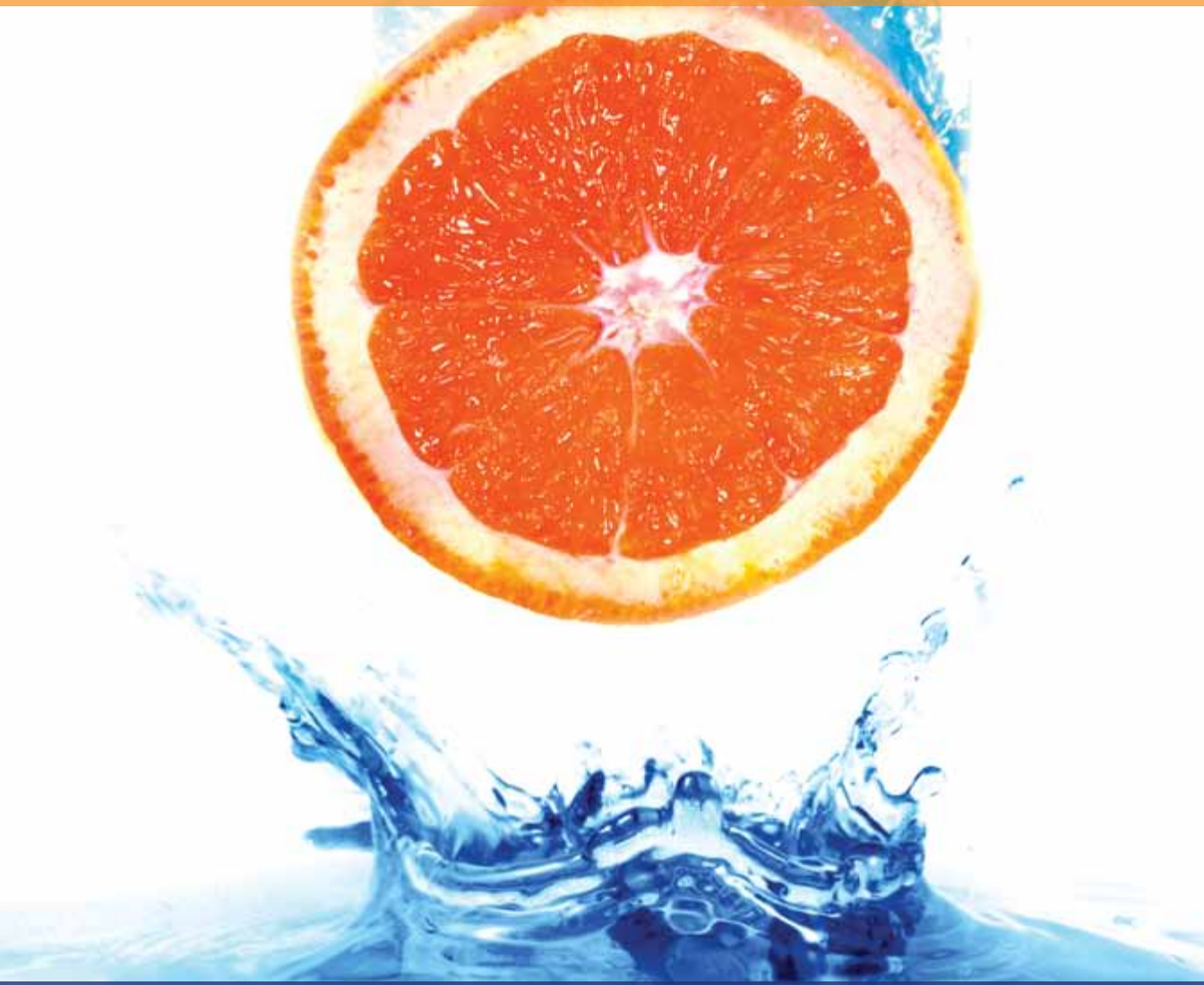
AUGUST 2014 DELIVERED MONTHLY TO 3,100 HOUSEHOLDS

# your EVANSTON

BRINGING EVANSTON RESIDENTS TOGETHER



# There's a new dog in town.

# NOW OPEN!

Is your pet getting the right nutrition?
**Ask your local Pet Experts.**

**CALGARY**
2060 Symons Valley Pkwy
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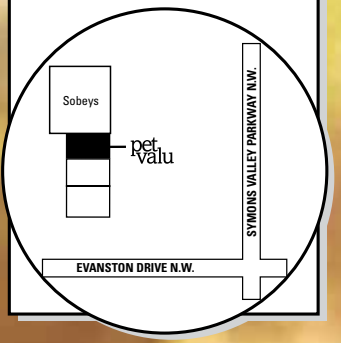


## SAVE $5

on any purchase of $40 or more*

*Valid at Pet Valu Calgary (2060 Symons Valley Pkwy.).

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Cannot be combined with any other coupon or offer. Must be presented to receive discount. One discount per customer. Not valid for donations or on purchase of gift cards.
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Evanston Community Association
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**Calgary, AB – T3P 0B9**
**Phone: 403.538.2599**
**president@eccacalgary.com | www.eccacalgary.com**

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# YOUR COMMUNITY CONNECTIONS

## SCHOOLS

*(F) Denotes French Immersion (Sp) Denotes Spanish Bilingual Program*

| | | | |
|---|---|---|---|
| Collingwood K-4 (Sp) | 403-777-6180 | Georges P. Vanier (F) 7-9 | 403-777-7460 |
| St. Bede K-6 | 403- 500-2082 | Madeleine D'Houet 7-9 | 403-283-5502 |
| Cambrian Heights K-6 | 403-777-6150 | St. Helena 7-9 | 403-500-2082 |
| St. Pius K-6 (FR) | 403-500-2015 | James Fowler 10-12 | 403-230-4743 |
| King George K-6 (F) | 403-777-6210 | William Aberhart 10-12 (F) (SP) | 403-289-2551 |
| Senator Patrick Burns 5- 9(SP) | 403-777-7400 | Notre Dame 10-12 | 403-500-2109 |

## WORSHIP

| | | |
|---|---|---|
| Symons Valley United Church | 38 Kincora Rise NW, Calgary, AB, T3R 0A3 | 403-274-2361 |
| North Point Community Church | Valley Creek Middle School–10951 Hidden Valley Drive NW | 403.689.3221 |
| Holy Trinity Anglican Church | 18 Hidden Creek Road NW (Hanson Ranch) | 403-275-3630 |

**Mark Your Calendars For These**

# Upcoming Community Meetings!

**September 8, 7:00pm**
Servus, Creekside Shopping Centre

**October 14, 7:00pm**
Servus, Creekside Shopping Centre

**November 3, 20, 7:00pm**
Servus, Creekside Shopping Centre

**December 8, 7:00pm**
Servus, Creekside Shopping Centre

***Please email communications@eccacalgary.com for more info***

# EVANSTON-CREEKSIDE COMMUNITY ASSOCIATION

EvanstonCreekside Community Association | ECCA

PO Box 47059
20-12192 Symons Valley Road NW, Calgary, AB T3P 0B9

| BOARD OF DIRECTORS | | |
|---|---|---|
| President | Asif Rahemtulla | president@eccacalgary.com |
| Vice President | Joerg John | vp@eecacalgary.com |
| Past President | Doug Balzer | pastpres@eccacalgary.com |
| Treasurer | Dennis Estacion | treasurer@eccacalgary.com |
| Newsletter | Tianna Melnyk | newsletter@ eccacalgary.com |
| Community Safety | Darcy Blair | safety@ eccacalgary.com |
| Sports | Ryan Lipowy | sports@eccacalgary.com |
| Director of Communications/Web | Evangelos Kordakis | communications@eccacalgary.com |
| Planning & Development | Robbie Morton | planning@ eccacalgary.com |
| Memberships & Business Development | Edward Obasi | memberships@eccacalgary.com |
| **COMMUNITY RESOURCES** | | |
| Ward 2 Councillor | Joe Magliocca | 403-268-2430 |
| MLA Calgary-Mackay-Nose Hill | Neil Brown | 403-214-7710, Calgary.mackay.nosehill@assembly.ab.ca |
| Public School Trustee | Joy Bowen-Eyre | 403-817-7928, jmboweneyre@cbe.ab.ca |

news@great-news.ca

**Editorial Content DEADLINE**

**1st** of each month for the next month's issue

## FROM THE BOARD

ECCA Members Discounts

# "Show your Card and Save"

The ECCA is running a "Members Discount" Program.

Our Business Members have graciously extended special offers for card carrying ECCA residential members. This program was newly launched earlier this year, and will continue to grow as we partner with more local businesses.

We invite you to check in regularly for offers on our community website http://www.eccacalgary.com/business-directory/ecca-members-discounts/

The ECCA is continually striving to increase the benefits and value of holding a current residential membership. 100% of membership fees go towards community programming and future development projects.

## The Evanston-Creekside Association is continually looking for volunteers!

We certainly understand that people are busy and have many commitments. There is no pressure to give up your time when you simply do not have it. The goal would be to engage people when there is a need and reach out to our volunteer base in hopes that a few can fit some volunteer time into their schedule from time to time.

If you are interested in volunteering, please contact volunteer@eccacalgary.com for more details.

By having a base of volunteers, the ECCA is able to provide more events and community programming. We look forward to your participation in supporting your community.

# KEYBOARD SHORTCUTS

**LET'S ALIGN PARAGRAPHS!**

Centre a paragraph
**CTRL+E**

Justify a paragraph
**CTRL+J**

Left align a paragraph
**CTRL+L**

Right align a paragraph
**CTRL+R**

Oops, made a mistake?
**CTRL+Z to undo**

# Evanston Real Estate Update

## Last 12 Months Evanston MLS Real Estate Sale Price Stats

| | Average Asking Price | Average Sold Price |
|---|---|---|
| June 2014 | $452,153 | $449,414 |
| May 2014 | $491,183 | $486,212 |
| April 2014 | $492,766 | $490,902 |
| March 2014 | $489,927 | $487,720 |
| February 2014 | $496,300 | $491,195 |
| January 2014 | $455,544 | $452,372 |
| December 2013 | $470,239 | $465,536 |
| November 2013 | $520,257 | $510,510 |
| October 2013 | $474,373 | $469,559 |
| September 2013 | $444,644 | $439,844 |
| August 2013 | $450,493 | $444,518 |
| July 2013 | $452,500 | $446,804 |

## Last 12 Months Evanston MLS Real Estate Number of Listings Stats

| | No. New Properties | No. Properties Sold |
|---|---|---|
| June 2014 | 48 | 26 |
| May 2014 | 42 | 32 |
| April 2014 | 32 | 26 |
| March 2014 | 36 | 32 |
| February 2014 | 24 | 26 |
| January 2014 | 28 | 22 |
| December 2013 | 13 | 19 |
| November 2013 | 23 | 24 |
| October 2013 | 26 | 32 |
| September 2013 | 34 | 18 |
| August 2013 | 37 | 30 |
| July 2013 | 27 | 25 |
| **Total** | **365** | **312** |

## Evanston mybabysitterlist

| Name | Age | Contact | Course |
|---|---|---|---|
| Raiyah | 14 | (403) 567-0270 | No |
| Stephanie | 16 | (403) 975-8620 | Yes |

### Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

### Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

***Disclaimer:*** *We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.*

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Book online at **BeanersFunCuts.com** | 4 Calgary Locations

*Present this ad before September 30, 2014. One per family.
Promo code: EAR15

**What is Crime Stoppers?**
Crime Stoppers is a not-for-profit organization operating a program that involves the public in the fight against crime. Crime Stoppers provides citizens with a vehicle to **anonymously** supply the police with information about a crime or potential crime.

A tipster may be eligible for a cash reward of up to $2000 for providing information which leads to an arrest, or the recovery of stolen property or the seizure of illegal drugs.

**What do we do, and how do we do it?**
Crime Stoppers accepts anonymous information from the Public concerning **ALL** unsolved crimes and criminal activity including: seizure of illegal drugs, grow-ops, wanted persons or the recovery of stolen property. **ALL** tips are anonymous; Tipsters are never asked for their name or personal information and will never have to appear in court. No one, not even Crime Stoppers, will know their identity.

If information provided leads to the seizure of illegal drugs, an arrest, or the recovery of stolen property, the tipster may be eligible for a cash reward.

**How can you get involved if you wish to help solve crime?**
If you have information or knowledge about a crime, you can contact Crime Stoppers by one of three ways:
- **TALK** to us by calling 1-800-222-8477
- **TYPE** your information into our online tip form at www.CalgaryCrimeStoppers.org
- **TEXT** the key word tttTIPS to 274637

**Note:** If you observe suspicious activity or a crime **in progress**, call 9-1-1.

For more information on the Crime Stoppers program, current unsolved crimes and reenactments, Calgary's Most Wanted, and much more, please visit the "Crimes in the City" section on our website, atwww.Calgary CrimeStoppers.org . Remember, when we are silent, we are all victims.

**Who are we?**
Calgary Crime Stoppers is a volunteer-run Registered Charity, and does not receive funding from police forces, nor from federal, provincial, or municipal governments. Crime Stoppers depends upon corporate or private donations/sponsorships and fund-raising events.

Calgary Crime Stoppers is **NOT** a unit of any Police Force or Government Agency.

Since we began in 1982, we have received just under 70,000 Tips, resulting in over 13,000 cases being cleared and 5900 persons being arrested!

**When I was in grade school, they told me to write down what I wanted to be when I grew up.**

**I wrote down happy.**

**They told me I didn't understand the assignment,**

**I told them they didn't understand life.**

*~Unknown*

# COUNTRY HILLS LIBRARY

CALGARY PUBLIC LIBRARY

**11950 Country Village Link NE • Tel: 403-260-2620**

**Hours:**

| | |
|---|---|
| **Monday – Thursday** | **10 a.m. – 9 p.m.** |
| **Friday & Saturday** | **10 a.m. – 5 p.m.** |
| **Sundays (mid-Sept to mid-May)** | **Noon – 5 p.m.** |

**Eureka! Who's who in the zoo?**
Lions and tigers and bears? Oh my! Join us for zoo songs, stories and rhymes. Ages 6 to 23 months with a parent/caregiver Wednesday, Aug. 6 from 2:15 - 2:45 p.m.
Registration begins July 9

**Eureka! Buildings, bridges, and bulldozers!**
Join us for stories about building things and unleash your inner mighty machine!
Ages 2 to 3 with a parent/caregiver Thursday, Aug. 7 from 10:10 - 10:30 a.m.
Registration begins July 9.

**Eureka! Under the sea**
Discover the wonders of the ocean through stories and rhymes. Ages 2 to 5 with a parent/caregiver Wednesday, Aug. 20 from 2:15 - 2:45 p.m.
Registration begins July 9.

**Electricity with Mad Science**
Excite some electrons, construct some serious circuits and test the conductivity of different materials. Presented by Mad Science. Ages 7 to 12 Tuesday, Aug. 19 from 2:30 - 3:30 p.m.
Registration begins July 9

**Kids' Library Club**
Drop in and talk about your favourite books, movies and music, and enjoy board games, origami, video gaming, art contests and much more. Ages 8 to 12 Thursdays, Aug. 21 and Aug. 28 from 2:30 – 4:00 p.m. Registration begins July 9

**ESL Teen Talk**
ESL teens and tweens can practice English language skills and enjoy a variety of fun activities at the Library. Ages 10 to 14 Monday, Aug. 11, Tuesday, Aug. 12, Wednesday, Aug. 13, Thursday, Aug. 14, Friday, Aug. 15 from 2:00 - 3:30 p.m. Registration begins Apr. 24

**Computer Technology Coaching**
Drop in for one-on-one, volunteer help on using the Internet and Microsoft Office products.
Wednesdays, May 7 to Aug. 27 (No program on July 23) from 2:00 - 3:30 p.m.

**It's not too late for summer reading…**
For Kids
Read all summer and you could win a **Mad Science Party for 10**, weekly book prizes and more!

**For Teens**
Do you accept the challenge? Read, create and enter win **gift cards** (so you can get *exactly* what you want), a John Green box set and more!

**For Adults**
Explore our collection of books, movies and music, share your favourite picks and enter to win **one of three iPad Minis**!

## BRAIN GAMES SUDOKU

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 7 | 1 | | | 8 | 3 | |
| 2 | | | | | | 1 | | 6 |
| | | | 2 | | | | 7 | |
| 9 | | | | | 8 | | 6 | |
| 7 | | 4 | 6 | | 9 | 2 | | 3 |
| | 2 | | 7 | | | | | 8 |
| | 9 | | | | 3 | | | |
| 8 | | 1 | | | | | | 4 |
| | 4 | 3 | | | 2 | 6 | | |

FIND SOLUTION ON PAGE 12

# in & around your community

## Accidental Poisoning

Alberta Health Services EMS would like to remind parents about precautions they can take to prevent childhood poisonings. Ingesting medications, prescription, or over-the-counter products, is the leading cause of accidental poisoning in children. Even small amounts of adult medications can be seriously harmful, or even fatal to your child if swallowed. Other causes of poisoning are household products, such as dishwasher tablets and personal care items (mouthwash, nail polish etc).

**Medication storage**

- Store all medications in a locked container and place in an area inaccessible to children.
- Keep medications in their original child-resistant packaging.
- Do not mix multiple medications inside one bottle.
- Install child locks on all cabinets, or drawers where medications are stored.

**Safety tips**

- Ensure visitors to your home keep their personal belongings out of children's reach**.** They may contain unsafe items.
- Take extra precautions with medicines that appeal to children such as chewable vitamins, or flavored cough and cold syrups.
- Properly dispose of any medications, or toxic household products no longer in use.

**Prevention**

- Store household products, car supplies, and cosmetics in locked cupboards, or drawers.
- Apply child safety latches to drawers and cabinets, if they are within a child's reach.
- Know and label all plants in and around your home and garden.
- Antifreeze, windshield washer fluid, and pesticides are extremely poisonous. Even small amounts of these can cause serious illness when ingested.
- Poisoning information can be obtained by calling the Poison and Drug Information Service (PADIS) at: 1-800-332-1414.

**In case of a poisoning emergency, call 9-1-1.**
Provide the name of the product ingested or, if it is safe to do so, a sample of the substance for EMS to inspect on their arrival.

## Your Calgary Public Library

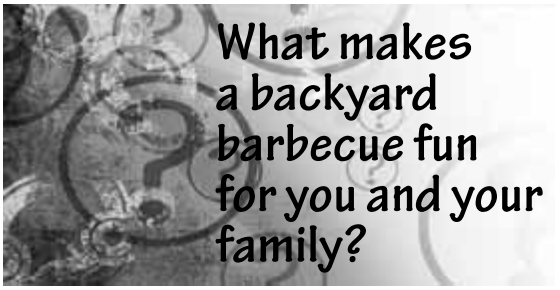
Your Calgary Public Library card provides greater value than ever with the arrival of the ***hoopla*** digital media platform**.** ***hoopla*** enables access from your mobile devices or web browser to streaming content, including 124,000 music albums, 8,000 videos, and 10,400 audiobooks. And with convenient 24/7 access online, ***hoopla*** can bring great content to you when you can't get to the library.

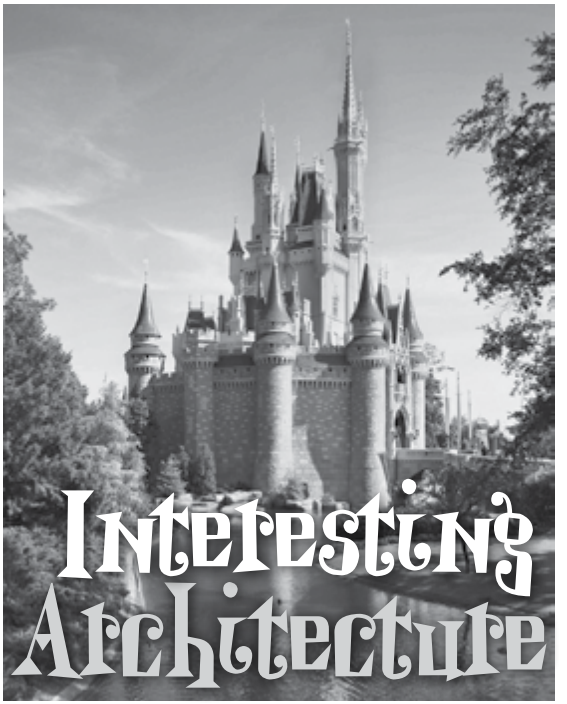
The way to get started: 1) Get a Calgary Public Library card 2) Go to the Calgary Public Library website and click "Getting Started on hoopla" at http://calgarypubliclibrary.com/books-more/featured-digital-content/hoopla. Or ask the friendly staff at your local Calgary Public Library to help you.

Each Calgary Public Library cardholder can borrow 12 titles a month. Loan periods vary: movies/tv are available for 3 days, music albums are available for 7 days, audiobooks are available for 21 days. No need for holds and no waiting since access is simultaneous: everyone can listen to the new Coldplay "Ghost Stories" album at the same time. Titles expire automatically; no fines and no need to return items. Use the Favorites list to plan for your future ***hoopla*** use.

Currently, ***hoopla*** is supported by newer iOS devices that run iOS 6 and iOS 7. A mobile app is also available for select Android smartphones and tablets, including most devices that support Android OS 4.0 and above.

Calgary Public Library is the first go-live site under the Government of Alberta Public Library Services Branch agreement to make the service available in 13 public library systems across Alberta.



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# Dr. Neil Brown, MLA Calgary-Mackay-Nose Hill

sign up for our e-newsletter at **brown.mypcmla.ca**
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**Visit my website at www.neilbrown.ca**

**Housing or Rental Assistance for Lower Income Persons**

Helping low income seniors, individuals and families to meet their basic housing needs is a priority for the Alberta government.

1. The **Community Housing Program** provides subsidized rental housing for lower income families, senior citizens, wheelchair users or other individuals who cannot afford private sector accommodation.

2. The **Rent Support Program** provides assistance to households in need to obtain and maintain affordable and suitable rental accommodation.

If you are having difficulties finding a housing provider, or there is no housing provider in your area, please contact your nearest Housing Development and Operations office at 403-297-7453.

3. The **Seniors Self-Contained Housing Program** provides affordable apartment accommodation for lower income seniors who cannot afford private sector accommodation. Functionally independent seniors, with or without the help of existing community-based organizations, are eligible to apply.

For more information or help applying for any of these programs, visit http://www.servicealberta.gov.ab.ca/Landlords_Tenants.cfm or call toll free **1-877-427-4088.**

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(closed for lunch 12:00-1:00 PM)

Phone (403) 215-7710
Fax (403) 216-5410
calgary.mackay.nosehill@assembly.ab.ca

# Park n' Play Schedule & Locations AUGUST 2014

| AUG 5 – 8 | BARCODE |
|---|---|
| **Dalhousie**<br>5409 Dalton Drive NW | **337344** |
| **Panorama Hills**<br>1057 Panorama Hills Dr. NW | **337326** |
| **Sunnyside**<br>211 7th St. NW | **337413** |
| **Thorncliffe**<br>5600 Centre Street North | **337328** |
| **DouglasdaleGlen**<br>Douglas Park Blvd &<br>Douglas Shore Close SE | **337291** |
| **Dover**<br>3133 30 Avenue SE | **337229** |
| **Millican/Ogden**<br>6901 20A St SE | **337265** |
| **Penbrooke Meadows**<br>6100 Penbrooke Dr SE | **337257** |
| **Rosscarrock**<br>4411 10th AVE SW | **337399** |
| **AUG 11 – AUG 15** | |
| **Rundle**<br>2409 50 Stree t NE | **337231** |
| **Crescent Heights**<br>1101 2 Street NW | **337332** |
| **Edgemont**<br>33 Edgevalley Circle NW | **337338** |
| **Auburn Bay**<br>Auburn Bay Blvd & Autumn Green S.E. | **337280** |
| **Forest Heights**<br>4909 Forego Ave SE | **337235** |
| **Richmond/ Knob Hill**<br>2433 26th Ave SW | **337401** |
| **Woodlands**<br>1991 Woodview Dr SW | **337276** |
| **AUG 18 – AUG 22** | |
| **Marlborough**<br>636 Marlborough Way NE | **337236** |
| **Vista Heights**<br>1820 Valleyview Road NE | **337263** |
| **Winston Heights/ MountView**<br>520 27 Ave NE | **337343** |
| **Valley Ridge**<br>11211 Valley Ridge Drive NW | **337333** |
| **Banff Trail**<br>2115 20 Ave NW | **337334** |
| **Hillhurst**<br>1418 7th Ave NW | **337415** |
| **Acadia**<br>315 86 Ave SE | **337277** |
| **Marda Loop**<br>3130 16 Street S.W. | **337407** |
| **Sunalta**<br>1627 10th Ave SW | **337426** |

## BRAIN GAMES SUDOKU

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| **4** | **5** | 7 | 1 | **9** | **6** | 8 | 3 | **2** |
| 2 | **3** | **9** | **5** | **8** | **7** | 1 | **4** | 6 |
| **1** | **6** | **8** | 2 | **3** | **4** | **5** | 7 | **9** |
| 9 | **1** | **5** | **3** | **2** | 8 | **4** | 6 | **7** |
| 7 | **8** | 4 | 6 | **5** | 9 | 2 | **1** | 3 |
| **3** | 2 | **6** | 7 | **4** | **1** | **9** | **5** | 8 |
| **6** | 9 | **2** | **4** | **1** | 3 | **7** | **8** | **5** |
| 8 | **7** | 1 | **9** | **6** | **5** | **3** | **2** | 4 |
| **5** | 4 | 3 | **8** | **7** | 2 | 6 | **9** | **1** |

## About Plants

The oldest living thing in existence is not a giant redwood, but a bristlecone pine in the White Mountains of California, dated to be aged 4,600 years old.

## Getting to know The City of Calgary Animal & Bylaw Services

Animal & Bylaw Services partners with Calgarians to foster safe, healthy and clean communities.

**Our role:**

- We provide many essential services that help build and maintain strong communities, including:
- Investigating and resolving bylaw-related citizen complaints, such as graffiti, untidy properties, and snow and ice concerns.
- Providing community education and awareness programs to teach Calgarians about bylaws, responsible pet ownership and responsible citizenship.
- Working with community groups and citizens to identify issues and build sustainable solutions.
- Funding community improvement projects, such as community cleanups and graffiti removal.
- Providing cat and dog related services, such as licensing and adoption services.

**Role of Calgarians: Reporting problems**

Reporting problems shows that citizens care about their communities and helps prevent further signs of disregard or decay from appearing.

For general information or to report a bylaw infraction, contact 311. Have the following information ready before calling:

- Your name, address and phone number.
- The address or location of the infraction.
- A brief and concise description of the complaint.

No anonymous complaints will be accepted. However, your personal information will remain confidential.

**What happens next?**

When a complaint is registered:

- The information is assigned a file number and is forwarded to a peace officer in that area.
- The officer will visit the location of the infraction. Complaints are handled on a priority basis, with precedence given to those reflecting a serious public safety implication.
- If there appears to be a bylaw infraction, the procedure will differ depending upon the type of infraction.
- Citizens may follow up on the status of their complaint by contacting 311 with the file number.

*For more information about Calgary's bylaws or the role of Animal & Bylaw Services, please visit calgary.ca/bylawservices.*

## Calgary gearing up to be "revealed" for Doors Open YYC

From September 26 to 28, some of Calgary's most culturally and historically significant sites will be "revealed" for Doors Open YYC. For this one weekend, buildings in all quadrants of the city are opening their doors – free of charge – to the public and providing special tours and behind-the-scenes experiences. Whether you're a geek for history, architecture, the environment, art, sports, science or engineering, this is your chance at an insider's view of Calgary's vibrant and dynamic cityscape. Confirmed sites include:

- Fiasco Gelato
- Winsport
- SAIT Culinary Campus
- EPCOR Centre for Performing Arts
- Lougheed House
- Fort Calgary

Doors Open is a well-established and highly successful international concept that allows people free access to buildings and spaces in order to build civic pride, create enthusiasm for heritage and contemporary architecture, and increase the appreciation of historic and culturally significant places and spaces. The first Doors Open event took place in Glasgow, Scotland in 1990 and the concept spread throughout Europe and came to North America around the year 2000.

Doors Open YYC takes place over the Alberta Culture Days weekend and is unique in that some of Calgary's most premier sites reveal something to the public that has never been shared publicly; it will show you Calgary like you've never seen it before. For the full list of sites with details about accessibility, programming and a map, visit www.doorsopenyyc.org.

*Alyssa Berry, Doors Open YYC*

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your COMMUNITY business of the month

# Creek Side Veterinary Hospital

## Evanston Community

#27, 12424 Symons Valley Road NW

We are a privately owned practice that has been providing exceptional services to the Evanston community since 2009. Dr. Sandeep Mangat DVM is the owner/veterinarian serving your furry friends with professional care and love. He has extensive knowledge pertaining to veterinary medicine. We also have a part time associate veterinarian who provides treatment and care to pets. We have friendly, knowledgeable and compassionate support staff that can assist you for your pet's needs.

We are registered with the Alberta Veterinary Medical Association (ABVMA). We are fully inspected and licensed by ABVMA for practice. We pride ourselves on being a full service veterinary hospital, with a wide range of services. Services include but are not limited to as follows:

- Wellness Examinations: Which include head to tail examinations. Dr Mangat can answer all your inquiries. We recommend annual exams for all your pets.
- Canine and feline vaccinations: We recommend you to start puppy and kitten vaccines at 8 weeks of age.
- Medicine: We provide treatment to all sick pets; we have a facility for day hospitalization to provide exceptional care to sick patients with a wide variety of in-house medications.
- Preventive medicines: We emphasize preventive medicine to prevent zoonosis (the diseases that can be transmitted from animals to humans).
- Surgeries: Routine surgeries such as canine and feline spays/ neuters done daily. We are capable of doing a wide range of soft tissue surgeries and orthopedic surgeries.
- Dentistry: We provide oral examinations, dental prophylaxis, orthodontics, care for gingivitis, gingival hyperplasia. We celebrate February as dental month.
- Prescription nutrition consultations: Pets need different foods for their requirements, life stage foods, medical condition foods, multi-pet requirements etc.
- Diagnostic Laboratory work: We recommend base line blood work and urine testing of every senior pet (at age of 7 yrs). We do some laboratory work in-house, we also send out different kinds of samples daily to Calgary Veterinary Laboratory. We also provide radiology services for your pet. **Our facility is in accordance with the radiation and safety protocols of ABVMA.**
- Behaviour Consultation: for the pets showing signs of inappropriate elimination, marking, aggression, nervousness, fear etc.
- Near end of life counselling: We provide services for euthanasia to pets that are suffering, feeling pain, or simply aging. We provide options for cremations and paw prints of your beloved pets.
- Pet identification: We don't want you to lose your pets so we provide tattoos and microchips for easy identification of your pets.

We always give you our honest opinion. We are open extended hours to serve you better, and are conveniently located in the Creek Side Plaza beside the BMO.

Our mission is Healthy Pets are Happy Pets. We are a reliable and exceptional service provider for all your pet's needs. We provide outstanding value by humble services. We provide the best treatment to your pets within your budget. We always listen to our clients and address their true concerns. We identify our clients and nurture relationships.

We are looking forward to having you join our wonderful family.

# The American Coot: A Kook among Ducks

*Article: Katie Fisher*
*Photo: Niket Sura*

When we take the time to walk down to our local pond, swamp, or marsh, we may be fortunate enough to spot the American Coot. Don't be mistaken, the Coot is not a duck and is in fact, not at all related to the mallard. Unlike the typical streamlined mallard, the coot has a plump body, much like a chicken. He is dressed in dark-grey and black, with a bright, white, bill and forehead. If you are close enough, or equipped with a good set of binoculars, you will be able to see the small tuft of red on his forehead.

To some, they might look quite ridiculous when walking (not waddling) out of the water. Their round body is accompanied by a short tail, short wings and large feet. To make him stand out even more, his feet are not webbed like a duck, instead, his long toes have broad lobes of skin that help him kick through the water. These lobes fold away for walking on land and keep him from sinking in the marsh mud.

When he is on land, he collects food in the form of grains, leaves and sometimes insects, snails and salamanders. Eventually, he will return to the water because where he chooses to build his nest. His nest is usually hidden in the bulrushes and reeds along the water's edge. Don't try to get too close though, the mother coot will always protect her eggs and nestlings.

The water is where he finds most of his food, in the cattails, water lilies, algae and eelgrass. The coot doesn't mind diving under the surface to snatch his food, in fact, he prefers diving and floating over flying. This is noticeable when the Coot prepares to take to the skies. This is quite the task for the coot; he must begin by flapping his wings while running across the water for many metres. Not nearly as elegant as most other birds..

If you come across an injured American Coot, please contact Calgary Wildlife Rehabilitation Society wildlife hotline at 403-239-2488.

## FYI

**Prince's Island Park** is a peaceful, wooded area, popular for picnics and walks. It also plays host to festivals and performances in the summer. The park was named after Peter Anthony Prince, founder of the Eau Claire and Bow River Lumber Company.

# YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

- **August 1-9 – Calgary Fringe Festival** hosts a combination of local, national, and international productions. 403.451.9726 / www.calgaryfringe.ca
- **August 2 – Inglewood Sunfest** comes alive with street festival performers, vendors, and food outlets. 403.829.9175 / www.inglewoodsunfest.com
- **until August 3rd – Calgary International Blues Festival** with most events at Shaw Millenium Park. www.calgarybluesfest.com
- **August 10 – Marda Gras** is a free, family-friendly event featuring the best of New Orleans. Food trucks, vendors, live music, street performers, children's activities and more held in the Marda Loop area. 403.685.5667 / www.mardaloop.com
- **August 14-16 – ReggaeFest** is a family-friendly event spreading the sounds of Reggae music around the city. Main stage event at Shaw Millennium Park. More info at 403.355.5696 / www.reggaefest.ca
- **August 14-17 – Taste of Calgary** is the city's outdoor festival of food and drinks -- held at Festival Plaza in Eau Claire. 403.293.2888 / www.tasteofcalgary.com
- **August 14-23 – Opera in the Village** is Calgary Opera's second annual outdoor summer festival. Main stage performance of Candide / family matinees of Hansel & Gretel. 403-262-7286 / www.calgaryopera.com/bigtop
- **August 22-24 – Expo Latino** takes place at Prince's Island Park with a weekend of live bands, dancing, food and art. Weekend passes available. 403.271.2744 / www.expolatino.ca
- **August 23 – Calgary Japanese Festival Omatsuri** held at the Bowness Community Assocation Centre celebrates a wide variety of Japanese food, music, dance and cultural activities. www.calgaryjapanesefestival.com
- **August 23 – Carifest** is an annual festival showcasing the arts and culture of the Caribbean. Shaw Millennium Park. 403.774.1300 / www.carifestcalgary.com
- **August 23-25 – Expo Latino Festival** creates experiences of discovery and learning through the celebration of people, music and dance. 403.271.2744 / www.expolatino.ca
- **August 30 – Calgary Scottish Highland Games** features music, cultural events, Highland dancing and more at Springbank Park For All Seasons. www.calgaryhighlandgames.org
- **August 30-31 – X-Fest** Calgary's Alternative Music Festival, takes place at Fort Calgary. www.xfestcalgary.com

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1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

AUGUST

## AUGUST 5-9 AFRIKADEY!

**is a celebration of African music, literature, arts, dance and cuisine at Prince's Island Park and other venues. 403.234.9110 / www.afrikadey.com**

## AUGUST 14-23 GLOBALFEST

**is a family-oriented, multi-cultural and fireworks festival held at Elliston Park in East Calgary. 403-569-9679 / www.globalfest.ca**

## AUGUST 23 – CALGARY DRAGON BOAT RACE & FESTIVAL

**takes place at North Glenmore Park. www.chinatowncalgary.com/dragonboat**

SEPTEMBER

**SEPTEMBER 6 & 7**
**RCMP MUSICAL RIDE**
**performs at the Cochrane Ag Society Grounds. www.cochrane-tourism.ca**

**SEPTEMBER 6 -28**
**LAKE LOUISE FALL FESTIVAL**
**offers a variety of activities and events in Banff National Park. www.banfflakelouise.com/fallfestival**

**SEPTEMBER 25-27**
**DON QUIXOTE**
**is a classic tale told through explosive dance by Alberta Ballet. 403.245.4549 / www.albertaballet.com**

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

## YOUR COMMUNITY/CITY EVENTS

# AT A GLANCE...

- **September 1 – Calgary Stampeders vs Edmonton Eskimos** at 2:30 pm at McMahon Stadium. www.stampeders.com/2014-schedule
- **September 4 – November 9 – A Fox on the Fairway** is a madcap adventure about love, life, and golf that opens the fall season at Stage West. 403.243.6642 / www.stagewestcalgary.com
- **September 10-14 - Spruce Meadows Masters** showcases the world's top show jumping nations. Lots of family fun and entertainment. www.sprucemeadows.com
- **September 10-14 - Beakerhead** is a multiple venue of art, science and engineering creations at various venues throughout the city. 587.351.7787 / www.beakerhead.org
- **September 12 – November 9 – Footloose** is an exciting musical spoof presented by Jubilations Dinner Theatre. For dinner and seating times – 403.249.7799 / www.jubilations.ca
- **September 13 – Stampeders vs Argonauts** at McMahon Stadium at 5:00 pm. www.stampeders.com/2014-schedule
- **September 13 – Gin Blossoms** perform at 9:00 pm at the Deerfoot Inn & Casino. Wristband 6:30 pm. 403.236.7529 / www.deerfootinn.com
- **September 18-28 - Calgary International Film Festival** features films from around the world with screenings at various theatres in the city. 403.283,1490 / www.calgaryfilm.com
- **September 20-October 19 – Farewell, My Lovely** is performed at Vertigo Theatre. 403.221.3708 / www.vertigotheatre.com
- **September 21 – Hoots & Hellmouth** perform at 7:00 pm at Webber Academy Performing Arts Centre. www.webberacademy.ca
- **September 27 – Okotoks Harvest Fest** celebrates the harvest with old-fashioned fun and games plus antique and historic farm machinery. 403.938.8950 / www.okotoks.ca
- **September 27 – Bob Saget** performs at the Deerfoot Inn & Casino. Wristband 6:30 pm/Show 9:00 pm. 403.236.7529 / www.deerfootinn.com
- **September 27 – Stampeders vs BC Lions** at 7:30 pm at McMahon Stadium. www.stampeders.com/2014-schedule
- **September 27 & 28 – Railway Days at Heritage Park** with activities, demonstrations, exhibits and train displays. 403.268.8500 / www.heritagepark.ca
- **September 29-October 5 - YYComedy Festival** features 70 comics in 35 shows at various venues throughout the city. www.yycomedy.ca

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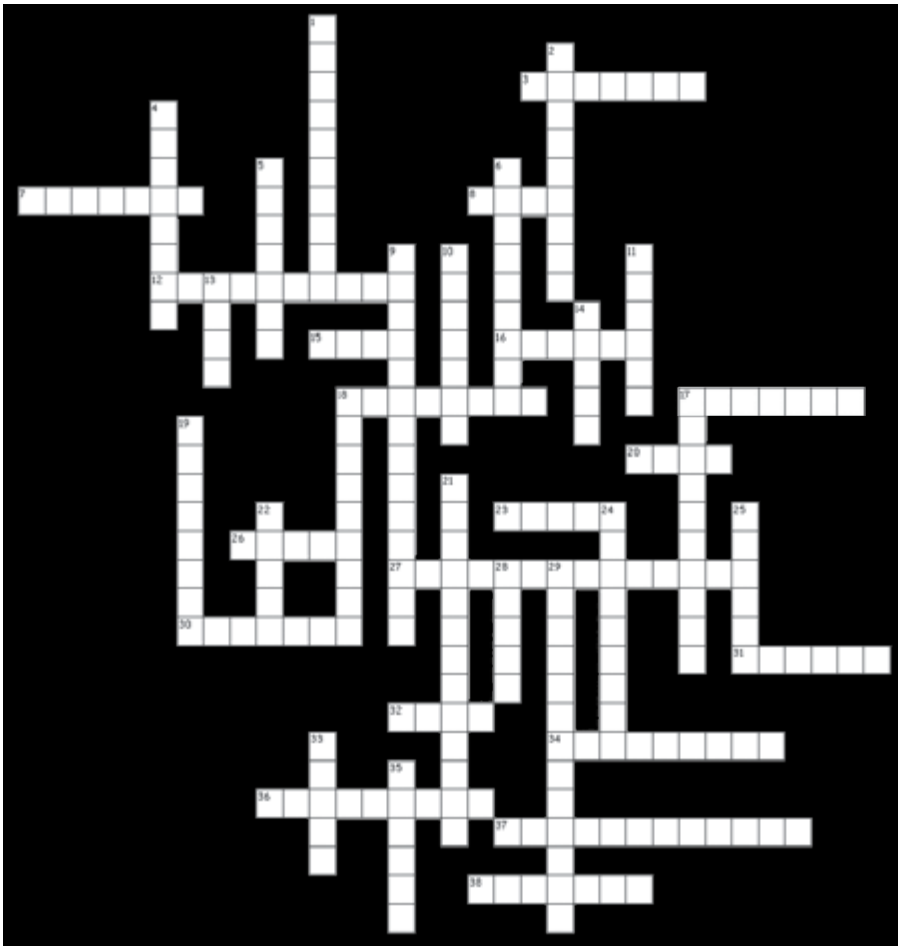
# CROSSWORD BRAIN GAMES



## ACROSS

3. Woven pie crust
7. Collective camels
8. Car with four letters in its name
12. Garden tool
15. Italian plum tomato
16. Imperial liquid measure
17. A very expensive spice
18. Italian cookie
20. Part of a strawberry and a boat
23. Spanish appetizers
26. Colour of Charlie's name
27. Edible cookie zoo (2 words)
30. Family gathering
31. Trees and tables have these
32. Golfer's call of warning
34. Home to Mona Lisa (2 words)
36. Alberta's provincial fish (2 words)
37. Provincial mammal of Alberta (2 words)
38. Lake Winnipeg fish

## DOWN

1. Largest lake in Banff Nat'l Park
2. Prairie berry and a city
4. Big rock in Okotoks
5. Sparkling drink named after Venetian painter
6. Theatre performer is "in the _____"
9. Canada's deepest lake (3 words)
10. Ontario city with a tunnel to Detroit
11. ___ column
13. Zero score in tennis
14. Fruit that begins with the letter "o"
17. Important Canadian river (2 words)
18. Court sport played with a birdie
19. Hat maker
21. Provincial flower of Manitoba (2 words)
22. Dr. Seuss "___ Eggs and Ham"
24. A medium for carving
25. Four pecks equal one of these
28. Farmland units
29. Theatre masks (2 words)
33. Companion to tortilla chips
35. Smallest of the five world oceans

***Across:*** *3.lattice 7.caravan 8.fiat 12.cultivator 15.Roma 16.gallon 17.saffron 18.biscotti 20.hull 23.tapas 26.brown 27.Animal Crackers 30.reunion 31.leaves 32.fore 34.The Louvre 36.Bull Trout 37.Bighorn Sheep 38.Goldeye*

***Down:*** *1.Minnewanka 2.Saskatoon 4.erratics 5.Bellini 6.limelight 9.Great Slave Lake 10.Windsor 11.spinal 13.love 14.olive 17.St. Lawrence 18.badminton 19.milliner 21.Prairie Crocus 22.Green 24.soapstone 25.bushel 28.acres 29.comedy/tragedy 33.salsa 35.Arctic*

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CULINARY FILE

We visited the Okanagan recently, and had a wonderful time touring wineries, gardens, and of course enjoying good times and good food with our friends Duane and Lisa. Lisa is always on the lookout for interesting recipes and was happy to share some of her newest "finds" with me. I think you'll enjoy the flavours in these fall-off-the bone ribs, and the smooth texture of the maple dessert. Mmm, so good!

## BARBECUE RIBS WITH RUM

4 lbs pork baby back ribs
1 cup light brown sugar
¼ cup ketchup
¼ cup low sodium soy sauce
¼ cup Worcestershire sauce
¼ cup amber rum
½ cup chili sauce
1 clove garlic, crushed
1 teaspoon dry mustard
Coarsely ground black pepper to taste

Cut the ribs into serving size portions and wrap securely, as one layer, in heavy aluminum foil. Place the foil-wrapped ribs on a sheet pan and bake at 350 degrees F for 1 ½ hours. Remove ribs from the foil and transfer to a shallow dish.

In a separate bowl, whisk together all the other ingredients for the barbecue sauce. Pour 2/3 of the sauce over the ribs, cover, and marinate for approximately one hour at room temperature. Set aside the remaining 1/3 of the sauce to baste the ribs with when grilling.

Preheat barbecue to medium heat and spray grates with non-stick cooking oil. Place ribs on the grill and cook for approximately 30 minutes, basting with the remaining barbecue sauce.

## MAPLE CREAM

1 envelope unflavoured gelatin
¼ cup cold water
½ cup milk
2/3 cup maple syrup
1/8 tsp. salt
2 cups whipping cream
Additional maple syrup

In a small bowl, sprinkle gelatin into cold water and let stand for one minute.

In a small saucepan, bring milk to a gentle boil and stir in the gelatin mixture until dissolved. Remove from heat and stir in maple syrup and salt. Cover and refrigerate for approximately 45 minutes, until partially set.

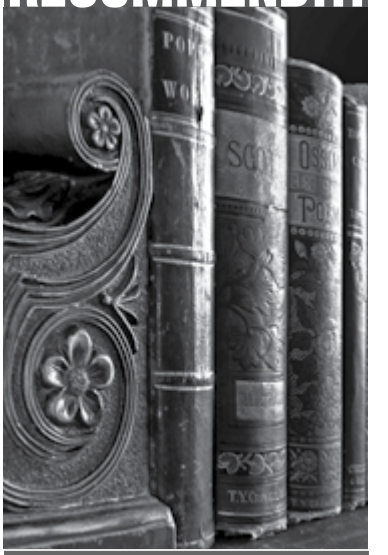
In a large bowl, beat the whipped cream until stiff peaks form; fold into the gelatin mixture.

Spoon into 8 individual serving dishes or martini glasses; cover, and refrigerate for at least 4 hours before serving.

Drizzle with a little additional maple syrup before serving.

*BG Rose*

# COMMUNITY READERS RECOMMEND...



### Fiction

- China Dolls – Lisa See
- All the Light We Cannot See – Anthony Doerr
- The Glass Kitchen – Linda Francis Lee
- Vicious Circle – Wilbur Smith
- The Quick – Lauren Owen
- The Goldfinch – Donna Tartt

### Non-fiction

- Hard Choices – Hillary Rodham Clinton
- Flash Boys – Michael Lewis
- The Reach of a Chef – Michael Ruhlman
- The Third Plate – Dan Barber
- The Boys in the Boat – Daniel James Brown
- The Astronaut Wives Club: A True Story – Lily Koppel

### Children's

- We're Going On a Bear Hunt – Micheal Rosen/ Helen Oxenbury
- Dork Diaries 7 – Rachel Renee Russell
- The Secret Garden – Frances Hodgson Burnett

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# News from the Friends of Nose Hill

*by Anne Burke*

The first natural area to be protected in Calgary goes back to 1929.

In the 1960s, the value and fragility of the natural environment was fully appreciated. There was an argument for the educational value of natural areas, for school children in an urban setting. There was the urgent need to introduce and protect a new category of parkland - natural area parks, where youth could learn the natural history of the native land.

In 1973, there was an inventory of the flora and fauna, prior to urban growth, and a management plan. *Calgary's Natural Areas, a Popular Guide*, was about understanding, saving, and interpreting the parkland. By 1976, there was a focus, as civic duty, on the protection, preservation, and enhancement of the environment for all to enjoy. All natural areas that remained in the river valleys were to be preserved.

"From the ground up": *Calgary Celebrating 100 Years of Parks* contains photos "Overlooking Calgary from Nose Hill", 1973, and "Members of the Nose Hill Steering Committee on Nose Hill", 1980, displaying a copy of *Nose Hill Park, Master Plan*.

Nose Hill remains an inspiration for photos, paintings, and literary work, as well as scientific writings. We feature links on our website and publish (with permission) original work in our newsletter and on Facebook. We welcome submissions from the public.

# BUSINESS CLASSIFIEDS

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Evanston. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**HAPPY MAID HOUSE CLEANING SERVICE:** Are you looking for a cleaning company you can trust. Not only quality cleaning we offer security you can trust? We offer weekly, bi-weekly, monthly and construction cleaning. Phone now 403-807-0909.

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**For Business Classified Ad Rates Please Call Great News Publishing at 403 -263-3044 or sales@great-news.ca**

SHIBLEY & COMPANY

## MAKING A WILL

It is a good idea for everyone to have a Will and people often have more assets than they think. Having a Will is the only way to communicate who gets what you have. Anyone with children under the age of 18 should make a Will in order to choose a guardian for their children and give directions about their financial needs.

You can make a Will at any time and should make one when you marry, start a family or divorce.

A Will contains your instructions about what you want done with your property when you die. It appoints an Executor who is responsible for carrying out your wishes and sets out what happens to your property.

It is not a complicated process and usually takes little time to prepare.

**For more information, please contact Shibley & Company at 403-275-3230 or visit our website at www.shibleyandcompany.com.**

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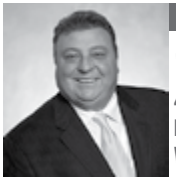


## COUNCILLOR, WARD 2
# JOE MAGLIOCCA

403-268-2430 • Joe.Magliocca@calgary.ca
http://www.calgary.ca/councillors/ward-2/Pages/Ward-2.aspx

Hello, I hope you all had a fantastic Stampede and looking forward to Stampede 2015.

**Park n' Play and Stay n' Play**
Looking for some free, high quality programs for your kids this summer? We offer a variety of programs including many different activities. Our programs are designed to help children make new friends along with learning new games and activities in a safe environment that they can use on their path to healthy and active lifestyles. These free drop-in programs are for children and are available in various community locations across Calgary.

Park n' Play is for ages 6 – 12. Stay n' Play is for ages 3 – 5 and children must be accompanied by an adult. Programs run weekdays in August, and are weather dependant. We encourage you to pre-registering prior to program starting. Pre-register at www.calgary.ca/cns.

A reminder to residents near Symons Valley Road: Symons Valley Road will be completely shut down between 144th Avenue NW and Sage Meadow Circle NW until December 2014. During construction, residents living in Sage Meadows Circle, Sage Meadows Way, and Sage meadows Terrace will continue to have localized access via Symons Valley road. All other traffic will be detoured via Sage hill Drive to 144th Avenue NW and heavy truck traffic will be detoured to Shaganappi Trail.

Recently in council I voted against raising our debt servicing limit. My commitment to you when you elected me was to live within our means and create a responsible future. The vote against raising the limit was keeping my word to not mortgage your future and risk Ward 2's quality of life.

In compliance with the new Anti-Spam legislation my communication with residents will be changing. To receive ward updates please visit my webpage and sign up for electronic communication. www.calgary.ca/ward2 or alternatively email EAWARD2@calgary.ca and include your name, company (if applicable) and address and simply state that you would like to receive communications and updates from Ward 2.

Have a great August!

## MLA, CALGARY - MACKAY - NOSE HILL
# DR. NEIL BROWN

Office 403-215-7710 • Fax 403-216-5410
Email: calgary.mackay.nosehill@assembly.ab.ca
www.facebook.com/DrNeilBrown
#16, 5440 – 4 Street NW • Calgary, AB T2K 1A8

## THE ALBERTA FILE

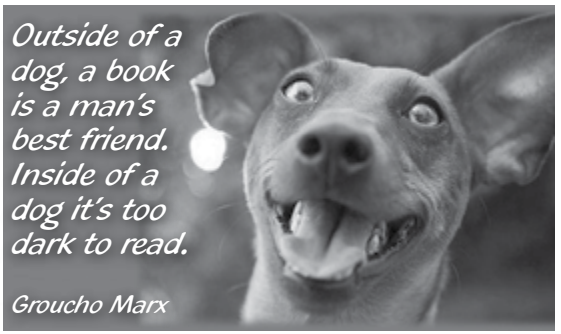
Dear Friends:

The Alberta government wants to encourage increased organ and tissue donation rates in Alberta. Registering your intent to donate your organs and tissues has just become even easier with the online Organ and Tissue Donation Registry.

Albertans are now able to register their intent at registry offices when renewing or applying for their driver's licences or other identification. Next year, we will have a single provincial agency to coordinate organ and tissue donation in Alberta, and will increase awareness of the need for organ and tissue donation.

Since the Alberta Organ and Tissue Donation Registry website launch in April, over 4100 Albertans have already registered to become donors. You can visit the registry at MyHealth.Alberta.ca if you would like to register online.

Every individual who consents to donate may save up to eight lives and improve the quality of life for up to 75 more people. That's why it's vital you discuss your wishes with your family. They need to know about your choice, and that you want to help improve the lives of your fellow Albertans.



# COMMUNITY ANNOUNCEMENTS

**Deadline – 1st of each month for the next month's publication**
**Contact news@great-news.ca**

- Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- Forty word limit

**CURLERS WANTED:** Day and Evening Ladies Leagues – Individuals and teams are welcome. For more information and registration dates visit www.arccurlingclub.com or phone the ARC at 403-255-1252.

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# IMPORTANT NUMBERS

| | |
|---|---|
| **ALL EMERGENCY CALLS** | **911** |
| Alberta Adolescent Recovery Centre | 403.253.5250 |
| Alberta Health Care | 403.310.0000 |
| AHS Addictions Hotline | 1.866.332.2322 |
| ATCO Gas – 24 Hour Emergency | 403.245.7222 |
| Calgary HEALTH LINK 24/7 | 403.943.5465 |
| Calgary Police – Non Emergency | 403.266.1234 |
| Calgary Women's Emergency Shelter | 403.234.7233 |
| Child Abuse Hotline | 1.800.387.5437 |
| Child Find – Alberta | 403.270.3463 |
| Distress/Crisis Line | 403.266.4357 |
| ENMAX – Power Trouble | 403.514.6100 |
| Poison Centre – Alberta | 1.800.332.1414 |
| Suicide Crisis Line | 1.800.784.2433 |
| **HOSPITALS/URGENT CARE** | |
| Alberta Children's Hospital | 403.955.7211 |
| Foothills Hospital | 403.944.1110 |
| Peter Lougheed Centre | 403.943.4555 |
| Rockyview General Hospital | 403.943.3000 |
| Sheldon M. Chumir Health Care | 403.955.6200 |
| South Calgary Urgent Care | 403.943.9300 |
| South Health Campus | 403.956.1111 |
| **OTHER** | |
| Calgary Humane Society | 403.205.4455 |
| Calgary Parking Authority (Towed/Abandoned Vehicles etc.) | 403.537.7100 |
| Calgary Senior's Resource (SeniorConnect) | 403.266.6200 |
| Call Before You Dig (Buried Utilities) | 1.800.242.3447 |
| City of Calgary | 211 and 311 |
| Elder Abuse Resource Line (65+) | 403.705.3250 |
| Kerby Centre for the 55 plus | 403.705.3246 |
| Neighbour Mediation Hotline | 403.269.2707 |
| Road Conditions – Calgary | 1.877.262.4997 |
| Weather Information | 403.299.7878 |
| Need-a-Doctor | www.needadoctorcalgaryandarea.ca |

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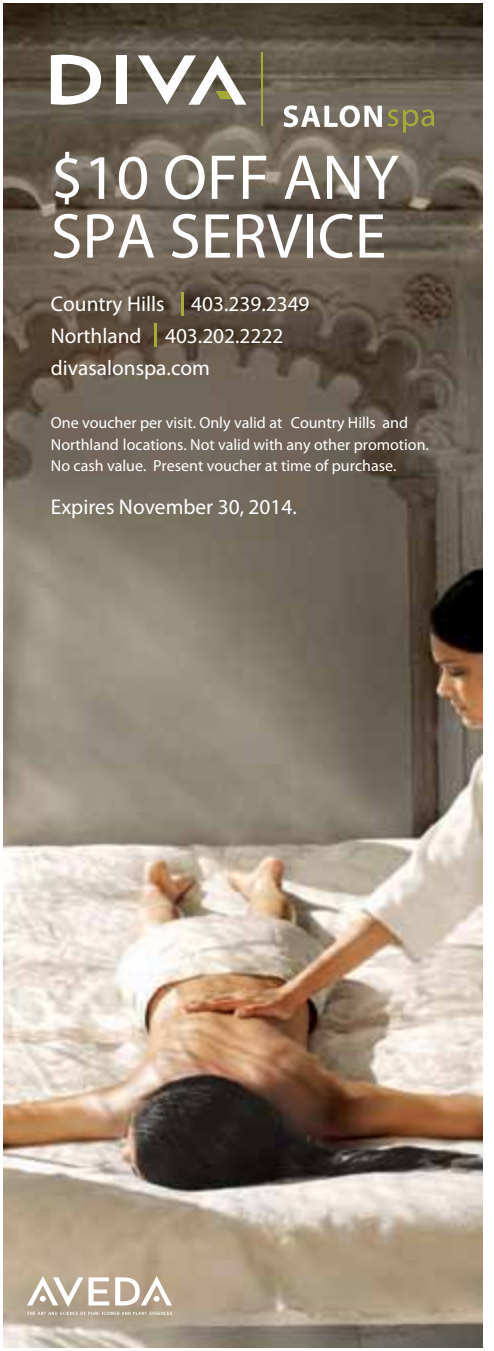
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