





Christmas Eve Services - Centre Street Church December 24 • 11 am* • 1 pm* • 3 pm* • 5 pm *Children's program provided Centre Street Church | 3900 2nd Street NE | cschurch.ca

Make a difference in the life of a family...

Are you looking for a way to give back to your community? Our Home-Start program is looking for volunteers!

What does a Home-Start volunteer do?

Visits a family's home once per week Provides support, friendship and encouragement Gets the family involved with the local community Shares their own experiences of parenting and family life

Interested in getting involved?

For more info, or to learn about upcoming training sessions, contact Home-Start or visit www.boysandgirlsclubsofcalgary.ca North Calgary: 403-660-6809 South Calgary: 403-660-1136



Boys & Girls Clubs Home-Start Calgary

of Calgary





ssociation Box 64245-5628 4 Street NW 403.289.9329 Calgary, Alberta T2K 6J1 highwood99@hotmail.ca www.highwoodcommunity.com

Highwood Community

-lighland Park

403-276.6969

Community Association

GUNIENIS

Highland Park President's Messag	e 5
Highland Park Calendar	10
My Babysitter List	11
Highland Park Upcoming Events	13
Highland Golf Course	16
The Highwood Christmas Market	17
Highwood Calendar	19



Great News Publishing Ltd. 403.720.0762 | 403.263.3044 sales@great-news.ca | www.great-news.ca



GREAT NEWS PUBLISHING HAS BEEN PROUDLY SERVING HIGHLAND PARK AND HIGHWOOD FOR 1 YEAR!

Highland Park Community Association Office: 403-276-6969

BOARD OF DIRECTORS	
President	Elise Bieche
Vice President	Anne Naumann
Director	Jeanne Kimber Acting Treasurer
Secretary	Vacant
Director	Brenda Crompton
Director	Kathy Koehler
Director	Gary Koehler
Director	Paul Engler
Director	Jill Kowalchuk
Director	Rosalind Kohut
Director	Joe Reith
Director	Dr. Salma Mitha
Director	Greg Miller
Director	Donna Marzolf
Director	Tracy Kohut-Janz

COMMUNITY CONTACTS

Website	www.highlandparkcommunity.ca
Facility Rental & Management	Carolyn Bergen, 403-276-6969, hpca@shaw.ca
Newsletter Editor	highlandparkeditor@gmail.com
Event Planning	Dr. Salma Mitha
	hpcavolunteercoord@gmail.com
Good Food Box	Kelly Irvine, 587-216-0638
Development Review	Paul Engler
	403-671-6666
Seniors' Luncheon	Rosalind Kohut, 587-349-0870
Neighbourhood	Jennifer Dimarzo, 403-476-7295
of Promise Contact	jennifer.dimarzo@calgary.ca
Police Service	Cst. Gord Denison, District 3,
	GDenison@calgarypolice.ca
Bylaw Infractions	Call 311, or complete form online at:
	www.calgary.ca/311online
Ward 4 Councillor	Sean Chu, 403-268-3727,
	Sean.Chu@calgary.ca
Volunteers	hpcavolunteercoord@gmail.com



HIGHLAND PARK HALL RENTAL RATES

Phone: 403-276-6969

www.highlandparkcommunity.ca

We welcome rental enquiries for our facilities. We offer a choice in hall size, a kitchen with an updated stainless steel appliances, a portable bar, a projector, sound system, a pull down screen for sharing pictures of those special moments, and loads of tables and chairs.

Rental Rates:

Main Hall – 219 person capacity \$550/day or \$55/hour; \$500 damage deposit

North Hall – 60 person capacity \$400/day or \$44/hour; \$400 damage deposit

Lower Main Hall – 2500 sq. ft. Ideal for recreation, rehearsals or children's programs \$25/hour

Lower North Hall – 60 person capacity \$25/hour

There is a once per year 25% discount for HPCA area residents with a current membership.

THE GOOD FOOD BOX

The Good Food Box is a Community Kitchen initiative available to anyone, not just residents of Highland Park. Bring **cash only** to the address below on the payment date, then pick up your produce on the pick-up date. It's an excellent deal on fresh produce! For more information call Kelly Irvine at 587-216-0638.

Large Family Size Box: 45-50 lbs \$35 Family Size Box: 35-40 lbs \$30 Single/Senior Box: 25-30 lbs \$25

Where: HPCA Hall, 3716 2 Street NW Time: between 6:00pm and 7:30pm

ORDER DATE	PICK-UP DATE	ORDER DATE	PICK-UP DATE
AN. 17	JAN. 26	MAY 30	JUNE 8
EB. 21	MAR. 2	JUNE 20	JUNE 29
MAR. 14	MAR. 23	SEPT. 19	SEPT. 28
APR. 25	MAY 4	0CT. 17	OCT. 26
		NOV. 14	NOV. 23

HIGHLAND PARK PRESIDENT'S MESSAGE



MONDAY, JANUARY 9, City Council will hear the proposed redevelopment of the golf course. WEDNESDAY, DECEMBER 8 - 4:00pm - 8:00pm HIGH-WOOD COMMUNITY HALL- there will

be an information session in regards to the proposed redevelopment of the golf course. These are 2 very important dates so please mark them in your calendars and try to attend. At the time of writing this note I would like to first thank everyone that came out and participated in the 40th Avenue Transit Oriented Planning session, it was great to witness so many neighbours working together and sharing their vision of what Highland Park might look like in 30 years. I was so proud of everyone's great attitude and genuine open mindedness. A small team of volunteers have spent about 20 hours (thereabouts) having facilitated discussions with the City of Calgary planning department and the developer. I'm not overly confident that we achieved an outcome that the neighbourhood will be pleased with. It is difficult to gauge at this stage what in the plan will actually change - we have seen a new(ish) outline plan, however as of today I have not seen the supporting documentation to go with the new plan. I wish that I had more to update you with, in terms of the golf course, but the timing of submitting and what we have been privy to seeing does not allow me to form any strong opinions- beyond that fact that I know it is very important that you come out in December and again to City Hall on January 9. I will send out an email to our distribution list when we have more information.

Beyond all this- I would like to wish everyone a very Merry Christmas and a warm holiday season. I hope you all have a very safe New Year and I look forward to touching base in 2017.

Thanks,

Elise Bieche, President Highland Park Community Association elise.bieche@shaw.ca Twitter @HighlandPkCA



Highland Park Preschool

Open House for new families

January 19th from 5:30 – 7:30pm

Registration for the 2017-2018 school year opens January 30, 2017

For the 2017 – 2018 school year, Highland Park Preschool will be offering morning and afternoon classes for 3 & 4 year olds

Monday/Wednesday/Friday - \$170/mo - 4 year olds

Tuesday/Thursday - \$130/mo - 3 year olds

Registration fee \$65.00

*Flexibility on days of week and ages is possible on a case by case basis.

**4 and 5 day rates are available if families are interested in additional days

****Afternoon classes will be waitlisted until enough children are registered to confirm running the class.

Please see our website for more details

Highlandparkcommunity.ca

Call or email Carolyn at hpca@shaw.ca 403-276-6969

INTRODUCING **NEXT**

a before and after school program operating during the school year at Highland Park Community Hall

Call Paula Beekman for registration details at 403-992-9430 or email paulabeekman@shaw.ca

REGISTER NOW

It's Winter! Let's Go **Tobogganing!**

(Information excerpted from the City of Calgary website: Calgary.ca – these are the closest tobogganing hills to Highland Park & Highwood)

In the winter, tobogganing and sledding on the hills of Calgary is a thrilling way to enjoy the winter and take advantage of the snow. Several parks and green spaces offer safe and exciting hills.

Safety first! Always remember, helmets on heads!

Tobogganing is an activity that you do at your own risk. The City is not responsible for any personal injury or damage to personal items. **Listed below are the** Parks that are maintained by the City of Calgary for tobogganing. Please note: All listings are weather dependent.

Hill Confederation Park	Location 2800 10 St. N.W. (north side of park immediately west of Rosemont Com- munity Centre)
Deerfoot Athletic Park	1503 16 Ave. N.E.
Marlborough Comm.	636 Marlborough
Ass'n	Way N.E.
Rundle - dry pond	4120 Rundlethorn Dr. N.E.
	(behind Rundle
	Elementary School)
Scarboro	1734 14 Ave. S.W.
St. Andrew's Heights	2504 13 Ave. N.W.

HIGHLAND PARK PLANNING AND DEVELOPMENT ACTIVITIES

Green Line LRT

The Green Line Charrette for the 40th Avenue station ran from October 17-22nd at the Centre Street Church West Campus. The turnout was great with over 70 participants from Highland Park, Thorncliffe Greenview and other parts of the City. The multi-evening event allowed for participants to play the role of City Planner and help guide the re-development of the communities adjacent to Green Line for the next 30 years. The completed plan will be presented to City Council in June 2017 and will be used to determine the next steps and policy that may be required to make your vision a reality. Thanks, to everyone in the community who took the time out of you busy schedules to attend.

Highland Park Golf Course Development

The Highland Park and Thorncliffe Greenview Community Associations have completed our discussions with The City and the golf course developer. These sessions were to allow the communities voices to be heard about the changes that we would like to see with the proposed development. From these meetings and the Green Line Charrette the Developer and City have brought forward several amendments to the outline plan that was approved by CPC earlier this year. You will be able to view the new outline plan on December 8th at the Highwood Community Hall (10 Harlow Drive NW). This is an information session only, you will be able to view the proposal and ask questions, but this will be the proposal that goes to City Council on January 9th. Any additional changes will need to be done by City Council, so if you have concerns it is important to write Councillor Chu and if possible attend City Council on January 9th. Paul Engler, Chair of the Highland Park Community Association Planning & Development Committee.



*** cococo** Chocolaterie Bernard Callebaut*

11 Calgary locations including Crowfoot Square and Dalhousie Station



Green Line LRT 2016 Year in Review

2016 has been a big year for the Green Line LRT project. We've had great conversations with thousands of Calgarians, continued to refine alignment options, and have even begun some preliminary infrastructure improvements in the southeast.

A few of the highlights from this year include:

- On October 4, 2016, City Council approved a fully tunneled LRT route in Calgary's downtown core.
- The Beltline alignment options have recently undergone an extensive evaluation. The results of the evaluation, which includes stakeholder and public input, indicate that 12 Avenue S is the preferred corridor. The Green Line project team will carry two options forward for further evaluation: 12 Avenue S Surface and 12 Avenue S Surface + Tunnel.
- The Green Line team met with and spoke to Calgarians along the corridor from north to south and everywhere in between. We've sought input from the public that informed the project team's recommendations to Council, and we conducted transit oriented development workshops in several communities on the north segment of the line.

What's Next

There are some major project milestones coming up in the first half of 2017, including the Beltline alignment recommendation to City Council (March 2017), and the final, full alignment recommendation to City Council (June 2017). As we explore and refine the details of the project, we will back in the community seeking input and sharing our progress.

Get Involved

Follow the Green Line story and stay up-to-date on the latest news and opport unities to get involved at Calgary.ca/Green Line and #Green Line YYC.

Thanks for your collaboration, Calgary, and we'll see you in 2017.

#GreenLineYYC | @yyctransport calgary.ca/greenline | contact 311



Neighbourhood of Promise

Learn about Programs & Services in your neighbourhood!

The Accessible Programs & Services Committee is highlighting a different resource in your community each month. We hope this lets you know about some of the great services available to you and gets you connected to the people and places around you.

If you are interested in being a part of this, contact your Community Social Worker: Jennifer Dimarzo, 403-476-7295 or jennifer.dimarzo@calgary.ca.

HIGHLAND MENNONITE BRETHREN CHURCH

CHRISTMAS EVE Candlelight Service

DECEMBER 24 AT 6:30 P.M.

4018 Centre B St NW www.hmbc.ca

The Christmas Story in Scripture and Song



To become aware of our connection with all life is one of the main purposes of developing ourselves spiritually. Love is innate in our soul, but we can connect with this divine quality more deeply and permanently when we come in contact with a living, spiritual Master, attend satsang and meditate. When we learn to love all of God's creation, we inevitably draw closer.

All activities are held free of charge Every Sunday from 5:30pm-7:30pm North Hall Highland Park Community Association 3716 – 2 Street NW, Calgary Phone: 403-614-2613 or 403-241-3328

Northminster United Church

3311 Centre Street N • (403) 277 0322 • www.northminster.ca Christmas Eve Services: 7:00pm Stories & Carols 8:30pm Candles and Communion

AREA SCHOOL NEWS

Buchanan School

Dec. 1–P/T Interviews KG only 1:30-3:30 K-6 4:30-8:30 Dec. 2 – PD Day – No School Dec. 5 – Homework Club 3:30 Dec. 6 – YMCA Club 3:30 Dec. 7 - Green Thumbs, Homework Club 3:30 Dec. 9 - TASC Swim Program Dec. 12 – Homework Club 3:30 Dec. 13 - YMCA Club 3:30 Dec. 14 – Green Thumbs, Homework Club 3:30 Dec. 15 – Assembly 1:00, Christmas Concert Dec. 16 – KG – Full Day TASC Swim Program, Special Lunch, Movie at CSC in PM, Last day before break Dec. 19 – Dec. 30 – Winter Break



Struggling to make ends meet?

BowWest connects you to resources: Food, clothing, shelter, transportation, counselling, no or low cost recreation.

Where:Highland Park Community CentreWhen:Thursdays starting Dec. 8 and Dec. 221:00-4:00 pm

- Call: 403-703-0140
- Email: victoria@bowwest.com

AREA SCHOOL NEWS

James Fowler High School

Dec. 1 – Robb Nash Dec. 2 – Non-Instruction Day – No School Dec. 5 – Grad assembly in the Aux gyms period 2 Dec. 7 – Harris House Luncheon, Aboriginal Dinner Dec. 8 – Winter Concert Dec. 12 – School activity blackout date Dec. 13 – School activity blackout date Dec. 14 – School activity blackout date Dec. 15 – School activity blackout date Dec. 16 – Last Day of School before Winter Break, Santa Assemblies Dec. 19 – Dec. 30 – Winter Break

Georges P. Vanier School

Thursday, December 1 7:45am Jr Boys BB Try outs 9:25am Gr 9 High School Tour @ Crescent Heights 9:50am Gr 9 High School tour @ John Diefenbaker 12:30pm Computer Club 3:45pm Jr Band Practice 3:50pm Jr Girls BB Try outs 3:50pm Wrestling Practice Friday, December 2 9:00am Non-instruction day Monday, December 5 12:40pm Tinkerer's Club Tuesday, December 6 12:30pm Computer Club Wednesday, December 7 12:40pm Tinkerer's Club

Thursday, December 8

12:30pm Computer Club

Fartha has been teaching yaga since 2013 and her toundation is in Hatha Yaga. She is certified in Restorative Yaga and she is currently completing her 500 hours of yaga therapy training at Mount Royal Jinventity. In this series of classe, you will explore 26 stople postures as well as proper breathing and relaxation practices.

HIGHLAND

ONE 7 WEEK SESSION FOR \$70 TWO 7 WEEK SESSIONS FOR \$120

Tuesdays 5:30 - 6:45pm

november 1 - december 13 highland park community hall 3716, 2nd Street NW

This class is great for all ages and levels of practice. Participants are asked to bring a yaga mat, blanket,

Participants are asked to bring a yoga mat, blanks and a bottle of water. Please wear something that allows you to move freely.

> Friday, December 9 Day 4 Monday, December 12 9:00am Mat Mailand - Artist In Residence 12:40pm Tinkerer's Club Tuesday, December 13 9:00am Mat Mailand - Artist In Residence 12:30pm Computer Club Wednesday, December 14 9:00am Mat Mailand - Artist In Residence 12:40pm Tinkerer's Club Thursday, December 15 9:00am Mat Mailand - Artist In Residence 12:30pm **Computer Club** Friday, December 16 9:00am Mat Mailand - Artist In Residence 9:00am Early dismissal Day 1 per 4, 5, 6, 7

4036696186

		L.				
2016	SATURDAY	 2 -LNH 10am-12pm Calgary 3 Bahaf Community -MH 4pm-8pm Bunbukan Karate -MH 8pm-12am New Covenant -LNH 8pm-9pm AA Meeting 	10 -MH/NH all day private booking -LNH 8pm-9pm AA Meeting	17 -LNH 10am-12pm Calgary Bahar Community -MH All Day New Covenant -LNH 8pm-9pm AA Meeting	24 -LNH 8pm-9pm AA Meeting -NH 6pm-9pm private booking	31 New Year's Eve – No Bookings -LNH 8pm-9pm AA Meeting
	FRIDAY	2 -MHB 6:15am-6pm NEXT -MH 6pm-10pm New Covenant	HH 6pm-10pm New Covenant - MH/NH all day private booking -LNH 8pm-9pm AA Me	16 -MHB 6:15am-6pm NEXT -MH/NH/MHB 6pm-10pm New Covenant	23 -MH 9am-11am Irish Dance Drill & Stretch Fest-MHB 6:15am-6pm NEXT -MH/NHY/MHB 6pm-10pm New Covenant	30 -MHB 6:15am-6pm NEXT -MH/NH/MHB 6pm-10pm New Covenant
	THURSDAY	1 -MHB 6:15am-6pm NEXT -MH 7pm-10pm Martial Arts -NH 7pm Board Meeting	8 -MHB 6:15am-6pm NEXT -NH 1pm-4pm Bow West -LNH HPP 7-8:30pm Committee Meeting -MH 7pm-10pm Martial Arts	15 -MHB 6:15am-6pm NEXT -MH 7pm-10pm Martial Arts -HPP Cleaning Night 7-8:30pm	22 -MH 9am-11am Irish Dance Drill & Stretch Fest -MHB 6:15am-6pm NEXT -NH 1pm-4pm Bow West -MH 7pm-10pm Martial Arts	29 MHB 6:15am-6pm NEXT All Halls All Day New Covenant
	WEDNESDAY	Hall all @ 403-276-6969.	7 -MHB 6:15am-6pm NEXT -MH/NH 5-9pm Irish Dance	14 -MHB 6:15am-6pm NEXT -MH/NH 5-9pm Irish Dance	21 -MH 9am-11am Irish Dance Drill & Stretch Fest -MHB 6:15am-6pm NEXT	28 -MHB 6:15am-6pm NEXT -All Halls All Day New Covenant
	TUESDAY	ill Basement; NH North Hall; LNH Lower North Hall above, please call Carolyn at the Community Hall @ 403-276-6969.	6 -MHB 6:15am-6pm NEXT -NH 5:30pm-6:45pm Yoga -MH 7pm-10pm Martial Arts	13 -MHB 6:15am-6pm NEXT -NH Senior's Lunch 12pm -NH 5:30pm-6:45pm Yoga -MH 7pm-10pm Martial Arts	20 MH 9am-11am Irish Dance Drill & Stretch Fest MHB 6:15am-6pm NEXT NH 5:30pm-6:45pm Yoga MH 7pm-10pm Martial Arts	27 -MHB 6:15am-6pm NEXT -NH 5:30pm-6:45pm Yoga -MH All Day New Covenant
L SCHED	MONDAY		5 -MHB 6:15am-6pm NEXT -MH 7:30pm-9:30pm Bunbukan Karate	12 -MHB 6:15am-épm NEXT -MH 7:30pm -9:30pm Bunbukan Karate	19 -MH 9am-11am Irish Dance Drill & Stretch Fest -MHB 6:15am-6pm NEXT -MH 7:30pm-9:30pm Bunbukan Karate	26 Boxing Day -All Halls All Day New Covenant
HAN	SUNDAY	LEGEND: MH Main Hall; MHB Main H For information regarding any of the	4 -All Halls 7am-2pm New Covenant -MH 2:30-4:30 Martial Arts -NH 5:30pm-7:30pm 5cience of Spirituality	11 -All Halls 7am-2pm New Govenant -MH 2:30-4:30 Martial Arts -NH 5:30pm-7:30pm Science of Spirituality	18 -All Halls 7am-2pm New Govenant -MH 2:30-4:30 Martial Arts -NH 5:30pm-7:30pm Science of Spirituality	25 Christmas Day -All Halls All Day New Covenant



Name:			
Address:		Postal Code:	
Phone:	Email Address:		

*memberships also available for purchase online at highlandparkcommunity.ca

Dec. 13

Highland Park/Highwood my babysitter list

Name	Age	Contact	Course
Angelica	16	587-223-0215	Yes
Chantelle	34	403-510-7474	Yes
Desiree	24	403-850-8486	Yes
Jacalyn	18	403-277-6174	Yes
Kyra	16	403-398-4365	Yes
Maya	15	403-276-1015	Yes
Olivia	13	403-289-2232	Yes
Reese	16	403-276-5048	Yes
Sebastian	16	403-971-1986	Yes

Calling All PARENTS Calling All BABYSITTERS Enroll free at mybabysitter.ca and Visit mybabysitter.ca and choose the Calgary communities find available babysitters in you would like to babysit in. and around your community

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

HIGHLAND PARK COMMUNITY

\$6.00 person for HPCA members (except potlucks) \$10.00/person for non-members of HPCA **POTLUCKS**: \$2.00/person for those that bring a dish. Please contact Anne Klempa (403) 277-3388 to confirm your attendance. 2016

Highland Park Volunteer Opportunities

I'm sure you already know that volunteering can be personally rewarding – you feel like you are making a contribution to something bigger than yourself. But did you also know that volunteering in your community is a great way to develop your skills, to expand your network for paid work opportunities, as well as allow you to feel more connected to your community and neighbours? Highland Park Community Association needs you, and you will benefit too, so don't be shy...join us!

There are many ways to help make Highland Park the best neighbourhood it can be. Contribute what you can, when you can, how you can. Here are just a few that we would be happy to welcome new volunteers to help with:

Xmas mince pies

Mince pies - a traditional holiday meal from the UK - were originally filled with meat, such as lamb, rather than a dried fruit mix as they are today. They were also first made in an oval shape to represent the manger that baby Jesus slept in, with the top representing his swaddling clothes.



- **HPCA Board Secretary**: the HPCA Board has been operating without a Secretary for several months. We need someone to step forward to take minutes at our monthly meetings and distribute them electronically afterward. The person filling this position would also automatically become an HPCA Board Director.
- More **Rink Maintenance** volunteers needed! With winter upon us, and the Buchanan school kids set to come to HPCA rink to skate later in January, we could really use a few more volunteers to assist with maintaining the rink:
- Whenever it snows, take the initiative to shovel off the rink so it can be flooded when the weather is right – the snow should be shoveled right off the sides, and any ice ridges or high spots should be scraped away
- Become a rink flooder—whether you are an experienced rink maker or not, training will be provided.
- Event Planning: more volunteers are needed to work with HPCA Board Director Salma Mitha and others to help plan and coordinate 1 or more social events for the community, including our annual clothing giveaway (Spring), annual cultural celebration (Spring), Music In the Park (Summer), Stampede BBQ (July), community clean-up (Fall), or something new (suggestions welcome)!
- Strong Neighbourhoods Initiative (SNI) Collaborative: more volunteers are needed to plan and promote our Annual Neighbour Day event (June 17, 2017), build connections with area businesses, help identify area services available to residents of all demographics, and help brainstorm solutions for etc. The SNI is a group of interested residents and business owners from HPCA, Thorncliffe-Greenview, Tuxedo, as well as representatives from area churches and organizations, who work collaboratively to help create stronger community. Next SNI meeting Tuesday January 24, 11:15 am to 1:15 pm, location TBA, free lunch provided.
- Various other options: contact us for more info! For more information, contact: HPCAVolunteerCoord@ gmail.com, or call Anne Naumann at 403-276-5048. All ages from teens to grandparents are welcome—if you want to help but aren't sure what you could do, contact us & we'll see where you can best contribute.

Disconnect from your digital life for a while & re-connect with real life!

HIGHLAND PARK UPCOMING EVENTS, ACTIVITIES

If you want more information, please contact Anne at HP-CAVolunteerCoord@gmail.com or by phone at 403-276-5048, or contact the Highland Park Hall at HPCA@shaw.ca or 403-276-6969.

December 8th: City of Calgary sponsored Drop-In Information Session on the Highland Park Golf Course lands development plan. **IMPORTANT**: the location for this Drop-In session will be the Highwood Community Hall, 10 Harlow Ave NW. Use the contact info above if you need a ride to get there.

Deadline December 12th: You can help support a needy family in our neighbourhood by contributing to the Buchanan Christmas Hamper program. To contribute, please drop off to the school, 3717 Centre St NW, by December 12th, one or more grocery store gift cards (so the family can buy food, clothing, diapers, or whatever they need), or a toy suitable for an elementary aged child.

December 13: Seniors' Luncheon 11:30 am to 1:00 pm at Highland Park Hall. RSVP to Rosalind Kohut at 587-349-0870.

Deadline December 22nd: To provide your written submission with your input on the Highland Park Golf Course lands development plan so it will be included in the package that will be reviewed by City Councillors, you need to submit it by December 22nd to the City Clerk, email cityclerk@calgary.ca

January 9th: City Council Public Hearing date when the decision will be made with regard to the proposed development for the Highland Park Golf Course lands. Book the day off to attend if you can and have your say on this proposal! Use the contact info above a few days in advance if you need a ride to get there.

January 23^{trd} to 27th: Buchanan students will be using the HPCA skating rink for their Phys Ed periods. We will have the Skate Shack on site for students and residents to borrow skates and helmets. We need volunteers from the community to help **tie skates**, and make and **serve hot chocolate** to the students along with store-bought cookies as a snack after their sessions between 10 am and 3:30 pm. If you are available for a morning or afternoon shift please contact HPCAVolunteerCoord@gmail. com or Anne at 403-276-5048. Training will be provided, but it's really easy!

Saturday January 28th, noon to 2 pm: **HPCA Family Skating Day** – we'll be able to use the Skate Shack skates and helmets for anyone who doesn't have their own equipment. Plan to come out to spend some time with your neighbours skating or sharing a hot chocolate and some snacks while sitting around the fire pit we'll have available. We'd love some help to get things ready for the event (pre-event shopping, wood gathering, setting up fire pit, etc.) Contact Anne at HPCAVolunteerCoord@gmail.com or at 403-276-5048 for more info.



Matt 403 816 8324 Josh 403 827 5185 www.landscaperscalgary.ca



A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

HIGHWOOD COMMUNITY ASSOCIATION

PRESIDENT	Jay Meakin	jaymeakin@me.com
VICE PRESIDENT	Dean Stewart	dean.stewart@shaw.ca
TREASURER	Bryan Seitz	bryan.d.seitz@gmail.com
SECRETARY	Chris Carlile	chris.carlile@live.ca
SOCIAL DIRECTOR	Tuan Pham	403-202-3123
NEWSLETTER EDITOR	Donna Stefura	dstefura@telus.net
HALL RENTALS	Gloria Kelly	403-289-3645
MEMBERSHIP	Glenn Blackett	403-298-8474
MEMDERSHIP	Tuan Pham	403-202-3123
CARETAKER	Kari B.	403-202-3123
POOL COORDINATOR	itan bi	403-289-3645
	Gloria Kelly	
PLAYSCHOOL		colleen.underwood@cbc.ca
ICEMAKER	Dean Parker	403-284-5737
WEBMASTER	Dan Waldon	dan@redelements.com
FACILITY DIRECTOR	Justin Elton	403-467-3096
CO-FACILITY DIRECTOR	Mike Neufeld	
SENIORS GROUP	Doreen Ratsoy	403-282-1030
SNOW REMOVAL PROGRAM	Joni Wright	403-284-5999
	Cathy South	403-289-1264
RINK RENOVATION COMMITTEE	Brody Todd	
COMMUNITY ENGAGEMENT COMMITTEE	Ryan Carnahan	403-275-8834
DIRECTOR AT LARGE	Stephenie Healey	403-389-8468
DIRECTOR AT LARGE	Judy Johnson	403-282-4366
DIRECTOR AT LARGE	Michelle Unrau mi	chelleunrau@hotmail.com
DIRECTOR AT LARGE	Janet Shivas	janetshivas@gmail.com
McKNIGHT SPORTS REP.		soccer@mcknightsports.ca
NORTH CENTRAL BASKETBALL CLUB		northcentralbball.com
	northcentralbba	ll@hotmail.com, 973-6665

Community Meetings

are held at 7:30pm on the second Tuesday of each month at the Highwood Community Hall 16 Harlow Avenue NW



58 THORNCLIFFE 🔈 **SCOUTS**

The 58th Thorncliffe Scouts Group is accepting registrations for next year. We have a full contingent of sections for girls and boys to enroll in.

Beavers (ages 5 – 7 yrs) Cubs (ages 8 – 10 yrs) Scouts (10 – 14 yrs) Venturers (15 – 17 yrs) Rovers (18+ yrs)



Northmount **Baptist Church**

451 Northmount Dr. NW • Ph. 403.289- 8185 Pastor Greg Butt Outreach Pastor Gabriel Alalade

Sunday School and Church Services 10:30 a.m. Hymn Sing Dec. 4, 7 p.m. Seventh Heaven Gospel Choir. www.nbcchurch.ca

HIGHWOOD HALL RENTAL RATES

Weekend (12:00pm Saturday to 1:30am Sunday) \$400.00 flat rate Non-Community Members \$325.00 flat rate Community Members Hourly

\$35.00/hr Non-Community Members \$30.00/hr Community Members There is a 3 hour minimum required on all hourly rentals.

All rentals are subject to GST and will require a \$350.00 (refundable) deposit.

Bereavement - The hall will be made available to Highwood Community Members free of charge (rental calendar permitting) for up to a 4 hour memorial gathering or service.

Long term rates - \$25.00/hr main hall, add kitchen \$5.00, add meeting room \$5.00



Thank you to everyone who came out to celebrate Halloween on October 29 at The Highwood Halloween Spooktacular. There was lots of dancing, costume contests, limbo, food and beverages! Most notably the kids had a great time burning energy on the dancing. Everyone looks so good in their costumes, there was definitely a political undertone this year with 3 Trump and 1 Hilary costumes. We host community parties for the community, if you have any feedback or suggestions that would make the parties more enjoyable please connect with either Janet Maclean or Michelle Unrau, our contact information is location in the Summit. Thank you - from the Social Committee.

Thanks,

Janet Maclean







- A Reggio Emilia inspired Playschool for 3 and 4 year olds
- Where children learn and develop in an inspiring and nurturing environment
- · Limited spaces still available!

Playschool News

Fall is an exciting time at the playschool! Both classes have been busy celebrating the season in many ways. Most children enjoy carving pumpkins, but this time the teachers introduced some other creative ways to use pumpkins; including watercolour painting, and hammering golf tees into the pumpkins! The children loved this activity, and were very proud to add elastics to create their own "elastic board pumpkin" (shown below). The Hallowe'en party was also a great success and the children loved wearing their costumes to school for the day.



Our teachers Ms. Kelly-Sue and Ms. Jane have organized many outdoor adventures to get the children exploring outside. Recently the 4's class spent the morning outside at Confederation Park, and both classes have been exploring the outdoor area near the school. The children show a lot of curiosity and enthusiasm for our outdoor time! Other upcoming field trips include a visit to Aliki's Art House and a trip to Inglewood Bird Sanctuary.

Our creative pumpkin!

Limited spaces are still available for 2016/2017! We'd be happy to give you a tour of the school, and answer any questions you may have. For more information, please visit our webpage www. highwoodcommunityplayschool.com or email us at registrar@highwoodcommunityplayschool.com



Highland Golf Course

Attention neighbors!

Please read this important information regarding a huge new development in our neighborhood!

Highland Golf Course has been bought by a developer from Vancouver and his plans for this green space are not pretty!

- -removal of 98% of trees
- -complete fill in of valley which entails approx. 100,000 dump truck loads of fill
- -existing natural springs/water courses and wetlands buried under mounds of dirt and concrete
- -up to 4000 living units
- -at least 2 high-rises 18 stories high!!
- -the entire area being a construction nightmare for 20 years

Christmas At Highwood Lutheran Church 419 Northmount Drive NW Calgary

You are invited to join us

December 24, Christmas Eve 5:00 PM Candlelight Service 9:00 PM Compline Service

December 25, Christmas Day 10:30 AM Communion Service

> Need more information? Call 403-289-8206 Check us out on Facebook or visit www.highwoodlutheran.com

-much more disturbing plans too lengthy to explain here

If this information bothers you please plan to attend two upcoming meetings. City council will make their final vote on this project in January 2017. It's important to educate yourself in this matter if you want your voice to be heard. **Together we are strong!**

Tuesday, November 29th 7:00

Thorncliffe Community Assoc. (this will be a community led meeting with all info being presented.)

Thursday, December 8

Highwood Community Assoc. 4:00-8:00 (this will be a city led information open house).

Writing letters to the people making the decisions is a powerful tool.

Please take time to send letters to the names below to let your opinion be known: Sean Chu: sean.chu@calgary.ca Ward 4 Office, P.O. Box 2100, Stn. M. Calgary AB T2P 2M5 Druh Farrell: ward07@calgary.ca Ward 7 Office, P.O. Box 2100, Stn. M. Calgary AB T2P 2M5 Naheed Nenshi: themayor@calgary.ca Office of the Mayor, The City of Calgary P.O. Box 2100 Station M Calgary, AB T2P 2M5 Craig Coolahan: Calgary.klein@assembly.ab.ca #9, 2400 Centre St. NE Calgary AB T2E 2T9 Maple Projects atten: Ajay Nehru infor@mapleprojectsinc.com

101-1133 Gilford St., Vancouver B.C. V6G 2P5 Thorncliffe Community: publicservice@tgcacalgary.com

AS ALL COUNCILLORS WILL VOTE ON THIS ISSUE PLEASE CC YOUR LETTER TO THEM ALL.

Ward Sutherland: ward01@calgary.ca Carlo Carra: ward09@calgary.ca Brian Pincott: ward11@calgary.ca Joe Magliocca: ward02@calgary.ca Shane Keating: ward12@calgary.ca Jim Stevenson: ward03@@calgary.ca Richard Pootmans: ward06@calgary.ca Diane Colley-Urquhart: ward13@calgary.ca Andre Chabot: ward10@calgary.ca Evan Woolley: ward08@calgary.ca Ray Jones: ward05@calgary.ca Peter Demong: ward14@calgary.ca



Join us for...

The Highwood Christmas Market

16 Harlow Ave. NW (off Northmount Dr. behind Colonel Irvine Jr. High School)

Saturday December 10th 9:30am - 4:00pm

Visit us for your unique gift giving needs & 2017 Community Membership purchase

Door Prizes

Secretary needed!

Please come out to our board meetings and help us by taking the minutes. Minutes are official documents. They not only help our association to organize and record our events and decisions but are required to be provided if asked by our governing bodies. Plus, we're a fun bunch of people, lots of laughs and interesting discussions. Call our President, Jay Meakin, (403) 861-7399 or email at jaymeakin@me.com.



Holly, Ivy and other greenery, such as Mistletoe, were originally used in pre-Christian times to help celebrate the Winter Solstice Festival and ward off evil spirits and to celebrate new growth.



BMP MECHANICAL LTD: is a professional mechanical company offering plumbing, heating, air conditioning and drain cleaning services for Calgary and area homeowners. Our services include: repairs and installation of new furnaces; hot water tanks and air conditioning systems; regular maintenance and emergency drain cleaning - including drain video inspections. Contact us at 403-816-4409 or service@bmpmechanical.com.

CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms. From cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

HIGHWOOD FAMILY MEDICAL CLINIC: Walk-ins are welcome. Open Monday - Friday: 9:00am - 5:00pm and Saturdays: 10:00am - 3:00pm. Male and Female Doctors Available! Women's Clinic available monthly at this clinic. Call 403-475-8200 to book appointment, or simply walk in.Thank you.



Last 12 Months HIGHLAND PARK MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
October 2016	\$579,450.00	\$572,400.00
September 2016	\$529,900.00	\$500,000.00
August 2016	\$554,450.00	\$537,500.00
July 2016	\$564,900.00	\$555,000.00
June 2016	\$669,999.00	\$669,999.00
May 2016	\$669,000.00	\$655,000.00
April 2016	\$669,950.00	\$651,000.00
March 2016	\$649,900.00	\$626,750.00
February 2016	\$629,900.00	\$620,000.00
January 2016	\$0.00	\$0.00
December 2015	\$607,450.00	\$597,500.00
November 2015	\$569,450.00	\$557,500.00

Last 12 Months HIGHWOOD MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
October 2016	\$499,900.00	\$489,000.00
September 2016	\$374,000.00	\$370,000.00
August 2016	\$559,000.00	\$552,000.00
July 2016	\$474,500.00	\$464,000.00
June 2016	\$469,750.00	\$460,000.00
May 2016	\$510,000.00	\$494,400.00
April 2016	\$424,900.00	\$400,050.00
March 2016	\$0.00	\$0.00
February 2016	\$324,900.00	\$317,000.00
January 2016	\$484,350.00	\$462,750.00
December 2015	\$0.00	\$0.00
November 2015	\$0.00	\$0.00

To view more detailed information that comprise the above MLS averages please visit highland-park.great-news.ca or highwood.great-news.ca



This group will reconvene on Monday, September 12 from 1:00 pm to 3:00 pm at the Highwood Community Hall. We welcome anyone who would enjoy an afternoon out of the house to share a cup of tea some conversation and a few laughs. Just drop in whenever the mood strikes you.



Xmas Volunteers

Canada Post volunteers donate over 200,000 hours of their time each year to help Santa respond to every letter that arrives on his doorstep.

HGHV		OD DECEMBER 2016 CALENDA		2016	GALEI	NDAR
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					2	ę
					MS Society	MJP 9:30am - 11:30am
					12:00-1:00pm	Banff Trailers 5:00-
					CCNV - MH, MR, K	10:00pm
	4	7	L	0		0
+	2	D		All areas honlad	4	2
CCNV - MH. MR. KI	Senior's - 1:00 to	MS Society	"Calgary Eagles	Plavschool 800	MS Society	
8:00am to 3:00pm	3:00pm	10:30-12:00	Jr. Forest Wardens		12:00-1:00pm	Christmas Market
All areas booked 11-		MJP	MH. MR	Plavschool - Quest	CCNV - MH. MR. K	9:30am to 4:00pm
30 4.00 7:00pm		MH 5:00 - 9:30PM	6:00 to 9:00pm"	Theatre All areas	5:00 - 11:00pm	-
	mquurini.	MIA 0.00 - 0:00 MM		booked 300 -		
11	12	13	14	15	16	17
	OFILIOUS - 1:UU IO				Flayscriou	CONV - MH KI
CCNIV - MH MR KI	3:00pm	_		Playschool	Christmas Party	8-00am to 1-00nm
8-00am to 3-00nm	Yoga - 3:00 to 4:00pm			Christmas Party	11:00am to 1:00pm	Banff Trailars 6:00-
	Banff Trailers 7:00-	MR 5:00 - 7:00PM"		11:00am to 1:00pm	CCNV - MH, MR, K	10:00pm
18	19	20	21	22	23	24
))		>	-		2	-
CCNV - MH, MR, KI	MJP 9:00 - 11:00am Senior's - 1:00 to	MJP 9:00 - 11:00am	MJP 9:00 - 11:00am	MJP 9:00 - 11:00am	MJP 9:00 - 11:00am CCNV - MH. MR. K	All areas booked
8:00am to 3:00pm	3:00pm Yoga - 3:00 to 4:00pm				5:00 - 11:00pm	3:00 - 7:00pm Kari
25 - Christmas	26	27	28	29	30	31
No rentals available	No Rentals available	No Rentals available -	No Rentals available -	No Rentals available -	CCNV - MH, MR, K	arei
		hall upkeep	hall upkeep	hall upkeep	5:00 - 11:00pm	25 noon to 1:30 am
		Notes:				
		Highwood Community	Playschool - registrar@	Inmmo	school.com	
		3-year old classes: Tues 9.05 to 11:35am	3-year old classes: Tuesdays & Thursdays 9:05 to 11:20am 9:05 to 11:35am		4-year old classes: Mondays, Wednesdays and Fridays	ednesdays and Fridays

50.00 | 0.0

l refundable depo ndable deposit idable deposi

y Members I gathering nunity norial o available to Highwood Col itting) for up to a 4 hour m Ъ All Be fre

all hourly

room \$5.00 eting \$5.00, add add kitch 00/

Highwood Community Association MEMBERSHIP FORM

H

Family \$15 • Single \$10 • Senior \$5(circle one)

Make Cheques payable to Highwood Community Association. Box 64245, 5628 - 4 St. NW Calgary T2K 6J1 Please call Michelle Unrau at 403 815-3217 or email at michelleunrau@outlook.com to arrange pick-up

Name:		
Address:	Postal Code:	
Phone:	Email Address:	
Programs Requiring Membership:	Membership Perks:	Membership Discounts:
Community Playschool	Ice Skating	Highwood Hall Rental
Pool Day Care Camps	Hockey rink	Bereavement (Funeral)
Snow Removal Program	The Summit newsletter	Outdoor Pool
Youth Groups held • Community Sports	Craft Sale	Swimming lessons
Social Programs • Seniors Programs	Community Parties	

Highwood Community Membership Incentive!

When Highwood Residents purchase a September 1, 2015 – August 31, 2016 Highwood Membership Card they will also receive a Federation of Calgary Communities Club Member card. This card can be used at Cloverdale Paint when purchasing paint. Present this card and you will receive 25% off paint and 15% off paint accessories. Anyone who already has a current Highwood Member-ship Card and would like the Federation of Calgary Club Member card can phone Michelle at 403 815-3217 (michelleunrau@outlook.com) to make arrangements.





In 2016, Hanukkah from in the evening of Saturday, December 24th until the evening of Sunday, January 1st.

During Hanukkah, on each of the eight nights, a candle is lit in a special menorah (candelabra) called a 'hanukkiyah'.





OPEN HOUSE

Wednesday December 14th, 2016 5-7pm Highwood Community Hall

Please join representatives from WIND Mobile and the City of Calgary to discuss a proposal to extend an existing Telecommunication Tower at 390 Northmount Drive NW (Plaza 390)

Please note that the meeting is an Open House format and residents may come and go between 5:00 pm and 7:00 pm. Information boards will be displayed and additional information and handouts will be provided. Representatives will be available to answer questions and address concerns and feedback.

Proposal: Extension of existing Telecommunication Tower to 22m Tower style: Standard Monopole Location: 390 Northmount Drive NW (Plaza 390)

This proposed extension will provide enhanced cellular service to the community of Highwood and surrounding area.

With respect to this matter, residents are invited to provide written comments by December 30th to the contact information shown below. Please include a return address.



HIGHWOOD SNOW SHOVELLER'S PROGRAM

The Highwood Snow Shoveller's program has now completed its 13th year of service in our community. A group of three dedicated ladies have consistently given freely of their time and energy to keep clients and shovellers happy.

At this time we are hoping to recruit a few more interested volunteers. We would be happy to act in a training capacity to enlighten you as to what is involved and to ensure that an eventual transfer would move smoothly. This is basically a six month commitment that is very well organized and viewed as one of the best snow shovelling initiatives in Calgary. Please understand that we are not quitting but are planning ahead, but we do need you.

Please contact Joni at 403 284 5999 or Cathy at 403 289 1264.





COUNCILLOR. WARD 7 DRUH FARRELL

> ward07@calgary.ca • www.druhfarrell.ca Twitter: @DruhFarrell • Facebook: Druh Farrell

It is that time of year when we gather-round the kitchen table to spend time with friends and family. We will reflect on good fortune and happy times, as well as look forward to an even better 2017.

Sadly, not all of our neighbours will be as fortunate this holiday season. Whether due to the recession, loneliness, poor health, or other challenges, many Calgarians could use a kind word and a helping hand. While many live through difficult circumstances year-round, the holidays are an ideal time for us to share our generosity and kindness. Here are just a few of the ways we can help:

• Call 211 (online at www.ab.211.ca when you see someone in need. Here you can access a wide-variety of social programs and services.

· Make a donation to a non-profit in your community. For information on charities and their finances, visit www.cra-arc.gc.ca/charitiesandgiving/.

· Volunteer! The possibilities are endless. From reading to children to visiting seniors' centres, call 211 to connect to volunteer opportunities, or create your own. • Start a conversation about poverty. To learn more about poverty in Calgary, visit www.enoughforall.ca. · Learn what it feels like to live in poverty by trying to Make the Month. www.makethemonth.ca is an interactive poverty simulation that shows how Canadians living in poverty face choices that will make or break their monthly budgets.

There are also easy ways we can help our neighbours on a regular basis in the winter months. A great example is becoming a Snow Angel. Watch for people in your neighbourhood who could use help shovelling snow and lend them a hand. To learn more about being a Snow Angel, or to recognize a neighbour's good deeds, visit www.calgary.ca/snowangels.

From the Ward 7 family to yours, we hope all Calgarians can enjoy a happy and compassionate holiday season.

To sign up for updates on key community and Ward 7 issues, please visit www.druhfarrell.ca. To contact my office, please email Ward07@Calgary.ca.



COUNCILLOR, WARD 4 SEAN CHU

403-268-3727 • ward04@calgary.ca www.calgarv.ca/ward4 • www.seanchu.ca Greetings Residents,

City launches online street light outage application

The City of Calgary has launched an online application that will allow citizens to easily report street light outages in their community.

The application allows people to locate the street light on a map and report it instantly to The City of Calgary. This process avoids duplicate reports, reduces the number 311 calls, and provides more detailed and more accurate updates to citizens about each light service request.

The City of Calgary is committed to providing a higher level of service and better customer service to its citizens.

Under the service agreement with Enmax, it can take up to 30 days to repair street light outages. In the event of damages or something more complex like underground wire faults, repairs could take much longer. Citizens are asked to call 311 to report damaged street lights.

Please visit calgary.ca/streetlights to report an outage near you.

Be prepared for snowfall to keep everyone moving safely

When snow is forecasted in Calgary, crews are available 24/7 to respond and keep our roads safe. That means apply anti-icing solution to our roads before the snow falls, and plowing and sanding after the snow starts falling. Crews focus on high-volume roads first in order to keep the highest number of Calgarians moving safely.

You can help us keep the roads and sidewalks safe this winter, too. Here's a few ways to keep everyone moving safely:

 Slow down and drive or cycle defensively during winter driving conditions.

• Keep a safe distance - help our crews do their jobs by staying three car lengths behind sanders and plows.

- No sudden moves (braking, lane changes, etc.)
- Provide enough distance between you and the vehicle in front of vou.
- Ensure you have appropriate tires and footwear.
- · Keep your sidewalk clear of snow and ice within 24 hours after the snow has stopped falling.

For information on winter driving, safe shovelling, and more, visit calgary.ca/snow.

Fall/Winter Programs

The City of Calgary offers a wide variety of fun and FREE drop-in programs and activities for children, youth and families.

From after school programs, to health and wellness classes, to leadership opportunities, we have something for everyone.

Find out what's happening in your area, visit calgary.ca/ CommunityPrograms.

MLA CALGARY-KLEIN CRAIG COOLAHAN #9, 2400 Centre St NF

Calgary, AB, Canada T2E 2T9 Phone: (403) 216-5430 • Fax: (403)216-5432 calgary.klein@assembly.ab.ca

Happy holidays, Calgary-Klein!

As the nights grow long, snow falls, and the lights and music of the holidays surround us, it can be easy to get wrapped up in the stresses and obligations that often come along with the season. Often the pressures and commitments we place on ourselves and those around us can create a great deal of stress.

This kind of stress can sometimes lead us to forget the 'reason for the season.'While there are many traditions that celebrate this time of year in a range of different ways, some common threads unite them: treasuring our loved ones, and caring for and including vulnerable members of our society who find themselves without resources and without a warm and safe place to live.

Several excellent organizations do great work in Calgary to help our most vulnerable:

• The Inn from the Cold Society is an agency that has operated

for nearly twenty years, 365 days a year, serving children and families who find themselves, literally, with no place else to go. Inn from the Cold goes far beyond the provision of shelter, food, and clothing: they focus on the many wrap-around support needs that ensure children and their families begin the process of recovering their dignity, their self-worth, their independence, and their hope.

- o Donations can be made through their website at http:// innfromthecold.org/ways-to-give/.
- The Calgary Women's Centre helps women struggling with income, housing and food insecurity. During the holidays, the centre operates a toy room, where women can choose gifts to give their children.
- o Donations of new, unwrapped gifts for 9-12 year olds, for boys and girls, worth between \$25-\$40 can be dropped off at the Women's Centre (39 4th Street NE) from December 5th - December 20th 2016. Call Karen at 403-264-1155 for further information.
- The Calgary Food Bank collects and distributes food to struggling individuals, families, single-parents and homeless people. The majority of people they assist are workingpoor Calgarians struggling to make ends meet.
- o Donations of funds, food, and volunteer time can be made through their website, http://www.calgaryfoodbank.com/give/.
- I wish you, your families, and your loved ones all the best this holiday season.

WELCOME TO YOUR MAYFAIR COMMUNITY CLINIC

DIAGNOSTICS COVENTRY HILLS

Experience our beautiful and friendly new location, offering state-of-the-art Ultrasound, Mammography, Bone Mineral Densitometry and X-ray (walk-in).

Located at Coventry Hills Centre, just east of the Superstore (457, 130 Country Village Road NE). All our services are covered by Alberta Health Care. We're open Monday to Friday 8 a.m. to 4 p.m.

APPOINTMENTS: 403,777,3000

or requestappointment@radiology.ca

MEDICAL IMAGING REIMAGINED

radiology.ca



MP, CALGARY CONFEDERATION

2020 10 St NW, T2M3M2 403-220-0888 len.webber@parl.gc.ca

A Sensible Solution

For those who may not already know, I have been a long-time advocate of organ and tissue donation in Canada and was instrumental in creating the organ donor registry in Alberta a few years ago.

However, the reality is 4,600 Canadians are awaiting a transplant and we need to do more to find those critical matches to save more lives.

I have introduced a Private Member's Bill, Bill C-316, which proposes a very simple, very effective method to increase the size of the organ donor base in Canada. It will also help update existing databases.

I am proposing we add a line to the annual tax forms that asks Canadians if they would like to become an organ donor and if they want to have this information passed to their provincial government for addition to



- RBC Group Advantage is a comprehensive program designed to help business owners meet their employees' financial needs by providing:
 In-person financial advice for all employees
- Group retirement savings plans
- Comprehensive and discounted banking solutions

Support your employees and keep your competitive advantage. Call Investment Advisor Michael Martin at 403-266-9655 to learn more.



There's Wealth in Our Approach.™

RBC Dominion Securities Inc.⁺ and Royal Bank of Canada are separate corporate entities which are affiliated. "Member-Canadia Investor Protection Fund, BRC Dominion Securities Inc. Is a member company of RBC Wealth Management, a business segment All rights reserved. In Synova, Brough Securities Inc. 2013. the existing organ donor registries. The provinces will still be maintaining their own lists and the federal government will just be supplying them with data for that purpose.

The Canada Revenue Agency already successfully shares data every day with all the provinces and territories via encrypted networks with strong and reliable privacy safeguards. In addition, the existing infrastructure would support this change with virtually no cost. CRA already shares dozens of data fields of information on every taxpayer with the provinces and territories and this would simply be one more data field.

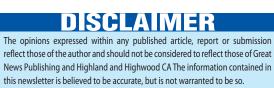
The tax form is a way to update this information annually via a legally-binding document. It would allow for lists to remain current and relevant.

Currently, the only proactive approach used by governments is to ask for donors via the driver's licence registration process. The number of people getting drivers' licences is dropping every year.

The voluntary online method of registering is neither proactive or fully effective. Those who move from one province to another do not update their information, especially young people who are prime donors. The tax form approach overcomes these common problems and expands the potential donors reached.

Sadly, when someone dies, the tax department is often one of the first government agencies to be notified. This too will help update provincial registries and keep them current. This makes for a more effective and responsive donation system.

I hope I can count on your support for Bill C-316.



Great News Publishing and Highland and Highwood CA do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.



Calgary Board

of Education



Learn About the Future Use of Learning Space at Area I & II Schools

Join us as we present the proposed changes for the future use of learning space at some Area I & II schools. Come review this proposal, which was developed from feedback gathered in 2016.

date | January 17, 2017 time | 5:00 – 8:00 p.m. location | Senator Patrick Burns School 2155 Chilcotin Road N.W.

To learn more about what we've heard so far, visit **cbe.ab.ca/dialogue**





617 Meredith Rd NE (587) 393-4041 FREE 45 min **Underground Parking** (Edmonton Tr & 1 blk N of Memorial Dr.)

BRIDGELAND Blush Lane Organic Market

Organic Produce, Dairy & Meats, Sustainable Fish Organic, Natural, Gluten Free & Vegetarian Foods Gourmet Prepared Foods, Freshly Baked Goods & Deli Health Supplements & Body Care

Open Daily 9-9 *See our flyer at blushlane.com





HELP END DIABETES

Diabetes is a complex disease with many causes and no known cure. In Alberta, an estimated 303,000 people have been diagnosed with diabetes and a further 600,000 live with prediabetes.

With your support, the Canadian Diabetes Association (CDA) can improve lives and make it possible to fund leading-edge research and innovative educational programs; send kids with type 1 diabetes to the CDA's D-Camps; and provide Albertans with access to programs, services and resources to manage their disease and live well.



HOW CAN YOU HELP?



JOIN TEAM DIABETES

Get active! Run, walk or hike in exciting international and Canadian events.



VOLUNTEER We couldn't do what we do without the support of our volunteers.



GIVE TO CLOTHESLINE®

Donate your gently used clothing, books, toys, electronics, vehicle and more.



HOLD A FUNDRAISING EVENT

Explore the fun and easy ways you can help raise funds for diabetes.



BECOME AN ADVOCATE Interested in sharing your story and speaking on behalf of those living with diabetes?



DONATE Text "Diabetes" to 587-600-6088 or honour someone online at diabetes.ca/donate.

diabetes.ca | 1-800-BANTING (226-8464) | 403-266-0620 (Calgary)