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St. Jean Brebeuf Junior High	403-500-2046
St. Francis Senior High	403-500-2026
St. Luke Elementary (FR)	403-500-2039
Madeleine d'Houet Junior High (FR)	403-500-2008
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10th

of each month for the next month's issue

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IN & AROUND CALGARY

October Fire Prevention Week. October 9-15th

Your Calgary Fire Department wants you to make time to ensure that your family is safe from fires.

 Don't wait, check the date!

 If a fire occurs in your home, we, as firefighters know firsthand that only a WORKING smoke alarm can alert you. Smoke alarms that are older than 10 years old may not work when you need them most, so check the date on the unit, if it is older than 10 years old, replace it!

 If there is no date, and it appears to be older than 10 years old, replace it.(even if it is hard wired)

 Other simple reminders:

- check every detector monthly by pushing the test button
- change the battery annually (some now have ten year batteries)
- you need to be able to hear the beep when you sleep
- you should have a smoke alarm on every level of your home
- many smoke alarms will “chirp” when the battery is low or when the alarm has reached its lifespan

If the alarm does go off, your family can initiate your home escape plan. For additional information on escape plans, visit Calgary.ca/CSPS/Fire

 Please watch and share our new fire safety video with your family:




Fire Safety Tips with Flint

https://youtu.be/QbE3tCBzeY0

DID YOU KNOW: that the first arriving Captain at a building fire may have to make up to 200 decisions in the first 5 minutes? The decisions start even before the fire engine leaves the fire hall!

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BRAIN GAMES

SUDOKU

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	3	4	7		9			
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4		1	3			7	9	
			8		1			
			6		3	8	4	
	1			2				

FIND SOLUTION ON PAGE 13

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IN & AROUND CALGARY

Fraud Awareness

A message from the Federation of Calgary Communities

Join us and Cst. Andrew Critchley from the Crime Prevention Unit at the Calgary Police service for a presentation that will focus on fraud awareness, common scams and best practices to avoid being a victim. Learn what resources are available to communities and how the Calgary Police Service responds to these issues.

Date: Wednesday, October 19, 2016
Location: Capitol Hill Community Association (1531 - 21 Avenue NW)
Time: 7:00pm - 9:00pm

For more information and to register for this FREE event, visit calgarycommunities.com/workshops-events/

Bow Cliff Seniors

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Hamptons Real Estate Update

Last 12 Months Hamptons
MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
August 2016	\$767,450.00	\$737,000.00
July 2016	\$748,444.00	\$723,000.00
June 2016	\$644,900.00	\$630,000.00
May 2016	\$809,900.00	\$818,690.00
April 2016	\$709,900.00	\$707,700.00
March 2016	\$1,172,500.00	\$1,067,500.00
February 2016	\$669,000.00	\$640,000.00
January 2016	\$940,900.00	\$895,000.00
December 2015	\$769,900.00	\$750,000.00
November 2015	\$799,900.00	\$775,000.00
October 2015	\$794,850.00	\$764,900.00
September 2015	\$640,000.00	\$635,000.00

Last 12 Months Hamptons
MLS Real Estate Number of Listings Stats

	No. New Properties	No. Properties Sold
August 2016	7	6
July 2016	11	6
June 2016	8	8
May 2016	10	12
April 2016	13	11
March 2016	9	2
February 2016	5	5
January 2016	5	2
December 2015	4	3
November 2015	7	7
October 2015	8	4
September 2015	12	3

To view the specific SOLD Listings that comprise the above MLS averages please visit hamptons.great-news.ca

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IN & AROUND CALGARY

Did You Know?

Cloverdale Paint Now Offers Discounts to Community Association Members!


Cloverdale Paint is now offering club member pricing to community association members and organizational members of the Federation of Calgary Communities!


What does this mean for you? Well, whenever you need to buy paint you simply go to Cloverdale and say you are a "Federation of Calgary Communities Club Member" and you will receive more than 25% off paint and more than 15% off paint accessories!

Cloverdale Paint approached us to set up this discount program as they understand that community associations, their volunteers, and their members are at the heart of our city, and they wanted to give back in some way.

Thanks to Cloverdale Paint for their support and commitment to the community association network and for helping improve neighbourhood life in Calgary!



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Halloween Safety

The members of Calgary's Halloween *Partners for Safety*: Calgary's Child Magazine, EMS, Calgary Police, Fire, 9-1-1, Bylaw, Transit, and Shaw Communications would like to remind parents and trick-or-treaters of some Halloween safety tips, as October 31st approaches. *Partners for Safety* vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Stay away from houses that are not well lit. Do not accept rides from strangers, or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

Costumes

- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate foot wear that takes into consideration weather conditions and walking.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing, or making costumes, look for materials and accessories that are labeled flame-resistant.
- Choose bright colored costumes that are highly visible. Adding reflective tape to costumes further increases visibility.

Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.
- Pre-determine boundaries to trick-or-treat within and establish a firm time to return home.

News from the Friends of Nose Hill

by Anne Burke


This year is North Haven's 50th anniversary. One of the seniors interviewed for a video said he led the committee of surrounding communities that lobbied the city for park status. As a result, we were asked for any information about Nose Hill, when it became a park.

Nose Hill Park is a natural environment park that lies in the northwest part of Calgary and is surrounded by 12 residential communities. We are often asked about its history and documents are posted on our website at www.fonhs.org. Here is an excerpt:

In 1858, Captain Palliser noted that the Blackfoot referred to Nose Hill as their wintering hills because it was a winter grazing area for the buffalo herds, since the frequent winter Chinooks kept the grass clear of snow. The area around the hill was mostly used for dairy farms, while the plateau was grazed. The land has been subject to speculation since before World War I. "The Great Prairie Fire of 1944" put an end to habitation on Nose Hill. Its rich supply of gravel began to be exploited in 1961, when Calgary began to grow.

The Calgary Municipal Airport was constructed in the northeast corner of the city in the late 1950's. The runways were oriented north-south and east-west. Nose Hill was on the flight path of the latter, so it was necessary for the Federal Department of Transport to impose a development ban on the area. This forced some farm-

ers on the hill to relocate. In the late 1950's, much of the suburban sprawl occurred in the area to the east and south-east of Nose Hill. Purchasers of homes in these developments were told that they would always have the open space of Nose Hill adjacent to their communities. In 1960-61, the Calgary Winter Club proposed that they be allowed to develop a golf course on the top of the Nose Hill but this idea was rejected by the Calgary Planning Commission, because of the caveat imposed by the Department of Transport. Communities that developed later in the 1960's to the south of Nose Hill were unaware of this caveat, which was dropped when the jet replaced the propeller airplanes. Indeed, some residents nurtured the ambition to own a house on top of Nose Hill because of the fantastic view that it afforded of the city, the foothills, and the mountains.

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Animal Trivia

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ALBERTA BEES

Barbara Shorrock

If I hadn't gone to hear Lyndon Penner speak and bought his latest book Native Plants for the Short Season Yard, I wouldn't have learned about the Helen Schuler Nature Centre. Because I had read about it I jumped at the chance to drive down to Lethbridge with a friend one day and visit the centre to see its rooftop garden planted with native grasses and flowers. (Actually we were on a mission to source Spudnuts but that's a different story.) We did indeed see the native garden, and it is wonderful, definitely worth the drive. But even better was the display on the main level. This display changes several times a year, at the time of our visit featuring Alberta's native bees. It was fascinating.

Everyone is familiar with *Bombus* the bumblebee, first to appear in the spring, and *Apis mellifera* the honeybee, so necessary for crop pollination, not to mention honey production. Gardeners know about the leaf-cutter bee and some have built boxes for mason bees to keep them in the neighbourhood. There are actually over 800 species of native bees in Canada; our scientists have identified more than 30 species native to Alberta, some of which look so much like flies that you need to look very closely to tell the difference. There are orchard bees and mining bees, sweat bees, carpenter bees and plasterer bees, to name just a few. Some sting, most don't. Most collect nectar and pollen, some are predators. Some, like the early-to-rise bumblebee and many of the smaller native guys, are out and about at the crack of dawn before the honeybee wakes up, and are more cold tolerant, foraging on cool cloudy days while the honeybee waits for the sun. Some bumblebee

species are solitary, while others live in colonies, typically in holes underground. Usually, only the queen survives our harsh winter; the workers die off. Many native bees rely upon the nectar from only a few species of plants – you can imagine what happens when those plants are eradicated for commercial development or monoculture (think vast expanses of neatly trimmed grass – totally useless to a bee). Yes, some of them have stingers, but if you behave calmly when working in your garden in the company of bees, there is rarely a problem (unlike wasps, who are constantly in search of trouble and have a more aggressive nature). If you care about the environment and would like to create a bee (and butterfly, incidentally) friendly garden, consider adding some native plants to your space. The list is very long indeed, including asters, blue flax, columbine, bee balm, clematis, honeysuckle, Jacob's ladder and on and on. No doubt you already have some of these in your perennial beds, whether native or hybrid species. Watch what is attracting bees from spring to fall – when you have identified the successful attractors, plant more. The other part of the equation is pesticides – the lack of them. A chemical that will kill a caterpillar or moth will kill a bee. Simple as that. A bee friendly garden is a pesticide free garden.

Seventy percent (70%) of all flowering plants need bees to pollinate so they can reproduce. The Department of Agriculture tells us that one-third of the human diet comes from insect-pollinated plants. Have you ever stood under a tree in bloom in the spring, and thought the whole tree was buzzing? Right. The pollinators are hard at work. Bees are hugely important to our society.

Barbara Shorrock is a member of the Queensland Garden Club, which meets monthly on the first Wednesday at the Queensland Community Centre. All are welcome; it doesn't matter where you live.

CCSD BOARD OF TRUSTEES

Website: www.ccsd.ab.ca/board-of-trustees • Email: trustees@ccsd.ab.ca

Learn more about your Calgary Catholic School District Board of Trustees!

As Calgary Catholic School District (CCSD) trustees, we believe in nurturing Catholic education at all of our schools. As such, a central part of our role is ensuring that our rich backdrop of faith is front and centre in all facets of education within our district. To create this context for our community, a faith theme is chosen annually to guide us through the school year.

This theme strengthens our faith; it supports our words and actions in our school communities, in the decisions we make and our actions at all levels - from the board, to senior administration, to the classroom. It creates a common direction and focus for our district.

Last year marked the completion of our three-year faith theme, "Do justice, love kindness and walk humbly with God" (Micah 6:8). During these past three years, we have seen our CCSD community demonstrate faith through social justice, kindness and humility in everyday interactions and in major initiatives that show compassion and support for those in need.

This past year we saw the devastation of the wildfires in Fort McMurray and in true CCSD fashion, our community rallied together to welcome students into our schools and support families by raising over \$155,000 for our "Walk Humbly with Fort Mac" fundraiser. This is not new to us in CCSD, as giving of ourselves and serving others is the fiber of our faith and who we are.

For the 2016 -2017 school year, we are supported by the foundation of the past three-year faith theme while we embrace our new faith theme, "Be merciful, just as your Father is merciful". (Luke 6:36). We are called to continue to give of ourselves to others, support those in need, show kindness and most of all to be merciful to ourselves and others.

As stewards of Catholic education in Alberta, and CCSD in particular, your Board of Trustees supports the integration of this important new faith theme into every aspect of our school communities' lives.

We look forward to further exploring our faith theme of mercy with our Calgary Catholic community throughout this school year.

IN & AROUND SCHOOLS

St. Michael School Christmas Craft Parade

St. Michael School
4511 8 Ave. SW
(2 blocks South of Bow Trail – off 45 St. SW)

Saturday, November 26, 2016

10:00 am to 3:00 pm

- FREE Admission
- Huge Raffle!
- Fabulous Food!
- 40+ Amazing Vendors!
- Jewellery – Art – Wood Crafts
- Knitting – Crochet - Candles
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9	6	8	1	4	5	3	2	7
2	3	4	7	8	9	1	5	6
1	5	7	2	3	6	4	8	9
7	8	5	9	1	2	6	3	4
6	9	3	4	5	7	2	1	8
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3	4	9	8	7	1	5	6	2
5	7	2	6	9	3	8	4	1
8	1	6	5	2	4	9	7	3



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Reap What You Sow...

By Dr. Alma Nenshi, Registered Chiropractor

What is your greatest asset? Is it your wealth, your kids, perhaps your intelligence? There is no greater asset than your health, without which you cannot live your life's full potential, physically, emotionally, or spiritually.

According to the World Health Organization, "Health is 100% function of every cell, tissue, organ and system, and not merely the absence of disease or infirmity." Anything less than 100 % function hints an underlying weakness that holds you back from living your life's full potential.

Let's take a moment to appreciate a few of the miracles of life. There are 100 billion nerve signals sending messages throughout your body this very moment! Your heart beats 3000 million beats in an average lifespan, and it's only the size of your fist! You have 100,000 miles of blood vessels in your body and you can hold 1 quadrillion (1 million billion) bits of information in your long-term memory over a lifetime. Ninety percent (90%) of your brain's resources are devoted to ensuring you are able to stand upright to gravity with good posture. You have breathed 24,000 times in the last 24 hours. And finally there are 7,000,000,000,000,000,000,000,000 (7 octillion) atoms that make up your adult body, all which started as two tiny cells that joined, multiplied, and differentiated in an organized fashion, creating your life and the wisdom within it to create life again.

You are naturally designed to be healthy, and the innate wisdom within you expresses health and healing through the nervous system as long as there is no interference in the communication pathways. The brain is the most adaptable organ in the human body as it has the ability to change physically and chemically based on experience and what is happening inside and outside the body. Eighty-five percent (85%) of the human genome is concerned with the brain and its development leaving only 15% for the rest of the body including the development of your heart, lungs, digestion etc.

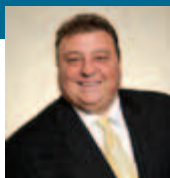
A breakdown in spine flexibility causes a breakdown in brain-body communication, similar to driving in rush hour traffic. Signals want to move through rapidly but they may be slowed, diverted, or even blocked. Arthritis, curvatures, poor posture, unhealthy eating, inactivity, etc., all may produce constant, chronic, low levels of stress on the brain and nerves leading to functional breakdown of the cells they supply. The result may be headaches, blurred vision, neck and shoulder tension, back pain, poor balance, muscle weakness, fatigue, digestive concerns, allergies, bedwetting, learning and attention challenges, vertigo, etc.

Regular chiropractic care clinically clears the traffic jams, alleviating nerve stress and restoring your brain-body communication systems. This results in better posture and frontal lobe activation, the area of the brain that is responsible for human executive functions like learning, planning, reasoning, intelligence, and socialization. According to neurologist and Nobel Prize recipient Dr. Roger Sperry, "90% of ALL Nutrition and Stimulation to the brain comes from movement of the spine!"

So how invested are you in improving your life's greatest asset? You are worthy of enjoying the life of your dreams, it's all in your head just waiting to be nurtured and cultivated. So what's your next step?

Embrace your innate wisdom and appreciate all that your body provides. You are designed to be healthy, strong, and healing by nature. Reflect on your life and have gratitude for the gifts of experiences that have fashioned into this perfect You. Look ahead and visualize your desired future. Now make your vision a priority and resolve to take one action step today to enhance your health and move towards your goal.

After all, you do reap what you sow...



COUNCILLOR, WARD 2 JOE MAGLIOCCA

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Calgary.ca/ward2

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I would like to take this opportunity to wish residents of Ward 2 a Happy Thanksgiving. In spite of the economic challenges we face in both our city and province, as Calgarians we still have much to be grateful for.

This year's construction season is wrapping up and despite the many delays due to our wet summer, many infrastructure enhancements and community improvements were complete throughout the communities in Ward 2. Some of these improvements include:

- Stoney Trail / Sarcee Trail NW Interchange upgrade – to be completed by year end.
- Twinning of 112 Ave west of Sarcee Trail NW – to be completed by year end.
- Crowfoot Way NW Enhanced Crosswalk Markings & Rectangular Rapid Flashing Beacon (RRFB).
- RRFB for Crosswalk at Arbour Lake Road NW & Arbour Crest Drive NW.
- Re-development of the pathway under Symons Valley Parkway NW.
- New pathway at Robert Thirsk High School.

For Sage Hill and area transit riders Route 429 has been extended from the current terminus in Sherwood to the Sage Hill transit hub just north of the Sage Hill Walmart. This change will provide a new connection from the Sage Hill and Kincora area to the northwest LRT, as well as provide connections to Route 425 and the north central area of the city. It will also help connect the newly emerging shopping centre to surrounding communities.

Joe's Tip:

Halloween is coming up and with children excited and in costumes, please remember to slow down and be especially cautious in residential neighborhoods and around playground zones.



MP CALGARY NOSE HILL HON. MICHELLE REMPEL

201-1318 Centre Street NE, Calgary, AB, T2E 2R7

Phone: 403-216-7777

Email: michelle.rempel@parl.gc.ca

Website at www.michellerempel.ca

Parliament resumed in September and I have been in Ottawa working hard on behalf of our community. I would like to thank those of you who took the time to complete the survey on Electoral Reform and send me your thoughts on this important issue. I will continue to keep you informed on the Federal Government's plans on this important issue. I have continued my work as the Official Opposition Critic for Immigration, Refugees and Citizenship as we push the Federal Government for answers on the costs and implementation plans for their refugee program. The genocide of Yazidis in Syria and Iraq continues to be of great concern and as you know, I successfully pushed the government to study "Immigration Measures for the Protection of Vulnerable Groups" over the summer. I encourage you to visit my website for more information on the committee's findings and my response to the Federal Government. Finally, my primary focus of concern remains the economic situation here at home and the impact it is having on Albertans. I believe the Federal Government can be doing much more to encourage investment and support skilled workers. I will continue to speak out loudly on the economic crisis facing Alberta and demand action from this Government.

There are many important pieces of legislation that are being debated in the House of Commons and I appreciate your feedback and thoughts on issues important to you. If you are not already signed up to receive email updates from me I encourage you to do so. It is the best way for me to stay in regular contact with our community. You can sign up at www.michellerempel.ca/ subscribe. As always, you can contact my office at any time. Phone: (403) 216-7777, Email: michelle.rempel@parl.gc.ca, Website: www.michellerempel.ca.

IN & AROUND SCHOOLS

Hamptons School

Welcome back to another great year at The Hamptons School. It is wonderful to see old friends and make new friends as the year begins.

We have had our annual Meet & Greet. Parents came and met the staff and other parents. Parents learned about our School Council and Parent Society. It was a beautiful day and many new families joined us.

We have many events to anticipate this year such as:

Physical Activities	Performances	Hands On
Tennis	Infinitus String Trio	Grade 4 Government School
Yoga	Power of One	Heritage Park
Netball	Edmonton Band	Kananaskis in the Classroom
Soccer	Calgary Opera	
Golf	Teacher's Pet programs	
Volleyball		

Also we will be offering many clubs for the students such as: Running Club, Knitting Club, Leadership Club, Maker Club, Chess Club and Mad Science Club.

in their learning. We will develop qualities found in the CBE's Results of Personal Development, Citizenship, Character and Academic Success.

We will be inquiring about many things and students are encouraged to share their ideas and be involved

It is going to be a great year of learning!

CALGARY BOARD OF EDUCATION BOARD OF TRUSTEES

Website: <http://www.cbe.ab.ca> • Email: boardoftrustees@cbe.ab.ca

It's October, and students are settled into the school year. The mornings are colder, the leaves are falling and we start to think about the Thanksgiving holiday and reflect on all that we are grateful for.

We have much to be thankful for this year. We are grateful that we live in a city that highly values education. We see this through the increasing number of families choosing Calgary Board of Education schools for their children each year. We also see the value placed on public education by the City of Calgary and our communities, who provide tremendous support for our students. Your support helps our students succeed, and for you, we are grateful.

We are grateful for our employees. Nearly 14,000 people from all across the city of Calgary choose to work with the CBE and their efforts and passion make a difference in the lives of our students every day. Some are faces you see in our schools, and some work behind the scenes, but each employee contributes to our success.

We are grateful for our families and communities. By getting involved in school councils, volunteering in

classrooms, supporting schools with their fundraisers and projects and sharing your experiences you make our school system better.

We are grateful for our students. Their commitment, excitement and energy fuels our system. They are the reason we are here. Every day, we see our students learn, grow and challenge themselves and others. Our students inspire us and help us realize how much the work we all do to make this world a better place truly matters.

As community members, parents and educators, we have a chance every day to make a real difference in a child's life. We have a chance to engage children and encourage their lifelong learning. The moments we get to spend with our children and students matter. For that, we are grateful.

If you are interested in learning more about how the Board of Trustees advocate to protect public education and student success, we'd love to speak with you. Contact us at boardoftrustees@cbe.ab.ca.

Follow the Calgary Board of Education on Twitter @yycbedu

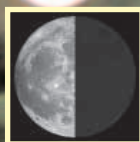
OCTOBER MOON CALENDAR



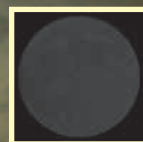
First
Quarter
Oct 8



Full
Moon
Oct 15



Last
Quarter
Oct 22



New
Moon
Oct 30

COMMUNITY ANNOUNCEMENTS

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

SEPARATED, DIVORCED? When a marriage ends, the holidays are especially painful. Come to Surviving the Holidays to learn methods that will help. Saturday, Nov. 5, 7:00 p.m., 1920 13 Ave., N.W., Calgary Central Church. Free seminar. (403) 720-2048 or (403) 247-6673

SALE OF BOOKS & LEARNING MATERIALS: ARE YOU an educator, parent, or grandparent looking for books, games, and posters? 3415 Caribou Dr. N. W. Calgary Sat. & Sun. Oct. 1 & 2, 2016, 10:00 a.m. to 2:00 p.m. Cash sales only.

SUPPORTING FAMILIES WITH MENTAL HEALTH CONCERNS: Monday, Oct 3, 7-9 pm at Brentview Baptist Church, 3512 Charleswood Dr NW. Tools and strategies for caregivers of those with mental illness. No charge but limited seating, call to register 403-464-7244.

HUGE LULULEMON, IVIVVA AND TRIPLE FLIP SALE: at Triwood Community Association - 2244 Chicoutimi Dr NW; follow signs off Charleswood Drive. Big sale with 100's of used quality items. One day - Saturday, Oct 1st, 8am-Noon. Cash, Visa, MC and Debit accepted. Call 403.401.7851 or visit www.facebook.com/usedlululemonsale.

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IMPORTANT NUMBERS

ALL EMERGENCY CALLS		911
Alberta Adolescent Recovery Centre		403.253.5250
Alberta Health Care		403.310.0000
AHS Addictions Hotline		1.866.332.2322
ATCO Gas - 24 Hour Emergency		403.245.7222
Calgary HEALTH LINK 24/7		811
Calgary Police - Non Emergency		403.266.1234
Calgary Women's Emergency Shelter		403.234.7233
Child Abuse Hotline		1.800.387.5437
Kids Help Line		1.800.668.6868
Child Safe Canada		403.202.5900
Distress/Crisis Line		403.266.4357
ENMAX - Power Trouble		403-514-6100
Poison Centre - Alberta		1-800-332-1414
HOSPITALS / URGENT CARE		
Alberta Children's Hospital		403.955.7211
Foothills Hospital		403.944.1110
Peter Lougheed Centre		403.943.4555
Rockyview General Hospital		403.943.3000
Sheldon M. Chumir Health Centre		403.955.6200
South Calgary Urgent Care Health Centre		403.943.9300
South Health Campus		403.956.1111
OTHER		
Calgary Humane Society		403.205.4455
Calgary Parking Authority		403.537.7000
SeniorConnect		403.266.6200
Calgary Kerby Elder Abuse Line		403.705.3250
Alberta One-Call Corporation		1.800.242.3447
City of Calgary		311
Social Service Info & Referral		211
Community Mediation Calgary Society		403.269.2707
RNR Lockworks Ltd.		403.479.6161
Road Conditions - Calgary		511
Weather Information		
Gamblers Anonymous		403.237.0654

DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of The Hamptons Community Association and Great News Publishing. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

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Reduce cleaning your shower glass by 80%
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*** SIGNS GLASS IS BEING DAMAGED**

- * Gets Harder To Clean .
- * Starts Losing Its Clarity .
- * Spotting Starts To Appear .

* Use of harsh Chemicals & CLR will create a chemical reaction with the glass , etching will occur, glass will need to be replace .

* Even If we squeegee, the hard water gets deposited in the valleys and starts damaging the glass.

NEW UNTREATED GLASS Glass viewed under microscope

SAVE ALL MONTH LONG WITH THESE COUPONS!

2 for 1 Fish Taco Dinner

Receive two Fish Taco Dinners for the price of one with the purchase of two beverages.
Dine-In or Take-Out.

Not to be combined with other offers or promotions.
Valid only at Joey's at 20 Crowfoot Cres NW.
One coupon per customer per visit. Valid until Nov. 30, 2016.

\$5 Off Family Pack

Save \$5 on the purchase of any Family Pack or Super Family Pack.
Take-Out Only.

Not to be combined with other offers or promotions.
Valid only at Joey's at 20 Crowfoot Cres NW.
One coupon per customer per visit. Valid until Nov. 30, 2016.

\$3 Off Fish & Chips

Save \$3 on any order of Fish & Chips with the purchase of a beverage.
Dine-In or Take-Out.

Not to be combined with other offers or promotions.
Valid only at Joey's at 20 Crowfoot Cres NW.
One coupon per customer per visit. Valid until Nov. 30, 2016.

Show your Pokémon GO catch and save 20% on your bill

Show us your best Water Type Pokémon and save instantly! **Dine-In or Take-Out.**

Not to be combined with other offers or promotions.
Valid only at Joey's at 20 Crowfoot Cres NW.
One coupon per customer per visit. Valid until Nov. 30, 2016.

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Calgary **403.241.8877**

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HAMPTONS 2016 STATS	# OF SALES	AVERAGE PRICE
Bi-Level	1	\$595,000
Bungalow	5	\$828,000
Two Storey	38	\$800,831
Two Storey Split	2	\$743,000
Townhouse	4	\$363,000
Villa	5	\$648,000
TOTAL	55	
Average days on Market	38 days	

191 HAMPTONS TERRACE NW



\$839,900

Overlooking Golf Course

- 3 bedroom+den walkout bungalow
- concrete tile roof, fully finished
- estate area, close to Hamptons School

272 EDENWOLD DRIVE NW



\$1,209,900

Sweeping Mountain Views!

- custom 4 bedroom two storey walkout
- 3 car garage, fully finished, central air
- extensive extras, prime ridge location

310 EDGEBROOK PARK NW



\$639,900

Backing onto Greenbelt

- Cardel 4 bedroom+loft two storey, A/C
- newer roof, fully finished, tile floors
- white kitchen, two storey great room

58 EDGEBROOK COVE NW



\$799,900

Backs on Ravine

- Shane Homes 4 bedroom+den two storey
- A/C, 2 fireplaces, newer roof & windows
- granite, finished walkout, cul-de-sac

61 HAMPSTEAD GREEN NW



\$569,900

LaVita Pointe Villa!

- upscale 2 bedroom+den walkout bung
- hardwood & tile, granite, oak kitchen
- 2 fireplaces, finished walkout on golf course

47 SAGE VALLEY COVE NW



\$734,900

Backing onto Park!

- upgraded 4 bedroom+den two storey
- maple kitchen, hardwood & granite, A/C
- built-in speakers, finished walkout

8 EDGE PARK ROAD NW



\$559,900

Close to School & Shopping

- renovated 4 bedroom two storey split
- maple floors, fully finished, vaulted ceilings
- new driveway, granite counters, new paint

106 HAMPTONS SQUARE NW



\$789,900

Custom CalBridge Home!

- upgraded 4 bedroom+den two storey
- hardwood & granite, finished walkout
- built-ins, white kitchen, loft, corner lot



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