

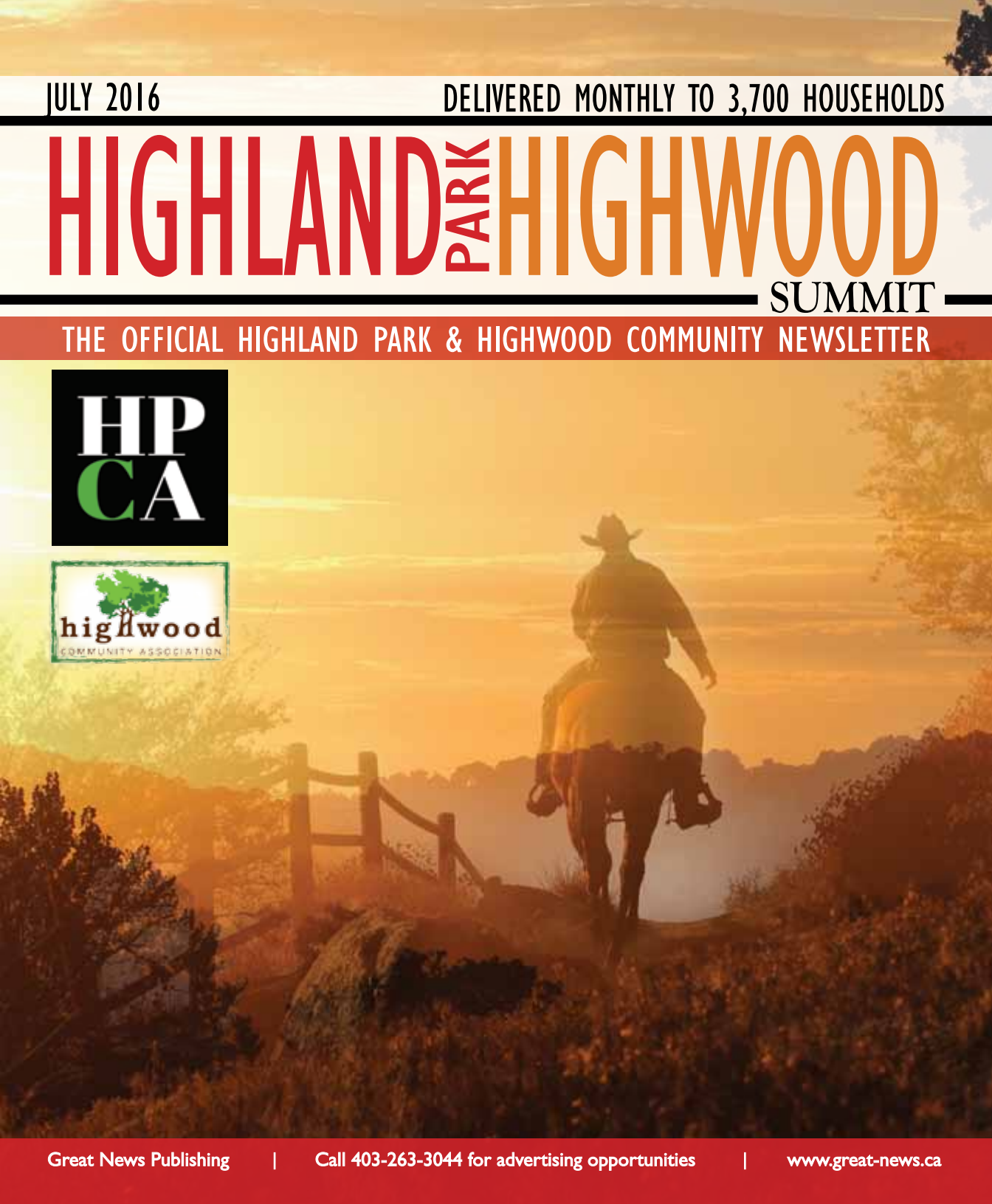
JULY 2016

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HIGHLAND PARK HIGHWOOD

SUMMIT

THE OFFICIAL HIGHLAND PARK & HIGHWOOD COMMUNITY NEWSLETTER



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Get involved with Green Line this summer
There's a new LRT line coming to Calgary!

The Green Line will serve more than 27 communities and move over 41 million passengers per year on 40 kilometres of track. This new LRT will provide a link for residents to downtown from the Northern Hills communities in the north and Seton in the south.

This summer watch for our Green Line ambassadors who will have information about the new LRT at events across the city.

You can also visit Calgary.ca/greenline to learn more about the project, including alignment options for Centre City and the Beltline.

Follow the Green Line conversation:

@yyctransport #GreenLineYYC

#GreenLineYYC



JULY MOON CALENDAR



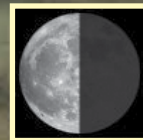
New Moon
July 4



First Quarter
July 12



Full Moon
July 19



Last Quarter
July 26



Highland Park
Community
Association

3716-2 St. NW
Calgary, AB T2K 0Y4
403-276.6969
HPCA@shaw.ca



Highwood Community
Association

Box 64245-5628
4 Street NW
403.289.9329
Calgary, Alberta T2K 6J1
highwood99@hotmail.ca
www.highwoodcommunity.com

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Highland Park Community Association

Office: 403-276-6969

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COMMUNITY CONTACTS	
Facility Rental & Management	Carolyn Bergen, 403-276-6969, hpca@shaw.ca
Newsletter Editor	highlandparkeditor@gmail.com
Event Planning	Dr. Salma Mitha hpcavolunteercoord@gmail.com
Good Food Box	Kelly Irvine, 403-209-0026
Development Review	Paul Engler 403-671-6666
Seniors' Luncheon	Rosalind Kohut, 587-349-0870
Neighbourhood of Promise Contact	Jennifer Dimarzo, 403-476-7295 jennifer.dimarzo@calgary.ca
Police Service	Cst. Gord Denison, District 3, GDenison@calgarypolice.ca
Bylaw Infractions	Call 311, or complete form online at: www.calgary.ca/311online
Ward 4 Councillor	Sean Chu, 403-268-3727, Sean.Chu@calgary.ca
Volunteers	hpcavolunteercoord@gmail.com

Editorial Content 10 DEADLINE
of each month for the next month's issue
highlandparkeditor@gmail.com

HIGHLAND PARK HALL RENTAL RATES

Phone: 403-276-6969

We welcome rental enquiries for our facilities. We offer a choice in hall size, a kitchen with an updated stainless steel appliances, a portable bar, a projector, sound system, a pull down screen for sharing pictures of those special moments, and loads of tables and chairs.

Rental Rates:

Main Hall – 219 person capacity
\$550/day or \$55/hour; \$500 damage deposit

North Hall – 60 person capacity
\$400/day or \$44/hour; \$400 damage deposit

Lower Main Hall – 2500 sq. ft.
Ideal for recreation, rehearsals or children's programs
\$25/hour

Lower North Hall – 60 person capacity
\$25/hour

There is a once per year 25% discount for HPCA area residents with a current membership.

THE GOOD FOOD BOX

The Good Food Box is a Community Kitchen initiative available to anyone, not just residents of Highland Park. Bring cash only to the address below on the payment date, then pick up your produce on the pick-up date. It's an excellent deal on fresh produce! For more information call Kelly Irvine at 587-216-0638.

Large Family Size Box: 45-50 lbs \$35
Family Size Box: 35-40 lbs \$30
Single/Senior Box: 25-30 lbs \$25

Where: HPCA Hall, 3716 2 Street NW
Time: between 6:00pm and 7:30pm

Order Date	Pickup Date	Order Date	Pickup Date
Tuesday	Thursday	August 23	September 1
		September 20	September 28
		October 18	October 27
		November 15	November 24

HIGHLAND PARK PRESIDENT'S MESSAGE



Thank you to everyone who is reading these messages. I have received phone calls and emails from people who are reading my message and giving me feedback- and getting involved! If you are going to be home this summer and looking for

free entertainment Highland Park is pleased to present Music in the Park again this year. Dates for this free music event will be listed on our website. Our Annual Stampede BBQ will kick off the summer Music in the Park series- and I hope that you can make it on July 13. We have free food for all Community Association membership holders, live music and just a great time!

As you know the preschool space is completed and the CA still has spots available for this fall. We are also offering NEXT- a before and after school program.

We are working hard on the redevelopment of the golf course. The proposed development goes before City Council on July 4. I will continue to send out email updates so please feel free to join our distribution list. This is the best way to be informed, as the release of the Newsletter is not always conducive to the other schedules.

I would like to take a moment to give a thank you to the members of the 2015/16 Board. They gave time and energy to make this growing CA a huge success. Our membership numbers continue to grow. The Hall is looking better than it has in a long time, we are attracting high quality programs and we are advocating on a municipal and provincial level on behalf of our community. In addition, we have hosted some fun events - it's not just all work and no play! Our 2016/17 board has 14 members - so we have 1 spot available if you are interested. I am genuinely looking forward to working with this diverse group of individuals on a number of projects this year. It's going to be another year of good work and good fun for HPCA.

Thank you,
Elise Bieche, President
Highland Park Community Association
elise.bieche@shaw.ca
Twitter @HighlandPkCA



Highland Park Preschool

Now taking registrations for September 2016!
A combined program for 3 and 4 year olds
Mornings 2, 3, 4 or 5 days per week, we are flexible to meet your needs!
2 days/week - \$130/month
3 days/week - \$170/month
4 days/week - \$225/month
5 days/week - \$280/month
Registration fee: \$60 (add an additional \$2.50 if paying by PayPal)
Please see our website for more details highlandpark-community.ca
Call or email Carolyn at hpca@shaw.ca 403-276-6969



INTRODUCING NEXT

a before and after school program operating during the school year at Highland Park Community Hall

Call Paula Beekman for registration details at 403-992-9430 or email paulabeekman@shaw.ca

Register Now

HIGHLAND PARK PLANNING AND DEVELOPMENT ACTIVITIES

The Planning and Development Committee would like to send a big thank you to everyone who attended the presentation on the Highland Park Golf Course redevelopment on June 9th. The attendance was great and there was lots of excellent questions and discussion. We would also like to thank Councillor Chu and Mr. Coolahan the MLA for Calgary-Klein for their support of Highland Park and our efforts to get a development that we can all be proud of. The golf course application is going before City Council.

As mentioned last month the City has agreed to have a design charrette for the 40th avenue Green Line stop. We have not heard a date for this yet, but we will get the word out once we have more details. For those that don't know, a charrette is a multiple-day, collaborative workshop led by a consultant team that brings together citizens, developers and policymakers to create a feasible and supported community plan based on four feedback loops: Issues, ideas, concepts, and solutions.

Be sure to give some thought for what you would like to see at the future 40th Ave Green Line station and be prepared to provide input to the City this fall. In other Green Line news Calgary Transit Planning was hoping to be in front of City Council this fall to get approval of their design, however the timelines have extended and it is not anticipated that the Green Line will appear before City Council until June 2017, almost a year from now.

Paul Engler on behalf of the Highland Park Community Association Planning and Development Committee

Science of Spirituality

To become aware of our connection with all life is one of the main purposes of developing ourselves spiritually. Love is innate in our soul, but we can connect with this divine quality more deeply and permanently when we come in contact with a living, spiritual Master, attend satsang and meditate. When we learn to love all of God's creation, we inevitably draw closer.

All activities are held free of charge
Every Sunday from 5:30pm-7:30pm
North Hall
Highland Park Community Association
3716 - 2 Street NW, Calgary
Phone: 403-614-2613 or 403-241-3328

Northminster United Church

3311 Centre Street N • (403) 277 0322 • www.northminster.ca
Rev. Nancy Nourse
Sundays at 10:30 AM - SUMMER WORSHIP SERIES -
"Faith, Trust and Pixie Dust"
We'll be including both new and classic Disney movie clips in each Sunday's reflection, great for all ages.

BRAIN GAMES SUDOKU

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		5			6		4	9
			8					5
3			5		9		8	7
			4		3			
5	6		7		8			3
8					1			
4	5		6			9		
		3		7		8		

FIND SOLUTION ON PAGE 12



Highland Park Community Association MEMBERSHIP FORM

Fees: Families - \$20 • Individuals aged 18 to 64 - \$10 • Individual seniors (age 65 & over) - \$5
Associate members (non-residents) - \$10

Memberships good for one year from date of purchase

Please make cheques payable to: Highland Park Community Association

Please mail cheque and this form to:

Highland Community Association, 3716 - 2nd Street NW, Calgary, Alberta T2K 0Y4

Name: _____

Address: _____ Postal Code: _____

Phone: _____ Email Address: _____



HIGHLAND PARK COMMUNITY SENIOR'S LUNCHEON

Third TUESDAY of each Month - 12 NOON
\$6.00 person for HPCA members (except potlucks)
\$10.00/person for non-members of HPCA
POTLUCKS: \$2.00/person for those that bring a dish.
Please contact Anne Klempa
(403) 277-3388 to confirm your attendance.

2016

Sept. 20
Oct. 18
Nov. 15
Dec. 13

Monica C. has been cooking for the Seniors' Lunch for many years. She is now taking a very deserved long term break. In order for the Seniors' Lunch to continue, we need help. We would like to get a small committee together so that the task is not on one person.

To date we had help from some of you to set up and to clean up and for dessert. We need some people to come together to also cook some meals. The senior's lunch happens once a month except during summer time and in June where it is usually a BBQ and potluck. So really only 9 times. The more we are the less work it is.

Can you please respond to jennifer.dimarzo@calgary.ca or rozkohut@gmail.com.

HIGHLAND PARK HALL SCHEDULE JULY 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3 -All Halls 7am-2pm New Covenant -MH 2:30-4:30 Martial Arts -NH 5:30pm-7:30pm Science of Spirituality	4 -MH 7:30pm-9:30pm Bumbukan Karate	5 -MHB YMCA 9am-3:30pm -MH/NH 8am-11am Burc -MH 7pm-10pm Martial Arts	6 -MHB YMCA 9am-3:30pm -MH 7pm-10pm Martial Arts	7 -MHB YMCA 9am-3:30pm -MH 7pm-10pm Martial Arts	8 -MH/NH/MHB 6pm-10pm New Covenant	9 -MH New Covenant -LNH 8pm-9pm AA Meeting
10 -All Halls 7am-2pm New Covenant -MH 2:30-4:30 Martial Arts -NH 5:30pm-7:30pm Science of Spirituality	11 -MH 7:30pm-9:30pm Bumbukan Karate	12 -MHB YMCA 9am-3:30pm -MH 7pm-10pm Martial Arts	13 MH 6-8pm Stampede BBQ / Music in the Park	14 -MHB YMCA 9am-3:30pm -MH 7pm-10pm Martial Arts	15 -MH/NH/MHB 6pm-10pm New Covenant	16 -LNH 8pm-9pm AA Meeting
17 -All Halls 7am-2pm New Covenant -MH 2:30-4:30 Martial Arts -NH 5:30pm-7:30pm Science of Spirituality	18 -MH 7:30pm-9:30pm Bumbukan Karate	19 -MHB YMCA 9am-3:30pm -NH 7pm-9:30pm CarWA -MH 7pm-10pm Martial Arts	20 -MHB YMCA 9am-3:30pm -NH 9:30am-10:30am Souffire Yoga -MH 7pm-10pm Martial Arts	21 -MHB YMCA 9am-3:30pm -NH 9:30am-10:30am Souffire Yoga -MH 7pm-10pm Martial Arts	22/29 -MH/NH/MHB 6pm-10pm New Covenant	23/30 -MH eve. Bumbukan Karate -LNH 8pm-9pm AA Meeting
24/31 -All Halls 7am-2pm New Covenant -MH 2:30-4:30 Martial Arts -NH 5:30pm-7:30pm Science of Spirituality	25 -MH 7:30pm-9:30pm Bumbukan Karate	26 -MHB YMCA 9am-3:30pm -MH 7pm-10pm Martial Arts	27 -MH/NH 5-9pm Irish Dancers	28 -MHB YMCA 9am-3:30pm -MH 7pm-10pm Martial Arts	LEGEND MH Main Hall; MHB Main Hall Basement; NH North Hall; LNH Lower North Hall For information regarding any of the above, please call Carolyn at the Community Hall at 403-276-6969.	



On May 14 was the fabulous cultural night at the Highland Park Community Association. This was a partnership between the HPCA and the Neighbourhood of Promise, strong neighbourhood initiative.

82 residents attended. This annual event is an opportunity to appreciate diversity in our beautiful City, know about a different culture every year and have an opportunity to sit together and know each other better.

An adhoc committee led by an incredible youth met a couple of times in January to organize this event for you. A big thank you to all the volunteers that participated over the years in the Latin, African, Aboriginal and Chinese cultural events.

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MEAT GUYS

Nick B - CEO
 Bus: 403.903.9269 Mobile: 403.903.6264
info@calgarymeatguys.ca | Calgarymeatguys.ca

The New Adventures of Engine 23

Central Library is home to a full-sized, real fire truck—and yes, it's *inside* the library! Engine 23 has retired from fighting fires and has begun a whole new life helping children learn. Calgary's youngest citizens can not only read about fire trucks, but also suit up, jump in the truck, and rush to the scene of imaginary accidents and infernos to bring aid and assistance. Because the fire truck isn't just a 22-tonne vehicle in a building: it's a suite of experiences. It's authentic. Kids can play on it and interact with it in a very real way.

When the Calgary Fire Department offered to loan us a decommissioned fire truck, Calgary Public Library seized upon the opportunity to create an innovative early learning experience. After much planning and design, we've installed Engine 23 in Central Library, where it will remain until New Central Library opens in 2018.

Visit Engine 23 any time Central Library is open, or drop in for special Engine 23 storytimes. Toddlers and Preschoolers (ages 2-5) can drop in to enjoy fire-themed storytimes while seated atop Engine 23! Families (all ages) are welcome to drop in and join a Calgary Fire Department firefighter for a special family storytime and the opportunity to start their very own new adventures with Engine 23.

See the July-August *Library Connect* for exact dates and details. A reimagined staircase will connect the installation to the children's area on the second floor, so be sure to visit the Children's Library on the 2nd Floor!



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Community Cleanup September 10

Just a reminder that our community cleanup in early fall will provide to local area residents the opportunity to dispose of unwanted items and yard waste free of charge. There will be two city garbage trucks, a green waste truck for yard and garden debris, as well as electronics recycling, metal recycling and the Diabetes Clothesline for good used clothing and small house wares.

In the meantime, property owners and residents are responsible for ensuring that their premises are kept in a general neat and tidy condition. For instance, grass and weeds can't be allowed to grow out of control. Loose garbage, yard waste, bottles, cans, boxes, household furniture, packing materials, machinery parts, equipment, or appliances must not be visible from outside the property. Building materials should not accumulate unless there is some work planned or in progress, and such materials should be stacked neatly. For more information, see the *Good Neighbour Guide* on the City of Calgary's webpage http://www.calgary.ca/CSPS/ABS/Documents/good_neighbour_guide.pdf. For information about what and where to recycle or discard unwanted materials, see <http://www.calgary.ca/UEP/WRS/Pages/What-goes-where/Default.aspx>

Neighbourhood of Promise

Learn about Programs & Services in your neighbourhood!

The Accessible Programs & Services Committee is highlighting a different resource in your community each month. We hope this lets you know about some of the great services available to you and gets you connected to the people and places around you.

If you are interested in being a part of this, contact your Community Social Worker:

Jennifer Dimarzo, 403-476-7295 or jennifer.dimarzo@calgary.ca

Why Are the Hedges Dying?

By Anne Naumann

You've probably noticed a lot of the hedges in the neighbourhood are looking very scraggly with a few, or in some cases a lot of, dead areas with no leaves. What's going on? Well, unfortunately, most of the hedges in our neighbourhood (and other parts of Calgary) are infected with a pest called Oyster Shell Scale. Also unfortunately, unless drastic measures are taken as soon as possible (by July), the babies will hatch, then spread to another area and kill off more of the hedge. They can also spread to your fruit trees or lilac shrubs.

The Oyster Shell Scale bug is a very small insect that latches on to the branch, and grows a hard "shell" over itself to secure it to the branch. It then sucks all the juices out of the plant, killing it. It also lays about 100 eggs which are contained under the "shell" and which become "crawlers" in June and July. It can be challenging to get rid of, but without intervention it will only get worse each year. Don't delay, do it now.

Cotoneaster hedge infected with Oyster Shell Scale

I recommend everyone closely inspect your hedges, lilacs, and fruit trees. If you can see the "scaly" markings on the branches or the trunk (see the picture), you need to take action as soon as possible. The folks at your local garden centre will be able to provide you some advice on how to deal with it, and show you the products you'll need. Golden Acres even has pre-printed instructions to hand out since so many people have the same problem.

Steps to deal with Oyster Scale:

1. If most of the hedge is infected, you need to drastically cut it back to just 1 to 2 inches from the ground. However, do not cut below ground level. Lois Hole's Favorite Trees & Shrubs book recommends you NOT use a chain saw for this but instead use lopping shears or a pruning saw. Don't worry, if you follow the steps properly it should grow back healthy and be about 12 to 16 inches tall next summer, and be back to a more normal height the following year.
2. If only a part of the hedge is infected, drastically cut just that part down to just 1 to 2 inches from the ground.

3. Clean up all branches, leaves, etc. thoroughly and dispose of them in garbage bags. Tie up the bags and put them in the black bin or take them to the landfill. Important: DO NOT compost these.
4. Water the area well.
5. If you have cut down the entire hedge, you can treat it as if it were in the dormant season. Spray it with horticultural oil, in the water to oil mix ratio specified on the bottle. This helps to block the air exchange on any of the extremely small young bugs that may be left on the ground or on the stumps of the hedge that will just re-infect what is remaining if you don't spray them.
6. If only part of the hedge is cut down, Golden Acres recommends to spray the cut part with Bordo Copper spray.
7. Wait 1 day, then spray the affected hedge areas (significantly cut back or partially cut back) with lime sulphur to help kill any remaining Oyster Scale bugs. However, you may not need this step if the entire hedge has been cut down. Check with your local garden centre experts.
8. Next spring, before it leafs out, spray the hedge with horticultural oil, and follow (after the recommended waiting period) with lime sulphur spray.
9. It may take more than 1 season to fully get rid of this garden pest, and your yard will look a bit bare this year once you cut your hedge down to near the ground, but it will be worth it.



Highland Park's "Music in the Park" is back!

Highland Park's Annual Stampede Shindig

Wednesday, July 13
6:00pm to 8:00pm

Come out and boogie to the sounds of the Wildrose Duo at our annual Stampede BBQ! Join us for our famous two dollar burger. Get reacquainted with your neighbours. See just how special the community of Highland Park really is!

Pizza In The Park

Wednesday, August 17
6:00pm to 8:00pm

ou asked for it and here it is. Join us for our popular pizza night while listening to Highland Park's favourite band, Locomotive Ghost. A slice of pizza is \$2. Hear why the alt rock sound of Locomotive Ghost makes them an all-time fan favourite in the neighbourhood.

9	3	1	2	4	5	6	7	8
7	8	5	1	3	6	2	4	9
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8	9	2	3	5	1	7	6	4
4	5	7	6	8	2	9	3	1
6	1	3	9	7	4	8	5	2



COUNCILLOR, WARD 4
SEAN CHU
403-268-3727 • ward04@calgary.ca
www.calgary.ca/ward4 • www.seanchu.ca

Happy Summer to Everyone,

Thinking about a yard improvement project?

Garages, decks, fences and even driveway widening are just some of the projects that often require a permit.

"Before you pay for materials, hire a contractor, or do it yourself, we encourage you to visit Calgary.ca/homeimprovement or get in touch with us here at The City," says Jamie Fandrich, Planning Services Technician at The City of Calgary. Fandrich is part of the team that helps Calgarians understand Alberta's safety codes and City bylaws on the phone and in person at the Municipal Building. The latest resource Fandrich's team uses to educate Calgarians on development and building regulations is the webpage calgary.ca/homeimprovement, which allows anyone interested in doing a renovation to browse popular home renovation topics for bylaw and permit information, property and land designation, drawings and forms they will need to complete their home renovation.

"It can sometimes be difficult to understand when you need a permit and what City bylaws might impact your project – we're here to help guide you through the process," Fandrich says.

Planning, development, licence or permit question?

Visit Calgary.ca/homeimprovement or call and visit Planning Services

Planning Services

Monday through Friday (closed holidays)
8 a.m. - 4:15 p.m.

Call centre: 403-268-5311

Permit counter: 3rd Floor Municipal building, 800 Macleod Tr SE

July submission for Recreation

Art is a big part of what makes Calgary great. It benefits the economy, creates jobs and makes our city attractive, enjoyable and interactive. Learn more at Calgary.ca/publicart.

Unlimited swimming and skating for youth (ages 7-17) available all summer with the purchase of our Summer Youth passport. Calgary.ca/youthpassport.

Take a kid to the course week – Juniors golf for free at McCall lake Par 3 and Richmond Green with one paid golfing adult. July 4-10 only. Calgary.ca/golf

There's still room in our summer day camps! Keep your kids active, creative and healthy this summer. Find out more at Calgary.ca/myrecguide.

Have a Great Summer!

HIGHWOOD JULY 2016 CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HOP Day Camps Weekly to Sept. 2 8:30am - 4:15pm					1 - Canada MS Society 12:00 - 1:00 CCNY - MH, MR, K 5:00 - 11:00pm	2
3 CCNY - MH, MR, K 8:00am to 3:00pm	4	5 MS Society 10:30-12:00	6	7	8 MS Society 12:00 - 1:00 CCNY - MH, MR, K 5:00 - 11:00pm	9
10 CCNY - MH, MR, K 8:00am to 3:00pm	11	12 MS Society 10:30-12:00	13	14	15 MS Society 12:00 - 1:00 CCNY - MH, MR, K 5:00 - 11:00pm	16
17 CCNY - MH, MR, K 8:00am to 3:00pm	18	19 MS Society 10:30-12:00	20	21	22 MS Society 12:00 - 1:00 CCNY - MH, MR, K 5:00 - 11:00pm	23
24 CCNY - MH, MR, K 8:00am to 3:00pm	25	26 MS Society 10:30-12:00	27	28	29 MS Society 12:00 - 1:00 CCNY - MH, MR, K 5:00 - 11:00pm	30
31 CCNY - MH, MR, K 8:00am to 3:00pm	None					

CAPACITY 133 serving liquor, 150 no liquor served

Weekend (12:00pm Saturday to 1:30am Sunday)
\$400.00 flat rate Non-Community Members + \$350.00 refundable deposit

\$325.00 flat rate Community Members + \$350.00 refundable deposit

Hourly
\$35.00/hr Non-Community Members + \$350.00 refundable deposit

\$30.00/hr Community Members + \$350.00 refundable deposit

There is a 3 hour minimum required on all hourly rentals.
All rentals are subject to GST

Benevolence - The hall will be made available to Highwood Community Members free of charge (rental calendar permitting) for up to a 4 hour memorial gathering or service.

Long term rates - \$25.00/hr main hall, add kitchen \$5.00, add meeting room \$5.00

HIGHWOOD COMMUNITY ASSOCIATION

PRESIDENT	Jay Meakin	jaymeakin@me.com
VICE PRESIDENT	Dean Stewart	dean.stewart@shaw.ca
TREASURER	Bryan Seitz	bryan.d.seitz@gmail.com
SECRETARY	Chris Carile	chris.carile@live.ca
SOCIAL DIRECTOR	Tuan Pham	403-202-3123
NEWSLETTER EDITOR	Donna Stefura	dstefura@telus.net
HALL RENTALS	Gloria Kelly	403-289-3645
MEMBERSHIP	Glenn Blackett	403-298-8474
	Tuan Pham	403-202-3123
CARETAKER	Kari B.	
POOL COORDINATOR	Gloria Kelly	403-289-3645
PLAYSCHOOL	Colleen Underwood	colleen.underwood@cbc.ca
ICEMAKER	Dean Parker	403-284-5737
WEBMASTER	Dan Waldon	dan@redelements.com
FACILITY DIRECTOR	Justin Elton	403-467-3096
CO-FACILITY DIRECTOR	Mike Neufeld	
SENIORS GROUP	Doreen Ratsoy	403-282-1030
SNOW REMOVAL PROGRAM	Joni Wright	403-284-5999
	Cathy South	403-289-1264
RINK RENOVATION COMMITTEE	Brody Todd	
COMMUNITY ENGAGEMENT COMMITTEE	Ryan Carnahan	403-275-8834
DIRECTOR AT LARGE	Stephenie Healey	403-389-8468
DIRECTOR AT LARGE	Judy Johnson	403-282-4366
DIRECTOR AT LARGE	Michelle Unrau	michelleunrau@hotmail.com
DIRECTOR AT LARGE	Janet Shivas	janetshivas@gmail.com
McKNIGHT SPORTS REP.		soccer@mcknightssports.ca
NORTH CENTRAL BASKETBALL CLUB		northcentralbball.com northcentralbball@hotmail.com, 973-6665

Community Meetings
are held at 7:30pm
on the second Tuesday of each month
at the Highwood Community Hall
16 Harlow Avenue NW



58 THORNCLIFFE SCOUTS

The 58th Thorncliffe Scouts Group is accepting registrations for next year. We have a full contingent of sections for girls and boys to enroll in.

Beavers (ages 5 – 7 yrs)
Cubs (ages 8 – 10 yrs)
Scouts (10 – 14 yrs)
Venturers (15 – 17 yrs)
Rovers (18+ yrs)

Register before June 30 at Scouts.ca and get in on the discount.

Editorial 10
Content DEADLINE
of each month for the next month's issue
Donna at 282-6198 or
dstefura@telus.net

Northmount Baptist Church

451 Northmount Dr. NW • Ph. 403.289- 8185
Pastor Greg Butt
Traditional Service 10:30 a.m. Stampede Breakfast
Saturday July 9th 9:30-11:30
office@nbcchurch.ca

HIGHWOOD HALL RENTAL RATES

Weekend (12:00pm Saturday to 1:30am Sunday)
\$400.00 flat rate Non-Community Members
\$325.00 flat rate Community Members
Hourly
\$35.00/hr Non-Community Members
\$30.00/hr Community Members
There is a 3 hour minimum required on all hourly rentals.

All rentals are subject to GST and will require a \$350.00 (refundable) deposit.
Bereavement - The hall will be made available to Highwood Community Members free of charge (rental calendar permitting) for up to a 4 hour memorial gathering or service.
Long term rates - \$25.00/hr main hall, add kitchen \$5.00, add meeting room \$5.00

HIGHWOOD BOARD MEMBER REPORT

This article is a reprint of Highland Parks Presidents message regarding the Highland Golf Course redevelopment. Although this property is in Highland Park, being that this community is our next door neighbour, this redevelopment will certainly affect our community, too. There are things you should know about it and that you, too, can have a say on how it is developed.

"The redevelopment of the Golf Course goes in front of Calgary City Council on **July 4**. This is a very important date. It is the day you can come down to City Hall and have your voice heard. I can list off many reasons why you should care, and why you should come down. Right now the development plan does not limit the density. The developer has 2,100 units- that could mean 4,000 people moving into our neighbourhood. The current plan does not limit the density to 2,100 units. It has a potential for up to twice this amount based on the proposed land uses (but it could mean even more people and cars). That's a lot more traffic. Compound that with the Centre Street North LRT- now everyone that can't drive on Centre Street is going to use 40th Avenue and probably shortcut through Highwood to get to 14th Street NW if they want to get downtown.

Next reason to care- this development is going to cost the City money- and by the City I mean you- because it's our taxpayer dollars that are going to be spent to upgrade the systems below the site. At this stage we know it is going to cost millions of dollars to upgrade the storm water infrastructure to accommodate the developer and their big plans for this site. We also know that 95% of the trees on the site are going to be torn down. That is over 100 trees that need to be removed. The City is going to allow the developer to tear down trees on the public portion of the land. Why is the City allowing the developer to do this? So that thousands of truckloads of dirt can be shipped into the site and the grade can be increased. So that in the centre of the site an 18 story building can literally tower over the surrounding neighbourhoods.

Highland Park has very little green space. 4% actually. The City says communities should have 10%. The developer has a plan that only takes us to 6%. Why isn't

the City advocating to get us the greenspace we need and deserve? The construction is anticipated to take 15 years!!! Do you want the 43 Acre Golf Course site under construction for 15 years? There is a good possibility the developer could strip and grade the entire site with his initial phase of development and then have it sit as bare land until the market demand is there for development of this large site. Construction mess, heavy vehicles, torn down trees.

Did you know that Confederation Creek runs below the current golf course? A natural water way. Did you know that there are wetlands on the golf course site?

The Community has always welcomed the development of the golf course. We have been looking for revitalization of our neighbourhood. This plan doesn't revitalize Highland Park, it is destroying our trees, it is going to cost our City taxpayers significant sums of money and it is going to bury a creek and fill in a wetland. The Community wants more for this site. Please come out on June 9 to the Highland Park Community Hall. Please come out **July 4 to City Hall** and have your voice heard. Write a letter or an email to any and all members of City Council.

Do you like trees? Do you want your tax payer dollars to help a developer? Do you want thousands of truckloads of dirt in the middle of our neighbourhood? Do you want greenspace? Do you want 15 years of construction?

I think Highland Park deserves a better plan, I think the City of Calgary deserves a better development. We can do density- but it has to be done right.

Elise Bieche, Highland Park CA President

KEYBOARD SHORTCUTS

SENDING E-MAIL MESSAGES

Use the following keys (if you are emailing a document or a message) when the insertion point is in the email header. To move the insertion point into the email header, press **SHIFT+TAB**.

ALT +S

Send the active document or message.

Highland Park/Highwood mybabysitterlist

Name	Age	Contact	Course
Angelica	16	587-223-0215	Yes
Chantelle	34	403-510-7474	Yes
Jacalyn	17	403-277-6174	Yes
Kyra	15	403-398-4365	Yes
Maya	14	403-276-1015	Yes
Olivia	13	403-289-2232	Yes
Reese	15	403-276-5048	Yes
Sebastian	15	403-971-1986	Yes

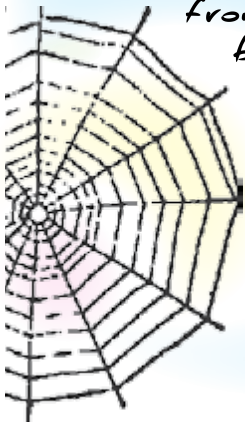
Calling All BABYSITTERS
Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

Insects and Technology

The spider's web is the inspiration for a new technology that prevents birds from flying into tall building's windows.



Embedded in the glass sheet is a pattern of chaotic UV-reflecting strands that birds can see.

Discovery Magazine

Highwood Outdoor Pool

Summer 2016

Connecting Communities

25 Holmwood Avenue N.W.



COME ENJOY OUR:

- 25M Pool
- Youth Slide
- Wading Pool & 2 Tot Slides
- Day Camps
- Public Swim
- Red Cross Swim Lessons
- Concession
- Private Rentals
- Lane Swim
- 6 Picnic Tables



Whenever you find yourself on the side of the majority, it is time to pause and reflect.

Mark Twain

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

THE GUTTER DOCTOR! We install, repair and clean eavestroughs, and downspouts. Fascia, soffit, drip-edge, siding, roofing, cladding. Over 15,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. www.gutterdoctor.ca 403-714-0711.

TLC CLEANING: Over 18 year's experience in the business! TLC Cleaning is a small and personalized cleaning company. Licensed, insured, bonded, and WCB covered for your piece of mind. Excellent rates and references, environmentally friendly options too. Let us put a little TLC into your home! Free estimates; please call Carol at 403-614-8522.

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IN & AROUND CALGARY

Stampede Taxi Stands

Stampede taxi stands are designated areas near Stampede Park where taxis will be lined-up to wait for customers. Two temporary taxi stands will operate at all hours during Stampede. These stands are located at the South and North entrances of Stampede Park. The taxi stand located at the North entrance of Stampede Park will provide priority service to people with accessibility needs as this entrance provides the most direct route to enter into the park.

Late Night Temporary Taxi Stands

Within Stampede Park there are multiple entertainment venues. In 2016 all venues are closing at 3 a.m. To accommodate the evening rush two additional late night temporary stands will be established. For details, visit Calgary.ca and search taxi stands.

Book Trivia

Don Quixote is the best-selling novel of all time,

with over 500 million copies sold.



Highwood Community Association MEMBERSHIP FORM



Family \$15 • Single \$10 • Senior \$5(circle one)

Make Cheques payable to Highwood Community Association. Box 64245, 5628 - 4 St. NW Calgary T2K 6J1
Please call Terry Day 587-223-4977 to arrange pick-up

Name: _____

Address: _____ Postal Code: _____

Phone: _____ Email Address: _____

Programs Requiring Membership:

Community Playschool
Pool Day Care Camps
Snow Removal Program
Youth Groups held - Community Sports
Social Programs - Seniors Programs

Membership Perks:

Ice Skating
Hockey rink
The Summit newsletter
Craft Sale
Community Parties

Membership Discounts:

Highwood Hall Rental
Bereavement (Funeral)
Outdoor Pool
Swimming lessons

Highwood Community Membership Incentive!

When Highwood Residents purchase a September 1, 2015 – August 31, 2016 Highwood Membership Card they will also receive a Federation of Calgary Communities Club Member card. This card can be used at Cloverdale Paint when purchasing paint. Present this card and you will receive 25% off paint and 15% off paint accessories. Anyone who already has a current Highwood Membership Card and would like the Federation of Calgary Club Member card can phone 587 223 4977 or email terry-stu@shaw.ca to make arrangements to pick up a Club card.

Registration

Girls and Boys
Beavers - ages 5 - 7
Cubs - ages 8 - 10
Scouts - ages 11 - 14
Venturers - ages 15 - 17
Rovers - ages 18+

Register before the end of June to receive a discount!

58scouts@telus.net
www.scout.ca

58th Thorncliffe Scouts

Thorncliffe/Greenview
Community Centre
5600 Centre St. N



Attention Fellow Gardeners!

We are interested in starting a community garden site beside the Highwood Community Centre. In order to pilot the project we will need to know if there is interest as well as some devoted volunteers to get the project started. Cambrian Heights was able to get 9 vegetable garden plots built through the work of several volunteers, proposals and grants through the City of Calgary. It would be great to get a committee started as soon as possible in order to have the garden implemented by planting season this year. This would be a wonderful opportunity to build community amongst Highwoodians, learn from each other and grow our own delicious food!

Please contact Sarah Elton, sarahjelton@gmail.com, if you are interested.

Movie In The Park - Despicable Me

JULY 23, 9:00PM - FREE ADMISSION

Bring a blanket or lawn chair and snacks to enjoy. Movie will start at sun down (9:10-9:30) and will be in the fields outside the Highwood Community Association. If it is raining the movie will be inside the Highwood Community Hall.

16 HARLOW AVE NW.

Free Community BBQ

Everyone is invited!

Sunday, July 17 at Noon in the parking lot of Jubilee Church.

458 35 Ave NW

There will be Bouncy houses, face painting, snow cones & free food provided by 4th Spot Restaurant.



MLA CALGARY-KLEIN
CRAIG COOLAHAN

#9, 2400 Centre St NE
Calgary, AB, Canada T2E 2T9
Phone: (403) 216-5430 • Fax: (403)216-5432
calgary.klein@assembly.ab.ca

Culture and sport contribute to a diverse economy

One of the goals described in the Government of Alberta's Budget 2016 was to lay a foundation for a more resilient, more diversified and more prosperous economy. Through thoughtful planning, prudent spending and measured budget reductions, we are continuing to move Alberta forward.

This spring, Canadian Heritage and Statistics Canada released a series of economic data that showed the impact that culture and sport has on our economy. This data provides information on a range of culture indicators such as GDP and jobs across Canada and, for the first time, presents information from 2010 to 2014. What the data showed was that Alberta's culture is everywhere, and it is a significant contributor to our economy and jobs.

Culture and sport contributed \$6.4 billion to Alberta's GDP in 2014, the fourth highest amount among the provinces and territories. This contribution to Alberta's economy was larger than that of the accommodation and food services industries, utilities, or agriculture, forestry, fishing and hunting industries. Culture jobs in Alberta reached 55,518 jobs in 2014, an increase of 1.5 per cent since 2010. Sport jobs, on the other hand, grew at nearly three times the national average, reaching 11,847.

Alberta's culture and sport industries continue to grow at an impressive rate: From 2010 to 2014, culture and sport GDP in Alberta increased by 22.3 per cent, from \$5.3 billion to \$6.4 billion. After Manitoba and Saskatchewan, this was third highest growth displayed in Canada, and higher than the Canadian average of 15.5 per cent.

Our culture and sport sectors contribute to the cultural, social and economic well-being of communities across the province and we will continue to work with our partners to develop and showcase our resources for the benefit of Alberta's families, communities, visitors, and investors.

Culture has had a big impact on our lives, and these numbers prove it. Not only does culture help drive the creativity that is essential to innovation, it also contributes billions of dollars and thousands of jobs to Alberta.



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ward07@calgary.ca • www.druhfarrell.ca
Twitter: @DruhFarrell • Facebook: Druh Farrell

Council Approves Pedestrian Strategy

On average, one pedestrian is injured in a collision each day in Calgary. Many more injuries occur in parking lots and often go unreported. The financial cost to society from pedestrian deaths and injuries, estimated at \$120 million per year for Calgary alone, is staggering. The impact to individuals and families left to cope with the recovery, and sometimes a lifetime of disabilities, is immeasurable.

These financial, social, and emotional costs were driving factors behind City Council's decision to unanimously support STEP FORWARD, our new pedestrian strategy and safety action plan. I have been striving to make Calgary a better place to walk for many years and I am extremely proud of this work. The strategy also goes beyond safety to encourage more Calgarians to walk more often by making it easy, accessible, and enjoyable.

We focused the plan into four areas with a list of 50 actions for short, medium, and long term improvements:

Safety - reduce collisions and increase the feeling of personal safety.

Plan and Design - remove barriers to walking by improving connections and the walking experience for people of all ages and abilities.

Operate and Maintain - manage sidewalks as public spaces and seasonally maintain and repair infrastructure.

Educate and Encourage - remind citizens about shared responsibilities for road safety and encourage walking for improved health, recreation, and commuting.

Speed is a crucial factor in the severity and survival rate of any collision, especially ones involving those walking and cycling. Lower speeds save lives. From Toronto to Boston to Edinburgh, cities around the world are reducing speed limits on residential streets for the sake of safety. Closer to home, Airdrie introduced 30 km/h on all residential streets in the 1980s. Unfortunately, the

recommendation to reduce speed limits on residential streets in Calgary was not supported by Council at this time.

Every Calgarian is a pedestrian. A pedestrian is someone walking (or rolling in a wheelchair) to school, from one business meeting to another, to catch the train or bus, or for an evening stroll. Ward 7 boasts a higher proportion of people who walk than most other areas of Calgary, partly due to its nearness to downtown, but also because of its walkable neighbourhoods, shopping streets, river pathways, and access to schools and transit. The importance of walking to Ward 7 residents is one of the many reasons that I championed STEP FORWARD, as well as other initiatives that support active travel. As we implement this plan over the next decade, you will see Calgary become a safer, more walkable, and more enjoyable city.

To learn more about this and other topics, visit druhfarrell.ca. To sign up for updates on key issues, please email ward07@calgary.ca.

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MP, CALGARY CONFEDERATION LEN WEBBER

2020 10 St NW, T2M3M2
403-220-0888
len.webber@parl.gc.ca

I am pleased to let you know that my office has moved to 2020 10th Street NW in order to serve you better.

Along with my staff, I am pleased to offer you information and assistance when dealing with the federal government. While many of the requests are for general information and guidance on services, we also do assist with those having difficulties receiving their services from the federal government.

The departments and programs we most often assist with include the Canada Revenue Agency, Canada Pension Plan (CPP), Old Age Security (OAS), Guaranteed Income Supplement (GIS), Passport Canada, Employment Insurance (EI), Citizenship and Immigration and Veterans Affairs.

We can also help direct you to information or services if you are not sure where to access them directly. This may include information on joining the Canadian Armed Forces, applying for benefits or notifying the government of a death.

Along with information on government services, we are able to provide information on Canada and Parliament and can help arrange a tour of Parliament on your next visit to Ottawa.

When someone celebrates a special anniversary, a milestone birthday, a special achievement, we can also assist in arranging congratulatory messages from Her Majesty the Queen, the Governor General, and the Prime Minister. It can take eight weeks or more to process these requests, so please plan ahead for your special occasion.

It is requested that you make an appointment before coming to the office with your concerns as this allows us to serve you better and ensure you are not required to wait an excessive amount of time. Often, we are able to assist you over the telephone without the need for an appointment too.

For office contact information, photographs, my Parliamentary speeches, helpful links and other important information, please visit my website at www.lenwebber.ca on a regular basis. You can also follow me on Twitter, Facebook and YouTube for the latest updates.

I would like to extend my sincere appreciation to the constituents of Calgary Confederation for your overwhelming support to the people of Fort McMurray. I am aware of the countless volunteer hours so freely given, together with endless contributions of clothing, toys, bedding, books, food, household items and accommodation. It is through this strength of giving to each other that makes our community strong. Thank You.

Finally, I look forward to seeing many of you, and your families, at a pancake breakfast during Stampede.

IN & AROUND CALGARY

EMS: Heat Related Illness

With the return of summer weather, Alberta Health Services EMS would like to remind everyone to stay safe in the heat and sun this season. While children and the elderly may be more susceptible to the effects of heat and sun, basic prevention measures should be taken by all to avoid a heat related illness during periods of hot and humid weather.

Heat exhaustion

- Heat exhaustion can occur due to excessive fluid loss during periods of prolonged sweating in a hot and/or humid environment (indoors or outdoors).
- Patients may suffer headaches, weakness, fatigue, nausea/vomiting, thirst, chills, and profuse sweating.
- The patient is usually cold and damp to the touch and the skin may appear pale or dusky gray.

Heat stroke

- Heat stroke is a medical emergency which, without prompt treatment, could be fatal.
- It occurs when the body can't cool itself naturally (e.g. perspiration). The body's temperature will continue to rise to dangerous levels.
- Due to severe dehydration and the inability to sweat, the patient may appear flushed, and skin may be hot and dry to the touch.

First aid

- First aid for all heat related illness begins with removing or sheltering the patient from the hot environment.
- Remove excess or tight fitting clothing, and allow them to rest in a cool environment.
- If the patient is conscious and alert, provide suitable fluids such as: water, juice, or a sports drink.
- If you are concerned, seek medical attention or call 9-1-1.

Prevention

- Stay well-hydrated by drinking plenty of water.
- Be aware that excessive alcohol consumption will promote dehydration.
- Always wear a broad brimmed hat to keep the sun off your face and neck.
- Apply waterproof sunscreen with an SPF of 50+, especially for children. The sun's UV rays peak between 10am-4pm, even on cloudy days.

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

Donna at 282-6198
or dstetura@telus.net
Editorial Content DEADLINE 10th
of each month for the next month's issue

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IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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"It's where I'd live."

*Olivia,
Optometrist, foodie and cribbage queen.*



Home. It's where we live. It's the feeling we get from freshly folded laundry in our bedroom. It's playing the piano and singing with friends and it's shared moments over dinner with family. It's feeling healthy, eating well and enjoying the community we savour with other great people. It's looking forward to a little exercise and some laughter at the lounge afterwards.

Welcome to your life at Evanston Summit. Welcome home.

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