

OCTOBER 2016

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SUMMIT

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or requestappointment@radiology.ca

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radiology.ca



Make a difference in the life of a family...

Are you looking for a way to give back to your community?
Our Home-Start program is looking for volunteers!

What does a Home-Start volunteer do?

- Visits a family's home once per week
- Provides support, friendship and encouragement
- Gets the family involved with the local community
- Shares their own experiences of parenting and family life

Interested in getting involved?

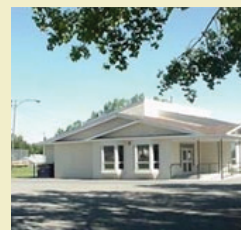
For more info, or to learn about upcoming training sessions, contact Home-Start or visit www.boysandgirlsclubsofcalgary.ca

North Calgary: 403-660-6809 South Calgary: 403-660-1136



Highland Park
Community Association

3716-2 St. NW
Calgary, AB T2K 0Y4
403-276.6969
HPCA@shaw.ca
www.highlandparkcommunity.ca



Highwood Community
Association

Box 64245-5628
4 Street NW
403.289.9329
Calgary, Alberta T2K 6J1
highwood99@hotmail.ca
www.highwoodcommunity.com

CONTENTS

| | |
|-----------------------------------|----|
| Highland Park President's Message | 5 |
| Highland Community Cleanup | 8 |
| Highland Park Calendar | 10 |
| My Babysitter List | 11 |
| Highwood Calendar | 19 |
| Highwood Halloween Spooktacular | 22 |
| North of the River | 23 |
| Taste of Highwood | 24 |

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Highland Park Community Association

Office: 403-276-6969

| BOARD OF DIRECTORS | |
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| COMMUNITY CONTACTS | |
|----------------------------------|---|
| Website | www.highlandparkcommunity.ca |
| Facility Rental & Management | Carolyn Bergen, 403-276-6969, hpc@shaw.ca |
| Newsletter Editor | highlandparkeditor@gmail.com |
| Event Planning | Dr. Salma Mitha hpcavolunteercoord@gmail.com |
| Good Food Box | Kelly Irvine, 403-209-0026 |
| Development Review | Paul Engler 403-671-6666 |
| Seniors' Luncheon | Rosalind Kohut, 587-349-0870 |
| Neighbourhood of Promise Contact | Jennifer Dimarzo, 403-476-7295 jennifer.dimarzo@calgary.ca |
| Police Service | Cst. Gord Denison, District 3, GDenison@calgarypolice.ca |
| Bylaw Infractions | Call 311, or complete form online at: www.calgary.ca/311online |
| Ward 4 Councillor | Sean Chu, 403-268-3727, Sean.Chu@calgary.ca |
| Volunteers | hpcavolunteercoord@gmail.com |

Editorial Content 10 DEADLINE
of each month for the next month's issue
highlandparkeditor@gmail.com

HIGHLAND PARK HALL RENTAL RATES

Phone: 403-276-6969
www.highlandparkcommunity.ca

We welcome rental enquiries for our facilities. We offer a choice in hall size, a kitchen with an updated stainless steel appliances, a portable bar, a projector, sound system, a pull down screen for sharing pictures of those special moments, and loads of tables and chairs.

Rental Rates:
Main Hall – 219 person capacity
\$550/day or \$55/hour; \$500 damage deposit

North Hall – 60 person capacity
\$400/day or \$44/hour; \$400 damage deposit

Lower Main Hall – 2500 sq. ft.
Ideal for recreation, rehearsals or children's programs
\$25/hour

Lower North Hall – 60 person capacity
\$25/hour

There is a once per year 25% discount for HPCA area residents with a current membership.

THE GOOD FOOD BOX

The Good Food Box is a Community Kitchen initiative available to anyone, not just residents of Highland Park. Bring **cash only** to the address below on the payment date, then pick up your produce on the pick-up date. It's an excellent deal on fresh produce! For more information call Kelly Irvine at 587-216-0638.

Large Family Size Box: 45-50 lbs \$35

Family Size Box: 35-40 lbs \$30

Single/Senior Box: 25-30 lbs \$25

Where: HPCA Hall, 3716 2 Street NW

Time: between 6:00pm and 7:30pm

| Order Date | Pickup Date |
|-------------|-------------|
| October 18 | October 27 |
| November 15 | November 24 |

HIGHLAND PARK PRESIDENT'S MESSAGE



The sun is shining and the leaves are turning on the trees. While the summer was a bit wet I would say the Community Association had a great summer. The Music in the Park series was a great success again this year, Neighbour Day was fabulous and we rolled up our sleeves and did some major advocacy on the proposed golf course development. It is so awesome that the Preschool is now up and running and the before and after school program is also serving the community. So many volunteer hours are going into the Hall and the neighbourhood I couldn't be happier. Thank you to everyone old volunteers and new volunteers. We are making Highland Park a great place to live.

Looking forward to October, there will be a Charrette in regards to the Greenline North. If you don't know what a Charrette is- the City of Calgary has put together some fabulous information. It is a planning exercise, it will be held October 17-22 and I highly encourage anyone who wants to shape the vision of Highland Park over the years to attend. This is a great opportunity to get involved and participate in a short term project with long term consequences.

We are working hard on engaging City Council to purchase a portion of the golf course lands in order to resolve the outstanding regional storm water issues and the lack of greenspace in Highland Park. I would like to thank the over 75 people that came out to our last meeting. We appreciate everyone's time and attention on this issue. I hope that you will consider writing letters to Councillor Chu and the Mayor encouraging them to ensure Highland Park gets the best development possible.

Anyways- I hope you all have a great fall season, you enjoy a bountiful Thanksgiving and you say hi to your neighbours! We have awesome people here in Highland Park, I know there will be lots to be grateful this October.

Cheers,

Elise Bieche, President, Highland Park Community Association
elise.bieche@shaw.ca, Twitter @HighlandPkCA



Highland Park Preschool

Now taking registrations for September 2016!
A combined program for 3 and 4 year olds
Mornings 2, 3, 4, or 5 days per week, we are flexible to meet your needs!

2 days/week - \$130/month
3 days/week - \$170/month
4 days/week - \$225/month
5 days/week - \$280/month

Registration fee: \$60
(add an additional \$2.50 if paying by PayPal)

Please see our website for more details
highlandparkcommunity.ca

Call or email Carolyn at hpc@shaw.ca 403-276-6969



INTRODUCING NEXT
a before and after school program operating during the school year at Highland Park Community Hall

Call Paula Beekman for registration details at
403-992-9430 or email paulabeekman@shaw.ca

REGISTER NOW

HIGHLAND PARK PLANNING AND DEVELOPMENT ACTIVITIES

With summer over everyone is getting back to work. We are starting to see more development permits come in. As mentioned last month we have now received the development permit application for the liquor store at Highland Park Plaza. The proposal is for a small format Coop liquor store.

Hopefully, everyone was able to attend the community meeting about the golf course redevelopment on Sept 12th. The community association is working hard to get our voices heard by the developer and the City administration. The plan for the golf course will be going back to City Council in early 2017, so we encourage everyone to make your voice heard by City Administration, Councilor Chu, and Mayor Nenshi.

As a reminder the design charrette for the 40th Ave Green Line Station is happening from October 17th to 22nd at the West Campus of the Centre Street Church. Once, again we strongly encourage you to attend as many of these sessions as you can in order to make sure your voice is heard by the City, and that we get a great outcome for the community. The City is placing a large emphasis on the results of this charrette process, and it will impact both the Greenline and the Golf Course redevelopment.

The Planning and Development Committee



Science of Spirituality

To become aware of our connection with all life is one of the main purposes of developing ourselves spiritually. Love is innate in our soul, but we can connect with this divine quality more deeply and permanently when we come in contact with a living, spiritual Master, attend satsang and meditate. When we learn to love all of God's creation, we inevitably draw closer.

All activities are held free of charge
Every Sunday from 5:30pm-7:30pm
North Hall
Highland Park Community Association
3716 – 2 Street NW, Calgary
Phone: 403-614-2613 or 403-241-3328

Northminster United Church

3311 Centre Street N (403) 277-0322
www.northminster.ca
Friday Oct 21 – Sat Oct. 22
Scrapbooking Weekend!
Everyone Welcome! RVSP Required.
Oct 1 – Pokémon Party 1:00-3:00pm.

TRIVIA

The stately, sandstone Lougheed House, located in Calgary's beltline, is said to be one of the most haunted places in our city.
<http://www.lougheedhouse.com/>



WALK WITH US TO END BLOOD CANCERS

Join us on Saturday, October 15 for an evening of inspiration and hope as we walk together to end blood cancers.

Sign up today
LIGHTTHENIGHT.CA



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Neighbourhood of Promise

Learn about Programs & Services in your neighbourhood!

The Accessible Programs & Services Committee is highlighting a different resource in your community each month. We hope this lets you know about some of the great services available to you and gets you connected to the people and places around you.

If you are interested in being a part of this, contact your Community Social Worker: Jennifer Dimarzo, 403-476-7295 or jennifer.dimarzo@calgary.ca.



Struggling to make ends meet?

BowWest connects you to resources: Food, clothing, shelter, transportation, counselling, no or low cost recreation.

Where: Highland Park Community Centre
When: Thursdays starting Aug 18/16, 1:00-4:00 pm
Call: 403-703-0140
Email: victoria@bowwest.com

Community Cleanup A Resounding Success!

The warm and sunny weather was perfect for our community cleanup event on Saturday September 10th. There was a near steady stream of vehicles bringing in yard waste, old furniture and lumber, e-waste and metal, and reusable household goods. We managed to fill 1 garbage truck with yard waste, 3 garbage truckloads went to landfill, and the metal recycling bin was filled. The e-waste bin and Diabetes Clothesline truck were partially filled.

Kudos to the community residents who loaded their vehicles and brought in their loads to the cleanup, and my heartfelt thanks to the volunteers who helped unload the vehicles, or drove through alleyways picking up items for garbage or recycling. A big thank you, also, to the volunteers who helped demolish the unsightly ex-garbage bin shed at the community hall. As a result of everyone's efforts, Highland Park is now a much cleaner and tidier community, and can clearly demonstrate that we care about where we live.

There were some materials that could not be handled at the Cleanup event. Old microwave ovens and empty propane tanks are good examples. If in doubt about how to properly dispose of unwanted materials, just go to the City of Calgary website What Goes Where? at <http://www.calgary.ca/UEP/WRS/Pages/What-goes-where/Default.aspx>.

D. Jeanne Kimber



From conception up to six are some of the most vital years in a child's life.

The Calgary NW ECD (Early Childhood Development) Coalitions, consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge. We do this through providing opportunities for parent and children to learn, grow, share, and participate in a variety of different programs, workshops, and events. We are always looking for interested parties to join our coalitions.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: ncecm@weconnectyou.ca.

HIGHLAND PARK YOGA

with Marthal

Marthal has been teaching yoga since 2013 and her foundation is in Hatha Yoga. She is certified in Restorative Yoga and she is currently completing her 500 hours of yoga therapy training at Mount Royal University. In this series of classes, you will explore 26 staple postures as well as proper breathing and relaxation practices.

ONE 7 WEEK SESSION FOR \$70
TWO 7 WEEK SESSIONS FOR \$120

Tuesdays
5:30 - 6:45pm
november 1 - december 13
highland park community hall
3716, 2nd Street NW

Kindly Contact Marthal to Register
403.669.6186
marthalleck@gmail.com

This class is great for all ages and levels of practice. Participants are asked to bring a yoga mat, blanket, and a bottle of water. Please wear something that allows you to move freely.

AREA SCHOOL NEWS

Buchanan School Kindergarten

8:45 - 9:00 am Outside supervision
9:00 - 11:40 Morning class
Grade 1-6
8:45 - 9:00 am Outside supervision
9:00 am Start Time
10:35 - 10:50 am Recess
11:54 - 12:50 pm Lunch break
3:30 pm Dismissal

James Fowler High School

Oct 6 - Lifetouch Retakes
Oct 7 - Non-instructional Day
Oct 10 - Thanksgiving Day holiday
Oct 17 - Talent show auditions
Oct 18 - Interim Report Cards, Tal-

ent show auditions

Oct 19 - Talent show auditions
Oct 20 - Parent-Teacher Interviews
2-4/5-8 pm/
dismissal 12:15
Oct 21 - Talent show auditions
Oct 24 - Talent show
Oct 25 - ELA PRT Timed Writing Exams, Talent show
Oct 26 - ELA PRT Timed Writing Exams, Talent show
Oct 27 - ELA PRT Timed Writing Exams, Talent show
Oct 28 - Pep Rally, Talent show
Oct 30 - Term one ends
Oct 31 - Haunted Hallway, Term 2 Begins

Georges P. Vanier School

Friday, October 7 9:00am
Non-instruction day
Monday, October 10
No School - Thanksgiving
Friday, October 14 9:00am
Early dismissal Day 2 per. 1-4
Monday, October 17 6:00pm
Band Parent Meeting 6:45pm
School Council
Thursday, October 20 9:00am
Grade 9 Vaccination
Friday, October 21
Day 2
Friday, October 28 9:00am
Early dismissal Day 3 per 5, 6, 2, 3

HIGHLAND PARK HALL SCHEDULE

OCTOBER 2016

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|--|---|--|--|
| LEGEND MH Main Hall; MHB Main Hall Basement; NH North Hall; LNH Lower North Hall For information regarding any of the above, please call Carolyn at the Community Hall at 403-276-6969. | | | | | | |
| 2 -All Halls 7am-2pm New Covenant -MH 2:30-4:30 Martial Arts -NH 5:30pm-7:30pm Science of Spirituality | 3 -MHB 6:15am-6pm NEXT -NH 7pm Plan & Dev Mtg -MH 7:30pm-9:30pm Bumbukan Karate | 4 -MHB 6:15am-6pm NEXT -NH 5:30pm-6:45pm Yoga -MH 7pm-10pm Martial Arts | 5 -MHB 6:15am-6pm NEXT -MH/NH 5-9pm Irish Dance | 6 -MHB 6:15am-6pm NEXT -NH 1pm-4pm Bow West -MH 7pm-10pm Martial Arts | 7 -MHB 6:15am-6pm NEXT -MH 6pm-10pm New Covenant | 8 -MH all day New Covenant -LNH 8pm-9pm AA Meeting |
| 9 -All Halls 7am-2pm New Covenant -MH 2:30-4:30 Martial Arts -NH 5:30pm-7:30pm Science of Spirituality | 10 -MHB 6:15am-6pm NEXT -MH 7:30pm-9:30pm Bumbukan Karate | 11 -MHB 6:15am-6pm NEXT -NH 5:30pm-6:45pm Yoga -MH 7pm-10pm Martial Arts | 12 -MHB 6:15am-6pm NEXT -MH/NH 5-9pm Irish Dance | 13 -MHB 6:15am-6pm NEXT -NH 1pm-4pm Bow West -MH 7pm-10pm Martial Arts | 14 -MHB 6:15am-6pm NEXT -MH/NH/MHB 6pm-10pm New Covenant | 15 -NH 9am-5pm CarWA -LNH 8pm-9pm AA Meeting |
| 16 -All Halls 7am-2pm New Covenant -MH 2:30-4:30 Martial Arts -NH 5:30pm-7:30pm Science of Spirituality | 17 -MHB 6:15am-6pm NEXT -MH 7:30pm-9:30pm Bumbukan Karate | 18 -MHB 6:15am-6pm NEXT -Senior's Lunch 12pm -NH 5:30pm-6:45pm Yoga -MH 7pm-10pm Martial Arts | 19 -MHB 6:15am-6pm NEXT -MH/NH 5-9pm Irish Dance | 20 -MHB 6:15am-6pm NEXT -NH 1pm-4pm Bow West -MH 7pm-10pm Martial Arts | 21 -MHB 6:15am-6pm NEXT -MH/NH/MHB 6pm-10pm New Covenant | 22 -MH 9am-1:30pm Irish Dance Workshop -NH 1:30-4:30pm MJP -MHB 12:30-4:30pm Carla -MH The Forge 6pm-11pm -LNH 8pm-9pm AA Meeting |
| 23/30 -All Halls 7am-2pm New Covenant -MH 2:30-4:30 Martial Arts -NH 5:30pm-7:30pm Science of Spirituality | 24/31 -MHB 6:15am-6pm NEXT -MH 7:30pm-9:30pm Bumbukan Karate | 25 -MHB 6:15am-6pm NEXT -NH 5:30pm-6:45pm Yoga -MH 7pm-10pm Martial Arts | 26 -MHB 6:15am-6pm NEXT -MH/NH 5-9pm Irish Dance | 27 -MHB 6:15am-6pm NEXT -NH 1pm-4pm Bow West -MH 7pm-10pm Martial Arts | 28 -MHB 6:15am-6pm NEXT -MH/NH/MHB 6pm-10pm New Covenant | 29 -LNH 8pm-9pm AA Meeting |



Highland Park Community Association MEMBERSHIP FORM

Fees: Families - \$20 • Individuals aged 18 to 64 - \$10 • Individual seniors (age 65 & over) - \$5
Associate members (non-residents) - \$10

Memberships good for one year from date of purchase

Please make cheques payable to: Highland Park Community Association

Please mail cheque and this form to:

Highland Community Association, 3716 – 2nd Street NW, Calgary, Alberta T2K 0Y4

Name: _____

Address: _____ Postal Code: _____

Phone: _____ Email Address: _____

**memberships also available for purchase online at highlandparkcommunity.ca*

Trivia

Jack-o'-lanterns originated in Ireland where people placed candles in hollowed-out turnips to keep away spirits and ghosts on the Samhain holiday.



Highland Park/Highwood mybabysitterlist

| Name | Age | Contact | Course |
|-----------|-----|--------------|--------|
| Angelica | 16 | 587-223-0215 | Yes |
| Chantelle | 34 | 403-510-7474 | Yes |
| Desiree | 24 | 403-850-8486 | Yes |
| Jacalyn | 18 | 403-277-6174 | Yes |
| Kyra | 15 | 403-398-4365 | Yes |
| Maya | 15 | 403-276-1015 | Yes |
| Olivia | 13 | 403-289-2232 | Yes |
| Reese | 16 | 403-276-5048 | Yes |
| Sebastian | 16 | 403-971-1986 | Yes |

Calling All BABYSITTERS
Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

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BRAIN GAMES SUDOKU

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| | | | 6 | | 3 | 8 | 4 | |
| | 1 | | | 2 | | | | |

FIND SOLUTION ON PAGE 25



Last 12 Months HIGHLAND PARK MLS Real Estate Sale Price Update

| | Average Asking Price | Average Sold Price |
|----------------|----------------------|--------------------|
| August 2016 | \$554,450.00 | \$537,500.00 |
| July 2016 | \$564,900.00 | \$555,000.00 |
| June 2016 | \$669,999.00 | \$669,999.00 |
| May 2016 | \$669,000.00 | \$655,000.00 |
| April 2016 | \$669,950.00 | \$651,000.00 |
| March 2016 | \$649,900.00 | \$626,750.00 |
| February 2016 | \$629,900.00 | \$620,000.00 |
| January 2016 | \$0.00 | \$0.00 |
| December 2015 | \$607,450.00 | \$597,500.00 |
| November 2015 | \$569,450.00 | \$557,500.00 |
| October 2015 | \$699,900.00 | \$687,500.00 |
| September 2015 | \$516,950.00 | \$497,750.00 |

Last 12 Months HIGHWOOD MLS Real Estate Sale Price Update

| | Average Asking Price | Average Sold Price |
|----------------|----------------------|--------------------|
| August 2016 | \$559,000.00 | \$552,000.00 |
| July 2016 | \$474,500.00 | \$464,000.00 |
| June 2016 | \$469,750.00 | \$460,000.00 |
| May 2016 | \$510,000.00 | \$494,400.00 |
| April 2016 | \$424,900.00 | \$400,050.00 |
| March 2016 | \$0.00 | \$0.00 |
| February 2016 | \$324,900.00 | \$317,000.00 |
| January 2016 | \$484,350.00 | \$462,750.00 |
| December 2015 | \$0.00 | \$0.00 |
| November 2015 | \$0.00 | \$0.00 |
| October 2015 | \$434,900.00 | \$427,500.00 |
| September 2015 | \$457,000.00 | \$449,000.00 |

To view the specific SOLD Listings that comprise the above MLS averages please visit highland-park.great-news.ca or highwood.great-news.ca



HIGHLAND PARK COMMUNITY SENIOR'S LUNCHEON

\$6.00 person for HPCA members (except potlucks)
\$10.00/person for non-members of HPCA
POTLUCKS: \$2.00/person for those that bring a dish.
Please contact Anne Klempa
(403) 277-3388 to confirm your attendance.

2016

Oct. 18
Nov. 15
Dec. 13

COME IN FOR OUR *Fall Special* **OIL CHANGE, 25 POINT INSPECTION**
Which includes:



WE ALSO OFFER DETAILING TO HELP KEEP YOUR CAR FRESH AND CLEAN THIS FALL

3920 - 3A Street NE Calgary
403-230-2886
monzauto.com

In addition we offer many services such as,
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We are a AMA Approved Shop and for our neighbours in the area we are **OFFERING A 20% DISCOUNT FOR YOUR FIRST TIME VISIT AS WELL AS FOR AMA MEMBERS.**



Magic Ghouls AND Wizardry

Trick or Treat Monday, Oct 31 4pm to 6pm

Our roving Team will be giving Harry Potter Bertie Bott's Beans – Flavoured Jelly Beans to those dressed as Harry Potter characters!

All ages are welcome!
Quantities are limited to 100.

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STEP INTO FALL

Are you thinking of becoming more active?
The University of Calgary is recruiting volunteers for a 12-week physical activity study.

To participate you must be:

- 18 years of age or older
- Exercising less than 3 days per week
- Have internet access

You will be asked to wear a pedometer for 3 months, log your activity onto a website, and complete 3 questionnaires.

By completing the 3 questionnaires you will receive:

- A pedometer (\$25 value)
- \$10 gift card
- Prize draw entry for \$1000 gift card

To participate contact:
Research Coordinator
403.210.7044 or perryr@ucalgary.ca



Ethics ID: REB15-2944
This study has been approved by the University of Calgary Conjoint Health Research Ethics Board.



SAFETY SYNC
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“An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence.”
Enform IRP 9 (Revised)

safetysync.com
403.668.6402

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.



COUNCILLOR, WARD 4
SEAN CHU

403-268-3727 • ward04@calgary.ca
www.calgary.ca/ward4 • www.seanchu.ca

Greetings Residents,

Check your smoke detectors

Did you know that smoke detectors should be replaced every 10 years?

Fire Prevention Week is Oct. 9-15 and this year's theme is Don't Wait – Check the Date: replace smoke alarms every 10 years.

For more information on how to check the expiration date of your smoke alarms, and special events happening during Fire Prevention Week, visit us at calgary.ca/fire or contact 311.

A park worthy of exploring

Home to the historical Lawrey Gardens, a seasonal cafe, four playgrounds and two off-leash areas, Edworthy Park has something for everyone.

Bring your family and friends for our free A Walk in the Park event on October 1 from 10 to 11:30 a.m. to discover (or re-discover) Edworthy Park. Come explore its rich history, learn about the plants and wildlife in the area and enjoy the breathtaking views of Calgary's north-west and beyond.

To participate, simply put on your walking shoes and meet at 5050 Spruce Dr. S.W. — no registration required! Wheelchairs, strollers and park enthusiasts of all ages are welcome. Hope to see you there.

For more information, visit calgary.ca/parksevents.

Leaf & Pumpkin composting program is underway!

Bring your leaves and pumpkins to a depot near you until November 6.

Fall is in the air – and on the ground. Bring your bagged leaves and pumpkins to one of our 35 drop-off locations around the city. By composting this material it stays out of the landfill, reduces harmful greenhouse gas emissions and helps turn the leaves and pumpkins into useful compost. We recommend using paper yard waste bags as they can be composted with the rest of the material. No sod or rocks please.

For a full list of Leaf & Pumpkin drop-off locations, please visit calgary.ca/leaf.



MP. CALGARY CONFEDERATION
LEN WEBBER

2020 10 St NW, T2M3M2
403-220-0888
len.webber@parl.gc.ca

Put Your Stamp on the Process

Times have changed since the first letter was sent in Canada in 1693. The postal service provided by Canada Post is no longer as dominant in our daily lives as it used to be. With cell phones, email, texting, paperless billing, e-transfers and courier services, Canada Post has seen its role in our daily lives diminishing annually since 2006. At the same time, an average of 169,000 new addresses are added each year to the existing 15.8 million existing addresses.

With more places to deliver mail each year and less mail being sent, this has had a dramatic effect on revenues and costs. Canadians need to take a good look at our postal system and figure out a way to make it both sustainable and affordable. It is a vicious circle - stamp costs increase to cover growing operating costs which, in turn, results in less mail being sent and revenue dropping even further.

However, we still have a critical need for a national postal system as many Canadians and businesses rely on it for many reasons. Last year alone, Canada Post delivered almost nine billion items to every corner of Canada.

The time has come for Canadians to look at the future of our postal system to ensure it is both sustainable and affordable for everyone. A review of Canada Post is now underway and you can participate.

Canadians are being asked to contribute their comments, concerns and, most importantly, their ideas on how we can achieve these goals. For example, the most common idea I have heard so far is the suggestion to make mail delivery every second business day. This would save money and the impact on the environment. Canadians are known for being a resourceful and creative bunch and I am sure there are many more ideas to come.

An independent Task Force is currently gathering facts and developing options for consideration. Next, a Parliamentary Committee will consult Canadians on the options and make recommendations to the Government on the future of Canada Post.

To share your input, please send your ideas to TPSGC.ExamendeSPC-CPCReview.PWGS@pwgsc-tpsgc.gc.ca, fax 1-844-836-8138, or even better, MAIL your comments to Canada Post Review, CP2200, Matane, QC, G4W 0K8. As your Member of Parliament, I am interested in knowing your views, and would appreciate being copied on your submission.

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing
at 403-263-3044 or sales@great-news.ca

CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms. From cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty-free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

THE GUTTER DOCTOR! We install, repair and clean eavestroughs and downspouts. Fascia, soffit, drip-edge, siding, roofing, cladding. Over 15,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. www.gutterdoctor.ca 403-714-0711.

HIGHWOOD FAMILY MEDICAL CLINIC: Walk-ins are welcome. Open Monday - Friday: 9:00am - 5:00pm and Saturdays: 10:00am - 3:00pm. Male and Female Doctors Available! Women's Clinic available monthly at this clinic. Call 403-475-8200 to book appointment, or simply walk in. Thank you.



NOVEMBER 5 ROTHNEY ASTROPHYSICAL OBSERVATORY

Dark Night Star Light Open House: A discussion on light pollution and a tour of the many telescopes at the RAO. 8 – 11PM, \$20 per car or \$10 per person. www.ucalgary.ca/rao



NOVEMBER 22 - DECEMBER 31 SLIPPER

A Distinctly Calgarian Cinderella Story: Rebecca Northan brings Calgary a new, family-friendly show for the holidays. It involves time travel, a male fairy godmother and a modern-day, Calgarian Cinderella. www.atplive.com



NOVEMBER 26 COL. CHRIS HADFIELD

Enjoy an evening hosted by Canadian astronaut Chris Hadfield, who stunned the earth with his rendition of David Bowie's, Space Oddity, during his five month stay on the International Space Station. This event is part of Mount Royal University Conservatory's Northern Lights Series. www.mtroyal.ca



NOVEMBER NOVEMBER NOVEMBER

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

October 2016 - January 2017, Glenbow Museum presents: 1920s Modernism in Montreal: The Beaver Hall Group painted many portraits that convey the quest for modernism; these works rank among the most remarkable in the history of Canadian art. www.glenbow.org

November 5, Calgary Hitmen vs. Swift Current Broncos: The puck drops at 7:00PM at the Scotiabank Saddledome. www.hitmenhockey.com

November 16, Moscow Ballet's Great Russian Nutcracker: For one night only, the Moscow Ballet performs this seasonal classic. Get into the Christmas spirit and watch the story of Klara and the Nutcracker Prince come to life on the stage. www.artsccommons.ca

November 17 – 20, Art Market Art and Craft Show: Get a head start on your Christmas shopping at one of Calgary's biggest Christmas arts and crafts markets. Over four days, more than 200 Canadian artisans and makers showcase and sell their work. www.artmarketcraftsale.com

November 22, 6th Annual Why Whisper Fundraising Gala: Proceeds support the YWCA, and to date, this fundraising event has raised more than \$2 million. This year, the keynote speaker at the YWCA's fundraising event is Monica Lewinsky. www.ywcaofcalgary.com

November 25, Calgary Philharmonic presents, Neil Cockburn, Organ Masterpieces: Made of 6040 impressive pipes, the Carthy Organ is the grand and imposing centerpiece of the Jack Singer Concert Hall. Calgary-based Cockburn's talents will make the organ sing during this one night only performance. www.calgaryphil.com

November 25 – December 23, Disney's Beauty and the Beast: The Story Book Theatre brings this beloved fairytale, adapted from the animated Disney film, to the stage in all its splendour to delight Calgarian audiences. Featuring all the beloved songs from the movie and beautiful costumes, this one's not to be missed. www.storybooktheatre.org

HIGHWOOD COMMUNITY ASSOCIATION

| | | |
|--------------------------------|-------------------|--|
| PRESIDENT | Jay Meakin | jaymeakin@me.com |
| VICE PRESIDENT | Dean Stewart | dean.stewart@shaw.ca |
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| ICEMAKER | Dean Parker | 403-284-5737 |
| WEBMASTER | Dan Waldon | dan@redelements.com |
| FACILITY DIRECTOR | Justin Elton | 403-467-3096 |
| CO-FACILITY DIRECTOR | Mike Neufeld | |
| SENIORS GROUP | Doreen Ratsoy | 403-282-1030 |
| SNOW REMOVAL PROGRAM | Joni Wright | 403-284-5999 |
| | Cathy South | 403-289-1264 |
| RINK RENOVATION COMMITTEE | Brody Todd | |
| COMMUNITY ENGAGEMENT COMMITTEE | Ryan Carnahan | 403-275-8834 |
| DIRECTOR AT LARGE | Stephenie Healey | 403-389-8468 |
| DIRECTOR AT LARGE | Judy Johnson | 403-282-4366 |
| DIRECTOR AT LARGE | Michelle Unrau | michelleunrau@hotmail.com |
| DIRECTOR AT LARGE | Janet Shivas | janetshivas@gmail.com |
| McKNIGHT SPORTS REP. | | soccer@mcknightsports.ca |
| NORTH CENTRAL BASKETBALL CLUB | | northcentralbball.com northcentralbball@hotmail.com, 973-6665 |

Community Meetings

are held at 7:30pm
on the second Tuesday of each month
at the Highwood Community Hall
16 Harlow Avenue NW



58 THORNCLIFFE SCOUTS



The 58th Thorncliffe Scouts Group is accepting registrations for next year. We have a full contingent of sections for girls and boys to enroll in.

Beavers (ages 5 – 7 yrs)
Cubs (ages 8 – 10 yrs)
Scouts (10 – 14 yrs)
Venturers (15 – 17 yrs)
Rovers (18+ yrs)

**BOTTLE DRIVE SATURDAY, OCTOBER 15
9 – 11am.** Collected on the East side of the Thorncliffe/Greenview Hall

Editorial 10
Content DEADLINE
of each month for the next month's issue
Donna at 282-6198 or
dstefura@telus.net

Northmount Baptist Church

451 Northmount Dr. NW • Ph. 403.289- 8185
Pastor Greg Butt

HIGHWOOD HALL RENTAL RATES

Weekend (12:00pm Saturday to 1:30am Sunday)
\$400.00 flat rate Non-Community Members
\$325.00 flat rate Community Members
Hourly
\$35.00/hr Non-Community Members
\$30.00/hr Community Members
There is a 3 hour minimum required on all hourly rentals.

All rentals are subject to GST and will require a \$350.00 (refundable) deposit.
Bereavement - The hall will be made available to Highwood Community Members free of charge (rental calendar permitting) for up to a 4 hour memorial gathering or service.
Long term rates - \$25.00/hr main hall, add kitchen \$5.00, add meeting room \$5.00

IN & AROUND CALGARY

Did You Know?

Cloverdale Paint Now Offers Discounts to Community Association Members!

Cloverdale Paint is now offering club member pricing to community association members and organizational members of the Federation of Calgary Communities!

What does this mean for you? Well, whenever you need to buy paint you simply go to Cloverdale and say you are a "Federation of Calgary Communities Club Member" and you will receive more than 25% off paint and more than 15% off paint accessories!

Cloverdale Paint approached us to set up this discount program as they understand that community associations, their volunteers, and their members are at the heart of our city, and they wanted to give back in some way.

Thanks to Cloverdale Paint for their support and commitment to the community association network and for helping improve neighbourhood life in Calgary!

 **Cloverdale Paint CLUB MEMBER**

 **Account Code 057FEDERA**

Members Receive Wholesale Pricing



Halloween trivia
Pumpkins aren't just an orange vegetable; they also come in white, blue and green. Great for unique Halloween carvings!



Highwood Ladies' Group

This group will reconvene on Monday, September 12 from 1:00 pm to 3:00 pm at the Highwood Community Hall. We welcome anyone who would enjoy an afternoon out of the house to share a cup of tea some conversation and a few laughs. Just drop in whenever the mood strikes you.

October 3. Monday Presentation by Angie Lang who is the Community Outreach rep from

MEALS ON WHEELS. She will explain the program, give options and bring samples of their food. Please join us.

November 7. Monday. David McKee from the Better Business Bureau will give a slide/oral presentation on Savvy Consumer Information plus Senior's Scams. Please support our group by attending.

HIGHWOOD OCTOBER 2016 CALENDAR

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|----------|--|--|
| | | | | | | "MJP 9:00am - 1:30pm "Baniff Trailers 7:00-10:00pm |
| 2 CCNV - MH, MR, KI 8:00am to 3:00pm | 3 Senior's - 1:00 to 3:00pm Yoga - 3:00 to 4:00pm Baniff Trailers 7:00-10:00pm | 4 MS Society 10:30-12:00 MJP MH 5:00 - 9:30PM | 5 Round Dance 7:00 - 9:00pm | 6 | 7 MS Society 12:00-1:00pm CCNV - MH, MR, K 5:00 - 11:00pm | 8 |
| 9 CCNV - MH, MR, KI 8:00am to 3:00pm | 10 - | 11 MS Society 10:30-12:00 MJP MH 5:00 - 9:30PM | 12 19 | 13 | 14 MS Society 12:00-1:00pm CCNV - MH, MR, K 5:00 - 11:00pm | 15 MJP 9:00am - 1:30pm All areas booked 16-27 1:30 - 6:30 Baniff Trailers 7:00- |
| 16 CCNV - MH, MR, KI 8:00am to 3:00pm | 17 Senior's - 1:00 to 3:00pm Yoga - 3:00 to 4:00pm Baniff Trailers 7:00-10:00pm | 18 MS Society 10:30-12:00 MJP MH 5:00 - 9:30PM | 19 "Calgary Eagles Jr. Forest Wardens MH, MR 6:00 to 9:00pm" | 20 | 21 MS Society 12:00-1:00pm CCNV - MH, MR, K 5:00 - 11:00pm | 22 All areas booked 15-31 8:00am - 6:00pm All areas booked 16-28 6:30 - 11:30pm |
| 23 CCNV - MH, MR, KI 8:00am to 3:00pm | 24 Senior's - 1:00 to 3:00pm Yoga - 3:00 to 4:00pm Baniff Trailers 7:00-10:00pm | 25 MS Society 10:30-12:00 MJP MH 5:00 - 9:30PM MH 5:00 - 9:30PM | 26 "Calgary Eagles Jr. Forest Wardens MH, MR 6:00 to 9:00pm" | 27 | 28 MS Society 12:00-1:00pm CCNV - MH, MR, K 5:00 - 11:00pm | 29 "MJP 9:00am - 1:30pm "Community Halloween Party |
| 30 CCNV - MH, MR, KI 8:00am to 3:00pm | 31 Play school Halloween Party 9:00am to 11:00am Senior's - 1:00 to 3:00pm Yoga - 3:00 to 4:00pm | | | | | |
| Notes: Highwood Community Playschool - registrar@highwoodcommunityplayschool.com 3-year old classes: Tuesdays & Thursdays 9:05 to 11:20am 4-year old classes: Mondays, Wednesdays and Fridays 9:05 to 11:35am | | | | | | |

CAPACITY 133 serving liquor, 150 no liquor served
Weekend (12:00pm Saturday to 1:30am Sunday)
\$400.00 flat rate Non-Community Members + \$350.00 refundable deposit
\$325.00 flat rate Community Members + \$350.00 refundable deposit
Hourly
\$35.00/hr Non-Community Members + \$350.00 refundable deposit
\$30.00/hr Community Members + \$350.00 refundable deposit

There is a 3 hour minimum required on all hourly rentals.
All rentals are subject to GST
Bereavement - The hall will be made available to Highwood Community Members free of charge (rental calendar permitting) for up to a 4 hour memorial gathering or service.
Long term rates - \$25.00/hr main hall, add kitchen \$5.00, add meeting room \$5.00



Highwood Community Association MEMBERSHIP FORM



Family \$15 • Single \$10 • Senior \$5(circle one)

Make Cheques payable to Highwood Community Association. Box 64245, 5628 - 4 St. NW Calgary T2K 6J1
Please call Michelle Unrau at 403 815-3217 or email at michelleunrau@outlook.com to arrange pick-up

Name: _____

Address: _____ Postal Code: _____

Phone: _____ Email Address: _____

Programs Requiring Membership:
Community Playschool
Pool Day Care Camps
Snow Removal Program
Youth Groups held - Community Sports
Social Programs • Seniors Programs

Membership Perks:
Ice Skating
Hockey rink
The Summit newsletter
Craft Sale
Community Parties

Membership Discounts:
Highwood Hall Rental
Bereavement (Funeral)
Outdoor Pool
Swimming lessons

Highwood Community Membership Incentive!

When Highwood Residents purchase a September 1, 2015 – August 31, 2016 Highwood Membership Card they will also receive a Federation of Calgary Communities Club Member card. This card can be used at Cloverdale Paint when purchasing paint. Present this card and you will receive 25% off paint and 15% off paint accessories. Anyone who already has a current Highwood Membership Card and would like the Federation of Calgary Club Member card can phone Michelle at 403 815-3217 (michelleunrau@outlook.com) to make arrangements.



58 Thorncliffe Scouts Registration

Registration has begun for our group. We have all sections for all ages, girls, and boys.

- Beavers 5 – 7yrs (Monday nights)
- Cubs 8 – 10yrs (Thursday nights)
- Scouts 11 – 14yrs (Wednesday nights)
- Venturers 15 – 18yrs (Tuesday nights)
- Rovers 18+. (Anytime they want!)

Come join us for the adventures and experiences that only Scouts can provide!

58th Thorncliffe Scouts BOTTLE DRIVE

Saturday, October 15 9 – 11

Look for our flyers in the mail. If you do not receive one you can bring your bottle to the Thorncliffe Community Hall (East Side) that morning.

60 Years of the 58th Thorncliffe Scouts The Beginning

60 years ago a few parents were interested in starting a Boy Scouts Group. They were on the outskirts of town and a community was just starting to be formed. They needed a place to have their meetings but there were no buildings hold them in. One of the Thorncliffe community members happened to work at the old 'wartime' airport terminal and found out that there were some U.S.A.F shacks up for grabs for only the moving costs. The Scoutmaster asked the newly forming Thorncliffe/Greenview Community Association if they could provide ground to put these buildings on. The Community Association was very agreeable to this and the Scout Group raised the \$500 needed to get the shacks to the property. There were two buildings joined by a kitchen. That first year there were about 5 boy scouts and 2 Leaders. Registration fees were only \$1.16 cents per child.

At around the same time the newly established community of Thorncliffe/Greenview was interested in using the Scout Hall. They asked the fledging 58th Thorncliffe Boys Scouts group if they could rent theirs. The Scout group was instrumental in helping build the foundations of the Thorncliffe Greenview Community Association. The new Community Association used the Scout hall while a new Thorncliffe Greenview Community

Center was being built. During this time the Community Association and Scout Groups Parent Association were very intertwined, the scout's and their parent's drove much of the fundraising and community awareness.

A Charter was signed on November 24, 1955 documenting that the new Thorncliffe Greenview Community Association would now be the Sponsor of 58th Thorncliffe Boys Scouts.

The Next Chapter

The 58th Boy Scouts continued to grow. By 1957 the Scout and Cubs group had already started to outgrow their Scout Halls and had taken it upon themselves, with support from the Community Association, to enlarge the West Wing of the Community Hall.

In 1965 there were 143 Cubs and 58 Scouts. At this point the Scout meetings were divided between using the Scout Hall and the Community Hall because there too many to fit in the Scout Hall alone.

It is believed that, to celebrate Alberta's 100th year commemoration in 1967, the Boys Scouts project for that year was to create and install concrete blocks in the shape of a maple leaf. They also erected the flag poles that you see today on the west side of the building. Every year since, the 58th Thorncliffe Scout group leads the flag raising celebration initiating the beginning of Winterfest. There was, also, a time capsule buried there. It has since be unearthed.

In 1973 the Community center needed some change rooms for the outdoor hockey rink. They approached the Boy Scouts groups and asked if they could take possession of their Scout Hall buildings. In return, the Community offered suitable accommodation in the basement of the new community centre. It spanned an area of 1050 square feet and included the area now known as the Greenview room, the Scout Room and 3 adjacent storage rooms. This would be the new home for the 58th Thorncliffe Scouts for many years.

DISCLAIMER

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Thank You!

Our Mom, Nell Bowerman resided at her home at 127 Hounslow Drive NW from the date of original ownership in the spring of 1956. She passed away August 21, 2016 after being a well cared patient of the Fanning Centre here in Calgary. We would just like to say Thank you from all our family for the many sincere wishes of condolence we received. Nell had a fulfilling life of 96 years and was well loved for just being her and always having the kettle on.

Sincerely, Rob and Pat Biswanger of Calgary, AB

Highwood Halloween Spooktacular!

Saturday October 29th, 2016 (6:30 -11:00pm)



Costume Contest, Prizes & More...

Free Admission for Community Members

or \$5/Person - \$20/Family

16 Harlow Ave NW, Calgary, AB



North of the River

"Back to school" for communities north of the Bow has a decidedly collegiate connotation. Over 30,000 students have enrolled at the University of Calgary this year, while SAIT boasts nearly 16,000 full-time students. These institutions host a range of free or affordable athletic, cultural and intellectual events and programs open to our communities.

Here are some of my favourites.

Nothing says autumn like Dinos football. At the time of writing, they've won their first two games – a positive start as the team hopes to repeat its 2013 Vanier Cup appearance.

Want to be active yourself? The U of C Health and Recreation Centre offers a huge range of activities (skating at the Olympic Oval is a particularly fun way to spend an afternoon), or pick up some gear at the Calgary Outdoor Centre for your next adventure by river or path.

For a little culture, did you know the University of Calgary Theatre hosts more than 175 events per year? Whether your family is into dance, music or drama, there's something for everyone.

There's plenty to do at SAIT as well. This winter, my wife and I enjoyed taking an evening class at the Culinary Campus. You can hone kitchen skills or learn new recipes (French, South East Asian, Italian – you name it). On campus, in the John Ware Building, you can also purchase artisanal food products expertly prepared by students studying Butchery and Charcuterie Management and Baking and Pastry Arts.

Educators have long cited the axiom, "*Mens sana in corpore sano*" or a "healthy mind in a healthy body". The students, professors, researchers and support staff at the University of Calgary and SAIT help the residents of the communities north of the river achieve this worthy goal.

Matt Grant lives north of the River – now in West Hillhurst after many years in Bridgeland Riverside.

Snow Shovelling in Highwood

Time again to think of the coming winter and snow covered sidewalks.

Again our conscientious committee is ready to accept calls from clients and also youth who wish to earn good money. Please give a call to 403 282-1030 and we'll make a deal.



IN & AROUND CALGARY

952 'WestJet' Royal Canadian Air Cadets

Are you between the ages 12 to 18 and interested in flying or the air element of the Armed Forces?

Are you looking for a challenge to bring out the best in yourself and your abilities?

Then look no further - Air Cadets is the program for you!

You'll make lifelong friends, learn valuable skills and increase your self-esteem.

Staff, cadets and parents will be available to provide information for parents and children who are interested in joining Air Cadets.

We will also enroll new Cadets who want to sign up - just bring along a copy of the cadet's Health Care card and proof of birthdate (Birth Certificate or Passport).

For more information on Air Cadets and the 952 Squadron, check out www.facebook.com/WestJetRCACS or contact us at westjetrcacs@gmail.com.



Taste of Highwood

This summer the HCA hosted a couple of community events. We kicked off the summer with a pool party in June, luckily before all the rain started! In July we hosted a movie in the park and in August we hosted the 2nd annual Taste of Highwood with live music, food and a beer garden. Thank you to everyone who came out and participated, we are already planning for next summer. Please like the Highwood Community Association Facebook Page to stay up to date on future community events.



COUNCILLOR, WARD 7 DRUH FARRELL

ward07@calgary.ca • www.druhfarrell.ca
Twitter: @DruhFarrell • Facebook: Druh Farrell

As a large urban centre in a prosperous country, Calgary continues to mature and develop. To keep up with the pace of this perpetual growth, it is important for the City of Calgary to make investments in transportation infrastructure like streets and public transit.

Large projects like the Green Line LRT and the Crowchild Trail Study get most of the attention, since they will move many thousands of Calgarians across the city. It is important though that we don't forget about smaller investments that can make positive differences for local residents and their communities.

With this in mind, my staff and I joined the City's General Manager of Transportation and members of his team for a tour of Ward 7. The purpose of this tour was to identify small transportation issues in communities across Ward 7, and to begin working on solutions. We identified certain fixes that could be implemented quickly, as well as more significant projects for the future.

We noted instances where the design of various intersections made it less safe for all road users. One example was at 19 St and John Laurie Bv NW in Triwood, where higher visibility crosswalks and better lighting were identified to improve the safety of people walking through the area. In Sunnyside, we saw that a new crosswalk at Memorial Dr and 9 St NW would improve walking and cycling access to the Bow River Pathway and Downtown. Work on that crossing will be complete in Fall 2016.

We also noticed that several stretches of sidewalk along 16 Av NW, from Mount Pleasant to Banff Trail, were patch works of uneven concrete and asphalt. Weed maintenance was an issue as well. These are cosmetic issues that can improve an area by making them more pleasant and accessible for local residents. The weeding was quickly completed and sidewalk repair was identified as future work. Elsewhere along 16 AV, between Rosedale and Capitol Hill, we saw a need to improve awareness

between those driving and cycling at the busy 10 St NW intersection. Inexpensive green conflict paint was soon added across the turn lanes as a result.

In areas seeing redevelopment, we noticed several instances of construction projects impeding access for people walking. In East Village, we found construction hoarding blocking entire sidewalks. This is a serious concern for a community with high numbers of residents with mobility challenges. The hoarding issues were quickly corrected and we secured a commitment from city staff to ensure that sidewalks are more consistently kept clear and safe during construction.

These are just a few examples of issues we identified. If you see concerns such as these in your community, be sure to call 3-1-1 or go online to www.calgary.ca/311. To learn more about this and other Ward 7 topics, visit www.druhfarrell.ca. To sign up for updates on key issues, please email ward07@calgary.ca.

BRAIN GAMES SUDOKU

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 6 | 8 | 1 | 4 | 5 | 3 | 2 | 7 |
| 2 | 3 | 4 | 7 | 8 | 9 | 1 | 5 | 6 |
| 1 | 5 | 7 | 2 | 3 | 6 | 4 | 8 | 9 |
| 7 | 8 | 5 | 9 | 1 | 2 | 6 | 3 | 4 |
| 6 | 9 | 3 | 4 | 5 | 7 | 2 | 1 | 8 |
| 4 | 2 | 1 | 3 | 6 | 8 | 7 | 9 | 5 |
| 3 | 4 | 9 | 8 | 7 | 1 | 5 | 6 | 2 |
| 5 | 7 | 2 | 6 | 9 | 3 | 8 | 4 | 1 |
| 8 | 1 | 6 | 5 | 2 | 4 | 9 | 7 | 3 |

HALLOWEEN HAZARDS!

Keeping your Pet Safe

Happy October!

It's hard to believe but Halloween is just around the corner! Soon the streets will be flooded with little ghouls and goblins looking to fill bags full of sweet treats. Halloween is a great opportunity to meet your neighbours, admire some creative costumes and, of course, enjoy the occasional mini chocolate bar!

While Halloween is a fun time for people, it can be a scary time for pets! The strange visitors, ringing doorbell and unusual costumes may cause stress or even frighten a family pet. Just as families must take safety precautions to ensure a safe and happy Halloween for children, pet owners should be mindful of safety during the festivities. To make sure Halloween is fun for the whole family, Calgary Humane Society wants to remind you of a few safety tips for your pets!

1. Keep candy out of reach of pets! Chocolate, artificial

sweeteners and certain types of nuts are toxic to animals.

2. Set up a safe space! Setting up a room with your pet's favorite items in a quiet area of the house will help to block out some of the stressful aspects of the holiday.
3. Leave Fido at home. Including the family pet on trick or treating may seem like fun, but strange costumes and fast moving children could cause your pooch a lot of stress.
4. Put a sign on the door asking trick or treaters to knock, especially if your pet reacts to the doorbell!
5. Be cautious with your costume, especially if your pet is easily frightened. Consider setting your pet up in a safe space before getting changed into your festive duds.
6. If your pet is dressing up, choose a costume that does not restrict your pet's airway or movement. Keep dress-up sessions short and watch for signs that your pet is becoming annoyed with their costume. Most pets do not like costumes so if you must dress up your pet, consider snapping a few photos and removing the costume right away.
7. Do not allow your cats to roam. A popular myth is that cats can fall victim to foul play on Halloween. While we have not seen that occur in Calgary, roaming cats can fall victim to the increased traffic or may become lost if they are frightened by all the little ghouls and goblins collecting candy.
8. Looking for more tools to help a stressed out pet at Halloween? Contact our FREE behaviour helpline at 403-723-6019 to speak to one of our behaviour consultants about different products and strategies that may work for your pet.

From all of us at Calgary Humane Society, have a safe and happy Halloween!



Calgary



Green Line LRT

Transit Oriented Development Workshop for 40 Avenue N Station



Join us at an upcoming workshop to discuss how the Green Line LRT could help shape future development around 40 Avenue and Centre Street N. The multiple-day, collaborative workshops (also known as charrettes) are led by a consultant team that brings together citizens, developers and policymakers to create a community plan for development near the Green Line LRT.

We hope to see you at one (or all!) of the four workshops taking place the week of October 17:

1 Pains and Gains Public Session

Date: Monday, October 17, 2016
Time: 6:30 – 9 p.m.
Venue capacity is limited, please RSVP.

2 Ideas Session (Registration required)

Date: Tuesday, October 18, 2016
Time: 6:30 – 9p.m.
Registration is required. Limited to 64 participants.

3 Concepts Public Session

Date: Thursday, October 20, 2016
Time: 6:30 – 9 p.m.
Venue capacity is limited, please RSVP.

4 Outcomes Public Session

Date: Saturday, October 22, 2016
Time: 12:00 – 2:00 p.m.
Drop-in session, no RSVP required

All sessions will take place at the Centre Street Church (West Campus) – 4120 Centre Street.

If you are unable to attend a workshop, please visit our online engagement portal to provide your input. Online engagement will be open starting September 21.

Please visit www.calgary.ca/GreenLine for workshop details or to register.

#GreenLineYYC | @yyctransport
calgary.ca/greenline | contact 311

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