

DECEMBER 2016

DELIVERED MONTHLY TO 1,800 HOUSEHOLDS

your NORTH HAVEN

THE OFFICIAL NORTH HAVEN COMMUNITY NEWSLETTER



**RANDOM ACTS
OF KINDNESS**

**MEET THE
DEVELOPMENT
REVIEW COMMITTEE**



Dr. Philip Love
 Dr. Michele Spooner
 Dr. Huda Jergeas
 Dr. Tanya Chacko

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North Haven Community Association

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 Phone: 403-282-1075

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NEWSLETTER AD SALES



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Christmas Eve Services - Centre Street Church

 December 24 • 11 am* • 1 pm* • 3 pm* • 5 pm

*Children's program provided

Centre Street Church | 3900 2nd Street NE | cschurch.ca



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NORTH HAVEN COMMUNITY ASSOCIATION

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Hall (403) 282-1075 Rentals (403) 284-2716

BOARD OF DIRECTORS 2016-2017

Directors

President:	Jean Togstad	403-274-4177
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Treasurer:	Judy Huber	403-230-8195
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Entertainment:	Elise Konoff	403-233-0092
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Memberships:	Sandy Cooper	403-286-0902
Newsletter:	Katie Mikalson	403-863-2184
Preschool:	Annette Darel	403-668-9709
Sports/Communications	Alex MacKinnon	403-807-7700
Casino GM	Hans Huber	403-230-8195
Fundraising	VACANT	

Contacts

President:	Jean Togstad	403-274-4177
Block Parent Association:		403-269-6460
Building Custodian:	Dennis Mynarski	403-282-5607
McKnight Sports	www.mcknight.ca	
Nose Hill Park:	Anne Burke	403-239-1285
Parents and Tots:	Ilinca Poon	403-454-4104
Playschool Contacts:	Lila Siewert	403-274-6682
Scouts:	Stephanie Graham	403-275-1225
Sparks, Brownies and Guides:	Sandra Whitty	403-289-7404
Snow Removal Program:	Gillian Read	403-831-6118
Hall Rentals	Marie Heffernan	403-284-2716

Monthly Board Meetings are held every second Thursday at 7:00 pm. The next meeting will be December 8, 2016. NHCA Board Meetings are open to the public.

NORTH HAVEN COMMUNITY ASSOCIATION'S HALL IS AVAILABLE FOR RENTAL!



MAIN HALL

Friday, Saturday and Holidays	\$400/day, includes use of kitchen
Monday - Thursday	\$50/hour, minimum 2 hr rental
Friday - Sunday	\$50/hour, minimum 2 hr rental

Seating Capacity - 100

MEETING ROOM

Monday - Thursday	8am-5pm - \$100/day
Friday, Saturday and Holidays	\$150/day
Monday - Thursday	5pm-2am - \$25/hour Min. 2 hour rental
Friday - Sunday	\$50/hour Min. 2 hour rental

Seating capacity: 30

Meeting Room rental includes use of projector and screen

Notes:

- All rentals require a \$300 damage deposit
- Discount available for North Haven Resident Members

Call 403-284-2716 to view or book!

northhavennewsletter@gmail.com
Editorial Content DEADLINE 5th
of each month for the next month's issue

Random Acts of Kindness

It has been proven scientifically that everyone, in some way shape or form, is searching for belonging. Here in North Haven we have a population of just over 2000 people living in nearly 1000 homes. We range from young families, adult living and independent seniors, just to name a few. One thing we all have in common is that we call North Haven our home. As we enter the craziness of the holiday season, let's set the intention of adding a few extra Random Acts of Kindness, letting each other know we all belong here. Here are a few ideas to get you started:

- Put out or put away their trash bin
- Shovel their walk
- When you see someone out for a walk, be intentional about saying hello
- Hand deliver a Christmas card
- Or really go crazy and host a Christmas open house for all your neighbours!



Snow Shovelling

Thank you to everyone who is participating in the Snow Shovelling Program! We have 23 kids shoveling and 26 customers this year, which will make for a very successful program again this year. If you have any questions about the program, please do not hesitate to contact me - Gillian Read at 403-831-6118.

NORTH HAVEN COMMUNITY CALENDAR DECEMBER 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Monthly Board Meetings are held every second Thursday at 7:00 pm. The next meeting will be December 8th, 2016. NHCA Board Meetings are open to the public.			
4 Symons Valley Gospel Church 10am – 1pm	5 Bridge 12-3pm Scouts	6 Girl Guides	7 Bridge 12-3pm Girl Guides Square Dancing 7-10pm	8 Square Dancing 7-10:30pm	9 Parent n'Tots 9-10:30am Bridge 7-11pm	10 Parent n'Tots 9-10:30am Bridge 7-11pm
11 Symons Valley Gospel Church 10am – 1pm	12 Bridge 12-3pm Scouts	13 Bridge 12-3pm	14 Bridge 12-3pm	15 Last Day of Playschool Dec 15th	16 Parent n'Tots Christmas Party 9-10:30am Bridge 7-11pm	17
18 Symons Valley Gospel Church 10am – 1pm	19 Bridge 12-3pm Scouts	20 Bridge 12-3pm	21 Bridge 12-3pm	22 Bridge 7-11pm	23 Bridge 7-11pm	24
25 Symons Valley Gospel Church 10am – 1pm	26 Scouts	27	28	29	30	31

Events are subject to change from the time of submission to time of publication so please check the North Haven Facebook page for any changes. Private rentals of the hall do not appear in this calendar, if you are looking to rent the hall, please check for availability at 403-284-2716.

Meet the Development Review Committee

Most community associations have committees that review and comment upon development permit applications and planning issues within their boundaries. North Haven has the Development Review Committee. There are currently seven volunteer members including the President Jean Togstad and the Director of Civic Affairs: Terry Arnett, and members: John Arbuthnot, Bob Porteous, Janice Vejprava, Mark Griffiths and Tyler Nagel. Our values are to find neighbourly planning solutions appropriate to our "village".

If you are planning an addition greater than 40 m2 or new construction (see the land use bylaw part 5 division 1 section 365 for exemptions), you should be aware that you will require a development permit from the City. There are two paths to approval. For North Haven, the first path is to follow the "Contextual Development Guidelines": <http://www.calgary.ca/PDA/pd/Documents/brochures/contextual-dwellings-guide-book.pdf>

If the city approves the application as conforming, our committee will not be consulted. The second path is to apply for a discretionary permit. In this case, our committee will be consulted. As a basis, we use the "Contextual Development Guidelines", but we also consider the individual application in relationship to our community and the wording in the 2007 City of Calgary Land Use Bylaw. We consult adjacent neighbours. We file a report with City Planning and the Authority makes a final decision. In both cases, the decision is subject to appeal. Our committee recommends following the first path.

Our committee will sponsor several public meetings this year to discuss various planning issues of interest to North Haven such as traffic safety, upgrading the intersection with John Laurie/McKnight and urban forestry. We want to hear your opinions on how our community can be improved.

For further information please contact one of the committee members or Terry Arnett.



The unit's have been busy with lots of different activities. We've had camps, parties, gone to the U of C learn about STEM, taken part in a Remembrance Day ceremony and had fun with lots of other activities too. For questions about joining Sparks or Brownies, being a leader or Girl Guides cookies; contact Sandra Whitty (403) 289-7404.



Membership form

There are great activities at North Haven Community Centre!

Date: _____

Event (Scouts, Guides, Snow Removal, Soccer, etc.): _____

Family Name: _____

Address: _____ Postal Code _____

Telephone: _____

Email _____

In providing my email address I am agreeing to accept an email once a year for membership renewal purposes

Membership Type:

Resident (per household/voting)	\$15.00
Associate (non resident/non voting)	\$15.00
Senior (65+)	\$5.00
Donation	\$ _____
Payment Method	Cheque _____
	Cash _____

For planning purposes only:

I am interested in the community having and/or personally attending the following:

- | | | |
|---|--|--|
| <input type="checkbox"/> Fitness/Aerobics | <input type="checkbox"/> Preschool | <input type="checkbox"/> Teen Drop-In |
| <input type="checkbox"/> Outdoor Rink | <input type="checkbox"/> Family Dance | <input type="checkbox"/> Pre-Teen Dance |
| <input type="checkbox"/> Adult Dance | <input type="checkbox"/> Pub Nights | <input type="checkbox"/> Senior's Programs |
| <input type="checkbox"/> McKnight Sports | <input type="checkbox"/> Craft Sales | <input type="checkbox"/> Theme parties |
| <input type="checkbox"/> Comedy Nights | <input type="checkbox"/> Parent & Tots | <input type="checkbox"/> Summer Camps |
| <input type="checkbox"/> Other: _____ | | |

I consent to receiving community reminders on an occasional basis.

If you are interested in volunteering or becoming active in our community please call Jean Togstad, President, at 403-274-4177 to discuss your interests.

Please mail or drop off to the
North Haven Community Centre,
5003 North Haven Drive NW,
Calgary T2K 2K3

Find us on Facebook!



Just search for North Haven Community Association and "Like" us to receive updates!

MEMBERS' CORNER



Thanks to Gil Ngai of Day One Media for this month's cover photo.

Shot on the west edge of the city near 12 Mile Coulee Road, Crowchild Trail, Calgary.

IN AND AROUND NORTH HAVEN

Parents and Tots

The Parent and Tots group meets on Fridays from September through May from 9:00 to 10:30 am in the basement of the Community Hall. The group is open to parents, grandparents and caregivers of children 0 to 5 years of age. As we share the space with our community preschool, any snacks brought during Parent and Tots time need to be peanut free. Mark your calendar for Dec 16th Christmas Party.

We are looking forward to seeing you soon!

Ilinca, Janice and Katie

Entertainment and Events

Here we are in December, the last month of our 50th anniversary year. Although we do not have any events planned this month, I want to take this opportunity to recap the year's events. We hosted a skating party in January, Winter Carnival in February, Adult 60s Dance and Easter Egg Hunt in March, Seniors Tea and Board Game day in April, Garage Sale in May, Pancake Breakfast in June, Community Picnic in September, 50th Anniversary Gala and the sold-out Family Halloween Dance in October.

The 50th Anniversary Gala was our big celebration! Over 100 guests came to the hall to enjoy the entertainment and ample opportunity to socialize. It was a pleasure to organize this successful event with Lynda Greuel at the helm – everything from the decorations to the food and entertainment was fantastic. Much thanks to the sponsors of this event – your support really helped us take the event to another level. We have had so much positive feedback on this event! At the Gala, we showed the video that we made about life in North Haven. Thank you to everyone who participated in the making of this video. It was such an interesting project, and we heard so many stories – many more than we could include in the video – and we really appreciate the people who shared their time and stories! We put the video on our Facebook page and it reached over 10,000 people, and sparked many a conversation with former and current residents! If you have not had a chance to see this video, check it out on our website at northhavenyyc.ca, and see who our local movie stars are!

Thank you to all those who sponsored our 50th Anniversary Year celebrations:

- City of Calgary
- Government of Alberta
- Dale Green
- Hillcrest Events
- Canada Safeway
- Calgary Co-op
- Vivo
- Telus Spark
- Calgary Zoo
- City of Calgary Recreation
- City of Calgary Ward 4
- MLA Craig Coolahan
- MP Michelle Rempel
- Centre Street Church
- Gil Ngai
- Joan MacDonald
- Frank & Jean Togstad
- Bryan & Kaleigh Goehringer
- Lynda Greuel
- Elise Konoff
- David Sugden
- Jason Dziver
- Todd & Jeanine Oliphant
- Remax – Graham Terryberry
- Fire Exit Theater
- Red Seal Dining
- Dulux Paint
- Pelican Pier
- North Haven Barber Shop
- The home Vintner



CALLING ALL NORTH HAVEN YOUTH (grades 7-12) WE NEED YOUR HELP!

Join us on Sunday January 22nd from 6:00-8:00pm at the North Haven Hall to establish a North Haven Youth Committee. Bring ideas for activities, projects and events that you would like to do with other North Haven teens. We also need a cool name for our committee.

Mona's pizza and drinks will be served. Come hungry with creative ideas and an open mind.

For questions contact Jody Breen at momscomputer@shaw.ca or text 403-815-0063. Please RSVP by January 15th. See you then!



North Haven Preschool

The month of November continued to build and develop positive and meaningful relationships between the children, teachers and parent volunteers. Each week always begins with a new theme, such as Space, Zoo or a Teddy Bears Picnic. Toys, puzzles, books and activities are selected and laid out based on the weekly theme. By designing the program this way the teachers are enabling students to explore new learning material and to build common experiences in the safety and familiarity of their classmates. The students share in the excitement of exploring each theme and their similar learning experiences strengthen their common bonds.

Please contact Lila at 403-274-6682 or lilas@telusplanet.net for a tour, registration, or further information.



IN & AROUND SCHOOLS

North Haven School

The month of December is both busy and rewarding here at North Haven School!

This month we are looking to continue giving back to our local community through a "Community Outreach Evening" that is held in early December. This was an evening from which our families came together in support of helping others during the holiday season. This month we also celebrate the holiday season through a variety of classroom performances and school-wide caroling. Events like these are a great opportunity from which to continue building a connected school community!

Throughout the fall and into December the spirit of generosity has also been evident throughout our school. In addition to class initiatives, our entire school community worked to collect food items for the 'Veterans Food Drive' as part of our commitment to helping others. It is great to see how our students are always willing to help in a variety of ways!

As the year comes to an end we at North Haven School are grateful for all of the support we receive from our families and the community. On behalf of all staff I wish you a Merry Christmas and hope you enjoy time to connect with family and friends.

Should you have any questions please feel free to contact the school or drop by for a visit!

Kevin Howell
Principal



News from the Friends of Nose Hill

by Anne Burke

This summer some residents had concerns about pet rabbits released into the wild. Would this problem be part of the City's jurisdiction, as it was in Canmore? The General Manager of Community Services reported to City Council that most of the rabbits in communities are jack rabbits, which are feral (wild) animals.

The City does have authority over pet rabbits, under the Community Standards Bylaw, for example. Feral animals are up to the province's Animal and Wildlife Services. The Community Services Department at the City will work with Council to provide information on how to direct residents and ensure that their concerns are properly addressed.

At a council committee on Community & Protective Services, a motion was passed to propose bylaw changes in order to use livestock grazing as a land management and weed control tool on City lands in 2017.

Natural areas provide multiple ecosystem services, which are of value to city residents. For example, there is computer

software to measure the urban forest in at least 3 environmental services: cleansing the air; storing carbon; and reducing storm water in the City.


So far, it was found that the average benefit per tree in Edmonton's urban forest was US \$74.73 (\$97.96 Canadian). The cost for caring for each tree is US \$18.38 (\$24.09 Canadian), resulting in a net benefit of US \$56.35 (\$73.87 Canadian).

Cities and local governments play a crucial role in the pursuit of a greener existence through efficiently integrating urban development and biodiversity management at the local level. With rapid human development and expansion, biodiversity is being lost, but there are some new urban biodiversity guidelines.

In the fall of 2016, the Mayor signed the Durban Commitment. Calgary is the 3rd Canadian city, after Edmonton and Montreal, to formally join an international program directed by Local Action for Biodiversity, for local governments from across the world to improve biodiversity planning and management. It is estimated that 90% of the world's population will live in urban areas by 2100.

By 2025, Calgary will:

- Evaluate landscapes in Calgary and set targets for conservation measures to identify, protect, and manage ecological cores and corridors.
- Restore 20% of Calgary's current open space to increase biodiversity.
- Identify invasive species in Calgary's open space and complete strategies for their management.




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FREE COMMUNITY WORKSHOPS ON CPP

- Wednesday, Jan. 4 @ 2-3 pm: Should I take CPP Early?
 Wednesday, Jan. 11 @ 7-8 pm: Collecting CPP While Working
 Wednesday, Jan. 18 @ 2-3 pm: CPP & OAS Survivor Benefits
 Wednesday, Jan. 25 @ 7-8 pm: How to Unlock Your Locked-in RRSP & RIFF Conversion Options

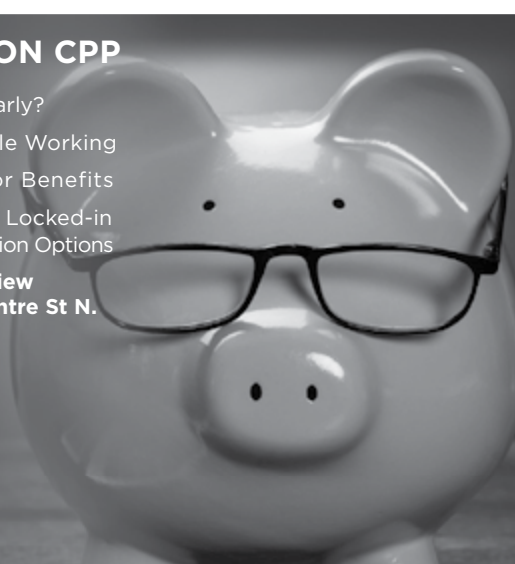
All workshops will be held at the Thorncliffe Greenview Community Association in the Boardroom, 5600 Centre St N. Seating is Limited.

To Register Call Nancy at 587-755-0159 or email: info@LangfordFinancial.ca



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About the Green Line

The City of Calgary continues to plan the massive Green Line LRT. It is Calgary's biggest infrastructure project, ever, and one of the largest Light Rail projects anywhere in North America. Fully built, the Green Line will provide 41 kilometers of train service from Panorama Hills in the north to downtown, through the south east to the South Calgary Hospital in Seton. In comparison, Calgary's current LRT lines run a total of 54 kilometers.

Green Line trains will differ from existing C-Trains because they are a low floor design, removing the need for elevated platforms at station stops. This allows planners to plan on a train running at-grade down the middle of Harvest Hills Boulevard and Centre Street with easier passenger access. Instead of 36th St NE or Crowchild Trail today, the line will feel much more like 7th Avenue, but without long ramps nor high platforms.

This more accessible system presents an opportunity for redevelopment, and the city expects the Green Line to help reshape communities north of downtown. In particular, the areas surrounding stations at 9th, 16th, 28th, 40th, 68th and (soon) 96th Avenues have been the subject of extensive design exercises known as "Charrettes". The city sees each of these stations as locations for Transit Oriented Development, with higher density and a mix of commercial and public services within walking distance.

The Green Line will leave only 2 lanes for vehicles from McKnight Boulevard to 16th Avenue. While the train is expected to replace considerable car and bus traffic on Centre Street, the ultimate traffic impacts on Edmonton Trail and 4th Street are unknown.

Cost-wise, the city is working towards a more refined estimate from its preliminary \$4.5 to \$5 Billion. The city is the only level of government who has formerly committed funding, although the federal government has publicly offered support. Meanwhile the province appears supportive, but has made no public commitments. Even if funding were confirmed today, the line would not likely be operating before 2024.

The Green Line will have a tremendous impact on Calgary, and North Central Calgary in particular. Staying engaged and informed will be key for all of us who live, work, ride, or drive in the north.

Greg Miller facilitates Green Line North Communities, connecting city planners with communities. He lives in Highland Park.

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TRIVIA

In Spain, December 28th is 'Día de los santos inocentes' or 'Day of the Innocent Saints' and is very like April Fools Day in Canada and US. People try to trick each other into believing silly stories and jokes. Newspapers and TV stations also run silly stories.

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Christmas

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December 24, Christmas Eve
 5:00 PM Candlelight Service
 9:00 PM Compline Service

December 25, Christmas Day
 10:30 AM Communion Service

Need more information?
 Call 403-289-8206
 Check us out on Facebook
 or visit www.highwoodlutheran.com



MP CALGARY NOSE HILL HON. MICHELLE REMPER

201-1318 Centre Street NE, Calgary, AB, T2E 2R7
Phone: 403-216-7777
Email: michelle.rempel@parl.gc.ca
Website at www.michellerempel.ca

Year-end update – December 2016

It's hard to believe that we will soon be saying goodbye to 2016 and ushering in a new year. It has been a busy and productive year, as your Member of Parliament, and I have been working hard on your behalf. There are a few important issues I would like to update you on:

1) The Alberta jobs crisis continues to be a primary focus for me. As you may know, my colleagues and I launched the Alberta Jobs Taskforce this fall. I have been consulting with community members and employers to get their feedback regarding policy solutions and budget requests that we will be presenting to the government. If you, or anyone you know, would like to be involved in the Taskforce's work please contact me at michelle.rempel@parl.gc.ca or visit www.AlbertaJobsTaskforce.ca.

2) Earlier this year I presented a motion in Parliament calling on the government to respond to the Yazidi genocide. After months of inaction and enormous pressure, the government finally agreed to support my motion to save Yazidis. I am proud to report that this motion passed unanimously in the House. This is a testament to sexual slavery survivors like Nadia Murad, who was present in Ottawa to witness the vote. I encourage you to visit my website to watch this historic vote and a tribute to Nadia.

3) Over 1300 of you provided your input on the issue of electoral reform during my consultations over the course of the year. 91.91% of respondents to the survey indicated that a referendum should be held prior to any changes being made to Canada's electoral system. 79.13% of respondents did not think we need to replace our current system of voting. I have conveyed the feedback received via a letter to the chair of the Special Committee on Electoral Reform. You can also find a copy on my website: www.MichelleRempel.ca. I will continue to keep you informed about this important issue as the committee reports back to Parliament.

I understand that this Christmas season will be challenging for many due to unemployment. There are many important organizations that will be stretched further than most years and I encourage you to take some time to volunteer or donate financially to these organizations. For those that are struggling with the mental and physical challenges associated with unemployment, and the added stress the holidays can present, please reach out to an organization like the Distress Centre. They have 24 hour support and can be reached at their crisis line at 403.266.HELP(4357). I will be hosting a Christmas Open House on December 10th at the Berkshire Citadel (222 Sandarac Drive N.W.) from 2:00 PM –5:00 PM. I will be collecting non-perishable food items for the Calgary Food Bank and chatting with constituents. Please feel free to stop by, drop off your donation, and say hello. And while an RSVP is not required to attend, you may do so at www.MichelleRempel.ca or by calling 403-216-7777. I hope you all have a Merry Christmas, a Happy New Year and a joyous holiday season.

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Happy holidays, Calgary-Klein!

As the nights grow long, snow falls, and the lights and music of the holidays surround us, it can be easy to get wrapped up in the stresses and obligations that often come along with the season. Often the pressures and commitments we place on ourselves and those around us can create a great deal of stress.

This kind of stress can sometimes lead us to forget the 'reason for the season.' While there are many traditions that celebrate this time of year in a range of different ways, some common threads unite them: treasuring our loved ones, and caring for and including vulnerable members of our society who find themselves without resources and without a warm and safe place to live.

Several excellent organizations do great work in Calgary to help our most vulnerable:

- The Inn from the Cold Society is an agency that has operated for nearly twenty years, 365 days a year, serving children and families who find themselves, literally, with no place else to go. Inn from the Cold goes far beyond the provision of shelter, food, and clothing: they focus on the many wrap-around support needs that ensure children and their families begin the process of recovering their dignity, their self-worth, their independence, and their hope.
 - o Donations can be made through their website at <http://innfromthecold.org/ways-to-give/>.
- The Calgary Women's Centre helps women struggling with income, housing and food insecurity. During the holidays, the centre operates a toy room, where women can choose gifts to give their children.
 - o Donations of new, unwrapped gifts for 9-12 year olds, for boys and girls, worth between \$25-\$40 can be dropped off at the Women's Centre (39 4th Street NE) from December 5th – December 20th 2016. Call Karen at 403-264-1155 for further information.
- The Calgary Food Bank collects and distributes food to struggling individuals, families, single-parents and homeless people. The majority of people they assist are working-poor Calgarians struggling to make ends meet.
 - o Donations of funds, food, and volunteer time can be made through their website, <http://www.calgaryfood-bank.com/give/>.

I wish you, your families, and your loved ones all the best this holiday season.



COUNCILLOR, WARD 4 SEAN CHU

403-268-3727 • ward04@calgary.ca
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Greetings Residents,

City launches online street light outage application

The City of Calgary has launched an online application that will allow citizens to easily report street light outages in their community.

The application allows people to locate the street light on a map and report it instantly to The City of Calgary. This process avoids duplicate reports, reduces the number 311 calls, and provides more detailed and more accurate updates to citizens about each light service request.

The City of Calgary is committed to providing a higher level of service and better customer service to its citizens.

Under the service agreement with Enmax, it can take up to 30 days to repair street light outages. In the event of damages or something more complex like underground wire faults, repairs could take much longer. Citizens are asked to call 311 to report damaged street lights.

Please visit calgary.ca/streetlights to report an outage near you.

Be prepared for snowfall to keep everyone moving safely

When snow is forecasted in Calgary, crews are available 24/7 to respond and keep our roads safe. That means apply anti-icing solution to our roads before the snow falls, and plowing and sanding after the snow starts falling. Crews focus on high-volume roads first in order to keep the highest number of Calgarians moving safely.

You can help us keep the roads and sidewalks safe this winter, too. Here's a few ways to keep everyone moving safely:

- Slow down and drive or cycle defensively during winter driving conditions.
- Keep a safe distance - help our crews do their jobs by staying three car lengths behind sanders and plows.
- No sudden moves (braking, lane changes, etc.)
- Provide enough distance between you and the vehicle in front of you.
- Ensure you have appropriate tires and footwear.
- Keep your sidewalk clear of snow and ice within 24 hours after the snow has stopped falling.

For information on winter driving, safe shovelling, and more, visit calgary.ca/snow.

Fall/Winter Programs

The City of Calgary offers a wide variety of fun and FREE drop-in programs and activities for children, youth and families.

From after school programs, to health and wellness classes, to leadership opportunities, we have something for everyone.

Find out what's happening in your area, visit calgary.ca/CommunityPrograms.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the North Haven Community Association and Great News Publishing. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The North Haven Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.

COMMUNITY ANNOUNCEMENTS

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit
- ◆ Deadline – 1st of each month for the next month's publication. Contact news@great-news.ca

FACE PAINTING: Grade 9 student would love to come and face paint at your party. \$20 for 1st hour, and \$15 for each additional hour. Please call Kenzie at 403-284-9775.

DROP IN YOGA: Join us for Multi-level Flow Yoga on Tuesday mornings at the North Haven Community Centre. Class runs from 8:15 - 9:30 am and drop-ins are \$10. All are welcome. Please contact Luann at (587) 896-2086 with any questions. .

DOG WALKING: Local high school student available for dog walking. She is experienced and comes with references. All sizes and breeds are welcome! Please call (403) 399-6045 if you are interested or have any questions.

NEIGHBOURHOOD BABY SITTING SWAP: Any mom/dads interested in some sort of babysitting co-op? Call or email Katie at 403 863 2184 or herroyalopinion@gmail.com.

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dialogue)))



Learn About the Future Use of Learning Space at Area I & II Schools

Join us as we present the proposed changes for the future use of learning space at some Area I & II schools. Come review this proposal, which was developed from feedback gathered in 2016.

date | January 17, 2017
time | 5:00 – 8:00 p.m.
location | Senator Patrick Burns School
2155 Chilcotin Road N.W.

To learn more about what we've heard so far, visit cbe.ab.ca/dialogue



Calgary Board of Education



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All the best in 2017

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Canadian Diabetes Association

HELP END DIABETES

Diabetes is a complex disease with many causes and no known cure. In Alberta, an estimated 303,000 people have been diagnosed with diabetes and a further 600,000 live with prediabetes.

With your support, the Canadian Diabetes Association (CDA) can improve lives and make it possible to fund leading-edge research and innovative educational programs; send kids with type 1 diabetes to the CDA's D-Camps; and provide Albertans with access to programs, services and resources to manage their disease and live well.



HOW CAN YOU HELP?



JOIN TEAM DIABETES

Get active! Run, walk or hike in exciting international and Canadian events.



GIVE TO CLOTHESLINE®

Donate your gently used clothing, books, toys, electronics, vehicle and more.



HOLD A FUNDRAISING EVENT

Explore the fun and easy ways you can help raise funds for diabetes.



VOLUNTEER

We couldn't do what we do without the support of our volunteers.



BECOME AN ADVOCATE

Interested in sharing your story and speaking on behalf of those living with diabetes?



DONATE

Text "Diabetes" to 587-600-6088 or honour someone online at diabetes.ca/donate.

diabetes.ca | 1-800-BANTING (226-8464) | 403-266-0620 (Calgary)

Facebook: AlbertaCDA | Twitter: @DiabetesAssocAB

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Christmas Day Service, 10am-11am

Join us for one of our weekend services: Saturday @ 6pm, Sundays @ 9:30am or 11:15am

www.bpchurch.ca