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École Terre des Jeunes (Fr)	403-247-2458
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École de la Rose sauvage (Fr)	403-230-3112

Hamptons Homeowner Association

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Mark your Calendar:

Hamptons Annual Community Garage Sale
May 14

Hamptons Homeowners Fees
due June 15

Hamptons Stampede Breakfast
July 9

Hamptons Annual General Meeting
TBA (mid November)

Hamptons Annual Family Skate
December 27

IN & AROUND SCHOOLS

Hello from The Hamptons School!

With two months remaining in the school year, there is still much to do here at the school. The Grade 4 students held an Energy Open House on April 28 where they discussed alternative forms of energy and presented their energy efficient homes. On May 27, the Grade 4 students will perform their French plays for their parents. We have Teachers' Pet coming to the school for Kindergarten and Grade 4. The Kindergarten students are also having a program called Butterflies and Wishes. The Grade 3 students will be visiting the Calgary Tower and might even climb the steps to the top. For the whole school, we have the Foothills Brass performing. This is a very energetic group that the students enjoy very much.

The Hamptons School will host a volunteer celebration for all parents to thank them for supporting our students. The theme of the celebration is "Volunteers Add Sparkle" and it will be a glittery event. We appreciate all support from all parents because, by working together, our school is stronger. The school is such an important part of The Hamptons community and we are very proud to serve this community.

CUPE
Calgary's city employees

Making your city work for you

It's the start of another outdoor soccer season. And this year, it's fully public — the way it should be.

That's because Calgary council has asked your city workers to take over management and maintenance of the the Calgary Soccer Centre from private organizations.

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- A clean, efficient facility — where you feel comfortable taking your family.
- Saving you money — city council saw a public solution as the most cost effective; there will be no more spectator fees.
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We think this is a pretty good game plan moving forward: Let's keep city recreation facilities public *and working for all Calgary families.*

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The Feline Mystique

I first put this article together nine years ago. In the spirit of laughter relieving all our worries, I want to share it with our readers again. Many of these quotes come from an article I came across by the humorist William J. Thomas, a collection of quotations about the cat. I have to share some of these brilliant insights into the creature known as the cat, as "cat" is a far too trivial word for the emotions and characteristics this animal evokes in my mind. For example "The phrase 'domesticated cat' is an oxymoron" (George Will). Or "A god among creatures. Yet also a stray like me" (Tony Ross).

Some quotes reflect on a cat's attitude towards us. "To a cat, human beings are an inferior, servile race, always to be kept in their places, with occasional rewards if they perform well. To love a cat is uphill work, and therefore, very rewarding" (Haskel Frankel). "Cats always know whether people like or dislike them. They do not always care enough to do anything about it" (Winifred Carriere). "Cat: a pygmy lion who loves mice, hates dogs, and patronizes human beings" (Oliver Herford).

Other quotes revel in the cat's beauty and femininity. "Every cat is really the most beautiful woman in the room" (E.V. Lucas). Carol Lawrence says "They're the most graceful, sinuous, sexy, truly sensuous creatures in the world". My absolute favorite reflection by Robert Heinlein "Women and cats will do as the please, and men and dogs should relax and get used to the idea".

Cat, a word synonymous with independence. "A cat is there when you call her - if she doesn't have something better to do" (Bill Adler). "Cats know how to obtain food without labour, shelter without confinement, and love without penalties" (W.L. George).

We all know cats are smart. Hippolyte Taine said "I have studied many philosophers and many cats. The wisdom of cats is infinitely superior". Carl Van Vechten noted "The cat seldom interferes with other people's rights. His intelligence keeps him from doing many of the fool things that complicate life". I agree with them and H.G. Frommer's observation "Quirky are cats, independent and very, very smart. And clever about being smart. The smart cat doesn't let on that he is".

I would like to leave you with three final observations on our feline friends. All completely different viewpoints, but all very, very true. Elizabeth Peters declared "Cats refuse to take the blame for anything – including their own sins". Mark Twain wrote "If man could be crossed with a cat, it would improve man but deteriorate the cat". And finally, "The little furry buggers are just deep, deep wells you throw all your emotions into (Bruce Schimmel)".

If you have a topic you would like me to cover in your community newsletter please forward it to the publisher to pass on to me. For the record, if you asked this veterinarian if I prefer cats or dogs, I am unable to answer, but I have never seen a healthy feline canine relationship in which the cat comes out second.

Jennifer L. Scott B.Sc., D.V.M.

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Guides Canada

NITANISAK DISTRICT

Here is some of what we were up to in March and April, and some upcoming events. Registration for next year will open to the public June 1. Please visit https://register.girlguides.ca/web/ for more information and to register.

90th Pathfinders
The 90th Pathfinders were busying in March with completing our Be a Model Citizen. The girls learned more about what it takes to be part of this diverse community, city, province, and country that we live in. We had the pleasure of a night with the 60th Rangers and will get to do it again in April. It's wonderful to bridge with the older girls. In mid April we will be having a two night adventure camp where the girls will be doing archery, climbing wall, zip-line and horseback riding. It will be fantastic for the girls to have new challenges together.

91st Pathfinders
We are 11 girls and 4 leaders. In our pathfinder units, girls plan many of their activities, learning how to choose activities, budgeting for them, filling out safe guide paperwork, completing service projects, and taking on leadership roles with respect to planning activities and camping and fundraising.

The 91st Pathfinders have been busy! Here is a quick summary of our last two months. And remember, if you like the sound of these activities, you too can participate in guiding, as a leader or as a guide ☺

In March, we slept over at the Guide Centre where we completed some badges and enjoyed some games, exercise, and yoga outside beside the Bow river on a warm, gorgeous day. Later in the month, we curled at the Calgary Winter Club. It was fun to learn about this Canadian past time! We also went to the Calgary Pathfinder and Ranger STEM day at the University of Calgary. We explored STEM (Science, Technology, Engineering, and Mathematics) related challenges and listened to presentations about STEM themed studies and careers. Building zip-lines, lifting a load with hydraulic principles and writing computer code to draw kept the girls busy for most of the day.

In April, we had a door-to-door cookie blitz and sold at the Edgemont Superstore. Thank you for supporting us when we rang your doorbell. A cookie stand was a great way to make sure we can fund some more activities this Spring. We went swimming for one of our meetings in April and also updated our knowledge of First Aid by going to the Children's Hospital where Co-Commissioner Sharron (who is a doctor in her 'other life') let us practice our first aid skills on dummies!

We are excited to be planning our Spring Camp in late May when we have chosen to camp in Yurts! These are circular tents on a collapsible framework, used by nomads.

A large number of pathfinders and rangers are also busy getting ready for our international camp, called Guiding Mosaic or GM for short. It will take place at Sylvan Lake in Camp Woods in July and the girls have been planning and fundraising for about two years.

The 91st Pathfinders have been/will be at some of our community hosted events such as the Winter Festival, Easter Egg Hunt, and the Kite Festival.

Thank you so much for supporting us when we sell cookies for all of these activities. We are involved in many service projects throughout the guiding year because we want to give back to our communities.

110th Guides
We did a Minute to Win It game show night, a trip to the children's hospital to learn about bones, a pottery night at color me mine, we are doing a time capsule for a future group to open, bridging with the Brownies, and planning our year end camp.

85th Brownies
The 85th Brownies spent a wintery afternoon in Bowness Park with Ranger Sarah working on their Winter Outside badge. In March, we enjoyed a Hug A Tree presentation from the Calgary Search and Rescue Association and we were busy working on badges. We look forward to selling lots of cookies and learning about Earth Day in April.

145th and 165th Sparks
The 145th & 165th Spark Units have been busy. The girls did a community service project of Birthday Boxes for the food bank and then we had an "Un birthday" party for all the girls complete with cupcakes and a small gift to take home. The girls learned about Canada's food guide and had a healthy snack relay. We had a visit from a dental hygienist to learn proper brushing and flossing practices.

We had our Heritage Park sleepover complete with a scavenger hunt, making ice cream and learning about what life was like a long time ago!

We celebrated thinking day learning about Lord and Lady Baden Powel and the 4 guiding centers around the world. Girls were given piggy banks to start collecting money for CWFF.

We had a meeting in a tent dressed in our Jammie's, sang camp songs and enjoyed delicious popcorn. The girls made a camp hat craft, a SMORE!!

As we come into our last meetings of the year the girls will be learning about Clean water and water safety, we will be learning about "Hug a tree" and they will be making a "be prepared" kit to take with us at our Spring Camp at the end of April!!

The girls have a "bring a friend" night and we will be learning some Brownie circle songs and stories because we have about 10-15 Sparks moving up!!

Our last meeting with the girls will be held at Build a Bear!

Phewwww what a great year we had!!

170th Sparks
In April, we went to the Evanston Art for Cats Art Spatter Project. We also had a Zumba for kids class.

And to finish out our very crafty month of April, we also went to Crock a Doodle pottery painting.

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Our office has now been officially open for a month. Our regular hours are Monday-Friday 9:30AM to 5:30PM but please call ahead for an appointment as occasionally our duties take us offsite.

I have been very busy with my legislative duties and in my role as Shadow Minister of Economic Development and Trade. In late February, on behalf of my caucus, I responded to the Finance Minister's bleak third quarter update. I pointed out that the government has increased the tax and red tape burden on Alberta businesses in order to finance questionable new spending and yet we are still borrowing to pay for government operations.

In March, I participated with Official Opposition Leader Brian Jean and two of my caucus colleagues as we rolled out our 12 point Jobs Action Plan. Our plan offers practical solutions that can be implemented immediately. Our measures aim to unburden job creators while avoiding having the government pick winners and losers. We hope that the government will accept some of our advice when they move to implement the 2016-17 budget.

I've also written several newspaper and magazine articles recently on topics near and dear to me, particularly the energy sector, jobs and the economy. You can find these and the above video announcements by searching for me on Facebook.

Mom in the Fast Lane

Elisabeth Fayt

How often must something happen, before it occurs to you?

A few years ago, I was out running errands with my son who was four at the time. I realized I was running late for a meeting and there was no way I would make it at the pace we were going, so I decided to play a little game with him. I said, "Hey, let's have a race and see who can run the fastest" and we both started to run. After a few seconds, he stopped dead in his tracks and said "Mom, why are we racing?"

It was like the whole planet stopped whirling in space at that moment. I bent down to his eye level and responded "Good question, we're not going to race anymore." Without another word, we casually continued at our normal pace and arrived a half hour late for my meeting, which was irrelevant, as the other person had also been running late. She had not even arrived yet!

The experience had a profound effect on me. What came to light was that I had been sporting a pattern of rushing, of racing the clock and packing too many commitments into a small space of time. It clearly wasn't serving me well.

How often did this happen, before it occurred to me? I'd hate to count, but it definitely occurred to me that day.

As May is the month we celebrate Moms, this is a call-out to all Moms living in the fast lane. Slow down and take time to savour each moment. Be present with your children. Bend down to their eye level and give them your full attention. The whole planet will stop whirling in space. You won't miss anything. Trust me, I know from experience.

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Photo Credit: Alberta Guide Dogs

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~continued on page 15~

IN & AROUND CALGARY

How safe is your backyard fire pit?

Backyard fire pits are great places to gather and share good times in Calgary's summer months, but these great times can quickly become tragic if you aren't safe.

The City of Calgary has bylaw standards to help minimize some of the dangers of your backyard fire pit, or outdoor fireplace, wood burning oven or chimneys. The Calgary Fire Department also has a number of tips to help prevent anyone from getting hurt.

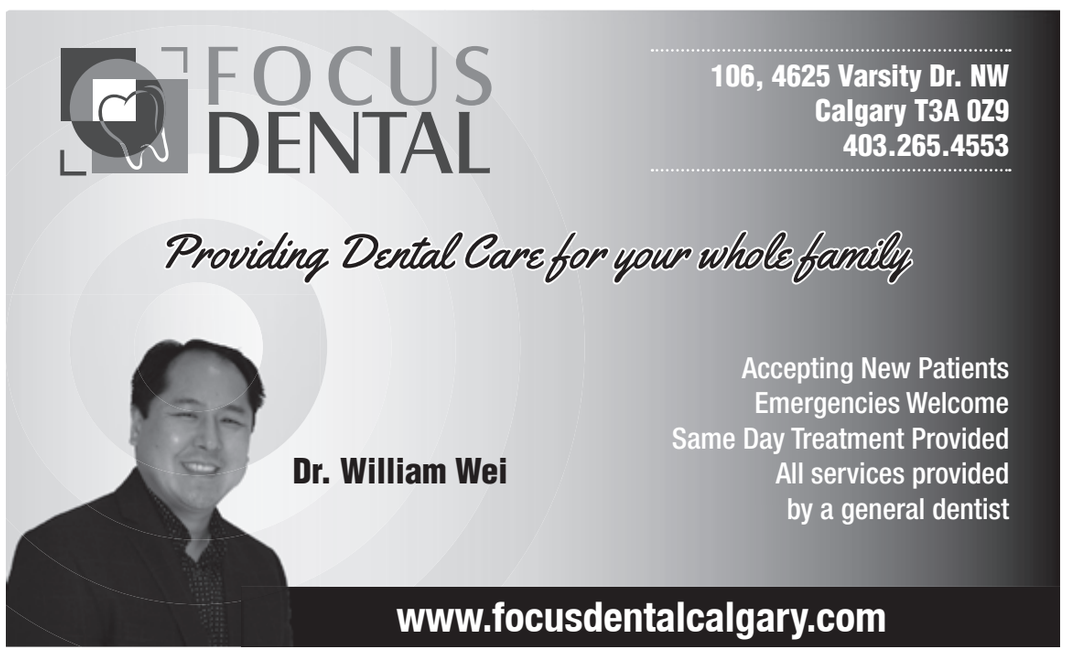
Safety tips and bylaw regulations

- Backyard fire pits should be built into the ground, on brick or stone, or in a fire-resistant container.
- Portable fire pits may be used on a deck as long as they sit on brick or stone, and not directly on your wooden deck.
- Fire pits must be at least two metres away from your property line, house, garage, or fence.
- Fire pits must not be under any trees, branches, plants or other materials that can catch fire.
- Always have a way to put out the fire close to your fire pit. Easy options are your watering hose or a bucket of water.
- All fires in your fire pit must be kept to a reasonable size; under 1 metre high and wide. This helps ensure the fire's embers, sparks or smoke do not harm anyone or cause a nuisance to neighbouring properties.
- All fires in your fire pit must be continually supervised.
- Fires may only be burned in fire pits from 10 a.m. to 1 a.m., unless prohibited in a fire ban.

Do not burn:

- Painted, treated or lumber containing glue or resin
- Wet, or green/fresh cut wood
- Yard waste (cut grass or leaves)
- Garbage
- Rubber
- Plastic
- Furniture

Always check www.calgary.ca/firebans to ensure no fire bans are in effect, which may caution against or forbid using fire pits. Remember, you can be fined from $500 to $5,000 for not following Calgary's fire pit bylaws (5M2004) or the instructions of fire bans. Learn more about Calgary fire pit safety and Bylaws by visiting calgary.ca and searching the term 'fire pits'.



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Neighbour Day is an opportunity for neighbours to come together in the form of BBQs, cleanups and potlucks to celebrate our strong community spirit in Calgary. Make Saturday, June 18 the day you host a block party, a picnic at your local park or even introduce yourself to a neighbour and lend a helping hand. The City of Calgary wants to encourage as many people as possible to host a local activity on their block or in their residential building. That is why they are waiving the fees for small scale local block party permits and neighbourhood park bookings for events that take place on June 18 this year. Please note the deadline for road closure permit applications is May 27. Visit calgary.ca/neighbourday for more information about Neighbour Day including an event planning kit, information about permits and other logistical considerations.

This spring, Calgary Police Service along with Alberta Commercial Vehicle Enforcement will be paying extra attention to safety infractions by heavy and light trucks. They will focus on moving violations, cargo securement, mechanical fitness and other related infractions to ensure all vehicles are roadworthy and safe. There will be check stops and enforcement blitzes throughout the spring.

With the population growth and the new development throughout northwest Calgary, certain major roadways are becoming increasingly congested. Two major projects that I have been advocating for is to twin the Shaganappi Trail overpass over Stoney Trail and to build a full interchange on 14th Street NW and Stoney Trail. Both of these interchange improvements are critical to the transportation network in northwest Calgary. I have met numerous times with officials from the provincial and federal government to advocate for these projects and I will continue to advocate for them at City Hall. If improving these roadways is a priority for you, please share your views with your local Member of the Legislative Assembly, Member of Parliament, as well as my office through www.joemagliocca.com.

Joe's Tips:

Until May 29, bring your leaves, branches, plants, grass and other yard waste to any City of Calgary landfill for free composting! You can also pick up free mulch from the landfills. Please note that the Spyhill Landfill is now open seven days/week from 7:30 a.m. - 5 p.m.

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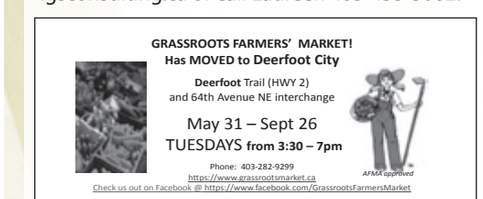
OFFICE FOR RENT MINUTES FROM DOWNTOWN: Space available NW exec. centre. Monthly rental start at $795. Includes two boardrooms; kitchen facilities; mail service; free parking; furnished and unfurnished. Non-monthly tenants: office rentals $12-$25/hour. Bookkeeping and accounting services available. For more information, please e-mail info@lgsconsulting.ca or call Laureen 403-455-3062.



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BRAIN GAMES SUDOKU

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FIND SOLUTION ON PAGE 17

News from the Friends of Nose Hill

by Anne Burke

International Migratory Bird Day is on May 8. Continual monitoring is required to maintain accurate, current information on their status around the world. Go to www.naturealberta.ca for Alberta birds at risk.

Ordinary people with an interest in wildlife, plants or species can help. Citizen science programs combine learning, field work, and volunteer research. Projects can be about insects, frogs and toads, birds, mammals, plants, water, and more.

There are local clubs and annual count events, such as the species count of birds during May at various locations around Alberta. The flower blooming count is the last week of May. Everyone is welcome to participate. For botany details, email svisser@ucalgary.ca.

Our Facebook group is busy reporting on wildlife sightings, identifying plants, and how early the crocus appeared on the John Laurie side, off the 64 Avenue entrance, and near the top above Charleswood Drive. Alberta Plant Watch is part of the national Canada Watch program. By reporting when certain plants bloom, volunteers contribute vital information for climate change studies. We now have almost 3 decades of information.

Go to www. plantwatch.naturealberta.ca.

Participation can be as easy as just looking for flowers in bloom and recording information about it on a data sheet and taking a picture; or go online to identify unusual or difficult plants.

Full colour photos are on our website. You can now report your observations and locations easily online. You can also use your smart phone to report data by your phone's GPS, and/or to send a photo of your plant. Please submit count results by June 30, 2016 for the May Flower Count -May 25-31.

Mark your calendars now for Nose Hill clean-ups on Saturday, June 18 and July 30 at the Edgemont parking lot (Edgemont Blvd. & Shaganappi Tr.) 11 a.m. to 2 p.m. where pick-up bags are given out to park users. Parks staff and Bylaw officers will be on hand. Individuals and groups are welcome for this PUPPY program.

You can volunteer to be a Park Interpreter for Nose Hill from June to October if you love to tell a story and have an interest in environment, natural history, local plants, and wildlife. Must be 18 years of age or older. Training provided. Call 311 or apply online at www.calgary.ca.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	**911**
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary Weather Information	511
Gamblers Anonymous	403.237.0654

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COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication
Contact news@great-news.ca

- Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- Forty word limit

BRAIN GAMES SUDOKU

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JUNE

JUNE 1 AND 2
POPS IN THE PARK

Celebrate the arrival of warmer weather and longer days with a picnic and concert in the park. This annual light-hearted, musical evening includes a western barbeque and plenty of music. www.calgaryphil.com

JUNE 5
LILAC FESTIVAL

The festival kicks off with a parade down 4th Street S.W., and afterward, Mission plays host to more than 500 vendors, street performers and musicians. www.lilacfestival.net

JUNE 24
TEDXYYC

Bringing Calgary's largest and most well-attended, independently-organized TED event to stage, we are thrilled to announce TEDxYYC is returning to Calgary. www.tedxyyc.ca

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

YOUR COMMUNITY/CITY EVENTS
AT A GLANCE...

- **May 18 to June 1 – Ginapalooza:** This spring, it's all about gin. The festival celebrates local gin distillers as well as internationally renowned gin brands. www.ginapalooza.com
- **June 2 - 12th Annual Evening of Wine and Wishes:** This food and fundraiser event is an entire evening of culinary festivities. Proceeds support the Rainbow Society of Alberta, a charity that helps Alberta kids with life-threatening or severe chronic medical illnesses. www.rainbowsociety.ab.ca
- **June 2 to 4 - Revv52: California:** Calgary's own vocal energy group, Revv52, celebrates its 64th season by exploring the music of California at the River Park Auditorium. www.revv52.com
- **June 3 and 4 - As Heard On TV:** This concert celebrates some of the most memorable music from popular TV shows of the past and the present, as performed by singer and comedian Nicole Parker and conducted by Steven Reineke. www.calgaryphil.com
- **June 4 - 2016 Eddies Short Film Festival:** The 2016 Eddies Short Film Festival this year is themed "trailblazer." Filmmakers can interpret that theme in any way they wish, and create any kind of film they like that reflects this theme. www.bigrockbeer.com
- **June 4 and 5 - Calgary Ukrainian Festival:** The annual Calgary Ukrainian Festival pays tribute to Ukrainian immigrants and showcases all aspects of their heritage. www.calgaryukrainianfestival.ca
- **June 4 to August 28 - Afternoon Tea on the Verandah:** Enjoy a traditional afternoon tea on the verandah of Heritage Park's newest exhibit, the Famous 5 Centre of Canadian Women. www.heritagepark.ca
- **June 17 and 18 - Vintage With Flair:** Find hand-designed, re-purposed and curated creations. The market sells everything from home decor to garden items to jewellery. www.vintagewithflair.blogspot.ca
- **June 22 to 26 – Sled Island:** The festival includes performances, installations and artwork by more than 250 bands, artists, filmmakers and comedians. The festival takes place in more than 30 venues across the city. www.sledisland.com

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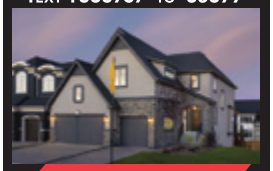
HAMPTONS 2016 STATS	# OF SALES	AVERAGE PRICE
Bi-Level	1	$595,000
Bungalow	3	$816,667
Two Storey	5	$908,040
Two Storey Split	0	-
Townhouse	0	-
Villa	0	-
TOTAL	9	
Average days on Market	41 days	

TEXT T888767 TO 85377

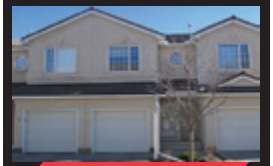


$1,149,900

307 Tusslewood Terrace NW

- Crystal Creek, 4 bedroom+den two storey
- to be built, 3 car garage, extensive extras
- bonus room, hardwood, fully finished

TEXT T901448 TO 85377



$389,999

78 Hamptons Link NW

- LaVita 2 bedroom townhome w/walkout
- white kitchen, fully finished, fireplace
- backs on park, single garage, views!

TEXT T831128 TO 85377

$1,730,000

66 Hamptons Manor NW

- custom 4 bedroom+den two storey, A/C
- 3 car garage, gourmet kitchen, theatre
- huge pie lot on golf course, prime location

TEXT T834774 TO 85377

$924,900

331 Hampstead Way NW

- Janssen 5 bedroom+den two storey
- hardwood & granite, built-ins, wet bar
- finished walkout on golf course, views

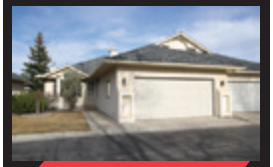
TEXT T829396 TO 85377

$999,900

4622 Hamptons Way NW

- custom 5 bedroom+loft two storey, A/C
- granite & tile, extensive upgrades/extras
- fully finished, golf course views, 2 fireplaces

TEXT T888770 TO 85377



$419,900

71 Edgepark Villas NW

- lovely 2 bedroom+den villa, backs on park
- vaulted ceilings, finished walkout, A/C
- oak kitchen, 2.5 baths, walk to shopping

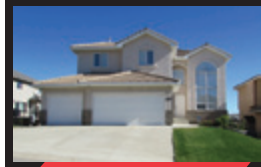
TEXT T959716 TO 85377

$399,900

91 Hampstead Green NW

- bright 3 bedroom LaVita Pointe condo
- end unit, 2 car garage, backs on park
- 9ft ceilings, fireplace, close to shopping

TEXT T888782 TO 85377



$879,900

9 Hamptons Manor NW

- CalBridge 5 bedroom+den two storey
- hardwood & tile, A/C, finished walkout
- 3 car garage, built-ins, 2 fireplaces

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