

SEPTEMBER 2016

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THE HUNTINGTON HILLS HONKER

THE OFFICIAL VOICE OF THE HUNTINGTON HILLS COMMUNITY ASSOCIATION



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HH Sept 2016

Huntington Hills



Skating Club

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Pre-School thru Adult Programs

Programs run out of the
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and VIVO



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Beginner

Competitive

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HHSkatingClub

403-275-6061



Huntington Hills
Community Association

520-78 Ave. NW Calgary, AB - T2K 0S2
Phone: 403.275.6666 | Fax: 403.295.2248
www.huntingtonhillscalgary.com

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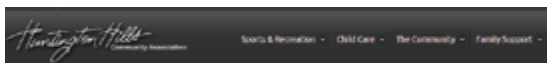
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Amanda Turvey	City of Calgary, CNS
Andrew Chin	Ward 4 Representative Community Liaison Officer
Stella Riesen	(Interim) Editor / Communications Liaison

Stay current and involved with activities, local news and meetings with your Huntington Hills Community Association at

www.huntingtonhillscalgary.com/



Adventures in Learning Preschool



Registration is now open.

Registration fee:
 \$75.00 NON REFUNDABLE.
 Three classes weekly (Mon, Wed, and Fri) 9:00-11:30 am
 \$160.00 per month.
 Two classes weekly (Tue. & Thurs) AM \$ 135.00

Class times

- Morning hours 9:00-11:30
 Your child must be at least 3 years old age to enter and be fully toilet trained.

Subsidy is available through the Government of Alberta.

Huntington Hills Community Adventures in Learn Preschool

520 – 78th Avenue NW
 Calgary, Alberta T2K 0S2
 403-275-6666 ext 231 or 234 | 403-512-5732

Curling Club

Registration for next season will start August 1 and again will be on line. Leagues will begin curling late September and there will be Adult Learn to Curl clinics in mid-September and will be offered again in October. Please refer to the Huntington Hills Curling Club website for details or contact Barb in the curling office.

Have a great Summer and we look forward to seeing you in the fall!

Cheers

Barb Dickson, Curling Manager/Instructor



IN & AROUND CALGARY

The scoop on dog poop

With 150 public off-leash areas and over 100,000 dogs in our city, it's clear Calgarians love their canine companions. What isn't to love is the stinky situation left behind when owners don't pick up after their pets.

Cleaning up your dog's waste helps keep our yards, parks and off-leash areas safe and healthy, and is part of being a responsible pet owner.

Here are five facts you may not know about doggy doo-doo:

1. It's classified as a hazardous pollutant. It's in the same category as toxic chemicals!
2. It's crawling with E. coli and often contains roundworm larvae which, if ingested by humans or dogs, can lead to brain, eye and other organ damage.
3. It's not a good fertilizer. Its high nutrient content is toxic to lawns and will create "hot spots" causing the grass to burn and discolour.
4. It doesn't absorb into the soil, so the risk of spreading its harmful effects can linger for years!
5. It attracts mice, coyotes and other wildlife that consider it a delicious snack.

Keeping our city pet-waste free is easy, if we all do our part. Always carry pet waste bags with you when you walk your dog, and pick up and properly dispose of your pet's waste as soon as possible.

To learn more about the importance of picking up after your pet, join us at a P.U.P.P.Y. (Pick Up Pooch's Poo Yourself) event near you. Visit calgary.ca/puppy for details.

Ready Calgary Community Initiative for Huntington Hills Community Members

As part of the coordinated effort throughout many communities in the City of Calgary, the HHCA has joined in a partnership with CEMA's Ready Calgary to help community members and their households be best prepared should unexpected events arise, such as, fires, floods, as well as other natural and human-made disasters.

Community members can sign up for the fall workshop now, by contacting Stella Riesen, CEMA's Ready Calgary Support Team Coordinator, at: s.constance@toxserv.com.

The Status of Emergency Preparedness in Calgary

Floods, snowstorms, fires, power outages, telecommunication failures — these are just some of the natural, technological and human-induced events that Calgary needs to be prepared for, according to the recent Status of Emergency Preparedness report from the Calgary Emergency Management Agency (CEMA)

A quarter of Albertans report having three or more 'precautionary' measures in place to support their own preparedness. "We've seen an increase of almost 10% in the number of families with 72-hour kits," says Tom Sampson, Chief of CEMA, noting the growth. "While this

is improving, there is still work to be done to ensure citizens understand the risks and take some responsibility for their own preparedness."

The best ways individuals and families can prepare: Know the risks. Flooding is most common May-15 to July-15 but can occur at any time of year. Be informed about current conditions. When weather watches or warnings are in place, be prepared for severe weather such as flooding, lightning, tornadoes, or winter storms. For more information visit Alberta Emergency Alert (emergencyalert.alberta.ca)

Make a plan. Know how to reach your family members if you are not with them when an emergency or disaster strikes.

Get a kit. Ensure you have a 72-hour kit stocked and ready to go that contains supplies to support you and your family for the first 72 hours of an emergency or disaster.

Calgary.ca/cema provides great resources for individuals, families and businesses to learn what they can do to prepare.

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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

Stella
s.constance@toxsen.com

Editorial Content DEADLINE
1st
 of each month
 for the next
 month's
 issue



Our friends at Neighbour Link have had a well-deserved summer break. The Good Food Box program is now running again from September 2016- June 2017. Thanks to all the community volunteers who allow the Good Food Box program to operate.

Please note these fall order dates:

Order deadline September 20, 2016 for the September 29, 2016 pick up;
 Order deadline October 18, 2016 for the October 27, 2016 pick up
 Order deadline November 15, 2016 for the November 24, 2016 pick up.

For more information or to order a good food box, please call 403-275-6666 ext 221 or 232 or check our website for this and many other program updates at www.weconnectyou.ca



Public Skating

Public skating will begin on September 6th.

Mondays – 2:00 – 3:30pm
 Wednesdays – 2:00 – 3:30pm
 Fridays – 1:15 – 2:15pm



403-275-6666 ext 229

hcurls@shaw.ca

www.huntingtonhillscurlingclub.com

Barb Dickson – Curling Coordinator/Instructor

All of our leagues look forward to filling up with new and returning teams. Whether you are a seasoned curler or someone looking to try out the sport for the first time, we welcome all to HHCC and will help you find a team, take a lesson or sign up an entire foursome for one of the leagues. Great curling and see you on the ice!!

On Line Registration will begin August 8, 2016. Please remember to purchase your membership on line when registering.

Registration – September 6 – 2016 – 7:00pm Curling Lounge

Computers will be available to register on line and assistance will be provided.

LEAGUES – All curlers require a \$25 Community Membership to participate.

Adult Learn to Curl – Please call Barb for details at 403-275-6666 ext 229 or email hcurls@shaw.ca

HUNTINGTON HILLS CURLING CLUB LEAGUES Curling Rocks!! Join Now!

Monday Night Ladies – 21 games - \$315.00 *plus membership
 Alternating Draw Times – 6:30pm & 9:00pm

Thursday Morning Ladies – 21 games - \$205.00 * plus membership
 9:00am Draw Time

Tuesday or Thursday Men – 21 games - \$320.00 *plus membership
 Alternating Draw Times – 6:30pm & 9:00pm

Wednesday Mixed – 21 games - \$300.00 *plus membership – 2 ladies/2men per team
 Alternating Draw Times – 16 team league – 6:30pm and 9:00pm

Friday Night Mixed – 19 games - \$295.00 *plus membership-2 ladies/2 men per team
 6:30pm Only Draw Time – 16 Team League

Friday Night Open Late – 19 games - \$280.00 *plus membership – any combination of females/males on a team
 9:00 Only Draw Time – 16 Team League

Saturday Open - 17 games - \$255.00 *plus membership – any combination of females/males on a team
 7:00pm Only Draw Time – 16 Team League

Junior Curling
 Saturday Mornings – 10:00am to 11:30am – ages 10 – 18
 \$125.00 *plus membership \$25.00 required

Little Rocks #1
 Saturday Afternoon – 12:30 – 1:30pm
 *This is for new little rockers – ages 5 - 9
 \$75.00 – 6 weeks - *plus community membership - \$25.00 required

Little Rocks #2
 Saturday Afternoon – 2:00pm – 3:00pm
 MUST HAVE TAKEN LITTLE ROCKS #1 TO REGISTER
 Ages 5 – 9 - \$75.00 – 6 weeks *plus community membership \$25 required.

BONSPIELS – 2016-2017
 Ladies Bonspiel – November 4, 5, 6 – 2016
 Mixed Bonspiel – December 3, 4 - 2016
 Junior Noel Bonspiel – December 10 -2016
 Men's Bonspiel – January 5, 6, 7, 8 – 2017
 CURLING ROCKS!



CALGARY MOUNTAINVIEW LIONS CLUB

We Serve

**Meets at the Triwood Community Hall
 on the second and fourth Tuesday of each month.**
 Serving Northwest Calgary, open to all men and women of legal age.
For more info call: John Wilson 403-932-6043

HUNTINGTON PIONEERS ASSOCIATION



A club for adults 50 years and older, retired or semi-retired.

Located in the lower level of the Huntington Hills Community Association
 520 78th Avenue NW T2K 0S2
 Phone: 403-275-4294 • Fax: 403-275-5227
 www.huntingtonpioneers.com
 E-Mail: pioneers50@telus.net
 The Huntington Pioneers Association is a group of people participating in a variety of activities.

Some of the activities include:
 Bridge, snooker, whist, shuffle boarding, art classes, craft classes, outings, movies, volunteer activities, social events and more!

We have regular monthly activities and we invite anyone meeting our membership requirements to join us:

Pot luck supper: last Monday of each month, starts at 5:30pm

Movie Night: 3rd Friday of every month 7pm, Silver collection for popcorn and pop.

Art classes: Every Tuesday 1:00pm-3:00pm, includes: oil painting, water color, acrylics and sketching.

Games Night: every Tuesday from 6pm – 9pm.

Soup and Bun Day: The 2nd Thursday of every month, starting at 12pm. Cost set by Board.

Club Cost and hours:
 \$33 for membership
 Tuesdays and Thursdays from 10am – 4pm

Call 403-275-4294 for more information; registration and costs, program start times, and more.



Huntington Hills Community Association Out of School Care Programs

****New Fall 2016**
 Offering Morning and Afternoon Kindergarten spots at ALL 5 schools!**

- Bussing to 5 local schools:
- St. Henry, St. Hubert, Dr. JK Mulloy, Alex Munro, Huntington Hills School
- Government Subsidy Available
- Affordable
- Qualified and energetic staff
- Third year accredited
- Fully licensed
- Sibling Discounts

- Ice Skating
- Curling Ice
- A bus to take us on fieldtrips!
- A projector to watch our monthly movie on
- Delicious kid friendly snacks
- A lizard AND a gecko!
- Crafts and Science experiments
- Baking
- On-site park
- Large grassy hills and fields
- A new gym coming in Fall 2016
- PD days included in monthly fee
- Winter/ Spring/ Summer Camps available too!



Huntington Hills mybabysitterlist

Name	Age	Contact	Course
Alexandra	34	587-432-7977	Yes
Andrea	31	587-437-2048	Yes
Anna	33	403-607-7464	Yes
Benjamin	14	587-284-6324	Yes
Brooklyn	15	403-990-6176	Yes
Dayelle	32	587-755-1878	No
Emilie	27	403-923-3816	No
Emily	15	587-581-3684	Yes
Hazel	14	587-890-9559	Yes
Nicole	27	587-876-9600	Yes
Paige	22	780-305-1381	No
Rachelle	18	403-971-8870	Yes
Saml	13	403-463-8264	Yes
Tammy	29	587-968-1638	Yes
Teresa	43	403-478-3749	Yes

Calling All BABYSITTERS Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



Huntington Hills Real Estate Update

Last 12 Months Huntington Hills MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
July 2016	\$449,900.00	\$435,000.00
June 2016	\$399,900.00	\$382,750.00
May 2016	\$348,750.00	\$338,500.00
April 2016	\$409,900.00	\$400,000.00
March 2016	\$444,900.00	\$426,500.00
February 2016	\$459,300.00	\$455,500.00
January 2016	\$439,900.00	\$445,000.00
December 2015	\$339,900.00	\$324,000.00
November 2015	\$374,950.00	\$359,500.00
October 2015	\$439,850.00	\$436,500.00
September 2015	\$425,000.00	\$423,000.00
August 2015	\$437,400.00	\$437,400.00

Last 12 Months Huntington Hills MLS Real Estate Number of Listings Stats

	No. New Properties	No. Properties Sold
July 2016	11	9
June 2016	5	8
May 2016	15	6
April 2016	10	9
March 2016	7	8
February 2016	10	2
January 2016	3	1
December 2015	3	5
November 2015	5	6
October 2015	9	12
September 2015	9	9
August 2015	14	8

To view the specific SOLD Listings that comprise the above MLS averages please visit huntington_hills.great-news.ca



CULINARY FILE:

Feta Turkey Burgers with Sautéed Red Pepper and Onions

Written by Rae-Ann Hagen, Registered Dietitian

Turkey Burgers have become a family staple over the past couple of years. This recipe was originally my husband's creation that has since evolved into this quick and easy meal. Not only is this super quick but they always make for a delicious healthy meal which makes this recipe perfect for both a weeknight family meal or a weekend BBQ with friends. To make these burgers I recommend you start with your favourite fresh whole wheat bun. Follow the recipes for the feta turkey burger patties and sautéed red pepper and onion topping listed below. I find that fresh arugula adds a nice peppery flavour but any green will compliment these turkey burgers well. I love to serve these with a yummy summer salad on the side to keep it light and fresh.

Feta Turkey Burger Patties

Ingredients:

- 1 package of ground turkey
- 1/4 cup of feta cheese
- 1 tsp dried oregano
- freshly ground pepper to taste

Directions:

1. In a medium bowl, combine all ingredients. Divide into 4 equal parts and form into patties. If time allows

let the patties rest in the fridge for an hour prior to cooking.

2. Cook the patties on a medium grill. Cooking time can vary but is typically around 20 minutes. Check the internal temperature is at least 165 °F to ensure the patties are fully cooked.
3. Serve on a fresh bun, top with the red pepper onion topping and fresh arugula.

Sautéed Red Pepper & Onion Topping

Ingredients:

- 1/2 red pepper thinly sliced
- 1/4 white onion thinly sliced
- 1 tbsp. canola oil
- sprinkle of Montreal Steak spice

Directions:

1. Put red peppers, onions, canola oil and Montreal steak spice together in a pan. Cook on a medium heat until soft, around 5 minutes.
2. Place on top of your grilled feta turkey burger.

Enjoy these with family and friends during this fabulous barbeque season!



Photograph: www.alamy.com

WHEN A CHILD FALLS BEHIND:

TIPS FROM A PSYCHOLOGIST & FORMER TEACHER

By Joyce Achtnig BEd, MC, CCC, Provisional Psychologist & Canadian Certified Counsellor

What Can You do if Your Child is Struggling in School?

Is your child underachieving academically? Or do you think your child may be gifted and is underachieving due to boredom and lack of challenge? Parents and teachers are often the first to voice concerns regarding a child's struggles and need for help. When teachers suspect that issues like Attention-Deficit/Hyperactivity Disorder (ADHD), Autism Spectrum Disorder (ASD), or a learning disability may be at the root of a child's challenges at school, they will often recommend a psycho-educational evaluation. Current research demonstrates that early identification, understanding, and appropriate intervention is the key to a child's success.

What are School Psycho-educational Assessments and What Benefits do They Offer?

It is understandable that many parents are unclear about exactly what a psycho-educational assessment is when school staff or a physician recommend it. A psycho-educational assessment will evaluate your child's thinking/reasoning abilities and underlying psychological processes (e.g., attention, processing, fluid reasoning, memory). It also assesses academic achievement (e.g., expressive and receptive language, reading, writing composition, math), social development, emotional functioning, and behaviour. This is generally accomplished through standardized testing, informal assessments, interviews, questionnaires, observations, and review of previous records or reports.

The end result is a rich and comprehensive assessment that helps parents and educators by making sense of a child's struggles and uncovering his or her strengths. A psycho-educational assessment is a powerful tool because it creates a more accurate and complete picture of your child that can change the way your child is perceived and ensure that appropriate resources, educa-

tional programming, and accommodations necessary for success are recommended. In addition, information in the assessment may also be used to qualify the child for disability services, or to guide physicians in choosing appropriate medication, etc.

How Can Parents Obtain a Psycho-educational Assessment?

Parents may ask the school to complete a psycho-educational assessment; this is done by school board psychologists, at no cost to parents. Unfortunately, there are waitlists and only the most severe or in need students will qualify for the few assessment opportunities that have been allocated to each school for that year. The fastest way to obtain an assessment for your child is to use a psychologist in private practice; we can usually book an appointment in less than a month, and have the report completed between four to six weeks after testing. In Calgary, the cost for a psycho-educational assessment ranges from approximately \$1,400 to \$2,800, depending on the psychologist you choose and the assessment tools and time required. In many cases, a parent's insurance plan through work can pay for at least some of this expense.

Insect Trivia



Mosquitoes dislike citronella because it irritates their feet.

Family Connections Parent Link Centre



The Parent Link Centre is open from 9-5PM Monday-Friday & Thursday we are open 9- 7:30PM and We offer free programs for parents with children 0-6. For more information on hours and programs please stop by & visit us to pick up a calendar or call Tracey at 403-275-6666 ext 276.

The Family Connections Parent Link Centre will be closed Monday September 5, 2016.

We will run **NO** programs for the week of August 29 – September 2, 2016.

PARENT LINK STAFF

Cassandra: Manager ext 274

Tracey: Administrative Assistant - ext 276

Sue: Parent Coach - ext 235

Paula: Child Development Facilitator – ext 237

Vivian: ESL Program Facilitator – ext 242

Michele: Program Facilitator – ext 241

All of the Parent Link Programs are free of charge!

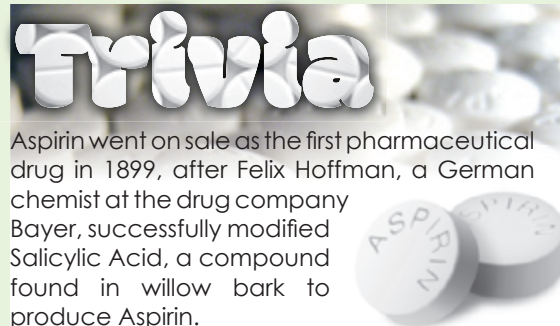
PROGRAMS

ESL Program coming soon, Contact Vivian at 403-275-6666 ext. 242 for more information.

STARTING IN SEPTEMBER

Playtime Fun: This program will start the morning of Tuesday September 6 (10:00 – 11:30am)

Kids' Corner: This program will start the afternoon of Tuesday September 6 (1:30 – 3:00pm)



Aspirin went on sale as the first pharmaceutical drug in 1899, after Felix Hoffman, a German chemist at the drug company Bayer, successfully modified Salicylic Acid, a compound found in willow bark to produce Aspirin.

Play & Story: This program starts on Wednesday September 7 (10:00 – 11:30am)

Baby & Me: Returns on Thursday September 22 this program is for parents/caregivers who have children 12 months and under. (1:30 – 3:00pm)

Just For Moms: Returns Saturday, September 24, 2016, 2:00-4:00; When our topic will be **Budgeting for Life.** Contact Cassandra at 403-275-6666 ext. 274 for more information. Registrations begins August 29, 2016, call Tracey at 403-275-6666 ext. 276.

COMING IN OCTOBER

Come play with me @ Vivo: Thursday Mornings from 10 – 11:30am, starting October 6, 2016 stay tuned for more information.

Parenting Programs:

**Positive Parenting Program
Triple P Parenting Seminars (3 to 11 years)**
September 17 Saturday 10-3 pm

Come join us for a set of 3 seminars on parenting which will focus on understanding development and managing behavior in a constructive and caring way. Seminar topics are:

- The Power of Positive Parenting
- Raising Confident, Competent children
- Raising Resilient Children

Lunch will be provided. Call Tracey at 403-275-6666 ext. 276 to register for the workshop and free childcare starting Aug 22.

Dealing with Disobedience (TP discussion workshop)

September 26 Monday 6:30-8:30 pm
Come share ideas and experiences while identifying positive parenting strategies to help prevent problems and handle disobedience with children 3-11 years old
Call Tracey at 403-275-6666 ext. 276 to register for the workshop and free childcare starting Sept 6. For more information, call 403-275-6666 #274.

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

September 21 to October 2 - Calgary International Film Festival (CIFF): The Calgary International Film Festival (CIFF) is a 12-day showcase of up to 200 multi-genre films from Canada and over 40 other countries. The festival hosts gala events, screenings, award ceremonies and special presentations. www.calgaryfilm.com

October 1 - A Little Light Music: This is a chamber music concert with a special focus on well-known Canadian composers. There will be a fun, playful line-up of music in this concert with everything from A Little Light Music to Viva Gershwin. www.scpa.ucalgary.ca/events/little-light-music

October 6 - An Evening With Bethany Hamilton, Soul Surfer: Bethany Hamilton has become a source of inspiration to millions through her story of determination, faith and hope. Hear Hamilton discuss her surfing career and her charitable contributions in this inspirational talk. www.ticketmaster.ca/event/110050A6A6225E87

October 7 to 8 - Disney In Concert: Tale As Old As Time: Start Thanksgiving weekend with some classic Disney tunes performed by the Calgary Philharmonic Orchestra. The popular Disney songs from these films are played alongside clips from the movies. www.calgaryphil.com

October 11 to 29 – Boom: Using images and video, the show explores the musicians, politicians and cultural icons around from 1945 to 1969 that shaped the baby boom generation. www.theatre Calgary.com

October 12 to 15 - Intensional Particle + Split Flow: Hiroaki Umeda is a Japanese multi-disciplinary artist. He's a dancer, a sound, image and lighting designer, and a choreography. He brings two new solo shows to Theatre Junction. www.theatrejunction.com

October 14 to 29 – Fluid Festival: This year marks the 11th Fluid Festival, and just like the inaugural event, this year's Fluid Festival will celebrate dance and physical performance. www.springboardperformance.com

October 15 - Calgary Stampeders PinkPower Game: This football game joins in the fight against women's cancers. Arrive early to the game to purchase limited edition PinkPower merchandise, then watch the Calgary Stampeders take on the Montréal Alouettes. www.stampeders.com

SEPTEMBER 8 TO OCTOBER 16 ILLUMINASIA LANTERN AND GARDEN FESTIVAL

Illuminasia returns to the Calgary Zoo for its second year. This year, the theme is the four seasons and the four noble plants of Chinese culture — one plant is used to represent each season. www.illuminasiacalgaryzoo.com



SEPTEMBER 30 TO OCTOBER 1 THE PRINT IT YOURSELF FESTIVAL

Learn about the various techniques behind printmaking at the sixth annual Print It Yourself Festival. Learn what goes into making a piece of print art, engage in the process and create a piece of artwork yourself. www.albertaprintmakers.com



IMAGE COURTESY
OF ALBERTA
PRINTMAKERS

OCTOBER 27 TO 29 DRACULA

The Alberta Ballet presents the classical ballet Dracula at the end of October. Special effects, impressive costumes (Dracula wears a 23-foot-long cape) and exquisite choreography bring this horror story to life. www.albertaballet50.com



OCTOBER

Building Strong Families:

Workshop Series for Lone Parents

This fun and informative workshop series was developed with the help of real lone parents.

Weekly topics include; living on a budget, parenting on your own, working with your child's other parent, planning ahead, resources, family activities, taking care of yourself and moving on. Lunch and Child Care Provided

Saturdays, September 24th to November 12th
(no session October 8th)

10:30am to 1:30pm

To register call 403-275-6668 ext 222 or email singleparent@weconnectyou.ca 520 78 Avenue NW.



News from the Friends of Nose Hill

by Anne Burke

The City needs help in identifying weeds in open space. The management plan involves methods to combat weed threats. These tools are biological, mechanical, chemical, and cultural controls. There are some concerns about spraying pesticides and herbicides, although the City posts signs and does have some pesticide-free parks in Calgary.

One of the controls is an organic vegetation management practice called targeted grazing, a land management strategy which is safe, chemical free, and environmentally friendly.

Beginning in June (and for three weeks this summer) a herd of 100 goats was monitored 24 hours a day by the shepherd, with herding dogs, volunteers, and horses in Confluence Park (West Nose Creek).

This is important wildlife habitat. Unlike Nose Hill, the site permits livestock grazing with an approved development permit application, although the practice is generally prohibited within City limits. As the animals fertilize the soil, their hooves help to till, aerate, and condition the ground. Their digestion is acidic, so that the seeds cannot grow as new weeds. The purpose was to control invasive species such as Canada thistle, yellow clematis, nodding thistle, and other delicious broad leaf weeds they prefer. See: online at calgary.ca/goats.

The Urban Conservation Lead for City Parks said the public has been very supportive. We now know we can use goats in an active park, without disrupting enjoyment by park visitors, whether on foot, bicycle, or with dogs on leash. The goats did an excellent job targeting invasive weeds, such as Canada thistle, hound's tongue, and hawkwood.

The project budget was \$25,000. The City will assess and evaluate the data to decide about the project's effect-

iveness. The next step will be to evaluate its potential use in parks and open spaces. If successful, the initiative may expand to other natural areas in the city.

On the monthly BiodiverCity Committee agenda there were announcements, presentations on wildlife strategy, biodiversity implementation plan; updates from subcommittees, work plan, business unit survey, and list of potential 3rd party partners. Meetings are in downtown Calgary and open to the public. For details, contact steven.snell@calgary.ca.

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			8			1	4	6
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		1		9				
5	3	6			7			

FIND SOLUTION ON PAGE 17

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Huntington Hills. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

RIGHTWAY PLUMBING AND HEATING: Has been happily serving the Huntington Hills area with quality work, happy clients and fair pricing; with second generation experience, there is no job we can't handle. Furnaces, softeners, garburators, appliances, humidifiers, faucets, water heaters, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

ARE YOU LOOKING FOR A LOCAL, PROFESSIONAL ELECTRICIAN? FCC Electric is well established, insured, certified and happy to assist with all your residential and commercial projects. FCC Electric offers free estimates, home inspections, kitchen/basement/garage renovations, repairs/troubleshooting panel/service changes, retail development at fair rates with references. 65+ discounts. Call us 403-462-8801.

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SONIA'S JEWELRY WITH A PURPOSE: At Color By Amber we support Artisans around the world and bring aid to their communities to help ensure for them a happy, healthy and sustainable life. If you are looking for beautiful jewelry to fit your everyday lifestyle--work, casual or evening, call Sonia at 403-978-9294 LOOK GOOD, FEEL GOOD, DO GOOD! <https://soniacrites.mycolorbyamber.com>.

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Quinine, one of the most important drugs known to man, is obtained from the dried bark of an evergreen tree native to South America.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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The Huntington Hills Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.

COMMUNITY ANNOUNCEMENTS

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

NOT SURE WHAT TO DO WITH YOUR CLUTTER? The Clothesline program in Calgary collects gently used clothing, electronics and small household items-where proceeds support the Canadian Diabetes Association. To donate and schedule your free pick-up, call 1-800-505-5525 or visit www.diabetes.ca/clothesline.

BRAIN GAMES SUDOKU

2	9	3	8	7	5	1	4	6
1	6	4	9	2	3	5	8	7
7	5	8	1	4	6	2	3	9
6	7	9	2	3	8	4	5	1
4	8	5	7	1	9	6	2	3
3	1	2	5	6	4	7	9	8
9	2	7	3	5	1	8	6	4
8	4	1	6	9	2	3	7	5
5	3	6	4	8	7	9	1	2

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Website at www.michellerempel.ca

An important change that will significantly impact Canadian democracy is about to happen. The Federal government has announced that it will change the way that we elect our representatives.

At present, when you vote in a federal election, you cast a vote for the person you want to have represent you in Ottawa. The candidate who receives the most votes is then selected to serve our community. They are directly accountable to the electorate in their community for their decisions.

The Federal government is going to change this process.

However, they have not told us how they are going to change the system. Instead, they've indicated that they likely will not let Canadians have a direct say on whatever they propose via referendum.

I'll point out the obvious; any politician will have a self-interest in changing the voting system. As such, I believe that it is highly inappropriate for politicians to change how they are elected without direct approval from Canadians.

My town-hall meeting last May featured a lively discussion on electoral reform and I thank all the participants for their insight and input. But, in order to directly consult with you, all households in my riding will receive a survey from me, with information on this vital topic and asking your own opinion on the subject. When you receive this please return it to me with your comments. You may also complete the survey online at www.michellerempel.ca/survey.

I need your voice and thoughts on this urgent and highly important issue.

You may also contact me directly with your concerns on this vital issue, or any others, by email at: Michelle.Rempel@parl.gc.ca.

Or by mail to: Suite 201, 1318 Centre Street NE, Calgary, Alberta, T2E 2R7. Mailings to M.P. offices are postage free.



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Greetings Residents,

Safety Reminders for Back to School

Safe driving goes beyond the first week of September, drivers need to exercise caution the rest of the year, too. Have a great school year and drive safely! Visit www.canadasafetycouncil.org/child-safety/safety-reminders-back-school.

Calgary AfterSchool

Trying to figure out what to do with your child once school starts? Calgary AfterSchool offers, fun, safe, supervised, and quality after school programs for Calgary kids aged 6 to 16. A collaborative effort between The City of Calgary and community partners, Calgary AfterSchool programming takes place during the critical hours of 3 p.m. – 6 p.m., when kids are out of school, but parents may not yet be home. Calgary AfterSchool participants gain physical, social, leadership and creative skills. For more information, including a listing of all programs, visit Calgary.ca/AfterSchool.

Subsidies are available for City services

Need help accessing City of Calgary programs, services or facilities? The City has several programs that are offered at a subsidized rate for Calgarians who may have trouble affording them. The new Fair Entry process makes applying for fee subsidized City-services easier.

One application allows Calgarians to have their income level assessed for several subsidy programs and services. Apply for:

1. Calgary Transit Low-Income Transit Pass Program
2. Recreation Fee Assistance Program
3. Property Tax Assistance Program
4. No Cost Spay/Neuter Program
5. Seniors Services Home Maintenance

For more information or to apply, visit calgary.ca/fairentry.

**IMPORTANT CHANGES TO TAX-EXEMPT
WEALTH TRANSFER STRATEGIES**

On January 1, 2017, the federal government is amending regulations that will significantly decrease the tax efficiency of current "wealth transfer" strategies.

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**TAX-SMART INVESTMENT AND
ESTATE STRATEGIES**

GUEST SPEAKERS:



PETER BOWEN, B.A.(Econ), CA
Vice-President, Tax Research and Solutions



M.C. (MIKE) MACOUN, CLU, CHS, TEP
Vice-President, Estate Planning Specialist



DATE: Tuesday, August 30, 2016
3:00 pm - 5:00 pm

LOCATION: Canada's Sports Hall of Fame
169 Canada Olympic Road S.W.
Canada Olympic Park
Calgary, AB T3B 6B7

RSVP: Kara Weber
(403) 299-7374
kara.weber@rbc.com

All guests must be registered to attend. (Space is limited.)

Refreshments will be provided
Complimentary parking on site
Includes access to interactive sports,
Hall of Fame Gallery & Museum Tour

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First meeting September 11
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November 18th
- More events coming
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