MARCH 2016

DELIVERED MONTHLY TO 2,400 HOUSEHOLDS

YOUR OFFICIAL KINCORA COMMUNITY NEWSLETTER

KINCORANE

CALGARY PUBLIC LIBRARY MOBILE BOOK TRUCK

EASTER EGG HUNT March 12 2-4PM

Relax & Get Comfortable



Sedation Dentistry at Sandstone.

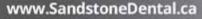
And States of St

Who knew the dentist's office was so relaxing? Experience sedation dentistry and find out how comfortable your dental visit can be.

We're just down the street! 220-66 Sandarac Drive NW Calgary, Alberta T3K 4L2

Call today for your Free Consultation: 403-275-3131





Dr. Peter Manzer • Dr. Dat Tran • Dr. Amit Patel



Kincora Community Association

Mailing Address: 61 Kincora Landing N.W., Calgary, AB T3R 1L1 www.kincora.org • kincora.info@gmail.com

CONTENTS

Easter Egg Hunt 5 Mark Your Calendar 5 Nitanisak District Guides 7 Neighbour Day 10 March is Community Association Membership Awareness Month! 12



Great News Publishing Ltd. 403.720.0762 | 403.263.3044 sales@great-news.ca | www.great-news.ca



GREAT NEWS PUBLISHING HAS BEEN PROUDLY SERVING KINCORA FOR 1 YEAR!



KCA Board of Directors

President	Annie Dudder	
1st VP (Comm.)	Erin Wilson	
Treasurer	Kiran Brar	
Secretary	Nora Panahi	
Dir. Events	Sarah Kromm	
Dir. Volunteers	Sabeen Haqqi	
Dir. Sponsorship	Kris McPherson	
Dir. Website	Jeff Kloubek	
Dir. Newsletter	VACANT	
Past President	Bruce Simpson	





kincora

Do You Get Community Emails?

We currently communicate with you through our website, www.kincora.org. Once you create an account on our site, we have the ability for us to send an email to those that have opted-in to receive emails from us. You **must opt in** to receive any emails about the community. You do not have to purchase a community association membership to get emails. Registering for an account is free!

Here's how to do that: 1. Visit www.kincora.org

- 2. Login to your account using the login & password that was provided to you via email if we created your account for you. (It is likely login=last name, password=membership number). Or this is a login & password you created yourself after you registered on the website.
- 3. Go to Members >>> Profile >>> Email Options
- 4. Check off "I want to receive special emails sent to all members from the webmaster."

Emails are only sent when we communicate something that we believe would be of interest to you – typically this is an average of two per month. You can also control if/when you are notified of other website activities, like when news or calendar items have been added.

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

If you have any questions about your account or email settings, or need help finding out your login or password, please email kca.member@qmail.com.



"An effective health and safety nagement system can help preven osses, reduce costs and provide

> satetysync.com 403.668.6402



Easter Egg Hunt

Saturday, March 12 2-4pm

At Symons Valley United Church

The hunt will take place once at 2:45 pm. Free for community association members, \$5/family for non-members. Please come early to register and purchase your 2016 community membership (\$20/yr/household) or pay online in advance at www.kincora.org.

Children will have to find all the required eggs to spell 'EASTER'. One treat bag will be given for each child that completes the search. Activities will include egg and cookie decorating and crafts. The City of Calgary will also have their Action Plan Check In engagement bus at our event from 12-2pm. So stop by and provide feedback to The City on what Council should focus on in 2017-18.

The event will continue snow or shine! Volunteers are required; a good opportunity for teens and youth in the neighbourhood to help younger kids. Contact us at kca. volunteers@gmail.com.

MARK YOUR CALENDAR				
	March 6 & 20	Calgary Public Library Mobile Book Truck		
	March 12	Easter Egg Hunt, 2-4pm		
	April 13	Annual General Meeting for the community, 7pm		
	May 28	Parade of Garage Sales 9am – 4pm		
	June 4	Community Cleanup at Ren Depot, 9am – 1pm		



KINCORA COMMUNITY ASSOCIATION

MEMBERSHIP REGISTRATION FORM

www.kincora.org kca.member@gmail.com

NE
CODE

Volunteers are integral to the success of our community. Your involvement can range from assisting at events and with specific programs, or it may be through board membership or administrative support. As a volunteer, you have the opportunity to be directly involved in your community and to make a difference!

Are you interested in Volunteer Opportunities? (leave blank if no)

What are your interests?

Applicant's Signature:

The Kincora Community Association is committed to protecting the privacy of our members' personal information will use this personal information in a responsible and professional manner. No distribution to external sources will occur.

Mail your completed form with a \$20 cheque payable to the Kincora Community Association (NO CASH) to:

Kincora Community Association 7 Kincora Park NW Calgary, AB T3R 1L2

You will receive confirmation by email (kca.member@gmail.com) and a profile will be created for you on our website, if you do not already have one. Alternatively, you can register and pay online at www.kincora.org.

In order to receive community emails, you must "OPT-IN" to this feature through your website profile.

Paid by: CASH or CHQ DATE: mth / dy / yr NEW or RENEWAL Membership No.

Guides Canada

It was another busy couple of months for the Nitanisak Girl Guides.

Brownies

The 85th Brownies had a very fun morning in January participating in STEM (Science, Technology, Engineering and Math) Day activities and experiments. We are excited about our February Zoo Sleepover with the hippos and giraffes. Also, we are going to go on a Winter Walk with our Be Prepared Kits that we made at a meeting. These are just a few of the cool things we are doing in Brownies.

Guides

The 110th Guides are planning a skate night in February, we are having Child Safe Canada come to do a Street Smart program in January. We are also doing Valentines for Vets (more information below). In December we had a nutritionist come in and talk to the girls as part of healthy eating badge, earned the life skills badge, and put on a Christmas party for the Brownies.

Pathfinders

The 90th Pathfinders had a wonderful December by celebrating our new Pathfinders at our enrollment ceremony. We have 13 fantastic young women who are planning Thinking Day events for two of the Brownie units within our District. Thinking Day, February 22nd, is a celebration of international friendship for Girl Guides and Girl Scouts around the world. February 22 is the shared birthday of Lord and Lady Baden-Powell. Lord Robert Baden-Powell started the Boy Scouts. His wife Olave spent her life, after her marriage to Robert, promoting Guiding and Scouting.

Rangers

The 60th Rangers have been completing their challenges by planning and facilitating meetings for Guides, Pathfinders and Brownies. We look forward to having fun at Flying Squirrel Trampoline Park, curling, learning how to create beautiful Ukrainian Easter Eggs, chilling over hot drinks at our local coffee shop, Law Day, and a year-end trip to Banff. We appreciate all the Guiders who let us come and run meetings for their unit – we hope the younger girls are having as much fun as we are!



The Valentines for Vets program helps us to appreciate and value our Veterans, not only on Remembrance Day but all year long. It is also an

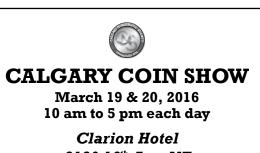
NITANISA

DISTRICT

opportunity for educators to share with Canadian youth the accomplishments and sacrifices of our Veterans, giving them a greater understanding of Canada's proud military history. The personal touch of hand-crafted valentines leaves a lasting impression and brings smiles to the faces of Veterans in long term care facilities across Canada. Though they may never meet people who create these valentines, some Veterans shed tears of appreciation as they read the heartfelt messages. Others display their cards for weeks after Valentine's Day. (www.veterans.gc.ca/eng/remembrance/getinvolved/valentines-for-veterans/educators)

If you are interested in becoming a leader with our district, please contact Sharron at 403-547-7352.

If you'd like to register your daughter for Girl Guides, please visit www.register.girlguides.ca.



2120 16th Ave. NE

- ✓ Buy, sell or trade coins, paper money or medals
- ✓ Dealers from across Canada
- ✓ Hourly Door Prize Draws
- ✓ Free Parking

ADMISSION \$5,

bring this ad and get \$2 off. Children under 16 free www.calgarynumismaticsociety.org



Nose Creek Softball & **Tim Hortons Learn to Play Softball**

Spring Softball/Fastpitch Registration for Youth Nose Creek Softball offers a community based program for young athletes to learn new skills, make new friends and have fun!

rn Tie)

PROGRAMS OFFERED: Girls Teams from U10 to U19 Mixed Teams for Tim Hortons Learn to Play

All of our athletes have the opportunity to:

 Age appropriate skill development Play with other athletes of equivalent skill level Participate in at least one (1) tournament Use premium softball equipment

Indoor Drop-In Clinics on Now! Spring Session runs from mid-April to end of June **Online Registration is Now Open!** For more information or to Register: www.nosecreeksoftball.ca Male athletes U10 and up can register for the 'Calgary Boys Fastpitch' softball program at www.calgaryboysfastpitch.com

You want tasty, healthy and easy meals. Done.

Kincora

From deli to dairy, we think about everything we put on our shelves, and everything we serve our customers - including our café meals. We offer takeaway or dine-in meals that are made daily with fresh, wholesome and organic ingredients. From sandwiches and soups to salads and daily specials, it's an easier way to stay healthy.

Purchase a hot buffet or salad bar item and dessert is on us. (It's a healthy dessert, naturally.)



10TH AVENUE MARKET 1304 - 10 Avenue SW

CHINOOK STATION MARKET CROWFOOT MARKET 202 - 61 Avenue SW 850 Crowfoot Crescent NW

BANANA BREAD

* With purchase of a hot buffet or salad bar item

Offer expires April 30, 2016, Coupon has no cash value

Redeem this coupon at the time of café purchase. Coupon cannot be combined with any other offer or discount. Limit one free loaf per purchase.

customer care: 403-930-6363 | communitynaturalfoods.com



Building a City of Readers

Whether you choose to read with a book in hand or with an ebook downloaded from our extensive catalogue, all you need to get started is your FREE Calgary Public Library card and our Year of Reading Guides. Use the guides to plan your next read, track your progress or take notes.

The Year of Reading Guide is a series with one guide for each of preschoolers, kids, teens, and adults and features librarian-approved recommendations for everyone!

Your family can make use of tons of FREE Library e-resources. Just download ebooks directly to your device (libraryebooks.ca); check out free movies, TV, music and audiobooks with Hoopla (libraryhoopla.ca); load virtually every popular magazine you'd ever want to read (libraryzinio.ca). All you need is your FREE Calgary Public Library card.

Consider giving a guide to a family member, friend or neighbour, along with a FREE Calgary Public Library card. They are available at all community libraries and online at calgarylibrary.ca/card.

Looking for Ways to Support **Refugees?**

In October 2015, our Federal Government responded to crisis overseas and made a commitment to resettle 25,000 Syrian refugees in Canada by the end of March 2016. Calgary Catholic Immigration Society (CCIS), an organization who has been involved in refugee resettlement for over 30 years, is a community leader with a mission to "...work in partnership with the community to help immigrants and refugees settle and become contributing members of Canadian society".

Thus, they have created a helpful and interactive website, www.srcacalgary.ca where you can find information on how to volunteer, donate or simply catch up on related news. If you are interested or just want to find out more check out the website or call 211 and help support settlement and integration of our new neighbours!



CBC Calgary / Calgary Reads Big Book Sale

One of Calgary's most anticipated and attended events!

More than 1,000,000 previously-loved books will be ready to be purchased and find new homes. This is a signature fundraising event for Calgary Reads.

Our 14th annual event! Held at the Calgary Curling Club, 720 3rd St. NW, Calgary:

• Friday May 13 - 9am – 9pm Author reading 7pm

• Saturday May 14 - 9am – 9pm

Back by popular demand! Shop to the musical sounds of **Midnight Blue** with cash wine bar 7 – 9pm.

• Sunday May 15 - 9am – 1pm

Other special activities during the Big Book Sale will be announced on our website as they confirm: calgaryreads.com.

Donate books: We welcome donation of adult and children books for the book sale! (We do not accept encyclopaedias, text books, Harleguin Romances, Readers' Digests, book tapes, VHS, cassettes, 8-tracks or magazines.)

Book collection locations, dates and times:

At **Calgary Food Bank**, 5000, 11th Street SE, Calgary: Monday to Thursday April 25 to 28 - drop off at Door #3 from 8:30am – 7pm

• Friday, April 29 - drop off at Door #3 from 8:30am -3:30pm

At Calgary Curling Club, 720 3rd St. NW, Calgary:

- Thursday to Sunday May 3 to May 6 from 9am 7pm sharp
- Monday and Tuesday May 7 and 8 from 9am 4 pm sharp

At Calgary Reads we build connections, strengthen networks, champion, involve and innovatebecause we ALL have a role to play in creating a thriving community where all children can read with confidence and joy! Learn more: Calgaryreads.com.

IN & AROUND Calgary

Calling for Calgary Awards Nominations

The Calgary Awards is one of the largest citizen recognition programs in our city. The City of Calgary established the Calgary Awards in 1994 to celebrate and recognize outstanding achievements and contributions made by Calgarians. Each year, individuals, corporations, community groups, schools and organizations are nominated in five major award categories, for a total of 16 awards.

The City of Calgary encourages all Calgarians to look to their neighbours, colleagues, community leaders, local organizations and businesses for those who could qualify as recipients of the Calgary Awards.

The Calgary Awards are for Calgarians. Individuals, businesses, not-for-profit organizations, community groups and other organizations can all be nominated. For specific eligibility requirements, how to nominate someone in your community and for more information visit: calgary.ca/calgaryawards.

Nominations close on Friday, May 6, 2016.

Neighbour Day

Held annually on the third Saturday of June, Neighbour Day is an opportunity for neighbours to come together in the form of BBQs, cleanups and potlucks to celebrate our strong community spirit in Calgary. Make Saturday, June 18 the day you host a block party, a picnic at your local park or even introduce yourself to a neighbour and lend a helping hand.

The City of Calgary wants to encourage as many people as possible to host a local activity on their block or in their residential building. That is why they are waiving the fees for small scale local block party permits and neighbourhood park bookings for events that take place on June 18 this year. Please note the deadline for road closure permit applications is May 27.

Visit calgary.ca/neighbourday for more information about Neighbour Day including an event planning kit, information about permits other logistical considerations.



Symons Valley United Church An affirming congregation of the United Church of Canada.

Your church at the centre of the community. Welcome Home!

Services – Sundays at 10:30 am. Sunday School and Youth Group meet during the worship service.

Please see our website for up-to-date schedules, events and activities www.symonsvalleyuc.com.

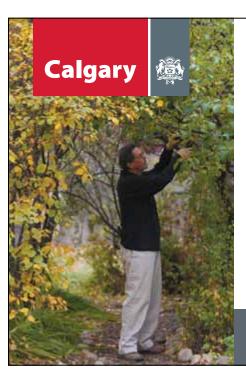
Parking Lot Safety & Security

The staff at Symons Valley United Church work diligently to provide a safe environment, both inside and out, for all those who use the church facility. We work closely with the Calgary Police Service to ensure that our parking lot is well lit and has regular police monitoring. However, we recognize that safety must also be a community-wide responsibility. To that end, we remind all Kincora residents that our parking lot is private property, and should a resident observe any suspicious activity occurring to immediately contact the CPS via their Non-Emergency line (403-266-1234) or Twitter (@CalgaryPolice). Together, we can work towards providing an environment that can be safely enjoyed by all.



Theobromine, the compound in chocolate that makes it poisonous to dogs, can kill a human as well. You'd have to be a real glutton to go out this way though, as an average 10-year-old child would have to eat 1,900 Hershey's miniature milk chocolates to reach a fatal dose.





FREE tree education

The City of Calgary ReTree Program will be visiting your community this spring, offering **tree education programs** for you to learn tips to care for your trees.

At these events, you are also invited to give feedback about your community's urban forest. Throughout the year, our teams will be back to plant City trees.

Contact your **Community Association** by phone or visit their website to learn more about these FREE programs.

Visit **calgary.ca/trees** for more information about the ReTree Community Program.

IN & AROUND CALGARY

March is Community Association Membership Awareness Month!

Did you know that Mayor Nenshi declares the month of March as Community Association Membership Awareness Month?

Did you also know that there are 150 community associations in Calgary that are run by your neighbours? In fact, more than 20,000 volunteers are involved in community associations here in Calgary, making it the LARGEST collective volunteer movement in the city!

Are you a member of your community association? If not, you are missing out on numerous benefits, including sizeable discounts at local businesses. Membership is extremely affordable with most community association memberships averaging under \$30 a year!

Throughout the month of March we encourage you to "be part of it" and find out what your community association can do for you! It's easy and you may be surprised by the many benefits and options available to you as a resident.

Community associations are run by your neighbours, they bring residents together, they provide endless opportunities right in your backyard, and they act as a voice for your community. Most importantly, these hard-working volunteers are dedicated to making sure your community is a great place to live, work, and play. Purchasing a community association membership is a great way to get involved and show your support for the many ways your neighbours work to ensure you love where you live.

For example, this very community newsletter is just one of the many ways your community association works to keep you informed on events, topics and issues of interest close to home, written and compiled by your neighbours.

So take a minute during March Community Association Membership Awareness Month and find out more about your community association and how you can get involved!

Library Book Truck in Kincora

The Calgary Public Library Mobile Book Truck is coming to Kincora! The Book Truck will be available in the Symons Valley United Church parking **lot every other Sunday from 10:30 am – 1:00 pm starting March 6**. The book truck allows you to borrow books and movies, return already borrowed items, library card registration, and information services. This service is being provided to alleviate pressure on the Crowfoot and Country Hills libraries until such time the Symons Valley library is built.

South Shaganappi Study: Get Involved

The City of Calgary is conducting a transportation corridor study for the south end of Shaganappi Trail. The study area includes the Shaganappi Tr. and 16 Ave. interchange, the Shaganappi Tr. and Bowness Rd. intersection and the Bowness Rd. and Memorial Dr. interchange.

Your Input is Important!

Shaganappi Trail has always been identified as a vital link in Calgary's transportation network. Working closely with the community, we will develop a vision for the study area that accommodates all modes of transportation and is integrated with surrounding communities and land uses.

Phase Two: Concept Development and Analysis Engagement Opportunities in April/May 2016

IDEA WORKSHOP

Attend this workshop to share ideas about possible changes and different ways to achieve the study's goals and objectives.

PROVIDE INPUT ONLINE

If you're unable to attend the workshop, there will also be an opportunity to share your ideas online at **calgary. ca/southshaganappi.**

In addition to the events above, a similar workshop for the adjacent communities of Montgomery, Parkdale and Point McKay has been scheduled in April. This invite-only event provides those with homes and businesses in close proximity to the study area an opportunity to participate in the same workshop with others who may share similar perspectives.

For specific event dates, times and locations, or to learn more about the study, visit **calgary.ca**/ **southshaganappi** or call 311.



Serving the area for over 5 years

4,12192 Symons Valley Road NW Calgary, AB T3P 0A3 Ph: 403.730.8020 | Fax: 403.295.9278 www.creeksideclinicdental.com

drs: Reddy ~ Jaffer ~ Parmar ~ David ~ Delhon



FAMILY DENTAL PRACTICE

We are pleased to welcome DR. PAUL DELHON to our office.

*All dental services are performed by general dentists.





COUNCILLOR, WARD 2 JOE MAGLIOCCA 403-268-2430

Joe.Magliocca@calgary.ca Calgary.ca/ward2 Facebook: Joe Magliocca • Twitter: @Joe_Magliocca

I would like to take this opportunity to wish everyone a Happy Easter. As we get closer to spring with warmer temperatures, I encourage Calgarians to get outdoors and enjoy the many recreational opportunities in and around the City. However, please take extra caution around frozen lakes and streams. It is particularly important to stay away from drainage ponds as any remaining ice will be very thin. Even though the ice may look solid, looks can be deceiving. Stay off the ice unless it is a City or community-designated area.

Neighbourhood Spring Clean Up

The warmer temperatures and melting snow also provide a great opportunity to consider organizing or participating in a neighbourhood spring clean up. It is important for all of us in Ward 2 to do our part in keeping our communities clean. Furthermore, if you see uncleanliness in your neighbourhoods, please feel free to contact 311 or my office.

Crowchild Trail Study

14

Thousands of residents in Ward 2 utilize Crowchild Trail every day. The City of Calgary is currently conducting a study that will identify short, medium and long-term upgrades for Crowchild Trail between 24 Ave. N.W. to 17 Ave S.W. Your input is crucial to the future of this important roadway. Calgarians are invited to drop-in at one of several open houses on:

- Thursday, March 10, 5 to 8 p.m. Red and White Club, McMahon Stadium 1833 Crowchild Tr. N.W.
- Saturday, March 12, 10 a.m. to 1 p.m. Queen Elizabeth Sr. High School 512 18 St. N.W.



A bird requires more food in proportion to its size than a baby or a cat.

Visit calgary.ca/crowchild for event details and other opportunities to provide your input as they become available.

Year in Review Newsletter

In many coffee shops around Ward 2 you will find my "Year in Review" newsletter. It is important for me to keep you informed on current events and projects going on in Ward 2, but it is also important to look back at the progress we made together as a community on roads, parks, and other issues that are important to you. The "Year in Review" newsletter can be found in hard copy at coffee shops throughout Ward 2 and also online at www.joemagliocca.com.

Joes Tip:

Download the 311 Calgary Mobile App - By downloading the 311 Calgary mobile app you can connect directly with The City to submit a service request at any time of day. With the 311 Calgary mobile app, you have the option to attach a photo to your request, use your smartphone's GPS function to allow the app to detect your location and have the ability to track the status of your request using the auto generated service request number. Visit www.calgary.ca for more details.

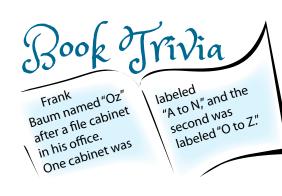




CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@ asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www. communitymediation.ca, 403-269-2707.



IN & AROUND CALGARY EMS: Burns and Scalds

Alberta Health Services EMS paramedics respond to a number of emergencies where a young child has sustained severe burns, or scalds. These incidents often occur inside the child's own home. Common causes include: a child accidentally tipping hot liquids onto themselves, touching a hot surface, or making contact with an electrical outlet. Fortunately, incidents such as these can be avoided by taking preventative measures.

Degrees of burn

1°: Affects only the top layers of the skin; appears red like a sun burn; discomfort is generally tolerable;

2°: Deeper and much more painful than 1°burns; broken skin or blisters commonly develop;

3°: Severe: the deepest layers of skin and tissue are injured; may appear charred or leathery.

First Aid for burns

- Skin may continue to burn if not aggressively cooled. Immediately douse burns with large amounts of cold water.
- Cover the burn with a sterile dressing, or any clean material to protect from infection;
- Over the counter medications may be used for pain. Adhere to directions given on the label;
- Seek further medical attention, as required.

Prevention of burns

- Check the temperature of your hot water tank. Temperatures as high as 60°C / 140°F will scald a child in just seconds;
- Use placemats instead of tablecloths. Tablecloths can be yanked downward causing hot drinks, or food to spill on a child;
- Turn pot handles to the back of the stove and ensure cords from kettles, slow cookers, and other electrical appliances cannot be reached;
- Avoid picking up a child while holding any hot liquids;
- Ensure electrical outlets are made secure by installing commercially available safety devices which prohibit access;
- If able, have children avoid the kitchen area while appliances are operational.
- If you require immediate medical attention, call 9-1-1.

COME FOR LUNCH



SYMONSVALLEYRANCH.COM

-

RBC Dominion Securities Inc.

Looking to Build & Retain a Productive, Motivated Workforce?

RBC Group Advantage is a comprehensive program designed to help business owners meet their employees' financial needs by providing:

- In-person financial advice for all employees
- Group retirement savings plans
- Comprehensive and discounted banking solutions

Support your employees and keep your competitive advantage. Call Investment Advisor Michael Martin at 403-266-9655 to learn more.





Suite 104, 3604 – 52 Ave NW Calgary, AB T2L 1V9 403-288-4453 calgary.foothills@assembly.ab.ca

I am happy to announce that we have secured some space for our constituency office at the Dalbrent Professional Centre, right across 52 Ave from Sir Winston Churchill High School. We hope you will come to our official grand opening in the very near future.

In late January, at his request, we submitted to the Infrastructure Minister a short list of much needed near term capital projects in our riding. I hope to gain clarity on where these projects lie on the government's priority list. Our list was based on what we have heard from many constituents and community associations. These submissions included several new schools in the communities north of Stoney Trail and improvements to the existing interchange at Stoney and Shaganappi Trails. We separately sent a letter requesting a meeting with the Transport Minister to discuss the final implementation of the full interchange at Stoney and Shaganappi Trails. We eagerly await announcements after the new budget is presented in early March.

While there are other concerns about the Alberta economy, we can report that one source of industry uncertainty was removed when the royalty review panel recommended no changes to Alberta's current energy royalty structure.

January and February saw the days finally getting longer, with people anticipating their prospects for a better year. We thoroughly enjoyed attending as many skating parties and Lunar Year of the Monkey events as we possibly could. Participating in events like these is the best part of this job!



Mine, yours, ours – a couple of financial planning tips for new couples

Suzanne Smith-Demers – Consultant

Once there was just you – now there are two. You've joined with a partner to share your life and love and that's good. As a new couple, here is what you should know about how to equitably manage your finances.

As a married or common law couple, the integration of your financial lives must be fair and match your lifestyle together. It is wise to disclose assets, financial commitments (such as loans) and credit history.

Here's some items to consider that will help start the conversation:

• Who will manage day-to-day finances, who will manage overall financial affairs and how much input does each partner want?

- Should bank accounts, credit cards and investments be merged or remain separate?
- Do you have a new will? Wills drafted prior to marriage usually become invalid.
- What happens to your mortgage, life insurance and income if either of you dies or becomes unable to work due to an accident or illness?
- What should go into your domestic contract? Especially if one partner brings significant assets into the relation-ship and/or if children or past spouses are involved.

Make your decisions with a clear understanding of tax and legal implications and if you are bringing significant assets into the marriage, speak to a family lawyer or mediator about the financial implications and how best to protect your assets.

Although couples must file separate individual tax returns, there are many tax-planning strategies that can reduce your total tax bill now and in the future. Take advantage of all your deductions and income-splitting opportunities.

As a couple, you need a shared financial plan. Your professional advisor can help you build such a plan for a strong financial future together.





Deadline – 1st of each month for the next month's publication Contact news@great-news.ca

 Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
Forty word limit

SENIOR ACTIVITIES: Phone or email to book a group for crafting/activities. We provide all supplies and come to your community centre, senior home or wherever you are. Minimum of eight participates needed to make a booking. Phone: 306-491-1614. Email: meldevine1@ gmail.com.

CLOTHING / **TEXTILE RECYCLING DRIVE:** Corpus Christi Parish is hosting a textile recycling drive. Deliver all textiles in secured garage bags to the Corpus Christi Parish Hall Parking Lot, 5931 4th St NW between May 31 and June 6.

RETIRED 65+ SENIORS LOOKING FOR MOBILE ACTIVE SENIORS: Potential activities – travel, cards, walking, golf, dancing, theatre, concerts, drivers, cooking for fun. Exchange services. What else? Call Barbara: 403-451-8186.

Published by:



ADVERTISE YOUR BUSINESS NOW! REACHING OVER 400,000 HOUSEHOLDS ACROSS 138 CALGARY COMMUNITIES



Phone: 403-263-3044 | sales@great-news.ca

IMPURIAN <u>i nu</u>	IMBERS
ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

IMDODTANT NUMPEDC

DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Kincora Community Association and Great News Publishing. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Kincora Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.

YYC and NAV CANADA Open House Meetings December 2015 and January 2016

Several representatives from YYC and NAV CANADA hosted open houses this past December and January to communicate proposed changes to current flight paths at the north and south ends of the city (RNP Approaches). We would like to thank YYC, NAV CANADA and everyone who came out to learn and voice concerns.

These open houses were focused on RNP flight paths, but the key interest to many attendees was the original 2014 flight path changes, and seeking options to address the noise impact that high frequency, low flying planes are having on communities.

The following are two options that were frequently voiced, and ideas we would like to have further discussions with NAV and YYC to reduce the constant impact to West Calgary communities:

 Spread the flights out across many communities rather then substantially impacting just some (similar to the previously spread out paths prior to 2014). As global aviation transitions to concentrated flight paths, this is the direction NAV CANADA is instructed to proceed. Therefore, the "spread out" solution is currently not being explored. We believe this is the fairest long-term solution to this issue, which is occurring in many cities across Canada and the world.

2. Utilize less populated areas for flights when possible.

NAV CANADA stated this is difficult for our area due to the conflict between arriving and departing flights. NAV CANADA's explanation was difficult to visualize and understand. We would like to see fully explored studies involving this.

Attendees brought up the topic of legal compensation if a solution was not identified. Lawsuits exist in the US over the introduction of concentrated flight paths, and legal settlements have been awarded in Europe. To avoid this, YYC is very open to hearing concerns and suggestions. A satisfactory outcome is more likely if **residents actively vocalize their concerns**. To do this, visit www.yyc.com or www.wcatc.ca.

A solution is required, as air traffic over West Calgary will increase in the future. This is not an easy issue, but it is not impossible to come to a fair compromise to solve the negative effects of air space change. This will require the aviation industry to listen to communities, achieve a better understanding of life under concentrated flight paths, to fully understand the effects on physical/mental health, and the real cost to property/domestic life. We encourage NAV CANADA to become world leaders in this and successfully find safe solutions for everyone in the air, as well as on the ground.

West Calgary Air Traffic Concerns www.wcatc.ca





A customized plan to get more for your home. Quicker.

Ranked the **#1 Team in Calgary** and **#9 in Canada** for Royal LePage in 2015, Kirby and his team can confidently provide the results you demand. Call 403.247.5555 today for your *free* evaluation.

Instantly View More Photos & Info. Simply enter phone number 85377 then enter Text Code as message.



Two Storey/Two Storey Split Townhouse	3	\$527,833
Condo TOTAL	5	\$215,997
Average days on Market	82 days	

