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## Elected Officials



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Calgary, AB, Canada T2P 2M5  
Phone: 403-268-2530  
Fax: 403-268-8091  
Email: ward03@calgary.ca  
Web: www.calgary.ca/ward3



**Jamie Kleinsteuber**  
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104, 200 Country Hills Landing NW  
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Phone: (403) 274-1931  
Fax: (403) 275-8421  
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**Councillor Sean Chu**  
Ward 4 Office  
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Calgary, AB, Canada T2P 2M5  
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Last 12 Months PANORAMA HILLS  
 MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
October 2016	\$509,900.00	\$493,250.00
September 2016	\$484,900.00	\$466,625.00
August 2016	\$519,900.00	\$512,000.00
July 2016	\$569,300.00	\$548,925.00
June 2016	\$569,900.00	\$562,000.00
May 2016	\$537,000.00	\$527,500.00
April 2016	\$562,400.00	\$547,500.00
March 2016	\$499,900.00	\$480,000.00
February 2016	\$525,000.00	\$510,000.00
January 2016	\$509,900.00	\$495,000.00
December 2015	\$489,900.00	\$480,000.00
November 2015	\$555,000.00	\$541,000.00

Last 12 Months COUNTRY HILLS  
 MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
October 2016	\$379,900.00	\$365,000.00
September 2016	\$449,450.00	\$437,750.00
August 2016	\$375,000.00	\$368,000.00
July 2016	\$429,900.00	\$450,000.00
June 2016	\$393,900.00	\$391,450.00
May 2016	\$374,900.00	\$362,000.00
April 2016	\$397,400.00	\$389,000.00
March 2016	\$355,000.00	\$345,000.00
February 2016	\$0.00	\$0.00
January 2016	\$394,350.00	\$390,400.00
December 2015	\$389,900.00	\$389,900.00
November 2015	\$418,894.00	\$410,500.00


To view the specific SOLD Listings that comprise the above  
 MLS averages please visit [panorama\\_hills.great-news.ca](http://panorama_hills.great-news.ca)  
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There are three ways to get involved with Movember and support men's health:

	WHAT	HOW	WHEN
<b>01 GROW</b>	Grow a Mo, save a Bro	The moustache is our ribbon for men's health	For the 30 days in the month formerly known as 'November'
<b>02 MOVE</b>	Get active for men's health	Raise funds for men's health while you do something good for your own health	Anytime, anywhere, during the month of November
<b>03 HOST</b>	Throw or go to a Movember event	Any excuse for a good time. Events are a great way to have fun and raise funds for men's health	Anytime, anywhere, during the month of November





NOV. 20 • 2:30 P.M.

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## Are You On Track to Meet Your Financial Goals?

Toddye Kam, CFP®, CFA

When it comes to investing, it's important to know how you're doing. Now is a good time to take the opportunity to determine if you're on the right path toward meeting your financial goals.

Consider taking these steps:

**Identify your goals.** To know if you're making progress toward your goals, you first have to identify them. Of course, you'll have a variety of goals in life, such as helping pay for your children's postsecondary educations. More than likely, though, your most important long-term financial goal is to build enough resources to enjoy the retirement lifestyle you've envisioned. But we all have different ideas for how we want to spend our retirement years. Some of us may want to stay close to home, volunteering and pursuing our hobbies, while others want to visit the vineyards of Bordeaux or explore the pyramids of Egypt. So, name your goals and, as much as possible, put a price tag on them. Once you know about how much your retirement is going to cost, you can create an investment strategy that may ultimately provide you with the income you will need.

**Locate "gaps" – and work to fill them.** After you've had your investment strategy in place for a while, you may see that some "gaps" exist. Is your portfolio not

growing as fast as it should to help you reach your goals? If not, you may need to review your asset allocation to make sure it is aligned with your risk tolerance and portfolio objective. Do you find that you own too many of the same types of investments? This overconcentration could be harmful to you if a downturn affects one particular asset class, and you own too much of that asset. To help prevent this from happening, be sure to diversify your dollars across a range of investment vehicles. Keep in mind, though, that diversification can't guarantee a profit or protect against all losses.

**Protect yourself – and your family.** Saving for your ideal retirement is certainly a worthy goal, but you have other ones – such as providing for your family in case you aren't around, or if you become ill or incapacitated and can't work for a while. That's why you will need adequate life insurance, and possibly disability and/or critical illness insurance, too. Your employer may offer you both these types of coverage as an employee benefit, but it might not be enough – so you may want to explore private coverage as well.

By following the above suggestions, you can create some strategies that will bring you a lifetime of benefits.

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**mybabysitterlist**

Name	Age	Contact	Course
Luke	12	403-730-1611	Yes
Alice	13	403-265-8209	No
Ali	13	587-229-3392	Yes
Evie	13	587-889-0110	Yes
Adesola	14	403-695-5081	No
Zoey	14	403-803-2052	Yes
Lily	15	403-730-1611	Yes
Ejay	16	403-714-4538	No
Tobi	16	403-909-6908	Yes
Josephine	16	403-402-5752	Yes
Carol	22	403-472-9002	Yes
Julie	26	587-435-5535	Yes
Shanila	38	403-805-6904	Yes
Aman	40	403-401-1060	Yes
Shazia	46	403-472-9001	Yes

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**Calling All PARENTS**  
Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

*Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).*



**The holidays can be stressful. We can help!**  
The Calgary NW ECD (Early Childhood Development) Coalitions are hosting an evening aimed at helping you, the parent, have a happy low-stress holiday season. **Managing the Holidays**, is a free workshop being held on Monday November 14<sup>th</sup> from 6:30-8:30pm at the Silver Springs Community Centre. Many of us put too much pressure on ourselves over the holidays, so come and learn how to refocus and help everyone enjoy this time of year. Child care is provided. Please visit [www.Eventbrite.ca](http://www.Eventbrite.ca) for more details and to register today as space is limited.

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge. We are always looking for interested parties to join our coalitions.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: [nccemap@weconnectyou.ca](mailto:nccemap@weconnectyou.ca).

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# News from the Friends of Nose Hill

by Anne Burke

Our annual general meeting is on Wed. Nov. 16 at Triwood Community Centre NW and the public portion begins at 7:30 p.m. Our guest speaker John McFaul will offer a power point of Nose Hill Flora with an introduction to the City BiodiverCity 10-year strategic plan. John was appointed by City Council as a member of the Biodiversity Advisory Committee and is a professional naturalist, who has been leading nature walks and hikes for 30 years. From 1986-2003, he worked for City of Calgary Parks as a naturalist for the Inglewood Bird Sanctuary. He received the Loran L. Goulden Award from the Federation of Alberta Naturalists. John is a professional interpreter with the Interpretive Guides Association. For more details you can go to our website at [www.fonhs.org](http://www.fonhs.org).

Calgary has been called "Sandstone City" because it is a key component of many heritage buildings, including the old City Hall. Rather than importing the material, City Council approved a notice of motion to reintroduce mining within the city lim-

its, at Edworthy Park and/or the former John A. Lewis Quarry site. A scoping study will return to City Council about the feasibility of reactivating small-scale quarrying sites.

When news of the motion was published, Nose Hill Park was named as the second site. Council was already in session. As a result I wrote a letter opposing the plan, due to public safety issues, impact on wildlife, and damage to diversity. The Ward Councillor voted against the motion and said, "No one must touch Nose Hill". There was a re-commitment to preserving Nose Hill for future generations of Calgarians. The assistant to the motion mover confirmed, while there was no reference to Nose Hill Park, it is important to preserve and conserve nature across our city. Fortunately, the second site is actually in the West Creek Valley, well outside the Park.

City Hall exhibited "Calgary Goes to the Dogs: A History of Dogs and Dog Licenses. In 1885, there were only 100 dog tags; now there are 100,000. There were no leash bylaws or fenced-in backyards. We have the Responsible Pet Ownership Bylaw and there are estimated to be 150 public off-leash areas. This accounts for 20% of park spaces in Calgary (1250 hectares).

Nose Hill is a popular park for walking dogs, in part because some communities do not have their own off-leash areas. The pathways on the escarpment are on-leash areas, while the multi-use plateau (top of the hill) is off-leash.

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**CALGARY**

**WILDLIFE**

**The Red Crossbill**

By J.G. Turner  
Photo by Andy Reago  
& Chrissy McClarren

The Red Crossbill is a stocky finch with a heavy head and a short, notched tail. Males are reddish-scarlet or reddish-yellow except for their dark wings and tail while females are olive-grey to greenish yellow with plain dark wings. This songbird is common in the mountain and foothills regions of Alberta year round and it is considered a global species. The Red Crossbill's range is hard to define and its population is hard to monitor because their movements are irregular and based on food availability.

**Fun Facts:**

- The tips of its large bill are crossed; an adaptation for removing seeds from tight closed cones.
- The Red Crossbill's biting muscles are stronger than the muscles to open the bill so it places the tips of its slightly open bill under a cone scale and then bites down.
- You can spot this songbird by their undulating (wave-like) flight, which is even noticeable when they are flying at great heights
- Red Crossbills are considered irregular breeders because they can breed whenever and wherever they can find a large crop of cones, even during the winter
- Because of this irregular breeding, the timeframes for the Red Crossbill's lifecycle varies more than most North American songbirds. For example, juveniles hatched during the summer molt only once (between late summer and late autumn) whereas juveniles hatched from late winter to early spring molt twice (about three and a half months after hatching and again during the main summer molt period).
- Because of their dependence on food supply, Red Crossbills may occupy an area in huge numbers and then disappear for long periods of time (this behaviour can sometimes be called 'irruptive')
- These birds can often be heard but rarely do they make

themselves visible

- Red Crossbills will come to feeders to eat niger and small seeds but the best way to tempt this elusive bird is to allow them to take sunflower seeds directly from the sunflower heads.

If you find an injured or orphaned wild bird or animal in distress, please contact the Calgary Wildlife Rehabilitation Society hotline at 403-239-2488 for tips, instructions and advice, or visit our website at [www.calgarywildlife.org](http://www.calgarywildlife.org) for more information.

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## MLA CALGARY - NORTHERN HILLS JAMIE KLEINSTEUBER

104, 200 Country Hills Landing NW  
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Email: calgary.northernhills@assembly.ab.ca

Greetings residents of Calgary-Northern Hills,

On Thursday, November 17<sup>th</sup>, I am hosting a Constituency Office Open House from 4-7pm. Come share your vision for a better Alberta or speak to me about current issues affecting Calgary-Northern Hills.

The Government of Alberta has provided a number of updates which I would like to share with residents.

### For everyone:

The Carbon Levy Rebate will start to roll out to families in January of 2017. These rebates are automatically available to you, but you need to have submitted your 2015 income tax return. If you need help filling out your tax return there are some free clinics listed here <http://www.cra-arc.gc.ca/tx/ndvdl/vlntr/clncs/ab-eng.html>.

Alberta's public agencies – boards and groups that deliver many important services to the province - are now open for application by all Albertans. You can find out what opportunities there are and about the application process at <http://www.alberta.ca/public-agency-opportunities.cfm>

### For parents and families who might benefit from the Alberta Child Benefit and Alberta Family Employment Tax Credit:

Available for parents with a net income of less than \$41,220 per year, these benefits are automatically available to you, but you need to have filled out your 2015 tax return.

### For people seeking employment or looking for training to become self-employed:

Alberta Labour offers Training for Work courses and programs. Recently the Self-Employment Training program has been given more resources. More information can be found at <http://work.alberta.ca/skills/training-for-work.html>.

### For small business owners and investors:

The Alberta Investor Tax Credit and the Capital Investment Tax Credit are two new tax credits which will be

available starting in January of 2017 to support small and medium-sized businesses. Details about eligibility will be announced this fall. Keep your eyes open because the tax credits will be awarded on a first-come first-served basis to eligible applicants. For more information please contact our office.

Regional commercial organizations such as Innovate Calgary and TEC Edmonton also received support. Please contact them directly for information on their programs.

### For students:

Increases to funding for student aid, grants and scholarships mean more opportunities for students. You can go to <http://studentaid.alberta.ca/> to find out more.

If you require assistance in accessing Government of Alberta programs and services, please do not hesitate to contact my constituency office.



## Calling All Neighbours!

To have your Family profiled (Story and Professional Pictures) in the next edition of this Community Newsletter, please send us an email to [PC@great-news.ca](mailto:PC@great-news.ca)





## COUNCILLOR, WARD 4 SEAN CHU

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The City of Calgary offers a wide variety of fun and FREE drop-in programs and activities for children, youth and families.

From after school programs, to health and wellness classes, to leadership opportunities, we have something for everyone.

Find out what's happening in your area, visit [calgary.ca/CommunityPrograms](http://calgary.ca/CommunityPrograms).

### Crews ready for winter snowfall

Crews are keeping an eye on the forecast all winter long, preparing roads with anti-icing solution before the snow falls, and maintaining City streets as soon as snowflakes hit the ground.

We know how important it is for Calgarians to get to where they want to go safely, and winter driving can be challenging because of snow and icy conditions. Stay informed during every snowfall by following @yyctransport on Twitter and downloading the Road Conditions App for frequent updates. See where our crews are plowing on the live map at [Calgary.ca/RoadConditions](http://Calgary.ca/RoadConditions).

After each snowfall, Roads crews follow a priority clearing system called the Seven Day Plan:

- Priority 1 routes, which carry more than 20,000 vehicles per day, are cleared to bare pavement within 24 hours after the snow stops falling.
- Priority 2 routes, which carry between 5,000 and 19,000 vehicles per day, are cleared within 48 hours after snowfall has stopped.
- Playground zones, designated hills, and residential streets on Residential roadways are cleared on Days 3-7. These roads are flat-bladed, which means snow is packed down so it is easier to drive on, and ruts are removed.

For more information on snow and ice control, including FAQs, snow route parking information, and free sand and gravel locations, visit [Calgary.ca/snow](http://Calgary.ca/snow).

### 311 Calgary is your access to The City anytime, anywhere

311 Citizen Services is your single point of contact for local government information and non-emergency services. Whether you connect with us through a mobile application, website or by calling 311, we are ready to assist you 24 hours a day.

- CALL 911 to report life threatening emergencies.
- REPORT a power outage call ENMAX at 403-514-6100.
- VERIFY the status of a current power outage visit ENMAX.
- Call **Calgary Parking Authority** at 403-537-7000 or 1-888-544-4011 for all parking-related inquiries.

Thank you for your attention.

## IN & AROUND CALGARY

### Calgary Northeast Events

**Remembrance Day Ceremony** Nov. 11, 10:30 am – The Aero Space Museum of Calgary will be hosting a family-friendly Remembrance Day Ceremony again this year. The service will be outside unless the weather is un-seasonably cold. Please dress appropriately for the weather. The museum will be open, after the service, with admission by donation. Come join us to help keep the memory alive. 4629 McCall Way NE.

**Free Skate at Stew Hendry / Henry Viney Arenas** Friday, November 11, 2016, Arena is open for Free public skating from 1 to 2:30 p.m. Address: 814 13 Ave NE

**Stuff A Bus** Nov. 5, 2016. 9am – 4pm. Calgary Co-op and Calgary Transit team up for the 24th Annual Stuff A Bus, in support of the Calgary Food Bank! Transit buses and volunteers will be at all 21 Calgary Co-op locations accepting donations. Stuff A Bus with food to help Calgarians in need at this busy time of year.

**Join our Craft Sale, Beddington Co-op** Nov. 20, 2 pm – 6 pm, Nov. 21, 10 am – 4 pm.

All of our proceeds go toward our Adopt-A-Family Christmas Fund. Tables are \$30.00 each. Phone 403 299 4445 to reserve a prepaid table. 8220 Centre St NE.



## Nurturing a sense of belonging on National Child Day Nov. 20

*National Child Day is celebrated annually to mark two historic events: the 1959 signing by Canada of the United Nations Conventions on the Rights of the Child (UNCRC) and the adoption of the convention.*

This year's theme is **a young person's right to belong.**

Identity and belonging is about young people developing a positive sense of who they are, and feeling that they are valued and respected as part of a family and community. Positive messages about their families, backgrounds, cultures, beliefs, and languages help children learn, develop skills and a healthy sense of identity and belonging; this helps them later to better deal with bullying and discrimination.

### One way your family can celebrate National Child Day is to share a book or story about belonging.

The book **How Far Do You Love Me?** by Lulu Delacre celebrates love and belonging. It gives parents and teachers an opportunity to share a story that features people from different corners of the world using their geographical locations as references for how great their love is.

**More books about belonging** (Calgary Public Library may have these to lend):

**Corduroy** by Don Freeman

**I Like Myself!** by Karen Beaumont

**The Blossoming Universe of Violet Diamond** by Brenda Woods

**The Invisible Boy** by Trudy Ludwig

**Gaston** by Kelly DiPucchio

**Rump: The True Story of Rumpelstiltskin** by Liesl Shurtliff

Calgary Reads helps children learn to read with confidence and joy. This includes helping children in Calgary to have their own books at home; supporting parents and caregivers to help their child develop literacy skills; and engaging businesses and the community to make reading a priority. Explore our website for ways you can support our work. You'll also find resources to help your child develop critical literacy skills and the joy of reading: [calgaryreads.com](http://calgaryreads.com)

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## LIVERight<sup>™</sup> Health Forum

EDMONTON - SATURDAY, NOVEMBER 19

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## LIVERight<sup>™</sup> Gala

CALGARY - FRIDAY, DECEMBER 9

### 3rd Annual LIVERight Gala in support of liver research

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### MP CALGARY NOSE HILL HON. MICHELLE REMPER

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Email: [michelle.rempel@parl.gc.ca](mailto:michelle.rempel@parl.gc.ca)  
Website at [www.michellerempel.ca](http://www.michellerempel.ca)

November presents Canadians with an annual reminder of the sacrifices made by brave men and women who have defended our country and our freedom. As we pause to reflect on their selfless acts, at Remembrance Day ceremonies across the country, let us also be reminded to always be thankful for the country we call home and the service members that have given us so much. I encourage you to attend a ceremony this November 11 at one of the many locations throughout Calgary.

The 42nd Parliament has included debate on a number of important issues. I continue to work hard on your behalf and I appreciate the feedback you provide me on topics of importance to you. Of course, the issue of most critical importance remains the condition of Alberta's economy and the current job situation here at home. I have received countless emails and phone calls from individuals who are concerned about their future. I share these concerns and am committed to raising the issue of Alberta's economy and job situation in Parliament and the media whenever possible. In October I, along with several other Alberta M.P.s, launched the Alberta Jobs Taskforce in response to the growing jobs crisis here at home. You can find more information about the Taskforce, its objectives, and how you can help on my website: [www.MichelleRempel.ca/ABJobs](http://www.MichelleRempel.ca/ABJobs) As always, please continue to contact me on any issue. I care deeply about our community and I appreciate the time you take to write, email or call me about issues of importance to you.

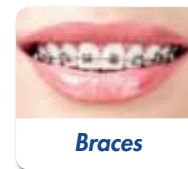
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