

NOVEMBER 2016

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Highland Park
Community Association

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403-276.6969

HPCA@shaw.ca
www.highlandparkcommunity.ca



Highwood Community
Association

Box 64245-5628

4 Street NW

403.289.9329

Calgary, Alberta T2K 6J1

highwood99@hotmail.ca

www.highwoodcommunity.com

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radiology.ca



Make a difference in the life of a family...

Are you looking for a way to give back to your community?
Our Home-Start program is looking for volunteers!

What does a Home-Start volunteer do?

- Visits a family's home once per week
- Provides support, friendship and encouragement
- Gets the family involved with the local community
- Shares their own experiences of parenting and family life

Interested in getting involved?

For more info, or to learn about upcoming training sessions, contact Home-Start or visit www.boysandgirlsclubsofcalgary.ca

North Calgary: 403-660-6809 South Calgary: 403-660-1136



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Highland Park Community Association

Office: 403-276-6969

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COMMUNITY CONTACTS	
Website	www.highlandparkcommunity.ca
Facility Rental & Management	Carolyn Bergen, 403-276-6969, hpc@shaw.ca
Newsletter Editor	highlandparkeditor@gmail.com
Event Planning	Dr. Salma Mitha hpcavolunteercoord@gmail.com
Good Food Box	Kelly Irvine, 587-216-0638
Development Review	Paul Engler 403-671-6666
Seniors' Luncheon	Rosalind Kohut, 587-349-0870
Neighbourhood of Promise Contact	Jennifer Dimarzo, 403-476-7295 jennifer.dimarzo@calgary.ca
Police Service	Cst. Gord Denison, District 3, GDenison@calgarypolice.ca
Bylaw Infractions	Call 311, or complete form online at: www.calgary.ca/311online
Ward 4 Councillor	Sean Chu, 403-268-3727, Sean.Chu@calgary.ca
Volunteers	hpcavolunteercoord@gmail.com

Editorial Content 10 DEADLINE
of each month for the next month's issue
highlandparkeditor@gmail.com

HIGHLAND PARK HALL RENTAL RATES

Phone: 403-276-6969
www.highlandparkcommunity.ca

We welcome rental enquiries for our facilities. We offer a choice in hall size, a kitchen with an updated stainless steel appliances, a portable bar, a projector, sound system, a pull down screen for sharing pictures of those special moments, and loads of tables and chairs.

Rental Rates:
Main Hall – 219 person capacity
\$550/day or \$55/hour; \$500 damage deposit

North Hall – 60 person capacity
\$400/day or \$44/hour; \$400 damage deposit

Lower Main Hall – 2500 sq. ft.
Ideal for recreation, rehearsals or children's programs
\$25/hour

Lower North Hall – 60 person capacity
\$25/hour

There is a once per year 25% discount for HPCA area residents with a current membership.

THE GOOD FOOD BOX

The Good Food Box is a Community Kitchen initiative available to anyone, not just residents of Highland Park. Bring **cash only** to the address below on the payment date, then pick up your produce on the pick-up date. It's an excellent deal on fresh produce! For more information call Kelly Irvine at 587-216-0638.

Large Family Size Box: 45-50 lbs \$35
Family Size Box: 35-40 lbs \$30
Single/Senior Box: 25-30 lbs \$25
Where: HPCA Hall, 3716 2 Street NW
Time: between 6:00pm and 7:30pm

Order Date November 15
Pickup Date November 24

HIGHLAND PARK PRESIDENT'S MESSAGE



Happy November. I hope that you all take a moment on November 11th to remember those who have fallen for our freedom. I am writing this note after spending some long hours in "facilitated discussions" with the Applicant/Developer and the City of Calgary Administration. I wish that I had more positive news to report, but at this date and time it does not look as though the community will be successful in influencing a better plan for the golf course development. Those of you who attended the July 5th council meeting heard the spirit and intent of the discussion. We believed that we were given 6 months to work in partnership with Admin and the application to build a better plan for the golf course. We took those words to heart and went forward with some alternate plans for the site, hoping that it would incite discussion, stimulate a new vision and we could be ambassadors for this project in our neighborhood. Highland Park is pro-development of the golf course, Highland Park wants more and better greenspace- both naturalized and programmable. Most of all Highland Park is committed to being a positive and effective participant in this process. We will attend the Charette meetings for the 40th Avenue transit oriented development with our best foot forward. We will have a community hosted information session in December to discuss our position after all of these events, to discuss our experiences and to let you know how we should best move forward in the new year when the development of the golf course returns to the floor of council.

I hope you and yours are well.

Elise Bieche, President
Highland Park Community Association
elise.bieche@shaw.ca
Twitter @HighlandPkCA



Highland Park Preschool

A combined program for 3 and 4 year olds
Mornings 2, 3, 4, or 5 days per week, we are flexible to meet your needs!

2 days/week - \$130/month
3 days/week - \$170/month
4 days/week - \$225/month
5 days/week - \$280/month

Registration fee: \$60
(add an additional \$2.50 if paying by PayPal)

Please see our website for more details
highlandparkcommunity.ca

Call or email Carolyn at hpc@shaw.ca 403-276-6969



INTRODUCING NEXT
a before and after school program operating during the school year at Highland Park Community Hall

Call Paula Beekman for registration details at 403-992-9430 or email paulabeekman@shaw.ca

REGISTER NOW

HIGHLAND PARK PLANNING AND DEVELOPMENT ACTIVITIES

HIGHLAND PARK GOLF COURSE DEVELOPMENT

The alternative development plan for the former golf course land created by the Community Association, presented to the community on September 12, was subsequently submitted to the City. Since then, members of the Community Association's Planning & Development Committee, along with Thorncliffe Greenview Community members, have attended meetings with City Administration and the developer. At the most recent meeting held on October 12, our committee members were advised there will be no changes to the proposed outline plan or the Direct Control (DC) Bylaws. There will be no consideration of the plan prepared by the community. The City's position is that minor improvements to the plan may be achievable through design guidelines referenced at the Development Permit stage. The Community does not support this solution. Design Guidelines are non-statutory and not compulsory. Meetings with the City Administration and the developer will continue in November, following the 40th Avenue Station Charrette.

GREEN LINE LRT

The Community Association is cautiously anticipating that improvements to the Golf Course Development proposal will be an outcome from upcoming work on the Green Line LRT. The design charrette for the 40th Avenue station, scheduled for the week of October 17th, will generate a plan for our neighborhood, particularly around the proposed LRT station, and may have impact on the proposed golf course development. The charrette will have happened before this newsletter is published, so stay tuned to next month's issue to find out what happened. Better yet, we hope that the residents of Highland Park made it out to participate in the charrette – even if just for one of the sessions.

BYLAW ENFORCEMENT

Once again, many thanks to all those who participated in the Community Cleanup on September 10th. It really helped to clean up the neighbourhood, and as a result, a bylaw enforcement tour of the community held the following week resulted in very few observed infractions of the Community Standards Bylaw. The Community Association has not received any information regarding any actions taken by Bylaw Enforcement.

TRAFFIC SURVEY

A traffic survey covering Highland Park was submitted in 2014. We have attempted to learn more about the survey

and any results stemming from it, however we are still awaiting an update from the City.

It has been noted that concerns were raised about the pedestrian crosswalk at Centre Street and 43 Avenue back in the 1970's. Reflective crosswalk pole sheaths have been installed at the 4th Street and 36th Avenue NW crosswalk to (hopefully) better alert drivers to the potential dangers there.

HIGHLAND PLAZA DEVELOPMENT

You may be aware that a Development application has been made to expand and renovate the existing structure on 40th Avenue NW where the Highland Convenience Store, Master Meats and the former Donovan's Pub are / were located. A separate Development Permit application was made for a small liquor store to be located in one of the renovated spaces. The Planning and Development Committee submitted comments to the City about aspects of the proposal that are of concern including parking and traffic control. These development applications are still pending review by the City. You may view the plans of the proposed development by contacting the Community Association hall manager at 403-276-6969, however the comment period for the application has already expired.

Jeanne Kimber for Paul Engler, Chair of the Highland Park Community Association Planning & Development Committee

BRAIN GAMES SUDOKU

3		7		2				
			6	3				5
	2		1	8				7
9		3						7
	5							1
2						6		9
	9			6	3			2
8				5	4			
				1		9		8

FIND SOLUTION ON PAGE 18

Why We Were Raking Snow

on October 7, 2016

By Anne Naumann

For the second year in a row, Highland Park Community Association has had the privilege of working with a fantastic group of volunteers from Deloitte Calgary for their company-wide Impact Day. Deloitte's Impact Day is part of their initiative each October as their national month of giving, to support charitable organizations such as the United Way and to provide their employees as volunteers for projects that organizations don't have the time or resources to complete on their own.

Last year we were able to work with these great folks to get the lobby and hallways in our upper hall re-painted with 2 coats of paint, with the support of our local RONA manager, who provided us a significant discount on buying the paint. This year we didn't need the walls painted, but they needed some serious TLC (tender loving care). The upper hall & lobby walls needed washing, scuff marks removed, and some areas of the drywall needed plaster filler. And then we thought of raking the leaves.

We had just received a quote from a landscaping firm for \$1000 to remove the leaves from the grass & rink area. Our intrepid rink

ice making volunteers tell us that the ice forms much better when most of the leaves are removed from the rink area before the first layer of ice goes down. So, given that we had the manpower, and given that we didn't really have a spare \$1000 to spend on leaf removal, we also asked the Deloitte volunteers to help us with that task. However, by then it had started snowing. Incredibly, several of the volunteers agreed!

So, while some volunteers continued work inside the hall on the walls and a few other small tasks, I and several other brave souls from Deloitte went out to rake up the leaves. Unfortunately, it kept snowing. So, as the day progressed, we were raking up more snow than leaves. By sheer will, and with breaks for lunch and to warm up, the task was finished by about 2 pm. So, about 45 garbage bags later, we had raked up as much as we could, and our rink area should now be ready for the first layer of ice which should be able to go down in late November or early December.



A sincere round of thanks goes out to Tracy and her crew of Deloitte volunteers who helped us out that day! We got the job we needed done despite the weather & saved our little community association well over \$1000, when the wall repairs are included in the mix. That may seem like a small amount to a big company like Deloitte, but for us their help was priceless!

SAFETY SYNC
ONLINE SAFETY MANAGEMENT SYSTEM

"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."

Enform IRP 9 (Revised)
safetysync.com
403.668.6402

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

MSJD SERVICES
Landscaping and Tree Services!

We are in your neighbourhood

- Snow Removal Residential / Commercial
- Christmas Lights • Junk Removals
- Winter Tree Pruning/Removals
- Full Service Bobcat and Landscaping and more...

Matt 403 816 8324 Josh 403 827 5185
www.landscaperscalgary.ca



Neighbourhood of Promise

Learn about Programs & Services in your neighbourhood!

The Accessible Programs & Services Committee is highlighting a different resource in your community each month. We hope this lets you know about some of the great services available to you and gets you connected to the people and places around you.

If you are interested in being a part of this, contact your Community Social Worker: Jennifer Dimarzo, 403-476-7295 or jennifer.dimarzo@calgary.ca.

Science of Spirituality

To become aware of our connection with all life is one of the main purposes of developing ourselves spiritually. Love is innate in our soul, but we can connect with this divine quality more deeply and permanently when we come in contact with a living, spiritual Master, attend satsang and meditate. When we learn to love all of God's creation, we inevitably draw closer.

All activities are held free of charge
Every Sunday from 5:30pm-7:30pm
North Hall
Highland Park Community Association
3716 – 2 Street NW, Calgary
Phone: 403-614-2613 or 403-241-3328

Northminster United Church

3311 Centre Street N • (403) 277 0322
www.northminster.ca
CHRISTMAS CRAFT FAIR – Saturday November 19th
9:00 am – 3:00 pm. Free Admission.
Local artisans, cookies by the dozen, baking, handmade crafts, sewing and knitting, wood crafting and more.
FREE MOVE NIGHT "Life of Pets" - Friday November 25th
7:00 PM. All Welcome! Children please bring a parent.

STORMTROOPERS



Canadian soldiers in WWI earned the nickname 'Stormtroopers' due to their reputation for being precise, relentless, intelligent and highly organized.



Struggling to make ends meet?

BowWest connects you to resources:
Food, clothing, shelter, transportation, counselling, no or low cost recreation.

Where: Highland Park Community Centre
When: Thursdays starting Nov. 10 & 24, 2016, 1:00-4:00 pm
Call: 403-703-0140
Email: victoria@bowwest.com

AREA SCHOOL NEWS

Buchanan School

Nov. 4 - TASC Swimming
Nov. 10 - Remembrance Day Assembly 10:30 am
Nov. 11 - Remembrance Day - no school
Nov. 15 - Photo retakes; Grade 5 vaccinations
Nov. 17 - Emily Carr Musical AM
Nov. 18 - TASC Swimming
Nov. 24 - Movie Night 6:00 pm
Nov. 25 - CBE Non-instruction day - no school
Nov. 28 - Report Cards home
Nov. 30 - Parent/Teacher Conferences 4:30-7:30
Dec. 1 - Parent/Teacher Conferences - 4:30-7:30 pm
Dec. 2 - CBE non-instruction day - no school

James Fowler High School

Nov. 2 - Diploma Exams ELA 30-1/30-2 Part A
Nov. 3 - Diploma Exams SS 30- 1/30-2 Part A
Nov. 4 - Diploma Exams ELA 30-1/30-2 Part B

Term 1 Marks Due

Nov. 7 - Diploma Exams SS 30- 1/30-2 Part B
Nov. 8 - Diploma Exams Math 30-1/Chem 30
Nov. 9 - Diploma Exams Physics 30/Biology 30
Nov. 10 - Remembrance Day Assembly TA Schedule Report Cards go home
Nov. 11 - Remembrance Day No School
Nov. 14 - Post-Secondary Fair
Nov. 23 - Grade 9s tours/Open House/no classes
Nov. 25 - Non-instructional Day No School

Georges P. Vanier School

Nov. 1 - 7:45am, Boys Volleyball Practice
Nov. 2 - 5:00pm, Boys Volleyball Game at Queen Elizabeth
Nov. 3 - 7:45am, Boys Volleyball Practice
Nov. 4 - Day 3
Nov. 7 - 4:00pm, Boys Volleyball Game and SJAM

Nov. 8 - 7:45am, Boys Volleyball Practice
Nov. 9 - Boys Volleyball Quarter Finals. Envoye 9 Fieldtrip - Wilderness First Aid & Emergency Shelter
Nov. 10 - 7:45am, Boys Volleyball Practice (tentative)
Nov. 11 - NO SCHOOL - Remembrance Day
Nov. 14 - Boys Volleyball Semi Finals, 6:00pm Band Parent Meeting, 6:45pm - School Council
Nov. 16 - Boys Volleyball Finals
FNov. 18 - 9:00am, Early dismissal Day 4 per 5, 6, 2, 3
Nov. 24 - 5:00pm, Parent Teacher Interviews
Nov. 25 - 9:00am, Non-instruction day 9:00am - Parent Teacher Interviews
Nov. 30 - 10:45am. Envoye 9 - Fieldtrip - Avalanche Skills
December 2 - 9:00am, Non-instruction day

HIGHLAND PARK YOGA

with Marthal

Marthal has been teaching yoga since 2013 and her foundation is in Hatha Yoga. She is certified in Restorative Yoga and she is currently completing her 500 hours of yoga therapy training at Mount Royal University. In this series of classes, you will explore 26 staple postures as well as proper breathing and relaxation practices.

ONE 7 WEEK SESSION FOR \$70
TWO 7 WEEK SESSIONS FOR \$120

Tuesdays
5:30 - 6:45pm
november 1 - december 13
highland park community hall
3716, 2nd Street NW

Kindly Contact Marthal to Register
403.669.6186
marthalleck@gmail.com

This class is great for all ages and levels of practice. Participants are asked to bring a yoga mat, blanket, and a bottle of water. Please wear something that allows you to move freely.

STEP INTO FALL

Are you thinking of becoming more active?

The University of Calgary is recruiting volunteers for a 12-week physical activity study.

To participate you must be:

- 18 years of age or older
- Exercising less than 3 days per week
- Have internet access

You will be asked to wear a pedometer for 3 months, log your activity onto a website, and complete 3 questionnaires.

By completing the 3 questionnaires you will receive:

- A pedometer (\$25 value)
- \$10 gift card
- Prize draw entry for \$1000 gift card

To participate contact Research Coordinator:
perryr@ucalgary.ca

Ethics ID: REB15-2944
This study has been approved by the University of Calgary Conjoint Health Research Ethics Board.



HIGHLAND PARK HALL SCHEDULE

NOVEMBER 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 -MHB 6:15am-6pm NEXT -NH 5:30pm-6:45pm Yoga -MH 7pm-10pm Martial Arts	2 -MHB 6:15am-6pm NEXT -MH/NH 5-9pm Irish Dance	3 -MHB 6:15am-6pm NEXT -MH 7pm-10pm Martial Arts	4 -MHB 6:15am-6pm NEXT -MH 6pm-10pm New Covenant	5 -LNH 10am-12pm Calgary Baha'i Community -NH 1-4pm Private Event -LNH 8pm-9pm AA Meeting
6 -All Halls 7am-2pm New Covenant -MH 2:30-4:30 Martial Arts -NH 5:30pm-7:30pm Science of Spirituality	7 -MHB 6:15am-6pm NEXT -MH 7:30pm-9:30pm Bumbukan Karate	8 -MHB 6:15am-6pm NEXT -NH 5:30pm-6:45pm Yoga -MH 7pm-10pm Martial Arts	9 -MHB 6:15am-6pm NEXT -MH/NH 5-9pm Irish Dance	10 -MHB 6:15am-6pm NEXT -NH 1pm-4pm Bow West -LNH HPP 7-8:30pm Committee Meeting -MH 7pm-10pm Martial Arts	11 -Remembrance Day -MH 6pm-10pm New Covenant	12 -MH all day New Covenant -LNH 8pm-9pm AA Meeting
13 -All Halls 7am-2pm New Covenant -MH 2:30-4:30 Martial Arts -NH 5:30pm-7:30pm Science of Spirituality	14 -MHB 6:15am-6pm NEXT -MH 7:30pm-9:30pm Bumbukan Karate	15 -MHB 6:15am-6pm NEXT -NH Senior's Lunch 12-1pm -NH 5:30pm-6:45pm Yoga -MH 7pm-10pm Martial Arts	16 -MHB 6:15am-6pm NEXT -MH/NH 5-9pm Irish Dance	17 -MHB 6:15am-6pm NEXT -MH 7pm-10pm Martial Arts	18 -MHB 6:15am-6pm NEXT -MH/NH/MHB 6pm-10pm New Covenant	19 -LNH 10am-12pm Calgary Baha'i Community -LNH 8pm-9pm AA Meeting
20 -All Halls 7am-2pm New Covenant -MH 2:30-4:30 Martial Arts -NH 5:30pm-7:30pm Science of Spirituality	21 -MHB 6:15am-6pm NEXT -MH 7:30pm-9:30pm Bumbukan Karate	22 -MHB 6:15am-6pm NEXT -Senior's Lunch 12:2pm -NH 5:30pm-6:45pm Yoga -MH 7pm-10pm Martial Arts	23 -MHB 6:15am-6pm NEXT -MH/NH 5-9pm Irish Dance	24 -MHB 6:15am-6pm NEXT -NH 1pm-4pm Bow West -MH 7pm-10pm Martial Arts	25 -MHB 6:15am-6pm NEXT -MH/NH/MHB 6pm-10pm New Covenant	26 -LNH 10am-12pm Calgary Baha'i Community -MH/NH 8am-6pm Lego Event -LNH 8pm-9pm AA Meeting
27 -All Halls 7am-2pm New Covenant -MH 2:30-4:30 Martial Arts -NH 5:30pm-7:30pm Science of Spirituality	28 -MHB 6:15am-6pm NEXT -MH 7:30pm-9:30pm Bumbukan Karate	29 -MHB 6:15am-6pm NEXT -NH 5:30pm-6:45pm Yoga -MH 7pm-10pm Martial Arts	30 -MHB 6:15am-6pm NEXT -MH/NH 5-9pm Irish Dance	LEGEND: MH Main Hall; MHB Main Hall Basement; NH North Hall; LNH Lower North Hall For information regarding any of the above, please call Carolyn at the Community Hall @ 403-276-6969.		



Highland Park Community Association MEMBERSHIP FORM

Fees: Families - \$20 • Individuals aged 18 to 64 - \$10 • Individual seniors (age 65 & over) - \$5
Associate members (non-residents) - \$10

Memberships good for one year from date of purchase

Please make cheques payable to: Highland Park Community Association

Please mail cheque and this form to:

Highland Community Association, 3716 - 2nd Street NW, Calgary, Alberta T2K 0Y4

Name: _____

Address: _____ Postal Code: _____

Phone: _____ Email Address: _____

*memberships also available for purchase online at highlandparkcommunity.ca

Highland Park/Highwood my babysitter list

Name	Age	Contact	Course
Angelica	16	587-223-0215	Yes
Chantelle	34	403-510-7474	Yes
Desiree	24	403-850-8486	Yes
Jacalyn	18	403-277-6174	Yes
Kyra	15	403-398-4365	Yes
Maya	15	403-276-1015	Yes
Olivia	13	403-289-2232	Yes
Reese	16	403-276-5048	Yes
Sebastian	16	403-971-1986	Yes

Calling All BABYSITTERS Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



HIGHLAND PARK COMMUNITY SENIOR'S LUNCHEON

\$6.00 person for HPCA members (except potlucks)
\$10.00/person for non-members of HPCA
POTLUCKS: \$2.00/person for those that bring a dish.
Please contact Anne Klempa
(403) 277-3388 to confirm your attendance.

2016
Nov. 15, Dec. 13

Strong Neighbourhood Collaborative

Building the 4 Pillars of a Strong Neighbourhood

By Anne Naumann

For several years now volunteers from Highland Park, Thorncliffe Greenview, Tuxedo Park, along with representatives from the City of Calgary, as well as the churches, schools, businesses, and social agencies in our area have all been working together on building up the 4 pillars or aspects of what makes up a strong neighbourhood. These are:

- **Social Cohesion** – getting neighbours to feel connected to each other and to their neighbourhood
- **Accessible Services** – ensuring the services that are available to people are known to be available and that the people who need them are able to use them
- **Quality Built & Natural Environment** – ensuring both that the buildings / housing in the neighbourhood as well as the public spaces such as parks are of good quality in order to allow our neighbourhood to flourish
- **Community Economic Development** – working to support area businesses as well as support employment for local residents

Issues: At our most recent meeting we heard about many local residents struggling to meet their basic needs such as food, and housing expenses. All of the social agencies, schools, and churches reported that they had noticed a significant rise in the number or people needing help. Many of these people needing help had never had to access support services like these before and didn't know where to turn, or didn't know how to cut through the red tape in order to get the help they need. Many people didn't know that they could only get a hamper from the Food Bank 7 times in 1 year. Other people were falling through the cracks because they weren't quite "poor enough" to qualify for some of the assistance that is available. Many people were surprised to find out that after multiple cutbacks at various social agencies, there are very few agencies that provide support anymore for these kinds of basic services.

Some Solutions:

- **Local food & basic needs support:** Buchanan School, in addition to their existing lunch and breakfast program for students, is supporting approximately 40 school families with food from their new food pantry as well as with grocery gift cards which can also be used by the family to buy over-the-counter medicines and clothing. Centre St. Church is working with the Food Bank and the Mustard Seed to provide food hampers and

support for people's basic needs, with a plan to provide the additional support people need to deal with recurring problems, and to help get them out of the cycle of poverty. Drop-in hours for 1st time assistance at Centre St Church (3900 2 St NW) are every Tuesday and Thursday morning.

- **North Central Resource Centre** (www.WeConnectYou.ca) offers several support programs, including a Resource Worker who is in Highland Park once a week. They are also working at starting a time-banking initiative that would be similar to a barter system, where you wouldn't need cash for goods & services. However, this would be different from a normal barter system in that it would be centrally coordinated with credits so what's being bartered wouldn't have to be negotiated one-on-one. For example, person A may need childcare, they could earn time-banking credits by teaching person B piano, who would earn credits by making jam for person C, who then could earn credits by providing the childcare for person A. Highland Park volunteers would very much like to set up something like this for our area, but we need more volunteers to step forward to assist.
- **Aspen Family Services** (www.AspenFamily.org) has a community support worker who can help people establish goal to help them get out of the cycle of poverty.
- **Thornhill Pool** has a free After School program for youth aged 11 to 15, which includes a program to develop leadership skills in these youth. Call 311 for more information.
- There are also longer-term initiatives being developed with local businesses in Highland Industrial to pay workers a living wage (this promotes not just regular economic development but Community Economic Development).

How can you help?

- Donate some food or a grocery gift card to Buchanan School at 3717 Centre St N – this will support local children and their families
- Contact HPCAVolunteerCoord@gmail.com to volunteer to help set up Time-Banking in our area, or to join our larger committee and help push forward these initiatives.

Our next meeting is set for January 24, 2017 from 11:30 am to 1:30 pm. We'd love to have more community residents join this important collaborative group.

Autumnal Offerings

Red and purple leaves are actually caused by the presence of sugars from sap that is trapped inside of the leaves.



STOP MEN DYING TOO YOUNG



JOIN THE FIGHT FOR MEN'S HEALTH. WWW.MOVEMBER.COM

There are three ways to get involved with Movember and support men's health:

	WHAT	HOW	WHEN	
01	GROW	Grow a Mo, save a Bro	The moustache is our ribbon for men's health	For the 30 days in the month formerly known as 'November'
02	MOVE	Get active for men's health	Raise funds for men's health while you do something good for your own health	Anytime, anywhere, during the month of November
03	HOST	Throw or go to a Movember event	Any excuse for a good time. Events are a great way to have fun and raise funds for men's health	Anytime, anywhere, during the month of November



HIGHWOOD BOARD REPORT

Snow has already fallen and the temperatures have dropped but our little community of Highwood is heating up! Hopefully you joined in the ghoulish festivities at the Annual Community Halloween Party – always a good time – and are now figuring out what to do about Christmas. Our neighbourhood Snow Shovelling Program is starting to gear up with the kids dusting off their shovels to help clear some sidewalks. Winter is coming and soon there will be ice to skate on. There is a call for Rink Volunteers to help maintain the ice surface, please come out and help – the more the merrier. On that note, our Rink Renovation Committee is still jumping through the hoops to get our rink fixed up; hopefully we can get started on the overhaul next summer in time for the next skating season.

Beyond our community, things are happening, too, that will affect our neighbourhood. The city is asking for input for the Green Line LRT that is proposed to run up Centre Street. Design Charette's were held October 17 - 22. A charette is a multi-day, collaborative planning workshop led by a consultant team that brings together citizens, area business owners, developers, and policy makers to create a plan for the area surrounding the future LRT station that will be located at Centre St and 40 Ave N. The intent was to create a plan for the station and the possibilities for development in the area around it that is feasible and that supports the community. You'd have been able to contribute to building the future of your community -- both of the actual station and what type of buildings, businesses, and other infrastructure will surround it in future. This was where community voices can be heard, and as per City Council's motion on July 5 in regards to the development of the golf course, we can "ensure coordination with the Green Line project." You can **also provide your input online**, whether you attend in person or not. To provide feedback online, go to this link: <http://engage.calgary.ca/green.../40-ave-tod-workshop/online>.

The old Highland Park Golf Course is still a contentious issue. While it may not reside within Highwood's borders its future will affect us. The proposed amount of development that the developer has presented will have a substantial impact on traffic in our community. Highland Park has been fighting for a better plan that incorporates more green space and more diverse infrastructure. Please find time to acquaint yourself with the issue and get involved in shaping its future – our future.

Cheers,

Donna Stefura, Highwood Summit Editor.

Highland Golf Course Re-development

A proposal will soon go to City Council to redevelop the Highland Golf Course. It will potentially mean as many as 4000 living units including several multi storey (18-20) towers. In order to facilitate construction nearly all trees (600 plus) will be removed. As much as 5 metres of fill may be added effectively eliminating the existing valley. This means a minimum of 100,000 dump truck trips to and from the site. The building we have been informed could last 15-20 years thus turning surrounding communities into a construction zone for a generation.

Perhaps most alarming is the as yet unaddressed implications of water management. Three natural creeks are piped underground through the site. The entire site acts as containment and initial remediation for storm water during large precipitation events. The city also has a policy to treat these waters before they enter nose creek. If this is not done on the old golf course site it will have to happen elsewhere. The public green space in Greenview which includes the popular dog park is a favoured option.

When the current plan went to the planning commission, it was flagged as being the antithesis of thoughtful and modern urban planning. Nevertheless it passed this first step of the process handily. City Council has noted that they have received little opposition to the proposal. TGCA would say the reason for this are twofold. Firstly residents largely appeared to have a willingness to accept development if concerns about traffic, water, and greenspace could be satisfied. With initial assurance to that effect many people are now unaware that earlier concept plans and promises have changed radically. Secondly many in the community are quite unaware of the size (20ha) or potential (the perfect continuation of Confederation Park for one) of the site.

We do NOT want our residents to only realize what was there once we've lost it.

Thanks

Marvin Quashnick, publicservice@tgccalgary.com



Highwood Playschool...

A Reggio Emilia inspired, parent-child cooperative Playschool for 3 and 4 year olds

Where children learn and develop naturally in an inspiring and nurturing environment

Welcome to both our new and returning playschool families! Our teachers Ms. Kelly-Sue and Ms. Jane are enjoying the curiosity and enthusiasm of the 3 year-olds as they explore the classroom and make new friends. The 4 year-olds are excited to see old friends and welcome new classmates. They have been enjoying the sensory centers and new art experiences (splatter painting!) introduced by the teachers. Both classes are celebrating autumn through indoor and outdoor activities, and morning walks have included a tour of a classmate's garden. Over the summer the classroom had beautiful new flooring installed- a huge thank-you to the Highwood Community Association and Highwood Community Playschool Executive and volunteers for their work.

Registration for 2016/2017 is ongoing and spaces are still available in the 3-year old program (Tues/Thurs). We'd be happy to give you a tour of the school, and answer any questions you may have. For more information, please visit our webpage www.highwoodcommunityplayschool.com or email us at info@highwoodcommunityplayschool.com

LEST WE FORGET



BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms. From cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

HIGHWOOD FAMILY MEDICAL CLINIC: Walk-ins are welcome. Open Monday - Friday: 9:00am - 5:00pm and Saturdays: 10:00am - 3:00pm. Male and Female Doctors Available! Women's Clinic available monthly at this clinic. Call 403-475-8200 to book appointment, or simply walk in. Thank you.

1.1 million Canadians served in the Army, Navy and Air Forces over the course of WWII; 45,000 Canadians died and for each that died, four were injured.



Last 12 Months HIGHLAND PARK MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
October 2016	\$579,450.00	\$572,400.00
September 2016	\$529,900.00	\$500,000.00
August 2016	\$554,450.00	\$537,500.00
July 2016	\$564,900.00	\$555,000.00
June 2016	\$669,999.00	\$669,999.00
May 2016	\$669,000.00	\$655,000.00
April 2016	\$669,950.00	\$651,000.00
March 2016	\$649,900.00	\$626,750.00
February 2016	\$629,900.00	\$620,000.00
January 2016	\$0.00	\$0.00
December 2015	\$607,450.00	\$597,500.00
November 2015	\$569,450.00	\$557,500.00

Last 12 Months HIGHWOOD MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
October 2016	\$499,900.00	\$489,000.00
September 2016	\$374,000.00	\$370,000.00
August 2016	\$559,000.00	\$552,000.00
July 2016	\$474,500.00	\$464,000.00
June 2016	\$469,750.00	\$460,000.00
May 2016	\$510,000.00	\$494,400.00
April 2016	\$424,900.00	\$400,050.00
March 2016	\$0.00	\$0.00
February 2016	\$324,900.00	\$317,000.00
January 2016	\$484,350.00	\$462,750.00
December 2015	\$0.00	\$0.00
November 2015	\$0.00	\$0.00

To view the specific SOLD Listings that comprise the above MLS averages please visit highland-park.great-news.ca or highwood.great-news.ca



CALGARY PUBLIC LIBRARY

Winter Word Fair

Kickoff the holiday season with Calgary Public Library's Winter Word Fair—your one-stop bookish Christmas shop featuring unique vendors, entertainment, and refreshments.

Take advantage of the Library's in-house expertise to buy great reads during the most popular book-giving period of the year.

Get there early! The first 50 people get an opportunity with a personal shopper, who will match you to the perfect reads for everyone on your list, and your very own gift bag to fill with incredible bookish gifts.

Central Library

Thursday, December 1 | 5:00 pm–8:00 pm
Everyone welcome!

Calgary Public Library Foundation Tours

The Library has 18 community libraries across the city—how many have you visited? Join the Calgary Public Library Foundation for a series of free one-hour tours that provide a special behind-the-scenes look at many of the features, programs, and benefits at each unique location.

You'll hear about a patron's personal experience, learn about what's planned for the future, and be taken on a tour led by Library staff. You'll leave with a new perspective on your local library!

To register, visit LibraryFoundation.eventbrite.com or call 403.260.2631.

Library Updates

The Library will be closed Friday, November 11, for Remembrance Day.

The Children's Library at Village Square Library has been completed and is open for play and reading! Your kids will love the brand-new vibrant and interactive Early Learning Centre!

Renovations to the Nose Hill Library have been completed. Make sure to drop by and see the revitalized space!

The November/December *Library Connect* is now available. Pick up your guide to the Library's free programs and events at any community library, or download a copy at calgarylibrary.ca.

HIGHWOOD COMMUNITY ASSOCIATION

PRESIDENT	Jay Meakin	jaymeakin@me.com
VICE PRESIDENT	Dean Stewart	dean.stewart@shaw.ca
TREASURER	Bryan Seitz	bryan.d.seitz@gmail.com
SECRETARY	Chris Carlile	chris.carlile@live.ca
SOCIAL DIRECTOR	Tuan Pham	403-202-3123
NEWSLETTER EDITOR	Donna Stefura	dstefura@telus.net
HALL RENTALS	Gloria Kelly	403-289-3645
MEMBERSHIP	Glenn Blackett	403-298-8474
	Tuan Pham	403-202-3123
CARETAKER	Kari B.	
POOL COORDINATOR	Gloria Kelly	403-289-3645
PLAYSCHOOL	Colleen Underwood	colleen.underwood@cbc.ca
ICEMAKER	Dean Parker	403-284-5737
WEBMASTER	Dan Waldon	dan@redelements.com
FACILITY DIRECTOR	Justin Elton	403-467-3096
CO-FACILITY DIRECTOR	Mike Neufeld	
SENIORS GROUP	Doreen Ratsoy	403-282-1030
SNOW REMOVAL PROGRAM	Joni Wright	403-284-5999
	Cathy South	403-289-1264
RINK RENOVATION COMMITTEE	Brody Todd	
COMMUNITY ENGAGEMENT COMMITTEE	Ryan Carnahan	403-275-8834
DIRECTOR AT LARGE	Stephenie Healey	403-389-8468
DIRECTOR AT LARGE	Judy Johnson	403-282-4366
DIRECTOR AT LARGE	Michelle Unrau	michelleunrau@hotmail.com
DIRECTOR AT LARGE	Janet Shivas	janetshivas@gmail.com
McKNIGHT SPORTS REP.		soccer@mcknightsports.ca
NORTH CENTRAL BASKETBALL CLUB		northcentralbball.com northcentralbball@hotmail.com, 973-6665

Community Meetings

are held at 7:30pm
on the second Tuesday of each month
at the Highwood Community Hall
16 Harlow Avenue NW



HIGHWOOD HALL RENTAL RATES

Weekend (12:00pm Saturday to 1:30am Sunday)
\$400.00 flat rate Non-Community Members
\$325.00 flat rate Community Members
Hourly
\$35.00/hr Non-Community Members
\$30.00/hr Community Members
There is a 3 hour minimum required on all hourly rentals.

All rentals are subject to GST and will require a \$350.00 (refundable) deposit.
Bereavement - The hall will be made available to Highwood Community Members free of charge (rental calendar permitting) for up to a 4 hour memorial gathering or service.
Long term rates - \$25.00/hr main hall, add kitchen \$5.00, add meeting room \$5.00

58 THORNCLIFFE SCOUTS



The **58th Thorncliffe Scouts Group** is accepting registrations for next year. We have a full contingent of sections for girls and boys to enroll in.

Beavers (ages 5 – 7 yrs)
Cubs (ages 8 – 10 yrs)
Scouts (10 – 14 yrs)
Venturers (15 – 17 yrs)
Rovers (18+ yrs)

Editorial 10 of each month for the next month's issue
Content DEADLINE
Donna at 282-6198 or dstefura@telus.net

Northmount Baptist Church

451 Northmount Dr. NW • Ph. 403.289- 8185
Pastor Greg Butt

Outreach Pastor Gabriel Alalade
Sunday School and Church Services 10:30 a.m.
Drop-in Cafe 7 p.m. Nov. 3 & 17
Hymn Sing Dec. 4, 7 p.m. Seventh Heaven
Gospel Choir. www.nbcchurch.ca

IN & AROUND SCHOOLS

St. Michael School Christmas Craft Parade

St. Michael School
4511 8 Ave. SW
(2 blocks South of Bow Trail –
off 45 St. SW)

Saturday, November 26, 2016

10:00 am to 3:00 pm

- FREE Admission
- Huge Raffle!
- Fabulous Food!
- 40+ Amazing Vendors!
- Jewellery – Art – Wood Crafts
- Knitting – Crochet - Candles
- Pottery – Homemade Baked Goods & much more!

RBC Dominion Securities Inc.



LOOKING TO BUILD & RETAIN A PRODUCTIVE, MOTIVATED WORKFORCE?

RBC Group Advantage is a comprehensive program designed to help business owners meet their employees' financial needs by providing:

- In-person financial advice for all employees
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Support your employees and keep your competitive advantage. Call Investment Advisor Michael Martin at 403-266-9655 to learn more.



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Highwood Ladies' Group

This group will reconvene on Monday, September 12 from 1:00 pm to 3:00 pm at the Highwood Community Hall. We welcome anyone who would enjoy an afternoon out of the house to share a cup of tea some conversation and a few laughs. Just drop in whenever the mood strikes you.

October 3. Monday Presentation by Angie Lang who is the Community Outreach rep from

MEALS ON WHEELS. She will explain the program, give options and bring samples of their food. Please join us.

November 7. Monday. David McKee from the Better Business Bureau will give a slide/oral presentation on Savvy Consumer Information plus Senior's Scams. Please support our group by attending.

BRAIN GAMES SUDOKU

3	6	7	4	2	5	8	9	1
1	8	9	6	3	7	2	4	5
4	2	5	1	8	9	3	7	6
9	1	3	2	4	6	5	8	7
7	5	6	3	9	8	4	1	2
2	4	8	5	7	1	6	3	9
5	9	1	8	6	3	7	2	4
8	7	2	9	5	4	1	6	3
6	3	4	7	1	2	9	5	8

HIGHWOOD NOVEMBER 2016 CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
			Canya - Cherie R 9am to 4:00pm Round Dance 7:00 - 9:00pm		MS Society 12:00-1:00pm CCNV - MH, MR, K 5:00 - 11:00pm	*MJP 9:00am - 1:30pm *Bariff Trailers 7:00-10:00pm
	7	8	9	10	11	12
	Senior's - 1:00 to 3:00pm Yoga - 3:00 to 4:00pm Bariff Trailers 7:00-10:00pm	MS Society 10:30-12:00 MJP MH 5:00 - 9:30PM	*Calgary Eagles Jr. Forest Wardens MH, MR 6:00 to 9:00pm*		MS Society 12:00-1:00pm CCNV - MH, MR, K 5:00 - 11:00pm	
13	14	15	16	17	18	19
CCNV - MH, MR, KI 8:00am to 3:00pm	Senior's - 1:00 to 3:00pm Yoga - 3:00 to 4:00pm Bariff Trailers 7:00-10:00pm	MS Society 10:30-12:00 MJP MH 5:00 - 9:30PM			MS Society 12:00-1:00pm CCNV - MH, MR, K 5:00 - 11:00pm	FCC Planning Workshop - 8:00am - 1:00pm Comp (Dan)
20	21	22	23	24	25	26
CCNV - MH, MR, KI 8:00am to 3:00pm	Senior's - 1:00 to 3:00pm Yoga - 3:00 to 4:00pm Bariff Trailers 7:00-10:00pm	MS Society 10:30-12:00 MJP MH 5:00 - 9:30PM	*Calgary Eagles Jr. Forest Wardens MH, MR 6:00 to 9:00pm*		MS Society 12:00-1:00pm CCNV - MH, MR, K 5:00 - 11:00pm	
27	28	29	30			
CCNV - MH, MR, KI 8:00am to 3:00pm MJP 3:00 - 6:00pm	Senior's - 1:00 to 3:00pm Yoga - 3:00 to 4:00pm Bariff Trailers 7:00-10:00pm	MS Society 10:30-12:00 MJP MH 5:00 - 9:30PM	Round Dance 7:00 - 9:00pm			MJP 9:30am - 1:30pm
Notes:						
Highwood Community Playschool - registrar@highwoodcommunityplayschool.com						
3-year old classes: Tuesdays & Thursdays 9:05 to 11:20am 4-year old classes: Mondays, Wednesdays and Fridays 9:05 to 11:35am						

There is a 3 hour minimum required on all hourly rentals.
All rentals are subject to GST
Bereavement - The hall will be made available to Highwood Community Members free of charge (rental calendar permitting) for up to a 4 hour memorial gathering or service.
Long term rates - \$25.00/hr main hall, add kitchen \$5.00, add meeting room \$5.00

CAPACITY 133 serving liquor, 150 no liquor served
Weekend (12:00pm Saturday to 1:30am Sunday)
\$400.00 flat rate Non-Community Members + \$350.00 refundable deposit
\$325.00 flat rate Community Members + \$350.00 refundable deposit
Hourly
\$35.00/hr Non-Community Members + \$350.00 refundable deposit
\$30.00/hr Community Members + \$350.00 refundable deposit



Highwood Community Association MEMBERSHIP FORM



Family \$15 • Single \$10 • Senior \$5(circle one)

Make Cheques payable to Highwood Community Association. Box 64245, 5628 - 4 St. NW Calgary T2K 6J1
Please call Michelle Unrau at 403 815-3217 or email at michelleunrau@outlook.com to arrange pick-up

Name: _____

Address: _____ Postal Code: _____

Phone: _____ Email Address: _____

Programs Requiring Membership:
Community Playschool
Pool Day Care Camps
Snow Removal Program
Youth Groups held - Community Sports
Social Programs • Seniors Programs

Membership Perks:
Ice Skating
Hockey rink
The Summit newsletter
Craft Sale
Community Parties

Membership Discounts:
Highwood Hall Rental
Bereavement (Funeral)
Outdoor Pool
Swimming lessons

Highwood Community Membership Incentive!

When Highwood Residents purchase a September 1, 2015 – August 31, 2016 Highwood Membership Card they will also receive a Federation of Calgary Communities Club Member card. This card can be used at Cloverdale Paint when purchasing paint. Present this card and you will receive 25% off paint and 15% off paint accessories. Anyone who already has a current Highwood Membership Card and would like the Federation of Calgary Club Member card can phone Michelle at 403 815-3217 (michelleunrau@outlook.com) to make arrangements.

Illegal Encampments

A message from the Federation of Calgary Communities - Building Safe Communities Program

Illegal encampments are complicated social issues involving people camping on ground they do not own or have authorization to do so by owners of the property. These illegal encampments can usually be found in wooded areas, parks, bodies of water and can be abandoned or still in use. When illegal encampments are abandoned it can cost on average \$4,000 to clean up the site. If you find an illegal encampment in your neighbourhood call the City at 3-1-1.

Before it can be cleaned up and removed the Calgary Police Service (CPS) must place a 72 hour trespass notice before clearing out the area. It's recommended that

residents wait for CPS or Bylaw Officers to dispose of the encampment properly.

Additional Resource:

The Alpha House an agency that serves vulnerable populations in Calgary, the agency has an Encampment team that helps individuals who need relocation and provides support for those setting up illegal encampments with legal accommodations.

To file a complaint or learn more about what to do about an encampment in your area, call 311. For more resources, check out the Federation of Calgary Communities website (www.calgarycommunities.com) under the Building Safe Communities tab.



**COUNCILLOR, WARD 4
SEAN CHU**

403-268-3727 • ward04@calgary.ca
www.calgary.ca/ward4 • www.seanchu.ca

Greetings Residents,

Fall/Winter Programs

The City of Calgary offers a wide variety of fun and FREE drop-in programs and activities for children, youth and families.

From after school programs, to health and wellness classes, to leadership opportunities, we have something for everyone.

Find out what's happening in your area, visit calgary.ca/CommunityPrograms.

Crews ready for winter snowfall

Crews are keeping an eye on the forecast all winter long, preparing roads with anti-icing solution before the snow falls, and maintaining City streets as soon as snowflakes hit the ground.

We know how important it is for Calgarians to get to where they want to go safely, and winter driving can be challenging because of snow and icy conditions. Stay informed during every snowfall by following @yyctransport on Twitter and downloading the Road Conditions App for frequent updates. See where our crews are plowing on the live map at Calgary.ca/RoadConditions.

After each snowfall, Roads crews follow a priority clearing system called the Seven Day Plan:

- Priority 1 routes, which carry more than 20,000 vehicles per day, are cleared to bare pavement within 24 hours after the snow stops falling.
- Priority 2 routes, which carry between 5,000 and 19,000 vehicles per day, are cleared within 48 hours after snowfall has stopped.
- Playground zones, designated hills, and residential streets on Residential roadways are cleared on Days 3-7. These roads are flat-bladed, which means snow is packed down so it is easier to drive on, and ruts are removed.

For more information on snow and ice control, including FAQs, snow route parking information, and free sand and gravel locations, visit Calgary.ca/snow.

311 Calgary is your access to The City anytime, anywhere

311 Citizen Services is your single point of contact for local government information and non-emergency services. Whether you connect with us through a mobile application, website or by calling 311, we are ready to assist you 24 hours a day.

- CALL 911 to report life threatening emergencies.
- REPORT a power outage call ENMAX at 403-514-6100.
- VERIFY the status of a current power outage visit ENMAX.
- Call **Calgary Parking Authority** at 403-537-7000 or 1-888-544-4011 for all parking-related inquiries.

Thank you for your attention.



**COUNCILLOR, WARD 7
DRUH FARRELL**

ward07@calgary.ca • www.druhfarrell.ca
Twitter: @DruhFarrell • Facebook: Druh Farrell

Aside from the odd spot of traffic, most of us have a fairly easy time getting around our city while walking, cycling, driving, or taking transit. There are many of us, however, who find our city hard to navigate. As recently as 2012, 10% of Calgarians reported having significant disabilities. By 2019, 200,000 Calgarians over the age of 15 will live with disabilities.

The City of Calgary is committed to building an inclusive society where everyone can access programs in a way that respects the independence and dignity of people with disabilities. Other orders of government have also taken notice. Several provinces have passed strong barrier-free legislation, and the Government of Canada is currently working on a national accessibility strategy.

Last year, Council supported my motion to find ways to make our public facilities and public realm barrier-free. The work includes an accessibility audit of all our civic facilities, as well a plan to improve how they function for Calgarians with various disabilities.

My motion also asked staff to encourage better accessibility of private developments through the planning process, and to partner with advocacy groups to increase the amount of barrier-free housing.

I am encouraged that the initial response from City staff will result in some quick and easy wins in and around the municipal complex at City Hall. These measures will make navigating City Hall easier for those visiting to drop off a permit application, pay a bill, or attend a Council meeting. Wayfinding signs directing people towards accessible facilities have already been installed on the LRT platform at City Hall. Banding decals have been installed on the glass elevators in the Municipal Building to assist blind visitors. Elsewhere, our Roads department purchased wheelchairs to give its staff personal experiences of what it is like to move around Calgary's streets with disabilities.

Achieving an accessible city is much like achieving a clean city or a safe city. There is no finish line. Through continuous improvements, striving for an increasingly accessible city is worth the investment.

If you see an opportunity to improve accessibility on public property, please call 3-1-1 or go online to www.calgary.ca/311. To learn more about this and other Ward 7 topics, visit www.druhfarrell.ca. To sign up for updates on key issues, please email ward07@calgary.ca.

DECEMBER 10 SLUMBER PARTY AT THE GLENBOW MUSEUM

Celebrating their 50th anniversary, The Glenbow is inviting kids aged 7 – 12 for a rare sleepover and behind the scenes tour of the museum's artefacts. More info www.glenbow.org/programs



NOVEMBER 25 – DECEMBER 24 THE POLAR EXPRESS TRAIN RIDE

Aspen Crossing: Journey to the North Pole on the Polar Express, complete with hot chocolate and cookies served onboard the train. More info www.aspencrossing.showare.com/eventperformances



DECEMBER 23 CHRISTMAS SKATE, NOON – 5 PM. OLYMPIC OVAL

A fun-filled afternoon at the Olympic oval is sure to cheer any Grinch. Complete with holiday music, you and yours can enjoy a skate together for \$2 and a food donation to The Calgary Food Bank.



DECEMBER

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

Nov. 28 – Dec. 21 It's A Wonderful Life: A Radio Play – Lunchbox Theatre: It's A Wonderful Life is the classic tale of George Bailey, conceived as a live 1940's radio broadcast, a cast of 5 actors will bring this classic holiday story of love and redemption to life on stage! Everyday but Sundays, noon – 1 pm at Lunchbox Theatre. More info www.lunchboxtheatre.com

Dec. 2 – 4 The International Christmas Market at Spruce Meadows: Enjoy the warm atmosphere of this much-celebrated market which boasts 250 vendors with world-imported items, hand-crafted gifts and much more. Fire pits and lively entertainment are sure to keep you in the spirit – just in time for the holidays. For info www.sprucemeadows.com/christmas_market

Nov. 19 – Dec. 18 Once Upon A Christmas – Heritage Park: Take a step back into true holiday enchantment this Christmas with wagon rides, singing carols and even jolly old St. Nick himself. Experience the magic of Christmas past and activities like: gingerbread decorating, Santa's petting zoo, children's crafts and a vintage photo parlour. More info www.heritagepark.ca

Dec. 15, 8 pm A Rockin' Little Christmas – Jack Singer Concert Hall: This upbeat concert will include a range of cheery, seasonal hits including Santa Baby, Jingle Bell Rock, White Christmas and many other favourites. Joining the Calgary Philharmonic Orchestra for this concert is the Jeans 'N' Classics band and four vocalists. More info www.calgaryphil.com

Nov. 26 – Jan. 8 Lion's Festival of Lights: The Festival of Lights is the largest free drive-by Christmas Lights showcase in Calgary. It's comprised of over 300,000 lights along 14th St NW. Designed by James Alafriz, Creative Intelligence Agency. More info www.lionsfestivaloflights.ca

Dec. 2 - 4, 9 -11, 16 – 18 Market Collective Cheer: Enjoy a market that's perhaps a bit more eclectic this year at Market Collective's Cheer event. With fare like, clothing, chocolate and jewellery on offer, and more unusual vendors with woodworking, paper products and leather work for sale, there is surely something for everyone at this event. Located at The Chinese Cultural Centre. More info www.marketcollective.ca



MP, CALGARY CONFEDERATION
LEN WEBBER

2020 10 St NW, T2M3M2
403-220-0888
len.webber@parl.gc.ca

Remembering Is Something You Do

During Veterans' Week, November 5th to 11th, I will join Calgarians and people across the country as we pay tribute to all Canadian Veterans. Throughout the week, thousands of commemorative ceremonies and events will take place across our country to honour Canada's Veterans, current serving members of the Canadian Forces and those who have made the ultimate sacrifice. The sacrifices and achievements of our Veterans have helped define and defend Canada's values of freedom and democracy. They will always be remembered.

Here are some ways to engage in Remembrance: Wear a poppy above your heart, attend local Remembrance Day ceremonies, and vow never to forget; Change your profile picture on Facebook to a poppy and blog or tweet about the importance of remembrance; or listen to Veterans talk about their experiences and thank them for their service. Remembrance IS more than something you think about – it's something that you do.

Another way to help remember is to find your connections to the past. You can obtain information on where the graves of all Canadian soldiers who died while serving abroad are located. Here's how to do a search for your connection to the past.

Visit the Veterans Affairs Canadian Virtual War Memorial online at www.virtualmemorial.gc.ca. (If you are looking for an Allied soldier you could also try a similar search through the Commonwealth War Graves Commission at www.cwgc.org as they keep track of all Allied cemeteries.)

Search by name and select the soldier you are looking for. (Keep your search terms broad to yield the best results. This is especially important with first names or common misspellings of names.)

Review the results of the search. When available, it will include photos, a copy of the page from the Book of Remembrance, vital personal details and possibly even a summary of the circumstances surrounding the soldier's death.

Snow Shovelling in Highwood

Time again to think of the coming winter and snow covered sidewalks.

Again our conscientious committee is ready to accept calls from clients and also youth who wish to earn good money. Please give a call to 403 282-1030 and we'll make a deal.



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A quick Google search using the name of the cemetery often yields a link to photos of all the tombstones, lists of those buried (alphabetical and regimental) and a good description of the cemetery itself. Please don't consider the Veterans Affairs Canadian Virtual War Memorial as the only possible source of information and don't underestimate the power of a good online search engine like Google.

Share your findings and experiences with others in a gesture of Remembrance. I would be interested to hear from anyone who uses this process and finds it as rewarding as I have.

Should you 'exchange' your shorts for a snowsuit next winter?

Suzanne Smith-Demers – Consultant

For snowbirds who've found a way to enjoy life while avoiding Canada's frosty winters, this coming winter may turn out to be less (financially) relaxing than most.

Around April is the time when many snowbirds make the decision about where they'll be living when they head south. They make their decisions, sign their rental agreements and pay their deposits – in other words, they are locked in. That's exactly what you did last April and then the exchange rate continued to drop. Now, that rental deal that looked quite economical in April will look a lot less attractive this fall and winter.

So, what do you do when April 2017 rolls around? Do you roll the dice and secure a condo rental for winter 2017?

With uncertainty on whether the exchange rate will improve any time soon, you may be inclined to forego your southern sojourn next winter – but you have other options.

- Explore the exchange rates offered by boutique currency exchange companies. The Canadian Snowbirds Association provides a currency exchange program that offers very competitive rates.
- Buy U.S. dollars over the year whenever the loonie goes up.
- Open a U.S. dollar account at a bank that offers no-cost transfers from a Canadian U.S. dollar account to a U.S. dollar account in the United States.
- If you're flying, consider doing so from a U.S. border airport where airfares may be cheaper.
- Check out more affordable destinations away from the usual southern hotspots; the exchange rate and cost of living may be more favourable in Mexico, Costa Rica, Panama and other non-traditional southern locations.

It's an unavoidable fact: No one can predict the future with 100% accuracy. The key is to be prepared for whatever comes, planning is key.

IN & AROUND CALGARY

Calgary Northwest Events

Remembrance Day at Kensington Legion

Services are held at many branches of the Royal Canadian Legions in the city. This year, at the Kensington location the ceremony is followed by lunch and refreshments.

Doors for the Kensington Legion service open at 9:30 am. and close at 9:45; the service begins at 10:45 am. 1910 Kensington Rd. NW. For more info www.legion.ca

St. Andrews Heights Artists' Society 2016 Fall Art Show

Local artists will present their new work at the society's annual Fall Art Show on Nov. 26, from 10 a.m. to 4 p.m. You can meet the artists and also win a great door prize. Parking and admission are free. For more information visit www.atsahas.ca.

Green Calgary's Green Kids Saturday Drop-In Program

Sat. Nov. 5, 19 and 26, 2016. 11am - 1pm. Videos, hands-on learning activities, crafts and games involving environmental topics for kids 3-10 and their families. Drop in program, all children must be accompanied by one adult, fee by donation. For more info www.greencalgary.org.

Fall Studio Members Pottery Sale: Nov. 6, 10 am–4pm. Now in its 33rd year! Excellent prices and variety, a great opportunity to purchase local artists' work for unique presents. Come early and bring something to carry your treasures. Cash, cheques and credit cards accepted. Triwood Community Association Hall, 2244 Chicoutimi Drive NW.

Free Skate at Shouldice Arena The arena is open for public skating Friday, November 11, 2016, 1–2:30p.m. Address: 1515 Home Rd. NW

Stuff A Bus Nov. 5, 2016. 9am – 4pm. Calgary Co-op and Calgary Transit team up for the 24th Annual Stuff A Bus, in support of the Calgary Food Bank! Transit buses and volunteers will be at all 21 Calgary Co-op locations accepting donations. Stuff A Bus with food to help Calgarians in need at this busy time of year.

Free Swim at Thornhill Aquatic and Recreation Centre Friday, November 11, 2016, 1–4:30p.m. Swim Times: 1 – 2:30 p.m. and 3 – 4:30 p.m. The half hour break will be waived if capacity permits. 6715 Centre St. NW

Finances 101 with Jill (CPA) at Tuxedo Park Community Hall 6:30pm-7:30pm, free to attend, all welcome.

October 26, 2016 – Ten Healthy Habits of Financial Management.

November 23, 2016 – Saving Strategies: Easy Concept, Difficult Reality.

To register or for more information hallrentals@tuxedoparkcommunity.ca or 403-277-8689.



MLA CALGARY-KLEIN
CRAIG COOLAHAN

#9, 2400 Centre St NE
Calgary, AB, Canada T2E 2T9
Phone: (403) 216-5430 • Fax: (403) 216-5432
calgary.klein@assembly.ab.ca

Hello Calgary-Klein!

Economic diversification is a key element of Alberta's economic recovery. Alberta's economy must become more resilient to changes in the international price of oil. Our government is supporting small businesses to create jobs and get Albertans back to work.

Alberta's small businesses and investors create new jobs and diversify our economy. Small businesses in Alberta have a bigger economic impact than small businesses anywhere else in Canada, and make 35 per cent of all jobs in Alberta.

As part of the Alberta Jobs Plan, our government is creating a tax credit for investments in small Alberta businesses that will support up to 4,400 new jobs over three years, and contribute up to \$500 million to the province's GDP.

The Alberta Investor Tax Credit (AITC) will offer a 30 per cent tax credit for investments in Alberta small business made between April 14, 2016 and December 31, 2019. The tax credit will be offered to investors who provide capital to Alberta small business in a variety of sectors, including:

- Research, development, and commercialization of proprietary technology, products and processes,
- Development of interactive digital media and game products,
- Post-production, visual effects, and digital animation, and
- Tourism operations – like resorts, skiing facilities, amusement and recreation industries, hunting and fishing camps, and scenic and sightseeing tours.

Legislation establishing the AITC is being introduced this session. We know from similar legislation in other jurisdictions that this will provide a strong incentive for Alberta investors, increasing access to capital when and where small businesses need it most.

As always, my office is happy to hear from constituents. If you have any feedback about this initiative, or any other matter, feel free to contact my office at calgary.klein@assembly.ab.ca or 403-216-5430.

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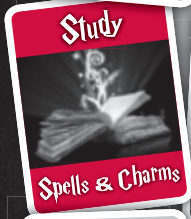
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