

DECEMBER 2016

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MICA MONTGOMERY MESSENGER

THE OFFICIAL MONTGOMERY COMMUNITY NEWSLETTER



NEW
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+ Walk-in Clinic**



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Now accepting new patients.

PRESIDENT'S CORNER

Merry Christmas and Happy Holidays to all.

It is hard to imagine that it is December already (of course I did miss the November newsletter!).

I would like to welcome Hi Ball Restaurant to Montgomery. After the devastating fire in Stadium Shopping Centre, the restaurant was forced to close. With the redevelopment of Stadium Shopping Centre it was uncertain what the future would hold. It was great to see the sign lit up in our community!

I would also like to welcome Shawarma Palace which will be opening soon!

Montgomery was chosen for the City of Calgary Main Streets Project. Using the Municipal Development Plan and the Montgomery Area Redevelopment Plan, the project aims to increase densification along the corridors of Bowness Road and 16th Avenue. Two open houses were held with the City Planners. It was great to see the City integrating the comments of residents in the changes in the second iteration of the plan. I hope that everyone who was interested in this project took the opportunity to provide feedback.

Shaganappi Trail, 16th Avenue, Bowness Road intersection review is also underway. Four plans were previewed by the Board and again at the open house on November 23. This is a long range plan and it is uncertain what the next steps will be or when they will be implemented.

The light barrier fence has been constructed along Shaganappi Trail across from the Children's Hospital/University District intersection. I would like to thank Janice M, David B, and Rhonda Z for their work with West Campus Trust in planning an interesting and high quality product.

The Volunteer Banquet was held November 19. It is incredibly humbling to work in this community where we have close to 200 people who volunteer their time to make this a better place to live, work, and play. I know that there are people thinking about getting involved and wondering how to connect with the community. I encourage you to contact me, Janine, or attend a Board meeting as there are many different ways to become involved.

We have also engaged the services of S2 Architect firm to examine the building and to consider a long range plan for renovations. The kitchen is in dire need of upgrades and we are looking at what options we have for the space.

I think that is all for now, Enjoy your Christmas,
Marilyn

HELP END DIABETES

Diabetes is a complex disease with many causes and no known cure. In Alberta, an estimated 303,000 people have been diagnosed with diabetes and a further 600,000 live with prediabetes.

With your support, the Canadian Diabetes Association (CDA) can improve lives and make it possible to fund leading-edge research and innovative educational programs; send kids with type 1 diabetes to the CDA's D-Camps; and provide Albertans with access to programs, services and resources to manage their disease and live well.



HOW CAN YOU HELP?



JOIN TEAM DIABETES

Get active! Run, walk or hike in exciting international and Canadian events.



VOLUNTEER

We couldn't do what we do without the support of our volunteers.



GIVE TO CLOTHESLINE®

Donate your gently used clothing, books, toys, electronics, vehicle and more.



BECOME AN ADVOCATE

Interested in sharing your story and speaking on behalf of those living with diabetes?



HOLD A FUNDRAISING EVENT

Explore the fun and easy ways you can help raise funds for diabetes.



DONATE

Text "Diabetes" to 587-600-6088 or honour someone online at diabetes.ca/donate.

Nursing Students Connect Seniors

An update regarding U of C Nursing Students in the Community of Montgomery



The U of C Nursing students hosted the MCA Seniors Social on Halloween



Howard, Lorraine, Dean

For the past 5 years, groups of nursing students from the University of Calgary have been partnering with the Montgomery Community Association to support Seniors' Health Programming in the Montgomery community. Through collaboration with a number of community-based organizations and interested community members, we have helped create and support a monthly seniors' social which is held out of the MCA on the last Monday of each month. A planning committee, comprised of community volunteers, takes a leadership role in organizing this monthly event. Nursing students work in partnership with this committee to make each month's social unique and entertaining. As you can see from the photos, October's Halloween-themed social was a blast!

A large part of our role, as nursing students, is to build connections with and between community groups, and through collaboration, to provide opportunities for groups to come together, to promote overall community health and wellbeing. An example of this is the November social, where members of the planning committee, nursing students, a member of Calgary Police Services, and community volunteers have together created an interactive education session focusing on Fraud Prevention, an issue with many social and financial health implications. On a lighter note, the Christmas Social (on Dec 12) will feature the Bowness Senior Jazz Band!

Our 2017 calendar is also quickly filling up as Terrace

Road School, Foundations for the Future Charter Academy, and Wilson School of Highland Dance have all expressed interest in coming out and providing entertainment at upcoming socials.

If you have ideas for future socials, or would like to be more involved in it's planning, we would love to hear from you. You can contact the MCA directly at 403-247-3116 or mcac@telus.net.

Warm regards,

The University of Calgary Nursing Students and their Instructor



Our costume contest winner, Howrad



Montgomery Community Association

5003-16 Avenue NW, Calgary, AB T3B 0N2

Tel: 403-247-3116 • Fax: 403-247-3150

manager@mcapeople.ca

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NEWSLETTER AD SALES

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Secretary	VACANT	

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Assistant Manager	David Hoskyn	403-247-3116

Directors

David Baker, Trevor Dreher, Dave Barton, Ellen Kerkhoven, Trevor Poffenroth, Rhonda Zander, Ron Aubrey, Janice Mackett

Elected Representatives

City Councillor	Ward Sutherland	403-268-2430
MLA Calgary	Stephanie McLean	403-216-5436
Varsity		
MP	Len Webber	587-885-1596

Contacts

Community	Damian Price	
Liaison Officer	pol3442@calgarypolice.ca	403-428-6200

School Board Trustees

Public	Joy Bowen-Eyre	403-294-8121
Separate	Serafino Scarpino	403-500-2550

Stay Connected With Montgomery



Check out our Website: www.mcapeople.ca
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Follow us on Twitter: @mcapeople
Subscribe to E-News: montgomeryenews@gmail.com



Montgomery Community Centre Hall Available for Rent

The main hall at the community centre is available for rent for large and small functions, from big weddings to simple birthday parties for kids.

Active members of the community association will receive a 10% discount on full rentals.

RENTAL RATES:

Main Hall

Full rental- \$460.00
Damage Deposit \$300.00
Prime Time hourly
Fri-Sun. - \$55.00 per hour (5 hours or less)
Weekday Mon-Thurs- \$35.00 per hour

Board Room

The boardroom is approx. 14'x22' in size.
Capacity in a meeting-room setting is 25.
White board and pull down screen available.
Rental rate: \$25.00 per hour.

For Further information please visit www.mcapeople.ca, call 403-247-3116, or email manager@mcapeople.ca.

The Montgomery Messenger is a publication of the Montgomery Community Association and Great News Publishing

Published year round for mail delivery in the middle of every month.

Content from the public is welcome and invited. To inquire about submitting content please email editor@mcapeople.ca or phone **403-247-3116**.

All advertising inquiries should be directed to Great News Publishing.

Deadline for content submissions is the first of each month, for publication the following month. All submissions should be as Word documents, and sent to editor@mcapeople.ca. High quality photos are also welcome.

CHRISTMAS SOCIAL
12 December 2016
12:30PM - 3:00PM
Montgomery Community Association

Featuring:
Bowness High School Band!

Turkey Dinner Provided!

MONTGOMERY COMMUNITY ASSOCIATION

SENIOR SOCIAL
(for ages 60+ with MCA membership & AAA members)

When: Last Monday of every month (12:30PM-3:00PM)

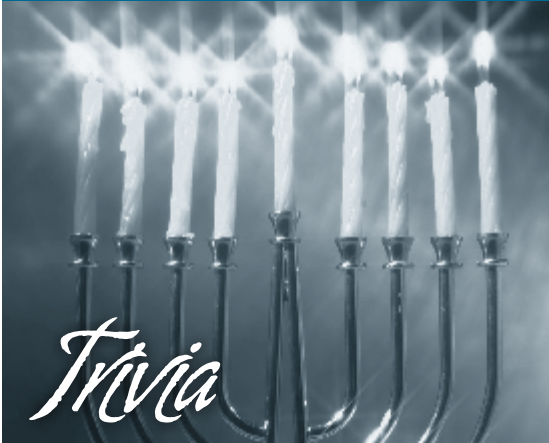
Where: Montgomery Community Centre 5003 - 16th Ave. NW

Activities: Door prizes, raffle, entertainment, board games, and a light lunch!

Contact: MCA 403-247-3116
mcac@telus.net
call with questions or if you need a ride!

HANUKKAH

In 2016, Hanukkah from in the evening of Saturday, December 24th until the evening of Sunday, January 1st. During Hanukkah, on each of the eight nights, a candle is lit in a special menorah (candelabra) called a 'hanukkiyah'.



BRAIN GAMES SUDOKU

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FIND SOLUTION ON PAGE 17

South Shaganappi Area Strategic Planning Group

The South Shaganappi Area Strategic Planning Group is a group of community representatives and stakeholders that meet on a monthly basis to inform and respond to a number of institutional and infrastructure development projects in the area.

The Calgary Cancer Centre announced that Ellis Don Construction Services and PCL Construction Management are the two teams that were shortlisted from the list of qualified applicants to submit proposals for the design/build phase of the project.

Alberta Health Services is looking for assistance from neighbouring communities regarding parking at the Foothills Medical Centre during the construction of Lot 1. Potential users are requested to use Lot 10 on the west side of the Centre, and also the underground parkade at McKaig Tower where the +15 is available to connect to the main hospital.

Cadillac Fairview provided an update of the construction activities at Market Mall. The small west parking lot will be closed until July 2017 for excavation to accommodate the Sport Chek expansion. Demolition at the former Target site is underway. Sporting Life and Home Sense are scheduled to take possession of the premises February 1, 2017. Planning openings are for the Fall of 2017.

The University of Calgary has launched their annual United Way campaign. The goal for this year is \$500,000. Currently the campaign has raised approximately \$170,000.

The University District is developing a new 5,000 sq. ft. marketing centre scheduled to open in February 2017. Brookfield Residential and Truman are currently working on the underground utilities for the Phase 1 residential towers. The offices of the West Campus Development Trust have been moved to the Alastair Ross Technology Centre, located behind Vecova, in the University of Calgary Research Park.

Rhonda Zander

Planning Committee Member



Humpty's Volunteer For The Fall

Likely you've seen the Little Library in front of Dale's house (the little library kiddie corner to Terrace Road School). Dale is an avid reader and so it seemed a natural extension of that love that he should curate a neighbour library. Dale says it's been surprisingly easy and a very rewarding task.

When asked why he volunteers Dale had a simple answer. Volunteering is being a good neighbour.

Dale has discovered that volunteering in the Montgomery Community, which he moved into in 2005, has allowed him to meet many of his neighbours.

When Dale is not managing the Little Library or hosting his September Sangria & Spritzer party (we need to move onto Dale's block to get an invite), he is Pastor Dale at the Maranatha Church in Montgomery. One of his goals was to ensure that the Maranatha Church is a great neighbour.

They are. They host family Movie Nights, Stampede Breakfasts and many other events as well as being an available location to many community organizations.

Dale thank you for all the volunteering you do in Montgomery and being such a good neighbour. Dale congratulations on being named Humpty's Volunteer for the fall.

Come and Play at the MCA...

Children's Birthday Party Package \$99.95

This birthday party package includes two hours in our main hall and we'll throw in the floor hockey equipment, ping pong tables, preschool equipment . . .

Bring in your own food and refreshments . . . invite as many friends and family as you like!

For one "low" rate.

Some restrictions apply for advanced bookings.

For more information: 403-247-3116, mcac@telus.net.



NOVEMBER MCA Board Meeting Highlights

The Montgomery Community Board Meeting is held on the **SECOND TUESDAY** of each month, 7:00 PM

The position of Secretary to the MCA Executive remains vacant. Please consider volunteering.

A presentation to the Board was made by the City of Calgary, Transportation Planning Department regarding the finalized concepts for the South Shaganappi Trail/16 Ave. NW interchange.

The Seniors' Social will hold their Christmas luncheon on December 12. The Bowness Jazz Band is scheduled to perform.

The MCA Ripples Grant will increase their approved members from three to five.

The proposed Cell Tower is currently on hold as Evolve is in the process of renegotiating contracts with the City of Calgary.

Next board meeting December 13, 2016 at 7:00 pm.

Rhonda Zander – MCA Board of Directors

Xmas mince pies

Mince pies - a traditional holiday meal from the UK - were originally filled with meat, such as lamb, rather than a dried fruit mix as they are today. They were also first made in an oval shape to represent the manger that baby Jesus slept in, with the top representing his swaddling clothes.



PLANNING REPORT

New Permits

The Planning Committee reviewed a range of Development Permit proposals over the past month.

A DP application was reviewed for a Temporary Home Occupation – Class 2 (Acupuncture) at 4656 Montalban Drive NW (DP2016-4217).

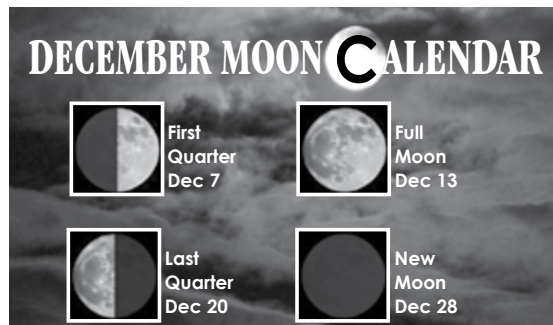
A DP application for a Change of Use – Medical Clinic and Addition (DP2016-2642) was reviewed - located at 4620 16th Avenue NW. This clinic will house a chiropractic office along with other related disciplines. The building will include two levels of underground parking and the high-quality exterior design will be a welcome addition to the streetscape along 16th Ave NW. The owners and architect should be commended for their commitment to a well-considered design for this site.

A multi-residential unit is being proposed for 4803 Bowness Road NW (DP2016-4320). The proposal showed 5 units; 4 of the units face 47th street and one unit faces 47th & Bowness Road. Three of the driveways will be accessed from 47th St. NW and two will be accessed from the lane.

A refurbishment of the exterior façade of the multi-residential / multi-use commercial development at 4611 Bowness Road NW is being proposed (DP2016-4412).

Janice Mackett

Planning Committee Chair



BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

BMP MECHANICAL LTD: is a professional mechanical company offering plumbing, heating, air conditioning and drain cleaning services for Calgary and area homeowners. Our services include: repairs and installation of new furnaces; hot water tanks and air conditioning systems; regular maintenance and emergency drain cleaning - including drain video inspections. Contact us at 403-816-4409 or service@bmpmechanical.com.

CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms. From cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

JEFFREY ELECTRIC: Friendly professional electrical service for your next residential project, large or small. City Qualified Trade, Master Electrician, insured, licensed, certified, bonded. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Sub-panels, aluminum rewiring, custom kitchens and basements. Free estimates. www.cejelectric.com or call Clayton at 403-970-5441.

ROSE CLEANING COMPANY: Residential cleaning. Professional services with 10 years experience. Honesty and reliability are the hallmarks of my work ethic. Insured and references available upon request. Contact me for a free estimate: 403-667-0137, ruizrosa79@hotmail.com.

CPR CLASSES FOR INDIVIDUALS OR GROUPS: (\$75 for individuals. \$65 for individuals in groups of two or more). Weekends, evenings and some day times are available. Contact Brian at 403-253-7475.

DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Montgomery Community Association and Great News Publishing. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Montgomery Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.

Buy one chocolate bar, get one free*!

Redeem this coupon at either the **Chocolaterie Bernard Callebaut® Crowfoot Square** or **Dalhousie Station** location for 1 complimentary 56 g solid chocolate bar when one is purchased.

No cash value. Limit one per customer. Cannot be combined with other offers.

This coupon must be redeemed by Dec. 24, 2016

 *Chocolaterie Bernard Callebaut®*

11 Calgary locations including Crowfoot Square and Dalhousie Station



The Senses of Christmas

An Advent and Christmas Celebration

Come and discover the five senses of Christmas this year along with Maranatha Church.

- November 27, Sunday @ 10AM – Taste
- December 11, Sunday @ 10AM – Touch
- December 18, Sunday @ 10AM – Smell
- December 24, Christmas Eve @ 7PM - Hearing
- December 25, Christmas Day @ 10AM – Sight

No RSVP necessary, all are welcome!
10:00 AM on Sundays, 7PM on Christmas Eve.
2111 – 52 Street NW in Montgomery.



LIFT YOUR FEET! LIFT YOUR SPIRITS!

Square Dance lessons start Tuesday, January 10th, 2017 at Sunalta Hall 1627 10 Ave SW

Bring a partner!
The first night is free.
Dress is casual.
Wear comfortable shoes.

The fun begins at 7:30pm!

For further information:
maple.tree@shaw.ca



Playgroup & Parent-Child Mother Goose!

Ready 4 Learning is happy to partner with the Montgomery Community Association to offer Tuesday morning playgroup! Parents with children ages 0-5 are welcome to drop in for a play and a chat with your neighbours in Montgomery and friends from Bowness. Playgroup will run every Tuesday morning from 10-11:30. Support the group by buying a community association membership at the MCA Office.

Parent-Child Mother Goose classes will continue at the MCA teaching songs, rhymes and stories to parents with children ages 0-3. This is a free program for community residents. To register, please contact LisaH@caryacalgary.ca or 403-717-3975. Classes start Tuesday January 10, 2017. For more information go to www.Ready4Learning.org

**MP. CALGARY CONFEDERATION
LEN WEBBER**
2020 10 St NW, T2M3M2
403-220-0888
len.webber@parl.gc.ca

A Sensible Solution

For those who may not already know, I have been a long-time advocate of organ and tissue donation in Canada and was instrumental in creating the organ donor registry in Alberta a few years ago.

However, the reality is 4,600 Canadians are awaiting a transplant and we need to do more to find those critical matches to save more lives.

I have introduced a Private Member's Bill, Bill C-316, which proposes a very simple, very effective method to increase the size of the organ donor base in Canada. It will also help update existing databases.

I am proposing we add a line to the annual tax forms that asks Canadians if they would like to become an organ donor and if they want to have this information passed to their provincial government for addition to the existing organ donor registries. The provinces will still be maintaining their own lists and the federal government will just be supplying them with data for that purpose.

The Canada Revenue Agency already successfully shares data every day with all the provinces and territories via encrypted networks with strong and reliable privacy safeguards. In addition, the existing infrastructure would support this change with virtually no cost. CRA already shares dozens of data fields of information on every taxpayer with the provinces and territories and this would simply be one more data field.

The tax form is a way to update this information annually via a legally-binding document. It would allow for lists to remain current and relevant.

Currently, the only proactive approach used by governments is to ask for donors via the driver's licence registration process. The number of people getting drivers' licences is dropping every year.

The voluntary online method of registering is neither proactive or fully effective. Those who move from one province to another do not update their information,

especially young people who are prime donors. The tax form approach overcomes these common problems and expands the potential donors reached.

Sadly, when someone dies, the tax department is often one of the first government agencies to be notified. This too will help update provincial registries and keep them current. This makes for a more effective and responsive donation system.

I hope I can count on your support for Bill C-316.

Trivia
Xmas Volunteers
Canada Post volunteers donate over 200,000 hours of their time each year to help Santa respond to every letter that arrives on his doorstep.

GRAND OPENING
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Walk ins are Welcome
Gift Certificate is available

APPLICATION FORM

Name: _____ Date of Application: _____
 Mailing address: _____ Postal Code: _____
 Phone number(s): _____ E-mail: _____
 Describe your project: _____

 Date(s) your project will take place: _____
 Where will your project be held? _____
 Who will work with you to plan and organize this project? _____

 How will you involve other people to participate in this project? _____

 How will your project make Bowness better? _____

 What will your project cost in total? _____
 How much grant money are you requesting? _____
 What will you spend the grant on? (Please list specific items and their costs) _____

 How will you share and celebrate your project? _____

WHAT KIND OF FUNDING IS AVAILABLE?

Funding for short term projects from \$50 to \$600

WHAT ARE PAST RIPPLES PROJECTS?

Skill Sharing • Neighbourhood Events • Workshops
 • Community Clean Ups • Community Gardens •
 Performing and Visual Arts Projects • Drop In Activities

WHAT PROJECTS ARE ELIGIBLE?

Projects that:
 • Are new initiatives
 • Are held in a public location
 • Benefit to the whole community
 • Build a sense of belonging and create community connections

GRANT REQUIREMENTS & RESTRICTIONS

- Funds cannot be used for salaries/wages or alcohol
- Receipts are required at the end of the project
- Funds must be spent within 6 months
- Sharing your project's story

GET STARTED!

- Be creative!
- Invite people to brainstorm
- Plan your project using the application form www.bowwest.com/ripples-application

GET INVOLVED WITH RIPPLES!

The Ripples Grant Committee meets to discuss and make decisions on the applications.

We strive to represent our diverse community so if you are interested in being a member, e-mail ripples@bowwest.com

MAKE YOUR GREAT IDEA HAPPEN

WHAT IS RIPPLES?

- A small grant for projects that build community
- For residents of Bowness, Montgomery and Greenwood Village
- Applications accepted on an ongoing basis and reviewed by peers

WHO CAN APPLY?

- Individuals and resident community groups
- Youth are encouraged to apply (1 member must be 18+)
- Agencies are not eligible but can support community residents with their projects

To apply please visit:

www.bowwest.com/ripples-application
 or contact us at ripples@bowwest.com



About Wine

By Nik Rasula

About Wine features wines not typically on one's shopping radar. Special wines – made from grapes or blends, regions or countries - that may not be common or well known. About a wine – or winemaker - with a story to tell; of place, process, climate, or style. Highlighting smaller, artisanal producers making unique, reasonably-priced (under \$50 retail) wines, whilst demonstrating careful earth stewardship through biodynamic, organic, sustainable, or water-wise means.

November 2016:

2013 McFadden Farm, Blue Quail Pinot Noir
Potter Valley - Mendocino County, California, USA
www.Mcfaddenfarm.com



ABOUT THE MAKER: Located northeast of Sonoma Valley, California,

McFadden Farm was founded in 1970 by pioneer Guinness McFadden. McFadden set about to disprove the prevailing opinion that it was too cool to grow wine grapes in Mendocino County's Potter Valley.

Organic since inception, over time, McFadden Farm has become energy self-sufficient, generating power through hydro-electric and solar capture. In addition to 160 acres of vines, the mixed-use farm produces herbs and organic grass-fed beef.

ABOUT THE MAKING: McFadden utilizes varietal-specific pruning and trellising techniques on its vines, with each varietal matched to a section of land, reflective of that section's aspect and soil attributes.

Renown for growing grapes with prominent acidity, McFadden's excess produce is sold for blending to top Napa producers like Chateau Montelena, Dasche and Beringer.

ABOUT STEWARDSHIP: Made with 100 per cent estate-grown grapes, Blue Quail is certified organic (CCOF).

ABOUT THE WINE: Light-bodied, Blue Quail opens with funky notes of cherry and wild strawberry. On the palate, tantalizing black cherry and ripe strawberry flavours highlight the cleansing acidity; as it finishes long, clean and crisp.

ABOUT PAIRING: Pair with sharp cheeses, salmon, or roasted fowl.

ABOUT AVAILABILITY: Check liquorconnect.com (call the listed store to confirm).

CSPC # 777830

ABOUT PRICE: \$35



COUNCILLOR, WARD 1 WARD SUTHERLAND

P.O. Box 2100, Station M Calgary, AB, Canada T2P 2M5
 Phone: 403-268-2445 • Fax: 403-268-8091
 Email: ward01@calgary.ca
 Web: www.calgary.ca/ward1

Christmas holds a special place in my heart. I cherish the time I get to spend with my family, friends and the community residents in Ward 1. I look forward to my family's annual tradition of the first ice-skate at Bowness Park. This year, we look forward to ending our skate with a visit to the new restaurant on site, Seasons of the Park. If you get the chance, have a bite to eat at the restaurant and take in the amazing view of the frozen lagoon.

I hope to see you at one of the many holiday events in Ward 1. You'll find me at the Silver Springs Christmas Market, Bowness Seniors Centre's Christmas Tea and Bazaar, Tuscany Craft and Bake Sale, Scenic Acres Community Association Craft Sale, Silver Springs Breakfast with Santa, Bowness Lions Annual Craft Sale, and Crestmont's Christmas Market. If you see me, come over and say hi - I'd love to hear what's on your mind.

I know this holiday will be a tough one for many families. With Calgary's current economic situation and high unemployment rates, many people are finding themselves in dire times. There are many wonderful charities working hard to alleviate the stress for Calgarians, but The City of Calgary also needs your help.

If you can spare a morning or afternoon, consider volunteering at the Salvation Army Christmas Program, sorting and tagging toys. For more information, email Lisa at: ChristmasToys@SalvationArmyCalgary.org. If you want to volunteer or donate to the Calgary Food Bank, call (403) 253-2059. Most major grocery stores in Calgary have donation bins, so you can donate while you shop. To view the most needed non-perishable items, visit www.CalgaryFoodBank.com

Thank you for all your support. Together, we will get through these difficult times and be stronger for it. Merry Christmas, have a safe holiday and a Happy New Year!

Never miss another municipal or community update. Sign up to receive the Ward 1 e-newsletter at www.WardSutherland.com.

Announcing the Ripples Grant

The ripples from a pebble tossed in a pond can go a long way. Ripples Grants of 100 to 600 dollars are intended to do the same thing by supporting resident-initiated ideas. Have you been thinking about something that would enrich Montgomery? Fill out the application below or online www.bowwest.com/ripples-application/.

Contact the community centre for more information (403-247-3116; manager@mcpeople.ca). These grants are made available through the kind support of the United Way, The Calgary Foundation, and local organizations.

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit





Montgomery Real Estate Update

Last 12 Months Montgomery MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
October 2016	\$529,000.00	\$526,000.00
September 2016	\$495,000.00	\$450,000.00
August 2016	\$453,900.00	\$425,000.00
July 2016	\$407,777.00	\$425,000.00
June 2016	\$524,900.00	\$515,000.00
May 2016	\$414,950.00	\$404,750.00
April 2016	\$484,500.00	\$484,000.00
March 2016	\$427,000.00	\$411,000.00
February 2016	\$489,900.00	\$490,000.00
January 2016	\$410,000.00	\$390,000.00
December 2015	\$485,000.00	\$475,000.00
November 2015	\$485,000.00	\$477,500.00

Last 12 Months Montgomery MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
October 2016	5	1
September 2016	4	5
August 2016	6	2
July 2016	4	3
June 2016	3	5
May 2016	7	4
April 2016	2	2
March 2016	4	1
February 2016	8	3
January 2016	3	1
December 2015	0	1
November 2015	2	5

To view more detailed information that comprise the above MLS averages please visit montgomery.great-news.ca



MLA CALGARY-VARSITY STEPHANIE MCLEAN

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Friends,

In November, we've had our first few snowfalls, bringing blankets of brilliant white to freshen up the city. There were also solemn Remembrance Day ceremonies on November 11th, to honour the sacrifices of our veterans.

November was also the first full month of the legislative session, so I have been quite busy in Edmonton on weekdays representing Calgary-Varsity. I have also had the privilege of attending many events in the constituency as well. I was proud to thank the hard work and dedication of volunteers celebrated at the Montgomery Community Association Volunteer Dinner. I had a wonderful tour of the Ronald McDonald House charity in Calgary, learning about the important work they do for children. There was the Dalhousie Artisan Fair, where we sampled some of the many fine wares our community has to offer. I had several stakeholder meetings with the University of Calgary Student Union, and McMahon Stadium. I even joined the U of C Student Union for a short segment on CJSW radio.

December is of course a very busy month for us all. The year is coming to an end, so many things have to be finalized. And there are the holidays to prepare for and enjoy. For example, there is the wonderful Triwood Christmas Market on December 4th, from 10am-3pm. It has free admission, as well as music, mulled wine, hot chocolate and decorate your own cookies. Triwood also has a Christmas party on December 17th at 6:30pm with a free buffet dinner and entertainment. Banff Trail also hosts its Christmas party on December 17th from 1-4pm. Charleswood community hall will host the Kidz Christmas Party on December 11th from 12-2pm. It is free entry, with festive craft activities, and Santa will be attending.

Also on December 17th, I am attending the Mustard Seed's event to pack hampers full of gifts and necessities for the less fortunate.

For students, the University of Calgary Student Union hosts the Stress Less Week December 5th-9th to help everyone prepare for end of semester exams. Be sure to take advantage of all the resources you need to succeed.

Throughout the fall my office will be attending Community Association meetings, AGMs, and Community programs throughout Calgary-Varsity to ensure I'm always informed about how best to represent local issues at the provincial level. We hope to see you there!

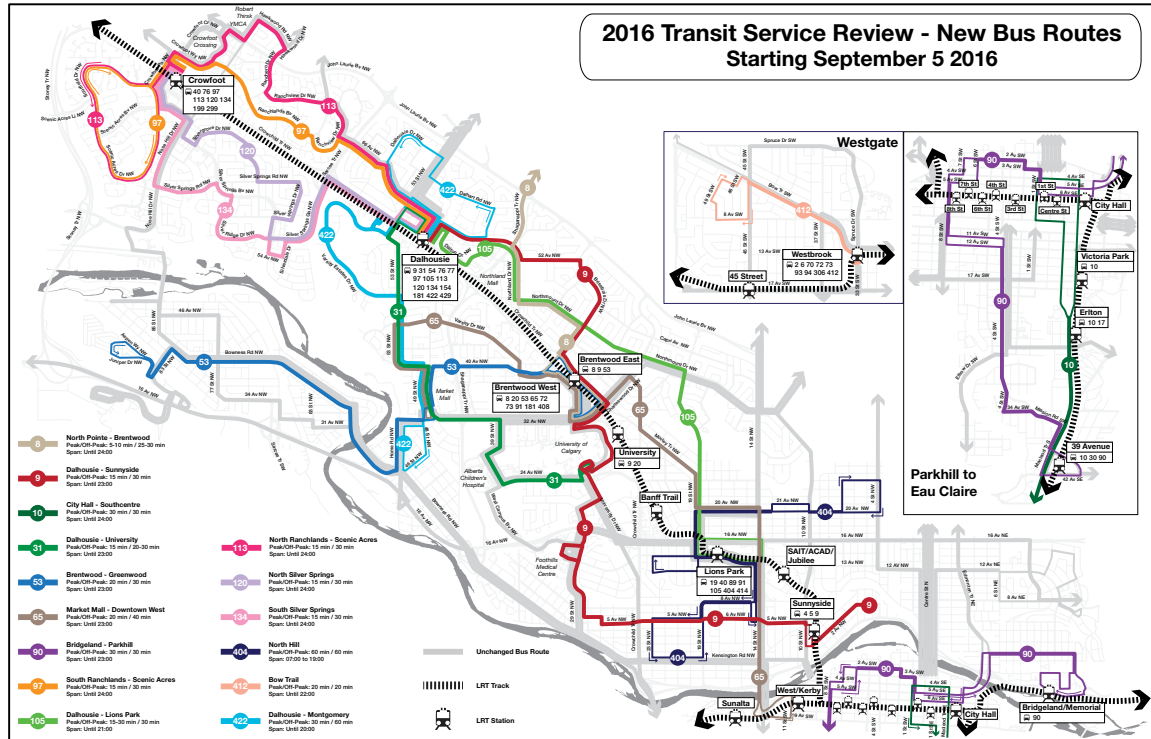
Our office serves all the people of Varsity, Dalhousie, Brentwood, Banff Trail, University Heights, Montgomery, and Charleswood. Our team is available to talk to constituents about provincial government departments, programs, scrolls, and services. Please visit us in our office, and let us know how we can help you.

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is good for the soul

BRAIN GAMES SUDOKU

4	6	7	8	2	9	1	3	5
5	8	9	3	4	1	6	2	7
1	2	3	5	6	7	4	8	9
7	4	5	1	8	6	2	9	3
3	1	6	9	7	2	8	5	4
2	9	8	4	5	3	7	1	6
8	5	2	7	3	4	9	6	1
6	7	1	2	9	5	3	4	8
9	3	4	6	1	8	5	7	2

Your bus route may be changing this fall



Changes are coming to the following northwest and inner city bus routes on September 5, 2016: Routes 8, 9, 10, 22/122, 37/137, 43/143, 145, 404, 405, 407, 412 and 419.

Calgary Transit has completed a major review of these bus routes and is excited to share the results with customers. Earlier this year new bus route proposals were shared online and at open houses, and feedback was collected from thousands of transit users and community stakeholders. Public input was incorporated as much as possible in designing the new bus routes.

The new routes are simple and direct, and many of them have upgraded service levels, meaning that buses come more frequently and/or run longer on evenings and weekends. Additionally, service has been increased or improved to major locations such as Foothills Hospital, The University of Calgary and shopping centres.

To see the new bus routes that start on September 5, 2016, please visit calgarytransit.com/2016ServiceReview or phone 403-262-1000.

2016 Transit Service Review - New Bus Routes Starting September 5 2016

2016 Transit Service Review

After the new bus routes were introduced on Sept. 5, we had operational concerns with Route 9 (Dalhousie/Sunnyside) and Route 90 (Bridgeland/Parkhill). These concerns have negatively impacted our ability to provide safe and reliable transit service on these routes. As a result, we are making changes to Routes 9 and 90 in order to address these concerns while continuing to provide transit service in these communities. The changes will come into effect on Monday, Dec. 19.

Our website has been updated with the latest information and new maps showing the route changes. Please visit calgarytransit.com/2016ServiceReview for details.

Regards,
Jennie Palmer
 Communications Advisor
 The City of Calgary, Transportation
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