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Kincora Community Association

Mailing Address:
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Improvement Projects

Coming to Symons Valley Communities

The results are in!

You spoke and The City of Calgary listened. **Visit Calgary.ca/TIMN** to see the list of **This is my neighbourhood** improvement projects chosen in partnership with the residents of Kincora, Sherwood and Nolan Hill.

Over the past year, The City has been talking with Kincora, Sherwood, and Nolan Hill residents to identify ways to help your community become an even better place to live, work and play.

Based on your feedback, The City is pleased to partner on a number of your community's requested improvement projects.

Visit Calgary.ca/TIMN to see the projects selected for your community. Thank you for taking an active role in shaping the future of your neighbourhood!

Symons Valley Recreation Society

Did you know that there is land for future community recreation infrastructure in Symons Valley?

Recently residents from the four Symons Valley communities (Kincora, Sherwood, Nolan Hill, and Sage Hill) have starting meeting and have formed a group that will have a hand in shaping the future of community recreation infrastructure in Symons Valley. This group is called the Symons Valley Recreation Society. The City of Calgary has set aside some designated land in the Symons Valley Area for the purpose of future community recreation use. The Symons Valley Recreation Society will work with the City of Calgary to form a separate society to plan, fundraise, and build the future recreation infrastructure. This is a longer term project, but the group is actively working on moving the project forward. Look for more updates in this space as work progresses. If you are interested in getting involved or want more information please contact Aaron Taylor at the City of Calgary at aaron.taylor@calgary.ca.



Symons Valley/ Kincora Lawn Chair Theatre

Where: 1100 Kincora DR NW
When: Thursday August 25, 2016
6 p.m. - 8 p.m.

This event invites families to engage in fun filled family entertainment.
Please come and join us to see these great acts!

6 p.m.-7 p.m. – Mr. Rayz
7p.m.-8 p.m. – Mad Science

There will be light snacks provided

For more information please contact 3-1-1

****No washrooms on site****



IN & AROUND CALGARY

The scoop on dog poop

With 150 public off-leash areas and over 100,000 dogs in our city, it's clear Calgarians love their canine companions. What isn't to love is the stinky situation left behind when owners don't pick up after their pets.

Cleaning up your dog's waste helps keep our yards, parks and off-leash areas safe and healthy, and is part of being a responsible pet owner.

Here are five facts you may not know about doggy doo-doo:

1. It's classified as a hazardous pollutant. It's in the same category as toxic chemicals!
2. It's crawling with E. coli and often contains roundworm larvae which, if ingested by humans or dogs, can lead to brain, eye and other organ damage.
3. It's not a good fertilizer. Its high nutrient content is toxic to lawns and will create "hot spots" causing the grass to burn and discolour.
4. It doesn't absorb into the soil, so the risk of spreading its harmful effects can linger for years!
5. It attracts mice, coyotes and other wildlife that consider it a delicious snack.

Keeping our city pet-waste free is easy, if we all do our part. Always carry pet waste bags with you when you walk your dog, and pick up and properly dispose of your pet's waste as soon as possible.

To learn more about the importance of picking up after your pet, join us at a P.U.P.P.Y. (Pick Up Pooch's Poo Yourself) event near you. Visit calgary.ca/puppy for details.

IN & AROUND CALGARY

Backyard Fire Safety tips from your Calgary Fire Department

Enjoying a recreational fire in your backyard can be a great way to spend a summers evening. Here are some Safety and bylaw considerations for you.

- Always confirm that a Fire Ban is not in effect before starting a fire for recreational purposes.
- Fires may only be burned in fire pits between 10 a.m. and 1 a.m.

Rules for fire pits

1. Backyard fire pits should be built into the ground, on brick or stone, or in a fire-proof container. Portable fire pits may be used on a deck as long as they sit on brick or stone, and not directly on your wooden deck. Always refer to the Fire pit manufacturer for approved fire pit locations.
2. Fire pits must be at least two metres away from your property line, house, garage, or fence.

3. Fire pits must **NOT** be under any trees, branches, plants or other materials that can catch fire.
4. All fires in your fire pit must be kept to a reasonable size; 1 metre high and wide. This helps to ensure embers, sparks or smoke don't harm anyone or cause a nuisance to your neighbours.
5. Only burn clean, dry firewood. **Do NOT burn:**
 - Wood that is painted, treated or contains glue or resin
 - Wet or green/fresh cut wood
 - Yard waste (cut grass or leaves)
 - Garbage
 - Rubber or plastic
 - Furniture
6. Always have a way to extinguish the fire in the event of an emergency. Easy options are having your watering hose or a bucket of water nearby.
7. All fires in your fire pit must never be left unattended.

Aside from safety considerations, not following these rules can lead to fines of \$500, \$1000 or even \$5000. For more information, go to Calgary.ca/fire.

KINCORA

Do You Get Community Emails?

We currently communicate with you through our website, www.kincora.org. Once you create an account on our site, we have the ability for us to send an email to those that have opted-in to receive emails from us. You **must opt in** to receive any emails about the community. You do not have to purchase a community association membership to get emails. Registering for an account is free!

Here's how to do that:

1. Visit www.kincora.org
2. Login to your account using the login & password that was provided to you via email if we created your account for you. (It is likely login=last name, password=membership number). Or this is a login & password you created yourself after you registered on the website.
3. Go to Members >>> Profile >>> Email Options
4. Check off "I want to receive special emails sent to all members from the webmaster."

Emails are only sent when we communicate something that we believe would be of interest to you – typically this is an average of two per month. You can also control if/when you are notified of other website activities, like when news or calendar items have been added.

If you have any questions about your account or email settings, or need help finding out your login or password, please email kca.member@gmail.com.





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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

KINCORA

Mailing Address:

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www.kincora.org • kincora.info@gmail.com

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Editorial Content DEADLINE

7th

of each month
for the next
month's
issue

Symons Valley Communities

Movie in the Park August 20

Looking for something unique and different to do on the evening of August 20, 2016? If so, come on down to the Symons Valley Communities Movie in the Park! This event is brought to you by the Evanston Creekside Community Association. We will be showing the Disney movie "Zootopia" on a giant inflatable movie screen with theatre sound to set up an "open air cinema". The fun begins at 6:00pm on August 20, 2016 with Magician TD Sparks, a Mad Science demonstration, and glitter tattoos. The movie will start at approximately 9:00pm. The event will be held at the green space at 115 Evanston Dr. NW (Corner of Symons Valley Parkway and Evanston Drive NW). Please bring your own snacks, drink and chairs. There will be bathrooms on site. See you there!

Symons Valley Community Play Day

The City of Calgary invites residents of the Symons Valley Communities (Sherwood, Kincora, Sage Hill, Nolan Hill) to come out to a Community Play Day on Sunday August 7 from 9am to 11am. There will be a mobile adventure playground, face painter and balloon artist, fun games and performers. The Community Play Day will take place at the park at 999 Sherwood BLVD in the community of Sherwood.

Kincora Community Association

Stampede Breakfast

It was another great year for the Kincora Community Association Stampede Breakfast! We want to send out a huge thank you to all the volunteers and sponsors who made this event possible. Without your help and support this event couldn't happen. Here are our sponsors we would like to thank.

- ATCO
- Calgary Co-op Creekside
- City of Calgary
- Creekside Dental
- Calgary Chapter of the Islamic Supreme Council of Canada
- Kincora Residents Association
- Loblaws City Market - Sage Hill
- Momentum Health - Creekside
- Richard Fleming - MountainView Remax
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IN & AROUND CALGARY

How will Calgary's main streets evolve in the future?

The City's Main Streets initiative has heard from Calgarians like you. In addition to considering your input, City planners have been working with economic research experts and industry partners to understand what the market demand, opportunities and challenges are for development in main street areas.

To see what The City learned about your main street neighbourhood through this work, visit calgary.ca/mainstreets.

Upcoming opportunities to get involved" There will be more opportunities to share your input about the future of Calgary's main streets in the fall.

Visit calgary.ca/mainstreets to become a subscriber and receive email updates about event dates and online input opportunities.

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KINCORA COMMUNITY ASSOCIATION

MEMBERSHIP REGISTRATION FORM

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		Home:
		Alternate:
STREET ADDRESS		POSTAL CODE
EMAIL ADDRESS(ES) (please print carefully)		

Volunteers are integral to the success of our community. Your involvement can range from assisting at events and with specific programs, or it may be through board membership or administrative support. As a volunteer, you have the opportunity to be directly involved in your community and to make a difference!

Are you interested in Volunteer Opportunities? (leave blank if no)

What are your interests?

Applicant's Signature:

The Kincora Community Association is committed to protecting the privacy of our members' personal information will use this personal information in a responsible and professional manner. No distribution to external sources will occur.

Mail your completed form with a \$20 cheque payable to the Kincora Community Association (**NO CASH**) to:

Kincora Community Association
7 Kincora Park NW
Calgary, AB T3R 1L2

You will receive confirmation by email (kca.member@gmail.com) and a profile will be created for you on our website, if you do not already have one. Alternatively, you can register and pay online at www.kincora.org.

In order to receive community emails, you must "OPT-IN" to this feature through your website profile.

Paid by: CASH or CHQ DATE: mth / dy / yr NEW or RENEWAL Membership No.

Kincora Home Owners Association has a NEW website: WWW.KINCORARESIDENTS.ORG

Latest News
 Resident's Association Boundaries
 KRA Amenities
 Annual Fees
 AGM
 & More



Park n' Play & Stay n' Play

These free, safe, supervised programs help children make new friends learn new games and activities that they can use on their path to a healthy and active life-styles.

Programs run weekdays and are weather dependant.

Dates: Aug 22-26
 Symons Valley Communities
 Address: 38 Kincora Rise N.W

Stay n' Play FREE
 Ages 3Y – 5Y
 10:00 am – noon
 Participants must be accompanied by an adult/guardian

Park n' Play FREE
 Ages 6Y – 12Y
 10:00 am – 3:30pm

Play Pass

Play Faster This Summer!
 Save time and line-ups on the first day by pre-registering for Park n' Play and Stay n' Play. Pre-registration does not guarantee entry. Entry to these pro-grams is on a first-come, first-served basis each day.

We encourage you to supply us your information by pre-registering prior to pro-gram starting to help you save time filling out forms at the program when you arrive.

For more info visit calgary.ca/communitysummerprograms.



It is just like man's vanity and impertinence to call an animal dumb because it is dumb to his dull perceptions.

Mark Twain

2016 MARK YOUR CALENDAR

August 22-26	Park'n'Play Program, 38 Kincora Rise, 10am
August 25	Lawn Chair Theatre at 1100 Kincora Dr, 6-8pm

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Joyce Achtnig BEd, MC, CCC, Provisional Psychologist
& Canadian Certified Counsellor

Back to School

Tips from a Psychologist & Former Teacher

The warm, golden summer days are dwindling and the new school year imminently approaches. Many parents may worry about their children starting a new school, riding the bus for the first time, or meeting the increased academic demands of a higher grade. The transition from relaxed summer days back to the expectations and work students associate with school can be an abrupt and harsh reality. There are things parents can do to make it easier.

Create a Morning Routine the First Day

If your morning school routine ran smoothly last year, congratulations! If you found last year the mornings were less than perfect, rest assured, you're DEFINITELY not alone. The good news is, a few changes can result in major payoffs. Kick it up a notch this year by injecting some new strategies. For example, try a loud alarm clock to jumpstart the day, or a gradual wake up light alarm clock that simulates the natural sunrise for a more gentle waking; laminate morning checklists (e.g., brush teeth, wash face, get dressed, pack backpack) so they can check tasks off as they complete them; use a visual timer (shows how much time is left in red chunks that get smaller as time passes) for the last half-hour countdown to out the door time.

Start a Healthy Sleep Routine

Start progressively, until you get to a wakeup time that's reasonable for school days. Make a firm No Screens Policy 1.5-2 hours before bed; ample research demon-

strates this promotes a better sleep. Consider blackout blinds to darken the room, this helps signal the brain to produce melatonin and transition from wakefulness to restfulness. As adults, we know how our brains can shut down and how irritable we can become when we don't get a good sleep. Our kids feel the same way, only they don't have the developed coping mechanisms and maturity we do.

Prepare Everything in Advance

Request children get into the habit of choosing clothing the night before school, this eliminates additional decisions in the morning when bodies and minds are tired and more prone to meltdowns. Get them involved and eventually to assume the responsibility of packing their own lunch the night before school (yes, it's possible).

When to Consult a Psychologist

It's normal for some children to experience anxiety. Fortunately, this usually lessens within the first 3-4 weeks. However, if anxiety persists and other concerning behaviours emerge such as, sleep disturbance, school refusal, acting out or physical complaints (e.g., stomach aches and/or headaches), consult the teacher or counsellor. If issues don't resolve, it may be beneficial to seek services from a licensed psychologist who has experience with children and school assessments; we can help you understand your child's challenges and strengths and recommend interventions to support personal and academic success.



Summer 2016

Who are we – Nitanisak Girl Guides live in the communities of Edgemont, Evanston, Hamptons, Hidden Valley, Hanson Ranch, Kincora, Nolan Hill, Sherwood and Sage Hill. We have units for all age groups – Sparks (ages 5-6), Brownies (ages 7-8), Guides (ages 9-12), Pathfinders (ages 12-15) and Rangers (ages 15-17).

Program – Our weekly unit meetings will start up again in September. However, this summer a special event was held. Almost 1/3 of our district attended the National Guiding Mosaic Camp in July at Camp Woods at Sylvan Lake. I'm sure they will have lots of stories and memories!

ONLINE Registration – If you would like to register your daughter in Girl Guides, please visit www.girlguides.ca and click on the "Join Us" link or use the unit finder. Please note that most of our units are full, but if you would consider becoming a Girl Guide leader (see below), that would help alleviate some of our capacity issues. Be an active part of your community!

Here is our current unit availability (as of June 30):

- Sparks - Monday at Holy Trinity Church (HTC) and Valley Creek School (VCS) and Tuesday at HTC
- Brownies - Monday at HTC, Tuesday at HTC and Thursday at HTC
- Guides - Tuesday at HTC
- Pathfinders - Monday and Tuesday
- Rangers - Monday (no Guider) Thursday

We are also looking for Guiders for Sparks, Brownies and Guides.

As many of our units are full, please consider becoming a leader, *even if you don't have a daughter in Girl Guides!* Relatives such as aunts, cousins, grandmas, or even university students can become leaders, and volunteer experience looks great on a resume! No previous experience is required to become a leader and training is offered through Girl Guides to help you become a great leader.

Why Become a Girl Guide Leader?

- For women, Guiding is a chance to be part of their community by helping girls develop their potential. It's a place for personal growth, mentoring and travel opportunities.
- The widest range of activities of any extracurricular program for girls and of any volunteer experience for women. Guiding is unique in the breadth of its focus, which ranges from leadership development to global awareness to environmental stewardship.
- Belonging to the world's largest organization of girls and women, the World Association of Girl Guides and Girl Scouts (WAGGGS).
- The chance to challenge yourself with the emotional safety that can only come from an all-girl environment- and you get to spend time with up to **30** other girls!

Looking forward to another great year in Guiding!

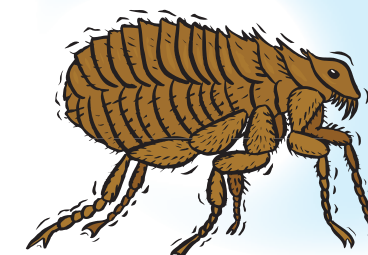
For further information about Girl Guides, please call 1-800-565-8111

Insects and Technology

Fleas Knees

Scientists have been studying a resilient protein that makes up the joints of many insects, including fleas.

This protein allows fleas to leap 100 times their body length in a single bound (that would be 600 feet high for a human). A manufacturer has produced a near-perfect rubber with 98 percent resiliency which could improve the responsiveness from heart valves to the bounciness of running shoes.



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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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SINGING LESSONS - A SONG FOR LIFE MUSIC STUDIO: Located in Hidden Valley, NW Calgary. Highly experienced teacher, Lorna Sewell, is accepting new students for her well-established music studio for the fall 2016/winter 2017 semesters. Visit www.asongforlife.ca, e-mail lorna@asongforlife.ca, or call 403-282-4176 for more information.

IN & AROUND CALGARY

New Bus Routes coming to northwest and inner city communities

Calgary Transit has completed a major review of 12 bus routes in the northwest and inner city and is excited to share the results with customers. Earlier this year new bus route proposals were shared online and at open houses, and feedback was collected from thousands of transit users and community stakeholders. Public input was incorporated as much as possible in designing the new bus routes.

To see the new bus routes that start on September 5, 2016, please visit calgarytransit.com/2016ServiceReview or join us at a public information session:

- Monday, August 15 at Bridgeland Riverside Community Association – 5:30-8:30 p.m.
- Thursday, August 18 at Hillhurst Sunnyside Community Association – 5:00-8:30 p.m.
- Thursday, August 25 at Silver Springs Community Association – 5:30-8:30 p.m.

There will also be pop-up information sessions at Brentwood Station, Dalhousie Station, Crowfoot Station, Lions Park Station, the University of Calgary and SAIT. For dates and times, visit calgarytransit.com/2016ServiceReview.



MLA CALGARY-FOOTHILLS PRASAD PANDA

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I love summers in Calgary. The days are longer and many people are outdoors enjoying the weather with family, friends and neighbours. It is the best time of year for me to meet you in person. The City of Calgary's Neighbour Day was jam packed with activities. Other events I attended were a charity running event to raise funds for a Chinese Seniors facility, a little library opening in Sage Hill, and a block party in Kincora and the Hidden Valley sports windup party. The previous week, I attended the Edgemont Community Association's volunteer BBQ where many giving citizens were honoured for their hard work this past year.

In late June, I was thrilled to be invited to witness a Canadian Citizenship ceremony where 92 Calgarians became official Canadians. The citizenship judge was gracious in allowing me to address the new Canadians and their assembled well-wishers. Just two days later they enjoyed their first Canada Day as Canadian citizens. It was a whirlwind day of activity starting at 7AM by honouring some Calgary Seniors at the Zoo. Following that, I attended two events in the NE before heading downtown to mingle with large crowds and ending with a spectacular firework show and music near the Centre Street bridge. This was great practice for the exhausting and exhilarating ten days of Stampede to come.

Official Opposition Leader Brian Jean officially announced that I have been named as the new Shadow Minister for Emergency Response and Disaster Recovery. I have had productive meetings with several Fort McMurray stakeholders, many of whom I already know from my days in major projects with Suncor Energy. It is important that we keep our eye on the ball to make sure the Fort Mac rebuild progresses along as quickly and orderly as is feasible.



IN & AROUND CALGARY

EMS: Accidental Poisoning

Alberta Health Services, EMS, would like to remind parents of precautions they can take to prevent accidental poisoning emergencies in their home. The ingestion of prescription or over-the-counter medications is the leading cause of accidental poisoning in children. Just small amounts of adult medications can be seriously harmful or even fatal to your child if swallowed. Other causes of poisoning are household cleaning products, dishwasher tablets, or personal care items, such as mouthwash or nail polish.

Medication storage

- Store all medications in a locked container and place in an area inaccessible to children.
- Keep medications in their original child-resistant packaging.
- Do not mix multiple medications inside one bottle.
- Install child locks on all cabinets, or drawers where medications are stored.

Safety tips

- Ensure visitors to your home keep their personal belongings out of children's reach as they may contain unsafe items.
- Take extra precautions with medicines that appeal to children such as chewable vitamins, or flavored cough and cold syrups.
- Properly dispose of any medications or toxic household products no longer in use.

Prevention

- Store household products, car supplies, and cosmetics in cupboards or drawers that can be locked.
- Apply child safety latches to drawers and cabinets if they are within a child's reach.
- Know and label all plants in and around your home and garden.
- Antifreeze, windshield washer fluid, and pesticides are extremely poisonous. Even small amounts of these can cause serious illness when ingested.
- Poisoning information can be obtained by calling the Poison and Drug Information Service (PADIS) at: 1-800-332-1414.
- In case of a poisoning emergency, call 9-1-1.
- Provide the name of the product ingested or, if it is safe to do so, a sample of the substance for EMS to inspect on their arrival.

Cottage Hand-off

Suzanne Smith-Demers – Consultant

The hand-off. It's the simplest play in a football coach's playbook. But as any sports fan knows, even the simplest play can go wrong for any number of reasons. The same could be true of your family cottage hand-off.

To help you avoid potential obstacles like excessive taxation and maybe even some surprising opposition, here's how to perform a cottage hand-off that ensures it will stay in your family's hands for a long time.

Call the right play

A successful hand-off starts with everyone on your "team" being on side. Talk to all of your family to see if there are those who do not want ownership responsibilities, you can help avoid future family squabbles by solving them now.

Elude potential blockers

Plan now to manage future tax liabilities. When you die, you're deemed to have disposed of your capital assets at fair market value – meaning that your heirs could face significant tax on the appreciation of the cottage.

A less-taxing hand-off

Transfer the property to your kids while you are alive, either as an outright gift or by selling it to them at fair market value. Payments can be made receivable over a five year period and claim the capital gains reserve, so that only 20% of the capital gain is taxable in any one year. Also, consider using the principal residence.

Alternatively, transfer the property to a trust to trigger an immediate capital gain. Future capital gains on the property will then accrue and not be payable until the property is sold.

Insure your hand-off

Cover cottage capital gains – and other estate debts – with permanent life insurance. A tax-free death benefits can provide an essential source of cash so your family won't be forced to sell assets, such as your cottage.



GOOD FOOD BOX

Good Food Box Program now available at Symons Valley United Church

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary whereby you can purchase a mix of fresh fruits and vegetables at a very low cost. We offer all Calgarians' sustainable access to nutritious food to ensure that no one has to go hungry.

Box Options

Small Box: \$25, 20-25lbs* of fruits and vegetables

Medium Box: \$30, 30-35lbs* of fruits and vegetables

Large Box: \$35, 40-45lbs* of fruits and vegetables

*Weights are approximate. They will vary depending on product size and density.

How The Good Food Box Works

The boxes are delivered once a month to Symons Valley UC. Orders can be placed by filling out a form and ensuring completed forms are dropped off at the church office (38 Kincora Rise NW) with payment – CASH ONLY – in advance of the order date.

Upcoming Order & Delivery Dates

Order Date	Delivery Date
August 23	September 1
September 20	September 29
October 18	October 27
November 15	November 24

Deliveries can be picked up in the Board Room at Symons Valley UC between 7-8pm.

For more information or to request an order form please contact Karen at svuccommunications@gmail.com.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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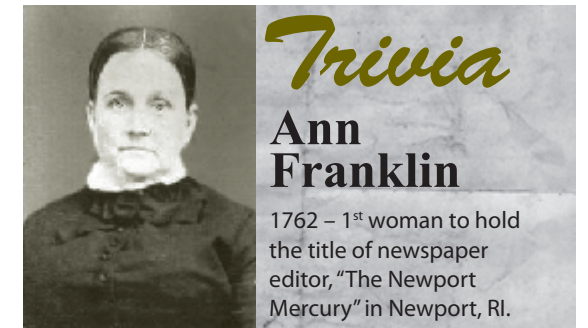
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COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit



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On June 27th, Calgary City Council approved a property tax freeze for 2017. I voted in favor of the tax freeze for three reasons. First, residents of Ward 2 (via phone calls, emails and at town halls), were very clear that lower taxes should be a top priority of City Council. Secondly, many Calgary families are facing tough decisions due to the economic downturn in our province. Many Calgarians have lost their job or have seen their incomes decline. I believe that The City should do what it can to help Calgarians at this time by preventing their taxes from increasing. Lastly, I voted in favor of the tax freeze because City administration confirmed that the option to freeze property tax would lead to greater efficiencies and would not result in any service reductions. I would ask that the provincial government join us by freezing their portion of Calgarians property tax.

The Community Standards Bylaw which regulates neighbourhood nuisances like yard maintenance, noise, and fire pit use is being reviewed to ensure that it still meets the needs of citizens. The City is asking for your feedback; please send your ideas to improve the Community Standards Bylaw to CSBreview@calgary.ca.

Calgary Transit has completed a major review of 12 bus routes in the northwest and inner city resulting in changes to bus routes in Ward 2. Effective September 5, 2016, changes will be made to Route 97 (South Ranchlands – Scenic Acres) and Route 113 (North Ranchlands – Scenic Acres). To see all the new bus routes that go into effect on September 5, 2016, please visit calgarytransit.com/2016ServiceReview.

Joe's Tip:

As our kids get back to school, please slow down and watch out for children on our streets and at our crosswalks. Safe streets are a responsibility of all of us.



Plant Trivia
 The oldest living thing in existence is not a giant redwood, but a bristlecone pine in the White Mountains of California, dated to be aged 4,600 years old.



Kincora Real Estate Update

Last 12 Months Kincora
 MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
June 2016	\$549,450.00	\$535,000.00
May 2016	\$544,950.00	\$528,500.00
April 2016	\$504,900.00	\$487,250.00
March 2016	\$509,900.00	\$499,900.00
February 2016	\$587,500.00	\$572,750.00
January 2016	\$539,888.00	\$530,000.00
December 2015	\$609,000.00	\$592,500.00
November 2015	\$632,499.50	\$617,500.00
October 2015	\$586,450.00	\$564,000.00
September 2015	\$489,000.00	\$485,000.00
August 2015	\$529,900.00	\$520,000.00
July 2015	\$555,400.00	\$535,500.00

Last 12 Months Kincora
 MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
June 2016	13	10
May 2016	9	12
April 2016	13	4
March 2016	6	7
February 2016	8	4
January 2016	4	3
December 2015	0	1
November 2015	5	6
October 2015	5	4
September 2015	7	7
August 2015	8	3
July 2015	8	10

To view the specific SOLD Listings that comprise the above MLS averages please visit kincora.great-news.ca



Name	Age	Contact	Course
Aurora	18	587-999-3843	Yes
Brittany	19	403-399-8966	Yes
Justin	12	403-456-0712	Yes
Justin	12	403-970-2073	Yes
Samantha	27	587-577-1463	No
Taylor	15	403-874-9691	Yes

Calling All BABYSITTERS
 Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
 Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



Symons Valley United Church

An affirming congregation of the United Church of Canada.

Your church at the centre of the community. Welcome Home!

Services – Sundays at 10:30 am. Sunday School and Youth Group meet during the worship service.

Please see our website for up-to-date schedules, events and activities www.symonsvalleyuc.com.

IMPORTANT CHANGES TO TAX-EXEMPT WEALTH TRANSFER STRATEGIES

On January 1, 2017, the federal government is amending regulations that will significantly decrease the tax efficiency of current “wealth transfer” strategies.

PLEASE JOIN US FOR AN EXCLUSIVE AND INFORMATIVE EVENT
TAX-SMART INVESTMENT AND ESTATE STRATEGIES

GUEST SPEAKERS:



PETER BOWEN, B.A.(Econ), CA
 Vice-President, Tax Research and Solutions



M.C. (MIKE) MACOUN, CLU, CHS, TEP
 Vice-President, Estate Planning Specialist



DATE: Tuesday, August 30, 2016
LOCATION: Canada's Sports Hall of Fame
 169 Canada Olympic Road S.W.
 Canada Olympic Park
 Calgary, AB T3B 6B7
RSVP: Kara Weber
 (403) 299-7374
kara.weber@rbc.com

All guests must be registered to attend. (Space is limited.)
 Refreshments will be provided
 Complimentary parking on site
 Includes access to interactive sports,
 Hall of Fame Gallery & Museum Tour

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KINCORA 2016 STATS	# OF SALES	AVERAGE PRICE
Bungalow	1	\$535,000
Two Storey/Two Storey Split	36	\$536,483
Townhouse	9	\$327,544
Condo	9	\$256,755
TOTAL	55	
Average days on Market	52 days	

19 SOUTH VALLEY BLVD



\$1,499,900

Outdoor Pool!

- custom 6 bedroom+den walkout bung
- outdoor pool & hot tub, home theatre
- fully finished, 3.98 acres, 3 car garage

272 EDENWOLD DRIVE NW



\$1,209,900

Sweeping Mountain Views!

- custom 4 bedroom two storey walkout
- 3 car garage, fully finished, central air
- extensive extras, prime ridge lot

713 EVANSTON SQUARE NW



\$329,900

Dual Master Suites!

- Streetside's Evanston Square townhome
- granite counters, hardwood & tile floors
- high ceilings, insuite laundry, balcony

69 SANDALWOOD COURT NW



\$574,900

Walk to Schools!

- mint Jayman 3 bedroom+den two storey
- granite & hardwood, oak kitchen, built-ins
- newer roof, South backyard, cul-de-sac

218 PANTEGO BAY NW



\$634,900

Cul-de-Sac Location!

- Cedarglen 5 bedroom+den two storey
- hardwood, gourmet kitchen, built-ins
- fully finished, A/C, granite, pie lot

47 SAGE VALLEY COVE NW

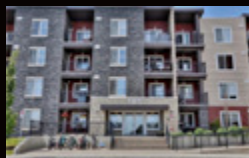


\$749,900

Backing onto Park!

- upgraded 4 bedroom+den two storey
- maple kitchen, hardwood & granite, A/C
- built-in speakers, finished walkout

317, 195 KINCORA GLEN ROAD NW



\$259,900

Encore at Kincora!

- 3rd floor 2 bedroom / 2 bath condo
- 2 parking stalls, insuite laundry, balcony
- maple kitchen, close to shopping

303 TUSSEWOLD TERRACE NW



\$1,100,000

Crystal Creek Showhome!

- stunning upscaled 3 bedroom+den
- 3 car garage, extensive upgrades/extras
- cul-de-sac, bonus room, 2nd floor laundry



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