

AUGUST 2016

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MCA MONTGOMERY MESSENGER

THE OFFICIAL MONTGOMERY COMMUNITY NEWSLETTER





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AND MONTALBAN CRESCENT

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"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."

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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.



IMPORTANT CHANGES TO TAX-EXEMPT WEALTH TRANSFER STRATEGIES

On January 1, 2017, the federal government is amending regulations that will significantly decrease the tax efficiency of current "wealth transfer" strategies.

PLEASE JOIN US FOR AN EXCLUSIVE AND INFORMATIVE EVENT

TAX-SMART INVESTMENT AND ESTATE STRATEGIES

GUEST SPEAKERS:

 **PETER BOWEN**, B.A.(Econ), CA
 Vice-President, Tax Research and Solutions



 **M.C. (MIKE) MACOUN**, CLU, CHS, TEP
 Vice-President, Estate Planning Specialist

 **RBC Wealth Management**
 Dominion Securities

DATE: Tuesday, August 30, 2016
 3:00 pm - 5:00 pm

LOCATION: **Canada's Sports Hall of Fame**
 169 Canada Olympic Road S.W.
 Canada Olympic Park
 Calgary, AB T3B 6B7

RSVP: Kara Weber
 (403) 299-7374
 kara.weber@rbc.com

All guests must be registered to attend. (Space is limited.)

Refreshments will be provided
 Complimentary parking on site
 Includes access to interactive sports,
 Hall of Fame Gallery & Museum Tour

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Dr. Manu Dua



Montgomery Dental Centre
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www.mdcdental.ca



Executive

President	Marilyn Wannamaker	403-286-0175
Vice-president	Russel Ens	
Treasurer	George McMullen	
Secretary	VACANT	

Staff

Hall Manager	Janine McAuliffe	403-247-3116
Assistant Manager	David Hoskyn	403-247-3116

Directors

David Baker, Trevor Dreher, Dave Barton,
Ellen Kerkhoven, Trevor Poffenroth,
Rhonda Zander, Ron Aubrey, Janice Mackett

Elected Representatives

City Councillor	Ward Sutherland	403-268-2430
MLA Calgary	Stephanie McLean	403-216-5436
Varsity		
MP	Len Webber	587-885-1596

Contacts

Community	Damian Price	
Liaison Officer	pol3442@calgarypolice.ca	403-428-6200

School Board Trustees

Public	Joy Bowen-Eyre	403-294-8121
Separate	Serafino Scarpino	403-500-2550

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Montgomery Community Centre Hall Available for Rent

The main hall at the community centre is available for rent for large and small functions, from big weddings to simple birthday parties for kids.

Active members of the community association will receive a 10% discount on full rentals.

RENTAL RATES:

Main Hall

Full rental- \$460.00
Damage Deposit \$300.00
Prime Time hourly
Fri-Sun. - \$55.00 per hour (5 hours or less)
Weekday Mon-Thurs- \$35.00 per hour

Board Room

The boardroom is approx. 14'x22' in size.
Capacity in a meeting-room setting is 25.
White board and pull down screen available.
Rental rate: \$25.00 per hour.

For Further information please visit www.mcapeople.ca, call 403-247-3116, or email manager@mcapeople.ca.

The Montgomery Messenger is a publication of the Montgomery Community Association and Great News Publishing

Published year round for mail delivery in the middle of every month.

Content from the public is welcome and invited. To inquire about submitting content please email editor@mcapeople.ca or phone **403-247-3116**.

All advertising inquiries should be directed to Great News Publishing.

Deadline for content submissions is the first of each month, for publication the following month. All submissions should be as Word documents, and sent to editor@mcapeople.ca. High quality photos are also welcome.



Montgomery Community Association

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manager@mcapeople.ca

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GREAT NEWS PUBLISHING HAS BEEN PROUDLY SERVING MONTGOMERY FOR 1 YEAR!



Working Together for a Better Community

PRESIDENT'S CORNER

Well, we survived the torrential rainfall of Stampede and are enjoying some warm summer days. We had visitors this year for Stampede and our 5 year old nephew suggested to his mom that the next time they come to visit it should be during summer!

The Community Association provided space for an open house regarding the placement of a cell tower within our lease property. The suggestion that the tower be placed in the northwest corner of the lot was for a number of reasons including access for service vehicles. The tower would generate an annual income for the Community Association of \$30,000.00 per year for five years to be renegotiated for five year terms for 20 years. The money raised can then be put into the community centre activities and events. There is a prescribed engagement process that will be followed and we encourage input from community members.

We are also in the process of securing an artist to paint the sea-can behind the community association. Watch for opportunities for input and participation in this project.

The planning committee continues to be busy. Mainstreets hosted an invitation meeting to let communities along the 24 corridor sites know the next steps. From the 24 corridors, a selection will be made to start focusing on specific areas. They heard clearly from all communities that infrastructure needs to be improved to attract development. We will keep you informed as to where both 16th Avenue and Bowness Road fall within their plan.

Wishing you all a summer filled with walks along the river and through the many parks and pathways in the community.

Marilyn

PLANNING REPORT

July/August 2016

New Permits

The Planning Committee has reviewed just one Development Permit over the past several weeks: DP2016-2642 4620 16 Avenue NW Addition: Medical Clinic, Office, Change of Use.

Vision Zero

There's an interesting road safety initiative that started in Sweden and has spread through-out Europe and now into to Canada and the rest of North America: it's called Vision Zero - where no one should be killed or seriously injured within the road traffic system.

Back in 1997, the Swedes were concerned that road traffic injuries were one of the leading causes of death and the number was reaching unacceptable levels at seven deaths per 100,000 people. They took a holistic approach to solving the problem which involved changing the mindset of how we look at traffic fatalities.

Humans are fallible; we make mistakes, we have an innate fear of heights but we have no real sense of velocity, we're not perfect drivers. All of this is taken into account in the design of the road infrastructure. Everyone uses the roads - from kids to seniors, from bikes to delivery trucks. No deaths within the road traffic system are acceptable, and road safety does not have to compromise mobility.

Here's a crucial statistic: if you're hit by a vehicle travelling at 50 km/hr, there's about a 20% chance that you'll survive; if you're hit by one travelling at 30 km/hr, the probability is greater than 90% that you'll survive.

The number of traffic fatalities in Sweden dropped dramatically from seven to less than three per 100,000 people over a period of several years. Canada's traffic fatality count is around 5.2 fatalities per 100,000 which is about the middle of the pack compared to other parts of the world.

North America and Europe are very different in terms of car culture; we're very car-focused in our community and city designs. Europe has more of a balance amongst road users. However, the goal of reducing road safety fatalities is not an unrealistic one nor is it too expensive to aim for these kinds of results.

Edmonton is the first major city in Canada to adopt this policy and is already seeing reductions in the number of fatalities and major injuries. This kind of program will take time. And it requires significant support and buy-in from the citizens, planners, industry, and educators.

Janice Mackett, Planning Committee Chair



COUNCILLOR, WARD 1 WARD SUTHERLAND

P.O. Box 2100, Station M Calgary, AB, Canada T2P 2M5
Phone: 403-268-2445 • Fax: 403-268-8091
Email: ward01@calgary.ca
Web: www.calgary.ca/ward1

This August, visit the plethora of parks, outdoor venues and events in Ward 1. Enjoy the last of the warm, long days while you still can. Below is a sample of some of the fun things to do.

Silver Springs

Check out the Botanical Gardens and Birthplace Forest. Admission is free, though donations and letters of appreciation are greatly appreciated. Tax receipts are provided for all charitable donations over \$10.

Bowness

Start the month off right by taking in the Tour de Bowness Street Festival. The Annual Tour de Bowness cycling race and the Tour de Bowness Street Festival will take over Bowness Road through downtown Bowness with local entertainment, businesses, artisan vendors, corporate booths, food booths, a kids' area and buskers all coming together to celebrate the historic and vibrant community of Bowness and its thriving Main Street. **August 1**, from 11:00 am-4:00pm.

Valley Ridge

From **August 22-26th**, The City puts on a free week-long program at the East fields in Valley Ridge for children called the Park n' Play and Stay n' Play program.

Sunday evenings, July and August, enjoy Music in the Garden from 7-8pm. Come listen to a variety of musicians play every Sunday night at the Community Garden. Bring your lawn chairs or blankets!

<http://www.vrca.community/index.php/community-events/blogs/58-music-in-the-garden-2016-schedule-of-musicians>

University of Calgary

Bring the whole gang to the Calgary Stampeders Family Day Game at McMahon Stadium on **August 28, 2016**. Before the Stampeders play against the Hamilton Tiger-Cats, there will be lots of interactive activities for kids. **For more information, visit:** www.stampeders.com

Never miss another municipal or community update! Sign up to receive Councillor Ward Sutherland's monthly e-newsletter at www.WardSutherland.com.



Children's Birthday Party Package \$99.95

This birthday party package includes two hours in our main hall and we'll throw in the floor hockey equipment, ping pong tables, preschool equipment . . .

Bring in your own food and refreshments . . . invite as many friends and family as you like!

For one "low" rate.

Some restrictions apply for advanced bookings.

For more information: 403-247-3116, mcac@telus.net.

Friends of the Bowmont Natural Environment Park Area

Wildlife of Bowmont Park

Who Am I?

Mine is the song of the grassland...
A dry and raspy trill.
Perched upon a swaying bush,
I warble loud and shrill.

Mine is the voice of summer...
Though often hard to see,
A streak of gold across my face
Will let you know it's me!

Chickadee	Savannah Sparrow	Goldfinch

Turn page upside-down for answer!
I'm a Savannah Sparrow © Rosemary Geil, 2016

The Best Defence is to Take Offense

Challenging Societal Precepts Through Art

By: Kyle Marshall

In a society where chumming the proverbial waters of the internet in hopes of offending others is a real and common enough occurrence, one might think that the phrase "I'm offended by this" would be so overused as to fade into the background noise of social media. In reality, artists across a variety of mediums - be they video game developers, filmmakers or artists - are frequently pressured into backpedaling when their material encroaches on territory that some people may consider offensive.

While I openly admit to preferring the black-and-white morality of The Lord of the Rings to the somewhat ambiguous setting of Game of Thrones, I nevertheless believe that asking artists to forego any sort of offensive or potentially uncomfortable material is a wasted opportunity. If art is seen as a tool through which we explore our natures and our beliefs, then the most meaningful discussions are brought about when a work challenges our perceptions and forces us to ask the question of "why" something offends us.

The video game series Grand Theft Auto (GTA), perhaps one of the most infamous and controversial franchises in the medium, is an excellent example of this. In GTA, players are tasked with a variety of criminal activities, ranging from drug running and bank heists to outright murder. As a result, the games have frequently been the focus of groups arguing that video games cause an increase in the violent tendencies of those who play them.

But what about films like Goodfellas and Scarface? What about television shows like The Sopranos? None of the activities being performed in the GTA games is considered too horrific to be re-enacted in these mediums, and it is much rarer to see these films and shows being accused of driving their viewers to murderous rampages. Thus, the basis of our discussion is opened: why are video games considered more dangerous than other mediums depicting the same sort of content? Why do we find this sort of material objectionable in a fictional

A New Festival in BowMont!

BBQ on the Bow is happy to announce that it will be moving to the Montgomery Community Centre September 3 and 4, 2016. In its 24th year, BBQ on the Bow is Canada's oldest Kansas City Barbeque Society (KCBS) sanctioned festival.

The event is open to the public and together with the BBQ competition, features a Kid's Que competition, food demo, beer garden and live local music, among other activities. BBQ will be available for purchase from onsite vendors.

Saturday's events will include a Chef's Choice category, where the cooks can hand in anything from lamb to salmon or any other meat of their choice, and use any garnish. These creative offerings are truly outstanding. The Kid's Que is open to kids 15 and under (with adult supervision - but no help). The kids compete in two categories: pork chops and hot dogs.

Sunday is the main competition featuring teams from across Canada and the United States. Each team competes in four categories: chicken, pork ribs, pork shoulder, and beef brisket. All categories over the weekend are judged by a team of KCBS certified judges. The winning team, also known as the Grand Champion, will go on to compete at the Kansas City Royal BBQ Competition Invitational and will be entered into a draw to compete at the Jack Daniels competition. Previous winners of BBQ on the Bow have gone on to do very well at these prestigious events.

New teams are always welcome. For more information please go to www.bbqonthebow.com.

setting? What does all of this say about our values and our society?

Rock and Roll music was once considered offensive and anti-authoritarian. Even certain forms of classical music were once shunned for being too risqué for their audiences at the time. But without art that challenges us, forces us to ask questions about who and what we are, I fear our culture runs the risk of degenerating into a handful of overused cat pictures online.

Montgomery Community Garden

The Montgomery Community Garden is accepting new members for the 2016 season!

The garden members meet regularly and have organized work parties. All members contribute equally to the gardening work and share in the harvest. No gardening experience necessary!

An annual membership costs \$20 (plus an MCA membership). There are a limited number of memberships available on a first-come, first-served basis. To join or find out more, email montgomerygardenNW@gmail.com

www.mcapeople.ca/do/community-garden



MONTGOMERY COMMUNITY GARDEN SHOWCASE

Montgomery Community Garden
2pm - 4pm Sunday Aug. 28, 2016

Please join us for this family fun event and learn more about your local garden. The event will take place at the Montgomery Community Garden, which is located at the intersection of 48th Street and Montalban Avenue NW. This is a community event and all are welcome. There will be something for the whole family. Bringing a lawn chair is recommended.

Everyone is welcome at the community garden!





MP, CALGARY CONFEDERATION LEN WEBBER

2020 10 St NW, T2M3M2
403-220-0888
len.webber@parl.gc.ca

Did you know that 24% of the residents of our Calgary Confederation riding are over the age of 55? In Canada, 30% of the population are aged 55 or older and by 2020 that number will increase to almost 38%.

Canada is the best country in the world in which to live and we owe much of that to our nation's Seniors. They are largely responsible for fighting the wars that gave us our freedom, paying the taxes that built our cities and having the foresight to create the infrastructure and programs many of us take for granted.

As your Member of Parliament, I will continue to stand up for all constituents, but it is my privilege to show my respect and gratitude to our Seniors by devoting my recent community mailing to them. The mailing goes to every household in the riding and is also available on my website at www.lenwebber.ca.

For Canada's elderly to receive their full benefits and entitlements, it is critical that they apply for these programs. One of the best ways for any person to determine if they are getting the benefits they may be entitled to, is to visit www.canadabenefits.gc.ca and use the online 'benefits finder' which generates personalized results based on a few simple questions.

Also, many financial assistance programs require up-to-date tax filings, so it is also very important that those in need of some help keep up-to-date on their taxes. The Canada Revenue Agency has thousands of volunteers who can also assist with this task.

Should you encounter difficulties getting your benefits, my staff and I are here to assist you. It is requested that you make an appointment before coming to the office with your concerns as this allows us to serve you better and ensure you are not required to wait an excessive amount of time. Often, we are able to assist you over the telephone without the need for an appointment too.

For office contact information, photographs, my Parliamentary speeches, helpful links and other important information, please visit my website at www.lenwebber.ca on a regular basis. You can also follow me on Twitter, Facebook and YouTube for the latest updates.

Finally, I want to congratulate all the Canadian Olympic athletes and their coaches on their achievements. While the world focuses on these elite athletes for only a few weeks every four years, their dedication to their sport and personal success is a daily commitment for many years.

SSASPG

The South Shaganappi Area Strategic Planning Group is a group of community representatives and stakeholders that meet on a monthly basis to inform and respond to a number of institutional and infrastructure development projects in the area.

The SSASPG held its final meeting of the 2015/2016 year in June. It will reconvene in September. The majority of the projects will continue with various aspects of their developments over the summer months however, there were a couple of highlights to note prior to the break.

Western Securities announced that the Stadium Shopping Centre redevelopment received unanimous approval from the City of Calgary Planning Commission. It will now proceed to Council for approval on July 4, 2016.

The University District has partnered with Brookfield Residential and Truman Homes to build Phase 1 of the project. It is anticipated that the new intersection at Shaganappi Trail and West Campus Way will open in October 2016.

Have a great summer everyone!

*Rhonda Zander
Planning Committee Member*

2016 MCA Casino

Our regular Casino is coming up on September 3 and 4 at Cowboys Casino. This is a major source of income for the Community Association which helps us maintain and operate the Community Centre along with our community programs

There are typically 18 months between casinos and, as always, we need volunteers to help. This is a great opportunity to meet people and make a huge impact to your community. No experience is necessary and training will be provided. All positions are still available:

- Banker
- Cashier
- Chip Runner
- Count Room

If you would like to come out & volunteer, please contact the Community at 403-247-3116 mcac@telus.net or myself at russel.ens@telus.net. We look forward to seeing you all there!

Russel Ens, Casino Chair



Montgomery Community Association Membership

PLEASE COMPLETE ALL SECTIONS AND PRINT NEATLY. Thank You!

Member Name(s): _____

(first and last names of adults)

Address: _____

Postal Code: _____ Phone: _____ Email: _____

Membership Type: Single/Family \$20.00 Senior \$5.00 EACH Associate (Social) \$25.00

Community of Residence (if not Montgomery): _____

Payment: \$ _____ Method of Payment: _____ Membership #: _____
(to be completed by MCA) (to be completed by MCA)

PLEASE INDICATE ANY VOLUNTEER OPPORTUNITIES
YOU MAY BE INTERESTED IN. Thank You.

MCA Volunteer Opportunities

It should be noted that some categories may not have openings at this time, however individuals may be interested in the following possibilities:

Committees:

- Community Garden
- Planning
- Community Safety Initiative (CSI)
- History —Community Pride and Revitalization (CPR)

Community Programs & Events/Activities:

- Children's events (e.g. Kids Carnival, Winter Fest, Jelly Bean Dance, Playgroup)
- Senior's programs (e.g. Seniors' Social, Triple A)
- Special Events (e.g. Noktoberfest)
- Sports programs (e.g. Soccer, Soccer Banquet)
- Community Clean-up
- Fall Fair
- History project
- Fundraising (MCA Casino)
- Other (e.g. Volunteer Recruitment, Memberships)



Working Together for a Better Community

Please mail along with your cheque made payable to Montgomery Community Association, or drop with your payment.

5003 - 16 Avenue NW Calgary, AB T3B 0N2

Thank you for supporting YOUR community association.

Bowmont Natural Environment Park

16th Annual Photo Contest Entry Form

The Bowmont Natural Environment Park Committee is looking for your best shots taken in Bowmont Natural Environment Park. Photos will be judged by experienced photographers.

Prizes will be awarded in the following categories:

Scenic Views--scenic landscape views of the park

Flora-- trees, shrubs, grasses or flowers

Wildlife--Animals in the park (not including domestic animals)

Environmental Issues--Damage within the park (excluding private property)

Park Users--People enjoying the park (submit their permission using a consent form)

Best of Show--Best photo in the show!

CONTEST RULES

- Contest is open to all amateur photographers. All photos must be taken within Bowmont Natural Environment Park between January 1, 2016 and October 31, 2016.
- Entry deadline is **November 6, 2016**.
- Photos submitted MUST be accompanied by the contest Photo Release Waiver or will be disqualified.
- Some restrictions regarding prizes may apply.
- Only two entries per category may be submitted.
- Submissions must be good quality 4" x 6" prints (no slides) with entry form attached. Please do not write on the back of your photos.
- Please email a digital version if available of photos (JPEG file) to ljknight1947@gmail.com prior to entry deadline.
- Photos submitted will not be returned to the entrant. They will remain with the committee for reproduction and use as per the Photo Release Waiver form.



HOW TO SUBMIT YOUR ENTRIES:

- Attach one entry form to each photograph you submit with the following information:

Your name: _____

Address: _____

City: _____ Province: _____ Postal code: _____

Email: _____

Phone: _____

I have read and followed the Contest Rules (signature): _____

Indicate category: Scenic Views Flora Wildlife
 Environmental Issues Park Users

- Give your photograph a Title: _____

- Attach the completed Photo Release Waiver

- Attach a Consent Form (for Park User category only).

- Submit your entries at Bowness, Montgomery, Silver Springs or Varsity Community Centre offices

Additional entry forms and the contest Photo Release Waiver and Consent Form are available at these Community Centre Offices, on the MCA website at www.mcapeople.ca/2015/bowmont-park-photo-contest/ or by e-mail request to ljknight1947@gmail.com.

For more information, contact:
Community Volunteer Linda Knight
Phone: 403-298-8116
Email: ljknight1947@gmail.com

IN & AROUND CALGARY

Green Cart set to roll out next spring

After a successful pilot that saw a 40 per cent drop in garbage and 89 per cent satisfaction amongst residents, the Green Cart Program will roll out to all single family homes beginning next spring. All communities should have the service by fall 2017. Here are the highlights:

All food, yard and pet waste is accepted in the program.

Unlimited quantity. Use paper yard waste bags for extra yard waste that doesn't fit in the cart.

Green and blue carts will be collected on the **same day every week.**

Black carts will be picked up **once every two weeks on a separate day** since most household waste can be recycled or composted.

Residents will receive everything they need to get started including the green cart, a kitchen pail for collecting food scraps inside the home; a sample of compostable bags for the kitchen pail and yard waste bags. Once service begins, households will pay \$6.50 per month. This charge reflects the savings achieved by changing black cart garbage collection from weekly to once every two weeks.

Green carts go beyond backyard composting

If you're already backyard composting, keep it up. Use your green cart for all the other materials that cannot be composted at home like meat, bones, shellfish, dairy, weeds and pet waste.

Why we need to keep food and yard waste out of landfills

It may be hard to believe, but more than half of residential garbage is food and yard waste. Composting this material is the right thing to do. When food and yard waste is buried in the landfill it releases methane, a greenhouse gas that is 25 times stronger than carbon dioxide. By using the green carts we reduce dependence on our landfills, reduce greenhouse gas and turn food and yard waste into nutrient-rich compost. To learn more about the Green Cart Program, visit calgary.ca/greencart.

Submitted by The City of Calgary Waste & Recycling Services.



MLA CALGARY-VARSITY

STEPHANIE MCLEAN

#101, 5403 Crowchild Trail NW
Calgary, AB, Canada T3B 4Z1
Phone: (403) 216-5436 • Fax: (403) 216-5438
calgary.varsity@assembly.ab.ca

Friends,

July was a very busy month with summer in full swing. Stampede 2016 was the highlight of the month and I got to connect with many residents of our great neighbourhoods. I flipped a lot of pancakes at different Stampede breakfasts in Calgary-Varsity and throughout the city. I was at the Triwood Community Association Stampede breakfast on July 9, and talked to many people about their issues and concerns. Then there was the University of Calgary President's BBQ and I was also at the Premier's Stampede Breakfast on July 11, where in the tradition of Stampede hospitality, the Premier and other members of the government served up pancakes.

August will be a more laid back month, with most major events and festivals behind us, giving us the time to enjoy the warm summer days. As the month comes to an end, many families will be preparing for the coming school year, and I will be preparing for the upcoming legislature session.

Keep an eye out for me at Dalhousie, Brentwood, University, and Banff Trail C-Train stations on mornings throughout the month of August. I'll be there to talk with constituents and serve coffee.

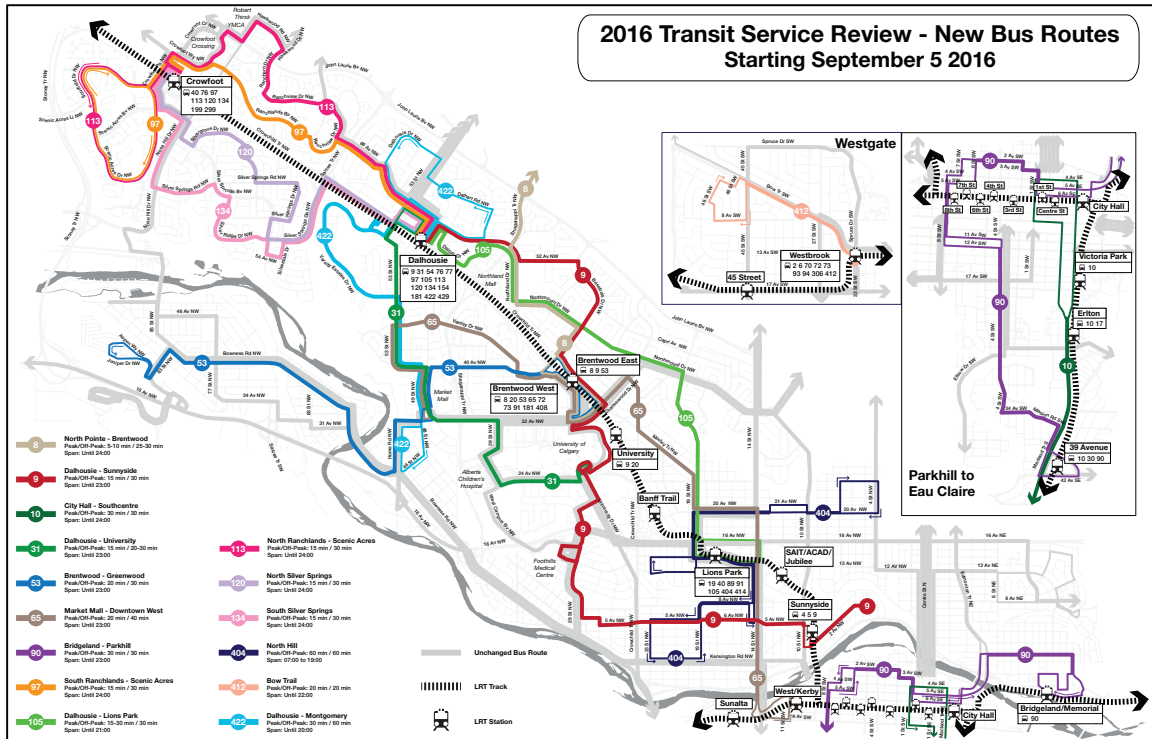
Our office serves the people of Calgary-Varsity. Our team is available to talk to constituents about provincial government departments, programs, scrolls, and services. Please visit us in our office, and let us know how we can help you.



It is just like man's vanity and impertinence to call an animal dumb because it is dumb to his dull perceptions.

Mark Twain

Your bus route may be changing this fall



Changes are coming to the following northwest and inner city bus routes on September 5, 2016: Routes 8, 9, 10, 22/122, 37/137, 43/143, 145, 404, 405, 407, 412 and 419.

Calgary Transit has completed a major review of these bus routes and is excited to share the results with customers. Earlier this year new bus route proposals were shared online and at open houses, and feedback was collected from thousands of transit users and community stakeholders. Public input was incorporated as much as possible in designing the new bus routes.

The new routes are simple and direct, and many of them have upgraded service levels, meaning that buses

come more frequently and/or run longer on evenings and weekends. Additionally, service has been increased or improved to major locations such as Foothills Hospital, The University of Calgary and shopping centres.

To see the new bus routes that start on September 5, 2016, please visit calgarytransit.com/2016ServiceReview or phone 403-262-1000.



BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

THE GUTTER DOCTOR! We install, repair and clean eavestroughs, and downspouts. Fascia, soffit, drip-edge, siding, roofing, cladding. Over 15,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. www.gutterdoctor.ca 403-714-0711.

LEARN TO SKATE: ages 3 to 5 at Bowness Community Arena, offered by Skate West Skating School, a Skate Canada PreCanSkate program. Fall and winter sessions offered Monday 11:00-11:30 and 11:30-12:00 beginning Sept 12, 2016. Cost for 10 sessions is \$115.00. For more information, visit www.skatewestss.com or call 403-975-2165.

TLC CLEANING: Over 18 years' experience in the business! TLC Cleaning is a small and personalized cleaning company. Licensed, insured, bonded, and WCB covered for your piece of mind. Excellent rates and references, environmentally friendly options too. Let us put a little TLC into your home! Free estimates; please call Carol at 403-614-8522.

FLUTE LESSONS: Looking to learn a new skill? Keep the kids busy? Whether you're young or young at heart, get started with fun, personalized private flute lessons today! Get 10% off your first 4 lessons by mentioning this ad before September 30. Visit www.lisagraham.ca/learn, email lessons@lisagraham.ca, or call 403-862-9232.

JEFFREY ELECTRIC: Friendly professional electrical service for your next residential project large or small. City Qualified Trade, Master Electrician, Based in the NW, insured, licensed, certified, bonded. Very competitive rates for quality electrical work. Service Panel upgrades from 60 amp to 200 amp. Sub-panels, Aluminum re-wiring, custom kitchens and basements. Free estimates. cejelectric.com or call Clayton at 403-970-5441.

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South of 16, Montgomery Neighbourhood Day Party June 18

Fun, music, food, kids, games, face painting and a little background planning made for a great afternoon.

Hosted in the park behind Bow View Manor, with a little cooperation from Mother Nature, over 70 neighbours gathered to meet, greet and have some fun. On the invitation, people were asked to bring one of their favourite dishes to share whether it was a main dish or a dessert, so we all broke away from our diets to indulge.

The kids just love face painting and they all received prizes and gifts donated by the Montgomery Community Association, Ripples Grant and Rock Pointe Church.

It was a great neighbour building event. This is the fourth year for the "South of 16" and it gets better every year.



Humpty's Summer Volunteer

Janice Murphy is our Humpty's Volunteer for Summer!

Janice moved into the Montgomery in 2013 and with no kids (yet) she found walking her dog did not let her meet enough of her neighbours. How do you meet people?

Janice is from a small town and knows that volunteering in your community is one of the easiest ways to meet your neighbours. So Janice called up the Community Association and asked, "Where do you need help?"

You may have seen Janice at the Community Clean Up. As it turned out the annual community clean up, held on May 7 this year, needed someone to coordinate. Janice is a fan of organizing so this project worked well.

What Janice has found through volunteering is that she has indeed had a chance to meet and get to know her neighbours.

Janice personal philosophy is "When you see something, do something." That's a great philosophy.

Montgomery continues to benefit from Janice's philosophy. When you see her in the community, say hi. Congratulations on being the Humpty's Volunteer for Summer, Janice!



Clothesline

Not sure what to do with your clutter? The Clothesline program in Calgary collects gently used clothing, electronics and small household items-where proceeds support the Canadian Diabetes Association. To donate and schedule your free pick-up, call 1-800-505-5525 or visit www.diabetes.ca/clothesline.



311 Top 5 Public Service Requests (SRs) for
MONTGOMERY
Service Requests Created between May 1, 2016 and May 31, 2016

Top 5 SR Types for MONTGOMERY	SR Count	% of Total Community
CBS Inspection - Electrical	13	4.5%
Finance - Property Tax Account Inquiry	12	4.2%
CBS Inspection - SCP - New Home	10	3.5%
Finance - TIPP Agreement Request	10	3.5%
Roads - Street Cleaning	10	3.5%
Total Top 5 SR Types	55	19.2%
Total Other SRs	231	80.8%
Total SRs for MONTGOMERY	286	100%
Total SRs for Ward 1	2,762	
% of Total Ward 1	10%	

June2016SR	Population	% of Ward	# of Calls	% of Calls
Bowness	11,235	12.8%	581	17.4%
Crestmont	1,542	1.8%	65	1.9%
Grnwd/GrnBr	957	1.1%	19	0.6%
Montgomery	4,246	4.8%	379	11.3%
Rocky Ridge	8,229	9.4%	257	7.7%
Scenic Acres	8,542	9.7%	303	9.1%
Silver Springs	8,959	10.2%	323	9.7%
Tuscany	19,737	22.5%	579	17.3%
University Hts	3,020	3.4%	52	1.6%
U of Calgary	2,968	3.4%	82	2.5%
Valley Ridge	5,702	6.5%	187	5.6%
Varsity	12,669	14.4%	514	15.4%
TOTALS	87,806	100.0%	3341	100.0%



Insects & Technology

Fleas Knees

Scientists have been studying a resilient protein that makes up the joints of many insects, including fleas. This protein allows fleas to leap 100 times their body length in a single bound (that would be 600 feet high for a human). A manufacturer has produced a near-perfect rubber with 98 percent resiliency which could improve the responsiveness from heart valves to the bounciness of running shoes.

Discovery Magazine

MAKE YOUR GREAT IDEA HAPPEN

WHAT IS RIPPLES?

- A small grant for projects that build community
- For residents of Bowness, Montgomery and Greenwood Village
- Applications accepted on an ongoing basis and reviewed by peers

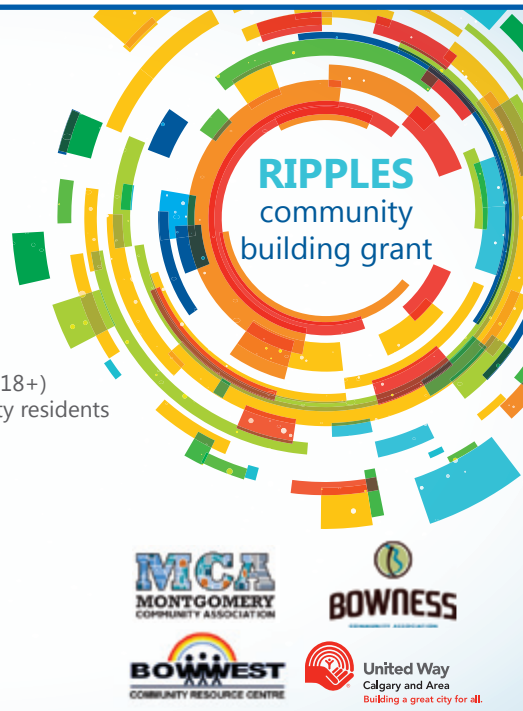
WHO CAN APPLY?

- Individuals and resident community groups
- Youth are encouraged to apply (1 member must be 18+)
- Agencies are not eligible but can support community residents with their projects

To apply please visit:

www.bowwest.com/ripples-application

or contact us at ripples@bowwest.com



WHAT KIND OF FUNDING IS AVAILABLE?

Funding for short term projects from \$50 to \$600

WHAT ARE PAST RIPPLES PROJECTS?

Skill Sharing • Neighbourhood Events • Workshops
• Community Clean Ups • Community Gardens •
Performing and Visual Arts Projects • Drop In Activities

WHAT PROJECTS ARE ELIGIBLE?

Projects that:

- Are new initiatives
- Are held in a public location
- Benefit to the whole community
- Build a sense of belonging and create community connections

GRANT REQUIREMENTS & RESTRICTIONS

- Funds cannot be used for salaries/wages or alcohol
- Receipts are required at the end of the project
- Funds must be spent within 6 months
- Sharing your project's story

GET STARTED!

- Be creative!
- Invite people to brainstorm
- Plan your project using the application form www.bowwest.com/ripples-application

GET INVOLVED WITH RIPPLES!

The Ripples Grant Committee meets to discuss and make decisions on the applications.

We strive to represent our diverse community so if you are interested in being a member, e-mail ripples@bowwest.com.



APPLICATION FORM

Name: _____ Date of Application: _____

Mailing address: _____ Postal Code: _____

Phone number(s): _____ E-mail: _____

Describe your project: _____

Date(s) your project will take place: _____

Where will your project be held? _____

Who will work with you to plan and organize this project? _____

How will you involve other people to participate in this project? _____

How will your project make Bowness better? _____

What will your project cost in total? _____

How much grant money are you requesting? _____

What will you spend the grant on? (Please list specific items and their costs) _____

How will you share and celebrate your project? _____

Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

Announcing the Ripples Grant

The ripples from a pebble tossed in a pond can go a long way. Ripples Grants of 100 to 600 dollars are intended to do the same thing by supporting resident-initiated ideas. Have you been thinking about something that would enrich Montgomery? Fill out the application below or online www.bowwest.com/ripples-application/.

Contact the community centre for more information (403-247-3116; manager@mcapeople.ca). These grants are made available through the kind support of the United Way, The Calgary Foundation, and local organizations.

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