ENORTH HAVEN

THE OFFICIAL NORTH HAVEN COMMUNITY NEWSLETTER





PANCAKE BREAKFAST, SATURDAY JUNE 11 — 9 TO 11 AM ANNUAL GENERAL MEETING, WEDNESDAY JUNE 15 — 7 PM

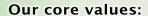






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"It's where I'd live."

Brac

Author, movie buff and wine aficionado



Home. It's where we live. It's the feeling we get from freshly folded laundry in our bedroom. It's playing the piano and singing with friends and it's shared moments over dinner with family. It's feeling healthy, eating well and enjoying the community we savour with other great people. It's looking forward to a little exercise and some laughter at the pub afterwards.

Welcome to your life at Evanston Summit. Welcome home.

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North Haven Community Association

5003 North Haven Dr. NW Calgary, AB – T2K 2K3

Phone: 403-282-1075

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NORTH HAVEN COMMUNITY ASSOCIATION

5003 North Haven Drive NW Hall (403) 282-1075 Rentals (403) 284-2716

BOARD OF DIRECTORS 2015-2016

Dire	ctors
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Directors		
President	Jean Togstad	403-274-4177
Vice President	Jody Breen	403-284-9775
Secretary	Lucas Van Boeschoten	403-220-0288
Treasurer	Judy Huber	403-230-8195
Building & Maintenance	Peter Mickelson	403-615-0315
Civic Affairs	Terry Arnett	403-547-0237
Entertainment	Elise Konoff	403-233-0092
Building Manager	Marie Heffernan	403-282-1075
Memberships	Sandy Cooper	403-286-0902
Newsletter	Ilinca Poon	403-454-4104
Preschool	Annette Darel	403-668-9709
Sports	Derrick Pearson	403-589-1824
Casino GM	Cam McRae	403-226-4855
Fundraising	Cam McCrae	403-226-4855

Contacts

·	ontacts		
	President	Jean Togstad	403-274-4177
	Block Parent Association	า	403-269-6460
	Building Custodian.	Dennis Mynarski	403-282-5607
	McKnight Sports	www.mcknight.ca	
	Nose Hill Park	Anne Burke	403-239-1285
	Parents and Tots	Ilinca Poon	403-454-4104
	Playschool Contacts	Lila Siewert	403-274-6682
	Scouts	Stephanie Graham	403-275-1225
	Sparks, Brownies		
	and Guides	Sandra Whitty	403-289-7404
	Snow Removal Program	Twyla Anderson	403-220-1131
	Hall Rentals	Marie Heffernan	403-284-2716

Monthly Board Meetings are held every second Thursday at 7:00 pm. The next meeting will be June 15, 2016. NHCA Board Meetings are open to the public.



MAIN HALL			
Friday, Saturday and Holidays	\$400/day, includes use of kitchen		
Monday – Thursday	\$50/hour, minimum 2 hr rental		
Friday - Sunday	\$50/hour, minimum 2 hr rental		
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Seating Capacity – 100

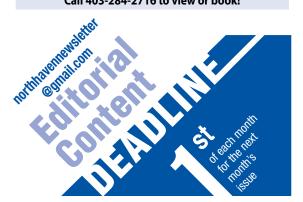
MEE.	TING ROOM
Monday – Thursday	8am-5pm - \$100/day
Friday, Saturday and Holidays	\$150/day
Monday – Thursday	5pm-2am - \$25/hour Min. 2 hour rental
Friday - Sunday	\$50/hour Min. 2 hour rental

Meeting Room rental includes use of projector and screen

Seating capacity: 30

Notes:

All rentals require a \$300 damage deposit
Discount available for North Haven Resident Members Call 403-284-2716 to view or book!









	SATURDAY 4		Pancake Breakfast 9 to 11 am	2	_K	
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	MONDAY	Monthly Board Meetings are held every second Thursday at 7:00 pm. The next meeting will be June 15, 2016. NHCA Board Meetings are open to the public.	6 Preschool 9-11:30	₩.	20	tz .
	SUNDAY	Monthly Board Meetings are held every second Thursday at 7:00 pm. The next meeting will be June 15, 2016. NHCA Board Meetings are open to the p	Symons Valley Full Gospel Preschool 9-11:30 Church 10:00-1:00 pm	5ymons Valley Full Gospel Church 10:00-1:00 pm	19 Symons Valley Full Gospel Church 10:00-1:00 pm	26 Symons Valley Full Gospel Church 10:00-1:00 pm
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MESSAGE FROM YOUR VICE PRESIDENT

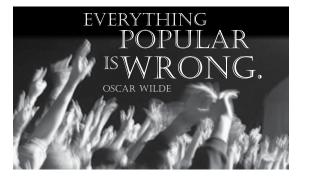
Our 50th Anniversary Year is well underway and I hope vou have had a chance to come out to some of our events. Don't worry if you haven't - there are plenty more to come! A big thank you to Elise and all the volunteers who helped make our 3rd annual Community Garage Sale a success. There were many bargains to be had and it was a great opportunity to mingle with neighbours on such a beautiful day.

Our annual Pancake Breakfast is fast approaching and another great opportunity to get together as a community. It will be held this year on Saturday June 11th from 9:00-11:00am. Come and enjoy some great pancakes, refreshments and games. We are in need of volunteers for this event. Shifts will be one hour in length and there are many different jobs available. Please call Elise at 403-233-0092 if you can help.

Finally, our Annual General Meeting will be held on Wednesday June 15th at 7:00pm (please check the board and Facebook for confirmation of date and time). Everyone is welcome and refreshments will be served. Come out and hear what your board has been up to this past year. In addition, consider becoming part of the board for 2016/17. All director positions are open to all volunteers, new or current. Being a member of the board is a great way to keep on top on what is going on in the community and to build relationships among neighbours. If you have any questions about the AGM or a possible director role (or other volunteer roles), please contact Lucas at 403-220-0288 in advance of the meeting.

Events are subject to change from the time of submission to time of publication so please check the North Haven Facebook page for any changes. Private rentals of the hall do not appear in this calendar, if you are looking to rent the hall, please check for availability at 403-284-2716.

I look forward to seeing you at one of our upcoming events. Jody Breen, Vice President



MEMBERS' CORNER

To the nice lady who gave us \$20 at our lemonade stand on North Haven Drive and then had to run for the bus without change, please know that we have donated your money to the Fort McMurray Red Cross.

Thanks!! Jody

A big thank you to **Revolution Games** for their generous donation for our board game night at the Hall on April 9th. Your support of our community is greatly appreciated!

Any North Haven Member that would like to submit an announcement please contact northhaven newsletter@qmail.com. Examples could include notes to say thank you or offer sympathy, acknowledge birthdays or wedding anniversaries.

IN & AROUND

My dad works here construction zone safety

Imagine sitting in your cubicle with cars whizzing by dangerously close to your work space and so fast that you can feel the tailwind. Well, that's just what many City employees experience every day when they are out working in the field.

"The only protection that we have are those signs and the cones. It's all that separates our workers and the traffic," says Marco Nicoletti, Roads Foreman. The "My Dad Works Here" Construction Zone Safety campaign is a joint initiative with Roads and Water Services, spotlighting the kids of employees working in high traffic construction areas.

It isn't always easy to maintain your patience when you're delayed in traffic because of road or utility work, but for the safety of the workers doing their job and for your safety too, it's important to slow down, stay alert and obey all posted signs.

So, keep an eye out for My Dad Works Here signs popping up in construction zones in late May.

For more information on construction zone safety, visit calgary.ca/constructionzonesafety.

IN & AROUND

Celebrate Neighbour Day on June 18

Do you miss the days when neighbours connected and got to know each other?

Held annually on the third Saturday of June, Neighbour Day is an opportunity for neighbours to come together in the form of a front yard barbecue, garden party, picnic, clean-up or afternoon tea in a local park to celebrate our strong community spirit in Calgary.

The idea is to meet your neighbours, make new friends, have fun and maybe work together on a project that benefits the entire community.

Make Saturday, June 18 the day you get to know your neighbours! Visit calgary.ca/neighbourday for ideas to help you celebrate.



Calgary Public Library volunteer opportunities for teens and adults

Calgary Public Library is looking for adult and youth volunteers!

Opportunities exist for special events volunteers as well as in programs that support literacy, computer technology, newcomers, and job seekers. Visit our website to learn more about our volunteer opportunities and to fill out an application: calgarylibrary.ca/ volunteer

Share your skills and passions as a Calgary Public Library volunteer and help your community thrive!

Keep in touch — follow us on Facebook and Twitter! www.calgarylibrary.ca

NORTH HAVEN PRESCHOOL

PRESCHOOL

for Children ages 3-4 years

NEW 3-day program option for 4 year olds

Spaces available in 3 and 4 year old classes

Our Philosophy

Kids should be kids and have a chance to fully enjoy this time of creative exploration, new friends and new adventures. North Haven Preschool is a community based preschool committed to helping young children develop social skills, share new experiences and make new friends.

For further information, please contact Lila Siewert at 403-274-6682 or via email at lilas@telusplanet.net.

It has been so fascinating watching the students at North Haven Preschool become such confident students and friends. The students started the month of May off by making a Mother's Day craft and card which they were able to present to their special guest at the Mother's Day Tea. The students and their special guests had a wonderful time, it was a wonderful day for everyone. The following week the students went 'camping' and had the opportunity to sit around a campfire and sleep in a tent. Students also discussed safety and the four-year-old class had a special visitor from EMS. The month finished up with a bike wash and the four-year-old class had the opportunity to visit kindergarten at North Haven Elementary.

There are still spaces available in the three and four-year-old class. Check out the school's website, northhavenpreschool.com or call Lila at 403-274-6682 for more information.



Membership form

There are great activities at North Haven Community Centre!

Date:		
Event (Scouts, Guides, Snow Removal	, Soccer, etc.):	
Family Name:		
Address:		Postal Code
Telephone:		
Email		
	eeing to accept an email or	nce a year for membership renewal purposes
Membership Type:		
Resident (per household/votir		
Associate (non resident/non v	_	
Senior (65+)	\$5.00	
Donation	\$	
Payment Method	Cheque Cash	
For planning purposes only:		
I am interested in the community have	ing and/or personally at	tending the following:
☐ Fitness/Aerobics	Preschool	☐ Teen Drop-In
☐ Outdoor Rink	☐ Family Dance	☐ Pre-Teen Dance
☐ Adult Dance	☐ Pub Nights	Senior's Programs
☐ McKnight Sports	☐ Craft Sales	Theme parties
_ / 3	☐ Parent & Tots	Summer Camps
☐ Other:		
☐ I consent to receiving community rer	minders on an occasional b	pasis.
	unteering or becoming ac esident, at 403-274-4177 t	tive in our community please call to discuss your interests.



The Namib Desert's darkling beetle is the inspiration for a new idea to turn morning fog into droplets of water and will have the ability to provide enough water per day for survival of Namib Desert people. The beetle's body has little bumps that repel water, sending the droplets down his back into

Discovery Magazine

IN AND AROUND NORTH HAVEN

Parent and Tots

The Parent and Tots group meets on Fridays from September through June from 9:00 to 10:30 am in the basement of the Community Hall. The group is open to parents, grandparents and caregivers of children 0 to 5 years of age. As we share the space with our community preschool, any snacks brought during Parent and Tots time need to be peanut free.

June is the last month that we run this program. We will have a year-end party on Friday, June 17th which will be the last day we meet for the year. In the summer we may meet at the different playgrounds in the community, please keep an eye on the North Haven Parents page on Facebook for more information.

Thank you to everyone who has come out this year and made the Parent and Tots group a fantastic place to be!

Hope to see you soon, *Ilinca, Janice and Samara*

Entertainment and Events Update

Wow, it is already June, and we are reaching the halfway point on our 50th anniversary year! We have had a bunch of successful events already so far, including the skating party, winter carnival, adult 60s dance, senior's tea, board game day, and garage sale. It has been great seeing such a good turnout at all the events, and talking to many different people about many different things! We still have a few more events coming up so we hope to see everyone continue to come out and participate!

On June 11 from 9-11am, we will be hosting our annual pancake breakfast, complete with games and



activities and socializing for everyone! Come on out and visit! We have some fantastic door prizes – as with last year, some of the prizes are only available to community members, so buy your membership! We'll have them for sale at the event, so bring \$15 and support your community association! If you have a bit of spare time, please consider volunteering! All our events are run by volunteers, and though the planning is largely taken care of, we do need help on the day of the event to execute it. Shifts are just one hour long, so you can volunteer for a bit but not miss the whole event! Contact Elise if you'd like to help out.

On July 9, we will be having a "camp in your community" day. This will be held at the hall, in late afternoon and evening, and will include games, bbg, campfire, stories... and then everyone goes home to sleep in their own cozy bed. Keep an eye on the North Haven Community Association Facebook page for further details. There will be an EventBrite link posted there to sign up for this event.

On August 27, we are having a 50th anniversary family celebration! The day will be action packed, starting with a show and shine and other family activities, followed by a \$5 supper, a talent show, and a movie in the park. You won't want to miss this!! Check the Facebook page for details of the event, including time and location of auditions for the talent show. The talent show is open to anyone who is aged 12 and up, and is a current or former resident of North Haven. Auditions may take place at the Pancake Breakfast on June 11! Contact Jean Togstad at 403-274-4177 if you have any questions about this event.

We are also gearing up for our big 50th anniversary gala on the evening of October 15th. We are working on a program which will include some exciting presentations to celebrate our great community and its residents. It will be a drinks and appetizer type of evening with lots of mingling, music, presentations, and fun. We will be selling tickets for \$40 per person. This is an adult-only event. If you are interested in helping out, we are looking for the following:

- "original" North Haven residents who would like to share stories about North Haven in the 1960s.
- Photos from North Haven through the years (scenery, community events, people having fun in the community) to use in a slide show and on display boards

~continued next page~

IN AND AROUND NORTH HAVEN ...cont'd

• Donations of "time and talent" for a silent auction. Examples of this could include donating a few hours of yard work, babysitting, errand running, baking, tutoring, fixing... Contact Lynda Greuel at 403-289-4001 or by email at lynda.greuel@shaw.ca to talk to her about the time and talent you would like to share with your (soon to be) friends in the neighbourhood! The silent auction will take place at the gala on the 15th and the time and talent will be shared at a date mutually agreed upon between the buyer and the donor!"

As you can see, volunteers are doing a lot of work behind the scenes to bring a variety of events to the community. Volunteering is very rewarding – the best way to make North Haven "home" is by taking part in shaping it. Whether you volunteer for an hour at an event, or volunteer for a board position, your input is appreciated! Come out to the AGM on Wednesday, June 15th at 7 pm and see what your community is up to, and how you can be involved.

If you have any questions about any of the events, please contact me at 403-233-0092 or elisejkonoff@ gmail.com. See you at the pancake breakfast!!

Elise Konoff

2015-2016 Entertainment and Event calendar

Date	Time	Event Description	Location			
50 th Anniversary Year Events						
Sat June 11, 2016	9-11am	Pancake Breakfast	Main hall/outside			
Sat July 9, 2016	Late afternoon	Camp in your community	Field/fire pit			
Sat Aug 27, 2016	Afternoon/Evening	Show & Shine/ Movie/music/ lawn chair theater in the park	Soccer field			
Sun Sept 18, 2016	4-7pm	Outdoor Picnic/amazing race/ games	Soccer field			
Sat Oct 15, 2016	7-11pm	50 th Anniversary Gala	Main Hall			
Sat Oct 29, 2016	6-8pm	Family Halloween Dance	Main Hall			
Sat Nov 5, 2016	10-4	Finish your craft day - tentative	Main Hall			

Find us on Facebook! NHCA is now on Facebook, just search for North Haven Community Association and Like us to receive updates!

Please respect your community and do not deposit garbage, compostable, or used clothing in the North Haven Community Association parking lot.

ACCOUNTING POWER

Corporate & Personal Taxes

New clients can have their filed taxes reviewed for FREE. Some of our new clients saved several thousands of dollars. For detailed terms, call 403-269-5453

Cambrian Professional Centre 17-41 Chelsea Street NW, Calgary, Alberta, T2K 1P1 services@accountingpower.ca | www.accountingpower.ca

Symons Valley Full Gospel Church

Now Meeting at North Haven Community Centre

Sunday Service:

10:00am - 1:00 PM

Sunday School Program

- Prayer
- Counselling
- Weekly Bible Studies

We're dedicated to serving the North Haven Community by reaching out beyond the walls of the building to serve you. Have you got a need? Perhaps we can help. We are a caring, nurturing group who want the best for you and your family. We embrace all who walk through our doors regardless of background or life circumstances.

Join us on Sundays at 10:00am for a time of worship and Bible-based teaching. We believe and teach the principles of God's Holy Word and equip our members through biblical training and the power of the Holy Spirit to proclaim the Gospel of Jesus Christ.

For more information, contact Pastors Brian & Debbie Cooper 403-272-5478 or visit our website: www. symonsvalleychurch.org. Join our community on Facebook!

www.facebook.com/symonsvalleyfullgospelchurch.

Find us on Facebook!



Just search for North Haven Community Association and "Like" us to receive updates!



As we are entering our community's 50th year, we are looking to feature pictures from our community, both new and old, on the cover of our community newsletter.

If you have a photo that you would like to submit, please send it to northhavennewsletter@gmail.com along with the name of the person who took the picture so that we can print that as well. Pictures need to be at least one megabyte in size.

Calling all native North Haven residents! We want to hear your story! If you have lived in the community of North Haven for 50 years, we would like to hear from you!

The organizers of the 50th Anniversary Gala would like to ask you a few questions about what life was like in North Haven in 1956! As we are planning a gala event for Saturday, October 15, we would like to have some stories to share with those that are interested in hearing them! We would like to record an interview with you! If there are individuals capable of videoing and editing and interested in volunteering for this project – we would like to hear from you too! Please contact Lynda Greuel at 403-289-4001 or lynda.greuel@shaw.ca before the end of June!



Snow Shoveling Coordinator Needed

June isn't the time of year when our thoughts are focused on snow shoveling, but I hope to offer some food for thought and encourage someone to take over as coordinator. The program has had a successful 5 year run in North Haven. I am not able to continue to organize the program but will offer any help and information I can to transition the next person/people to carry the program forward.

Shovelers and customers sign up for the 5 month program in October. The coordinator meets with customers to give cost estimates, and match them with a shoveler that lives nearby. Most of the work load to organize the program is in Oct when contracts are being arranged, and payments are made. Customers make payment to the North Haven Community Association for the full 5 months. You also sell community memberships to participants of the snow program. As coordinator you hand off the payments to the community treasurer for deposit. Membership information and cards are collaborated with the membership volunteer. At the end of each month, you send a payroll list of shovelers and the amount they are paid to the treasurer, who then writes the paycheques. You arrange distribution of the payments.

Please consider volunteering a little bit of time to organize North Haven's snow program for 2016-2017 and beyond.

Twyla Anderson 403-220-1131





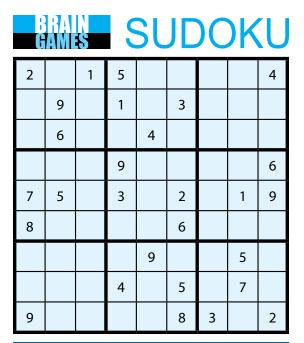
If you have a favourite recipe, one you would be willing to share that is, please pass it along. We are always looking for new recipes. Please email your recipe to northhavennewsletter@gmail.com.



Guides Canada **GUIDING NEWS**

The North Haven Guiding units have just about wrapped up the season. All of the units enjoyed an exciting camp and enrolment ceremony at Camp Cadicasu. They learned new outdoor skills and developed their primitive senses. They played games, made crafts and of course a campfire and sang lots of songs. The Pathfinders will have 1 more camp in June and in July they will be part of the Stampede Parade by carrying banners for the award winning floats.

Also in July, we have a couple girls plus myself who are going to our national Girl Guide camp, Guiding Mosaic 2016. We will camp for 9 days with other Guides, Pathfinders and Rangers from across Canada. There will also be some international Girl Guides and Girl Scouts coming to the camp. We look forward to meeting many people and making new friends.



FIND SOLUTION ON PAGE 18



As our year is ending I would like to thank all the leaders for everything that they do throughout the year to help make Guiding a fun place for girls explore, grow and learn new things. Thanks go to Melanie Longair, Dayna Bowser, Deanna Remple, Allie Skidmore, Ilinca Poon, Angela Pardoe, and Elizabeth Merritt for their hard work and dedication to their units. The girls had a lot of fun this year and we couldn't have done it with out you leading the way. As well, I want to thank the Rangers and Pathfinders that helped by being assistants in our units. These young ladies are great junior leaders and it was wonderful to have their help leading activities for the younger girls.

We had a great group of girls this year. They brought lots of energy, ideas, smiles and enthusiasm to our meetings and camps. We look forward to seeing you again in the fall.

This year we had 2 Girl Guides earn their Lady Baden Powel award and a Pathfinder earned her Canada Cord award. These awards take extra effort and they should be very proud of their accomplishments.

Thanks to the parents for all of their help and support of our activities. And lastly we must thank the North Haven Community Association and the residents of North Haven in general for its continued support of our programs and cookie sales.

You can call or email Sandra Whitty for more information about being a leader, our Guide programs, Girl Guide cookies or registration.

Wishing everyone a safe and happy summer Sandra Whitty, 403-289-7404 sandrawhitty@yahoo.ca

BUSINESS CLASSIFIEDS

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in North Haven. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

ACTION LAWN CARE: Lawn Cuts, Seasonal Clean-Ups. Aerate-Power rake. Eaves trough clean. Fertilize, Rototilling, Hedge Trimming. Karl 403-651-3900.

CONCRETE CUTTING FOR BASEMENT WINDOWS, **DOORS & FLOORS:** New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

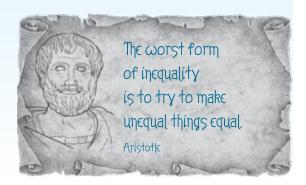
JEFFREY ELECTRIC: Friendly professional electrical service for your next residential project large or small. City Qualified Trade, Master Electrician, Based in the NW, insured, licensed, certified, bonded. Very competitive rates for quality electrical work. Service Panel upgrades from 60 amp to 200 amp. Sub-panels, Aluminum rewiring, custom kitchens and basements. Free estimates. cejelectric.com or call Clayton at 403-970-5441.

YARDBUSTERSLANDSCAPING.COM: Weekly lawn mowing \$36, power-rake \$100, aeration \$50. Some conditions. Landscape construction and yard renovation: Stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769.

THE GUTTER DOCTOR: We install, repair and clean eavestroughs, and downspouts. Fascia, soffit, dripedge, siding, roofing, cladding. Over 15,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. www.gutterdoctor.ca 403-714-0711.

NORTH HAVEN PLUMBING AND HEATING: Experience the great service and knowledge of a master plumber/gasfitter that has lived in North Haven for over 15 years. Exclusive to North Haven residents: mention this ad and receive \$50 off your first service call. Call Todd at 403-815-3318 for complete plumbing and heating services.

OUT ON A LIMB PROFESSIONAL PRUNING: Tree and shrub pruning, shaping and restoration. Tree removal and stump grinding. New tree and shrub selection and installation. Fertilization and insect pest management. Licensed & Insured. Journeyman Landscape Gardener and certified Arborist. Call Jim at 403-265-6965 or email outonalimbprofessionalpruning@live.ca.



News from the **Friends of Nose Hill**

by Anne Burke

Calgary: City of Animals, this year's U. of C. community forum, brought together Canadian scholars in history, animal studies, and geography to explore the roles that animals play. The fur trade, cattle ranching, and the Stampede are part of our history. So too is our relationship with animals and it is interesting to adopt that perspective about our shared spaces, as well as the city's past, present, and future.

We categorize urban animals in different ways, as wild and domestic, livestock, companions, and entertainers. Have you thought of how your interaction with animals shapes Calgary and traces were left on geography, and identity? Consider the routes animals take and the places where they live. We can learn more about viewing the city as an ecosystem, that includes animal life, and see/be humans as "one animal" among many in the urban environment.

Shelley Alexander, a lead in the Candid Conservation Science Lab, made a study of human-wildlife conflict, especially wolves and coyotes, both in the field and using a geographical information system (GIS). Sean Kheraj is co-editor at niche-canada.org of Nature's Past: Canadian Environmental History Podcast, Susan Nance, who studies entertainment, communication, performance, and historical animal life, is associated with animal welfare. For information you can go to: www.facebook.com/CalgaryInstitute.

You can become a Parks volunteer and help take care of natural areas, off-leash areas, parks, green spaces, playgrounds, pathways, trees; conduct research; and provide park users with interpretive experiences. Individuals commit six shifts per season. For example at Nose Hill Park, you will greet visitors; offer information; present "biofacts"; lead interpretive activities; and promote Parks programs.

If you are looking for a volunteer project for your company or group, join the Parks Environmental Team on a green initiative project, such as invasive species (weed) pulls, painting projects, playground renewals, and more.



COUNCILLOR, WARD 4 **SEAN CHU**

403-268-3727 • ward04@calgary.ca www.calgary.ca/ward4 • www.seanchu.ca

Hello Residents.

Thinking about a vard improvement project?

Garages, decks, fences and even driveway widening are just some of the projects that often require a permit.

"Before you pay for materials, hire a contractor, or do it yourself, we encourage you to visit calgary.ca/homeimprovement or get in touch with us here at The City," says Jamie Fandrich.

Planning Services Technician at The City of Calgary, Fandrich is part of the team that helps Calgarians understand Alberta's safety codes and City bylaws on the phone and in person at the Municipal Building. The latest resource Fandrich's team uses to educate Calgarians on development and building regulations is the webpage calgary.ca/homeimprovement, which allows anyone interested in doing a renovation to browse popular home renovation topics for bylaw and permit information, property and land designation, drawings and forms they will need to complete their home renovation.

"It can sometimes be difficult to understand when you need a permit and what City bylaws might impact your project we're here to help guide you through the process," Fandrich

Planning, development, licence or permit question? Visit Calgary.ca/homeimprovement or call and visit Planning Services.

Planning Services

Monday through Friday (closed holidays)

8 a.m. - 4:15 p.m.

Call centre: 403-268-5311

Permit counter: 3rd Floor Municipal building, 800 Macleod Tr SE

Best regards. Councillor Sean Chu www.seanchu.ca

Volunteers of all backgrounds, abilities, and experience are invited to contribute. Once accepted, volunteers receive orientation, training, and support. To apply, call 311 or email: parksvolunteer@calgary.ca.

Don't forget there will be public cleanups of Nose Hill on June 18 and July 30 from 11 a.m. to 2 p.m. Meet at the Edgemont Parking lot (Edgemont Blvd. and Shaganappi Tr. NW) These are P.U.P.P.Y. events with Parks staff and volunteers who help park users pick up.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

BABY SITTING: Local student available for babysitting. Contact Nicole at (403)399-6045.

FACE PAINTING: Grade 9 student would love to come and face paint at your party. \$20 for 1st hour, and \$15 for each additional hour. Please call Kenzie at 403-284-9775.

DROP IN YOGA: Join us for Multi-level Flow Yoga on Tuesday mornings at the North Haven Community Centre. Class runs from 8:15 - 9:30 am and drop-ins are \$10. All are welcome. Please contact Luann at (587) 896-2086 with any questions. Next session starts March 29th.

DOG WALKING: My name is Nicole a high school student and I am starting dog walking. I have a few years of experience and I am willing to get some references if anyone requests one. I am doing this because I have a passion for animals and I love being outdoors. I usually go out for a jog every day and I would be happy to go out with your pet dog(s). I am fine with any size and bread. Few things about me is that I participate in many sports: wrestling, ski racing, volleyball, triathlons/ marathons, rugby/football, and snowboarding. I love staying active and I believe I would be perfect for the iob. Please call (403) 399-6045 if you are interested or have any questions.

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Hello Calgary-Klein!

The global collapse in oil prices is causing tremendous economic pain and anxiety in our province. This leaves Albertans with a choice. We can cut public services, slash spending on schools, hospitals and roads, and fire thousands of front-line workers, or, we can choose to control spending, protecting vital public services, creating new jobs and diversifying our economy.

With Budget 2016, our government is choosing to take action to promote job creation, economic diversification and growth, while ensuring Alberta families have the supports they need. Albertans have told us that their priorities are controlling spending while ensuring every tax dollar is spent wisely and creating jobs while fostering a diversified economy. That is what Budget 2016 is all about.

Budget 2016 contains cost-savings measures, including a freezing on salaries for political staff and government managers and reducing the number of government agencies, boards and commissions to control the growth of operating spending.

At the same time, Budget 2016 also introduces the new Alberta Jobs Plan to help encourage job creation, business capital investment, and economic diversification. The plan has four pillars:

- supporting families in times of hardship with new supports and better access to training and education;
- continuing to invest in Alberta's infrastructure through our Capital Plan;
- diversifying our energy industry and markets by putting a price on carbon and working to get the best value for our natural resources; and
- supporting Alberta businesses with new tax credits to encourage access to capital and a tax cut for small businesses.

Budget 2016 is all about choices.

The NDP is moving Alberta forward by diversifying our economy and creating thousands of jobs.

The opposition wants to turn back the clock. They are proposing reckless and extreme cuts that will make a

bad situation worse. They want billions of dollars in cuts to front-line services, no new schools, hospitals or roads and they have no plan to open up new markets.

In the past, when oil prices fell, the cost of government's inaction was downloaded onto hard-working families through short-sighted cuts. Albertans paid in longer hospital wait times, overcrowded classrooms, longer commutes, higher fees and lost opportunity.

Some say we should repeat those mistakes – but we say no. Our government won't turn back the clock on Albertans.

With the Alberta Jobs Plan, we are moving Alberta forward.

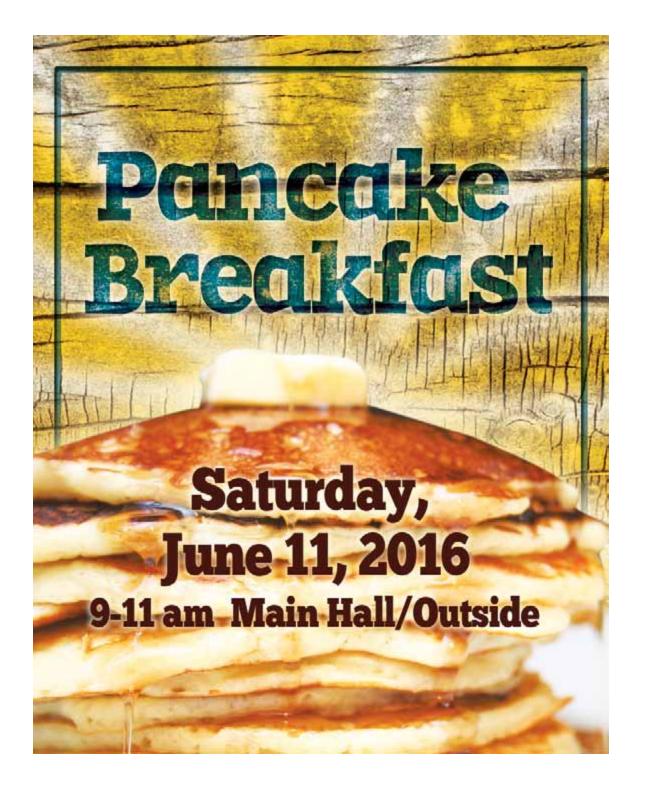
The NDP Jobs Plan supports families, invests in infrastructure, diversifies our energy markets and supports Alberta business.

Albertans are resilient, and we have always shown that when faced with challenges we come together with optimism and determination.

Budget 2016 supports those values and attributes, and is moving Alberta forward to build a more prosperous economy and a brighter future for every Albertan.

BRAIN SUDOKU

2	3	1	5	6	7	8	9	4
4	9	8	1	2	3	5	6	7
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7	5	6	3	8	2	4	1	9
8	4	9	7	1	6	2	3	5
3	7	4	2	9	1	6	5	8
6	8	2	4	3	5	9	7	1
9	1	5	6	7	8	3	4	2



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