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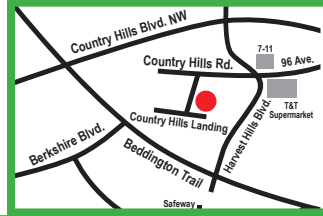
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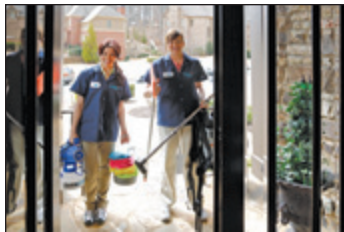
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Tom Baines Junior High	403-777-7190
Sir Winston Churchill Senior High	403-289-9241
St. Dominic Fine Arts	403-500-2058
St. Jean Brebeuf Junior High	403-500-2046
St. Francis Senior High	403-500-2026
St. Luke Elementary (FR)	403-500-2039
Madeleine d'Houet Junior High (FR)	403-500-2008
École Terre des Jeunes (Fr)	403-247-2458
Ste-Marguerite-Bourgeoys (s)(Fr)	403-240-2007
École de la Rose sauvage (Fr)	403-230-3112



## Hamptons Homeowner Association

#234, 5149 Country Hills Blvd, Box 120  
 Calgary, AB T3A 5K8  
 Phone: 403-208-0205  
 Fax: 403-208-0206

Email: [hamptonshomeowners@shaw.ca](mailto:hamptonshomeowners@shaw.ca)  
 Web page: [www.hamptonscalgary.ca](http://www.hamptonscalgary.ca)  
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**Editorial Content DEADLINE**  
**10<sup>th</sup>** of each month for the next month's issue

# PRESIDENT'S MESSAGE

Dear Hamptons Residents,

I hope everyone is enjoying the weather, it appears based on long term forecast we are going to keep having a great end of the winter season and maybe have an early spring. I am probably speaking way too soon as we have all seen how quickly things can change here. This remarkably warm winter we have been experiencing, has had an impact on our Hockey Rink which at the time of me writing this letter has been closed for 2 weeks.

I have no further updates from the Hamptons Golf Course or Quantum Place Developments. We continue to gather information and wait for the pending application(s) from the City of Calgary to allow for redevelopment "Pocket Development" of the Hamptons Golf Course. For the most current information, please feel free to visit our website <http://hamptonscalgary.ca>, <https://hamptonshomeowners.wordpress.com>, <http://www.hamptonsgolfclub.com/future-plans-background/> and <http://quantumplace.ca>.

Our maintenance projects for 2016 will include finalizing the approved stamped concrete repairs which have been going on for the past 2 years and additionally some needed maintenance at our Hamptons Rink. I have been contacted by several residents of the Hamptons requesting that we replace flower planters which have been damaged in past years and removed without replacement. We will be evaluating these individually, as these specific locations were prone to continuous damage from vehicles and the decision was taken years ago not to replace them.

## Easter Sunday Celebration

Please join us on March 27, 2016

**9-10:20am Complimentary Breakfast**

(RSVP by phone or e-mail)

**9:50-10:25am Children's Easter Egg Hunt**

**10:30-11:30am Easter Musical Celebration**

## Westminster Presbyterian Church

290 Edgepark Blvd. NW, Calgary Website: [www.wpchurch.net](http://www.wpchurch.net)

E-mail: [admin@wpchurch.net](mailto:admin@wpchurch.net) Phone: 403.241.1443



Up coming events for the Hamptons Community will be our Annual Community Garage Sale which normal takes place during the first weekend of May. Historically we always try to avoid the Mother's Day weekend but still have it in early May, this year Mother's Day falls on May 8<sup>th</sup>. We have decided to move the Community Garage Sale to Saturday May 14<sup>th</sup>.

We welcome any feedback or suggestions from the community on what you would like to see on our website and Facebook. If you have pictures which you would like to share with us, we would be more than happy to accommodate. Feel free to e-mail us at [hamptonshomeowners@shaw.ca](mailto:hamptonshomeowners@shaw.ca).

*Perry J. Genereux*

*President*

[www.hamptonscalgary.com](http://www.hamptonscalgary.com), [www.hamptonscalgary.ca](http://www.hamptonscalgary.ca)

Facebook – Hamptons Community, Twitter – @hamptonscalgary

## BRAIN GAMES SUDOKU

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FIND SOLUTION ON PAGE 11

# IN & AROUND SCHOOLS

## The Hamptons School

Hello from The Hamptons School. All of the students have worked very hard this whole semester and it will soon be time to share this learning with their parents. We will have student-led conferences where the student guides the parents through their work explaining the assignment and what he/she has learned. Everyone is very involved and these are very productive conferences. We will have an Usborne Bookfair happening during interviews too.

We will be visiting Tom Baines Junior High to watch their musical. We will have a week of Martial Arts lessons and a week of Golf lessons in March. The students enjoy learning new skills from the experts we bring in to the school using our casino funding. We have so many opportunities provided because our parents volunteer their time to work a casino. We appreciate it very much.

We are approaching Spring Break at the end of this month. It will be a wonderful time for our families to spend time together and come back refreshed for the last semester.

# School's Out For Tweens

Every Friday from January 15 to February 19

Ages 10 - 14

4:00-5:30 PM



Come to the Crowfoot Library for some awesome after school activities: games, crafts, challenges and fun

No Registration Required

# U8 to U18 REGISTRATION 2016 Outdoor Soccer

**On-Line Pre-Registration available February 17, 2016**

[www.NorthSideSoccer.ca](http://www.NorthSideSoccer.ca)

Outdoor soccer registration is available for all ages from six (U8) to eighteen years old (U18) – birth years 1998 to 2009 and available to players from all communities.

For registration details and information about our City league soccer program, please go to our web site or email us:

Website: [www.NorthSideSoccer.ca](http://www.NorthSideSoccer.ca)

Email: [Registrar@NorthSideSoccer.ca](mailto:Registrar@NorthSideSoccer.ca)

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## IN & AROUND CALGARY

### South Shaganappi Study: Get Involved

The City of Calgary is conducting a transportation corridor study for the south end of Shaganappi Trail. The study area includes the Shaganappi Tr. and 16 Ave. interchange, the Shaganappi Tr. and Bowness Rd. intersection and the Bowness Rd. and Memorial Dr. interchange.

#### Your Input is Important!

Shaganappi Trail has always been identified as a vital link in Calgary's transportation network. Working closely with the community, we will develop a vision for the study area that accommodates all modes of transportation and is integrated with surrounding communities and land uses.

**Phase Two: Concept Development and Analysis  
Engagement Opportunities in April/May 2016**

#### IDEA WORKSHOP

Attend this workshop to share ideas about possible changes and different ways to achieve the study's goals and objectives.

**RSVP at [calgary.ca/southshaganappi](http://calgary.ca/southshaganappi) or call 311.**

#### PROVIDE INPUT ONLINE

If you're unable to attend the workshop, there will also be an opportunity to share your ideas online at [calgary.ca/southshaganappi](http://calgary.ca/southshaganappi).

In addition to the events above, a similar workshop for the adjacent communities of Montgomery, Parkdale and Point McKay has been scheduled in April. This invite-only event provides those with homes and businesses in close proximity to the study area an opportunity to participate in the same workshop with others who may share similar perspectives.

For specific event dates, times and locations, or to learn more about the study, visit [calgary.ca/southshaganappi](http://calgary.ca/southshaganappi) or call 311.

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# News from the Friends of Nose Hill

by Anne Burke

The goal of Nose Hill Park is to perpetuate the natural character of the landscape while providing compatible, quality recreational opportunities (Nose Hill Natural Area Management Plan 1994). Some of these are hiking, cycling, running, and dog-walking. However, there is work to do in protecting this precious natural grassland through conservation of its ecologically significant areas.

A restoration plan was proposed to close park trails with damaged vegetation; for rehabilitation and reseeding; removing priority areas of brome and replacement with native grasses. Now there is potential for re-populating wildlife, ground-nesting birds such as the sharp-tailed grouse.

Nose Hill is important to people and their wellness, especially during times of economic stress and strain; it is a source of wildlife and bird study, historical resources, green space for nature, and outdoor activities. The Hill is a winter birding location for certain species, particularly raptors. In summer the prairie habitat attracts 14 species of sparrow. It is an accessible area for native grassland. Some species are no longer present due to changing vegetation, human impact, and the overall decline in grasslands.

The International Union for the Conservation of Nature provides for diversity of species and ecosystems. This

applies to animals, plants, habitat, and genes from land, sea, and other aquatic ecosystems.

The Biodiversity Policy was approved by Council in March, 2015. There are four principles: ecological literacy, resilience, collaboration, and integration. The first is to support biodiversity by knowledge and understanding about ecology, personal stewardship, and Calgary's natural heritage.

The Advisory Committee on Biodiversity meets monthly and one subcommittee fosters ecological literacy, which means to promote public understanding of biodiversity and ecology to encourage positive actions that support environmental conservation.

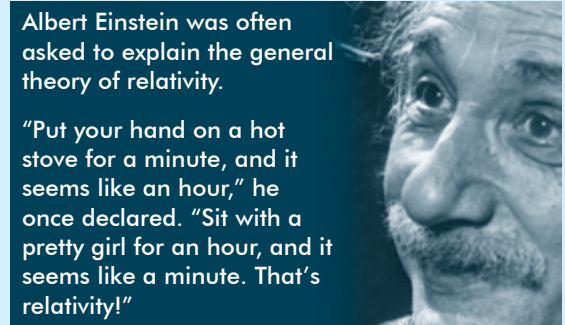
Some commitments are:

a) Develop volunteer initiatives and education programs to support stewardship and conservation with schools, communities, and citizens.

b) City staff, Council, businesses, and communities access training and information to promote the goals of biodiversity conservation, through buying practices, building and site design, open space planning and management. This includes an awareness of invasive species (weeds), habitat fragments and loss, and indirect pressures on biodiversity which cause ecological disruption.

c) Set objectives and targets for conservation across appropriate initiatives. Three new on-the-ground initiatives will be implemented within the ten years of the program.

d) Make biodiversity common in City decision-making. The aim is to restore degraded habitats and manage biodiversity of Calgary's open space and neighbourhoods.



Albert Einstein was often asked to explain the general theory of relativity.

"Put your hand on a hot stove for a minute, and it seems like an hour," he once declared. "Sit with a pretty girl for an hour, and it seems like a minute. That's relativity!"

# YYC and NAV CANADA Open House Meetings December 2015 and January 2016

Several representatives from YYC and NAV CANADA hosted open houses this past December and January to communicate proposed changes to current flight paths at the north and south ends of the city (RNP Approaches). We would like to thank YYC, NAV CANADA and everyone who came out to learn and voice concerns.

These open houses were focused on RNP flight paths, but the key interest to many attendees was the original 2014 flight path changes, and seeking options to address the noise impact that high frequency, low flying planes are having on communities.

The following are two options that were frequently voiced, and ideas we would like to have further discussions with NAV and YYC to reduce the constant impact to West Calgary communities:

1. Spread the flights out across many communities rather than substantially impacting just some (similar to the previously spread out paths prior to 2014). As global aviation transitions to concentrated flight paths, this is the direction NAV CANADA is instructed to proceed. Therefore, the "spread out" solution is currently not being explored. We believe this is the fairest long-term solution to this issue, which is occurring in many cities across Canada and the world.
2. Utilize less populated areas for flights when possible. NAV CANADA stated this is difficult for our area due to the conflict between arriving and departing flights. NAV CANADA's explanation was difficult to visualize and understand. We would like to see fully explored studies involving this.

Attendees brought up the topic of legal compensation if a solution was not identified. Lawsuits exist in the US over the introduction of concentrated flight paths, and legal settlements have been awarded in Europe. To avoid this, YYC is very open to hearing concerns and suggestions. A satisfactory outcome is more likely if **residents actively vocalize their concerns**. To do this, visit [www.yyc.com](http://www.yyc.com) or [www.wcatc.ca](http://www.wcatc.ca).

A solution is required, as air traffic over West Calgary will increase in the future. This is not an easy issue, but it is not impossible to come to a fair compromise to solve the negative effects of air space change. This will require the aviation industry to listen to communities, achieve a better understanding of life under concentrated flight paths, to fully understand the effects on physical/mental health, and the real cost to property/domestic life. We encourage NAV CANADA to become world leaders in this and successfully find safe solutions for everyone in the air, as well as on the ground.

West Calgary Air Traffic Concerns  
[www.wcatc.ca](http://www.wcatc.ca)

## BRAIN GAMES SUDOKU

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# The UPS Store Hamptons Community

Interview with Jay Cai, Owner of The UPS Store 108  
By Farouk N, Mohammad J., & Salmon M.

Not only is Jay Cai the owner of Edgemont's UPS store he is also a successful realtor at Royal LePage Solutions and an accomplished musician in China. All of these outstanding accomplishments were achieved at a very young age for Jay. In addition to operating The UPS Store, Jay is very passionate about the arts, culture, the environment, human rights and education. All these traits have contributed to Jay being successful entrepreneur and Edgemont community mentor.

Jay believes that location is key in business. "The reason why customers come to us in Edgemont is because of our location," he states. "It is local and it is convenient for the Edgemont community."

However, it is also the ability to connect with people, which is important, something that Jay works very hard to achieve. Coming to Calgary at a very young age, Jay is a big advocate on ethnic diversity and multiculturalism. When he started Club Zero Entertainment (www.clubzeroentertainment.com) in 2005, his vision was to break cultural barriers by means of music. He believes that music is a universal language that connects people. Jay certainly knows the community, having attended from Sir Winston Churchill High School before continuing forward with a degree in International Business at the University of Calgary.

His influence has also extended beyond the Edgemont community and into greater Calgary and even across the globe. As we conducted more research online we found out that Jay is known as JKAI in the entertainment industry. He worked as a dance choreographer with Fairchild TV and 94.7 FM radio in 2004. As a manager and album producer, he worked with Canadian Idol Billy Klippert in 2009. Since 2013, Jay launched his solo career as singer/songwriter JKAI with a huge fan base in China. He has released two group albums and six solo albums in total. His music and videos can be found on Youtube, iTunes, QQ Music, Kugou and many other major music apps. We are proud to have someone with such rich background featured as one of our most respectable business leaders in Edgemont.

Jay Cai, owner of Edgemont's UPS store believes that "No matter what you're doing, quality standards can not be compromised," a trait which has allowed him to greatly contribute to the business community in Edgemont and more.

**Jay Cai's comment:**

"Thank you, boys, for writing this article about me. I've been living in Edgemont for over 18 years. I really love the way people in our community treat each other with respect regardless of what we do or how much money we make. We shouldn't take this for granted. Without a good social environment, I wouldn't become who I am today. To me, the goal is always to create value. Financial wealth is only a side product in a good economy. The UPS Store has been providing mailbox rental, pack and ship, printing services to the community for over 20 years. I was a customer, and then I became an owner. After running it for six years, I've grown more and more attached to the store and the kind faces of this community. Despite many difficulties such as the enormous rental increases and economic downturn, we are still trying to keep our cost as low as possible so that the community can enjoy the same level of convenience without having to pay too much. In order to achieve that, we have downsized a little bit but we are here to stay and serve great value."



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As the 1st session of the 42nd Parliament resumes, I will continue to be a strong voice on your behalf in Ottawa, representing the interests of Calgary Nose Hill. In these uncertain economic times, it is necessary to be vigilant in holding the government to account, both for the manner and the amount of your money that they are spending. I will remain consistent in calling for a balanced and prudent approach to the federal budget.

Within the riding, I have already begun meeting with our community association presidents to discuss issues of local importance such as federal infrastructure spending on projects like the LRT Greenline, and I will continue meeting with our provincial and city representatives on matters that cross governmental boundaries.

The current downturn in the energy sector in Alberta has affected many of you or your families, and the following federal government contacts may be of interest to you.

- Service Canada general enquiries: 1-800-622-6232  
www.servicecanada.gc.ca
- Service Canada job bank: www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml
- Unemployment insurance (EI) general enquiries: 1-800-206-7218
- Canada Pension Plan and Old Age Security general enquiries: 1-800-277-9914

As always, my constituency office remains available to provide the usual services for the people of Calgary Nose Hill and I hope that you will feel free to contact my office with any issues or concerns you may have. Please contact me at: 403-216-7777, michelle.rempel@parl.gc.ca or visit my website at www.michellerempel.ca.

**Animal Trivia**

A bird requires more food in proportion to its size than a baby or a cat.



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It was another busy couple of months for the Nitanisak Girl Guides.

### Brownies

The 85th Brownies had a very fun morning in January participating in STEM (Science, Technology, Engineering and Math) Day activities and experiments. We are excited about our February Zoo Sleepover with the hippos and giraffes. Also, we are going to go on a Winter Walk with our Be Prepared Kits that we made at a meeting. These are just a few of the cool things we are doing in Brownies.

### Guides

The 110th Guides are planning a skate night in February, we are having Child Safe Canada come to do a Street Smart program in January. We are also doing Valentines for Vets (more information below). In December we had a nutritionist come in and talk to the girls as part of healthy eating badge, earned the life skills badge, and put on a Christmas party for the Brownies.

### Pathfinders

The 90th Pathfinders had a wonderful December by celebrating our new Pathfinders at our enrollment ceremony. We have 13 fantastic young women who are planning Thinking Day events for two of the Brownie units within our District. Thinking Day, February 22nd, is a celebration of international friendship for Girl Guides and Girl Scouts around the world. February 22 is the shared birthday of Lord and Lady Baden-Powell. Lord Robert Baden-Powell started the Boy Scouts. His wife Olave spent her life, after her marriage to Robert, promoting Guiding and Scouting.

### Rangers

The 60th Rangers have been completing their challenges by planning and facilitating meetings for Guides, Pathfinders and Brownies. We look forward to having fun at Flying Squirrel Trampoline Park, curling, learning how to create beautiful Ukrainian Easter Eggs, chilling over hot drinks at our local coffee shop, Law Day, and a year-end trip to Banff. We appreciate all the Guiders who let us come and run meetings for their unit – we hope the younger girls are having as much fun as we are!

The Valentines for Vets program helps us to appreciate and value our Veterans, not only on Remembrance Day but all year long. It is also an opportunity for educators to share with Canadian youth the accomplishments and sacrifices of our Veterans, giving them a greater understanding of Canada's proud military history. The personal touch of hand-crafted valentines leaves a lasting impression and brings smiles to the faces of Veterans in long term care facilities across Canada. Though they may never meet people who create these valentines, some Veterans shed tears of appreciation as they read the heartfelt messages. Others display their cards for weeks after Valentine's Day. ([www.veterans.gc.ca/eng/remembrance/get-involved/valentines-for-veterans/educators](http://www.veterans.gc.ca/eng/remembrance/get-involved/valentines-for-veterans/educators))

If you are interested in becoming a leader with our district, please contact Sharron at 403-547-7352.

If you'd like to register your daughter for Girl Guides, please visit [www.register.girlguides.ca](http://www.register.girlguides.ca).



### COUNCILLOR, WARD 2 JOE MAGLIOCCA

403-268-2430  
[Joe.Magliocca@calgary.ca](mailto:Joe.Magliocca@calgary.ca)  
[Calgary.ca/ward2](http://Calgary.ca/ward2)  
 Facebook: Joe Magliocca • Twitter: @Joe\_Magliocca

I would like to take this opportunity to wish everyone a Happy Easter. As we get closer to spring with warmer temperatures, I encourage Calgarians to get outdoors and enjoy the many recreational opportunities in and around the City. However, please take extra caution around frozen lakes and streams. It is particularly important to stay away from drainage ponds as any remaining ice will be very thin. Even though the ice may look solid, looks can be deceiving. Stay off the ice unless it is a City or community-designated area.

### Neighbourhood Spring Clean Up

The warmer temperatures and melting snow also provide a great opportunity to consider organizing or participating in a neighbourhood spring clean up. It is important for all of us in Ward 2 to do our part in keeping our communities clean. Furthermore, if you see uncleanliness in your neighbourhoods, please feel free to contact 311 or my office.

### Crowchild Trail Study

Thousands of residents in Ward 2 utilize Crowchild Trail every day. The City of Calgary is currently conducting a study that will identify short, medium and long-term upgrades for Crowchild Trail between 24 Ave. N.W. to 17 Ave S.W. Your input is crucial to the future of this important roadway. Calgarians are invited to drop-in at one of several open houses on:

- Thursday, March 10, 5 to 8 p.m. Red and White Club, McMahon Stadium 1833 Crowchild Tr. N.W.
- Saturday, March 12, 10 a.m. to 1 p.m. Queen Elizabeth Sr. High School 512 18 St. N.W.

Visit [calgary.ca/crowchild](http://calgary.ca/crowchild) for event details and other opportunities to provide your input as they become available.

### Year in Review Newsletter

In many coffee shops around Ward 2 you will find my "Year in Review" newsletter. It is important for me to keep you informed on current events and projects going on in Ward 2, but it is also important to look back at the progress we made together as a community on roads, parks, and other issues that are important to you. The "Year in Review" newsletter can be found in hard copy at coffee shops throughout Ward 2 and also online at [www.joemagliocca.com](http://www.joemagliocca.com).



### MLA CALGARY-FOOTHILLS PRASAD PANDA

Suite 104, 3604 – 52 Ave NW  
 Calgary, AB T2L 1V9  
 403-288-4453  
[calgary.foothills@assembly.ab.ca](mailto:calgary.foothills@assembly.ab.ca)

I am happy to announce that we have secured some space for our constituency office at the Dalbrent Professional Centre, right across 52 Ave from Sir Winston Churchill High School. We hope you will come to our official grand opening in the very near future.

In late January, at his request, we submitted to the Infrastructure Minister a short list of much needed near term capital projects in our riding. I hope to gain clarity on where these projects lie on the government's priority list. Our list was based on what we have heard from many constituents and community associations. These submissions included several new schools in the communities north of Stoney Trail and improvements to the existing interchange at Stoney and Shaganappi Trails. We separately sent a letter requesting a meeting with the Transport Minister to discuss the final implementation of the full interchange at Stoney and Shaganappi Trails. We eagerly await announcements after the new budget is presented in early March.

While there are other concerns about the Alberta economy, we can report that one source of industry uncertainty was removed when the royalty review panel recommended no changes to Alberta's current energy royalty structure.

January and February saw the days finally getting longer, with people anticipating their prospects for a better year. We thoroughly enjoyed attending as many skating parties and Lunar Year of the Monkey events as we possibly could. Participating in events like these is the best part of this job!

### Joes Tip:

**Download the 311 Calgary Mobile App** - By downloading the 311 Calgary mobile app you can connect directly with The City to submit a service request at any time of day. With the 311 Calgary mobile app, you have the option to attach a photo to your request, use your smartphone's GPS function to allow the app to detect your location and have the ability to track the status of your request using the auto generated service request number. Visit [www.calgary.ca](http://www.calgary.ca) for more details.

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**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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## IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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## COMMUNITY ANNOUNCEMENTS

**Deadline – 1<sup>st</sup> of each month for the next month's publication**

**Contact news@great-news.ca**

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

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# Free Easter Egg Hunt

**Hop on over!**

**Saturday, March 26, 2016, 1-3pm**  
 Corner of Centre Street & Bergen Road NW (Behind Beddington Safeway)  
 25,000 Easter eggs, bouncy houses & giveaways for kids and adults.

Join us for one of our weekend services: | [bpchurch.ca](http://bpchurch.ca) 

## You want tasty, healthy and easy meals. Done.

From deli to dairy, we think about everything we put on our shelves, and everything we serve our customers – including our café meals. We offer takeaway or dine-in meals that are made daily with fresh, wholesome and organic ingredients. From sandwiches and soups to salads and daily specials, it's an easier way to stay healthy.

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\* With purchase of a hot buffet or salad bar item. Redeem this coupon at the time of café purchase. Coupon cannot be combined with any other offer or discount. Limit one free loaf per purchase. Offer expires April 30, 2016. Coupon has no cash value.

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customer care: 403-930-6363 | [communitynaturalfoods.com](http://communitynaturalfoods.com)

## CELEBRATE EARTH DAY AT THE CALGARY TOWER

**CLIMB 802 STAIRS**  **OR RACE 1KM & CLIMB 802 STAIRS**

**APRIL 23, 2016**

[www.ClimbForWilderness.ca](http://www.ClimbForWilderness.ca)

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HAMPTONS YEAR-TO-DATE STATS	# OF SALES	AVERAGE PRICE
Bi-Level	1	\$736,125
Bungalow	10	\$743,050
Two Storey	68	\$786,857
Two Storey Split	3	\$788,333
Townhouse	11	\$401,618
Villa	6	\$557,500
<b>TOTAL</b>	<b>99</b>	
Average days on Market	40 days	

TEXT T888767 TO 85377



**\$1,149,900**

307 Tusslewood Terrace NW

- Crystal Creek, 4 bedroom+den two storey
- to be built, 3 car garage, extensive extras
- bonus room, hardwood, fully finished

TEXT T901448 TO 85377



**\$399,999**

78 Hamptons Link NW

- LaVita 2 bedroom+den townhome w/walkout
- white kitchen, fully finished, fireplace
- backs on park, single garage, views!

TEXT T888795 TO 85377



**\$669,000**

103 Hamptons Square NW

- CalBridge 3 bedroom+den two storey
- built-ins, hardwood & tile, maple kitchen
- South backyard, skylights, tile roof

TEXT T971207 TO 85377



**\$999,900**

26 Rock Lake Heights NW

- Crystal Creek 4 bedroom+den two storey
- walkout on pond, hardwood & granite
- bonus room, 3 car garage, to be built

TEXT T855739 TO 85377



**\$1,298,900**

4677 Hamptons Way NW

- Janssen 6 bedroom+den two storey, A/C
- hardwood & tile, cherrywood kitchen
- finished walkout, sides/back on golf course

TEXT T984515 TO 85377



**\$449,900**

71 Edgepark Villas NW

- lovely 2 bedroom+den villa, backs on park
- vaulted ceilings, finished walkout, A/C
- oak kitchen, 2.5 baths, walk to shopping

TEXT T834831 TO 85377



**\$499,900**

88 Edgewood Drive NW

- custom 4 bedroom / 3 full bath raised bung
- 2 fireplaces, oak kitchen, fully finished
- 2 decks, 3 car garage, close to transit

TEXT T885036 TO 85377



**\$582,900**

204 Hampshire Place NW

- lovely 5 bedroom+den two storey split
- open floorplan, corner lot, cul-de-sac
- one-owner home, close to transit/shopping



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