. Every single day I'm lucky and proud to serve in a party that insists on putting you, the people of our great riding, ahead of anything else. I have worked tirelessly to fight for your interests, with details posted regularly on my Facebook Page @PrasadPandaYYC.

I was originally drawn to this party because of its fundamental belief in grassroots democracy, and that has not changed. So I'm proud to hand the critically important next steps over to the members to decide what comes next.

Above all else, this is about doing what is right for Albertans – the everyday folks struggling to make ends meet, and their parents and grandparents, whose hard work and self-determination once made us the envy of the world, and the future generations, who are counting on us to get this right for them.

I look forward to the process ahead, and the many good discussions I will undoubtedly have with the most important people of all – citizens like you.

*Prasad Panda is the Wildrose MLA for Calgary-Foothills*



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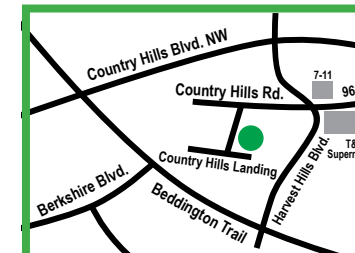
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July 2017



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WHAT'S HAPPENING AT ECA

President's Message

By Paul Clark

I am Paul Clark, your new President and it's a pleasure to serve you, the Edgemont Community. First of all, I wish to thank our out-going president, Bev Johnson, for leading the past board through a challenging and lively year. She did a fine job in last month's Inside Edgemont acknowledging the contributions of past board members. The good news is that through our renewed bylaws a number of board members are returning for a second term, myself included. This will provide necessary continuity in board activity; but also provide opportunity to contribute from new board members. Your new board is up and running, having held its first formal meeting on May 23<sup>rd</sup>.

In this my first message to you, I want to share the ECA board's direction for this term. It is my belief that for an organization and its board to be productive and successful, key foundation blocks need to be in place. I am pleased to say that this building process started with the previous board and will continue strongly with your new board.

The first building block in the foundation is our mission/mandate. This provides the reason for our existence. The next block in our foundation is our bylaws. Through the efforts of the past board and community supporters we now have a state-of-the-art set of bylaws which are already proving their worth. Next, we need to have a code of ethics and conduct in place. Late last term this was accomplished with the creation of "The ECA Way". This code will guide our behaviours both as a board and as a community. We will post the ECA Way on our website and have hard copies available. I encourage you to read this document and adopt its tenets as we have. The frame of our organization is a comprehensive and easy to navigate policy manual. This is under development as we speak. Finally, the overarching element that pulls our organization together and inspires us to achieve our full potential is a compelling vision and supporting strategy. Again, the previous board started this important work last Fall by creating ECA Vision 2021, and your new board is dedicated to powering it up. We have already set a workshop in June to continue this vital work. I'll share more of the detail in future messages.

One of the key elements in your board achieving full potential is the support of you, our community members. It is my observation is that past boards have taken on too much of the work in a direct manner, and not allowed enough time for the board to act in a true governance manner. We can change this with your help. Your new board is developing a support model to share the work of the organization. We will create an organizational structure that encourages you to be directly involved and support our efforts where your expertise and enthusiasm can contribute. We have already benefitted from the efforts of a number of community members that I call "super supporters". I plan to share more of the support model and highlight the activities of our "super supporters" in future editions of the Inside Edge.

It would be remiss of me not to highlight several activities in the community which have occurred during this reporting period. First, we had another outstanding 1 World event. Please check this edition for more details. Next, our Casino fundraising initiative held in May was successful, with organization by our retiring coordinator Cari Middleton and full support from a battery of community volunteers to make it happen. The amount raised will be known later in the Summer. On the EC Centre side, we are now benefitting from completion of our much-needed washroom renovations. These are but a few of the many great things going on in your community.

Until next month,  
Paul

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Let's do our best to keep all our community members SAFE!



## A Message From Your Volunteer Coordinator

Jeff Edwards • 403-616-6480  
volunteers@edgemont.ab.ca

Hi Edgemontonians,

The pictures this month are from the **1World Multicultural Celebration** that happened at our very own Edgemont Community Centre on May 6<sup>th</sup>. Many volunteers made this event happen. Thank you (in no particular order) to...the Edgemont School, Canadian Immigrant Women's Association and CIWA Wilderness Club, the henna artists, the Chinese calligraphy and other artwork, the various performers at the gymnasium stage, the Chinese Lion Dancers and the drumming workshops, the curling in the gym,

the Churchill language booths, those who arranged the Citizenship ceremony on the patio including the Government of Canada and RCMP(!) and the O Canada singers/musician, Mother Mary Greene's Canadian landmark displays, the photo booth, the Tom Baines Jazz Band and Tom Baines cultural booths, the Edgemont Youth Press, the ECA booth and 3 Things for Canada and raffle, the Legacy Banner booth, Alberta Health Services, Veterans Food Bank booth, Scouts who served bannock, the Indigenous Games and Canadian Sports demos, Northwest Community Church's China Mission booth, the Calgary Public Library Truck, and of course the *Calgary Stampede Breakfast* which was served in the parking lot! A special thank you to Elaine Scobie and Rick Petrowitsch who masterminded this event as well as Ross Laurie, Bev Johnson, Barbara Meehan (and Gerry Meehan who gets the photo credits), Rob Wetherell, Jane Coates, Dora Lam, and other ECA directors who directed the day of. We had some amazing special guests including our MP Michelle Rempel, MLA Prasad Panda, Councillor Sean Chu, Mayor Nenshi, and Elder Manitopyes. And the most special guests were those who went through the Canadian citizenship ceremony – *Congratulations to all our new citizens!* Thank you everyone (including those I may have forgotten).

In addition, another **Edgemont Soccer** season is over and I would like to thank all the volunteers who coached and made it happen in all respects. The program had 497 registrants, 59 teams, 13 leagues, 100 coaches and close to 300 volunteers!

### Current volunteer opportunities:

1. Friday Foodbank deliveries (10AM Fridays)
2. Casino fund-raiser coordinator
3. Ice rink volunteers for next fall and winter
4. Wednesday Breakfast/Lunch Club and Wednesday Reading Club
5. Our volunteer email list – A good way to hear about new opportunities.

Let me know if you are interested in any of these or anything else. Thank you for loving your neighbours this summer!

Jeff Edwards

## One World 2017

By Asha Nenshi Nathoo and Emily Gvozdenovic

A perfect event at which neighbours showed their spirit of inclusiveness, as well as fostered a better sense of community, was this year's Sixth Annual One World Celebration. This celebration had amazing performances, interactive activities, interesting conversations and, of course, delicious food!

If you had walked into the Edgemont Community Association on the morning of Saturday, May 6<sup>th</sup>, you would have seen an incredibly beautiful sight. You would have seen adorable Grade 1 and 2 students dressed up in their cultural attires. You would have seen Chinese seniors performing traditional lion dances. You would have seen several older middle and high school students sharing their stories through carefully decorated booths. Most amazingly of all, you would have been able to witness one of the most important days in the lives of forty new Canadians who received their Canadian Citizenship. What you would have seen is the immense cultural diversity of Edgemont coming together to celebrate the 150<sup>th</sup> Birthday of our great Nation.

In the fragmented world that we are living in today, it is more important than ever that we are able to talk with, learn about, and support our fellow neighbours. As residents of Edgemont, we are very lucky to be living in a place where we are able to see this type of community-building every single day.

As in past years, this was a joint venture, with students and their unique work from many of our participating community schools. This included the fashion show from Edgemont Elementary, the seniors' weaving project from Mother Mary Greene, the cultural booths and jazz band from Tom Baines, as well as the language displays and photo booth from Sir Winston Churchill. Local agencies including the Calgary Chinese Citizens Elderly Association and the Calgary Immigrant Women's Association were also on-site to raise awareness about their important work and share some of their own stories. As well, the Calgary Public Library Book Truck was on hand to promote reading.

In order to commemorate the 150 years of Canadian Confederation, One World was held both inside and outside amidst the breathtaking, truly Canadian Edgemont panorama. In honour of our country, many Canadian projects were also displayed. The Grade Four students at Edgemont Elementary spent hours researching Canadian sports and recreating games including lacrosse, hockey and curling. Students at Mother Mary Greene were very busy building 3D models of some of the most famous Canadian landmarks to exhibit. Tom Baines students shared their Three Things for Canada initiative in which every student and teacher has been encouraged to pledge to do Three Things to make their communities better places. These projects all represented the rich history and diversity of Canada.

A huge thank you goes out to the Calgary Stampede who provided a warm, Western atmosphere pancake breakfast. There's nothing better than receiving the Calgary specialty - a stack of pancakes with some oozing maple syrup and a yummy sausage!

The part of this amazing day that made us all cry was the Citizenship Ceremony for forty new Canadians. From all different countries, backgrounds, and cultures, all speaking different languages, these forty people came here to make Canada their new home. We were reminded that what makes our Country so great is people living, working, and playing together in peace and harmony as well as the way we accept newcomers with open arms and hearts. After all, that is the true definition of Canada.

Of course, this event would not have been possible without all the hard work of the One World planning committee who dedicated countless hours to planning this day. And to all the Edgemont community members who contributed or even just came out to enjoy the morning -thank you! Our community would not be what it is without all of its incredible residents!

Let us all embrace the Canadian spirit by wholeheartedly accepting our new neighbours and making the sesquicentennial year of our Nation the very best we have ever had! Happy 150<sup>th</sup> Birthday Canada!

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## Celebrating Canada's 150<sup>th</sup> Edgemont's One World Citizenship Ceremony

By Vicky Hou, Edgemont Youth Press

This year's One World Cultural Celebration, hosted on May 6th at the Edgemont Community Center, was especially noteworthy. Featuring colorful booths and exciting performances, this year's celebrations commemorated Canada's 150th anniversary, and hosted the One World Citizenship Ceremony.

Around 11am, forty new Canadians finally received long-awaited official citizenship certificates, surrounded by friends, family, and the Edgemont community. Upon arrival, the citizenship candidates were seated, brimming with anticipation and excitement. "It's been a long wait. This is very exciting. Today is a very big day for me," stated Bachii T. He moved from Morocco nearly five years ago, in pursuit of a fresh start in a free country. "There is equal opportunity for everyone in Canada," he added, "I'm glad to become a Canadian." Calgary's appointed citizenship judge, the honorable Joe Woodard officiated the ceremony. Also in attendance were Ward 4 Councillor Sean Chu, MP Michelle Rempel who represents the Calgary Nose Hill constituency, and a member of the Royal Canadian Mounted Police (RCMP). After the judge's opening remarks, several speeches were made in congratulations, and highlighted the importance of citizenship, and giving back to the community. The candidates then stood for the oath of citizenship, and were granted their official certificates at last, amid surrounding applause. To conclude the ceremony, they proudly sang O

Canada as Canadian citizens for the first time, with the entire audience joining in.

The entire ceremony was conducted outdoors, with a panoramic view of the Rocky Mountains acting as a backdrop. All of the new citizens we had a chance to meet agreed the view was breathtaking. "I love Canada. My favorite part is the view, and (the) mountains," commented Wasif, who is originally from Pakistan. "The ceremony was amazing. Edgemont is great. Today gave me an amazing feeling." Jayza, another new citizen agreed: "It feels great to be a part of Canada. It's overwhelming. I love the view, and the nature of Canada," she told us. For other new Canadians, the speeches resonated with them the most. Kelvin Z. left China and arrived in Canada over four years ago. He's learned a lot about Canada, and has fallen in love with our great country. "I've been here a long time. I love it. I'm enjoying my new life. It is safe, with beautiful, nice people. I liked the speech today. Now I want to volunteer, and contribute to beautiful Canada."

It was heartwarming to see Edgemont and the surrounding community come together to welcome and congratulate the new citizens. With this year being the 150th anniversary of the Canadian confederation, we are once again reminded of how exceedingly fortunate we are to live in such a wonderful country, with access to so many resources. We in Edgemont have the privilege of a safe, caring community where everyone is welcomed with open arms. This year's One World celebrations and citizenship ceremony were definitely the perfect way to celebrate the incredibly beautiful diversity in our great community, city, and nation.







# PROGRAMS AT EDMONT COMMUNITY CENTRE

## CHURCH SERVICES

### Northwest Community Church

(nwcchurch.ca)  
Sundays 10:30am - Noon  
Contact: Pastor Jeff Edwards @  
403-616-6480  
Email: pastor@nwcchurch.ca

### The City of God Ministry

Sundays 2pm-4pm  
ESL & Financial Counseling  
Contact: Pastor Praise 587-703-8441  
Email: faithhouse2011@gmail.com

### Calgary True Light Gospel Church

(卡城真光福音教会)  
Mandarin service every Sunday at  
10:30AM.  
Contact: Pastor Chris Xu  
587-703-8443

## CHILDCARE

### Edgemont Edusarc

Before and after school age  
program servicing the Edgemont  
Elementary School  
Please call Judy at 403-241-0131  
or email edusarc@gmail.com.

### Kaleidoscope Kids

Preschool for ages 3-4 years.  
Mon – Fri. Starts  
Contact: 403-547-1020  
www.kaleidoscopekidspreschool.com

## PROGRAMS FOR CHILDREN & YOUTH

### Scouts

Contact Ross at 403-208-8778 or  
Neil James 403-288-2705

### Flourish Yoga

Yoga classes for youth and teens  
Contact Krista at 403.874.4127  
Register: www.flourishyoga.ca

### Rhythmic Gymnastics

Wednesdays  
h.palmer@shaw.ca for info

### Philatelic Society

Youth stamp collecting  
Meets 2nd Saturday/month  
Contact: ECA at 403-239-1211

### The Casey O'Loughlin Academy of Irish Dance

Saturday mornings, 9:15 - 10:00am  
for ages 4 and up.  
For more information or to register,  
403-520-0059  
Email: caseyoloughlin@academy.com

### Art drawing class

Thursday, Saturday, Sunday classes  
for ages 5 and up. Includes cartoon,  
sketch, watercolor painting.  
www.calgary.icoc.cc or call  
587-889-8685

### First Serve Tennis

Jeff 403-441-6870  
www.firstservetennis.ca

### Sportball

Tuesday 9:45-11:30am & 4-6pm  
Children ages 2-8 years  
www.sportball.ca/Calgary

### Drawing @ Young Rembrandts

Wed 3:45 - 7pm for ages 3.5 to 12  
Brand new Fall session! With over 25  
years of experience and our unique  
step by step drawing process,  
students can expect a fun, new  
lesson every week and improved art  
skills. Parents can expect increased  
attention to detail, improved fine  
motor skills, discipline, persistence  
and patience. Call 403-457-3729 or  
calgary@youngrembrandts.com.

**Music with Joyce:** Cantonese music  
class - adapted from "The Music  
Class (TMC)" program.

For infants to preschoolers. Each  
class has between 6-12 students,  
siblings welcome.  
Each session is animal themed and  
runs for 10 weeks. Class is 45 min  
long. www.MusicWithJoyce.com.  
Fridays, 6:30 – 8:30 pm

### Edgemont Soccer

www.edgemontsoccer.ca

### Northside Soccer

www.northsidesoccer.ca

### Mavericks Football

www.mavericksfootball.ca

### Calgary Minor Basketball Association

www.cmba.ab.ca

### Skating Rink

Skating rink at John Laurie Park  
adjacent to 7081 Edgemont  
Drive NW: Summer use includes  
basketball, street hockey, roller  
blading, skateboarding and bike  
riding.

### Play2Learn

Play2Learn Education is a new  
education provider who aims to  
bring STEM educational program  
with high tech facilities and new  
entertainment methodology to  
boys and girls in local communities.  
Play2Learn Education 8-Week  
FunNight LEGO Challenge Program  
in Edgemont is one of the most  
popular programs we are running  
right now. With LEGO® Kits, students  
(age from 6 to 11) grasp a better  
understanding of the fundamentals

of physics and engineering  
concepts, and mathematics  
knowledge, can better interpret  
basic arithmetic learned in school  
with an intuitive active learning  
process. This is a FUN class where  
children LEARN along with having  
FUN in building bricks!

When: Wednesday Evening 6 - 8 PM

Where: Edgemont Community  
Association

Who: director@play2learn.ca  
@Play2LearnEdu in Facebook/  
Twitter/Instagram on Twitter

## PROGRAMS FOR ALL AGES

### One Step Ahead Dance Studio

Ballet, tap, jazz, hip hop. Adult and  
youth

Contact: Melinda @ 403-247-3607

### LifeSongYoga

Classes for the whole family.  
Gentle Yoga- Tuesday 2pm-3pm  
Core Conditioning - Friday 9am-10am  
Family Yoga- 1st Saturday of the  
month

For more classes, info and  
registration: www.lifesongyoga.ca  
Contact: Wanita@lifesongyoga.ca

### Karate

Youth and Adults  
Contact Doug at 403-560-4508

### Bunbukan Karate

Sensei Alan Colter, has been  
teaching all ages and skill levels for  
more than 16 years, and is a Chief  
Youth instructor at the U of C since  
2007.

Wed. 6-9:30 pm all year long.  
Variety of classes and levels, all  
welcome, try a class FREE. Contact:  
Alan Colter at 403-274-3535 Email:

info@bunbukan.ca.  
www.bunbukan.ca

### Bollywood Dancing

Monday 7:30-8:30pm  
Mind, body and soul exercise  
program.  
Adults and children.  
Contact: 403-246-5739  
Email: contact@sparqproductions.com

### Lynda Burgess Yoga

#### Prenatal Yoga - Wednesdays

6:05pm-7:20pm  
Ease discomforts, stretch your body  
and build strength while preparing  
your body and mind for your  
upcoming birth.

#### Mom and Baby Yoga -

9am-11:30am  
Thursdays 10:30-11:30am  
Gently restore and strengthen your  
body and relieve discomforts while  
spending quality time with your baby.

For more information and  
registration please visit  
www.lyndaburgessyoga.com

## PROGRAMS FOR ADULTS:

### Learn Spanish

Take the challenge of learning  
Spanish.  
For details, pricing and class  
schedules: www.spanishmania.ca  
or 403-475-6162

### Toastmasters

Every Saturday from 9:30 to 11:30  
Contact: Shaila Khan  
speakersedgetoastmaster@gmail.com

### Alcoholics Anonymous

Meet every Friday 7pm-9pm  
Contact: ECA 403-239-1211

### Zhan Fitness

(in Mandarin)  
Tues. 7:15 – 8:30pm  
email zhanwendy@shaw.ca

### NW Chinese Senior Support Group of CCECA

卡城華人耆英會西北關懷小組  
Drop-in for those who are 50+  
and speak Chinese (Cantonese/  
Mandarin).  
Singing, dancing, exercise, news  
reporting, sharing games and pot luck.  
Contact: 403-269-6122

### Silk Road Chinese Folk Dance Class

NEW CLASS Thurs 6-8 pm  
silkraddance88@gmail.com  
403-510-9059

### Al-Anon Family Group

Meets every Thursday 10am - 11am.  
Contact: ECA 403 239-1211.



Fur trade was a historical benchmark  
of Canada's international commerce.  
Felt from beaver fur could be molded  
into many creative hats. From top  
hats to bowlers, tricorne hats to fancy  
women's hats, the possibilities were  
endless. Thank goodness beaver fur  
went out of fashion in favour of silk  
hats, or not as many of our iconic  
furry friends might be around today!



On behalf of Community Standards & Waste and Recycling Services

**Thank you EDMONT**

Congratulations on a successful **Community Cleanup** on April 22, 2017.

The weights collected for this year:

**Garbage: 8840 kg**

**Organics: 1960 kg**

**Total: 10,800 kg**

**Truck Loads Hauled: 3**

Thank you to the Community Association and residents for your commitment to keep our communities healthy, safe and vibrant.

# Save the Date

Join us in Scenic Acres to celebrate Canada's 150<sup>th</sup> on Saturday August 26<sup>th</sup>!

Scenic Acres is one of two Calgary community associations to receive support from Canadian Heritage for a Canada 150 celebration event. We are planning a fun, inclusive, family friendly, multi-cultural celebration. Events will be held at various venues within our beautiful, scenic community throughout the day. We hope residents from neighbouring communities will join us to enjoy the fun activities and to celebrate our great nation's sesquicentennial!

Find more information and schedule of events at [www.scenicacres.ca/canada-150-celebration](http://www.scenicacres.ca/canada-150-celebration)

# SUDOKU

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FIND SOLUTION ON PAGE 31

## Women's English & Social Group – Meet Your Neighbours & Practice English!

The New Friends and Neighbourhood Group program is a safe and fun environment for immigrant women to improve their English and meet new women in the community.

Registration is FREE and there are no minimal English requirements. Groups meet once a week for 2 hours to practice English, make new friends and have fun! Free childcare is also provided (6 months – 6 years). JOIN ANYTIME!

Edgemont Group 224 Edgeburn Lane NW  
 Wednesdays 10:00am-12:00pm  
 throughout the city, please contact:  
 Debra Colley, Program Coordinator  
 Calgary Immigrant Women's Association  
 Email: [debrac@ciwa-online.com](mailto:debrac@ciwa-online.com)  
 Phone: 403-444-1752  
 Website: [www.ciwa-online.com](http://www.ciwa-online.com)

## Park n' Play & Stay n' Play

These free safe, supervised programs help children make new friends and learn games and activities that they can use on their path to healthy and active lifestyles.

Programs run weekdays and are weather dependent.

In partnership with Edgemont Community Association  
 Dates: July 24<sup>th</sup> - July 28<sup>th</sup>  
 Community: Edgemont  
 Address: 33 Edgevalley Circle N.W.

**Stay n' Play FREE**  
 Ages 3Y – 5Y  
 10 a.m. – noon  
 Participants must be accompanied by an adult/guardian

**Park n' Play FREE**  
 Ages 6Y – 12Y  
 10 a.m. – 3:30 p.m.

For more information visit [calgary.ca/communitysummerprograms](http://calgary.ca/communitysummerprograms).

## Edgemont Soccer Camp

### August 14<sup>th</sup> - 18<sup>th</sup>

Edgemont Soccer is offering a multi-option camp for 6-14 year olds at the Edgemont Community Association. The camp will focus on fun games, exercise, and soccer learning with choices suitable for recreational and competitive players.

For more details or to register please go to [EdgemontSoccer.ca](http://EdgemontSoccer.ca)



# bulletin BOARD

## ECA Board Meeting dates for 2017:

August 21  
September 18  
October 16  
November 20  
December 18  
Jan. 15, 2018  
Feb. 19, 2018  
Mar. 19, 2018

**Annual General Meeting** (Open to the public; voting by Voting Members only)  
Apr. 25, 2018

*All Board meetings are held at the Edgemont Community Centre at 7:00pm, unless otherwise noted.*

## SPORTS/RECREATION COMMITTEE

Adult volunteers to assist our ECA Sports Director in promoting our recreational programs, connecting to the community sports groups & the City, coordinating sharing of assets like fields & storage.

Adult volunteers needed to assist and promote our recreational programs. Jeff Edwards  
volunteers@edgemont.ab.ca 403-616-6480

# Casino Report 2017

I would like to start off by saying a huge **thank you to all the people who volunteered their time!** Especially those mothers who gave up their Mother's Day to work our Casino on May 13th and May 14th. We couldn't do this without such a great commitment from our community neighbours!

For this casino, I am very happy to say that all my shifts and positions were filled and I did have a good complement of back up volunteers, so thank you very much. A lot of the same people keep volunteering and that is great to have such a fantastic core of individuals that you can count on. I also had new people volunteering for the first time as well as a few soccer parents who needed to put in their volunteer hours and also some of our Board of Directors putting in a few more hours of volunteering.

Our previous casino was held September 30th and October 1st, 2015 at the Elbow River Casino. The amount of funding that we received from Alberta Gaming Liquor Control was just over \$70,000. This money has been put towards; the renovations of the main bathrooms, bringing them into the year 2017; flooring in the Mountain View Room as well as facility upkeep and maintenance of your wonderful community building. This time around we are hoping again to receive the around the same amount, but given today's economic climate it could be less. We should hear in the summer sometime about the amount of monies we will have earned.

I am retiring my volunteering commitment of Edgemont Casino Chair this year, so it is time to find that new person to step forward in carrying the torch for this wonderful committee. Well, it can be as wonderful as you want and you can appoint yourself as chair as it is a committee of one! If there is anyone wanting this job, please contact the Edgemont Community Office and they'll point you in the right direction or contact myself if you want any further information on this important position. My email is in the Inside Edgemont newsletter.

Thank you, Edgemont, it has been a treat working and getting to know new people. It is a great community to live in and be a part of.

Regards,  
Cari Middleton

### \$99 FULL SET\* LASH EXTENSIONS

— OVER \$25 SAVINGS —

**DIVA** | SALONspa

COUNTRY HILLS | MARKET MALL  
403.239.2349 | 403.289.0808

divasalonspa.com

\*Country Hills and Market Mall locations only. Cannot be combined with any other offer. Mention ad at time of booking.

OFFER ENDS AUGUST 30, 2017

### \$350 BROW MICROBLADING

— \$150 SAVINGS —

**DIVA** | SALONspa

COUNTRY HILLS | MARKET MALL  
403.239.2349 | 403.289.0808

divasalonspa.com

\*Country Hills and Market Mall locations only. Mention ad at time of booking. Cannot be combined with any other offer.

OFFER ENDS AUGUST 30, 2017

## divine intervention

Eligible Entrepreneur

Our 6'1, fit and handsome bachelor is a catch. Driven, well educated and down-to-earth, this dynamic, well traveled and successful entrepreneur enjoys life with a very flexible schedule.

He loves outdoor sporting activities, staying fit, and spending time with family and friends.

He is looking for an attractive, slim, smart, 5'5"+, genuine, activity loving lady (age 28-38) who wants to build a family.

**Contact in confidence (fees paid by client)**  
info@divinematchmaking.com  
divinematchmaking.com | 403-456-4870

## Serious Fun!

Baby • Kids • Adults

# freehouse dance plus

www.freehousedance.com  
(403) 282-0555

## Edgepointe Dental Centre

233, 45 Edenwold Drive NW  
www.edgepointedental.ca

### Gentle Family Dentistry

Edgemont Blvd NW  
Shogomapi Trail NW  
Nose Hill Park

Edenwold Drive NW

Dr. Michael Pannell  
Dr. Sandra Pannell  
General Dentists

# 403-239-6411





# Summer Program Brochure 2017

Mr. D's Summer Drama Camp • Technology Byte • Mad Science • Sportball • "STARS" Basketball • Rhythmic Tank Music • Rhythmic West Gymnastics • Kids Yoga Camp

Registration for Mr. D's camps begins **May 8<sup>th</sup> 9am walk-ins**. Registrant can register a maximum of 3 children. Call ECA office to register after May 9th. Phone in's will be contacted. **If space is still available.**

**July 3<sup>rd</sup>-7<sup>th</sup>**

**Mr. D's Teen Drama Camp**

**Gr 6 - 12 Cost: \$235 9am - 3pm**

My 21<sup>st</sup> yr. of Summer Drama Camps and we are performing "Shrek", so come on down and have some fun. We will play "X-treme- Survivor", with new games, challenges prizes for all. Camp t/shirts, pizza/texas donut talent show, summer comic book. Mr. D's awesome cooking show Friday is blockbuster day so parents can come and see the show. Your favourite camp counselors are back. Bring lunch every day except Thursday. Register early as camp fills up fast.

**Rhythmic Tank Music Camp**

**9am - 4pm Cost \$250/week**

**Half day \$125**

Help spark your child's passion for music. Create and perform a live action silent movie. Create your own musical instrument to play at home. Will work together to create a family showcase that will celebrate your week at camp. For more details or to register go to [www.rhythmtankstudio.ca](http://www.rhythmtankstudio.ca) or call Jess 587 434-3564.



**Stars Basketball**

**9am - 4pm. Ages K-Gr3 9-Noon.**

**Gr 4-6 1-4pm**

Each camp will teach the fundamentals of various skills needed to be successful

including; shooting, passing, ball handling, 1 on 1 skills, moving without the ball, as well as defensive concepts. Camp ends with daily with games. Stars b/b is a fun filled environment, with great coach to student ratio. To register [www.starsathletics.ca/summer.html](http://www.starsathletics.ca/summer.html)

**July 10<sup>th</sup> - 14<sup>th</sup>**

**Mr. D's Junior Drama Camp**

**Gr 6 - 12 Cost: \$235 9am - 3pm**

In a galaxy far, far away, yes Star Wars is back this year and we are going "Rogue". Favourite camp counselors are back. So much fun with games, prop building, magic. Awesome week of survivor, light sabre battles, bounty hunter breakfast, comics and much more. Pizza/Death Star donut movie day, t/shirts. Visit for TK-197 and his close friend Boba Fett. Bring a lunch every day except Thursday. Register early as this camp fills up fast.

**Byte Technology Camp**

**9am-. 4pm Ages 11-14yrs**

**3D Animation**

Dreaming of a career with Pixar? Come and have fun learning how 3D animated

movies are made, learn and have fun modelling, animating, tell your own stories, make you own short animated movie. For more details or to register go to [www.bytecamp.ca](http://www.bytecamp.ca)

**Mad Science Radical Robots**

**Ages 7- 12yrs 9am - 4pm. \$350 +GST**

Robot Camps are back this year, so much fun; build either Kingli Dragon Bot or Hydraulic Arm bot or both. Have hours of fun at camp and get to take home so plenty of battle fun with friends. Campers will also learn programming, coding and so much more.

More details or to register 403 263-4140 or <https://register.madscience.org>



**July 17<sup>th</sup> - 21<sup>st</sup>**

**Mad Scientists Inventors Camp**

**9am - 4 pm. Ages 6 - 11yrs \$350 + GST**

Go on an incredible scientific journey through the ages, Leonardo da Vinci to Outer space, medieval times to science fiction. This camp covers lots of ground but you have fun at the same time. You

have challenges; construct things like catapults, forts and even a working Light Saber. Too many things to list. Interested contact Details or to register 403- 263-4140 <https://register.madscience.org>

**Byte Technology Camp**

**9am - 4pm Ages 9-12yrs.**

**Introduction to Coding**

Discover how much fun it is to build your own game. You will be introduced to basic coding skills, learn how to create your own 2D vector artwork making characters and levels that are entirely their own. Lastly you make a game that you take home on USB that you can share with friends online. For more details or to register go to [www.bytecamp.ca](http://www.bytecamp.ca)

**July 24<sup>th</sup> - 28<sup>th</sup>**

**Mad Science Jr Brixology Camp**

**9am - 12pm. Grades K-2 \$175+ GST**

Details and to register 403 263-4140 or Learn to construct engineer themed projects using Lego bricks, you will learn about aerospace whilst building a space station, find out about nautical and mechanical engineering as you build boats, vehicles and so much more.

More details or to register 403 263-4140 or <https://register.madscience.org>

**Mad Science Junior Explorers Camp**

**1pm - 4pm. Grades K-2 \$175 +GST**

Learn what it is like to be an astronaut, learn about dinosaurs, robots, mini mad lab day or watt up day. Too many things to list. Interested and want to find out or to register 403- 263-4140 <https://register.madscience.org>

**Fearlessly Confident Camp**

**12.30pm - 3.30pm Ages 8-11yr**

Want your child to be more confident and fearless speaking in front of a group of people, learn how to speak out, say what you mean, no more stage fright and making friend through use

of games and hands on activities, then this is the camp for you. To find out more info or to register go to: [www.leadership-matters.biz/events](http://www.leadership-matters.biz/events)



**Sportball Camp**

**9am - Noon**

Action packed camps introduces children to variety of ball and activities, arts, crafts, snack time and more. Coaches focus on

basic skills like bal-

ance, co-ordination, stamina and timing in a fun, supportive non- competitive setting that emphasizes teamwork. For more details or to register go to [www.sportball.ca](http://www.sportball.ca).

**July 31<sup>st</sup> - Aug 4<sup>th</sup>**

**Stars Basketball**

**9am - 4pm. Ages K-Gr3 9-Noon**

**Gr4-6 1-4pm**

Each camp will teach the fundamentals of various skills needed to be successful including; shooting, passing, ball handling, 1 on 1 skills, moving without the ball, as well as defensive concepts. Camp ends with daily with games. Stars b/b is a fun filled environment, with great coach to student ratio.

To register [www.starsathletics.ca/summer.html](http://www.starsathletics.ca/summer.html)

**Yoga Camp**

**9am - Noon**

Have your child experience the joy of yoga. We build confidence, concentration and community through poses, games, art projects, learn to relaxation techniques and simple breathing.

To register or find out more info, please contact. Marnie 403 988-4400 or e-mail [shantigardenyoga@gmail.com](mailto:shantigardenyoga@gmail.com)

**August 8<sup>th</sup> - 11<sup>th</sup>**

**Byte Technology Camp**

**9am - 4pm Age 11 - 14**

**2D Video Game Design**

Learn how to build an HTML5 game from ground up by using our tools and equipment. This is a coding camp so be prepared to challenge yourself and learn new skills. You will create advanced 2D vector artwork and animated character sprites to make your game look great. You get to take your game home on USB to share with friends online.

More details or to register go to [www.bytecamp.ca](http://www.bytecamp.ca)

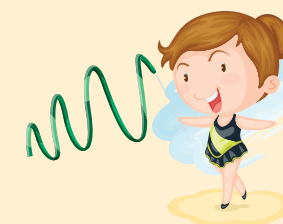
**August 14<sup>th</sup> - 18<sup>th</sup>**

**Mad Science Inventors Camp**

**9am - 4pm Ages 7-12yrs \$350 + GST**

Go on an incredible scientific journey through the ages, Leonardo da Vinci to Outer space, medieval times to science fiction. This camp covers lots of ground but you have fun at the same time. You meet challenges; build things from catapults, forts and even a working Light Saber.

Details or to register 403- 263-4140 <https://register.madscience.org>



**August 21<sup>st</sup> - 25<sup>th</sup>**

**Rhythmic Gymnastics Camp 9am - 4pm**

**Ages 5-7yrs Half Day Camp \$120**

**Ages 8- Full Day Camp \$235**

Come and have fun activities include rhythmic gymnastics, acro-skills, dance, and yoga. You will create your own rhythmic ribbon to practise at home. Please bring your own lunch and snack.

*~cont'd next page~*

# Summer Program Brochure

For more details, or to register contact h.palmer@shaw.ca. Or visit the website www.RGCalgary.ca

## Stars Basketball Camp

9am – 4pm. Ages K-Gr3 9-Noon  
Gr4-6 1-4pm

Each camp will teach the fundamentals of various skills needed to be successful including; shooting, passing, ball handling, 1 on 1 skills, moving without the ball, as well as defensive concepts. Camp ends with daily with games. Stars b/b is a fun filled environment, with great coach to student ratio. To register www.starsathletics.ca/summer.html

## Sportball Camp

9am - noon

Action packed camp introduce children to variety of ball and activities, arts, crafts, snack time and more. Coaches focus on basic skills like balance, co-ordination, stamina and timing in

a fun, supportive non- competitive setting that emphasizes teamwork. For more details or to register go to www.sportball.ca

August 28<sup>th</sup> - Sept 1<sup>st</sup>

## Rhythmic Gymnastics Camp

9am – 4pm. Ages 5-7yrs Half Day  
Camp \$120

Ages 8- Full Day Camp \$235

Come and have fun activities include rhythmic gymnastics, acro-skills, dance, and yoga. You will create your own rhythmic ribbon to practise at home. Please bring your own lunch and snack. For more details, or to register contact h.palmer@shaw.ca. Or visit the website www.RGCalgary.ca

Park n Play/ Stay n Play

## Free City run program

July 24<sup>th</sup> – 28<sup>th</sup> at ECA

For more info contact 311



Skate  
park  
dates

Outdoor  
Sportball  
Program

Beginning

May Sportball is running an Outdoor Program. Introduces fundamental concepts of gameplay teaches basic skills required to Bend it like Beckham in a non-competitive, supportive environment. Classes run outdoors and parents are required to remain on the sidelines for the childrens's safety. Registration fees include a Sportball soccer ball and jersey.

For more details and to register contact www.sportball.ca

A stylized maple leaf designed by a 19-year-old student has been selected as the official logo of Canada's 150th anniversary celebration in 2017.

The multi-coloured logo featuring diamond shapes of various sizes topped over 300 entries considered in the federal government's student-only national logo design competition. Ariana Cuvin, a University of Western Ontario Business and Digital Arts student, said the four largest diamonds are means to represent the four provinces that formed Confederation in 1867. The remaining smaller diamonds represent the remaining provinces and territories that later join the country. "The repeated shape is meant to create a sense of unity and the 13 shapes formed the leaf represents our togetherness as a country", Cuvin writes.

"In the coloured iteration, the centre found diamonds are similar in colour. From left to right, similar colours are used in a row to show the provinces and territories that joined Canada in the same year. The multi-coloured iteration gives a feeling of diversity while the red one shows pride and unity."



## Editors' Note

The editorial board of Inside Edgemont consists of:

**Brett Plaizier**

ECA Board of Directors, Communications

### Edgemont Board of Directors

Unless otherwise indicated, all editorials are produced by the ECA Editorial Board.

The compilation of material submitted to Great News Publishing is the responsibility the Newsletter Committee newsletter@edgemont.ab.ca. and must be provided one month in advance. **Material for the July issue must be submitted by May 23<sup>rd</sup>; August issue by June 23<sup>rd</sup>.**

Visit our website for current news on ECA activities.

Our website and social media accounts are evolving under the direction of Brett Plaizier, communications@edgemont.ab.ca.

**Website:** www.edgemont.ab.ca

**Facebook:** Edgemont Community Association

**Twitter:** @EdgemontCA

**Instagram:** edgemontcommunity

*Make your voice heard. Share your views. We are listening.*

Letters to the Editor are welcomed:

1. Keep your letter to 200 words maximum.
2. Include your name and contact information.
3. You may be edited for space and to ensure a balanced and respectful tone.
4. Publication is not guaranteed.

Inside Edgemont appears online on www.edgemont.ab.ca about a week before it appears in your mail box.



## Leaf Program Report

As April showers give way to May flowers you will see our crew out placing the newest planters around our community.

They will be filling all of the planters with a soil mixture before planting any flowers. The flowers for all the LEAF communities arrive the first week of June and the flurry of work will begin.

The public green spaces and parks are already being mowed and cleanup is beginning.

By the time this article is published in the newsletter the planters and garden beds will be in full bloom.

Walking around the community the parks and green spaces allows you to observe and take advantage of the beautification of our community.

The LEAF team is approaching the City and Utilities about doing their share of maintenance and upkeep of their properties throughout our community. Many utility boxes and cable boxes are rusted out and are in need of replacing or painting. We are also requesting that the City-owned fences be repaired/replaced and painted. There are some City-owned signs that are in need of repair or painting as well.

These areas of concern are not part of the LEAF scope. We feel that our residents have made a clear statement about the need to reverse the deterioration of Edgemont by voting for LEAF. Leaving these unsightly features takes away from the beauty of our community and makes it look uncared for.

We will keep you updated on the progress of our request with the City and Utilities Departments.

Let's make Edgemont a community we can all be proud to live in.

The LEAF Team,  
Jo-Ann  
Helen



## CALGARY MOUNTAINVIEW LIONS CLUB

**Meets at the Triwood Community Hall  
on the second and fourth Tuesday of each month.**

Serving Northwest Calgary, open to all  
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**For more info please call: John Wilson 403-932-6043**





# Planning a **SAFE VACATION**

Many families plan a trip for their summer vacation but neglect to consider home safety. Keeping your family and belongings safe is critical to a happy vacation season. The Calgary Police Service recommends the following steps to reduce your chance of being a victim of crime.

## Before you leave

- Preventing crime during a vacation starts at home – making sure it's protected while you're away.
- Make sure all door and window locks work and are secured.
- Set your interior lights on timers
- Arrange for the lawns to be mowed
- Arrange for newspapers and mail to be picked up
- Have your neighbors keep an eye on your house
- Have a neighbor occasionally re-arrange drapes and blinds
- Leave a phone number or place where your neighbors or friends can reach you in case of an emergency
- Check with your home insurance company as to the amount of time your home can be left vacant before it affects your insurance coverage.

## Packing your bags

- Putting a little extra thought into what you're taking will decrease the chance of becoming a victim of crime. Some tips to help you:
- Clean out your wallet or purse and take only essential cards.

- Use credit cards or travelers' cheques when possible – they are easier to replace than cash.
- Wear a money pouch under your clothes or carry your purse or wallet close to your body.
- Pack as lightly as possible and avoid using expensive, designer luggage.
- Make a record of your luggage contents – keep it and any valuables with you.

## Out and about

While traveling, be aware that tourists make tempting targets for crime. The best advice for travelers is to try to blend in with the crowd. Some other suggestions for keeping you and your family safe:

- Check maps before you leave for the day so you have an idea of where you're going.
- Stick to well-lit, populated areas.
- Always lock your car when parked and hide valuables in the trunk. Don't advertise you're a tourist – keep maps and guidebooks out of sight.
- Ensure that everyone in your family knows where you're staying and what to do if they get lost or separated. Agree on a meeting place just in case.

Make your vacation a memorable one. Be safe and have a great summer!

For more safety tips, visit [www.calgarypolice.ca](http://www.calgarypolice.ca)

*Cst. Benzy Bawal, Calgary Police Service*



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## YOUR CITY OF CALGARY



### Local Roamers

Dates: Wed July 5th, 12th and 19th  
 Time: 1 p.m. - 4 p.m.  
 Community: Edgemont  
 Address: 33 Edgevalley Circle N.W.  
 (Edgemont Community Association)

Youth 12-17 are invited to explore their community as well as surrounding neighborhoods in our new FREE Local Roamers program. We will navigate through neighborhoods by Calgary transit, bike, bus and foot to local parks and attractions. Youth will learn about hidden treasures close to home and spend each afternoon working together, exploring and learning new skills.

Program registration is required.

For more information visit [calgary.ca/communitysummerprograms](http://calgary.ca/communitysummerprograms).

### Youth Employment Centre

Do you know someone aged 15-24 who is looking for work? The City of Calgary's Youth Employment Centre (YEC) offers year-round services and resources to help youth, aged 15-24, secure employment and take the first step in their career.

YEC offers a variety of services FREE of charge including employment counseling, career planning, networking assistance, resume assistance, industry training and mentorship opportunities.

Youth who need support with their job search or career development are encouraged to drop by the office at 315 - 10 Avenue S.E. or visit [youthemploymentcentre.ca](http://youthemploymentcentre.ca).



The 'yurt'

### Girl Guides in the Summer

In our typical Girl Guide articles, we usually talk about what the units have been up to. But all of our units 'shut down' for the summer. It is a much-needed break for the leaders, plus families are usually gone on summer vacation, so our attendance usually drops.

Before breaking for summer, most of the older units (Guides, Pathfinders Rangers) do try to get out and camp in May/June, as it is usually ideal camping weather, especially for tenting. Yes, some units do winter camping, but it is so much more enjoyable (in my opinion) to tent camp when it is not -20 degrees and snowy out!

The Pathfinder units recently went out to IASG at the end of May, which is considered a backcountry camp. You have to hike into your campsite, and there are only very rudimentary shelters – a 'yurt' and a shed for storing your food away in; otherwise you have to sling your food in a tree to keep it away from bears. They had a great time, the weather was absolutely gorgeous.

I was jealous though, because when MY daughter was in Pathfinders, we tried camping at IASG, but we got flooded out, literally (I will try including some photos). There is a small foot bridge to cross over a small creek to get into camp. We had so much rain that weekend, the creek overflowed its banks and was starting to lap over the bridge surface on Saturday afternoon. We decided to break camp early (we weren't supposed to leave until Sunday afternoon) as we didn't want to lose our only way in and out of camp!

Girl Guides (and Scouts for that matter) are one of the few organizations around that bring youth out into nature and wilderness – tent camping, canoeing, kayaking, etc. There are active Guiding and Scouting groups for all ages in NW Calgary. You can find out more information by going online (google either organization).



The overflowing foot bridge



Setting up in the rain

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## COMMUNITY ANNOUNCEMENTS

**Deadline – 1<sup>st</sup> of each month for the next month's publication**

**Contact [news@great-news.ca](mailto:news@great-news.ca)**

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

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**LOVE TO SING?** Vocal Latitudes may be the choir for you. A non-audition, World Music community choir, Vocal Latitudes meets Tuesday evenings from September-May in a convenient central location. Repertoire includes jazz, gospel, African, Canadian, Renaissance, pop, original contemporary. For more information, see [www.vocalitudes.org](http://www.vocalitudes.org).

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**CALGARY 55+ GAMES:** From August 10<sup>th</sup> to 12<sup>th</sup> 2017, Calgary 55 Plus Games Association will be hosting the Calgary 55 Plus Provincial Championships. There will be 11 events. We need new members and volunteers. Go to [www.calgary55plus.com](http://www.calgary55plus.com) for information.

**27th ANNUAL CALGARY INTERNATIONAL FESTIVAL OF PINS:** August 26-27. 9:00 A.M. to 5:00 P.M. Free Admission. Chapelhow Legion 606 38th Avenue N.E. Food donations to the Veteran's Food Bank are accepted during the Festival. Bring your pins to trade or sell, or purchase pins from vendors from across Canada. We have hourly door prizes and a silent auction.

**IN CONSIDERATION OF YOUR NEIGHBOURS:** Even though the city noise bylaw states you can mow your lawn up to 10:00 p.m., my family and friends have lived by the following: If the temperature is over 18C please do not cut your grass or use power devices after 5:00 p.m.



## News from the Friends of Nose Hill

by Anne Burke

Guidelines and entry forms are at [www.fonhs.org](http://www.fonhs.org) for our Nose Hill Park photo contest which is open to all. Submissions are due September 30th. Photos must have been taken between October 1st, 2016 and September 30th, 2017.

To better understand wildlife in Calgary, a wildlife monitoring program will start this year. To monitor wildlife, motion-activated cameras will be installed in 11 City parks, including Nose Hill Park and one provincial park, to take pictures of wildlife in those areas. The information from this monitoring program will be used to make better decisions when planning parks and other City spaces. See more at [www.calgary.ca](http://www.calgary.ca).

Once there is a database of images to classify, residents will be asked to help classify them using a platform called Zooniverse. This is a citizen science web portal owned and operated by the international Citizen Science Alliance. It is home to some of the internet's largest, most popular, and most successful citizen science projects; and will allow volunteers to participate in crowd sourced scientific research. More details will be shared when the program moves into that phase. Some of the questions to be explored over the next few years include:

**Who calls Calgary home?** While we can't directly measure populations with the data from our cameras, we can get a sense of what wildlife call Calgary home.

**Where are they?** Finding out where certain species are most likely to spend time allows us to target conservation and management efforts.

**How do species live with each other?** This program will help understand how species in Calgary might compete with one another, engage in predator-prey dynamics, or avoid one other. By evaluating the camera images, we begin to better understand the Calgary urban ecosystem, including how all the species interact.

**How can humans and wildlife co-exist in a city?** It is known that people change the way wildlife behave – some animals adapt well to humans, some are indifferent, and others avoid us. The camera data will allow a better understand of our impact on wildlife.

Please note: The City does not conduct gopher control in natural environment parks in Calgary. The Alberta government is responsible for wildlife management. The City of Calgary provides information as a public service.



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**HOW DOES YOUR GARDEN GROW?** Spring is here, it's time to clean and tune up your flower and shrub beds. Onsite evaluation and consultation for next steps on rejuvenation, maintenance, transplanting, pruning and design for your new, overgrown or old perennial and shrubs beds. Please contact Kathy at "A Garden Thyme" 403-874-4142.

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## BRAIN GAMES SUDOKU

7	8	9	2	6	4	5	1	3
1	5	4	9	3	7	2	6	8
3	6	2	5	8	1	4	7	9
2	7	3	8	4	5	1	9	6
5	1	6	3	7	9	8	4	2
4	9	8	1	2	6	3	5	7
6	3	7	4	5	8	9	2	1
8	4	1	6	9	2	7	3	5
9	2	5	7	1	3	6	8	4



## Helping Your Children with Social and Emotional Skills for Kindergarten

Age 5 is a "big" age as these kids are getting ready for school! Now we have to focus on getting ready for Kindergarten and learning new skills.

Emotional regulation is a crucial skill for kids to learn. They are beginning to learn to have a clearer sense of self. They learn about rules and values that tell them how to behave at school and in the community. They are forming relationships with teachers, peers and other adults. Learning how to manage their emotions when they can't have their way is important as they are learning to take turns and be nice to someone else when they win.

Talk to your child about "telling" and "tattling". This aids with teaching the child about rules about how to behave and how to handle situations when the rules are broken.

Telling is when a child reports a problem to the teacher or parent. It's essential to teach a child to "tell" and try to solve the problem. Three steps to teach "telling":

1. Use "I statements": I am having a problem with Jimmy.
2. Name the problem: The problem is I'm not getting my turn.
3. Say what you need: I need some help with this problem.

Tattling is when we place blame on someone else and doesn't solve the problem. Instead tattling asks a parent or teacher to find fault and/or punish the other person.

Another great way to help emotional regulation is to name the feeling. Each feeling has a name such as happy, sad, etc. If needed, you can give each feeling a colour (happy is yellow) or you can make/print out pictures to help associate the feeling with the name. Expand vocabulary and use names such as pleased, delighted, upset, anxious, etc.

*The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge.*

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The spring session of the legislature is now complete. I am eager to spend most of this summer in the riding meeting constituents, hearing their concerns and enjoying some fun community events.

I'm very pleased that my Private Members Motion 505 was passed unanimously by all parties. Its goal is to finally point Canada and North America to a place of true energy independence. Having worked in the petroleum industry for the past 28 years, I know and understand the incredible achievements of Alberta's oil and gas industry.

Alberta already sits on over half of the world's free oil, but Canada still imports millions of barrels every year from dictators and countries with brutal human rights and environmental records. Some people are very determined to stop Oilsands development and the transportation of Alberta energy products. It is clear violation of the spirit of confederation and section 121 of the Constitution Act, 1867.

I believe that Canadian refineries and consumers should be given a fair choice between the oil from western Canada, and the oil from dictatorships. This motion, if acted upon by the federal and provincial governments, would strengthen Alberta's energy industry and create jobs across the country. Building more pipelines in every single direction across Canada would also lessen our dependence on exports towards the American market, lessen our dependence on foreign dictator oil, and remove unfair trade barriers for transporting Alberta energy products.

I will continue to stand up proudly for our energy industry, fight for new pipelines and work relentlessly to make Alberta the roaring engine of the Canadian economy.

In late May, a group of unemployed engineers and designers from the energy sector approached me with some of their concerns regarding their future employ-

ment and their ability to support their families. I was quite impressed when they came armed with plenty of statistical research on what's happening in their profession. They also outlined some excellent ideas that could be considered by the government to help transition them back into good paying engineering and design jobs in Alberta.

I agreed to facilitate the travel and itinerary for over 100 of these engineers to come to the Legislature to meet opposition MLA's and staffers and to take in a lively session of Question Period where all of the MLAs could see the real faces of some unemployed Albertans. Sadly, some of them have been without work for more than 2 years. As a result, this group was granted a sudden meeting with two Ministers and staff – something they had been asking for, without success, for months. I am hopeful that follow up meetings with the government will get some meaningful changes to the programs available to them so that they can get back to work as soon as possible.

I wish you a great July! Enjoy your Canada Day and I hope to see you during Stampede! Visit my Facebook page @PrasadPandayyc for important updates.



The "dog days of summer" refer to the weeks between July 3 and August 11, and are named after the Dog Star (Sirius) in the Canis Major constellation. The ancient Greeks blamed Sirius for the hot temperatures, drought, discomfort, and sickness that occurred during the summer.





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EDGEMONT 2017 STATS	# SALES	AVERAGE PRICE
Bungalow	9	\$631,389
Two Storey	49	\$650,921
Split-Level	2	\$405,625
Townhouse	2	\$565,750
Condo	3	\$229,333
Villa	2	\$402,250
<b>TOTAL</b>	<b>67</b>	
Average Days on Market	29 Days	

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**\$599,900**

7063 Edgemont Drive NW

- sunny 4 bedroom bungalow, fully finished
- gorgeous yard, 3 full baths, gas fireplace
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## Central Air



**\$699,900**

1032 Edgemont Road NW

- renovated 3 bedroom+den two storey
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**\$1,325,000**

39 Hamptons Close NW

- custom 5 bedroom+loft two storey, A/C
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- finished walkout, media room, hot tub

## Backs on Ravine

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**\$649,900**

84 Edgebyne Crescent NW

- updated 4 bedrooms up two storey home
- hardwood & tile floors, renovated kitchen
- newer roof, media room, fully finished

## Huge 1/3 Acre Lot



**\$749,900**

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## Sweeping Mountain Views



**\$1,169,900**

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- custom 4 bedroom two storey walkout
- 3 car garage, fully finished, central air
- extensive extras, prime ridge location

## Mountain Views



**\$629,900**

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- fully finished two storey walkout, 3 decks
- vaulted ceilings, 4 bedrooms, built-ins
- walk to playground, oversized garage



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**403.247.5555**