

FEBRUARY 2017

DELIVERED MONTHLY TO 1,600 HOUSEHOLDS

your **NORTH HAVEN**

THE OFFICIAL NORTH HAVEN COMMUNITY NEWSLETTER



FAMILY WINTER CARNIVAL
FEBRUARY 11

COMMUNITY ENGAGEMENT SURVEY OUT NOW
TICKETS ON SALE COMEDY AND PUB NIGHT



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on *us*
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* According to the 2016 RBC Canadian Water Attitudes Survey

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NORTH HAVEN COMMUNITY ASSOCIATION

5003 North Haven Dr. NW
Calgary, AB – T2K 2K3
Phone: 403-282-1075

Delivered monthly to 1,600 households and businesses for 8 years!

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northhavennewsletter@gmail.com
All editorial content must be submitted by the 5th of the month for the following month's publication.

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www.great-news.ca



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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The North Haven Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS 911	
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	511
Gamblers Anonymous	403-237-0654

NORTH HAVEN COMMUNITY ASSOCIATION'S HALL IS AVAILABLE FOR RENTAL!



MAIN HALL	
Friday, Saturday and Holidays	\$400/day, includes use of kitchen
Monday – Thursday	\$50/hour, minimum 2 hr rental
Friday - Sunday	\$50/hour, minimum 2 hr rental
Seating Capacity – 100	
MEETING ROOM	
Monday – Thursday	8am-5pm - \$100/day
Friday, Saturday and Holidays	\$150/day
Monday – Thursday	5pm-2am - \$25/hour Min. 2 hour rental
Friday - Sunday	\$50/hour Min. 2 hour rental
Seating capacity: 30	
Meeting Room rental includes use of projector and screen	
Notes:	
<ul style="list-style-type: none"> • All rentals require a \$300 damage deposit • Discount available for North Haven Resident Members 	
Call 403-284-2716 to view or book!	



Family Winter Carnival

Saturday, Feb 11
1-3pm at the hall

Featuring hot dogs, hot chocolate, face painting, games, and skating

Community Survey

We want to hear from you!!

<https://www.surveymonkey.com/r/NorthHaven>



2017 WINTER EVENTS CALENDAR

Dates	Times	Description	Location
Feb 11	1-3pm	Annual Family Winter Carnival	Community Hall
March 11	Evening	Comedy and Pub Night	Community Hall



NORTH HAVEN COMMUNITY ASSOCIATION

5003 North Haven Drive NW
Hall (403) 282-1075 • Rentals (403) 284-2716 • hello@northhavenyyc.ca

Board of Directors 2016-2017

Directors

President	Jean Togstad	403-274-4177	president@northhavenyyc.ca
Vice President	Jody Breen	403-284-9775	vp@northhavenyyc.ca
Secretary	Lucas Van Boeschoten	403-220-0288	secretary@northhavenyyc.ca
Treasurer	Judy Huber	403-230-8195	treasurer@northhavenyyc.ca
Building & Maintenance	VACANT		facilities@northhavenyyc.ca
Civic Affairs	Terry Arnett	403-547-0237	civic.affairs@northhavenyyc.ca
Entertainment	Elise Konoff	403-233-0092	entertainment@northhavenyyc.ca
Building Manager	Marie Heffernan	403-282-1075	manager@northhavenyyc.ca
Memberships	Sandy Cooper	403-286-0902	memberships@northhavenyyc.ca
Newsletter	Katie Mikalson	403-863-2184	newsletter@northhavenyyc.ca
Preschool	Annette Darel	403-668-9709	preschool@northhavenyyc.ca
Sports/Communications	Alex MacKinnon	403-807-7700	communications@northhavenyyc.ca
Casino and Fundraising	Hans Huber	403-230-8195	

Contacts

President	Jean Togstad	403-274-4177	
Block Parent Association		403-269-6460	
Building Custodian	Dennis Mynarski	403-282-5607	
McKnight Sports	www.mcknight.ca		
Nose Hill Park	Anne Burke	403-239-1285	
Parents and Tots	Ilinca Poon	403-454-4104	tots@northhavenyyc.ca
Playschool Contacts	Lila Siewert	403-274-6682	
Scouts	Stephanie Graham	403-275-1225	
Sparks, Brownies and Guides	Sandra Whitty	403-289-7404	
Snow Removal Program	Gillian Read	403-831-6118	snow.removal@northhavenyyc.ca
Hall Rentals	Marie Heffernan	403-284-2716	rentals@northhavenyyc.ca

Monthly Board Meetings are held every second Thursday at 7:00 pm. The next meeting will be February 9th, 2017. NHCA Board Meetings are open to the public.



Valentine Chocolate Trivia

Richard Cadbury produced the first box of chocolates for Valentine's Day in the late 1800s. Today, over \$1 billion worth of chocolate is purchased for Valentine's Day in the U.S. per year.



North Haven Real Estate Update

Last 12 Months North Haven

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
December 2016	\$475,000	\$480,000
November 2016	\$424,900	\$425,500
October 2016	\$474,900	\$465,500
September 2016	\$569,900	\$545,000
August 2016	\$549,900	\$530,000
July 2016	\$499,900	\$485,000
June 2016	\$529,900	\$515,000
May 2016	\$559,900	\$535,000
April 2016	\$524,900	\$505,000
March 2016	\$0	\$0
February 2016	\$399,900	\$395,000
January 2016	\$415,000	\$392,500

Last 12 Months North Haven

MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
December 2016	1	5
November 2016	5	2
October 2016	2	2
September 2016	3	5
August 2016	6	3
July 2016	1	3
June 2016	5	5
May 2016	7	3
April 2016	4	5
March 2016	5	0
February 2016	2	1
January 2016	1	1

To view more detailed information that comprise the above MLS averages please visit north_haven.great-news.ca



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NORTH HAVEN COMMUNITY CALENDAR FEBRUARY 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5 Symons Valley Gospel Church 10am – 1pm	6 Bridge 12-3pm Scouts	7 Girl Guides	8 Bridge 12-3pm Girl Guides	9 Square Dancing 7-10:30pm	10 Parent n'Tots 9-10:30am Bridge 7-11pm	11 Winter Carnival
12 Symons Valley Gospel Church 10am – 1pm	13 Bridge 12-3pm Scouts	14 Girl Guides	15 Bridge 12-3pm Girl Guides	16 Square Dancing 7-10:30pm	17 Parent n'Tots 9-10:30am Bridge 7-11pm	18
19 Symons Valley Gospel Church 10am – 1pm	20 Bridge 12-3pm Scouts	21 Girl Guides	22 Bridge 12-3pm Girl Guides	23 Square Dancing 7-10:30pm	24 Parent n'Tots 9-10:30am Bridge 7-11pm	25
26 Symons Valley Gospel Church 10am – 1pm	27 Bridge 12-3pm Scouts	28 Girl Guides	Monthly Board Meetings are held every second Thursday at 7:00 pm. The next meeting will be January 12th, 2017. NHCA Board Meetings are open to the public.			

Events are subject to change from the time of submission to time of publication so please check the North Haven Facebook page for any changes. Private rentals of the hall do not appear in this calendar, if you are looking to rent the hall, please check for availability at 403-284-2716.

Meet Your Board Volunteer Elise Konoff

Get to know your board volunteers in 5 questions:

1. Briefly describe yourself.
I am a mom of a 9 year old son and 7 year old daughter, fitness instructor, and eager volunteer. Our family loves being outside – camping, skiing, mountain biking, hiking, or just playing in our garden! My husband Jeff and I moved to North Haven in 2006, and since that time have met so many great people in the neighborhood that we couldn't imagine living anywhere else. I started on the board in 2008, after being recruited at the mom & tots group. I was the newsletter editor for about 5 years, then preschool board representative, and for the past 2 years I've been the Entertainment Coordinator.
2. How would someone recognize you on the street in the community?
I can usually be found on North Haven Drive at our school bus stop in the morning, or running to the hall for a meeting or event. At the events, I'm the blonde one telling people what to do, and getting sidetracked by conversations with people I know.
3. What three words would you use to describe North Haven?
Small, friendly, hilly.
4. If you could invite five famous or noted people (past or present) to dinner who would you choose?
I don't think they're any different than normal people, so I'd rather make a great dinner and get together with five close friends.
5. If you could give the community a gift valued up to \$1 million what would it be?
A coffee shop! I think it would be great if we had that to serve as an informal gathering place for residents of all ages. Our playgrounds are great for families, and our hall is well used by various groups, but outside of that, there's no really obvious place to just meet, and it would be great if we could have that.

ParticipACTION 150 Playlist is Live!

It's officially here. Let's to celebrate Canada's 150th birthday, and we've got the ultimate Playlist to get you moving – 150 activities that define our land and people – from sledge hockey to lacrosse to snow shoveling and more. So get out there, try as many as you can, track your activities online and earn chances to win great prizes!

Check out
<https://www.participaction.com/en-ca/programs/participaction-150-play-list>
 to get all the details!

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Tickets can be purchased on EventBrite, or contact Elise at 403 333 1170

Comedy Show and Pub Night

Saturday, March 11 at the Community Hall

With Cory Mac and Jasen Fredricksen

Visit www.northavenyyc.ca for ticket details

FREE COMMUNITY WORKSHOPS ON CPP

Wednesday, Feb. 8 @ 7-8 pm: Should I Take My CPP Early?

Wednesday, Feb. 15 @ 2-3 pm: Taking CPP & Still Working - Understanding Post Retirement Benefits

Wednesday, Feb. 22 @ 7-8 pm: 5 Strategies for Turning Your RRSP and RRIF into Guaranteed Sources of Income

Wednesday, Mar. 8 @ 7-8 pm: Should I Take My CPP Early

All workshops will be held at the Thorncliffe Greenview Community Association in the Boardroom, 5600 Centre St N.

Seating is Limited.



Register Online at LangfordFinancial.ca under Events
Call Nancy at 587-755-0159, or
Email info@LangfordFinancial.ca



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Membership form

There are great activities at North Haven Community Centre!

Date: _____

Event (Scouts, Guides, Snow Removal, Soccer, etc.): _____

Family Name: _____

Address: _____ Postal Code _____

Telephone: _____

Email _____

In providing my email address I am agreeing to accept an email once a year for membership renewal purposes

Membership Type:

Resident (per household/voting) \$15.00

Associate (non resident/non voting) \$15.00

Senior (65+) \$5.00

Donation \$ _____

Payment Method Cheque _____

Cash _____

For planning purposes only:

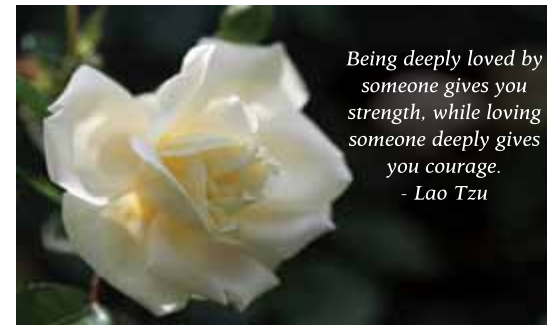
I am interested in the community having and/or personally attending the following:

- | | | |
|---|--|--|
| <input type="checkbox"/> Fitness/Aerobics | <input type="checkbox"/> Preschool | <input type="checkbox"/> Teen Drop-In |
| <input type="checkbox"/> Outdoor Rink | <input type="checkbox"/> Family Dance | <input type="checkbox"/> Pre-Teen Dance |
| <input type="checkbox"/> Adult Dance | <input type="checkbox"/> Pub Nights | <input type="checkbox"/> Senior's Programs |
| <input type="checkbox"/> McKnight Sports | <input type="checkbox"/> Craft Sales | <input type="checkbox"/> Theme parties |
| <input type="checkbox"/> Comedy Nights | <input type="checkbox"/> Parent & Tots | <input type="checkbox"/> Summer Camps |
| <input type="checkbox"/> Other: _____ | | |

I consent to receiving community reminders on an occasional basis.

If you are interested in volunteering or becoming active in our community please call Jean Togstad, President, at 403-274-4177 to discuss your interests.

Please mail or drop off to the
North Haven Community Centre,
5003 North Haven Drive NW,
Calgary T2K 2K3



Being deeply loved by someone gives you strength, while loving someone deeply gives you courage.
- Lao Tzu

North Haven Preschool

Interested in the North Haven Preschool? Learn about it at <http://northhavenyyc.ca/preschool>

IN AND AROUND NORTH HAVEN

Entertainment & Events Update:

The Winter Carnival will be held on Saturday February 11 from 1-3pm at the hall. This is an indoor/outdoor event featuring hot dogs and hot chocolate; face painting, games, and skating. It will be fun for the whole family! Bring your skates and helmets, and plan to come and have a good time with old and new friends! We do need some volunteers for this event, so please get in touch with Elise at entertainment@northhavenyc.ca if you can help out. We are offering 1 hour shifts so you can help for part of the time, and still enjoy the carnival with your family!

On March 11, starting at 7pm, we're putting on a comedy/pub night at the hall. This adult-only event is sure to be a barrel of laughs! We are featuring North Haven resident and professional comedian, Cory Mack (corymack.ca), who is co-headlining with Jasen Fredrickson (<https://jasenfredrickson.com/>). Our cash bar will be serving local micro-brewed beer, as well as wine and liquor. Tickets are \$20 each, available only in advance of the event. Tickets can be purchased on EventBrite, or contact Elise directly. Check the website for details!

As always, the most current information about all our events can be found on our website, northhavenyc.ca, or on the North Haven Community Association Facebook page. The sign at the hall is also a good place to look. Or talk to your neighbours! That's what this community is all about.

Elise, Anne, and Margaret

Parents and Tots Update:

Parent and Tot's is in the midst of transition and we are looking for some new faces to help keep things running. Would you be interested in volunteering in some way?! Email Katie at tots@northhavenyc.ca to discuss. We meet Friday mornings from 9:00 to 10:30 am in the basement of the Community Hall. We have lots of great toys, a slide and room to run. The group is encourages all parents, grandparents and caregivers of kids 0 to 5 years of age to join us. As we share the space with our community preschool, any snacks brought during Parent and Tots time need to be peanut free.

We are looking forward to seeing and hearing from you soon!

Katie

IN & AROUND SCHOOLS

North Haven School

The month of January was a busy at North Haven School!

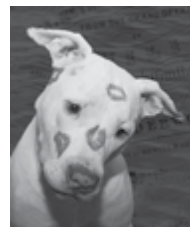
North Haven school continued to be a hub for exciting learning experiences throughout January! This month students were engaged in a variety of learning opportunities that allowed them to connect with the world and a variety of experts in various fields. The first of our grade 5/6 classes spent a week in school both at 'Stampede School' and 'Glenbow Museum School' as part of the 'Chevron Open Minds' program. This program allowed our students to take their learning to new environments, focusing on the ways in which our community decision makers take into account multiple perspectives over time.

Our school was also featured on the Calgary Board of Education's website as part of our focus on generosity and giving back to our local community. This past holiday season we hosted our first ever 'Community Outreach Evening' where we focused on activities that gave back to local charities and groups. The full story can be found at: <http://www.cbe.ab.ca/news-centre/Pages/north-haven-school-makes-calgary-a-winter-wonderland.aspx>

As you can see we continue to be a learning community that is actively engaged in a variety of learning activities both at school and in the larger community. We will be busy throughout February with upcoming student-led conferences and new learning opportunities.

Should you have any questions please feel free to contact the school or drop by for a visit!

Kevin Howell
Principal



Valentine's Trivia

Based on retail statistics, about 3 per cent of pet owners will give Valentine's Day gifts to their pets.



News from the Friends of Nose Hill

by Anne Burke

For the Nose Hill Trail and Pathway plan (2004) there was a commitment of \$4.5 million from the Enmax Legacy Parks Program of the total \$6.6 million. From 2007-2012, this was for ongoing trail repairs, renewing degraded land, restoring damaged habitat, adding interpretive and orientation signs. Trail work was expected to continue for several more years. The paved pathways were intended to manage use and help protect the prairie grasslands (plants and wildlife).

There was a recent urgent item of business for City Council from a Community Services Committee report which was received for information. An update on City Parks Projects contains more information about capital funding for Nose Hill Park.

Council created the ENMAX Legacy Parks Program in 2003. The purpose was to develop new regional parks and improve existing ones, local community parks, and open spaces. A steering committee is responsible for managing the funds, including an investment plan for infrastructure, in some cases. City Council invested over \$135 million through this program. In addition, Council approved \$75 million for more projects to 2017.

Due to the economy, part of the 2016 ENMAX dividend is no longer available. So, there are shortfalls in funding for future priority projects. Some projects are already in progress and others are on hold, although design work was already done.

There is no shortfall for Nose Hill, because the Legacy-funded portion is complete and the construction in north and south zones is underway and ongoing. The total amount was \$4.4 million from phases 1 and 2; the non-Legacy budget was \$1 million and total project budget is \$5.5 million. The total actual cost to date is \$4.6 million, in addition to about \$54 thousand for existing purchase orders not yet invoiced. The remaining allocations are \$800 thousand.

An action plan for Calgary will enhance the urban forest and landscape, protect the environment by encouraging public awareness, and ensure that we have access to nature. In general, parks support biodiversity: a variety in the number and types of plants and animals in a particular area, such as Nose Hill, or in the world. Our parks network and open spaces offer recreational opportunities and help to offset carbon in urban spaces.

IN & AROUND CALGARY



Women's English and Social Group

Improve your spoken English and meet new women in your community with the New Friends and Neighbourhood Groups program. Drop in at one of our weekly groups throughout the city. No cost, no immigration requirements and no minimum English requirement. Free childcare provided for children 6 months to 6 years old. Visit www.ciwa-online.com for group locations and times or contact Debra Colley at 403-444-1752 or debrac@ciwa-online.com.



Helping Your Children with Social and Emotional Skills

As parents, we strive to help our children learn new things in the early years of their lives. These things include learning to walk, dress themselves, use the potty, and many, many more things. Teaching your child social-emotional skills are just as important. These skills are: recognizing and understanding their thoughts and feelings; making healthy decisions and learning right from wrong; being a friend and making friends (teaching conflict resolution and cooperation); self regulation (calming themselves down in an appropriate manner); being empathetic to others.

Here are some tips on how to foster social emotional development in a toddler:

1. Eye contact with all conversations. This will mean that you will have to get down to their level and talk to them.
2. Have routines that are predictable for your toddler.
3. Always let them know that they matter to you.
4. Be positive when they try something new. It doesn't matter if they succeed or not.

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge. We are always looking for interested parties to join our coalitions.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: ncecmap@weconnectyou.ca.

mybabysitter.ca

Calling All BABYSITTERS
Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
Visit mybabysitter.ca and find available babysitters in and around your community.

IN & AROUND CALGARY

February Is Heart Month

Do you know the signs and symptoms of a heart attack and what to do if someone experiences these? Knowing can make the difference between life and death. Recognizing and responding immediately to the warning signs of a potential heart attack can significantly improve survival and recovery.

February is Heart Month - take the time to be heart safe and learn how you can reduce your risk.

Know the signs of a heart attack

(Any, or all, of these signs & symptoms may occur)

- Chest discomfort described as crushing, squeezing, pressure, or heaviness;
- Discomfort that moves beyond the chest, such as the shoulder, arm, neck, or jaw;
- Shortness of breath, sweating, or nausea and vomiting.

Reduce your risk

Heart attack risk factors include:

- Obesity*
- Sedentary lifestyle*
- Smoking*
- High cholesterol*
- Age / gender
- Family history

Speak with your doctor about how to treat your modifiable (*) risk factors and learn to be heart safe.

What to do when seconds count

- Call 9-1-1 immediately. Early treatment can greatly reduce heart damage and make the difference of life and death;
- Treatment starts the moment EMS arrives. Paramedics can provide oxygen, start an intravenous and perform an electrocardiogram (ECG);
- Paramedics can also administer important medication(s) in the early minutes of a heart attack to lessen heart damage;
- During transport, EMS will share information with the hospital, so definitive treatment can begin immediately upon arrival;
- Take a CPR/AED (automated external defibrillator) course. Training is widely available from many reputable organizations. It's easy, inexpensive, and only takes a few hours.

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in North Haven. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

JEFFREY ELECTRIC: Friendly professional electrical service for your next residential project, large or small. City Qualified Trade, Master Electrician, insured, licensed, certified, bonded. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Sub-panels, aluminum rewiring, custom kitchens and basements. Free estimates. www.cejelectric.com or call Clayton at 403-970-5441.

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VOLUNTEERING....
Good for the Soul



Councillor, Ward 4
Sean Chu
 403-268-3727
 ward04@calgary.ca
 www.calgary.ca/ward4
 www.seanchu.ca

Greetings Residents,

Free family fun for the holiday weekend

Family Day weekend is a perfect time to slow down, reconnect with loved ones and create lasting memories together. Finding holiday activities everyone will enjoy can be a challenge, but this year it will be a walk in the park.

The City of Calgary will be hosting a free We Are Family event on Sunday, February 19 from 1 to 3 p.m. at the Inglewood Bird Sanctuary. Bring the kids for a fun-filled afternoon of nature games, wildlife crafts, scavenger hunts and more. Enjoy a guided walk around the park or try out our spotting scopes to catch a glimpse of the sanctuary's high flyers.

Don't miss this exciting event perfect for the whole family.

For more information, visit calgary.ca/parksevents.

Sunny side up! New map shows the solar potential of your roof

Wondering about the potential amount of sunshine on your home's roof and how it compares to other homes? Check out the City of Calgary's <https://maps.calgary.ca/SolarPotential/> to find out!

The new map is intended to be a starting point for Calgarians who are curious about the viability of solar

as an energy source for their particular home or building. Using data collected in 2012 and 2013, the map shows all buildings in Calgary's city limits and their varying degrees of solar exposure, on an annual basis, in generalized optimal conditions.

"The solar potential map can be the first step in determining if a solar energy system could work on your home," says Liz Findlay, manager of Geospatial Business Solutions, the group who created the map. "People considering a solar installation should contact a solar system professional to conduct a thorough assessment for their particular building and location."

The best place to look for solar professionals is the Canadian Solar Industries Association (CanSIA), which has an online member directory.

Solar energy isn't just for homes. Various City facilities already have solar systems installed to off-set some of their electricity needs and costs. You can find the particular locations on the solar potential map using the information icons on the map or scrolling through the project listings on the left side bar. To find your home on the map, simply type your home address in the search bar.

Visit maps.calgary.ca/SolarPotential/ to check out the City of Calgary's new Solar Potential Map.

In January, the consultation phase of the Alberta Jobs Taskforce concluded. Over the course of the last several months my colleagues and I have heard directly from thousands of Albertans. They have shared their personal experiences as a result of unemployment and provided their suggestions for how to move forward. Thank you to everyone who provided feedback.

The Taskforce has prepared a report for the government to review as they consider their next budget and policy



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Hello Calgary-Klein!

As of November 2016, approximately 110,000 families, caring for an estimated 200,000 children, have received the Alberta Child Benefit (ACB).

The ACB, which came into effect this past summer, helps families to make ends meet and support the well-being of their children.

If you have a child under the age of 18, have been an Alberta resident for at least one month and earn less than \$41,220 per year in net family income, you may be eligible for the benefit.

To qualify for the ACB, Albertans must file their tax return. The current benefit year for the ACB runs from June 2016 to June 2017, and eligibility is based on 2015 income tax returns.

If you have not yet filed your 2015 tax return, you are encouraged to do so to benefit from the ACB and other programs that you may qualify for.

Visit humanservices.alberta.ca/childbenefit or call the Alberta Supports Contact Centre at 1-877-644-9992 (780-644-9992 in Edmonton), for more information on the ACB.

As always, our office is happy to hear any feedback from constituents, and we may be reached at calgary.klein@assembly.ab.ca or 403-216-5430.

to respond to the crisis. You can read the report here: www.michellerempel.ca/alberta_jobs_report

I will keep you apprised of any response from the government on this matter. Parliament will debate many important issues this session and I encourage you to stay informed and contact me with your thoughts. Here are some ways you can stay connected:

COMMUNITY ANNOUNCEMENTS

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit
- ◆ Deadline – 1st of each month for the next month's publication. Contact news@great-news.ca

PARKING STALL FOR RENT in North Haven. Call 403 863 2184.

DROP IN YOGA: Join us for Multi-level Flow Yoga on Tuesday mornings at the North Haven Community Centre. Class runs from 8:15 - 9:30 am and drop-ins are \$10. All are welcome. Please contact Luann at (587) 896-2086 with any questions. .

DOG WALKING: Local high school student available for dog walking. She is experienced and comes with references. All sizes and breeds are welcome! Please call (403) 399-6045 if you are interested or have any questions.

MCKNIGHT SOCCER REGISTRAR NEEDED! This volunteer position includes system administration, responding to queries, attending Board meetings and is a great way to get involved in the community! If interested, please contact Colleen Jacobsen (coljacobsen@gmail.com) for further information.

WE HAVE A SEARS POSTUREPEDIC TWIN MATTRESS FOR SALE. No stains, good for kids under 12. Asking price-\$50.00. Contact-jayes77@gmail.com.

Subscribe for email updates at www.MichelleRempel.ca/subscribe Facebook: www.facebook.com/michellerempelMP Twitter: @MichelleRempel As always you can contact me at my office using the contact information below: 403-216-7777 Michelle. Rempel@parl.gc.ca 201-1318 Centre Street N.E., Calgary, AB, T2E2R7 www.MichelleRempel.ca



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Life's best moments aren't the big ones. They're the billions of little ones. The simple ones we miss the most after they're taken from us. And then it's too late. That's why we love life. And that's why we're doing everything possible to make sure you don't miss it.

See how at heartandstroke.ca



MCKNIGHT SOCCER

Recreational Soccer – Boys & Girls

Ages 3 to 13

Age at January 1, 2017

On-line Registration only from February 13 – March 31, 2017, at
www.mcknightsoccer.ca

Required for Registration:

1. Registration fee of \$75 per child
2. Valid community membership from one of the communities listed below
3. Volunteer commitment (see website for list of volunteer positions) or \$75 fee per family if unable to volunteer in some capacity.

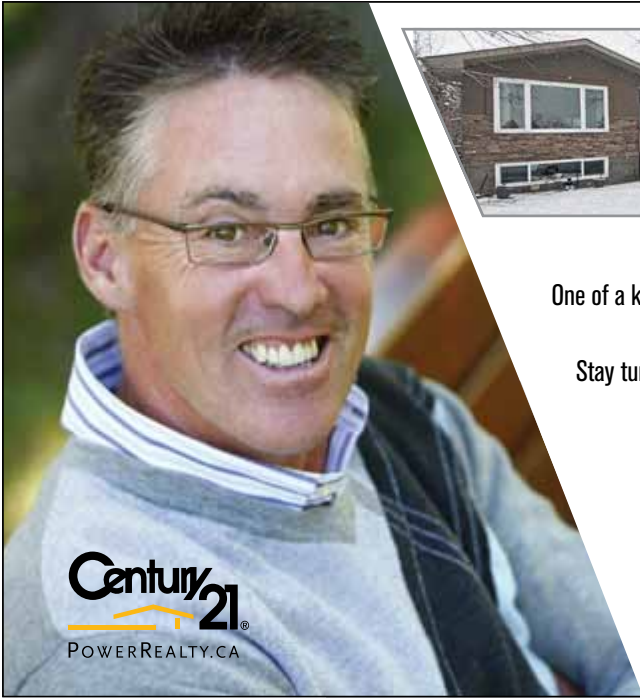
Volunteers are required for a variety of positions during the soccer season.

Position descriptions and sign-up are available on the web page.

GAMES are PLAYED Tuesday
and Thursday evenings
April 25 – June 15, 2017

McKnight Soccer is sponsored by:

- Cambrian Heights Community Association
- Highwood Community Association
- Highland Park Community Association
- North Haven Community Association
- Rosemont Community Association



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