

SEPTEMBER 2017

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# your **NORTH HAVEN**

THE OFFICIAL NORTH HAVEN COMMUNITY NEWSLETTER



**INTERSECTION  
FOLLOW UP MEETING**

SEPTEMBER 7

**NORTH HAVEN BIKE FEST**

SEPTEMBER 9

**ADULT PUB NIGHT**

SEPTEMBER 30

**UPCOMING EVENTS:**

**HALLOWEEN FAMILY DANCE**

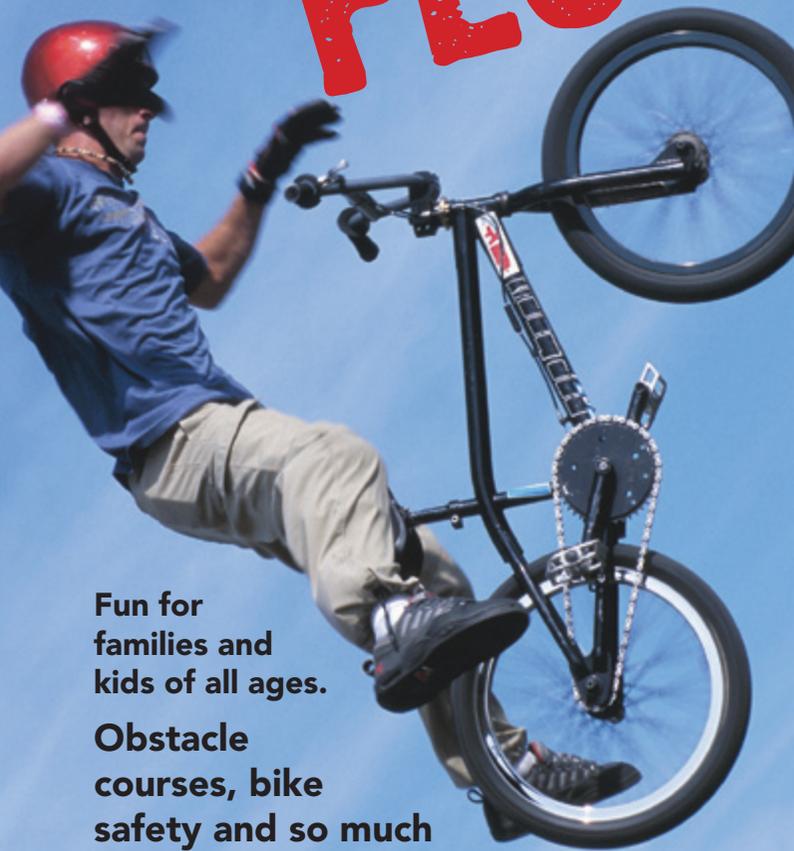
OCTOBER 28

[www.northhavenyyc.ca](http://www.northhavenyyc.ca) • Facebook & Twitter: @NorthHavenYYC

# North Haven

## SATURDAY SEPT 9

# BIKE FEST



Fun for families and kids of all ages.

Obstacle courses, bike safety and so much more.

Helmet required to participate.



# CASINO DATES

North Haven Casino dates are now November 1 and 2

Contact Hans if you would like to volunteer or find out more about volunteering.

403-230-8195 [hjhuber@telus.net](mailto:hjhuber@telus.net)



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## NORTH HAVEN COMMUNITY ASSOCIATION

5003 North Haven Dr. NW  
 Calgary, AB – T2K 2K3  
 Phone: 403-282-1075

Delivered monthly to 1,600 households and businesses for 8 years!

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newsletter@northhavenyyc.ca  
 All editorial content must be submitted by the 5<sup>th</sup> of the month for the following month's publication.

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### Published by Great News Publishing

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*The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the North Haven Community Association and Great News Publishing.*

*The information contained in this newsletter is believed to be accurate, but is not warranted to be so.*

*The North Haven Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.*

## IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654

## ENTERTAINMENT

Wow, it's September again! Summer sure flew by! Although we didn't have any events over the summer, the Board has not been idle! The entertainment committee has been working on our first North Haven Bike Fest! This event will be held on September 9 from 1-3pm on the field behind the hall. We will have a paved course laid out for the younger crowd (appropriate for strider bikes and pedal bikes). Then on the grass we will have some obstacles of increasing difficulty for the more adventurous riders – kids and adults are welcome! We will also be running a concession so bring some cash! This event is free for North Haven members, and \$2 per participant for non-members. Helmets are mandatory. Come check it out, it is sure to be fun!

On September 30<sup>th</sup>, we will be hosting our first adult-only event of the year – a pub night, party and dance. We'll have a DJ and some great beer, wine and other drinks, so gather your friends, book one of North Haven's many fine babysitters, and come out for a good time! Keep an eye on Facebook and the website for ticket information.

Also keep your eye open for ticket sales to the annual Halloween Family Dance in October. Tickets are only pre-sale and we sell out every year.

Although we try hard to give you accurate information in this newsletter, the lead time for printing means that sometimes, details change. Please check us out on Facebook or at northhavenyyc.ca for the latest details! You can always contact me at entertainment@northhavenyyc.ca if you have questions.

*Elise Konoff, Director of Entertainment*

## DEVELOPMENT REVIEW COMMITTEE

North Haven Community Association is hosting a follow up meeting for improvements to the intersection of John Laurie and McKnight on September 7<sup>th</sup> at 19:00 in the community hall. The Development Review Committee has met several times with the City of Calgary Transportation Planning engineers to review all comments made at the April 2017 public meeting. Safety improvements are possible within technical and budget parameters. City engineers will provide short term and long-term options. If you wish to see safety changes, we urge you to attend and make your opinions known.

# Join Us September 7, 2017 7-9pm

## John Laurie/McKnight Intersection Public Meeting

### Report on Progress

More Details at [Northhavenyyc.ca](http://Northhavenyyc.ca)



FIND US

**ONLINE**

[NorthHavenYYC.ca](http://NorthHavenYYC.ca)

OR CONNECT WITH US

@NorthHavenYYC

*Don't forget*

VOLUNTEERS WELCOME

# NORTH HAVEN COMMUNITY ASSOCIATION

5003 North Haven Drive NW  
Hall (403) 282-1075 • Rentals (403) 284-2716 • hello@northhavenyyc.ca

## Board of Directors 2016-2017

### Directors

President			
Vice President	Jody Breen	403-284-9775	vp@northhavenyyc.ca
Secretary	Lucas Van Boeschoten	403-220-0288	secretary@northhavenyyc.ca
Treasurer	Judy Huber	403-230-8195	treasurer@northhavenyyc.ca
Building & Maintenance	Kai Fahrion	403-689-1536	facilities@northhavenyyc.ca
Civic Affairs	Terry Arnett	403-547-0237	civic.affairs@northhavenyyc.ca
Communication Technology	Alex MacKinnon	403-807-7700	communications@northhavenyyc.ca
Entertainment	Elise Konoff	403-233-0092	entertainment@northhavenyyc.ca
Memberships	Sandy Cooper	403-286-0902	memberships@northhavenyyc.ca
Newsletter	Katie Mikalson	403-863-2184	newsletter@northhavenyyc.ca
Hall Rentals	Marie Heffernan	403-284-2716	rentals@northhavenyyc.ca
Director at Large	Bryan Goehringer	587-227-2677	bryan@northhavenyyc.ca
Director at Large	Mark Gervais	403-651-4063	mark@northhavenyyc.ca

### Contacts

President			
Block Parent Association		403-269-6460	
Building Custodian	Dennis Mynarski	403-282-5607	
McKnight Sports	www.mcknight.ca		
Nose Hill Park	Anne Burke	403-239-1285	
Scouts	Andrew Tryon	403-464-2143	andrew.tryon@shaw.ca
Sparks, Brownies and Guides	Sandra Whitty	403-289-7404	
Snow Removal Program	VACANT		snow.removal@northhavenyyc.ca
Casino and Fundraising	Hans Huber	403-230-8195	
Kids In The Haven	Jody Breen	403-284-9775	

Monthly Board Meetings are held every second Thursday at 7:00 pm. Board meeting are on hold for the summer, see you at our September meeting. NHCA Board Meetings are open to the public.

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# Pub Night and Party

Saturday September 30

Adult Only Neighbourhood Gathering

DJ, craft beer, wine and other drinks

Details at NorthHavenyyc.ca

Name	Age	Contact	Course
Addie	34	403-472-3142	No
Christina	37	403-975-0736	Yes
Elizabeth	21	587-966-7071	Yes
Iris	12	403-202-1371	Yes
Jessica	21	587-580-5696	No
Julia	15	587-897-1825	No
Marissa	16	403-923-9012	Yes
Tate	13	587-216-9222	Yes

**Calling All BABYSITTERS**  
Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS**  
Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).

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## NORTH HAVEN COMMUNITY ASSOCIATION'S HALL IS AVAILABLE FOR RENTAL!



MAIN HALL	
Friday, Saturday and Holidays	\$400/day, includes use of kitchen
Monday – Thursday	\$50/hour, minimum 2 hr rental
Friday - Sunday	\$50/hour, minimum 2 hr rental
<b>Seating Capacity – 100</b>	
MEETING ROOM	
Monday – Thursday	8am-5pm - \$100/day
Friday, Saturday and Holidays	\$150/day
Monday – Thursday	5pm-2am - \$25/hour Min. 2 hour rental
Friday - Sunday	\$50/hour Min. 2 hour rental
<b>Seating capacity: 30</b>	
Meeting Room rental includes use of projector and screen	
<b>Notes:</b>	
<ul style="list-style-type: none"> <li>• All rentals require a \$300 damage deposit</li> <li>• Discount available for North Haven Resident Members</li> </ul>	
<b>Call 403-284-2716 to view or book!</b>	



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## MEET YOUR COMMUNITY VOLUNTEER:

### Terry Arnett

My values were shaped as a leading-edge Boomer raised in Kerrisdale, Vancouver. There was a strong sense of community, continuous education and of giving back. I studied architecture at UBC, Washington and Edinburgh. My PhD explored long term decision making affecting the built environment. I started in my industry at 18 as an intern in a large architectural firm and eventually accepted a position with the federal government. I retired as a senior manager after 38 years working for five departments and was asked to work part time providing audits.

Place is extremely important to defining my life. Five things that appeal to me about North Haven are the sheltering village atmosphere, our volunteer spirit, the community hall resource, the interest of neighbours in making the future better and participation.

The village atmosphere extends from the balanced density with mature landscapes, to a safe environment to friendly neighbours. It is a place where generations have deeply committed roots. Many of the original houses are now transferred to and are being improved by grandchildren. Our son and daughter-in-law live three doors up.

Our amazing volunteer spirit is on display every day from our snow angels, to setting up and maintaining the ice rink to organizing events. The time commitment to help shape the community is not limited to the Board but is in countless neighbourly gestures.

We are fortunate to have the community hall as a focal point for activities. We are also fortunate to have many grants allowing us to rehabilitate it to continue to serve for the next fifty years.

We have a development review committee of seven neighbours who review development proposals to ensure consistency, a transportation group that has identified areas for safety improvements including the area around the school and the McKnight-Laurie intersection and many other volunteer groups working on areas of common interest making the future better.

Give some thought to joining the association and participating. This is what makes a healthy sense of place.



## NHCA Casino Fundraiser

Great news! NHCA has been given a date for our casino fundraiser. Rather than a winter or spring date in 2018 as we were expecting, we are now scheduled for NOVEMBER 1st and 2nd, 2017. This is excellent news since we will now receive monies several months sooner.

With tight budgets, the casino fund raisers constitute a major cash injection for the Association. Casinos allow us to keep the hall and grounds maintained (custodial services, lawn maintenance, building maintenance, snow removal, etc.). Big thanks to those who have already stepped up to volunteer but we will need help!

The 1st and 2nd of November fall on a Wednesday and Thursday. There are two shifts for each day - an afternoon and evening shift. You can therefore volunteer for hours that best suit your schedule. You may choose to volunteer one day or both days. The fundraiser will be located at Cowboys Casino and underground parking is available for volunteers.

The volunteer positions are General Manager(s) and Alternate, banker, cashier (2), chip runner (2), count room supervisor and count room staff (5). These positions are required each shift each day. As you can see, there is a need for many volunteers. The Alberta Gaming and Liquor Commission requires at least 25 volunteers or charity workers to fill the above positions.

So, let us hear from you. Volunteers enjoy a meal on the house and unlimited refreshments. You also get to meet other great folks from North Haven. All in all, it is a fun time so pick up the phone and call.

Hans Huber (403-230-8195) or [hjhuber@telus.net](mailto:hjhuber@telus.net)



## North Haven Real Estate Update Last 12 Months North Haven MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
July 2017	\$559,800	\$554,000
June 2017	\$535,000	\$522,000
May 2017	\$494,900	\$468,750
April 2017	\$422,400	\$434,750
March 2017	\$509,950	\$500,000
February 2017	\$498,500	\$488,750
January 2017	\$429,000	\$400,000
December 2016	\$475,000	\$480,000
November 2016	\$424,900	\$425,500
October 2016	\$474,900	\$465,500
September 2016	\$569,900	\$545,000
August 2016	\$549,900	\$530,000

## Last 12 Months North Haven MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
July 2017	3	1
June 2017	3	5
May 2017	6	4
April 2017	6	4
March 2017	5	4
February 2017	4	6
January 2017	5	1
December 2016	1	5
November 2016	5	2
October 2016	2	2
September 2016	3	5
August 2016	6	3

To view more detailed information that comprise the above MLS averages please visit [north\\_haven.great-news.ca](http://north_haven.great-news.ca)

# Fall Events Calendar

Sept 7	Transit Meeting	The Hall
Sept 9	Bike Fest	Field at The Hall
Sept 14	CA Board Meeting	The Hall
Sept 23	Scouts Bottle Drive	9-12am Door to Door
Sept 26	Girl Guides Cookie Sales	Door to Door
Sept 30	Adult Pub Night	The Hall
Oct 28	Halloween Family Dance	The Hall
Nov TBD	Seniors Tea	The Hall
Nov 1 & 2	North Haven Casino Volunteer Opportunity	Cowboys Casino



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first2000days  
Early Childhood Development Network  
North West Coalitions

## Helping Your Children with Social and Emotional Skills for Kindergarten

Age 5 is a “big” age as these kids are starting Kindergarten and developing so many more skills!

Children are becoming more independent and are capable of learning the rules and behaviours for getting along with others. Adults can help build self confidence by providing clear and consistent instruction about what is expected of them. Encourage and support them as they take on more “grown up” responsibilities. Self confidence comes from caring and consistent relationships with parents, teachers and other adults that play an important role in their lives. Let the child know you love them and value his unique traits and abilities. Also having regular routines at home and school help children to anticipate and prepare for events.

At home, you can have a sharing circle. A sharing circle supports good communication and promotes respect and kindness at home. Sit in a circle and say one nice thing about the person next to you. Once you said something nice about that person, say something nice about yourself. You can do this activity once or twice a month.

Another way to build self confidence is to let a different person pick a movie or activity to do for a weekly family night. Children can make choices for the family that show their individual style.

*The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge. We are always looking for interested parties to join our coalitions.*

*If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: [nwecdcoalitions@gmail.com](mailto:nwecdcoalitions@gmail.com).*

## TAKE ON WELLNESS



# Back to School Health Checklist



It's that time of year again. Store shelves are stacked with back-to-school supplies and racks of summer clothes are being replaced with sweaters and long pants. Getting your child ready for the new school year includes stocking up on notebooks, binders and pencils, but there's more to making the most of the year ahead—taking care of your child's health. As the most important head-start you can give your child, beginning the year with good health is also simple with this back-to-school health check-list:

- **Immunization:** Ensure your child's immunizations are up-to-date for his or her age. This is especially important for kids entering kindergarten or elementary school. If your son or daughter is in Grade 5 and/or Grade 9, also watch for immunization consent forms coming home early in the school year. Remember: your signature on these forms is needed for your child to get his or her important grade 5 and/or grade 9 immunizations.
- **Vision screening:** Have your child's vision tested before he or she starts kindergarten (ideally by age three) and again every year, until 18 years of age. It's estimated that up to 80 per cent of learning is visual, so keeping your kid's eyes healthy goes a long way in encouraging their full learning potential. Eye exams for children up to 18 years of age are free of charge, covered by Alberta Health.
- **Hearing/speech screening:** If you suspect your child may have a hearing or speech problem, ask your family doctor for a referral to an audiologist and/or speech specialist. Left untreated, these problems could interfere with your child's learning.

- **Dental checkup:** Regular dental checkups start early! If your child hasn't had his or her teeth examined prior to starting school, now is a good time to start. Remember: good oral health is essential to good overall health. Regular checkups and cleanings help detect dental problems early, and ensure your child's teeth stay healthy for life.
- **Emergency contacts:** Make sure the school has up-to-date emergency numbers for each of your children, including contact information for parents, physicians, etc.
- **Health conditions:** Ensure the school has up-to-date information about any health conditions, allergies or physical impairments your child may have. Also inform the school about any medications your child takes.
- **Backpack basics:** Your child's backpack should fit properly and shouldn't be too heavy for him or her to carry, which means it should weigh no more than 10 to 15 per cent of your child's body weight. The backpack should have broad shoulder straps and a waist strap that keeps the bag firmly on the spine. Watch for warning signs that the bag may be too heavy, including sore shoulders or changes in posture. For more information visit: <https://myhealth.alberta.ca/health/pages/conditions.aspx?Hwid=abk0958>
- **Nutrition plan:** Ensure your child has a healthy breakfast before heading to school in the mornings, and help him or her pack a nutritious lunch. Planning meals ahead of time and involving children in planning and preparation can make this task more manageable and fun. For more information visit: <http://www.albertahealthservices.ca/assets/info/nutrition/if-nfs-whats-for-lunch.pdf>.



# 132

## NORTH HAVEN SCOUTS

### 132 North Haven Scouts are Back

The 132 North Haven Scout Group is excited to be starting another year of great adventures. We offer programs for boys, girls and young adults ages 5-26. Please join us on September 11 at 6 pm for a BBQ, information and registration night. There will also be fun games and activities for the whole family.

We will also be out in the community fundraising throughout the year. Our bottle drives will be from 9am-12pm on the following dates:

- September 23
- January 13 (drive by only)
- April 7

Please watch for our flyers for more details. We will also be out selling Scout Popcorn in October.



## Guides Canada

### North Haven Guiding Groups

Fall will soon be here and it is time to say welcome to all our old and new Guiding friends. Leaders are already planning fall camps for all the units as well as other program activities. Our fall door-to-door cookie sale is planned for Tuesday September 26. We will be selling our tasty chocolate mint cookies. Cookies are still \$5 a box. The funds raised from our cookie sales will help to fund our camps and other activities throughout the year. Selling cookies door to door is a great way for the girls to learn skills in public speaking, social manners, counting and math skills, safety awareness, and sales experience. It's also a great way for the girls to take an active part in raising money for their camps and outings. We appreciate all the support our neighbourhood gives us. Remember, if we miss you on cookie night you can call Sandra Whitty at 403-289-7404 and she will help get those cookies to you.

Registration for all youth levels of Girl Guides is now done online through the Girl Guides of Canada website, [www.girlguides.ca](http://www.girlguides.ca). It can also be done at the Calgary area Guide office on Brownsea Dr, NW.

For information about the programs, registration or becoming a leader, contact Sandra Whitty at 403-289-7404 or Calgary Area Girl Guides at 403-283-8348.



MLA Calgary-Klein  
**Craig Coolahan**

#9, 2400 Centre St NE, Calgary, AB, Canada T2E 2T9  
☎ 403-216-5430 📠 403-216-5432 ✉ [calgary.klein@assembly.ab.ca](mailto:calgary.klein@assembly.ab.ca)

Hello Calgary-Klein,

Your help is needed in improving Alberta's consumer protections!

The Government of Alberta is seeking feedback on ways the government can improve Alberta's consumer protection legislation. Feedback is required on several topics, including contract-related issues like warranties and cancellation rights, as well as shopping-related concerns like transparency in pricing and reward points. The government is also seeking input on topics like household moving services, debt collection, ticket sales and auto repairs.

Do you have stories regarding your experiences with these issues and their related products or services? If you have suggestions for how we can make life more affordable for Albertans by ensuring a fair marketplace that's fair for buyers and sellers, please provide your feedback to this important initiative.

You can participate in several ways:

- Complete an online survey, which will run until September 15th. The survey can be accessed at <https://extranet.gov.ab.ca/opinio6//s?s=36636> or by visiting <http://www.servicealberta.gov.ab.ca>.
- Attend the Open House session, with available dates posted at <http://www.servicealberta.gov.ab.ca>.
- Follow the #ABConsumerProtection hashtag on Twitter for other engagement opportunities.

As part of the efforts to strengthen consumer protection and ensure a level playing field for Alberta businesses, the government has already taken the following steps:

- Payday lending: Put an end to 600 per cent predatory interest rates on payday loans to prevent Albertans from spiralling into poverty. Alberta now has the country's strongest protections and lowest interest rates for borrowers.
- Door-to-door sales: Put an end to misleading, aggressive sales tactics by banning door-to-door sales of energy products and services. The ban includes furnaces, hot water tanks, air conditioners, windows, energy audits, and electricity and natural gas contracts.

- Electricity price cap: Introduced a price cap to make life more affordable and ensure electricity bills are fair.
- New home buyer protection: Introduced a builder licensing framework to protect consumers as well as the reputation of good builders.

Your participation will help Albertans increase trust and build confidence between businesses and consumers.

Thank you to all who came out to my "Cool Down with Coolahan" Pool Party last August! It was a pleasure meeting so many of you and enjoying the last days of summer together.

As always, our office is happy to hear from you, and may be reached at [calgary.klein@assembly.ab.ca](mailto:calgary.klein@assembly.ab.ca) or 403-216-5430. I'll be available for the next Coffee with Craig at the Velvet Café (502 25 Ave NW) on Oct 14th from 10am-12pm.

## BRAIN GAMES SUDOKU

9				4	1		7			
				2			3	4		
				5			2	6	9	
				8	9			3	1	5
2	1	3				5	4			
4	8	9				2				
3	5					6				
	6			8	5					3

FIND SOLUTION ON PAGE 17

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## Youth Employment Centre

Do you know someone aged 15-24 who is looking for work? The City of Calgary's Youth Employment Centre (YEC) offers year-round services and resources to help youth, secure employment and take the first step in their career.

YEC offers a variety of services FREE of charge, including employment counseling, career planning, networking assistance, résumé assistance, industry training and mentorship opportunities.

Youth who need support with their job search or career development are encouraged to drop by the office at 315 - 10 Avenue S.E. or visit [youthemploymentcentre.ca](http://youthemploymentcentre.ca).



## Calgary AfterSchool

Never again hear the phrase "I'm bored". Calgary AfterSchool offers, fun, safe and FREE after school programs for children and youth. A collaborative effort between The City of Calgary and its community partners, Calgary AfterSchool drop-in programs run on school days and begin after school hours. Calgary AfterSchool provides children and youth with supervised recreational, artistic, healthy living, leadership development and social activities in a safe and stimulating environment.

For more information, visit [calgary.ca/afterschool](http://calgary.ca/afterschool)



## Never miss a collection day – Get a reminder every week

We know life is busy, so when it's time to put your carts out for collection we'll remind you. Enjoy the convenience of getting a reminder along with useful tips for using your green, blue and black carts.

Sign up for free collection day reminders in **three easy steps**:

1. Go to [calgary.ca/collection](http://calgary.ca/collection) and type in your home address.
2. Select "Get a reminder" and choose the type of reminder you'd like to receive including text, email, phone call, embed the schedule into your online calendar, etc.
3. Provide your contact details and we'll remind you of your collection day in advance.

### There's also an app

A free 'Calgary Garbage and Recycling Day' app is available for iPhone and Android devices too. The app gives you instant access to your schedule and you'll also receive notifications before your collection day to let you know which carts are being picked up.

## Serve on City of Calgary's Appeal Boards

Share your expertise and experience by applying between Sept. 5 and Oct. 3 to serve on one of Calgary's tribunals. Calgary's serving on these appeal boards make decisions on appeals regarding planning, licensing and certain other decisions made by The City of Calgary. Each tribunal has unique member requirements and eligibility. For more info visit [calgarysdab.ca](http://calgarysdab.ca) and [calgary.ca/lcsab](http://calgary.ca/lcsab).



Councillor, Ward 4  
**Sean Chu**  
 403-268-3727  
[ward04@calgary.ca](mailto:ward04@calgary.ca)  
[www.calgary.ca/ward4](http://www.calgary.ca/ward4)

Dear Ward 4 Residents,

### Make a difference, one straw at a time

Did you know? Plastic straws and cutlery **can't** be recycled in the blue cart. These small plastic items are too small to be sorted at the recycling facility and end up contaminating the proper recyclables instead.

Here are a few tips to follow:

- Refuse. Unless you actually need a plastic straw or cutlery don't take one.
- Reuse. Wash and reuse plastic straws and cutlery a few times before disposing in the garbage.
- Keep reusable cutlery on hand so you'll always have something to use.
- If you're not sure what to do with an item, find the answer on the online search tool at [calgary.ca/whatgoeswhere](http://calgary.ca/whatgoeswhere).

### New for 2017

New ward boundaries will be going into effect during the 2017 Election. Checking your ward will ensure that you know which candidates are running in your area. Candidate profiles will be available online after 12 noon on September 19, 2017. Visit [www.electionscalgary.ca](http://www.electionscalgary.ca) to check your ward and see candidate profiles.

Voting is an important responsibility for every Canadian. It is how we shape our communities and choose which leaders will represent us. Voting connects citizens with the political process and with each other. When you take part in an election and express your view, you make democracy work. For more information on the 2017 Municipal Election visit [www.electionscalgary.ca](http://www.electionscalgary.ca) or call the Elections & Census Office at (403) 476-4100 (option 2).

### 2017 Municipal Election: Vote for your Mayor, Councillor, and School Board Trustee

This Fall Calgaryans will vote for their Mayor, Councillors, and School Board Trustees in the 2017 Municipal Election. Voters can choose to cast their ballot during the Advance Vote from October 4 – 11, excluding October 9 (Thanksgiving) or on Election Day, October 16. There are many ways to vote, so be sure to check the website

[www.electionscalgary.ca](http://www.electionscalgary.ca) for a complete list of voting options. Voting station locations will be available online after September 19, 2017, or you can watch the mail for your official Election Guide.



Calgary Nose Hill  
**Hon. Michelle Rempel, MP**  
 201-1318 Centre Street NE,  
 Calgary, AB, T2E 2R7  
 403-216-7777  
[michelle.rempel@parl.gc.ca](mailto:michelle.rempel@parl.gc.ca)  
[www.michellerempel.ca](http://www.michellerempel.ca)

I have had the opportunity to connect with many members of our community over the last few weeks and I have heard about issues that are important to you. I remain focused on advocating for policy that creates jobs and helps the individuals in our community that need it most. I will continue to work hard on your behalf when the fall session of Parliament begins later this month.

I also wanted to take the opportunity to update you on my efforts as the Critic for Immigration, Refugees and Citizenship. I have been closely following recent reports regarding the draft copy of the Liberal's new citizenship guide. Citizenship guides tell the story of Canada to people who want to help our country grow and prosper. I am particularly concerned that the draft copy tells newcomers that it is only "voluntary" to respect human rights in Canada. Human rights are enshrined in our laws and are something we should expect from every Canadian. This should be made clear in our citizenship guide. It was also very concerning to hear that the draft copy has removed mention of female genital mutilation (FGM) from the guide. Given the troubling reports in the media of Canadians impacted by FGM practices, I have called on the government to acknowledge the growing trend of FGM and inform Canadians of the steps they will take to protect victims from this practice.

I continue to work with the Yazidi community in Canada to push the government to act when intervention is necessary. On August 3rd, Yazidi communities in Canada commemorated the genocide of the Yazidi people in Northern Iraq. I hope that on this day, Canadians across the country took a moment to reflect on the atrocities committed and what more we can do to help. As you may know, I have been working with the Yazidi community since appointed to my Critic position, to help bring to light the plight of their people and ensure that Yazidi refugees could come to Canada after surviving genocide at the hands of ISIS. I look forward to continuing my work with the Yazidi community and pushing the government to act when persecuted groups are in need of our help.

As always please do not hesitate to contact me about any issue.

# Membership form

There are great activities at North Haven Community Centre!

Please mail or drop off to the  
North Haven Community Centre,  
5003 North Haven Drive NW,  
Calgary T2K 2K3

Date: \_\_\_\_\_

Event (Scouts, Guides, Snow Removal, Soccer, etc.): \_\_\_\_\_

Family Name: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code \_\_\_\_\_

Telephone: \_\_\_\_\_

Email \_\_\_\_\_

Email is requested for the delivery of membership card

### Membership Type:

- Resident (per household/voting) \$15.00
- Associate (non resident/non voting) \$15.00
- Senior (65+) \$5.00
- Donation \$ \_\_\_\_\_
- Payment Method Cheque \_\_\_\_\_
- Cash \_\_\_\_\_

### For planning purposes only:

I am interested in the community having and/or personally attending the following:

- Fitness/Aerobics
- Outdoor Rink
- Adult Dance
- McKnight Sports
- Comedy Nights
- Other: \_\_\_\_\_
- Preschool
- Family Dance
- Pub Nights
- Craft Sales
- Parent & Tots
- Teen Drop-In
- Pre-Teen Dance
- Senior's Programs
- Theme parties
- Summer Camps

I consent to receiving community reminders, specifically membership renewal notice.

*If you are interested in volunteering or becoming active in our community please call to discuss your interests.*



**MEMBERSHIPS NOW  
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NorthHavenYYC.ca/membership/

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9	2	6	3	4	1	5	7	8
8	7	5	2	6	9	1	3	4
1	3	4	5	7	8	2	6	9
6	4	8	9	2	7	3	1	5
5	9	7	4	1	3	6	8	2
2	1	3	6	8	5	4	9	7
4	8	9	1	3	2	7	5	6
3	5	2	7	9	6	8	4	1
7	6	1	8	5	4	9	2	3



# News from the Friends of Nose Hill

by Anne Burke

Become an Entrance Keeper of Nose Hill, while you go about your ordinary routine. A member reported he just returned from a walk on Nose Hill and spotted some vandalism on the stainless-steel artwork on the North end of the Walkway over John Laurie Blvd. "It is a 'tag' in white paint presumably someone's initials or symbol. I reported this to the city but thought you might like to know."

There was a free guided botany walk on Nose Hill (2 hours) in June to identify summer flowers. Walks are popular, so watch for more events at our website [www.fonhs.org](http://www.fonhs.org) and/or join us on Facebook. For example, our first Nose Hill Photo Contest is open to all. Guidelines and entry forms are on our website. Email contest entry forms and photo(s) to [friendsofnosehill@gmail.com](mailto:friendsofnosehill@gmail.com) with the subject heading "Photo Contest" by September 30th. Only photos taken October 2016 – September 30th, 2017 are eligible. The judges will convene in October and winners announced at the annual general meeting in November.

There will be a second edition of the **Rare Vascular Plants of Alberta** (Alberta Native Plant Council). Vascular means that the plant can move water and minerals. The list has changed. Some species were removed and many added. If you would like to submit photos, images

for the book will be chosen from those submitted. For a list of plants and instructions go to: [www.anpc.ab.ca](http://www.anpc.ab.ca) and, if you have questions, email: [ABRarePlantBook@gmail.com](mailto:ABRarePlantBook@gmail.com).

As previously reported, motion-activated cameras will be installed in 11 Calgary parks, including Nose Hill Park and one provincial park, to monitor wildlife. However, there may be privacy concerns. Any such cameras legally allowed in national parks are locked, so the memory cards cannot be tampered with and images of people are properly disposed of.

Parks Canada issued a restricted activity order, so only people with a research permit can set up remote cameras in national parks. As cameras become less expensive and more accessible to the general public, sometimes staff find unauthorized cameras and take them down.

Use of motion-activated trail cameras by the public for wildlife images is banned. Anyone caught deploying such cameras without a permit may be charged under the Canada National Parks Act. Wildlife officials say they want to prevent disturbance to wildlife at sensitive locations and protect the privacy of people whose images may be collected.

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## Letter to the editor

Dear Great News Publishing,

Please **DO NOT** run my ad next month. My ad has been **WAY TOO EFFECTIVE**. My phone won't stop ringing with people saying they saw my ad in the newsletter. I'm amazed at how well this worked!

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 Laura  
 Owner of Buds and Blooms

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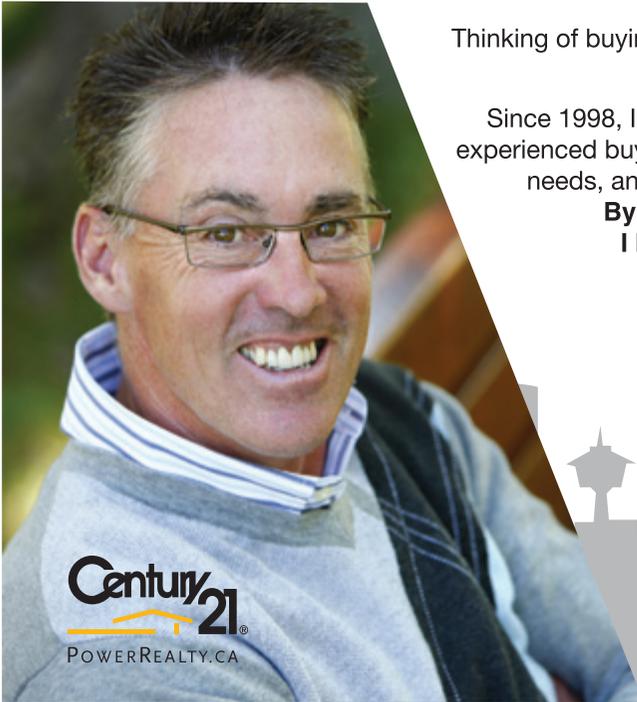
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