

NOVEMBER 2016

DELIVERED MONTHLY TO 2,200 HOUSEHOLDS

KINCORA NEWS

YOUR OFFICIAL KINCORA COMMUNITY NEWSLETTER



STOP MEN DYING TOO YOUNG



JOIN THE FIGHT FOR MEN'S HEALTH. WWW.MOVEMBER.COM

There are three ways to get involved with Movember and support men's health:

	WHAT	HOW	WHEN
01 GROW	Grow a Mo, save a Bro	The moustache is our ribbon for men's health	For the 30 days in the month formerly known as 'November'
02 MOVE	Get active for men's health	Raise funds for men's health while you do something good for your own health	Anytime, anywhere, during the month of November
03 HOST	Throw or go to a Movember event	Any excuse for a good time. Events are a great way to have fun and raise funds for men's health	Anytime, anywhere, during the month of November



Kincora Community Association

Mailing Address:
61 Kincora Landing N.W., Calgary, AB T3R 1L1
www.kincora.org • kincora.info@gmail.com

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KINCORA

Do You Get Community Emails?

We currently communicate with you through our website, www.kincora.org. Once you create an account on our site, we have the ability for us to send an email to those that have opted-in to receive emails from us. You **must opt in** to receive any emails about the community. You do not have to purchase a community association membership to get emails. Registering for an account is free!

Here's how to do that:

1. Visit www.kincora.org
2. Login to your account using the login & password that was provided to you via email if we created your account for you. (It is likely login=last name, password=membership number). Or this is a login & password you created yourself after you registered on the website.
3. Go to Members >>> Profile >>> Email Options
4. Check off "I want to receive special emails sent to all members from the webmaster."

Emails are only sent when we communicate something that we believe would be of interest to you – typically this is an average of two per month. You can also control if/when you are notified of other website activities, like when news or calendar items have been added.

If you have any questions about your account or email settings, or need help finding out your login or password, please email kca.member@gmail.com.



Autumnal Offerings

Red and purple leaves are actually caused by the presence of sugars from sap that is trapped inside of the leaves.



KINCORA

Mailing Address:

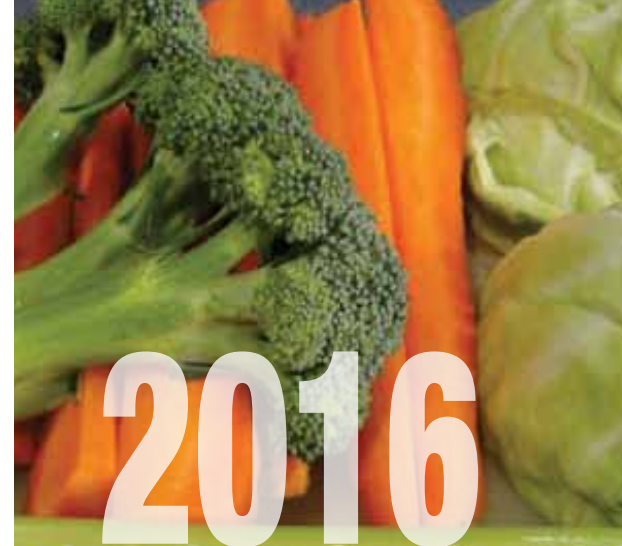
61 Kincora Landing N.W., Calgary, AB T3R 1L1
www.kincora.org • kincora.info@gmail.com

KCA Board of Directors

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facebook.com/KincoraCommunity

Kincora Community Association
kca.ads@gmail.com
Editorial Content DEADLINE
7th



GOOD FOOD BOX

Good Food Box Program now available at Symons Valley United Church

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary whereby you can purchase a mix of fresh fruits and vegetables at a very low cost. We offer all Calgarians' sustainable access to nutritious food to ensure that no one has to go hungry.

Box Options

- Small Box:** \$25, 20-25lbs* of fruits and vegetables
 - Medium Box:** \$30, 30-35lbs* of fruits and vegetables
 - Large Box:** \$35, 40-45lbs* of fruits and vegetables
- *Weights are approximate. They will vary depending on product size and density.

How The Good Food Box Works

The boxes are delivered once a month to Symons Valley UC. Orders can be placed by filling out a form and ensuring completed forms are dropped off at the church office (38 Kincora Rise NW) with payment – CASH ONLY – in advance of the order date.

Upcoming Order & Delivery Dates

Order Date	Delivery Date
November 15	November 24

Deliveries can be picked up in the Board Room at Symons Valley UC between 7-8pm.

For more information or to request an order form please contact Karen at svuccommunications@gmail.com.



Kincora Outdoor Rink

The outdoor rink was a great success last year, and we will need some help to make it a success again this year. The Kincora Community Association is looking for volunteers to form a rink committee, and manage the day-to-day operations of the rink this winter. This committee will oversee the building of the rink in November, cleaning it during the season, and taking it down in April of 2017. The committee will have the full support of the Kincora Community Association and the Kincora Resident's Association. Please contact Annie Dudder at kca.pres@gmail.com if you can help. Without your help, the rink will not be put up again this year.

Kincora Home Owners Association has a NEW website: WWW.KINCORARESIDENTS.ORG

Latest News

- Resident's Association Boundaries
- KRA Amenities
- Annual Fees
- AGM
- & More





KINCORA COMMUNITY ASSOCIATION

MEMBERSHIP REGISTRATION FORM

www.kincora.org kca.member@gmail.com

LAST NAME(S)	FIRST NAME(S)	PHONE
		Home:
		Alternate:
STREET ADDRESS		POSTAL CODE
EMAIL ADDRESS(ES) (please print carefully)		

Volunteers are integral to the success of our community. Your involvement can range from assisting at events and with specific programs, or it may be through board membership or administrative support. As a volunteer, you have the opportunity to be directly involved in your community and to make a difference!

Are you interested in Volunteer Opportunities? (leave blank if no)

What are your interests?

Applicant's Signature:

The Kincora Community Association is committed to protecting the privacy of our members' personal information will use this personal information in a responsible and professional manner. No distribution to external sources will occur.

Mail your completed form with a \$20 cheque payable to the Kincora Community Association (NO CASH) to:

Kincora Community Association
P.O. Box 47146 Creekside
Calgary, AB T3P 0B2

You will receive confirmation by email (kca.member@gmail.com) and a profile will be created for you on our website, if you do not already have one. Alternatively, you can register and pay online at www.kincora.org.

In order to receive community emails, you must "OPT-IN" to this feature through your website profile.

Paid by: CASH or CHQ DATE: mth / dy / yr NEW or RENEWAL Membership No.

Symons Valley TIMN Fall/Winter Recreation Programming

As part of the "This is my neighbourhood" program, The City has been talking with residents in your neighbourhood to identify ways to help your community become an even better place to live, work and play. These discussions led to partnering with The City on a number of your requested improvement projects. One of those projects was increased recreation programming in the Symons Valley communities. Over the next few months keep your eyes open to your community newsletter, social media, websites, and for bold signs in the community advertising these recreation program opportunities for all ages. For more information about the "This is my neighbourhood" program visit www.calgary.ca/TIMN.



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Experience our beautiful and friendly new location, offering state-of-the-art Ultrasound, Mammography, Bone Mineral Densitometry and X-ray (walk-in).

Located at Coventry Hills Centre, just east of the Superstore (457, 130 Country Village Road NE). All our services are covered by Alberta Health Care. We're open Monday to Friday 8 a.m. to 4 p.m.

APPOINTMENTS: 403.777.3000
or requestappointment@radiology.ca

MEDICAL IMAGING REIMAGINED

radiology.ca





Here is some of what we were up to in September and October, and some upcoming events in November. Many units are already planning their fall camps.

Our district covers the communities of: Edgemont, Evanston, Hamptons, Hidden Valley, Hanson Ranch, Kincora, Nolan Hill, Sherwood and Sage Hill. We have units for all age groups – Sparks (ages 5-6), Brownies (ages 7-8), Guides (ages 9-12), Pathfinders (ages 12-15) and Rangers (ages 15-17).

Sparks

#165 Sparks- September and October are jammed pack months for us. We are learning the Spark promise and new campfire songs. Getting ready for enrolment to welcome the new girls into guiding. We have fun thanksgiving crafts planned and a Halloween party planned by the Pathfinders for us and the Brownies. We also have a Princess themed mother daughter sleep over planned for October.

The 145th and 70th Spark units have had a very fun time meeting all of the new girls and leaders! We still have a few spots open in the Tuesday and Thursday night Spark units.

In our few meetings so far we have played get to know you games, practiced our Promise for when the new Sparks will be enrolled and have learned about the yummy mint cookies. Looking forward to our upcoming mother daughter Princess sleepover.

Brownies

4th Brownies is a new Tuesday night unit in our district. September and October have been busy months for our unit. We have sold cookies at Sage Hill Walmart, learned our Brownie promise and law in preparation for enrolment, and we will be having a sleepover in early November with another Brownie unit.

85th Brownies have had a great start to the guiding year! In September, we got to know each other and learned all about Brownies. We have been selling cookies to our families and friends and had a cookie stand at Canadian Tire in Beacon Hill. In October, we will be busy working on badges and preparing for our November camp.

151st Brownies - We have an excited group of girls keen to sell cookies. We have introduced our girls to the opening and ending songs, our campfire songbook and they have had an opportunity for outdoor nature scavenger hunt with the pathfinders. We are attending a nutritional tour at save on foods

and some activities we have planned include teddy bear first aid, making pasta at pc cooking school and guest speaker from memory project for Remembrance Day.

Guides

25th Guides - We have had an exciting few weeks for our unit, lots of new girls this year. September has been busy with cookie sales selling door-to-door and having a cookie stand at Walmart in Sagehill. We are excited to attend a big camp with two other units in a our district at our Fall Camp at Camp Jubilee in Cochrane. October will be fun with planning a Halloween party, and preparation for enrollment.

Pathfinders

The 90th Pathfinders, who meet on Monday evenings, have been busy with a tent camp already completed in September. We will be selling cookies at our 'Drive Thru' in the Co-op parking lot, participating in the Calgary Area Nite Trek and having a Halloween party for the Sparks and Brownies in October. November will bring us into another sleepover and our enrolment with many more events planned to follow.

Trex

The 9th Trex is a new unit to the district. It is open for girls from 12-17 years old. The girls in the Trek units do activities but not any programming. This year there are 4 girls and they have planned most of the Guiding year with some Hostelling in Canmore, a stay in Banff and the girls are planning a service project!

As many of our units are full, please consider becoming a leader, *even if you don't have a daughter in Girl Guides!* Relatives such as aunts, cousins, grandmas, or even university students can become leaders, and volunteer experience looks great on a resume! No previous experience is required to become a leader and training is offered through Girl Guides to help you become a great leader. If you are interested, please email guiderkarlayyc@gmail.com

Why Become a Girl Guide Leader?

For women, Guiding is a chance to be part of their community by helping girls develop their potential. It's a place for personal growth, mentoring and travel opportunities.

The widest range of activities of any extracurricular program for girls and of any volunteer experience for women. Guiding is unique in the breadth of its focus, which ranges from leadership development to global awareness to environmental stewardship.

Belonging to the world's largest organization of girls and women, the World Association of Girl Guides and Girl Scouts (WAGGGS).

The chance to challenge yourself with the emotional safety that can only come from an all-girl environment- and you get to spend time with up to 30 other girls!



Symons Valley United Church

An affirming congregation of the United Church of Canada.

Your church at the centre of the community. Welcome Home!

Services – Sundays at 10:30 am. Sunday School and Youth Group meet during the worship service.

Please see our website for up-to-date schedules, events and activities www.symonsvalleyuc.com.

Save the Date!

Beer and Carols Night at Scotsman's Well December 9 at 7pm

Join us again this year for an evening of all your favourite carols! Bring your friends and celebrate the joy of the season.

For more information contact
Karen at svuccommunications@gmail.com

SAFETY SYNC
ONLINE SAFETY MANAGEMENT SYSTEM

"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."

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safetysync.com
403.668.6402

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.



Name	Age	Contact	Course
Aurora	18	587-999-3843	Yes
Brittany	20	403-399-8966	Yes
Justin	12	403-456-0712	Yes
Justin	12	403-970-2073	Yes
Samantha	27	587-577-1463	No
Taylor	16	403-874-9691	Yes

Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

RBC Dominion Securities Inc.

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EMS: Yielding to Emergency Vehicles

Time is the enemy in any emergency. For everyone's safety it is important for motorists to understand how to correctly yield right of way to emergency vehicles with lights and siren activated. You can help EMS, police, and fire get to the scene quickly and safely by following these rules of the road.

When an emergency vehicle approaches with lights and siren activated:

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection.
- On a one or two lane road, motorists should move to the right side of the road, slow down, and then stop. Remember to signal.
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal.
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles (there is often more than one!) before re-entering traffic flow. Remember to signal.
- Emergency vehicles might use *any* available road space to maneuver. This could include the shoulders or left hand turning lanes in order to pass other traffic.

When operating a vehicle:

- Drive attentively and defensively at all times. Be cognizant to sirens and be prepared to yield the right of way.
- It is Alberta law for motorists to slow down to at least 60 km/hour (unless a lower speed is posted) when driving past a stopped emergency vehicle. This includes EMS, police, fire, and tow trucks with their lights activated.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light or making an illegal turn. Actions such as these jeopardize all motorists in the area.
- Drivers must place their full attention on the roadway and toward the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$287.00.
- Always leave plenty of space between your vehicle and an emergency vehicle should it be required to stop suddenly.

Calgary Northwest Events

Remembrance Day at Kensington Legion

Services are held at many branches of the Royal Canadian Legions in the city. This year, at the Kensington location the ceremony is followed by lunch and refreshments.

Doors for the Kensington Legion service open at 9:30 am. and close at 9:45; the service begins at 10:45 am. 1910 Kensington Rd. NW. For more info www.legion.ca

St. Andrews Heights Artists' Society 2016 Fall Art Show

Local artists will present their new work at the society's annual Fall Art Show on Nov. 26, from 10 a.m. to 4 p.m. You can meet the artists and also win a great door prize. Parking and admission are free. For more information visit www.atsahas.ca.

Green Calgary's Green Kids Saturday Drop-In Program

Sat. Nov. 5, 19 and 26, 2016. 11 am - 1pm. Videos, hands-on learning activities, crafts and games involving environmental topics for kids 3-10 and their families. Drop in program, all children must be accompanied by one adult, fee by donation. For more info www.greencalgary.org.

Fall Studio Members Pottery Sale: Nov. 6, 10 am-4pm. Now in its 33rd year! Excellent prices and variety, a great opportunity to purchase local artists' work for unique presents. Come early and bring something to carry your treasures. Cash, cheques and credit cards accepted. Triwood Community Association Hall, 2244 Chicoutimi Drive NW.

Free Skate at Shouldice Arena The arena is open for public skating Friday, November 11, 2016, 1-2:30p.m. Address: 1515 Home Rd. NW

Stuff A Bus Nov. 5, 2016. 9am - 4pm. Calgary Co-op and Calgary Transit team up for the 24th Annual Stuff A Bus, in support of the Calgary Food Bank! Transit buses and volunteers will be at all 21 Calgary Co-op locations accepting donations. Stuff A Bus with food to help Calgarians in need at this busy time of year.

Free Swim at Thornhill Aquatic and Recreation Centre Friday, November 11, 2016, 1-4:30p.m. Swim Times: 1 - 2:30 p.m. and 3 - 4:30 p.m. The half hour break will be waived if capacity permits. 6715 Centre St. NW

Finances 101 with Jill (CPA) at Tuxedo Park Community Hall 6:30pm-7:30pm, free to attend, all welcome. October 26, 2016 - Ten Healthy Habits of Financial Management. November 23, 2016 - Saving Strategies: Easy Concept, Difficult Reality.

To register or for more information hallrentals@tuxedoparkcommunity.ca or 403-277-8689.

The Board of Trustees is excited to announce a new award that recognizes CBE alumni who have made a difference, and we need your help to find these outstanding individuals.

The CBE Legacy Award celebrates public education. It will shine a spotlight on former students who live our beliefs - that a strong public education system is the foundation of our society, and the legacy of learning we create makes a world of difference for all of us.

Our former students positively impact our communities, our country and our world. Legacy Award recipients will embody the foundation they received during their education and represent the legacy of the CBE: preparing students for life, work and inspiring life-long learning.

Our alumni are leaders, entrepreneurs and difference-makers. They are artists, trail-blazers and dedicated volunteers. We want to hear their stories and celebrate their success.

We expect to present the CBE Legacy Award several times a year at public board meetings, with the first award presented this month. All award nominations will be reviewed and award recipients selected by the CBE Legacy Award Committee.

Recipients must:

- Be an alumnus of, or have attended, a CBE School.
- Be 18 years of age or older at the time of nomination.
- Exemplify at least one or more of the CBE Results:

Mission: has used high school as a foundation for continuous learning and success in life and work.



Academics: possesses the knowledge, skills and attitude required for academic success, and is effectively prepared for life, work and further learning.

Citizenship: has been a responsible citizen who is an informed and involved member of his/her community - locally, nationally, globally.

Character: possesses the character to do what is right, act morally with wisdom, and balance individual concerns with the rights and needs of others.

Personal Development: has acquired the skills, attitude and knowledge to achieve his or her highest potential.

Nominations must include a (maximum) 500-word statement of support.

To nominate an outstanding CBE alumnus, or for more information about the Legacy Award, please visit the CBE website at <http://cbe.ab.ca/about-us/board-of-trustees/Pages/legacy-award.aspx>.

BRAIN GAMES SUDOKU

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2						6		9
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				1		9		8

FIND SOLUTION ON PAGE 17

PISCES

PET EMPORIUM

THE GREATEST

PET STORE

ON EARTH



PET PICTURES WITH SANTA

We invite you and your pet for photos with Santa!

Bring a non-perishable food bank donation
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Get one free pet photo. Packages available on request.

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EC NOV 2015



The holidays can be stressful.

We can help!

The Calgary NW ECD (Early Childhood Development) Coalitions are hosting an evening aimed at helping you, the parent, have a happy low-stress holiday season. **Managing the Holidays**, is a free workshop being held on Monday November 14th from 6:30-8:30pm at the Silver Springs Community Centre. Many of us put too much pressure on ourselves over the holidays, so come and learn how to refocus and help everyone enjoy this time of year. Child care is provided. Please visit www.Eventbrite.ca for more details and to register today as space is limited.

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language and Thinking Skills, Physical Health and Well-being, and Communication Skills and General Knowledge. We are always looking for interested parties to join our coalitions.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: nccemap@weconnectyou.ca.

CALGARY



WILDLIFE

The Red Crossbill

By J.G. Turner

Photo by Andy Reago

& Chrissy McClarren

The Red Crossbill is a stocky finch with a heavy head and a short, notched tail. Males are reddish-scarlet or reddish-yellow except for their dark wings and tail while females are olive-grey to greenish yellow with plain dark wings. This songbird is common in the mountain and foothills regions of Alberta year round and it is considered a global species. The Red Crossbill's range is hard to define and its population is hard to monitor because their movements are irregular and based on food availability.

Fun Facts:

- The tips of its large bill are crossed; an adaptation for removing seeds from tight closed cones.
- The Red Crossbill's biting muscles are stronger than the muscles to open the bill so it places the tips of its slightly open bill under a cone scale and then bites down.
- You can spot this songbird by their undulating (wave-like) flight, which is even noticeable when they are flying at great heights
- Red Crossbills are considered irregular breeders because they can breed whenever and wherever they can find a large crop of cones, even during the winter

- Because of this irregular breeding, the timeframes for the Red Crossbill's lifecycle varies more than most North American songbirds. For example, juveniles hatched during the summer molt only once (between late summer and late autumn) whereas juveniles hatched from late winter to early spring molt twice (about three and a half months after hatching and again during the main summer molt period).
- Because of their dependence on food supply, Red Crossbills may occupy an area in huge numbers and then disappear for long periods of time (this behaviour can sometimes be called 'irruptive')
- These birds can often be heard but rarely do they make themselves visible
- Red Crossbills will come to feeders to eat niger and small seeds but the best way to tempt this elusive bird is to allow them to take sunflower seeds directly from the sunflower heads.

If you find an injured or orphaned wild bird or animal in distress, please contact the Calgary Wildlife Rehabilitation Society hotline at 403-239-2488 for tips, instructions and advice, or visit our website at www.calgarywildlife.org for more information.



Daylight Saving Time

Ends Sunday, November 6th at 2:00 a.m.

When changing the time on your clocks, copiers, recording equipment, etc., change the batteries in your smoke detectors at the same time to keep your family safe.

DECEMBER 10 SLUMBER PARTY AT THE GLENBOW MUSEUM

Celebrating their 50th anniversary, The Glenbow is inviting kids aged 7 – 12 for a rare sleepover and behind the scenes tour of the museum's artefacts. More info www.glenbow.org/programs



NOVEMBER 25 – DECEMBER 24 THE POLAR EXPRESS TRAIN RIDE

Aspen Crossing: Journey to the North Pole on the Polar Express, complete with hot chocolate and cookies served onboard the train. More info www.aspencrossing.showare.com/eventperformances



DECEMBER 23 CHRISTMAS SKATE, NOON – 5 PM. OLYMPIC OVAL

A fun-filled afternoon at the Olympic oval is sure to cheer any Grinch. Complete with holiday music, you and yours can enjoy a skate together for \$2 and a food donation to The Calgary Food Bank.



DECEMBER

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

Nov. 28 – Dec. 21 It's A Wonderful Life: A Radio Play – Lunchbox Theatre: It's A Wonderful Life is the classic tale of George Bailey, conceived as a live 1940's radio broadcast, a cast of 5 actors will bring this classic holiday story of love and redemption to life on stage! Everyday but Sundays, noon – 1 pm at Lunchbox Theatre. More info www.lunchboxtheatre.com

Dec. 2 – 4 The International Christmas Market at Spruce Meadows: Enjoy the warm atmosphere of this much-celebrated market which boasts 250 vendors with world-imported items, hand-crafted gifts and much more. Fire pits and lively entertainment are sure to keep you in the spirit – just in time for the holidays. For info www.sprucemeadows.com/christmas_market

Nov. 19 – Dec. 18 Once Upon A Christmas – Heritage Park: Take a step back into true holiday enchantment this Christmas with wagon rides, singing carols and even jolly old St. Nick himself. Experience the magic of Christmas past and activities like: gingerbread decorating, Santa's petting zoo, children's crafts and a vintage photo parlour. More info www.heritagepark.ca

Dec. 15, 8 pm A Rockin' Little Christmas – Jack Singer Concert Hall: This upbeat concert will include a range of cheery, seasonal hits including Santa Baby, Jingle Bell Rock, White Christmas and many other favourites. Joining the Calgary Philharmonic Orchestra for this concert is the Jeans 'N' Classics band and four vocalists. More info www.calgaryphil.com

Nov. 26 – Jan. 8 Lion's Festival of Lights: The Festival of Lights is the largest free drive-by Christmas Lights showcase in Calgary. It's comprised of over 300,000 lights along 14th St NW. Designed by James Alafritz, Creative Intelligence Agency. More info www.lionsfestivaloflights.ca

Dec. 2 - 4, 9 -11, 16 – 18 Market Collective Cheer: Enjoy a market that's perhaps a bit more eclectic this year at Market Collective's Cheer event. With fare like, clothing, chocolate and jewellery on offer, and more unusual vendors with woodworking, paper products and leather work for sale, there is surely something for everyone at this event. Located at The Chinese Cultural Centre. More info www.marketcollective.ca

CCSD BOARD OF TRUSTEES

Website: www.cssd.ab.ca/board-of-trustees • Email: trustees@cssd.ab.ca

Learn more about your Calgary Catholic School District Board of Trustees!

Calgary Catholic School District (CCSD) has seven trustees that work together for the whole district, with each representing wards in Calgary and the surrounding area. Cheryl Low is currently serving as board chair and Margaret Belcourt is our vice-chair. The Board of Trustees sets the direction of the school district through governance. It is the role of trustees to lead with inclusion; to understand the needs of our community; to be informed in our decision-making; and to serve our stakeholders by providing an opportunity for success for each and every student.

School councils are an important communication link to the Board of Trustees, as they represent school communities throughout the district. Councils are established in all schools and serve as a vehicle for parents/legal guardians, principals and teachers to meet and work together towards common goals – resulting in a more vibrant and effective school community. All parents/legal guardians with students attending school are members of their local school council and are encouraged to participate in council activities.

Parent and Trustee Forums are held annually in November, January and March. More information can be found on the CCSD website (www.cssd.ab.ca) under Parents/School Council. These forums provide an opportunity for the Board of Trustees to meet with parents, to share information and to gain valuable insights that support board decision-making and advocacy for our students. Topics range from budget and district priorities to current issues such as international travel, the Modernized Municipal Government Act (MMGA) and City Charters.

The Board of Trustees recognizes the importance of parental voice in education and provides a district membership to Alberta School Councils Association (ASCA). ASCA is the provincial association representing parents on school council and brings the parental perspective to government and education organizations in Alberta.

Trustees rely on school councils to bring them critical perspectives about education, an individual school's needs and community concerns. Each school council brings a distinct voice and broad representation to the dialogue on education. Through this engagement, the Board of Trustees can share information and gain valuable insights that support board decision-making and advocacy for our students. To learn more or get involved in school council, contact your child's school principal.

CALGARY PUBLIC LIBRARY

Winter Word Fair

Kickoff the holiday season with Calgary Public Library's Winter Word Fair—your one-stop bookish Christmas shop featuring unique vendors, entertainment, and refreshments.

Take advantage of the Library's in-house expertise to buy great reads during the most popular book-giving period of the year.

Get there early! The first 50 people get an opportunity with a personal shopper, who will match you to the perfect reads for everyone on your list, and your very own gift bag to fill with incredible bookish gifts.

Central Library

Thursday, December 1 | 5:00 pm–8:00 pm
Everyone welcome!

Calgary Public Library Foundation Tours

The Library has 18 community libraries across the city—how many have you visited? Join the Calgary Public Library Foundation for a series of free one-hour tours that provide a special behind-the-scenes look at many of the features, programs, and benefits at each unique location.

You'll hear about a patron's personal experience, learn about what's planned for the future, and be taken on a tour led by Library staff. You'll leave with a new perspective on your local library!

To register, visit LibraryFoundation.eventbrite.com or call 403.260.2631.

Library Updates

The Library will be closed Friday, November 11, for Remembrance Day.

The Children's Library at Village Square Library has been completed and is open for play and reading! Your kids will love the brand-new vibrant and interactive Early Learning Centre!

Renovations to the Nose Hill Library have been completed. Make sure to drop by and see the revitalized space!

The November/December *Library Connect* is now available. Pick up your guide to the Library's free programs and events at any community library, or download a copy at calgarylibrary.ca.

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms. From cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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NOVEMBER MOON CALENDAR



Kincora Real Estate Update

Last 12 Months Kincora
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
September 2016	\$529,900.00	\$517,000.00
August 2016	\$502,450.00	\$493,500.00
July 2016	\$550,000.00	\$550,000.00
June 2016	\$549,900.00	\$535,000.00
May 2016	\$544,950.00	\$528,500.00
April 2016	\$504,900.00	\$487,250.00
March 2016	\$509,900.00	\$499,900.00
February 2016	\$587,500.00	\$572,750.00
January 2016	\$539,888.00	\$530,000.00
December 2015	\$609,000.00	\$592,500.00
November 2015	\$632,499.50	\$617,500.00
October 2015	\$586,450.00	\$564,000.00

Last 12 Months Kincora
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
September 2016	13	9
August 2016	7	6
July 2016	9	9
June 2016	12	9
May 2016	6	12
April 2016	14	4
March 2016	6	7
February 2016	7	4
January 2016	4	3
December 2015	0	1
November 2015	5	6
October 2015	5	4

To view the specific SOLD Listings that comprise the above MLS averages please visit kincora.great-news.ca

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women’s Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children’s Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month’s publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

BRAIN GAMES

SUDOKU

3	6	7	4	2	5	8	9	1
1	8	9	6	3	7	2	4	5
4	2	5	1	8	9	3	7	6
9	1	3	2	4	6	5	8	7
7	5	6	3	9	8	4	1	2
2	4	8	5	7	1	6	3	9
5	9	1	8	6	3	7	2	4
8	7	2	9	5	4	1	6	3
6	3	4	7	1	2	9	5	8

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You may have noticed that a new southbound lane appeared on Shaganappi Trail over Stoney Trail in late September. There is also an extra lane on the off-ramp from westbound Stoney Trail at the same location that allows dual left turns south on Shaganappi.

Credit must be given to the Symons Valley community associations who initially raised this important issue with me, and to Councilors Chu and Magliocca who championed this issue with the City. We had terrific co-operation with the transportation departments of the city and provincial government to get this small but important project completed before the end of construction season.

As a result, the early morning commute has dramatically improved for many people coming from Kincoira, Sherwood, Nolan Hill and Sage Hill. Over the winter, we will have more meetings with all involved to address how soon we can make further permanent improvements to this interchange.

More than a few Albertans have been inadvertently caught driving their vehicles with an expired license plate sticker, receiving hefty fines of over \$300. The provincial government no longer sends reminders in the mail – so please check your current sticker to confirm which month yours needs to be renewed. Also check your operator's permit, which expires every 5 years on your birthday.

The Legislature resumes sitting on October 31. We expect it to be a short but lively session as there is much work to get done.

STORMTROOPERS



Canadian soldiers in WW1 earned the nickname 'Stormtroopers' due to their reputation for being precise, relentless, intelligent and highly organized.



COUNCILLOR, WARD 2 JOE MAGLIOCCA

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On September 25, an additional southbound lane was added onto the Shaganappi Trail Bridge over Stoney Trail. The purpose of the additional lane is to help with traffic congestion during the morning rush hour. So far, I have heard and observed that this enhancement has made a significant improvement in reducing traffic congestion. The City of Calgary has also adjusted the traffic light timing to allow for improved traffic flow on Shaganappi Trail south of the Stoney Trail interchange.

City of Calgary Crews are keeping an eye on the forecast all winter long, preparing roads with anti-icing solution before the snow falls, and maintaining City streets as soon as snowflakes hit the ground. Stay informed during every snowfall by following @yyctransport on Twitter and downloading the Road Conditions App for frequent updates. You can also see where crews are plowing on the live map at Calgary.ca/RoadConditions.

After each snowfall, Roads crews follow a priority clearing system called the Seven Day Plan:

- Priority 1 routes, which carry more than 20,000 vehicles per day, are cleared to bare pavement within 24 hours after the snow stops falling.
- Priority 2 routes, which carry between 5,000 and 19,000 vehicles per day, are cleared within 48 hours after snowfall has stopped.
- Playground zones, designated hills, and residential streets on Residential roadways are cleared on Days 3-7. These roads are flat-bladed, which means snow is packed down so it is easier to drive on, and ruts are removed.

For more information on snow and ice control, including FAQs, snow route parking information, and free sand and gravel locations, visit Calgary.ca/snow.

Joe's Tip:

Please take a moment on November 11th to remember the sacrifices made by our veterans for the freedom that we enjoy today.



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KINCORA 2016 STATS	# OF SALES	AVERAGE PRICE
Bungalow	2	\$580,000
Two Storey/Two Storey Split	58	\$534,369
Townhouse	12	\$337,408
Condo	10	\$253,880
TOTAL	82	
Average days on Market	48 days	

182 PANTEGO LANE NW



\$319,900

Wildstone Townhome

- stylish 3 bedroom two storey condo
- hardwood, fully finished, 1 car garage
- open concept, across from park area

20 KINCORA GLEN RISE NW



\$574,900

Walk to Ravine & Parks

- upgraded 4 bedroom+den two storey
- granite & A/C, bonus room, hardwood
- fully finished, 2nd floor laundry, built-ins

69 SANDALWOOD COURT NW



\$554,900

Walk to Schools!

- Jayman-built 3 bedroom+den two storey
- cul-de-sac, fully finished, South backyard
- newer roof, Brazilian cherry floors, granite

910, 881 SAGE VALLEY Bv NW



\$319,900

SONOMA at Sage Hill

- sleek 2 bedroom townhome, end unit
- quartz counters, designer kitchen
- attached 1 car garage, close to ravine

321 KINCORA GLEN RISE NW



\$499,900

Central Air!

- Excel Homes 3 bedroom two storey
- fully finished, maple kitchen, bonus room
- new laminate floors, steps to playground

47 SAGE VALLEY COVE NW



\$734,900

Backing onto Park!

- upgraded 4 bedroom+den two storey
- maple kitchen, hardwood & granite, A/C
- built-in speakers, finished walkout

317, 195 KINCORA GLEN ROAD NW



\$249,900

Encore at Kincora!

- 3rd floor 2 bedroom / 2 bath condo
- 2 parking stalls, insuite laundry, balcony
- maple kitchen, close to shopping

304, 16 COUNTRY VILLAGE BAY NE



\$269,900

Overlooking the Lake!

- spacious 2 bedroom / 2 bath condo
- 2 U/G parking stalls, newer paint/carpets
- tons of storage, insuite laundry, fireplace



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