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At Highwood Lutheran Church  
419 Northmount Drive NW Calgary

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December 24, Christmas Eve  
5:00 PM Candlelight Service  
9:00 PM Compline Service

December 25, Christmas Day  
10:30 AM Communion Service

Need more information?  
Call 403-289-8206  
Check us out on Facebook  
or visit [www.highwoodlutheran.com](http://www.highwoodlutheran.com)



## HUNTINGTON HILLS COMMUNITY ASSOCIATION

520-78 Ave. NW Calgary, AB – T2K 0S2  
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[www.huntingtonhillscalgary.com](http://www.huntingtonhillscalgary.com)

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[cassandra@weconnectyou.ca](mailto:cassandra@weconnectyou.ca)  
 All editorial content must be submitted by the 1st of the month for the following month's publication.

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[www.great-news.ca](http://www.great-news.ca)



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*The information contained in this newsletter is believed to be accurate, but is not warranted to be so.*

*Great News Publishing and Huntington Hills Community Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.*

## IMPORTANT NUMBERS

ALL EMERGENCY CALLS		911
Alberta Adolescent Recovery Centre	403-253-5250	
AHS Addictions Hotline	1-866-332-2322	
ATCO Gas – 24 Hour Emergency	403-245-7222	
Calgary HEALTH LINK 24/7	811	
Calgary Police – Non Emergency	403-266-1234	
Calgary Women's Emergency Shelter	403-234-7233	
Child Abuse Hotline	1-800-387-5437	
Kids Help Line	1-800-668-6868	
Child Safe Canada	403-202-5900	
Distress/Crisis Line	403-266-4357	
ENMAX – Power Trouble	403-514-6100	
Poison Centre - Alberta	1-800-332-1414	
HOSPITALS / URGENT CARE		
Alberta Children's Hospital	403-955-7211	
Foothills Hospital	403-944-1110	
Peter Lougheed Centre	403-943-4555	
Rockyview General Hospital	403-943-3000	
Sheldon M. Chumir Health Centre	403-955-6200	
South Calgary Urgent Care Health Centre	403-943-9300	
South Health Campus	403-956-1111	
OTHER		
Calgary Humane Society	403-205-4455	
Calgary Parking Authority	403-537-7000	
SeniorConnect	403-266-6200	
Calgary Kerby Elder Abuse Line	403-705-3250	
Alberta One-Call Corporation	1-800-242-3447	
City of Calgary	311	
Social Service Info & Referral	211	
Community Mediation Calgary Society	403-269-2707	
Road Conditions – Calgary	511	
Weather Information		
Gamblers Anonymous	403-237-0654	

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# Huntington Hills Community Centre

520 – 78 Avenue NW, Calgary  
[www.huntingtonhillscalgary.com](http://www.huntingtonhillscalgary.com)  
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Director	Molly McDonald
Director	Walter Langston
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Stay current and involved with activities,  
 local news and meetings with your  
 Huntington Hills Community Association at

[www.huntingtonhillscalgary.com/](http://www.huntingtonhillscalgary.com/)

## Gym Rentals Available

Call the Main Office at  
 403-275-6666, ext 234  
 for more information.

# Adventures in Learning Preschool



**Registration is now open.**

**Registration fee:**

\$75.00 NON REFUNDABLE.

Three classes weekly (Mon, Wed, and Fri)

9:00-11:30 am \$180.00 per month.

Two classes weekly

(Tue. & Thurs) AM \$150.00

**Class times**

- Morning hours 9: 00-11:30

Your child must be at least 3 years old age to enter and be fully toilet trained.

Subsidy is available through the Government of Alberta.

**Huntington Hills Community  
 Adventures in Learn Preschool**

520 – 78<sup>th</sup> Avenue NW

Calgary, Alberta T2K 0S2

403-275-6666 ext 233 | 403-512-5732



## CALGARY MOUNTAINVIEW LIONS CLUB

Meets at the Triwood Community Hall  
 on the second and fourth Tuesday of each month.

Serving Northwest Calgary, open to all  
 men and women of legal age.

For more info call: John Wilson 403-932-6043

## PRESIDENT'S MESSAGE

by Moe Sinotte, President

Since this has to be done quite a bit ahead of the publishing time some of the things I talk about might be old hat by the time you read it. For example, I started this the night after the municipal election. As good community members I'm sure a lot of you voted, and even though not all of us got our candidates elected, we can hope that the next four years will give us good government.

The Community Centre is very active with all the sports available and with the new addition, more people will get to enjoy the activities. If you haven't visited the facility yet this fall, please go and have a look. There is always someone there to answer questions and maybe it will encourage you to get involved in some of these activities. You're never too young or too old to curl, play soccer or hockey.

We as a board, are hoping to initiate some activities this winter for the community and some of the surrounding areas to participate in based, on the success we had with the picnic we held in the summer. Who knows; something may have taken place by the time this comes to your door.

It seems odd to be talking about the Christmas festive season at the time of writing this. My wife and I are hoping to spend time with some of our family. The Board and I would like to wish all of you the best of the Holiday Season whether it's being with your family, taking advantage of the snow (I'm optimistic) or celebrating the time in your own way. All the best in 2018.

## HOOVES OF THUNDER

In Dutch, Santa's reindeer Donner and Blitzen are named Donder and Bliksem, which means thunder and lightning respectively.



## Best Christmas Lights Competition

Nominate yourself or friends for the Christmas Lights Competition. You must get their permission, then send us their name, address and phone number to enter the competition. Only residents in Huntington can apply.

There will be a prize for the best entry.

LET'S HEAR FROM YOU

Email the Huntington Events Committee at  
[HuntingtonHillsEvents@gmail.com](mailto:HuntingtonHillsEvents@gmail.com).

Deadline: Dec 20th 2017...

HAVE A GREAT WINTER!



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**FYI - Great News Publishing  
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 All Economic Downturns.**

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 403-263-3044**



## Huntington Hills Community Association Out of School Care!

Accredited program offering an abundance of fun physical activities, field trips, clubs, and creative expression.

We are a home away from home where each child's individual needs, interests, and abilities are met and challenged.

### ONSITE GYMNASIUM

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Onsite skating, sledding and more!

Come join in on the fun! We offer full-time, part-time and morning/afternoon kindergarten.

Servicing Huntington Hills Elementary, Alex Munro, Dr. J.K. Mulloy, St. Henry and St. Hubert schools.

Please contact Kayann or Sarah for further information at 403-275-6666 ext. 277.

**We look forward to hearing from you!**

## Winter Break is approaching!

The Huntington Hills Community Association always has a lot of fun going on, from crafts to skating, baking to celebrations, sledding to indoor games.

Only \$40.00/day!

Spaces open from December 21- January 5, 2018  
(Please note the program will be on December 25- 26, 2017 and January 1, 2018.)

Please call Kayann or Sarah 403-275-6666 ext 277 for more information, or stop by the Out of School Care between 7 am to 6 pm to pick up a form.

**Daily Themes:**

- Building a Winter Wonderland (Dec 21)
- Christmas Around the World (Dec 22)
- Baking Extravaganza (Dec 27)
- Random Acts of Kindness (Dec 28)
- New Years Celebration (Dec 29)
- Slime of All Kinds (Jan 2)
- Indoor Olympics (Jan 3)
- All About Snowmen (Jan 4)
- Dr. Suess for You! (Jan 5)



## Building Strong Families Lone Parent Program

The Building Strong Families Lone Parent Program offers individual and group support.

**Individual Support:** providing information, resources, referrals and parenting resources.

Contact: Lesley at 403-275-6668 ext. 222 or [singleparent@weconnectyou.ca](mailto:singleparent@weconnectyou.ca)

### Upcoming Lone Parent Workshop Series:

#### Building Strong Families: Parenting on Your Own

This fun and informative workshop series was developed with the help of real lone parents. Weekly topics include; money management, parenting on your own, working with your child's other parent, child development, resources, family activities, taking care of yourself and moving on. Meals and child care provided.

#### Huntington Hills Location

For more information call 403-275-6668 ext 222 or email [singleparent@weconnectyou.ca](mailto:singleparent@weconnectyou.ca).

#### Lone Parent Networking Collective

Come learn, share and have fun. A different topic every month. The second Saturday of the month from 2:00 PM to 4:00 PM. Child care provided.

To register call 403-275-6668 ext. 222 or 232 or email [singleparent@weconnectyou.ca](mailto:singleparent@weconnectyou.ca)



Name	Age	Contact	Course
Willow	13	403-608-0003	Yes
Tegan	13	403-203-8163	Yes
Benjamin	15	587-284-6324	Yes
Saml	15	403-463-8264	Yes
Keira	15	403-809-9020	Yes
Emily	16	587-581-3684	Yes
Hazel	16	587-890-9559	Yes
Brooklyn	17	403-990-6176	Yes
Rachelle	19	403-971-8870	Yes
Eva	20	403-612-9598	No
Tamara	23	587-583-1172	Yes
Tannis	25	403-852-0889	Yes
Emilie	28	403-923-3816	No
Shawna	30	403-968-5764	Yes
Tammy	31	587-968-1638	Yes
Dayelle	34	587-755-1878	No
Teresa	45	403-478-3749	Yes
Rita	59	403-863-7986	Yes

**Calling All BABYSITTERS**  
Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS**  
Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).

## Pure Poinsettias

Poinsettias are indigenous to Mexico, and were originally used by the Aztecs for red dyes, medicine, and represented purity. Later in the 16th century, they were adopted by Mexican Franciscan friars as a Christmas symbol.



## Family Connections Parent Link Centre

The Parent Link Centre is open Monday 1:00pm - 5:00pm, Tuesday & Wednesday 9:00am - 5:00pm, Thursday 9:00am - 7:30pm and Friday 9:00am - 3:00pm. We offer free programs for parents with children 0-6. For more information on hours and programs please stop by, and visit us to pick up a calendar or call Tracey at 403-275-6666 ext. 276.

### PARENT LINK STAFF

Cassandra: Manager ext. 274

Tracey: Administrative Assistant - ext. 276

Sue: Parent Coach - ext. 235

Paula: Child Development Facilitator - ext. 237

Vivian: ESL Program Facilitator - ext. 242

Amina: Child Development Facilitator - ext. 241

[www.weconnectyou.ca](http://www.weconnectyou.ca)

All of the Parent Link Programs are free of charge!

**No programs from December 21 - January 8.**

### PROGRAMS:

**Playtime Fun:** Tuesday mornings, 10:00-11:30; Please Join us for this free, drop-in, playgroup for parents and children (Birth to 5). Children are able to move about in the room and pick from a variety play areas.

**Kid's Corner:** Tuesday afternoons, 1:30-3:00; Join us for this afternoon, relaxed, drop in group for parents and children free of charge (Birth - 5). Our afternoon program is a little quieter than the morning program.

**Play & Songs:** Wednesday mornings, 10:00-11:30; This is a playgroup for all ages with a variety of activities to explore in the Parent Link Room and ending with a short song time. Please sit with your child on the rug during this time. Toddlers are not expected to sit for songs and wandering will happen. We ask parents not to have conversations with one another during song time, please model sitting on the carpet, taking part in singing the songs, and or listening to the story quietly.

Exposing your child to these song times is great for developing their attention span.

**Baby and Me (under 12 months)** Please note the change in Day: Wednesday afternoons, 1:30-3:00. Stop in and join the fun playing with your baby and talking with other parents. Watch the calendar for special guests eg. Library, AHS nutrition.

### ESL Program coming soon

Contact Vivian at 403-275-6666 ext. 242 for more information.

**Parenting programs return in January.**

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## Huntington Pioneers Association

**A group for adults 50 years and older, working, retired or semi-retired.**

Located in the lower level of the Huntington Hills Community Association

520 78th Avenue NWT2K 0S2

Phone: 403-275-4294 • Fax: 403-275-5227

[www.huntingtonpioneers.com](http://www.huntingtonpioneers.com)

E-Mail: [pioneers50@telus.net](mailto:pioneers50@telus.net).

Office Hours: Tuesdays and Thursdays from 10am - 4pm

**The Huntington Pioneers Association** is a group of people participating in a variety of activities such as: Art Classes, Bridge, Pool, Cards, Craft Classes, Day Trips, Movies, Volunteer Activities, Yoga, Line Dancing, Hand Bells, Social Events and more!

- **Art classes:** Every Tuesday 10:30am - 12:30 pm & 1:00pm-3:00pm, includes: oil painting, water color, acrylics and sketching. Contact office to register.
- **Yoga Classes:** Friday 9:00 am
- **Line Dancing:** Monday 6:00 pm
- **Card Night:** Every Tuesday from 6pm - 9pm.
- **Casino Day Trips** - 3<sup>rd</sup> Wednesday of every month
- **Men's Acapella Chorus:** Every Tuesday 10 am. Contact Doug Marwood for more information - 403-244-4952
- **Movie Night:** 3<sup>rd</sup> Friday of every month 7pm, silver collection for popcorn and pop.
- **Pot Luck Supper** - Last Monday of each month, starts at 5:30pm
- **Soup and Bun Day:** 2<sup>nd</sup> Thursday of every month, starting at 12pm. (nominal charge, call for information)

We have a reasonable once a year membership fee and an opportunity to visit with us before membership is required.

Call 403-275-4294 for more information; registration and costs, program start times, and more or check out our website listed above!



## Huntington Hills Skating Club

Programs run out of the Huntington Hills Community Centre and VIVO



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**403-275-6061**

# The North Central Family Support Program

We assist families living in the communities of North Central Calgary in locating necessary resources and welcome all families in the community to participate in our free family social connection programs and events. We provide educational opportunities, parent workshops and youth programming. Through our partnerships with a number of community agencies we are better able to respond to the needs of children and families in the communities we serve.

We are located on the lower level of the Huntington Hills Community Centre. Stop by during our drop-in hours for more information or to register for programs. Call or email for an intake appointment with us for an assessment that will enable us to better understand what your family needs are and determine how to support you. Our aim is to assist you in accessing the best services and supports so that your family remains strong.



**Lone Parent Networking Collective**

Lone Parents are invited to attend this monthly gathering to connect with others, share knowledge and information and learn new skills. Topics and activities are based on parent suggestions.

**Location:** Huntington Hills Community Association  
520 78 Avenue NW Calgary

**Dates:** Fall Dates Sept 9 & 10\* Oct 14, Nov 18 & Dec 9, 2017  
\*special outing planned

**Time:** 2:00 PM to 4:00 PM (childcare provided)

**Fee:** no cost, but registration is required

For information and to register, please call 403-275-6668 ext. 222 or email [singleparent@weconnectyou.ca](mailto:singleparent@weconnectyou.ca)




**Jennifer**  
403-275-6666 ext. 221 [jeni@weconnectyou.ca](mailto:jeni@weconnectyou.ca)

**Lorraine**  
403-275-6666 ext 232 [lorraine@weconnectyou.ca](mailto:lorraine@weconnectyou.ca)

**Desiree**  
403-275-6666 ext 221 [families@weconnectyou.ca](mailto:families@weconnectyou.ca)

**Appointment times:**  
Tuesday, Thursday, Friday 9am to 12noon

**Drop in times:**  
Tuesday and Thursday 1pm to 4pm

**Closed Mondays**  
**Workshops, family connection events and educational programming held Tuesday and Thursday evenings and on Saturdays.**

**Outreach Community Advocate:**  
We are working together in partnership with the Bow-West Community Resource Centre and the Northern Hills Community Association to meet the needs of our neighbours in the ever-expanding regions of North West and North Central Calgary. A Community Advocate from BowWest will be at Huntington Hills office on Mondays from 11:30 – 2:30pm, and at the Northern Hills Community office in Vivo on Thursdays, 4-7pm to provide outreach, information and basic needs referrals for singles, seniors and adults experiencing economic challenges. Please call Germaine at 403-874-6809 for information or to schedule an appointment.

**Good Food Box:**  
Prices and order information is the same for the remainder of 2017.

**Free Social Connection programs, educational workshops and groups!** Stay tuned for: Family Laughter Yoga, KMITT to Knit, Grief Workshop, GEMS Girls Group, FOCUS for Attention Parent support group and more! Contact us for more information on upcoming activities.

*\*\*Programs are created by needs identified within the community. If you have suggestions about 'things to do' that are of interest to you or your children please let us know.*

## HHCA UPCOMING PROGRAMS

### Youth Learn to Skate Class

Session #2

Registration for Learn to Skate ongoing.

- Mondays at 4:15pm from Jan 8 – Mar 19 (except Feb 19 for Family Day)
- Saturdays at 10:45am from Jan 6 – Mar 17 (except Feb 17 for Family Day)

Cost \$105

### Youth Learn to Skate Class

Our classes are designed for children under the age of 14 who wish to learn how to skate or who wish to improve their basic skating skills. They will learn a series of balance, control and agility skills in the most fun, exciting and safe environment.

Ages: 3 to 13 YEARS

Session #2

Registration for Learn to Skate ongoing.

- Mondays at 4:15pm from Jan 8 – Mar 19 (except Feb 19 for Family Day)
- Saturdays at 10:45am from Jan 6 – Mar 17 (except Feb 17 for Family Day)

Cost \$105

### Shinny Hockey

He shoots! He scores!

This is a non-competitive program, which allows your child to learn the basic skills of hockey and play the game in a safe and fun environment. Full hockey gear MUST be worn to participate in this program. Some skating experience is necessary.

Note: Children registered in organized hockey may not be accepted in this program. This class is registered on a first come/first serve basis as advertised.

Children are not automatically transferred to the next session.

There is a total of 3 Sessions of Shinny Hockey in the fall and Winter Season. AGES: 7 to 11 YEARS

Session #2 (No classes December 24 or December 31)

Session #3 Registration opens December 13 From January 28 to March 25, Sundays at 9:30 to 10:30 am (No classes February 18)

## News from the Friends of Nose Hill

by Anne Burke

Join us on Wednesday November 15 at Triwood Community Centre Lounge at 7 p.m. for our annual members meeting. Details on [www.fonhs.org](http://www.fonhs.org).

The Supreme Court of Canada played a role in the creation of Nose Hill Park. Planned public purchase of land for a park can be a legitimate reason for refusing to grant a building permit or for a refusal of an application for rezoning.

In 1973, Calgary passed a resolution restricting urban development on 4100 acres in the Nose Hill area and requiring investigation by the City of "all available means" to acquire the land. In 1976, the City reduced the size of the proposed Nose Hill Park by deleting the western parcel of 1500 acres. The Municipal Plan in 1979 said there will be a plan for Nose Hill Park. Then the City passed an area structure plan called Crowchild III which refers to the "proposed Nose Hill Park".

The City adopted the Nose Hill Master Plan by Parks and Recreation to outline the types of recreational activity desirable in the park. This plan put forward 3 alternative park concepts which were evaluated and with recommendations. As a policy document, it was incorporated in the Municipal Plan in June 1980. (There was a Master Plan Review in 1993). With approval of its plan for Nose Hill Park, the City authorized the purchase of land in the park.

The Court determined that: when a municipality makes a firm decision to create a park and demonstrates this in a land-use bylaw, this does not mean that the municipality must create the park immediately.

Under the 1963 law, land could not be zoned as parkland unless the municipality owned the land at the time. Once the decision was made, it had to acquire the land within 6 months. Otherwise, the bylaw was no longer in force.

In 1984, the Court observed that the law has gradually moved away from the rights of the property owner as paramount to planning flexibility and public interest as more important. Alberta decided that, if the rights of individuals and the public conflict, then to the extent necessary, the "greater public interest" must prevail. Ottawa agreed. In other words, *there is nothing inherently wrong with a development freeze*. The Appeal was dismissed with costs.



Celebrating 150 Years of Canadian Wildlife!  
 Northwest Territories & Nunavut

Who Am I?

Plentiful am I in the land of ice and snow,  
 One of many thousands, with many miles to go.  
 Navigating rivers, a multitude of foe,  
 To thunder 'cross the tundra where the warm winds blow.

Cloven-hoofed am I in the land of snow and ice,  
 My crown of velvet antlers is staggering in size.  
 Home again we journey beneath the arctic sky;  
 Think how quickly we'd be home if only we could fly!

White-tailed Deer      Caribou (Reindeer)      White-tailed Jackrabbit

Turn page upside-down for answer!  
 I'm a Caribou © Rosemary Gall, 2017

Compliments of the Friends of the Bowmont Natural Environment Park Area

## HUNTINGTON HILLS CURLING CLUB



**Huntington Hills  
 Community Association**  
 520 – 78<sup>th</sup> Ave NW T2K 0S2  
 403-275-6666 ext 229  
 hhcurls@shaw.ca  
 www.huntingtonhillscurling.com

Curling Season has begun for another season! We had such wonderful fall weather it was hard to come to the club in shorts and sandals and then have to change into long pants and curling shoes. Welcome back to our returning curlers and also a big welcome to all of our new members.

All of our leagues are well underway and the ice is GREAT!

Upcoming events include:

**Ladies Bonspiel** – November 3, 4, 5 – 2017 – This bonspiel is well attended so if you want to register a team, do it early!

**Noel Junior Bonspiel** – December 9 – 2017 – Junior Curlers Rock the House! The Noel Spiel is for novice curlers ages 5 through 18. We have a Little Rocks division – 5- to 8-year-olds, as well as regular rocks for the older curlers. Come on down to watch and support these young curlers! They remind us why we love the sport of curling – because it is FUN!

**Men's Bonspiel** – January 4, 5, 6, 7 - 2017 – Our Men's curling Bonspiel is a popular event so if you are interested in registering – do it now! We host 32 teams and the committee does an outstanding job of having a full weekend of curling, cash prizes and so much more!

Junior Curling, Saturdays mornings from 10:00 to 11:30am will take ongoing registrations throughout the year. We have had a couple of sessions this season and the young curlers are enthusiastic and have tons of fun on and off the ice.

Look forward to seeing you on the ice! Come out and throw rocks at our house!

Barb Dickson, Curling Coordinator/Instructor, 403-276-6666 ext.229  
 hhcurls@shaw.ca • www.huntingtonhillscurlingclub.com

Calgary Nose Hill  
**Hon. Michelle Rempel, MP**  
 201-1318 Centre Street NE, Calgary,  
 AB, T2E 2R7  
 403-216-7777  
 michelle.rempel@parl.gc.ca  
 www.michellerempel.ca

At the end of October, the federal Finance Minister Bill Morneau presented the Fall Economic Statement to the House of Commons. This update confirmed that the government is borrowing large amounts of money to pay for their spending. The update shows that the federal government has borrowed \$20 billion this year. I am deeply concerned about the level of deficit spending we are seeing in Ottawa and I am also troubled by the government's desire to raise taxes on Canadians.

Early in January, I will be conducting my annual pre-budget consultation with our community. I encourage you to contact me with your thoughts and feedback about the next budget. I will be submitting the views of our community directly to the Minister of Finance.

I will continue to work hard for you in Ottawa and ensure that this government is answering the tough questions of how they will help our community with their economic policies.

I would also like to extend to you and your family my best wishes for a wonderful New Year, a Merry Christmas and Happy Holidays.

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## Tips for Handling Holiday Stress

Christmas is a joyous, and stressful, time of year! Not only are the adults stressed, but kids can get stressed as well!

Christmas is busy, loud and full of fun! Routines will change and activities added to take in all the festive sights. We all need a break from the regular routine while also avoiding a rough transition back into routine once the holiday season is over. We have some tips to help you and your family with the festive season.

- It's okay to let your child stay up a little later than usual — but not too late. Limit TV and video games and get out and engage in exercise or play!
- Try to avoid sleeping in more than an hour or so past their usual morning schedule.
- Many children are frustrated by having limited control over their environment, so include them in the planning for the upcoming holiday festivities! Make a calendar together with all the things you plan to do as a family such as Christmas parade, tree lighting, shopping, etc. Sometimes simple is better; don't try to pack each day with something!
- If you are planning on taking special holiday photos, preparation is the key to success. Dress rehearsals are a must, so there isn't a last-minute scramble. You might consider visiting the venue prior to the photo shoot to help ease any anxiety or fears.
- Then, photos with Santa Claus. Remember that your child may be freaked out by the jolly old man in red.

They may not yet understand who he is. So, take it easy and not pressure the little ones into sitting with Santa. There are free Santa workshops (only require a food bank donation) and the kids are not pressured into sitting on Santa's knee and they have crafts and other fun activities to partake in as well! Sometimes, these places are quieter and more suitable for younger children or children with special needs (anxiety, autism, etc.)

- Family meal time is important for reconnecting with each other but during Christmas season it's even more important. It's a time to unwind at the end of the day and reconnect with each other.
- Family meal time doesn't include sitting down at your family's favorite fast food restaurant as your own way to rush to the mall to do more Christmas shopping. Consider having everyone help with menu planning during the festive season!
- Help children to learn the real meaning of Christmas and that it's not all about getting, but giving. Our children can become stressed just seeing all the commercials and ads telling them they MUST have a certain item to be "okay". Find ways with your children that your family can give back!
- Hang onto your family traditions or make a new one!
- Find time this Christmas season to relax with your family. Enjoy family game night, watching Christmas classic shows and just being together.
- For parents, make a sensible budget for presents and stay within it. Money stress is the worst at this time of year and affects everyone! A great idea for gift giving for your kids: something they need, something they want, something to wear and something to read! Plus a Santa gift! And bonus points if you make the gift as it will mean more!

Enjoy the festive season!

*The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge. We are always looking for interested parties to join our coalitions.*

*If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: [nwecdcoalitions@gmail.com](mailto:nwecdcoalitions@gmail.com).*

# BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or [sales@great-news.ca](mailto:sales@great-news.ca)

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Huntington Hills. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**GIBBS ELECTRICAL SERVICES LTD:** Family owned and operated since 2010. Offering all residential and commercial electrical services. Master Electrician with over 17 years of experience. WCB coverage, fully insured and bonded. For our current specials and your free estimate please call Chris at 403-710-4411. Visit us online at [www.Gibbs-Electric.com](http://www.Gibbs-Electric.com).

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## MISTLETOE MURDER

In Norse Mythology, the god of mischief, Loki, tricks the blind god Hod into fatally shooting his brother Baldr with a mistletoe-tipped arrow. Mistletoe was the only thing that hadn't promise not to hurt him, which was why it was able to harm him.



Councillor, Ward 4  
**Sean Chu**  
 403-268-3727  
 ward04@calgary.ca  
 www.calgary.ca/ward4

**Be a Snow Angel!**  
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That's how a lot of people describe their feelings when they nominate a Snow Angel. Many are seniors without the strength to clear their walks. Others may be on the mend from surgery or an illness and their physical ability is limited. Sometimes it's a neighbour who is just having trouble coping with added responsibilities in his/her life.

When you pick up your shovel to clear your walk this winter, take a few extra minutes to help a neighbour too. You'll make it easier for everyone to travel your neighbourhood and build a sense of community at the same time. For more information, visit [calgary.ca/SnowAngels](http://calgary.ca/SnowAngels).

**Youth Employment Centre**

Do you know someone aged 15-24 who is looking for work? The City of Calgary's Youth Employment Centre (YEC) offers year-round services and resources to help youth, secure employment and take the first step in their career.

YEC offers a variety of services FREE of charge, including employment counseling, career planning, networking assistance, résumé assistance, industry-training and mentorship opportunities.

Youth who need support with their job search or career development are encouraged to drop by the office at 315 - 10 Avenue S.E. or visit [youthemploymentcentre.ca](http://youthemploymentcentre.ca).

**Calgary AfterSchool**

Never again hear the phrase "I'm bored".

Calgary AfterSchool offers, fun, safe, free and low-cost after school programs for children and youth. A collaborative effort between The City of Calgary and its community partners, Calgary AfterSchool drop-in programs run on school days and begin after school hours. Activities may include basketball, swimming, arts, leadership, cooking, music, skating, sports, games and much more. The goals of the program are to develop self-esteem, develop positive relationships and assist children and youth in becoming successful adults.

For more information, visit [calgary.ca/AfterSchool](http://calgary.ca/AfterSchool)



MLA Calgary-Mackay-Nose Hill  
**Karen McPherson**  
 Current Member  
 #106, 8220 Centre Street NE  
 403-215-7710 calgary.  
 mackay.nosehill@assembly.ab.ca

Merry Christmas and Happy Holidays Calgary Mackay Nose Hill!

It has been a busy fall season in the House and I am proud to be your voice in the Legislature.

In October, I announced my decision to sit as an independent member in the Legislature and leave the NDP Caucus. It was a very difficult decision as I have appreciated learning with and from my colleagues. Alberta is changing quickly, and I believe our political processes need to reflect these shifts. Continuing to do politics the way it is done will lead to further polarization. We are missing the middle where we have more in common than we are different, and it is with this in mind that I have chosen to join the Alberta Party. I have been taking time to talk with my constituents about your priorities at bus stops and community events and have developed a survey to get your feedback. I understand that you may have concerns about this move and if you haven't had the chance to fill out a survey, I encourage you to: <https://goo.gl/5zyvTM>. As always, your feedback at the office is important as well.

Many people in our community enjoy the great facilities and programs at Vivo, which is close by in Country Hills. It's a great organization, run by a non-profit foundation and offers us all the opportunity to stay healthy and active. I'm pleased to let you know about some of their programs.

**Family Play Pass:** Vivo has opened up more time for your family from Monday to Sunday. You can build your pass to fit your family. Get moving together with drop-in fitness classes, open gym, public swim, rock climbing, the fitness centre, and public skate.

**Everybody Plays:** It takes a village to raise healthier generations. Help raise money for Everybody Plays, a program that supports 150 children, families, and adults every single month. \$119 per month gives an entire family the chance to get active together. Last summer 62 kids discovered summer camp through Everybody Plays. Change a life and help others to join Gen H through Everybody Plays. For more information visit [www.vivo.ca](http://www.vivo.ca) and hit the 'make a donation' button.

We're always happy to hear from you at the office: by email at [calgary.mackay.nosehill@assembly.ab.ca](mailto:calgary.mackay.nosehill@assembly.ab.ca) or by phone at 403-215-7710, and you can drop by the office at #106, 8220 Centre Street NE, beside First Calgary Credit Union.



Huntington Hills Real Estate Update

Last 12 Months Huntington Hills  
 MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
October 2017	\$369,900	\$368,000
September 2017	\$469,900	\$464,000
August 2017	\$409,900	\$390,000
July 2017	\$379,900	\$373,500
June 2017	\$399,900	\$390,000
May 2017	\$439,400	\$430,250
April 2017	\$417,450	\$400,000
March 2017	\$439,894	\$435,750
February 2017	\$400,000	\$395,000
January 2017	\$379,394	\$375,000
December 2016	\$408,000	\$394,500
November 2016	\$399,900	\$404,500

Last 12 Months Huntington Hills  
 MLS Real Estate Number of Listings Stats

	No. New Properties	No. Properties Sold
October 2017	13	9
September 2017	14	7
August 2017	14	9
July 2017	5	13
June 2017	20	9
May 2017	14	14
April 2017	16	10
March 2017	12	8
February 2017	9	10
January 2017	8	4
December 2016	1	5
November 2016	6	8

To view more detailed information that comprise the above MLS averages please visit [huntington\\_hills.great-news.ca](http://huntington_hills.great-news.ca)



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\*Denotes Prof. Corp.



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