

MAY 2019

DELIVERED MONTHLY TO 2,000 HOUSEHOLDS

your HOUNSFIELD HEIGHTS BRIAR HILL BEACON

A QUIET CENTRAL RESIDENTIAL COMMUNITY WITH FRIENDLY NEIGHBOURS CONNECTED THROUGH ACTIVE PUBLIC SPACES



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THE OFFICIAL HOUNSFIELD HEIGHTS-BRIAR HILL COMMUNITY NEWSLETTER | www.hh-bh.ca

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Disclaimer

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- Designed, manufactured, and
delivered monthly to 2,000 Households by:

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LEADERS IN COMMUNITY FOCUSED MARKETING

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5 Excellent Reasons to Advertise in Community Newsletter Magazines

- 1. Top of Mind Brand Awareness:** Consistent advertising leads to increased sales. Companies maintain and gain market share when community residents are consistently reminded of their brands.
- 2. Payback:** Community residents trust, and call businesses that advertise in their community magazines.
- 3. High Readership:** 68% female | Even distribution of Millennial, Gen X, and Baby Boomer readers
- 4. Cost Effective:** With advertising rates as low as \$0.01 cent per household, advertising in our community magazines is incredibly affordable.
- 5. Geofence Your Audience:** Manage your budget, optimize your returns and target your audience by specific community magazines.

Nearby Community Newsletter Magazines:



To Advertise Call 403 720 0762
Email sales@greatnewsmedia.ca

GREAT NEWS MEDIA
LEADERS IN COMMUNITY FOCUSED MARKETING



THANK YOU!

**From the Briar Hill School
Parent Council**

Another wonderful book sale is complete and we THANK YOU for making this community tradition such a success. Through your generous donations and purchases this year, we raised over \$4000 for literacy initiatives at Briar Hill School, whilst recirculating over 5800 books back into the community. The love of reading is alive and well!

See you next year!



Join Us
to plant a garden at our community centre
(south side of gym)

Saturday May 25

10:00 AM

Refreshments will be served



Hounsfield Heights – Briar Hill Community Association

BOARD OF DIRECTORS

COMMITTEE POSITION	NAME	EMAIL	PHONE
President	Wong, Terry	president@hh-bh.ca	
Past President	Allan, Jeff	past.president@hh-bh.ca	
1st Vice President & Programs	Sandahl, Carol	vp@hh-bh.ca	
2nd Vice President & Facilities Director	Sammert, Gunter	2nd.vp@hh-bh.ca	
Treasurer	Winkler, Kathryn	treasurer@hh-bh.ca	
Secretary	Greco, Joanna	secretary@hh-bh.ca	
Land Use Director	Woods, Terry	land.use@hh-bh.ca	
Education Director	Leahy, Patricia	education@hh-bh.ca	
Sears Plume Director	Vacant	sears.plume@hh-bh.ca	
Communications Director	Vacant	communications@hh-bh.ca	
Events Planning Director	Malchow, Margaret	events@hh-bh.ca	
IT Director	Rena Hu	it@hh-bh.ca	
Strategic Planning Director	Jeff Marsh	strategic.planning@hh-bh.ca	
Executive Director	Guy Latour	executive.director@hh-bh.ca	403-282-6634

PROGRAM COORDINATORS			
Indoor Soccer	Eve Miller	indoor.soccer@hh-bh.ca	
Outdoor Soccer	Jen Clee	outdoor.soccer@hh-bh.ca	
Youth Badminton	Theresa Cowan	badminton@hh-bh.ca	

COMMUNITY RESOURCES			
Louise Riley Library	Allison Thomson	allison.thomson@calgarypubliclibrary.com	403-221-2047

CONTACT

Mailing Address: Box 65086, RPO North Hill Calgary, ABT2N 4T6

Board Room / Gym - 1922 – 14 Avenue N.W.

Parking: west of the Louise Riley Library, accessed via the library drive-way. Hall/Gym is located NE of our parking lot, just across the soccer field.

Phone: 403-282-6634

Email: admin@hh-bh.ca

Beacon Submissions: beacon@hh-bh.ca

Boardroom/Gym Bookings: bookings@hh-bh.ca

The HH-BH Gym and Boardroom schedule can be viewed at www.hh-bh.ca.

For the latest news, programs and events, please visit our Official HH-BH Community Association website at www.hh-bh.ca.



Like our Facebook Page - www.facebook.com/hhbhca



Follow us on Twitter @hhbhca

Have an idea for a great community program or event? Send your ideas to vp@hh-bh.ca.

Window & Balcony Safety

With the return of warmer weather, Emergency Medical Services (EMS) would like to remind parents and caregivers of an often-overlooked hazard in the home – access to open windows. Every year, paramedics respond to emergencies where a child has fallen from an open window, often from the second floor. These can be avoided by following safety measures. Take the time to assess potential hazards in your home before a preventable fall occurs.

Windows and Screens

- Prevent access to windows by moving furniture such as cribs, beds, stools, and change tables out from under them;
- Keep drapery cords out of childrens' reach. Wrap excess cord around cleats, or tie-downs to avoid a choking hazard;
- Remember, screens are not safety devices. They are designed to keep bugs out, not children in.

Balconies

- Do not underestimate a child's ability to climb. Furniture and other items stored on balconies and decks can be used to climb resulting in falls over the railing;
- Ensure that your balcony railings are not more than 10 cm (4 inch) apart. This will eliminate access between the vertical bars of a balcony, or deck.

Further Prevention Tips

- Toddlers & preschoolers are at highest risk of falling from a window, or balcony, but it may happen at any age;
- Direct supervision of children is the single most effective way to prevent falls from windows and balconies;
- Install safety devices which limit the distance in which a window can be open to a maximum of 10cm (4 inches);
- Ensure the safety device can be released quickly, so the window can be used for escape in case of emergency.
- Consider purchasing a portable air conditioner, which will enable windows to stay closed & secure.

EMS is proud to be a member of the Partners Promoting Window and Balcony Safety. Take time to assess your home for window and balcony hazards and eliminate the risks before a preventable fall occurs. www.windowssafety.ca

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARD CARE & LANDSCAPING: Weekly mowing \$36, power-rake \$130, aeration \$70, window cleaning or gutter cleaning \$99, pressure washing starting at \$99, rope light installation. Conditions apply. BBB member. 4.1 Google star rating. Call 403-265-4769. YardBustersLandscaping.com.

LANDSCAPE CONSTRUCTION: Stone patios, rock walls, synthetic lawns, raised beds, decks and fences, lighting. Sod installation, rocks, mulches, shrubs, xeriscaping. Member of BBB. Licensed. Insured. Seniors' discount. Call 403-265-4769. YardBustersLandscaping.com.

THE GUTTER DOCTOR! Eavestrough repairs, cleaning, and replacements. Fascia, soffit, cladding, roofs, and siding. For over 15 years and 20,000 projects we have done the job right – and it's always guaranteed! Full liability insurance and WCB. A+ rated BBB member. Calgary's top award winner! www.gutterdoctor.ca, 403-714-0711.

Seniors' (55+) Discussion Group

Mondays (except holidays) from 2:00 - 4:00 p.m.

Come on out for an afternoon of socializing and amiable discussion on topics of your choosing.

Meet in the Board Room at the Hounsfeld Heights-Briar Hill community centre every Monday.

Parking is available on the West side of the Louise Riley Library.

For any further information, please contact Linda, 403-284-3526



Hula Hoop Fitness

Drop-In Hula Hoop for Adults.

11:00 am Mondays starting March 4th, 2019. Limited holla hoops are available.

Available on a trial basis

HH-BH Community Hall Gymnasium.

Do You Have a Great Idea for Our Community?

We can support you make it come to life!

The Community Association is looking for people who want to join our dedicated team of volunteers. If you have a great idea for something that would improve our community, we would like to support you in your efforts to make it happen.

Some activities we would like to see someone come forward to steward and champion in our community:

- More Seniors Activities
- Walking program
- Arts and Crafts
- Fitness
- A Community Garden

We are also looking for individuals to fill the following roles on our board:

- Communications Director
- Events Director
- Volunteer Engagement Director

THE Theodore

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- ▶ Across the street from Kensington Safeway and steps to the Sunnyside LRT



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MEMBERSHIPS

Your annual membership is good through July 31, 2018 and entitles you and your family to participate in a variety of different community programs and activities. The cost is only \$20 annually per family/household or \$10 for seniors, including GST.

HOUNSFIELD HEIGHTS – BRIAR HILL COMMUNITY ASSOCIATION MEMBERSHIP APPLICATION 2018-19

Family Name(s): _____

First Name - Adults: 1. _____ 2. _____

First Name - Children: _____

Address: _____ **Postal Code:** _____

Home Phone: _____

Email: _____

Would you like to receive the newsletter and other announcements by email? yes no

I would be interested in volunteering for:

- | | |
|--|--|
| <input type="checkbox"/> Land Use | <input type="checkbox"/> Membership Drive |
| <input type="checkbox"/> Green Space/Reforestation | <input type="checkbox"/> Children's Programs |
| <input type="checkbox"/> Fundraising | <input type="checkbox"/> Seniors' Programs |
| <input type="checkbox"/> Facilities/Ice Rink | <input type="checkbox"/> Sports Programs |
| <input type="checkbox"/> Communications/Newsletter | <input type="checkbox"/> Social Activities |
| <input type="checkbox"/> Other | |

Membership # _____

Valid through July 31, 2018

Annual membership (including GST) is :

\$20 per household

\$10 for seniors

Paid by: cash cheque

*Send cheques payable to **Hounsfeld Heights-Briar Hill Community Association**
Box 65086 RPO North Hill, Calgary AB T2N 4T6*

Privacy Consent: By providing the personal information on this form you are consenting to HH-BH Community Association's collection and use of that information for the purposes of providing you a membership in the community association. This information will be stored in a database of community members for the sole use of the Association. The Association will not sell, barter or lease membership lists or information. We may retain this information until nine months after expiry date of the membership.

About Wine

by Nik Rasula

About Wine features wines not typically on one's shopping radar; Unique wines with a story - of people, place or style. It tells of artisans making reasonably priced wines (under \$50 retail) all the while demonstrating careful Earth consideration.



2017 Bodegas Verum (BV), Malvasia (bodegasverum.com)

About the Region: One hundred km southeast of Madrid, Spain, BV sits at 660 metres above sea level on the Castilla-La Mancha (C-LM) Plateau. High, flat and breezy, it features the largest area under vine, combined with the highest yield, of all the world's wine regions.

About Terroir: C-LM's Continental climate (hot summers/little rainfall), enables vigorous vine growth. Its calcareous stony soils providing effective drainage, arid conditions offering vine stress, prevailing winds contributing cooling and aeration.

About the Estate: Founded in 1788 by the López-Montero family, BV has traditionally grown the Airén grape for making higher-alcohol spirits (Orujo, brandy). In 2004, under direction of precocious son Elías, the family diversified into small-scale wine production.

About the Winemaker: After earning a Masters of Viticulture in Rioja, Elías interned at Aalto (Ribero del Duero, Spain) then at Bergkelder (Stellenbosch, S. Africa).

Acknowledging C-LM's bulk-wine reputation—and recognizing its opportunities—the then-24-year-old inquisitive Spaniard embarked on improving reality; through strategic planting, better vineyard management and selective yield. Sectioning off the bodega, Elías planted varietals unfamiliar to C-LM (Graciano, Malvasia, Mazuelo, Tinto Velasco), with best production reserved for markets abroad. In 2018 (February), Decanter Magazine recognized Elías López-Montero's efforts, naming him one of its "Ten next-generation Spanish winemakers to know."

About the Grape: Pronounced "Mal-VA-sia," it can be either red or white. Partial to warmer climes, vine historians believe it to have originated on the Greek Island of Crete during the Middle Ages. Proliferated throughout the Mediterranean by Venetian traders; Malvasia is used to make Still, Sparkling (Champagnino/Italy), and Desert (Madiera/Portugal) style wines.

About the Wine: Made from white Malvasia, the lovely golden appearance impresses. Viscous on the swirl, aromas of flowers and orchard fruits impress. On the palate, the nicely weighted tongue of ripe peaches and apricots leads into a crisp, mineral-based finish.

About Pairing: Gouda-stuffed chicken, seafood paella/linguine, fruit & cheese salad.

About Closure: Cork

About Sustainability: Certified Organic (E.U.). Suitable for Vegetarian and Vegan diets.

About Alcohol Level: 13.5% (abv)

About Availability: Check liquorconnect.com (call the listed store too) confirming availability.

CSPC #787716

2019/20 Registration open now
Visit hhbhcaplayschool.com
to learn more and to register online

Neighbour Day BLOCK PARTY

When:

Saturday, June 15th
11:00AM to **2:00**PM

Where:

Made by Momma Resource Centre
66 21 Street NW

Come celebrate Neighbour Day with

Made by Momma and The Happy Birthday Project!

Join us for some free family fun. There will be music, face painting, a petting zoo, bouncy castles and more! The delicious Avatara Pizza food truck will once again be attending! Bring a donation of unopened diapers or formula to receive a discount coupon for your lunch.

For more information, please visit
MadebyMomma.org



JOIN **MADE BY MOMMA** FOR OUR ANNUAL STAMPEDE 10 CAN ROUNDUP CHALLENGE!

Help us restock the community pantry at Made by Momma!

Your non-perishable food donations will be packed into hampers and used to prepare meals for families facing adversity & crisis.

The demand for our services is at an all-time high! Through this food drive, we hope that we can rely on our community to help us meet the needs of those struggling!

1. Collect non-perishable food items for each day of Stampede!
10 Days ~ 10 Items
2. Drop your donations off at the
Made by Momma Resource Centre:
66 21 Street NW

WISH LIST

Pasta Sauce	Beans & Legumes
Coconut Milk	Cream Soups
Tomato Products	Dry Pasta
Vegetable, Chicken & Beef Broth	
Tuna, Salmon & Chicken	
Canned Fruit & Vegetables	

For more information, visit
MadebyMomma.org



The challenge is simple; collect 10 CANS for those that can't.

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List Price: \$549,900

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