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THE OFFICIAL MONTGOMERY COMMUNITY NEWSLETTER





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# CONTENTS

5 COMMUNITY GARDEN

7 MONTGOMERY PLAYGROUP

8 TRIPLE A PROGRAMS

9 FINANCIAL COACHING SEMINAR

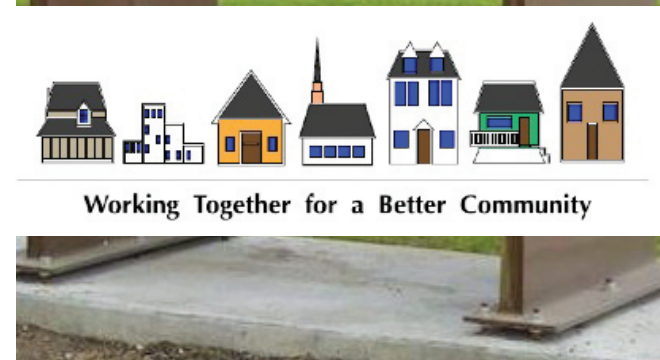
12 MONTGOMERY SENIOR SOCIAL

13 STOLEN PROPERTY ALERT!

16 NEWS FROM THE FRIENDS OF NOSE HILL

18 MP LEN WEBBER'S REPORT

18 MLA STEPHANIE MCLEAN'S REPORT



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*The information contained in this newsletter is believed to be accurate, but is not warranted to be so.*

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# IMPORTANT NUMBERS

ALL EMERGENCY CALLS 911	
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654



# COMMUNITY GARDEN

## Volunteers score high yields from the Montgomery Community Garden!

Bumper crops abound as massive amounts of food spill over; a result of the efforts of volunteer gardeners from Montgomery!

- Harvests include:
- 200+ lbs Two varieties of Potatoes
- 100+ lbs Zucchini
- 30 lbs Squash
- 50 lbs Carrots
- High yield of Cherry Tomatoes and a VERY high yield of Raspberries!
- HUGE Russian Mammoth Sunflowers

The Community Garden AGM is Sunday, November 19th 5:00 PM – 8:00 PM at the MCA Hall.

Everyone welcome, please RSVP to 403-247-3116.





# MONTGOMERY COMMUNITY ASSOCIATION

## MCA DIRECTORY

### Executive

President	Marilyn Wannamaker	403-286-0175
Vice-president	Russel Ens	
Treasurer	George McMullen	
Secretary	Sarah Moonshiram	

### Staff

Facility Manager	Janine McAuliffe	403-247-3116
Assistant to the Manager	David Hoskyn	403-247-3116

### Directors

David Baker, Leaha Owen, Ellen Kerkhoven, Ron Aubrey, Trevor Poffenroth, Rhonda Zander, Janice Mackett

### Elected Representatives

City Councillor	Ward Sutherland	403-268-2430
MLA Calgary Varsity	Stephanie McLean	403-216-5436
MP	Len Webber	587-885-1596

### Contacts

Community	Damian Price	
Liaison Officer	pol3442@calgarypolice.ca	403-428-6200

### School Board Trustees

Public	Joy Bowen-Eyre	403-294-8121
Separate	Serafino Scarpino	403-500-2550

### Stay Connected With Montgomery

- www.mcapeople.ca
- MontgomeryCA
- @mcapeople
- montgomeryenews@gmail.com

### Community Centre Hall

The the main hall at the community centre is available for rent for large and small functions, from big weddings to simple birthday parties for kids.

Active members of the community association will receive a 10% discount on full rentals.

### Rental Rates:

#### Main Hall

Full rental- \$460.00  
Damage Deposit \$500.00  
Prime Time hourly  
Fri-Sun. - \$55.00 per hour (5 hours or less)  
Weekday Mon-Thurs- \$35.00 per hour

#### Board Room

The boardroom is approx. 14'x22' in size.  
Capacity in a meeting-room setting is 25.  
White board and pull down screen available.  
Rental rate: \$25.00 per hour.

For Further information please visit [www.mcapeople.ca](http://www.mcapeople.ca), call 403-247-3116, or email [manager@mcapeople.ca](mailto:manager@mcapeople.ca).

### Community Newsletter

The Montgomery Messenger is a publication of the Montgomery Community Association and Great News Publishing

Published year round for mail delivery in the middle of every month. Content from the public is welcome and invited. To inquire about submitting content please email [manager@mcapeople.ca](mailto:manager@mcapeople.ca) or phone **403-247-3116**.

All advertising inquiries should be directed to Great News Publishing.

**Editorial Deadline** for content submissions is the first of month, for the following month's issue. All submissions should be as Word documents, and sent to [manager@mcapeople.ca](mailto:manager@mcapeople.ca). High quality photos are also welcome.



### Attention Community Residents!

In order to cut down on bottle pickers rummaging through our recycle bins and potentially trespassing on private property, we would ask you to support our local school...

Terrace Road Elementary School has acquired a large container in the East parking lot taking any and all recyclable that can be cashed in for the deposit refund. This will help keep unwanted eyes lurking in your yards and garage.

Please support our only school in Montgomery and keep our back yards and Alleys safe.

For additional information contact Montgomery CSI: Committee Montgomery Community Centre 403-247-3116.



## Montgomery Playgroup

Bowmont Families Together is happy to partner with the Montgomery Community Association to offer Tuesday morning playgroup. Parents and caregivers with children ages 0-5 are welcome to drop by for a play and a chat with your neighbours from Montgomery and friends from Bowness.

Playgroup will run every Tuesday morning from 10 am - 11:30 am. Support the group by buying a community association membership at the MCA office. For more information, contact [LisaH@caryacalgary.ca](mailto:LisaH@caryacalgary.ca) or 403-519-7591.

## COME & PLAY AT THE MCA...

### Children's Birthday Party Package \$99.95

This birthday party package includes two hours in our main hall and we'll throw in the floor hockey equipment, ping pong tables, preschool equipment ...

Bring in your own food and refreshments ... invite as many friends and family as you like!

For one "low" rate.

Some restrictions apply for advanced bookings.

For more information: 403-247-3116, [mcac@telus.net](mailto:mcac@telus.net).



## TRIPLE A PROGRAMS

The Alliance for Active Aging is a collaboration between the Varsity, Silver Springs, Scenic Acres, Montgomery, Edgemont and Dalhousie Community Associations. If you have a membership in one of our associations you are welcome to participate in any of our seniors oriented offerings. Many of the offerings listed below were ideas generated by residents just like you! If you have an idea for an activity or club that isn't listed below please reach out to your nearest community association.

Below is the comprehensive list of Triple A Activities by Community Centre...

- **DCA - Dalhousie CA** 403-286-2555  
admin@dalhousiecalgary.ca
- **Zumba Gold:** Tuesdays 9:15 – 10:15am
- **Cribbage:** Wednesdays 1:30 to 3:30pm
- **Zumba Gold:** Thursdays at 9:15 – 10:15am

**ECA - Edgemont CA** 403-241-1211 office@edgemont.ab.ca

- **50+ Chinese seniors gathering:** Mondays 10am - Noon, Cantonese & Mandarin spoken, come and meet some new friends and sing, dance, share games, pot luck lunches. For more information contact 403-269-6122

**MCA - Montgomery CA** 403-247-3116 mcac@telus.net

- **Senior's Social:** Last Monday of the month 12:30 to 3:00pm. Join us for a pot luck lunch and then a presentation and/or cards and games.

**SACA - Scenic Acres CA** 403-547-9589 scenicacresca@shaw.ca

- **Ladies Social Coffee Craft Club at SACA:** Mondays 9am to Noon Drop-ins welcome
- **Zumba Gold at SACA:** Mondays 10:30 to 11:30am Drop-ins welcome
- **Single Ladies Get Together:** 2nd & 4th Tuesdays 10:30am to Noon Drop-ins welcome
- **Beginner Dancing:** Tuesdays 10:30 to 11:30am Drop-ins welcome
- **Intermediate Dancing:** Tuesdays 11:35am to 12:35pm Drop-ins welcome
- **Book Club:** First Tuesday of the month 1 to 3pm Drop-ins welcome
- **Walking Club at Wednesdays:** departing from SACA at 9:15am sharp. FREE!
- **Fun & Games at Wednesdays:** 12:45 to 3:45pm – Drop-ins welcome
- **Yoga Basics Thursdays:** 9:15 to 10:45am Drop-ins welcome
- **Qigong Thursdays:** 9:30 to 10:30am Drop-ins welcome
- **Mah Jong:** Thursdays 12:15 to 3:00pm Registration Required

- **Laugh & Learn at SACA:** 1st Thursday Oct. 5 1:00 to 2:00pm – FREE! "Healthy Aging"
- **Artist Gathering:** 2nd & 4th Thursdays 1:00 to 3:00pm Drop-ins welcome
- **Qigong Thursdays:** 7:00 to 8:00pm Drop-ins welcome
- **Zumba Gold Fridays:** 9:15 to 10:15am Drop-ins welcome
- **Quilting Group:** 3rd Friday Oct 20 9am to 3pm Drop-ins welcome

**SSCA – Silver Springs CA** 403-288-2616 ssca@shaw.ca

- **Zumba Toning Gold Mondays:** 11am to Noon
- **Senior Yoga:** Mondays 12:15 – 1:15pm (Registration Required)
- **Fun & Games at Mondays:** 1:30 to 3:30pm
- **Qigong Tuesdays:** 12:15 to 1:15pm (Registration Required)
- **Pickleball Tuesdays:** 1:30 to 3:30pm (\$5 Drop in)
- **Mah Jong Thursdays:** 1:00 – 3:30pm New Group. Learn to play American Mah Jong
- **Intermediate Line Dancing Thursdays:** 1:00 to 2:00pm (Registration Required)
- **Beginners Line Dancing Thursdays:** 2:00 to 3:00pm (Registration Required)
- **Pickleball Thursdays:** 7:00 to 9:00pm (\$5 Drop in)
- **Seniors Yoga Fridays:** 11am – Noon (Registration Required)
- **Pickleball Fridays:** 1:30 to 3:30pm \$5 Drop in fee

**VCA - Varsity CA** 403-288-9001 vcapro@telus.net

- **Senior Fitness:** Mondays 9:15 to 10:15am (Registered Program)
- **LaBlast Fitness Silk Level:** Mondays 10:30 – 11:30am (Registered Program)
- **Country Line Dancing Beginner:** Mondays 11:45am – 12:45pm (Registered Program)
- **Seniors Card Club:** Mondays (Canasta and Bridge): 12:30 – 3:30pm
- **HATHA Yoga Mondays:** 8:15 – 9:15pm (Registered Program/Punch Cards Available)
- **Tai Chi:** Tuesdays 9:30 – 10:30am (Registered Program)
- **Seniors Yoga:** Tuesdays 11:00 – 12:30am (Registered Program/Punch Cards Available)
- **North Ladies Duplicate Bridge:** Tuesdays Noon – 3:00pm
- **Fitness Fusion:** Wednesdays 9:15 – 10:15am
- **Morning Meditation:** Wednesdays 10:30 – 11:30am (Registered Program)
- **Ladies Bridge:** Wednesdays 12:30 – 3:00pm
- **Walking Group:** Thursdays 9:15 to 10:00 am
- **Tai Chi:** Thursdays 11am to Noon (Registered Program)
- **Varsity Artist Colony:** Thursdays 12:30 – 3:00pm (Registered Program/Punch Cards Available)
- **Water Colour Pencils for Beginners:** Thursdays 2:00 – 3:00pm (4 week sample Program)

## English Practice for Immigrant Women



Wednesdays | 10:00am - 12:00pm

### Meet your neighbours and practice English!

The New Friends and Neighbourhood Group program is a safe and fun environment for immigrant women to improve their English and meet new women in the community.

Registration is FREE and there are no minimal English requirements. Groups meet once a week for 2 hours to practice English, make new friends and have fun! Free childcare is also provided (6 months – 6 years).

#### Montgomery Group

New Life Church  
4712 - 21 Avenue NW  
Wednesdays 10:00am - Noon

For more information or other locations throughout the city, please contact:

**Debra Colley**  
403-444-1752  
debrac@ciwa-online.com  
Calgary Immigrant Women's Association



## Financial Coaching Seminar

Financial Coaching is a free program that provides one on one support to individuals and families.

Our trained financial coaches can help you:

- Improve your daily finances and build long term financial well-being
- Reduce financial stress
- Increase your confidence in managing money
- Identify, plan for and achieve financial goals
- Learn the Canadian financial system
- Take control of your financial habits

For more information please visit [caryacalgary.ca](http://caryacalgary.ca) or call **403-269-9888**

## Money is Available for Your Child's Education



Acorn Canada can help!

Do you have a child born in 2004 or later?

Do you receive the National Child Benefit Supplement?

Don't miss out on **\$2,000** for their education. 70% of eligible families are not getting this federal benefit!

Call to register for the Canada Learning Bond. If you qualify, you will receive up to \$2,000 towards your child's college or university. Call toll free: 1-866-991-0025.

Acorn Canada is a not-for-profit membership community organization for low- and moderate-income families. Uniting communities for justice! [acorncanada.org](http://acorncanada.org)

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**Who Am I?**

**Red Fox**  
 I'm clever and cunning, I'm sleek and sly,  
 I watch for food with a focused eye;  
 Found to be quite shy, am I...  
 Can you guess my name?

**Grey Wolf**  
 I've pointed ears upon my head,  
 A furry coat of flaming red;  
 A bushy tail, I've heard it said...  
 Can you guess my name?

**Coyote**  
 My warning bark is sharp and high,  
 My paws are dark as midnight sky;  
 A legendary sneak am I...  
 Have you guessed my name?

**Mink**

**Turn Page Upside-down for Answer**

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Compliments of the Friends of the Bowmont Natural Environment Park Area



## Montgomery Community Association Membership

PLEASE COMPLETE ALL SECTIONS AND PRINT NEATLY. Thank You!

Member Name(s): \_\_\_\_\_  
 (first and last names of adults)

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Membership Type: ☐ Single/Family \$20.00 ☐ Senior \$5.00 EACH ☐ Associate (Social) \$25.00

Community of Residence (if not Montgomery): \_\_\_\_\_

Payment: \$ \_\_\_\_\_ Method of Payment: \_\_\_\_\_ Membership #: \_\_\_\_\_  
 (to be completed by MCA) (to be completed by MCA)

PLEASE INDICATE ANY VOLUNTEER OPPORTUNITIES  
 YOU MAY BE INTERESTED IN. Thank You.

### MCA Volunteer Opportunities

It should be noted that some categories may not have openings at this time, however individuals may be interested in the following possibilities:

#### Committees:

- ☐ Community Garden
- ☐ Planning
- ☐ Community Safety Initiative (CSI)
- ☐ History —Community Pride and Revitalization (CPR)

#### Community Programs & Events/Activities:

- ☐ Children's events (e.g. Kids Carnival, Winter Fest, Jelly Bean Dance, Playgroup)
- ☐ Senior's programs (e.g. Seniors' Social, Triple A)
- ☐ Special Events (e.g. Noktoberfest)
- ☐ Sports programs (e.g. Soccer, Soccer Banquet)
- ☐ Community Clean-up
- ☐ Fall Fair
- ☐ History project
- ☐ Fundraising (MCA Casino)
- ☐ Other (e.g. Volunteer Recruitment, Memberships)



Please mail along with your cheque made payable to Montgomery Community Association, or drop with your payment.  
 5003 - 16 Avenue NW Calgary, AB T3B 0N2

**Thank you for supporting YOUR community association.**





**Calgary Creative Arts Guild**  
**Annual Fall Show & Sale**  
 Saturday, November 4, 2017 - 10am to 4pm  
**Montgomery Community Association**  
 5003 16 Ave NW, Calgary  
 Original Art • Refreshments • Door Prizes • Free Admission  
 Donations to the Veteran's Food Bank gratefully accepted



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**info@chhousing.ca**  
**calgaryheritagehousing.ca**





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**MONTGOMERY SENIOR SOCIAL**  
 for ages 60+ with MCA membership  
**Montgomery Community Centre**  
 5003 –16thAvenue NW  
 LAST Monday of each month  
 From 12:30 to 3pm  
**RUNS SEPTEMBER TO MAY**  
 Door prizes, Raffles, Entertainment, board games, and a light lunch!  
 Contact us with questions or if you need a ride!  
**403-247-3116 | mcac@telus.net**  
 In partnership with the Alliance for Active Aging and the Montgomery Community Association

# South Shaganappi Area Strategic Planning Group

The South Shaganappi Area Strategic Planning Group is a group of community representatives and stakeholders that meet on a monthly basis to inform and respond to a number of institutional and infrastructure development projects in the area.

SSASPG began the 2017/2018 year with a presentation from the Intercare Corporate Group providing an update on the Brentwood Care Centre. Phase 3 of the renovated facility will be completed on September 18, 2017. It is five storeys in height and consists of 125 units. The second, third and fourth floors are designated for dementia care while the fifth floor will house the special care unit for brain injured patients of all ages.

The Calgary Cancer Project applied for its development permit in July. PCL Construction Management Inc. is working with The City of Calgary Planning Department to address the comments that were received through the review process, and from the adjacent community associations' planning committees. A date before the Calgary Planning Commission is yet to be announced.

Cadillac Fairview provided an update on the former Target premise at Market Mall. HomeSense opened their new location in August. Sporting Life and Zara are scheduled to open in early October. Saks off 5th has begun renovations in the former HomeSense location. It is anticipated that Staples will be leaving its current location at the end of September.

West Campus Development Trust was pleased to announce that, in partnership with the Brenda Strafford Foundation, ground will break this fall for the new Cambridge Manor. The building will house 240 assisted living and long term care units. The 217,000 sq. ft. facility will open in 2020.

*Rhonda Zander*  
 Planning Committee Member

# Stolen Property Alert!

Hi everyone,

Well in a series of "almost nevers", we had two bikes stolen last night. We almost never forget to close our garage door but last night after a long hike day and carrying lots of things in, I did. And then we almost never have our back blinds closed so can usually see if the garage is open, but last night the blinds were closed. And then, we almost always move our van around to the garage right before bed if it is out front, but last night chose not to as I was going out this morning with all the kids (although did go out and remove the garage opener). And so, as a result, someone in the middle of night took two of my husband's bikes out of our garage. I assume it was someone who just took the opportunity from being the alley in bins or whatever rather than anything organized because they left a whole bunch of other bikes, skis, etc.

And so, if you can keep your eye out for the following two bikes we would really appreciate it. Neither are worth huge bucks but really not looking forward to spending additional money at the moment.

2007 Rocky Mountain Fushion (mountain bike). Black and White.

2012 Giant Trance X4 (mountain bike). Dark Silver.

Thanks so much everyone. Of course, not feeling optimistic but hopeful none-the-less.

*Aleta Ambrose*

## A Word from the Wise

Author J.R.R. Tolkien favoured the use of proverbs in his writing and even created a few proverbs himself. The most famous of his proverbs come from The Fellowship of the Ring: "All that is gold does not glitter." and "Not all those who wander are lost". Both lines are from the same poem.

CURRENT CONSTRUCTION

From August until October 2017, road closures due to construction will be underway for the following:

- McLaurin Street
- University Avenue and Children's Way (East of Smith St)
- 39th Street – Southbound lane closed. Local traffic only.

**Impacts:** Vehicles, buses, bikes and pedestrians as well as those who access Alberta Children's Hospital main entrance from Childrens Way will be impacted, please see traffic detours below.



Traffic Detours

Onsite signage and traffic accommodations will direct all effected parties to alternate routes.

- Alberta Children's Hospital main entrance can be accessed via 24th Avenue onto McLaurin Street.
- For traffic coming from Shaganappi Trail through University Avenue & Children's Way to the Alberta Children's Hospital main entrance please follow on-site construction signage.
- A temporary egress has been installed on University Avenue for westbound traffic to 39th Street.
- Access to Family Housing will be maintained.

Pedestrian and Bike Detours

- Those walking from 32nd Avenue please note 39th Street alternate walking route will continue to be in place.
- A temporary pedestrian pathway has been installed from the intersection of 39th Street and University Avenue due to the McLaurin Street and University Avenue road closures.



TEMPORARY BUS STOPS

August to October, Temporary Bus Stops

For those utilizing transit, please note the following impacts to Routes 31, 72/73 & 91:

- **Route 31** – Stops 4106, 3495, 4629, 4037 & 7095 have been closed, and temporary stops have been setup on 24th Avenue, Smith Street, University Avenue & Shaganappi Trail. Stops 4028 & 9618 are still active.
- **Route 72/73** – Stops 3495, 4106, 4629 & 4037 have been closed, and temporary stops have been setup on 24th Avenue, Smith Street, University Avenue & Shaganappi Trail. Stops 9618, 4028 & 5445 are still active.
- **Route 91** – Stops 9619, 8648/4106, 4629 & 4037 have been closed and temporary stops have been setup on Smith Street, University Avenue & Shaganappi Trail. Stop 5445 is still active.

LONG-TERM UPDATE

University District has deployed the 2017 construction program until October 2017 which will result in new and improved roads/pathways, landscaping enhancements as well as improvements to the North Pond. West Campus Development Trust will provide monthly updates on construction activity and traffic detours.

If there are any impacts to pedestrian access and bike routes, updates will be provided as necessary to ensure your safety as construction proceeds. We apologize for any inconvenience this work may cause. Thank you for your patience. Construction timelines may change, dependent upon site and weather conditions.

Bowmont Natural Environment Park 17th Annual Photo Contest Entry Form

The Bowmont Natural Environment Park Committee is looking for your best shots taken in Bowmont Natural Environment Park. Photos will be judged by experienced photographers. Prizes will be awarded in the following categories:

<b>Scenic Views:</b>	Scenic landscape views of the park
<b>Flora:</b>	Trees, shrubs, grasses or flowers
<b>Wildlife:</b>	Animals in the Park (not including domestic animals)
<b>Environmental Issues:</b>	Damage within the park (excluding private property)
<b>Park Users:</b>	People enjoying the park (submit their permission using the consent form)
<b>Best of Show:</b>	Best photo in the show and Best photo in the show by a first time entrant

Contest Rules

1. Contest is open to all amateur photographers. All photos must be taken within **Bowmont Natural Environment Park** between January 1, 2017 and October 6, 2017.
2. **Entry deadline is October 13, 2017.**
3. Photos submitted **MUST** be accompanied by the contest **Photo Release Waiver** or will be disqualified.
4. Some restrictions regarding prizes may apply.
5. Only two entries per each category may be submitted.
6. Submissions must be good quality 4" x 6" prints (no slides) with entry form attached. **Please do not write on the back of your photos.**
7. Please email a digital version if available of photos (JPEG file) to [ljknights1947@gmail.com](mailto:ljknights1947@gmail.com) prior to entry deadline.
8. Photos submitted will not be returned to the entrant. They will remain with the committee for reproduction and use as per the Photo Release Waiver form.

How to submit your entries:

1. Attach one entry form to each photograph you submit with the following information:

Your name: \_\_\_\_\_

Address: \_\_\_\_\_

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I have read and followed the Contest Rules (signature) : \_\_\_\_\_

**Indicate category:** ☐ Scenic Views ☐ Flora ☐ Wildlife ☐ Environmental Issues ☐ Park Users

2. Give your photograph a **Title:** \_\_\_\_\_
3. Attach the completed **Photo Release Waiver**
4. Attach a **Consent Form** (for Park User category only)
5. Submit your entries at Bowness, Montgomery, Silver Springs or Varsity Community Centre offices

*Additional entry forms and the contest Photo Release Waiver are available at the following Community Centre Offices: Bowness, Montgomery, Silver Springs and Varsity; or by e-mail request to [ljknights1947@gmail.com](mailto:ljknights1947@gmail.com) and pdf format form and release waiver will be forwarded to your e-mail address.*

For more information, contact:  
Community Volunteer:  
Linda Knight  
Phone: (403) 288-5496  
Email: [ljknights1947@gmail.com](mailto:ljknights1947@gmail.com)



# News from the Friends of Nose Hill

by Anne Burke

Over the past few years, a number of projects were done in Nose Hill Park as part of the implementation of the Nose Hill Trail and Pathway Plan. The controversial plan was approved by Council in July 2005 and construction began in 2006, with asphalt paving. Project plans are on the city website and there is a map with an update on our website.

Construction activities continue and focus on the following work:

- Building primary (gravel) trails, timber landscape stairs for problem grades, and stabilized tread (dirt - single track) trails.
- Other options are to re-vegetate trails naturally, ploughing a trail to a shallow depth, and reseeding.

The length will be decided in the field, depending on the sightlines, and to the satisfaction of the City Project Manager.

One of our members said: "I hope all is in order but I was alarmed to see a backhoe parked above Charleswood and John Laurie, south of the gully from Brisebois Drive. I hope there is no plan to pave or gravel that path along the ridge crest. We have so many paved and manicured paths already on the Hill."

Here is an answer from the Zone 3 Parks Superintendent to the Ward 4 Councillor. "The backhoe is being used to construct the formal gravel trail that is on the attached construction drawings in a little square. It will be a designated trail replacing a worn desire line trail. The construction of the stairway and designated trails have gone as planned this year and look great."

Just a reminder: Nose Hill Park is a natural environment park, so please respect wildlife and plants. Do not pick the flowers or they will not be there for future park users and stakeholders.

In 2012, Council approved the *CalgaryEATS!* plan developing a field guide of wild urban edible plants in the area. Since many members of the public are already foraging in our green spaces, this project provides the opportunity to increase public education around wild harvest, while promoting safety, sustainability, and environmental protection.

This field guide will have information on urban food foraging, such as how to identify urban edibles, places where foraging can be practiced (details still to be worked out), how to prepare wild edibles, and avoid non-palatable or poisonous look-alike species.

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### Learn more about your Calgary Catholic School District Board of Trustees!

Did you know that one of the primary roles of a school board trustee is to act as an advocate for students? An advocate is defined as someone who publicly supports or recommends a particular cause or policy. School board trustees act as advocates for students and education in some of the following ways.

**Advocating for important education issues.** There are core provincial educational standards and funding formulas common to all school boards, but our local school board decides how to best meet local education needs. It's also our board's responsibility to lobby the province and others who need to know about our community's educational interests and concerns. We don't have the power to tax local communities, but we do decide within certain parameters how the money gets spent. We also make decisions on the direction and quality of local education, independent of the provincial government.

**Advocating for schools where students live.** We also advocate for supports and funding to meet the needs of the students we serve. Capital funds are for building schools, modernizing schools and adding or relocating portable classrooms. School boards submit three-year capital plans. To qualify for capital funding, we must meet eligibility criteria.

**Advocating for open communication with the public.** Trustees are responsible to voters in the communities they serve. This accountability includes ensuring that the public is aware of what the board does, the jurisdiction's accomplishments in education, and that good public education is crucial to the economic and social health of a community.

**Advocating for students, in partnership with parents.** It is essential that school boards partner with parents to ensure children are provided with the best possible educational opportunities. We believe in the importance of the parental voice and we involve our parents and school communities by informing them and working with them on important areas of advocacy, such as we did with the Municipal Government Act. We also encourage all parents/legal guardians to play an active role with their child's School Council.

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3. Set extra yard waste bags at least 30 cm (1 ft.) to the side of your cart.





Calgary Confederation  
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### Not All Corporations Are Big

My office has been inundated with hundreds of letters from Calgarians upset with the proposed changes for private corporations. Canada's tax system should be fair and equitable for all. However, I am concerned that the Liberals' proposed tax changes will make it harder for Canadians to get many critical goods and services.

Private corporations are a popular tax arrangement for business owners, such as farmers, doctors, lawyers, engineers and other independent professionals. They limit their and their family's liability from the financial risks they undertake in their professions. They also help facilitate a savings method for those who do not have formal group pension plans. This legitimate tax structure has been in place for many decades and has proven to work well.

By incorporating, a person is able to create a separate legal entity to operate under and have their revenue, expenses and assets treated separately from their income. This makes sense as the money you pay to your dentist, for example, is not entirely their income. It is revenue that pays for staff, business expenses, insurance, rent, etc. Only after those expenses are paid does your dentist draw a salary from the corporation which is taxed the same as you and I. If they leave profit in the corporation, they do not pay tax on it now, but will pay tax on it later when they draw the income (likely in retirement).

Some are facing a three-fold increase in their tax rates and this drastic increase could drive many professionals out of their professions and many out of Canada.

I am concerned any changes will make it harder to find a family doctor and increase wait times; make local meats and produce more expensive; and discourage young Canadians from starting their own business. We know government spending is at an all-time high, but hitting key parts of our community and our economy with dramatic tax hikes is not the answer.



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Friends,

October is the first full month of fall. The trees have changed colour and in many cases lost all their leaves already. Thanksgiving is just around the corner, and maybe a little snow too. I am currently preparing for the start of the fall legislative session this month. Alberta's economy continues to grow at the fastest rate in Canada and our government continues to invest in it through things like \$1.53 billion for Calgary's Green Line LRT.

September started off with the Labour Day long weekend, which was stuffed full of exciting activities. From honouring the efforts of working Albertans in building this province, to marching in Calgary Pride to celebrate the strength diversity brings to this city. Also, the Montgomery Community association played host to the annual BBQ on the Bow festival, a delicious showcase of fine grilled food, and a BBQ contest that draws competitors from all over North America.

The Calgary municipal elections will be held on October 16th. I encourage everyone to go vote, and help shape the direction of the city's development. Information about how to vote can be found with Elections Calgary.

Halloween is at the end of the month and many costumed as the trick-or-treaters will haunt and prowl the neighbourhoods of Calgary-Varsity. The Triwood Community Association will host a haunted house from 4-8pm on October 31st at the Triwood Community Centre. I'd like to wish everyone a delightfully spooky Happy Halloween!

We have recently moved our office to a new location in Montgomery. You can find us at #202, 4712 16th Avenue NW, T3B 0N1.

Our office serves all the people of Varsity, Dalhousie, Brentwood, Banff Trail, University Heights, Montgomery, and Charleswood. Our team is available to talk to constituents about provincial government departments, programs, scrolls, and services. To find out more drop in, call, email, or check out stephaniemclean.albertandpcaucus.ca



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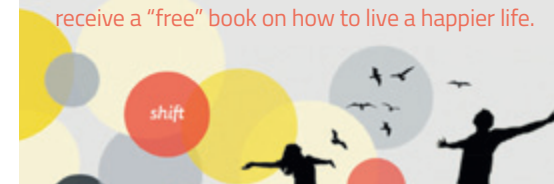
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