

NOVEMBER 2016

DELIVERED MONTHLY TO 7,700 HOUSEHOLDS

HILLHURST SUNNYSIDE

VOICE

PRESERVING AND ENHANCING THE QUALITY OF LIFE FOR RESIDENTS OF HILLHURST SUNNYSIDE



STOP MEN DYING TOO YOUNG



JOIN THE FIGHT FOR MEN'S HEALTH. WWW.MOVEMBER.COM

There are three ways to get involved with Movember and support men's health:

	WHAT	HOW	WHEN
01 GROW	Grow a Mo, save a Bro	The moustache is our ribbon for men's health	For the 30 days in the month formerly known as 'November'
02 MOVE	Get active for men's health	Raise funds for men's health while you do something good for your own health	Anytime, anywhere, during the month of Movember
03 HOST	Throw or go to a Movember event	Any excuse for a good time. Events are a great way to have fun and raise funds for men's health	Anytime, anywhere, during the month of Movember



Hillhurst-Sunnyside Community Association
 1320-5 Ave. NW
 Calgary, AB – T2N 0S2
 Phone: 403.283.0554 | Fax: 403.270.3130
 nicoleta.v@hsca.ca
 www.hsca.ca

CONTENTS

Events Calendar	6
Community Planning and Development Update	10-12
Public Engagement	20-21
Your Community Business of the Month	25

NEWSLETTER AD SALES

GREAT NEWS PUBLISHING  **27 YEARS**

Great News Publishing Ltd.
 403.720.0762 | 403.263.3044
 sales@great-news.ca | www.great-news.ca

Get some exposure, or show your love for Hillhurst Sunnyside: submit a photo to jessica.c@hsca.ca for your chance to see your image on an upcoming Voice Newsletter cover.

Memorial Drive Crosses - Photo by Albert Frydman (2014)



GREAT NEWS PUBLISHING HAS BEEN PROUDLY SERVING HILLHURST-SUNNYSIDE FOR 8 YEARS!



Hillhurst Sunnyside Community Association

Community Centre

1320 5 Avenue NW, Calgary, AB T2N 0S2

Phone: 403 283-0554 Fax: 403 270-3130

www.hsca.ca

BOARD OF DIRECTORS

Buki Akinlade	Interim Board Chair
Ken Uyeda	Vice Chair
Michelle Duxbury	Secretary
	Treasurer
Kerri Treherne	Chair Community Vitalization Committee & Chair Emergency Planning & Response Committee
Robert McKercher	Chair Hillhurst Sunnyside Planning Committee (HSPC)
Buki Akinlade	Member at Large
Andrew Kuzma	Member at Large
Louisa Ferrel	Member at Large
David Brindle	Member at Large
Krista Wells	Member at Large
Darren Anderson	Member at Large

STAFF LISTING

Quentin Sinclair	Executive Director Ext. 221	quentin.s@hsca.ca
Nicoleta Vulcu	Front Office/Garden/Volunteer Coordinator Ext. 232	nicoleta.v@hsca.ca
VACANT	Rentals Ext. 223	rentals@hsca.ca
Lisa Chong	Community Planning Ext. 229	lisa.c@hsca.ca
Jessica Clark	Communications Lead Ext. 226	jessica.c@hsca.ca
Phyllis Stanko	Interim Out of School Care Director OOSC	403-270-9703, phyllis.s@hsca.ca
Michelle Pierce	OOSC Program Manager	403-270-9705, michelle.p@hsca.ca
Richard Kavanagh	Facility Coordinator Ext. 230	richard.k@hsca.ca
Debbie Olson	Seniors' Services Ext. 224	debbie.o@hsca.ca
Kate Stenson	Community Food Program Supervisor Ext. 228	kate.s@hsca.ca
Sonia Woodman	Controller Ext. 222	sonia.w@hsca.ca
Hillhurst Sunnyside Daycare	Sunshine and Rainbow Rooms	403-270-9703
Bonnie Constable	Flea Market Coordinator Ext. 231 (drop in on Sundays, or leave a message - calls returned on Sundays only)	
Amanda Palmer	Neighbour Support Network Coordinator Ext. 247	amanda.p@hsca.ca

All of our staff can be reached at the extensions listed through our main reception number at 403-283-0554 Monday through Friday from 8:30 am to 4:00 pm.

2016 HSCA Memberships On Sale Now!

When you purchase an HSCA membership, you're supporting great community programming in Hillhurst Sunnyside. You're also eligible for discounts at local area businesses, and you can opt in to receive updates on what's happening in and around your neighbourhood.

To purchase online visit www.hsca.ca/about/membership or drop into the centre anytime between 8:30am-4:00pm Monday-Friday and check in with Nico at the front office.

HSCA thanks you for your continued support. We look forward to a fantastic 2016.



Hillhurst-Sunnyside Community Association 2016 Good Food Box Dates

Order **By Noon** on: Nov 10 (**Thursday**) Pick Up Date: **THURSDAY**
Nov 24

N.B. NO GOOD FOOD BOXES IN JULY, AUGUST & DECEMBER.

The Good Food Box may include:

Potatoes, onions, carrots, tomatoes, oranges, celery, bananas, cauliflower, apples, melon, cabbage, cucumber, grapes, lettuce, green peppers, etc.

- **Jumbo Box:** Includes approximately 40 pounds of produce. Cost: \$ 35.00
- **Family Box:** Includes approximately 30 pounds of produce. Cost: \$ 30.00
- **Senior/Single Box:** Includes approximately 20 pounds of produce. Cost: \$ 25.00

PAYMENT BY CASH ONLY, PLEASE & THANK YOU!

CAPOEIRA CAMARA

REGISTER FOR CAPOEIRA NOW © Week 10/16 Beginner Classes

For More Information on this Brazilian Martial Art & Other Classes visit www.camaracalgary.com or call 403.827.7917

Classes at Hillhurst Sunnyside & Richmond/Knob Hill Community Centres

→ **Learn Something New Today**
www.camaracalgary.com

Session runs Oct 5 to Nov 23 On Wednesdays at 6:30-7:30pm.

LIVERight[™]
Health Forum

EDMONTON - SATURDAY, NOVEMBER 19

**A free educational session on
liver health and liver disease**

Visit liver.ca/edmontonhealthforum today!



LIVERight[™]
Gala

CALGARY - FRIDAY, DECEMBER 9

**3rd Annual LIVERight Gala
in support of liver research**

Visit liver.ca/CalgaryGala today!



liver.ca

Canadian Liver Foundation
Fondation canadienne du foie

Bringing liver research to life
Donner vie à la recherche sur le foie

EVENTS CALENDAR

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Flea Market 7:00 am - 3:00 pm Knitting/Seniors Morning Group 9am-noon FoodFit 6-9pm Drop in Badminton 9:30 am - 12:30 pm Seniors' Drop-in 1:00pm - 3:30pm Fresh Food Basket 4-6pm Foxy Kickboxing 6:00 pm - 7:00pm Kids Karate 6-7pm, Youth Karate 6-7pm, CardioFit Karate Bootcamp 7-8pm	Jugando Spanish w/experience 3/5yo 9-10am Gentle Flow Yoga 11am-noon Kids Karate 6-7pm, Youth Karate 6-7pm Cardio Karate Bootcamp 7:00-8:00pm Drop In ESL Club 7:15-8:45pm	Intermediate Watercolour & Acrylics 9am-noon FoodFit 12:30-3:30pm Indoor Farmers Market 1st Wednesday, 3-7pm Jugando Spanish w/experience 4/6yo 4-5pm Foxy Kickboxing 6:00 pm - 7:00 pm Neighbour Support Network , 6-8pm Kids Capoeira 6:30-7:30pm	Drop in Badminton 9:30 am - 12:30 pm Chair Yoga 11am-noon Neighbour Support Network 2-4pm Little Dragons Karate 6-7pm Adult Beginner Karate 6-7pm CardioFit Karate Bootcamp 7-8pm	Beginner & Intermediate Acrylics 9am-noon Sportball 10am-noon	
--	--	---	---	---	--



UPDATE

Announcing a WEEKLY Indoor Farmers' Market!

In case you haven't heard the news, the Farmers' Market has moved inside and is continuing weekly each Wednesday from 3-7pm. From baking, to bone broth to hot meals and local veggies we've got lots on offer to keep you nourished through the winter.

Here are a few of the vendors to watch out for, but you'll have to stop in to get the full line-up!

- Country Thyme Farms (farm fresh AB veggies)
- The Apple Lady (BC fruit and veggies)
- Shirley's Greenhouse (AB grown tomatoes, peppers and cucumbers)
- Shamm's Kitchen (ready to eat Indian food)
- Nature Notes (natural body care products)
- Highwood Valley Ranch (ranch raised beef) *only attending the 1st Wednesday of the month
- Remix Baking (made from scratch pies, cookies and other goodies) *see website for schedule
- Buzzy Bee Honey (honey, candles and pollen)
- Thrive Botanicals (handmade soap)
- Entrée's Etc (vegan baking and frozen meals)
- Freeman Coffee (fair-trade whole bean coffee)

For the full vendor visit www.farmersmarket.hsca.ca

In addition to local food and goods there will be great local live music each week! Ever thought about taking the stage at the market? Here's all the info you need: Music can add a lot to the market scene. We are happy to have some of Calgary's most talented musicians perform for you during market hours, whether we're indoors or out. We're also happy to provide a venue for those just starting out - there's no need to be a professional.

If you're interested in performing at the Farmers' Market, here's what you have to do. Have a look at our online calendar (<http://farmersmarket.hsca.ca/musicians/>)

and see if there's an open time slot when you're available to play. The Farmers' Market operates indoors every Wednesday of the winter months. We ask that you choose a two-hour time slot, either 3-5pm, or 5-7pm.

U17 - We also try to host a monthly "under 17" acoustic showcase. The Farmers' Market is a very welcoming environment to get your feet wet, don't be shy - invite friends to play with you if you'd like. Performances can be 1hr or 2hrs long depending on the length of your set list, just let us know your preference.

Once you have a date in mind, contact us (HSFMBuskers@gmail.com) with some basic information and the date and time when you'd like to play. Our music coordinator will get back to you with confirmation and more information.

Please remember, musicians are not compensated by the Farmers' Market but rely on the donations of market goers.

Have questions or comments? Get in touch! farmersmarket@hsca.ca or 403-283-0554 ext 228

Drop in Badminton Mon / Thu • Pay to Play Minimum \$3.00 • 9:30 am-12:30 pm

Program Phone Numbers

Flea Market	Bonnie Constable	Ext. 231 (drop in on Sundays, or leave a message - calls returned on Sundays only)
Drop in Badminton	Nicoleta Vulcu	403-283-0554 ext 232
Drop-in ESL Club Classes		nicoleta.v@hsca.ca
Art Classes		
Foxy Kickboxing	Jessica	1-888-974-FOXY (3699)
Kids Karate	Richard Fossey	403-203-8710
Neighbour Support Network	Amanda Palmer	Ext. 247 amanda.p@hsca.ca
Jugando Spanish	Guilliana	403-835-2650 www.jugando.ca
Capoeira	Jacqueline	403-827-7917

Upcoming Events

Indoor Farmers' Market

Wednesdays 3-7pm

Neighbour Support Network

Wednesdays 6-8pm, Thursdays 2-4pm

Flea Market Sundays

7am-3pm

Calgary Abstract Art Collective Show & Sale

November 5, 11am-4pm

Hillhurst Sunnyside Planning Committee Meeting

November 8, 7-9pm

New Age Fair

November 12 & 26, 10am-4pm

Community Potluck

November 18, 6-8pm

Rocky Mountain Folk Club

November 18 Doors @ 7:30pm

Comic Fair

November 26, 10am-3pm



Get Involved in your Community! FREE Programs and Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 7:15-8:45pm Drop in ESL Club HSCA 1320 5 Ave. NW	2 12:30-3:30pm Food Fit HSCA 1320 5 Ave. NW 6:00-8:00pm Neighbour Support Network HSCA 1320 5 Ave. NW	3 6:00-7:30pm WINS Finding Beauty in Community WINS 325 10 St. NW	4
7 1:00-2:30pm Parenting Group 1000 - 411 14 St. NW 4:00-6:00pm Fresh Food Basket HSCA 1320 5 Ave. NW 6:00-9:00pm Food Fit HSCA 1320 5 Ave. NW	8 7:15-8:45pm Drop in ESL Club HSCA 1320 5 Ave. NW	9 12:30-3:30pm Food Fit HSCA 1320 5 Ave. NW 6:00-8:00pm Neighbour Support Network HSCA 1320 5 Ave. NW	10 6:00-7:30pm WINS Potluck WINS 325 10 St. NW	11 REMBEMBRANCE DAY
14 1:00-2:30pm Parenting Group 1000 - 411 14 St. NW 4:00-6:00pm Fresh Food Basket with WINS HSCA 1320 5 Ave. NW 6:00-9:00pm Food Fit HSCA 1320 5 Ave. NW	15 7:15-8:45pm Drop in ESL Club HSCA 1320 5 Ave. NW	16 12:30-3:30pm Food Fit HSCA 1320 5 Ave. NW 6:00-8:00pm Neighbour Support Network HSCA 1320 5 Ave. NW	17 6:00-7:30pm WINS Finding Beauty in Community WINS 325 10 St. NW	18 6:00-8:00pm Community Potluck HSCA 1320 5 Ave. NW
21 1:00-2:30pm Parenting Group 1000 - 411 14 St. NW 4:00-6:00pm Fresh Food Basket HSCA 1320 5 Ave. NW 6:00-9:00pm Food Fit HSCA 1320 5 Ave. NW	22 7:15-8:45pm Drop in ESL Club HSCA 1320 5 Ave. NW	23 12:30-3:30pm Food Fit HSCA 1320 5 Ave. NW 6:00-8:00pm Neighbour Support Network – Guest talk on Family Law HSCA 1320 5 Ave. NW	24 6:00-7:30pm WINS Bingo Night WINS 325 10 St. NW	25
28 1:00-2:30pm Parenting Group 1000 - 411 14 St. NW 4:00-6:00pm Fresh Food Basket HSCA 1320 5 Ave. NW 6:00-9:00pm Food Fit HSCA 1320 5 Ave. NW	29 7:00-8:00pm Guest Talk: Wills & Estates HSCA 1320 5 Ave. NW 7:15-8:45pm Drop in ESL Club HSCA 1320 5 Ave. NW	30 12:30-3:30pm Food Fit HSCA 1320 5 Ave. NW 6:00-8:00pm Neighbour Support Network HSCA 1320 5 Ave. NW		

NSN UPDATES

Community Potluck

Friday, November 18 from 6:00 p.m. to 8:00 p.m. at HSCA (1320 5 Ave. NW)

All are welcome! Bring something without nuts to share if you can.

For more information, call Amanda at 403-283-0554 ext. 247 or send an email to Amanda.P@hsc.ca.

Drop in ESL Club

Tuesdays, 7:15 p.m. to 8:45 p.m. at HSCA (1320 5 Ave. NW)

Join us in an informal setting and learn to improve vocabulary, pronunciation and idiom use; organize thought and express an idea effectively; discuss current events, community and other relevant topics; and appreciation Canadian history, literature and music.

Tutoring for IELTS and TOEFL exams is also available (no charge!).

For further information, contact Nico at 403-283-0554 ext. 232.

Food Fit

Mondays, 6:00 p.m. to 9:00 p.m. & Wednesdays 12:30 p.m. to 3:30 p.m. at HSCA (1320 5 Ave. NW)

Participants build cooking skills, learn new recipes, share healthy meals with new friends, and participate in a thirty minute physical activity each week over the 12 week program! Our Fall program is currently underway, but contact Jenae at foodfit@hsc.ca or 403-283-0554 ext. 228 about future opportunities.

Fresh Food Basket

Mondays, 4:00 p.m. to 6:00 p.m. at HSCA (1320 5 Ave. NW)

Are you facing financial barriers to accessing good, fresh food? Drop by and pick up a small bag of produce! Please bring your own bag! For more information, contact Amanda at 403-283-0554 ext. 247 or atamanda.p@hsc.ca.

Guest Talk: Wills & Estates

Tuesday, November 29, 7:00 p.m. to 8:00 p.m. at HSCA (1320 5 Ave. NW)

Join Ellis Legal Group for a FREE presentation on Wills & Estates, including an overview of why they are important, and the three main types you can get. Light refreshments will be provided.

Neighbour Support Network

Wednesdays, 6:00 p.m. to 8:00 p.m. at HSCA (1320 5 Ave. NW)

Join us for dinner & conversations here at HSCA! Come

make new friends and have a free weekly evening of fun. Children of all ages welcome!

For more information call Amanda at 403-283-0554 ext. 247 or email Amanda.P@hsc.ca.

Parenting Group

Mondays from 1:00 p.m. to 2:30 p.m. at 14 St. WINS (10th floor, 411 14 St. NW)

If you are interested in learning about Ages & Stages, Positive Discipline, Safety, and Building Self Esteem in our Children, join this weekly group! Sign up with Michelle at the 14th St. WINS location, or call 403-269-4670.

WINS Thursday Evening Programming (Finding Beauty in Community, Potluck, Bingo)

Thursdays from 6:00 p.m. to 7:30 p.m. at 10th St. WINS (325 10 St. NW)

The Women in Need Society's Family Resource Centre on 10th St. is hosting evening programming on Thursdays. Twice a month will be an arts-based evening program called Finding Beauty in Community, with a Potluck and Bingo happening the other weeks. Contact Michelle for more information at 403-270-7283.

In Need of Support? Drop by your local Women in Need Society's Family Resource Centre!

Located at 325 10 St. NW and 10th floor, 411 14 St. NW
Client Goal Management: Is there something you want to do, and don't know how? Come in to the WINS office to talk to someone who wants to help you reach your goals...

WINS can also help you find resources in the community that you can use, can help you access some agencies, and provide some referrals.

Receive support at the 14 St. location on Mondays and Wednesdays. Call 403-269-4670 for more information.

Receive support at the 10 St. location on Tuesdays and Thursdays. Call 403-270-7283 for more information.

We need your grocery bags! Our supplies for Fresh Food Basket are running low – if you have extra grocery bags lying around the house, please consider dropping them off for us!

Upcoming Events

In addition to the November Community Potluck, can you also include:

Guest Talk: Wills & Estates

November 29, 7pm-8pm

COMMUNITY PLANNING & DEVELOPMENT UPDATE

Join the Conversation

The Hillhurst Sunnyside Planning Committee (“HSPC”) is a volunteer group that reviews and provides its perspective to the City, developers and decision-makers at Calgary City Council on many of the planning and development projects in the community. This includes feedback on the larger mixed-use condo buildings on the main streets to the newly built single- or multi-family homes scattered throughout our neighbourhood. New developments are reviewed against planning policy in the **Hillhurst Sunnyside Area Redevelopment Plan** (or “ARP”) (online at www.calgary.ca). Plans are publicly available at the front desk here at the HSCA.

HSPC meetings are scheduled for the second Tuesday of every month. The next meeting will take place on November 8 from 7-9pm. Meetings are open to all residents, whether you are a new/existing resident, or if you rent or own your home. **Please come by if you are interested in learning about what’s going on, or if you would like to lend a hand.**

Don’t have time? Residents can get engaged online! Bookmark <https://hsca-community-planning.mightybell.com> to join or read updates about the various projects that are being planned or are currently under construction in our neighbourhood. Postings include updates from the City’s public realm improvements, opportunities to

provide your feedback to the City on major infrastructure projects, and current volunteer opportunities on how to get involved in other exciting development initiatives.

Meeting agendas and past meeting minutes are posted online at www.hsca.ca/meetings.

1146 Memorial Drive Condo Development (Anthem Properties)

Calgary Planning Commission has approved the Development Permit for this project on September 8, 2016. The new building will have a height of 16 metres, at 5 storeys high and will have setbacks from the street, sides, and a larger space facing the alley. It is a medium-density mid-rise building that is separated into two wings and contains 93 dwelling units. Parking will be provided underground accessed through the alley with some visitor parking at-grade. The building incorporates traditional building materials such as red brick and a lighter cladding on the recessed top storey.

The new building will replace 13 single-family houses from 1134-1160 Memorial Drive NW just west of the Kensington Riverside Inn. The planning and eventual development of the site was a product of several years in the making. Here is an excerpt from our March 2015 update to the community when the site was rezoned and an amendment was made to the ARP.

How was the community involved?

The City and the applicant recognized the importance of carrying out community consultation before this application or the ARP amendment was submitted to the City. In February 2013, a Multi-Stakeholder Task Force (MSTF) was put together to serve as a forum for consultation and included representation from key stakeholders: community residents, the HSCA, the City, area business owners, the Kensington Business Revitalization Zone (BRZ), and the applicant. This MSTF looked at options that could be of most benefit to the community in pursuing changes to the site. Ongoing discussions were held until January 2015.

What benefits were put forward?

The loss of the 13 houses to redevelopment was expected regardless of the zoning for the properties. For this reason, and due to limited action on heritage since the approval of the ARP, heritage conservation became an important topic during the MSTF sessions. Parties related to the applicant own two heritage commercial buildings on Kensington Road that are not part of the development site. Working with the City and community stakeholders, the applicant has committed to a process to designate these buildings as municipal heritage buildings. The applicant is also contributing to a fund in support of public improvements in our community.

Due to the loss of the 13 character homes as a result of redevelopment, City Administration and the applicant have come up with potential methods to commemorate the 13 homes:

- The building’s ground floor unit entries are articulated in a manner that reinforces the rhythm of the existing entries of the character homes;
- The walkways along Memorial Drive NW’s public boulevard that currently lead to the entrances for each individual character home, will be preserved as a memorial. Only walkways that require rehabilitation will be reviewed for upgrade to cast-in-place concrete with details offering a historical reference to the existing homes;
- The Applicant has met with ‘Wreck City’: a Calgary-based curatorial collective with a focus on pre-demolition based projects, to explore the possible potential for these 13 character homes pre-demolition; and

- Finally, the Applicant will also work with local salvage companies to promote the reuse of materials from the existing homes.

Read the City’s full report online at: http://www.calgary.ca/PDA/pd/Documents/calgary_planning_commission/agenda/2016/agenda-calgary-planning-commission-september-08.pdf under Item 5.01.

A timeline for construction is not yet known; we are aware that construction will take place from the shared commercial/residential alley. Are you a resident in the area or would like to share your thoughts about this development? Send us your stories at lisa.c@hsca.ca.

CBC Site at 1724 Westmount Boulevard NW

As of September 12, the building that housed the Canadian Broadcasting Company has been listed on sale. A potential buyer has not yet been identified. The current zoning is listed as Direct Control, 87D2011 and allows for the current use of Radio and Television Studio and Office and as R-C2 (single- and semi-detached houses). This is a sizable and potential redevelopment site in our community at 0.98 hectares. Any change to the current use, such as a new or higher density residential, commercial, institutional (or mixed-use) building would require significant public engagement and a Land Use Redesignation (rezoning). A Development Permit application is required for any new building on the site and comes after the rezoning.

This is an opportunity for the community to be proactive and to communicate its desires for the possible future redevelopment of the site. If you would like to get involved, or would like to get on the e-mail list for updates on this potential redevelopment, please send us an email at lisa.c@hsca.ca, or join us at <https://hsca-community-planning.mightybell.com>.



~cont'd next pg~



COMMUNITY PLANNING & DEVELOPMENT UPDATE...cont'd

Questions or Concerns

Questions, concerns or complaints regarding construction or anything City-related should be directed to the City of Calgary by calling 311. Calls are directed to the appropriate party or City department for action. You may have also seen the orange posters posted on construction sites with contact information for the builder. Remember that you can always reach out to your new neighbour(s). If the concern is parking related, the owner of the property must call Calgary Parking Authority at 403-537-7000.

Contact the HSPC c/o Lisa Chong, Community Planning Coordinator at lisa.c@hsca.ca or call 403-283-0554 ext. 229.

Learn More or Get Involved

- In-person at the monthly HSPC meetings on the second Tuesday of the month from 7-9pm at the HSCA.
- Join or catch up on community planning news, including volunteer opportunities and chances to get involved in the City's planning and development process at <https://hsca-community-planning.mightybell.com>.
- Follow the HSCA on social media at facebook.com/hillhurstsunside and twitter.com/hillhurstsunny.
- Sign up for the HSCA's monthly e-newsletter at www.hsca.ca.



West Hillhurst Community Preschool

The children of West Hillhurst Community Preschool are having such fun these first couple of months of the school year! They have been enjoying music, crafts, dancing, soccer with Coach Steve, learning the alphabet and playtime with their new friends.

Their weekly music lessons are now underway and the kids are loving it! The kids had such fun celebrating the holidays that fall has to offer. Halloween and Thanksgiving presented the exciting experiences and traditions of costumes, pumpkins, trick or treating and festive parties. The crafts and stories introduced by our teachers help bring home concepts integral to early learning such as letters, numbers and shapes. Just as important is play which is experienced in so many ways inside the classroom, at the park and during soccer in the gym!

We are located in the West Hillhurst Community Centre. Information and registration details can be found at www.westhillhurstpreschool.com

Gentle Flow Yoga

For those wanting a nice gentle practice. Beginners are welcome.

Every Tuesday at 11:00am.

Please bring a yoga mat. \$5.00 drop-in fee.

Chair Yoga

An easy approach to yoga, which is slow and steady and will help improve strength, motion and flexibility. It's perfect for those who are new to yoga or have physical limitations and just want to have a less demanding and more calming practice.

Every Thursday 11am – 11:50am.

(If you're new to either of these classes, please call (587) 215-0386 to check if classes are on.)

IN & AROUND SCHOOLS

Hillhurst School

Nihi juna. We are all relations.

As citizens of Canada, we are part of the larger commitment towards Truth and Reconciliation with all of Canada's Indigenous people. As citizens of Calgary, we are part of the commitment to bridge the gap in our understanding of and connection with our neighbouring Indigenous communities. And as a community of students, staff and parents at Hillhurst School, we are part of a beginning relationship with students, staff and parents from Tsuu T'ina Nation, to enter the space between our two cultures, to share and understand our unique values, stories, perceptions and needs. Ultimately, we will learn that despite our differences, **we are all relations.**

This year, our four Grade Five/Six classes will be our leaders towards this shift in thinking. They have begun a learning and cultural exchange with students at **Tsuu T'ina Middle School**. Four times this year our students will visit the Tsuu T'ina school and community, to participate in their learning, events and cultural practices, and four times they will host these same students at Hillhurst School. A shift in societal thinking most often stems from acts of understanding on a very personal and local level. We are very honoured to be part of this initiative.

We would like to welcome our new **Artist in Residence** for 2016-2017, Laura Hill. Laura has a background in many disciplines, including sculpture and painting. The aim of her residency is both to challenge and inspire our students on an individual and collective basis, and also to glean ideas and inspiration for her own artistic endeavours. She will also act as an on-site resource to teachers, so that art can be integrated into topics of study throughout the year.

We are extremely proud that our **Grandparent Reading** program will continue this year, which brings a devoted and enthusiastic group of seniors into our school to share their love of

learning with our students, through reading, games and activities. The program runs each **Wednesday from 9:00 to 12:00**, with snacks and good conversation provided. Please contact Hillhurst School at (403) 777-6360 if you are a senior interested in becoming a grandparent reader. You need not have a grandchild in the school to take part in this tremendously rewarding community program.

Hillhurst School's major fundraiser each year is our **Cheque Writing Campaign**, whereby families, community members and local businesses make a one-time financial donation to our school to fund important school programs such as arts integration (including our Artist in Residence), classroom technology, field studies, and our new Learning Commons and Maker Space. We encourage any interested businesses or community members to support us in this critical fundraiser (tax receipts will be issued). For more information please contact Hillhurst School at (403) 777-6360.



Struggling to access good food?

Grab a bag and drop by HSCA's

Fresh Food Basket

to pick up a few servings of fresh fruits and vegetables!

MONDAYS

4:00 p.m. and 6:00 p.m.

Hillhurst Sunnyside Community Centre

1320 5 Ave. NW

This program is intended for anyone in Hillhurst Sunnyside who is facing financial barriers to accessing food. No proof of income is required. Contact Amanda Palmer at amanda.p@hsca.ca or 403-283-0554 ext. 247



Hillhurst Sunnyside Community Association

SENIOR SYNERGY

SENIOR SYNERGY

Anything special you would like to know about or see in this part of the Voice? Give Debbie a call. I would love to use your ideas and suggestions.

Check out the community website for past and upcoming information for and about seniors.

CARYA (Formerly Calgary Family Services)

Outreach workers are available to provide support to individuals 65 years and older. If you have questions or concerns about finances, home support services, grief, transportation, housing, supportive counseling, caregiver support etc. or would like more information, connect with Central Intake (The Way In) by calling 403 - 736 - 4677 (403 SENIORS). Alternately call me and I will talk more with you about the support the Outreach Team may be able to provide you with.

WE'VE GOT YOUR MONDAYS COVERED:

Seniors Monday Morning Group

Come meet the seniors on Monday mornings from 9:00 to 12:00 for knitting, crocheting, conversation coffee or learning. Everyone is welcome. Come for a visit, see what they are working on, and **check out the projects they have for sale**, join them for coffee or learn how to knit or crochet with help from the ladies. They love to have people come for a visit and check out what they do. So come by one Monday morning if you are looking for a new activity or just want to visit, join the group in the Hearth. See you on Mondays.

The seniors are looking for yarn donations. If you have some extra yarn that you would like to find a good home, bringing it by the centre and I will be sure they receive the yarn.

Seniors Monday Afternoon Group

This group meets each Monday from about 1 p.m. to 3:30 p.m. for cards, refreshments and socializing. This free and informal drop-in group welcomes interested seniors to come out and meet with others for some socialization.

Community Assistance For Seniors

This program is committed to providing supports to seniors in HSCA and 11 other communities to help seniors remain in their homes for as long as possible or as long as they choose.

Currently the program's main supports are housekeeping, snow removal and yard work. More information is available on the website or you can call Debbie at 403 - 283 - 0554 ext 224 to learn more about these programs.

DID YOU KNOW?

Flu Clinics:

The 2016/17 Influenza Immunization Program started on Oct. 24, 2016. Locations for the clinics are the same as previous years:

• Brentwood Village Mall

3630 Brentwood Road NW

Calgary, AB - Beside Safeway

Monday to Friday from 11:00 - 6:45 and Saturday from 9:30 - 5:15

• Northgate

A154, 495 36 Street NE

Calgary, AB - Located on main level, beneath weight watchers sign

Monday to Friday from 11:00 - 6:45 and Saturday from 9:30 - 5:15

• Richmond Road Diagnostic Treatment Centre

1820 Richmond Road SW

Calgary, AB - Old Children's Hospital Site - the clinic is located on the main floor room # 1076.

Monday to Friday from 11:00 - 6:45 and Saturday from 9:30 - 5:15

• South Calgary Health Centre

31 Sunpark Plaza SE

Calgary, AB - Take the elevator to the third floor

Monday to Friday from 11:00 - 6:45 and Saturday from 9:30 - 5:15

Check out the website for any changes that may occur: <http://www.albertahealthservices.ca/influenza.asp>

Times are generally from 11:00 am until 6:45 during the week and from 9:30 am to 5:15 on Saturdays

The vaccine is offered free of charge to all Albertans six months of age and older. You may also be able to access the flu shot at some pharmacies and doctor's offices.

Remember 3 simple steps to help prevent the spread of the flu virus and other bugs like the cold:

Cover your cough: Use a tissue when coughing or sneezing. If you don't have a tissue handy then cough or sneeze into your arm, not your hands.

SENIOR SYNERGY CONT'D



Clean your hands: Use soap and warm water to wash your hands thoroughly and often, especially after coughing, sneezing, using tissues or the washroom and before preparing food or eating. You can use an alcohol-based hand rub or sanitizer. Keep your hands and fingers away from your eyes, nose and mouth

Stay home when sick: If you are feeling unwell, have a fever, cough, headache or extreme tiredness the recommendation is that you stay home from work, school, daycare or any social function. Also, don't visit family, friends or loved ones in the hospital, a care facility or a lodge until you are over your illness. Even visiting an older parent or grandparent in their home when you are not well could impact their health. Be mindful and help to stop the virus or illness from spreading.

If you have any questions regarding information above, other seniors' services or need to find out who to contact to help a senior, whether in our community or somewhere else, call Debbie (403.283.0554 ext 224) and I will do my best to help point you in the right direction. Just give me a call.

Also check out our website www.hsc.ca and click on the seniors tab. I try to put new material and information onto the site for seniors and caregivers every couple of months.



Fall 2016 Out of School Care Registration

HSCA Out of School Care program now accepting registrations for the fall.

Our school year program is based around the calendar of Hillhurst Elementary School — and children attending there receive spot priority. We offer care for children enrolled in the am kindergarten program up to age 12.

Fees and outlines for both programs can be found on our website at www.hillhurstsunsidechildcare.com. Come join in on the fun!

Our Full Day programs are available on PD days, specific days during the Winter/Christmas Break, and March/Spring Break. Specific dates will be announced shortly.

We are closed for all statutory holidays: Labour Day, Thanksgiving, Remembrance Day, Christmas, Boxing Day, New Years, Family Day, Good Friday, Easter Monday, Victoria Day, Canada Day, and Heritage Day, as well as several days during the Christmas break — this closure will be announced shortly.

PD Days Coming Soon: Friday November 25, Friday December 3.



403.244.6944

www.residential-leasing.com



"Calgary's Preferred Property Management Specialist & Corporate Relocation Service"

EXECUTIVE HOMES AND CONDOS WANTED FOR CORPORATE RENTALS IN YOUR COMMUNITY

We are looking for new or updated Homes or Condos in your neighbourhood.

Contact us today to receive a free rental evaluation.

Residential Leasing Group Inc.
Brad Currie, Broker/President

Five ways to build a legacy

The Water for Riley (W4R) organizing committee is restructuring for W4R's last stages of activity. Here are five exciting volunteer contributions you can make to this legacy project:



1. Special Events Coordinator: short term organizing a function at ACAD, long term organizing celebrations leading to conclusion of project, coordinating with Fundraising Committee.

- Duties for this position include:
- Logistics and plan the event to announce the winner of the drinking fountain design challenge (October, 2016)
 - Logistics and plan the event unveiling the finished product (summer 2017 ideally)
 - Recruit volunteer support
 - Work with Project Manager to create guest list and set tone for the events
 - Write blog posts leading up to events and follow up posts detailing the experiences had/felt/enjoyed
 - Work with Project Manager, Fundraising volunteers, PR/Marketing volunteers to set budget and ensure continuity of the W4R brand

2. PR/Marketing-Communications: short term planning how to get W4R better known in the community and City-wide, long term build the brand

Duties for this position include:

- Craft marketing & communication strategy for the next phase of Water for Riley focusing on engaging businesses as sponsors –individual donors and community organizations to support the fundraising activities

- Recruit and engage individuals to activate the PR/Marketing-Communications strategy
- Update blog post as aligned with Marketing-Communications strategy and/or work with Project Manager to help with blog posts

3. Social Media: short term coordination of various SM platforms for consistent branding, long term operation of those SM

Duties for this position include:

- Assist the Marketing-Communications volunteer with developing the strategy (if skills are relevant)
- Execute the SM strategy developed with the Marketing-Communications volunteer
- Recruit others to help with social media
- Seek and execute opportunities to post and tweet about W4R

4. Fundraising: short term goal to organize a committee, long term goal to bridge the gap between money already raised and cost of the drinking fountain

Duties for this position include:

- Recruit and build an engaged, high functioning fundraising committee
- Use the straw outline of the fundraising concepts to develop a comprehensive plan targeting three groups:

Community leagues, organizations, and informal groups that use Riley Park

Corporate:

- Develop a corporate sponsorship pitch for names on plaque dedication on the fountain
- Develop a corporate sponsorship package for the Kensington/Hillhurst/Sunnyside business community (lesser donation than a named sponsor)
- Individuals, both users and non-users of Riley Park
- Hyper-localized
- Broader
- City-wide
- Implement the plan with financial goals to hit \$70K
- Work with Special Events volunteers, Marketing/Communications volunteers and Project Manager to ensure continuity of messaging and W4R brand
- Write a blog post monthly sharing the updates on fundraising and other relevant information

Donors: W4R is a citizen driven sub-committee of the Hillhurst Sunnyside Community Association. All donations of \$10.00 and greater get tax receipts from The Parks Foundation.

You can be involved with the drinking fountain for Riley Park. Call 403 862 1923 to volunteer, with questions or for more information.

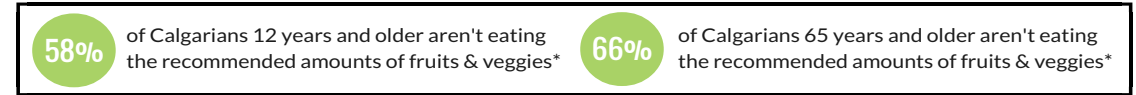


Hillhurst Sunnyside's Fresh Food Basket

HSCA is taking a dignified approach to emergency food provision!

Fresh Food Basket is a drop-in market-style initiative held each week at HSCA to support residents who self-identify as having difficulties accessing fresh food.

At HSCA we believe all people should have access to good food and this includes fresh fruits and vegetables. Unfortunately, not all people in the community can afford to purchase what they need for a healthy life, which is why we developed Fresh Food Basket.



*(Calgary Foundation, Vital Signs 2015)

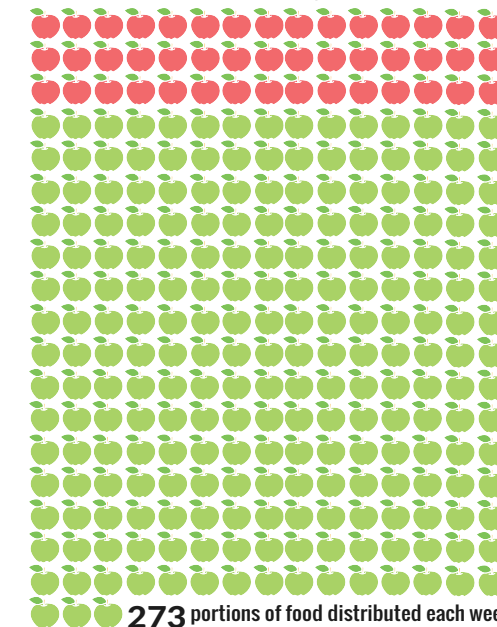


For the 13 weeks in April-June 2016, we saw on average per week:



53 households (15 singles 38 families)

That amounts to an average of:



273 portions of food distributed each week!

Between January - August 2016:



What participants tell us about Fresh Food Basket:

"Supportive of families."

"I'm grateful. It helps a lot."

"This is the best food program in Calgary."

"If I wake up hungry in the night now, I go and eat lettuce instead of chips."

Non-Judgmental Quality
Healthy Trying new foods **Friendly**
Fresh Helpful **Variety**

If you would like to contribute to Fresh Food Basket please visit <https://www.canadahelps.org/dn/8205> or contact Kate at kate.s@hsc.ca or 403-283-0554 ext 228. In addition to financial donations, we welcome grocery store gift cards. If you are interested in making a donation of food, please contact us to discuss your idea.

Update as Water for Riley concludes phase 2

Water for Riley made tremendous progress in the past few months. Among other news:

The jury has selected one design

Phase 1, over the past year, garnered 21 drinking fountain designs. In phase 2, the jury shortlisted three designs that went for technical review. The jury met and decided unanimously on one design. Phase 2 concludes in November, when the jury's selection of the final design is announced. W4R thanks the anonymous five jurors for diligent volunteer service, and their superb Chair, Sally Truss.

The Calgary Foundation has awarded W4R a Stepping Stone Grant

W4R is so grateful to receive a Stepping Stone grant for the celebration at which the winning design will be announced. A volunteer planning committee is organizing a gathering soon to be held on ACAD's campus. Everyone will be invited, so stay tuned for the details of this public event. Thank you to The Calgary Foundation, wonderful volunteers and ACAD, among others.

The Parks Foundation Calgary is W4R's new fiscal agent

Place2Give has been a creative, wise partner from the beginning of the project. As fiscal agent, Place2Give CEO, Gena Rotstein, gave W4R excellent advice. Place2Give's advisory relationship with W4R will continue. Thank you to the Parks Foundation, which is now accepting donations on W4R's behalf.

The Parks Foundation joins W4R's other generous collaborating partners.

Phase 3 will soon be underway

Phase 3 is to build this winning design. Phase 4 will be the installation and grand unveiling celebration of this beautiful, functional, artistic drinking fountain.

Phase 3 depends on successful fundraising to pay for the construction. If you are able to volunteer to help with one of the upcoming fundraising events, please call 403 862 1923. Let's discuss which of these volunteer committees' activities is right for you.

To donate, go to the Parks Foundation site, <http://www.parksfdn.com>. Once at that site, under the Projects link, please indicate your donation is for Water for Riley Park.

JOB SEEKERS NETWORK

Are you interested in a Job Seekers Network?

HSCA is looking into the possibility of starting up a Job Seekers Network, and would like to get your feedback!

Are you someone who has been recently laid off, or facing long-term unemployment? Are you looking to relaunch your career, or thinking of a career change?

If you answered yes to any of these questions, would you be interested in participating in a group that meets for 90 minutes a week for 8-12 weeks?

Together, you would learn things like effective job search techniques, how to develop a personal brand, and how to make an action plan.

If this is something that you would be interested in participating in Winter 2017, please get in touch with us before December 1, 2016. We are currently trying to assess interest and affordability, as there would be a fee associated with participating. You can let us know by emailing Amanda.P@hsca.ca or calling 403-283-0554 ext. 247.

Looking for direction in today's market? Let's talk.



Whittier D Skaug

Financial Advisor

403-220-1675

1423 Kensington Rd. N.W.

whittier.skaug@edwardjones.com

www.edwardjones.com
Member - Canadian Investor Protection Fund

Edward Jones
MAKING SENSE OF INVESTING



This is our 3rd **Kensington Wine Market Whisky Advent Calendar** designed and produced by the team at KWM!

It includes a Glencairn Whisky Glass, 24 50ml premium whiskies and as a special treat for Christmas Day a 100ml Scotch Malt Whisky Society Bottle.

More than 60% sold!



Kensingtonwinemarket.com



It's our 25th Anniversary & we're celebrating in style

3 GREAT NEW PRODUCTS • 2 VERY SPECIAL EVENTS



COME CELEBRATE WITH US!

TUE NOV 29 \$25

Glenfarclas 25 Year Cask Strength Launch

Glenfarclas is bottling a special cask strength version of their 25 year old. Raise a glass with us!
GLENFARCLAS 25 YEAR CASK \$99



THU DEC 1 \$25 STAND-UP FORMAT

KWM Anniversary Port Launch

The grand launch of KWM 1992 Vintage Port and 20 Year Tawny Port, blended and bottled just for us. Join us for an early bird tasting party!
KWM 1992 VINTAGE PORT \$99, 20 YEAR OLD TAWNY PORT \$99



1992 **25** years 2017

THANK YOU CALGARY!

1257 Kensington Road NW

kensingtonwinemarket.com

403 283 8000

Flood Mitigation : Action Requested by EPARC - Infrastructure Group

Throughout the month of October residents were encouraged to attend various pop-up displays, workshops & public information sessions. The Infrastructure Group of the Emergency Preparedness and Response Committee (EPARC) of the Hillhurst Sunnyside Community Association (HSCA) has agreed that strong community participation was desirable at these City of Calgary public engagement sessions for flood mitigation. If you were unable to attend any of the “in person” events above **you can provide your feedback online until November 8, 2016. Go to: <http://engage.calgary.ca/flood>**

Below for your information are the positions taken by the Infrastructure Group on both the “Berms and Dams” and “Pumps and Pipes” aspects of Hillhurst Sunnyside Flood Mitigation.

Berms and Dams

1. Protecting Sunnyside is cheaper than buying out properties and converting to parkland
 - Must buy out all properties or no properties for a given community (Sunnyside)
 - Buy-outs are the only option if the community cannot be made safe
 - Sunnyside assessed total market value (2016): \$929M
 - Plus City facilities, plus demolition, plus park development
2. Establish an appropriate flood protection standard of 1:350 instead of the inadequate 1:100. Some climate change has happened and it is important for our infrastructure to be adapted to the new reality of increasingly frequent extreme events.
 - Use survey of flood protection standards elsewhere as guidance
 - Note that 1:1,250 used for critical infrastructure in Netherlands
 - Consider combined effect of upstream mitigation and local barriers
 - Move Sunnyside into a low-medium risk category, so flood insurance becomes affordable
3. Design with reasonably foreseeable storms in the Bow basin, not storms centred on the Elbow or south.
4. Increase the Sunnyside berm height and add a groundwater barrier to protect the community

now while waiting decades for upstream mitigation. The Sunnyside berm improvements are justified by estimated annual avoided flood costs. Protection for Sunnyside must match the protection provided to the expensive condos downtown and must compensate for the ill-advised reinforcement of the Prince’s Island Park Causeway.

- Compensate for provincially funded Prince’s Island Park Causeway reinforcement
 - Further increase as required to balance any short-fall or delay in upstream mitigation
 - Address ground water contribution – install below grade barriers as required
 - An improved berm for Hillhurst Sunnyside has strong triple bottom line benefits
 - Consider berms for all river communities and build where economic while waiting for upstream dams.
 - Average annual avoided flood costs of \$12M/y for Sunnyside provides strong incentive to build now.
 - Berms must protect to the same standard on both sides of the river (eg. if expensive downtown condos will be protected to 1:200 then the mixed Sunnyside neighbourhood across the river must be 1:200).
 - Remove obstructions to flow in the river channel
 - Eliminate rock bars before vegetation makes them barriers
6. Implement all practical Bow River upstream mitigation options. Build at least one new dam upstream of Calgary, but recognize that construction is likely decades in the future – economically sensible in-city barriers can be built quickly to complement. Implement permanent management improvements at TransAlta’s reservoirs while enabling rapid lowering of Ghost reservoir to balance flood, drought and recreational purposes.
 - Expedite Bow Valley Working Group process and implement recommendations
 - Support at least one new dam upstream of Calgary, but recognize that construction is likely decades in the future – economically sensible in-city barriers can be built quickly to complement.
 - Implement permanent management improvements at TransAlta’s reservoirs
 - Enable rapid lowering of Ghost reservoir to balance flood, drought and recreational purposes
 7. Build reliable, resilient flood mitigation – do not depend on ineffective bylaw/code changes – instead

build reliable, resilient flood mitigation. Non-structural measures must respect the character of existing communities and must be effective for all existing structures. Note that the City recently relaxed rules for basement secondary suites.

- Building codes should reflect existing community and upstream flood protection
 - Non-structural measures must respect the character of existing communities and must be effective for all existing structures.
 - Note that it is City policy to increase density in inner city neighbourhoods, one example being the recently relaxed rules for basement secondary suites.
8. Infrastructure must protect against reasonably foreseeable future floods, with affordable flood insurance to cover residual risk. One measure of the adequacy of community flood mitigation is that flood insurance is available and affordable.
 - One measure of the adequacy of community flood mitigation is that flood insurance is available and affordable.

Pumps and Pipes

9. Much of Sunnyside flooding is caused by water piped in from the upper plateau (Banff Trail etc)
10. The Hillhurst Sunnyside Community supports a rainfall design basis of 1:5 with river gates closed, down from the 1:50 usual standard for established communities and the 1:100 standard for new communities.
 - The 1:5 standard is a balance of protection and cost, considering the type of weather systems likely when the river gates must be closed.
11. Implement Upper Plateau Storm Drainage Separation Project to keep large volumes of rain water off Sunnyside streets when the river is high.
 - Enables proper handling of upper plateau rainfall, without damaging Sunnyside.
 - “Shovel ready” project with initial engineering study estimate of \$37M
 - Identified as a “Potential Future ACRP Eligible Project”, but the value is more than ACRP is intended to support. This could be a good project for Federal Green Infrastructure funding.
 - One way or another we need to find a way to fund and move this project forward ASAP.
12. Fully implement Hillhurst-Sunnyside Storm Water Pump Station Project to lift water over the berm

Join us for our monthly
COMMUNITY POTLUCK!
Friday, November 18
6:00 p.m. to 8:00 p.m.
Hillhurst Sunnyside Community Association
1320 5 Ave. NW

Activities for kids | Bring a dish if you can! | NUTS

Contact Amanda at amanda.p@hcsa.ca or 403-263-0554 ext. 247 for details.

HSCA
Hillhurst Sunnyside Community Association

- when the river is high and the outfall gates are closed.
 - Consistent with designs for new communities – but no room in Sunnyside for storage basins
 - The four storm water pump stations are required at river levels of only 1:20 or below – these are “no regrets” projects regardless of any upstream mitigation.
 - These projects are “shovel ready” with an initial engineering study estimate of \$40M total
13. Support rebuilding of the Sunnyside Pump Station #2 (which is already ongoing)
 14. Support Sunnyside Pump Station #1 on the 2016 City of Calgary Alberta Community Resilience Program (ACRP) priority list (already on the list).
 15. Build Hillhurst Pump Stations #3 & #4 – they are identified as “Potential Future ACRP Eligible Projects” or could be good projects for Federal Green Infrastructure funding.
 - Need to find funding to move these projects forward ASAP
 16. Support rebuilding the Sunnyside Sanitary Lift Station (which is already ongoing).

Rocky Mountain Folk Club

The Rocky Mountain Folk Club has two shows coming up, on Friday Nov 18 and on Friday Dec 2. On Nov 18, featured performer is the outstanding local blues and roots musician Tim Williams, with "The Jones Effect" as opening act. On Dec 2 it's the Over The Moon Acoustic Duo featuring Suzanne Levesque (of The Traveling Mabels) and Craig Bignell, with Horizon Ridge, one of our regular "house bands", opening.

Doors open at 7.30pm at the Hillhurst-Sunnyside Community Association, 1320 5th Ave NW, and the music starts at 8pm. Tickets are available at the door for \$20. Website is <http://rockyfolkclub.tripod.com>. Call 403-283-4525 for more information or to request tickets to be held. More information on the performers follows below

Tim Williams (Nov 18) is a blues-based singer / songwriter / multi - instrumentalist and a 40 year veteran of the 'Roots' music scene in North America, roots which stretch back to the coffee-house scene of his native California in the mid 60's. Having settled in Canada in 1970, Tim is in constant demand, playing in Folk / Blues / Jazz festivals and concert halls and clubs all across Canada. Inspired by the Hillbilly and Western Swing music he heard as a child, Tim absorbed late Fifties Rhythm & Blues and Rock & Roll, Hawaiian and Mexican music, early Sixties Folk and Bluegrass "like a sponge" before discovering a passion for traditional blues styles - fueled by seeing many first generation blues musicians live during the "Blues Boom" of the mid and late Sixties. "Imagine, if you can, a front porch where Robert Johnson, Hank Williams, Hula Hattie, Flaco Jimenez and Bob Marley meet often and discover just how much they have in common. Tim's music would fit right in."

"The Jones Effect" (opening on Nov 18) take their name from the inimitable Graham Jones, ex of Calgary's Wild Colonial Boys, who introduced Willow Brocke and Hal Curties and inspired their long standing song writing partnership. Recently, a strong hankering to perform together has created the The Jones Effect. With a flavorful base of acoustic folk, spiced with dashes of jazz,

country and blues, their sound features a rich mixture of the lush vocal harmonies of Willow and her daughter, Sophie Marlow, generously mixed with Hal Curties on guitar and vocals, Matthew Root on bass and Wes Campbell on percussion.

Over The Moon (Dec 2) is a relatively new group on the Canadian acoustic scene, but Suzanne and Craig were experienced musicians in a variety of settings - from Suzanne's membership in local favourites The Travelling Mabels to Craig's role as percussionist for Susan Aglukark - before meeting up and forming a partnership (in both music and life). Horizon Ridge return as opening act for their second appearance of the season.

MOUNT PLEASANT PLAYGROUP



We are a volunteer-run parent program offering a low cost parent - tot playtime in a fun and child friendly environment!

Join us and meet new people in a relaxed non-structured environment. We have a child friendly designated area with lots of new toys, an indoor play structure and a snack/craft area. Kids can play, make crafts, paint, use play dough or have a snack while parents relax and chat with neighbours.

During the year we hold a number of parties and events, which are all run by our parent volunteers. Face painting, bouncy castles, crafts and a visit from Santa are some of the activities the kids can enjoy at our parties.

We meet in the Lower Hall from 9:00 - 11:00 am and the program runs Monday to Friday. Visit the MPCA website, look for playgroup (under Our Community) and register to join us!" www.mpca.ca



Membership Form 2016

Membership Year runs from January to December 2016

Name: _____
 Address: _____
 Postal Code: _____ Phone: _____
 E-Mail: _____

I wish to subscribe to HSCA's e-newsletter*. Please indicate: yes no

Number in family: adults _____ children _____

Date of Purchase: _____

Reason for purchasing the membership (please circle): soccer, OOSC, art class, community garden, pool, tennis court, businesses discounts, other (please specify): _____

Membership Prices:

Senior \$5 (60+) Individual \$10 Family** \$20 Do you require a second card? (Family only) Yes or No

Program Donation:

At HSCA we offer a diverse set of programs and services, including: seniors' services, food programming, recreation (soccer, art classes), community planning and more. While membership fees are one way in which we are able to sustain our programs, we also ask that you consider a small program donation.

Please specify where your donation will go: General donation or Specific program _____

Please specify your donation amount: Match my membership fee or Other \$ _____

Please ensure your email address is included for us to send your tax receipt (min \$10).

Volunteer Opportunities

I wish to volunteer for the Hillhurst Sunnyside Community Association: YES or NO

*HSCA does not share or sell your email address or information. We will only email you information pertinent to HSCA events and programs.

**A family is defined as a group of individuals under the age of 60, living under the same roof with a maximum of two 18+ individuals.

Note - It is our wish to make membership as accessible as possible. If you or someone you know needs assistance with membership fees please let us know.

e: nicoleta.v@hsc.ca f: 403.270.3130 p: 403.283.0554 ext 232 a: HSCA 1320 5th Ave. NW Calgary, AB T2N 0S2

HSCA Membership benefits:




- 10% discount on HSCA facility rentals with a family membership
- Reduced rates for some HSCA programs, drop-in sports, some special event admissions
- 20% discount on swimming lessons; discounted monthly pass for members only
- Free use of the tennis court
- Beginning January 1st 2016 you can use your HSCA membership card to receive discounts with the following local businesses:
- Sunnyside Natural Market: Save 5% with your HSCA Card (case discounts not included)
- Swizzlesticks Salon & Spa: 15% discount on all services at the Salon & Spa
- Marathon Ethiopian Restaurant: save 10% on all regular priced purchase with your HSCA card
- Kensington Riverside Inn: 10% discount on room accommodation
- Pushing Petals Flowers: 10% discount on any purchase with your HSCA card
- Framed on Fifth: 10% discount on all framing
- Flippn' Burgers: 10% discount on purchases
- Kensington Auto Pro: 10% off parts and labour
- Float Life: 30% off on a single float ninety minutes session with your HSCA card
Visit our website www.hsc.ca for news and updates about this program
- Vine Styles Kensington 15% off total purchase. Show your HSCA membership to Vine Styles staff to create your customer profile with the built-in discount. Not applicable to already existing discounted items and/or case discounts
- 10% off regular priced orders at Midtown Kitchen & Bar

ANNUAL ARTISAN'S FAIR AT FORT CALGARY

FRIDAY, NOVEMBER 11TH
11:30 AM – 5:00 PM

Join over 60 local crafters and artists for one of the city's first holiday markets!

Admission is FREE with a donation to the Veteran's Food Bank.

   @fortcalgary

PROPHETS OF MUSIC

presents

DECEMBER 3rd, 2016

Prophets of Music

presents:

**Jocelyn Alice //
Chris Stills //
Mocking Shadows //**

**+
Special Guests //
for an evening of
exceptional music
at the Palace Theatre
(Flames Central) .**

**Tickets available soon
prophetsofmusic.org //**

Prophets of Music is dedicated to supporting emerging Canadian artists in the creation of exceptional original music. We provide resources, mentorship and education in music fundamentals, artistic development, performance, production, business essentials, brand development, and promotion.

For information on our programs and community outreach initiatives visit: prophetsofmusic.org

your COMMUNITY BUSINESS OF THE MONTH



Vine Styles

Hillhurst-Sunnyside Community

I'm Nathalie. I am the chief experience designer at Vine Styles. We opened Vine Styles in 2014, and prior to, I was head of Conference Services at the Banff Centre. Nearing the end of my 10 years there, I began exploring my passion for wine and started taking my WSET courses (Wine Spirits and Education Trust). During my studies I met my business partner, Darren Stewart. He recruited me as his business partner and we began cultivating the concept of our wine store.

Vine Styles is a wine shop dedicated to "wine done different". We arrange our wine by taste profile, not by region or country. We know navigating country/region aisles in wine stores can be overwhelming, we want to make wine approachable and enable our customers to get to know exactly what they like in a bottle. We also offer a number of wine tastings, so customers can explore our "Style Concept" and understand their unique palate better. Everyone on our team has formal wine education, so they can help guide you to the perfect bottle, every time!

We chose to operate in Kensington because of the tremendous community feeling in the area. Operating alongside other small businesses in a walkable and vibrant neighbourhood was such an easy choice for us!

Vine Styles is located in Kensington at 1127b Kensington Road NW. We're downstairs, below 'In Gear'. We also have a second location in the Design District at 833 10th Ave SW, across the street from M.E.C.

We're open 7 days a week in Kensington: Monday-Wednesday 10 am – 7 pm, Thursday-Saturday 10 am – 9 pm and Sunday 11 am – 6 pm.

Vine Styles would like to invite all HSCA members for a private shopping night on Wednesday, November 16th from 6 to 8pm at the Kensington location. Discounts between 15 to 30%

on selected products, wine to sample, and snacks! Please RSVP by Thursday, November 10th with Nathalie @ nathalie@vinestyles.ca or 403-474-8367.



Kensington 1127b Kensington Road NW
vinestyles.ca 403-474-8367

HSCA members are invited to a private shopping night
November 16th from 6pm - 8pm

Please RSVP by November 10th at:
nathalie@vinestyles.ca or call our Kensington location



SUNNYSIDE ART SUPPLIES

"Come visit us for all your Art Supply needs!"

10% Discount for Students & Seniors

132 10th St. NW 1 and 1/2 blocks south of Sunnyside Station
403-475-0608

Lions Park denture clinic

Divren Bharadia, Denturist

tel: 284-1803 / 284-1829
fax: 1-866-372-6948
accufit@telus.net

Lions Park Professional Building 1521-19 St. N.W., Calgary, AB T2N 2K2

CALGARY'S STAR CHRISTMAS LIGHT INSTALLERS

Stella Lights

Great Rates, Fully Insured, Experienced & Professional

Up to 15% off Early Bird Offer. Ask for Details.

FOR A FREE QUOTE CALL: **844-HOHOHO-1**
844-464-6461

CO-ED DROP IN SOCCER

EVERY Friday

Starting September 30th from 6 - 7:30pm.
403-903-1467 for more information
or email: jose@dozabo.com

HSCA Flea Market

Crafts • Furniture • Antiques • Books • CDs
Household Items • Treasures Galore and much, much more!

Sundays 7:00 am to 3:00 pm
1320 - 5th Avenue NW

Free Admission

HALL RENTALS

HILLHURSTSUNNYSIDE.ORG | 403-283-0554

EVENT, MEETING & RECREATIONAL SPACES

WEDDINGS, BIRTHDAYS, CONCERTS, MARKETS, AND MORE!

HSCA

RBC Dominion Securities Inc.

LOOKING TO BUILD & RETAIN A PRODUCTIVE, MOTIVATED WORKFORCE?

RBC Group Advantage is a comprehensive program designed to help business owners meet their employees' financial needs by providing:

- In-person financial advice for all employees
- Group retirement savings plans
- Comprehensive and discounted banking solutions

Support your employees and keep your competitive advantage. Call Investment Advisor Michael Martin at 403-266-9655 to learn more.

RBC Wealth Management
Dominion Securities

There's Wealth in Our Approach.™

RBC Dominion Securities Inc.* and Royal Bank of Canada are separate corporate entities which are affiliated. *Member-Canadian Investor Protection Fund. RBC Dominion Securities Inc. is a member company of RBC Wealth Management, a business segment of Royal Bank of Canada. ©Registered trademarks of Royal Bank of Canada. Used under licence. © RBC Dominion Securities Inc. 2015. All rights reserved. 11.30110.000.011



Choosing a Career That's Right for You

Calgary Career Counselling Suite 305 1167 Kensington Crescent NW Calgary, AB T2N 1X7 (403) 261-5085
admin@calgarycareer counselling.com
www.calgarycareer counselling.com

It's true that a child's career decision, or lack thereof, can impact not only the child, but also the parents. While peers largely influence your child on matters such as music or dress, research indicates that parents are still the most significant influencing factor when it comes to a child's career decision. It's important to have career discussions with your child, but many parents don't know how or when to start this discussion. What may seem like a simple decision can quickly become an overwhelming one not only for your child, but for you too!

Presentation Format:

- An informative and engaging 45 minute presentation
- Plus a 15 minute opportunity to ask questions

You Will Learn:

- The five pieces of the career planning puzzle
- Myths and truths about career planning
- The "Do's" and "Don'ts" of career planning

Who Should Attend?

- Parents of high school students who want to understand how to best support this process

Presenters:

- One of Calgary Career Counselling's Psychologists

HOME REPAIRS • SMALL RENOVATIONS • PLUMBING • ELECTRICAL • FENCES
DISCS • HANDWORK • GARDEN DESIGN

CHS LTD. Calgary Handyman Services Ltd.
No Job is too Small!

Neil Penner
tel: 403-472-8943
email: calgaryhandyman@shaw.ca

WELDING • FABRICATION • RV REPAIRS
HAULING • CONDO MAINTENANCE • MOVE OUT REPAIRS & CLEAN-UP • PRUNING

SERIOUS FUN
Adults • Teens • Kids 3+

• African • Tap • Indo jazz • Lyrical • Modern
• Ballet • Hip hop • Breakdance • Jazz
• Drumming • Musical Theatre • Boys Only
• Highland • Bellydance • Flamenco
• Latin & Ballroom • Zumba • Aerial Fusion
• Gyrokinesis • Triple T • Body Balance
• and more!

Free house dance plus

www.freehousedance.com
2020, 12th Avenue NW 403-282-0555

Maria Montessori
EDUCATION CENTRE
Educating the Human Potential

Ages - 19 months to grade 9

Contact us for more details
www.mmec.ca • 403.668.8538

Moving to Cental NW Calgary
info@mmec.ca

Calgary Northwest Events

Remembrance Day at Kensington Legion

Services are held at many branches of the Royal Canadian Legions in the city. This year, at the Kensington location the ceremony is followed by lunch and refreshments.

Doors for the Kensington Legion service open at 9:30 am. and close at 9:45; the service begins at 10:45 am. 1910 Kensington Rd. NW. For more info www.legion.ca

St. Andrews Heights Artists' Society 2016 Fall Art Show

Local artists will present their new work at the society's annual Fall Art Show on Nov. 26, from 10 a.m. to 4 p.m. You can meet the artists and also win a great door prize. Parking and admission are free. For more information visit www.atsahas.ca.

Green Calgary's Green Kids Saturday Drop-In Program Sat.

Nov. 5, 19 and 26, 2016. 11am -1pm. Videos, hands-on learning activities, crafts and games involving environmental topics for kids 3-10 and their families. Drop in program, all children must be accompanied by one adult, fee by donation. For more info www.greencalgary.org.

Fall Studio Members Pottery Sale: Nov. 6, 10 am-4pm. Now in its 33rd year! Excellent prices and variety, a great opportunity to purchase local artists' work for unique presents. Come early and bring something to carry your treasures. Cash, cheques and credit cards accepted. Triwood Community Association Hall, 2244 Chicoutimi Drive NW.

Free Skate at Shouldice Arena The arena is open for public skating Friday, November 11, 2016, 1-2:30p.m. Address: 1515 Home Rd. NW

Stuff A Bus Nov. 5, 2016. 9am - 4pm. Calgary Co-op and Calgary Transit team up for the 24th Annual Stuff A Bus, in support of the Calgary Food Bank! Transit buses and volunteers will be at all 21 Calgary Co-op locations accepting donations. Stuff A Bus with food to help Calgarians in need at this busy time of year.

Free Swim at Thornhill Aquatic and Recreation Centre Friday, November 11, 2016, 1-4:30p.m. Swim Times: 1 - 2:30 p.m. and 3 - 4:30 p.m. The half hour break will be waived if capacity permits. 6715 Centre St. NW

Finances 101 with Jill (CPA) at Tuxedo Park Community Hall 6:30pm-7:30pm, free to attend, all welcome. October 26, 2016 - Ten Healthy Habits of Financial Management. November 23, 2016 - Saving Strategies: Easy Concept, Difficult Reality.

To register or for more information hallrentals@tuxedoparkcommunity.ca or 403-277-8689.



The holidays can be stressful. We can help!

The Calgary NW ECD (Early Childhood Development) Coalitions are hosting an evening aimed at helping you, the parent, have a happy low-stress holiday season. **Managing the Holidays**, is a free workshop being held on Monday November 14th from 6:30-8:30pm at the Silver Springs Community Centre. Many of us put too much pressure on ourselves over the holidays, so come and learn how to refocus and help everyone enjoy this time of year. Child care is provided. Please visit www.Eventbrite.ca for more details and to register today as space is limited.

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children - Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge. We are always looking for interested parties to join our coalitions.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: ncecmap@weconnectyou.ca.



Calgary



It's time to recycle more than this newsletter

New recycling requirements for business are here. Contact your collection company or visit calgary.ca/businessrecycling to learn more.



✓ paper and cardboard



✓ metal



✓ untreated wood



✓ glass

✓ plastic film and containers

2016-2358

Thinking of Separation or Divorce?
Need Family Law Advice?
Buying or Selling Your Home?

These Are Difficult Times. We Can Help.

McLEAN LEGAL
BARRISTERS & SOLICITORS

There's a brighter future ahead

503, 922 - 5TH Avenue SW
Tel (587) 353-2632
Fax (587) 353-2634
www.mcleanlegallyc.com

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Hillhurst and Sunnyside. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

DO YOU NEED AN EXTRA SET OF HANDS? C & L Helping Hands can provide them! We offer handyman services, personal assistant, kitchen helper, cleaning and much more! Email: cl@clhelpinghands.ca. Call Craig or Laurie at 403-880-7125 or 403-510-8551.

CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms. From cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

NORTHWEST ELECTRICIAN/PLUMBER: Affordable and professional installations/repairs. Install/repair lights, ceiling fans, switches and outlets, garage sub-panel, hot tubs, noisy bathroom fans, OTR microwave/hood fans. Renos and basement developments. Plumbing: toilets/sinks/faucets, garburator and dishwasher installs. Licensed, certified, insured. 19-year resident of Hidden Valley N.W. <http://ca.linkedin.com/pub/nick-dabrensky/8/1b1/7b5/>. Call/text Nick 403-471-5553 or Nick@PlatinumElectric.net. "Bryan Baeumler Approved"

ELLIPSIS LANDSCAPING: Independently owned and operated Landscape/Handyman company specializing in lawn care, hedge trimming, snow removal, junk removal, window cleaning, tree planting/removal, gutter cleaning, painting, build and fix fence and decks and all other handyman work. The one call that can do it all at very affordable rates. 403-282-8766, ellipsis2010@live.ca.

ARE YOU LOOKING FOR A LOCAL, PROFESSIONAL ELECTRICIAN? FCC Electric is well established, insured, certified and happy to assist with all your residential and commercial projects. FCC Electric offers free estimates, home inspections, kitchen/basement/garage renovations, repairs/troubleshooting panel/service changes, retail development at fair rates with references. 65+ discounts. Call us 403-462-8801.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

HANDYMAN/CONTRACTOR: Hire-a-husband type of jobs performed: interior repaints carpentry, doors installed, trim and baseboard, laminate and vinyl flooring, drywall repair, ceramic tiling, minor plumbing and electrical, fence and deck building and repair. Contact Rob Ziffle 403-606-8876, robziffle@gmail.com.

SAFETY SYNC
ONLINE SAFETY MANAGEMENT SYSTEM

"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."

Enform IRP 9 (Revised)
safetysync.com
403.668.6402

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.



MP, CALGARY CONFEDERATION
LEN WEBBER

2020 10 St NW, T2M3M2
403-220-0888
len.webber@parl.gc.ca

Remembering Is Something You Do

During Veterans' Week, November 5th to 11th, I will join Calgarians and people across the country as we pay tribute to all Canadian Veterans. Throughout the week, thousands of commemorative ceremonies and events will take place across our country to honour Canada's Veterans, current serving members of the Canadian Forces and those who have made the ultimate sacrifice. The sacrifices and achievements of our Veterans have helped define and defend Canada's values of freedom and democracy. They will always be remembered.

Here are some ways to engage in Remembrance: Wear a poppy above your heart, attend local Remembrance Day ceremonies, and vow never to forget; Change your profile picture on Facebook to a poppy and blog or tweet about the importance of remembrance; or listen to Veterans talk about their experiences and thank them for their service. Remembrance IS more than something you think about – it's something that you do.

Another way to help remember is to find your connections to the past. You can obtain information on where the graves of all Canadian soldiers who died while serving abroad are located. Here's how to do a search for your connection to the past.

Visit the Veterans Affairs Canadian Virtual War Memorial online at www.virtualmemorial.gc.ca. (If you are looking for an Allied soldier you could also try a similar search through the Commonwealth War Graves Commission at www.cwgc.org as they keep track of all Allied cemeteries.)

Search by name and select the soldier you are looking for. (Keep your search terms broad to yield the best results. This is especially important with first names or common misspellings of names.)

Review the results of the search. When available, it will include photos, a copy of the page from the Book of Remembrance, vital personal details and possibly even a summary of the circumstances surrounding the soldier's death.

A quick Google search using the name of the cemetery often yields a link to photos of all the tombstones, lists of those buried (alphabetical and regimental) and a good description of the cemetery itself. Please don't consider the Veterans Affairs Canadian Virtual War Memorial as the only possible source of information and don't underestimate the power of a good online search engine like Google.

Share your findings and experiences with others in a gesture of Remembrance. I would be interested to hear from anyone who uses this process and finds it as rewarding as I have.

Daylight Saving Time
Ends Sunday,
November 6

Calgary

North Crosstown Bus Rapid Transit

The North Crosstown BRT will connect the Brentwood and Saddletowne LRT stations and major destinations like SAIT and the U of C with more direct, reliable transit service. We're working on the design so visit calgary.ca/northxtownbrt to provide feedback on the route, station locations and designs.

Visit calgary.ca/northxtownBRT today

BYARD Busters SNOW REMOVAL
CHRISTMAS LIGHTS
LANDSCAPING
DECKS & FENCES


403.265.4769
YardBustersLandscaping.com



ESKER FOUNDATION
CONTEMPORARY ART GALLERY

EXHIBITIONS
PUBLIC PROGRAMS | HANDS-ON WORKSHOPS
FREE ADMISSION | FREE PARKING

IN INGLEWOOD
ESKERFOUNDATION.COM



Business Services
you need are
still in your
neighbourhood

Come visit us for all
your business needs:

- Worldwide & Local Courier
- Packaging Services & Supplies
- Mailbox Rentals & Services
- Digital Printing and Copying
- Custom Business Printing
- Document Finishing
- Fax Services



The UPS Store®

Kensington place
104 - 1240 Kensington Rd NW
Calgary, AB T2N 3P7
T: 403-313-6245
store260@theupsstore.ca



COUNCILLOR, WARD 7
DRUH FARRELL



ward07@calgary.ca • www.druhfarrell.ca
Twitter: @DruhFarrell • Facebook: Druh Farrell

Aside from the odd spot of traffic, most of us have a fairly easy time getting around our city while walking, cycling, driving, or taking transit. There are many of us, however, who find our city hard to navigate. As recently as 2012, 10% of Calgarians reported having significant disabilities. By 2019, 200,000 Calgarians over the age of 15 will live with disabilities.

The City of Calgary is committed to building an inclusive society where everyone can access programs in a way that respects the independence and dignity of people with disabilities. Other orders of government have also taken notice. Several provinces have passed strong barrier-free legislation, and the Government of Canada is currently working on a national accessibility strategy.

Last year, Council supported my motion to find ways to make our public facilities and public realm barrier-free. The work includes an accessibility audit of all our civic facilities, as well a plan to improve how they function for Calgarians with various disabilities.

My motion also asked staff to encourage better accessibility of private developments through the planning process, and to partner with advocacy groups to increase the amount of barrier-free housing.

I am encouraged that the initial response from City staff will result in some quick and easy wins in and around the municipal complex at City Hall. These measures will make navigating City Hall easier for those visiting to drop off a permit application, pay a bill, or attend a Council meeting. Wayfinding signs directing people towards accessible facilities have already been installed on the LRT platform at City Hall. Banding decals have been installed on the glass elevators in the Municipal Building to assist blind visitors. Elsewhere, our Roads department purchased wheelchairs to give its staff personal experiences of what it is like to move around Calgary's streets with disabilities.

Achieving an accessible city is much like achieving a clean city or a safe city. There is no finish line. Through continuous improvements, striving for an increasingly accessible city is worth the investment.

If you see an opportunity to improve accessibility on public property, please call 3-1-1 or go online to www.calgary.ca/311. To learn more about this and other Ward 7 topics, visit www.druhfarrell.ca. To sign up for updates on key issues, please email ward07@calgary.ca.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Hillhurst-Sunnyside Community Association and Great News Publishing. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Hillhurst-Sunnyside Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.

COMMUNITY ANNOUNCEMENTS

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

ROSEDALE ARTS AND CRAFT FAIR: Saturday, November 5th. 10 am - 3 pm. 901 11th Avenue N.W. Locally sourced, quality handmade goods such as pottery, jewelry, natural soaps and body care, photography, crochet, quilts, Christmas items. Admission and parking are free. Email rosdalecraftfair@gmail.com for any further information.

Autumnal Offerings

Red and purple leaves are actually caused by the presence of sugars from sap that is trapped inside of the leaves.



Published by:

GREAT NEWS PUBLISHING



Proudly serving Hillhurst-Sunnyside for 8 years!

ADVERTISE YOUR BUSINESS NOW!
REACHING OVER 415,000 HOUSEHOLDS
ACROSS 141 CALGARY COMMUNITIES

DELIVERED BY
Canada Post

Phone: 403-263-3044 | sales@great-news.ca

Potter Potions Prizes!

AND

A "Fantastic Beasts and Where to Find Them" celebration!

Saturday Nov. 12th
11am to 3pm

Enter to Win!

Visit northhillcentre.com for details!

Visit **PLATFORM 9^{3/4}** **Selfie Stop**

NORTH HILL CENTRE

HOW CONVENIENT
NORTHHILLCENTRE.COM

PROUDLY MANAGED BY Bentall Kennedy

NORTH POINT
SCHOOL FOR BOYS

Learning Re-imagined

North Point School for Boys taps into K-Gr9 boys' natural curiosity and energy as a foundation for life-long learning. A strong academic program is just the beginning - we fuel motivation through real-life learning, digital platforms and outdoor adventure to develop well rounded, self-motivated, independent learners.

VISIT US @ www.northpoint.school
2445 - 23 AVENUE SW

OPEN HOUSE

7 PM
TUES
NOV 15
2016

WINTER WORD *fair*

Buy great gifts for the book lovers in your life!

Independent booksellers and bookish vendors will be on hand at Central Library with incredible book-related wares for sale.

December 1, 5:00-8:00 pm
Central Library, 616 Macleod Trail SE

Visit calgarylibrary.ca for details.



THE RAMAGE GROUP



SOLD



1816 Westmount RD NW

Timeless traditional style, loaded w/ upgrades. Inner city front driveway attached 2 car garage. South facing main floor deck with rubber surface. Gorgeous exotic walnut hardwood floors inlaid slate stone tile detailing, abundant built-ins & kitchen maple cabinets. Lower level has 11 ft ceilings, wet bar, wine cabinet built-ins and large rec rm. Air Conditioning, fully landscaped & fenced yard & 14x20 composite patio + deck!

\$549,000



#3 323 13 ST NW

Private courtyard, separate & private garage, 2 master bedrooms and 3 & 1/2 baths; 1700 sq ft completely renovated! This incredible home offers new "marble" tile in kitchen and bath. Living room with gas fireplace and patio doors. Upper floors hosts two master suites each with it's own bathroom. Lower level with large laundry, full bath and recreation room plus hidden storage room. New furnace, hot water heater.

\$1,499,900



1801 Broadview RD NW

4000+ sq ft of exceptional living space, corner lot, prime Hillhurst location near downtown, Kensington Village, U of C, hospitals, schools & the best parks & riverpaths in the city. Beautiful masonry & grand door welcome you to this grand family home. Main includes large foyer, den/office/library, dining & great room w/fireplace. 3 upper bedrooms all w/ensuites & spectacular master. Convenient upper laundry. Basement Walkout south yard w/patio, gas fireplace. Lower hosts theatre room, games room, 4th bedroom & bath.

View stunning HD videos and High Resolution Photo Galleries at www.RamageGroup.net

If you are thinking of selling and would like to see how we can create the very best marketing for your home, that ultimately gets you from Just Listed to Just Sold, contact our team, Lucas Ramage & Greg Ramage.