

JANUARY 2015

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LIST INSIDE**

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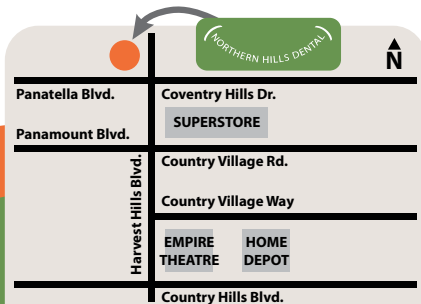
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Evanston Community Association

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Calgary, AB – T3P 0B9

Phone: 403.538.2599

president@eccacalgary.com | www.eccacalgary.com

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YOUR COMMUNITY CONNECTIONS

SCHOOLS

(F) Denotes French Immersion (Sp) Denotes Spanish Bilingual Program

Collingwood K-4 (Sp)	403-777-6180	Georges P. Vanier (F) 7-9	403-777-7460
St. Bede K-6	403- 500-2082	Madeleine D'Houet 7-9	403-283-5502
Cambrian Heights K-6	403-777-6150	St. Helena 7-9	403-500-2082
St. Pius K-6 (FR)	403-500-2015	James Fowler 10-12	403-230-4743
King George K-6 (F)	403-777-6210	William Aberhart 10-12 (F) (SP)	403-289-2551
Senator Patrick Burns 5- 9(SP)	403-777-7400	Notre Dame 10-12	403-500-2109

WORSHIP

Symons Valley United Church	38 Kincora Rise NW, Calgary, AB, T3R 0A3	403-274-2361
North Point Community Church	Valley Creek Middle School-10951 Hidden Valley Drive NW	403.689.3221
Holy Trinity Anglican Church	18 Hidden Creek Road NW (Hanson Ranch)	403-275-3630

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sennig@telus.net



ALTERATIONS & REPAIRS

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Creekside Shopping Centre
Symons Valley Road NW
Same plaza with BMO

Mark Your Calendars!

January 12, 2015 7:00 pm

Servus, Creekside Shopping Centre

Community Soccer Registration

February 2015

Community Membership Renewals

February 1, 2015

For more info please email
communications@eccacalgary.com





EVANSTON-CREEKSIDE COMMUNITY ASSOCIATION

EvanstonCreekside | **ECCA**
Community Association

PO Box 47059
20-12192 Symons Valley Road NW, Calgary, AB T3P 0B9

BOARD OF DIRECTORS

President	Asif Rahemtulla	president@eccacalgary.com
Vice President	Joerg John	vp@eccacalgary.com
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Treasurer	Martin Foster	treasurer@eccacalgary.com
Secretary & Newsletter Editor	Tianna Melnyk	newsletter@eccacalgary.com
Sports Director	Ryan Lipowy	sports@eccacalgary.com

COMMUNITY RESOURCES

Ward 2 Councillor	Joe Magliocca	403-268-2430
MLA Calgary-Mackay-Nose Hill	Neil Brown	403-214-7710, Calgary.mackay.nosehill@assembly.ab.ca
Public School Trustee	Joy Bowen-Eyre 403-817-7928	jmboweneyre@cbe.ab.ca



Please check out
our website at
**[http://www.
eccacalgary.com/](http://www.eccacalgary.com/)**
or find us
on **Facebook!**

news@great-news.ca

**Editorial
Content
DEADLINE**

1st
of each month
for the next
month's
issue

FROM THE BOARD

ECCA Members Discounts

"Show your Card and Save"

The ECCA is running a "Members Discount" Program.

Our Business Members have graciously extended special offers for card carrying ECCA residential members. This program was newly launched earlier this year, and will continue to grow as we partner with more local businesses.

We invite you to check in regularly for offers on our community website <http://www.eccacalgary.com/business-directory/ecca-members-discounts/>

The ECCA is continually striving to increase the benefits and value of holding a current residential membership. 100% of membership fees go towards community programming and future development projects.



Why is someone who is feeling great 'on cloud nine'?

Because: Types of clouds are numbered according to the altitudes they attain, with nine being the highest cloud. If someone is said to be on cloud nine, that person is floating well above worldly cares.

Creating Your



With so many styles out there to choose from, how does one really find out what their individual style is? I hear the term Contemporary often, when I ask people their style. However, this really is not a style as of yet, it is a trend that most people are following, but you may notice that there is no set rule for this style. Contemporary refers to our current styles being created today. The term style generally refers to a segment of design history that is typical of an individual, a period, or a philosophy of design. It may also refer to a particular culture or region. Since there is no real stopping point between styles, designs from one region may influence others, and therefore styles intermingle. Style categories are usually developed by historians in an attempt to organize history. So, by calling our style of today contemporary, it really means, present day or what is popular now. So anything goes!

The following are a few styles of the past that have impacted history:

Egyptian, Greek, Roman, Renaissance, Baroque, Rococo – Louis XV, Neoclassic – Louis XVI, Empire, Provincial, Chinese, Hispanic, African, Japanese, English, American styles, Victorian Era, Traditional Revivals, Early Modernism, and Modern styles.

A designer studies these styles and uses them to create current design styles. Therefore to find your personal style, you will need to know what period(s) of history you like the best, and there may be a few that appeal to you. Discover what type of feeling you want to bring to your space, be it formal or informal. Sometimes a colour or a fabric helps you discover that feeling. Then feel free to put them together, remembering the rules of design: harmony, scale, etc.

Judy Curran is a Calgary Interior Decorator/Designer

Dr. Neil Brown, MLA Calgary-Mackay-Nose Hill

Sign up for our e-newsletter at brown.mypcmla.ca
Visit my website at www.neilbrown.ca



Government Help and Information Lines

Help is just a toll-free telephone call away for Albertans looking for information and assistance. All help lines operate 24 hours a day, seven days a week unless otherwise specified.

Alberta Supports Contact Centre

Monday to Friday, 8:15 to 4:30 pm 1-877-644-9992
www.albertasupports.ca

Alberta Supports is a single point of contact and information about Alberta government programs

Children, Youth and Families

Family Violence Info Line 310-1818
Child Abuse Hotline 1-800-387-5437
Bullying Helpline 1-888-456-2323

Health

HealthLink Alberta 1-866-408-5465
Alberta Health Services Addiction Help Line..... 1-866-332-2322
Mental Health Help Line 1-877-303-2642
Poison and Drug Information Service 1-800-332-1414

Employment and Income Support

Occupational Health and Safety Contact Centre .. 1-866-415-8690
Income Support Contact Centre 1-866-644-5135
Employment Standards Contact Centre 1-877-427-3731
(Monday to Friday, 8:15 a.m. - 4:30 p.m.)
Temporary Foreign Worker Helpline 1-877-944-9955
(Monday to Friday, 8:15 a.m. - 4:30 p.m.)

Constituency Office
Calgary, AB T2K 1A8
#16, 5440 - 4th Street NW

Open Monday - Friday
9:00 AM - 4:30 PM
(closed for lunch 12:00-1:00 PM)

Phone (403) 215-7710
Fax (403) 216-5410
calgary.mackay.nosehill@assembly.ab.ca

Attention Calgary property owners

On Jan. 5, 2015, The City of Calgary will mail the 2015 property assessment notices.

Your notice contains important information, including your Access Code to register for the Assessment Search website.

For more information, visit
calgary.ca/assessmentsearch.

On the Assessment Search website you can access:

- detailed information about your own property(s).
- real estate market sales information used to prepare assessments.
- summary information on other properties for comparison.

Assessment Search – getting started

First-time users will need to complete a two-step registration process:

1. Create a City of Calgary myID account.
2. Link your property assessment to your myID account. When you receive your 2015 assessment notice in January, go to calgary.ca/assessmentsearch and sign in with your myID. Enter the Roll Number and Access Code displayed on your notice.

2014-2361

calgary.ca | 403-268-2888



THE CITY OF
CALGARY
ASSESSMENT

Onward/ Increase online services for citizens.

The New Year is here. Here are some neat snack ideas for those New Years or leftover holiday parties you may be attending.

HELLO DOLLIES

- ¼ cup butter or margarine melted in a 9x9 or 9x12 pan
- 1 cup fine graham cracker crumbs
- 1 cup desiccated or flaked coconut
- 1 cup chocolate or butterscotch chips
- 1 cup chopped nuts
- 1 can Eagle brand condensed milk

Arrange ingredients in layers over the melted butter in the order noted above and without stirring. Bake at 325°F for 30 minutes. Loosen edge. Cool in the pan. Cut into one inch squares.

CAULIFLOWER BUFFALO “WINGS”

- 1 medium head cauliflower, chopped into bite-size pieces
- 1/2 cup garbanzo bean flour
- 1/2 cup water
- 1 teaspoon garlic powder
- 1/2 teaspoon salt
- 1 teaspoon melted butter or ghee
- 2/3 cup hot sauce

Preheat oven to 450°F. In a medium-sized bowl, combine flour, water, garlic powder and salt. Whisk together until smooth.

Toss cauliflower into garbanzo batter, making sure to coat each piece completely, then place battered cauliflower on a lightly greased, non-stick baking sheet. Bake for 15 minutes, tossing halfway through.

In the meantime, combine melted butter and hot sauce in a large bowl, regularly stirring. When cauliflower is done, remove it from the oven and gently toss it in the hot sauce mixture. Place cauliflower back on the baking sheet and cook for an additional 25 minutes until it becomes crispy. Allow cauliflower to cool for 15 minutes before serving.

Enjoy!

Mary McComish

COMMUNITY READERS

RECOMMEND...



Fiction

- The Umbrella Academy – Gerard Way, Gabriel Bá
- Y: The Last Man – Brian K. Vaughan, Pia Guerra, José Marzán Jr.
- Watchmen – Alan Moore, Dave Gibbons, John Higgins
- Lock In – John Scalzi
- Revival – Stephen King
- Leaving Time – Jodi Picoult

Non-fiction

- The Art Of Asking – Amanda Palmer
- Very Good Lives – JK Rowling
- Not That Kind Of Girl – Lena Dunham
- Not My Father's Son – Alan Cumming
- The Birth of the Pill – Jonathan Eig
- As You Wish – Cary Elwes, Joe Layden, Rob Reiner

Children's

- Gracefully Grayson – Ami Polonsky
- Lowriders in Space – Cathy Camper
- The Misadventures of Sweetie Pie – Chris Van Allsburg

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Dr Umaru Ahmadu-Alli MD

Dr Jane Flynn MD

Dr Oluwaseun Oyeniran MD, MRCGP

Female Family Physician

Dr Rosario Guevara MD

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**These Family Physicians
ARE ACCEPTING NEW PATIENTS**

Dr. A.A. (Tayo) Alawiye

Dr. Victor Fadayomi

Female Family Physician

Dr Rosario Guevara MD



Evanston Real Estate Update

Last 12 Months Evanston
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
November 2014	\$541,123	\$534,504
October 2014	\$510,411	\$499,947
September 2014	\$522,068	\$515,305
August 2014	\$506,196	\$499,820
July 2014	\$507,268	\$501,837
June 2014	\$452,153	\$449,414
May 2014	\$491,183	\$486,212
April 2014	\$492,766	\$490,902
March 2014	\$489,927	\$487,720
February 2014	\$496,300	\$491,195
January 2014	\$455,544	\$452,372
December 2013	\$470,239	\$465,536

Last 12 Months Evanston
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
November 2014	16	21
October 2014	33	25
September 2014	25	30
August 2014	44	37
July 2014	35	33
June 2014	44	26
May 2014	41	32
April 2014	28	26
March 2014	35	32
February 2014	25	26
January 2014	29	22
December 2013	13	19
Total	368	329

To view the specific SOLD Listings that comprise the above
MLS averages please visit evanston.great-news.ca



Name	Age	Contact	Course
Aida	51	403-253-6509	Yes
Alessandra	14	587-894-2404	Yes
Alexandra	32	587-432-7977	Yes
Ann	54	403-569-0237	No
Becky	32	403-830-0399	No
Bhegie	40	403-870-0363	Yes
Braxton	12	403-454-5311	Yes
Faris	13	403-402-0950	Yes
Janelle	40	587-432-6882	Yes
Jessica	16	403-969-7147	Yes
Jonahley	50	403-837-6348	Yes
Laura	16	403-909-4021	No
Lauren	21	587-893-8008	Yes
Maddison	14	403-460-9590	Yes
Madison	12	403-850-6001	Yes
Makenna	16	587-998-8323	Yes
Mercedes	52	403-831-6429	Yes
Nicole	15	403-919-2242	Yes
Raiyah	14	403-567-0270	No
Reece	13	403-244-2372	Yes
Shy-Lynn	14	587-899-2766	Yes
Ty	13	403-295-6065	Yes

Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



7 Helpful Tips for a **Good Night's Sleep**

Does the recent time change have you feeling a little groggy? As we re-adjust those sleeping patterns and enter into the busy holiday season it's important that we don't forget to make sleep a priority.

Did you know not getting enough sleep can make it harder for you to lose or maintain weight? Lack of sleep has been shown to increase your risk of developing high blood pressure, diabetes and depression. At least seven hours of sleep a night is recommended for adults.

Here are some helpful tips for a good night sleep:

- Keep your bedroom quiet, dark, and temperature-controlled at night and bright in the morning.

- Use your bed only for sleep i.e. no eating or working in bed.
- Instead of watching TV, reduce overstimulation by reading a book.
- Get up at the same time every day; this will help you fall asleep right away every night.
- Even if you are tired, avoid afternoon naps. This will allow you to fall asleep quicker at night.
- Refrain from eating heavy meals or spicy foods two hours before bedtime.
- Exercise regularly; this will help you become a "good tired" at night.

by Jennifer Eriksson



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Reading Resolutions

Family Literacy Day, held annually on January 27, was established 16 years ago to raise awareness of the importance of reading together as a family. Created by ABC Life Literacy Canada, the literacy initiative encourages entire families to work together to develop better reading and writing skills. Reading together sets a good example for children, fosters literacy skills in youngsters and keeps parents' own skills sharp.

Observing Family Literacy Day is only the first step. Like anything else, becoming skilled at reading requires practice. So this year, why not resolve to make family literacy a daily habit in your home?

Here are tips to make your family's reading resolution a success:

- Set an example for your children – let them see you read and hear you discuss what you have read
- Have lots of books in the house
- Set up cozy, well lit spaces for reading
- Give books as gifts
- Make regular trips to the library to stock up on books for the whole family
- Encourage your children to read both fiction and factual books
- Have your children read out loud to you and to lots of other people too
- Encourage your children to read the words that surround them every day – store signs, roads signs, flyers, labels and recipes

Having your children read a book more than once is a great way to boost their confidence in reading and improve their speed. With a little imagination, a little encouragement and a lot of everyday reading, your whole family will help build their brains—and bonds!

For more family reading tips, visit calgaryreads.com.

Calgary Arthritis Support Group

FREE information!

The Calgary Arthritis Support Group and Nurse Next Door invite you to

AN EVENING WITH ED PAGET, OSTEOPATH - For Health, Energy and Balance January 10, 7:00 P.M.

Co-op Community Room

540 – 16 Ave. NE.

RSVP 403-284-1061

Volunteers Needed

Passionate about music or drama?

The Calgary Performing Arts Festival is looking for volunteers to help with the 2015 Festival from March 2-15 and April 20-30 at the Jubilee Auditorium and SAIT Polytechnic.

For more information, please contact Holly at 403-283-6009 or volunteer@cpafestival.ca.

BRAIN
GAMES

SUDOKU

					1		2	6
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8	1	6	7			4		
2	3		4					

FIND SOLUTION ON PAGE 16

FEBRUARY 5 TO APRIL 12 ... AND THEN, THE LIGHTS WENT OUT:

A chilling saga of dames, deceit and writer's block written by an Alberta-born and educated playwright and set in Edmonton during a heat wave. 403.243.6642
www.stagewestcalgary.com



FEBRUARY 15 – FRED PENNER: Celebrate the Family Day Weekend with this Canadian Icon. 403.948.8824 / www.thebertchurchtheatre.com



FEBRUARY 20 TO APRIL 26 – SHERLOCK HOLMES: Set to the best "killer" tunes of all time, this modern spin on the classic tale will have you singing and laughing all night long. 403.249.7799 / www.calgaryjubilations.ca



YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

- 1
- 2 • **November 14 to February 15 – Pirates of the**
- 3 **North Saskatchewan III:** From the creators of
- 4 our pirate adventures one and two, Jubilations
- 5 is proud to present the final swashbuckling tale!
- 6 403.249.7799 / www.calgaryjubilations.ca
- 7 • **January 31 to February 22 – Loose Moose**
- 8 **Theatre for Kids: Treasure Island.** 403.265.5682
- 9 / www.loosemoose.com
- 10 • **February 2 – Calgary Flames vs Winnipeg**
- 11 **Jets at the Saddledome.** 7:00 pm. [www.](http://www.calgaryflames.com)
- 12 [calgaryflames.com](http://www.calgaryflames.com)
- 13 • **February 6 to 21 – The Hobbit:** This adaptation
- 14 of Tolkien's classic is a fast paced retelling of the
- 15 tale of Bilbo Baggins. Ages 8+. 403.216.0808 /
- 16 www.storybooktheatre.org
- 17 • **February 10 to 15, 17 to 22 – Disney's Beauty**
- 18 **and the Beast:** Experience the romance and
- 19 enchantment of Disney's Beauty and the Beast!
- 20 403.297.8000 / www.jubileeauditorium.com
- 21 • **February 12 – Linkin Park:** The Hunting Party
- 22 tour with Rise Against and Of Mice & Men. 7:00
- 23 pm at the Saddledome. www.linkinpark.com
- 24 • **February 13 – Calgary Hitmen vs Saskatoon**
- 25 **Blades** at 7:00 pm at the Saddledome. [www.](http://www.hitmenhockey.com)
- 26 [hitmenhockey.com](http://www.hitmenhockey.com)
- 27 • **February 14 – Cannibal Corpse and Behemoth**
- 28 **with special guests.** 7:00 pm at the MacEwan
- Ballroom. www.cannibalcorpse.net
- **February 18 – Calgary Flames & Minnesota**
- Wild face** off at 7:30 pm at the Saddledome.
- www.calgaryflames.com
- **February 20 – Black Veil Brides:** The Black
- Mass tour with Memphis May Fire and GHOST
- TOWN. 6:30 pm at the MacEwan Ballroom. [www.](http://www.blackveilbrides.net)
- [blackveilbrides.net](http://www.blackveilbrides.net)

e. & o. e.

11950 Country Village Link NE • Tel: 403-260-2620

Hours:

Monday – Thursday	10 a.m. – 9 p.m.
Friday & Saturday	10 a.m. – 5 p.m.
Sundays (mid-Sept to mid-May)	Noon – 5 p.m.

Stories Times for Babies and Preschoolers of All Ages: Begin in January 2015!

- *Parent-Child Mother Goose*: babies up to 12 months of age with parent / care-giver Registration begins January 8th, 2015!!
- *Baby Bookworms* for babies 13-23 months with parent / care-giver Registration begins January 7th, 2015!!
- The next session of *Toddler Storytimes* (A-B-C: You and Me!) will begin in February 2015 but be sure to register January 6, 2015!

Snowflakes and Stories

Join us for stories, rhymes and songs celebrating winter! Ages 2 to 5 with a parent/caregiver Monday, January 19 from 7:00 - 7:30 p.m. Registration begins December 30.

Wallopig Weather

Join Mad Science to learn about how and why seasons change, weather measurement, the good and bad of UV rays, thunder and lightning and the water cycle. Supported by TD Friends of the Environment. Ages 7 to 12 Monday, January 19 from 4:00 – 5:00 p.m. Registration begins December 30.

CPO in Your Library

Canadian Natural Resources Limited presents Calgary Philharmonic Orchestra Musicians in concert - classical favourites for all ages!

Monday, January 26 from 2:00 – 3:00 p.m. No registration required.

Computer Technology Coaching

Drop in for one-on-one, volunteer help on using the Internet and Microsoft Office products. Wednesdays, January 7 to April 29 from 2:00 - 3:30 p.m. No registration required.

Chess in the Library

Join members of the Calgary Chess Club and Calgary Junior Chess Club for the opportunity to play chess supported by coaching. Children under 12 must be accom-

panied by a parent or caregiver. Sundays, January 18, February 15, March 15, and April 19 from 1:30 - 4:30 p.m. No registration required.

Welcome to Canada: Accessing Your Social Benefits

Are you new to Canada? Increase your awareness about a variety of social benefits in this information session. In partnership with the Calgary Bridge Foundation, In School Settlement Program. Register by calling 403.999.4509 or 403.777.6074 Ages 18 and up Saturday, January 17 from 1:00 – 3:00 p.m. Registration begins December 22.

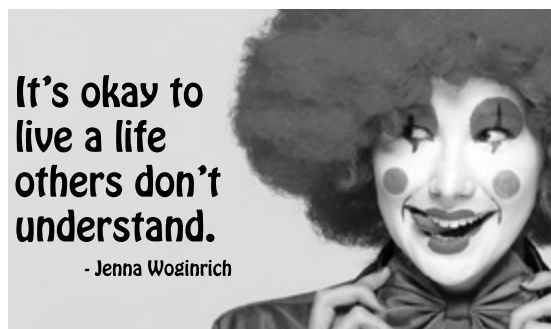
Keeping you up-to-date with Calgary Public Library E-Resources

Achieve your Educational and Career Goals

Learning Express is an e-resource with online courses and practice tests. From Elementary school to College, plus professional and personal development, occupation practice tests, English language proficiency, and citizenship preparation. All of this in only one e-resource. With this e-resource from your Calgary Public Library you can:

- Improve your reading, writing and math skills to succeed in grade school
- Prepare for college and Grad school with practice exams and tutorials such as SAT, GED, MCAT, LSAT, TOEFL, TOEIC
- Improve your general employability with business writing, job search, resume and computer training
- Prepare for your desire career with practice tests and guidance for firefighting, law enforcement and others
- Get ready to become a Canadian or American citizen with exam preparation

Check this e-resource at Calgary Public Library Website. Registration is easy! All you need is an email address, a username and your Calgary Public Library card!



CALGARY BOARD OF EDUCATION BOARD OF TRUSTEES

Website: <http://www.cbe.ab.ca> • Email: boardoftrustees@cbe.ab.ca

Kindergarten: where your child's talents are treasured

Kindergarten is the start of an exciting adventure full of promise for children and their families. We understand that children bring their own unique talents and gifts to their learning experience, which is why we personalize students' learning to help them reach their full potential.

In the early years, personalized attention can make a meaningful difference in children's lives.

From the very first day of kindergarten, our teachers begin looking into the future to help children take those next steps in their learning. We never lose sight of our ultimate goal, which is for every student to complete high school with a foundation of learning necessary to thrive in life, work and continued learning.

For those children who don't attend a preschool program, kindergarten will be their first introduction to school. This first year will be filled with significant early experiences they will remember for a lifetime.

We are proud to be a part of creating those memories. We are proud to provide learning as unique as every student. Come learn with us!

BRAIN
GAMES

SUDOKU

4	7	5	8	9	1	3	2	6
6	8	9	2	3	4	5	1	7
1	2	3	5	6	7	9	4	8
9	4	1	6	2	5	7	8	3
7	6	8	1	4	2	2	5	9
3	5	2	9	7	8	1	6	4
5	9	4	3	8	2	6	7	1
8	1	6	7	5	9	4	3	2
2	3	7	4	1	6	8	9	5



COUNCILLOR, WARD 2 JOE MAGLIOCCA

403-268-2430 • Joe.Magliocca@calgary.ca
<http://www.calgary.ca/councillors/ward-2/Pages/Ward-2.aspx>

Evanston's Second Access - Now Open

In mid November of 2014 The City of Calgary opened the right in/right out ramp (westbound Stoney Trail to northbound 14 Street NW/southbound 14 Street onto westbound Stoney Trail) creating a second point of access for the community of Evanston.

This project was completed a full year ahead of schedule thanks to the participation and coordination between The City of Calgary, Qualico Developers and the Province of Alberta.

"I've heard concerns for some time from area residents about accessibility into the community of Evanston," said Joe Magliocca, councillor for Ward 2. "This second point of access is a huge win for the community, and it's a bonus to have it open a year ahead of schedule. It's also nice to see the coordination between the developers, The City and The Province. I've been a major proponent of this project and am happy to see it built."

While there is some minor work to be completed (permanent signage and additional landscaping in the spring, for example) these ramps opened a full year ahead of schedule. Construction was completed between August and November of 2014.

This project was completed within its \$2.6 million budget.

Symons Valley Road re-opened

Symons Valley Road was completely closed between 144 Avenue N.W. and Sage Meadow Circle from June 16 to November 26, 2014. During this time, crews upgraded Symons Valley Road to accommodate future residential development. The upgrades included improving the road structure to better serve the heavy truck and vehicle traffic that uses this roadway on a daily basis. Because of these upgrades, Symons Valley Road now has a life cycle of approximately 30 years, and is 50 per cent closer to final completion. The road will ultimately be widened to two lanes in each direction. During the closure of Symons Valley Road, all heavy truck traffic was detoured to Shaganappi Trail. Symons Valley Road is currently re-opened to truck traffic. The City of Calgary, Stantec, and Brookfield Residential would like to thank residents and motorists in the area for their patience and support during construction.



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THE ALBERTA FILE

Investing in Health Care

Alberta's booming economy and high standard of living continue to attract thousands of new residents every month. Our hospitals are facing increasing pressure from this population growth and our government is taking strong action to ensure all Albertans, including our vulnerable seniors, receive timely access to acute care services.

There are currently more than 700 seniors and patients with complex needs who are patiently waiting in acute care for a continuing care space, making these hospital beds unavailable. Premier Prentice has tasked the Health Minister to increase access to acute and continuing care systems to relieve this pressure.

This fall, our government launched the Continuing Care Capacity Plan which will open 464 continuing care spaces over the next 12 months. We will also look to assist the remaining patients waiting in acute care through \$60 million in targeted Affordable Supportive Living Initiative (ASLI) funds.

Further actions include the dedication of 20 per cent of newly freed up acute care spaces for exclusive emergency department use, a home care capacity review, the exploration alternative health care delivery models in continuing care settings, and further ASLI investments by the Minister of Seniors.

This government is committed to ensuring all Albertans have timely access to quality health care, when and where it is needed.

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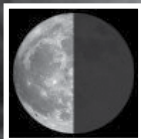
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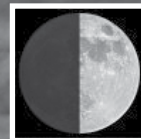
Full
Moon
Jan 4



Last
Quarter
Jan 13



New
Moon
Jan 20



First
Quarter
Jan 26

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**Deadline – 1st of each month for the
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news@great-news.ca

- ◆ Free announcements: lost/found, household items
for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

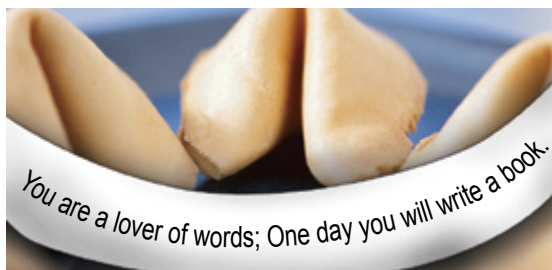


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Calgary HEALTH LINK 24/7	403.943.5465
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
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Child Find – Alberta	403.270.3463
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Poison Centre – Alberta	403.944.1414
Suicide Crisis Line	1.800.784.2433
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Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	
(Towed/Abandoned Vehicles etc.)	403.537.7100
Calgary Seniors' Resource - SeniorConnect	403.266.6200
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