

DECEMBER 2017

DELIVERED MONTHLY TO 2,400 HOUSEHOLDS

# MICA MONTGOMERY MESSENGER

THE OFFICIAL MONTGOMERY COMMUNITY NEWSLETTER



**THE CP HOLIDAY TRAIN ARRIVES  
IN AIRDRIE DECEMBER 7,  
CALGARY DECEMBER 9, AND  
OKOTOKS DECEMBER 10**







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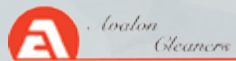
Avalon Cleaners and  
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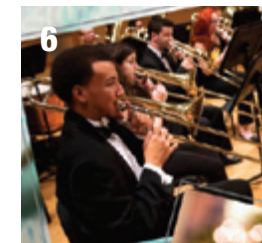


Dr. Christine Lilge Dr. Lauren Vredenburg Dr. Jennifer Maguire

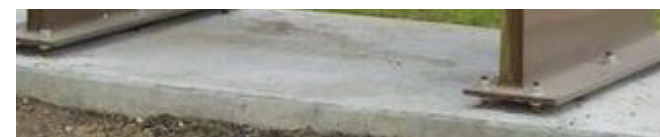
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## MONTGOMERY COMMUNITY ASSOCIATION

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manager@mcpeople.ca

Delivered monthly to 2,400 households and businesses for 2 years!

### Editorial Submissions

mcac@telus.net  
All editorial content must be submitted by the 1<sup>st</sup> of the month for the following month's publication.

### Advertising Opportunities

403-263-3044 | sales@great-news.ca  
All advertisements must be submitted by the 1<sup>st</sup> of the month for the following month's publication

### Published by Great News Publishing

Serving Calgary communities for 28 years  
87 newsletters reaching over 391,000 households in Calgary and surrounding areas.

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T2C 2K2

Check out our website:  
[www.great-news.ca](http://www.great-news.ca)



*The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Montgomery Community Association and Great News Publishing.*

*The information contained in this newsletter is believed to be accurate, but is not warranted to be so.*

*The Montgomery Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.*



## Montgomery Playgroup

Bowmont Families Together is happy to partner with the Montgomery Community Association to offer Tuesday morning playgroup. Parents and caregivers with children ages 0-5 are welcome to drop by for a play and a chat with your neighbours from Montgomery and friends from Bowness.

Playgroup will run every Tuesday morning from 10 am - 11:30 am. Support the group by buying a community association membership at the MCA office. For more information, contact LisaH@caryacalgary.ca or 403-519-7591.

## COME & PLAY AT THE MCA...

### Children's Birthday Party Package \$99.95

This birthday party package includes two hours in our main hall and we'll throw in the floor hockey equipment, ping pong tables, preschool equipment ...

Bring in your own food and refreshments ... invite as many friends and family as you like!

For one "low" rate.

Some restrictions apply for advanced bookings.

For more information: 403-247-3116, mcac@telus.net.



## PLANNING COMMITTEE REPORT

### New Permits

The Planning Committee met early in November to review the latest development proposals.

Here are the most recent permit applications that were reviewed:

- LOC2017-0292 Land Use Amendment from R-C1 to R-CG at 4919 22 Av NW
- LOC2017-0306 Land Use Amendment from R-C1 to R-CG at 4735 Montana Dr. NW
- DP2017-4614 Changes to Site Plan: New Sidewalk Patio (Vet Clinic) at #117-4611 Bowness Rd
- LOC2017-4980 Change of Use: Medical Marihuana Counselling at 4604 Bowness Rd. NW
- DP2017-4572 Multi-Residential (1 Building, 4 units) at 4607 17 Av NW
- DP2017-4494 New Single Detached Dwelling 4719 23rd AV NW
- DP2017-4913 New Assisted Living (240 units) 353 Smith St. NW

### Cambridge Manor Assisted Living Building

The Planning Committee had the opportunity to review the Development Permit drawings for the new Assisted Living building complex. This development will be located in the new University District on the east side of Shaganappi Trail and just north of the recently completed intersection. At four storeys tall, it will support 240 units.

### Medical Marihuana Counselling Centre

The Planning Committee reviewed the Change of Use application for a new Medical Marihuana counselling centre. We had reviewed the same application at a previous meeting. The initial application did not meet the distance requirements for that Use; namely, it must be 300m away from other businesses with the same use and 150m away from any school.

Janice Mackett

Planning Committee Chair

**MISTLETOE MURDER**

In Norse Mythology, the god of mischief, Loki, tricks the blind god Hod into fatally shooting his brother Baldr with a mistletoe-tipped arrow. Mistletoe was the only thing that hadn't promise not to hurt him, which was why it was able to harm him.



## Attention Community Residents!

In order to cut down on bottle pickers rummaging through our recycle bins and potentially trespassing on private property, we would ask you to support our local school....

Terrace Road Elementary School has acquired a large container in the East parking lot taking any and all recyclable that can be cashed in for the deposit refund. This will help keep unwanted eyes lurking in your yards and garage.

Please support our only school in Montgomery and keep our back yards and Alleys safe.

For additional information contact Montgomery CSI: Committee Montgomery Community Centre 403-247-3116.

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**MCA**  
MONTGOMERY  
COMMUNITY ASSOCIATION

Montgomery Senior Social Presents  
*Single in the Holidays*  
WITH THE BOWNESS HIGH SCHOOL BAND

Join us for:

- Bowness High School Band performance
- Carolling, fun and games!
- Gift Exchange

‣ To participate, bring a wrapped \$10 gift

Where: Montgomery Community Association  
When: December 11, 12:30pm - 3:00pm

Montgomery  
Pickle Ball

Drop in \$5.00 per person

Wednesday 6:30-8:30pm

Monday 11am-1pm

Friday 12-2pm

Paddles for rent \$2.00 ea.

Free for MCA members

## UNIVERSITY DISTRICT UPDATE

As a valued neighbour, we wanted to let you know about some upcoming changes to the University District (U/D) traffic network. This update will be of particular interest to those who travel by car, foot or bicycle in and around the U/D site.

### CONNECTIVITY

#### Road Network:

On November 14 (weather dependent) we are looking to restore pre-existing conditions and traffic patterns which include the following:

- Opening of **University Ave & McLaurin Intersection** which will coincide with the opening of all of McLaurin.
- **Children's Way** (adjacent to Rotary Flames House) will be open to McLaurin (right turn only).
- The entrance to Lot 57 will be restored to its original location. See the map below. Please follow the signs and proceed carefully to park.

#### Multi Modal (Pedestrians and Cyclists):

- The pathway detour installed this spring will remain.
- A temporary pathway will be established along University Ave to provide an additional pedestrian connection and a more direct route to the main campus from the western portion of the site.
- Please use care when walking through the site as it is still an active construction area.
- The existing pedestrian corridor along the east side of 39<sup>th</sup> street will remain.



### SAFETY

- Additional digital signs will be placed next week to provide travelers with advance warning of upcoming changes.
- Standard construction signage will be in place to instruct motorists at key intersections, and other areas requiring extra caution.

### COMMUNICATING WITH US

Our hotline is available 24/7 at 1-855-400-5556. You can also visit [www.wcdt.ca/construction](http://www.wcdt.ca/construction) for ongoing u

MONTGOMERY  
**Community Garden  
Book Sale**  
ONGOING, IN THE MCA LOBBY

\$1.00 - soft cover  
\$2.00 - hard cover

Donations greatly appreciated!  
All proceeds of this book sale will support the 2018 Community Garden planting season.

Please support our garden by dropping a Loonie or two in the space provided.  
Thank you for your support!



# MONTGOMERY COMMUNITY ASSOCIATION

## MCA DIRECTORY

### Executive

President	Marilyn Wannamaker	403-286-0175
Vice-president	Russel Ens	
Treasurer	George McMullen	
Secretary	Sarah Moonshiram	

### Staff

Facility Manager	Janine McAuliffe	403-247-3116
Assistant to the Manager	David Hoskyn	403-247-3116

### Directors

David Baker, Leaha Owen, Ellen Kerkhoven, Ron Aubrey, Trevor Poffenroth, Rhonda Zander, Janice Mackett

### Elected Representatives

City Councillor	Druh Farrell	403-268-2430
MLA Calgary Varsity	Stephanie McLean	403-216-5436
MP	Len Webber	587-885-1596

### Contacts

Community	Damian Price	
Liaison Officer	pol3442@calgarypolice.ca	403-428-6200

### School Board Trustees

Public	Lisa Davis	403-817-7918
Catholic	Pamela Rath	403-500-2761

### Stay Connected With Montgomery

- www.mcapeople.ca
- MontgomeryCA
- @mcapeople
- montgomeryenews@gmail.com

### Community Centre Hall

The the main hall at the community centre is available for rent for large and small functions, from big weddings to simple birthday parties for kids.

Active members of the community association will receive a 10% discount on full rentals.

### Rental Rates:

#### Main Hall

Full rental- \$460.00  
 Damage Deposit \$500.00  
 Prime Time hourly  
 Fri-Sun. - \$55.00 per hour (5 hours or less)  
 Weekday Mon-Thurs- \$35.00 per hour

#### Board Room

The boardroom is approx. 14'x22' in size.  
 Capacity in a meeting-room setting is 25.  
 White board and pull down screen available.  
 Rental rate: \$25.00 per hour.

For Further information please visit www.mcapeople.ca, call 403-247-3116, or email manager@mcapeople.ca.

### Community Newsletter

The Montgomery Messenger is a publication of the Montgomery Community Association and Great News Publishing

Published year round for mail delivery in the middle of every month. Content from the public is welcome and invited. To inquire about submitting content please email manager@mcapeople.ca or phone **403-247-3116**.

All advertising inquiries should be directed to Great News Publishing.

**Editorial Deadline** for content submissions is the first of month, for the following month's issue. All submissions should be as Word documents, and sent to manager@mcapeople.ca. High quality photos are also welcome.

## TRIPLE A PROGRAMS

Below is the list of Triple A Activities by Community Centre...if you would like to participate in an activity not listed here please contact your closest community association.

#### DCA - Dalhousie CA

403.286.2555 admin@dalhousiecalgary.ca  
 • **Zumba Gold:** Tuesdays 9:15 – 10:15am  
 • **Cribbage:** Wednesdays 1:30 to 3:30pm  
 • **Zumba Gold:** Thursdays at 9:15 – 10:15am

#### MCA - Montgomery CA

403.247.3116 mcac@telus.net  
 • **Senior's Social:** Last Monday of the month 12:30 to 3:00pm. Join us for a pot luck lunch and then a presentation and/or cards and games.

#### SSCA – Silver Springs CA

403.288.2616 sscac@shaw.ca  
 • **Zumba Toning Gold Mondays:** 11am to Noon  
 • **Senior Yoga:** Mondays 12:15 – 1:15pm (Registration Required)  
 • **Fun and Games at Mondays:** 1:30 to 3:30pm  
 • **Qigong Tuesdays:** 12:15 to 1:15pm (Registration Required)  
 • **Pickleball Tuesdays:** 1:30 to 3:30pm (\$5 Drop in)  
 • **Mah Jong Thursdays:** 1:00 – 3:30pm New Group. Learn to play American Mah Jong  
 • **Intermediate Line Dancing Thursdays:** 1:00 to 2:00pm (Registration Required)  
 • **Beginners Line Dancing Thursdays:** 2:00 to 3:00pm (Registration Required)  
 • **Pickleball Thursdays:** 7:00 to 9:00pm (\$5 Drop in)  
 • **Seniors Yoga Fridays:** 11am – Noon (Registration Required)  
 • **Pickleball Fridays:** 1:30 to 3:30pm \$5 Drop in fee

#### VCA - Varsity CA

403.288.9001 vcapros@telus.net  
 • **Senior Fitness:** Mondays 9:15 to 10:15am (Registered Program) (Class Full)  
 • **LaBlast Fitness Silk Level: Mondays 10:30 – 11:30am** (Registered Program)  
 • **Country Line Dancing Beginner: Mondays 11:45am – 12:45pm** (Registered Program)  
 • **Seniors Card Club: Mondays** (Canasta and Bridge): 12:30 – 3:30pm  
 • **Tai Chi: Tuesdays 9:30 – 10:30am** (Registered Program)  
 • **Seniors Yoga: Tuesdays 11:00 – 12:30am** (Registered Program/Punch Cards Available)  
 • **Fitness Fusion: Wednesdays 9:15 – 10:15am**  
 • **Morning Meditation: Wednesdays 10:30 – 11:30am** (Registered Program)  
 • **Ladies Bridge: Wednesdays 12:30 – 3:00pm**  
 • **Walking Group: Thursdays 9:15 meet in lobby**  
 • **Varsity Artist Colony: Thursdays 12:30 – 3:00pm** (Registered Program/Punch Cards Available)

# BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

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**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of indoor air quality and medical grade duct cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty-free business. Clinicair supplies you with the latest technology and training. Call Craig: 1-416-277-6067.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**HIRING A FULL TIME CAREGIVER:** for our children ages 3 years old and 1 year, 3 months old. Responsible for their safety and well-being while parents are at work, as well as housekeeping and meal preparation. Salary: \$13.60/hour, 40 hours weekly. Position open to indigenous people and newcomers to Canada. Email resume to dalg\_20@yahoo.com.

**JEFFREY ELECTRIC:** Friendly professional electrical service for your next residential project, large or small. City Qualified Trade, Master Electrician, insured, licensed, certified, bonded. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Sub-panels, aluminum rewiring, custom kitchens and basements. Free estimates. www.cejelectric.com or call Clayton at 403-970-5441.

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## Never miss garbage day with free reminders

If you're finding it hard to remember your blue, green, and black cart schedule, The City of Calgary has you covered.

Visit [calgary.ca/collection](http://calgary.ca/collection) to:

- Print off a calendar
- Sign up for free reminders – by email, text message and phone
- Download the Garbage Day app for Apple and Android devices

## Remember to bag your plastic bags before recycling

Plastic bags can be recycled in your blue cart – but they must be bundled into one plastic bag and tied closed first.

Loose plastic bags jam up the equipment at the recycling facility and contaminate the good recyclables. Loose bags do not get recycled and end up in the landfill.

Bag these types of stretchy plastic bags together for recycling:

- Plastic grocery bags
- Sandwich/Ziploc bags
- Dry cleaning bags
- Bread bags
- Vegetable and produce bags
- Saran wrap/cling wrap
- Bubble wrap

Learn more about what can go in your blue cart at [calgary.ca/recycling](http://calgary.ca/recycling).

## Off-Leash Ambassador Program Volunteer Recruitment

We are recruiting volunteers to participate in the Off-Leash Ambassador program.

The Off-Leash Ambassador program is an innovative approach with a volunteer-based, citizen-led initiative to promote responsible pet ownership in Calgary's 150 off-leash parks.

Volunteers in the program will:

- Promote responsible pet ownership, positive pet interactions and safety in off-leash areas through the provision of information and demonstrations
- Answer questions regarding Calgary's bylaws in off-leash areas
- Act as positive role models in off-leash parks in terms of adhering with Calgary's bylaws
- Provide an avenue for citizens to express concerns and pass along concerns to City staff
- Promote the work of Calgary Community Standards and the services available at the Animal Services Centre, such as animal adoption and licensing

Ambassadors will receive training to familiarize themselves with bylaws, canine body language, as well as tactics to communicate with the public.

## Merry Gift-mas

Assuming the gifts are repeatedly given each of the 12 days, there are 364 gifts given in The Twelve Days of Christmas carol, one for each day of the year, excluding one, Christmas Day, when the "true love" in the song can be presumed to be the final and ultimate gift.

## COMMUNITY ANNOUNCEMENTS

**Deadline – 1<sup>st</sup> of each month for the next month's publication**  
**Contact [news@great-news.ca](mailto:news@great-news.ca)**

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

**HOSPITAL VOLUNTEER OPPORTUNITY:** The Alberta Children's Hospital Gift Shop is looking for energetic adult volunteers, interested in providing compassionate retail service to patients, visitors and staff, in a beautifully merchandised, retail environment. Weekend opportunities available. Please contact: Vivian. [Ng2@albertahealthservices.ca](mailto:Ng2@albertahealthservices.ca).

## English Practice for Immigrant Women



Wednesdays | 10:00am - 12:00pm

### Meet your neighbours and practice English!

The New Friends and Neighbourhood Group program is a safe and fun environment for immigrant women to improve their English and meet new women in the community.

Registration is FREE and there are no minimal English requirements. Groups meet once a week for 2 hours to practice English, make new friends and have fun! Free childcare is also provided (6 months – 6 years).

### Montgomery Group

New Life Church  
4712 - 21 Avenue NW  
Wednesdays 10:00am - Noon

For more information or other locations throughout the city, please contact:

**Debra Colley**  
403-444-1752  
[debrac@ciwa-online.com](mailto:debrac@ciwa-online.com)  
Calgary Immigrant Women's Association



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# BK LIQUOR STORE

*Wishing you all a Merry Christmas & Happy Holidays!*

**Special Sales in the store from Dec 7, 2017 to Dec 17, 2017**

## VODKA

Polar Ice 1.14L .....	\$27.99
Smirnoff 1.14L.....	\$29.99
Three Olives 750ml.....	\$19.99
Russian Standard 750 ml.....	\$18.90

## RUM

Kraken 750ml .....	\$29.99
All Lamb 1.14L .....	\$27.99

## RYE

Alberta Premium 750ml .....	\$17.99
Canadian Club 1.14L .....	\$28.99

## GIN

Bombay Sapphire 750ml .....	\$23.99
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## TEQUILA

Sauza Gold 1.14L .....	\$36.99
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## WINES

INTO ZIN 750ML .....	\$11.99
Masi Campofiorin 750ML .....	\$17.99
BIN 555 & 222 .....	\$12.99

All Santa Emma 750ml .....	\$11.99
Alamos (Melbec/ cab sauv)750ml ..	\$10.99
All Mirassau 750ml .....	\$11.99
Folonari Valpolicella & pinot grigio 750ml .....	\$10.99
All Bear Flag red/ white 750ml .....	\$9.99
All Coppermoon 750ml .....	\$6.99

## LIQUOR

Blarney Irish Cream 1.14L .....	\$31.99
---------------------------------	---------

## SPECIAL FROM COOLER

Molson Canadian 24 PACK CANS ....	\$39.99
Stella 24 btls .....	\$43.99
Coors Light 15 pk cans .....	\$26.99
Keystone Light/lager 15 pack cans ....	\$21.99
Original 16-15 Pack cans.....	\$26.99

### FREE 16 oz Stien

Sleeman Honey Brown btls .....	\$25.99
Guinness 8pack cans.....	\$19.99
Somersby mix pack cans .....	\$24.99
Smithwick 4pk cans .....	\$8.99
Champagnes starts at.....	\$10.99
Boxer Pilsner 8 pack cans.....	\$8.76

All prices exclude GST and deposit.

**Every Sunday is seniors' day, come and enjoy our specials and services.**

Thanks for the business. Happy Holidays everyone.

**4708 16 Ave NW | 403-288-0707**