

JUNE 2017

YOUR OFFICIAL COMMUNITY NEWSLETTER

inside *Edgemont*

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NEIGHBOUR DAY
JUNE 17th





Healthy Aging Lab

Are you 50 years of age or older?
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The study involves answering some questions
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<http://psych.ucalgary.ca/healthyaging>

If you would prefer to be interviewed in
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Calandra Speirs

P: 403-826-8433

E-mail: healthyagingucalgary@gmail.com

Everyone who participates will be entered into
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This study has been approved by the Conjoint Faculties
Research Ethics Board at the University of Calgary.

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- Ed Bradley, CBS-60 Minutes

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June **2017**



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EDGEMONT COMMUNITY ASSOCIATION

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Delivered monthly to 5,800 households and businesses for 10 years!

Editorial Submissions

newsletter@edgemont.ab.ca

Deadline is the 23rd of each month for the month following
 e.g. April 23rd is the deadline for the June issue

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 All advertisements must be submitted by the 1st of the month for the following month's publication.

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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Edgemont Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS 911	
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	511
Gamblers Anonymous	403-237-0654

WHAT'S HAPPENING AT ECA



President's Message

By Bev Johnson

AGM APRIL 26TH, 2017

Hello ECA members and residents,

We had a very successful AGM on April 26th and I'm pleased to inform you that the ECA membership has elected their new board for 2017/2018. We have 8 returning board members and 1 new member to the board, so the board is well placed to provide experience and continuity going forward.

Congratulations to: Paul Clark, Jane Coates, Dora Lam, Al Leach, Mark McClurg, Brett Plaizier, Brett Redpath, Jo-Ann Wither and John Wither.

The AGM was well attended and we welcomed the following guests:

Leslie Evans, executive director of the Federation of Calgary Communities; Heidi Bauer, the ECA auditor also with the Federation; Sean Chu, councilor for Ward 4; Andrew Chin, executive assistant to Sean Chu; Prasad Panda, MLA for our community; Bill Jarvis, executive assistant to Prasad Panda; Benzy Bawal, our community Police Officer; and Amanda Turvey, our NPC from the City of Calgary.

We have had another lively year on the board in 2016/2017 and much has been accomplished on the way.

I'd like to thank the 2016/2017 executives:

Gerry Elms, who not only ensured that the building finances were in good order, but also spent countless solitary hours going through the invoices to see what expenses could be claimed as proper use of casino funds over the last two years. He took the time to do this so he could make the case for the AGLC to allow those funds, currently considered restricted funds, to be put back into general revenue. This is a great boon to the ECA, not only because it gives us flexibility in allocating funds to where they are needed most, but also allows us to book operating costs against casino funds going forward, which frees up cash flow for other projects. Thank you, Gerry!

Another thing to thank Gerry for is suggesting Don Larson as a temporary replacement for Jenn Louis who left the ECA in July to pursue new endeavours. Don has proven to be a great asset to the ECA. His accounting background and outgoing personality has been an excellent compliment to Barbara Meehan's people skills and knowledge of the building. Thank you, Barbara and Don, for keeping the ECA humming along.

Al Leach, who quietly went about checking on residents' concerns and development permits to see that all was in order. Al's experience in this area was a real asset and the ECA is pleased that Al will serve for another term.

David Middleton, for overseeing some major work in the building, which he speaks to in his report, all while holding down a demanding job.

Brett Redpath for taking on the task of secretary, which can be a thankless one trying to make sure that board business is recorded accurately. Brett will also return to the board for 2017/2018. His experience will be welcomed.

And last but not least, **Phil Durrant** who retired specifically so Brett Redpath could come back on board as secretary. Thank you all.

I'd now like to briefly discuss the work that has been accomplished in 2016/2017 and thank those responsible.

BYLAWS - Our bylaws underwent a full review and updating this year. Dora Lam, an ECA director at large, led the review, very ably assisted by a community member John Wither, along with strong support from directors Brett Redpath, Jo-Ann Wither, Paul Clark and Jane Coates. Jim Palmer, Scenic Acres Community Association president, kindly made Scenic Acres bylaws available as a template, from which the committee could tailor the bylaws for the ECA. The bylaws were accepted and filed by Service Alberta in March and the incoming ECA board can now be confident that they have a strong set of guidelines to refer to. Thank you, team, for your dedication to this task. We're also pleased that all the bylaws team has signed up for another term.

CASINO - The Casino is our one major fundraising event and it happens approximately every 18 months. It requires 40 volunteers over 2 days and usually nets the community approximately \$70,000. Without a dedicated volunteer who is prepared to put in the time to organize

~cont'd on pg. 9~



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 Web: www.edgemont.ab.ca • Facebook: Edgemont Community Association
 Twitter: @EdgemontCA • Instagram: edgemontcommunity
 Business Hours: Monday to Friday 9:00 am - 5:00 pm

WHAT'S HAPPENING AT ECA...cont'd

VOLUNTEER BOARD OF DIRECTORS 2016/17

Paul Clark	President	president@edgemont.ab.ca
Brett Redpath	1st Vice President	buildingadmin@edgemont.ab.ca
Al Leach	2nd Vice President	areaplanning@edgemont.ab.ca
John Wither	Secretary	secretary@edgemont.ab.ca
VACANT	Treasurer	treasurer@edgemont.ab.ca
Brett Plaizier	Communications	communications@edgemont.ab.ca
Jo-Ann Wither	LEAF	leaf@edgemont.ab.ca
Mark McClurg	Director	director@edgemont.ab.ca
Dora Lam	Director	director2@edgemont.ab.ca
Jane Coates	Director	director4@edgemont.ab.ca

VOLUNTEER EDMONT SUPPORTERS

Elaine Scobie	Special Projects	specialprojects@edgemont.ab.ca
Barb Elms	Safety	safety@edgemont.ab.ca
Jeff Edwards	Volunteer Coordinator	volunteers@edgemont.ab.ca

STAFF

Barbara Meehan	Office Administrators	office@edgemont.ab.ca	403-239-1211
		membership@edgemont.ab.ca	403-239-1211
		rentals@edgemont.ab.ca	403-239-1211

OTHER CONTACTS

Cst. Benzy Bawal	Community Resource Officer	Pol4617@calgarypolice.ca	403-567-6742
	LEAF Team	AskLeaf@edgemont.ab.ca	403-239-1211
	Inside Edgemont Submissions	newsletter@edgemont.ab.ca	403-239-1211
VACANT	Casino Coordinator	edgemont_volunteers@outlook.com	
Lori Trieu-Low	Edgemont Elementary Rep.		403-239-1211
Asha Nenshi Nathoo Emily Gvozdenovic	Tom Baines Jr. High Rep.		403-239-1211
Michelle Choi Sabrina Wong	Sir Winston Churchill High Rep.		403-239-1211
Chelanne Murphy	Mother Mary Greene Rep.		
Keller Strategic	Webmaster	support@kellerstrategic.com	403-239-1211
Rink		rink@edgemont.ab.ca	

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The Mountain View Room: Capacity 70

- Mountain view
 - Wood floor
 - Round or rectangular tables
- The Board Room: Capacity 20**

the many volunteers needed, this event would not happen. So, the board wants to thank Cari Middleton very much for taking this on for the Casino on May 13th and 14th this year. Cari will be retiring from this volunteer position, which she has held for the last 2 casinos, and we will miss her.

COMMUNICATIONS - Brett Plaizier took on the task of keeping Edgemont residents in the loop via social media this year and also helped Barb Elms engage our local businesses in discussions around offering discounts to ECA members. Thanks Brett, and thanks for volunteering to serve another term.

DIRECTOR AT LARGE - I want to thank Barb Ellsworth for always offering a level head and an intelligent and inquiring mind throughout the year, Her HR background was also very helpful in understanding best practices for staff policies.

LEAF - Jo-Ann and her team of Helen Campbell and Joan McFetridge steered the LEAF program to a very successful first year. Joan has now retired from the LEAF committee and we'd all like to thank her for the tremendous volunteer effort she put in. Jo-Ann will continue on the board, and she and Helen are now actively planning the upcoming season. LEAF will have a few challenges in the coming years, so the board is fortunate to have such good leaders steering it.

SAFETY - Barb Elms, as her report shows had another rewarding year taking care of community needs. This is a labour of love for Barb and the time she puts in is inspiring. She has overseen another successful year for the breakfast club, reading club and the community garden at Edgeburn Lane. Barb has also been very involved in creating awareness around the growing Fentanyl crisis and has organized baby sitter training courses for our residents that the ECA will subsidize: another great safety initiative. Thank you, Barb, for all you do.

SPECIAL PROJECTS/UPGRADED COMMUNITY RINK - I'd like to thank Elaine Scobie, Bruce James and the following committee volunteers: Ginger DeBoni and David Middleton for the hard work and dedication they showed in getting the rink completely upgraded. A lot of time went in to applying for grants; filling out the

necessary paperwork and making sure the work was completed in a timely manner. I'd also like to thank the Government of Canada for their generous Canada 150 grant, which made the rebuild possible and Amanda Turvey from the City of Calgary for all her help, and the City of Calgary itself for its generous support. I would be remiss if I also didn't sing the praises of the unsung heroes who go out in sleet and snow to maintain the rink. So, a big "thank you" to Rick Wierzbicki, Sean Ferguson and Dan Buckley.

SIGNAGE - Paul Clark, Jessica Petrucci, another "super supporter" have worked hard on having the sign that was destroyed on Edgemont Blvd rebuilt and are close to seeing that vision realized. I'd like to thank them both for putting in the effort to get this task completed.

VISION2021 - The board is lucky going forward to have Paul Clark spearheading this initiative. On October 15th, last year, Paul and Jane Coates led the board through a workshop, which became known as Vision2021, with 10 major objectives identified and looking to be carried out. Now that one major objective is achieved, the bylaws, and a "code of conduct" and volunteer policy initiated, the incoming board is well placed to build on this vision.

VOLUNTEERS - All boards should have an individual who espouses to the view that "the best work gets accomplished when no cares who gets the credit" and Jeff Edwards represents that person. He quietly goes about enlisting volunteers for any project or event we ask him to, and he also takes an active part in all board-sponsored activities. He acts as a mediate, sounding board and a rational voice when things get too noisy on the board. He has been a wonderful asset for the board and we can't thank him enough, and we do regularly.

Lastly, we want to thank our outgoing board members. Jeff Edwards, Gerry Elms, David Middleton, Barb Elms, Bruce James, and Elaine Scobie. Their contribution has been invaluable to the board. I'd also like to take this moment to send a special thank you to Elaine Scobie, who, for anyone that has a history with the ECA, has been the gold standard for volunteering in our community.

Again, congratulations to the new board and we wish them every success for their upcoming term.

Emergency/ Safety Card

As we know, Edgemont is a wonderful community made up of people of diverse backgrounds, and for many English is not their first language. Sometimes, people slip and fall, injuring themselves, or for those of us getting on in years, sometimes we forget things, like our phone number, and when you find yourself in a position where you are unable to communicate what is wrong, then a minor incident can become a big problem. At the suggestion of a community member, the ECA will have small cards available at the office for people to fill in essential information, such as name, phone number, address etc. You can fill in as much or as little information as you feel you need. Hopefully, these cards will help keep our community members safe and provide necessary information to first responders or members of our community trying to render assistance.

Let's do our best to keep all our community members SAFE!



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- Patio adjacent

The Mountain View Room Capacity 70

- Mountain view
- Round or rectangular tables
- Wood floor

The Board Room Capacity 20

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SCHOOLS AROUND EDGEMONT

Mother Mary Greene School

MMG Loves to Dance!

If there's one thing the students and Mother Mary Greene look forward to each year, it's the opportunity to perform at the District DanceWorks Showcase event.

What began as a Dance Club for students in Grades 3 through 6 just three years ago has nearly doubled in size (and popularity) at the school. This year's DanceWorks performance included 110 enthusiastic students; more than one-third of the school's population. Both boys and girls celebrated their love for dance at DanceWorks Showcase April 5th at St. Francis High School.

Mother Mary Green's dance was inspired by Canada's 150th and has a collection of Canadian artists with a medley that showcased dance skills in jazz, lyrical and modern genres.

Miss Goosen is the teacher who started Dance Club and brought students to DanceWorks for the first time. "Although I choreograph the pieces, it's really the students' feedback and input that are my inspiration to change things around and make the dance what the students want it to be. The students' input and passion are what make the dance better and brings the performance to life," says Goosen.

The passion and opportunity to be part of DanceWorks has had a positive residual impact at MMG with the opportunity to offer Recreational Leadership for CTF student selected programming this year. Students in mixed-age groupings in Grades 4 through 6 can explore the creative side of dance with student-led choreography and a variety of genres of dance performance. It has proven to be as popular as Dance Club is for the students for both boys and girls.

"DanceWorks is just the beginning" says Miss. Goosen. "When DanceWorks was done this year, I had the dancer's younger siblings that came up to me and wanted to know if they could join next year. I also had students coming up to me giving me innovative ideas about what dances they wanted to do next year. When we performed for the school as our dress rehearsal this year, I had a collection of grade 1's and 2's telling me they wanted to join in grade 3!"

Students at Mother Mary Greene had one last opportunity to show-off their Canada 150 performance when they perform at the 'One World' Edgemont Community Association event on Saturday May 6th. MMG loves to Dance!



BRAIN GAMES SUDOKU

			3			1	6	
	7		2	6	1			8
	5							
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5		9				4		6
2		7		9		8	1	
							8	
8			4	1	7		5	
	9	5			3			

FIND SOLUTION ON PAGE 27



PROGRAMS AT EDGEMONT COMMUNITY CENTRE

CHURCH SERVICES

Northwest Community Church

(nwcchurch.ca)
Sundays 10:30am - Noon
Contact: Pastor Jeff Edwards @ 403-616-6480
Email: pastor@nwcchurch.ca

The City of God Ministry

Sundays 2pm-4pm
ESL & Financial Counseling
Contact; Pastor Praise 587-703-8441
Email: faithhouse2011@gmail.com

Calgary True Light Gospel Church

(卡城真光福音教会)
Mandarin service every Sunday at 10:30AM.
Contact: Pastor Chris Xu 587-703-8443

CHILDCARE

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Please call Judy at 403-241-0131 or email edusarc@gmail.com.

Kaleidoscope Kids

Preschool for ages 3-4 years.
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Contact: 403-547-1020
www.kaleidoscopekidspreschool.com

PROGRAMS FOR CHILDREN & YOUTH

Scouts

Contact Ross at 403-208-8778 or Neil James 403-288-2705

Flourish Yoga

Yoga classes for youth and teens
Contact Krista at 403.874.4127
Register: www.flourishyoga.ca

Rhythmic Gymnastics

Wednesdays
h.palmer@shaw.ca for info

Philatelic Society

Youth stamp collecting
Meets 2nd Saturday/month
Contact: ECA at 403-239-1211

The Casey O'Loughlin Academy of Irish Dance

Saturday mornings, 9:15 -10:00am for ages 4 and up.
For more information or to register, 403-520-0059
Email: caseyoloughlin@academy.com

Art drawing class

Thursday, Saturday, Sunday classes for ages 5 and up. Includes cartoon, sketch, watercolor painting.
www.calgary.icoc.cc or call 587-889-8685

First Serve Tennis

Jeff 403-441-6870
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Music with Joyce: Cantonese music class - adapted from "The Music Class (TMC)" program.

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Each session is animal themed and runs for 10 weeks. Class is 45 min long. www.MusicWithJoyce.com.
Fridays, 6:30 - 8:30 pm

Edgemont Soccer

www.edgemontsoccer.ca

Northside Soccer

www.northsidesoccer.ca

Mavericks Football

www.mavericksfootball.ca

Calgary Minor Basketball Association

www.cmba.ab.ca

Skating Rink

Skating rink at John Laurie Park adjacent to 7081 Edgemont Drive NW: Summer use includes basketball, street hockey, roller blading, skateboarding and bike riding.

Play2Learn

Play2Learn Education is a new education provider who aims to bring STEM educational program with high tech facilities and new entertainment methodology to boys and girls in local communities.
Play2Learn Education 8-Week FunNight LEGO Challenge Program in Edgemont is one of the most popular programs we are running right now. With LEGO® Kits, students (age from 6 to 11) grasp a better understanding of the fundamentals

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When: Wednesday Evening 6 -8 PM
Where: Edgemont Community Association

Who: director@play2learn.ca @Play2LearnEdu in Facebook/ Twitter/Instagram on Twitter

PROGRAMS FOR ALL AGES

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Ballet, tap, jazz, hip hop. Adult and youth
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Contact: Wanita@lifesongyoga.ca

Karate

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info@bunbukan.ca.
www.bunbukan.ca

Bollywood Dancing

Monday 7:30-8:30pm
Mind, body and soul exercise program.
Adults and children.
Contact: 403-246-5739
Email: contact@sparqproductions.com

Lynda Burgess Yoga

Prenatal Yoga - Wednesdays

6:05pm-7:20pm
Ease discomforts, stretch your body and build strength while preparing your body and mind for your upcoming birth.

Mom and Baby Yoga -

9am-11:30am
Thursdays 10:30-11:30am
Gently restore and strengthen your body and relieve discomforts while spending quality time with your baby.

For more information and registration please visit
www.lyndaburgessyoga.com

PROGRAMS FOR ADULTS:

Learn Spanish

Take the challenge of learning Spanish.
For details, pricing and class schedules: www.spanishmania.ca or 403-475-6162

Toastmasters

Every Saturday from 9:30 to 11:30
Contact: Shaila Khan
speakersedgetoastmaster@gmail.com

Alcoholics Anonymous

Meet every Friday 7pm-9pm
Contact: ECA 403-239-1211

Zhan Fitness

(in Mandarin)
Tues. 7:15 - 8:30pm
email zhanwendy@shaw.ca

NW Chinese Senior Support Group of CCECA

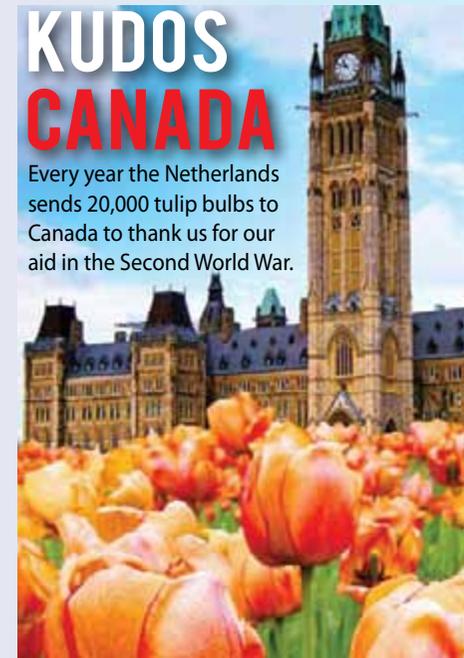
卡城華人耆英會西北關懷小組
Drop-in for those who are 50+ and speak Chinese (Cantonese/ Mandarin).
Singing, dancing, exercise, news reporting, sharing games and pot luck.
Contact: 403-269-6122

Silk Road Chinese Folk Dance Class

NEW CLASS Thurs 6-8 pm
silkkroadance88@gmail.com
403-510-9059

Al-Anon Family Group

Meets every Thursday 10am - 11am.
Contact: ECA 403 239-1211.





Summer Program Brochure 2017

Mr. D's Summer Drama Camp • Technology Byte • Mad Science • Sportball • "STARS" Basketball • Rhythmic Tank Music • Rhythmic West Gymnastics • Kids Yoga Camp

Registration for Mr. D's camps begins **May 8th 9am walk-ins**. Registrant can register a maximum of 3 children. Call ECA office to register after May 9th. Phone in's will be contacted. **If space is still available.**

July 3rd-7th

Mr. D's Teen Drama Camp

Gr 6 - 12 Cost: \$235 9am - 3pm

My 21st yr. of Summer Drama Camps and we are performing "Shrek", so come on down and have some fun. We will play "X-treme- Survivor", with new games, challenges prizes for all. Camp t/shirts, pizza/texas donut talent show, summer comic book. Mr. D's awesome cooking show Friday is blockbuster day so parents can come and see the show. Your favourite camp counselors are back. Bring lunch every day except Thursday. Register early as camp fills up fast.

Rhythmic Tank Music Camp

9am - 4pm Cost \$250/week Half day \$125

Help spark your child's passion for music. Create and perform a live action silent movie. Create your own musical instrument to play at home. Will work together to create a family showcase that will celebrate your week at camp. For more details or to register go to www.rhythmtankstudio.ca or call Jess 587 434-3564.



Stars Basketball

9am - 4pm. Ages K-Gr3 9-Noon.

Gr 4-6 1-4pm

Each camp will teach the fundamentals of various skills needed to be successful

including; shooting, passing, ball handling, 1 on 1 skills, moving without the ball, as well as defensive concepts. Camp ends with daily with games. Stars b/b is a fun filled environment, with great coach to student ratio. To register www.starsathletics.ca/summer.html

July 10th - 14th

Mr. D's Junior Drama Camp

Gr 6 - 12 Cost: \$235 9am - 3pm

In a galaxy far, far away, yes Star Wars is back this year and we are going "Rogue". Favourite camp counselors are back. So much fun with games, prop building, magic. Awesome week of survivor, light sabre battles, bounty hunter breakfast, comics and much more. Pizza/Death Star donut movie day, t/shirts. Visit for TK-197 and his close friend Boba Fett. Bring a lunch every day except Thursday. Register early as this camp fills up fast.

Byte Technology Camp

9am-. 4pm Ages 11-14yrs

3D Animation

Dreaming of a career with Pixar? Come and have fun learning how 3D animated

movies are made, learn and have fun modelling, animating, tell your own stories, make your own short animated movie. For more details or to register go to www.bytecamp.ca

Mad Science Radical Robots

Ages 7- 12yrs 9am - 4pm. \$350 +GST

Robot Camps are back this year, so much fun; build either Kingli Dragon Bot or Hydraulic Arm bot or both. Have hours of fun at camp and get to take home so plenty of battle fun with friends. Campers will also learn programming, coding and so much more.

More details or to register 403 263-4140 or <https://register.madscience.org>



July 17th - 21st

Mad Scientists Inventors Camp

9am - 4 pm. Ages 6 - 11yrs \$350 + GST

Go on an incredible scientific journey through the ages, Leonardo da Vinci to Outer space, medieval times to science fiction. This camp covers lots of ground but you have fun at the same time. You

have challenges; construct things like catapults, forts and even a working Light Saber. Too many things to list. Interested contact Details or to register 403- 263-4140 <https://register.madscience.org>

Byte Technology Camp

9am - 4pm Ages 9-12yrs.

Introduction to Coding

Discover how much fun it is to build your own game. You will be introduced to basic coding skills, learn how to create your own 2D vector artwork making characters and levels that are entirely their own. Lastly you make a game that you take home on USB that you can share with friends online.

For more details or to register go to www.bytecamp.ca

July 24th - 28th

Mad Science Jr Brixology Camp

9am - 12pm. Grades K-2 \$175+ GST

Details and to register 403 263-4140 or Learn to construct engineer themed projects using Lego bricks, you will learn about aerospace whilst building a space station, find out about nautical and mechanical engineering as you build boats, vehicles and so much more.

More details or to register 403 263-4140 or <https://register.madscience.org>

Mad Science Junior Explorers Camp

1pm - 4pm. Grades K-2 \$175 +GST

Learn what it is like to be an astronaut, learn about dinosaurs, robots, mini mad lab day or watt up day. Too many things to list. Interested and want to find out or to register 403- 263-4140 <https://register.madscience.org>

Fearlessly Confident Camp

12.30pm -3.30pm Ages 8-11yr

Want your child to be more confident and fearless speaking in front of a group of people, learn how to speak out, say what you mean, no more stage fright and making friend through use

of games and hands on activities, then this is the camp for you.

To find out more info or to register go to: www.leadership-matters.biz/events



Sportball Camp

9am - Noon

Action packed camps introduces children to variety of ball and activities, arts, crafts, snack time and more.

Coaches focus on basic skills like bal-

ance, co-ordination, stamina and timing in a fun, supportive non- competitive setting that emphasizes teamwork. For more details or to register go to www.sportball.ca.

July 31st - Aug 4th

Stars Basketball

9am - 4pm. Ages K-Gr3 9-Noon

Gr4-6 1-4pm

Each camp will teach the fundamentals of various skills needed to be successful including; shooting, passing, ball handling, 1 on 1 skills, moving without the ball, as well as defensive concepts. Camp ends with daily with games. Stars b/b is a fun filled environment, with great coach to student ratio.

To register www.starsathletics.ca/summer.html

Yoga Camp

9am - Noon

Have your child experience the joy of yoga. We build confidence, concentration and community through poses, games, art projects, learn to relaxation techniques and simple breathing.

To register or find out more info, please contact. Marnie 403 988-4400 or e-mail shantigardenyoga@gmail.com

August 8th -11th

Byte Technology Camp

9am - 4pm Age 11 - 14

2D Video Game Design

Learn how to build an HTML5 game from ground up by using our tools and equipment. This is a coding camp so be prepared to challenge yourself and learn new skills. You will create advanced 2D vector artwork and animated character sprites to make your game look great. You get to take your game home on USB to share with friends online.

More details or to register go to www.bytecamp.ca

August 14th -18th

Mad Science Inventors Camp

9am - 4pm Ages 7-12yrs \$350 + GST

Go on an incredible scientific journey through the ages, Leonardo da Vinci to Outer space, medieval times to science fiction. This camp covers lots of ground but you have fun at the same time. You meet challenges; build things from catapults, forts and even a working Light Saber.

Details or to register 403- 263-4140 <https://register.madscience.org>



August 21st-25th

Rhythmic Gymnastics Camp 9am - 4pm

Ages 5-7yrs Half Day Camp \$120

Ages 8- Full Day Camp \$235

Come and have fun activities include rhythmic gymnastics, acro-skills, dance, and yoga. You will create your own rhythmic ribbon to practise at home.

Please bring your own lunch and snack.

~cont'd next page~

Summer Program Brochure

For more details, or to register contact h.palmer@shaw.ca. Or visit the website www.RGCalgary.ca

Stars Basketball Camp

9am – 4pm. Ages K-Gr3 9-Noon
Gr4-6 1-4pm

Each camp will teach the fundamentals of various skills needed to be successful including; shooting, passing, ball handling, 1 on 1 skills, moving without the ball, as well as defensive concepts. Camp ends with daily with games. Stars b/b is a fun filled environment, with great coach to student ratio. To register www.starsathletics.ca/summer.html

Sportball Camp

9am - noon

Action packed camp introduce children to variety of ball and activities, arts, crafts, snack time and more. Coaches focus on basic skills like balance, co-ordination, stamina and timing in

a fun, supportive non- competitive setting that emphasizes teamwork. For more details or to register go to www.sportball.ca

August 28th – Sept 1st

Rhythmic Gymnastics Camp

9am – 4pm. Ages 5-7yrs Half Day
Camp \$120

Ages 8- Full Day Camp \$235

Come and have fun activities include rhythmic gymnastics, acro-skills, dance, and yoga. You will create your own rhythmic ribbon to practise at home. Please bring your own lunch and snack. For more details, or to register contact h.palmer@shaw.ca. Or visit the website www.RGCalgary.ca

Park n Play/ Stay n Play

Free City run program

July 24th – 28th at ECA

For more info contact 311



Skate park dates

Outdoor Sportball Program

Beginning

May Sportball is running an Outdoor Program. Introduces fundamental concepts of gameplay teaches basic skills required to Bend it like Beckham in a non-competitive, supportive environment. Classes run outdoors and parents are required to remain on the sidelines for the children's safety. Registration fees include a Sportball soccer ball and jersey.

For more details and to register contact www.sportball.ca

Saturday, June 17!

Do you miss the days when neighbours connected and got to know each other?

Held annually on the third Saturday of June, Neighbour Day is an opportunity for neighbours to come together in the form of a front yard barbecue, garden party, picnic, community clean-up, or afternoon tea in a local park to celebrate our strong community spirit in Calgary.

The idea is to meet your neighbours, make new friends, and have fun.

Create a gathering of your own, or find out if some of your neighbours or your community association is hosting a gathering, and make **Saturday, June 17** the day you get to know your neighbours!

Visit Calgary.ca/NeighbourDay for more information.

YOUR CITY OF CALGARY

Neighbour Day is fast approaching



Editors' Note

The editorial board of Inside Edgemont consists of:

Brett Plaizier

ECA Board of Directors, Communications

Edgemont Board of Directors

Unless otherwise indicated, all editorials are produced by the ECA Editorial Board.

The compilation of material submitted to Great News Publishing is the responsibility of the Newsletter Committee newsletter@edgemont.ab.ca. and must be provided one month in advance. **Material for the July issue must be submitted by May 23rd; August issue by June 23rd.**

Visit our website for current news on ECA activities.

Our website and social media accounts are evolving under the direction of Brett Plaizier, communications@edgemont.ab.ca.

Website: www.edgemont.ab.ca

Facebook: Edgemont Community Association

Twitter: @EdgemontCA

Instagram: edgemontcommunity

Make your voice heard. Share your views. We are listening.

Letters to the Editor are welcomed:

1. Keep your letter to 200 words maximum.
2. Include your name and contact information.
3. You may be edited for space and to ensure a balanced and respectful tone.
4. Publication is not guaranteed.

Inside Edgemont appears online on www.edgemont.ab.ca about a week before it appears in your mail box.

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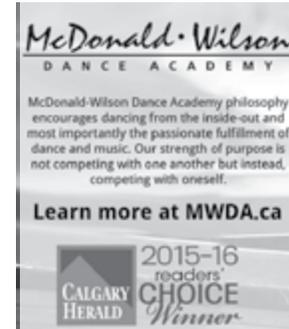
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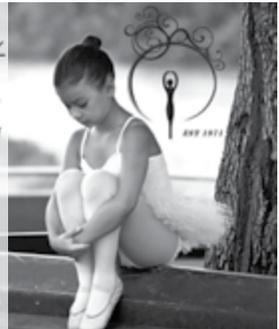
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DECA Internationals

by Musa Shah, Edgemont Youth Press

Over the past week, students from Sir Winston Churchill High School represented Alberta at the DECA International Conference in Anaheim, California. DECA (Delta Epsilon Chi and Distributive Education Clubs of America) is an international association of high school and college students, wherein students assume the roles of businessmen and women to solve problems presented to them in fictional business cases.

These cases often mirror real-life events and situations, thereby preparing leaders and entrepreneurs for careers and education in marketing, finance, management, and other business areas. The DECA chapter at Sir Winston Churchill High School was one of the hottest clubs in the school and competition for spots on the traveling team were limited. As a result, students put in their best, day-in and day-out to be selected for this illustrious opportunity.

Out of the sixty students competing for spots, only sixteen were selected to compete against 20,000 students from all around the world. Dispute it being their first DECA International Conference, the team managed to do everyone proud, finishing within the "top 50" teams overall. In terms of individual awards, Pranav Khosla, a founder and coordinator of the club won a medal for placing in the "top 10" of all student roleplays, and Richard Jiang won a medal for placing in the "top 20" of all students for his written test. I caught up with Pranav to get his thoughts on how the team performed.

"I am extremely proud of what this team has accomplished, given the amount of time they had to prepare as well as the students' lack of experience (at this particular event)," he said.

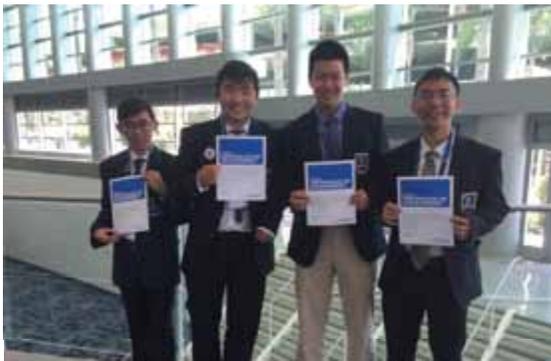
All in all, the success of this year's team set a good precedent for students who want to take part in DECA all over Alberta. Already, DECA chapters are opening in schools across Calgary and after hearing of the team's success at Internationals, more are expected to open as time progresses.



From Left to right: Mark Hoang, Alexander Lui, Richard Jiang



Medal Winners: Richard Jiang, Pranav Khosla



bulletin BOARD

VOLUNTEERS REQUIRED FOR

Youth Press

Teen reporters prepare articles for Inside Edgemont.

Special Events

Join a committee to plan community events that will bring the residents of Edgemont together.

Friday Foodbank deliveries

Adult volunteers needed to occasionally deliver groceries.

Wednesday Breakfast Club donations

starting in September, drop off items to help feed breakfast to some hungry kids in Edgemont at the ECA office

ECA BOARD MEETINGS

June 19th, 2017

Open to all Edgemont Residents. Please call the office to confirm the start time 403.239.1211

SPORTS/RECREATION COMMITTEE

Adult volunteers to assist our ECA Sports Director in promoting our recreational programs, connecting to the community sports groups & the City, coordinating sharing of assets like fields & storage. Jeff Edwards
volunteers@edgemont.ab.ca 403-616-6480

REGISTER FOR A PROGRAM

at Edgemont Community Centre! Most programs run from September to June. There are a variety of programs to choose from.
www.edgemont.ab.ca Under program tab.

Babysitting Course

DATE: June 10, 2017

LOCATION: 33 Edgevalley Circle NW

TIME: 9:00am-4:00pm

COST: \$20 incl. GST

BRING: Lunch, drink, doll or teddy bear and pencil to class.

Go to www.edgemont.ab.ca to register for the course.

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Dr. Michael Pannell
Dr. Sandra Pannell
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403-239-6411

New Patients Welcome



A Message From Your Volunteer Coordinator

Jeff Edwards • 403-616-6480
volunteers@edgemont.ab.ca

Hi Edgemont,

The pictures this time are from the **Community Clean-up, Serve Day, and Charity Garage Sale** on April 22nd which was Earth Day. We had 82 volunteers make this event happen. A new record! Thank you everyone who helped direct traffic, load garbage trucks, sort at the charity garage sale, pick up garbage in the neighbourhood (lots of you!), and serve at the various tables. All the charities represented raised over \$1100 for the China orphanage, the Veteran's Food Bank, and Cystic Fibrosis! Special thanks again to the CSEG volunteers (see their article in this issue), Teagan Woofers Family for the CF lemonade stand, Jane Coates and Dora Lam's volunteers for the Veteran's Food Bank and ECA tables, Greg Miller's volunteers, and my Northwest Community Church volunteers. And many, many more. ☺

Now here is my **Annual General Meeting Report** of April 26th. It's a good recap of 2016-17...

"This was my fifth year (and a half) on the board of the ECA. It was an honour again to represent so many amazing volunteers in our neighbourhood. Here are a few of the things volunteers were involved with this last year in Edgemont:

- ECA Recycling and Clean-up, Charity Garage Sale, and Serve Your Community Day
- Wednesday Mornings – Breakfast Club for children before school
- Wednesday Lunches – during the summer, volunteers arrange lunch for breakfast club kids
- Wednesday Afternoons – Reading Club and Tutoring for children
- John Laurie Park Rink Revitalization – many volunteers make our rink renovation happen
- Food Festival and Charity Sale in October – with SWCHS's Go Help Go club!

- Youth Press – a number of teens continue to do articles for the Inside Edge
- LEAF (Landscape Enhancement and Appreciation Fund) – lots of volunteers keep LEAF running
- Christmas hampers, sorting, wrapping and delivery – many local families helped again!
- Snow Angels – volunteers again shoveled walks for several neighbours this winter
- Ice Rink – several volunteers kept the rink flooded and clear this winter
- Edgemont Soccer volunteers of all kinds including amazing hardworking coaches and manager
- Volunteering happens all the time for sports, arts, boys'/girls' clubs, and cultural activities
- 1World multi-cultural celebration – a huge group of volunteers of all kinds
- St. Patrick's Day event – volunteers organized a great community event!
- The Edgemont Networking Group – reps from many schools, agencies, churches address needs
- The ECA Board of Directors is all volunteer with many significant administrative roles
- Friday Mornings – Calgary Food Bank hamper deliveries are made by Edgemont volunteers
- Casino – Thanks to our Casino Coordinator and our big group of casino volunteers
- Volunteer Appreciation BBQ – with special guest, Batman!
- Little Free Libraries – new to our neighbourhood
- Jane's Walk – many volunteers helped host over 300 people

Isn't that amazing? Thank you, Edgemont volunteers! Keep loving your neighbours.

I have completed the maximum term for the board now and I thank everyone who I've co-laboured with for an amazing six years. We have developed great friendships and done good work. Thanks friends!"

Thanks to everyone who helped make a successful AGM! Congratulations to the newly elected Board of Directors for 2017-18! Paul D. Clark, Jane Coates, Dora Lam, Al Leach, Mark McClurg, Brett Plaizier, Jo-Ann Wither, and John Wither. And thanks to those who served on the 2016-17 Board: Paul D. Clark, Jane Coates, Phil Durrant, Jeff Edwards, Barb Ellsworth, Barb Elms,

Edgemont Community Earth Day Clean-Up!



The Canadian Society of Exploration Geophysicists is thrilled to have partnered with the Edgemont community on Earth Day, April 22nd, in park and community clean-up.

Over 30 bags of garbage were picked up in Edgemont Park and over 40 attendees participated from Sir Winston Churchill High School, Tom Baines Jr. High, the Society of Petroleum Engineers, the Canadian Well Logging Society, and the Society of Exploration Geophysicists.

Mr. Panda, Calgary Foothills MLA, also participated at the recycling station.

Thank you, Edgemont Community Association, for sharing your space with us! We hope to see you next year!

Want to organize your own community clean up? Contact alex@energyminute.ca.



Thank you to our volunteers and sponsors. These sponsors provided donations to the volunteers' day of Community Natural Foods, Fiasco Gelato, David's Tea, Harvest Hills Co-Op, Superstore, Vine Arts, and Urban Bean

Gerry Elms, Bruce James, Bev Johnson, Dora Lam, Al Leach, David Middleton, Brett Plaizier, Elaine Scobie, and Jo-Ann Wither. You are amazing volunteers and your neighbourhood thanks you.

Thanks to everyone who volunteered at the **1World multi-cultural celebration** on May 6th! Wow, what a day! A full report will come next month.

And thanks to everyone who took shifts at the **Casino Fundraiser May 13-14th**. Again, report to follow. You are all brilliant, especially **Cari Middleton** who coordinated

this again with style and is looking for her successor. (Please contact me if you are interested.)

Now, looking ahead... how about **Ice rink volunteers** for next fall and winter? Too soon? Nah. Let me know if you would like to help at our brand-new rink. We're collecting names already. ☺

And as always, contact me to get on our volunteer email list.

As usual, I will say keep loving your neighbour

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SAFE & SOUND

EMS: Window and Balcony Safety

With the return of warmer weather, Emergency Medical Services (EMS) would like to remind parents and caregivers of an often-overlooked hazard in the home – access to open windows. Every year, paramedics respond to emergencies where a child has fallen from an open window, often from the second floor. These can be avoided by following simple safety measures. Take the time to assess potential hazards in your home before a preventable fall occurs.

Windows and screens

- Prevent access to windows by moving furniture such as cribs, beds, stools, and change tables out from under them;
- Keep drapery cords out of childrens' reach. Wrap excess cord around cleats, or tie-downs to avoid a choking hazard;
- Remember: screens are not safety devices. They are designed to keep bugs out, not to keep children in.

Balconies

- Do not underestimate a child's ability to climb. Furniture and other items stored on balconies and decks can be used to climb resulting in falls over the railing;
- Ensure that your balcony railings are not more than 10 cm (4 inch) apart. This will eliminate access between the vertical bars of a balcony, or deck.

Further prevention tips

- Toddlers & preschoolers are at highest risk of falling from a window or balcony, but it may happen at any age;
- Direct supervision of children is the single most effective way to prevent falls from windows and balconies;
- Install safety devices which limit the distance in which a window be can open to a maximum of 10cm (4 inches);
- Ensure the safety device can be released quickly so the window can be used for escape in case of emergency.

*EMS is proud to be a member of the **Partners Promoting Window and Balcony Safety**. Take time to assess your home for window and balcony hazards and eliminate the risks before a preventable fall occurs. www.windowssafety.ca.*

LEAF PROGRAM REPORT



The last month has been very busy with meetings regarding the many changes expected to the LEAF program in 2018/19.

The City completed their review of all the LEAF community programs and all the legal commitments delegated to the LEAF communities and the City's participation.

All departments involved contributed to the review and there have been changes implemented in all the LEAF programs.

The City has decided to limit their participation in the program and is turning all the maintenance and enhancement responsibilities over to each LEAF community. Each community will be responsible for hiring their own contractors to carry on the maintenance and enhancement program.

The city will continue to provide their seasonal contribution towards the maintenance of the green spaces. This will be added to the tax levy collected.

The City has also reviewed their legal commitments and will no longer contribute the tax levy on any city owned properties or businesses as they are not classed as residential owned homes. This will affect all LEAF communities. Our tax levy total will go from \$457,128.00 down to \$446,796.00

We are having many budget meetings to carefully monitor all expenditures and stay within our new budget for 2017. We will not be doing as many enhancements this year but will continue the needed maintenance of all the green spaces. We will also have a reduced crew implementing our enhancements to help us stay within our budget.

The over expenditure in 2016 was preparing for an early start in the spring of 2017. We had a larger crew and were able to prepare many areas for early spring pot placements, dug garden beds, and prepared rock nooks for planting and bought supplies need for the early start up.

This will keep us on track with all the other LEAF community start ups. This amount is deducted from our 2017 budget.

Our new pots arrived this week and will be uncrated soon. The Parks crew will be out with their crane placing them around our community within the next week or two. They will then be filled with soil and left to settle before adding more soil and the plantings.

The interactive LEAF google map that I have been working on most of the winter has run into a technical problem and the web master is working to correct it. I have instructed him to put all the written information up on the web site but the google map and updated pictures will follow as soon as the problem is corrected and the balance of my information can be plotted on the map.

I will continue to post updates on the web site, and in the newsletter.

During the early fall our Horticulturalist reported that two of the Japanese willow trees that were planted in the pots along Edgepark Blvd were removed. These trees were to be over wintered in the nursery for placement in garden beds this spring.

We were also informed that 10 decorative twig balls that were placed in our Xmas displays were ripped out. The solar lights were wound around inside them and they were broken to remove the decorations.

We also had a pot at the corner of Edgebrook Rise and Edgebrook Drive destroyed by a hit and run accident during the night of Feb 18/17. The vehicle would have had front end damage as the pot was concrete and full of dirt.

Anyone who has any information on any of these incidents please contact askleaf@edgemont.ab.ca

These are community assets and we would appreciate any information regarding any incidents that may occur involving LEAF property/assets.

Please contact the askleaf@edgemont.ab.ca to report your concerns.

By the time you read this report, the City LEAF crew will have been very busy maintaining our green spaces and enhancing our planter pots and gardens.

As you walk or drive throughout Edgemont take the time to observe everyone's beautiful gardens. This year you may notice a special theme taking place. Canada 150. Reds and whites might be the predominant colour.

Let's all be proud of our community and our country.

The LEAF team

Have you ever wondered how the Alliance for Active Aging otherwise known as Triple A came about? Triple A was the brainchild of Gord Smith around 10 years ago when he was General Manager of the Varsity Community Association (CA). He like many, had tried to offer various programs for seniors but found enrollment was often too small to make the program viable. This is when he came up with the idea to collaborate with the neighbouring associations of Montgomery, Edgemont, Dalhousie, Silver Springs and Scenic Acres to offer complementary programs which anyone from either of the communities could attend, without the need to purchase an additional CA Membership. Gord presented his model to the City of Calgary and it has since been presented to other community associations in Calgary as a successful and unique way for CA's to collaborate together.

Gord sadly passed away earlier this year. Over his life Gord made an immense contribution to many sports and community based organizations. His memory will live on in many ways, including through Triple A. Thanks to his foresight to bring our 6 community associations together to serve the active senior's in our communities, between us we now offer a growing number of activities and social groups to meet the needs of our older adults. If you have an idea for an activity or club please reach out to your nearest community association. Many of the offerings listed below were ideas generated by residents just like you!

Below is the comprehensive list of Triple A Activities by Centre

VCA - Varsity CA 403.288.9001 vcapros@telus.net

- **Senior Fitness Mondays:** 9:15 to 10:15am
- **Seniors Card Club Mondays:** (Canasta and Bridge): 12:30 – 3:30pm
- **HATHA Yoga Mondays:** 8:15 – 9:15pm
- **Seniors Yoga Tuesdays:** 11:00 – 12:30am
- **North Ladies Duplicate Bridge Tuesdays:** Noon – 3:00 pm
- **Varsity Artist Colony Thursdays:** 12:30 – 3:00pm
- **Senior Fitness Wednesdays:** 9:15 – 10:15am
- **Ladies Bridge Wednesdays:** 12:30 – 3:00pm
- **Walking Group Thursdays:** 9:15 to 10:00 am
- **Tai Chi Thursdays** 11am to Noon

DCA - Dalhousie CA

403.286.2555 admin@dalhousiecalgary.ca

- **Zumba Gold Tuesdays:** 9:15am
- **Cribbage Wednesdays:** 1:30 to 3:30pm
- **Zumba Gold Thursdays:** at 9:15am

ECA - Edgemont CA

403.241.9493 office @edgemont.ab.ca

- **50+ Chinese seniors gathering Mondays:** 10am – Noon, Cantonese & Mandarin spoken, come and meet some new friends and sing, dance, share games, pot luck lunches. For more information contact 403 269-6122

MCA - Montgomery CA

403.247.3116 mcac@telus.net

- **Senior's Social:** Last Monday of the month 12:30 to 3:00pm. Join us for a pot luck lunch and then a presentation and/or cards and games.

SACA - Scenic Acres CA

403.547.9589 scenicacresca@shaw.ca

- **Ladies Social Coffee Craft Club at SACA:** June 5, 9am to Noon, June 12 9am to 3pm bring a lunch, June 19 10am to 2pm Pot Luck Luncheon.
- **Zumba Gold at SACA:** 10:30 to 11:30am Drop-ins welcome
- **Senior's Yoga at SSCA:** 12:15 – 1:15 (Registration Required)
- **Single Ladies Get Together Tuesdays:** June 13 10:30am to Noon
- **Beginner Dancing Tuesdays:** 10:30 to 11:30am Drop-ins welcome
- **Intermediate Dancing Tuesdays:** 11:35am to 12:35pm Drop-ins welcome
- **Book Club Tuesday:** June 6 1 to 3pm
- **Quilting Group Tuesday:** June 20 9am to 3pm
- **Walking Club at Wednesdays:** departing from SACA at 9:15am sharp. FREE!
- **Fun & Games at Wednesdays:** 12:45 to 3:45pm - \$2 Drop in Fee
- **Yoga Basics Thursdays:** 9:15 to 10:45am Drop-ins welcome
- **Qigong Thursdays:** 9:30 to 10:30am Drop-ins welcome
- **Laugh & Learn at SACA:** June 1 1:00 to 2:00pm – FREE!
- **Selling your home without a realtor**
- **Qigong Thursdays:** 7:00 to 8:00pm Drop-ins welcome
- **Artist Gathering Thursday:** June 8 1:00 to 3:00pm \$2 Drop in Fee
- **Zumba Gold Fridays:** 9:15 to 10:15am Drop-ins welcome

SSCA – Silver Springs CA

403.288.2616 sasca@shaw.ca

- **Zumba Toning Gold Mondays:** 11am to Noon
- **Fun & Games at Mondays:** 1:30 to 3:30pm
- **Qigong Tuesdays:** 12:15 to 1:15pm (Registration Required)
- **Pickleball Tuesdays:** 1:30 to 3:30pm \$5 Drop in fee
- **Mah Jong Thursdays:** 12:45 – 3:30pm
- **Intermediate Line Dancing Thursdays:** 1:00 to 2:00pm (Registration Required)
- **Beginners Line Dancing Thursdays:** 2:00 to 3:00pm (Registration Required)
- **Pickleball Thursdays:** 7:00 to 9:00pm \$5 Drop in fee
- **Seniors Yoga Fridays:** 11am – Noon (Registration Required)
- **Pickleball Fridays:** 1:30 to 3:30pm \$5 Drop in fee



Local Roamers

Dates: Wed July 5th, 12th and 19th
 Time: 1 p.m. - 4 p.m.
 Community: Edgemont
 Address: 33 Edgevalley Circle N.W.
 (Edgemont Community Association)

Youth 12-17 are invited to explore their community as well as surrounding neighborhoods in our new FREE Local Roamers program. We will navigate through neighborhoods by Calgary transit, bike, bus and foot to local parks and attractions. Youth will learn about hidden treasures close to home and spend each afternoon working together, exploring and learning new skills.

Program registration is required.

For more information visit calgary.ca/communitysummerprograms.

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Helping Your Children with Social and Emotional Skills for Kindergarten

Age 5 is a 'big' age as these kids are getting ready for school! Now we have to focus on getting ready for Kindergarten and learning new skills.

- Empathy is the ability to see the world from someone else's point of view and to understand another person's feelings. Such a hard task but an essential task.
- Children will follow your examples. Show an interest in other cultures by reading stories or attending multicultural events.
- Have a kindness board at home. Write down what kind things they have done during the month. Use a different color for each person.
- Allow your child to express their feelings in a safe manner and work with them to understand the feelings of others around them. It starts with a simple conversation starter such as "How do you think Johnny is feeling right now?"
- Help your child develop healthy friendships. Friendships help children learn how to behave in groups and work well with others. Acknowledge your child when they are kind, wait patiently for their turn, help a friend problem solve or when they use their imagination to contribute to the fun!
- Teach your child to apologize and to mean it. An apology is more than just a "I'm sorry". Apologies are said sincerely; acknowledge your child when they are sincere.
- Talk about what people have in common rather than what is different. Notice the positives of each person!!

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge. We are always looking for interested parties to join our coalitions.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: nwecdcoalitions@gmail.com.



You can register online through www.girlguides.ca - open registration starts Friday June 2.

HOWEVER. Please consider becoming a leader. Many of the units start to fill up even before open registration starts.

For young women starting out on their careers, volunteering looks great on a resume, and the girls love having younger leaders to look up to.

Moms, Aunts, Grandmas – you have the experience in so many different areas to bring to the units, you make a really good fit with the Girl Guide program.

PLEASE email guiderkarlayyc@gmail.com for more information.

Here is some of what we were up to in April, and some upcoming events in May/June.

We have been asked to keep it to less than 300 words so here goes:

Thank you for supporting our Girl Guide fundraising through our spring cookie campaign. Especially for the younger girls who might be quite new at selling cookies, it is nice when people say 'yes' so thank you for your support. See you again in the fall with chocolatey mint cookies.

In April, our units went to a district camp in Cochrane at Camp Jubilee. The theme was Mixed Up Fairy Tales. Highlights included: planting bean seeds (Pony and the Bean Stalk), a Frozen 'chill' station and a true campfire outside with songs and a warm fire.

In May, we will be celebrating girls advancing to the next branch i.e. Sparks to Brownies, at our advancement ceremony. Since the first ceremony falls on May 4th, the theme is "Star Wars" – may the fourth (force) be with you.

The older units will be camping in May and June, enjoying the nice late spring weather. Most younger units (Sparks/Brownies) will have wrapped up due to spring sports.

Looking forward to the next Guiding year starting in September!

Celebrating 150 Years of Canadian Wildlife!

Quebec



Who Am I?

Spring, summer, fall...my busiest seasons of all!
I wake from my winter's sleep,
Look out from my cave and peep,
I forage around for food on the ground,
On hills and mountains steep.

Big, furry and black... I constantly look for a snack.
I stumble across some honey,
That's sticky and sweet and runny;
Ignoring the bees, I eat what I please
'Cause honey's unbearably yummy!



Black Bear Porcupine Grizzly Bear

Turn page upside-down for answer!

© Rosemary Gell, 2017

BRAIN GAMES SUDOKU

9	2	8	3	4	5	1	6	7
4	7	3	2	6	1	5	9	8
1	5	6	7	8	9	2	3	4
3	1	4	6	7	8	9	2	5
5	8	9	1	3	2	4	7	6
2	6	7	5	9	4	8	1	3
7	4	1	9	5	6	3	8	2
8	3	2	4	1	7	6	5	9
6	9	5	8	2	3	7	4	1



Women's English & Social Group – Meet Your Neighbours & Practice English!

The New Friends and Neighbourhood Group program is a safe and fun environment for immigrant women to improve their English and meet new women in the community.

Registration is FREE and there are no minimal English requirements. Groups meet once a week for 2 hours to practice English, make new friends and have fun! Free childcare is also provided (6 months – 6 years). JOIN ANYTIME!

Edgemont Group 224 Edgeburn Lane NW
Wednesdays 10:00am-12:00pm
throughout the city, please contact:
Debra Colley, Program Coordinator
Calgary Immigrant Women's Association
Email: debrac@ciwa-online.com
Phone: 403-444-1752
Website: www.ciwa-online.com



Calgary was named for a town on Scotland's Isle of Mull. It can be translated from Old Norse as "cold garden" or Gaelic as "clear running water" or "bay barn."



Park n' Play & Stay n' Play

These free safe, supervised programs help children make new friends and learn games and activities that they can use on their path to healthy and active lifestyles.

Programs run weekdays and are weather dependent.

In partnership with Edgemont Community Association
Dates: July 24th - July 28th
Community: Edgemont
Address: 33 Edgevalley Circle N.W.

Stay n' Play FREE

Ages 3Y – 5Y
10 a.m. – noon
Participants must be accompanied by an adult/guardian

Park n' Play FREE

Ages 6Y – 12Y
10 a.m. – 3:30 p.m.

For more information visit calgary.ca/communitysummerprograms.



CALGARY MOUNTAINVIEW LIONS CLUB

Meets at the Triwood Community Hall
on the second and fourth Tuesday of each month.
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For more info please call: John Wilson 403-932-6043

YOUR CITY SECTION

Check out these important updates from The City of Calgary

- Calgary Recreation is celebrating Seniors Week (June 6-12). As a token of our appreciation, we are offering free fitness classes for seniors. For drop in times and locations visit Calgary.ca/Recreation
- The Youth Passport is coming this summer! Unlimited swimming, skating, and gym activities for only \$50. Calgary.ca/YouthPassport
- It's skateboard season! For information on lessons, day camps, skate jams, locations of our mobile skateparks or the locations of our new permanent skateparks, visit Calgary.ca/Skateparks
- Register your child for a summer nature adventure! Our half- and full-day camps explore bugs, birds, buds and beyond using hands-on activities and outdoor play. Childcare is available. Calgary.ca/ParksGuide
- Neighbour Day (June 17) is an opportunity for neighbours to come together to celebrate our strong community spirit. Calgary.ca/NeighbourDay
- Learn about The City's accessible programs including accessible transportation, accessible recreation facilities and classes, assisted listening devices and much more. Calgary.ca/Accessibility
- We're committed to providing a barrier-free municipal experience for all Calgarians. Contact 311 for an accommodation at any City event, or public meeting. Calgary.ca/Accessibility

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News from the Friends of Nose Hill
 by Anne Burke

The FONHS hosted a free guided walk (2 hours) on Nose Hill to identify flowers and discuss the May Count of Plants in Bloom. Our guide was John McFaul, a professional naturalist who has been leading nature walks and hikes for 30 years. He received a BSc degree in Environmental Biology from the University of Calgary. John is an accredited Professional Interpreter with the Interpretive Guides Association, a member of the Friends of Nose Hill, and an honorary member of the Calgary Field Naturalists' Society (Nature Calgary). He has the Loran L. Goulden Award and the Frank & Alice Harper Memorial Award from the Federation of Alberta Naturalists.

The Alberta May Count of Plants in Bloom is an annual event sponsored by Nature Alberta to record plants in bloom in Alberta during the last week in May, using a standardized approach. The purpose is to provide information on the distribution of flowering plants in Alberta. This monitors the spread of non-native species and provides insights into the response of plants to variations in climate.

The City is responsible for the planning, design, construction, maintenance, and programming for 800 kilometers of pathways. Calgary has the largest urban bike

path system in North America. Let's keep this in mind while Nose Hill needs restoration and trails are closed to protect wildlife habitat.

You can download the new Pathways & Bikeways App from www.calgary.ca. The map is now in three formats: Mobile Application, Online, Paper Copy. Please note that Pathways are off-street routes and Bikeways are on-street routes. The speed limit along pathways is 20 k.p.h., unless posted. Wear a helmet. Yield to the right of way. Stay on the right side of the pathway, unless passing. Use a bell, whistle or horn to protect walkers and joggers. Do not pass in sections with a double yellow line. You cannot cycle or in-line skate on a pathway with a leashed dog.

All pathways and trails are for non-motorized use, except for powered wheelchairs. A regional pathway is part of the city-wide network, paved with asphalt, and off-street. A local pathway has routes in communities, linking to neighbourhood parks, schools, and other community destinations. Trails are unpaved paths and may be granular or compacted dirt. If you know of a bylaw infraction and would like to report it, please call 311.



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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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HOW DOES YOUR GARDEN GROW? Spring is here, it's time to clean and tune up your flower and shrub beds. Onsite evaluation and consultation for next steps on rejuvenation, maintenance, transplanting, pruning and design for your new, overgrown or old perennial and shrubs beds. Please contact Kathy at "A Garden Thyme" 403-874-4142.

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COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

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It seems that spring is the Annual General Meeting season for many Community Associations in the Calgary-Foothills riding. I had the pleasure of attending AGMs for Sherwood, Edgemont and Nolan Hill already and look forward to those in Kincoara and Sage Hill as my legislative schedule allows.

Congratulations and best wishes to the newly elected board of directors of the Nolan Hill Community Association! I was very impressed by the packed house of community members at their inaugural AGM. This bodes well for their future success! Community Associations are the focal point for citizens to raise common concerns affecting their community. CA volunteers also organize most of the interesting family activities that occur within their community's boundaries.

One thing that irritates me about the NDP government is the apparent lack of thorough analysis before they force through new legislation and regulations. We constantly ask them to have fulsome consultations with all affected Albertans and to provide economic impact assessments for significant policy changes. A case in point is the Carbon Tax, the largest tax increase in Alberta's history, and something that was not in their 2015 election platform.

While the Notley Carbon Tax will have no discernable effect on climate, it will pump hundreds of millions of dollars out of our province even as Alberta weathers a once-in-a-generation recession. In fact, according to a recent report from the non-partisan Library of Parliament, the federal Liberal government stands to instantly become one of the primary beneficiaries of this tax-and-spend scheme as the CRA has mandated that this tax is subject to GST.

Having calculated the cost to Alberta and BC, the two provinces where carbon taxes are already in place, the Library of Parliament expects the extra GST alone will cost taxpayers \$130 million in 2017 and \$150 million in 2018. The flood of cash leaving Alberta will only rise in subsequent years, as the Notley and Trudeau governments work to raise Alberta's carbon tax from \$10/tonne to \$50/tonne.

Neighbour Day is June 17. It is a growing Calgary tradition, held every year since the great flood of 2013 in recognition of how neighbours helped neighbours get through that traumatic period. If you know of a Neighbour Day get-together in your community, please send me an invitation as I'd love to stop by!

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Hello Ward 4 Residents,

Register the kids for a summer nature adventure

Looking for activities to keep the kids entertained this summer? Send them on a nature adventure!

The City of Calgary's nature day camps will keep your little critters busy as bees exploring bugs, birds, buds and beyond. These week-long, action-packed adventures provide a perfect blend of fresh air and fun where campers will learn about the natural world and its many wonders.

Nature day camps are offered July through August at the Inglewood Bird Sanctuary and Ralph Klein Park. Half-day camps are available for children four and five years old. These bite-sized adventures include daily nature walks, games and crafts. Full-day camps, designed for children six to 12, include in-depth investigations and outdoor explorations focused on specific themes, including wetlands, raptors and winged wonders. Visit calgary.ca/parksguide or call 403-268-3800 to register.

Seniors' Week

In 2017, The City of Calgary will celebrate Seniors' Week from June 5 - 11 to acknowledge the contributions of seniors to our communities.

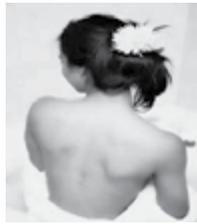
Whether it's their time, talent or life experience, seniors' contributions are at the heart of many Calgary communities improving the quality of life for many Calgarians. The City of Calgary supports seniors in many ways throughout the year; learn more at www.calgary.ca/SeniorsWeek.

Youth Employment Centre

Do you know someone aged 15-24 who is looking for work? The City of Calgary's Youth Employment Centre (YEC) offers year-round services and resources to help youth, aged 15-24, secure employment and take the first step in their career.

YEC offers a variety of services FREE of charge including employment counseling, career planning, networking assistance, resume assistance, industry training and mentorship opportunities.

Youth who need support with their job search or career development are encouraged to drop by the office at 315 - 10 Avenue S.E. or visit youthemploymentcentre.ca.



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Dalhousie Community Association
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EDGEMONT 2017 STATS	# SALES	AVERAGE PRICE
Bungalow	8	\$644,875
Two Storey	32	\$607,988
Split-Level	2	\$405,625
Townhouse	1	\$476,500
Condo	2	\$243,000
Villa	2	\$402,250
TOTAL	47	
Average Days on Market	31 Days	

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34 Edgebrook Heights NW

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32 Edgeridge Green NW

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Built by Cardel



\$549,900

34 Tuscany Summit Grn NW

- original owner, 3 bedroom+flex two storey
- granite, hardwood floors, maple kitchen
- bonus room, cul-de-sac, tiered deck

Golf Course Home



\$1,378,000

39 Hamptons Close NW

- custom 5 bedroom+loft two storey, A/C
- cherrywood kitchen, heated 3 car garage
- finished walkout, media room, hot tub

Close to Schools

SOLD!



\$599,900

112 Edgebyne Crescent NW

- custom 5 bedroom+den two storey split
- fully finished, built-ins, vaulted ceilings
- concrete tile roof, newer paint, oak kitchen

Huge 1/3 Acre Lot



\$769,900

125 Edgebrook Grove NW

- Jayman 3 bedroom+bonus two storey
- hardwood & granite, fully finished, A/C
- maple kitchen, backyard sports court

Sweeping Mountain Views



\$1,209,900

272 Edenwold Drive NW

- custom 4 bedroom two storey walkout
- 3 car garage, fully finished, central air
- extensive extras, prime ridge location

Mountain Views



\$629,900

1156 Edgemont Road NW

- fully finished two storey walkout, 3 decks
- vaulted ceilings, 4 bedrooms, built-ins
- walk to playground, oversized garage



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